**Title Page** 

# Growth Rate Assessed by Vascular Deformation Mapping predicts Type B Aortic Dissection in Marfan Syndrome

- 3 Short title: Growth rate predicts TBAD in MFS
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## 26 <u>ABSTRACT</u>

## 27 Background:

Patients with Marfan syndrome (MFS) are at a high risk of type B dissection (TBAD). Aortic growth and elongation have been suggested as risk factors for TBAD. Vascular deformation mapping (VDM) is an image analysis technique for mapping 3D aortic growth on rouine computed tomography angiography (CTA) scans. We aimed to use VDM to examine the value of aortic growth rate in the descending thoracic aorta (DescAo), among other imaging biomarkers, to identify the factors associated with risk of TBAD in MFS.

## 34 Methods and Results:

35 CTA scans spanning 2004-2023 from adult MFS patients with native DescAo were 36 analyzed by VDM. Other measurements included multi-level thoracoabdominal aortic diameters 37 and the length of the DescAo by centerline analysis.

Among the 105 MFS patients analyzed, 63.8% were male, with median age of 40 years (range 18-73) and a median surveillance interval of 5.3 years (range 2.0-18.3). During surveillance, 12 (11.4%) patients developed TBAD. Patients with TBAD had higher radial growth rate (0.63 vs. 0.23 mm/year; p < 0.001) and elongation rate (2.4 vs. 0.5 mm/year; p <0.001), on univariate and multivariable analysis, but pre-dissection descending aortic diameter was not significantly different. Predictors of growth rate included younger age, higher baseline maximal diameter of the DescAo, smoking history and warfarin use.

## 45 **Conclusions:**

Radial growth and elongation rates of the DescAo were independent predictors of TBAD
occurrence in MFS. TBAD often occurred in at non-aneurysmal diameters (<4.0 cm). These</li>

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48 findings emphasize the role of growth over absolute diameter in risk stratification for TBAD in

49 MFS.

- Keywords: type B aortic dissection, vascular deformation mapping, Marfan syndrome, growth
   rate, computed tomography angiography
- 52

# 53 CLINICAL PERSPECTIVE

54 What is new?

- Descending aortic radial growth by vascular deformation mapping (VDM) and elongation
- rates were independent predictors of TBAD occurrence during imaging surveillance.
- Among Marfan syndrome (MFS) patients that developed type B aortic dissection (TBAD),
- higher rates of dural ectasia, warfarin use, and mechanical aortic valve replacement wereobserved.
- TBAD commonly occurred in non-dilated or slightly dilated aortic segments and was not
- 61 predicted by pre-dissection diameter or age at root replacement in multivariate analysis.

62 What are the Clinical Implications?

- Additional features and biomarkers beyond aortic diameter can be used to assess aortic
   disease severity in patients with MFS, as aortic growth and elongation.
- VDM image analysis technique provides important insights regarding aortic growth diffuseness and severity in patients with MFS.
- Additional studies are needed to identify factors that contribute to the observed associations.

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# 68 Abbreviations and acronyms:

- 69 3D- three-dimensional
- 70 AV- aortic valve
- 71 ARR- aortic root replacement
- 72 CTA- computed tomography angiography
- 73 ECG- electrocardiography
- 74 MFS- Marfan syndrome
- 75 TAC- thoracoabdominal aortic calcification
- 76 TAAD- type A aortic dissection
- 77 TBAD- type B aortic dissection
- 78 VDM- Vascular Deformation Mapping
- 79 VSRR- valve-sparing root replacement

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## 80 **INTRODUCTION**

Marfan syndrome (MFS) is an inherited connective tissue disorder that affects 81 approximately 1 in 4,000 people, attributable to to gene variants within fibrillin-1. While 82 83 cardiovascular manifestations drive morbidity and mortality in MFS, disease severity can vary widely between individuals.<sup>1, 2</sup> Advances in prophylactic aortic root/ascending repair, along with 84 increased rates of diagnosis, has led to an increased life expectancy by over 25 years.<sup>3</sup> However, 85 86 MFS patients continue to face new challenges due to longer life expectancies and extended natural disease progression, such as the risk of type B dissection (TBAD) and the development of 87 secondary complications.<sup>3-7</sup> This has resulted in a higher prevalence of chronic dissection of the 88 distal aorta, necessitating more operations and increased morbidity and mortality.<sup>3-5, 8-10</sup> 89 Progressive dilation of the distal aorta elevates the risk of TBAD, even when the degree of 90 dilation is mild.<sup>6, 7, 11</sup> The underlying mechanisms contributing to this heightened risk of TBAD 91 remain uncertain, with abnormal blood flow, stiffness mismatch between graft and native tissue 92 in patients with prior root/ascending replacement, and arch geometry all playing a potential role. 93

Current risk assessment and management strategies in MFS rely heavily on 1-94 95 dimensional diameter measurements. However, these measurements are performed in a limited number of anatomic locations and are prone to significant variability,<sup>12, 13</sup> making the confident 96 97 determination of magnitude and extent of growth during surveillance very challenging. Imaging biomarkers such as the aortic tortuosity index, vertebral artery tortuosity, and the presence of 98 99 primary non-aortic lesions have been explored for their potential to predict aortic growth rate and aortic events.<sup>14-19</sup> Furthermore, studies have examined geometric features and conducted three-100 dimensional (3D) statistical analyses of thoracic aortic aneurysm shapes and geometry,<sup>14, 15, 20</sup> in 101 102 an attempt to establish clear links to disease etiology, severity, and clinical outcomes. However, 103 owing to significant heterogeneity in aortic disease severity in MFS and the fact that these

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104	metrics have largely not been shown to predict key complications such as dissection, their impact
105	on disease management remains a topic of investigation. <sup>21, 22</sup>

Vascular deformation mapping (VDM) is an emerging medical image analysis technique 106 107 for accurate, 3D mapping of aortic growth between clinical electrocardiogram-gated CT angiography (CTA) scans. The accuracy and reproducibility of VDM technique has been 108 validated using both clinical data and synthetic phantoms and has been shown to outperform 109 expert raters in the identification of the location and magnitude of aortic growth.<sup>23</sup> Owing to its 110 volumetric nature, VDM has the ability to clearly depict distinct patterns of thoracic aortic 111 growth, including growth outside of the maximally dilated segment, among diverse cohorts of 112 patients with hereditable thoracic aortic diseases and sporadic thoracic aortic aneurysms.<sup>24, 25</sup> 113 Understanding aortic growth rate in patients with MFS may better help define disease severity 114 and predict complications such as TBAD.<sup>7</sup> 115

In this study, we employed VDM to examine growth of the descending thoracic among a large cohort of MFS with high-quality, longitudinal CTA imaging. We specifically aimed to investigate patient characteristics, anatomic features and 3D aortic growth metrics that are associated with development of TBAD in MFS.

