

Scientific Article

Radiation-Induced Hypothyroidism After Radical Intensity Modulated Radiation Therapy for Oropharyngeal Carcinoma



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Abstract

Purpose: To evaluate 2 published normal tissue complication probability models for radiation-induced hypothyroidism (RHT) on a large cohort of oropharyngeal carcinoma (OPC) patients who were treated with intensity-modulated radiation therapy (IMRT).

Methods and Materials: OPC patients treated with retrievable IMRT Digital Imaging and Communications in Medicine (DICOMs) data and available baseline and follow-up thyroid function tests were included. Mean dose (Dmean) to the thyroid gland (TG) and its volume

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were calculated. The study outcome was clinical HT at least 6 months after radiation therapy, which was defined as grade ≥ 2 HT per Common Terminology Criteria for Adverse Events grading system (symptomatic hypothyroidism that required thyroid replacement therapy). Regression analyses and Wilcoxon rank-sum test were used. Receiver operating characteristic curves and area under the curve for the fitted model were calculated.

Results: In the study, 360 OPC patients were included. The median age was 58 years. Most tumors (51%) originated from the base of tongue. IMRT-split field was used in 95%, and median radiation therapy dose was 69.96 Gy. In the study, 233 patients (65%) developed clinical RHT that required thyroid replacement therapy. On multivariate analysis higher Dmean and smaller TG volume maintained the statistically significant association with the risk of clinical RHT ($P < .0001$). Dmean was significantly higher in patients with clinical RHT versus those without (50 vs 42 Gy, $P < .0001$). Patients with RHT had smaller TG volume compared with those without (11.8 compared with 12.8 mL, $P < .0001$). AUC of 0.72 and 0.66 were identified for fitted model versus for the applied Boomsma et al and Cella et al models, respectively.

Conclusions: Volume and Dmean of the TG are important predictors of clinical RHT and shall be integrated into normal tissue complication probability models for RHT. Dmean and thyroid volume should be considered during the IMRT plan optimization in OPC patients.

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Introduction

Hypothyroidism is one of the radiation therapy (RT)-attributable side effects after curative treatment of head and neck cancers (HNC).¹⁻³ It has been reported that 19% to 53%^{4,5} of the HNC patients develop hypothyroidism after RT, which negatively affects quality of life in HNC survivors.⁶ This is of particular importance in the era of human papillomavirus (HPV) positive oropharyngeal carcinoma (OPC) with rapidly growing numbers of (young) survivors who live decades with treatment morbidities.^{7,8} The vast majority of modern OPC patients are treated with RT as a component of their care.⁹ Refinements in RT delivery can lessen nontarget doses in hopes of toxicity reduction.^{10,11} Yet, even with modern RT, toxicity prediction strategies are needed because collateral dose to normal tissue is unavoidable without compromising the therapeutic RT dose required to eradicate the tumor.¹²

Even with intensity-modulated radiation therapy (IMRT), higher hypothyroidism rates have been reported^{13,14} and this phenomenon could be elucidated by the IMRT beam path parameters, namely higher integral radiation dose to nontarget normal tissues.¹⁵ However, with IMRT, application of additional dose constrains that would decrease the delivered RT dose to the thyroid gland (TG) is feasible.¹³ To use the modern RT techniques for risk-adapted RT plans, identifying clinical and dosimetric parameters for modeling normal tissue complication probability (NTCP) is an unmet clinical need.¹⁶ Currently, there is a growing effort to identify the relevant input clinical and dosimetric parameters that could be incorporated in an NTCP model for hypothyroidism.^{17,18} At present, some dosimetric parameters (ie, mean thyroid gland dose, V30, V40, and V50) have been proposed to minimize the risk of hypothyroidism after RT.¹⁹⁻²²

Nevertheless, NTCP models that account for the patient-intrinsic risk factors²³ and treatment parameters could offer a powerful approach for personalized treatment selection and RT plan optimization based on estimated risk of complications.

This work aims to apply existing NTCP models for radiation-induced hypothyroidism (RHT) risk prediction in a large cohort of OPC patients and to explore the clinical and dosimetric parameters for RHT.

