

# Z-form DNA-RNA hybrid blocks DNA replication

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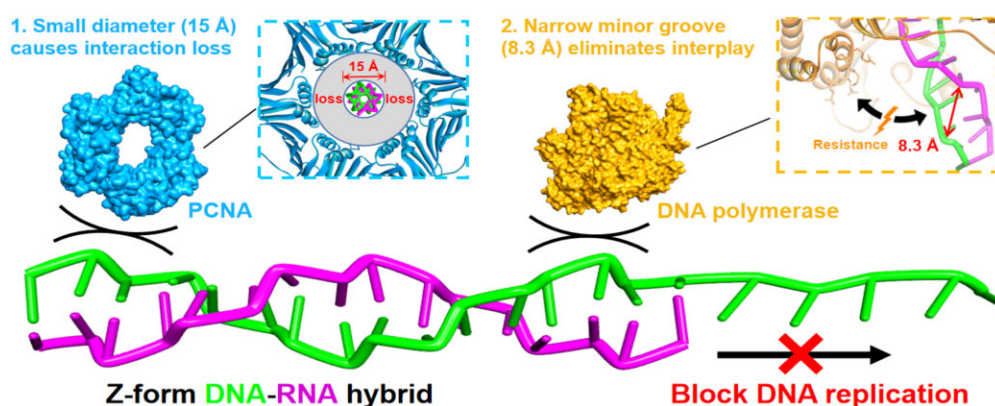
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## Abstract

We discovered that the Z-form DNA-RNA hybrid stabilized by methylated CpG repeats impacts on the initiation and elongation of Okazaki fragments, contributing to blocking DNA replication at first time. We further present the first Z-form DNA-RNA hybrid structure by using NMR spectroscopy and dynamic computation, revealing the molecular mechanism of inhibition, indicating that a distinctive zig-zag strand pattern of the Z-form hybrid with a smaller helical diameter (15 Å) and a very narrow minor groove (8.3 Å) plays the key role in the repression toward DNA replication.

## Graphical abstract



## Introduction

The left-handed Z-form double helix structure, including Z-RNA and Z-DNA, has been shown to have an important role in multiple physiological events [1–5], including the regulation of gene expression [6], nucleosome positioning [7, 8], and genetic instability associated with nucleic acid damage and repair [9]. We recently suggested the relationship of Z-form structure and several diseases, such as cancer and inflammation [10, 11]. In addition, we demonstrated that  $\alpha$  domain proteins can induce phase separation and facilitate the conversion from A-form to Z-form [12]. Previous research has demonstrated that epigenetic modifications, such as the methylation of cytosine residues in CG-rich sequences, can facilitate and stabilize the formation of Z-form DNA structures [13–15]. Therefore, such prevalent Z-DNA and Z-RNA structures with a widespread of biological functionalities prompts us to explore new Z-form nucleic acids and these associated biofunction.

DNA-RNA hybrids serve pivotal functions in the intricate process of DNA replication. Their involvement is particularly pronounced in the initiation and elongation of Okazaki frag-

ments, segments of newly synthesized DNA on the lagging strand [16–18]. These fragments are kickstarted by an DNA template/RNA primer hybrid, which provides the necessary starting point for DNA polymerase and the replication clamp proliferating cell nuclear antigen (PCNA) to commence elongation [19, 20].

In the canonical model of DNA replication, DNA-RNA hybrids emerge as crucial regulators, exerting precise control over the onset of DNA synthesis [21, 22]. These hybrids not only facilitate primer formation but also contribute to the coordination of enzymatic activities involved in strand elongation and maturation [23, 17]. Emerging evidence suggests that DNA-RNA hybrids act as signaling hubs, modulating the cellular response to replication stress and DNA damage, thereby safeguarding genomic integrity [24–26]. Their functions emphasize their indispensability in ensuring the faithful transmission of genetic information and the preservation of cellular homeostasis [27–29].

However, our understanding of how the DNA-RNA hybrid structure influences these functions, particularly in the initiation and elongation of Okazaki fragments, remains limited.

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For the first time, we have demonstrated that DNA methylation can stabilize Z-form DNA-RNA hybrids and block DNA replication. Further investigation reveals that these hybrids adopt a classical left-handed helical conformation, characterized by a smaller helical diameter (15 Å) and a much narrower minor groove (8.3 Å), which markedly differs from the canonical A-form DNA-RNA hybrid. These unique structural features enable Z-form DNA-RNA hybrids to act as formidable obstacles to DNA polymerase and PCNA recognition and binding, thus impeding their ability to serve as substrates for primer extension reactions. By elucidating the mechanistic basis underlying the inhibitory effect of Z-form DNA-RNA hybrids on DNA synthesis, we provide novel insights into the regulatory mechanisms governing DNA replication fidelity and efficiency. These findings not only expand our fundamental understanding of nucleic acid biology but also have potential implications for therapeutic interventions targeting DNA replication-related disorders.

## Materials and methods

### Synthesis of oligonucleotides

In this study, all oligonucleotides were synthesized (at trityl-off) at the condition of 1.0 μmol using 5-benzylthio-1H-tetrazole (0.25 M in MeCN) as the activator and 0.02 M iodine in tetrahydrofuran/pyridine/water (7:2:1, v/v) for oxidation. The standard synthesis cycle was used for assembly of the reagents and native nucleosides, except that the coupling time was extended to 20 min for artificial nucleosides. Cleavage from the solid support and deprotection were accomplished with the NH<sub>4</sub>OH aqueous (28%, w/w) and the methylamine aqueous solution (40%, w/w) at 50:50 ratio (v/v) at room temperature for 20 min and 65 °C for 10 min. For the deprotection of TBDMS moiety from 2'-OH of RNAs, the HF in TEA with DMSO was used and kept for 2.5 h at 65 °C. The crude oligonucleotides were purified by RP-HPLC on an inertsustain C18 column, 5 μm, 10 × 250 mm (GL Sciences) in a linear gradient of 50 mM triethylammonium acetate buffer (pH 7.4) in 1:1 acetonitrile/H<sub>2</sub>O and 50 mM triethylammonium acetate buffer (pH 7.4) in H<sub>2</sub>O. The purified oligonucleotides were quantified by nanodrop microvolume spectrophotometers (Thermo Scientific™) and confirmed by MALDI-TOF-MS on an Autoflex III smart beam mass spectrometer (negative mode) ([Supplementary Data S34-S89](#)).

### Protein and enzyme

*E. coli* DNA polymerase I (pol I) and 3'-5' exonuclease were commercially obtained from TaKaRa Bio. They were used according to the manufacturer's instructions without any additional treatment. Human polymerase δ catalytic subunit p125 (pol δ) was ordered from Funakoshi and prepared as 1 μM in stock solution after dilution at -20 °C before use. The full-length ZBP1 was purchased from ORIGENE Technologies, Inc. (US). Its use follows manufacturing suggestion without further treatment. Its conservation by using Milli-Q with 10 mM EDTA under -70 °C until next use. Full-length human PCNA protein was ordered from NeoBiotechnologies and used following manufacturing suggestion.

### CD measurements

Solution (10 μM in duplex) was annealing at 85 °C for 3 min and gradually cooling to room temperature and incubating at

4 °C overnight. For the ZBP1 binding assay, DNA-RNA hybrid solution (1 μM in duplex) was used. Annealing and renature processes of DNA-RNA at 85 °C for 3 min and gradually cooling to room temperature, followed by incubating at 4 °C overnight. Remaining additional 2 h at room temperature before mixing with 1 μM ZBP1 and directly using for measurement. The experiments were performed at 10 or 37 °C and repeated twice in each sample, the average result was recorded as final presentation. Experimental condition: 150 mM KCl with indicated or 25 mM MgCl<sub>2</sub> in 10 mM Tris-HCl, pH 7.0 and 1 mM EDTA for protein binding assay especially.

### UV-thermal melting assay

The DNA-RNA hybrid samples were prepared in 50 mM Tris-HCl (pH 7.0), 2 mM DTT, 1 × *E. coli* DNA poly I buffer, 150 mM KCl and 25 mM MgCl<sub>2</sub> at 15 °C. The concentration of duplex was 10 μM. All samples were annealed by heating at 90 °C for 10 min followed by a gradual cooling to r.t. Thermal denaturation was monitored at 260 nm at a rate of 1°C/min. The T<sub>m</sub> values were determined from the first derivatives of the UV-melting curves.

### <sup>1</sup>H NMR experiments

For 1D NMR measurement, DNA-RNA hybrid samples of 5 mM concentration were dissolved in 150 μL of designed solution containing 10% (exchangeable proton mode) or 100% (non-exchangeable proton mode) D<sub>2</sub>O, 100 mM KCl and 10 mM Tris-HCl buffer (pH 7.0). In the exchangeable proton mode, the NMR spectra recorded in 90% H<sub>2</sub>O/10% D<sub>2</sub>O water signal was suppressed using the 3–9–19 WATERGATE pulse sequence or excitation sculpting with gradient pulse. The data were processed with TopSpin 3.0 (Bruker BioSpin GmbH) software and analyzed with MestReNova software. The 2D NOESY spectrum in 90% H<sub>2</sub>O/10% D<sub>2</sub>O (exchangeable proton mode) or 100% D<sub>2</sub>O (non-exchangeable proton mode) were collected from 360 scans with 150 ms mixing time at 20 °C. On average, 2048 complex points and 512 FIDs were collected within the spectral width of 14097 Hz. The sample solutions were as follows: 5 mM DNA-RNA hybrid duplex was dissolved in 150 μL of designed solution containing 10% or 100% D<sub>2</sub>O, 100 mM KCl and 10 mM Tris-HCl buffer (pH 7.0). Samples were prepared by heating the oligonucleotides at 85 °C for 3 min and gradually cooling to room temperature and incubating at 4 °C overnight.

### Structural determination

All assigned NOESY cross peaks were classified to strong (1.8–3.0 Å), medium (1.8–3.7 Å), weak (1.8–5.5 Å) and very weak (1.8–7.5 Å) interproton distance restraints based on the intensity of NOESY. The NOE peaks of H5-H6 from cytosine bases were used as calibration for the distance measurements. Distance restraints for the hydrogen bonding in each Watson-Crick base pair were 1.8–3.7 Å. The force constant of hydrogen bonds and NOE restraints were kept between 5 to 50 kcal mol<sup>-1</sup> Å<sup>-2</sup> throughout the computation. Then molecular dynamics simulations were performed by the standard dynamics cascade in BIOVIA Discovery Studio 4.5 with modifications. Generally, the structure was heating from 50 K to 300 K over 4 ps and equilibration at 300 K with 100 ps simulation time. The save results interval in the production step was 2 ps during 100 ps simulation time at 300 K. 10 best conformations generated by simulation were further energy minimized until the

gradient of energy was less than  $0.1 \text{ kcal mol}^{-1}$ . Next, NMR assigned coordinate was imported and the entire structure was run by energy minimization until the gradient of energy was less than  $0.1 \text{ kcal mol}^{-1}$ . Total 10 conformers were obtained and the conformation with lowest energy was selected as the final presentation. In the case of molecular dynamics simulation using AMBER 18, the NMR assigned molecular coordinate was introduced into a standard dynamics cascade, which is heating from 50 K to 300 K and equilibration at 300 K with constant pressure of 1 bar. Next, the obtained results interval in the production step was 100ns during 250ns simulation time at 300 K. Total 50 conformations were produced and subjected to energy minimization to give the best 10 conformations. Helical parameters for the set of 10 final structures were evaluated using the program CURVES + v.2.6. All conformation parameters were subjected to statistical analysis. For construction of a longer Z-form DNA-RNA hybrid with 20 base pairs shown in Fig. 5C left, use NOE refined standard structure in 8 base pairs as a independent unit to repeatedly extend the helix, following the orientation from 5' terminus to 3' end in DNA strand as well as from 3' terminus to 5' end in RNA strand, until the duplex getting to 20 base pairs. This generated hybrid preserve the consistent structural features with the initial Z-form hybrid. For studying of absolute CG-repeated DRH<sub>19</sub> model in Z-form hybrid, at first, the 4 mer fragment d(CGCG)/r(CGCG) from NMR restrained DRH<sub>6</sub> model was used as a independent subunit to conduct a helix extension and get the 8 mer hybrid with sequence as d(CGCGCGCG)/r(CGCGCGCG). Next, the model was subjected to molecular dynamic simulation experiments by using BIOVIA Discovery Studio 4.5 or package Amber 18 following identical experimental flows in above and provide representative modeling structure of DRH<sub>19</sub>.

### Molecular modeling

We manually produced the model of Z-form DNA-RNA hybrid structures based on the reported Z-form structure (PDB code 1TNE and 1T4X) using the BIOVIA Discovery Studio 4.5 and package AMBER 18.

