

# Pre-surgery evaluations by telephone decrease travel and cost for families of children with cerebral palsy

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## Abstract

**Introduction:** Children with cerebral palsy need highly specialized care. This can be very burdensome for families, particularly in large rural states, due to the need for long-distance travel to appointments. In this study, children undergoing the selective percutaneous myofascial lengthening surgery utilized a telephone-based telemedicine evaluation to assess for surgical eligibility. The goal was to avoid a separate preoperative clinic visit weeks before the surgery. If possible, eligibility was determined by telephone, and then, the patient could be scheduled for a clinic visit and possible surgery the next day, saving the family a trip. The purposes of the study were to calculate estimated reductions in miles traveled, in travel expenses, and in carbon emissions and to determine whether the telephone assessment was accurate and effective in determining eligibility for surgery.

**Methods:** From 2010 to 2012, 279 patients were retrospectively reviewed, and of those, 161 mailed four-page questionnaire and anteroposterior pelvis X-ray followed by a telephone conference. Geographic information system methods were used to geocode patients by location. Savings in mileage and travel costs were calculated. From 2014 to 2015, 195 patients were additionally studied to determine accuracy and effectiveness.

**Results:** The telephone prescreening method saved 106,070 miles in transportation over 3 years, a 38% reduction with US\$55,326 in savings. Each family saved an average of 658 (standard deviation = 340) miles of travel and US\$343.64 (standard deviation = US\$178) in travel expenses. For each increase of 10 miles in distance from the health center, the odds of a patient utilizing telephone screening increased by 10% (odds ratio: 1.101, 95% confidence interval: 1.073–1.129,  $p < 0.001$ ). After the telephone prescreening, 86% were determined to be likely candidates for the procedure. For 14%, a clinic visit only was scheduled, and they were not scheduled for surgery.

**Conclusion:** Families seeking specialized surgical care for their disabled children particularly benefited from this approach.

## Keywords

Telemedicine, telehealth, telephone, surgery, cerebral palsy, selective percutaneous myofascial lengthening

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## Introduction

### Selective percutaneous myofascial lengthening surgery

Children with cerebral palsy can often benefit from surgery to lengthen muscle tendon units.<sup>1</sup> These surgeries can be through small or large incisions. Selective percutaneous myofascial lengthening (SPML) surgery uses incisions that are so small that sutures are not needed (2–3 mm) possibly making recovery time shorter. Because there are only two major centers that perform the SPML surgery, families often need to travel long distances to get the procedure. The goal of our center is to optimize the entire SPML healthcare experience.

### Telemedicine use in pre-surgery evaluation

One of the most important aspects of a surgery is the pre-surgery evaluation. The skill of a surgeon is to do surgery,

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but also to know which procedures will benefit which patients. Traditionally, telemedicine has been predominantly used for clinical diagnosis and follow-up of non-surgical diseases and processes. Telemedicine as a means for surgical evaluation has been less substantiated. One study found that low-bandwidth Internet-based telemedicine acted as a cost-effective and efficient means for surgical prescreening for adult and pediatric patients undergoing varying general and gynecologic procedures even when located in remote locations.<sup>2</sup> Another study analyzing pediatric ear, nose, and throat patients concluded that decisions about need for surgical intervention were equivalent through either videoconferencing or in-clinic observation.<sup>3</sup> Postoperative evaluation following laparoscopic procedures through low-bandwidth video, high-resolution images, and voice was also found to be accurate.<sup>4</sup>

### *Impact of telemedicine on travel and cost reduction*

Some studies exploring the cost-effectiveness and utility of telemedicine have demonstrated prominent reductions in spending, while others have shown no significant statistical difference.<sup>5-8</sup> The lack of definitive economic evaluation of telehealth has contributed to impediment in global adoption of telemedicine across medical specialties.<sup>9</sup>

There is a large body of research on telehealth efficacy and cost-effectiveness.<sup>6-8</sup> However, there are fewer papers discussing the direct benefits that patients receive in terms of reduction in travel expenditures. A systematic review from 2011 on teledermatology indicated that roughly 43% of overall travel could be eliminated by adherence to telemedicine protocols.<sup>10</sup> Furthermore, a study published in 2015 showed that in a mental health department of a veterans' hospital in Vermont, telemedicine use minimized patient travel by 145 miles/visit, with total savings of US\$63,000 or 3.5% of the total travel pay disbursement for the year.<sup>11</sup> Another study in rural Kansas showed that a pediatric psychology telemedicine service could save patients an average of US\$138 per consult in travel expenses using the conservative metric of US\$0.35/mile.<sup>12</sup>