Methods and Materials

Study cohort

We identified 523 OPC patients treated with IMRT without thyroidectomy at University of Texas, MD Anderson Cancer Center, between 2007 to 2013. OPC patients treated with retrievable IMRT plan or dose DICOMs and known baseline thyroid status and available follow-up thyroid function tests were included (Fig E1, available online at <https://doi.org/10.1016/j.adro.2019.08.006>). In total, 360 OPC patients were eligible for the analysis. Clinical HT that required thyroid replacement therapy was defined as grade ≥ 2 HT per Common Terminology Criteria for Adverse Events grading system, versions 3 and 4^{24,25} at least 6 months post-RT.

Intensity modulate radiation therapy

Treatment planning was conducted using Pinnacle 9.6 software in all patients (Philips Medical Systems, Andover, MA). All patients were treated with IMRT, per our institutional protocol for OPC,²⁶ with each case undergoing rigorous group peer-review prior treatment

commencement.²⁷ IMRT was delivered using split-field²⁸ technique for most of the patients. Whole-field IMRT was used only for bulky tumors, which might be underdosed using the split-field approach. We are following the National Comprehensive Cancer Network guidelines²⁹ for the sequential and concurrent systemic therapy.

Dosimetric data

Treatment plan and dosimetric data were restored using Pinnacle 14 software (Phillips Medical Systems, Andover, MA). Planning CT DICOM files were exported into a benchmarked³⁰ commercial deformable registration/segmentation software Velocity AI (Velocity AI 3.0.1, Velocity Medical Solutions, Atlanta, GA). Mean dose (Dmean) to the TG and its volume were calculated using Velocity AI software. Thyroid gland was autosegmented using a previously validated atlas data set³⁰ and subsequently curated by expert radiation oncologists (MK and ASRM). Dose-volume histograms (DVHs) were extracted from Velocity AI.

Normal tissue complication probability modeling

Two previously published NTCP models for hypothyroidism were selected to be tested on our institution's data set. One model has been published by Boomsma et al,¹⁸ which uses the logistic function.

$$NTCP = \frac{1}{1 + e^{-S}} \quad \text{Equation 1}$$

In Equation 1, S is a linear function determined through a generalized linear model fit based on mean thyroid dose and thyroid volume and has the form.

$$S = 0.011 + (0.062 * \text{mean dose thyroid gland}) + (-0.19 * \text{thyroid gland volume}) \quad \text{Equation 2}$$

The second model was enumerated by Cella et al,³¹ and it incorporates thyroid V_{30} , the absolute volume (in mL) of the thyroid gland receiving a dose of 30 Gy, the absolute total volume of the thyroid gland, and sex. The associated S function is Equation 3, which can be applied through Equation 1.

$$S = 1.94 + (0.26 * \text{thyroid } V_{30}) + (-0.27 * \text{thyroid gland volume}) + (-2.21 * \text{sex (male)}) \quad \text{Equation 3}$$

For both of the selected models, a model of the same form was fit on our institution's data set similarly using generalized linear model fitting with a logit link function. Additionally, several models similar to Equation 2 but

instead using equivalent uniform dose (EUD) were also fit. EUD was calculated according to Equation 4, incorporating values of the a parameter including 0.5, 2, 3, 4, and 5.

$$EUD = \left(\sum_{i=1}^n v_i D_i^a \right)^{\frac{1}{a}} \quad \text{Equation 4}$$

where v_i and D_i describe the differential volume and dose, respectively. The a parameter value of 1 was omitted because in that case the EUD is equal to the mean dose.

Model fitting was carried out using the glm function in R version 3.4.2.³² The predictive ability of the selected models and the fitted models were compared based on receiver operating characteristic (ROC) curves, which were calculated with the pROC package in R.³³ The ROC curves for the fitted models were calculated based on 10-fold repeated cross-validation with 100 repeats. The area under the curve (AUC) values for the various models were then compared according to DeLong's test for 2 correlated ROC curves also using the pROC package.³³

Statistical analysis

All statistical analysis was performed using commercial statistical analysis software programs (JMP v12 Pro, SAS Institute, Cary, NC; R version 3.4.2, R Foundation for Statistical Computing, Vienna, Austria). Descriptive statistics were calculated. Statistical analyses of the categorical variables were performed using χ^2 tests and t tests for continuous outcomes. Dmean and volume of TG for those with HT were compared with others using Wilcoxon rank-sum test. Univariate regression models were first examined for clinical variables (T-classification, N-classification, sex, age, treatment modalities, RT dose, volume of the RT neck field and primary site). Multivariable models retained confounders that were independently associated ($P < .05$) with the presence of clinical hypothyroidism. A P value of $< .05$ was considered statistically significant. A Bayesian Information Criteria (BIC)-minimizing stepwise forward model was constructed using the significant clinical and dosimetric variables. Patient dose distributions were interrogated via plots of cumulative DVH (using a 1 Gy step [range, 1-75 Gy]) according to presence or absence of HT, with subsequent Wilcoxon rank-sum tests and P values plotted via heat map analysis and Bonferroni correction for multiple comparisons.

