The Effect of Curcumin on Intracellular pH (pHi), Membrane Hyperpolarization and Sperm Motility

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Abstract

Background: Curcumin has shown to affect sperm motility and function in vitro and fertility in vivo. The molecular mechanism(s) by which curcumin affects sperm motility has not been delineated. Since modulation of intracellular pH (pHi) and plasma membrane polarization is involved in sperm motility, the present study was conducted to investigate the effect of curcumin on these sperm (human and murine) parameters.

Methods: The effect of curcumin on sperm forward motility was examined by counting percentages of forward moving sperm. The effect of curcumin on intracellular pH (pHi) was measured by the fluorescent pH indicator 2,7-bicarboxyethyl-5,6carboxyfluorescein-acetoxymethyl ester (BCECF-AM). The effect of curcumin on plasma membrane polarization was examined using the fluorescence sensitive dye bis (1,3-dibarbituric acid)-trimethine oxanol [DiBAC₄(3)].

Results: Curcumin caused a concentration-dependent (p<0.05) decrease in forward motility of both human and mouse sperm. It also caused a concentration-dependent decrease in intracellular pH (pHi) in both human and mouse sperm. Curcumin induced significant (p < 0.05) hyperpolarization of the plasma membrane in both human and mouse sperm.

Conclusion: These findings indicate that curcumin inhibits sperm forward motility by intracellular acidification and hyperpolarization of sperm plasma membrane. This is the first study to our knowledge which examined the effect of curcumin on sperm pHi and membrane polarization that affect sperm forward motility. These exciting findings will have application in deciphering the signal transduction pathway involved in sperm motility and function and in development of a novel non-steroidal contraceptive for infertility.

Keywords: Contraception, Curcumin, Polarization, Signal transduction, Sperm forward motility, Sperm.

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Introduction

urcumin,1,7-bis(4-hydroxy-3-methoxypheny 1)- 1- 6- heptadiene- 3, 5-dione, commonly known as diferuloylmethane, is the yellow pigment component of the curry or turmeric (Curcuma longa) (1). Turmeric extracts have been extensively used for the treatment of several diseases in Ayurvedic medicine in India for several cen-

turies. Curcumin was first extracted from turmeric in its impure form in 1815, but it was not until 1910 when it was crystallized and its structure was elucidated (2). It has antimicrobial, antioxidant, immunomodulatory, anti-inflammatory, anti-Alzheimer and anticancer activity (3-8). It has shown no toxicity in vitro in numerous cell culture

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systems, and *in vivo* in animal models and over 13 Phase I human clinical trials. It is generally recognized as safe by the United States Food and Drug Administration (FDA) (2, 4, 5).

Curcumin has been shown to affect several targets in somatic cells for its biological activity (3-8). It inhibits NF- α B activity, COX-2, and 5-LOX expression and modulates release of several cytokines (3, 4). It also binds to a number of other proteins including thioredoxin reductase, protein kinases and several receptors (3, 4). However, most of these proteins/factors may not be expressed/ present in terminally non-transcriptional sperm. Also, the sperm has a unique characteristic, the motility, that is not present in other cells. Thus, curcumin may have different molecules/mechanism(s) for its action that are unique to sperm.

Recently, our laboratory reported, for the first time ever, that the curcumin affects sperm function (motility/capacitation and acrosome reaction/fertilization) in vitro and fertility in vivo. Intravaginal administration of curcumin caused a significant, but reversible reduction in fertility (9). The molecular mechanism(s) by which curcumin inhibits/blocks sperm motility has not been delineated. Since modulation of intracellular pH (pHi) and plasma membrane polarization has been shown to be involved in sperm motility and capacitation/acrosome reaction of several mammalian species (10-21), the present study was conducted to investigate the effect of curcumin on sperm intracellular pH and plasma membrane polarization. It was examined using both human and mouse sperm. It was hypothesized that the curcumin-mediated effect on sperm motility is caused by modulation of pHi and/or membrane polarization. The long-term objective of the study was to understand the molecular mechanism(s) by which curcumin affects sperm motility and function and to develop a novel non-steroidal contraceptive with spermicidal properties.