### *Telephone-based telemedicine for surgical evaluation*

Telephone-based telemedicine involves a conversation between a physician and a patient or parent discussing the patient's history and X-ray findings. A family may send in a questionnaire and X-rays, but this would be insufficient to make a decision for surgery. Additionally, an in-depth discussion of the family's goals and expectations is necessary prior to a decision on surgical intervention. This can only be done as a conversation, and the use of a telephone allows this critical conversation to take place. Telephone-based telemedicine interventions have often been used for delivery of healthcare

information to patients with chronic conditions and with those in need of behavioral-based therapy, with satisfactory results.<sup>13-15</sup> Ovid and PubMed searches for telephone-based preoperative surgical assessments find a paucity of literature on the topic. Several articles focus on assessing patient preparedness for elective surgery, especially in terms of medical clearance to undergo anesthesia and as a method for reducing patient cancellations, rather than as a focal diagnostic and evaluation strategy for the surgery itself. More commonly, surgical evaluations by telemedicine utilize telephone consultation as a component of the assessment, supplemented with high-resolution imaging and/or videoconferencing.<sup>11</sup>

### *Telemedicine use in patients with cerebral palsy*

Cerebral palsy is a central nervous system disorder occurring in the first 3 years of life causing physical dysfunction. Cerebral palsy patients present with a variety of medical problems and require continuous follow-up among specialists throughout their care. For example, a single patient may see neurology for seizures, orthopedics for contractures and joint dislocations, wheelchair experts for custom seating, orthotists for braces, and therapists for movement and speech therapy. A retrospective audit looking at pediatric orthopedic patients referred to a telepediatric service found that there was a role for telehealth consultation. There was a role for all patients, but a more substantial benefit for patients with a disability, where the cost and inconvenience of patient transport is considerably higher.<sup>16</sup> Additional research on the role of telemedicine in the care of cerebral palsy patients looked at miles traveled by cerebral palsy patients and their families. They concluded that traditional care for cerebral palsy was insufficient and that telemedicine may be a feasible alternative for improving care. They noted that current access to telehealth options was limited.<sup>17</sup>

### *Study purpose*

The purposes of the study were to calculate estimated reductions in miles traveled, in travel expenses, and in carbon emissions. Another purpose was to determine whether the telephone assessment was equivalent to assessment in the clinic in terms of determining eligibility for surgery.

## **Methods**

### *SPML procedure and patient evaluation*

The setting was a university-based tertiary referral center. The patient population consisted of those from the state of Texas who contacted the center with an interest in the surgery. Patients were not recruited for the study. Patients who lived outside of Texas were excluded to simplify data analysis. The use of the telephone interview was optional. The families who contacted the clinic could be appointed for a pre-surgery evaluation visit without a telephone interview.

Those who contacted the surgeon's office were directed to send in a questionnaire (see Appendix 1) and an X-ray and were subsequently contacted by phone.

We obtained the names of all children with cerebral palsy who underwent surgery utilizing the SPML procedure from January 2010 to December 2012. Children of all gross motor function classification system levels are represented in the study. The goals of this surgery were to increase ambulatory ability in the more functional groups and to aid in comfort and ease of care for the more severely involved children. Of those undergoing the SPML procedure, some had a clinic evaluation followed by surgery weeks in the future. Others had a telehealth evaluation to assess surgical eligibility and then a clinic visit with possible surgery the next day, allowing the clinic visit and the surgery to be done in one trip. The telehealth preoperative interview was used to determine whether these patients would be possible surgical candidates. All patients must undergo a physical examination in person in order to determine the extent of muscle lengthening and specific muscle groups to be targeted. One of the goals of the center is to minimize the impact of travel on families. Pre-surgery screening involved the use of a four-page questionnaire, an anteroposterior pelvis X-ray that families mail, and then a telephone interview with the surgeon. It was usually not necessary to schedule these calls. The surgeon was able to call when he had a break in his schedule. The purpose of the telephone interview was to find out whether there were contractures at the hips, knees, or ankles, and if so, whether they were a significant issue. The telephone interview also addressed any ambiguities in the medication history and prior surgical history. Details of the child's strategies for mobility were also elicited. The process of studying the X-rays, reviewing the questionnaire, and calling the family took the surgeon 45 min to 1 h. One surgeon with more than 20 years of experience performed all surgeries and all telephone interviews. A video component was not used. The advantage of this was the convenience of reaching families on their home or cellular phones.