### <sup>19</sup>F NMR measurement

0.1 mM DNA-RNA hybrid duplexes were dissolved in 150  $\mu\text{L}$  of a designed solution containing 10 mM Tris-HCl buffer (pH 7.0) and 10% D<sub>2</sub>O in various concentrations of NaCl. The <sup>19</sup>F NMR spectrum was measured on a Bruker AVANCE 400 MHz spectrometer at a frequency of 376.05 MHz and referenced to the internal standard CF<sub>3</sub>COOH ( $-75.66 \text{ ppm}$ ). The experimental parameters are recorded as follows: spectral width 89.3 kHz, <sup>19</sup>F excitation pulse 15.0  $\mu\text{s}$ , relaxation delay 1.5 s, acquisition time 0.73 s, scan numbers 1024–4096, and line width 3. Mixing time is 2 s. For in-cell <sup>19</sup>F NMR measurement, the activity SLO (streptolysin O) was added for getting a final concentration of  $0.1 \mu\text{g mL}^{-1}$ . Then, the HeLa cells were incubated at 4 °C for 15 min with gentle rotation. The cells were washed three times with ice cold HBSS buffer, followed by incubation with 5  $\mu\text{M}$  RNAs in 400  $\mu\text{L}$  HBSS buffer at 37 °C for 30 min. For resealing of the HeLa cells membranes, CaCl<sub>2</sub> was added to a final concentration of 1 mM and the HeLa cells were incubated at 37 °C for 30 min. The HeLa cells were washed three times with HBSS buffer containing 1 mM CaCl<sub>2</sub>. The resealed HeLa cells were treated by the 5 mM DNA-RNA hybrid duplex and then suspended

in 200  $\mu\text{L}$  of DMEM with 10% D<sub>2</sub>O and transferred to a Shigemi tube (Shigemi 5 mm Symmetrical NMR microtube). The experiment was performed at 296 K with a scan numbers value in 4096. After the intracellular NMR measurement, 100  $\mu\text{L}$  of DMEM was added to the cell suspension, and the supernatant was collected by centrifugation at 4000 g for 30 min. The <sup>19</sup>F NMR spectrum of the supernatant was measured with the same number of scans as the in-cell <sup>19</sup>F NMR measurement.

### DNA replication assay in electrophoresis gel

For detection of DNA replication reaction product in gel image, 5'-Cy3-labeled RNA was used as primer. Condition as following, Cy3-labeled primer-template hybrid (2  $\mu\text{M}$ ) was incubated in 50 mM Tris-HCl (pH 7.0), 2 mM DTT, 1  $\times$  E. coli DNA poly I buffer, 150 mM KCl (total volume, 20  $\mu\text{L}$ ) and 25 mM MgCl<sub>2</sub> at 15 or 37 °C. The polymerization was initiated by the addition of all four dNTPs at 1 mM final concentration and E. coli DNA poly I or DNA poly  $\delta$  (5 U). Aliquots of the reaction mixtures were taken at pre-selected time points and quenched by heating at 70 °C for 10 min. The extension products were loaded onto 20% denaturing PAGE containing 7 M urea, running at 150 W for 1.5 h in 1  $\times$  TBE buffer, and visualized at Cy3 channel with ex. 540 nm and em. 570 nm using a phosphorimager (LAS-3000, Fujifilm).

### DNA replication assay in HPLC profile and MALDI-TOF MS

The total 20  $\mu\text{L}$  reaction mixture including Cy3-labeled primer-template hybrid (2  $\mu\text{M}$ ), 50 mM Tris-HCl (pH 7.0), 2 mM DTT, 1  $\times$  E. coli DNA poly I buffer, 150 mM KCl, indicated concentrations of MgCl<sub>2</sub>, 1 mM dNTPs and E. coli DNA poly I or poly  $\delta$  (5 U) were taken at pre-selected time points at 15 °C and quenched by heating at 70 °C for 10 min. The remained solution in a 10-fold dilution by mixing 10  $\mu\text{L}$  reaction mixture with 90  $\mu\text{L}$  deionized water and analysis by RP-HPLC on an inertsustainswift C18 column, 5  $\mu\text{m}$ , 10  $\times$  250 mm (GL Sciences) in a linear gradient of 50 mM triethylammonium acetate buffer (pH 7.4) in 1:1 acetonitrile/H<sub>2</sub>O and 50 mM triethylammonium acetate buffer (pH 7.4) in H<sub>2</sub>O, monitoring at 550 nm. The collected fractions were lyophilized and used for MALDI-TOF-MS on an Autoflex III smart beam mass spectrometer (negative mode).

### Z-form hybrid stability assay *in vitro*

For the study of DNA-RNA hybrid stability with various nucleases, DNase I (25 U mL<sup>-1</sup>), RNase A (1 mg mL<sup>-1</sup>) RNase H (50 U mL<sup>-1</sup>) in 1  $\mu\text{L}$  volume were respectively added into hybrids solution (2  $\mu\text{M}$  in 10  $\mu\text{L}$ ), the resulted sample was incubated at 37 °C for 10 min and used to analysis using the non-denaturing PAGE by phosphorimager (LAS-3000, Fujifilm).

For the study of RNA primer stability with 3'-5' exonuclease, the DNA-RNA hybrid (2  $\mu\text{M}$  in 10  $\mu\text{L}$ ) treated with 3'-5' exonuclease in 180 U, the resulted mixture was incubated for 10 min at 37 °C and followed by the inactivation of enzyme in 5 min at 65 °C. The sample was loaded onto 10% denaturing PAGE and analyzed by using a phosphorimager (LAS-3000, Fujifilm).

For the study of stability of DNA-RNA hybrid double helix during DNA replication, Cy3-labeled primer-template hybrid (2  $\mu\text{M}$ ) was incubated in 50 mM Tris-HCl (pH 7.0), 2 mM



DTT,  $1 \times E. coli$  DNA poly buffer, 150 mM KCl (total volume, 20  $\mu$ L) and 25 mM  $MgCl_2$  at 15 °C, the resulted mixing samples at pre-selected time points was collected respectively and used to analysis using the non-denaturing PAGE by phosphorimager (LAS-3000, Fujifilm).

### Cell culture

HeLa cells (CCL2) and HT29 (HTB-38) cells grown in Dulbecco's modified Eagle's medium (DMEM) medium containing 10% FBS under a 5%  $CO_2$  atmosphere were harvested and washed twice by using Hanks' Balanced Salt Solution (HBSS) buffer. Streptolysin O (Bioacademia) was activated with 10 mM DTT and 0.05% bovine serum albumin at 37 °C for 2 h.

### DNA replication assay in cells

These Cy3-labeled primer-template hybrids or RNA primer were transfected into live HeLa (CCL2) or HT29 (HTB-38) cells ( $1 \times 10^7$ ) by using Lipofectamine 3000 (Thermo Fisher Scientific) according to the manufacturer's protocol in a final concentration of 5  $\mu$ M. In details, Cy3-labeled hybrids or RNA primer (1  $\mu$ M) was mixed with Lipofectamine 3000 solution for 20 min and added into cells in DMEM medium with FBS free. This mixture was incubated for 16 h at 37 °C under a 5%  $CO_2$  atmosphere condition and the cells washed by PBS buffer. Thereafter, these cells were lysed using 1 mL cell lysis buffer at room temperature for 30 min and subjected to 200  $\mu$ L of 5 M NaCl following 12 h at 4 °C. The supernatant was collected after centrifugation at  $12\,000 \times g$  for 30 min at 4 °C and got phase extracted by phenol-chloroform (1:3) for once. The aqueous layer was collected and centrifugation at  $12\,000 \times g$  for 30 min at 4 °C, followed by lyophilization overnight. The dried samples were resolved in 100  $\mu$ L nuclease-free water and mixed with 100  $\mu$ L isopropanol for precipitation overnight at -20 °C. RNA was pelleted by centrifugation at  $12\,000 \times g$ , washed by ice isopropanol. The extracted RNA were loaded onto 20% denaturing PAGE containing 7 M urea, running at 150 W for 1.5 h in  $1 \times$  TBE buffer, and visualized at Cy3 channel with ex. 540 nm and em. 570 nm using a phosphorimager (LAS-3000, Fujifilm). In order to study DNA replication using hybrids in different phases of cell cycles, phase arresting assay was conducted. For the G1 phase arrest, cells were incubated with 2 mM thymidine for 12 h, and then washed with PBS buffer. Subsequently, these cells were incubated in DMEM medium for 12 h and followed by treated with second round of thymidine to a final concentration of 2 mM in another 9 h. These cells were washed and kept in DMEM medium for 9 h before following experiments. For the S phase arrest, cells were incubated with 2  $\mu$ M Antimycin A for 24 h and washed with PBS buffer. Next, these cells were allowed to incubated in DMEM medium for 48 h until subsequent experiment start.

### Immunofluorescence microscopy

These Cy3-labeled primer-template hybrids were transfected into live HeLa cells ( $5 \times 10^4$ ) by transportation with Lipofectamine 3000 (Thermo Fisher Scientific) according to the manufacturer's protocol in a final concentration of 2  $\mu$ M. The treated cells were washed by PBS buffer and fixed with 4% paraformaldehyde. Thereafter, these cells were permeabilized with 0.2% Triton X-100 and subjected to primary antibody, 5  $\mu$ L Clone Z22 antibody (Sigma-Aldrich, primary antibody) at

37 °C overnight. After three washes in PBS, slides were incubated with 10  $\mu$ L Alexa fluor 488 conjugated secondary antibody (2 mg/mL) (Santa Cruz, sc-516606, AF488) for 1 h at 37 °C. Following an additional three washes in PBS, slides were treated with 5  $\mu$ g/mL Hoechst for 20 min and imaged by confocal microscopy on a TCS SP8 confocal microscopy (Leicamicrosystems). The data were recorded using Leica software. The laser of TCS SP8 for  $63 \times$  was HC PL APO CS2 63x/1.40 OIL. The red fluorescence for Cy3 dye was an excitation wavelength of 550 nm. The excitation/emission filter of 520 – 550 nm/550 – 600 nm was used. The green fluorescence for Alexa fluor 488 dye was an excitation wavelength of 488 nm. The excitation/emission filter of 480 – 490nm/495 – 520 nm was used. The blue fluorescence for Hoechst 33 258 was an excitation wavelength of 350 nm. The excitation/emission filter of 330 – 360 nm/430 – 450 nm was used. Max intensity z-projection and a single 0.5- $\mu$ m optical slice was used for all images. When required, 5  $\mu$ L DNase I (25 U  $mL^{-1}$ ), 100  $\mu$ L RNase A (1 mg  $mL^{-1}$ ) and 0.83  $\mu$ L RNase H (50 U  $mL^{-1}$ ) were added respectively and incubating at 37 °C for 1 h before additional primary antibody. For the detection of localized G1 and S phase in arresting cell cycle experiment, after the treatment using thymidine double block and Antimycin A to arrest cells, cdt1 antibody (Santa Cruz, sc-365305, AF488) and PCNA antibody (Santa Cruz, sc-25280, AF647) were used to label cdt1 and PCNA in nucleus after dilution with 1:100 in PBS buffer solution. Next, these cells were nuclear stained with 5  $\mu$ g  $mL^{-1}$  Hoechst and imaged using TCS SP8 confocal microscopy (Leica microsystems).

### Measure $K_d$ value between T/P hybrid and DNA polymerase

Fluorescence titrations were performed to determine the equilibrium dissociation constant ( $K_d$ ) of T/P hybrid and pol. The Cy3 labeled T/P hybrid was excited at 540 nm and the emission was observed at 565 nm. Fluorimetric titration experiments were performed on a fluorescence spectrophotometer (FP-8200, Jasco, Japan). A constant amount of T/P (100 nM) was titrated against increasing concentration of DNA polymerase I (0 – 500 nM) or DNA polymerase  $\delta$  (0 – 200 nM) in the buffer (50 mM Tris-HCl, pH 7.0, 50 mM NaCl, 10 mM  $MgCl_2$ , 5 mM DTT and 1 mM EDTA) at 25 °C. A control experiment was carried out in identical conditions with the presence of the unlabeled T/P (100 nM) and increasing amounts of the pols. The fluorescence changes from the control experiments were subtracted from the data obtained with the Cy3 labeled T/P, and the corrected values were plotted against the corresponding pol concentration. The dissociation constant  $K_d$  was calculated using the following equation,  $F = F_{max} \times [pol]/(K_d + [pol])$ , where F is the relative fluorescence intensity, and  $F_{max}$  is its maximum value.

### Binding affinity assay between T/P hybrid and DNA polymerase or PCNA

The incubation mixture contained, in a final volume of 20  $\mu$ L, 50 mM Tris-HCl, pH 7.0, 1 mM EDTA, 0.1mg/ml BSA, 10 mM  $MgCl_2$ , 1.0 nM of Cy3 labeled T/P hybrid duplex with 0, 10 or 20 nM polymerase  $\delta$ . After incubation for 5 min at 37 °C, the samples were subjected to electrophoresis in precooled 4% (w/v) non-denaturing PAGE, running at 150 W for 4.5 h in  $1 \times$  TBE buffer, and visualized at Cy3 channel with ex.