Results

The study cohort includes 360 patients who were treated with IMRT for OPC. The median age was 58 years and 340 were men (Table 1). As many as 233 patients

Table 1 Patient and treatment characteristics

Patient and tumor characteristics	All patients	No clinical HT (G0-1)	Clinical HT required medications (G2)	Univariate <i>P</i> value
	N = 360	N = 140	N = 233	
	N (%)	N (%)	N (%)	
Dmean mean ± SD, in Gy	47.29 (±10.5)	42.57 (±13.3)	49.86 (±7.4)	<.0001*
TG volume mean ± SD in mL	11.83 (±3.87)	12.77 (±4.49)	11.32 (±3.39)	.0076*
Age median (range), y	58 (33-85)	58 (35-85)	58 (36-82)	.55
Sex				
Male	312 (87)	110 (87)	202 (87)	.98
Female	48 (13)	17 (13)	31 (13)	
Subsite				.0029*
Base of tongue	184 (51)	55 (43)	129 (55)	
Tonsil	164 (46)	71 (56)	93 (40)	
Others	12 (3)	1 (1)	11 (5)	
T				.0182*
1-2	259 (73)	101 (80)	158 (69)	
3-4	97 (27)	25 (20)	72 (31)	
N				.0050*
0	24 (7)	15 (12)	9 (4)	
1-3	333 (93)	111 (88)	231 (96)	
Induction ± CCRT				.0146*
Yes	129 (36)	35 (28)	94 (40)	
No	231 (64)	92 (72)	139 (60)	
CCRT				.0574
Yes	225 (63)	71 (56)	154 (66)	
No	135 (38)	56 (44)	79 (34)	
HPV/P16 status				.554
Positive	279 (78)	102 (80)	177 (76)	
Negative	29 (8)	10 (8)	19 (8)	
Unknown	52 (14)	15 (12)	37 (16)	
Total RT dose, range (Gy)	70 (60-72)	70 (60-70)	70 (60-72)	.054
IMRT				.1654
Split	341 (95)	123 (97)	218 (94)	
Whole field	19 (5)	4 (3)	15 (6)	
Neck irradiation				.0003*
Ipsilateral	45 (13)	27 (21)	18 (8)	
Bilateral	315 (87)	100 (79)	215 (92)	

Abbreviations: Dmean = mean dose; HPV = human papillomavirus; HT = hypothyroidism; IMRT = intensity-modulated radiation therapy; RT = radiation therapy; SD = standard deviation; TG = thyroid gland.

* Significant *P* value; $P \leq .0$.

(65%) developed clinical HT after RT. The median time to develop RHT was 12 months after completion of RT. Univariate analysis revealed that advanced tumor stage, positive nodal disease, bilateral neck irradiation, receipt of induction chemotherapy, higher Dmean to TG and smaller TG volume were associated with clinical HT. On multivariate analysis Dmean and TG volume remained statistically significant (Table 2). Figure 1 shows the composite DVHs for patients with and without RHT. Our results show that patients with RHT had numerically higher dose delivery across all DVHs than those without. The cumulative DVHs showed a significant separation between the 2 groups. It is interesting that this separation is observed also in low dose regions, hinting that more effort should be spent to minimize the RT dose as low as

possible. Even after Bonferroni correction, significant pairwise dose–volume differences were observed. A nonoverlapping confidence interval of dose in 1-Gy bins visually suggests a magnitude difference of $P < .0001$ (denoted in red in the heat map). To account for multiple comparisons and avoid potential error from normal distribution assumptions while illustrating pairwise dose differentials between RHT and no RHT subgroups, a heat map is displayed below to quantify the magnitude of *P* values for each 1-Gy bin (per nonparametric Wilcoxon rank-sum test for each bin).

Two NTCP models for hypothyroidism were fit on our institution's data following from the models selected from the literature. The model based on the Boomsma et al¹⁸ model predictors is represented by Equation 5.

