PennPRS: a centralized cloud computing platform for efficient polygenic risk score training in precision medicine

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4 Running title: PennPRS Platform

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1 Abstract

2 Polygenic risk scores (PRS) are becoming increasingly vital for risk prediction and 3 stratification in precision medicine. However, PRS model training presents 4 significant challenges for broader adoption of PRS, including limited access to 5 computational resources, difficulties in implementing advanced PRS methods, and availability and privacy concerns over individual-level genetic data. Cloud 6 7 computing provides a promising solution with centralized computing and data 8 resources. Here we introduce PennPRS (https://pennprs.org), a scalable cloud 9 computing platform for online PRS model training in precision medicine. We 10 developed novel pseudo-training algorithms for multiple PRS methods and ensemble approaches, enabling model training without requiring individual-level 11 12 data. These methods were rigorously validated through extensive simulations and 13 large-scale real data analyses involving over 6,000 phenotypes across various data sources. PennPRS supports online single- and multi-ancestry PRS training 14 15 with seven methods, allowing users to upload their own data or query from more 16 than 27,000 datasets in the GWAS Catalog, submit jobs, and download trained PRS models. Additionally, we applied our pseudo-training pipeline to train PRS 17 18 models for over 8,000 phenotypes and made their PRS weights publicly 19 accessible. In summary, PennPRS provides a novel cloud computing solution to improve the accessibility of PRS applications and reduce disparities in 20 21 computational resources for the global PRS research community.

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Keywords: Cloud computing; GWAS Catalog; Polygenic risk scores; Precision
 medicine; Resampling-based pseudo-training.

1 Introduction

2 The last two decades have seen remarkable growth in genome-wide association 3 studies (GWAS), vielding extensive data resources valuable for genetic risk 4 prediction^{1,2}. Polygenic risk scores (PRS), calculated as the sum of the number of 5 alleles of genetic variants weighted by their effect sizes, encapsulate cumulative genome-wide risks for complex traits and diseases³⁻⁵. Numerous studies have 6 7 highlighted the utility of PRS in precision medicine to help disease risk stratification and inform clinical intervention decisions⁶⁻⁹. To improve the accuracy and 8 9 robustness of PRS, a wide range of methods, software, standards, and web resources have been developed^{3,10-14}. Recent initiatives aim to further extend PRS 10 applications to more diverse and admixed global populations¹⁵⁻¹⁸. Such efforts 11 12 have been reflected by the establishment of a series of NHGRI-funded consortia, 13 including the PRIMED¹⁹, which aims to develop and evaluate methods to improve the use of PRS for predicting disease risks in diverse ancestry populations. and 14 15 the eMERGE Network^{20,21}, which supports genomic medicine translation by 16 returning PRS results to individuals along with healthcare recommendations in diverse clinical settings. The combination of methodological advancements, 17 increasingly rich discovery GWAS data, and decreasing costs in biotechnology are 18 19 anticipated to persistently and substantially improve both the capabilities and 20 accessibility of PRS-based disease risk prediction and stratification.

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22 The accessibility and scalability of PRS applications, however, are often hindered by significant challenges in the PRS model training process, particularly for users 23 of advanced PRS algorithms (Fig. 1a). For example, access to high-performance 24 25 computational resources required to run these algorithms and store large-scale 26 GWAS summary data is often dependent on existing institutional infrastructure, 27 which may not be readily available to all PRS researchers across diverse 28 organizations and scientific fields. Additionally, managing and testing various PRS 29 methods within local pipelines can involve a steep learning curve and make it difficult to keep up with the frequent updates to new methods. A further 30 31 complication arises from the need for an independent individual-level dataset 32 during the training process, which is typically used as tuning data for optimizing

model parameters and training ensemble models. This dataset must be sufficiently
large and independent from the one used to generate GWAS summary statistics.
Due to privacy concerns surrounding the sharing of individual-level genetic data,
obtaining such a dataset can present logistical challenges in PRS applications.
Furthermore, for certain traits, even when individual-level datasets are available,
their sample sizes may be insufficient to produce reliable and stable parameter
tuning results.

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9 The use of cloud computing is gaining increasing momentum in biomedical research²²⁻²⁸, especially with centralized research resources, given the energy-10 11 efficient nature of cloud computing for hosting large-scale computing and data 12 sources with high scalability and security²⁹. Several biobanks have recently 13 developed study-centric cloud computing platforms, such as the UK Biobank Research Analysis Platform (https://ukbiobank.dnanexus.com/) and the All of Us 14 15 Researcher Workbench (https://www.researchallofus.org/data-tools/workbench/), to 16 increase their data accessibility across diverse research communities. Cloud computing provides a promising next-generation solution to address the 17 18 challenges in the widespread expansion of PRS applications. By leveraging robust 19 online resources (such as Amazon Web Services [AWS]), cloud computing can provide a well-organized platform for diverse PRS users, facilitating efficient data 20 analysis through centralized data storage and unified pipelines. However, a key 21 22 barrier to implementing PRS model training on online servers is the reliance of many PRS methods on individual-level genetic data, which raises concerns about 23 availability and data privacy. Recent advances have introduced the pseudo-24 training approach for PRS model development³⁰⁻³³. This approach allows for the 25 26 sampling of pseudo-training and validation summary statistics from the underlying 27 probability distribution of GWAS summary statistics. These sampled statistics 28 closely mimic what would be obtained if there were access to two subsets of the 29 GWAS samples, enabling parameter tuning and the derivation of PRS models. This "self-training" approach makes it possible to generate PRS weights without 30 31 the need for individual-level genetic data.

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Building on these advancements, this paper aims to integrate cloud computing with 1 2 pseudo-training approaches to enable online training of PRS models, providing a 3 secure, efficient, and scalable solution for the PRS research community. We first 4 developed pseudo-training versions for multiple single- and multi-ancestry PRS 5 methods and rigorously showed their robust performance across thousands of phenotypes from various data sources. Based on their reliable numerical 6 7 performance, we introduced PennPRS (<u>https://pennprs.org/</u>), a scalable cloud computing platform for online training of PRS models using summary statistics only 8 9 (Fig. 1b). PennPRS provides a wide range of user options and supports both 10 single- and multi-ancestry analyses across the five super populations³⁴, including 11 European (EUR), African and African American (AFR), Admixed American (AMR), 12 East Asian (EAS), and South Asian (SAS). Users can input GWAS summary 13 statistics, submit a job with selected methods and customized settings, and download the trained PRS models upon completion. As a centralized PRS online 14 15 training platform, PennPRS provides cloud computing functionalities, extensive 16 data resources, and offline pipelines, offering an efficient solution to PRS model development in precision medicine (Fig. 2a). It is designed to accommodate the 17 18 training needs of various research groups with diverse requirements and 19 computational resources.

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21 Results

22 Summary data-based PRS model tuning and ensemble learning

We developed single-ancestry pseudo-training pipelines with summary data-23 based parameter tuning for three PRS methods: Clumping and Thresholding 24 $(C+T)^{4,5}$, Lassosum2^{35,36}, and LDpred2^{37,38}, which we denote by C+T-pseudo, 25 Lassosum2-pseudo, and LDpred2-pseudo, respectively (Fig. 2b). The PUMAS³¹ 26 27 workflow was used to derive pseudo training and validation subsamples from the input GWAS summary statistics, enabling the selection of optimal tuning 28 29 parameters. While the general framework of PUMAS pseudo-training has been established, applying it to specific PRS methods is challenging due to the 30 complexities involved in implementing different PRS methods and non-universality 31 32 of the original PUMAS software to the general GWAS summary data. Therefore,

we made a series of important modifications to both the methodology and the 1 2 software to ensure proper alignment between the PUMAS algorithm and each of 3 the implemented PRS methods. For example, the original Lassosum2 and 4 LDpred2 algorithms may generate non-convergent PRS weights under some 5 tuning parameter settings, which can result in problematic parameter tuning. To address this potential issue, we developed a data-driven approach to improve 6 7 robustness of the summary data-based parameter optimization in Lassosum2-8 pseudo and LDpred2-pseudo (see Methods).

