# Persistent Staphylococcus aureus Bacteremia

A Prospective Analysis of Risk Factors, Outcomes, and Microbiologic and Genotypic Characteristics of Isolates

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Abstract: Persistent Staphylococcus aureus bacteremia (SAB) that fails to respond to appropriate antibiotic therapy is associated with poor outcomes. Comprehensive prospective studies on risk factors and outcomes of persistent bacteremia are limited. We investigated outcomes and risk factors encompassing clinical, pharmacokinetic, microbiologic, and genotypic characteristics associated with persistent bacteremia using a case-control study nested in a prospective cohort of patients with SAB at a tertiary-care hospital from August 2008 through September 2010. We compared the clinical characteristics, management, and outcomes of patients with persistent bacteremia (≥7 d) with controls with resolving bacteremia (<3 d). To detect associations between microbiologic and genotypic characteristics of methicillin-resistant S. aureus (MRSA) isolates and persistent bacteremia, we determined the heteroresistance phenotype, SCCmec type, agr genotype and functionality, multilocus sequence typing, and presence of 41 virulence genes. Our cohort consisted of 483 patients; 76 (15.7%) had persistent bacteremia, 212 (43.5%) had resolving bacteremia. In the multivariate analysis, independent risk factors associated with persistent bacteremia were community-onset bacteremia (odds ratio [OR], 2.91; 95% confidence interval [CI], 1.24-6.87), bone and joint infection (OR, 5.26; 95% CI, 1.45-19.03), central venous catheter-related infection (OR, 3.36; 95% CI, 1.47-7.65), metastatic infection (OR, 36.22; 95% CI, 12.71-103.23), and methicillin resistance (OR, 16.99; 95% CI, 5.53-52.15). For patients with eradicable foci, delay (>3 d) in the removal of the infection focus was significantly associated with persistent bacteremia (OR, 2.18; 95% CI, 1.05-4.55). There were no significant associations of persistent bacteremia with high vancomycin minimal inhibitory concentration, vancomycin heteroresistance, and microbiologic/genotypic characteristics of MRSA isolates. However, initial vancomycin trough level <15 mg/L was an independent risk factor for persistent MRSA bacteremia (OR, 4.25; 95% CI, 1.51-11.96) in the multivariate analysis. Clinical outcomes were significantly worse for patients with persistent bacteremia. Relapse of bacteremia and attributable mortality within 12 weeks after SAB were significantly higher in patients with persistent bacteremia than in those with resolving bacteremia (9.2% [7/76]

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vs. 2.4% [5/212], p = 0.02 and 21.1% [16/76] vs. 9.4% [20/212], p = 0.009, respectively).

In conclusion, patients with SAB should be given early aggressive treatment strategies, including early source control and maintenance of a vancomycin trough level  $\geq$ 15 mg/L, to reduce the risk of persistent bacteremia.

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**Abbreviations:** AUC = area under the curve, CCs = clonal complexes, CI = confidence interval, CVC = central venous catheter, hVISA = heteroresistant vancomycin-intermediate *Staphylococcus aureus*, IQR = interquartile range, MIC = minimal inhibitory concentration, MLST = multilocus sequence typing, MRSA = methicillin-resistant *Staphylococcus aureus*, OR = odds ratio, SAB = *Staphylococcus aureus* bacteremia.

#### INTRODUCTION

**S** *taphylococcus aureus* bacteremia (SAB) is one of the most common serious bacterial infections, with an associated mortality of about 30%.<sup>49,57</sup> SAB may persist in some patients despite several days of antibiotic therapy, a phenomenon called persistent bacteremia. Persistent bacteremia accounts for 6%–38% of all episodes of SAB, is particularly common in endovascular infections, and is associated with poor clinical outcomes.<sup>5,14,18,23,24,59</sup> The prevalence of persistent bacteremia may differ depending on the duration of bacteremia used to define "persistent bacteremia." Early aggressive treatment strategies may reduce the morbidity and mortality of patients with risk factors for persistent bacteremia. A comprehensive analysis is needed to investigate various factors associated with persistent bacteremia.

A 2007 retrospective study identified methicillin resistance, use of an intravascular catheter or other medical device, chronic renal failure, multiple sites of infection, and infective endocarditis as risk factors for persistent bacteremia.<sup>18</sup> In other studies, vancomycin treatment, diabetes, retention of implicated devices, and methicillin-resistant *S. aureus* (MRSA) with vancomycin minimal inhibitory concentration (MIC) of 2 mg/L were also implicated.<sup>23,24,59</sup> However, these studies are limited by their retrospective or noncomparative design and because they focused on clinical characteristics of the patients, but did not consider the various characteristics of *S. aureus* isolates.

Microbiologic and genotypic characteristics of *S. aureus* and pharmacokinetic and pharmacodynamic properties of antimicrobial agents may also be associated with persistent bacteremia. Several previous comparative studies have examined the microbiologic and genotypic characteristics of MRSA isolates associated with persistent bacteremia.<sup>14,48,58</sup> However, these studies were performed with small numbers of MRSA isolates.

To the best of our knowledge, no prospective comparative studies have investigated the clinical risk factors and the

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pharmacokinetic, microbiologic, and genotypic factors associated with persistent bacteremia. In the present study, we performed a large case-control study nested in a prospective cohort of patients with SAB to evaluate these factors and outcomes associated with persistent bacteremia, using a definition of persistent bacteremia as  $\geq$ 7 days of bacteremia.

# PATIENTS AND METHODS

## **Study Population and Design**

This case-control study, nested in a prospective observational cohort of patients with SAB, was conducted at the Asan Medical Center, a 2700-bed tertiary referral center that admits patients from throughout Korea. From August 2008 to September 2010, all adult patients with SAB were prospectively enrolled in the cohort and observed over a 12-week period. In our hospital, more than 90% of patients with SAB receive infectious disease consultation; follow-up blood cultures with 2- to 4-day intervals until negative conversion, echocardiography, and monitoring of vancomycin trough concentrations (at day 3 and then at 3- to 4-day intervals) are routinely recommended. It is also recommended that vancomycin trough concentrations always be maintained at >10 mg/L in patients with suspected S. aureus infection and at 15-20 mg/L in patients with S. aureus bacteremia.<sup>19,46</sup> Patients were excluded if 1) they had polymicrobial bacteremia, 2) they died or were discharged before positive blood culture results, or 3) they had clinically insignificant SAB, which means that S. aureus was isolated from only 1 blood culture set and the patient did not have clinical findings consistent with bacteremia and did not received antibiotic treatment. Only the first episode of SAB in each patient was included for analysis.

