# Review Article **The Biphasic Role of Microglia in Alzheimer's Disease**

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Neuroinflammation is involved in the pathogenesis of Alzheimer's disease (AD). Microglia, macrophage-like resident immune cells in the brain, play critical roles in the inflammatory aspects of AD. Microglia may be activated by oligomeric and fibrillar species of amyloid  $\beta$  (A $\beta$ ) that are constituents of senile plaques and by molecules derived from degenerated neurons, such as purines and chemokines, which enhance their migration and phagocytosis. The main neurotoxic molecules produced by activated microglia may be reactive oxygen species, glutamate, and inflammatory cytokines such as tumor-necrosis-factor- $\alpha$  and interleukin- (IL-) 1 $\beta$ These molecules differentially induce neurotoxicity. A $\beta$  itself directly damages neurons. In terms of neuroprotective properties, microglia treated with fractalkine or IL-34 attenuate A $\beta$  neurotoxicity by A $\beta$  clearance and the production of antioxidants. Therefore, regulation of the microglial role in neuroprotection may be a useful therapeutic strategy for AD.

## 1. Introduction

Microglia, macrophage-like immune cells in the central nervous system (CNS), cluster around the senile plaques that along with polymorphous amyloid  $\beta$  (A $\beta$ ) deposits are the pathological hallmarks of Alzheimer's disease (AD). Microglia have a biphasic neurotoxic-neuroprotective role in the pathogenesis of AD. In regard to their neurotoxic properties, microglia may be involved in the inflammatory component of AD [1, 2]. In AD, the trigger molecule for microglial activation may be  $A\beta$  and molecules derived from degenerated neurons may enhance microglial neurotoxicity [3]. A $\beta$ exists in different assembly forms including monomers, oligomers, and fibrils. Both oligomeric A $\beta$  (oA $\beta$ ) and fibrillar A $\beta$  (fA $\beta$ ) have been shown to stimulate microglial secretion of proinflammatory cytokines such as interleukin-1 (IL-1), IL-6, and tumor-necrosis-factor- $\alpha$  (TNF- $\alpha$ ); chemokines including monocyte chemotactic-1 (MCP-1) and macrophage inflammatory protein-1 (MIP-1); complement components; free radicals such as reactive oxygen species (ROS), including superoxide anions and hydroxy radicals [4, 5]. Glutamate also plays an important role in microglial neurotoxicity in AD. Activated microglia produce large amounts of glutamate, which induces excitotoxicity via N-methyl-D-aspartate (NMDA) receptor signaling [6–9].

Chronic activation of extrasynaptic NMDA receptors leads to increased  $A\beta$  production [10].

 $A\beta$  itself is toxic to neurons in AD, with  $oA\beta$  being more toxic than  $fA\beta$  (Figure 1). The toxicity of  $oA\beta$  manifests itself in terms of synaptic dysfunction, including inhibition of hippocampal long-term potentiation, facilitation of long-term depression, and disruption of synaptic plasticity [11, 12]. It is therefore necessary to evaluate microglial neurotoxicity apart from  $A\beta$  neurotoxicity.

In regard to its neuroprotective properties, microglia attenuate  $A\beta$  neurotoxicity by  $A\beta$  clearance, including phagocytosis and degradation of  $A\beta$  and the production of antioxidants and neurotrophic factors [13–15]. In the present paper, we focus on the trigger molecules that mediate microglial activation and the mechanisms of microglial neurotoxicity mediated by ROS glutamate, and inflammatory cytokines. We also discuss the neuroprotective role of microglia in AD.