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10 For single-ancestry analysis, we further developed two ensemble approaches 11 within our pseudo-training framework: Ensemble-pseudo and Ensemble-ARM-12 pseudo. These approaches combine PRS models trained by different methods using a linear combination strategy³⁹ (Ensemble-pseudo) or an adaptive 13 regression by mixing approach⁴⁰ (Ensemble-ARM-pseudo) (Fig. 2b). The two 14 15 ensemble learning methods were originally designed for use with the need for 16 individual-level tuning datasets. Here we redeveloped them for pseudo-training within the PUMA-CUBS³¹ framework, incorporating a series of modifications to 17 ensure robustness. Details are provided in the Methods section. 18

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Notably, our pipeline supports multi-ancestry PRS training based on ancestry-20 stratified GWAS summary data from multiple ancestral populations, a process that 21 22 is typically computationally intensive and requires more learning resources (Fig. **2c**). We developed PROSPER-pseudo, a pseudo-training pipeline for PROSPER⁴¹ 23 which is an ensemble learning-assisted multi-ancestry PRS method. PROSPER-24 25 pseudo will generate two complementary population-specific models: PROSPER-26 Single-pseudo and PROSPER-pseudo, where the former provides the best single 27 PRS generated before the final ensemble step in PROSPER, and the latter 28 provides the final PRS that combines multiple PRS across different ancestries and 29 tuning parameter settings (see **Methods**). In summary, we have developed three single-ancestry methods, two ensemble approaches, and one multi-ancestry 30 31 method as the primary methods for implementation on our cloud computing 32 platform, all based on pseudo-training that eliminates the need for individual-level

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data. A summary of our pseudo-training algorithms for implementing these singleand multi-ancestry PRS methods is provided in **Supplementary Fig. 1**.
Additionally, we have developed several complementary methods for the offline
pipeline, which will be introduced in later sections.

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6 Large-scale evaluation of the PRS pseudo-training approach

7 We evaluated the performance of our PRS pseudo-training methods through extensive simulations and real data analyses. Simulation results of the single-8 9 ancestry methods under various settings of genetic architecture of the phenotype 10 (such as heritability and causal variant proportion) and GWAS sample size⁴² 11 demonstrate that our PRS pseudo-training methods perform comparably to those 12 original methods that tuned model parameters with a sufficiently large hold-out 13 individual-level dataset (e.g., N_{tuning} = 1000, Fig. 3a, Supplementary Fig. 2, and Supplementary Table 1). As training GWAS sample size increases, our pseudo-14 15 training methods tend to better approximate the PRS under the optimal tuning 16 parameter setting. Pseudo-training versions of the ensemble PRS tend to have slightly lower prediction R-squared (R^2) than individual-level data-based ensemble. 17 18 It is important to note that the above comparisons assume access to sufficiently 19 large individual-level tuning data. However, when the number of individual-level tuning samples is insufficient (e.g., $N_{tuning} < 1,000$), pseudo PRS training notably 20 outperforms traditional PRS training methods that rely on individual-level tuning 21 22 data (Figs. 3b and 3c). For example, compared to the traditional PRS training pipelines using an individual-level tuning dataset of size N_{tuning} = 400 or 100, our 23 PRS pseudo-training pipeline for the same PRS methods achieved a 6.5% or 44.7% 24 25 higher R^2 , respectively. These findings highlight the utility of the PRS pseudo-26 training methods we developed, particularly in scenarios where individual-level 27 data is limited or unavailable for parameter tuning.

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We examined the performance of our pseudo-training pipelines for single-ancestry
PRS model training across different phenotypes and data sources (Fig. 2d). First,
we used 2,106 multi-organ multi-modal imaging phenotypes with GWAS summary
data available from the UK Biobank (UKB)⁴³ study, including 1,432 brain structural

magnetic resonance imaging (sMRI)⁴⁴, 674 diffusion MRI (dMRI), 82 resting-state 1 functional MRI (rfMRI), 41 abdominal MRI⁴⁵, 82 cardiovascular MRI⁴⁶, and 46 eye 2 optical coherence tomography images (OCT)⁴⁷ (average N = 32,859). These 3 4 imaging phenotypes are well-established clinical biomarkers with widespread practical applications in precision medicine⁴⁸. We found that all three single-5 ancestry pseudo-training methods, as well as the two pseudo-training ensemble 6 7 approaches, demonstrated strong performance across these diverse imaging modalities (Figs. 4a and 5a, Supplementary Tables 2-5; mean $R^2 = 0.0562$ vs. 8 9 0.0567, R^2 correlation = 0.955). Consistent with our simulation studies, we 10 observed that pseudo-training methods outperform individual-level data-based tuning as the individual-level tuning sample size decreases (Fig. 4b and 11 12 **Supplementary Fig. 3**). For example, with a tuning sample size $N_{tuning} = 1,000$, 13 300, and 100, our pseudo-training methods produced PRS with R^2 values that were 0.4%, 6.9%, and 18.5% higher, respectively, compared to methods using 14 15 individual-level tuning data for eye OCT phenotypes (Fig. 4b).

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Furthermore, we trained PRS for 29 binary disease phenotypes based on GWAS 17 summary statistics from the FinnGen⁴⁹ study and evaluated their performance on 18 matched clinical outcomes using UKB testing individuals⁵⁰ (average N_{case} = 23,048, 19 Supplementary Table 6). Again, all three single-ancestry pseudo-training 20 methods demonstrated performance comparable to the traditional methods using 21 individual-level tuning data (area under the ROC curve [AUC] correlations = 0.880). 22 Notably, the pseudo-training ensembles outperformed the individual-level data 23 ensembles, even though the individual-level tuning datasets are large (Fig. 5b and 24 **Supplementary Table 7**; mean AUC = 0.564 vs. 0.555, one-sided $P = 1.51 \times 10^{-7}$). 25 In addition, we evaluated the PRS performance on 2,734 Olink plasma proteins 26 with GWAS data from the UKB-PPP project⁵¹ (average N = 40,852, Fig. 5c and 27 Supplementary Tables 8-9). Plasma proteins, which are crucial for disease 28 diagnosis and treatment^{52,53}, exhibit a unique special architecture, generally 29 showing higher heritability and with *cis*-loci accounting for a large proportion of 30 genetic variation⁵¹. For such genetic architecture, our analysis revealed that C+T-31 32 pseudo and LDpred2-pseudo showed highly consistent performance with training

based on individual-level tuning data (mean $R^2 = 0.0562$ vs. 0.0567, R^2 correlation = 0.998), whereas Lassosum2-pseudo consistently delivered sub-optimal performance for proteins with high prediction R^2 (e.g., > 0.40) (mean $R^2 = 0.475$ vs. 0.557). These findings suggest that C+T-pseudo and LDpred2-pseudo may be more suitable for deriving genetic scores⁵³ for these proteins and other molecular traits with similar genetic architecture.

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For multi-ancestry PRS training, our simulation studies suggested that PROSPER-8 9 Single-pseudo, the pseudo-trained best single PROSPER PRS without 10 implementing the final ensemble step, approximates its individual-level data-based 11 version (PROSPER-Single) well, while the PROSPER-pseudo PRS (with the final 12 ensemble step) tends to perform slightly worse than PROSPER PRS, its individual-13 level data-based version, if large hold-out individual-level dataset exists (Fig. 6a and **Supplementary Table 10**). We further evaluated their performance in multi-14 15 ancestry real data applications using ancestry-stratified GWAS summary statistics 16 (Supplementary Tables 11-14). We first analyzed four blood lipids, including highdensity lipoprotein (HDL), low-density lipoprotein (LDL), log-transformed 17 triglycerides (logTG), and total cholesterol (TC). We used GWAS summary data 18 for EUR, AFR, AMR, EAS, and SAS from the Global Lipids Genetics Consortium⁵⁴ 19 (GLGC) (N = 33,658-930,671). The performance was evaluated on UKB validation 20 individuals of EUR, AFR, AMR, EAS, and SAS ancestries^{54,55}. Our results showed 21 that pseudo-training had consistent performance across all ancestries (Fig. 6b, 22 mean R²: 0.084 [PROSPER-Single-pseudo] and 0.088 [PROSPER-pseudo] vs. 23 0.089 [PROSPER], R^2 correlation = 0.93 and 0.95, respectively). We also 24 25 evaluated the performance of multi-ancestry pseudo-training using GWAS 26 summary statistics for 1,413 brain dMRI and sMRI phenotypes from the Chinese Imaging Genetics (CHIMGEN) study⁵⁶, jointly with matched imaging phenotypes 27 in the UKB study. Specifically, the inputs were the CHIMGEN summary statistics 28 29 (average N = 7,058) and UKB European summary statistics (average N = 32,620), 30 with performance evaluated in independent testing data from hold-out UKB samples (average N = 2,510 for EUR ancestry and N = 222 for EAS ancestry). We 31 32 found that pseudo-training outperformed individual-level data training for both EUR

