

Application of next generation sequencing-based rapid detection platform for microbiological diagnosis and drug resistance prediction in acute lower respiratory infection

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Background: Acute lower respiratory infections (ALRIs) have a high mortality rate. We aimed to apply a platform that rapidly detects 36 microorganisms and 49 antibiotic resistance markers in the clinical diagnosis of ALRI and drug resistance prediction.

Methods: Multicenter collection of clinical samples from patients with ALRIs was carried out from 2017 to 2018. Sputum culture (SC) was performed, which provided two outcomes: the detected pathogens and the resistance to different antibiotics. Additionally, each sputum sample was used to extract deoxyribonucleic acids (DNAs) followed by high-throughput sequencing.

Results: Eleven commonly observed pathogens were surveyed, and for all samples with positive SC results (137 cases), the overall coverage was 95.62% according to the sequencing results. The receiver operating characteristic (ROC) curve was drawn, and cutoff reads of the most frequently detected pathogens were acquired. Overall, sequencing exhibited significantly higher sensitivity in the detection of pathogens compared with the traditional SC method, with a generally satisfactory specificity. Furthermore, we investigated the correlation between antibiotic resistance gene phenotypes and the actual outcomes of the drug sensitivity test, and some significant correlations were found, especially for the resistance to Amikacin in the presence of *blaOXA7*.

Conclusions: Sequencing-based sputum metagenomics can reveal a profile of the lung pathogen microbiome. The sequencing method offers both sufficient accuracy and significantly higher sensitivity in the detection of pathogens, and can be at least a complementary approach to traditional SC reporting. The sequencing technique also revealed some novel potential correlations between the presence of different pathogens, as well as new antimicrobial-resistant genes.

Keywords: Acute lower respiratory infection (ALRI); microorganisms; next generation sequencing (NGS); drug resistance; antibiotic

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Introduction

Acute lower respiratory infections (ALRIs) are common diseases worldwide, and have a high mortality rate, especially in children, where they account for approximately 30% of child deaths (1-3). Generally, ALRIs are caused by microbial organisms such as bacteria, viruses, mycoplasma, chlamydia, and legionella. At present, there are two major concerns with regards to ALRI detection and treatment. Firstly, the traditional sputum culture (SC) diagnosis has a low sensitivity in probing many microorganisms (4,5). Secondly, the qualified sputum comes from lower respiratory tract, as it passes through mouth, the microbes located in oral cavity may contaminate the sputum. Also, severe acute bacterial infections are an enormous and growing healthcare burden, and they typically lack timely diagnosis and evade adequate therapy in around 40% of clinical cases. Besides the common microorganisms, there are numerous pathogens that are difficult to detect, such as Mycoplasma pneumoniae, Chlamydia pneumoniae, Aspergillus niger, Cryptococcus neoformans, Pneumocystis carinii, Adenovirus, Human Bocavirus, Cytomegalovirus, and the Epstein-Barr (EB) virus. Many of these organisms are fastidious pathogens, but conventional culture methodologies (like SC) exhibit a low detection rate. Given the difficulties of pathogen identification in infectious diseases, there is a pressing need for alternative diagnostic methods that are rapid and easy with batch processing features to detect multiple microorganisms.

The problem of antibiotic abuse has become prominent, especially in China, and emerging pathogenic bacteria have developed resistance to single and even multiple antibiotics (6-9). Moreover, super bacteria, including methicillinresistant Staphylococcus aureus (MRSA) (10,11), multidrugresistant Streptococcus pneumoniae (MDRSP) (12), and multidrug resistance Acinetobacter baumannii (MRAB) (13) have recently emerged and rapidly developed a high prevalence. According to drug resistance monitoring data in China, up to 33% of isolated strains in 3-A grade hospitals are multi-drug resistant (14).

As has been widely reported, inappropriate antibacterial treatment can increase the mortality of respiratory infections (15,16). An early prediction of antibiotic resistance prior to treatment can largely improve the antibiotic treatment outcomes. To address the diagnosis and resistance prediction challenge in ALRI patients, we applied a platform that rapidly (within 16 hours) detects 36 microorganisms as well as 49 antibiotic resistance markers. Our findings exhibited

significant advantages of the sequencing method compared with conventional SC methods. Next generation sequencing (NGS) could minimize the effect of contamination in sputum test. As the microbes colonized in oral cavity are mainly irresponsible to lower respiratory tract, they are not included in our pathogen-targeted panel, so the non-pathogen microbes would not disturb the result. In addition, doctors could judge which pathogens detected in our result could be mainly responsible for the symptom of the patient according to other clinical evidence.