Table 2 Stepwise forward regression model

Model effects	FDR- LogWorth	FDR- <i>P</i> value	Whole model <i>P</i> value	Whole model ROC, AUC	Whole model BIC
Dmean, median (Gy)	12.326	<.0001	<.0001	0.7299	419.8
TG volume, median (mL)	6.431	<.0001			

Abbreviations: AUC = area under the curve; Dmean = mean dose; FDR = false discovery rate; LogWorth = $-\log_{10}[P \text{ value}]$ = such that $P = .01$ is equivalent to a LogWorth of 2.0, $P = .001$ is denoted by LogWorth of 3.0, etc; ROC = receiver operating characteristic; TG = thyroid gland.

$$S = -1.69 + (0.0879 * \text{mean dose thyroid gland}) + (-0.151 * \text{thyroid gland volume})$$

Equation 5

Equation 6 is the model which includes thyroid V_{30} , total thyroid gland volume, and sex as predictors.

$$S = 2.38 + (0.424 * \text{thyroid } V_{30}) + (-0.557 * \text{thyroid gland volume}) + (0.253 * \text{sex (male)})$$

Equation 6

Table 3 presents a summary of the model parameters for all models, including the parameters for each of the EUD-based models. For each value of a parameter, the

corresponding EUD was significantly associated with hypothyroidism on both univariate analysis and multivariable logistic regression.

Table 3 also presents the results for the ROC curve analysis for all models. Each of the models fit on our institution’s data are compared with the performance of both the Boomsma et al¹⁸ and Cella et al^{31,34} models according to DeLong’s test. Model performance was generally similar across all of the models with observed AUC values of approximately 0.7, with the exception of the model from Cella et al^{31,34} being slightly lower. The AUC for the Cella et al^{31,34} model was 0.66 (95% confidence interval [CI], 0.60-0.72), whereas that for the similar fitted model was 0.71 (95% CI, 0.66-0.77). The difference between the AUCs of the ROC curves for the 2 previously published