 $(R^2 = 0.027 \text{ vs. } 0.023)$, which has sufficient tuning samples, and EAS $(R^2 = 0.010)$ 1 vs. 0.008), which has limited tuning samples, although the results for EAS had 2 3 larger uncertainty due to the much smaller testing sample sizes (Fig. 6b and 4 **Supplementary Fig. 4**). As expected, analyses of GLGC and CHIMGEN data also showed improved prediction accuracy when GWAS training data from both 5 ancestries were integrated (Fig. 6c) and the consistent pattern of relative 6 7 performance of PROSPER-Single-pseudo and PROSPER-pseudo across 8 different data resources (Supplementary Fig. 5).

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10 Overall, our large-scale numerical results demonstrate that, without access to an 11 independent individual-level tuning dataset, the developed summary data-only 12 pseudo-training methods can produce PRS weights comparable to those 13 generated using a large individual-level tuning dataset. Furthermore, pseudotraining may even outperform traditional methods, particularly when the tuning 14 15 dataset is limited in size. These findings lay the methodological groundwork for the 16 development of PennPRS as a centralized cloud computing solution for online 17 PRS model training.

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19 PennPRS: a cloud computing platform for the global PRS community

We established a centralized cloud computing platform hosted on AWS to 20 implement the developed pseudo-training methods, enabling users to freely train 21 22 PRS weights online using GWAS summary statistics (**Fig. 1b**). Upon completing registration, users can upload GWAS summary statistics or guery over 27,000 23 harmonized summary statistics from the GWAS Catalog⁵⁷, select PRS methods 24 25 and model parameters, and submit jobs. These jobs are managed by the queuing 26 system and processed on our server, and users can download the generated PRS weights and log files once the job is completed. In addition to the set of newly 27 28 developed pseudo-training PRS methods (C+T-pseudo, Lassosum2-pseudo, 29 LDpred2-pseudo, and PROSPER-pseudo) and pseudo-training ensemble methods (Ensemble-pseudo and Ensemble-ARM-pseudo), PennPRS supports 30 three existing tuning-parameter-free methods (PRS-CS-auto⁵⁸, LDpred2-auto³⁷, 31 32 and DBSLMM⁵⁹). Our platform presents a robust frontend-to-backend web

infrastructure with detailed tutorials and a comprehensive data harmonization
 pipeline to ensure regularized PRS training and an efficient user experience (see

- 3 Methods).
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Similar to many biomedical cloud computing platforms in other fields²²⁻²⁷, the 5 PennPRS team will cover data analysis expenses for all users. This approach 6 7 aligns with our mission to make PRS accessible to more researchers and, 8 ultimately, to study participants in precision medicine, while reducing disparities in 9 computational resources within the global PRS research community and the 10 broader fields of genetic and medical research. To optimize the efficiency of our 11 computational infrastructure, we conducted various tests to determine the optimal 12 configurations for our platform, such as RAM and CPU deployment for different 13 PRS methods implemented. We also conducted extensive tests to validate the platform's stability and computational performance. For example, using the three 14 15 single-ancestry pseudo-training methods and their two ensemble approaches as a 16 case study, we analyzed the runtime for each step in the algorithm. We found that using 2 CPUs (with 30 GB RAM) allowed a typical job to complete in approximately 17 18 two and a half hours, while increasing to 4 CPUs reduced the runtime to around 19 two hours (**Supplementary Table 15**). Based on these empirical observations, we have optimized our configuration to make efficient use of AWS resources, currently 20 supporting up to eight concurrent user jobs. The AWS cloud computing service, 21 22 additionally supported by our local computing IT teams, provides a flexible management system for CPU and RAM, enabling us to easily maintain the server 23 and adjust resource allocation for scaling up or down as needed. 24

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26 Public sources: GWAS Catalog data querying and working examples

The GWAS Catalog⁵⁷ has become an invaluable database of public GWAS summary statistics, with a fast-growing collection of data curated and harmonized for post-GWAS applications. We have developed a feature that links PennPRS directly to the GWAS Catalog database to enable efficient PRS model training. This allows users to query data from the GWAS Catalog for PRS pseudo training directly without the need to download, preprocess, and upload the data to PennPRS. To enable this functionality with high quality, we focused on harmonized datasets from the GWAS Catalog and ensured that the provided data meet the basic requirements for implementing the various PRS methods supported, such as having the necessary GWAS summary-level data information and excluding data from exome studies. Currently, we provide access to over 27,000 datasets for users to query directly through PennPRS.

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8 We provide two examples of querying GWAS Catalog datasets for efficient PRS 9 pseudo-training on PennPRS. The first example demonstrates the use of the 10 PennPRS single-ancestry data analysis pipeline to train a PRS model for height in 11 Hispanics. In this example, we first navigated to the PennPRS GWAS Queryable 12 Database (https://pennprs.org/data) and searched for "height". We identified the 13 dataset from the study "GCST90095033" as a suitable input for PRS training, which provided GWAS summary statistics from 59,771 Hispanic or Latin American 14 15 individuals⁶⁰. We then created a single-ancestry data analysis job on PennPRS, 16 entering the relevant dataset information (e.g., study accession ID) to enable direct guerying from the GWAS Catalog. Next, we selected three pseudo-training 17 18 methods (C+T-pseudo, Lassosum2-pseudo, and LDpred2-pseudo) along with the 19 ensemble option, which would utilize two ensemble methods, Ensemble-pseudo 20 and Ensemble-ARM-pseudo, to train two ensemble PRS models combining PRS trained by the three selected methods and submitted the job. PennPRS completed 21 22 the job in approximately two and a half hours, returning five PRS models along with a detailed log file. Similarly, the second example demonstrates the use of the 23 24 PennPRS multi-ancestry data analysis pipeline to train PRS models for height 25 across four ancestries (EUR, AFR, AMR, and EAS). We queried four 26 corresponding ancestry-specific GWAS datasets from the GWAS Catalog ("GCST90029008", "GCST90013468", "GCST90095033", and "GCST90018739") 27 28 and used the multi-ancestry method, PROSPER-pseudo, for online training. 29 PennPRS completed this job in approximately ten and a half hours, generating 30 eight PRS models for the four ancestries (PROSPER-Single-pseudo PRS and 31 PROSPER-pseudo PRS for each ancestry). Detailed steps and illustrations for

1 these examples are available in the tutorial (<u>https://pennprs.gitbook.io/pennprs</u>),

- 2 serving as quick-start guides for new users.
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4 PennPRS offline pipeline and pretrained PRS models

5 In addition to establishing the online PRS training server, we have developed a 6 comprehensive pipeline for offline implementation of the supported PRS pseudo-7 training and tuning-parameter-free methods. The cloud computing server is designed as a convenient and eco-friendly²⁹ online tool for PRS users, particularly 8 9 those who face challenges in setting up local computational clusters, while the 10 offline pipeline is powerful for large-scale analyses if researchers have access to high-performance computing clusters. In our offline pipeline, we have additionally 11 12 developed novel pseudo-training versions of three single- and multi-ancestry PRS methods, including PRS-CS-grid⁵⁸-pseudo, PRS-CSx⁶¹-pseudo, and MUSSEL⁵⁵-13 pseudo. Due to the nature of these methods, they have much higher memory and 14 15 computational demands than other methods and are therefore included exclusively 16 in our offline pipeline. By offering both online and offline options, we aim to accommodate the diverse needs of research groups and help reduce disparities in 17 18 computational resources for the PRS application community.