# 2. The Trigger Molecules That Mediate Microglial Activation

2.1. Fibrillar  $A\beta$ .  $A\beta$ , the key mediator of AD, is processed from the amyloid precursor protein (APP). The most common isoforms are  $A\beta$ 1-40 and  $A\beta$ 1-42, which are the



FIGURE 1:  $A\beta$  neurotoxicity.  $A\beta$  is derived from APP by enzymatic cleavage.  $A\beta$  consists of 40 or 42 amino acids.  $A\beta$ 40 is soluble and of lower toxicity, but  $A\beta$ 42 is prone to aggregate and form fibrillar structures via oligomers (a). Oligomeric  $A\beta$  ( $\alpha\beta\beta$ 42) and fibrillar  $A\beta$  ( $fA\beta$ 42) are detected by western blotting and an electron microscope (b). Administration of  $5 \mu M \alpha \beta \beta$ 42 to cortical cultures induces significant neuronal death. In contrast, administration of  $fA\beta$ 42 does not induce neuronal cell death, although  $A\beta$  deposition is observed on dendrites (c).

major constituents of senile plaques. A $\beta$ 1-42 is more prone to aggregate than A $\beta$ 1-40. Initial A $\beta$  deposition begins with A $\beta$ 1-42, but not with A $\beta$ 1-40. In the process of A $\beta$ 1-42 aggregation, many types of soluble  $oA\beta$  are formed: dimers, trimers, tetramers, dodecamers, A $\beta$ -derived diffusible ligands, and annular protofibrils [16-18]. Stimulation of microglia with  $fA\beta$  reportedly results in the Syk kinase- and NF $\kappa$ B-dependent production of TNF- $\alpha$ , iNOS, and peroxynitrite [19]. However, the ability of  $fA\beta$  to activate microglia is generally low or absent when  $fA\beta$  is used as the sole stimulant. Recent reports have clarified that  $fA\beta$  can activate microglia via Toll-like receptor 2 (TLR2) [20] or interaction with cell surface receptor complexes. TLR2, TLR4, and TLR6 have been shown to be essential components of the receptor complexes for microglial activation. The coreceptor CD14 and TLR2 and 4 complex is required for  $fA\beta$ -stimulated microglial activation [21]. The class B scavenger receptor CD36 and TLR4 and 6 complex is also involved in the activation of microglia by  $fA\beta$ . The signals mediated by this receptor complex induce IL-1 $\beta$  production in microglia [22].

2.2. Oligomeric  $A\beta$ . The patterns of microglial activation caused by  $fA\beta$  and  $oA\beta$  are different. In addition, studies of microglial activation with  $oA\beta$  have yielded controversial results.  $oA\beta$  activates microglia by increasing levels of phosphorylated Lyn, Syk kinase, and p38 MAP kinase, which results in the production of IL-6 and a decrease in MCP-1 [23]. On the other hand,  $oA\beta$  does not produce several proinflammatory mediators commonly induced by lipopolysaccharides (LPS), such as prostaglandin E2, glutamate, TNF- $\alpha$ , IL-1 $\beta$ , and IL-6. There is a report that oA $\beta$  at low nanomolar concentrations induces neurotoxicity by increasing the production of nitric oxide (NO) as well as the activity of scavenger receptor A and the Ca<sup>2+</sup>-activated potassium channel KCa3.1 [24].  $oA\beta$  induces neuronal ROS through a mechanism requiring NMDA receptor activation [25]. ROS is also induced by  $fA\beta$  and  $oA\beta$  in microglia [26]. In contrast to the above reports, our data showed that both  $fA\beta$  and  $oA\beta$  failed to induce toxic molecules such as TNF- $\alpha$ , NO, and glutamate in microglia and to enhance these molecules in LPS-activated microglia (Figure 2) [15]. The synthetic  $oA\beta$  that is used



FIGURE 2: Inflammatory molecules produced by  $A\beta$ - or LPS-activated microglia. In primary microglial culture, administration of  $5 \mu M$  oA $\beta$ 42 or  $5 \mu M$  fA $\beta$ 42 for 24 h does not induce the production of neurotoxic mediators such as TNF- $\alpha$ , glutamate, or nitrite, a stable breakdown product of NO. While microglia activated with  $1 \mu g/mL$  LPS produce these molecules, both oA $\beta$ 42 and fA $\beta$ 42 do not enhance the production.

for in vitro studies contains oligomers of different sizes and shapes, and microglia may respond to this heterogeneous  $oA\beta$  mixture in various ways. Moreover, synthetic  $oA\beta$  preparations are less potent than  $oA\beta$  isolated from the supernatant of transfected cell cultures.

