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**Introduction:** We report on the case of a 15 year old young person with a known diagnosis of autism presenting with a rapid and acute regression in functional abilities, decline in expressive speech and bizarre posturing. The symptoms first started during lockdown (April 2020) with anxiety related to school work followed by urinary incontinence, insomnia, muttering to self and incongruent smiling. Initial medical investigations including MRI, lumbar puncture and 24hour EEG were inconclusive, so she was referred to Paediatric Liaison for assessment.

**Objectives:** We demonstrate the value of a child psychiatry liaison service being involved with young people in an acute medical hospital

**Methods:** This young person had a thorough psychiatric assessment.

**Results:** Through daily psychiatric assessment and reviews with the young person, her parent, social care, wider community team, school and Paediatric Inpatient ward in order to expand on the understanding of the young person and develop a case formulation. She was started on oral Olanzapine 2.5mg which was gradually increased to 10mg OD with minimal improvement.

**Conclusions:** Childhood Disintegrative Disorder (CDD or Heller's Syndrome) is a rare pervasive disorder presenting as a loss of previously acquired skills after at least two years of normal development. Despite no longer being included in DSM-V, it is important for Psychiatrists to have a working knowledge of CDD and consider other differentials when assessing young people.

**Disclosure:** No significant relationships.

**Keywords:** Development; neurology; CAMHS; psychiatry

## EPV0065

### Suicide in adolescence

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**Introduction:** Suicide is one of the most common causes of death among young people worldwide. Adolescence is an important developmental period of life due to the increased risk of suicide and the prevalence of psychiatric disorders.

**Objectives:** To explore the suicidal ideation, intentions and risk factors of adolescents.

**Methods:** A clinical case study presentation will be performed.

**Results:** An adolescent female, aged of 16 years old, was admitted to the Department of Psychiatry for Children and Adolescents of a General Hospital, diagnosed with behavioral and emotional disorder and active suicidal ideation on ground of sexual abuse. During her hospitalization, she exhibited self-destructive behaviour by swallowing objects or causing extensive skin scarring as well as serious suicide attempts by hanging. Her emotional and behavioral status was unstable and unpredictable. The adolescent had repeatedly expressed her will to escape from an unbearable life.

**Conclusions:** The results of the presentation of our clinical case could contribute to the improvement of awareness regarding

suicidal behavior in adolescence, which might have a significant effect on the prevention and treatment of this potentially lethal condition.

**Disclosure:** No significant relationships.

**Keywords:** Suicidal ideation; adolescence; Suicide; self-harm

## EPV0066

### Pathopsychological assessment of pediatric patients with autoimmune diseases of central nervous system

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**Introduction:** Autoimmune diseases of central nervous system (CNS) are wide spread in children. In some cases, mental disturbances in such patients are barely noticeable in the beginning, which hinders early detection of risks in the child's mental development.

**Objectives:** The study focuses on comparative analysis of the structure of mental disorders in pediatric patients with autoimmune diseases of CNS.

**Methods:** Research includes two cases: girls aged 14 and 16, one with acute disseminated encephalomyelitis (ADEM), disease onset at 4 years and 11 months, and another with multiple sclerosis (MS), disease onset at 5 years and 5 months. The following methods were used: analysis of patient's medical record, interview with neurologists, pathopsychological assessment.

**Results:** Common features in both cases: 1) organic brain disorders; 2) patients do not demonstrate intellectual deterioration, can master regular school curriculum; 3) detected mental disturbances reflect risks for mental and personality development. Specific features: 1) the patient with MS demonstrates polymorphism of mental disorders, while the patient with ADEM — homogeneity of mental disorders; 2) main problems of the patient with MS are related to self-regulation, which makes the general picture similar to pseudo-frontal syndrome; the patient with ADEM has major neurodynamic disturbances, which has similarity to psychoorganic syndrome; 3) predictors of personality disorders detected in case of MS determine the negative prognosis for mental development.

**Conclusions:** The delineated features evidence for further psychological study of CNS autoimmune diseases and formulation of criteria for clinical psychological assessment. These patients need to be monitored by psychologists to prevent personality disorders.

**Disclosure:** No significant relationships.

**Keywords:** CNS disease; autoimmune disease; pathopsychological assessment

## EPV0067

### Disruptive mood dysregulation disorder

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