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To demonstrate the power and efficiency of our offline pipeline, we applied it to a 20 21 wide range of phenotypes, including those mentioned in our model evaluations (for 22 which we had access to individual-level testing data for performance assessment), as well as many more GWAS summary datasets from the GWAS Catalog⁵⁷, 23 Biobank Japan (BBJ)⁶², the Million Veteran Program (MVP) study⁶³, and the Global 24 Biobank Meta-analysis Initiative (GBMI) consortium⁶⁴. Specifically, we have 25 26 conducted single-ancestry analysis with all three single-ancestry pseudo-training 27 methods (C+T-pseudo, Lassosum2-pseudo, and LDpred2-pseudo) and their 28 ensembles (Ensemble-pseudo and Ensemble-ARM-pseudo) using default tuning 29 parameter settings on over 8,000 harmonized GWAS Catalog datasets and 169 30 phenotypes from BBJ. We have also conducted multi-ancestry analysis with PROSPER-pseudo on 181 ancestry-stratified GWAS summary datasets from the 31 32 MVP and nine ancestry-stratified GWAS summary datasets from the GBMI. We

have made these pretrained PRS models publicly available in the PennPRS public 1 2 resource hub (https://pennprs.org/result), allowing users to freely download and 3 utilize them in their research. As the GWAS Catalog and other databases continue 4 to expand, harmonizing and making more curated GWAS summary statistics 5 publicly available, we will leverage the established PennPRS pipeline to analyze these summary datasets and share the trained PRS models with the PRS research 6 7 community. These resources will accelerate the application of PRS across various 8 fields.

9

10 Discussion

11 PRS training methods and their cluster-based implementations have been 12 traditionally handled by local servers, typically established by individual research 13 groups. However, the fast-paced evolution of PRS methodologies, along with the growing volume of GWAS resources, presents logistical, computational, and 14 15 environmental challenges for hosting these PRS pipelines locally. This is 16 particularly true for smaller research groups that may lack sufficient computational resources or are new to PRS. In this paper, we developed a series of pseudo-17 training algorithms, data resources, and cloud computing functionalities to enable 18 19 online single- and multi-ancestry PRS pseudo-training using summary data only, eliminating the need for local setups. Our platform aims to lower the barriers to 20 PRS applications across various phenotypes and ancestry populations, while also 21 22 reducing disparities in computational resources within the global PRS research 23 community.

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The development of cloud computing platforms and centralized resources have 25 provided significant environmental benefits^{29,65} and opened new opportunities 26 across the broad fields of biomedical data science²²⁻²⁸. The novel pseudo-training 27 methods we developed provide several advantages for cloud-based PRS model 28 29 training solutions. First, pseudo-training mitigates the privacy risks and concerns associated with uploading or sharing individual-level genetic datasets online. 30 31 Second, individual-level validation data is not always available for PRS model 32 development, and our pseudo-training pipeline provides a more accessible

solution for PRS training across a wider range of disease and health outcomes. 1 2 Third, pseudo-training could deliver PRS with better prediction performance, 3 especially for those disease outcomes with limited individual-level tuning data 4 available (e.g., $N_{tuning} < 1,000$). The pseudo-training approach we developed would lend power for these understudied outcomes. Fourth, the pseudo-training 5 6 approach facilitates seamless integration with online GWAS data resources, such as the GWAS Catalog, providing a centralized data resource for PRS model 7 8 training. In the future, we plan to extend the functionality of pseudo-training and 9 PennPRS in several directions. For example, the current training procedure relies on the five super ancestral population labels³⁴ (e.g., EUR and AFR). We aim to 10 11 expand our framework to include additional population labels and further integrate flexible genetic ancestry continuum information⁶⁶ as the field increasingly 12 incorporates diverse and admixed ancestry information¹⁸. We will also provide 13 unified PRS models for the general population instead of ancestry-specific PRS 14 15 models that require categorizing individuals into discrete ancestry groups¹⁵. 16 Furthermore, beyond generating PRS model training, we will additionally develop 17 pseudo-training methods to produce additional accuracy metrics and uncertainty measures for the generated PRS models, such as confidence intervals⁶⁷, which 18 are increasingly critical for downstream clinical applications of PRS⁶⁸⁻⁷¹. 19

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Notably, the applicability of the FAIR data principles⁷² to our cloud computing 21 platform highlights the broad impact of PennPRS on future translational research 22 involving PRS. By providing standardized computing pipelines, curated data 23 resources, detailed documentation, and accessible PRS weight files, PennPRS 24 25 facilitates transparency and ensures the Findability, Accessibility, Interoperability, 26 and **R**eusability of PRS resources. This is particularly important as the adoption 27 and application of PRS continue to expand in precision medicine, a process that 28 typically involves multiple steps, from PRS model development and assessment 29 to implementation and translation in clinical settings. Efficient data and information sharing between these stages will be critical for successful translation. In addition, 30 31 the computing methods and data resources provided by our PennPRS platform 32 enable efficient between study comparisons of PRS within the same ancestry

background. This is particularly important given the diversity of biobanks in the US
and globally. By providing a centralized platform, PennPRS anchors comparisons
to a consistent linkage disequilibrium and allele frequency background, reducing
bias or noise that might hinder cross-study comparisons. This allows researchers
to focus on other factors affecting performance^{18,73}, improving the reliability and
generalizability of PRS analyses across studies.

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8 There are also limitations to cloud computing platforms. For example, if users have 9 already established powerful local computational clusters-typically supported by 10 their research institutions' infrastructure—they might consider setting up the 11 pipeline locally, although this approach may be more time consuming and less 12 environmentally friendly⁶⁵. To meet this complementary need, we have developed 13 a ready-to-use offline version of PennPRS pipeline. Another challenge of cloud computing platform is the maintenance of the server and pipelines. To ensure 14 15 sustainable development of our platform, we have formed a dedicated 16 interdisciplinary team of researchers centered around the PRS research community at the University of Pennsylvania, in collaboration with researchers 17 18 from other institutions, to support regular updates to PennPRS. These updates will 19 include incorporating additional PRS methods, generating new data resources, 20 and more efficient method implementations. The long-term maintenance of the platform is supported by the robust AWS server, with additional technical 21 22 assistance from our local IT teams. We welcome user feedback and suggestions 23 to improve the PennPRS platform and better meet the diverse needs of the global 24 PRS research community.

25

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16 Author Contributions Statement

J.J. and B.Z. conceived the project. J.J. developed the pseudo-training methods 17 18 and algorithms. B.L. and X.W. set up the cloud computing server with the help from 19 local IT teams. J.J., B.L., X.W., and B.Z. carried out data analyses, interpreted the results, designed the cloud computing platform, and developed the offline pipeline. 20 X.Y., Y.L., J.S., R.W., and Z.F. processed the GWAS summary statistics, 21 22 developed the curated datasets, and contributed to the development and testing of the computing platform and offline pipeline. C.Y., F.X., T.G., M.D.R., G.W., B.P., 23 and R.W. contributed to the design of the methods, cloud computing platform, and 24 25 offline pipeline. J.J. and B.Z. drafted the manuscript with feedback from all authors.