2.3. The Molecules Derived from Degenerated Neurons. Recent findings have indicated that damaged neurons are not merely passive targets of microglia but rather regulate microglial activity through nucleotides and chemokines [27]. Damaged neurons release several substances that activate microglia, for instance purines, including ATP [28] and UDP [29]; chemokines, such as CCL-21 [30]; glutamate [31]. However, these molecules do not always induce microglial neurotoxicity. ATP regulates microglial branch dynamics and mediates a rapid microglial response toward injured neurons. UDP triggers microglial phagocytosis via P2Y6 receptors. The chemokine CCL-21, released by damaged neurons, activates microglia via the CXCR3 receptor. Excessive neuronal glutamate is released as a result of neurodegenerative processes. Microglial cells express the AMPA and kainate subtypes of ionotropic glutamate receptors [32]. Metabotropic glutamate (mGlu) receptor 2, mGlu3, and mGlu5 are expressed in microglia [33, 34]. Glutamate serves as an activation signal for microglia, and activation of mGluR2 on microglia promotes neurotoxicity. However, microglial mGluR5 provides neuronal protection by suppressing the NO and TNF- $\alpha$  production induced by blood protein fibrinogen [34].

## 3. The Neurotoxic Molecules Produced by Microglia

3.1. ROS. Oxidative damage to protein, lipids, polysaccharides, and DNA is involved in the pathogenesis of AD [35]. The expression of NADPH oxidase, a multisubunit enzyme complex responsible for the production of ROS, is upregulated in AD [36]. Microglial NADPH oxidase is activated by fA $\beta$  [37, 38], and NADPH oxidase activation subsequently causes neurotoxicity through two mechanisms: (1) extracellular ROS produced by microglia are directly toxic to neurons, and (2) intracellular ROS function as a signaling mechanism in microglia to amplify the production of several proinflammatory and neurotoxic cytokines [39]. ROS are induced in the mitochondrial membranes of both neurons and microglia, causing subsequent oxidative damage in the early stages of disease progression. Loss of mitochondrial membrane potential and increase of ROS production have been demonstrated in studies of AD patients as well as in transgenic mice models of AD [40, 41]. An increase in hydrogen peroxide and a decrease in cytochrome oxidase activity were found in young Tg2576 mice prior to the appearance of A $\beta$  plaques [40]. Oxidative stress has been shown to contribute to the onset of cognitive dysfunction caused by  $A\beta$  [42].

A recent report showed that  $fA\beta$  and  $oA\beta$  induced ROS in microglia through the TRPV1 cation channel, also known as the capsaisin receptor, and that pretreatment with  $fA\beta$ or  $oA\beta$  induced microglial priming through Kv1.3 K(+) channels, that is, increased ROS production upon secondary stimulation with the phorbol ester PMA [26]. The translocation of chloride intracellular channel 1 from the cytosol to the plasma membrane is also involved in microglial ROS generation [43].

Neuronal ROS induced by  $A\beta$  can be selectively dysfunctional as well as degenerative. Overstimulation of excitatory NMDA receptors can lead to excessive ROS. Antioxidative enzyme heme oxygenase-1 (HO-1) is a microsomal enzyme that oxidatively cleaves heme to produce biliverdin, carbon monoxide, and iron [44].  $A\beta$  binds to heme to promote a functional heme deficiency and induces mitochondrial dysfunction and neurotoxicity [45]. APP also binds to HO, and oxidative neurotoxicity is markedly enhanced in cerebral cortical cultures from APP Swedish mutant transgenic mice [46].