Methods

Collection of sperm: Human spermatozoa were collected from healthy, fertile men. Semen was liquefied and analyzed for volume, sperm concentration and percent and progressive motility. Only those semen samples that had sperm concentration of $>50x10^6$ sperm/ml, percent motility of >60%, progressive motility of >+3 (on a scale of 0 to +5), and contamination of immature germ cells and immune cells of <1% were used to collect a pure swim-up sperm population (22). The study was

approved by the West Virginia University-Institutional Review Board (IRB) for Human Studies.

Mouse sperm were collected from cauda epididymis and vas deferens of mature BALB/c or CD-1 males. Motile sperm were isolated by the swimup procedure and washed by centrifugation (500 g, 10 min) with Ham's F-10 medium supplemented with human serum albumin (5 mg/ml) or Modified Sperm Washing MediumTM (Irvine Scientific, Santa Ana, CA, USA). Motile sperm were analyzed for sperm concentration and motility (9). The study was approved by the West Virginia University-Animal Care and Use Committee (ACUC) for animal studies.

Measurement of sperm forward motility: The highly purified form of curcumin (cat. #C27727) was obtained from Sigma-Aldrich (St. Louis, MO, USA). Curcumin was dissolved in dimethylsulfoxide (DMSO) (25-50 mM stock) and then diluted in medium to the desired concentrations. Sperm treated with medium or equivalent volume of DMSO served as the controls. The effect of curcumin on sperm forward motility was examined by incubating 10-100 μl of sperm suspension (100-250x10⁶ motile *sperm/ml*) with various concentrations of curcumin (50-400 µM, final concentration) up to 1 hr. The percentage of forward moving sperm was recorded every 5-20 min, before and after incubation. Sperm treated with an equivalent volume of medium or DMSO served as the controls. Each treatment in each experiment was tested in duplicate. Each experiment, including various treatment groups, was performed 3-5 times using sperm from 3-5 men or mice on different days to take care of the inter-individual variation among various sperm specimens from different men and mice.

Measurement of sperm intracellular pH: The intracellular pH (pHi) of human and mouse sperm was measured by fluorescent pH-indicator 2,7-bicarboxyethy 1-5. 6-carboxyfluorescein-acetoxymethylester (BCECF-AM) (Molecular Probes, Eugene, OR, USA) following the manufacturer's protocol as described by Hamamah et al. (23). BCECF is a neutral lipophilic form of bis-carboxyfluorescein which diffuses freely through the plasma membrane. In the cell, it is hydrolyzed by esterases, releasing the BCECF which is retained within the cytoplasm. The fluorescence intensity of BCECF is dependent upon the pH. The motile sperm, isolated by the swim-up procedure, were centrifuged and the pellet was washed and resuspended in 1 ml of phosphate-buffered saline (PBS, pH=7.4).

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Sperm (8-15x10⁶/ml) were then loaded with 2 μM BCECF (final concentration) and incubated $(37^{\circ}C,$ 35 min) in dark. Following incubation, sperm were centrifuged, washed (x2) and resuspended in PBS. For the intracellular pH calibration curve, sperm were loaded with BCECF at various extracellular pHs (pHe; 6.8, 7.0, 7.2, 7.4, 7.6 and 7.8) and then treated with 0.1% Triton-X100. Subsequently, the fluorescence intensity was measured as described below, and the calibration curve was constructed by plotting fluorescence intensity versus extracellular pH (24). Using calibration curve, the fluorescence intensity value for each treatment was converted to its respective intracellular pH.

The fluorescence intensity of BCECF is dependent upon the pH with a maximum response at an excitation of λ =535 nm (F1), while at λ =490 nm (F2), the intensity is independent of pH. The pHi was determined graphically using the ratio F1/F2 from a calibration curve obtained after permeabilization of spermatozoa with 0.1% Triton by measuring the maximum fluorescence intensity after adding NaOH and the minimum after adding HCl. The F1/F2 ratio represents a pseudo-linear function of the pH (23).

To examine the effect of curcumin, BCECFloaded sperm were incubated (37°C, 5-10 min) with various concentrations of curcumin (50-400 μM) and then washed. The treated/control sperm were transferred into wells (200 $\mu L/well$) of a black 96-well microplate and the fluorescence intensity was measured (BioTek Synergy2 Multiplatform automated plate reader) using excitation and emission wavelengths of 490 and 535 nm, respectively. Each treatment in each experiment was tested in duplicate. Each experiment, including various treatment groups, was performed 3-5 times using sperm from 3-5 men or mice on different days to take care of the inter-individual variation among various sperm specimens from different men and mice.