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27 Competing Interests Statement

28 The authors declare no competing interests.

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26		
27	Meth	ods
28	Single-ancestry PRS pseudo-training	

Single-ancestry PRS training aims to develop PRS models for a target genetic ancestral population based on a single GWAS summary dataset generated from training samples of the same population. We developed a general summary databased parameter optimization approach for multiple single-ancestry PRS methods

that avoids the need for individual-level tuning data (Supplementary Fig. 1a). We 1 2 have implemented the approach to develop pseudo-training versions of three 3 single-ancestry PRS methods: C+T-pseudo, LDpred2-pseudo, and Lassosum2-4 pseudo, which are included in our PennPRS cloud computing platform. We have also developed the pseudo-training version of an additional method, PRS-CS-grid-5 pseudo, which has a much higher computational demand and is included in our 6 7 offline pipeline. Our PRS pseudo-training pipeline follows the general framework of PUMAS^{31,33}. Specifically, in Step 1, we use the subsampling approach in 8 9 PUMAS to sample marginal association statistics for two "pseudo" subsets of 10 training and validation individuals from the full GWAS summary data³¹. This 11 approach enables us to generate GWAS summary statistics for pseudo training 12 and validation sets for PRS training and parameter tuning, respectively, without 13 the need to collect an independent individual-level dataset for parameter tuning. In 14 Step 2, we apply each selected PRS method to train PRS models on the pseudo 15 summary-level training dataset. In Step 3, we conduct parameter tuning on the 16 pseudo summary-level validation dataset. This summary data-based parameter tuning is conducted using the method in PUMAS that allows estimation of the 17 prediction R^2 of PRS using summary statistics only. This step selects the best 18 19 tuning parameter setting for each method based on performance on the pseudo validation summary dataset. If multiple PRS methods are implemented in Step 2, 20 we will proceed to Step 4, which offers the option to train ensemble PRS models. 21 22 These models combine the PRS models generated by various methods using the 23 pseudo-validation dataset and two ensemble approaches: Ensemble-pseudo and Ensemble-ARM-pseudo, which will be introduced in the next section. Finally, in 24 25 Step 5, we train the final PRS models on the full GWAS summary dataset with 26 selected tuning parameter settings obtained from Step 3 and trained ensemble weights for different methods in the ensemble PRS models from Step 4. To 27 28 increase stability of the parameter tuning results, we repeat the training-validation 29 data splitting procedure in Step 2 k=2 times and conduct Steps 2 to 4 with k-fold cross-validation. Specifically, for parameter tuning, we select the parameter setting 30 that correspond to the highest estimated prediction R^2 on the pseudo validation 31

data averaged across the k folds; and for ensemble PRS training, we obtain the
weights in the ensemble model as the average across the k folds.

3

We have identified several potential issues of the original PUMAS algorithm when 4 incorporating it with different PRS methods and have made substantial 5 6 modifications accordingly to ensure the applicability and increase the robustness 7 of our pipeline. For example, the original Lassosum2 and LDpred2 algorithms may 8 generate non-convergent or problematic PRS weights (e.g., overly large $|\hat{\beta}_i|$) 9 under some tuning parameter settings, which can lead to inflated R^2 estimate for 10 these settings, resulting in problematic parameter tuning by PUMAS. We resolved 11 this issue by discarding the tuning parameter settings in which there exist genetic effect estimates $|\hat{\beta}_i| > 1$. Furthermore, it is likely that the final PRS model trained 12 13 on the full GWAS summary data has non-convergent variant weights, even though 14 the selected optimal tuning parameter setting gives a converged model when 15 trained on the pseudo training dataset. This issue is due to the unstable 16 performance of the PRS methods, not the PUMAS pseudo-training algorithm itself. To avoid this inconsistency in the PRS models trained based on the pseudo-17 18 training dataset and the original summary dataset, we select optimal tuning 19 parameters only from the settings that lead to converged variant weights on the original summary data. We also noticed that the selected tuning parameter setting 20 may be far from the optimal setting if its adjacent tuning parameter settings led to 21 22 nonconvergent results. We thus only consider parameter settings for which the adjacent settings also lead to converged results. If no such candidate setting 23 exists, then we will skip this step and just select the setting that gives the highest 24 25 R^2 on the pseudo validation set. Finally, for traits that have minimal heritability or 26 have a small GWAS sample size, the PRS model trained by some of the methods may have limited power, reflected by negative prediction R^2 estimates on the 27 28 pseudo validation data. In this case, we still output the trained PRS models but will 29 also print a warning message to let users know about this issue. We will also exclude the corresponding PRS models from the pseudo ensemble learning step. 30

31

32 **Pseudo ensemble learning combining multiple single-ancestry PRS models**

As mentioned in the previous section, if multiple PRS methods are implemented in 1 2 single-ancestry analysis, we will provide an option to conduct pseudo-training of 3 ensemble PRS models combining PRS trained by the various methods based on 4 the pseudo validation dataset. We propose two approaches for the pseudo ensemble PRS training. The first approach trains a linear combination³⁹ of the PRS 5 models obtained from the various methods ("Ensemble-pseudo"). This approach 6 was proposed in the PUMA-CUBS framework³³. We notice that this approach 7 sometimes generates a PRS that has a lower power than the best single PRS 8 9 model, possibly due to the suboptimal performance of some of the single PRS 10 models. Therefore, we propose an alternative approach adopting a model combination method named adaptive regression by mixing (ARM)⁴⁰, which, under 11 12 certain conditions, can approximate the optimal performance among a set of single 13 models ("Ensemble-ARM-pseudo"). We observe from our simulation studies and data applications that either one of the two approaches outperforms the other on 14 15 different phenotypes and with different training GWAS datasets. We thus provide 16 both ensemble PRS models to users to further increase the power of the "best" 17 PRS model provided by PennPRS.

18

19 Multi-ancestry PRS pseudo-training

Multi-ancestry PRS training jointly analyzes ancestry-stratified GWAS summary 20 statistics from K ancestral populations (a subset of [EUR, AFR, AMR, EAS, and 21 22 SAS]) and generates ancestry-specific PRS models for the K populations. We 23 developed a GWAS summary data-based parameter tuning approach for multiancestry PRS training that avoids the need for individual-level tuning data 24 25 (Supplementary Fig. 1b). We have implemented this approach to develop the 26 pseudo-training version of PROSPER on our PennPRS cloud computing platform 27 and two other methods, PRS-CSx-pseudo and MUSSEL-pseudo, which require 28 much larger memory and/or are computationally more intensive and are thus only 29 included in our offline pipeline.

30

Our general multi-ancestry PRS pseudo-training framework follows that of PUMAS^{31,33}. Specifically, in Step 1, we use the subsampling approach in PUMAS

to generate summary statistics for pseudo training and validation sets for PRS 1 2 training and parameter tuning, respectively, for each of the K ancestry populations. 3 In Step 2, we apply each selected method to train PRS models on the pseudo 4 training dataset. For PROSPER-pseudo and MUSSEL-pseudo which prerequire 5 implementation of the single-ancestry Lassosum2 and LDpred2 algorithms, respectively, we use a procedure similar to the one in single-ancestry pseudo-6 7 training for selecting optimal parameters of Lassosum2-pseudo and LDpred2-8 pseudo. In Step 3, we conduct parameter optimization of the multi-ancestry joint 9 modeling step in PROSPER or MUSSEL on the pseudo summary-level validation 10 dataset. This step selects a best PRS model for each ancestry based on its performance (the estimated prediction R^2) on the pseudo validation dataset. All 11 12 three methods have a final ensemble learning step (Step 4, Supplementary Fig. 13 1), where PRS-CSx trains a linear combination of the K best ancestry-specific PRS models from Step 3, while PROSPER and MUSSEL use the super learner 14 15 algorithm⁷⁴ with base learners including linear regression, elastic-net regression, and ridge regression to train an "optimal" linear combination of all PRS models 16 across all tuning parameter settings and ancestries. For PRS-CSx, we use the 17 18 ensemble approach in PUMAS to train the final PRS model for each ancestry 19 based on the pseudo validation dataset of that ancestry. For PROSPER and MUSSEL, a summary data version of the super learner can be implemented for 20 the final ensemble step utilizing a recently developed approach⁷⁵. For now, we 21 22 consider an alternative strategy, where we train a linear combination of a subset of L best performing single PRS models without regularization. Specifically, for 23 each ancestry, we first select the top L of the $\sum_{k=1}^{K} M_k$ PRS models that have the 24 highest prediction R^2 on the pseudo validation dataset of that ancestry, where M_k 25 denotes the number of tuning parameter settings, i.e., number of candidate PRS 26 27 models, generated for ancestry k, k = 1, 2, ..., K. We then train a linear combination of these L top PRS models on the pseudo validation dataset. We set L to the 28 29 minimum between five and the number of converged PRS models among the $\sum_{k=1}^{K} M_k$ models. Finally, in Step 5, we train the final PRS models on the full original 30 GWAS summary data based on the selected optimal parameter settings from Step 31 32 3 and trained ensemble weights for different single PRS models from Step 4. We

