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1. Introduction

Sodium silicate $(Na_2SiO_2)_nO$ is a fluid substance made by melting sand and excess alkali, which was first observed by

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chemist van Helmont in 1640. A well-known member of the series is sodium metasilicate, which is known as liquid glass, water glass and soluble glass. These compounds are glassy, colorless and soluble in water, which enhances their functional

Sodium silicate-derived aerogels: effect of processing parameters on their applications

Inorganic silica aerogels derived from sodium silicate are voluminous three-dimensional open networks with exceptional properties such as a density as low as \sim 100 kg m⁻³, high porosity (\sim 99%), low thermal conductivity (~0.01 W m⁻¹ K⁻¹), high specific surface area (~1000 m² g⁻¹), low refractive index (~1.05) and high optical transmittance (~95%) depending on their preparation conditions. They are processed through the sol–gel route, which is a reliable methodology to produce high-grade porous materials. Ambient pressure drying has been developed as a low-cost route for the preparation of sodium silicate-derived aerogels, overcoming the difficulties with the use of organosilane precursors and super critical drying. Silica aerogels can be hydrophobic or hydrophilic depending on their synthetic procedure and surface silanol groups. Owing to their unusual properties, these inorganic aerogels have been applied in both commercial and high-tech engineering applications such as thermal insulation, separation, coatings, optics, nuclear particle detection, sensing, and catalysis. This review provides information on the unique features of a wide array of silica aerogels and their potential applications and recent developments in the field of science and technology.

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properties. Due to their potential marketability, this class of compounds has found wide applications in the field of cements, paints, refractories, adhesives, aquaculture, etc. Silica porous materials derived from sodium silicate have been used widely as support materials and for high-tech engineering applications.^{1,2} Sodium silicate-based composite materials, gels, etc. have been well reported since the early 90 s.

For the synthesis of aerogels, sodium silicate has been recognized as a cost-effective silica source, outperforming its counterparts such as expensive alkoxide precursors. However, a major challenge in developing silica aerogels is their fragile nature owing to the presence of sodium ions compared to alkoxide-derived aerogels.³ Nevertheless, the affordable method of manufacturing and the market for aerogels make this type of material highly desirable. The normal method for the preparation of silica aerogels is the sol–gel process followed by super critical drying/ambient pressure drying. During the sol–gel process, a better understanding of the mutually dependent processing parameters such as the $Na₂SiO₃$: H₂O molar ratio, pH of the silica sol, time for aging and washing, solvent exchange process and use of silylating agents can produce good quality aerogels. Specifically, variations in these parameters determine the final properties of the product. Depending on the target application of the synthesized aerogel, a range of variation in the abovementioned parameters is observed. This review presents an in-depth analysis of the use of sodium silicate for the preparation of aerogels, the effect of the processing parameters, and the use of aerogels in different engineering applications. To understand the chemistry of aerogels, one must be knowledgeable about the underlying sol–gel process, which is discussed below.

2. Sol–gel process

The materials derived from the transformation of silica sols to gels and their subsequent drying deliver sol–gel silica porous materials belonging to the classes xerogels and aerogels. These

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two classes of materials start their journey from sol–gel chemistry, in which the precursors form tiny sol particles that are quite stable, showing the Tyndall effect, and their subsequent cross-linking result in the formation of semi-solid gels. These gels are given special names, which vary depending on the type of liquid that is trapped inside the pores such as 'hydrogel' for water-based gels and 'alcogel' for alcohol (methanol, ethanol, etc.)-based gels. A schematic of the routes followed for the sol– gel process as outlined by Brinker and Scherer⁴ is given below (Fig. 1).

The sol–gel process is used for the preparation of porous silica bodies whose properties such as pore size distribution, pore volume, surface area depend on the synthetic conditions. Metal alkoxides are popular precursors for gel processing because they react readily with water. Accordingly, numerous publications on the sol–gel synthesis of silica-based porous materials and membranes using alkoxides have been published over the years.2,5–⁹ However, the main drawback of alkoxide precursors is their high cost. In addition, most of these materials are highly reactive with water, and therefore only have a very short shelf-life. Furthermore, when inhaled, these alkoxide vapors undergo hydrolysis and are deposited as nanoparticles in the lungs and lining of the nasal membrane. Accordingly, a cheaper alternative to alkoxide precursors is the class of compounds known as water glass. Recently, sodium silicate has emerged from this class of precursors lately and has been exhaustively exploited due to its low cost and abundance. However, the gels formed are more fragile due to the presence of sodium and they require purification before their transformation for specific applications.