Case patients were those who had an episode of persistent bacteremia, defined as bacteremia for  $\geq$ 7 days while they were receiving appropriate antibiotic therapy.<sup>14,18</sup> Control patients were those who had resolving bacteremia, defined as <3 days of bacteremia with all subsequent blood cultures documented to be negative after the initial positive blood culture (index blood culture). Patients with resolving bacteremia had to have at least 1 set of follow-up blood cultures 1–3 days after the index blood culture, and had to have no further positive blood culture results during antibiotic therapy.<sup>14</sup> The duration of bacteremia was defined as the number of days between the first and last positive blood culture. Patients with intermediate duration of bacteremia were excluded from analysis to enable clear distinctions between persistent bacteremia and resolving bacteremia. This study was approved by the Asan Medical Center Institutional Review Board.

#### Data Collection and Study Definitions

Demographic characteristics, laboratory results, underlying diseases or conditions, presence or absence of a central venous catheter (CVC) or prosthetic device, severity of underlying disease, severity of bacteremia, site of infection, antibiogram results, patient management (including infection source control and antimicrobial therapy received), and clinical outcomes were recorded. The system of McCabe and Jackson was used to classify the severity of the underlying disease.<sup>36</sup> The Charlson comorbidity index was used to provide a composite score of comorbid conditions.<sup>6</sup> The severity of bacteremia at the time of the first positive blood culture was assessed using the Pitt bacteremia score.<sup>7</sup>

The type of infection causing SAB was defined by the criteria of the Centers for Disease Control and Prevention except for catheter-related infection and infective endocarditis.<sup>16</sup>

Catheter-related infection was defined as SAB in a patient who has an intravascular device and at least 1 positive blood culture result obtained from the peripheral vein, clinical features of infection, and no apparent source of SAB except for the catheter.37,38 Infective endocarditis was defined according to modified Duke criteria.<sup>30</sup> Bacteremia was classified as nosocomial if a positive blood culture was obtained from patients who had been hospitalized for 48 hours or longer.<sup>16</sup> Communityonset bacteremia was defined by a positive blood culture obtained at the time of hospital admission or within the 48 hours after hospital admission, and was further classified as health care-associated or community-acquired bacteremia.15 Septic shock was defined as sepsis associated with organ dysfunction and accompanied by persistent hypotension after adequate fluid resuscitation. Suppurative thrombophlebitis was defined as the presence of positive blood culture results for S. aureus plus the demonstration of a thrombus in the great central veins by radiographic testing (computed tomography, ultrasonography).

Initial appropriate antibiotic therapy was defined as the use of an antimicrobial agent with activity against the organism at the day of or 1 day after the index blood culture. Initial vancomycin trough level was defined as mean trough level during the first 7 days of vancomycin therapy.

Clinical outcome measures were duration of hospitalization after bacteremia, relapse of bacteremia, death during hospitalization, and death within 30 days or 12 weeks after the day of the index blood culture. Attributable mortality was defined as death due to *S. aureus* infection in a previously healthy individual or as the hastening of death by *S. aureus* infection in the presence of an underlying condition such as cancer.

#### Microbiologic Data and Genotypic Assays

The first blood isolate from each patient was used for microbiologic and molecular assessments. All *S. aureus* isolates were identified by standard methods. Antimicrobial susceptibilities were determined using the MicroScan system (Dade Behring, West Sacramento, CA) and standard criteria of the Clinical and Laboratory Standards Institute. Methicillin resistance was confirmed by polymerase chain reaction (PCR) detection of the mecA gene. Vancomycin MICs of MRSA isolates were determined by the vancomycin Etest (AB Biodisk, Piscataway, NJ) on Mueller-Hinton agar according to the manufacturer's instructions. Identification of heteroresistant vancomycinintermediate *S. aureus* (hVISA) was determined by modified population analysis.<sup>55,56</sup>

SCCmec type, agr genotype, and the presence of 41 putative virulence genes of MRSA were determined using previously described methods.<sup>4,10,21,42,45</sup> We determined agr dysfunction by the level of  $\delta$ -hemolysin production, measured by streaking the MRSA isolate adjacent to a  $\beta$ -hemolysin disk (Remel, Lenexa, KS).<sup>47</sup> Triton-induced lysis was assessed to measure the propensity for autolysis in MRSA isolates (performed in triplicate), as described elsewhere;<sup>14</sup> defective autolysis was defined as a decrease in OD<sub>630</sub> less than 50% after 3 hours of exposure to Triton relative to the baseline reading. Multilocus sequence typing (MLST) was performed as described elsewhere.<sup>11,12</sup> MLST allele names and sequence types were derived from the MLST database (http://www.mlst.net). Clonal complexes (CCs) were assigned to groups of isolates sharing 6 of 7 alleles by use of eBURST (http://eburst.mlst.net).

#### Statistical Analysis

We compared patients with persistent bacteremia and those with resolving bacteremia. Categorical variables were compared using the chi-square test or the Fisher exact test, as appropriate.

TABLE 1. Univariate Analysis of Demographic and Clinical Characteristics of Patients With Persistent Bacteremia	and
Resolving Bacteremia	

