



Article

# In Vitro Immunomodulatory Effects of Equine Adipose Tissue-Derived Mesenchymal Stem Cells Primed with a Cannabidiol-Rich Extract

Lorena Battistin <sup>1</sup>, Luís Felipe Arantes Moya <sup>1</sup>, Lucas Vinícius de Oliveira Ferreira <sup>1,2</sup>, Aline Márcia Marques Braz <sup>3</sup>, Márcio de Carvalho <sup>1</sup>, Marjorie de Assis Golim <sup>3</sup>, and Rogério Martins Amorim <sup>1,2</sup>,\*

- Department of Veterinary Clinic, School of Veterinary Medicine and Animal Science, São Paulo State University (UNESP), Botucatu 18618-681, SP, Brazil; lv.ferreira@unesp.br (L.V.d.O.F.)
- Center for Translational Research in Regenerative Medicine, School of Veterinary Medicine and Animal Science, São Paulo State University (UNESP), Botucatu 18618-681, SP, Brazil
- <sup>3</sup> Laboratory of Applied Biotechnology, Clinical Hospital of the Medical School, São Paulo State University (UNESP), Botucatu 18618-687, SP, Brazil
- \* Correspondence: rogerio.amorim@unesp.br

Abstract: Cell-based therapy using mesenchymal stem cells (MSCs) shows promise for treating several diseases due to their anti-inflammatory and immunomodulatory properties. To enhance the therapeutic potential of MSCs, in vitro priming strategies have been explored. Cannabidiol (CBD), a non-psychoactive compound derived from cannabis, may influence MSC proliferation, differentiation, and immunomodulatory properties. This study evaluates the immunomodulatory potential of equine adipose tissue-derived MSCs (EqAT-MSCs) primed with a CBD-rich cannabis extract. EqAT-MSCs (P3) were primed with CBD concentrations of 5  $\mu$ M and 7  $\mu$ M for 24 h. Morphological analysis, MTT assay, β-galactosidase activity, apoptosis assays, and gene expression of interleukins IL-1β, IL-6, IL-10, interferon-gamma (IFN- $\gamma$ ), and tumor necrosis factor-alpha (TNF- $\alpha$ ) were conducted. Additionally, cannabinoid receptor 1 (CB1) and 2 (CB2) expression were evaluated in naïve EqAT-MSCs (P2-P5). The naïve EqAT-MSCs expressed CB1 and CB2 receptors. Priming with 5  $\mu$ M significantly increased the expression of IL-10, TNF- $\alpha$ , and IFN- $\gamma$ , while 7 μM decreased IL-1β and IL-6 expression. No significant changes were observed in other cytokines, MTT, β-galactosidase activity, or apoptosis. These findings demonstrate that naïve EqAT-MSCs express CB1 and CB2 receptors and priming with the extract modulates the expression of pro- and anti-inflammatory cytokines, highlighting its potential immunomodulatory role in EqAT-MSC-based therapies.

Keywords: cannabinoid receptors; cell therapy; cytokines; horse; phytocannabinoid



Academic Editor: Sang-Bae Han

Received: 8 April 2025 Revised: 22 April 2025 Accepted: 24 April 2025 Published: 29 April 2025

Citation: Battistin, L.; Moya, L.F.A.; Ferreira, L.V.d.O.; Braz, A.M.M.; Carvalho, M.d.; Golim, M.d.A.; Amorim, R.M. In Vitro Immunomodulatory Effects of Equine Adipose Tissue-Derived Mesenchymal Stem Cells Primed with a Cannabidiol-Rich Extract. *Int. J. Mol. Sci.* 2025, 26, 4208. https://doi.org/10.3390/ ijms26094208

Copyright: © 2025 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/).

### 1. Introduction

Cell-based therapy using mesenchymal stem cells (MSCs) represents a promising approach for the treatment of several diseases due to their anti-inflammatory, immunomodulatory, and anti-apoptotic properties [1,2].

The therapeutic effects of MSCs are primarily mediated through direct cell-to-cell interactions and the release of soluble factors and extracellular vesicles via paracrine mechanisms [3]. MSCs interact with several immune cells, including T lymphocytes, natural killer cells, neutrophils, and macrophages, thereby modulating the immune response [3,4].

MSCs can be derived from various tissues, including adipose tissue, bone marrow, and fetal tissues such as amniotic fluid, placenta, and umbilical cord [5]. In horses, adipose tissue is considered a reliable and easily accessible source of MSCs [6]. Importantly, studies in large animal models, including horses, not only address species-specific health and welfare needs, but also serve as a translational model for human diseases, given the shared pathophysiological similarities [7].

Despite the therapeutic potential of MSCs, post-transplantation, cell survival, and differentiation capacity of donor cells may be compromised due to adverse conditions of the microenvironment, which may lead to low engraftment rates, excessive cell death, and reduced therapeutic efficacy [8]. To optimize the therapeutic properties of MSCs, various priming strategies have been developed. Priming involves exposing MSCs to specific stimuli to enhance their biological functions, such as paracrine activity, regenerative potential, and immunomodulatory capacity [8,9].

For instance, MSC priming with pro-inflammatory cytokines, such as tumor necrosis factor-alpha (TNF- $\alpha$ ) and interferon-gamma (IFN- $\gamma$ ), has been shown to enhance their immunoregulatory functions [10–13]. Additional strategies include genetic modification [14] and the use of optimized culture conditions [15,16].

In this context, Cannabidiol (CBD), a non-psychoactive phytocannabinoid derived from *Cannabis sativa*, has recently garnered attention for its anti-inflammatory and immunomodulatory properties in both human and veterinary medicine [17–19]. Based on these effects, CBD could be used as a priming agent to enhance the therapeutic potential of MSCs.

Previous studies have demonstrated that phytocannabinoids can modulate MSC proliferation and differentiation [20,21]. Among them, CBD has been shown to immunomodulate the expression of the genes associated with inflammation, immune response, and apoptosis in human MSCs [22,23]. In line with these findings, recent evidence shows that CBD reduces the TNF- $\alpha$ -induced upregulation of key pro-inflammatory cytokines in human dental pulp stem cells [24]. Similarly, tetrahydrocannabinol (THC) has been shown to enhance the immunomodulatory effects of mouse bone marrow-derived MSCs [25].

Furthermore, CBD potentiates the signaling of type 1 (CB1) and type 2 (CB2) cannabinoid receptors, key components of the endocannabinoid system [26]. This system plays a pivotal role in regulating a wide range of physiological functions, making it a potential target for the development of new treatments [27].