Because not all families utilized telephone screening, we were able to compare the distance traveled by the families that utilized or did not utilize the screening.

The year from September 2014 to August 2015 was additionally studied to determine how often the telephone evaluation was successful at eliminating a separate clinic visit and to determine the accuracy of the telephone evaluations in predicting the need for surgery.

To ensure the study was performed ethically, it was approved by our center's Institutional Review Board (07-166, 01/2010-12/2015) and written consent was obtained from legally authorized representatives of the pediatric patients.

### Data analysis

A Microsoft Excel database was constructed that noted whether telephone screening occurred. If an office visit was scheduled with surgery the following day, this was evidence

that a trip for evaluation was eliminated with the family staying in a nearby hotel. The patient's home address and ZIP code were noted.

Geographic information systems (GIS) methods were used, and all geographic analyses were calculated using ArcGIS 10.2.<sup>18</sup> Address geocoding was utilized to compare their home address to a database of known addresses and corresponding latitude and longitude coordinates. Euclidian distance between the home address (or centroid of patient ZIP code) and the health center was calculated using the GIS software's near tool.

Furthermore, the research team collected socioeconomic characteristics of the patient's home ZIP code (median household income) using data from the 2014 American Community Survey 5-year estimates.<sup>19</sup> This was converted into a dichotomous variable based on the ZIP code's median household income. Incomes were determined to be either above or equal to or below the US median household income of US\$53,482.<sup>20</sup> When analyzing cost reductions in terms of employment earnings, a number representing the potential cost from lost wages (due to driving to a preoperative visit) also utilized the median household income for this patient population (US\$53,482). For this calculation, we used an average of one wage-earning parent present at each clinical assessment, with the assumption that they would miss 1 day of work.

Data were then imported into Stata 14. The GIS software produced distance between patients and the health center. To estimate cost burdens due to mileage, the distance was multiplied by 2 (representing a round-trip visit) and then by US\$0.5216 (the average Internal Revenue Service (IRS) mileage rate for business miles driven from 2010 to 2012).<sup>20-22</sup> Savings in mileage and costs were calculated by totaling the round-trip mileage distance and cost for those utilizing the telephone screening (equating to one saved visit).