The sol–gel process is a two-step reaction, i.e., hydrolysis followed by condensation. In the first step, sodium silicate reacts with water in the presence of an acid to form silicic acid and a sodium salt, followed by polycondensation, delivering a silica gel as the final product. The polycondensation reaction can be assessed by Si nuclear magnetic resonance spectroscopy up to the sol–gel transition point, where the lines increase rapidly in width and become practically unobservable due to the low concentration of Si in the hydrogels. The gelation time is inversely proportional to the rate of gel formation. The mechanism was presented in detail in the study by M-Jose et al. in 1997.¹⁰ The effect of hydrophobic groups such as methyl-, dimethyl-, ethyl-, propyl- and phenyl-silanes on the textural properties of silica gels showed that xerogels prepared in the presence of a solvent water–acetone/acrylonitrile system possessed high surface areas and the samples prepared in the presence of water–ethanol/methanol system had increased hydrophobicity at pH 3.5.¹¹

The sol to gel transition begins with the formation of fractal aggregates, which grow until they begin to impinge on each other, and near the gel point, bonds form randomly between the nearly stationary clusters.⁴ In general, the formation of fractals and their aggregation significantly depend on the pH of the hydrolysis/condensation reaction and the concentration of the reactant solution. Several aggregation models by RLCA (reaction limited cluster aggregation), DLCA (diffusion limited cluster aggregation), etc. are possible and are discussed in detail

Fig. 1 Schematic route for the sol-gel process.⁴

elsewhere.4,9,12 Gels of any desired shape can be made by casting the sol in a mold. Even after the gelation point, the bond formation continues, followed by strengthening of the gel network by spontaneous expulsion of the pore liquid and shrinkage of the gel, which is called 'syneresis'. The process of change in the structure and properties after gelation is termed as aging. The unique characteristic of these gels, which cannot be obtained with conventional ceramics, is their porosity. Drying by evaporation under normal conditions gives rise to capillary pressure and shrinkage of the gel network, where the resulting gel, which is called a 'xerogel', usually has 5 to 10 times less volume than the wet gel. Under super critical conditions, there is no capillary pressure and less shrinkage is observed and the product is termed 'aerogel', which is usually \sim 99% porous.⁴

3. Silica aerogels from sodium silicate

The fascinating discovery of a silica aerogel from sodium silicate by Samuel Kistler occurred in the fall of 1920 during his interest in the research carried by Dr E. L. Alling of Stanford University about the crystallization of amino acids from solution. The accidental discovery of the world's first aerogel was assumed to occur during his investigations on the precipitation of compounds from solution as their critical point approaches. This enigmatic discovery was first documented in Nature publications in 1931.¹³ Subsequently, the detailed report was published in the *J. Phys. Chem.*.¹⁴ The first commercial aerogel entered the market in the 1950s under the trade name Santocel, a Monsanto Corp. product. Santocel had an air volume of 94%, thermal conductivity of 0.015 W m^{-1} K⁻¹ and bulk density of 0.096 g cc^{-1} . This product found many uses in civilian and military applications such as thermal insulating materials,

thickening agents, and ingredient for the manufacture of silicon rubber. This product was followed by other similar products such as Aerosil and Cabosil, which are fumed silica products from silicon tetrachloride. However, there are several drawbacks associated with the commercial production of aerogels. The use of super critical drying (for ethanol $T_c = 516$ K and $P_c = 63$ bar) affects the cost efficiency, continuity and safety of the process due to the high temperature and pressure required to reach the critical point. Even low temperature super critical drying ($T_c = 304$ K and $P_c = 73$ bar) using liquid CO₂ requires considerably high pressures. Furthermore, the condensation of moisture in the hydrophilic network results in a deterioration in insulating properties and capillary stressinduced collapse of the aerogel network.¹³ Also, the inability to meet cost/performance indicators compared to other materials used in similar fields has unofficially put an end to the aerogel industry.

The niche area of aerogels was long forgotten until Brinker came up with the ambient pressure drying technique for tetraethylorthosilicate (TEOS)-based aerogels. Specifically, the samples were dried at room temperature for 24 h followed by drying at 323 K for 24 h. The resultant ambient pressure aerogels possessed a BET surface area of 869 $\mathrm{m^2}$ $\mathrm{g^{-1}}$, density of 0.318 g cc^{-1} , large pore volume and striking similarities in morphology to that of super critical aerogels. The structural stability in these materials is due to their hydrophobic nature.¹⁵ Thus, ambient pressure drying emerged as an alternative and attractive method for the commercial production of silica aerogels. Thereafter, several research groups developed silica aerogels from low cost precursors such as sodium silicate,¹⁶⁻²² where the popular was made by Schwertfeger et al. in 1998.^{8,23} They prepared silica aerogels by passing sodium silicate through ion exchange resins to replace the Na⁺ ions with H⁺