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## 120 METHODS

# 121 Study design, Population, and Outcomes

We conducted a single-center retrospective cohort study spanning February 2004 until 122 October 2023. The institutional review board approved the study (HUM00133798) and waived 123 the need for informed consent due to the study's retrospective nature. We identified patients via 124 existing aortic research databases, along with an electronic medical record search tool 125 (DataDirect). We enrolled adult patients (>18 years) diagnosed with MFS by Ghent nosology 126 criteria, who had at least 2 electrocardiogram-gated CTAs, with a minimum interval of 2 years to 127 128 allow for detection of slow growth. The exclusion criteria were: (1) inadequate aortic enhancement (<250 Hounsfield Units); (2) thick CT slices (>2mm); (3) motion artifacts (e.g., 129 pulsation or respiratory artifacts), which could compromise aortic segmentation quality; (4) prior 130 surgical repair of the descending aorta; (5) a baseline diagnosis of TBAD; (6) residual dissection 131 involving the descending thoracic aorta after prior repaired type A aortic dissection (TAAD). 132 Baseline demographics and comorbidities were extracted through a comprehensive review of 133 medical records. The data that support the findings of this study are available from the 134 corresponding author upon reasonable request. 135

Our primary outcome of interest was TBAD, defined as the occurrence of a first noniatrogenic TBAD. Additionally, we sought to identify patient factors that predicted growth rate as a secondary outcome. Imaging surveillance interval was defined as the period between first and last CTA used in VDM, whereas clinical follow-up interval was defined as the period between the first CTA to the last recorded patient encounter. Cardiovascular death was defined as death resulting from aortic disease, coronary artery disease, heart failure or arrhythmia.

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# 143 Standard imaging biomarkers

Standard anatomic metrics were collected on clinical CTA exams using centerline and 144 multiplanar reformats (Vitrea, Vital Images Inc., Product Version 7.14, Minnetonka, MN, USA) 145 thoracoabdominal aortic maximum diameters at multiple levels (thoracic: proximal, mid, and 146 distal descending; abdominal: celiac, superior mesenteric artery, superior renal artery, inferior 147 renal artery), as well as descending aortic length/tortuosity index, and aortic arch angle of both 148 first and last available electrocardiogram-gated CTA. The landmarks for the diameter 149 measurements are described in Supplementary Figures 1-2. The aortic arch angle was defined 150 as the angle between the highest point of the aortic arch's centerline and a centerline point of the 151 ascending and descending aorta at the level of the main pulmonary artery. Descending aortic 152 length was measured as the centerline length from immediately distal to the left subclavian artery 153 154 to the proximal aspect of the celiac trunk (Supplementary Figure 3). The tortuosity index of the descending thoracic was quantified as the descending aortic centerline length divided by the 155 shortest linear distance between the centerline end points.<sup>26</sup> In addition to the absolute 156 measurements, we assessed changes in the length, tortuosity, and arch angle between the two 157 CTA images, and further normalized by the time interval (per year). Change in length by 158 centerline is further termed "elongation". The presence or absence of thoracoabdominal aortic 159 calcification was assessed on baseline clinical CTA scans. 160

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162 *Radial growth rate (VDM)* 

Radial aortic growth (perpendicular to the wall) was assessed by VDM. VDM is an emerging image analysis technique that provides precise evaluation of thoracic aortic growth using deformable image registration (Elastix 5.0.1; Utrecht University) to measure 3D

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166 deformations of the aortic wall surface occurring between two CTA scans acquired from the same individual at different time points. VDM analysis includes the following steps: (1) semi-167 automated segmentation of the aorta on both CTAs using a combination of an in-house neural 168 network (U-net)<sup>27</sup>; (2) implicit alignment of the aortic centerline using a highly regularized 169 multi-image, multi-metric deformable registration that applies a penalty term to enforce rigid 170 movement of voxels within the aortic segmentation but allows deformation of periaortic 171 structures; (3) multi-resolution, multi-metric deformable image registration using mutual 172 information with a bending energy penalty; (4) generation of a polygonal mesh of the aortic 173 surface from the baseline CTA geometry; (5) translation of baseline aortic mesh vertices using 174 the deformation field calculated in step 3; (6) quantification of aortic growth as the deformation 175 magnitude (in millimeters) of vertex-wise displacement perpendicular to the 3D aortic surface 176 177 (i.e. radial direction) with color visualization in Paraview 5.8.0 (Kitware). VDM growth values are normalized by time interval to yield growth rate (mm/year). Growth rate data was then 178 extracted from regions of the aortic mesh using Paraview, with a simplified schematic of the 179 VDM analysis shown in Figure 1. 180

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## 182 Statistical Analysis

183 Continuous variables were expressed as means  $\pm$  standard deviations or as medians with 184 interquartile ranges (25<sup>th</sup>-75<sup>th</sup>), whereas categorical variables were expressed as percentages. 185 Distribution of continuous variables was tested for skewness using the Shapiro-Wilk test and 186 graphically displayed. We used Student *t* test and the Mann-Whitney *U* test to compare 187 continuous variables, as appropriate. For comparisons of multiple groups, we performed one-way 188 ANOVA, and we used the Kruskal-Wallis test for non-Gaussian distributions. The Fisher's exact

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189 test was used to examine differences in frequency for categorical variables and Pearson 190 correlation coefficients were used to assess correlation between continuous variables. Descriptive results were presented grouped by the presence of the primary outcome, and we also 191 192 presented results based on sex, the presence of thoracoabdominal calcification, and prior aortic repair status. Multivariable logistic and linear regression analyses were performed to determine 193 the independent contributions of baseline clinical characteristics and imaging biomarkers to the 194 occurrence of TBAD at follow-up and growth rate (VDM). Receiver operating characteristics 195 (ROC) analyses were used to assess the performance of standard descending aortic diameter and 196 VDM derived growth rate for predicting TBAD. Optimal cut-points in continuous variables were 197 determined using the method of Liu at al.<sup>28</sup> We performed a sensitivity analysis restricted to the 198 subgroup of patients with fibrillin-1 gene mutation or a history of lens dislocation/subluxation. 199 200 All statistical analyses were performed using STATA (StataCorp. 2023. Stata Statistical Software: Release 18. College Station, TX: StataCorp LLC). A two-tailed p-value of  $\leq 0.05$  was 201 considered statistically significant. 202