All of the appropriate controls were carefully included as described by the manufacturer. Moreover, it was pertinent to examine the effect of curcumin per se on fluorescence intensity. Similar experiments carried out with various concentrations (50-400 μ M) of curcumin without sperm did not affect the fluorescence intensity, indicating curcumin per se, without sperm, does not affect fluorescence intensity.

Plasma membrane polarization of human and mouse sperm: The changes in sperm plasma membrane polarization were examined using the fluorescence sensitive dye bis (1,3-dibarbituric acid)trimethine oxanol [DiBAC₄(3)] (Molecular Probes, Eugene, OR, USA) following the manufacturer's protocol as described by Rossato et al. (25). The motile sperm in the swim-up fraction were centrifuged, washed (x2) with PBS and incubated $(37^{\circ}C, 1 hr)$ with 2 μM DiBAC₄(3). DiBAC₄(3) can enter depolarized cells and then bind to intracellular proteins or membrane and exhibits enhanced fluorescence. Increased depolarization results in additional influx of the anionic dye and an increase in fluorescence. Conversely, hyperpolarization is indicated by a decrease in fluorescence. This dye is excluded from mitochondria because of their overall negative charge. Sperm (8-15x $10^{6}/ml$) were then centrifuged and washed twice with PBS. The $DiBAC_4(3)$ -incubated sperm were aliquoted in different tubes at equal volumes and incubated (5-10 min) with various concentrations of curcumin (100 µM, 200 µM, 300 µM, and 400 μM). Sperm treated with PBS or equivalent volume of DMSO served as the controls. After final washing with PBS, the sperm were transferred into wells (200 µL/well) of a black 96-well microplate and the fluorescence intensity was measured (BioTek Synergy2 Multiplatform automated plate reader) using excitation and emission wavelengths of 485 and 530 nm, respectively. Each treatment in each experiment was tested in duplicate. Each experiment, including various treatment groups, was performed 3-5 times using sperm from 3-5 men or mice on different days to take care of the inter-individual variation among various sperm specimens from different men and mice.

All the appropriate controls were carefully included as described by the manufacturer. It was pertinent to examine the effect of curcumin per se on fluorescence intensity. Similar experiments carried out with various concentrations (50-400 μM) of curcumin without sperm did not affect the fluorescence intensity, indicating curcumin per se. without sperm, does not affect fluorescence intensity.

Statistical analysis: The significance of difference among various groups was analyzed using analysis of variance (ANOVA) and Tukey Kramer Multiple Comparison Test. A p≤0.05 was considered statistically significant.

Results

Effect of curcumin on human and mouse sperm forward motility: Curcumin caused a concentrationdependent decrease in human sperm forward motility (Table 1). At 50 μ M concentration, there was no apparent (p>0.05) effect on sperm forward motility in 5-10 *min* (with a slight decrease over time) and in 1 *hr* it decreased by up to ~25% (p< 0.001). At 100 μ M concentration, there was a significant (p<0.001) decrease in sperm forward motility in 5-10 *min* which decreased by up to ~80% in 1 *hr*. At concentrations \geq 200 μ M, there was a complete block of sperm forward motility within 5-10 *min*. DMSO vehicle did not affect (p>0.05) sperm forward motility as compared to medium control.

Curcumin caused a similar effect on mouse sperm forward motility (Table 2). At 50 μ M concentration, there was no apparent (p>0.05) effect on sperm forward motility in 5-10 *min* (with a slight decrease over time) and in 1 *hr*, it decreased by up to ~40% (p<0.001). At 100 μ M concentration, there was a significant (p<0.001) decrease in sperm forward motility in 5-10 *min*, which decreased by up to ~70% in 1 *hr*. At concentrations \geq 200 μ M, there was a complete block of forward motility within 5-10 *min*. DMSO vehicle did not affect (p>0.05) sperm forward motility as compared to the medium control.