Fig. 2 Different grades of silica aerogels: (i) silica (a) hydrogel and (b) aerogel beads;³⁹ (ii) ambient pressure dried silica aerogel granules well modified by TMCS;⁴¹ (iii) spring back effect during the ambient drying of surface-modified gel;²⁰ (iv) transparent micro-silica aerogel beads;⁴² (v) (a) TMCS modified (10% V) and (b) unmodified mesoporous silica aerogel beads, and (c) photograph showing the super hydrophobicity of the aerogel beads on the surface of water;⁴³ (vi) silica aerogels prepared by (a) single step and (b-d) two-step sol-gel process;⁴⁴ (vii) aerogel membranes;⁷ (viii) mesoporous silica aerogels heat treated at different temperatures (a) untreated, (b) 300 °C, (c) 500 °C, and (d) 800 °C,⁴⁵ (ix) (a) silica alcogel spheres and (b) aerogel particles after ambient-pressure drying;⁴⁶ and (x) aerogels prepared by (a) co-precursor, (b) surface derivatization and (c) two-step modification.⁴⁷

Table 1 Physical properties of silica aerogels synthesized from sodium silicate by di

Table 1 Physical properties of silica aerogels synthesized from sodium silicate by different researchers^a

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Table 1 (Contd.)

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hexamethyldisilazane, HMDSO – hexamethyldisiloxane, MTES – methyltriethoxysilane, MTMS – methyltrimethoxysilane, MTES – methyltriethoxysilane, DMCS – dimethylchlorosilane, DMDC

dimethyldichlorosilane, VTMS – vinyltrimethoxysilane, PTMS – phenyl trimethoxysilane, PTES – phenyl triethoxysilane, DMDMS – dimethyldimethoxysilane, TMMS –

trimethylmethoxysilane, BTSA – bis(trimethylsilyl) acetamide, HMDZ – hexamethyldisilazane, and FAS – uoroalkylsilane.

Table 1 (Contd.)

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ions, followed by a sol–gel transition and ambient pressure drying. Silicic acid with high purity can be obtained by passing sodium silicate through ion exchange resin.²⁴ However, the use of ion exchange resin is a costly and time-consuming process. Aerogels were also prepared without prior ion exchange to produce silica aerogel powders via fluidized bed drying, possessing properties such as a tapping density value as low as 0.05 g $\rm cc^{-1}$, high specific surface area of 783 $\rm m^2$ $\rm g^{-1}$ and cumulative pore volume of 1.79 $\text{cm}^3 \text{ g}^{-1}$.¹⁷ The hydrolysis and condensation occurred according to reactions (1) and (2) as follows:¹⁶

Hydrolysis:

$$
Na2SiO3 + H2O + 2CH3COOH \rightarrow Si-(OH)4 + 2CH3COONa
$$
\n(1)

Condensation:

$$
Si-(OH)_4 + (HO)_4-Si \rightarrow (HO)_3-Si-O-Si-(OH)_3 + H_2O \qquad (2)
$$

Initially, sodium silicate was dissolved in distilled water and a homogenous sol was prepared via the dropwise addition of acidied water to form silicic acid and a sodium salt. This is the initial hydrolysis stage in which Si–OH bonds are formed. Subsequently, a condensation step occurs via the expulsion of water to form a highly cross-linked gel network called a 'hydrogel' in which water is entrapped in the porous network. These hydrogels are highly sensitive to the outside atmospheric conditions, and hence proper aging is required to strengthen the gel network. The presence of sodium ions will induce brittleness in the gel. Thus, to tackle this issue, the aged gel is washed several times with a surplus amount of water to remove the $Na⁺$ ions. Then the water in the pores is replaced with any suitable organic solvent to form alcogels. Surface functionalization with different silanes induces hydrophobicity and helps to minimize the surface tension and prevent cracking of the final product.¹⁶⁻²¹ Sodium silicate extracted from biomaterials

such as rice husk,²⁵⁻²⁹ rice husk ash,³⁰⁻³² wheat husk ash,³³ bamboo leaves,³⁴ bagasse ash,³⁵ fly ash,³⁶ and fly ash acid sludge^{37,38} have also been used for the synthesis of aerogels. In these cases, silica is extracted from the precursors as sodium silicate by boiling in NaOH solution. Aerogels with a density of 0.33 g cm⁻³ and surface area of 648 m² g⁻¹ can be prepared from ash through this method.²⁵ Industrial grade sodium silicate can also produce aerogels having a surface area of around 649 m² g^{-1} (Fig. 2(i)).³⁹ Oxalic acid has also been used as a drying control chemical additive to improve the physical properties of sodium silicate aerogels. Aerogels with a molar ratio of 15 \times 10⁻⁴ oxalic acid to Na₂SiO₃ showed enhanced properties such as high porosity of 94.3%, high specific surface area of 623.2 $\mathrm{m^2\,g^{-1}}$, low density of 0.1 $\mathrm{g\,cm^{-3}}$ and high optical transmittance of 75%.⁴⁰ Fig. 2 shows various grades of silica aerogels synthesized under different operating conditions and modifications.