Characteristic	Persistent Bacteremia (n = 76) No. (%)	Resolving Bacteremia (n = 212) No. (%)	Р	OR (95% CI)
Age (yr), median (IQR)	65 (54-71.5)	63 (50.5-72)	0.24	NA
Male	50 (65.8)	138 (65.1)	0.99	1.03 (0.59-1.80)
Site of acquisition				
Community-onset	32 (42.1)	65 (30.7)	0.07	1.65 (0.96-2.83)
Community-acquired	10 (13.2)	15 (7.1)	0.11	1.99 (0.85-4.64)
Health care-associated	22 (28.9)	50 (23.6)	0.35	1.32 (0.73-2.38)
Nosocomial	44 (57.9)	147 (69.3)	0.07	0.61 (0.35-1.04)
Underlying disease/condition				
Solid tumor	26 (34.2)	91 (42.9)	0.18	0.69 (0.40-1.19)
Hematologic malignancy	8 (10.5)	22 (10.4)	0.97	1.02 (0.43-2.39)
Diabetes mellitus	26 (34.2)	69 (32.5)	0.79	1.08 (0.62–1.88)
Chronic renal failure	12 (15.8)	33 (15.6)	0.96	1.02 (0.50-2.09)
Liver cirrhosis	7 (9.2)	43 (20.3)	0.03	0.40 (0.17-0.93)
Neutropenia	5 (6.6)	13 (6.1)	0.99	1.08 (0.37-3.13)
McCabe and Jackson criteria	· /			
Ultimately or rapidly fatal disease	30 (39.5)	97 (45.8)	0.34	0.77 (0.45-1.32)
Prior antibiotic use within 3 mo	51 (67.1)	121 (57.6)	0.15	1.50 (0.87-2.60)
Immunosuppressant use	14 (18.4)	40 (18.9)	0.93	0.97 (0.50-1.91)
Recent surgery	17 (22.4)	47 (22.2)	0.97	1.01 (0.54-1.90)
Recent chemotherapy	10 (13.2)	40 (18.9)	0.26	0.65 (0.31-1.38)
Charlson comorbidity index, median (IQR)	2.5 (1-4)	3 (2-5)	0.11	NA
APACHE II, median (IQR)	16 (12-21.5)	16 (11–21)	0.65	NA
Pitt bacteremia score, median (IQR)	1 (0-2)	1 (0-2)	0.39	NA
Septic shock	16 (21.1)	30 (14.2)	0.20	1.62 (0.83-3.17)
CVC*	43 (56.6)	90 (42.5)	0.03	1.76 (1.04-2.99)
Prosthetic device <sup>+</sup>	12 (15.8)	14 (6.6)	0.02	2.65 (1.17-6.03)
Characteristics of infection‡				
Metastatic infection	42 (55.3)	12 (5.7)	< 0.001	20.58 (9.85-43.04)
Lung (septic pneumonia)	17 (22.4)	3 (1.4)	< 0.001	20.07 (5.69-70.83)
Skin and soft tissue	13 (17.1)	4 (1.9)	< 0.001	10.73 (3.38-34.08)
Bone and joint	11 (14.5)	2 (0.9)	< 0.001	17.77 (3.84-82.23)
Central nervous system	5 (6.6)	2 (0.9)	0.02	7.39 (1.40-38.96)
Cardiac valve (endocarditis)§	8 (10.5)	0	< 0.001	NA
Eye (endophthalmitis)	4 (5.3)	1 (0.5)	0.02	11.7 (1.29–106.59)
CVC-related infection	39 (51.3)	56 (26.4)	< 0.001	2.94 (1.71-5.06)
Removal of CVC	39/39 (100)	51/56 (91.1)	0.08	NA
Retention of CVC at day 1¶	22/39 (56.4)	32/56 (57.1)	0.94	1.03 (0.45-2.35)
Retention of CVC at day 8¶	2/39 (5.1)	5/56 (8.9)	0.70	1.81 (0.33-9.87)
Infective endocarditis**	10 (13.2)	3 (1.4)	< 0.001	10.56 (2.82-39.50)
Bone and joint infection	10 (13.7)	11 (5.2)	0.02	2.77 (1.13-6.81)
Peripheral catheter-related infection	1 (1.3)	28 (13.2)	0.003	0.09 (0.01-0.66)

\*Central venous catheters were removed after bacteremia from 100% of patients with persistent bacteremia (median, 1 d [IQR, 0–2.5 d]) and from 84.4% (76/90) of patients with resolving bacteremia (median, 1 d [IQR, 0–3 d]) (p = 0.005).

†Prosthetic devices were orthopedic device (3 patients), prosthetic valve (2 patients), and vascular graft (7 patients) in the persistent bacteremia group and cardiac pacemaker (1 patient), orthopedic device (4 patients), prosthetic valve (4 patients), and vascular graft (5 patients) in the resolving bacteremia group.

‡Complication or principal focus of infection at presentation.

§All were native valves.

¶Day 1 represents the day of the index blood culture. Retention of CVC at day 1 means that the infected CVC was not removed at the onset of bacteremia.

\*\*Echocardiography was performed in 96.1% (73/76) of patients with persistent bacteremia and in 68.9% (146/212) of patients with resolving bacteremia. One patient with persistent bacteremia had prosthetic valve endocarditis (he underwent valve replacement surgery at day 3), and the remaining 12 patients had native valve endocarditis.

Normally and non-normally distributed continuous variables were compared using the Student t test and the Mann-Whitney U test, respectively. Logistic regression was used to assess risk factors associated with persistent bacteremia and attributable mortality. All variables with p values less than 0.1 in the univariate analysis and other variables of clinical importance were included in the multiple logistic regression model to identify independent risk factors. The final model was constructed using the stepwise selection procedure. A 2-tailed p value less than 0.05 was considered statistically significant. All statistical analyses were performed using SPSS software, v. 18.0 (SPSS Inc., Chicago, IL).

### RESULTS

#### Study Population and Follow-Up Blood Cultures

From August 1, 2008, to September 30, 2010, there were 631 consecutive episodes of SAB at our institution. A total of 148 of these episodes were excluded from the prospective study for the following reasons: polymicrobial bacteremia (n = 64), patients not admitted (n = 69), and clinically insignificant bacteremia (n = 15). Among a total of 483 episodes enrolled in the cohort, 372 (77%) had follow-up blood cultures 1–3 days after the index blood culture, and 464 (96.1%) had follow-up blood cultures that documented clearance of bacteremia. Of the 483 episodes of SAB, 76 (15.7%) episodes were persistent bacteremia, 212 (43.5%) episodes were resolving bacteremia, and 280 (58%) episodes were methicillin resistant (that is, MRSA bacteremia). Of the 280 episodes of MRSA bacteremia, 65 (23.2%) were persistent bacteremia and 102 (36.4%) episodes were resolving SAB

episodes with an intermediate duration of bacteremia (3–6 d; n = 101 [59 in MRSA]), episodes with positive follow-up blood cultures 1–2 days after the index blood culture in patients with <3 days of bacteremia (n = 23 [15 in MRSA]), and episodes without adequate follow-up blood cultures to determine if they were persistent bacteremia or resolving bacteremia (n = 71 [39 in MRSA]).

The median duration of bacteremia in patients with persistent bacteremia was 11 days (interquartile range [IQR], 8.0-16.5 d). Patients with persistent MRSA bacteremia had a significantly longer duration of bacteremia than patients with persistent methicillin-susceptible *S. aureus* bacteremia (median, 13 d [IQR, 9–17 d] vs. 8 d [IQR, 7–9 d], p = 0.003). Among patients with resolving bacteremia, the first follow-up blood culture documented to be negative was obtained 1 day after the index blood culture in 16 (7.5%) patients, 2 days after in 57 (26.9%) patients, and 3 days after the index blood culture in 139 (65.6%) patients.

