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Effectiveness and safety of rivaroxaban vs. warfarin in patients with non-valvular atrial fibrillation and heart failure

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Abstract

Aims Heart failure (HF) is a common co-morbidity in non-valvular atrial fibrillation (NVAF) patients and a potent risk factor for stroke, bleeding, and a decreased time-in-therapeutic range with warfarin. We assessed the real-world effectiveness and safety of rivaroxaban and warfarin in NVAF patients with co-morbid HF.

Methods and results Using US Truven MarketScan Commercial and Medicare supplemental database claims data from 11/2011 to 12/2016, we identified oral anticoagulant (OAC)-naïve NVAF patients with HF (International Classification of Diseases, 10th Revision codes of I50 or I09.81) and ≥12 months of insurance coverage prior to the qualifying OAC dispensing. Rivaroxaban users (20 or 15 mg once daily) were 1:1 propensity score matched to warfarin users, with residual absolute standardized differences <0.1 being achieved for all covariates after matching. Patients were followed up until an event, OAC discontinuation/switch, insurance disenrolment, or end of follow-up. Rates [events per 100 person-years (PYs) of follow-up] for stroke or systemic embolism and major bleeding (using the Cunningham algorithm) were compared between the matched cohorts using Cox proportion hazard regression and reported as hazard ratios (HRs) with 95% confidence intervals (CIs). We matched 3418 rivaroxaban (32% receiving the reduced dose) and 3418 warfarin users with NVAF and HF with a median (interquartile range) available follow-up of 1.4 (0.6, 2.5) years. Median age was 74 (63, 82) years, and median CHA₂DS₂-VASc and HASBLED scores were 4 (3, 5) and 2 (2, 3). Common HF medications included beta-blockers (64%), angiotensin-converting enzyme inhibitors or angiotensin receptor blockers (62%), loop diuretics (46%), digoxin (11%), and aldosterone receptor antagonists (10%). The hazard of developing stroke or systemic embolism (0.98 events/100PY vs. 1.28 events/100PY; HR = 0.82, 95% CI = 0.47-1.44), ischaemic stroke (0.70 events/100PY vs. 1.02 events/100PY; HR = 0.77, 95% CI = 0.41-1.46), or major bleeding (3.86 events/100PY vs. 4.23 events/100PY; HR = 0.98, 95% CI = 0.73-1.31) was not found to be different between rivaroxaban and warfarin users. Intracranial haemorrhage was infrequent in both cohorts and numerically less with rivaroxaban (0.27 events/100PY vs. 0.36 events/100PY; HR = 0.73, 95% CI = 0.25-2.08).

Conclusions Effectiveness and safety of rivaroxaban vs. warfarin are sustained in NVAF patients with co-morbid HF treated in routine practice. The general consistency between this real-world study and those from phase III randomized trial data of rivaroxaban should provide additional reassurance to clinicians regarding the use of rivaroxaban in NVAF patients with HF.

Keywords Rivaroxaban; Warfarin; Atrial fibrillation; Heart failure; Anticoagulation; Stroke

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Introduction

Heart failure (HF) is recognized as a risk factor for thromboembolic events in patients with non-valvular atrial fibrillation

(NVAF).^{1,2} It is estimated ~40% of patients with either atrial fibrillation (AF) or HF will develop the other condition, with an incidence of HF in individuals with AF up to 4.4/100 person-years (PYs) of follow-up.³ Furthermore, patients with

NVAF and HF treated with vitamin K antagonists spend less time-in-therapeutic range (TTR) than those without HF, potentially increasing their risk of thrombo-embolism and/or bleeding. ^{4–7} In the Rivaroxaban Once-daily, Oral, Direct Factor Xa Inhibition Compared with Vitamin K Antagonism for Prevention of Stroke and Embolism (ROCKET AF) trial, ⁸ approximately two-thirds of patients had concomitant HF, with similar treatment-related efficacy and safety for rivaroxaban vs. warfarin in patient with and without HF. ⁹

A paucity of data evaluating the real-world effectiveness and safety of rivaroxaban compared with warfarin in people with NVAF and co-morbid HF exists. Therefore, we sought to assess the effectiveness and safety of rivaroxaban vs. warfarin in people with NVAF and HF treated in routine practice.