Effect of curcumin on human and mouse sperm intracellular pH (pHi): There was a linear relationship between the extracellular pH and the fluorescence intensity both in human ($R^2=0.9513$) and mouse ($R^2=0.9835$) sperm (Figure 1, panel A and B, respectively). With an increase in extracellular pH, there was a corresponding increase in fluorescence intensity. The pH=7.4 was selected in our subsequent experiments to examine the effect of curcumin on intracellular sperm pH (pHi).

Table 1. Effect of curcumin on human sperm forward motility $(\%)^*$

Treatment	0 min	5-10 min	20 <i>min</i>	40 <i>min</i>	60 <i>min</i>			
Curcumin								
50 µM	95±5	91±6	85±5	80±7	72±8**			
100 µM	95±5	40±4 ^{**}	26±7**	20±8 ^{**}	$18 \pm 7^{**}$			
200 µM	95±5	$0\pm0^{**}$	$0 \pm 0^{**}$	$0\pm 0^{**}$	$0\pm0^{**}$			
300 µM	95±5	$0\pm0^{**}$	$0\pm 0^{**}$	$0\pm 0^{**}$	$0\pm0^{**}$			
$400 \ \mu M$	95±5	$0\pm0^{**}$	$0 \pm 0^{**}$	$0\pm0^{**}$	$0\pm0^{**}$			
DMSO vehicle								
	95±5	95±5	95±5	95±5	93±6			
Medium control								
	95±5	95±5	95±5	95±5	93±6			

* Mean±SD; ** Versus control, significantly different (p<0.001); all others non-significant

Table 2. Effect of curcumin on murine sperm forward motility (%)*

Treatment	0 min	5-10 min	20 min	40 <i>min</i>	60 <i>min</i>			
Curcumin								
50 µM	92±8	85±7	80±6	71±4**	61±7 **			
100 µM	92±8	42±9 **	35±4 **	30±6**	28±6 **			
200 µM	92±8	$0{\pm}0$ **	0 ± 0 **	0±0 **	0±0 ^{**}			
300 µM	92±8	0 ± 0 **	0 ± 0 **	0 ± 0 **	0 ± 0 **			
400 µM	92±8	0 ± 0 **	0 ± 0 **	0 ± 0 **	0 ± 0 **			
DMSO vehicle								
	92±8	92±8	92±8	90±7	85±8			
Medium control								
	92±8	92±8	92±8	90±7	88±7			

* Mean±SD; ** Versus control, significantly different (p<0.001); all others non-significant

In both human and mouse sperm, curcumin caused a concentration-dependent decrease in intracellular pH (Figure 2), in human (panel A) and mouse (panel B) sperm. In human sperm, control sperm had pHi of 7.3±0.003 which was not significantly different (p>0.05) from DMSO-treated sperm, which had a pHi of 7.3±0.105 (Figure 3, panel A). Treatment with curcumin significantly (p<0.001) decreased intracellular pH in a concentration-dependent manner as compared to control/ DMSO-treated sperm. At 50 µM curcumin concentration, pHi was 7.21 \pm 0.010, at 100 μ M pHi was 7.04 \pm 0.008, at 200 μ M pHi was 6.95 \pm 0.02, at 300 μ M pHi was 6.88±0.0067 and at 400 μ M pHi was 6.81±0.014. Comparing the change in pHi within the curcumin-treated groups, the difference was significant (p<0.05) only among 50 μM , 100 μM and 400 μM groups.

Similar results were obtained in mouse sperm (Figure 2, panel B). In mouse sperm, control sperm had pHi of 7.15±0.005 which was not significantly different (p>0.05) from DMSO-treated sperm which had a pHi of 7.15 ± 0.00 (Figure 2, panel B). Treatment with curcumin significantly (p<0.001) decreased intracellular pH in a concentration-dependent manner as compared to control/DMSO-treated sperm. At 50 μM curcumin concentration, pHi was 7.07 \pm 0.017, at 100 μM pHi was 6.97±0.017, at 200 μM pHi was 6.91± 0.012, at 300 µM pHi was 6.88±0.02 and at 400 μM pHi was 6.83±0.017. Comparing the changes in pHi within the curcumin-treated groups, the difference was significant (p<0.05) only among 50 μ M, 100 μ M and 400 μ M groups.