# Risk Factors Associated With Persistent Bacteremia

Tables 1 and 2 show the results of our univariate analysis of risk factors associated with persistent bacteremia. The persistent bacteremia and resolving bacteremia groups were similar in age, sex, underlying conditions, recent antibiotic use, severity of underlying disease, and severity of bacteremia. Patients with persistent bacteremia were marginally more likely to have community-onset bacteremia (p = 0.07); less likely to have underlying liver cirrhosis (p = 0.03) and peripheral catheter-related infection (p = 0.003); and more likely to have a prosthetic device (p = 0.02), metastatic infection (p < 0.001),

**TABLE 2.** Univariate Analysis of Microbiologic Characteristics and Clinical Management of Patients With Persistent Bacteremia

 and Resolving Bacteremia

Characteristic	Persistent Bacteremia (n = 76) No. (%)	Resolving Bacteremia (n = 212) No. (%)	Р	OR (95% CI)
Methicillin-resistant isolate	65 (85.5)	102 (48.1)	< 0.001	6.37 (3.19–12.75)
Vancomycin MIC*			0.48	
≤1.0 mg/L	20/59 (33.9)	22/88 (25)		1
1.5 mg/L	26/59 (44.1)	46/88 (52.3)	0.23	0.62 (0.29-1.35)
≥2.0 mg/L	13/59 (22)	20/88 (22.7)	0.48	0.72 (0.28-1.80)
hVISA*	17/59 (28.8)	27/88 (30.7)	0.74	0.91 (0.44-1.88)
Vancomycin trough level <sup>†</sup> <15 mg/L <sup>‡</sup>	40/54 (74.1)	34/75 (45.3)	0.001	3.44 (1.61-7.37)
In isolates with vancomycin MIC ≤1.0 mg/L	13/18 (72.2)	8/19 (42.1)	0.07	3.56 (0.90-14.15)
In isolates with vancomycin MIC >1.0 mg/L	9/36 (75)	22/49 (44.9)	0.006	3.68 (1.44-9.44)
Vancomycin trough level (mg/L), median (IQR)	11.2 (7.2–16.8)	15.9 (10.1-22)	0.005	NA
Vancomycin trough level/MIC, median (IQR)	7.5 (4.9–13.4)	10.9 (6.5-17.8)	0.02	NA
Removal of eradicable focus§	47/51 (92.2)	107/115 (93)	0.99	0.88 (0.25-3.06)
Time to removal (d), median (IQR)	1 (0-6.5)	0 (0-2.5)	0.003	NA
Focus still present at day 4¶	18/51 (35.3)	23/115 (20)	0.04	2.18 (1.05-4.55)
Initial appropriate antibiotic use**	56 (73.7)	170 (80.6)	0.21	0.68 (0.37-1.25)
Time to initiation of appropriate antibiotics (d), median (IQR)	1 (0-2)	0 (0-1)	0.002	NA

\*Percentage of patients for whom MRSA blood isolates were collected and who received initial vancomycin therapy.

†Mean trough level during the first 7 days of vancomycin therapy.

‡Percentage of patients who received vancomycin therapy and for whom vancomycin trough levels were monitored.

§Percentage of patients with the eradicable focus.

Day 1 represents the day of the index blood culture.

\*\*Among patients with MRSA bacteremia, 45 (69.2%) of 65 patients with persistent bacteremia and 37 (63.7%) of 102 patients with resolving bacteremia received initial appropriated antibiotic therapy (p = 0.51).

CVC-related infection (p < 0.001), infective endocarditis (p < 0.001), bone and joint infection (p = 0.02), and a methicillinresistant isolate (p < 0.001), compared with patients with resolving bacteremia. The prevalence of prosthetic device infection was not significantly different between the 2 groups (6/76 patients with persistent bacteremia [7.9%] vs. 7/212 patients with resolving bacteremia [3.3%], p = 0.11). However, an infected prosthetic device was removed in 1 of 6 patients with persistent bacteremia, whereas the device was removed in all 7 patients with resolving bacteremia who had the device (p = 0.005). Among patients with prosthetic device infection, only 1 patient with resolving bacteremia had bone and joint infection.

Patients with persistent bacteremia were more likely to have a CVC at the onset of bacteremia than those with resolving bacteremia (43/76 [56.6%] vs. 90/212 [42.5%], p = 0.03). Regardless of the presence of CVC-related infection, a CVC was more frequently removed from patients with persistent bacteremia than from patients with resolving bacteremia (43/43 [100%] vs. 76/90 [84.4%], p = 0.005). Time to removal of CVC after bacteremia was similar in the 2 groups (median, 1 d [IQR, 0–2.5 d] vs. 1 d [IQR, 0–3 d], p = 0.55). Among the 39 patients with CVC-related infection in the persistent bacteremia group, 34 (87.2%) had persistent bacteremia ( $\geq$ 7 d) even after removal of CVC, 14 (35.9%) also had suppurative thrombophlebitis in the great central veins, and 6 (15.4%) had infective endocarditis as secondary complications.

The rates of removal of the eradicable focus were similar in the 2 groups (p = 0.99), but the time to removal was significantly longer in the persistent bacteremia group (p = 0.003) (Table 2). Delay (>3 d) in the removal of the eradicable focus was significantly associated with persistent bacteremia (odds ratio [OR], 2.18; 95% confidence interval [CI], 1.05–4.55). In addition, patients with persistent bacteremia had significantly longer delays to appropriate antibiotic therapy (p = 0.002) than those with resolving bacteremia.

Significant univariate variables with p values < 0.1 and patient age were included in the multivariate analysis. Because only 57.6% of patients had an eradicable focus, variables regarding time to the removal of the eradicable focus had missing values in at least 42.4% of patients and were not included in the multivariate analysis. Independent risk factors associated with persistent bacteremia were community-onset bacteremia, bone and joint infection, CVC-related infection, metastatic infection, and methicillin resistance (Table 3).