Methods

We performed a retrospective claims database analysis of US Truven MarketScan data from 11/1/2011 to 12/31/2016. Truven MarketScan combines two separate databases, a commercial and a Medicare supplemental database, to cover all age groups and contains claims from 260 contributing employers, 40 health plans, and government and public organirepresenting ~240 million lives. 10 Truven MarketScan captures enrolment records, demographics, International Classification of Diseases, 9th and 10 Revision (ICD-9 and ICD-10) diagnosis codes, procedure codes, admission and discharge dates, outpatient medical services data, and prescription dispensing records. All Truven MarketScan data were de-identified and are in compliance with the Health Insurance Portability and Accountability Act of 1996 to preserve participant anonymity and confidentiality. This study was determined to not constitute research involving human subjects according to 45 CFR 46.102(f) and, therefore, deemed exempt from institutional review board oversight.

We included people who were oral anticoagulant (OAC) naïve during the 12 months before the day of the first qualifying rivaroxaban or warfarin dispensing (index date); had \geq 2 inpatient or outpatient ICD codes in any position for AF (ICD-10=148) without codes suggesting valvular disease; an inpatient or outpatient diagnosis code in any position for HF (ICD-10=150, 109.81)¹¹; and \geq 12 months of continuous medical and prescription coverage prior to OAC initiation (baseline period). Individuals were excluded if they had a history of venous thrombo-embolism or orthopaedic arthroplasty, were pregnant, had a transient cause of NVAF, or were prescribed >1 OAC.

Propensity scores were calculated using multivariable logistic regression incorporating frequently used variables and potential risk factors for differential OAC exposure (*Table 1*) including demographics, co-morbidities, ¹¹ components of the CHA₂DS₂-VASc and HASBLED scores, ¹² and concomitant non-OAC medications identified during the 12 month baseline period.

Each eligible rivaroxaban user (20 or 15 mg once daily) was 1:1 propensity score matched (using greedy nearest-neighbour matching without replacement, calliper = 1%) to a warfarin user to minimize the presence of baseline differences between cohorts. Residual differences in covariates between matched cohorts were assessed via absolute standardized differences (<0.1 considered well balanced). 14

Our primary effectiveness outcome was the combination of stroke or systemic embolism (SSE) including ischaemic stroke (ICD-10 = I63, I64.9), haemorrhagic stroke (ICD-10 = I60–I62), or systemic embolism (ICD-10 = I74). The occurrence of SSE during the observation period was determined by the presence of an appropriate inpatient discharge diagnosis code in the primary position. Major bleeding was our primary safety outcome and was determined using the Cunningham algorithm. Individuals were followed up until outcome occurrence, OAC discontinuation/switch (30 day permissible gap), insurance disenrolment, or end-of-study follow-up.

Baseline characteristics were analysed using descriptive statistics. Categorical data were reported as proportions and continuous data as medians with interquartile ranges. The rate of outcomes was reported as events/100PYs. Cox proportional hazards regression was performed on the matched cohorts using PROC PHREG and a robust sandwich estimator in SAS version 9.4 (SAS Inc., Cary, NC, USA). Because all characteristics were balanced after propensity score matching, regression included only the OAC used as a covariate. Results are reported as hazard ratios (HRs) with 95% confidence intervals (CIs).

Results

We initially identified 4533 rivaroxaban and 8222 warfarin users with NVAF and HF. Of these, 3418 rivaroxaban (32% received the 15 mg once daily dose) and 3418 warfarin users were matched. Baseline covariates were well balanced after matching (absolutes standardized differences \leq 0.04 for all). The propensity score-matched cohort had a median available follow-up of 1.4 (0.6, 2.5) years, age of 74 (63, 82) years, and CHA₂DS₂-VASc and modified HASBLED scores of 4 (3, 5) and 2 (2, 3). The most common HF medications prescribed included beta-blockers (64%), angiotensin-converting enzyme inhibitors or angiotensin receptor blockers (62%), loop diuretics (46%), digoxin (11%), and aldosterone receptor antagonists (10%).

Rivaroxaban was associated with non-significant 18% and 23% hazard reductions in SSE and ischaemic stroke alone vs. warfarin (*Figure 1*). No difference in overall major bleeding (HR = 0.98) was observed between cohorts. Intracranial haemorrhage occurred less frequently with rivaroxaban compared with warfarin (0.27 events/100PY vs. 0.36 events/100PY); however, the 95% CIs for the HR included 1.0.

