# Recent advances in the protective role of hydrogen sulfide in myocardial ischemia/reperfusion injury: a narrative review

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## Abstract

Hydrogen sulfide ( $H_2S$ ) is recognized to be a novel mediator after carbon monoxide and nitric oxide in the organism. It can be produced in various mammalian tissues and exert many physiological effects in many systems including the cardiovascular system. A great amount of recent studies have demonstrated that endogenous  $H_2S$  and exogenous  $H_2S$ -releasing compounds (such as NaHS, Na<sub>2</sub>S, and GYY4137) provide protection in many cardiovascular diseases, such as ischemia/reperfusion injury, heart failure, cardiac hypertrophy, and atherosclerosis. In recent years, many mechanisms have been proposed and verified the protective role exhibited by  $H_2S$  against myocardial ischemia/reperfusion injury, and this review is to demonstrate the protective role of exogenous and endogenous  $H_2S$  on myocardial ischemia/reperfusion injury.

Key words: anti-apoptotic; anti-inflammatory; antioxidant; autophagy; hydrogen sulfide; medical gas; mitochondrial preservation; myocardial ischemia/reperfusion injury

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### **INTRODUCTION**

Hydrogen sulfide (H<sub>2</sub>S) is traditionally reported to be a toxic gas and environmental pollutant. However, it is now recognized as one of the endogenous gasotransmitters family along with nitric oxide (NO) and carbon monoxide.1 The generation of H<sub>2</sub>S in the mammalian tissues is mainly mediated by three endogenous enzymes: cystathionine  $\gamma$ -lyase, cystathionine  $\beta$ -synthase, and 3-mercaptopyruvate sulfur-transferase.<sup>1</sup> Growing evidence has indicated that it plays a vital role in biological events in many organ systems. At cardiovascular level, H<sub>2</sub>S exerts great influence in maintaining the homeostasis and inducing vasodilation and cardioprotective effects. The maintenance of physiological concentrations of H<sub>2</sub>S seems to be essential in the prevention of cardiovascular diseases, such as atherosclerosis, hypertrophy, hypertension and myocardial infarction.<sup>2-4</sup> Numerous studies indicate the distinct role of H<sub>2</sub>S against myocardial ischemia/reperfusion (I/R) injury, its correlative mechanisms involve anti-inflammatory, antioxidation, inhibition of cell apoptosis, and so on.5-7 In this review, we retrieved studies by searching the terms of H<sub>2</sub>S and myocardial I/R injury through literature databases. A search for literature describing animal models was conducted via the conditions: SCI and animal experimentation. Non-SCI experiments and review articles were excluded. We briefly summarized the influence of H<sub>2</sub>S in myocardial I/R injury and the underlying mechanisms.

## **GENERATION OF HYDROGEN SULFIDE**

The production of endogenous  $H_2S$  in mammalian tissues is through enzymatic and non-enzymatic pathways.<sup>8,9</sup> In the non-enzymatic pathway, elemental sulfur is reduced to  $H_2S$  due to reduction equivalents obtained from the oxidation of glucose. In fact, when every two molecules of glucose are consumed, three molecules of lactic acid and carbon dioxide and six molecules of  $H_2S$  are produced.  $H_2S$  is generated enzymatically in mammalian species via the three key enzymes in the cysteine biosynthesis pathway: cystathionine  $\gamma$ -lyase, cystathionine  $\beta$ -synthase, and 3-mercaptopyruvate sulfutransferase.<sup>10</sup> The rate of  $H_2S$  production in tissue homogenates has been reported to be in the range of 1–10 pmol/s per mg protein, contributing to low micromolar extracellular concentrations. At these low concentrations,  $H_2S$  has been reported to exert cytoprotective effects in many models of cellular injury, particularly the heart.<sup>11</sup>

## **Myocardial Ischemia/Reperfusion Injury**

Myocardial I/R injury is a severe trauma that cells undergo and is associated with cardiomyocyte apoptosis.<sup>12</sup> The I/R damage is characterized by a first step of hypoxia that causes cell death for necrosis, and a second step of reperfusion that is paradoxically responsible of a further cell damaged caused by apoptosis. In particular, the ischemic event leads to a dramatic adenosine triphosphate (ATP) level decrease, responsible for the inhibition of Na<sup>+</sup>/K<sup>+</sup> ATPase pump with the consequent increase of intracellular Na<sup>+</sup>.<sup>13</sup> This event causes the inhibition of the Na<sup>+</sup>/Ca<sup>2+</sup> antiporter and leading to an increase of intracellular Ca<sup>2+</sup> that is stored in the mitochondria.<sup>14</sup> ATP depletion, high concentration of Ca<sup>2+</sup> and the production of reactive oxygen species (ROS) are the main causes of the ischemic event.<sup>14</sup> During reperfusion, ATP levels are restored, leading to the of