When the analysis was restricted to patients with MRSA bacteremia, patients with persistent bacteremia were more likely than those with resolving bacteremia to have community-onset infection (p = 0.02), a prosthetic device (p = 0.04), metastatic infection (p < 0.001), CVC-related infection (p = 0.007), bone and joint infection (p = 0.04), infective endocarditis (p < 0.001), and longer delays in the removal of eradicable focus (median, 1 d [IQR, 0-4 d] vs. 0 d [IQR, 0-2 d], p = 0.03) in the univariate analysis. All MRSA isolates were susceptible to daptomycin, linezolid, and teicoplanin by the Microscan automated system. Of 167 patients with MRSA bacteremia, 155 (92.8%) were initially treated with vancomycin, 6 (3.6%) with teicoplanin, and 6 (3.6%) with linezolid. Vancomycin MIC determination and hVISA tests were performed on 147 (94.8%) of the 155 MRSA isolates from patients initially treated with vancomycin. The overall vancomycin MIC distribution, determined by the Etest, was as follows: MIC of 0.75 mg/L, 9 isolates (6.1%); MIC of 1 mg/L, 33 isolates (22.4%); MIC of 1.5 mg/L, 72

	No. (%) of Patients			Multivariate Logistic Regression	
Characteristic	Persistent Bacteremia	Resolving Bacteremia	Univariate Analysis P	OR (95% CI)	Р
In S. aureus bacteremia*	(n = 76)	(n = 212)			
Community-onset bacteremia	32 (42.1)	65 (30.7)	0.07	2.91 (1.24-6.87)	0.01
Liver cirrhosis	7 (9.2)	43 (20.3)	0.03		NS
Prosthetic device	12 (15.8)	14 (6.6)	0.02		NS
Bone and joint infection	11 (14.5)	2 (0.9)	0.02	5.26 (1.45-19.03)	0.01
CVC-related infection	39 (51.3)	56 (26.4)	< 0.001	3.36 (1.47-7.65)	0.004
Infective endocarditis	10 (13.2)	3 (1.4)	< 0.001		NS
Peripheral catheter-related infection	1 (1.3)	28 (13.2)	0.02		NS
Metastatic infection	42 (55.3)	12 (5.7)	< 0.001	36.22 (12.71-103.23)	< 0.001
Methicillin-resistant isolate	65 (85.5)	102 (48.1)	< 0.001	16.99 (5.53-52.15)	< 0.001
In MRSA bacteremia†	(n = 65)	(n = 102)			
Community-onset bacteremia	23 (64.6)	19 (18.6)	0.02		NS
Prosthetic device	10 (15.4)	6 (5.9)	0.04		NS
Bone and joint infection	6 (9.2)	2 (2)	0.04		NS
CVC-related infection	38 (58.5)	38 (37.3)	0.007	4.17 (1.46-11.90)	0.008
Infective endocarditis	8 (12.3)	0	< 0.001		NS
Metastatic infection	34 (52.3)	2 (2)	< 0.001	39.83 (8.09-196.17)	< 0.001
Vancomycin trough level <15 mg/L§	40/54 (74.1)	34/75 (45.3)	0.001	4.25 (1.51-11.96)	0.006

TABLE 3. Multivariate Analysis of Risk Factors for Persistent Bacteremia

Abbreviations: NS = not significant.

\*This model fit the data well in terms of discrimination (C-index = 0.89) and calibration (Hosmer-Lemeshow goodness of fit statistic = 3.36, p = 0.91). †This model fit the data well in terms of discrimination (C-index = 0.87) and calibration (Hosmer-Lemeshow goodness of fit statistic = 7.34, p = 0.51). §Percentage of patients who received vancomycin therapy and for whom vancomycin trough levels were monitored.

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isolates (49%); MIC of 2 mg/L, 31 isolates (21.1%); and MIC of 3 mg/L, 2 isolates (1.4%). There were no significant differences in vancomycin MICs and heterogeneous vancomycin resistance between MRSA isolates in the persistent bacteremia and resolving bacteremia groups. However, patients with persistent bacteremia were significantly less likely to have an initial vancomycin trough level of  $\geq$ 15 mg/L (p = 0.001) and were more likely to have lower trough level/MIC, compared with patients with resolving bacteremia (p = 0.02). Results of the multivariate analysis indicated that independent risk factors associated with persistent MRSA bacteremia included CVC-related infection, metastatic infection, and vancomycin trough level <15 mg/L (see Table 3).

To evaluate the applicability of these risk factors for persistent bacteremia to intermediate duration of bacteremia, we compared patients with intermediate duration of bacteremia (excluded from the study) and patients with resolving bacteremia. In the univariate analysis, patients with intermediate duration of bacteremia were significantly more likely than patients with resolving bacteremia to have community-onset bacteremia, a prosthetic device, metastatic infection, and infective endocarditis; less likely to have peripheral catheter-related infection; and marginally more likely to have CVC-related infection and a methicillin-resistant isolate. Among patients with MRSA bacteremia, vancomycin MIC, hVISA, and initial vancomycin trough level were not significantly associated with intermediate duration of bacteremia. Results of the multivariate analysis indicated that independent risk factors associated with intermediate duration of bacteremia were the presence of a prosthetic device (OR, 3.36; 95% CI, 1.46-7.73), metastatic infection (OR, 10.49; 95% CI, 4.68-23.54), CVC-related infection (OR, 2.27; 95% CI, 1.23-4.18), and methicillin resistance (OR, 2.25; 95% CI, 1.24-4.09). There was considerable overlap in risk factors for persistent bacteremia and intermediate duration of bacteremia.

## **Outcomes of Patients With Persistent Bacteremia**

Patients with persistent bacteremia had significantly longer hospital stays after SAB and received longer antibiotic treatment than patients with resolving bacteremia (Table 4). Although there were no significant differences in crude mortality rates between the 2 groups, relapse rates of bacteremia and attributable mortality rates within 12 weeks after the day of the index blood culture were significantly higher in patients with persistent bacteremia (see Table 4).

#### **Risk Factors for Attributable Mortality**

We performed univariate and multivariate analysis of risk factors associated with attributable mortality to evaluate whether persistent bacteremia was independently associated with attributable mortality of SAB. Univariate analysis indicated that risk factors for attributable mortality were a high Charlson comorbidity index score, rapidly fatal or ultimately fatal disease, a high APACHE II score (Acute Physiology and Chronic Health Evaluation II), metastatic infection, infective endocarditis, and persistent bacteremia. Multivariate analysis indicated that rapidly fatal or ultimately fatal disease (OR, 7.31; 95% CI, 2.94-18.17; p < 0.001), infective endocarditis (OR, 4.35; 95% CI, 1.07-17.65; p = 0.04), and persistent bacteremia (OR, 2.78; 95% CI, 1.26-6.12; p = 0.01) were independent risk factors for attributable mortality. When we performed univariate and multivariate analysis of risk factors for attributable mortality as a cohort study (including all 483 patients with SAB), persistent bacteremia was still an independent risk factor (OR, 4.19; 95% CI, 1.81–9.68, p = 0.001).