540 nm and em. 570 nm using a phosphorimager (LAS-3000, Fujifilm). For the study in use of PCNA, 1.0 nM T/P hybrid was in a final volume of 20  $\mu$ L, 50 mM Tris-HCl, pH 7.0, 1 mM EDTA, 0.1 mg/ml BSA, 10 mM MgCl<sub>2</sub>, followed by additional PCNA at 0, 1 or 10 nM. This mixture was incubated for 1 h at 37 °C before running on non-denaturing PAGE and image. Nucleic acid staining reagent, gelstar (Lonza) was used by dilution with 1:1000 in running buffer to label DNA ladder (TaKaRa Bio.), which 10  $\mu$ L in each well was used.

### Molecular dynamics simulations

Our initial models of human polymerase  $\delta$  in complex with native DNA-RNA hybrid was based on ternary crystal structure PDB code 6NTY, 6P1H and 5M1S. In this complex structure, three residues in the thumb domain (residues 959, 960 and 968) interacted A-form DNA-RNA hybrid with incoming dTTP nucleotide as well as A-form DNA-RNA hybrid in the PCNA localization were resolved respectively through the standard dynamics cascade and energy minimization processes. To construct the Z-form DNA-RNA hybrid in complex with polymerase  $\delta$  and PCNA, we modified and extended our NOE restraints refined Z-form structure, generating a 20 mer DNA/10 mer RNA hybrid that conserve consistent structural parameters. Next, the Z-form DNA-RNA hybrid was subjected to pol  $\delta$  and PCNA respectively following standard dynamics cascade and energy minimization. Total 10 conformers were provided and the best one was selected as final presentation. The complex of Z-form hybrid-pol  $\delta$  indicates multiple intermolecular pumps, proving it's quite unstable and cause structural crash. In the case of using Z-DNA to study its binding with pol  $\delta$  and PCNA, reported Z-DNA model (PDB: 1TNE) and protein model (PDB: 6NTY, 6P1H and 5M1S) were used. The whole flows adopt standard dynamics cascade and energy minimization. Total 10 conformers were provided and the best one was selected as final presentation.

### Quantification and statistical analyses

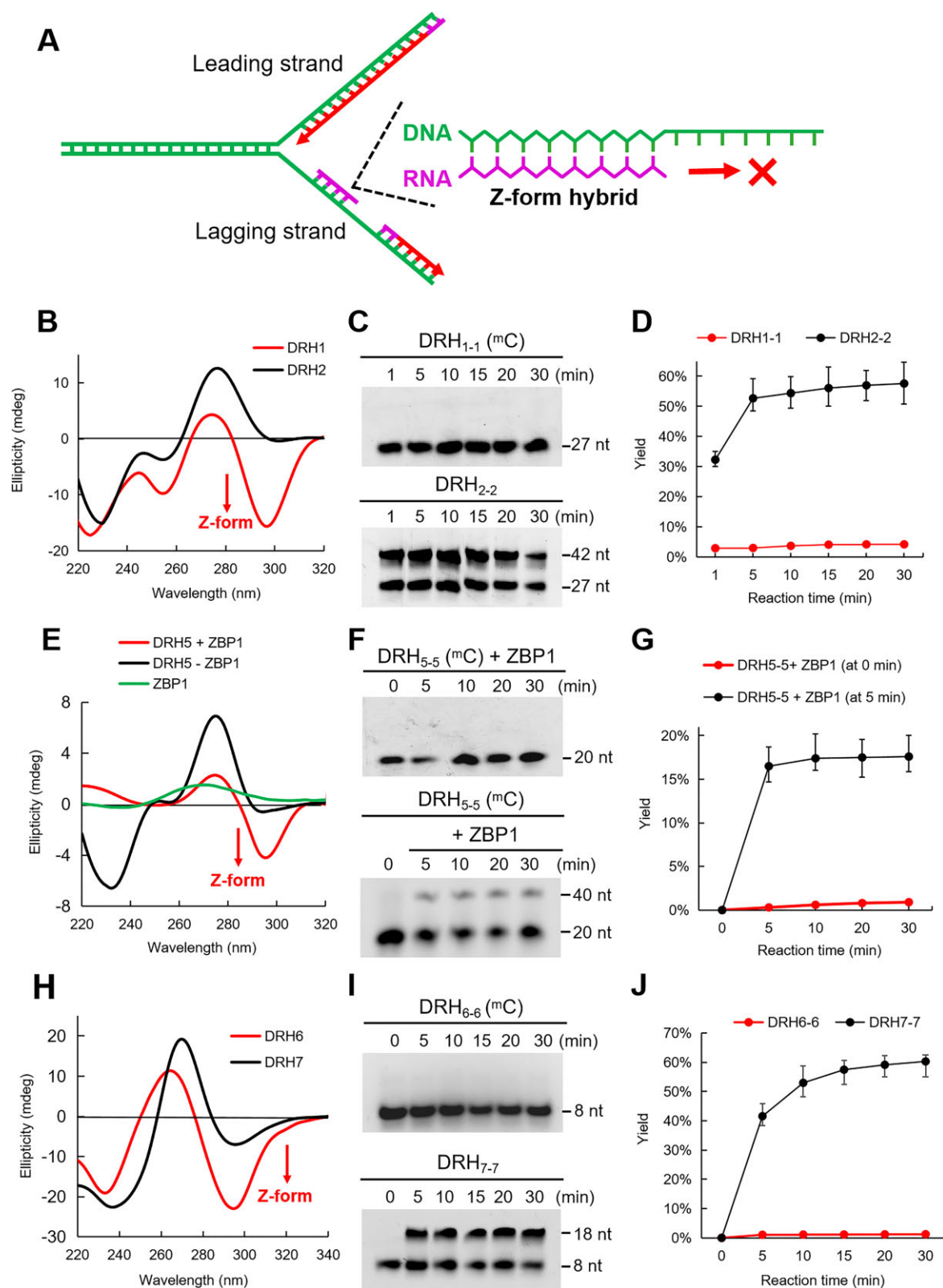
For the quantitative study of DNA replication reaction using electrophoresis gel imaging, three independent experiments were conducted. The primer extension yields were generated by the following equation: Yield (%) = reaction produced fluorescence intensity/reaction produced fluorescence intensity + starting fluorescence intensity  $\times$  100%, in which the fluorescence intensity was determined by ImageJ software. The reaction yields were normalized as well as calculation of standard deviation ( $\sigma^2$ ) among 3 results. For the quantitative assay of Z-form hybrid in live cells, in each group experiments, 3 independent experiments were completed and > 10 images obtained in each result. At least 5 images that were randomly selected from the totally obtained confocal images > 10 pieces containing intact cells, in which the representative images was divided into at least 16 subunits with equal size and the most representative one finally defined as presentation. The extent of Z-form hybrid formation in living cells was quantified by the mean green fluorescence intensity from total > 30 pixels (per pixel size 5  $\mu$ m  $\times$  5  $\mu$ m), in which the fluorescence intensity of each pixel was determined by ImageJ software (Wayne Rasband, NIH, USA). These pixels were afforded by equally dividing at least 5 independent imaging areas ( $\sim$  400  $\mu$ m<sup>2</sup> each) that were randomly selected in the all obtained confocal images.

## Results

### Z-form DNA-RNA hybrid blocks DNA replication *in vitro*

Highly methylated CpG repeats are preferentially found in genomic locations and are enriched in genes associated with transcription, cell differentiation and development [30–32]. For example, CpG repeats with a high methylation level (up to 80%) can be observed in genes like Hdac9, REL, and Ano1 [4]. To assess the impact of the Z-form DNA-RNA hybrid bearing 5-methyl-2'-deoxycytidine (<sup>m</sup>C) on DNA replication (Fig. 1A), we prepared modified DNA oligonucleotides as templates whose sequences comprise CpG repeats bearing each of the known modified cytosines from Hdac9 and Ano1 genes (Supplementary Fig. S1A, B and Table 1). RNA oligonucleotides were labeled by Cy3 fluorophore at 5'-terminus to visualize the DNA extension product using electrophoresis gel assay. We used CD spectroscopy to monitor the conformational state of methylated DNA-RNA hybrid DRH<sub>1</sub> from Hdac9 gene, showing a more intense negative band at 295 nm, presenting the Z-form CD spectra at physiological salt concentrations (Fig. 1B). In contrast, the non-methylated DNA-RNA hybrid DRH<sub>2</sub> did not undergo a transition to the Z-form, instead displaying a positive intense band near 280 nm, indicative of the A-form (Fig. 1B). Using DNA polymerase  $\delta$  (pol  $\delta$ ), an enzyme responsible for the extension of RNA/DNA primer to produce Okazaki fragments, almost no extended product was detected in the Z-form hybrid DRH<sub>1-1</sub>, while extension products were observed from the A-form DRH<sub>2-2</sub> (Fig. 1C and D, Supplementary Figs S31, S32, S36–S45). The strong inhibition effect by the Z-form hybrid was observed when the analyzing time was extended to 120 min, with results indicating no recovery of DNA replication (Supplementary Fig. S2). Similarly, for DRH<sub>3</sub> from the human REL gene (Table 1), methylation can transfer the structure of the hybrid from the A-form to the Z-form based on CD characterization, but not for the non-methylated DRH<sub>4</sub> (Supplementary Fig. S3A, B). No extended product was detected from DRH<sub>3-3</sub>, but extension result still was observed when using DRH<sub>4-4</sub> (Supplementary Fig. S3C and D, S33, S34, S46–S54).

A Z-DNA-binding protein (ZBP1) has been demonstrated to bind and stabilize Z-helical structures [33, 34]. Next, we examined the inhibition of DNA replication by the Z-form DNA-RNA hybrid stabilized by full-length ZBP1, which includes intact structural and functional regions such as the Z $\alpha$  domain, thereby reflecting true physiological conditions. The hybrid DRH<sub>5</sub>, with a sequence similar to that of the human REL gene but containing a few <sup>m</sup>C residues, primarily adopts an A-form structure while retaining the potential to transition into a Z-form. This design allows us to study whether it can bind to ZBP1 and subsequently form a Z-form structure that inhibits DNA replication. This approach is based on previous reports demonstrating that ZBP1 can bind to B-form DNA, which is prone to transition into the Z-form, and stabilize it as a Z-form structure [11, 35]. We observed that with the addition of ZBP1, the DRH<sub>5</sub> duplex underwent with a dramatic A  $\rightarrow$  Z transition even at the less methylation sequence, as evidenced by the appearance of a strong negative band at 295 nm in the CD spectrum (Fig. 1E). Consistently, we found that the extension reaction of DRH<sub>5-5</sub> immediately terminated at different time points when ZBP1 was added (Fig. 1F and G, Supplementary Figs S35, S55–S57). These results indicate that



**Figure 1.** Z-form DNA-RNA hybrid blocks DNA replication *in vitro*. **(A)** Schematic representation of inhibitory effect of Z-form DNA-RNA hybrids on primer extension for Okazaki fragment synthesis in lagging strand. **(B)** CD spectra of DRH<sub>1</sub> and DRH<sub>2</sub>, in which a clear negative band appeared at 295 nm, representing Z-form hybrid formation in DRH<sub>1</sub> at 100 mM NaCl. **(C)** Pol  $\delta$  catalyzed primer extension assay in time dependence using DRH<sub>1-1</sub> and DRH<sub>2-2</sub>. **(D)** The DNA replication yields were plotted overtime derived from (C). **(E)** CD study of DRH<sub>5</sub> with or without ZBP1 protein, in which additional ZBP1 in DRH<sub>5</sub> induce a strong negative at 295 nm, representing Z-form hybrid formation. **(F)** Pol  $\delta$  catalyzed primer extension assay in time dependence using DRH<sub>5-5</sub> with additional ZBP1 at 0 or 5 min. **(G)** The DNA replication yields were plotted overtime derived from (F). **(H)** CD spectra of DRH<sub>6</sub> and DRH<sub>7</sub>, in which a clear negative band appeared at 295 nm, representing Z-form hybrid formation in DRH<sub>6</sub> at 100 mM NaCl. **(I)** Pol  $\delta$  catalyzed primer extension assay in time dependence using DRH<sub>6-6</sub> and DRH<sub>7-7</sub>. **(J)** The DNA replication yields were plotted overtime derived from (I). Error bars represent mean  $\pm$  standard deviation.  $n = 3$ . mC represent the hybrid including  $^{14}$ C residue on DNA strand.