Thus, this study aims to evaluate the in vitro immunomodulatory potential of EqAT-MSCs following priming with a CBD-rich cannabis extract. The findings from this study may contribute to the development of more effective cell-based therapies for equine health and provide novel insights into the application of CBD as a priming agent. Additionally, these results may offer valuable data for translational approaches in regenerative medicine.

### 2. Results

# 2.1. Morphological Changes

No differences in morphology were observed between the groups primed with CBD-rich cannabis extract and the control group after 24 h of priming (Figure 1).

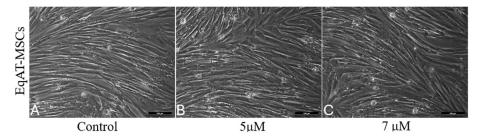


Figure 1. Morphological characterization of equine adipose tissue-derived mesenchymal stem cells (EqAT-MSCs). (A) Control EqAT-MSCs cultured in complete culture medium; (B) EqAT-MSCs primed with Cannabidiol (CBD)-rich cannabis extract at concentrations of 5  $\mu$ M and (C) 7  $\mu$ M. No morphological changes were observed compared to the control group. Magnification,  $\times 200$ . Scale bar = 100  $\mu$ M.

### 2.2. Cellular Metabolic Activity

Following the priming of the EqAT-MSCs with a CBD-rich cannabis extract, no significant differences in metabolic activity were observed among the experimental groups (Figure 2).

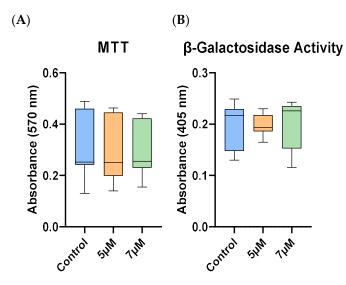


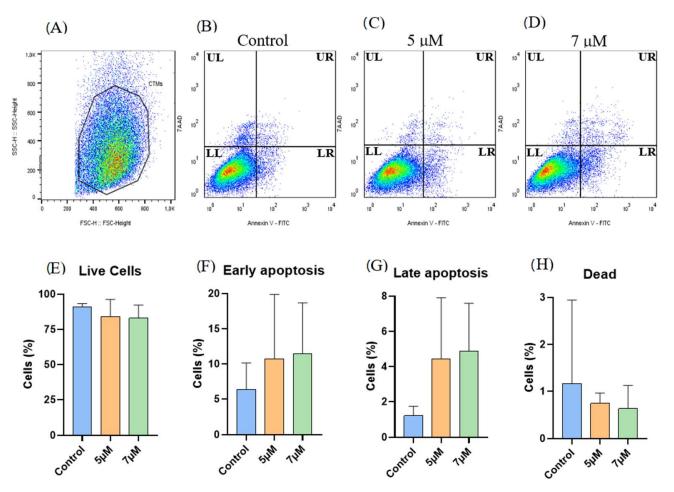
Figure 2. Cellular metabolic and  $\beta$ -galactosidase activities in equine adipose tissue-derived mesenchymal stem cells (EqAT-MSCs). No significant differences were observed after priming with cannabidiol (CBD)-rich cannabis extract in (**A**) cellular metabolic activity (MTT assay) and (**B**) senescence-associated  $\beta$ -galactosidase activity. Data are shown as medians, interquartile ranges, minimum, and maximum values. Kruskal–Wallis test.

# 2.3. β-Galactosidase Activity

After priming with the CBD-rich cannabis extract, no significant differences in  $\beta$ -galactosidase activity were observed between the groups (Figure 2).

### 2.4. Apoptosis Detection

Apoptosis assessment was performed on three samples of EqAT-MSCs, and no significant changes were observed when comparing the groups in this experiment (Figure 3).



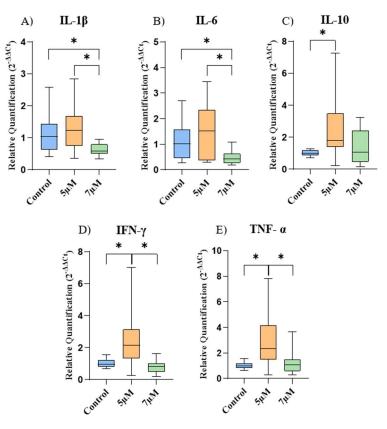
**Figure 3.** Apoptosis assay (Annexin V × 7-AAD): (**A–D**) Representative gating strategy for the analysis of cell viability using Annexin-V FITC and 7-AAD. (**A**) Selection of the cellular population. (**B**) Control group. (**C**) Equine adipose tissue-derived mesenchymal stem cells (EqAT-MSCs) primed with cannabidiol (CBD)-rich cannabis extract at concentrations of 5 μM (**D**) and 7 μM. Quadrants are labeled as follows: UL (Upper Left) represents dead cells, LL (Lower Left) represents live cells, UR (Upper Right) represents late apoptotic cells, and LR (Lower Right) represents early apoptotic cells. No significant changes were observed when comparing (**E**) the live cells, (**F**) early apoptotic cells, (**G**) late apoptotic cells, and (**H**) dead cells of the control group with EqAT-MSCs primed with CBD-rich cannabis extract at concentrations of 5 μM and 7 μM. Data are represented as the mean  $\pm$  standard deviation, one-way analysis of variance (ANOVA).

### 2.5. Gene Expression of Cytokines and Cannabinoid Receptors

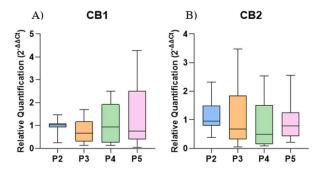
The gene expression of the cytokines is represented in Figure 4. In the EqAT-MSCs, there was a significant decrease in the gene expression of IL-1 $\beta$  and IL-6 after priming with a concentration of 7  $\mu$ M compared to the control group. Regarding IL-10, IFN- $\gamma$ , and TNF- $\alpha$ , a considerable increase was observed after priming with a concentration of 5  $\mu$ M compared to the control group.

Furthermore, when comparing the cells among the different concentrations of CBD-rich cannabis extract used in this study, a significant increase in the expression of IL-1 $\beta$ , IL-6, IFN- $\gamma$ , and TNF- $\alpha$  was noticed in the concentration of 5  $\mu$ M compared to the concentration of 7  $\mu$ M.

There was no significant difference in the gene expression of CB1 and CB2 among the different culture passages compared to P2 (Figure 5).



**Figure 4.** Relative expression of the cytokines among the experimental groups. (**A**) Interleukin 1 beta (IL-1β), (**B**) interleukin-6 (IL-6), (**C**) interleukin-10 (IL-10), (**D**) interferon gamma (IFN- $\gamma$ ), and (**E**) tumor necrosis factor-alpha (TNF- $\alpha$ ). Data are represented as medians, interquartile ranges, and minimum and maximum values (\* p < 0.05). Kruskal–Wallis and Dunn's tests.