# Genetic Determinants Associated With Persistent MRSA Bacteremia

MRSA isolates were analyzed in 159 (95.2%) of 167 patients with MRSA bacteremia (65 [100%] of 65 patients with persistent bacteremia and 94 [90.3%] of 103 patients with resolving bacteremia). Table 5 shows the genotypic characteristics of MRSA isolates responsible for persistent bacteremia and resolving bacteremia. Of 112 MRSA isolates with SCCmec type II, 110 (98.2%) had agr group II genotype; in contrast, of 34 MRSA isolates with SCCmec type IV, 32 (94.1%) had agr group I genotype. We found that agr dysfunction, as measured by the  $\delta$ -hemolysin assay, was present in 14.3% (6/42) and 90.9% (101/111) of MRSA isolates with agr group I and II, respectively (p < 0.001). A total of 7 sequence types contained in 3 CCs was present, and CC5 (present in 111 [69.8%, all of which were ST5] of 159 isolates) was the most common CC. There were no significant differences in genotype distribution and agr dysfunction in MRSA isolates between the 2 groups. Defective autolysis was similar in the 2 groups (26.2% [17/65] vs. 29.8% [28/94], respectively; p = 0.62).

Finally, we determined the distribution of putative virulence genes in our available MRSA isolates (Table 6). The results

Outcome	Persistent Bacteremia (n = 76) No. (%)	Resolving Bacteremia (n = 212) No. (%)	Р
Duration of antibiotic treatment (d)*, median (IQR)	47 (31–61)	16 (12.5–25)	< 0.001
Hospital duration after SAB (d), median (IQR)	39 (20.5–66)	20 (12–41)	< 0.001
Relapse of bacteremia within 12 wk <sup>†</sup>	7 (9.2)	5 (2.4)	0.02
In-hospital crude mortality	17 (22.4)	44 (20.8)	0.77
30-d mortality	12 (15.8)	33 (15.6)	0.96
12-wk mortality	18 (23.7)	56 (26.4)	0.64
Attributable mortality	16 (21.1)	20 (9.4)	0.009

TABLE 4. Outcomes of Patients With Persistent Bacteremia and Resolving Bacteremia

\*Patients who died during antibiotic therapy for SAB were excluded from the analysis (15 patients with persistent bacteremia and 23 patients with resolving bacteremia). Initially 96.4% of patients with MRSA bacteremia were treated with vancomycin (92.8%) or teicoplanin (3.6%). Linezolid-based salvage therapy was done in 61.5% of patients with persistent MRSA bacteremia (the other patients continued glycopeptide-based therapy).

 $\dagger$ Relapse of bacteremia within 12 wk after the day of index blood culture. The median time to relapse of bacteremia was 71 d (range, 48–83 d) in the persistent bacteremia group and 40 d (range, 19–65 d) in the resolving bacteremia group. Two patients with persistent bacteremia and 1 patient with resolving bacteremia died from relapse of bacteremia.

TABLE 5. Ger	otypes and agr Dysfunction Distribution in
<b>MRSA</b> Isolates	Responsible for Persistent Bacteremia
and Resolving	Bacteremia

Characteristic	Persistent Bacteremia (n = 65) No. (%)	Resolving Bacteremia (n = 94) No. (%)	Р
SCCmec type*			0.97
I	1 (1.6)	2 (2.1)	
II	45 (69.2)	67 (71.3)	
III	4 (6.2)	5 (5.3)	
IV	15 (23.1)	19 (20.2)	
Clonal complex (CC)			0.38
CC5	43 (69.2)	66 (70.2)	
CC8	20 (30.8)	25 (26.6)	
CC15	0	3 (3.2)	
agr Genotype†			0.31
Ι	19 (29.2)	23 (24.5)	
II	46 (70.8)	66 (70.2)	
III	0	1 (1.1)	
agr Dysfunction	44 (68.8)	63 (67)	0.82

\*In 1 isolate of resolving bacteremia, SCCmec was not detected by polymerase chain reaction.

<sup>†</sup>Four isolates in resolving bacteremia were nontypable.

indicated that some of these putative virulence genes (fnbA, fnbB, bbp, ebpS, sdrD, sdrE, clfA, clfB, lukDE, lukE, hla, hld, hlg2, icaA) were present in almost all isolates of both groups and that there were no significant differences in the presence of virulence genes of MRSA isolates causing persistent bacteremia and resolving bacteremia.

#### DISCUSSION

Persistent SAB that fails to respond to appropriate antibiotic therapy is a well-documented problem that is frequently encountered in the management of patients with SAB. Various definitions of persistent bacteremia have been proposed, but it is most often described as bacteremia that persists for 3–7 days.<sup>14,18,20,23,24,40,50,58</sup> SAB that persists for 7 days rather than 3 days of appropriate antibiotic therapy presents a greater challenge to physicians;<sup>17</sup> hence, many recent studies considered persistence as bacteremia  $\geq$ 7 days.<sup>28,32,33,48,59</sup> We therefore classified bacteremia that persists for  $\geq$ 7 days as persistent bacteremia.

Various factors may contribute to the development of persistent bacteremia: 1) clinical factors such as infection site or removal of infection focus, <sup>18,23,24,40,59</sup> 2) pharmacokinetic and pharmacodynamic characteristics of the antibiotic,<sup>28,40</sup> and 3) microbiologic and genotypic characteristics of S. aureus. 14,20,26,48 Several studies have investigated risk factors for persistent bacteremia, but most were retrospective analyses and focused on either clinical factors or microbiologic factors, 18,20,26,40,48,58,59 not both. A previous prospective comparative study14 examined persistent bacteremia caused by MRSA, but enrolled a small number of patients and focused on microbiologic factors of MRSA isolates. Khatib et al<sup>23,24</sup> performed prospective observational analyses of persistent bacteremia, but they did not perform comparative analyses of patients with persistent bacteremia and resolving bacteremia, and they investigated clinical risk factors only for persistent bacteremia. The present study is a large case-control study nested in a prospective cohort of patients with SAB, where we investigated the association of persistent bacteremia with clinical factors, vancomycin pharmacokinetics, microbiologic, and genotypic factors of the isolates.

