

# In-Vitro Efficacy of Synergistic Antibiotic Combinations in Multidrug Resistant Pseudomonas Aeruginosa Strains

# Devrim Dundar<sup>1</sup> and Metin Otkun<sup>2</sup>

<sup>1</sup>Department of Clinical Microbiology, Kocaeli University, Faculty of Medicine, Kocaeli; <sup>2</sup>Department of Clinical Microbiology and Infectious Diseases, Onsekiz Mart University, Faculty of Medicine, Canakkale, Turkey.

**Purpose:** Combination antibiotic treatment is preferred in nosocomial infections caused by *Pseudomonas* aeruginosa (P. aeruginosa). In vitro synergism tests were used to choose the combinations which might be used in clinic. The aim of this study was to investigate the synergistic efficacy of synergistic antibiotic combinations in multidrug resistant P. aeruginosa strains. Materials and Methods: Synergistic efficacies of ceftazidime-tobramycin, piperacillin/tazobactam-tobramycin, imipenem-tobramycin, imipenem-isepamycin, imipenem-ciprofloxacin and ciprofloxacin-tobramycin combinations were investigated by checkerboard technique in 12 multiple-resistant and 13 susceptible P. aeruginosa strains. Results: The ratios of synergy were observed in ceftazidime-tobramycin and piperacillin/tazobactam-tobramycin combinations as 67%, and 50%, respectively, in resistant strains, whereas synergy was not detected in other combinations. The ratios of synergy were observed in ceftazidime-tobramycin, piperacillin/tazobactam-tobramycin, imipenem-tobramycin, imipenem-ciprofloxacin and imipenem-isepamycin combinations as 31%, 46%, 15%, 8%, 8%, and respectively, in susceptible strains, whereas synergy was not detected in ciprofloxacin-tobramycin combination. Antagonism was not observed in any of the combinations. Conclusion: Although the synergistic ratios were high in combinations with ceftazidime or piperacillin/tazobactam and tobramycin, the concentrations in these combinations could not usually reach clinically available levels. Thus, the solution of the problems caused by multiple resistant P. aeruginosa should be based on the prevention of the development of resistance and spread of the causative agent between patients.

Key Words: Pseudomonas aeruginosa, synergy, antimicrobial, combination

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Corresponding author: Dr. Devrim Dundar,
Department of Clinical Microbiology
Medical School, Kocaeli University
41380 Kocaeli, Turkey.
Tel: 90-262-3037443, Fax: 90-262-303885
E-mail: devrimdundar@hotmail.com

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# INTRODUCTION

Hospital infections are important health problems in all over the world, because of their high morbidity and mortality, and prolonging the time of hospitalization and increasing the cost of treatment. *Pseudomonas aeruginosa* (*P. aeruginosa*) is recognised as one of the leading causes of severe hospital-acquired infections. *P. aeruginosa* exhibits high-level resistance to many antimicrobials, and resistance can develop during therapy. Combination antibiotic treatment is preferred to provide larger spectrum antimicrobial effect and to prevent the rapid emergence of resistance in nosocomial infections caused by *P. aeruginosa*. Combinations usually comprise an anti-pseudomonal beta-lactam and an aminoglycoside or a fluoroquinolone.

The aim of this study was to determine the *in vitro* effects of some antimicrobial drug combinations on multidrug resistant *P. aeruginosa* strains and compare them with the susceptible *P.aeruginosa* strains.

# **MATERIALS AND METHODS**

#### **Bacterial** isolates

Study isolates were chosen from nosocomial P. aeruginosa isolates collected from January 1996 through August 2000 from the Clinical Microbiology Laboratory of Trakya University Hospital in Edirne, Turkey. A total of 25 nonduplicate isolates were included in the study. Twelve of them were multidrug resistant and 13 of them were susceptible to antimicrobial agents. Strains resistant to ureidopenicillin, third generation cephalosporin, azteronam, quinolone, carbapenem and at least two aminoglicosides were accepted as multidrug resistant. The isolates were cultured from urine (7 isolates), lower respiratory tract (6 isolates), blood (6 isolates) and skin-soft tissues (6 isolates). P. aeruginosa ATCC 27853 was included as a quality control strain. The isolates were stored at -70°C and studied after being subcultured twice on blood and EMB agar (Diomed, Istanbul, Turkey). All strains were identified by the conventional methods and confirmed by API 20 NE (Bio Mérieux, Marcy I'Etoile, France).