the Na<sup>+</sup>/K<sup>+</sup> ATPase pump with a consequent reactivation of the Na<sup>+</sup>/H<sup>+</sup> and Na<sup>+</sup>/Ca<sup>2+</sup> antiporter.<sup>15</sup> Although the electrolyte levels are restored and the pH returns to the physiological level, the production of ROS and the high intracellular level of Ca<sup>2+</sup> cause the opening of the mitochondrial permeability transition pore, inducing the apoptotic process.<sup>16</sup> Studies in the past have unraveled that therapeutic intervention with the purpose of reducing reperfusion-induced injury is beneficial at the time of opening the obstructed vessel.<sup>17,18</sup> Naturally, it results in the discovery of pre- and post-conditioning.

## STUDIES OF THE PROTECTIVE ROLE OF HYDROGEN SULFIDE IN MYOCARDIAL ISCHEMIA/REPERFUSION INJURY

H<sub>2</sub>S is an endogenously produced gaseous mediator that is crucial for the maintenance of cardiovascular homeostasis.<sup>19</sup> Several labs have studied the therapeutic potential of H<sub>2</sub>S in the last years. These studies have shown that both exogenous and endogenous H<sub>2</sub>S exert protective effects on myocardium, particularly against myocardial I/R injury.20-22 For example, Elrod et al.<sup>20</sup> declared that an increase of the generation of endogenous H<sub>2</sub>S could distinctly lessen the severity of myocardial infarction in mice by using a myocardial I/R model. Besides, Bliksøen et al.23 reported that the use of propargylglycine to inhibit cystathionine γ-lyase and the subsequent deficiency of H<sub>2</sub>S production, caused the increase of infarct size in rat isolated hearts submitted to I/R damage. Furthermore, I/R injury was attenuated by exogenous L-cysteine administration through a mechanism that may involve H<sub>2</sub>S production, since the effect was reduced by inhibiting cystathionine  $\gamma$ -lyase.<sup>24</sup> One report suggested that both the administration of exogenous H<sub>2</sub>S and the increase of endogenous H<sub>2</sub>S production were possible to be a therapeutic strategy in the treatment of heart failure following I/R injury.25 Together, these studies have shown the potential role of both exogenous and endogenous H<sub>2</sub>S as a cytoprotective agent, especially against myocardial I/R injury.

## MECHANISMS OF HYDROGEN SULFIDE IN MYOCARDIAL PROTECTION AGAINST MYOCARDIAL ISCHEMIA/REPERFUSION INJURY Antioxidant properties of H<sub>2</sub>S

A quantity of researches demonstrated that the production of ROS following ischemia-reperfusion is an original cause of damage to the myocardium.<sup>26-28</sup> A high amount of ROS produced during oxidative stress are capable of oxidizing membrane lipids, oxidizing proteins to inactive states, and causing DNA strand breaks, all leading to the damage to normal cellular function.<sup>26</sup> H<sub>2</sub>S can regulate the production of ROS. The signaling pathways which are involved in ROS generation, including activator of transcription 3 pathways, Janus kinase-2-signal transducer and nuclear factor-kappa B, have been studied intensively.<sup>29</sup> Li et al.<sup>29</sup> in 2016 shows that exogenous H<sub>2</sub>S could reduce ROS production via downregulating the Janus kinase-2-signal transducer and nuclear factor-kappa B and activator of transcription 3 pathways, contributing to the restoration of the aging cardiomyocytes. Furthermore, H<sub>2</sub>S can reduce oxidative stress through upregulating antioxidant defenses. Kimura and colleagues<sup>30</sup> in 2004 stated that H<sub>2</sub>S can protect cells against damage by increasing the antioxidant, glutathione via a model of oxidative stress induced by glutamate. They discovered that H<sub>2</sub>S increased the level of glutathione by upregulation of cystine transport and enhancing the activity of glutamylcysteine synthetase. A recent study demonstrated that H<sub>2</sub>S could increase endogenous antioxidants in a nuclear-factor-E2-related factor-2 dependent signaling pathway.<sup>31</sup> Nuclear-factor which is normally located in the cytosol, but after oxidative stimuli it is transferred into the nucleus, where it increases the transcription of antioxidant proteins through its bound with the antioxidant response elements, leading to reduced apoptosis and to an increase of mitochondrial biogenesis.<sup>32</sup>