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 Table 1
 Baseline characteristics in propensity score-matched rivaroxaban and warfarin patients

Variable Age, years, median (IQR) ^a 65–74 years ≥75 years Male sex Co-morbidities Diabetes mellitus Hypertension Peripheral vascular disease Ischaemic stroke Myocardial infarction Percutaneous coronary intervention Coronary artery bypass grafting	N = 3418 % 74 (63, 82) 22.3 55.8 58.6 35.2 82.9 4.9 7.7 13.2 5.1 16.2	N = 3418 % 74 (63, 82) 22.1 56.1 58.8 35.6 83.3 4.7 8.1 12.8	Absolute standardized difference 0.00 0.01 0.00 0.01 0.01 0.01 0.01 0
Age, years, median (IQR) ^a 65–74 years ≥75 years Male sex Co-morbidities Diabetes mellitus Hypertension Peripheral vascular disease Ischaemic stroke Myocardial infarction Percutaneous coronary intervention	74 (63, 82) 22.3 55.8 58.6 35.2 82.9 4.9 7.7 13.2 5.1 16.2	74 (63, 82) 22.1 56.1 58.8 35.6 83.3 4.7 8.1	0.00 0.01 0.00 0.01 0.01 0.01
65–74 years ≥75 years Male sex Co-morbidities Diabetes mellitus Hypertension Peripheral vascular disease Ischaemic stroke Myocardial infarction Percutaneous coronary intervention	22.3 55.8 58.6 35.2 82.9 4.9 7.7 13.2 5.1 16.2	22.1 56.1 58.8 35.6 83.3 4.7 8.1	0.01 0.00 0.01 0.01 0.01
≥75 years Male sex Co-morbidities Diabetes mellitus Hypertension Peripheral vascular disease Ischaemic stroke Myocardial infarction Percutaneous coronary intervention	55.8 58.6 35.2 82.9 4.9 7.7 13.2 5.1 16.2	56.1 58.8 35.6 83.3 4.7 8.1	0.01 0.00 0.01 0.01 0.01
Male sex Co-morbidities Diabetes mellitus Hypertension Peripheral vascular disease Ischaemic stroke Myocardial infarction Percutaneous coronary intervention	58.6 35.2 82.9 4.9 7.7 13.2 5.1 16.2	58.8 35.6 83.3 4.7 8.1	0.00 0.01 0.01 0.01
Co-morbidities Diabetes mellitus Hypertension Peripheral vascular disease Ischaemic stroke Myocardial infarction Percutaneous coronary intervention	35.2 82.9 4.9 7.7 13.2 5.1 16.2	35.6 83.3 4.7 8.1	0.01 0.01 0.01
Diabetes mellitus Hypertension Peripheral vascular disease Ischaemic stroke Myocardial infarction Percutaneous coronary intervention	82.9 4.9 7.7 13.2 5.1 16.2	83.3 4.7 8.1	0.01 0.01
Hypertension Peripheral vascular disease Ischaemic stroke Myocardial infarction Percutaneous coronary intervention	82.9 4.9 7.7 13.2 5.1 16.2	83.3 4.7 8.1	0.01 0.01
Peripheral vascular disease Ischaemic stroke Myocardial infarction Percutaneous coronary intervention	4.9 7.7 13.2 5.1 16.2	4.7 8.1	0.01
Ischaemic stroke Myocardial infarction Percutaneous coronary intervention	7.7 13.2 5.1 16.2	8.1	
Myocardial infarction Percutaneous coronary intervention	13.2 5.1 16.2		
Percutaneous coronary intervention	5.1 16.2	12.0	0.01
	16.2	5.1	0.00
coronary artery bypass granting		16.2	0.00
History of major bleeding	5.1	4.6	0.02
Gastrointestinal bleeding	1.7	1.5	0.02
Intracranial haemorrhage	0.2	0.2	0.01
Acute kidney injury	13.1	12.7	0.01
Chronic kidney disease	17.2	16.6	0.02
End-stage renal disease	12.4	12.1	0.01
Liver disease	4.4	4.5	0.01
Coagulopathy	5.2	5.1	0.00
Gastroesophageal reflux disease	12.8	12.4	0.01
Upper gastrointestinal testing	6.9	7.3	0.01
Anaemia	21.9	21.1	0.02
Asthma	9.6	8.8	0.03
Chronic obstructive pulmonary disease	27.0	27.3	0.01
Sleep apnoea	18.0	17.7	0.01
Smoker	8.2	7.7	0.02
Haemorrhoids	3.7	3.3	0.02
Alcohol abuse	2.8	2.6	0.01
Anxiety	9.6	9.9	0.01
Depression	11.9	11.8	0.01
Psychosis	4.3	4.6	0.01
Obesity	20.3	19.5	0.02
Osteoarthritis	23.2	22.4	0.02
Back pain	18.6	18.5	0.00
Joint pain and stiffness	37.2	38.0	0.02
Headache	7.0	6.9	0.01
Diverticulitis	7.3	6.9	0.02
Crohn's disease or ulcerative colitis	2.5	2.4	0.01
Helicobacter pylori	0.5	0.3	0.04
Hypothyroidism	16.8	17.2	0.01
Solid tumour	11.5	11.9	0.01
Lymphoma	1.9	2.0	0.01
Metastatic cancer	1.7	1.9	0.01
Medication use	46.0	47.0	0.03
Antiplatelet drugs	16.9	17.9	0.03
NSAIDs	17.3	17.2	0.00
COX-2-specific NSAIDs	2.6	2.8	0.01
ACE-inhibitors or ARBs Aldosterone receptor antagonists	61.6 10.2	62.3 10.0	0.01 0.01
	64.5	64.3	0.00
β-Blockers Diltiazem	12.0	12.9	0.00
Verapamil	2.0		0.00
	25.3	1.9 25.3	0.00
Dihydropyridine calcium channel blockers Loop diuretic	45.8	45.6	0.00
Thiazide diuretic	45.8 27.0	45.6 27.2	0.00
Digoxin	11.1	11.1	0.00
Amiodarone	8.7	8.5	0.00
Dronedarone	8.7 1.4	8.5 1.1	0.01
Other antiarrhythmic drugs	5.7	5.0	0.03
Statins	54.0	54.1	0.00
Other cholesterol lowering drugs	10.2	10.3	0.00
Benzodiazepines	16.4	16.2	0.01
SSRIs or SNRIs	16.1	16.9	0.01