We present the following article in accordance with the MDAR reporting checklist (available at http://dx.doi.org/10.21037/atm-20-7081).

Methods

Study population

This prospective study was approved by the Ethics Review Committee of the Second Hospital of Hebei Medical University (No. 2016150), and all the patients were given the informed consent before participated in. The procedures performed involving human were in accordance with the Declaration of Helsinki (as revised in 2013). Multicenter collection of clinical samples from patients with ALRIs was carried out from 2017 to 2018. The inclusion criteria were as follows: patients with obvious symptoms of lower respiratory tract infection, including: (I) pneumonia patients; any of following symptoms or signs: fever (>38 °C), suspension of breathing, shortness of breath, bradycardia, wheezing, coughing, dry snoring, and chest images showing new or progressive exudation, solid shadows, cavity or pleural effusion, etc.; (II) tracheitis or tracheobronchitis patients; two of the following symptoms or signs were observed: cough with increased sputum, dry voice, wheezing, respiratory distress, apnea, or bradycardia, but the patient showed no clinical symptoms or X-ray evidence of pneumonia; and (III) other infections of the lower respiratory tract based on lung radiographic examination, such as lung abscess or empyema.

The clinical data of each patient was recorded, and the blood and sputum samples were collected upon admission to hospital. The SCs were performed in the laboratory, which provided two outcomes: the detected pathogens and the resistance to different antibiotics (including Piperacillin, Ampicillin, Ampicillin/Sulbactam, Piperacillin/tazobactam, Cefoperazone/Sulbactam, Cefoperazone, Cefotaxime, Cefepime, Cefazolin, Cefuroxime axe, Ceffuxin

Table 1 All of the target pathogens covered in sequencing and SC detection

| Gram-positive bacteria | Gram-negative bacteria | Fungi | Other pathogens |
|--|------------------------------|-------------------------|-----------------------|
| Staphylococcus aureus | Escherichia coli (E. coli) | Candida albicans | Mycoplasma pneumoniae |
| Staphylococcus epidermidis | Klebsiella oxysporum | Candida glabrata | Chlamydia pneumoniae |
| Streptococcus pneumoniae | Klebsiella pneumoniae | Candida parapsilosis | Adenovirus |
| Streptococcus mutans | Serratia marcescens | Candida krusei | Bocavirus |
| Streptococcus pyogenes | Haemophilus influenzae | Pneumocystis | Epstein-Barr virus |
| Streptococcus agalactiae | Moraxella catarrhalis | Aspergillus niger | Cytomegalovirus |
| Listeria monocytogenes | Pseudomonas aeruginosa | Aspergillus terreus | |
| Mycobacterium tuberculosis complex group | Acinetobacter baumannii | Aspergillus fumigatus | |
| Enterococci | Legionella pneumophila | Aspergillus flavus | |
| | Stenotrophomonas maltophilia | Cryptococcus neoformans | |
| | Enterobacter cloacae | | |
| | Bordetella pertussis | | |

sodium, Cefotitan, Ceftazidime, Ceftriaxone, Aztreonam, Meropenem, Imipenem, Biapenem, Amikacin, Gentamicin, Tobramycin, Ciprofloxacin, Levofloxacin, Nitrofurantoin, etc.). Additionally, the sputum sample was used to extract deoxyribonucleic acids (DNAs) followed by high-throughput sequencing.

Pathogen targets

All of the relevant pathogens explored in sequencing and SC are listed in *Table 1*. The results of the SC were used for comparison, and the suspected results based on sequencing data were used to analyze efficacy, including sensitivity and specificity.

Sequencing for rapid detection of microorganisms and antibiotic resistance genes

The Curetis UnyveroTM System was used for rapid detection of microorganisms and antibiotic resistance genes. The sputum was liquefied by adding dissolving solutions if necessary. After the addition of 200 µL of a qualified sputum sample, the sample tube was loaded into the Lysator and treated according to a preselected protocol fully automatically. The UnyveroTM Sample Tube Cap seals the UnyveroTM Sample Tube, and contains Proteinase K, Lysozyme, Staphylococcus lysozyme, snail enzyme, and an

internal control gene for the quality control of the entire workflow for each sample.