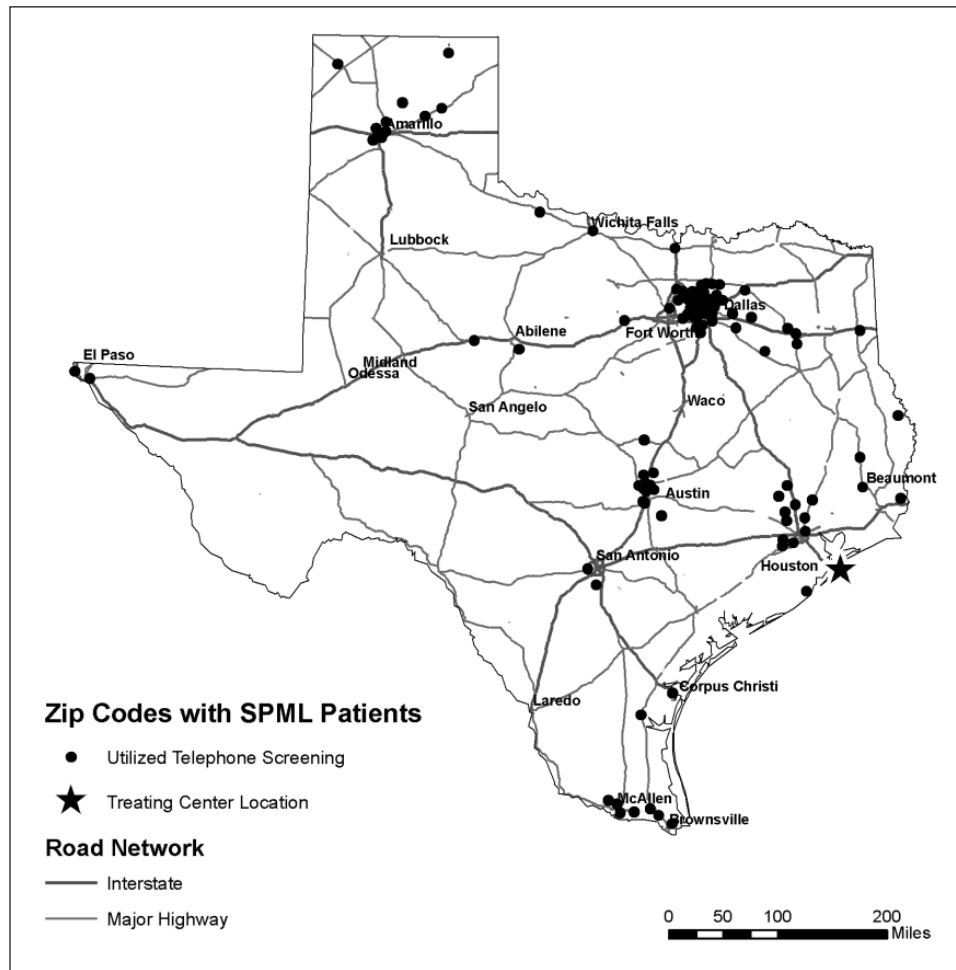
To determine estimated reduction in carbon emissions, the amount of mileage reduction was multiplied by the reference amount of 411 g of CO<sub>2</sub> emissions per mile for automobile travel.<sup>23</sup>

Univariate statistics (proportions for binary variables and means and standard deviations (SDs) for continuous variables) were calculated. To determine whether distance was statistically associated with the odds of utilizing the telephone preoperative assessment, we conducted a logistic regression. Distance served as the independent variable.

## Results

### Patient population demographics

A total of 317 patients had SPML surgery during this period. Of them, 38 patients were excluded since they lived outside of Texas, leaving 279 patients. Of these patients, 161 or 58% participated in the telemedicine preoperative evaluation. The median age at the time of surgery was approximately 8 years, and 40% of patients were female. Of the 279 patients, 232



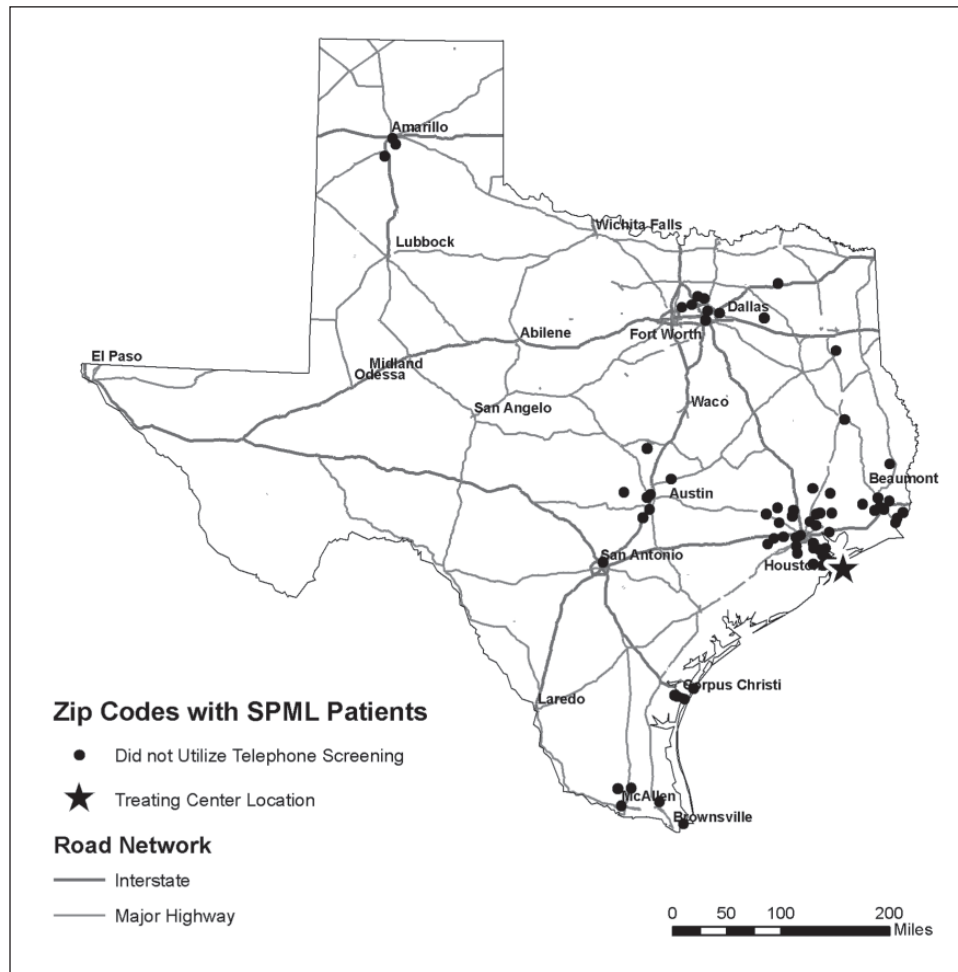
**Figure 1.** Those utilizing telephone screening were often from regions distant to the treating center.