The results of the present study indicate that the independent risk factors for persistent bacteremia were community-onset bacteremia, bone and joint infection, CVC-related infection, metastatic infection, and methicillin resistance. In patients with an eradicable focus, delay (>3 d) in the removal of the infection

TABLE 6.	Association	Between	Putative	Virulence	Genes
of MRSA I	solates and	Persistent	Bacterer	nia	

	Persistent Bacteremia	Resolving Bacteremia	
Gene	(n = 65) No. (%)	(n = 94) No. (%)	Р
Adhesins			
fnbA	65 (100)	94 (100)	NA
fnbB	64 (98.5)	92 (97.9)	0.99
bbp	61 (93.8)	92 (97.9)	0.23
ebpS	63 (96.9)	91 (96.8)	0.99
map/eap	3 (4.6)	5 (5.3)	0.99
sdrC	50 (76.9)	81 (86.2)	0.13
sdrD	60 (92.3)	92 (97.9)	0.12
sdrE	63 (96.9)	90 (95.7)	0.99
clfA	65 (100)	94 (100)	NA
clfB	65 (100)	94 (100)	NA
can	0	0	NA
Toxins			
sea	5 (7.7)	6 (6.4)	0.76
seb	0	0	NA
sec	43 (66.2)	63 (67)	0.91
sed	0	0	NA
see	0	0	NA
seg	60 (92.3)	86 (91.5)	0.85
seh	0	0	NA
sei	58 (89.2)	83 (88.3)	0.86
sej	0	0	NA
sek	6 (9.2)	5 (5.3)	0.36
sel	50 (79.8)	75 (79.8)	0.67
sem	59 (90.8)	85 (90.4)	0.94
sen	58 (89.2)	84 (89.4)	0.98
seo	60 (92.3)	85 (90.4)	0.68
sep	1 (1.5)	3 (3.2)	0.65
seq	5 (7.7)	4 (4.3)	0.49
eta	0	0	NA
etb	0	0	NA
lukDE	64 (98.5)	90 (95.7)	0.65
lukM	0	0	NA
lukE	64 (98.5)	93 (98.9)	0.99
TSST1	44 (67.7)	66 (70.2)	0.74
hla	60 (95.4)	92 (97.9)	0.40
hlb	37 (56.9)	54 (57.4)	0.95
hld	62 (98.5)	93 (98.9)	0.99
hlg	14 (21.5)	14 (14.9)	0.28
hlg2	65 (100)	90 (95.7)	0.15
pvl	1 (1.5)	1 (1.1)	0.99
Other putative virulence genes			
icaA	65 (100)	94 (100)	NA
edin	0	0	NA

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focus was also significantly associated with persistent bacteremia. In patients with persistent bacteremia due to CVC-related infection, all infected CVCs were removed, and the median time to removal of CVC after bacteremia was 1 day (IQR, 0-2.5d). Nonetheless, bacteremia persisted for  $\geq 7$  days even after removal of CVC in 87.2% of patients. In these patients, complications of CVC-related infection such as metastatic infection, suppurative thrombophlebitis, and infective endocarditis could have contributed to persistent bacteremia. Our univariate analysis indicated that infective endocarditis was significantly associated with persistent bacteremia, but this association was not significant in our multivariate analysis, probably because of its significant relationship with community-onset bacteremia and metastatic infection (p = 0.01 and p < 0.001, respectively). In contrast to previous studies,<sup>18,23,24,40</sup> our results indicated that community-onset bacteremia was a significant risk factor for persistent bacteremia. In the present study, patients with community-onset bacteremia were significantly more likely to have metastatic infection, infective endocarditis, and bone and joint infection than patients with nosocomial bacteremia. Therefore, these risk factors for persistent bacteremia could contribute to the association between community-onset bacteremia and persistent bacteremia. An additional possible explanation is that community-onset bacteremia could have more deep-seated or extensive infection due to a longer interval from infection to detection of bacteremia and adequate treatment, compared with nosocomial bacteremia.13,22,41

Among patients in the current study with MRSA bacteremia, the independent risk factors for persistent bacteremia were CVCrelated infection, metastatic infection, and vancomycin trough level <15 mg/L. Among patients with an eradicable focus, longer delays in the removal of the infection focus were also significantly associated with persistent MRSA bacteremia (p = 0.03). Our results indicated that vancomycin MICs, hVISA phenotype, genotypic characteristics, and agr dysfunction of MRSA isolates were not significantly associated with persistent bacteremia.

There has been a controversy as to whether high vancomycin MIC (MIC >1 mg/L) and hVISA phenotype of MRSA are associated with worse clinical outcomes, including mortal-ity and vancomycin treatment failure.<sup>2,25,28,34,39,51,54</sup> Similarly, there has been a controversy as to whether high vancomycin MIC and hVISA phenotype are associated with persistent bac-teremia.<sup>2,14,18,25,48,59</sup> A 2012 meta-analysis of 22 studies reported that high vancomycin MIC (especially by Etest methodology) was significantly associated with a higher mortality rate and vancomycin treatment failure in MRSA bacteremia.53 However, when the analysis was limited to studies that examined persistent bacteremia, high vancomycin MIC was not significantly associated with persistence (OR, 2.44; 95% CI, 0.72-8.24; p = 0.15).53 Because high vancomycin MIC is associated with vancomycin treatment failure, it would be expected that high vancomycin MIC would be associated with persistent bacteremia. However, this association was not found in the meta-analysis or in the current study. There are several possible explanations for this discrepancy. First, clinical factors such as site of infection, severity of infection, and non-removal of the eradicable focus could be more important risk factors for persistence than high vancomycin MIC. Second, because the definitions of treatment failure are usually composite endpoint including persistent bacteremia,53 the impact of high vancomycin MIC could be more evident in treatment failure. Third, the high proportion (about 60%-70%) of MRSA isolates with high vancomycin MIC in our study and previous studies,<sup>2,34</sup> could make no significant difference for persistent bacteremia according to vancomycin MIC.

Several small comparative studies have examined phenotypic and genotypic characteristics of MRSA isolates causing persistent bacteremia, and the results have been inconsistent.<sup>14,48,58</sup> In these studies, hVISA phenotype was not detected, and factors associated with persistent bacteremia were specific agr genotype, agr dysfunction, some virulence genes, and resistance to host defense cationic peptides, not high vancomycin MIC. After comparing the presence of 33 virulence genes among 39 MRSA isolates causing persistent and resolving bacteremia, Xiong et al<sup>58</sup> found that the presence of tst was significantly associated with persistent bacteremia, and the presence of sdrD and sdrE was significantly associated with resolving bacteremia. In another small comparative study, Seidl et al48 found that except for sspA, there were no significant differences between the persistent bacteremia and resolving bacteremia strain sets with regard to the presence or absence of the other 29 virulence genes. Although not a comparative study, Lalani et al<sup>29</sup> reported that the presence of seg was significantly associated with persistent bacteremia. However, we did not find any virulence genes associated with persistent bacteremia despite comparing a relatively large number of MRSA isolates. Our comparative study suggests that clinical factors, including infection site and management of bacteremia, contribute more to the development of persistent MRSA bacteremia than previously known microbiologic factors.