(Continues)

Table 1 (continued)

	Rivaroxaban $N = 3418$	Warfarin $N = 3418$	
Variable	%	%	Absolute standardized difference
Other antidepressants	9.2	8.8	0.01
Proton pump inhibitors	25.6	24.9	0.02
Histamine-2 receptor antagonists	5.0	5.3	0.01
Systemic corticosteroids	25.3	24.9	0.01
Warfarin inducer	31.8	30.8	0.02
Warfarin inhibitor	67.6	68.3	0.02
Metformin	16.9	16.9	0.00
Sulfonylureas or glinides	11.6	12.2	0.02
Thiazolidinediones	2.5	2.2	0.02
Dipeptidyl peptidase-4 inhibitors	4.7	4.5	0.01
Glucagon-like peptide-1 agonists	1.2	1.2	0.00
SGLT2 inhibitors	0.2	0.2	0.01
Insulin	11.1	10.9	0.00
Alpha-glucosidase inhibitor	0.2	0.1	0.01
Risk stratification scores			
CHADS ₂ a,b, median (IQR)	3 (2,3)	3 (2,3)	
Mean ± standard deviation	2.8 ± 1.0	2.9 ± 1.0	
1	8.6	7.7	0.03
2	27.9	27.8	
3	42.7	43.9	
≥4	20.8	20.5	0.01
CHA ₂ DS ₂ -VASc ^{a,c} , median (IQR)	4 (3, 5)	4 (3,5)	0.0.
Mean ± standard deviation	3.9 ± 1.4	4.0 ± 1.4	
1	4.5	3.8	0.04
2	13.0	12.8	0.01
3	19.7	19.7	0.00
>4	62.7	63.6	0.02
Modified HAS-BLED ^{a,d} , median (IQR)	2 (2,3)	2 (2,3)	0.02
Mean ± standard deviation	2.3 ± 1.2	2.3 ± 1.1	
≥3	37.7	37.1	0.01

ACE, angiotensin-converting enzyme; ARB, angiotensin receptor blocker; COX-2, cyclooxygenase-2; IQR, interquartile range; NSAIDs, non-steroidal anti-inflammatory drugs; SNRI, serotonin–norepinephrine reuptake inhibitor; SSRI, selective serotonin reuptake inhibitor.

aMedian age and CHADS₂, CHA₂DS₂-VASc, and modified HASBLED risk scores were not included in the propensity score model; instead, individual components of CHA₂DS₂-VASc and modified HASBLED were used.