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## 203 <u>RESULTS</u>

## 204 Study Population

From the initial cohort of 117 patients with MFS who met the inclusion criteria, 12 205 individuals were excluded—6 due to inadequate image quality and 6 due to VDM 206 misregistration (Figure 2). Supplementary Table 1 summarizes the clinical characteristics of 207 included and excluded patients. Thus, 105 participants were included in our primary analysis. 208 The study encompassed a clinical follow-up period of 8.6 years (range, 2.3-19.5), with the 209 interval of imaging surveillance period of 5.3 years (range, 2.0-18.3). Among these, 74 (70.5%) 210 211 individuals had a history of root/ascending repair (ARR), of which 17 (16.2%) were due to a history of repaired type A aortic dissection (DeBakey type II). The majority 67 (63.8%) of 212 patients were male, with a mean age of 40.1 (range: 18.4-72.5). Additionally, 66 (62.9%) 213 214 patients reported a family history of MFS, 38 (36.2%) with a history of ectopia lentis and 44 (93.6%) of the 47 patients with prior genetic testing had a pathogenic variant in the fibrillin-1 215 216 gene.

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## 218 Patient Characteristics and Aortic Metrics by Type B Aortic Dissection Status

219 *Clinical characteristics* 

During the follow-up period, 12 out of 105 patients (11.4%) developed acute TBAD during imaging surveillance. Clinical features were largely similar between groups, except for a significantly higher proportion of females in the TBAD group compared to those without (TBAD: 66.7% vs no-TBAD 32.3%; p = 0.03), and a higher proportion of patients with aortic valve replacement compared to valve sparing repair (TBAD: 68.3% vs. no-TBAD: 27.3%; p =0.02). Additionally, dural ectasia (TBAD: 91.7 vs no-TBAD: 43.5%; p = 0.002) and use of

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226 warfarin (TBAD: 58.3 vs no-TBAD: 24.7%; p = 0.04) was more frequent in patients with TBAD. The mean ages at first available CT [TBAD: 35.7 (IOR: 28.0-47.1) vs no-TBAD: 40.4 227 (IOR: 28.5-51.43) years, p=0.50], prior ascending repair (TBAD:  $26.4 \pm 3.3$  vs no-TBAD:  $31.5 \pm 1.5$ 228 229 1.7 years, p=0.23) or onset of TBAD [TBAD: 41.4 (IQR: 34.9-53.5) vs no-TBAD: 49.4 (IQR: 37.9-62.2) years, p=0.18] did not significantly differ between groups. Clinical characteristics of 230 patients by TBAD status are detailed in Table 1. When stratified by sex (Supplementary Table 231 2), clinical characteristics were overall similar between female and male patients, except for a 232 significantly higher proportion of dural ectasia in females (Females: 73.7 vs Males: 34.3 %; p < 233 0.001). 234

Of the 105 patients, 31 (30%) had a native ascending aorta, 45 (43%) had VSRR, 6 (6%) 235 with bioprosthetic aortic valve replacement (AVR), 23 (22%) with mechanical AVR; clinical 236 237 characteristics by valve type are described in Supplementary Tables 3 and 4. Patients with bioprosthetic AVR were significantly older than patients with prior VSRR (Bioprosthetic AVR: 238 58.2 vs VSRR: 38.0 years, p = 0.01) and native ascending aorta (Bioprosthetic AVR: 58.2 vs 239 Native ascending aorta: 37.6 years, p = 0.01). Patients with mechanical AVR had higher 240 frequency of aortic calcification, ectopia lentis, warfarin use and history of repaired DeBakey II 241 242 type A dissection. On univariate analysis, TBAD frequency was higher in mechanical AVR patients compared to VSRR (Mechanical AVR: 34.8 vs VSRR: 3.7 %; p = 0.01) and native roots 243 (Mechanical AVR: 34.8 vs VSRR: 3.2 %; p = 0.003). 244

In 8 out of 12 cases, TBAD marked the patient's first aortic dissection, whereas 4 had a prior history of repaired Debakey type II dissection. Cardiovascular mortality at follow-up was higher in patients with TBAD compared to those without (TBAD: 33.3 vs no-TBAD: 4.3%; p =0.01). A total of 17 patients died during the follow-up period, with 3 attributed to aortic causes, 5

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due to non-aortic cardiovascular disease, 2 due to non-cardiovascular causes (malignancy) and 7
due to unknown causes.

251 Aortic Diameters at Baseline and Follow-up Imaging

**Table 2** summarizes the anatomic imaging biomarkers of patients with and without type 252 B aortic dissection. In the pre-dissection imaging of the 12 patients who developed type B 253 dissection, the average diameter of the corresponding segment where the entry tear developed 254 was  $32.8 \pm 5.9$  mm. Entry tears were located in the proximal segment of the descending thoracic 255 aorta in all 12 TBAD cases, with the maximum diameter of the descending aorta located in a 256 257 different segment in 7 cases (58%). Among TBAD cases, the descending corresponding segment was normal (<3.0 cm) in 3 (25%), mildly dilated (range: 3.0-3.9 cm) in 7 (58%), and 258 significantly enlarged ( $\geq 4.0$  cm) in 2 (17%). Baseline aortic diameters at the distal descending 259 260 (TBAD: 26.1 vs no-TBAD: 22.0 mm; p = 0.01), celiac artery (TBAD: 27.5 vs no-TBAD: 22.7 mm; p = 0.01), and superior renal artery (TBAD: 23 vs no-TBAD: 21.8 mm; p = 0.02) were 261 larger patients with TBAD. At follow-up, all segments of the thoracoabdominal aorta were 262 significantly larger in those that developed TBAD, except for at the mid descending level 263 (TBAD: 27.2 vs no-TBAD: 24 mm; p = 0.07). Change in maximal diameter of the descending 264 265 aorta by standard diameter measurement technique was also significantly higher in patients with TBAD (0.88 vs 0.36 mm/y; p = 0.01). The optimal cut-point between TBAD and non-TBAD 266 groups based on maximal descending diameter was 31.1 mm, which yielded a sensitivity of 75.0 267 268 % (95% CI 42.8-94.5%), specificity of 78.5 % (95% CI 68.8-86.3%), and area under the curve (AUC) of 0.77 (95% CI 0.63-0.90). When using change of maximal descending diameter, the 269 sensitivity was of 83.3 % (95% CI 51.6-97.9%), specificity of 68.8 % (95% CI 58.4-78.0%), and 270

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- area under the curve (AUC) of 0.77 (95% CI 0.63-0.90). No differences in aortic diameters were
- seen when stratifying by sex (Supplementary Table 5).