### Antimicrobial agents

Antibiotic powders were obtained from the manufacturers as follows: Ceftazidime (Glaxo-Wellcome, Turkey), piperacillin and tazobactam (Wyeth, Istanbul, Turkey), imipenem (Merck-Sharp and Dohme, Istanbul, Turkey), ciprofloxacin (Bayer, Istanbul, Turkey), tobramycin (Eczacıbaşı, Istanbul, Turkey) and isepamycin (Schering-Plough). Stock solutions were prepared using sterile water and stored at -70°C until use, with the exception of imipenem which was prepared immediately prior to use.

# Testing of antimicrobial susceptibility

Disc diffusion test was performed, by using piperacillin ( $100 \, \mu g$ ), ceftazidime ( $30 \, \mu g$ ), piperacillin-tazobactam ( $100 + 10 \, \mu g$ ), sulbactam/sefoperazon ( $30 + 75 \, \mu g$ ), imipenem ( $10 \, \mu g$ ), ciprofloxacin ( $5 \, \mu g$ ), amikacin ( $30 \, \mu g$ ), gentamicin ( $120 \, \mu g$ ), netilmicin ( $30 \, \mu g$ ), tobramicin ( $10 \, \mu g$ ) (Oxoid, Hampshire, England) and isepamycin ( $30 \, \mu g$ ) (Mast, Merseyside, England) discs, and the result was interpreted according to Clinical and Laboratory Standards Institute (CLSI) methodology.<sup>2,3</sup> Breakpoints for isepamycin were those recommended by Barry, et al.<sup>4</sup> and breakpoints for cefoperazone-sulbactam were those recommended by the manufacturer.

The minimum inhibitory and bactericidal concentrations (MICs and MBCs) of ceftazidime, piperacillin/tazobactam, imipenem, ciprofloxacin, tobramycin and isepamycin were determined by broth microdilution method as described by CLSI, and CLSI criteria were used in the interpretations of

the results.4,5

Serial two-fold dilutions, ranging from 0.125 to 256  $\mu$ g/mL, for each antibiotics were prepared in cation-adjusted Mueller Hinton broth (CAMHB). The inoculum was prepared with 2-3 h broth culture of each isolate, adjusted to a turbidity equivalent to 0.5 McFarland Standard and diluted in CAMHB to give a final concentration of  $5 \times 10^{\circ}$  CFU/mL in the test tray. Trays were covered and then incubated for 16-20 h in ambient air at 37°C. MIC was defined as the lowest concentration of antibiotic to completely inhibit visible growth.

MBCs were determined by removing 10 µL samples from each well, demonstrating no visible growth, and plated onto separate blood agar plates. After an incubation at 37°C for 16-20 h, colonies were counted. MBC was defined as the lowest concentration of antibiotic to have at least 99.9% killing of the initial inoculum.

#### **Synergy studies**

*In-vitro* interactions of ceftazidime-tobramycin, piperacillin/tazobactam-tobramycin, imipenem-tobramycin, imipenem-isepamycin, imipenem-ciprofloxacin and ciprofloxacintobramycin combinations were investigated by microdilution checkerboard technique using 96-well microtiter plates for each combination.

Serial two-fold dilutions of the antimicrobial agents in CAMHB were placed alone or in combination in wells and inoculated with an appropriate bacterial inoculum so that each well contained approximately  $4-5\times10^4$  CFU/mL. After incubation at 37°C for 16-20 h, the MIC was considered as the well containing the lowest concentrations of the two drugs in which no visible growth was observed. Concentrations of each antimicrobial which were tested in combination were between  $1/4\times$  MIC and  $2\times$  MIC. Growth and sterility controls were also included in each plate. The series of the antimicrobial which were tested in combination were between  $1/4\times$  MIC and  $2\times$  MIC.