In combination with the lysis buffer and Proteinase K, liquefaction of each sample was performed within 30 min and all potentially infectious pathogens were inactivated. Following lysis, the Biotek extractor was applied to extract nucleic acids automatically. The nucleic acids were quantified by the Unyvero system and then amplified by polymerase chain reaction (PCR). The PCR assay consisted of multiplexed primer sets in combination with primers for an internal process control. The product was purified using the magnetic bead method to complete the establishment of targeted capture and sequencing libraries. The qualified DNA libraries were sequenced on the Illumina highthroughput sequencing platform. Sequencing data were automatically normalized based on the amplification calibration coefficient. A total of 10,000 sequencing reads were analyzed for each sample. Overall, if the pathogenic reads of a microorganism were below 100, it was regarded as negative (at the sequencing level), or otherwise reported as positive.

Statistical analysis

Data were analyzed using SPSS 22.0 software. For comparison of frequencies of the categorical data, Pearson chi-squared (χ^2) test or Fisher's exact test were used.

Quantitative data were compared between the two groups using a t test (in normal distribution) or a non-parametric test (Mann-Whitney Test, not in normal distribution). The correlation between the reads of two pathogen markers was analyzed and expressed as the Spearman r values. A receiver operating characteristic (ROC) curve was drawn to acquire the optimal threshold in predicting the positive outcome of a specific pathogen. For all presented data, P<0.05 was considered statistically significant.

Results

Patient characteristics and clinical samples

As shown in Figure 1A, the SC revealed 147 patients with clear pathogens and 148 with no pathogens (from a total cohort of 295 subjects). An overwhelming majority of patients in the pathogen group were found with a single pathogen [105], 27 patients had two compound pathogens, and 15 patients had three Gram-negative bacteria. In the single pathogen group, Klebsiella pneumoniae exhibited the highest frequency (32 cases), followed by Pseudomonas aeruginosa (20 cases), Stenotrophomonas maltophilia (11 cases), and Candida albicans (nine cases). The most frequently observed outcomes are listed in Figure 1B.

Performance of sequencing results focusing on SC outcomes

We also assessed the coverage of the sequencing results focusing on all SC positive samples. Eleven commonly observed pathogens (Acinetobacter baumannii, E. coli, Klebsiella pneumoniae, Staphylococcus aureus, Pseudomonas aeruginosa, Stenotrophomonas maltophilia, Haemophilus influenzae, Candida albicans, Candida glabrata, Serratia marcescens, and Aspergillus) were surveyed, and for all SC positive samples (137 cases) the overall coverage was 95.62% (131 cases) according to the sequencing results. The SC positive cases and sequencing findings, as well as the percent coverage (sequencing positive case number/ SC case number) are presented in Figure 2A. For most SC positive pathogens, the sequencing result showed a 100% coverage, which suggests that this is a satisfactory detection method.

Subsequently, we observed some special pathogens that are difficult to detect using the normal SC method but have a high clinical severity. The sequencing method exhibited notable superiority, especially for *Streptococcus pneumoniae*, *EB virus*, and *Cytomegalovirus* (*Figure 2B*). This result

strongly suggests that sequencing diagnosis is efficacious for pathogen recognition, especially for those difficult to observe using the traditional SC method.

To explore the accuracy threshold of commonly-observed pathogens, we applied ROC curves and calculated the cutoff reads for diagnosis of the most frequently detected pathogens (Figure 3). Here, SC outcomes were regarded as the actual results, and sequencing results (reads) were used as diagnostic references. For Klebsiella pneumoniae, the sequencing data provided an area under the curve (AUC) of 0.637 and an optimal cutoff value of 57 reads (Figure 3A). The sequencing method showed an AUC of 0.622, with an optimal cutoff value of 168 reads for the detection of Pseudomonas aeruginosa (Figure 3B). For the mucinous type of *Pseudomonas aeruginosa*, sequencing exhibited an extremely high AUC (0.986), with an optimal cutoff value of 9,677 (sensitivity =1, specificity =0.976), which suggests that at high reads, sequencing results are very useful to distinguish the mucinous Pseudomonas aeruginosa (Figure 3D). Moreover, the performance of sequencing in E. coli detection showed a high sensitivity and specificity, with an AUC of 0.96 and a recommended cutoff value of 17 reads (Figure 3C). However, the efficacy of the sequencing method was relatively low for the diagnosis of Candida albicans and Stenotrophomonas maltophilia (AUC =0.41 and 0.516, respectively). Overall, sequencing had much higher sensitivity in the detection of pathogens compared with the traditional SC method, with a generally satisfactory specificity.