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# 273 Elongation, Arch Angle and Tortuosity Index

Baseline values of arch angle, descending length and tortuosity index and their change 274 over follow-up are detailed in **Supplementary Table 6 and Table 3**. Of note, 11 patients were 275 276 excluded from aortic length analyses due to the lack of imaging coverage to the level of the celiac artery. Patients with type B dissection had significantly greater descending length 277 corrected for height at follow-up (TBAD: 138.6 vs no-TBAD: 128.5 mm/m, p = 0.02). 278 Elongation rate in descending thoracic aorta was also significantly greater in those with vs 279 without type B dissection (TBAD: 2.4 vs no-TBAD: 0.5 mm/y; p < 0.001). Supplementary 280 281 Figure 4 depicts a patient with significant elongation over time (18.8 mm over 5 years). Elongation rate was weakly correlated with rate of growth in the radial direction by VDM in the 282 overall cohort (r=0.31, p=0.002). 283

Baseline aortic arch angle was significantly less acute in TBAD group (TBAD: 90° vs. 284 no-TBAD: 82°, p=0.049), however, TBAD patients demonstrated increasing acuity of arch angle 285 over follow-up (TBAD: -5.2° vs. no-TBAD: +2.1°, p = 0.03). Tortuosity index of the descending 286 thoracic aorta was not significantly different at baseline or follow-up CTAs, however, there was 287 a trend towards increased tortuosity in the TBAD group over follow-up (TBAD: +0.04 vs. no-288 TBAD: +0.02, p=0.08). Sex-differences in elongation, arch angle, and tortuosity index were not 289 observed, and no differences in descending aortic lengths were seen when corrected for height 290 (Supplementary Table 7 and 8). 291

292

293 *Radial growth (VDM)* 

Table 3 and Figure 3 summarizes the radial growth rate assessed by VDM in different segments of patients with and without type B aortic dissection. When assessed by VDM, radial

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296 growth across descending aortic segments was significantly greater in patients with TBAD both in the overall descending thoracic aorta (TBAD: 0.63 vs no-TBAD: 0.23 mm/y, p < 0.001) and 297 when examined by proximal and distal descending segments separately. Representative VDM 298 299 assessments of 3 TBAD patients with native root (Figure 4), repaired root and diffuse native aortic growth (Figure 5), and repaired root with focal distal arch growth (Figure 6) are shown. 300 Among the 35 patients in the upper tertile of radial growth rate demonstrated a growth rate 301 (>0.35 mm/y) the vast majority (29/35, 82.9%) exhibited diffuse growth, while 6 (17.1%)302 showed growth localized to the proximal descending aorta. The majority (10/12, 83%) of 303 304 patients with TBAD demonstrated diffuse descending aortic growth. The optimal cut-point in radial growth rate for the outcome of TBAD was 0.4 mm/y, with 11 out of 12 (91.7%) having a 305 VDM derived growth above this threshold and 19 out of 93 (20.4%) in the no-TBAD below this 306 307 threshold, yielding a sensitivity of 91.7% (95% CI 61.5-99.8%), specificity of 79.6% and AUC of 0.86 (95% CI 0.77-0.95). Sensitivity analysis restricted to patients with pathogenic/likely 308 pathogenic variant in fibrillin-1 gene or a history of ectopia lentis yielded similar results 309 (Supplementary Table 9). When stratified by sex, no significant differences were seen in 310 growth rate by VDM (Supplementary Table 10). 311

312

313 Sex differences

Baseline clinical characteristics and aortic imaging biomarkers by sex are detailed in Supplementary Tables 5-8. Clinical characteristics were overall similar between female and male patients, except for a significantly higher proportion of dural ectasia in females (Females: 73.7 vs Males: 34.3 %; p < 0.001). Sex-differences in descending aortic lengths were not seen

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when corrected for height. No significant differences were seen in growth rate by VDM or otherimaging biomarkers.

320

321 Thoracoabdominal calcification

Baseline clinical characteristics and aortic imaging biomarkers by presence or absence of 322 thoracoabdominal calcification (TAC) are detailed in Supplementary Tables 11, 12, 13, 14 and 323 15. Patients with TAC were significantly older (TAC: 46.8 vs no-TAC: 29.5 years; p < 0.001) 324 and were more likely to be using diuretics (TAC: 23.8 vs no-TAC: 2.4 %; p = 0.002), statin 325 (TAC: 41.3 vs no-TAC: 14.3 %; p = 0.01), and warfarin (TAC: 44.4 vs no-TAC: 4.8 %; p < 0.01) 326 0.001). No difference was seen in LDL levels in closest to CT1 or CT2 (TAC: 100.9 vs no-TAC: 327 101.0 mg/dL; p = 0.98 and TAC: 90.4 vs no-TAC: 105.8 mg/dL; p = 0.09, respectively). Patients 328 329 with TAC had higher cardiovascular death and overall mortality events on univariate analysis (TAC: 12.7 vs no-TAC: 0.0 %; p = 0.02 and TAC: 23.8 vs no-TAC: 4.8 %; p = 0.01, 330 respectively). After adjustment for age, the presence of TAC conferred high risk of TBAD (OR =331 7.8, 1.3-47.7, 95% CI). Further, patients with TAC exhibited higher elongation rate (TAC: 1.02 332 vs no-TAC: 0.26 mm/y; p = 0.003), but there was no difference in VDM derived radial growth 333 334 rate (TAC: 0.25 vs no-TAC: 0.27 mm/y; p = 0.98).