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Figure 1. Calibration curve of human (panel A) and mouse (panel B) sperm fluorescence intensity at various extracellular pH. BCECF-loaded sperm were treated with 0.1% Triton-X 100 at various extracellular pH (pHe) and the fluorescence intensity was measured. Fluorescence intensity values were then plotted against pHe values to obtain the calibration curve.



Figure 2. Human (panel A) and mouse (panel B) sperm intracellular pH (pHi) after curcumin treatment. BCEF-loaded sperm were treated with increasing concentrations of curcumin and the fluorescence intensities were measured and converted to intracellular pH using the calibration curve. Intracellular pH (pHi) values (Mean±SE) from 3-5 independent experiments using sperm from 3-5 different men and mice are shown. There was no effect of any concentration of curcumin tested per se on fluorescence intensity without sperm.

Effect of curcumin on human and mouse sperm plasma membrane polarization: The effect of various concentrations of curcumin on plasma membrane polarization was evaluated using both human and mouse sperm. In human sperm, treatment with DMSO did not significantly (p>0.05) affect fluorescence intensity as compared to control sperm (control: 2861±43.016; DMSO: 3252± 215.860) (Figure 3, panel A). Treatment with curcumin caused significant (p<0.001) hyperpolarization of sperm plasma membrane as compared to control/DMSO-treated sperm (Figure 3, panel A). At 50 μ M curcumin, fluorescence intensity were 601±51.052, at 100 μ M, 597±20.664, at 200 μ M, 522±72.421, at 300 μ M, 458±47.576 and at 400 μM 414±29.464. Comparing the changes in fluorescence intensities within the curcumin-treated groups, the differences were not-significant.

Similar results were obtained in mouse sperm (Figure 3, panel B). In mouse sperm, treatment with DMSO did not significantly affect fluorescence intensity as compared to control (control: 5592.085 ± 2.186 ; DMSO: 5130.905 ± 130.770) (Figure 3, panel B). Treatment with curcumin caused significant (p<0.001) hyperpolarization of sperm plasma membrane as compared to control/DMSO-treated sperm (Figure 3, panel B). At 50 μ M curcumin, fluorescence intensity was 997.502±22.229, at 100 μ M was 877.356±41.328, at 200 μ M was 624.331±42.116, at 300 μ M was 578.929±43.245



Figure 3. Effect of curcumin on plasma membrane potential in human (panel A) and mouse (panel B) sperm. Fluorescence intensity values (Mean±SE) from 3-5 independent experiments using sperm from 3-5 different men and mice are shown. Fluorescence intensity values lower than the control indicate hyperpolarization. There was no effect of any concentration of curcumin tested per se on fluorescence intensity without sperm.

and at 400 μM was 522.431±57.900. Comparing the changes in fluorescence intensity within the curcumin-treated groups, the difference was significant (p<0.05) only between 50 μM and 400 μM groups.

Discussion

The data indicated that curcumin affects sperm forward motility starting at 100 μM concentration, with a complete block at \geq 200 μM concentration within 5-10 *min* in both human and murine sperm. These findings correlate well with the earlier published data (9). In general, forward motility corresponded well with overall motility and progressive motility, as a decrease in forward motility corresponded with decrease in overall and progressive motility. Also, there was a loss of sperm viability when there was a decrease in forward motility. The totally immotile sperm were completely non-viable as tested by eosin-nigrosin staining (data not shown).

The present study was conducted to examine the mechanism by which curcumin affects sperm forward motility. The findings indicated that curcumin acidified sperm intracellularly and hyperpolarized cell membrane of both human and mouse sperm. There was a concentration-dependent decrease in pHi from 7.3 to 6.81 at highest concentration (400 μ M) of curcumin tested. These findings correlate well with the effect of curcumin on human and murine sperm forward motility. Starting at 100 μ M concentration, there was a significant effect within 5-10 *min*, with a total block at \geq 200 μ M concentration. All the human and murine sperm samples tested demonstrated a similar phenotype. DMSO vehicle did not affect the pHi.