**Table 1.** DNA-RNA hybrid sequences used in this study

Name	Sequence	Structural Information	Research Purpose	
DRH <sub>1</sub>	DNA: 5'-d(CGCG <b>CGCGCGCGCGCGCGCG</b> GAGACA)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCUCUGU)-5'	10 <sup>18</sup> C modified fragment from gene Hdac9 and Anol1 (Z-form)	1. DNA methylation stabilizes Z-form DNA-RNA hybrid formation	
DRH <sub>1-1</sub>	DNA:5'-d(GATCTGAATCGAATT <b>CGCGCGCGCGCGCGCGCGCG</b> GAGACA)-3' RNA:3'-r(GCGCGCGCGCGCGCGCGCGCGCUCUGU)-5'-Cy3			
DRH <sub>1-1</sub> (unpaired)	DNA:5'-d(GATCTGAATCGAATT <b>CGCGCGCGCGCGCGCGCGCG</b> GAGACA)-3' RNA:3'-r( <b>UUGCGCGCGCGCGCGCGCGCGCGCGCUCUGU</b> )-5'-Cy3			
DRH <sub>2</sub>	DNA: 5'-d(CGCGCGCGCGCGCGCGCGCGCGAGACA)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCUCUGU)-5'	Native fragment from gene Hdac9 and Anol1 (A-form)		2. Z-form hybrid induces DNA replication inhibition <i>in vitro</i> and in cell
DRH <sub>2-2</sub>	DNA: 5'-d(GATCTGAATCGAATT <b>CGCGCGCGCGCGCGCGCGCGCGAGACA</b> )-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCUCUGU)-5'-Cy3			
DRH <sub>2-2</sub> (unpaired)	DNA: 5'-d(GATCTGAATCGAATT <b>CGCGCGCGCGCGCGCGCGCGCGAGACA</b> )-3' RNA: 3'-r( <b>UUGCGCGCGCGCGCGCGCGCGCGCUCUGU</b> )-5'-Cy3			
DRH <sub>3</sub>	DNA: 5'-d(CGCG <b>CGCGCGCGCGCGCGCG</b> G)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCU)-5'	8 <sup>18</sup> C modified fragment from human gene REL (Z-form)		
DRH <sub>3-3</sub>	DNA: 5'-d(GGCGGGGCGCTGGGGGCGGT <b>CGCGCGCGCGCGCGCGCG</b> G)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCU)-5'-Cy3			
DRH <sub>4</sub>	DNA: 5'-d(CGCGCGCGCGCGCGCGCGCGCGCGA)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCU)-5'	Native fragment from human gene REL (A-form)		
DRH <sub>4-4</sub>	DNA: 5'-d(GGCGGGGCGCTGGGGGCGGT <b>CGCGCGCGCGCGCGCGCGCG</b> G)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCGCU)-5'-Cy3			
DRH <sub>5</sub>	DNA: 5'-d(CGCG <b>CGCGCGCGCGCGCGCGCG</b> G)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCU)-5'		4 <sup>18</sup> C modified fragment from human gene REL (Z-form hybrid with ZBP1)	ZBP1 stabilizes Z-form hybrid inducing replication inhibition
DRH <sub>5-5</sub>	DNA: 5'-d(GGCGGGGCGCTGGGGGCGGT <b>CGCGCGCGCGCGCGCGCG</b> G)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCU)-5'-Cy3			
DRH <sub>6</sub>	DNA: 5'-d( <b>CGCACGCG</b> )-3' RNA: 3'-r( <b>GCGUGCGC</b> )-5'	4 <sup>18</sup> C modified artificial fragment with 2 d <sup>4</sup> G and 3 r <sup>4</sup> G (Z-form)	Study of Z-form DNA-RNA hybrid using <sup>1</sup> H NMR and molecular model	
DRH <sub>6-6</sub>	DNA: 5'-d(CCAGACATAT <b>CGCACGCG</b> )-3 RNA: 3'-r( <b>GCGUGCGC</b> )-5'-Cy3			
DRH <sub>7</sub>	DNA: 5'-d(CGCACGCG)-3' RNA: 3'-r(GCGUGCGC)-5'	Native artificial fragment (A-form)		
DRH <sub>7-7</sub>	DNA: 5'-d(CCAGACATATCGCACGCG)-3' RNA: 3'-r(GCGUGCGC)-5'-Cy3			
DRH <sub>8</sub>	DNA: 5'-d(CGCG <b>CGCGCGCGCGCGCGCGCG</b> G)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCU)-5'	5 <sup>18</sup> C modified fragment from human gene REL (mixture of A- and Z-form)	Investigate the effects of the numbers of <sup>18</sup> C residues on Z-form hybrid formation and DNA replication	
DRH <sub>8-8</sub>	DNA: 5'-d(GGCGGGGCGCTGGGGGCGGT <b>CGCGCGCGCGCGCGCGCGCG</b> G)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCU)-5'-Cy3			
DRH <sub>9</sub>	DNA: 5'-d(CGCG <b>CGCGCGCGCGCGCGCGCGCG</b> G)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCU)-5'	6 <sup>18</sup> C modified fragment from human gene REL (mixture of A- and Z-form)		
DRH <sub>9-9</sub>	DNA: 5'-d(GGCGGGGCGCTGGGGGCGGT <b>CGCGCGCGCGCGCGCGCGCGCG</b> G)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCU)-5'-Cy3			
DRH <sub>10</sub>	DNA: 5'-d(CGCG <b>CGCGCGCGCGCGCGCGCGCG</b> G)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCU)-5'	7 <sup>18</sup> C modified fragment from human gene REL (Z-form)		
DRH <sub>10-10</sub>	DNA: 5'-d(GGCGGGGCGCTGGGGGCGGT <b>CGCGCGCGCGCGCGCGCGCGCG</b> G)-3' RNA: 3'-r(GCGCGCGCGCGCGCGCGCGCGCU)-5'-Cy3			
DRH <sub>11</sub>	DNA: 5'-d( <b>GCACGCG</b> )-3' RNA: 3'-r( <b>CGUGCGC</b> )-5'	3 <sup>18</sup> C modified artificial fragment with 2 d <sup>4</sup> G and 3 r <sup>4</sup> G (7 mer, Z-form)	Effect of short Z-form DNA-RNA hybrid on DNA replication	
DRH <sub>11-11</sub>	DNA: 5'-d(CCAGACATAT <b>GCACGCG</b> )-3' RNA: 3'-r( <b>CGUGCGC</b> )-5'-Cy3			
DRH <sub>12</sub>	DNA: 5'-d( <b>CACGCG</b> )-3' RNA: 3'-r( <b>GUGCGC</b> )-5'	3 <sup>18</sup> C modified artificial fragment with 1 d <sup>4</sup> G and 3 r <sup>4</sup> G (6 mer, Z-form)		
DRH <sub>12-12</sub>	DNA: 5'-d(CCAGACATAT <b>CACGCG</b> )-3' RNA: 3'-r( <b>GUGCGC</b> )-5'-Cy3			
DRH <sub>13</sub>	DNA: 5'-d( <b>ACGCG</b> )-3' RNA: 3'-r( <b>UGCGC</b> )-5'	2 <sup>18</sup> C modified artificial fragment with 1 d <sup>4</sup> G and 2 r <sup>4</sup> G (5 mer, Z-form)		
DRH <sub>13-13</sub>	DNA: 5'-d(CCAGACATAT <b>ACGCG</b> )-3' RNA: 3'-r( <b>UGCGC</b> )-5'-Cy3			
DRH <sub>14</sub>	DNA: 5'-d( <b>CGCG</b> )-3' RNA: 3'-r( <b>GCGC</b> )-5'	2 <sup>18</sup> C modified artificial fragment with 1 d <sup>4</sup> G and 2 r <sup>4</sup> G (4 mer, Z-form)		
DRH <sub>14-14</sub>	DNA: 5'-d(CCAGACATAT <b>CGCG</b> )-3' RNA: 3'-r( <b>GCGC</b> )-5'-Cy3			
DRH <sub>15</sub>	DNA: 5'-d( <b>CGCGCGAGCT</b> )-3' RNA: 3'-r(GCGCGCUCGA)-5'	4 d <sup>4</sup> G modified fragment with CG-repeats (Z-form)	Study of chemical modification effects on DNA replication	
DRH <sub>15-15</sub>	DNA: 5'-d(CCAGACATAT <b>CGCGCGAGCT</b> )-3' RNA: 3'-r(GCGCGCUCGA)-5'-Cy3			
DRH <sub>16</sub>	DNA: 5'-d( <b>CGAGCCGGCT</b> )-3' RNA: 3'-r(GCUCGGCCGA)-5'	4 d <sup>4</sup> G modified fragment with non CG-repeats (A-form)		
DRH <sub>16-16</sub>	DNA: 5'-d(CCAGACATAT <b>CGAGCCGGCT</b> )-3' RNA: 3'-r(GCGCGCUCGA)-5'-Cy3			
DRH <sub>17</sub>	DNA: 5'-d( <b>CGCGTGCG</b> )-3' RNA: 3'-r(GCGCACGC)-5'	3 <sup>18</sup> C modified artificial fragment with 1 d <sup>4</sup> G (Z-form in high NaCl concentration)	Study of A-Z transition of DNA-RNA hybrid using <sup>19</sup> F NMR	
DRH <sub>17-17</sub>	DNA: 5'-d(CCAGACATAT <b>CGCGTGCG</b> )-3' RNA: 3'-r(GCGCACGC)-5'-Cy3			
DRH <sub>18</sub>	DNA: 5'-d(CGCGTGCG)-3' RNA: 3'-r(GCGCACGC)-5'	2 r <sup>4</sup> G modified artificial fragment (Z-form in high NaCl concentration)		
DRH <sub>18-18</sub>	DNA: 5'-d(CCAGACATATCGCGTGCG)-3' RNA: 3'-r(GCGCACGC)-5'-Cy3			
DRH <sub>19</sub>	DNA: 5'-d( <b>CGCGCGCG</b> )-3' RNA: 3'-r(GCGCGCGC)-5'	4 <sup>18</sup> C modified CG-repeats with 2 d <sup>4</sup> G and 3 r <sup>4</sup> G(Z-form)	Z-form hybrid in molecular model	

Red residues represent 5-methyl-2'-deoxycytidine (<sup>18</sup>C) on the DNA strands. Blue residues indicate 8-trifluoromethyl-2'-deoxyguanosine (d<sup>4</sup>G) on the DNA strands as well as 8-trifluoromethyl-guanosine (r<sup>4</sup>G) on the RNA strands. The nucleotides with underlines show 3'-terminus of RNA is unpaired to template DNA.



Z-form hybrid formation can be triggered by ZBP1, thereby blocking DNA replication.

To further explore whether the Z-form conformation can block DNA replication when using different sequences in hybrid, we designed and synthesized shorter hybrid sequences DRH<sub>6</sub> and DRH<sub>7</sub> with CpG repeats, in which trifluoromethyl (CF<sub>3</sub>) group was incorporated into the C8 position of 2'-deoxyguanosine or guanosine (Supplementary Schemes S1 and S2, Supplementary Data S1–S33). As reported in our previous research, a CF<sub>3</sub> group at the C8 position stabilizes Z-form nucleic acids and acts as a <sup>19</sup>F sensor, which can be used to study the DNA and RNA structures using <sup>19</sup>F NMR [36]. We observed that CF<sub>3</sub> modified DNA-RNA hybrid, DRH<sub>6-6</sub>, did not produce observable extension products when using pol  $\delta$  as catalyst (Fig. 1I and J). Conversely, the native DNA-RNA hybrid DRH<sub>7-7</sub> sharing the identical sequence with DRH<sub>6-6</sub>, can properly drive DNA replication (Fig. 1I and J). These findings are consistent with CD results showing that DRH<sub>6</sub> adopting a Z-form structure, while DRH<sub>7</sub> remains in an A-form (Fig. 1H). Using a more common enzyme, *E. coli* DNA polymerase I (pol I), we observed similar results: the modified DRH<sub>6-6</sub> blocked primer extension, while non-modified DRH<sub>7-7</sub> produced extended fragments (Supplementary Fig. S4A–C).

To investigate the effect of <sup>13</sup>C residue number on Z-form stability and DNA replication blockage, we synthesized hybrids with varying numbers of <sup>13</sup>C residues (e.g. DRH<sub>5</sub> with 4 <sup>13</sup>C, DRH<sub>8</sub> with 5 <sup>13</sup>C, DRH<sub>9</sub> with 6 <sup>13</sup>C, and DRH<sub>10</sub> with 7 <sup>13</sup>C residues). CD spectra revealed that increasing <sup>13</sup>C residue numbers enhanced Z-form stability. For example: DRH<sub>5</sub> showed a near-A-form structure. DRH<sub>8</sub> (5 <sup>13</sup>C), DRH<sub>9</sub> (6 <sup>13</sup>C), and DRH<sub>10</sub> (7 <sup>13</sup>C) exhibited progressively stronger Z-form characteristics, as evidenced by an increasingly negative band at 295 nm (Supplementary Fig. S5B). DNA replication assays demonstrated that hybrids with stronger Z-form characteristics inhibited DNA replication more effectively. Specifically, DRH<sub>10-10</sub> (7 <sup>13</sup>C) caused near-complete replication inhibition, DRH<sub>8-8</sub> and DRH<sub>9-9</sub> showed moderate inhibition (Supplementary Fig. S5A and C). DRH<sub>5-5</sub> (4 <sup>13</sup>C) exhibited no significant replication inhibition compared to DRH<sub>4-4</sub> (no <sup>13</sup>C residues) (Supplementary Fig. S3C). These results indicate that hybrids with at least 5 <sup>13</sup>C residues begin to stabilize Z-form and block replication, with 7 <sup>13</sup>C residues showing maximum inhibitory effects.