**Figure 5.** Relative expression of cannabinoid receptors 1 (CB1) and 2 (CB2) in the control group of naïve equine adipose tissue-derived mesenchymal stem cells (EqAT-MSCs) across different passages (P2–P5): (**A**) CB1. (**B**) CB2. No significant difference was observed between the passages. Data are represented as medians, interquartile ranges, minimum, and maximum values. Kruskal–Wallis test.

# 3. Discussion

MSCs possess significant therapeutic potential; however, challenges such as limited clinical efficacy, functional quiescence post-transplantation, poor engraftment, and cellular senescence continue to hinder their clinical application [28]. To address these limitations, various priming strategies have been developed to enhance MSC functionality and improve therapeutic outcomes. These include 3D culture, growth factor stimulation, hypoxic conditions, electrical and thermal stimulation, the use of chemical agents and drugs, and genetic modifications [8,29].

In this context, phytocannabinoids such as CBD have attracted attention due to their ability to interact with a wide range of molecular targets within the endocannabinoid

system [22], exhibiting anti-inflammatory, antioxidant, and neuroprotective properties, rendering it a promising candidate for the treatment of several diseases [30]. Furthermore, studies have demonstrated that CBD can enhance the proliferation, self-renewal, and migration of MSCs [31,32].

Cannabinoid receptors CB1 and CB2 are well-characterized components of the endocannabinoid system [33]. These receptors have been previously identified in mouse embryonic stem cells [34], mouse BM-MSCs [25], and human AT-MSCs [35]. In this study, we demonstrate the gene expression of CB1 and CB2 in EqAT-MSCs, suggesting the conservation of these receptors across mammalian species [36]. This finding supports the potential for utilizing synthetic or natural agonists to modulate these receptors, thereby enhancing the anti-inflammatory and immunomodulatory functions of MSCs.

The concentrations of 5 and 7  $\mu$ M of CBD-rich cannabis extract, as well as the priming duration, were selected based on previous studies [23,37]. Moreover, we demonstrated that neither concentration affected cell metabolic activity, viability, or  $\beta$ -galactosidase activity, indicating their safety.

A morphological analysis revealed no structural alterations following priming, consistent with previous findings in human MSCs [23], indicating that CBD concentrations of 5  $\mu$ M and 7  $\mu$ M preserved cellular integrity after 24 h.

The anti-apoptotic effects of CBD have been previously described in human gingival-derived MSCs [23] and human adipose-derived mesenchymal stem cells [22]. However, the apoptosis assays in this study revealed no significant differences in the EqAT-MSCs primed with 5  $\mu$ M or 7  $\mu$ M CBD compared to the control group, suggesting that these concentrations do not impact apoptosis rates in the EqAT-MSCs. In addition, no alterations were observed in cell metabolic or  $\beta$ -galactosidase activity. Collectively, these findings indicate that CBD priming does not induce cytotoxic effects, suggesting it may be safely employed in future studies.

CBD is well known for its anti-inflammatory properties. So, we evaluated the expression of several cytokines after the priming of the EqAT-MSCs. Although a study reported an increase in the gene expression of IL-1 $\beta$  and IL-6 in human adipose-derived stem cells after priming with CBD at a concentration of 5  $\mu$ M [22], we did not observe a significant difference using the same concentration. However, there was a significant decrease in IL-1 $\beta$  and IL-6 after priming at a concentration of 7  $\mu$ M. This can be explained by the fact that CBD exerts complex effects on the regulation of inflammatory cytokine expression through multiple cellular mechanisms. This phytocannabinoid can inhibit the activation of the nuclear factor kappa-light-chain-enhancer of the activated B cell (NF- $\kappa$ B) pathway, a key regulator of inflammation, thereby reducing the expression of inflammatory cytokines [38,39]. Additionally, CBD can modulate the activity of the NOD-like receptor pyrin domain-containing 3 inflammasome (NLRP3 inflammasome), which is involved in the activation of caspase-1 and the subsequent release of inflammatory cytokines [23,40,41]. These findings suggest that priming with CBD-rich cannabis extract at a concentration of 7  $\mu$ M could enhance the anti-inflamatory capacity of the EqAT-MSCs.

IL-10 is a key cytokine in immune regulation that plays an essential role in modulating inflammatory processes [42]. We observed a significant increase in IL-10 gene expression after the priming of the EqAT-MSCs with CBD at a concentration of 5  $\mu$ M. CBD may enhance the activation of signal transducer and activator of transcription 3 (STAT3) and promote the increase in IL-10 synthesis [43]. In addition, another study reported that THC can increase IL-10 secretion, which could be attributed to CB2 receptor activation via the ERK 1/2 pathway [25]. However, our result contrasts with a previous study that used the same concentration to stimulate human adipose-derived mesenchymal stem cells and reported a decrease in the expression of this cytokine [22]. IL-10 can suppress antigen-

presenting cells, inhibit T-cell proliferation, and promote the activity of regulatory T (Treg) cells [44,45]. The increase in IL-10 is of great interest in regenerative medicine due to its anti-inflammatory and regulatory properties, which are consistent with the known effects of CBD.

Despite previous reports demonstrating that CBD decreases TNF- $\alpha$  and IFN- $\gamma$  in vitro in equine peripheral blood mononuclear cells [46], attenuates TNF- $\alpha$ -induced TNF- $\alpha$  expression in human dental pulp stem cells [24], and reduces TNF- $\alpha$  in vitro after the stimulation of human adipose-derived mesenchymal stem cells [22] and IFN- $\gamma$  in senior horses [47]; we identified a significant increase in the expression of both cytokines after priming with CBD-rich cannabis extract at a concentration of 5  $\mu$ M. These results deviate from the well-known anti-inflammatory mechanisms of CBD. Even though TNF- $\alpha$  and IFN- $\gamma$  are often associated with harmful effects, they can be beneficial in specific contexts. TNF- $\alpha$  is a key cytokine in the inflammatory response, essential for defending against infections [48], and IFN- $\gamma$  is crucial in cell-mediated immunity, coordinating various antimicrobial functions, inducing antiviral responses, and exhibiting antiproliferative effects on cancer cells [49].

This preliminary study is limited by the absence of cytokine protein analysis and the lack of assessment of the secretory activity of the equine EqAT-MSCs following priming with various concentrations of CBD-rich cannabis extract.