4. Key parameters for the preparation of gels

Different parameters such as the molar ratio of $Na₂SiO₃$ to $H₂O$, pH of the medium, drying method and conditions have a considerable effect on the physical properties of the final gel product, each of which are described in detail below. The silica aerogels synthesized by different researchers and their physical properties are presented in detail in Table I.

4.1 Na₂SiO₃: H₂O molar ratio

The Na_2SiO_3 : H_2O molar ratio, which reflects the silica content present in the gels, is an important factor in the preparation of sodium silicate gels. As the molar ratio increases, the $SiO₂$ content in the sample increases, thereby generating a strong network of Si–O–Si bonds. Owing to the larger syneresis effect in these gels, rapid expulsion of the pore liquid occurs. This marks

Fig. 3 Graph showing the variation in gelation time and volume shrinkage with Na₂SiO₃/H₂O molar ratio.⁴⁸

Fig. 4 Silica aerogels dried at ambient pressure for different aging times and at different temperatures.⁵³

in a decrease in the gelation time and bulk density of the aerogels. In the study done by Rao et al. in 2004,⁴⁸ for a molar ratio $> 8.86 \times 10^{-3}$, no shrinkage of the gel network was observed. When the molar ratio decreased, the gelation time became considerably slow, and an excess number of hydroxyl groups resulted in the formation of a sol, which hindered the crosslinking of the siloxane networks (Fig. 3). Diluting the sodium silicate with too much water will result in loose linkages, causing poor mechanical strength and collapse of the gel during ambient pressure drying (Fig. 2(ii)).⁴¹ When the $SiO₂$ content increased, the bulk modulus of the gel was high and less shrinkage occurred, and consequently the density was lower. However, with an increase in pore size, the optical transmission decreased. The maximum optical transmission was observed for a molar ratio of less than 4×10^{-3} .⁴⁸ The percentage porosity and pore volume of the gel increased with an increase in the molar ratio of $Na₂SiO₃$: H₂O.

4.2 Effect of sol pH

The gels formed from water glass can either be acidic or basic gels depending on the methods used to initiate the gelation process. The two common ways include the addition of a Bronsted acid for partial neutralization of the sodium silicate solution or the use of ion-exchange resin to replace the $Na⁺$ ions with H^+ ions, forming a silicic acid solution and initiating gelation by the addition of a Lewis base or Bronsted base. The gels form faster at intermediate pH values.⁹

When the pH is >4, the gelation time and density of the gel decrease, whereas the porosity of the aerogel increases above 95%. When the pH is <4, a higher gelation time and density and lower porosity (<90%) prevail. At pH <4, the sodium silicate solution exists in the silicic acid form, *meta*-silicic acid H_2SiO_3 and *ortho*-silicic acid H_4SiO_4 . The small silicic acid oligomers undergo stepwise condensation to produce a large number of Si–O–Si linkages. The gelation time is longer and the chance of the silica particles fusing is much less. From pH 3 to 8, the gels range from transparent and semi-transparent to opaque. A saturated water glass solution has a density in the range of 1.4 g cm⁻³ and pH \sim 13. At pH >10, sodium silicate is the

dominant species, and hence the condensation reaction will be slow, resulting in competition between the forward and backward reactions. Thus, water glass solutions do not gel at high pH.⁹ In the work done by Sarawade et al. in 2006, the 'gel point' is defined at around pH_2 , at which the silica monomer begins to form a gel network and the viscosity of the sol increases and gelation occurs.49,50 Here, the gelation time is minimum and the surface is partly occupied by $Si-O^-$ groups. At this point, the aggregation is diffusion limited.⁵¹ Thus, in conclusion, the condensation and gelation of silica preferably occur in the pH range of 5-9.9