The fractional inhibitory concentrations (FICs) for each isolate were calculated as the MIC of drug A or B in combination/the MIC of drug A or B alone. The FIC index ( $\mathcal{L}$  FIC) was calculated by summing the individual FICs obtained from the two antimicrobial agents. Synergy was defined as a FIC index of  $\leq 0.5$ , additivity (indifference) by a FIC index of > 0.5 to  $\leq 4$  and antagonism by a FIC index of > 4. The lowest  $\mathcal{L}$ FIC value calculated in the same plate for one strain and one combination was determined as  $\mathcal{L}$ FIC<sub>min</sub>, and the highest  $\mathcal{L}$ FIC value was determined as  $\mathcal{L}$ FIC<sub>min</sub>.

# Statistical methods

Statistical analysis of results from checkerboard assay was performed using the chi-square test. Differences were considered significant when  $p \le 0.05$ .

# **RESULTS**

Resistance patterns of the 12 multidrug resistant strains are shown in Table 1. Thirteen strains which served as the control group were susceptible to all of these antimicrobials.

The results of MIC and MBC testing of the 12 resistant

and 13 susceptible strains are presented in Table 2. The MBC values were generally equal or one to three times greater than those of MIC.

The ratios of synergy were observed in ceftazidime plus tobramycin and piperacillin/tazobactam plus tobramycin combinations as 67% and 50%, respectively, in resistant strains, and synergy was not detected in other combina-

Table 1. Resistance Patterns of the 12 Multidrug Resistant Strains according to Disk Diffusion Testing

Strain	IPM*	PIP	PIP/	ATM	OFX	CIP*	CAZ*	CFP	CTX	CRO	AK	GM	TOB*	NET	ISP*
no	11 1/1		TAZ*	11111	0171	CII	Cr IL	CII	0111	Cito		GIVI	TOD	1121	101
D1	R	R	S	R	R	R	R	R	R	R	I	R	R	R	S
D2	R	R	R	R	R	R	R	R	R	R	S	R	S	R	S
D3	R	R	S	R	R	R	R	R	R	R	S	R	R	R	S
D4	R	R	S	R	R	R	R	R	R	R	I	R	R	R	S
D5	R	R	R	R	R	R	R	R	R	R	S	R	R	R	S
D6	R	R	R	R	R	R	R	R	R	R	S	R	S	I	S
D7	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R
D8	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R
D9	R	R	S	R	R	R	R	R	R	R	R	R	R	R	S
D10	R	R	S	R	R	R	R	R	R	R	S	R	R	R	S
D11	R	R	S	R	R	R	R	R	R	R	S	R	R	R	S
D12	R	R	S	R	R	R	R	R	R	R	S	R	R	R	S

Dn, Multidrug resistant strains; IPM, imipenem; PIP, piperacillin; PIP/TAZ, piperacillin/tazobactam; ATM, aztreonam; OFX, ofloxacin; CIP, ciprofloxacin; CAZ ceftazidime; CFP, cefoperazone; CTX, cefotaxime; CRO, ceftriaxone; AK, amikacin; GM, gentamicin; TOB, tobramycin; NET, netilmicin; ISP, isepamycin; R, resistant; S, susceptible; I, intermediate (the intermediate strains are accepted as resistant).
\*Also evaluated by MIC determination.

Table 2. MIC and MBC Ranges, and MIC50, MIC50, MBC50, and MBC50 Values of the Strains

	Resistant strains (n = 12) Susceptible strains (n=13)											
Antibiotic	MIC	C (µg/n	nL)	MI	3C (μg/	mL)	MI	C (µg/mL	.)	MBC	(μg/m	L)
	Range	50%	90%	Range	50%	90%	Range	50%	90%	Range	50%	90%
CAZ	16 - 256	256	256	32 - 256	256	256	0.5 - 4	2	4	1 - 8	2	4
IPM	8 - 32	16	16	16 - 64	16	32	0.25 - 1	1	1	0.5 - 4	1	4
PIP / TAZ	64 - 128	64	128	64 - 256	128	128	2 - 8	4	8	2 - 128	8	32
CIP	8 - 128	32	64	16 - 128	64	64	< 0.125 - 0.25	< 0.125	0.25	0.125 - 0.5	0.25	0.25
TOB	2 - 256	128	128	2 - 256	128	128	0.5 - 1	0.5	1	0.5 - 2	1	1
ISP	4 - 256	16	32	8 - 256	16	32	1 - 4	2	4	2 - 8	2	4

CAZ, ceftazidime; IPM, imipenem; PIP / TAZ, piperacillin / tazobactam; CIP, ciprofloxacin; TOB, tobramycin; ISP, isepamycin.