# 4. Materials and Methods

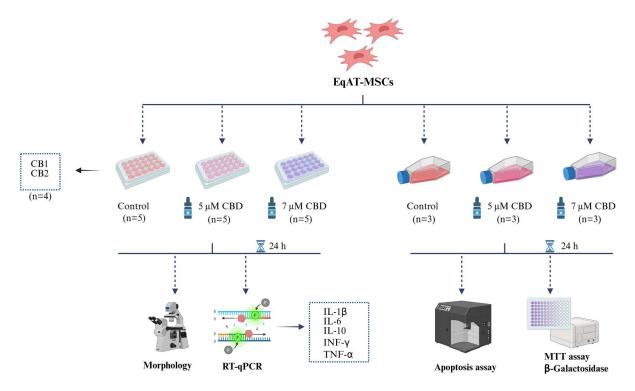
#### 4.1. Experimental Design

The EqAT-MSCs were thawed and cultured in a complete medium containing 90% Dulbecco's modified Eagle's medium DMEM/F12, 10% fetal bovine serum (FBS) (both from Nova Biotecnologia, Cotia, SP, Brazil), 1% penicillin/streptomycin, and 0.5% amphotericin B (both from Gibco, Grand Island, NY, USA). The cells were primed with CBD-rich cannabis extract for 24 h.

Eq-ATMSCs (P3) were divided into three groups: the control group (complete culture medium), the group primed with 5  $\mu$ M of CBD-rich cannabis extract + complete culture medium, and the group primed with 7  $\mu$ M of CBD-rich cannabis extract + complete culture medium. After 24 h of priming, morphological evaluation and gene expression analysis of cytokines such as interleukin 1 beta (IL-1 $\beta$ ), interleukin 6 (IL-6), interleukin 10 (IL-10), interferon-gamma (IFN- $\gamma$ ), and tumor necrosis factor-alpha (TNF- $\alpha$ ) were measured on five samples using RT-qPCR. MTT assay,  $\beta$ -galactosidase activity, and apoptosis assay were conducted on three samples (Figure 6). Additionally, the expression of cannabinoid receptors 1 (CB1) and 2 (CB2) was evaluated in the naïve EqAT-MSCs (P2-P5) using four samples per passage.

# 4.2. EqAT-MSCs

The EqAT-MSCs (P2–P5) from healthy horses were obtained from the MSCs bank of the Center for Translational Research in Regenerative Medicine-School of Veterinary Medicine and Animal Science-São Paulo State University. These MSCs were previously characterized, demonstrating the potential for osteogenic, adipogenic, and chondrogenic differentiation, as well as expressing the surface markers CD44, CD90, and CD105, and not expressing CD34 and MHC-II [50].



**Figure 6.** Experimental design. Equine adipose tissue-derived mesenchymal stem cells (EqAT-MSCs) (P3) were primed with 5 μM of cannabidiol (CBD)-rich cannabis extract + complete culture medium and the other group was primed with 7 μM of CBD-rich cannabis extract + complete culture medium. EqAT-MSCs cultured in a complete culture medium were used as the control. After 24 h of priming, the morphological evaluation and gene expression analysis of cytokines such as interleukin 1 beta (IL-1β), interleukin 6 (IL-6), interleukin 10 (IL-10), interferon-gamma (IFN- $\gamma$ ), and tumor necrosis factor-alpha (TNF- $\alpha$ ) were performed. Cell metabolic activity was assessed using the MTT assay, and cellular senescence was evaluated through β-galactosidase activity. The apoptosis assay was carried out using annexin and 7-AAD. In addition to the evaluation of cannabinoid receptors 1 (CB1) and 2 (CB2) gene expression in naïve EqAT-MSCs (P2–P5). Created in BioRender. (https://BioRender.com/q24g045 (accessed on 23 April 2025)).

# 4.3. CBD-Rich Cannabis Extract

The full-spectrum *Cannabis sativa* extract, predominantly rich in CBD, used in this study was supplied by the Maria Flor Cannabis Association (Marília, SP, Brazil). The purity of the CBD-rich cannabis extract was analyzed using High-Performance Liquid Chromatography (HPLC) by DALL Soluções Analíticas (Curitiba, PR, Brazil), revealing 28.12% CBD and 0.80% THC. The extract was diluted in dimethyl sulfoxide (DMSO) at a 1:1 ratio, filtered, and subsequently diluted in DMEM to achieve concentrations of 5  $\mu$ M and 7  $\mu$ M, which were utilized in this study.

# 4.4. EqAT-MSCs Primed with CBD-Rich Cannabis Extract

The EqAT-MSCs were thawed and seeded at a density of  $5 \times 10^4$  cells per well in 24-well plates (Kasvi, Pinhais, PR, Brazil), in duplicate for gene expression analysis, using 0.5 mL of complete medium containing 90% DMEM/F12, 10% FBS (both from Nova Biotecnologia, Cotia, SP, Brazil), 1% penicillin/streptomycin, and 0.5% amphotericin B (both from Gibco, Grand Island, NY, USA). The MSCs were incubated at 37.5 °C in a humidified atmosphere containing 95% air and 5%  $\rm CO_2$ . After 24 h of culture, the supernatant was discarded and the culture medium was replaced for each experimental group: the control group (complete culture medium), the group primed with 5  $\mu$ M of CBD-rich cannabis extract + complete culture medium, and the group primed with 7  $\mu$ M of CBD-rich cannabis

extract + complete culture medium. The priming was carried out for 24 h. For the MTT assay and  $\beta$ -galactosidase activity analysis, the equine MSCs were seeded into 96-well plates (Kasvi, Pinhais, PR, Brazil) at a density of  $1\times10^4$  cells per well in  $100~\mu L$  of complete medium and incubated at 37.5 °C in a humidified atmosphere containing 5% CO $_2$  and 95% air. After cell adherence, the medium was replaced, and the EqAT-MSCs were primed with 5  $\mu M$  and 7  $\mu M$  concentrations of a CBD-rich cannabis extract for 24 h. For apoptosis assessment, the EqAT-MSCs were seeded at the same density in 25 cm $^2$  culture flasks (Kasvi, São Pinhais, PR, Brazil) with 5 mL of complete medium. The cells were cultured under the same conditions mentioned earlier until reaching 70–80% confluence. Afterward, the culture medium was replaced, and the EqAT-MSCs were primed with 5  $\mu M$  and 7  $\mu M$  concentrations of CBD-rich cannabis extract for 24 h.

### 4.5. Morphological Evaluation

The morphology of the EqAT-MSCs was analyzed using inverted microscopy (LEICA DMIRB, Wetzlar, Germany). Photomicrographs of the unprimed cells (control group) and EqAT-MSCs primed with CBD-rich cannabis extract at concentrations of 5  $\mu$ M and 7  $\mu$ M were captured after 24 h of priming.