To determine the minimum length of Z-form hybrid sequences required to effectively block replication [37], we synthesized and tested a shorter hybrid, 7-mer DRH<sub>11-11</sub>. CD spectroscopy confirmed that DRH<sub>11-11</sub> adopts the Z-form structure, as evidenced by the strong negative band observed at 295 nm (Supplementary Fig. S6A). UV-melting curve analysis revealed a melting temperature (T<sub>m</sub>) of 37 °C, consistent with physiological conditions, indicating that DRH<sub>11-11</sub> is stable in its duplex form and capable of blocking DNA replication (Supplementary Fig. S6B). DNA replication assays with Z-form DRH<sub>11-11</sub> demonstrated no primer extension, confirming its ability to block DNA replication (Supplementary Fig. S6C and D). Additionally, we synthesized and analyzed even shorter hybrids, 6-mer DRH<sub>12-12</sub>, 5-mer DRH<sub>13-13</sub>, and 4-mer DRH<sub>14-14</sub>, to examine their structures and effects on DNA replication. CD spectroscopy showed that the characteristic negative band at 295 nm weakened progressively as the sequence shortened, indicating the loss of Z-form characteristics in shorter hybrids (Supplementary Fig. S6A) [38].

UV-melting assays revealed that these shorter hybrids were structurally unstable, with T<sub>m</sub> values of 30 °C for DRH<sub>12-12</sub> and 18 °C for DRH<sub>13-13</sub>. DRH<sub>14-14</sub> was too unstable to yield a measurable T<sub>m</sub>, suggesting that these hybrids transitioned to single-stranded forms under physiological conditions (37 °C) and could not block DNA replication through Z-form stabilization (Supplementary Fig. S6B). Consequently, no DNA replication inhibition was observed with these shorter hybrids, as they failed to form the template/primer hybrid necessary for initiating replication and lacked Z-form structure-induced suppression (Supplementary Fig. S6C and D). Collectively, these experiments concluded that the 7-mer DRH<sub>11-11</sub> represents the minimum length of Z-form hybrid capable of blocking DNA replication, as shorter hybrids are unstable and unable to adopt the Z-form under physiological conditions.

Moreover, we further confirmed that the DNA replication inhibition was induced by the typical Z-form structure rather than other effects, such as modification-triggered hybrid unwinding during DNA replication. Therefore, a control experiment was carried out under pol  $\delta$  synthesis buffer conditions to assess whether the Z-form hybrid could stably exist. The time-dependent electrophoresis gel assay revealed that the bands of Z-form DRH<sub>3-3</sub> displayed lower mobility than RNA primer alone, consistent with the results observed when A-form DRH<sub>4-4</sub> was used (Supplementary Fig. S7A and B), indicating the stable hybrids. Additionally, a UV-melting assay demonstrated consistent melting temperatures (T<sub>m</sub>) for the Z-form (72 °C) and A-form (71.5 °C) at both 0 and 30 min of incubation in the pol  $\delta$  buffer solution, confirming that these structures remain stable during the DNA synthesis reaction (Supplementary Fig. S7C and D).

To assess whether DNA replication inhibition arises from chemical modifications rather than structural effects, we synthesized DRH<sub>15-15</sub> and DRH<sub>16-16</sub>, which contain identical numbers of guanine, cytidine, and <sup>19</sup>F residues but adopt different secondary structures (Z-form for DRH<sub>15</sub> and A-form for DRH<sub>16</sub>, as confirmed by CD spectroscopy; Table 1, Supplementary Fig. S8A). DNA replication results indicated that the Z-form hybrid caused a similar inhibitory effect, whereas the A-form hybrid allowed proper primer extension (Supplementary Figs. S8B–D).

To evaluate whether the blunt-end formation at the 3' terminus of RNA in the Z-form hybrid contributes to replication inhibition, we utilized 3'-5' exonuclease, which specifically cleaves unpaired 3'-terminal nucleotides. Results showed no cleaved RNA when A-form (DRH<sub>2-2</sub>) and Z-form (DRH<sub>1-1</sub>) hybrids were subjected to 3'-5' exonuclease. However, a control experiment performed using an RNA primer with an unpaired 3' terminus demonstrated that the unpaired residues on the 3' terminus of the RNA primers (DRH<sub>1-1</sub> and DRH<sub>2-2</sub>) could indeed be cleaved (Supplementary Figs. S9A and B). To further confirm duplex stability, UV melting assays were performed to determine the melting temperature (T<sub>m</sub>) of the hybrids. The Z-form hybrid (DRH<sub>1-1</sub>) exhibited greater stability (T<sub>m</sub> = 79 °C) compared to the A-form hybrid (DRH<sub>2-2</sub>, T<sub>m</sub> = 77 °C). However, lower T<sub>m</sub> values were indicated from DRH<sub>1-1</sub> (unpaired) (72 °C) and DRH<sub>2-2</sub> (unpaired) (71.5 °C) (Supplementary Fig. S9C). These results collectively demonstrate that the terminal base pairs of the Z-form hybrid remain intact under the experimental conditions. These findings support the conclusion that the observed DNA replication blockage is caused by the specific secondary structure of the Z-form



hybrid rather than by terminal structure dissociation or other factors.

### Z-form hybrid inhibits DNA replication in cells

Encouraged by the ability of Z-form hybrid blocking primer extension *in vitro*, we sought to assess that whether these hybrids could adapt in Z-form hybrid and similarly inhibit DNA replication in cells. The Z-conformation of hybrids were determined by immunofluorescence assay using a Z22 antibody, which typically recognizes Z-form nucleic acid duplexes. The results show consistent structural characteristics of these hybrids in cells and *in vitro* based on their binding with the Z22 antibody, indicated by clear green fluorescence (Fig. 2). In detail, green fluorescence were observed in use of Z22 antibody when DRH<sub>1-1</sub>, DRH<sub>3-3</sub>, DRH<sub>5-5</sub>, and DRH<sub>6-6</sub> were used, and mainly located in the nucleus, entirely overlapped with the Cy3-labeled hybrid in red, resulting in a yellow signal. Moreover, the signals were sensitive to DNase I, RNase A, and especially RNase H. These results were further supported by *in vitro* studies, where Z-form hybrids were subjected to digestion using various nuclease treatments (Supplementary Fig. S10). These findings collectively demonstrated that these hybrids predominantly adopt Z-form structure in cells (Fig. 2). In contrast, DRH<sub>2-2</sub>, DRH<sub>4-4</sub> and DRH<sub>7-7</sub> did not show fluorescence when treated by Z22 antibody, indicating these hybrids cannot form Z-form structure in cells, which is consistent with *in vitro* (Fig. 2).

Next, we used DNA template/RNA primer hybrids to investigate temporal course of Z-form hybrid blocking DNA replication in cell cycles, these allows us to reveal its natural physiological functionalities in maintaining epigenetic stability during cell division. To get cells in the G1 and S phases of the cell cycle, thymidine and Antimycin A were used, according to previous reports [39–43]. Immunofluorescence assays demonstrated strong nuclear enrichment of the G1-phase marker Cdt1 in thymidine-treated cells and bright clusters of the S-phase marker PCNA in Antimycin A-treated cells [44–46] (Supplementary Figs S11 and S12). These findings confirmed that cells in the G1 and S phases were effectively arrested. Subsequently, the effects of Z-hybrid on DNA replication were evaluated in the different cell cycle phases (i.e. G1 and S phases) (Fig. 3A). We used the A-form DRH<sub>2-2</sub> and methylated Z-form DRH<sub>1-1</sub> to treat living human cells and found that the DRH<sub>2-2</sub> in the A-form could initiate primer extension during the S phase but not during the G1 phase, which is consistent with the well-known fact that DNA replication only occurs in the S phase (Fig. 3B). Notably, we observed no extension product for DRH<sub>1-1</sub>, even during the S phase (Fig. 3C). Similarly, A-form DRH<sub>4-4</sub> could initiate DNA replication (Fig. 3D), while no DNA extension was observed when Z-form DRH<sub>3-3</sub> and DRH<sub>5-5</sub> were used (Fig. 3E and F).

Additionally, we observed the extended products from the A-form DNA-RNA hybrid DRH<sub>7-7</sub> in HeLa and HT29 cells (Supplementary Fig. S13B and D). Importantly, no product was observed in the Z-form hybrid DRH<sub>6-6</sub>, these results are identical to *in vitro* (Supplementary Fig. S13A and C), indicating that the Z-form hybrid can block DNA replication under physiological conditions.

### NMR reveals Z-form DNA-RNA hybrid structure

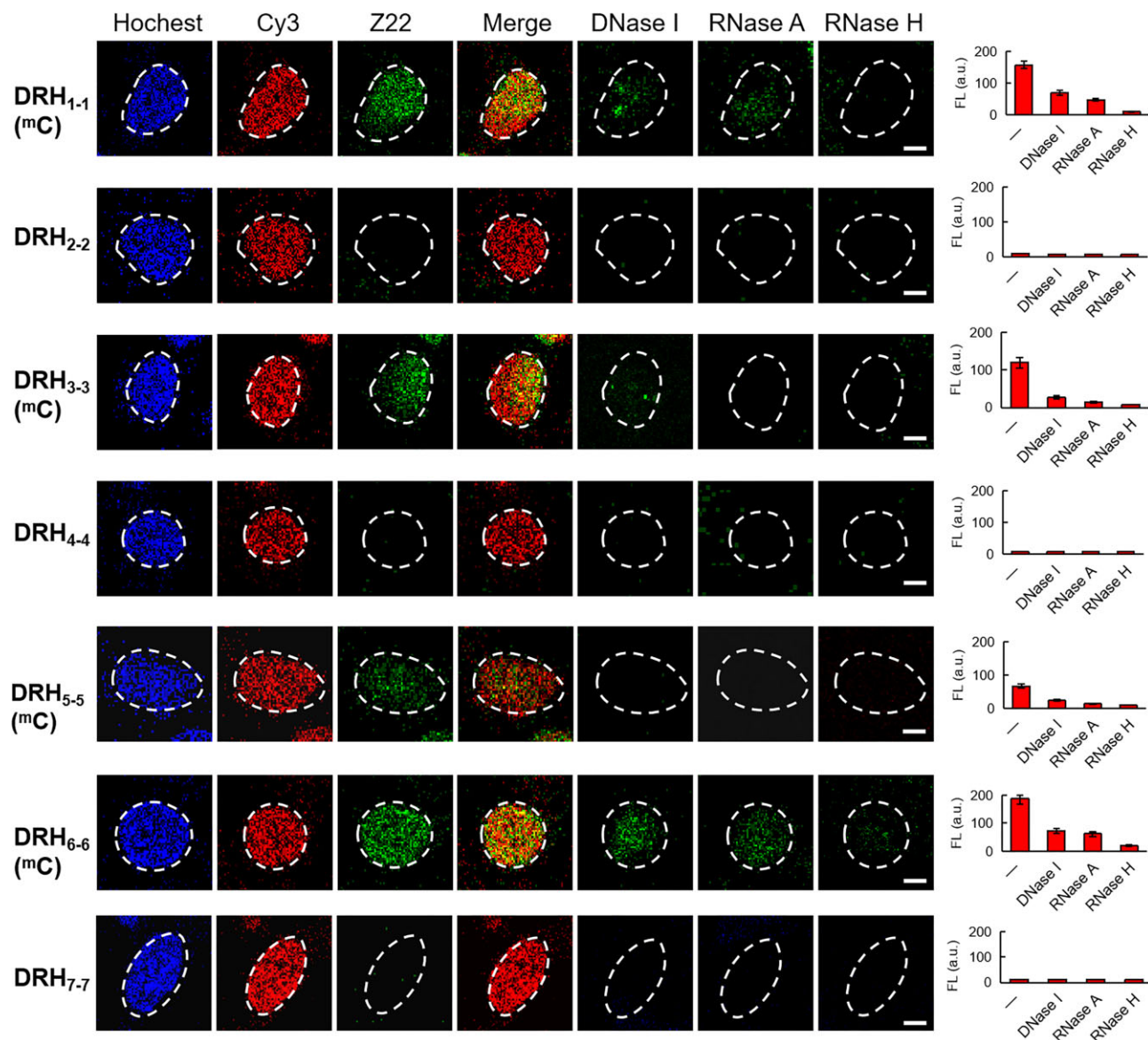
To clarify the mechanism by which the Z-form hybrid can block DNA replication, the detailed structure of the Z-form

hybrid was investigated using <sup>1</sup>F<sub>G</sub>-modified DRH<sub>6</sub>. <sup>1</sup>F<sub>G</sub> is an excellent Z-form stabilizer that strongly induces Z-form structure formation under physiological salt conditions, effectively minimizing interference from other nucleic acid structures, such as single strands or A-form hybrids, in NOESY spectra. Importantly, the use of <sup>1</sup>F<sub>G</sub> does not alter the intrinsic Z-form structure, as confirmed by previous studies employing various chemical modifications as Z-form stabilizers to study Z-form nucleic acids [47–49]. This approach ensures accurate representation of the Z-form hybrid's structural characteristics.