Figure 1 Event*,† rates, hazard ratios, and 95% confidence intervals for rivaroxaban vs. warfarin users with non-valvular atrial fibrillation and heart failure. n = number. *Stroke or systemic embolism included ischaemic stroke [International Classification of Diseases, 10th Revision (ICD-10) = I63, I64.9], haemorrhagic stroke (ICD-10 = I60–I62), or systemic embolism (ICD-10 = I74). *International Classification of Diseases, 10th Revision (ICD-10) = I63, I64.9], haemorrhagic stroke (ICD-10 = I60–I62), or systemic embolism (ICD-10 = I74). *International Classification of Diseases, 10th Revision (ICD-10) = I63, I64.9], haemorrhagic stroke (ICD-10 = I60–I62), or systemic embolism (ICD-10 = I74). *International Classification of Diseases, 10th Revision (ICD-10) = I63, I64.9], haemorrhagic stroke (ICD-10 = I60–I62), or systemic embolism (ICD-10 = I74). *International Classification of Diseases, 10th Revision (ICD-10) = I63, I64.9], haemorrhagic stroke (ICD-10 = I60–I62), or systemic embolism (ICD-10 = I74). *International Classification of Diseases, 10th Revision (ICD-10) = I63, I64.9], haemorrhagic stroke (ICD-10 = I60–I62), or systemic embolism (ICD-10 = I74). *International Classification of Diseases, 10th Revision (ICD-10) = I63, I64.9], haemorrhagic stroke (ICD-10 = I60–I62), or systemic embolism (ICD-10 = I74). *International Classification of Diseases, 10th Revision (ICD-10) = I63, I64.9], haemorrhagic stroke (ICD-10 = I60–I62), or systemic embolism (ICD-10 = I74). *International Classification of Diseases, 10th Revision (ICD-10) = I63, I64.9], haemorrhagic stroke (ICD-10 = I60–I62), or systemic embolism (ICD-10 = I74). *International Classification of Diseases, Iconomic embolism (ICD-10) = I63, I64.9], had the International Classification of Diseases, Iconomic embolism (ICD-10) = I63, I64.9], had the Iconomi

	Events per 100 Person-Years			Hazard Ratio	
	Rivaroxaban n=3,418	Warfarin n=3,418		(95% Confidence Intervals)	
Stroke or systemic embolism	0.98	1.28	· · · · · · · · · · · · · · · · · · ·	0.82 (0.47-1.44)	
Ischemic stroke	0.70	1.02	—	0.77 (0.41-1.46)	
Major bleed	3.86	4.23	—	0.98 (0.73-1.31)	
Intracranial hemorrhage	0.27	0.36	•	0.73 (0.25-2.08)	
		0.0	0 0.50 1.00 1.50	2.00	
		Favors Riv	aroxaban Fav	Favors Warfarin	

 $^{^{}b}$ CHADS $_{2}$ = congestive heart failure, 1 point; hypertension, 1 point; age ≥ 75 years, 1 point; diabetes mellitus, 1 point; previous stroke or transient ischaemic attack, 2 points.

 $^{^{}c}$ CHA₂DS₂-VASc = congestive heart failure, 1 point; hypertension, 1 point; age \geq 75 years, 2 points; diabetes mellitus, 1 point; previous stroke, transient ischaemic attack, or thrombo-embolism, 2 points; vascular disease, 1 point; age 65–74 years, 1 point; female sex, 1 point. d Modified HASBLED = hypertension, 1 point; age > 65 years, 1 point; stroke history, 1 point; bleeding history or predisposition, 1 point; liable international normalized ratio, not assessed; ethanol or drug abuse, 1 point; drug predisposing to bleeding, 1 point.