335

## 336 Aortic Metrics by Ascending Repair Status

Baseline clinical characteristics and aortic imaging biomarkers between patients with previous ARR and those with a native ascending aorta are detailed in **Supplementary Tables 16, 17, 18, 19 and 20**. Patients with previous ARR exhibited longer length of the descending aorta at baseline and follow-up and larger thoracoabdominal aortic diameters. No significant

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341 differences were seen in absolute and yearly changes in length, arch angle or tortuosity metrics 342 by ARR status. VDM derived growth rate of the descending thoracic aorta was significantly 343 higher in patients with previous ARR compared to those with native ascending aorta (ARR: 0.29 344 vs Native ascending aorta: 0.18 mm/y, p = 0.001).

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## 346 Multivariable Predictors of Type B Aortic Dissection and Growth Rate

Multivariable logistic regression analysis revealed an increased risk of TBAD with 347 increasing radial growth rate (OR 9.78, 95% CI 1.11-86.08; p = 0.04) and elongation rate (OR 348 349 2.16, 95% CI 1.28-3.65; p = 0.004), but not with age at ARR, female sex, and pre-dissection proximal descending aortic diameter (Table 4). When examining predictors of VDM-derived 350 radial growth rate  $(\log_{10})$ , multivariable linear regression identified positive associations with 351 352 maximum diameter of the descending aorta at baseline ( $\beta = 0.099, 95\%$  CI 0.054-0.144; p < 10000.001), history of tobacco ( $\beta = 0.326, 95\%$  CI 0.001-0.652; p = 0.049) and use of warfarin ( $\beta =$ 353 0.492, 95% CI 0.117-0.867; p = 0.01), as well as a negative association with age ( $\beta = -0.034$ , 354 95% CI -0.047, -0.021; p < 0.001). No independent associations of radial growth rate were seen 355 with sex, history of ARR, dural ectasia, or TAC (Table 5). 356

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## 357 **DISCUSSION**

The results of this study revealed several unique and clinically relevant insights regarding 358 imaging biomarkers that may confer risk of TBAD among patients with Marfan syndrome. First, 359 360 our findings confirm prior reports showing the TBAD in MFS tends to occur in non-dilated or minimally dilated segments, at sizes far below typical surgical repair thresholds. Second, we 361 demonstrate that both radial growth rate, derived from VDM, and elongation rate of the 362 descending thoracic aorta, derived from centerline measurement, are independent predictors of 363 TBAD development. Third, TBAD patients demonstrated higher pre-dissection diameters in their 364 365 distal thoracic and abdominal aortic segments suggesting a more diffuse and severe aortic disease phenotype. Although underpowered for multivariable analysis, we identified high rates 366 of dural ectasia, warfarin use, and mechanical aortic valve replacement in our TBAD group, 367 suggesting that these factors may be associated with risk of dissection, either directly or via 368 associations with a more severe disease phenotype. Fourth, we identified younger age, baseline 369 maximal diameter of the descending thoracoabdominal aorta, smoking history, and use of 370 warfarin to be independent predictors of aortic growth rate in MFS. Lastly, patients with 371 atherosclerotic calcification of the thoracoabdominal aorta displayed a higher risk for TBAD 372 after age adjustment, as well as a higher rate of descending aortic elongation, although not radial 373 374 growth rate.

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# Diameter and other anatomic parameters

Patients in our cohort with TBAD exhibited greater degrees of thoracoabdominal aortic dilation on pre-dissection imaging, specifically with larger diameters in both supra- and infrarenal aortic segments, suggesting a more diffuse aortic involvement. This finding aligns with

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previous reports demonstrating that MFS patients with TBAD at follow-up exhibit increased abdominal aortic diameters before the event.<sup>6</sup> A diffuse disease phenotype has also been described beyond the aorta, with aortic branch aneurysms being present in one-quarter of patients with MFS, associated with older age and greater degrees of root dilation, and independently predicted need for aortic surgery.<sup>29</sup>

Increased aortic length and tortuosity have been reported in patients with TAAD and 385 TBAD when compared to aneurysmal or control populations; however, our study is the first to 386 show that elongation rate of the descending thoracic aorta is an independent risk factor for 387 TBAD in MFS.<sup>30-33</sup> Ascending aortic elongation rate has been posited as an underappreciated 388 metric of disease progression, although prior to this study there has been a lack of data linking 389 elongation rate to development of dissection.<sup>34</sup> Our findings are in agreement with prior studies 390 391 that higher degrees of tortuosity - a result of elongation - increases risk of adverse cardiovascular events in patients with genetic aortopathy.<sup>35</sup> 392

393

## 394 Growth rate assessed by VDM

A key finding of our study is that radial growth rate of the descending thoracic aorta by 395 VDM was an independent predictor of TBAD dissection during follow-up. Specifically, we 396 identified that a growth rate threshold of  $\geq 0.4$  mm/year conferred a high sensitivity (92%) and 397 specificity (80%) for discriminating TBAD patients, a subgroup in which medical therapy could 398 399 be pursued most aggressively. Comparing the performance of VDM growth ( $\geq 0.4$  mm/year) and change in maximal diameter of the descending aorta by the standard diameter measurement 400 technique (>31 mm), there was a moderate improvement in both sensitivity (92% vs. 83%, 401 402 respectively) and specificity (80% vs. 69%, respectively). Additionally, VDM analysis offers the

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advantage of being 3D, thus not dependent on a single measurement plane/location. The
potential negative impact of variability in diameter measurement location was evident in our
data, with sensitivity dropping to 58% when the diameter of the proximal descending (i.e., the
location of entry tear formation) was used in place of the maximal diameter to calculate growth
by clinical CT.

The link between fast growth and risk of dissection in MFS has been previously reported 408 by den Hertog et al., who reported a similar growth rate cut point (i.e.,  $\geq 0.5$  mm/year) to our 409 growth rate per clinical CT and per VDM (0.56 and 0.4 mm/year, respectively).<sup>6</sup> However, den 410 Hertog et al showed greater overlap in aortic growth rates between groups with a lower AUC for 411 accelerated growth compared to our study (e.g., 0.69 vs. 0.86). Improved growth rate prediction 412 of TBAD in our study may be in part due to the improved accuracy and comprehensiveness of 413 414 growth measurement by the VDM technique compared standard diameter-based measurement techniques;<sup>23</sup> an advantage that may be critical for identifying fast growth over shorter intervals 415 (e.g., a growth rate of 0.5 mm/year would result in only 1.5 mm of growth over 3 years). 416 Additionally, we observed both localized and diffuse growth patterns in MFS patients, further 417 emphasizing the benefit of a three-dimensional growth assessment to more clearly depict the 418 extent of growth, especially growth occurring outside of standard measurement locations or 419 regions of dilation. While not the focus of this study, assessment of unique growth patterns by 420 VDM in combination with other genetic and serologic markers may greatly advance personalized 421 422 disease phenotyping in MFS.