The pHi plays an important role in modulating mammalian sperm motility (12, 17, 20). These cumulative findings indicate that the acidic pHi inhibits sperm motility, which is in agreement with our findings. The pHi of 6.6-6.8 has been reported in one study for uncapacitated murine sperm (13). In this study, the pHi of control murine sperm was slightly higher, ~ 7.15 . This may be due to different methodologies/media and/or the strain of mice used and/or various degrees of capacitation of sperm preparations. The pHi of 7.25 was observed for control human sperm in this study. This is in agreement with a previous published study (24). The sodium-proton membrane exchange mechanism can modulate pHi and affect motility (26). The pHi changes are also involved in sperm motility as the sperm cell passes through the epididymis (27, 28). Also, the pH of the epididymal cauda fluid is acidic in almost all species (29) and acts directly on the pHi to decrease the sperm motility (28). Our extensive data search in PubMed and Google Scholar did not yield any publication which has examined the effect of curcumin on intracellular pH in sperm or any other cell types.

Curcumin caused hyperpolarization of sperm plasma membrane in both human and mouse sperm. The degree of decrease in intracellular florescence intensity is indicative of the degree of hyperpolarization. Hyperpolarization is a change which makes cell's membrane potential more negative. It is the opposite of depolarization. The change in sperm membrane potential has been shown to be involved in sperm motility and function (18, 19, 21, 24, 25, 28, 30-33). For mouse sperm, intracellular alkalinization produces a hy-

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perpolarization of sperm membrane potential which may be important for both hyperactivated motility and acrosome reaction. In this study, curcumin induced hyperpolarization and intracellular acidification which correlate with a reduction/block of sperm motility. There was more drastic effect on hyperpolarization than on change in pHi. At 50 μM concentration, which did not significantly decrease the pHi, it showed a significant effect on membrane polarization in both human and mouse sperm. It is possible that curcumin may affect pHi and membrane potential by interacting with different molecules and signal transduction cascades. Besides sperm, hyperpolarization has also been connected to intracellular pHi changes in several other cell systems (34).

Although there is no publication which has examined the effect on sperm, curcumin has been reported to affect membrane potential in other cell systems. Curcumin affects plasma membrane permeability of rat thymocytes (35). Curcumin inhibits sarco/endoplasmic reticulum Ca⁺⁺ATPase (Ser CA) pump that has a major role in maintaining lower levels of intracellular [Ca⁺⁺] by importing extracellular protons in rabbit skeleton muscle (36). A study by Cao et al. (37) examined the effect of curcumin on changes in mitochondrial membrane potential in human hepatomaG2 (HepG2) cells. Their study showed that HepG2 cells incubated with curcumin induced oxidative damage to mitochondrial DNA through mitochondrial membrane hyperpolarization.

Several molecules/mechanisms are involved in regulation of sperm intracellular pH and membrane polarization. Sodium-hydrogen exchange has been suggested as a mediator of pH regulation in various mammalian sperm (27, 38, 39). At least two sodium-hydrogen exchangers (NHE1 and NHE5) have been shown to be expressed in spermatozoa. The catalytic subunit of protein kinase A (PKA) is involved in activation of motility evoked by HCO₃⁻ anion (40). Capacitation-associated hyperpolarization involves a decrease in intracellular [Na+] regulated by PKA through activation of the cystic fibrosis transmembrane conductance regulator (CFTR) (41). Alkalinization activates the intracellular pH-sensitive I(KSper), inducing the membrane potential to approach negative potentials where Ca^{2+} entry via I(CatSper) is maximized (33, 42). The exact molecular mechanism(s) and signal transduction pathway involved in modulation of sperm intracellular pH and membrane potential by curcumin need further investigation.

There are several mechanisms that can affect sperm motility/function leading to infertility (43, 44). This preliminary data indicates that curcumin may inhibit tyrosine phosphorylation of a subset of sperm surface proteins and Ca^{2+} channels (unpublished data). Tyrosine phosphorylation has been shown to be involved in sperm motility, capacitation/acrosome reaction and function (16).

Conclusion

The findings indicate that curcumin causes intracellular acidification and membrane hyperpolarization which may be involved in inhibiting sperm forward motility. This is the first study to our knowledge that examined the effect of curcumin on sperm pHi and membrane potential. These exciting findings will have application in deciphering the molecular mechanism(s) involved in curcumin action and in delineating the signal transduction pathway relevant to sperm motility and function. Also, this data may have clinical application in development of a novel non-steroid contraceptive with spermicidal properties.

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Conflict of Interest

The author reports no conflict of interest.

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