patients' addresses (83%) were successfully geocoded to their exact location. The remaining 47 patient addresses were geocoded to the geographic center (centroid) of their home ZIP code.

Patients tended to live in or around the major metropolitan areas in the State (Figure 1). Roughly half (50.2%) of the patients lived in ZIP codes where the median household income is below the US median, making travel savings even more beneficial to this patient cohort. Patients' mean distance from the health center averaged 249 miles (SD=179) or 498 miles round trip. Those utilizing the telephone-based preoperative screening lived a mean of 329.1 miles (SD=170) or 659 miles round trip from the health center (Figure 1), compared to 140 miles (SD=125) or 280 miles round trip for those not utilizing the screening (Figure 2). It appears that distance may play a role in the utilization of telephone-based prescreening. For each increase of 10 miles in distance from the health center, the odds of a patient utilizing telephone screening increased by 10% (odds ratio (OR): 1.101, 95% confidence interval (CI): 1.073–1.129,  $p < 0.001$ ).

### Pre-surgery evaluation

To give more perspective on how the prescreening works in clinical practice, an additional year was examined in more detail. From September 2014 to August 2015, 195 children were screened. Of those, 168 (86%) were determined to be likely candidates for the procedure. However, for the remaining 27, it was unclear whether they were candidates for surgery or not. For those 27, it was recommended to schedule a clinic visit for evaluation. During that same year, 184 SPML surgeries were performed. Zero patients who were initially deemed possibly eligible for surgery from the telehealth screening were then deemed not eligible for surgery during the evaluation the day before the scheduled procedure. In every telehealth case, the patient was seen and a physical examination was done prior to surgery. Therefore, the approach using telehealth to determine surgical suitability is as safe as seeing patients in clinic to determine surgical suitability without telehealth. If during their clinic visit a muscle that was targeted for lengthening by telehealth was not found to be suitable for surgery, then that muscle tendon unit was not lengthened.



**Figure 2.** Those not utilizing telephone screening were often from the region of the treating center.

### *Reductions in travel miles, travel expenses, and carbon emissions*

The average round-trip distance for all patients was 498 miles and the average cost was US\$260 (SD=US\$187). By participating in the telephone-based preoperative screening, patients were able to reduce their travel by one round-trip visit. This allowed these patients, who were also located further than average, to save an average of 659 (SD=340) miles in additional travel distance, saving on average US\$344 (SD=US\$178). Overall, the telephone prescreening appointment saved 106,070 miles in transportation for this cohort of 161 patients ( $161 \times 659$ ). This equates to US\$55,326 in savings from mileage costs alone at the IRS rate of US\$0.5216/mile or US\$18,442 per year in this 3-year study. Across this cohort, the telephone prescreening reduced miles traveled and mileage costs by 38% ( $106,070 / (279 \times 498 \times 2)$ ). Additionally, when looking at carbon emissions, at 106,070 miles, there was a total reduction in 43,595 kg of CO<sub>2</sub> emissions or 14,532 kg per year in this 3-year study.<sup>23</sup>

### *Reductions in lost wages*

Estimated cost reductions from lost wages through use of the telephone prescreening were US\$205 per patient. The range of savings may vary between US\$0 (no wage-earning parents) and US\$820 (two wage-earning parents missing 2 days of work each) or more.