3.2. Glutamate. Activated microglia release large amounts of glutamate through upregulation of glutaminase expression and induce excitoneurotoxicity through NMDA receptor signaling [7, 47, 48]. Microglial glutamate production is reported to be induced by APP, but not A $\beta$  [48]. Excessive glutamate increases Ca2+ influx via the NMDA receptor, resulting in Ca<sup>2+</sup>/calmodulin-dependent protein kinase (CaMK) activation. NO induced by CaMK inhibits mitochondrial function. Stimulation of synaptic NMDA receptors enhances prosurvival signals through the activation of cAMP response element-binding protein (CREB) and the extracellular signal-regulated kinase (ERK) cascade [49, 50], whereas calcium flux through extrasynaptic NMDA receptors overrides these functions, causing mitochondrial dysfunction and neuronal cell death [51, 52]. A recent report suggested that chronic activation of extrasynaptic NMDA receptors leads to sustained neuronal  $A\beta$  release via amyloidogenic APP expression [53].

Focal bead-like swelling in dendrites and axons, known as neuritic beading, is a neuropathological sign that is a feature of neuronal cell dysfunction preceding neuronal death in various diseases such as ischemia, epilepsy, brain tumor, and AD [54-57]. We found that glutamate from activated microglia induces neuritic beading by impairing dendritic and axonal transport through NMDA receptor signaling [7]. Moreover, we demonstrated that gap junction hemichannels are the main avenue of excessive glutamate release from neurotoxic activated microglia [6]. The blockade of gap junction hemichannels by glycyrrhetinic acid derivatives significantly prevents activated microglia-mediated neuronal death in vitro [7, 58, 59] and in vivo in rodent models of transient ischemic brain injury, multiple sclerosis, amyotrophic lateral sclerosis, and AD [60-62]. In the APP/PS1 transgenic mouse model of AD, glycyrrhetinic acid derivatives improved memory impairments without altering A $\beta$  deposition [62].

 $oA\beta$  is directly neurotoxic as a result of inducing glutamate release from hippocampal neurons and may contribute to dysregulation of excitatory signaling in neurons [63].

3.3. Inflammatory Cytokines.  $oA\beta$ , but not  $fA\beta$ , has been shown to increase levels of TNF- $\alpha$  and IL-1 $\beta$  in rat microglial cultures [64]. However, gene expression analysis of microglia using cDNA arrays has confirmed that the upregulation of TNF- $\alpha$  and IL-1 $\beta$  is caused by both oA $\beta$  and fA $\beta$  [65]. TNF- $\alpha$ is a well-characterized proinflammatory cytokine involved in many neuroinflammatory cascades, including autocrine activation of microglia [66] and direct apoptosis via activation of extrinsic pathway-associated TNF receptors [67, 68]. TNF- $\alpha$ enhances microglial glutaminase expression, glutamate production, and cell-surface expression of gap junction hemichannels [6]. Synergistic and autocrine activities of TNF- $\alpha$ may cause the release of large amounts of glutamate, resulting in excitotoxic neuronal death [69]. TNF- $\alpha$  has been shown to directly upregulate the expression of the AMPA receptor GluR1 subunit in mouse hippocampus and cerebral

cortex neurons [70] and to exacerbate AMPA-induced neuronal death at high doses [71]. TNF- $\alpha$  has also been reported to enhance excitotoxicity through synergistic stimulation of the TNF and NMDA receptors [72].

IL-1 $\beta$  is known to be a driving force in the inflammatory process in AD, and it promotes the synthesis and processing of APP [73]. IL-1 $\beta$  affects ion currents, intracellular Ca<sup>2+</sup> homeostasis, and membrane potentials and suppresses longterm potentiation, thus contributing to dysfunction and inflammation [74]. A recent report indicated that the cytoplasmic receptor NALP3 inflammasome is involved in the innate immune response in AD [75]. Activation of the microglial NALP3 inflammasome is initiated by phagocytosis of fA $\beta$ and induces lysosomal damage and cathepsin B release. Moreover, it leads to the cleavage of pro-IL-1 $\beta$ /pro-IL-18 into IL-1 $\beta$ /IL-18 by caspase-1. Subsequently, IL-1 $\beta$  activates the secretion of several proinflammatory and chemotactic mediators [75].