4.3 Effect of aging, washing and solvent exchange

The aging of the gel after synthesis helps to strengthen the silane network, thereby reducing the chance of the gel cracking. With an increase in the aging time, the density of the gel decreases to a critical point, beyond which the density increases. A freshly formed gel is very fragile and sensitive to the external atmosphere. Even after gelation, polycondensation continues and aging of the gel causes thickening of the network owing to the dissolution and reprecipitation of the silica oligomers. Thus, only minimum shrinkage occurs, resulting in low density aerogels. When the aging time increases beyond 1 h, more connecting bonds are formed and the network contracts again, which leads to shrinkage of the gels together with the syneresis of the liquid, Ostwald ripening, and segregation,⁴⁸ and hence an increase in density.⁵² Iswar et al. in 2016 observed that the aging of gels within the gelation liquid without any solvent exchange could produce low density silica aerogels by ambient pressure drying and post treatments with strengthening agents such as TEOS/TMOS. With an increase in aging time and temperature, the bulk density and surface area of the aerogel decrease (Fig. 4).⁵³

The washing of the gel after aging is a crucial step to eliminate the $Na⁺$ ions from the system. When sodium ions are present, they induce brittleness in the gel and subsequent cracking. The greater the extent of washing, the lower the content of Na⁺. Gurav et al. used water vapour to remove the Na⁺ ions from the system by passing the vapors through a hydrogel.

Fig. 5 Graph showing the change in density with the water vapour passing period and gel aging period.⁵²

Table 2 Characteristic FTIR peaks of silica aerogels^{47,54,55}

For the gels prepared with the Na_2SiO_3 : $H_2O: C_4H_6O_6$ molar ratio of 1 : 166.6 : 2.5, with an increase in the vapour passing period from 0.5 to 2 h, the bulk density increased from 0.066 to 0.136 g cm^{-3} . As the pressure exerted by the vapour increases, the stress on the gel increases. Hence, shrinkage occurs until the bulk modulus of the gel network increases up to certain limit to resist the applied vapour pressure (Fig. 5).⁵²

The water flows through the gel according to Darcy's law, as shown by eqn (3),

$$
J = \left(\frac{D}{\eta_{\rm L}}\right) \nabla P \tag{3}
$$

where η_L is the viscosity of the liquid, D is the gel permeability and ∇P is the pressure gradient.⁵²

For the solvent exchange process, alcohols are considered as the ideal choice, where during the change over from the protic to aprotic phase, due to the bifunctional nature of alcohols, they promote the miscibility between the aqueous and organic phase. The physical properties of the final material depend considerably on the type of solvent chosen, as shown in Table I. In the work by Rao et al. in $2008₁²¹$ solvents with lower vapor pressure and low surface tension produced low density aerogels. When the surface tension is low, the capillary pressure exerted will be lower. The capillary pressure depends on the surface tension of the pore liquid, ' $\gamma_{\rm LV}$ ', pore radius, ' $r_{\rm p}$ ', and thickness of the surface adsorbed layer, $'t'$, as given eqn (4) :⁴

$$
P_{\rm c} = -\frac{2\gamma_{\rm LV}}{\left(r_{\rm p} - t\right)}\tag{4}
$$

4.4 Effect of silylating agents

To make the whole synthesis procedure economical, it is important to identify the minimum amount of silylating agents needed per $SiO₂$. In a study done using the surface modification agent HMDS, at an HMDS : $Na₂SiO₃$ molar ratio of less than 4, the density of the gel decreased from 0.117 to 0.095 $\rm g \ cm^{-3}.$ With an excess molar ratio, the density increased beyond 0.2 g cm^{-3} and the optical transmittance decreased to less than 20%. This is due to the increase in steric hindrance, which leads to structural collapse and opacity of the aerogel.¹⁶ The physical properties of the hydrophobic aerogels synthesized with different silylating agents were documented by Rao et al. in 2007 $(Table I).$ ⁵⁴

The properties of the aerogels synthesized are listed in Table II below. Extensive research has been conducted on different mono(methyltrimethoxysilane) (MTMS), methyltriethoxysilane (MTES),⁴⁷ vinyltrimethoxysilane (VTMS), phenyl trimethoxysilane (PTMS), phenyl triethoxysilane (PTES)), di(dimethyldimethoxysilane) (DMDMS), tri(trimethylmethoxysilane) (TMMS), trimethylchlorosilane (TMCS),^{20,33,35,37,39,41,55,56} bis(trimethylsilyl) acetamide (BTSA), hexamethyldisilazane (HMDZ),⁵⁷ and hexamethyldisiloxane (HMDSO)^{20,45} alkyl silylating agents by various research groups.⁵⁴ To avoid the use of TMCS, which forms HCl after silylation, trimethyl ethoxy silane (TMES) was explored instead. The physical properties of the aerogel were improved on surface modification with a combination of TMCS and TMES compared to the unmodified aerogel.⁵⁸ The mixing time of the silylating agents with the silica precursors reportedly influenced the surface area of the silica aerogels.³⁵

With an increase in the silylation period, the aerogel density and thermal conductivity decreased, whereas the porosity and hydrophobicity increased.¹⁹ With an increase in the alkyl groups in the silylating agents, the density of the aerogels decreased, and the pore volume and % porosity increased. This can be explained based on the attachment of the Si–R groups on the surface of the silica, resulting in a hydrophobic surface.