Table 3. Checkerboard Synergy Results for the Different Antimicrobial Combinations

Drug		Resistant strains	S	Susceptible strains			
combination	Synergistic	Indifferent	Antagonistic	Synergistic	Indifferent	Antagonistic	
Combination	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	
CAZ-TOB	8 (67)	4 (33)	-	4 (31)	9 (69)	-	
PIP / TAZ-TOB	6 (50)	6 (50)	-	6 (46)	7 (54)	-	
CIP-TOB	-	12 (100)	-	-	14 (100)	-	
IPM-TOB	-	12 (100)	-	2 (15)	11 (85)	-	
IPM-CIP	-	12 (100)	-	1 (8)	12 (92)	-	
IPM-ISP	-	12 (100)	-	1 (8)	12 (92)	-	

CAZ, ceftazidime; PIP / TAZ, piperacillin / tazobactam; CIP, ciprofloxacin; IPM, imipenem; TOB, tobramycin; ISP, isepamycin.

**Table 4.** Synergistic Antibiotic Concentrations Observed in Multidrug Resistant Strains

Strain no	Concentration (µg/mL)						
Strain no	CAZ - TOB	PIP/TAZ - TOB					
D1	128 / 128	-					
D2	-	=					
D3	128 / 16	8/32					
	64 / 32	16 / 32					
D4	32 / 64						
	64 / 64						
	128 / 8						
	128 / 16						
	128 / 32	-					
D5	128 / 16						
	128 / 32	_					
D6	-	16 / 0.5					
		32 / 0.25					
D7	-	-					
D8	4 / 64	-					
D9	64 / 32	16 / 32					
D10	-	16 / 32					
D11	32 / 32						
	64 / 32	16 / 32					
D12	-	16/32					

 $D_{\text{n}}$ , Multidrug resistant strains; CAZ, ceftazidime; TOB, tobramycin; PIP / TAZ, piperacillin / tazobactam.

tions. The ratios of synergy were observed in ceftazidimetobramycin, piperacillin/tazobactam-tobramycin, imipenemtobramycin, imipenem-ciprofloxacin and imipenemisepamycin combinations as 31%, 46%, 15%, 8% and 8%, respectively, in susceptible strains and synergy was not detected in ciprofloxacin-tobramycin combination. Antagonism was not observed in any of the combinations. The results of the checkerboard synergy analysis are shown in Table 3.

Antibiotic concentrations at which synergistic interactions were observed in multidrug resistant strains are shown in Table 4. Concentrations of ceftazdime and piperacillin/tazobactam which provided synergy in resisant strains were within clinically achievable limits (under 160  $\mu$ g/mL for ceftazdime and under 264.4-368  $\mu$ g/mL for piperacillin/tazobactam). However, only a few concentrations of tobramycin were in the range of clinically achievable limits (under 16-24  $\mu$ g/mL).

# **DISCUSSION**

Multidrug resistance in *P. aeruginosa* is a serious growing problem all over the world. Combination therapy is recom-

mended for the treatment of *P. aeruginosa* infections in order to ensure synergistic action and decrease the risk of development of resistance. *In vitro* synergy tests, including checkerboard and time-kill methods, are used to determine the activity of antimicrobial combinations. In spite of some limitations, the checkerboard technique is simple to perform and remains to be a widely used technique to assess antimicrobial combinations.<sup>8</sup> Comparison of results from different studies is difficult due to variations in microbiology test materials, methods and synergy definitions.<sup>9</sup>