1 notice that the single best PRS model may have a higher prediction power than 2 the final ensemble PRS. We thus provide both the best single PRS model 3 ("PROSPER-Single-pseudo PRS", Figs. 1c and 5, Supplementary Figs. 4-5) and 4 the final PRS model with the ensemble step ("PROSPER-pseudo PRS", Figs. 1c 5 and 5, Supplementary Figs. 4-5) to the user. Again, we repeat the trainingvalidation data splitting procedure in Step 2 k=2 times and conduct Steps 2-4 with 6 7 k-fold cross-validation to increase stability of the results. Specifically, for parameter 8 tuning, we select the parameter setting that correspond to the highest estimated 9 prediction R^2 on the pseudo validation data averaged across the k folds; and for 10 the ensemble step, we obtain the weights in the ensemble model as the average 11 across the k folds. In our multi-ancestry analysis pipeline, we also consider the 12 various modifications to the original PUMAS algorithm implemented in our single-13 ancestry analysis pipeline to improve robustness of the pseudo-training.

14

15 Configuration of the online PennPRS pipeline

16 Our PennPRS cloud computing pipeline currently supports seven PRS methods, including pseudo-training versions of three single-ancestry methods, C+T-pseudo, 17 18 lassosum2-pseudo, and LDpred2-pseudo; three tuning-parameter-free singleancestry methods, PRS-CS-auto, LDpred2-auto, and DBSLMM; and pseudo-19 training version of one multi-ancestry method, PROSPER-pseudo. PennPRS 20 supports PRS model development based on genetic variants in the HapMap 3⁷⁶. 21 22 For implementation of methods that have tuning parameters, we set up default tuning parameter settings based on the ones in the original algorithms of the 23 methods but with slight modifications to balance between prediction performance 24 25 and computational efficiency of our online PRS training. We use genotype data of 26 unrelated individuals from the Phase 3 1000 Genomes project as the linkage 27 disequilibrium (LD) reference data. We now introduce the parameter settings and 28 other relevant details of the newly developed pseudo-training methods supported 29 by PennPRS.

30

31 <u>C+T-pseudo.</u> C+T-pseudo first conducts an LD clumping step to select relatively 32 independent genetic variants with an absolute pairwise correlation lower than r^2 =

0.1 within a genetic distance 500kb calculated based on the reference genotype 1 dataset for the same ancestral population from the Phase 3 1000 Genomes 2 Project³⁴. It then selects the remaining genetic variants that reach varying p-value 3 4 cutoffs (tuning parameter: pt)^{4,5}. Our default candidate values for pt are 5×10⁻⁸, 5×10^{-7} , 5×10^{-6} , 5×10^{-5} , 5×10^{-4} , 5×10^{-3} , 5×10^{-2} , and 5×10^{-1} . C+T-pseudo then 5 selects the score with the "optimal" p-value threshold based on the performance 6 7 on the pseudo validation dataset with respect to the prediction R^2 . PennPRS runs C+T-pseudo using PLINK 1.9077. 8

9

10 Lassosum2-pseudo. Lassosum2-pseudo is a penalized regression-based approach that estimates joint genetic effect sizes based on GWAS summary 11 12 statistics. Tuning parameters include (i) λ : shrinkage parameter in the L_2 13 regularization (default candidate values: 0.001, 0.01, 0.1, and 1); (ii) number of candidate values for λ , the shrinkage parameter in the L₁ regularization (default: 14 15 30); and (iii) ratio between the lowest and highest candidate values of λ (default: 16 0.01). The current version of PennPRS implements Lassosum2-pseudo with R package "bigsnpr" (version 1.6.1, last updated Jun 8, 2023). 17

18

LDpred2-pseudo. LDpred2-pseudo is a Bayesian approach that jointly analyzes 19 correlated genetic variants across the genome and accounts for LD^{37,38}. It uses a 20 spike-and-slab prior on genetic effect sizes, assuming a proportion (p) of the 21 genetic variants have non-zero effect on the phenotype. Tuning parameters 22 include (1) the causal variant proportion p (default candidate values: 10^{-5} , 3.2×10^{-5} 23 ⁵, 10^{-4} , 3.2×10^{-4} , 10^{-3} , 3.2×10^{-3} , 10^{-2} , 3.2×10^{-2} , 10^{-1} , 3.2×10^{-1} , and 1), (2) 24 heritability-related parameter, α : the total heritability is set to $H_2 = \alpha H_2^0$, where H_2^0 25 is the heritability estimated by LD score regression⁷⁸ (default candidate values: 26 $\alpha = 0.7, 1.0, \text{ and } 1.4)$, and an additional sparse option (default: FALSE) to shrink 27 the posterior genetic effects that exceed p to zero. The current version of 28 29 PennPRS implements LDpred2-pseudo with R package "bigsnpr" (version 1.6.1, 30 last updated Jun 8, 2023).

31

1 <u>PROSPER-pseudo.</u> PROSPER-pseudo is a penalized regression-based multi-2 ancestry PRS method that utilizes an L_1 penalty to induce sparsity of genetic 3 variants with non-zero effects and an L_2 penalty to induce correlation in genetic 4 effects between ancestries⁴¹. Tuning parameters include (i) the number of 5 candidate values of the shrinkage parameter in the L_1 penalty (default: 5) and (ii) 6 the number of candidate values of the shrinkage parameter in the L_2 penalty 7 (default: 5).

8

9 Simulation studies

10 We evaluated the performance of our proposed pseudo-training approach for both single- and multi-ancestry PRS development in comparison to the traditional. 11 12 individual-level tuning data-based PRS training in various data settings based on 13 a large-scale synthetic GWAS data previously generated⁴². The synthetic genotype data were generated for all five super populations (EUR, AFR, AMR, 14 EAS, and SAS) using HAPGEN2 (version 2.1.2)⁷⁹ to closely mimic the reference 15 genotype data from the Phase 3 1000 Genomes Project. Phenotype data were 16 generated assuming a causal variant proportion of 1%, 0.1%, of 0.05% and GWAS 17 sample size of 15,000, 45,000, or 80,000 across the five ancestral populations. 18 19 Details of the simulation procedure were previously described⁴².

20

21 Real data analyses for evaluation of pseudo PRS training

22 UKB imaging data analysis. We conducted a large-scale evaluation of singleancestry pseudo-training methods using multi-organ multi-modality imaging 23 data^{48,80,81} from the UK Biobank (UKB) study, covering brain, heart, eye, and 24 25 abdominal organs (Supplementary Tables 2-5). For the brain, we used imaging-26 derived phenotypes from three major modalities: structural MRI (sMRI), diffusion 27 MRI (dMRI), and resting-state functional MRI (rfMRI). For example, brain sMRI included 1,432 phenotypes generated from the FIRST, FAST, and FreeSurfer 28 29 pipelines⁴⁴. Brain dMRI data included 674 phenotypes processed with TBSS and ProbtrackX, while brain rfMRI encompassed 82 phenotypes from whole-brain 30 spatial independent component analysis^{44,81-83}, covering regional amplitude and 31 32 global functional connectivity. For cardiac MRI, we used 82 phenotypes related to

the heart and aorta^{46,84}. Additionally, 41 abdominal MRI phenotypes⁸⁵⁻⁹⁴ were 1 2 included, covering kidney, liver, and abdominal organ or tissues. In addition, we 3 analyzed 46 phenotypes derived from eye optical coherence tomography 4 images⁴⁷. The GWAS summary data for these imaging phenotypes were obtained 5 from subjects of self-reported British European ancestry, with average sample sizes of 32.634 for brain, 30,506 for heart, 29,849 for abdomen, and 50,465 for 6 7 eye. Age, sex, the top 40 genetic principal components (PCs), and imagingspecific covariates were adjusted for, as detailed in a previous study^{45,48}. PRS 8 9 performance was assessed on 2,227 to 8,172 European non-British subjects, 10 using the same set of covariates as those in the corresponding GWAS.