The surface modification reaction is given as eqn (5) :

$$
4 - n \left(\equiv Si - OH \right) + (RO)_{4-n} SiR_n \rightarrow \left(\equiv Si - O\right)_{4-n} Si - R_n + (4 - n) ROH
$$
\n(5)

\nsilica gel

\nsilylating agent

\nsurface modified silica gel

\nalcohol

For unsilylated hydrophilic silica aerogels, the surface –OH groups start condensing, while drying leads to a shrinkage in the volume of the gels. The shrinkage happens until all the pore liquid has been evaporated, giving the final volume of the gel. The key factor determining shrinkage is the capillary pressure of the pore liquid. For cylindrical pores, the magnitude of the capillary pressure of the pore fluid is governed by eqn (6) :

$$
P_{\rm c} = -2\gamma \cos \theta / r_{\rm c} \tag{6}
$$

where P_c is the capillary pressure, γ is the surface tension, r_c is the characteristic capillary rise equivalent to pore size, r_p . For a wetting liquid (50°) , the magnitude is negative, indicating

that the liquid is in tension. Thus, the wet gel is washed with solvents or mixtures of solvents having different surface tensions to yield the desired shrinkage and the contact angle of most solvents appear to be $\sim 0^{\circ}$.^{54,59}

In case of silylated aerogels, the surface is modified to O-Si- $(CH₃)₃$. Here the % decrease in volume will be due to the expulsion of the pore liquid only. Also, when the drying temperature is increased, the $CH₃$ groups come closer, and a repulsive force occurs between each hydrophobic group, leading to a 'spring back' effect to the original volume (Fig. 2(iii)). The greater the intensity and surface modification with silylating agents, the lower the density and greater the porosity, as seen in Table I. The intensity in the surface modification decreases in the order of tri > di > mono alkyl silanes. For mono alkyl silanes, when the alkyl group is bulkier, the spring back effect is greater, and therefore the resulting gel is less dense. Therefore, the density of PTMS will be less compared to MTMS. The greater the spring back effect, the greater the pore size and particle size also.

5. Physical parameters determination

The refractive index of an aerogel is directly proportional to its density. Thus, the lower its density, the smaller its refractive index. The optical properties of aerogels are dependent on their pore size distribution, particle density and surface roughness. When the pore size is large, Rayleigh scattering will be greater, and hence the aerogels are seen as opaque. The particles in the aerogels will act as Rayleigh scattering centers and the scattering intensity is determined according to eqn (7),

$$
I = \frac{8\pi^4 r^6 n^2 - 1}{d^2 \lambda^4 n^2 + 2} \left(1 + \cos^2 \theta\right) \tag{7}
$$

where θ is the scattering angle, r is the pore size, λ is the wavelength of light, n is the refractive index and d is the distance between the particle and the detector. Thus, as the r value increases, the scattering intensity increases, thereby decreasing the optical transmission.⁸⁷ Aerogels containing more alkyl groups will show more surface silylation, resulting in a greater spring back effect, which leads to a larger pore size. Thus, as the pore size increases, it will promote light scattering, leading to the formation of opaque aerogels. Therefore, aerogels based on trialkyl silanes will have larger pores and are generally less transparent compared to monoalkyl silanes such as MTMS.⁵⁴ The optical transmittance can be controlled by washing the gels with NH4F and modifying them with silylating agents in the presence of an aprotic solvent.⁸²

Contact angle measurements are conducted to determine the hydrophobicity of aerogels. It has been found that as the length of the alkyl chain increases, the contact angle also increases. The excess organic groups help in improving the degree of hydrophobicity together with an increase in the compressive strength and toughness of the aerogels. Better hydrophobicity values were also reported by the incorporation of R –(OCH₃), where surface methyl groups help in improving the hydrophobicity. The % water absorption is more for MTMSbased aerogels as they have less organic groups compared to diand tri-alkyl chain silylating agents. If ' n ' is high, according to