423

424 Age and Sex differences

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We did not find an association between age (at ARR or onset of TBAD) and the occurrence of TBAD on univariate or multivariable analyses. However, we did observe an association between younger age and faster descending aortic growth on multivariable analysis. Our findings agree with den Hartog et al. who also found no association between age and TBAD occurrence, however, a recent report from the Cornell Aortic Aneurysm Registry suggested that older age was associated with risk of TBAD on multivariable analysis.<sup>6, 36</sup>

While we did observe a higher proportion of females with TBAD in our study, although 431 after correcting aortic dimensions for body size and adjusting for co-variates, we did not identify 432 any sex-specific associations with aortic growth or TBAD occurrence. The GenTAC registry 433 reported a higher rate of aortic interventions in males with MFS than females, but these 434 differences were similarly not seen after correcting for body size.<sup>37</sup> Of note, we observed a 435 higher incidence of dural ectasia in women (74% in women vs. 34% in men), which may explain 436 the overrepresentation of women with TBAD given that dural ectasia was associated with TBAD 437 in our univariate - although not multivariate - analysis and in a recent report from the Cornell 438 Aortic Aneurysm Registry.<sup>36</sup> While the exact mechanism remains unclear, the concept that dural 439 ectasia may mark a more severe phenotype is supported by mouse studies of MFS showing 440 severe abnormalities in dural structure and elastic fiber composition.<sup>38</sup> 441

442

## 443 *Repaired vs Native Ascending*

Despite 11 out of 12 patients in the TBAD group having undergone prior ascending repair, we observed no statically significant difference in the incidence of TBAD with prior ascending aortic repair, unlike prior reports.<sup>6, 11, 39</sup> This difference is likely explained by the low frequency of patients with native aortic roots (29%) in our CT-based study cohort, due to a

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448 preference for MRI and echocardiography surveillance in this group.<sup>6, 11, 39</sup> Previous research has 449 highlighted post-operative abnormalities in aortic arch angulation, blood flow dynamics (i.e., 450 wall shear stress) and pulsatile loading of the distal native aorta following ascending repair that 451 may predispose to TBAD.<sup>40-42</sup> While further research examining the relationships between 452 anatomic and biomechanical factors is needed to more clearly understand the pathogenesis of 453 TBAD in MFS, our study strongly suggests that aortic growth rate is an important factor to 454 incorporate in such studies.

455

# 456 Warfarin Use and Thoracoabdominal Calcification

Warfarin use predicted descending aortic growth rate in our study despite adjustment for patient factors such as age, aortic diameter, and sex. This observation may in part reflect a more severe disease phenotype via its association with mechanical aortic valve replacement. However, warfarin itself has a variety of vitamin-K related effects on aortic wall biology including effects on smooth muscle cell phenotype and pro-inflammatory effects which could promote aortic growth and aneurysm formation independent of valve replacement.<sup>43</sup>

The role of warfarin in promoting vascular calcification has been well-described<sup>44</sup> and 463 464 these effects may partially explain the observation that 60% of our MFS cohort demonstrated aortic calcification. However, only 44% of MFS patients with aortic calcification had a history of 465 warfarin use, and the rates of aortic calcification in our relatively young MFS cohort (mean age 466 of 40 years) were comparable to large population studies with average age of approximately 60 467 years.<sup>45</sup> Studies in both surgical aortic tissue and murine aortic smooth muscle cells have also 468 shown that elastin fragmentation - a hallmark of MFS - may itself promote aortic micro-469 470 calcification by destabilizing extracellular matrix and promoting osteogenic smooth muscle

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471 phenotypes.<sup>46</sup> The presence of aortic calcification in our study was associated with higher rates 472 of elongation and TBAD after adjusting for age, findings which support the idea that aortic 473 calcification (micro- and macro-) may be relevant in predicting aortic disease progression in 474 adult MFS patients. As MFS patients live longer due to advances in medical and surgical 475 therapy, new challenges may arise requiring further research related to the effects of traditional 476 vascular risk factors such as obesity and atherosclerosis on this population's intrinsically fragile 477 aortic substrate.<sup>47</sup>

478

#### 479 *Limitations*

Despite the advantages of a retrospective study spanning 20 years of imaging and clinical 480 follow-up to capture rare events such as TBAD, there are relevant variables which are difficult to 481 482 accurately capture retrospectively (e.g., blood pressure control, detailed family history). Additionally, given the use of VDM analysis, our study was restricted to patients surveilled by 483 CT, likely biasing our study cohort to older patients with high rates of ARR. Furthermore, given 484 the challenge in disentangling highly correlated clinical characteristics (e.g., mechanical valve 485 replacement, warfarin use and aortic calcification), the independent effects of such factors on 486 outcomes remains unclear and should be examined in prospective studies. Finally, our analysis 487 focused on a linearized growth rate over the longest available imaging internal to maximized 488 growth detection, and we did not examine potential changes in growth rate over time and its 489 490 associated risks; future efforts will examine imaging sub-intervals to better understand aortic growth trajectories and temporal relationships with TBAD. 491

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# 492 <u>CONCLUSION</u>

In this cohort of patients with MFS, radial growth and elongation rates of the descending
thoracic aorta were independent predictors of TBAD occurrence during imaging surveillance.
TBAD often occurred in non-dilated or slightly dilated descending thoracic aorta and was not
predicted by pre-dissection aortic diameter or age at ARR. These findings provide important
insights and mark an important step forward in predicting and managing aortic complications in
MFS.

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506

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512

## 513 **DISCLOSURES**

**N.S.B.** is entitled to royalties related to licensure of intellectual property of the vascular deformation mapping technology to Imbio Inc.; coinventor of vascular deformation mapping technique (U.S. patent 10,896,507 [techniques of deformation analysis for quantification of vascular enlargement]). Otherwise, all authors declare freedom of investigation, and no conflict of interest is related to the contents of this manuscript.