Wnt signaling plays an important role in neural development, including synaptic differentiation. Wnt 5a and its receptor Frizzled-5 have been shown to be upregulated in the AD mouse brain [76], and activation of Wnt5a signaling enhances  $A\beta$ -evoked neurotoxicity by induced TNF- $\alpha$  and IL-1 $\beta$  [76]. In contrast, postsynaptic damage induced by oA $\beta$  in hippocampal neurons is reported to be prevented by Wnt5a [77]. This discrepancy can be explained by the fact that basal Wnt5a has synaptoprotective activity, but excessive Wnt5a may induce proinflammatory factors.

#### 4. Phagocytosis of Microglia

Microglial phagocytosis of neuronal debris and  $A\beta$  plays a pivotal role in AD. Phagocytosis is associated with inflammation during uptake of microbes via TLRs and Fc receptors, while phagocytosis of apoptotic cells is executed without inflammation via phosphatidylserine receptors such as T-cell-immunoglobulin-mucin-4 (TIM-4) [78, 79]. Milkfat-globule-EGF-factor-8 (MFG-E8), secreted by activated microglia or macrophages, also binds to phosphatidylserine exposed on plasma membranes of apoptotic cells [80, 81]. Phagocytosis with inflammation may be toxic to neurons because of the production of inflammatory molecules such as proinflammatory cytokines, NO, and ROS. However, phagocytosis of A $\beta$  contributes to microglial neuroprotection in AD. Peptidoglycan, the TLR2 ligand, and unmethylated DNA CpG motifs, the TLR9 ligand, increase  $A\beta$  phagocytosis through protein-coupled formyl peptide receptor-like 2 [82, 83]. Similarly, LPS, the TLR4 ligand, increases phagocytosis through the CD14 receptor [84]. TLR4 mutation exacerbates the A $\beta$  burden in mouse models of AD [85].

## 5. Molecules Able to Induce Microglial Neuroprotective Properties

5.1. Fractalkine. Degenerating neurons produce signaling molecules that regulate microglial phagocytosis and neuro-protection. Some of this signaling may be controlled by chemokines and chemokine receptors, which are widely



FIGURE 3: A $\beta$  toxicity in neurons and microglia. A $\beta$  is directly toxic to neurons by ROS, and enhances the production of microglia-derived neurotoxic molecules such as glutamate, TNF- $\alpha$ , and IL-1 $\beta$ . Glutamate from degenerated neurons also induces microglial neurotoxicity. IL-34 and FKN induce microglial neuroprotection via A $\beta$  clearance and antioxidant activity.

expressed throughout the central nervous system [86]. We have shown that the soluble CX3C chemokine fractalkine (FKN), secreted from damaged neurons, promotes microglial phagocytosis of neuronal debris through the release of MFG-E8 and induces the expression of the antioxidant enzyme HO-1 in microglia, resulting in neuroprotection against glutamate toxicity [87]. The end-products of HO-1 including biliverdin, carbon monoxide, and iron provide cellular and tissue protection through antiinflammatory, antiapoptotic, or antioxidative effects [88]. Numerous studies have demonstrated that upregulation of HO-1 expression in the CNS may be beneficial to counteract neuroinflammation and neurodegenerative diseases [89]. The neuroprotective effect of FKN is abolished by treatment with the HO-1 inhibitor tin-mesoporphyrin IX (SnMP). Moreover, FKN suppresses microglial NO, IL-6, and TNF- $\alpha$  production [90]. FKN signaling is deficient in AD brains and is downregulated by A $\beta$ . CX3CR1, the fractalkine receptor, is a key member of the microglial pathway that protects against AD-related cognitive deficits that are associated with aberrant microglial activation and elevated inflammatory cytokines [91]. Mice lacking the CX3CR1 receptor show cognitive dysfunction as demonstrated by contextual fear conditioning and Morris water maze tests, deficits in motor learning, and a significant impairment in long-term potentiation via increase in IL-1 $\beta$ [92]. CX3CR1 deficiency worsens the AD-related neuronal and behavioral deficits [91]. In contrast, CX3CR1 deficiency is reported to reduce  $A\beta$  deposition in AD mouse models [93]. Thus, FKN-CX3CR1 signaling in AD is still controversial.