With an increase in the alkyl chain length, the porosity is found to increase. The porosity and thermal conductivity exhibit an inverse relationship. As the porosity increases, the heat conducted by the solid network will be low given that a large porosity means less solid network, and hence a decrease in thermal conductivity. Specifically, the thermal conductivity increases with an increase in the bulk density of the aerogels. The thermal conductivity of MTMS and HMDZ aerogel is reported to be 0.164 and 0.091 W $m^{-1} K^{-1}$, respectively. Very low thermal conductivity (0.009-0.0002 W m^{-1} K⁻¹) hydrophobic aerogels from wheat husk ash were reported by Liu et al. in 2016. TMCS was used as the hydrophobic agent,³³ which together with PMMA could further improve the mechanical and structural properties of the aerogels.⁶⁴

The hydrophobicity of the aerogels are retained up to 325 $^{\circ}$ C, after which the Si-CH₃ groups get oxidized to Si-OH, which is established by the sharp exothermic peak in DTA. The weight will be greater with an increase in the alkyl chain length due to the presence of more organic groups.⁵⁴

In a recent study, modelling and optimization of the silica aerogel synthetic parameters were explored, where the response surface methodology employing the central composite design (CCD) method was chosen for modelling. The minimum density $(0.078 \text{ g cm}^{-3})$ aerogel was obtained under the constraints of 4.12 g L^{-1} silica concentration, 14.46 mL acid, and 10.39 mL TMCS. Furthermore, the material had a surface area of 780 $\text{m}^2 \text{ g}^{-1}$ under these conditions.⁸⁸

For cylindrical aerogel monoliths, their volume is calculated from the diameter and height of the aerogel and mass using a microbalance manually. The bulk density (ρ_b) is measured using the known volume and mass. To calculate the refractive index, thew Clausius–Mossotti formula is used as follows:

$$
n = \frac{3}{2} \frac{\rho}{\rho_{\rm S}} \frac{n_{\rm S}^2 - 1}{n_{\rm S}^2 + 2} = 1 + 0.19 \rho \tag{8}
$$

where *n* and n_s are the refractive indices, and ρ and ρ_s are the density of the aerogel and silica, respectively. Considering that n_s and ρ_s for silica are known to be 1.46 and 2.2 g cm⁻³, respectively, $n = 1 + 0.19\rho$ can be obtained.⁵⁴

The porosity and pore diameter of the aerogel can be determined from the pore volume values, both of which are calculated using the following formulas: $21,41$

$$
Pore volume(V_{pore}) = \left(\frac{1}{\rho_b} - \frac{1}{\rho_s}\right)
$$
 (9)

$$
Pore diameter (D_{pore}) = \frac{4V_{pore}}{S_{BET}} \tag{10}
$$

Fig. 6 Flow chart showing the preparation of silica aerogel beads.⁴³

where S_{BET} is the specific surface area.⁵³

$$
\text{Porosity}(\%)=\left(1-\frac{\rho_{\text{b}}}{\rho_{\text{s}}}\right)100\tag{11}
$$

where ρ_s is the skeletal density of the silica aerogel measured using a helium picnometer.⁴³

Contact angle (θ) measurements will give the hydrophobic nature of the aerogel using the formula

$$
\tan \theta/2 = \left(\frac{2I}{W}\right) \tag{12}
$$

where I is the height of the water droplet and W is the base width of droplet touching the aerogel surface.

The thermal conductivity of the aerogel can be measured using a C-T meter according to the following equation:

Thermal conductivity (k): $\Delta T = I^2 R / L 4 \pi k [\ln(t) + C]$ (13)

where 'R' is the heater resistance (Ω) , 'T is the current flowing through the probe wire (A) , 'L' is the heater length in metres, 'k' is the thermal conductivity (W $m^{-1} K^{-1}$) of the aerogel sample, 't' is the pulse time in seconds and ' C ' is the integration constant.²¹

6. Aerogel powders and beads

Similar to aerogel monoliths, aerogel powders with a density as low as 0.05 g cm⁻³ and surface area 783 m² g⁻¹ were prepared through fluidized bed drying. The prepared powders were super hydrophobic with a contact angle of $150^{\circ}.$ ^{17,18} Thereafter, the fluidization technique was extensively used for the preparation of aerogels in granular and powder forms.⁶⁸ Spray drying can

Fig. 7 Schematic route for the development of aerogels using $CO₂$ as a gelation agent.⁸¹

Fig. 8 Flow chart for the preparation of translucent aerogels.^{60,91}

produce aerogel powders having a surface area of 870 $\mathrm{m^{2}\,g^{-1}.^{75}}$ To reduce the synthesis time and amount of modifier, mechanical crushing and filtration were used to produce super hydrophobic (WCA \sim 162°) aerogel powders by Pan et al. in 2017.⁸³ Quasi-solvent-exchange-free ambient pressure drying was also tested to produce silica aerogels, where the fabrication time was reduced to 2 h using this method.⁸⁹