Beta-lactam and aminoglycoside combinations are the combinations most frequent used for the treatment of P. aeruginosa infections.<sup>2,10</sup> Synergistic interactions of these combinations have been reported in many studies. 11-26 In the present study, we detected synergy only in ceftazidimetobramycin (67%) and piperacillin/tazobactam-tobramycin (50%) combinations in resistant strains, and in ceftazidimetobramycin (31%), piperacillin/tazobactam-tobramycin (46%), imipenem-tobramycin (15%) and imipenem-isepamycin (8%) combinations in susceptible strains. No statistically significant differences in synergy rates were found between resistant and susceptible strains. However, Chan reported more synergy in susceptible strains than in resistant strains.<sup>13</sup> On the other hand, several investigators demonstrated that synergy rates are not affected by individual resistance rates of the drugs in combination, similar to our study. 14,15,17,18

Weiss and Lapointe<sup>11</sup> detected less synergy in imipenemtobramycin combination than the other beta-lactam combinations. In our study, synergy was not detected in imipenemtobramycin and imipenem-isepamycin combinations in resistant strains and low synergy rates (15% and 8%, respectively) were observed in susceptible strains. All of the resistant strains except two (D2 and D6) were resistant to tobramycin. In D2, synergy was not detected in any combinations and, in D6, synergy was detected only in piperacillin/tazobactam-tobramycin combination. Only two resistant strains (D7 and D8) were resistant to isepamycin. Synergy with imipenem-isepamycin combination was observed only in one susceptible strain. It is reported that synergy rates are high with cephalosporin-isepamycin combinations, whereas imipenem-isepamycin combination is less effective.24 We considered that imipenem resistance might have affected the occurences of synergy. However, low resistance rates of isepamycin did not induce synergy.

There are many reports in the literature on synergism with several rates observed with quinolone and beta-lactam antibiotics. <sup>26-30</sup> In our study, synergy was not demonstrated in resistant strains with imipenem-ciprofloxacin combination while synergy was observed in 8% of the susceptible strains. Combination of aminoglycosides with fluoroquinolones rarely shows synergy. <sup>19,28,30,31</sup> We observed

additive effect with ciprofloxacin-tobramycin combination in all of the strains.

Furthermore, none of the antimicrobial combinations tested in the current study demonstrated antagonism against any of the isolates tested.

Beta lactam-aminoglycoside combinations were shown to be the most effective combinations against P. aeruginosa. However, clinically achievable plasma concentrations at customary dosages might be important limitation in the use of these combinations for providing synergic effects. Mean peak plasma concentration of ceftazidime (2 g) intravenously every 6-8 hours has been reported to be 160 µg/mL.32 This concentration is over the concentrations of ceftazdime which provided synergy in our study. In beta-lactam antibiotics, drug concentrations which is over the MIC values must be maintained constant to reach bactericidal effect. For this reason, it is not possible to continuously reach this concentration, because of short half-life of the drug (two hours). Mean peak plasma concentrations of tobramycin (5.1 mg/kg and 7 mg/kg every 8 hours) daily dose have been reported to be 4-10 µg/mL and 16-24 µg/mL, respectively.33 Although tobramycin concentrations in which synergy was observed were with clinically achievable limits in ceftazidime-tobramycin combination in some resistant strains, it is highly possible that this combination is ineffective because ceftazidime concentrations were not in clinically achievable limits. Similarly, mean peak plasma concentration of piperacillin/tazobactam (3.375 g every 6 hours) has been reported to be 264.4-368 µg/mL<sup>34</sup> and concentrations in which synergy was observed were lower than this value. However, piperacillin/tazobactam-tobramycin combination can not be considered as clinically effective in resistant strains except for D6, because tobramycin concentrations were not with clinically achievable limits. On the other hand, both ceftazidime-tobramycin and piperacillin/ tazobactam-tobramycin combinations can be effective in urinary tract infections because the drugs are excreted from the body through the kidney unchanged with higher concentrations than serum. All of the synergistic interactions in susceptible strains were with clinically achievable concentrations (data not shown).

In conclusion, the variability of the results obtained in several studies may be due to differences in methodology, definitions of synergy and choice of the strains. Furthermore, there may not be a correlation between *in vitro* synergy and clinical efficacy. Therefore, additional *in vivo* studies to assess clinical efficacy of combinations are warranted. Moreover, antibiotic concentrations in synergistic combinations may not always reach clinically available levels. Thus, the solution of the problems caused by multiple resistant *P. aeruginosa* should be based on the prevention of development of resistance and spread of

causative agents between patients.

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