5.2. IL-34. The dimeric glycoprotein IL-34, which is mainly expressed in neurons, may also be a neuronal cytokine that regulates microglial function. The major function of IL-34 is to stimulate the differentiation and proliferation of monocytes and macrophages via the colony-stimulating-factor-(CSF-) 1 receptor [94]. We have shown that IL-34 induces

microglial proliferation and antioxidant HO-1 production and enhances the degradation of  $A\beta$  via insulin degrading enzyme (IDE) (also known as  $A\beta$  degrading enzyme) and that IL-34 reduces the amount of  $oA\beta$  and ROS present in the supernatant of neuron-microglia cocultures, resulting in microglial neuroprotection against  $oA\beta$  toxicity [95]. IDE activity is critical in determining the level of A $\beta$ . The levels of hippocampal IDE protein and activity have been shown to be reduced in AD [96]. Enhanced IDE activity in IDE/APP double-transgenic mice decreased A $\beta$  levels and prevented the development of AD pathology [97]. Moreover, single intracerebroventricular injection of IL-34 effectively suppressed the impairment of associative learning in an APP/PS1 transgenic mouse model of AD [95]. The injection of IL-34 may act directly on microglia, which can rapidly eliminate  $oA\beta$  via upregulation of IDE and exert antioxidant effect via HO-1.

5.3. *M*-*CSF*. CSF-1, also known as macrophage colonystimulating factor (M-CSF), is another ligand of the CSF-1 receptor. M-CSF enables the acidification of macrophage lysosomes and subsequently the degradation of internalized  $A\beta$  [98]. Intraperitoneal injection of M-CSF prevents memory disturbance in APP/PS1 mice by inducing microglial phagocytosis of  $A\beta$  [99]. A recent report showed that IL-34 and M-CSF differ in their structure and the CSF-1 receptor domains that they bind, causing different bioactivities and signal activation kinetics [100]. Both IL-34 and M-CSF are useful molecules in terms of inducing microglial neuroprotective properties.

5.4. CpG. TLR9, which is located in the intracellular endosomal-lysosomal compartment in innate immune cells, detects single-stranded DNA containing unmethylated CpG. Microglia express TLR9 at higher levels than do astrocytes and neuronal cells. Thus, CpG mainly acts on microglia in the CNS. We have also shown that microglia activated by CpG attenuate oA $\beta$  neurotoxicity [15]. While high concentrations of CpG (10 $\mu$ M) induce TNF- $\alpha$ , IL-12, and NO in microglia and enhance neuronal damage [101, 102], lower concentrations of CpG (1 nM–100 nM) enhance microglial phagocytosis of A $\beta$  without inflammation. Intracerebroventricular administration of CpG ameliorates both the cognitive impairments induced by oA $\beta$  and the impairment of associative learning in a Tg2576 mouse model of AD [15].

Taken together, these molecules induce neuroprotective properties in microglia through the antioxidant effect of HO-1 and A $\beta$  clearance. HO-1 is induced by nuclear translocation of Nrf2, which is a transcription factor and reportedly plays a pivotal role in cellular survival [103, 104]. Nrf2 gene therapy also has been shown to improve memory in the mouse model of AD [105]. Moreover, A $\beta$  clearance including phagocytosis and degradation of A $\beta$  by microglia can decrease A $\beta$  plaque formation and A $\beta$  toxicity.

## 6. Conclusion

While  $A\beta$ , especially  $oA\beta$ , is directly toxic to neurons, it may also enhance microglial neurotoxic effects by inducing inflammatory mediators. Degenerated neurons produce molecules other than  $A\beta$  that enhance microglial neurotoxicity. However, the microglial neuroprotective effect resulting from  $A\beta$  clearance and antioxidant activity is obvious in AD (Figure 3). The conditions that determine microglial toxic or protective effects remain to be elucidated. Clarifying these issues may contribute to the understanding of AD pathophysiology. A useful therapeutic strategy for AD may be to regulate microglia toward neuroprotection, specifically,  $A\beta$ clearance without inflammation.

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