11

FinnGen disease data analysis. We evaluated the performance of single-ancestry pseudo-training methods on binary phenotypes using GWAS summary statistics from the FinnGen study (R9)⁴⁹. Following the FinnGen-phecode mapping approach used in previous studies^{48,50}, we mapped 29 disease pairs, with an average of 333,355 cases and controls per phenotype (**Supplementary Tables 6-7**). PRS performance was assessed on 1,225 to 155,170 European cases from the UKB, with adjustments for effects of age and sex.

19

<u>UKB-PPP Olink plasma protein data analysis.</u> We evaluated the performance of
 single-ancestry pseudo PRS training methods on 2,734 Olink plasma proteins from
 the UKB-PPP⁵¹ project (**Supplementary Tables 8-9**). The GWAS summary
 statistics were obtained from a previous study⁹⁵, which included 40,852 subjects
 of British European ancestry with adjustments for age, sex, and the top 40 genetic
 PCs. PRS performance was assessed on 2,517 to 2,923 European non-British
 subjects, using the same set of covariates as in the GWAS.

27

<u>GLGC blood lipids data analysis</u>. We trained ancestry-specific PRS models by both
 pseudo-training and individual-level tuning versions of the various methods for four
 blood lipids, including high-density lipoprotein (HDL), low-density lipoprotein (LDL),
 log-transformed triglycerides (logTG), and total cholesterol (TC)⁵⁴. The ancestry stratified training GWAS summary data were obtained from the Global Lipids

Genetics Consortium⁵⁴ (GLGC) on five ancestry groups including EUR (N =1 840,018-927,975), AFR or admixed AFR (N = 87,759-92,554), Hispanic/Latino 2 3 (N = 33.989-48.056), EAS (N = 80.676-145.512), and SAS $(N = 33.658-34.135)^{54}$. 4 We validated method performance on a random set of 20,000 UKB individuals of EUR ancestry and all UKB individuals of AFR (N = 9,169), AMR (N = 750), EAS 5 (N = 2.019), and SAS (N = 10.853) ancestry. We inferred the ancestry of the UKB 6 7 individuals by a genetic component analysis⁴¹. We used 50% of these UKB 8 samples to conduct individual-level data-based parameter tuning, ensemble PRS 9 training, and conducting the ensemble step in PROSPER, and used the remaining 10 50% (testing set) to evaluate PRS performance of the various methods. GWAS sample sizes, validation sample sizes, and the number of genetic variants 11 12 analyzed are reported in **Supplementary Table 11**. Detailed data quality control procedures were previously described^{42,55}. Age, gender, and the top 10 genetic 13 PCs were adjusted for as covariates when calculating prediction R^2 of the PRS 14 15 models.

16

UKB/CHIMGEN brain imaging data analysis. We evaluated the performance of 17 multi-ancestry pseudo-training methods on brain imaging phenotypes using 18 19 GWAS summary statistics from both the Chinese Imaging Genetics (CHIMGEN) study⁵⁶ for East Asians (average N = 7,058) and the UKB study for British 20 European ancestry (average N = 34,286). Similar to our single-ancestry analysis 21 22 on UKB, we included 968 phenotypes from sMRI and 445 from dMRI. PRS performance was assessed on 443 Asian subjects from the UKB study (half were 23 used as tuning samples for parameter optimization for traditional PRS training 24 25 methods, half were used as testing data to evaluate performance of all methods) 26 with adjustments for the same set of covariates as in the single-ancestry analysis 27 on the same phenotypes. GWAS sample sizes, validation sample sizes, and the number of genetic variants analyzed are reported in **Supplementary Table 13**. 28

29

30 Other GWAS datasets on which we have generated PRS models

We applied our offline pipeline to GWAS summary statistics from the Biobank Japan (BBJ)⁶², the Million Veteran Program (MVP) study⁶³, the Global Biobank

Meta-analysis Initiative (GBMI) consortium⁶⁴, and the GWAS Catalog⁵⁷. For the 1 BBJ, we conducted single-ancestry analysis on GWAS summary statistics for 169 2 3 phenotypes available at https://pheweb.jp/downloads. For the GWAS Catalog, we 4 analyzed nearly 8,000 harmonized datasets in single-ancestry analysis. For the 5 GBMI, we performed multi-ancestry analysis on nine phenotypes with ancestrystratified GWAS summary statistics from the five super populations³⁴. For the MVP 6 7 study, we carried out multi-ancestry analysis on 181 phenotypes with ancestry-8 stratified GWAS summary statistics from AFR, AMR, EAS, and EUR populations. 9 Using default parameter settings, our pipelines were successfully applied to these 10 data resources, and the generated PRS models have been shared in the PennPRS 11 public resource hub.

12

13 Cloud computing platform development

PennPRS is a cloud-based platform hosted on AWS that consists of two main 14 15 components: the frontend and the backend. For the frontend, we used Next.js 16 (https://nextjs.org/) and MUI (https://mui.com/) to create a clean, intuitive interface. Users can easily input their data (through file uploads or data queries), choose the 17 type of analysis, PRS methods, and parameter setting they want, and view job 18 19 status and results. We used Next.js to ensure that the platform loads quickly and that all interactions (such as submitting data or viewing outputs) are smooth and 20 responsive. The backend provides the infrastructure for PRS model development, 21 22 including data harmonization and QC pipelines, GWAS Catalog data guerying, and various PRS methods and training mechanisms. We developed the backend with 23 FastAPI (https://fastapi.tiangolo.com/), which allows us to process multiple tasks 24 25 efficiently, supporting both simple requests and more complex data processing. 26 For example, when a user uploads data for PRS analysis, FastAPI sends this data 27 to the job queue, ensuring that requests are processed in a fair and timely manner. 28

In addition, Redis (<u>https://redis.io/</u>) is used for job management and queue,
keeping track of all incoming requests and organizing them so that the system can
handle multiple tasks simultaneously. Redis also helps prevent delays and keeps
the platform running smoothly even during busy times. Moreover, since different

1 types of analyses have different resource requirements, we organized the 2 computing infrastructure into distinct subgroups to optimize resources. Each 3 subgroup is tailored to handle specific types of jobs, ensuring that the right 4 resources (such as memory and CPU power) are available for the task at hand, 5 which optimizes resource allocation and improves overall efficiency. Once the analysis is completed, the results are sent back to the frontend so users can 6 access and download them. To ensure reliability and scalability, the platform 7 8 incorporates monitoring tools for system performance checks, automated testing, 9 and continuous integration pipelines. This setup enables guick future updates and 10 secure data handling, ensuring a smooth user experience as demand grows.

11

12 Code availability

13 The developed PRS pseudo-training methods and PennPRS pipelines can be 14 freely accessed at https://pennprs.org/ and https://github.com/PennPRS/pipeline.

15

16 Data availability

The simulated genotype and phenotype data used in our simulations are available 17 18 at: https://dataverse.harvard.edu/dataset.xhtml?persistentId=doi:10.7910/DVN/C OXHAP. GWAS summary statistics used in our PRS training and evaluation can 19 20 be obtained from their respective data sources, subject to data sharing policies and approvals. Specifically, the harmonized GWAS summary statistics from the 21 22 GWAS Catalog are available at https://www.ebi.ac.uk/gwas/downloads/summarystatistics. The EUR GWAS summary statistics for the UKB imaging phenotypes 23 across different organs are available from previous study^{45,48}. The EUR protein 24 25 GWAS summary statistics from the UKB-PPP project are available from previous 26 study⁹⁵. The EUR GWAS summary statistics from the FinnGen study are available 27 at https://www.finngen.fi/en/access results. The EAS GWAS summary statistics from BBJ are available at https://pheweb.jp/. The EAS GWAS summary statistics 28 29 for brain imaging phenotypes from the CHIMGEN study are available from previous study⁵⁶. Ancestry-stratified GWAS summary statistics from the GBMI are 30 available at https://www.globalbiobankmeta.org/resources. Ancestry-stratified 31 32 GWAS summary statistics for blood lipids across five super populations from

1 GLGC are available at http://csg.sph.umich.edu/willer/public/glgc-

2 lipids2021/results/ancestry_specific. Ancestry-stratified GWAS summary statistics

3 from the MVP study are available from previous study⁶³. The individual-level UK

4 Biobank data used in this study can be requested from

5 https://www.ukbiobank.ac.uk/. The PRS model weights generated by the

- 6 PennPRS pipeline have been made publicly available through the PennPRS public
- 7 resource hub at <u>https://pennprs.org/result</u>.