#### Anti-apoptotic properties of H<sub>2</sub>S

Several investigations demonstrated the anti-apoptotic effect of H<sub>2</sub>S in cardiomyocytes in I/R injury experimental models.<sup>33,34</sup> Endoplasmic reticulum stress increases after I/R (or hypoxia/reoxygenation) injury and then induces apoptosis.35 It was reported that H<sub>2</sub>S reduced endoplasmic reticulum stress to limit I/R induced-myocardial injury.<sup>35</sup> One study states that exogenous H<sub>2</sub>S decreased the level of endoplasmic reticulum stress through down-regulating protein kinase R-like endoplasmic reticulum kinase-eukaryotic initiation factor  $2\alpha$ -activating transcription factor 4, inositol-requiring enzyme 1α-X-box binding protein1 and activating transcription factor 6 pathways, contributing to the myocardium preservation.<sup>36</sup> In addition, a research has demonstrated that NaHS affected the cross-talk between apoptogenic factors and mitogenactivated protein kinases associated with mitochondria and nuclear factor-kappa B, thus reducing apoptosis.37 Calvert et al.<sup>31</sup> found that H<sub>2</sub>S could regulate the expression of many apoptosis-related genes, including heat shock protein-90, Bcl-2, and heat shock protein-70. H<sub>2</sub>S was capable of regulating multiple genes which are aberrantly expressed in I/R cardiac tissue.<sup>31</sup> Members of the Bcl-2 protein family play vital roles in the process of apoptosis.<sup>38</sup> Kang et al.<sup>34</sup> in 2014 found that H<sub>2</sub>S attenuated cardiomyocyte apoptosis via down-regulating I/R-induced miR-1 expression and up-regulating Bcl-2 mRNA and protein expressions. Furthermore, a recent study states that H<sub>2</sub>S protects cardiomyocytes from myocardial ischemiareperfusion injury by enhancing phosphorylation of apoptosis repressor. Apoptosis repressor has been shown to block apoptotic cascades in hearts.39

#### Anti-inflammatory effects of H<sub>2</sub>S

Inflammation response is programmed to reduce cell injury and facilitate tissue repair, but on the other hand can lead to a further injury due to cell debris and proinflammatory cytokines. Indeed, inflammation reduction during the myocardial I/R injury has been shown to be a useful strategy to limit the infarct size and to promote the recovery of heart function. One of the proposed mechanisms of H<sub>2</sub>S-mediated cardioprotection involves its ability to reduce inflammatory processes.<sup>40,41</sup> Zanardo et al.<sup>42</sup> demonstrated that several H<sub>2</sub>S donors are capable of suppressing leukocyte adherence to the vascular endothelium and can reduce leukocyte infiltration. Leukocyte infiltration represents an early phase in the inflammatory process leading to the production of free radicals and proteases which can injury the myocardium.<sup>41</sup> Furthermore, H<sub>2</sub>S administration before and during the reperfusion was able to prevent nuclear factor-kappa B translocation, leading to a reduction of the amount of proinflammatory mediators. Among them, the authors reported a significant decrease of interleukin-1ß and interleukin-6, which is detrimental for the myocardial function,<sup>43,44</sup> and interleukin-8 is physiologically involved in neutrophil adhesion and tumor necrosis factor- $\alpha$ which can exacerbate several inflammatory effects.<sup>45</sup> A recent study stated that exogenous H<sub>2</sub>S may protect cardiac cells against inflammation with the involvement of the coldinducible RNA-binding protein-mitogen-activated protein kinase signaling pathway.<sup>7</sup> H<sub>2</sub>S displayed a dual ability to attenuate inflammation by inhibiting neutrophil and leukocyte extravasation and reducing inflammatory cytokines which are responsible to produce free radicals. Both the mechanisms may promote the recovery of the myocardial function after the I/R injury.

#### H<sub>2</sub>S and autophagy

Autophagy is upregulated in response to energy crisis and oxidative stress under the condition of cardiac I/R injury.6 Luo et al.<sup>46</sup> demonstrated that autophagy exhibited protective effects against ischemia, but it turned to be detrimental during reperfusion with subsequent heart failure. The potential mechanism about how H<sub>2</sub>S works on autophagy has not fully investigated. One study demonstrated that H<sub>2</sub>S administration after ischemia could suppress autophagy as they found that the mRNA level of genes (Atg9, Atg5, and Beclin1) and the protein level of LC3II/I a and Beclin1 which are the most widely used markers of autophagy significantly decreased.<sup>47</sup> Besides, H<sub>2</sub>S can interfere with autophagic flux and exhibiting cardioprotection against injuries in rat cardiomyocytes exposed to hypoxia/ reoxygenation by modulating phosphoinositide 3-kinase/ serum/glucocorticoid regulated kinase 1/glycogen synthase kinase  $3\beta$  signaling pathway, which is emerging and similar to phosphoinositide 3-kinase/AKT signaling pathway.<sup>48</sup> Mammalian target of rapamycin (mTOR) plays a critical role in the autophagic process.<sup>18</sup> Increasing the activity of mTOR would inhibit autophagy. A recent study suggested that H<sub>2</sub>S might minimize the extent of myocardial I/R injury by activating the Akt/mTOR way to decrease autophagic activity.<sup>49</sup>