Correlation between different pathogen markers

For the first time, we noticed that there were clear associations between different pathogen markers. Several common pathogens were analyzed using the Spearman method, and some significant relationships of their sequencing reads were observed, including Acinetobacter baumannii and Candida glabrata (Figure 4A), Acinetobacter baumannii and Klebsiella pneumoniae (Figure 4B), Mycoplasma pneumoniae and Candida albicans (Figure 4C), E. coli and Candida albicans (Figure 4D), Pseudomonas aeruginosa and Klebsiella pneumoniae (Figure 4E), Streptococcus pneumoniae and Klebsiella pneumoniae (Figure 4F), Klebsiella pneumoniae and Candida glabrata (Figure 4G), Klebsiella pneumoniae and Enterobacter cloacae (Figure 4H), Klebsiella pneumoniae and E. coli (Figure 41), Klebsiella pneumoniae and Streptococcus agalactiae (Figure 47), E. coli and Streptococcus agalactiae (Figure 4K), E. coli and Streptococcus mutans (Figure 4L),

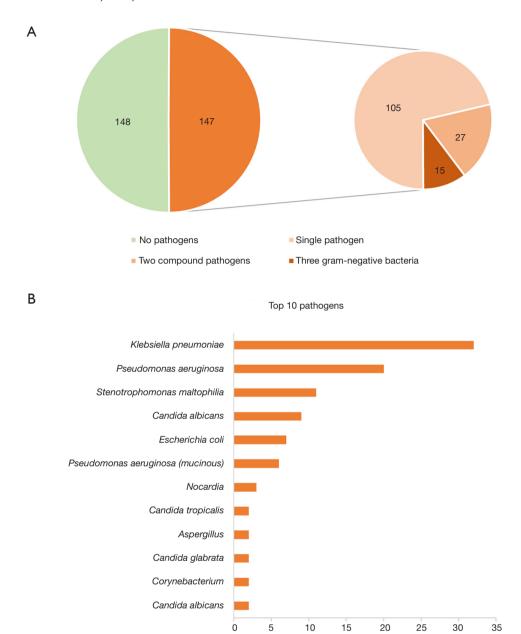


Figure 1 Patient characteristics and clinical samples. (A) The SC revealed 147 patients with clear pathogens and 148 with no pathogens (from a total cohort of 295 subjects). An overwhelming majority of patients in the pathogen group were found with a single pathogen [105], 27 patients had two compound pathogens, and 15 had three Gram-negative bacteria; (B) the most frequently observed pathogens. Klebsiella pneumoniae exhibited the highest frequency (32 cases), followed by Pseudomonas aeruginosa (20 cases), Stenotrophomonas maltophilia (11 cases), and Candida albicans (9 cases), etc. SC, sputum culture.

EB virus and Enterococcus (Figure 4M), EB virus and E. coli (Figure 4N), Adenovirus and Haemophilus influenzae (Figure 4O), and EB virus and pneumocystis (Figure 4P), among others. There were also positive correlations

between fungi results (for the limited positive number of fungi, such as *Aspergillus* or *Aspergillus niger*, data not shown), as well as associations between fungi and other pathogens. These correlations were seldom noticed in the