# 4.6. MTT Assay

To evaluate whether different concentrations (5 and 7  $\mu$ M) of CBD-rich cannabis extract influence the metabolic activity of EqAT-MSCs, the MTT assay [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] (Thermo Fisher Scientific, Waltham, MA, USA) was performed. For this, the EqAT-MSCs were primed with CBD-rich cannabis extract at concentrations of 5 or 7  $\mu$ M for 24 h. After this period, the culture medium was removed and replaced with the MTT solution, followed by a 4 h incubation under the same conditions. The reagent was then discarded, and 200  $\mu$ L of DMSO (Synth, Diadema, SP, Brazil) was added to each well to solubilize the formazan crystals. Absorbance was measured at 570 nm using a microplate reader (Biochrom Asys Expert Plus; Biochrom Ltd., Harvard Bioscience, Holliston, MA, USA).

# 4.7. Senescence-Associated $\beta$ -Galactosidase Activity Assay

To assess  $\beta$ -galactosidase activity in EqAT-MSCs, the Mammalian  $\beta$ -Galactosidase Assay Kit (Thermo Fisher Scientific, Waltham, MA, USA) was used according to the manufacturer's instructions. EqAT-MSCs were primed with CBD-rich cannabis extract at concentrations of 5 or 7  $\mu M$  for 24 h. Following priming, the culture medium was removed, and the cells were washed once with phosphate-buffered saline (PBS) (Nova Biotecnologia, Cotia, SP, Brazil). Then, 100  $\mu L$  of  $\beta$ -galactosidase assay reagent was added to each well. The plates were incubated for 30 min at 37  $^{\circ}C$ , and absorbance was measured at 405 nm using a microplate reader.

### 4.8. Apoptosis Assay

The apoptosis assay was performed to assess whether priming with CBD influenced the viability of EqAT-MSCs. The evaluation of the apoptosis rate was conducted using the Annexin V-FITC apoptosis detection kit (Invitrogen<sup>TM</sup>, Thermo Fisher Scientific, Waltham, MA, USA) and 7-AAD (BD, Biosciences Pharmingen, San Diego, CA, USA), following the manufacturer's instructions. In brief, the EqAT-MSCs were primed for 24 h with CBD-rich cannabis extract at concentrations of 5 and 7  $\mu$ M. After this period, the cells were resuspended in 200  $\mu$ L of  $1\times$  binding buffer and incubated with 5  $\mu$ L of Annexin V-FITC for 10 min at room temperature in the dark. Subsequently, a wash with 200  $\mu$ L of  $1\times$  binding buffer was performed, and the cells were resuspended in 400  $\mu$ L of  $1\times$  binding buffer. Finally, 10  $\mu$ L of 7-AAD was added, and the analysis was carried out on a FACS

Calibur<sup>TM</sup> flow cytometer (BD Becton Dickinson and Company, Franklin Lakes, NJ, USA), acquiring at least 10,000 events.

### 4.9. Gene Expression

The gene expression of cytokines IL-1 $\beta$ , IL-6, IL-10, IFN- $\gamma$ , and TNF- $\alpha$  were assessed in the control group (P3) and in the EqAT-MSCs (P3) primed with CBD-rich cannabis extract at concentrations of 5  $\mu$ M and 7  $\mu$ M using RT-qPCR. Additionally, the gene expression of *CB1* and *CB2* was evaluated in the control group of EqAT-MSCs across different passages (P2–P5).

After 24 h of priming, cell lysis was performed using 1 mL of Trizol<sup>TM</sup> (Invitrogen<sup>TM</sup>, Thermo Fisher Scientific, Waltham, MA, USA), and the samples were stored at −80 °C for further analyses. RNA extraction with TRIzol reagent followed the manufacturer's instructions. Subsequently, RNA was eluted using RNA-free water, quantified, and analyzed by spectrophotometry using the Thermo Scientific NanoDrop 2000 equipment (Thermo Fisher Scientific, Wilmington, DE, USA) to determine absorbance ratios at 260/280 nm and 260/230 nm.

For cDNA synthesis, the High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems  $^{TM}$ , Life Technologies Corporation, Carlsbad, CA, USA) was utilized following the manufacturer's instructions. The reverse transcription process to obtain the cDNA was conducted using the Veriti 96 Well Thermal Cycler (Applied Biosystems  $^{TM}$ , Thermo Fisher Scientific, Waltham, MA, USA) employing the following thermocycling conditions: 10 min at 25  $^{\circ}$ C; 12 min at 37  $^{\circ}$ C; and 5 min at 85  $^{\circ}$ C. The resulting cDNA samples were cryopreserved at -80  $^{\circ}$ C and utilized as templates for PCR reactions.

PCR reactions were performed in duplicate utilizing cDNA generated with PowerUp<sup>TM</sup> SYBR<sup>TM</sup> Green Master Mix (Applied Biosystems<sup>TM</sup>, Thermo Fisher Scientific, Waltham, MA, USA)), RNA-free water, and equine-specific primers (Thermo Fisher Scientific, São Paulo, SP, Brazil), designed with Primer Express<sup>TM</sup> Software v3.0.1 (Applied Biosystems<sup>TM</sup>, Thermo Fisher Scientific, Waltham, MA, USA) (Table 1).

Gene	Forward	Reverse	
CB1	GAGCAAGGACCTGAGACATGCT	TGCGCAGTGCCTTCACAT	
CB2	AAAGAAGAGCCCCGAAGTC	CCACTGGGTGATTTTCACATCA	
IL-1β	GCAGCCATGGCAGCAGTA	ATTGCCGCTGCAGTAAGTCA	
IL-6	AACAACTCACCTCATCCTTCGAA	CGAACAGCTCTCAGGCTGAAC	
IL-10	CGGCCCAGACATCAAGGA	TCGGAGGGTCTTCAGCTTTTC	
IFN- $\gamma$	CTGTCGCCCAAAGCTAACCT	GGCCTCGAAATGGATTCTGA	
TNF-α	TTGGATGGGCTGTACCTCATC	GGGCAGCCTTGGCCTTT	
ACTB	CGGCGGCTCCATTCTG	CTGCTTGCTGATCCACATCTG	
B2M	CACCCAGCAGAGAATGGAAAG	CGGATGGAACCCAGAGACA	
GAPDH	GGCAAGTTCCATGGCACAGT	GGGCTTTCCGTTGATGACAA	
HPRT	GCTCGAGATGTGATGAAGGAGAT	CCCCCTTGAGCACACAGAGT	

Table 1. Primer sequences used in RT-qPCR reactions.

CB1: cannabis receptor 1; CB2: cannabis receptor 2; IL-1 $\beta$ : interleukin 1 beta; IL-6: interleukin-6; IL-10: interleukin-10; IFN- $\gamma$ : interferon gamma; TNF- $\alpha$ : tumor necrosis factor-alpha; ACTB: beta-actin; B2M: beta-2-microglobulin; GAPDH: glyceraldehyde 3-phosphate dehydrogenase; HPRT: hypoxanthine-guanine phosphoribosyltransferase.