A complete list of <sup>1</sup>H chemical shifts is showed in Supplementary Table S1. In the non-exchangeable proton spectrum, we successfully assigned the proton resonances based on the 'walk along helix' using NOE connectivity path: d<sup>m</sup>C<sub>3</sub>(H6/H2'')-dA<sub>4</sub>(H8/H1')-d<sup>m</sup>C<sub>5</sub>(H6/H2''), d<sup>m</sup>C<sub>7</sub>(H6/H2'')-dG<sub>8</sub>(H8/H1') in the DNA strand (Fig. 4A) and rC<sub>7</sub>(H6/H2')-rG<sub>8</sub>(H8/H1') in the RNA strand (Fig. 4B), indicating sequence-specific connectivity for left-handed helix. We observed an upshift of the H5 protons of rC<sub>1</sub>, rC<sub>3</sub>, and rC<sub>7</sub> around 5.04–5.08 ppm (Fig. 4B), as well as H5' of d<sup>m</sup>C<sub>1</sub>, d<sup>m</sup>C<sub>3</sub>, and d<sup>m</sup>C<sub>5</sub>, and H2' of cytosine residues in the DNA strand with a similar upfield shift (Fig. 4A, Supplementary Fig. S14A and B and S16A). These alterations are only observable in Z-form nucleic acid duplexes. Strong signals of H8/H1' cross peaks derived from dA<sub>4</sub>, dG<sub>8</sub> and rG<sub>8</sub> indicate the *syn* conformation of these residues (Fig. 4A and B), while intra-residue cross peaks of H6/H5'' of all cytosine residues, which indicate the *anti* conformation (Fig. 4A, Supplementary Fig. S14C), are characteristic of the Z-form duplex.

In the exchangeable proton NMR spectrum, similar to previous studies, the cross-peak of d<sup>m</sup>C<sub>5</sub>NH<sub>2</sub>1 and rC<sub>3</sub>H5 was observed, which is predominantly induced by the typical base pairs stacking patterns of the Z-form structure (Supplementary Fig. S14D). Moreover, stable Watson–Crick base pair formation was confirmed by a series of clear cross-peaks from d<sup>m</sup>C<sub>5</sub>NH<sub>2</sub>1/r<sup>F</sup>G<sub>4</sub>H1, d<sup>m</sup>C<sub>5</sub>H6/r<sup>F</sup>G<sub>4</sub>H1, d<sup>m</sup>C<sub>7</sub>NH<sub>2</sub>2/r<sup>F</sup>G<sub>2</sub>H1, and d<sup>F</sup>G<sub>6</sub>H1/rC<sub>3</sub>H1' in the Z-form hybrid duplex (Supplementary Fig. S15). Additionally, NOEs between H1' and H2' from all cytosine and uracil residues were detected, demonstrating that these nucleosides adopt a C2'-*endo* sugar pucker. Conversely, H3'/H4' cross peaks of guanine and adenine residues appeared, indicating a C3'-*endo* conformation (Supplementary Fig. S16).

Exceptionally, <sup>19</sup>F NMR was employed to observe Z-form structure formation, as <sup>19</sup>F signals are highly sensitive to the surrounding chemical environment and produce distinct NMR resonances with high relative abundance and no background interference [50–52]. We have recently shown that the <sup>19</sup>F NMR can be used to study the Z-form structure [11, 36]. Here, a Z-form hybrid, DRH<sub>17</sub> that is able to inhibit DNA replication, was used because it possessing only one CF<sub>3</sub> group, could produce clear <sup>19</sup>F NMR spectroscopy (Supplementary Fig. S17A–C). The results with gradient NaCl concentrations indicated that the single peak at -62.22 ppm, representing A-form structure progressively decreased and a new signal enhanced around -61.61 ppm, demonstrating Z-form conformation (Fig. 4D). These findings are consistent with the CD spectroscopy results (Supplementary Fig. S17A). Moreover, a hybrid DRH<sub>18</sub>, modified with two CF<sub>3</sub> groups, was employed to examine its Z-form characteristics. Results demonstrated that this hybrid also adopts a Z-form structure and effectively blocks the DNA extension reaction



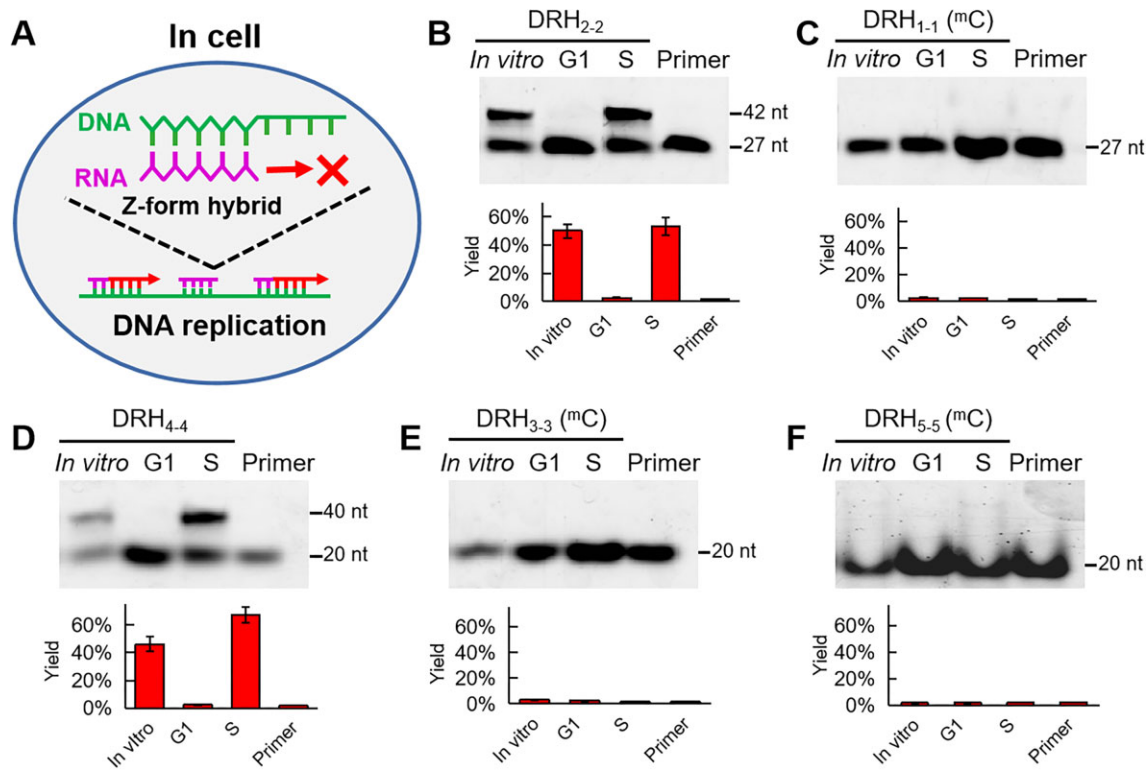
**Figure 2.** Determination of Z-form DNA-RNA hybrids in HeLa cells. In immunofluorescence assay, DRH<sub>1-1</sub>, DRH<sub>3-3</sub>, DRH<sub>5-5</sub>, and DRH<sub>6-6</sub> show Z-form structure as observation of green fluorescence in use of Z22 antibody as well as fluorescence decay after treatment with DNase I, RNase A and RNase H respectively. The green fluorescence intensities representing Z-form structure contents were quantitatively analyzed with different treatments as plotted histogram (right column). Nuclei are stained by Hoechst 33342 as blue color and outlined with dashed white lines. The red fluorescence from Cy3-labeled RNA within the DNA-RNA hybrid. The merge image was the overlay result between red fluorescence image (Cy3 labeled RNA) and green fluorescence image (Z22). Scale bars, 10  $\mu$ m. Error bars represent mean  $\pm$  standard deviation.  $n = 3$ . mC represents the mC residue on DNA strand.

(Supplementary Figs. S17D–F). Results revealed that two new strong-intensity peaks appeared as the Z-form hybrid ( $-61.28$  and  $-61.38$  ppm) with increasing NaCl concentration, compared to the two peaks in the A-form hybrid that decreased and completely disappeared, and the four peaks observed during the A-Z transition state, which are completely consistent with CD spectra (Fig. 4E and Supplementary Fig. S17D).

### Structural insights into Z-form DNA-RNA hybrid and A-form hybrid

The molecular dynamic simulation was carried out in BIOVIA Discovery Studio 4.5 through a standard dynamic cascade with some modifications based on the reported Z-form structure using NOE constrains refined model. Consequently, a intact structural model of Z-form DRH<sub>6</sub> was constructed

(Supplementary Fig. S18A and B). 10 Conformers with lowest energy in superposition was shown in Fig. 5A, in which the most appropriate one that can represent the mean dynamic evolution was selected as well as viewed at major (Fig. 5B, Supplementary Fig. S18A) and minor groove (Supplementary Fig. S18B), respectively, in which representative Watson-Crick base pair was shown as  $r^F G_4:d^m C_5$  showing typical *syn* conformation for guanosine and *anti* conformation in cytidine that is the hallmark for Z-form structure formation (Fig. 5B). Additionally, all Watson-Crick base pairs of the Z-form hybrid were performed in Supplementary Fig. S18C. It should be noted that the Z-form hybrid matched with zig-zag shape as classical Z-helix conformation according to observation of coordinated variability of  $\epsilon$  and  $\zeta$  angles of cytidine residues and  $\alpha$ ,  $\beta$  angles of guanosine residues for both CpG and GpC steps. (Supplementary Tables S2 and S3).



**Figure 3.** Z-form DNA-RNA hybrid blocks DNA replication in HeLa cells. **(A)** Concept diagram of studying Z-form DNA-RNA hybrid block DNA replication in cells. **(B)** Study DNA replication using DRH<sub>2-2</sub> in cells, the yields in plotted histogram. **(C)** Study DNA replication using DRH<sub>1-1</sub> in cells, the yields in plotted histogram. **(D)** Study DNA replication using DRH<sub>4-4</sub> in cells, the yields in plotted histogram. **(E)** Study DNA replication using DRH<sub>3-3</sub> in cells, the yields in plotted histogram. **(F)** Study DNA replication using DRH<sub>5-5</sub> in cells, the yields in plotted histogram, *in vitro* represent ZBP1 was used. Error bars represent mean  $\pm$  standard deviation.  $n = 3$ . Primer shows the independent Cy3-RNA used in each hybrid. <sup>m</sup>C represents the <sup>m</sup>C residue on DNA strand. To arrest the G1 phase in cells, in brief, 2 mM thymidine was added and incubated in cells for 12 h. The cells was washed and then incubated in DMEM medium for 12 h and followed by treated with 2 mM thymidine in another 9 h. For arresting S phase, cells was incubated with the Antimycin A (2  $\mu$ M) for 24 h, and then the cells were washed and readily used for next experiments (details in "Materials and methods").