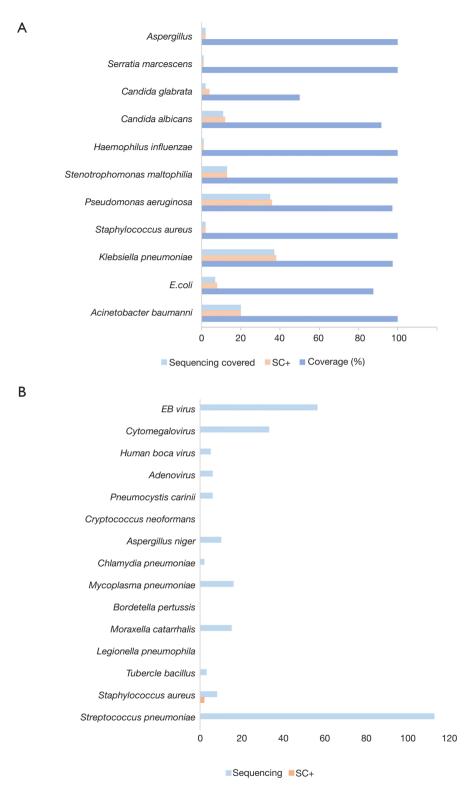


Figure 2 The coverage of sequencing results, focusing on all SC samples, and its high sensitivity in special pathogens. (A) Eleven commonly observed pathogens were surveyed, and for all SC positive samples (137 cases) the overall coverage was 95.62% (131 cases) according to the sequencing results; (B) differences between the sequencing and SC methods in the detection of special pathogens that are difficult to detect using the normal SC method, but exhibit a high clinical severity. SC, sputum culture.

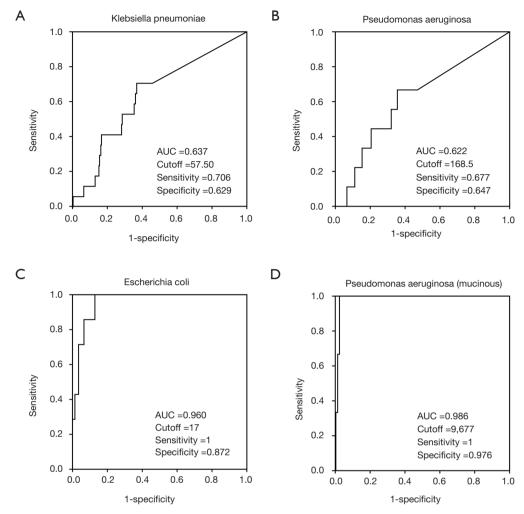


Figure 3 The ROC curves calculating the cutoff reads for diagnosis of the most frequently detected pathogens. (A) Klebsiella pneumoniae; (B) Pseudomonas aeruginosa; (C) E. coli; (D) mucinous Pseudomonas aeruginosa. ROC, receiver operating characteristic

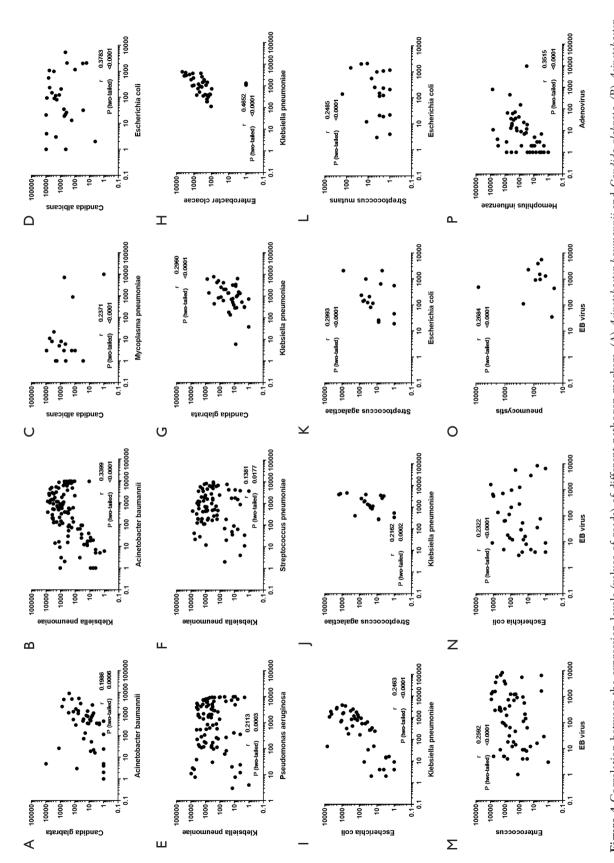
traditional SC method.

Performance of sequencing in antimicrobial-resistance prediction

Next, the sensitivity to different types of antibiotics in the SC were recorded. The current SC method is generally regarded as a benchmark for the diagnosis of drugresistant infections. However, studies that have surveyed the resistance-associated mutations in sputum samples are limited.