The samples were evaluated using the mean of the following reference genes: beta-actin (ACTB), beta-2-microglobulin (B2M), glyceraldehyde 3-phosphate dehydrogenase (GAPDH), and hypoxanthine-guanine phosphoribosyltransferase (HPRT), as described in a previous study [15]. RT-qPCR was performed using the QuantStudio  $^{TM}$  12K Flex Real-Time PCR System (Applied Biosystems  $^{TM}$ , Thermo Fisher Scientific, Waltham, MA, USA). The relative quantification of the target genes was performed using the  $\Delta\Delta$ Ct method [51].

### 4.10. Statistical Analysis

The variables of relative quantification, cellular metabolic, and  $\beta$ -Galactosidase activities did not show a normal distribution. Hence, group comparisons were analyzed using the Kruskal–Wallis test (non-parametric), and when significant, medians were compared using Dunn's test. The variables from the apoptosis were assessed through a one-way analysis of variance (ANOVA) assuming a normal distribution. For all the analyses, group differences were considered statistically significant at p < 0.05. All the statistical analyses were conducted using GraphPad Prism version 8, San Diego, CA, USA.

### 5. Conclusions

The naïve EqAT-MSCs expressed CB1 and CB2 receptors. Priming with a CBD-rich cannabis extract demonstrated immunomodulatory effects, with 5  $\mu$ M CBD upregulating IL-10, TNF- $\alpha$ , and IFN- $\gamma$  expression, and 7  $\mu$ M CBD downregulating IL-1 $\beta$  and IL-6 expression. These findings highlight the potential of CBD-rich extracts to modulate the inflammatory and immunomodulatory profiles of EqAT-MSCs. Further in vitro studies are warranted to investigate the signaling pathways underlying these effects, assess the immunomodulatory response of CBD-primed EqAT-MSCs under inflammatory conditions, perform cytokine profiling, and evaluate their secretory activity. Moreover, in vivo investigations are necessary to determine the therapeutic potential of the conditioned medium derived from primed cells in models of inflammation and tissue regeneration.

**Author Contributions:** Conceptualization, L.B., L.F.A.M. and R.M.A.; methodology, L.B., L.F.A.M., L.V.d.O.F., A.M.M.B. and M.d.C.; validation, A.M.M.B., M.d.C., M.d.A.G. and R.M.A.; formal analysis, L.B., L.F.A.M. and L.V.d.O.F.; investigation, L.B., L.F.A.M., L.V.d.O.F., A.M.M.B., M.d.C. and R.M.A.; resources, M.d.A.G. and R.M.A.; data curation, L.B., L.F.A.M., L.V.d.O.F., A.M.M.B., M.d.C. and L.V.d.O.F.; writing—original draft preparation, L.B., L.F.A.M. and L.V.d.O.F.; writing—review and editing, L.V.d.O.F. and R.M.A.; visualization, L.V.d.O.F.; supervision, R.M.A.; project administration, L.B., L.F.A.M. and R.M.A.; funding acquisition, L.B., L.F.A.M. and R.M.A. All authors have read and agreed to the published version of the manuscript.

**Funding:** This study was funded by the São Paulo Research Foundation (FAPESP) (2022/08919-2 and 2022/16418-3). Additionally, the study was supported by a doctoral scholarship granted by FAPESP (2024/19980-0).

**Institutional Review Board Statement:** This project was approved by the Ethics Committee on the Use of Animals (CEUA) of UNESP in Botucatu, São Paulo, Brazil (n° 000.254) on 31 October 2024.

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** The datasets used and/or analyzed during the current study are available from the corresponding author upon reasonable request.

**Acknowledgments:** The authors acknowledge the financial support provided by the São Paulo Research Foundation (FAPESP).

Conflicts of Interest: The authors declare no conflicts of interest.

### References

- 1. Andrzejewska, A.; Dabrowska, S.; Lukomska, B.; Janowski, M. Mesenchymal stem cells for neurological disorders. *Adv. Sci.* **2021**, *8*, 2002944. [CrossRef] [PubMed]
- 2. Fan, X.L.; Zhang, Y.; Li, X.; Fu, Q.L. Mechanisms underlying the protective effects of mesenchymal stem cell-based therapy. *Cell. Mol. Life Sci.* **2020**, 77, 2771–2794. [CrossRef]
- 3. Alvites, R.; Branquinho, M.; Sousa, A.C.; Lopes, B.; Sousa, P.; Maurício, A.C. Mesenchymal stem/stromal cells and their paracrine activity—Immunomodulation mechanisms and how to influence the therapeutic potential. *Pharmaceutics* **2022**, *14*, 381. [CrossRef] [PubMed]

4. Chen, P.M.; Liu, K.J.; Hsu, P.J.; Wei, C.F.; Bai, C.H.; Ho, L.J.; Sytwu, H.K.; Yen, B.L. Induction of immunomodulatory monocytes by human mesenchymal stem cell-derived hepatocyte growth factor through ERK1/2. *J. Leukoc. Biol.* 2014, 96, 295–303. [CrossRef] [PubMed]