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Discussion

In this large US claims database analysis of people with NVAF and co-morbid HF, rivaroxaban was associated with similar rates of SSE, ischaemic stroke, and major bleeding vs. warfarin. Our findings are consistent with those from a sub-analysis of the ROCKET AF trial, which showed the relative efficacy of rivaroxaban and warfarin for prevention of SSE was similar in people with HF or a left ventricular ejection fraction (LVEF) of <40% (SSEs/100PYs = 1.90 vs. 2.09; HR = 0.91, 95% CI = 0.74–1.13) as were the relative risk of developing bleeding complications (major or non-major clinical relevant bleeds/100PYs = 14.22 vs. 14.02; HR = 1.05, 95% CI = 0.95–1.15).

A complex interrelationship exists between NVAF and HF. The two diseases share similar predisposing risk factors such as hypertension, diabetes, and coronary artery disease. Furthermore, both disease states are fostered by changes in neurohormonal activation, cellular and extracellular alterations, and electrophysiological changes. 17 For this reason, it is not uncommon to observe the coexistence of these two disease states. The prevalence of NVAF increases as the severity of HF increases, with patients with New York Heart Association (NYHA) functional class I symptoms exhibiting an AF prevalence of ≤5% and those with NYHA class IV symptoms having a prevalence of ~50%. The prevalence of both disease states also increases with advanced age. In patients with a LVEF < 40%, the AF prevalence is 22% in patients <70 years old compared with 41% in patients >70 years old. ¹⁷

Both NVAF and HF treatment guidelines recommend direct-acting OACs be used preferentially over warfarin in people with concomitant NVAF and HF. 12,18 This recommendation is based on existing evidence demonstrating direct-acting OACs to be at least as effective as vitamin K antagonists in this patient population with a substantial decrease in intracranial haemorrhage risk. 19,20 Additionally, patients with NVAF and HF have been shown to have lower TTRs than those without HF. 4-7 Of particular note, a multivariate analysis of the US Outcomes Registry for Better Informed Treatment of Atrial Fibrillation suggested HF was a risk factor for patients falling into the lowest (0–53%) TTR quartile (odds ratio range: 1.25–1.72), with NYHA class III–IV status associated with the greatest odds of falling into the lowest TTR quartile (odds ratio = 1.72; 95% CI = 1.36–2.16).6

Our study has limitations worth discussion. First, both misclassification and selection bias may impact a claims database study's internal validity. Second, we used US data and therefore, our results are most generalizable to an American

population with concomitant NVAF and HF. Third, regardless of the sophistication of the methodology and the number of covariates used in developing propensity scores, residual confounding cannot be fully excluded because of the possibility of confounding from unobserved or unmeasured covariates.14 Fourth, we were only able to match ~75% of rivaroxaban users to warfarin users in our analysis. This is due to the small propensity score calliper utilized. Using a small calliper makes it more difficult to match patients but likely results in a higher quality of matching. Next, international normalized ratio data were not available in our data set, and thus, TTR could not be calculated. Fifth, ICD-9 or ICD-10 diagnosis coding does not allow for adequate assessment of LVEF or NYHA class, and the lack of coding specificity was further compounded by the lack of laboratory data available in our Truven MarketScan data set. As a result, we were unable evaluate what impact HF severity or functional status may have had on our study's conclusions. 10 Interestingly, the HF patient sub-analysis of ROCKET AF did not show a statistical interaction by LVEF (>40% vs. <40%) or NYHA classification (I-II vs. III-IV) and trial endpoints (including SSE and clinical relevant bleeding).9 Consequently, it is less likely the lack of specific detail on HF severity in our data set would substantially impact our study's findings.

Conclusions

Rivaroxaban has at least as good effectiveness and safety as warfarin in NVAF with co-morbid HF treated in routine practice. The fact that our real-world findings are generally consistent with those from phase III randomized trial data of rivaroxaban should provide additional reassurance to clinicians regarding the use of rivaroxaban in NVAF patients with HF.

Conflict of interest

C.I.C. has received grant funding and consultancy honorarium from Bayer AG, Janssen Scientific Affairs LLC, and Boehringer Ingelheim Pharmaceuticals Inc. D.E. and A.-K.M. are employees of Bayer AG.

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