We also investigated the correlation between antibiotic resistance gene phenotypes and the actual outcomes of the drug sensitivity test. Detected samples were treated with multiple antibiotics, and were later divided into three groups: susceptible (S), intermediate (I), and resistant

(R). The observed significant correlations between antimicrobial-resistance and drug-resistance mutations were as follows: *OXA-58* family mutations and Piperacillin-Tazobactam (*Figure 5A*), *CcrA* and Cefepime (*Figure 5B*), *VIM* and Cefepime (*Figure 5C*), *CcrA* and Ceftazidime (*Figure 5D*), *blaOXA7* and Amikacin (*Figure 5E*), *OXA50* family and Ciprofloxacin (*Figure 5F*), *OXA51* family and Levofloxacin (*Figure 5G*), and *NMD* mutation was associated with Nitrofurantoin resistance (*Figure 5H*). This trend was most typical in the resistance to Amikacin in the presence of *blaOXA7*, which has not yet been reported. In particular, a sample (sample ID s8-35) was found to be *Methicillin-resistant Staphylococcus aureus* (MRSA), and showed a broadspectrum drug resistance (including towards Ciprofloxacin, Levofloxacin, Oxacillin, Erythromycin, Benzylpenicillin,



baumannii and Klebsiella pneumoniae, (C) Mycoplasma pneumoniae and Candida albicans, (D) E. coli and Candida albicans, (E) Pseudomonas aeruginosa and Klebsiella pneumoniae, (F) Streptococcus pneumoniae and Klebsiella pneumoniae, (G) Klebsiella pneumoniae and Candida glabrata, (H) Klebsiella pneumoniae and Enterobacter cloacae, (I) Klebsiella pneumoniae and E. coli, (J) Klebsiella pneumoniae and Streptococcus agalactiae, (K) E. coli and Streptococcus agalactiae, (L) E. coli and Streptococcus mutans, (M) EB virus and Enterococcus, (N) EB virus and Figure 4 Correlation between the expression levels (values of reads) of different pathogen markers. (A) Acinetobacter baumannii and Candida glabrata, (B) Acinetobacter E. coli, (O) Adenovirus and Haemophilus influenzae, (P) EB virus and pneumocystis. EB, Epstein Barr

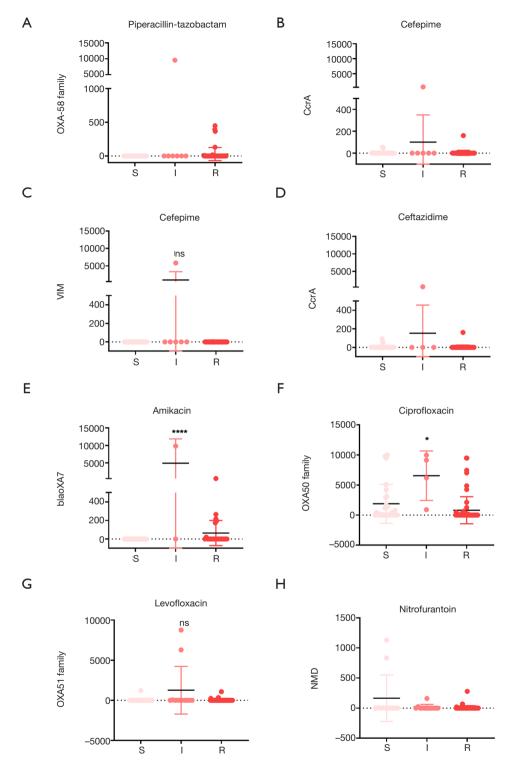


Figure 5 Performance of sequencing in antimicrobial-resistance prediction. Detected samples were treated with multiple antibiotics, and were later divided into three groups: susceptible (S), intermediate (I), and resistant (R). The observed significant correlations between antimicrobial-resistance and drug-resistance mutations were as follows: (A) OXA-58 family mutations and Piperacillin-Tazobactam, (B) CcrA and Cefepime, (C) VIM and Cefepime, (D) CcrA and Ceftazidime, (E) blaOXA7 and Amikacin, (F) OXA50 family and Ciprofloxacin, (G) OXA51 family and Levofloxacin, (H) NMD mutation associated with Nitrofurantoin resistance.

Tetracycline, Moxifloxacin, Clindamycin, etc.). As expected, *mecA* mutant was detected in this case. However, for most of the positive results, the sample sizes of the intermediate groups were small, and more evidence is urgently required to validate and confirm the current conclusion. Collectively, sequencing results can predict antibiotic resistance in advance, especially for the use of Amikacin.

Discussion

In the present study, we compared the detection results of the sequencing and SC techniques, and observed significant advantages of the sequencing method. First, sequencing has an overall satisfactory accuracy but can yield a markedly higher sensitivity for pathogen identification, especially in detecting *Streptococcus pneumoniae* and viruses. Also, for the first time, we identified some clear associations between different pathogen markers, which were seldom noticed in the traditional SC method. Finally, the sequencing approach exhibited a good performance in antibiotic resistance prediction.