## **Discussion**

### *Telemedicine use in pre-surgery evaluation*

Our findings coincide with some evidence that telehealth may be useful for pre-surgical evaluation and postoperative follow-ups for pediatric patients and those with special care needs.<sup>2-4,24</sup> This preoperative assessment's success at determining patient eligibility was reviewed from 2014 to 2015, with 100% of the patients identified as possible surgical candidates (168) subsequently continuing through with surgery the day after their clinic visit. However, this may vary with other diagnoses. Similarly, other studies have shown high accuracy in making appropriate preoperative diagnoses

(100% and 99%).<sup>2,3</sup> In these situations, telemedicine also eliminated a separate visit for in-clinic evaluation.

### ***Impact of telemedicine on travel and cost reduction***

A systematic review on teledermatology indicated that roughly 43% of travel could be eliminated by adherence to telemedicine protocols, compared to 38% found in this study.<sup>10</sup> Furthermore, the cost and travel reductions appreciated by cerebral palsy patients and their families (not including calculated lost wages) in our study were actually found to be more drastic compared to other studies cited in the literature. Our study demonstrated reductions of 659 miles per patient compared to 391 miles per consult in the Kansas pediatric psychology telemedicine service study and 147 miles per visit in the Vermont mental health department study.<sup>11,12</sup>

A unique aspect of the study is the highly specialized nature of SPML surgery. Only a handful of surgeons routinely perform SPML surgery. Therefore, most patients travel a significant distance. Similar savings might also occur when looking at other highly specialized fields. For medical services that are more locally and readily available, travel costs are less encumbering as treatment can generally be performed near the patient.

About 50% of the patients in this study received Medicaid as their form of insurance. Medicaid will reimburse patients for travel costs, lodging, and food expenditures at specific rates. Thus, Medicaid is significantly benefiting through use of telephone evaluations in regards to allocation of its finances. One study wrote that The Centers for Medicare and Medicaid Services have incentivized the use of telemedicine as it has “shown its ability to facilitate meaningful use through technological innovation with savings.”<sup>25</sup>

### ***Telephone-based telemedicine for surgical evaluation***

In this study, the use of telephones made it extremely convenient to contact patients and share information. A telephone conversation was an excellent complement to the additional components of a mailed questionnaire and X-ray images. Other surgical telemedicine studies more frequently relied on videoconference to evaluate their patients.<sup>3,4</sup>

### ***Telemedicine use in patients with cerebral palsy***

Several studies have illustrated the important role that telehealth can play in improving care received by pediatric and disabled patient populations.<sup>16,17</sup> Specifically, patients living in more remote areas may be challenged to receive the healthcare they need and thus be more likely to benefit from telehealth services.<sup>17</sup> When looking at our study, this may be appreciated by the OR of patients utilizing the preoperative

telephone evaluation the farther they were located from the health center ( $p < 0.001$ ).

Children with cerebral palsy frequently have complicated histories. There is a further advantage to the system of a mailed four-page questionnaire and X-ray followed by telephone conference by the physician. This process results in a comprehensive note in the electronic medical record. On the day of the clinic visit, the surgeon can review the previously obtained history and then concentrate on physical examination and counseling about surgery. It is also beneficial for the surgeon to do an examination of a complicated child with cerebral palsy including gait evaluation the day before the surgery, instead of weeks or months before. That way, the surgeon has recent memory of the child and their examination findings.

### ***Environmental impact***

Telemedicine is a climate-friendly strategy for reductions in carbon emissions.<sup>26–28</sup> Use of videoconferencing and other communication technology has been shown to reduce carbon emissions by 40–70 times that of physical visits.<sup>26</sup> This was similarly noted in our carbon emission analysis.

### ***Limitations***

The analysis assumes that all travel was by personal automobile and that their transportation costs equate to the US IRS’s US\$0.5216/mile rate. Some patients may have traveled by other means (bus, air, or a mix of other modes). Additionally, only patients residing in Texas were analyzed. Out-of-state and out-of-country patients were not addressed; however, it is likely that they would benefit even more. This report details the experience of one surgeon with over 20 years of experience. It is unknown whether similar results could be obtained by less-experienced physicians.