1 Figure legends

2

Fig. 1: The Challenges of Traditional PRS Model Training and the Promise of PennPRS Cloud Computing Platform.

a. Left: A figurative representation of the key challenges in performing PRS model
training with local computing servers and pipelines. Right: Our proposed cloud
computing approach for online PRS model training, which leverages centralized
computing and data resources alongside novel pseudo-training algorithms and
pipelines to overcome these challenges. b. An overview of the cloud computing
platform of PennPRS and its major impacts on PRS applications in precision
medicine.

12

Fig. 2: Development and Distribution of the PennPRS Cloud Computing Platform and Accompanying Data and Computational Resources.

15 **a.** A summary of the main contributions of our study, including the distribution and 16 large-scale validation of PRS pseudo-training pipelines, establishment of the PennPRS cloud computing platform, and distribution of gueryable GWAS 17 summary data sources, pretrained PRS models, and offline pipeline. b. Workflow 18 19 of the single-ancestry PRS training supported by PennPRS. c. Workflow of the multi-ancestry PRS training supported by PennPRS. d. Highlighted features of 20 PennPRS: (i) new PRS pseudo-training pipelines supporting three single-ancestry 21 22 methods, two ensemble approaches combining different single-ancestry methods, and one multi-ancestry method; and (ii) large-scale application and validation of 23 the PRS pseudo-training pipeline across nine data resources and over 6,000 24 25 phenotypes.

26

Fig. 3: Comparison of Single-ancestry PRS Pseudo-training and Traditional PRS methods with Individual-level Tuning Data of Various Sample Sizes under various settings of causal SNP proportion and heritability.

We compared the prediction R^2 of the PRS models trained by C+T-pseudo, Lassosum2-pseudo, LDpred2-pseudo, Ensemble-pseudo, and Ensemble-ARMpseudo (R^2_{sum}) with those of PRS models trained based on individual-level tuning

1 dataset (R^{2}_{ind}) that has a sample size **a**. N_{tuning} =1,000, **b**. N_{tuning} =400, or **c**. 2 N_{tuning} =100. Results were summarized across 10 training GWAS summary 3 datasets of N_{GWAS} =15,000 and averaged across 100 random splits, with each split 4 having N_{tuning} tuning samples for individual data-based parameter tuning and 5 N_{val} =2,500 validation samples for calculating prediction R^{2} for all models. Detailed 6 results are reported in Supplementary Table 1.

7

8 Fig. 4: Evaluation of Single-ancestry PRS Pseudo-training on Body Imaging 9 Phenotypes Using GWAS Summary Data and Validation Data from the UK 10 Biobank (UKB) study.

11 a. We compared our PRS pseudo training approaches, C+T-pseudo, Lassosum2-12 pseudo, LDpred2-pseudo, Ensemble-pseudo, and Ensemble-ARM-pseudo (R^{2}_{sum}) 13 with the original methods that use individual-level tuning dataset (R^{2}_{ind}) on 41 abdominal MRI (average N_{GWAS}=29,849), 82 cardiac MRI (average N_{GWAS}=30,506), 14 15 and 46 eye OCT (average N_{GWAS} =50,465) phenotypes and evaluated their performance on hold-out independent UKB samples of EUR origin (N_{val} =5,760). **b.** 16 We assessed the relative performance of the pseudo-training methods to their 17 original versions utilizing individual-level tuning datasets of different sizes N_{tuning} = 18 1,000, 300, or 100, on the abdominal MRI, cardiac MRI, and eye OCT phenotypes. 19 Results were averaged across 100 random splits, with each split having N_{tuning} 20 tuning samples for individual data-based parameter tuning and the remaining 21 samples for calculating prediction R^2 for all models. Detailed data information and 22 results are summarized in Supplementary Tables 2-3. 23

24

Fig. 5: Additional Evaluation of Single-ancestry PRS Pseudo-training across Various Phenotypes and Data Sources.

We compared our PRS pseudo-training approaches, C+T-pseudo, Lassosum2pseudo, LDpred2-pseudo, Ensemble-pseudo, and Ensemble-ARM-pseudo (R^{2}_{sum}) with the original methods that use individual-level tuning dataset (R^{2}_{ind}) on **a**. 2,363 brain multi-modal imaging phenotypes based on GWAS summary statistics of EUR ancestry from the UK Biobank (UKB) study (N_{GWAS} =32,620) and evaluated their performance on hold-out independent UKB samples of EUR ancestry (N_{val} =5,020);

b. 29 binary disease phenotypes based on GWAS summary statistics of EUR 1 2 ancestry from the FinnGen study (a total of 333,355 cases and controls on average) 3 and evaluated their performance on UKB samples of EUR ancestry (23,048 cases on average); and c. 2,734 Olink plasma proteins based on GWAS summary 4 5 statistics of EUR ancestry from the UKB-PPP project (N_{GWAS} =40,852) and evaluated their performance on hold-out independent UKB samples of EUR 6 7 ancestry (N_{val} =2,731). We used half of the UKB validation samples for individual-8 level parameter tuning and the remaining half to report AUC (for binary disease phenotypes) and prediction R^2 (for continuous phenotypes) for both our pseudo-9 10 training approach and the individual-level tuning data-based training approach. 11 Here rfMRI stands for resting-state functional MRI, dMRI stands for diffusion MRI, 12 and sMRI stands for structural MRI. Detailed data information and results are 13 summarized in Supplementary Tables 4-9.

14

Fig. 6: Evaluation of Multi-ancestry PRS Pseudo-training by Simulation Studies and Applications on Various Phenotypes and Data Sources.

a. Results show the comparison of the PRS trained by pseudo-training methods 17 (*R*²_{sum}, PROSPER-Single-pseudo and PROSPER-pseudo) with PROSPER-Single 18 PRS and PROSPER PRS trained with individual-level tuning datasets (R^{2}_{ind}) on **a**. 19 simulated datasets under different settings of heritability, negative selection 20 patterns, and causal genetic variant proportions assuming a 100,000 GWAS 21 22 sample size for EUR and varying GWAS sample sizes for each non-EUR population (15,000, 45,000, or 80,000) with 2,500 tuning samples for individual 23 data-based parameter tuning and 2,500 validation samples for calculating 24 25 prediction R^2 for the various models; **b**. Four blood lipid phenotypes based on 26 GWAS summary statistics of EUR, AFR, AMR, EAS, and SAS ancestries from the GLGC study (N_{GWAS} =33,658-930,671) and evaluated their performance on 27 independent UK Biobank (UKB) samples (N_{val}=1,752-19,030); and 382 brain 28 29 diffusion MRI (dMRI) phenotypes based on GWAS summary data of EUR ancestry from the UKB study (N_{GWAS} =28,626-32,744) and GWAS summary data of EAS 30 ancestry from the CHIMGEN study (N_{GWAS} =7,058) and evaluated their 31 32 performance on hold-out independent UKB samples (N_{val} =4,955 for EUR and

- 1 N_{val} =413-444 for EAS, half for parameter tuning for the original PROSPER method
- 2 and the remaining half for calculating R^2 for all models). **c.** Comparison of the
- 3 performance of multi-ancestry method, PROSPER-pseudo, and its single-ancestry
- 4 analogue, Lassosum2-pseudo, on the 382 dMRI phenotypes. Detailed data
- 5 information and results are summarized in Supplementary Tables 11-14.





a. Individual-Level Tuning Sample Size = 1000



b. Individual-Level Tuning Sample Size = 400





c. Individual-Level Tuning Sample Size = 100

Fig. 3

UKB Body Imaging Phenotypes





UKB Brain Imaging Phenotypes