PCR combined with sequencing had been used more than a decade ago for pathogen detection and drug resistance, particularly when targeting Mycobacterium (towards rifampin resistance) (17-20). In recent years, sequencing methods have been applied to detect viruses from sputum samples that might be associated with ALRI onset, without virus culture (21). More recently, there have been limited similar studies that used sequencing to identify pathogens. In 2018, scholars sequenced M. tuberculosis from 43 sputum samples by targeted DNA enrichment, and reported that direct sputum sequencing has the potential to provide more rapid comprehensive resistance detection than SC in clinical practice (22). In 2019, British researchers found that DNA directly sequenced from sputum samples had more within-sample diversity than that from culture, and resistance-associated variants could be probed in a timely manner. More importantly, genome sequencing may allow for the detection of pathogens that are not actively replicating (23). To date, sequencing-based platforms have been regarded as promising and user-friendly for pathogen detection and drug-resistant diagnosis (24), and have been applied in the detection and resistance assessment of tuberculosis, influenza A virus, and cystic fibrosis-related pathogens, among others (25-27).

Consistent with previous research, our results indicated that sequencing of sputum samples offers advantages in pathogen discrimination and also provides an early warning of antimicrobial resistance. Some novel links between gene polymorphism and antibiotic resistance were observed in this study. Taking the most typical association between Amikacin and *blaOXA7* as an example, we found, for the first time, that this phenotype may confer an Amikacin resistance, which may help to develop a more appropriate treatment strategy.

An interesting finding of our study is that there were significant and novel associations between different pathogens based on the sequencing results, yet these were not noticed in the traditional SC method. However, some findings are theoretically reasonable and consistent with known reports. For example, the markers of *Enterobacter cloacae* and *Klebsiella pneumoniae* were highly positively correlated (r=0.4652, P<0.0001), and it has been reported that they share some common mechanisms in spreading drug resistance, such as producing *NDM* (28-30), *OXA48* (28) and *VIM1* (31-33). Further studies can be conducted to explore the deeper mechanisms of the comorbidity, and our observations provide a new perspective in warning of specific pathogenic infection when another pathogen is diagnosed.

Though sequencing of sputum samples has such advantages, there are some possible reasons that could cause the deficiencies of identification. First, we used just one pair of primers to detect each pathogen. It might be not enough to cover all the clinical strains of the pathogen. A larger panel which contains three primer pairs for each pathogen we targeted is being developed. It might work better in further studies.

As to the problem of high cost, the multiplex-primerspanel-driven targeted pathogen screening could be the answer. It would use only several thousands of sequencing reads to finish the job while mNGS needs millions. The great reduction of cost could make the approach much more acceptable. The multiplex-primers-panel approach is much more sensitive on genotyping comparing with mNGS, such as drug resistance detection. Also the multiplex-primerspanel has such advantages, it still needs to be performed in well-managed PCR laboratories due to the susceptibility of contamination. Except for a few limited drug resistance genes, the biggest problem in molecular drug resistance gene diagnosis is the lack of sufficient clinical research data between many drug resistance genes and bacterial resistance phenotypes, thus making it difficult for these drug resistance genes to serve as resistance markers in clinical application. For resistance genes in the form of plasmid, molecular biological detection method cannot determine if the resistance genes came from disease-causing pathogens or nonpathogenic bacteria.

On all accounts, NGS exceeds traditional bacterial culture in many aspects. Though there still are much work to be done in the future, it's already proven to be a promising detection method to guide the treatment of acute lower respiratory infection.

Conclusions

In conclusion, sequencing-based sputum metagenomics can reveal a profile of the lung pathogen microbiome. The sequencing method is offers both sufficient accuracy and significantly higher sensitivity in pathogen detection, and can be at least a complementary approach to traditional SC reporting. The sequencing technique also revealed some novel potential correlations between the presence of different pathogens, as well as new antimicrobial-resistant genes.

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Footnote

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Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi. org/10.21037/atm-20-7081). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. This prospective study was approved by the Ethics Review Committee of the Second Hospital of Hebei Medical University (No. 2016150), and all the patients were given the informed consent before participated in. The procedures performed

involving human were in accordance with the Declaration of Helsinki (as revised in 2013).

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