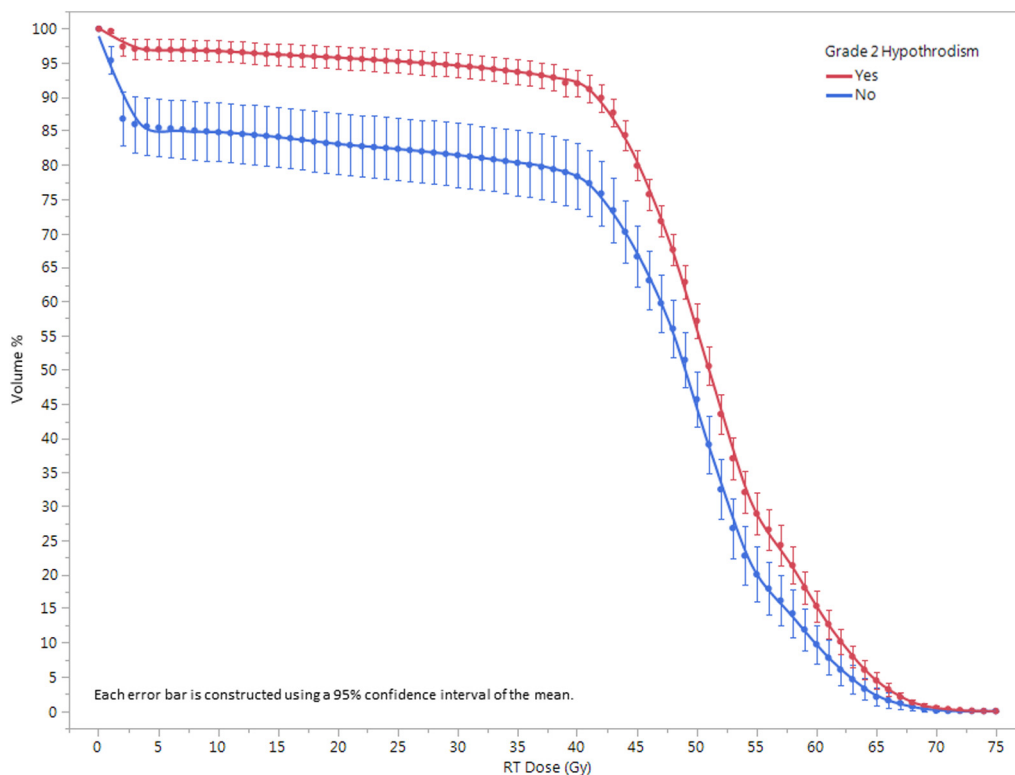


Figure 1 Thyroid gland DVH stratified by radiation therapy-induced clinical hypothyroidism. Comparison of the dose volume histograms (DVHs) between the plans for radiation therapy-induced hypothyroidism cases versus No-HT; each error bar is constructed using a 95% confidence interval of the mean. *P* value thresholding for multiple comparisons was used with $P < .0006$ deemed significance, which indicated in the heat map by the read shading.

Table 3 Summary of model parameters and coefficients for previously published and fitted models

Model source	S equation	Coefficients (SD error)				AUC (95% CI)	DeLong's Test P value	
		a	b	c	d		Boomsma et al	Cella et al
Boomsma et al ⁵	$a + b * D_{mean} + c * V_{thyroid}$	0.011	0.062	-0.19		0.72 (0.66-0.77)		0.004
Cella et al ³¹	$a + b * V_{30} + c * V_{thyroid} + d * sex(male)$	1.94	0.26 (0.09)	-0.27 (0.11)	-2.21 (0.85)	0.66 (0.60-0.72)	.004	.004
Fit	$a + b * D_{mean} + c * V_{thyroid}$	-1.49 (0.63)	0.0864 (0.0132)	-0.161 (0.033)		0.72 (0.67-0.78)	.77	.004
Fit	$a + b * V_{30} + c * V_{thyroid} + d * sex(male)$	2.44 (0.47)	0.416 (0.0731)	-0.559 (0.087)	0.342 (0.384)	0.71 (0.66-0.77)	.39	.013
Fit	$a + b * EUD_a = 0.5 + c * V_{thyroid}$	-0.498 (0.519)	0.0674 (0.0103)	-0.161 (0.033)		0.72 (0.66-0.78)	.78	.005
Fit	$a + b * EUD_a = 2 + c * V_{thyroid}$	-3.47 (0.90)	0.123 (0.019)	-0.157 (0.033)		0.73 (0.67-0.79)	.56	.005
Fit	$a + b * EUD_a = 3 + c * V_{thyroid}$	-4.86 (1.12)	0.146 (0.024)	-0.151 (0.033)		0.72 (0.67-0.78)	.79	.010
Fit	$a + b * EUD_a = 4 + c * V_{thyroid}$	-5.69 (1.28)	0.159 (0.026)	-0.145 (0.033)		0.72 (0.67-0.78)	.96	.017
Fit	$a + b * EUD_a = 5 + c * V_{thyroid}$	-6.14 (1.38)	0.165 (0.028)	-0.140 (0.033)		0.72 (0.66-0.78)	.91	.025

Abbreviations: AUC = area under the curve; CI = confidence interval; SD = standard deviation. AUC values from ROC curve analysis for each model are presented and AUC values for fitted models are compared with previously published models according to DeLong test for correlated ROC curves.

models as applied to our data set was significant with a *P* value of .004. There was no statistically significant difference between the AUC of the ROC curve for the model from Boomsma et al¹⁸ compared with the AUCs for the models fit on our institution's data. The AUC for the Cella et al^{31,34} model was significantly lower (*P* < .05) than the AUC for most of the models fit on our institution's data set. The largest AUC value (0.73; 95% CI, 0.67-0.79) was observed for the EUD-based model with an *a* parameter of 3. AUC values were similar for all tested EUD-based models with an *a* parameter >1.

Figure 2 displays mean dose to the thyroid gland versus thyroid volume for patients with and without hypothyroidism with a linear regression line and 95% confidence interval for each group. Figure 3 provides a visual comparison of NTCP versus mean thyroid dose for several thyroid volumes for the Boomsma et al¹⁸ model and the fitted model of the same form. In addition, 95% confidence bands are provided for the fitted model. These models were selected for comparison because the Boomsma et al model performed better on our internal data set and because they can be directly compared owing to being based on the same input parameters, whereas an EUD based model is not directly comparable to a model based on mean dose. The largest differences between the models are observed for the predictions for thyroid volumes of 25 mL.