519

## 520 SUPPLEMENTAL MATERIAL

521 Tables S1–S20

522 Figure S1-S4

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# 649 **<u>TABLES</u>**

Characteristics	No TBAD at FU	<b>TBAD</b> at FU	р
Characteristics	( <b>n=93</b> )	( <b>n=12</b> )	_
Age at first CT (years)	40.4 (28.4-51.4)	35.7 (28.0-47.1)	0.50
Sex (female)	30 (32.3)	8 (66.7)	0.03
Body mass index (kg/m <sup>2</sup> )	24.8 (21.4-30.2)	23.2 (20.7-27.5)	0.37
Diabetes	8 (8.6)	0 (0.0)	0.59
COPD	6 (6.5)	1 (8.3)	0.58
LDL at baseline (mg/dL)	$103.4 \pm 29.0$	$70.0 \pm 21.1$	0.02
LDL at second CT (mg/dL)	$96.1 \pm 32.9$	$87.9\pm9.0$	0.50
Coronary calcification	35 (37.6)	5 (41.7)	0.76
Aortic calcification	53 (57.0)	10 (83.3)	0.12
Chronic renal disease	11 (11.8)	0 (0)	0.36
Myocardial infarction	4 (4.3)	2 (16.7)	0.14
Heart failure	15 (16.1)	2 (16.7)	1.00
Hypertension	36 (38.7)	6 (50.0)	0.54
Systolic blood pressure (mmHg)	$120.8 \pm 17.4$	$119.8 \pm 16.9$	0.85
Diastolic blood pressure (mmHg)	$68.6 \pm 10.7$	$65.7 \pm 12.6$	0.40
Any anti-hypertensive	76 (81.7)	11 (91.7)	0.69
Beta-blockers	71 (76.3)	10 (83.3)	0.73
ARB	30 (32.3)	4 (33.3)	1.00
ACE-I	6 (6.5)	0 (0.0)	1.00
Calcium channel blockers	7 (7.5)	1 (8.3)	1.00
Diuretics	14 (15.1)	2 (16.7)	1.00
Statin use	26 (28.0)	6 (50.0)	0.18
Warfarin	23 (24.7)	7 (58.3)	0.04
Tobacco history	27 (29.0)	6 (50.0)	0.19
Cocaine use	3 (3.2)	0 (0.0)	1.00
Bicuspid aortic valve	6 (6.5)	1 (8.3)	0.58
Aortic stenosis	1 (1.1)	0 (0.0)	1.00
Aortic regurgitation	4 (4.3)	0 (0.0)	1.00
History of mitral valve prolapse	47 (50.5)	7 (58.3)	0.76
Mitral regurgitation	9 (9.7)	3 (25.0)	0.14
Positive family history of MFS	59 (63.4)	7 (58.3)	0.76
Fibrillin-1 pathogenic variant	39 (92.9)	5 (100)	1.00
Ectopia lentis	31 (33.3)	7 (58.3)	0.11
Dural ectasia	40 (43.5)	11 (91.7)	0.002
History of type A dissection	13 (14.0)	4 (33.3)	0.10
Prior ascending repair	63 (67.7)	11 (91.7)	0.10
- Age at repair	$31.5 \pm 1.7$	$26.4 \pm 3.3$	0.23
- VSRR	42 (66.7)	3 (27.3)	0.02
Cardiovascular death	4 (4.3)	4 (33.3)	0.01
All-cause death	12 (12.9)	5 (41.7)	0.02
Imaging surveillance interval	5.2 (3.5-8)	5.4 (4.1-7)	0.94
Clinical follow-up interval	9.4 (6.3-12.8)	6.9 (4.5-8.2)	0.03

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**Table 1: Patient characteristics by TBAD status.** Continuous variables values are mean  $\pm$  SD or median (interquartile range). Binary variable values are n (%). ACE-I = angiotensinconverting enzyme inhibitors. ARB = angiotensin receptor blockers. COPD = chronic obstructive pulmonary disease. FU = follow-up. LDL = low-density lipoproteins. MFS = Marfan syndrome. TBAD = type B aortic dissection. VSRR = valve-sparing root replacement.

	Baseline			Follow-up		
Aortic diameters (mm)	No TBAD at FU	<b>TBAD</b> at FU	р	No TBAD at	<b>TBAD at FU</b>	р
	(n=93)	(n=12)		FU (n=93)	(n=12)	
Proximal descending	$26.4 \pm 3.6$	27.7 ± 15.2	0.25	28.0 (25.8-30.5)	29.8 (27.3- 32.8)	0.047
Mid descending	23.4 (21.0-26.0)	26 (22.4-29.5)	0.14	24.0 (22.0-27.0)	27.2 (23.5- 33.0)	0.07
Distal descending	22.0 (20.0-25.0)	26.1 (22.5- 28.1)	0.01	24.0 (21.7-26.6)	32.8 (23.6- 38.3)	0.002
Proximal to the celiac trunk	22.7 (21.0-26.0)	27.5 (23.8- 32.0)	0.01	24.6 (22.0-27.2)	34.8 (25.1- 41.0)	0.001
Proximal to the mesenteric artery	22.0 (20.1-24.5)	24.0 (22.0- 26.9)	0.06	23.3 (21.4-25.8)	28.8 (25.0- 36.1)	< 0.001
Proximal to the superior renal artery	21.8 (19.0-24.0)	23.0 (22.3- 25.0)	0.02	22.8 (20.0-24.2)	28.0 (24.0- 35.0)	< 0.001
Distal to the inferior renal artery	18.5 (16.6-21.0)	21.0 (20.0- 21.0)	0.09	20.0 (18.0-22.0)	24.0 (20.5- 25.0)	0.003
15 mm distal to the inferior renal artery	18.0 (16.4-19.9)	21.0 (16.0- 22.0)	0.39	19.6 (17.5-21.4)	22.2 (21.7- 24.6)	0.01
Maximal thoracic descending	$27.0\pm4.0$	$29.4 \pm 1.31$	0.06	28.5 (26.0-30.9)	33.2 (30.1- 38.8)	0.001

**Table 2: Baseline and follow-up diameters of patients without and with TBAD.** Values are mean  $\pm$  SD or median (quartile 1quartile 3). TBAD = type B aortic dissection. FU = follow-up.