- Maličev, E.; Jazbec, K. An overview of mesenchymal stem cell heterogeneity and concentration. *Pharmaceuticals* 2024, 17, 350.
  [CrossRef]
- 6. Smith, R.K.; Garvican, E.R.; Fortier, L.A. The current 'state of play' of regenerative medicine in horses: What the horse can tell the human. *Regen. Med.* **2014**, *9*, 673–685. [CrossRef] [PubMed]
- 7. Ribitsch, I.; Baptista, P.M.; Consiglio, A.L.; Melotti, L.; Patruno, M.; Jenner, F.; Feichter, E.S.; Dutton, L.C.; Connolly, D.J.; Steenbeek, F.G.V.; et al. Large animal models in regenerative medicine and tissue engineering: To do or not to do. *Front. Bioeng. Biotechnol.* **2020**, *8*, 972. [CrossRef]
- 8. Haider, K.H. Priming mesenchymal stem cells to develop "super stem cells". World J. Stem Cells 2024, 16, 623. [CrossRef]
- 9. Noronha, N.C.; Mizukami, A.; Oliveira, C.C.; Cominal, J.G.; Rocha, J.L.M.; Covas, D.T.; Swiech, K.; Malmegrim, K.C.R. Priming approaches to improve the efficacy of mesenchymal stromal cell-based therapies. *Stem Cell Res. Ther.* **2019**, *10*, 131. [CrossRef]
- 10. Al-Mrahleh, M.; Matar, S.; Jafar, H.; Wehaibi, S.; Aslam, N.; Awidi, A. Human Wharton's jelly-derived mesenchymal stromal cells primed by tumor necrosis factor-α and interferon-γ modulate the innate and adaptive immune cells of type 1 diabetic patients. *Front. Immunol.* **2021**, *12*, 732549. [CrossRef]
- 11. Amorim, R.M.; Clark, K.C.; Walker, N.J.; Kumar, P.; Herout, K.; Borjesson, D.L.; Wang, A. Placenta-derived multipotent mesenchymal stromal cells: A promising potential cell-based therapy for canine inflammatory brain disease. *Stem Cell Res. Ther.* 2020, 11, 304. [CrossRef] [PubMed]
- 12. Barrachina, L.; Remacha, A.R.; Romero, A.; Vázquez, F.J.; Albareda, J.; Prades, M.; Gosálvez, J.; Roy, R.; Zaragoza, P.; Martín-Burriel, I.; et al. Priming equine bone marrow-derived mesenchymal stem cells with proinflammatory cytokines: Implications in immunomodulation–immunogenicity balance, cell viability, and differentiation potential. *Stem Cells Dev.* **2017**, *26*, 15–24. [CrossRef] [PubMed]
- 13. Mohammadpour, H.; Pourfathollah, A.A.; Zarif, M.N.; Hashemi, S.M. Increasing proliferation of murine adipose tissue-derived mesenchymal stem cells by TNF-α plus IFN-γ. *Immunopharmacol. Immunotoxicol.* **2016**, *38*, 68–76. [CrossRef]
- 14. Seo, Y.; Shin, T.H.; Kim, H.S. Current strategies to enhance adipose stem cell function: An update. *Int. J. Mol. Sci.* **2019**, 20, 3827. [CrossRef] [PubMed]
- 15. Ferreira, L.V.O.; Kamura, B.C.; Oliveira, J.P.M.; Chimenes, N.D.; Carvalho, M.; Santos, L.A.; Dias-Melicio, L.A.; Amorim, R.L.; Amorim, R.M. In vitro transdifferentiation potential of equine mesenchymal stem cells into Schwann-like cells. *Stem Cells Dev.* **2023**, *32*, 422–432. [CrossRef]
- 16. Yang, Y.; Lee, E.H.; Yang, Z. Hypoxia-conditioned mesenchymal stem cells in tissue regeneration application. *Tissue Eng. Part B Rev.* **2022**, *28*, 966–977. [CrossRef]
- 17. Iffland, K.; Grotenhermen, F. An update on safety and side effects of cannabidiol: A review of clinical data and relevant animal studies. *Cannabis Cannabinoid Res.* **2017**, *2*, 139–154. [CrossRef]
- 18. Martínez, V.; De-Hond, A.I.; Borrelli, F.; Capasso, R.; Castillo, M.D.; Abalo, R. Cannabidiol and other non-psychoactive cannabinoids for prevention and treatment of gastrointestinal disorders: Useful nutraceuticals? *Int. J. Mol. Sci.* 2020, 21, 3067. [CrossRef] [PubMed]
- 19. Martini, S.; Gemma, A.; Ferrari, M.; Cosentino, M.; Marino, F. Effects of cannabidiol on innate immunity: Experimental evidence and clinical relevance. *Int. J. Mol. Sci.* **2023**, *24*, 3125. [CrossRef]
- 20. Fellous, T.; Maio, F.; Kalkan, H.; Carannante, B.; Boccella, S.; Petrosino, S.; Maione, S.; Marzo, V.; Iannotti, F.A. Phytocannabinoids promote viability and functional adipogenesis of bone marrow-derived mesenchymal stem cells through different molecular targets. *Biochem. Pharmacol.* **2020**, *175*, 113859. [CrossRef]
- 21. Li, L.; Feng, J.; Sun, L.; Xuan, Y.W.; Wen, L.; Li, Y.X.; Yang, S.; Zhu, B.; Tian, X.Y.; Li, S.; et al. Cannabidiol promotes osteogenic differentiation of bone marrow mesenchymal stem cells in the inflammatory microenvironment via the CB2-dependent p38 MAPK signaling pathway. *Int. J. Stem Cells* **2022**, *15*, 405–414. [CrossRef] [PubMed]
- 22. Kowalczuk, A.; Marycz, K.; Garbowska, K.K.; Kornicka, J.; Zadrozny, M.B.; Groborz, S. Cannabidiol (CBD) protects adiposederived mesenchymal stem cells (ASCs) against endoplasmic reticulum stress development and its complications. *Int. J. Environ. Res. Public Health* **2022**, *19*, 10864. [CrossRef]
- 23. Libro, R.; Scionti, D.; Diomede, F.; Marchisio, M.; Grassi, G.; Pollastro, F.; Piattelli, A.; Bramanti, P.; Mazzon, E.; Trubiani, O. Cannabidiol modulates the immunophenotype and inhibits the activation of the inflammasome in human gingival mesenchymal stem cells. *Front. Physiol.* **2016**, *7*, 559. [CrossRef]
- 24. Yu, L.; Zeng, L.; Zhang, Z.; Zhu, G.; Xu, Z.; Xia, J.; Weng, J.; Li, J.; Pathak, J.L. Cannabidiol rescues TNF-α-inhibited proliferation, migration, and osteogenic/odontogenic differentiation of dental pulp stem cells. *Biomolecules* **2023**, *13*, 118. [CrossRef] [PubMed]

25. Xie, J.; Xiao, D.; Xu, Y.; Zhao, J.; Jiang, L.; Hu, X.; Zhang, Y.; Yu, L. Up-regulation of immunomodulatory effects of mouse bone-marrow derived mesenchymal stem cells by tetrahydrocannabinol pre-treatment involving cannabinoid receptor CB2. *Oncotarget* 2016, 7, 6436–6447. [CrossRef] [PubMed]