Discussion

In a homogenous cohort of 396 OPC patients treated with IMRT, we examined the clinical and dosimetric correlates of RT-induced hypothyroidism and validated existing NTCP models for RT-induced hypothyroidism on a large sample cohort. Our data showed that patients with advanced tumor stage, positive nodal disease, bilateral neck irradiation, receipt induction chemotherapy, higher Dmean to TG, and smaller TG volume had significant risk of clinical HT in the univariate analysis. On multivariate analysis, Dmean and TG volume maintained a statistically significant association with clinical HT. Boomsma et al⁵ and Cella et al³¹ models for RT-induced hypothyroidism were tested on our institution's data in addition to models fit on the data set. Model performance was generally similar across all of the models with observed AUC values of approximately 0.7, with the exception of the model from Cella et al.³¹ Additionally, the corresponding EUD was significantly associated with HT on both univariate analysis and multivariable logistic regression. A linear relationship was observed between the TG volume and Dmean. Within the study cohort, patients with HT were predominately characterized by being female, with average aged, (median [range], 58[36.5-82] years old), diagnosed with BOT cancer, presented with advanced N stages, received induction chemotherapy concurrent chemoradiation (IC ± CCRT), had HPV positive status, treated with split

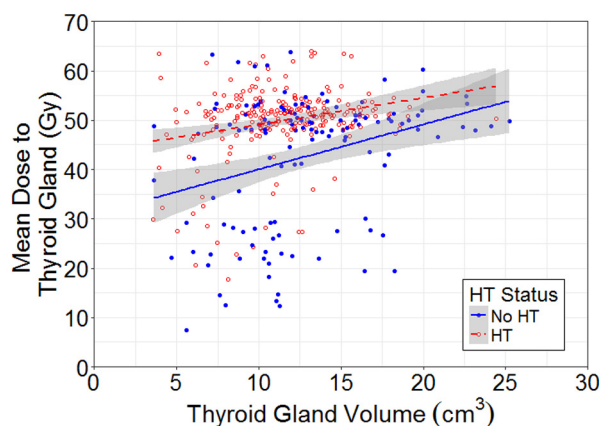


Figure 2 Mean dose to the thyroid gland versus thyroid volume for patients with and without hypothyroidism (HT). A linear regression line and 95% confidence interval are displayed for each group.

field IMRT, and underwent bilateral neck irradiation. Patients with HT had smaller TG volume compared with those without (11.8 compared with 12.8 mL, $P < .0001$). Dmean was significantly higher in patients with clinical HT versus those without (50 vs 42 Gy, $P < .0001$).

Differences in the performance between the model from Cella et al³¹ and the model from Boomsma et al¹⁸ and the fitted models could potentially be explained by differences in the patient populations on which the models were fitted, different study outcomes, and longer follow-up time. Cella et al³¹ developed their model on data from a cohort of patients treated for Hodgkin lymphoma with a median treatment dose of 32 Gy (range, 30–36).^{31,35} This is in contrast to our institution's cohort which received a median treatment dose of 69.96 Gy (range, 59.96–72.00). The median thyroid Dmean for the Cella et al^{31,35} study was reported for those patients with and without HT separately, with values of 31.5 Gy (range, 30.4–32.6) and 18.9 Gy (range, 15.8–29.8), respectively. However, for our cohort the median thyroid Dmean was 50.23 (range, 7.51–63.92; across all patients), which was greater than the maximum possible Dmean from their study. The Cella et al³¹ model was tested on a cohort of breast cancer patients reported by Johansen et al³⁶ for which median thyroid Dmean was 31 Gy (range, 22–42) for patients with clinical HT (requiring treatment) and 31 Gy (range, 28–28) for those without HT. Cella et al³¹ reported AUC values for their model (Equation 3) of 0.874 for their internal data set and 0.914 for the Johansen et al³⁶ data set. In contrast, the model from Boomsma et al^{18,36} (Equation 2) produced AUC values of 0.718 and 0.898,³¹ respectively, for the 2 data sets. The Boomsma et al¹⁸ model was fit for a cohort of head and neck cancer patients treated to dose in the range of 46 to 66 Gy; however, the median thyroid Dmean was not reported for this cohort. In this study we evaluated radiation-induced hypothyroidism as clinically evident hypothyroidism of CTCAE grade 2 or higher. This is in contrast to the