### ***Conclusion***

The use of telemedicine prescreening for the SPML procedure created a patient-centered system focused on minimizing the burden of travel for children with cerebral palsy and their families in order to reduce costs, improve accessibility, and improve the quality of the patient’s overall medical experience. Utilizing software such as GIS is essential to create more patient-centered healthcare networks. Our study adds premise to the role of telephone-based telemedicine in pre-surgical evaluation of pediatric patients with cerebral palsy, especially for those located from further away.

### ***Declaration of conflicting interests***

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

## Ethical approval

Ethical approval for this study was obtained from the center's Institutional Review Board (07-166, 01/2010-12/2015).

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## Informed consent

Written informed consent was obtained from all subjects before the study. Written informed consent was obtained from legally authorized representatives of the pediatric patients. Verbal informed consent was obtained from legally authorized representatives before the study.

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### Appendix I. Patient Questionnaire.

Name:	
Date of Birth:	
Home Phone:	
Cell Phone:	
Other Phone:	
Grandparent phone:	
E-mail address:	
City, State:	
Referred by:	
Pediatrician:	Phone:
Physical Therapist:	Phone:
Physiatrist:	Phone:
Neurologist:	Phone:
Is the child able to walk? If so, can the child walk 20 feet or more in a clinic with or without equipment?	
Can the child stand for one minute without assistance?	
Does the child use a wheelchair for mobility? No Yes (circle)	
Today's Date:	
What name does child go by?	
What is the child's overall condition? (example: cerebral palsy, anoxic brain injury)	
Reason for seeing Dr. Yngve (example: "tight hamstrings," "walking on toes")	
History of Present Illness (Provide a brief description of the child's current problem you are seeking medical attention for):	
Are there any current issues the child is experiencing?	
Child's favorite thing (What does he/she like to play with, what interests them?)	
Birth history (How many weeks was the baby born at? Was there any problem when the baby was in the womb?)	



**Appendix I.** (Continued)

Brain history (Does the child have cerebral palsy or some other brain disorder? Was this diagnosed with an MRI?):
Any history of Botox injections? (if so, how long have they been getting them and what part of the body was injected?)
Does the child have Ankle Foot Orthoses (AFO's)? If so, who provides the Orthoses? Assistive devices (example walker; crutches; wheelchair; gait trainer?) Physical Therapy (how many times per week?)
Language ability (Is the child able to communicate fully with you? Are they able to understand what you say? Are they able to show you when they are in pain?)
Pain Questions: Rate your child's pain in the last week on a scale of 0–10. Where was the pain? Child's rating? (put n/a if not possible)
PODCI Pain questions: <sup>29</sup> (For the following questions put today's date before the correct response) -During the last week how much of the time did your child feel sick and tired? _____ most _____ some _____ a little _____ none -During the last week how much of the time did pain or discomfort interfere with your child's activities? _____ most _____ some _____ a little _____ none -How much pain has your child had during the last week? _____ none _____ very mild _____ mild _____ moderate _____ severe _____ very severe -During the last week how much did pain interfere with your child's normal activities including at home, outside of the home and at school? _____ not at all _____ a little bit _____ moderately _____ quite a bit _____ extremely
The 20 Item Paediatric Pain Profile: <sup>30</sup> For those who are non-verbal please complete this 20-question profile: Not at all (3), A little (2), Quite a lot (1), A great deal (0), Unable to assess (0) 1. Was cheerful _____ 2. Was sociable or responsive _____ Not at all (0), A little (1), Quite a lot (2), A great deal (3), Unable to assess (0) 3. Appeared withdrawn or depressed _____ 4. Cried/moaned/groaned/screamed or whimpered _____ 5. Was hard to console or comfort _____ 6. Bit self or banged head _____ 7. Was reluctant to eat/difficult to feed (includes tube feeding) _____ 8. Had disturbed sleep _____ 9. Grimaced/screwed up face/screwed up eyes _____ 10. Frowned/had furrowed brow/looked worried _____ 11. Looked frightened (with eyes wide open) _____ 12. Ground teeth or made mouthing movements _____ 13. Was restless/agitated or distressed _____ 14. Tensed/stiffened or spasmed _____ 15. Flexed inwards or drew legs up towards chest _____ 16. Tended to touch or rub particular areas _____ 17. Resisted being moved _____ 18. Pulled away or flinched when touched _____ 19. Twisted and turned/tossed head/writhed or arched back _____ 20. Had involuntary or stereotypical movements/ was jumpy/startled or had seizures _____  Total Score ____/60 (Scores 14/60 and above can indicate severe pain)