More importantly, two unusual structural features were observed in the Z-hybrid. First, the minor groove is notably narrow (width, 8.3 Å) compared to the A-hybrid (9.5 Å). Second, the Z-hybrid structure has a diameter of only 15 Å, making it the smallest among all discovered duplex conformations (Fig. 5C, [Supplementary Table S4](#)) [53]. To further substantiate the defined Z-form hybrid structure, molecular modeling was conducted using Amber 18 and compared the models generated through BIOVIA Discovery Studio 4.5. Results demonstrated a Z-form hybrid with highly consistent helical parameters and structural features, particularly the narrow minor groove (8.3 Å) and a small diameter (15 Å), as detailed in [Supplementary Tables S5, S6, S11, and S12](#), and [Supplementary Fig. S19](#). To confirm the robustness of the Z-form hybrid's structural characteristics across different sequences, we analyzed an alternative sequence, DRH<sub>19</sub>, derived from the human REL gene, containing an absolute CG-repeat fragment. The model was built by extending the 4-mer fragment d(CGCG)/r(CGCG) (from the NMR-restrained DRH<sub>6</sub> model) to generate the 8-mer sequence d(CGCGCGCG)/r(CGCGCGCG). Molecular dynamics simulations using BIOVIA Discovery Studio 4.5 and Amber 18 were carried out to refine the DRH<sub>19</sub> structure. The structural data for DRH<sub>19</sub>, summarized in [Supplementary Tables S7–S10](#) and shown in [Supplementary Figs S20 and S21](#), revealed close resemblance to the DRH<sub>6</sub> model. Specifically, DRH<sub>19</sub> exhibited a diameter of 16 Å, slightly larger than DRH<sub>6</sub>'s 15 Å but significantly smaller than the 25 Å diameter of the A-

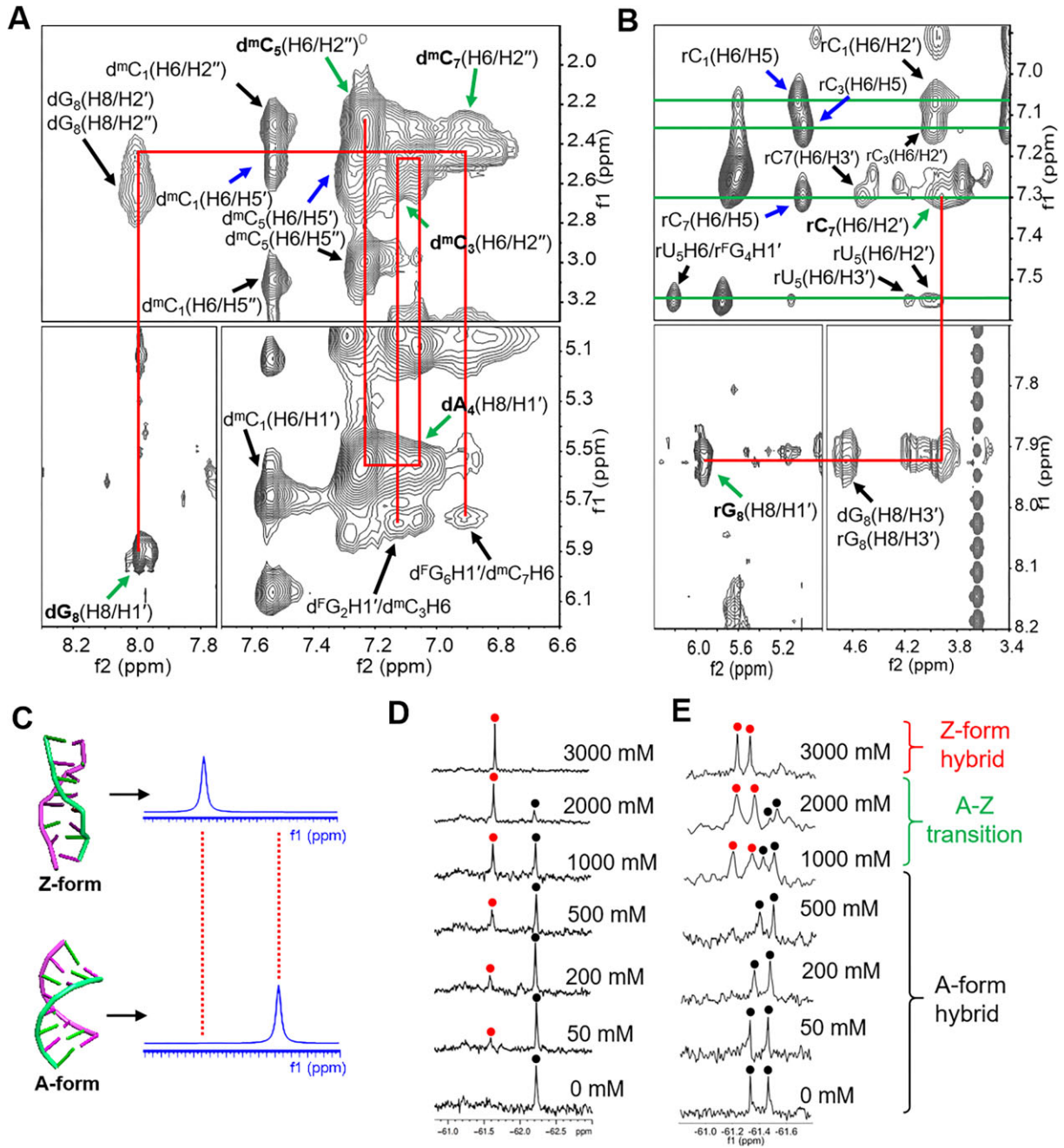
form hybrid. The minor groove of DRH<sub>19</sub> measured 8.4 Å, slightly broader than the 8.3 Å of DRH<sub>6</sub>, yet still markedly narrower than the 9.5 Å minor groove of the A-form hybrid ([Supplementary Tables S4, S11, and S12](#)). These consistent structural features, observed across different sequences, strongly confirm the Z-form hybrid's conformation and its distinct characteristics relative to the A-form hybrid. Furthermore, the biofunctional properties linked to this Z-form conformation align with these structural observations, underscoring its unique role in biological processes.

Above results allow us to demonstrate the left-handed Z-form DNA-RNA hybrid is new double helix structure that is absolutely different from reported nuclei acid duplexes. So unique Z-hybrid structure could play significant biological function.

### Molecular dynamic models of Z-form and A-form hybrids with pol $\delta$ and PCNA

Based on the Z-form hybrid structure, we built molecular dynamic models of the pol  $\delta$ /Z-form hybrid complex and compared them with the pol  $\delta$ /A-form hybrid complex. We observed that amino acid residues G959, G960, and A968 could contact the DNA strand in the minor groove of the A-form hybrid, stabilizing the pol  $\delta$ /A-form hybrid complex (Fig. 6A and B). On the other hand, in the complex using Z-form hybrid, these residues are away from the DNA strand and lack interaction, preventing pol  $\delta$  from localizing closely to the



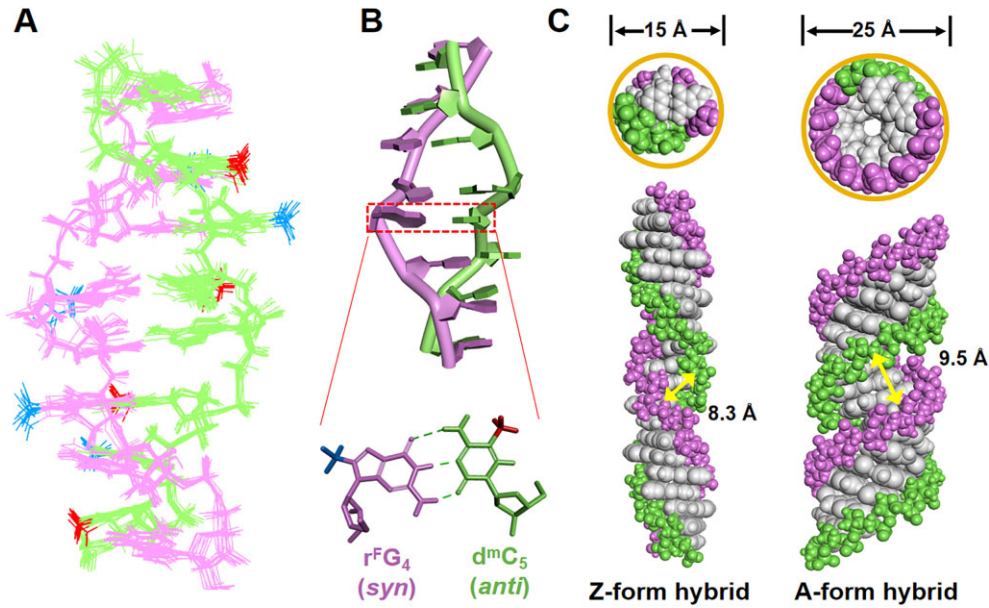


**Figure 4.** NMR study reveals distinctive Z-form DNA-RNA hybrid. **(A)** 2D-NOESY of DRH<sub>6</sub> shows the connectivity path (red lines) in DNA strand and labeled by green arrows. d<sup>m</sup>C<sub>1</sub>(H6/H5') and d<sup>m</sup>C<sub>5</sub>(H6/H5') were found to upshift 2.49 and 2.31 ppm (blue arrows). Black arrows indicated the intra-residue and inter-residue cross peaks (mixing time: 400 ms). **(B)** 2D-NOESY of DRH<sub>6</sub> indicates connectivity path (red lines) in RNA strand and labeled by green arrows. The signal upshift is indicated in blue arrows. Black arrows indicated the intra-residue and inter-residue cross peaks. All NOEs linked to H6 of rC<sub>1</sub>, rC<sub>3</sub>, rU<sub>5</sub> and rC<sub>7</sub> were connected as green lines (mixing time: 250 ms). **(C)** Concept for the detection of A-Z transition by <sup>19</sup>F NMR. <sup>19</sup>F NMR signals are strongly dependent on the structural environment of the <sup>19</sup>F label. **(D)** <sup>19</sup>F NMR spectra of DRH<sub>17</sub> with increasing NaCl concentrations. **(E)** <sup>19</sup>F NMR spectra of DRH<sub>18</sub> with increasing NaCl concentrations.

Z-form hybrid (Fig. 6C and D). This result is likely due to the structural features of the Z-form hybrid, which has a rigid backbone with a much narrower minor groove (8.3 Å) compared to the A-form hybrid's wide (9.5 Å) and flexible minor groove.

Another remarkable feature of the Z-form hybrid is its small duplex diameter (15 Å) compared to the A-form hybrid (25 Å) (Fig. 5C). This smaller hybrid diameter directly abolishes the Coulombic interaction between the PCNA clamp and

the hybrid. The PCNA clamp plays a pivotal role in DNA replication initiation by activating pol δ during DNA polymerization. The PCNA clamp can encircle and slide on the hybrid via multiple polar residues by approaching the nucleic acid duplex phosphates within a Coulombic interaction distance (<6 Å) [20]. We found that the atomic distances between residues K80, N84, and R149 of PCNA and the phosphates in the A-form hybrid are smaller than 6 Å, allowing the formation of Coulombic interactions between the



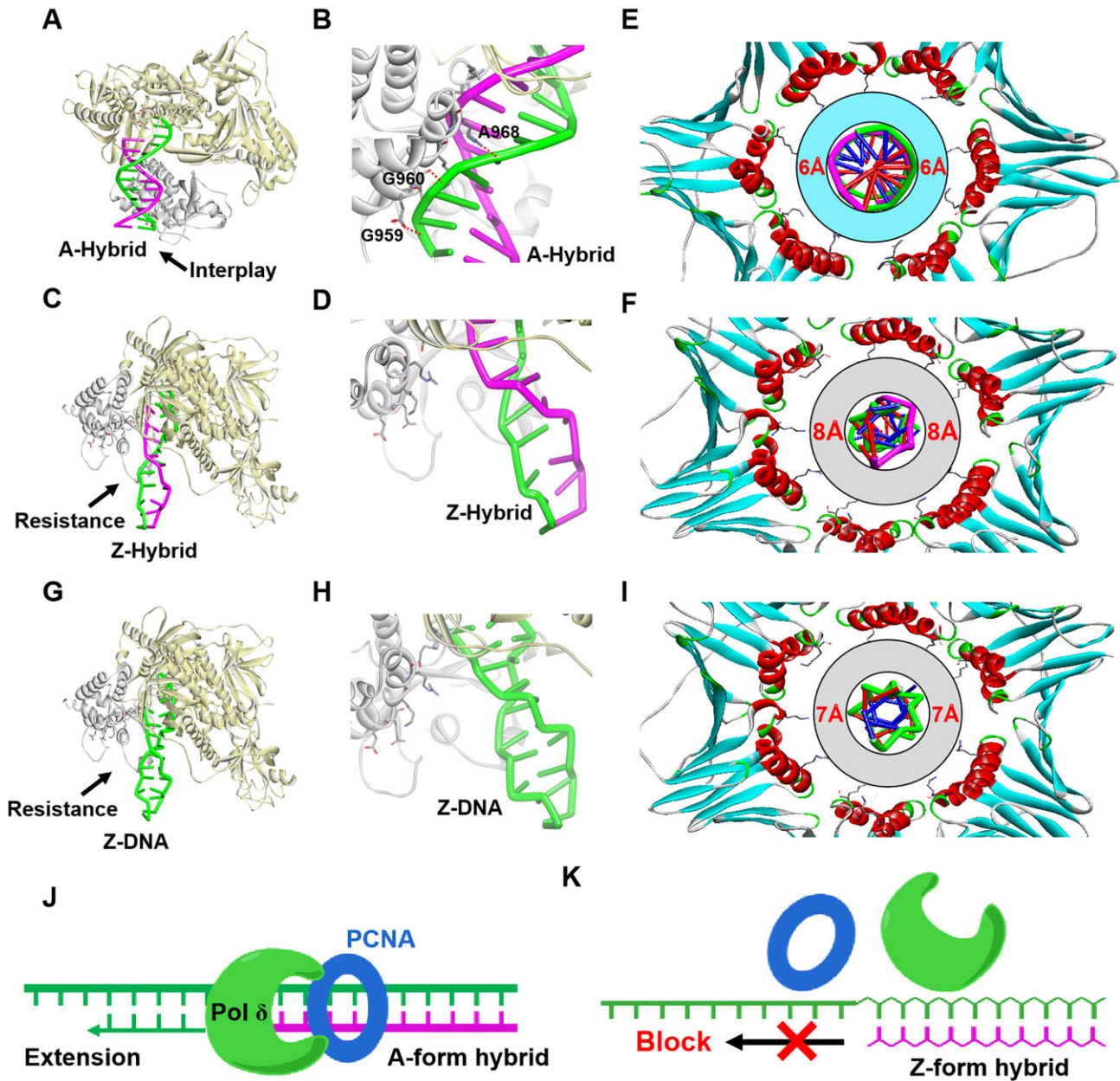
**Figure 5.** Molecular model of Z-form DNA-RNA hybrid and comparison with A-form hybrid. **(A)** Superposition of 10 conformers representing the refined structure of DRH<sub>6</sub> in the Z-form with lowest total energy as viewed from the minor groove. **(B)** Molecular model of Z-form hybrid DRH<sub>6</sub>, DNA strand (green) and RNA strand (pink). An enlarged view showed the Watson-Crick base pair of r<sup>F</sup>G<sub>4</sub> and d<sup>m</sup>C<sub>5</sub>. **(C)** A structural comparison of hybrid at Z-form and A-form, Z-hybrid with much smaller diameter 15 Å and a narrower and rigid minor groove at 8.3 Å, while A-hybrid with a larger diameter at 25 Å and wide and flexible minor groove around 9.5 Å.

hybrid and the PCNA clamp (Supplementary Fig. S22A), as observed by the inner space filling with water molecules required for Coulombic force (Fig. 6E), therefore initiating and extending DNA sequence from RNA primer (Fig. 6J). Conversely, in the Z-form structure, all atomic distances exceed 8 Å, which beyond the Coulombic interaction range (Fig. 6F, Supplementary Fig. S22B), indicating that the Z-form hybrid cannot be encircled by the PCNA clamp, leading to the loss of DNA replication function (Fig. 6K).