#### H<sub>2</sub>S and mitochondrial preservation

Mitochondria are critical for energy production and cell survival. Mitochondrial damage will impair energy generation and cell function, causing damage to cardiomyocytes.<sup>50</sup> A recent study revealed that exogenously administered H<sub>2</sub>S reduce the production of mitochondrial malondialdehyde and activating superoxide dismutase and glutathione peroxidase in the ischemic myocardial mitochondria, resulting in limiting the severity of myocardial infarction.<sup>51</sup> In addition, the hypothesis that H<sub>2</sub>S strengthened the function of mitochondria was supported by the increased efficiency of complexes I and II of the oxidation respiratory chain at the time of reperfusion.<sup>52</sup> Furthermore, suppressing the respiratory system has been reported to reduce myocardial I/R injury by mitigating the equivalent of ROS.<sup>20</sup>

#### **Other mechanisms**

The previous researchers demonstrated that H<sub>2</sub>S was cytoprotective during the process of cerebral ischemia and reperfusion because of its involvement in the dilation and hyperpolarization of rat cerebral arteries including the basilar artery and the middle cerebral artery.<sup>53,54</sup> Besides, many studies have reported a positive cross-talk against I/R injury between two endogenous gas transmitters: H<sub>2</sub>S and NO. H<sub>2</sub>S avoided the nitrosation on Cys443 leading to a higher endogenous NO production.<sup>55</sup> Moreover, H<sub>2</sub>S selectively inhibited cardiac phosphodiesterase-5 isoform, increasing NO half-life.<sup>55</sup>

The experimental data for  $H_2S$ -induced protection against myocardial I/R injury are summarized in **Table 1**.

Type of protection	Mechanism	Reference
Anti-oxidant	1. Decrease of reactive oxygen species level via down-regulation of nuclear factor-kappa B and Janus kinase-2-signal transducer and activator of transcription 3 pathways;	Lina Li et al. <sup>29</sup>
	2. Improving the levels of the antioxidant, glutathione	Kimura et al.30
Anti-apoptotic	1. Decrease of endoplasmic reticulum stress;	Sun et al.36
	2. Interference with the cross-talk between mitogen-activated protein kinases;	Yan et al. <sup>37</sup>
	3. Regulating the expression of many apoptosis-related genes;	Kang et al.34
	4. Enhancing phosphorylation of apoptosis repressor	Yao et al.39
Anti-inflammatory	1. Suppressing leukocyte adherence to the vascular endothelium;	Zanardo et al.42
	2. Preventing nuclear factor-kappa B translocation and leading to a reduction of the amount of proinflammatory mediators	Hennein et al.43
Inhibiting autophagy	1. Inhibiting autophagy as supported by a significant decrease in mRNA level of autophagy-related genes;	Matsui et al.56
	2. Regulating phosphoinositide 3-kinase/serum/glucocorticoid regulated kinase 1/glycogen synthase kinase 3β signaling pathway;	Jiang et al.48
	3. Activation of Akt/mammalian target of rapamycin way	Lesnefsky et al.57
Mitochondrial	1. Increases in efficiency of complexes I and II of the oxidation respiratory chain;	Zamzami et al.58
preservation	2. Inhibiting cytochromec oxidase, lowering metabolism into a protected, preconditioned state	Becker et al.59

#### Table 1: Summary of mechanisms of H<sub>2</sub>S-induced protection against myocardial I/R injury

## CONCLUSION

Through the above introduction, it is believed that  $H_2S$  protects against myocardial I/R injury. The underlying mechanism of  $H_2S$  administration may involve the reduction of ROS generation, the process of autophagy and the inflammatory system. A larger regulatory network will be discovered and explored. Although we have not fully understood its mechanism, we will continue to do a lot of research in the future.  $H_2S$  is expected to be used in the clinic, providing a more convenient and less side-effect treatment for myocardial I/R injury.

#### Author contributions

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