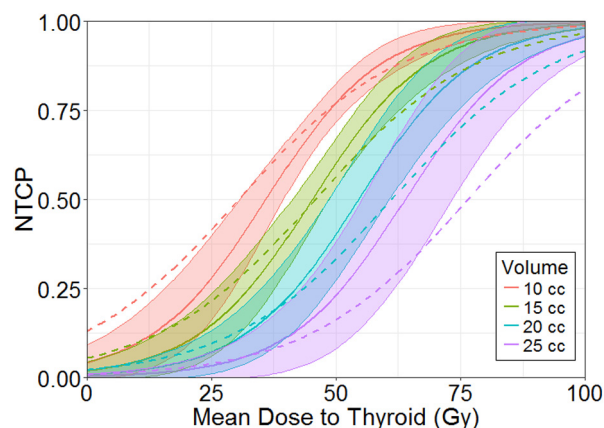


Figure 3 Comparison of predicted NTCP values for different thyroid gland volumes. Comparison of predicted NTCP values for different thyroid gland volumes (colors) for the model previously published by Boomsma et al (dashed lines) and the model fit on our institution's data (solid lines). 95% confidence intervals (bands) are presented for the fitted model.

previous studies which included both subclinical (laboratory determined) and clinical hypothyroidism. Such differences could further contribute to variations in model performance. Given the generally lower AUC values observed in our study (~ 0.7) across both previously published models and fitted models compared with those AUC values observed in previous publications, it would seem that such models are less suited to predicting clinical hypothyroidism, though the Cella et al³¹ model did perform well for the Johansen et al³⁶ cohort (clinical HT). The differences in thyroid Dmean for the various cohorts, lower values for Cella et al³¹ and Johansen et al³⁶ and higher values for Boomsma et al¹⁸ and our cohort, would also contribute to differences in model performance. It is thus of great importance to continue to develop models based on different patient populations, such that a model whose input data most closely matches the intended application can be selected when evaluating RHT risk.

Our results indicated that NTCP models based on EUD with an a parameter greater than 1 (2, 3, 4, and 5 tested) performed the best, although the model performance was not significantly better than that of the Boomsma et al model. There may be some value in further investigation into the role of EUD in the NTCP for hypothyroidism; however, this is beyond the scope of this study.

Hypothyroidism is frequently observed after radiation^{1–5} and this phenomenon could be explained by RT-induced direct cell injury, microvascular insult^{1,37} and immune-mediated damage,³⁸ which resulted in reduction of the TG volume.³⁹ Such volumetric reduction was found to be correlated with the Dmean to the TG rather than the Dmax, which only affect a relative small volume of the TG.⁴⁰ A thyroid volume effect in RHT development was found in our current research effort and others^{13,36,41}; there is a decrease in the risk of RHT with

larger thyroid gland volumes and the volume of irradiated thyroid seems to be a risk factor for RHT.³

Our study is the largest of its kind investigating the risk of RHT after IMRT for HNC patients with a comprehensive approach incorporating the clinical and dosimetric characteristics in the risk assessment. The study cohort is a homogenous sample of OPC patients treated with definitive intent and a median IMRT dose of 70 Gy. Our methodology accounts for the EUD in comparison to other approaches. However, our study has the caveats of retrospective design and utilization of single institution data set.

Multi-institutional collaboration and prospective data are incredibly needed to construct and validate the novel predictive models for treatment-induced toxicities. Although we excluded patients with unknown thyroid status at pre-RT time point, the retrospective nature of the study did not allow for accounting for the possibility of missing pre-RT subclinical hypothyroidism status. This caveat may introduce some bias. Prospective studies with frequent monitoring of the TSH level at multiple time points (baseline, during RT and shortly after RT (during the acute or subacute phase [up to 6 months after RT]) are needed to account for the fluctuation nature of the TSH results, false laboratory results and possibility of spontaneous recovery of pre-RT and acute or subacute subclinical hypothyroidism, which may affect the accuracy of the assessment of the thyroid status later and identify patients with late RT-induced hypothyroidism.

Our data confirms that thyroid volume and mean thyroid radiation therapy dose are important predictors of clinical radiation therapy-induced hypothyroidism. Accordingly, personalized plan optimization, based on individual thyroid volume, is recommended to reduce the risk of clinically relevant hypothyroidism after IMRT for OPC. In the era of the HPV-driven OPC, rapidly growing numbers of young survivors live longer with treatment morbidities, thus, maintaining the functional outcome is the metric of therapeutic success.

Supplementary data

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