- 26. Henson, J.D.; Vitetta, L.; Quezada, M.; Hall, S. Enhancing endocannabinoid control of stress with cannabidiol. *J. Clin. Med.* **2021**, 10, 5852. [CrossRef]
- 27. Stasiulewicz, A.; Znajdek, K.; Grudzién, M.; Pawinski, T.; Sulkowska, J.I. A guide to targeting the endocannabinoid system in drug design. *Int. J. Mol. Sci.* **2020**, 21, 2778. [CrossRef]
- 28. Lee, B.C.; Kang, K.S. Functional enhancement strategies for immunomodulation of mesenchymal stem cells and their therapeutic application. *Stem Cell Res. Ther.* **2020**, *11*, 397. [CrossRef]
- 29. Li, M.; Jiang, Y.; Hou, Q.; Zhao, Y.; Zhong, L.; Fu, X. Potential pre-activation strategies for improving therapeutic efficacy of mesenchymal stem cells: Current status and future prospects. *Stem Cell Res. Ther.* **2022**, *13*, 146. [CrossRef]
- 30. Naya, N.M.; Kelly, J.; Corna, G.; Golino, M.; Abbate, A.; Toldo, S. Molecular and cellular mechanisms of action of cannabidiol. *Molecules* **2023**, *28*, 5980. [CrossRef]
- 31. Rajan, T.S.; Giacoppo, S.; Scionti, D.; Diomede, F.; Grassi, G.; Pollastro, F.; Piattelli, A.; Bramanti, P.; Mazzon, E.; Trubiani, O. Cannabidiol activates neuronal precursor genes in human gingival mesenchymal stromal cells. *J. Cell. Biochem.* **2017**, *118*, 1531–1546. [CrossRef]
- 32. Schmuhl, E.; Ramer, R.; Salamon, A.; Peters, K.; Hinz, B. Increase of mesenchymal stem cell migration by cannabidiol via activation of p42/44 MAPK. *Biochem. Pharmacol.* **2014**, *87*, 489–501. [CrossRef] [PubMed]
- 33. Lu, H.C.; Mackie, K. Review of the endocannabinoid system. *Biol. Psychiatry Cogn. Neurosci. Neuroimaging* **2021**, *6*, 607–615. [CrossRef] [PubMed]
- 34. Bari, M.; Tedesco, M.; Battista, N.; Pasquariello, N.; Pucci, M.; Gasperi, V.; Scaldaferri, M.L.; Farini, D.; Felici, M.; Maccarrone, M. Characterization of the endocannabinoid system in mouse embryonic stem cells. *Stem Cells Dev.* **2011**, 20, 139–147. [CrossRef] [PubMed]
- 35. Ruhl, T.; Karthaus, N.; Kim, B.S.; Beier, J.P. The endocannabinoid receptors CB1 and CB2 affect the regenerative potential of adipose tissue MSCs. *Exp. Cell Res.* **2020**, *389*, 111881. [CrossRef]
- 36. Mechoulam, R.; Parker, L.A. The endocannabinoid system and the brain. Annu. Rev. Psychol. 2013, 64, 21–47. [CrossRef]
- 37. Libro, R.; Diomede, F.; Scionti, D.; Piattelli, A.; Grassi, G.; Pollastro, F.; Bramanti, P.; Mazzon, E.; Trubiani, O. Cannabidiol modulates the expression of Alzheimer's disease-related genes in mesenchymal stem cells. *Int. J. Mol. Sci.* 2016, 18, 26. [CrossRef]
- 38. Kozela, E.; Pietr, M.; Juknat, A.; Rimmerman, N.; Levy, R.; Vogel, Z. Cannabinoids Δ9-tetrahydrocannabinol and cannabidiol differentially inhibit the lipopolysaccharide-activated NF-κB and interferon-β/STAT proinflammatory pathways in BV-2 microglial cells. *J. Biol. Chem.* **2010**, *285*, 1616–1626. [CrossRef]
- 39. Ma, H.; Xu, F.; Liu, C.; Seeram, N.P. A network pharmacology approach to identify potential molecular targets for cannabidiol's anti-inflammatory activity. *Cannabis Cannabinoid Res.* **2021**, *6*, 288–299. [CrossRef]
- 40. Liu, C.; Ma, H.; Slitt, A.L.; Seeram, N.P. Inhibitory effect of cannabidiol on the activation of NLRP3 inflammasome is associated with its modulation of the P2X7 receptor in human monocytes. *J. Nat. Prod.* **2020**, *83*, 2025–2029. [CrossRef]
- 41. Suryavanshi, S.V.; Kovalchuk, I.; Kovalchuk, O. Cannabinoids as Key Regulators of Inflammasome Signaling: A Current Perspective. *Front. Immunol.* **2021**, *11*, 613613. [CrossRef] [PubMed]
- 42. Minshawi, F.; Lanvermann, S.; McKenzie, E.; Jeffery, R.; Couper, K.; Papoutsopoulou, S.; Roers, A.; Muller, W. The generation of an engineered interleukin-10 protein with improved stability and biological function. *Front. Immunol.* **2020**, *11*, 1794. [CrossRef] [PubMed]
- 43. Yousaf, M.; Chang, D.; Liu, Y.; Liu, T.; Zhou, X. Neuroprotection of cannabidiol, its synthetic derivatives and combination preparations against microglia-mediated neuroinflammation in neurological disorders. *Molecules* **2022**, 27, 4961. [CrossRef] [PubMed]
- 44. Mittal, S.K.; Roche, P.A. Suppression of antigen presentation by IL-10. Curr. Opin. Immunol. 2015, 34, 22–27. [CrossRef]
- 45. Neumann, C.; Scheffold, A.; Rutz, S. Functions and regulation of T cell-derived interleukin-10. *Semin. Immunol.* **2019**, 44, 101344. [CrossRef]
- 46. Turner, S.; Barker, V.D.; Adams, A.A. Effects of cannabidiol on the in vitro lymphocyte pro-inflammatory cytokine production of senior horses. *J. Equine Vet. Sci.* **2021**, *103*, 103668. [CrossRef]
- 47. Turner, S.; Knych, H.K.; Adams, A.A. The effects of cannabidiol on immune function and health parameters in senior horses. *Vet. Immunol. Immunopathol.* **2023**, 257, 110549. [CrossRef]
- 48. Li, X.; Köner, H.; Liu, X. Susceptibility to intracellular infections: Contributions of TNF to immune defense. *Front. Microbiol.* **2020**, 11, 1643. [CrossRef]
- 49. Kak, G.; Raza, M.; Tiwari, B.K. Interferon-gamma (IFN-γ): Exploring its implications in infectious diseases. *Biomol. Concepts* **2018**, 9, 64–79. [CrossRef]

50. Barberini, D.J.; Freitas, N.P.P.; Magnoni, M.S.; Maia, L.; Listoni, A.J.; Heckler, M.C.; Sudano, M.J.; Golim, M.A.; Landim-Alvarenga, F.C.; Amorim, R.M. Equine mesenchymal stem cells from bone marrow, adipose tissue and umbilical cord: Immunophenotypic characterization and differentiation potential. *Stem Cell Res. Ther.* **2014**, *5*, 25. [CrossRef]

51. Livak, K.J.; Schmittgen, T.D. Analysis of relative gene expression data using real-time quantitative PCR and the 2–ΔΔCT method. *Methods* **2001**, *25*, 402–408. [CrossRef] [PubMed]

**Disclaimer/Publisher's Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.