(Continued)

**Appendix I. (Continued)****Gillette Scale:<sup>31</sup>**

Please put today's date by the description below that most represents the child

- \_\_\_\_\_ Cannot take any steps at all
- \_\_\_\_\_ Can do some stepping on his/her own with the help of another person. Does not take full weight on feet; does not walk on a routine basis
- \_\_\_\_\_ Walks for exercise in therapy and less than typical household distances. Usually requires assistance from another person
- \_\_\_\_\_ Walks for household distances, but makes slow progress. Does not use walking at home as a preferred mobility (primarily walks in therapy)
- \_\_\_\_\_ Walks for more than 15-50 feet (5-17 m) but only inside at home or school (walks for household distances)
- \_\_\_\_\_ Walks for more than 15-50 feet (5-17 m) outside the home, but usually uses a wheelchair or stroller for community distances or in congested areas
- \_\_\_\_\_ Walks outside the home for community distances but only on level surfaces (cannot perform curbs, uneven terrain, or stairs without assistance from another person)
- \_\_\_\_\_ Walks outside the home for community distances, is able to perform curbs and uneven terrain in addition to level surfaces, but usually requires minimal assistance of supervision for safety
- \_\_\_\_\_ Walks outside the home for community distances, easily gets around on level ground, curbs, and uneven terrain but has difficulty or requires minimal assistance with running, climbing and stairs
- \_\_\_\_\_ Walks, runs and climbs on level and uneven terrain without difficulty or assistance

**Functional Mobility Scale:<sup>32</sup>**

Please indicate if the child can walk independently, use one crutch, use two crutches, use a walker, or use a wheelchair for the following.

- House (15 feet) \_\_\_\_\_
- Stairs (Is the patient able to walk up and down stairs? With or without rails?) \_\_\_\_\_
- School (150 feet) \_\_\_\_\_
- Shopping Mall (1500 feet) \_\_\_\_\_

Falling (Does the child fall when trying to ambulate? If so, how many times per day or week?)

-

-

Description of walking (example: walks on toes, scissoring of the legs)

-

-

Highest functional mobility in the past, describe?

-

-

Lower extremity history:

Please indicate below if the following body areas are flexible

ankles: \_\_\_\_\_ (example: point down like a ballet dancer, feet turn in or out)

knees: \_\_\_\_\_ (when lying down, can the knees go completely straight?)

hips: \_\_\_\_\_ (when lying down, do the knees fall completely apart?)

-

-

Upper extremity history:

Which hand and arm is better?

-

Can the child feed themselves with finger foods?

Can the child feed themselves with fork?

Can the child push buttons on a remote?

-

-

**Appendix I.** (Continued)

## Surgeries:

Did the child have any surgeries in the past and if so, what were they, when were they performed and in what city?

-  
-

## Past Hospitalizations:

Was the child hospitalized in the past and if so, what was it for and when?

-  
-

## Review of Systems:

-

Balance Issues:    No        Yes (circle)

If Yes, describe:

-

Vision Issues:    No        Yes (circle)

If Yes, describe:

-

Please indicate if the child currently has any of the following

\_\_\_\_\_ fever

\_\_\_\_\_ rash

\_\_\_\_\_ asthma

\_\_\_\_\_ seizures (If so, when was the last seizure)

Is there any difficulty with chewing or swallowing?

Are there any heart or lung problems?

Are there any other medical conditions that other doctors follow you for?

-  
-  
-

Medications (Please list current medications the patient is taking)

-  
-  
-

Medicine allergies (Is the child allergic to any medications, if so, what are they and what reaction is caused by them?)

-  
-  
-

Has the child ever been evaluated for scoliosis? If so, what were you told about the condition?

-  
-  
-

If your child had the procedure, what would your goals be?

-  
-  
-