In the United States, the predominant strain of communityassociated MRSA (CA-MRSA) is a Panton-Valentine leukocidin (PVL)-positive SCCmec type IV stain (pulsed-field type USA300), whereas in Korea, the most common CA-MRSA strain is ST72-SCCmec type IV without PVL genes.<sup>8,27</sup> In the current study, there were no PVL-positive SCCmec type IV MRSA isolates, and only 2 MRSA isolates carrying SCCmec type I had PVL genes. One might say that these differences in the presence of PVL genes could affect interpretation of our data. However, according to recent studies,<sup>3,31</sup> PVL is not an important virulence factor, but appears to be a marker of CA-MRSA strain. Therefore, the absence or presence of PVL is probably not an important factor for persistent MRSA bacteremia.

Limited data are available on the association of vancomycin trough concentrations and clinical efficacy,19,28 although recent guidelines recommend targeting a trough level of 15-20 mg/L in patients with serious MRSA infections such as bacteremia, infective endocarditis, osteomyelitis, and pneumonia.33,46 The ratio of the area under the curve to the MIC (AUC/MIC) ≥400 is the pharmacodynamic parameter that best predicts the ef-ficacy of vancomycin.<sup>28,33</sup> By performing a series of Monte Carlo simulations, Patel et al<sup>43</sup> found that when vancomycin trough levels were between 15 and 20 mg/L, the probability of achieving an AUC/MIC ratio ≥400 was 100% in various dosing regimens when the vancomycin MIC was  $\leq 1 \text{ mg/L}$ , but was <50% with a MIC of 2 mg/L. The probability of nephrotoxicity was 14%-34% with a daily vancomycin dose of 4 g. Therefore, they suggested that vancomycin trough levels in excess of 15 mg/L are not always necessary to provide an AUC/MIC ratio  $\geq$ 400 if the vancomycin MIC is  $\leq$ 1 mg/L, and that vancomycin may not be optimal for serious MRSA infections with the MIC >1 mg/L. However, clinical data to support vancomycin trough levels between 10-15 mg/L if the vancomycin MIC is  $\leq 1$  mg/L are limited. Kullar et al<sup>28</sup> reported that independent predictors of vancomycin failure were initial vancomycin trough levels <15 mg/L and vancomycin MIC >1 mg/L by Etest in 320 patients with MRSA bacteremia. They did not evaluate the association with vancomycin treatment failure and initial vancomycin trough levels stratified by vancomycin MIC. In their study, 13% of patients with vancomycin trough levels of

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15-20 mg/L experienced nephrotoxicity. Hidayat et al<sup>19</sup> demonstrated that vancomycin doses targeting an unbound trough level/MIC of  $\geq$ 4 (trough level/MIC of  $\geq$ 8 based on 50% protein binding of vancomycin) significantly improved initial response rates in patients with MRSA infections and concluded that vancomycin dose should be adjusted so that the trough level is at least 15 mg/L. Similar to that study,<sup>19</sup> our results indicate that lower initial trough level/MIC and trough levels <15 mg/L are associated with persistent bacteremia. Higher loading doses of vancomycin achieve appropriate levels, but at the risk of nephrotoxicity (12%-35%).19,28,35,43,46 Based on the studies mentioned above, in patients with persistent MRSA bacteremia despite vancomycin therapy at recommended dosing and adequate source control, an early change to alternative anti-MRSA agents should be considered for isolates with vancomycin MIC  $\geq 2$  mg/L by Etest.<sup>9,33,53</sup> Recent practice guidelines recommend high-dose daptomycin (10 mg/kg per d) if the isolate is susceptible, sometimes in combination with another agent, or other anti-MRSA agents (single or in combination) as an alternate regimen in the setting of persistent MRSA bacteremia and vancomycin treatment failure.<sup>33</sup> Other alternative anti-MRSA agents include linezolid, telavancin, ceftaroline, trimethoprim-sulfamethoxazole, and quinupristin-dalfopristin. Because clinical data supporting these recommendations are limited, clinical studies comparing these alternative regimens for persistent MRSA bacteremia are needed.

We found that persistent bacteremia was significantly associated with worse clinical outcomes. Patients with persistent bacteremia had significantly longer hospitalizations, higher relapse rates, and higher attributable mortality rates than patients with resolving bacteremia. However, despite the increase in morbidity due to persistent bacteremia, we found no significant increase in crude mortality, as Yoon et al<sup>59</sup> previously reported. Patients with SAB are usually elderly and commonly have 1 or more comorbidities that could affect mortality, including liver cirrhosis, chronic renal failure requiring hemodialysis, and malignancy,<sup>18,22,40,44,51,54</sup> so persistent bacteremia would be expected to have less impact on crude mortality in these patients. Although the proportion of patients with malignancy was higher in the current study (50%) than in previous studies (about 20%-25%),18,22,44,51 the McCabe and Jackson score (reflecting the prognosis of underlying disease) and the Charlson comorbidity index (reflecting the severity of underlying disease) in our study were comparable to those in previous studies.<sup>1,40,51,52</sup> Hawkins et al<sup>18</sup> reported that persistent bacteremia was significantly associated with crude and attributable mortality, although their multivariate analysis indicated that persistent bacteremia was not an independent risk factor for crude mortality. Yoon et al<sup>59</sup> also reported that persistent bacteremia was not associated with crude mortality but was associated with infection-caused mortality. Our multivariate analysis indicated that persistent bacteremia was an independent risk factor for attributable mortality. Therefore, when SAB develops in a patient with risk factors for persistent bacteremia, we suggest implementing aggressive interventions, such as early infection source control, extensive workup and control for metastatic infections, and assurance of adequate vancomycin trough level, to reduce morbidity and mortality.

The current study has several limitations. Despite the use of a prospective cohort, patients with persistent bacteremia were more likely to undergo further diagnostic testing, including echocardiography, and this may have resulted in a bias toward the detection of increased numbers of sites of infection and infective endocarditis. In addition, because our study was performed in a tertiary center, microbiologic and genotypic characteristics of MRSA isolates would be expected to be different from those of previous studies due to clonal and geographic issues. Finally, for the assessment of genotypic characteristics of MRSA isolates, we tested only the presence of virulence genes, rather than the expression of these genes. The level of expression of certain virulence genes may be associated with persistent bacteremia, and further research is warranted.

In summary, our results indicated that many patients (15.7%) with SAB, particularly those with community-onset bacteremia, bone and joint infection, CVC-related infection, metastatic infection, MRSA isolates, and late source control, have persistent bacteremia despite 7 days of antibiotic treatment. Persistent bacteremia causes high rates of morbidity and attributable mortality, so early aggressive treatment strategies, such as early source control and higher vancomycin trough levels (≥15 mg/L), should be implemented in patients with risk factors for persistent bacteremia. We found no phenotypic or genotypic characteristics of MRSA to be associated with persistent bacteremia, although more research on this topic is needed.

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