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Change in centerline-derived imaging biomarkers	No TBAD at FU (n=93)*	TBAD at FU (na	=12)
Elongation (mm)	2.0 (-0.9, 8.0)	11.3 (5.3-19.3)	0.002
Elongation rate (mm/y)	0.5 (-0.2, 1.4)	2.4 (1.3-4.5)	< 0.001
Change in descending tortuosity index	+0.02 (0-0.04)	+0.04 (0.02-0.07)	0.08
Aortic arch angle change (°)	$5.2 \pm 10.3$	$-2.1 \pm 14.7$	0.03

659 Table 3: Change in centerline-derived imaging biomarkers of patients without and with

**660 TBAD.** Values are mean  $\pm$  SD or median (quartile 1-quartile 3). TBAD = type B aortic

dissection. FU = follow-up. \*82 for length analyses.

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VDM Growth rate	No TBAD at FU (n=93)	TBAD at FU (n-12)	p- value
Descending growth (mm)	(1-95)	(1-12)	
Descending growin (mm)	1.07 (0.0-2.9)	5.79 (2.09-7.08)	0.001
Descending growth rate (mm/y)	0.23 (0.13-0.35)	0.63 (0.45-1.39)	<0.001
Prox. desc. growth (mm)	1.1 (0.57-3.42)	4.36 (2.03-7.74)	0.001
Prox. desc. growth rate (mm/y)	0.25 (0.14-0.4)	0.7 (0.48-1.41)	<0.001
Dist. desc. growth (mm)	1.03 (0.53-1.82)	3.55 (2.33-7.96)	<0.001
Dist. desc. growth rate (mm/y)	0.2 (0.11-0.31)	0.64 (0.46-1.18)	<0.001

663 Table 4: Radial growth assessed by VDM of patients without and with TBAD. Values are

664 mean  $\pm$  SD or median (quartile 1-quartile 3). Bold p values are statistically significant. TBAD =

type B aortic dissection. FU = follow-up. VDM = Vascular Deformation Mapping.

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Variables	OR	95% CI	p-value
Age at repair (per year)	1.02	0.94-1.12	0.58
Female sex	2.68	0.41-17.68	0.31
Pre-dissection proximal descending aortic diameter	0.99	0.82-1.21	0.94
(per mm)			
VDM radial growth rate (per mm/y)	9.78	1.11-86.08	0.04
Elongation rate (per mm/y)	2.16	1.28-3.65	0.004
			0.44

**Table 5: Logistic regression for TBAD.** Bold p values are statistically significant. FU = follow-

up. TBAD = type B aortic dissection. VDM = Vascular Deformation Mapping.

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Variables	Growth rate of descending thoracic aorta		
	β	95% CI	p- value
Age	-0.034	-0.047, -0.021	<0.001
Female sex	-0.060	-0.398, 0.278	0.72
History of aortic root repair	0.356	-0.003, 0.714	0.052
Maximum diameter of the descending aorta at baseline	0.099	0.054-0.144	<0.001
Tobacco	0.326	0.001-0.652	.049
Dural ectasia	0.179	-0.150, 0.508	0.28
Thoracoabdominal aortic calcification	-0.161	-0.546, 0.223	0.41
Warfarin	0.492	0.117-0.867	0.01
Beta-blockers	-0.157	-0.598, 0.217	0.41
Angiotensin-converting enzyme inhibitors	-0.268	-0.598, 0.063	0.11

**Table 6: Multivariate linear regression for VDM derived growth rate.** Bold p values are statistically significant. Interpretation for beta coefficients: per one-unit increase of the dependable variable, growth rate will be multiplied by  $10^{\text{beta}}$ ; e.g.: per 1 mm (one-unit) increase in proximal diameter, the expected increase in growth rate is  $10^{0.099} \div 1.258$ , 25.8% increase. FU = follow-up. TBAD = type B aortic dissection. VDM = Vascular Deformation Mapping.

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# 677 **FIGURES**



# 678

**Figure 1: Simplified workflow involved in the vascular deformation mapping (VDM)** 

**680** growth mapping analysis. ECG gated aortic CTA images are retrieved for baseline and follow-

up examinations, and undergo aortic segmentation (orange box), followed by rigid and

deformable registration (blue box). The displacement field calculated from registration steps is

used to translate the mesh vertices of the baseline model (blue surface) to the aortic geometry at

follow-up (red mesh), and the deformation in the normal direction relative to the aortic surface is

plotted on the 3D aortic model using a colorized scale. VDM-G = vascular deformation growth

686 mapping. STL = stereolithography.

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# 688

**Figure 2: Study cohort overview.** AVR = aortic valve. MFS = Marfan syndrome. VSRR =

690 valve-sparing root replacement.



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Figure 3: Scatter plot of elongation vs. growth rate per VDM for patients with and without 693

TBAD. Scatter plot illustrating the relationship between elongation (mm/year) on the y-axis and 694

growth rate per VDM (mm/year) on the x-axis for patients with Marfan syndrome, comparing 695

those without TBAD (gray dots) against those with TBAD (blue dots). The horizontal red dashed 696

line represents the optimal cut point for elongation (1.1 mm/y), while the red vertical dashed line 697 signifies the optimal cut point for growth rate per VDM (0.4 mm/y). Note: Two outliers with

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high negative elongation due to spine disease were excluded from visualization. 699

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Figure 4: Representative VDM analysis of a patient with MFS and native ascending thoracic
 aorta, demonstrating diffuse growth. Red masks depicting the baseline anatomy of the proximal
 descending are overlaid on both CT scans used for VDM analysis. Dashed lines indicate the area
 of the descending thoracic aorta used for growth extraction from VDM. The 3D model and axial
 plane view on the right demonstrate type B dissection at follow-up.

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## 708

**Figure 5:** Representative VDM analysis of a patient with Marfan syndrome with prior root and

ascending repair (gray region), demonstrating diffuse growth of the aortic arch and descending.Red masks depicting the baseline anatomy of the proximal descending are overlaid on CT scans

used for VDM analysis. Dashed lines indicate the area of the descending thoracic aorta used for

growth extraction from VDM. The 3D model and intimal tear (white arrow) on axial view on the

right demonstrate type B dissection at follow-up.

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#### 716

Figure 6: Representative VDM analysis of a patient with MFS and prior root and ascending repair (gray zone), demonstrating focal growth on the proximal descending. Red masks depicting the baseline anatomy of the proximal descending are overlaid on both CT scans used for VDM analysis. Dashed lines indicate the area of the descending thoracic aorta used for growth extraction from VDM. The 3D model and tear (white arrow) on axial view on the right demonstrate type B dissection at follow-up.

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