To further validate that Z-form hybrid-induced DNA replication inhibition is attributable to its unique structural features, we compared the Z-form hybrid with the well-characterized Z-DNA structure. Z-DNA, known for its rigid minor groove (8.2 Å) and relatively small diameter (18 Å), was introduced into molecular dynamics studies to examine potential interactions with pol δ and PCNA. The results showed no interactions between the minor groove of Z-DNA and the thumb domain of pol δ, suggesting that Z-DNA cannot be recognized or used by pol δ as an effective substrate during DNA replication (Fig. 6G and H). This finding is consistent with earlier studies indicating that DNA polymerases lose the capacity to bind Z-DNA due to its rigid structure [54]. Furthermore, the results for Z-DNA-PCNA complexes demonstrated that the distance (>7 Å) between the phosphate backbone of Z-DNA and the inner surface of PCNA exceeds the threshold for effective coulombic interactions (<6 Å) (Fig. 6I and Supplementary Fig. S22C). This lack of interaction suggests that Z-DNA cannot be properly held by PCNA for efficient replication initiation [19]. These observations align with previous reports indicating that Z-DNA strongly blocks DNA replication due to its unique secondary structure [54]. They also support the conclusion that the structural rigidity and specific features of Z-form hybrids, similar to Z-DNA, render them ineffective in facilitating DNA replication reactions.

Consistently, an electrophoretic mobility shift assay shows that pol δ bind to the A-form hybrids DRH<sub>2-2</sub> and DRH<sub>4-4</sub>, but do not bind to the Z-form hybrids DRH<sub>1-1</sub> and DRH<sub>3-3</sub> (Supplementary Fig. S23A and B). Identical results were also observed as A-form hybrids DRH<sub>7-7</sub> allows to bind with pol δ and pol I, while it's not for Z-form hybrid DRH<sub>6-6</sub> (Supplementary Fig. S23C and S23D). Additionally, a titration assay using molecular weight markers was conducted. The results showed that pol δ binds specifically to the A-form hybrids DRH<sub>2-2</sub> and DRH<sub>4-4</sub>, as evidenced by the appearance of new bands with lower mobility at increasing ratios of pol δ to hybrid (1:0, 1:10, and 1:20) (Supplementary Figs. S24A and C). In contrast, no new bands were observed when pol δ was added to solutions containing Z-form hybrids DRH<sub>1-1</sub> and DRH<sub>3-3</sub>, indicating no intermolecular interaction between them (Supplementary Figs S24B and D). Moreover, the dissociation constants ( $K_d$ ) also suggest a preferential binding of pol δ to the A-form hybrids, with nanomolar levels of measured  $K_d$  values as 28.9 nM to DRH<sub>2-2</sub> and 25.8 nM to DRH<sub>4-4</sub> respectively, whereas no  $K_d$  values could be detected for the Z-form DRH<sub>1-1</sub> and DRH<sub>3-3</sub> (Supplementary Table S13, Supplementary Fig. S25 and S26). Similarly, the  $K_d$  values were determined from using pol δ and pol I with A-form DRH<sub>7-7</sub> as 38.2 and 22.6 nM, but no results when Z-form DRH<sub>6-6</sub> was used (Supplementary Table S14, Supplementary Fig. S27 and S28). Exceptionally, the study of DNA-RNA hybrid binding with PCNA also was carried out. Results indicated that Z-form hybrids (e.g. DRH<sub>1-1</sub> and DRH<sub>3-3</sub>) exhibited no detectable interaction with PCNA, whereas A-form hybrids (e.g. DRH<sub>2-2</sub> and DRH<sub>4-4</sub>) demonstrated clear binding capacity with PCNA (Supplementary Fig. S29). Similarly, the titration assay using molecular weight markers showed that PCNA binds to the A-form hybrids (DRH<sub>2-2</sub> and DRH<sub>4-4</sub>), but not to the Z-form hybrids (DRH<sub>1-1</sub> and DRH<sub>3-3</sub>).





**Figure 6.** Comparison between the molecular models of A-form and Z-form hybrid-pol  $\delta$ -PCNA complex. **(A)** A-form hybrid interacted with thumb of pol  $\delta$  for launching DNA replication. **(B)** An amplification view from **(A)**, showing thumb domain residues, G959, G960, and A968, stabilized DNA strand at minor groove of A-form hybrid by polar interaction, indicated by dashed red lines. **(C)** Z-form hybrid shows resistant effect to Pol  $\delta$  due to a narrower and rigid minor groove. **(D)** An amplification view from **(C)**, indicating the thumb cannot interact with Z-form hybrid. **(E)** Molecular dynamic simulation of PCNA and A-form hybrid interaction, the 6 Å circular cyan band marks the space between A-form hybrid and the inner surface of the PCNA ring, filling with a layer of water molecules. **(F)** Molecular dynamic simulation of PCNA and Z-form hybrid interaction, the 8 Å circular grey band marks the space between Z-form hybrid and the inner surface of the PCNA ring. **(G)** Z-form DNA shows resistant effect to Pol  $\delta$  due to rigid minor groove. **(H)** An amplification view from **(G)**, indicating the thumb cannot interact with Z-form DNA. **(I)** Molecular dynamic simulation of PCNA and Z-DNA interaction, the average 7 Å circular grey band marks the space between Z-DNA and the inner surface of the PCNA ring. **(J)** A-form hybrid allow a DNA replication initiation by associated with Pol  $\delta$  and PCNA. **(K)** Z-form hybrid cannot interact with Pol  $\delta$  and PCNA, therefore blocking DNA replication.

(Supplementary Fig. S30). These findings are consistent with observations from dynamic simulation models.

## Discussion

This work demonstrated, for the first time, that the Z-form DNA-RNA hybrid stabilized by methylated CpG repeats blocks DNA replication. We discovered that the smaller helical diameter (15 Å) and much narrower minor groove (8.3 Å) of the Z-form hybrid limit its ability to interact with and local-

ize to polymerase and PCNA, thereby affecting the initiation and elongation of Okazaki fragments. The results presented here provide new insights at the molecular level into how Z-form nucleic acids impact biological functions.

This study highlights the potential biological roles of the Z-hybrid, suggesting its possible influence on the transmission and evolution of complex genetic information, as well as its implications for pathogenesis and inheritance stability. Previous research has demonstrated that epigenetic modifications, such as the methylation of DNA sequences, can promote the



formation of Z-form structures. Furthermore, extensive DNA methylation has been prominently observed in tumor suppressor genes, where it can induce gene silencing and the loss of cancer-inhibitory functions, ultimately contributing to oncogenesis [55–57].

DNA methylation has been extensively studied for its role in regulating genetic inheritance stability by precisely managing the temporal order of DNA replication [58–61]. These studies suggest that methylated DNA can result in replication timing heterogeneity and loss of allelic replication, possibly through the deregulation of DNA replication [62, 63]. The conclusions of this study provide further support for these findings, suggesting that methylated DNA can promote the formation of adaptable Z-form structures with RNA primers, regulating DNA replication patterns in a spatiotemporal manner, with significant implications for physiological function and disease pathogenesis.

Previous studies have shown that CG-rich DNA sequences are primarily distributed in origin regions during DNA replication [64–66]. Although only a limited number of studies explicitly demonstrate that CG-rich DNA templates can be directly recognized and utilized by DNA primase during replication [67], several lines of evidence suggest that these sequences play critical roles in DNA replication and related physiological processes. For instance, CG-rich regions have been implicated in regulating the timing of DNA replication [59], influencing DNA flexibility and fidelity [68], and contributing to genomic stability under specific conditions [69].

Currently, no direct evidence, based on our literature review, confirms the presence of protein-free RNA-DNA hybrids in Okazaki fragments within living tissues (e.g. in animals). However, multiple cellular-level studies highlight the existence and biological significance of RNA-DNA hybrids, particularly those associated with Okazaki fragments. For example, the DNA repair protein Ku has been shown to bind RNA-DNA hybrids, facilitating replication fork degradation in cells [70]. Additionally, RNase HIII promotes Okazaki fragment maturation by targeting RNA-DNA hybrids [71]. These findings suggest that RNA-DNA hybrids associated with Okazaki fragments serve as valid cellular models for exploring their functional significance, consistent with the approach of this study.

Under physiological conditions, Z-form hybrids can form and inhibit DNA replication through various mechanisms, including epigenetic modifications (e.g. DNA methylation), interactions with functional proteins (e.g. ZBP1), and environmental factors such as stress, salt concentration, and conformational torsion during chromosomal recombination [72–74]. To counteract these inhibitory effects and restore normal replication, Z-form hybrids can revert to the A-form through enzymatic processes like demethylation or by alleviating environmental stressors. This dynamic regulation ensures tight control of DNA replication timing in response to functional stimuli. Furthermore, the reversible transition between A- and Z-forms may influence genetic information, promoting inherited differentiation during development or tissue repair following injury. These findings highlight the biological significance of Z-form hybrids, not only as regulators of replication timing but also as contributors to genetic and epigenetic diversity.

Our studies have also highlighted the critical roles of Z-form nucleic acids, such as Z-DNA and Z-RNA, in regulating cellular processes, including the induction of necroptosis.

For instance, Z-DNA has been shown to activate necroptosis pathways, leading to cell death [11], while viral Z-RNAs can trigger ZBP1-mediated necroptosis [10]. These findings suggest that Z-form nucleic acids, including Z-form hybrids with their characteristic left-handed helical conformation and zig-zag pattern, might activate similar pathways, contributing to cell cycle arrest, necroptosis, or other phenotypic outcomes.

In this study, we demonstrated that DNA methylation-induced Z-form hybrids could block DNA replication. During eukaryotic DNA replication on the lagging strand, multiple RNA primers synthesized by primase form Watson-Crick base pairs with template DNA, producing DNA-RNA hybrids [75–77]. It is plausible that these hybrids remain bound to primase in a complex state until the initiation of DNA synthesis by DNA polymerase. This raises the question of whether the DNA-RNA hybrid can still adopt the Z-form and block DNA replication while in complex with primase. Furthermore, various biological components involved in the regulation of DNA replication, such as signaling factors and active enzymes, may interact with the hybrid and influence the B-Z transition. Future studies focusing on these aspects will be essential to fully elucidate the physiological relevance of Z-form hybrids and their regulatory roles in DNA replication.

In summary, this work presents a new opportunity to understand how the Z-form DNA-RNA hybrid suppresses DNA replication and may be linked to a range of biological processes and diseases.

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## Supplementary data

[Supplementary Data](#) is available at NAR online.

## Conflict of interest

None declared.

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## Data availability

All NMR data were deposited in the online supplementary material as well as biological magnetic resonance bank under BMRB ID 52637. NMR coordinate of Z-form hybrid was deposited in PDB bank (code: 9JVN). Dynamic models of DRH<sub>6</sub> are available in PDB bank (code: 9KZP, Amber) and ModelArchive (code: ma-waffc, Discovery Studio). The 3D model of hybrid with pol δ or PCNA are available in ModelArchive (accession code: ma-vwj9b).

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