Yeo et al. synthesized aerogel granules with an average diameter of 1 mm and thermal conductivity of 0.01 W m^{-1} K⁻¹ and 95% porosity. The granules were formed via the dropwise addition of silica sol to a chemical bath having hexane, lanolin dehydrate emulsifier and pyridine catalyst. The gels were modified with TMCS to obtain the final aerogel product. By carefully modifying the drying conditions, desired properties such as high surface area and low density were obtained.⁷⁴ Transparent silica aerogel beads with a low density and high surface area, pore volume and pore size were prepared by P. B. Sarawade et al. in 2010 and 2012 (Fig. 2(iv and v), respectively). $42,43$ A flow chart for the procedure is given in Fig. 6.

Sarawade and co-workers extensively studied the area of silica aerogel beads and analyzed the effect of various process parameters on the physico-chemical properties of the aerogels.42,43,67,72,90 Transparent aerogels were prepared through single-step and two-step sol–gel reactions by Bangi et al. (Fig. 2(vi)).⁴⁴ To make the synthesis process cost effective, $CO₂$ gas was used as the gelation agent for the preparation of hydrophobic (154°) silica aerogels. MTMS acted as hydrolysiscondensation rate control agent (Fig. 7).⁸¹ By modifying the process developed by Sarawade et al., our group synthesized translucent silica aerogels and spheres with surface area values in the range of 305-474 m^2 g^{-1} . Isopropanol was used as the solvent exchange medium, and through ambient pressure drying, we obtained gels with a pore size of \sim 18 nm, as shown in Fig. $8^{60,91}$

7. Applications

The emergence of silica aerogels has provided the possibility to solve a wide array of problems in high-tech science and engineering. They have found broad applications in the fields of thermal insulation, separation, coatings, catalysis, hypervelocity particle capture, radiation detectors, etc. (Fig. 9).^{7,60,92-95} According to an initial economic analysis, the cost of the starting materials was found to be the major factor influencing the manufacturing cost of aerogels, which favors the use of the inexpensive sodium silicate precursors.

7.1 Sodium silicate aerogels as composites and hybrids

To overcome the mechanical fragility of aerogels, composites of silica aerogels were prepared by immersing glass wool in silica sol by Kim et al. in 2007.⁷⁶ Post treatment with TMCS followed by heat treatment at 230 \degree C led to the development of aerogel composites. The composites were used for making silica aerogel blankets with a thermal conductivity of 0.026 W m^{-1} K⁻¹. In 2015, L. Amirkhani et al. prepared silica aerogel-iron oxide nanocomposites and observed that with an increase in the iron oxide content, the density and surface area of the aerogels increased.⁹⁶ In another study, $Fe₃O₄$ -SiO₂ nanocomposites were prepared to explore their super paramagnetic behaviour. The saturation magnetization values were 34.5, 18.2 and 8.3 emu g^{-1} for 90, 70 and 50 wt% Fe₃O₄/SiO₂ nanocomposites respectively. With an increase in $SiO₂$ content, the particle size of $Fe₃O₄$ slightly decreased.⁹⁷ TiO₂–SiO₂ oxide composites were used for the modification of polyester fabric as a UV shielding material with UPF values of around 50 in another study.⁹⁸

The preparation of biocomposites was also attempted using sodium silicate. Cellulose silica composite aerogels were prepared by Arnaud Demilecamps et al.⁹⁴ The addition of sodium silicate to a cellulose–NaOH solution considerably

Fig. 9 Industrial applications of sodium silicate aerogels.^{7,60,92-95}

decreased the gelation time. PEG–silica composites from rice husk char could produce porous silica with specific surface areas in the range of 709 to 936 $\mathrm{m^2\,g^{-1}.^{28}}$

Hybrid aerogel fibrous materials were prepared by blending water glass with nanofibrous polyester materials via electrospinning towards hydrophobic textiles. Due to the dual scale surface roughness of the hybrid, higher hydrophobicity and better adhesion strength were observed compared to pure polyester. Although no significant difference was observed for the water vapour permeability of polyester even after the incorporation of the aerogel, the air permeability improved with an increase in the aerogel content.⁶⁵

7.2 Aerogels for coatings

The ambient pressure drying was further extended for thin film coatings by Cha et al. in 2007. 99 The coating was found to be continuous with a grain size of 20 nm and hydrophobicity was achieved by grafting trimethylchlorosilane (TMCS) on the surface. The heat treatment at 300 \degree C reduced the contact angle from 118° to 44° , rendering the nature from hydrophobic to hydrophilic.

7.3 Aerogels for bio-based applications

Microspheres of aerogels were prepared by an emulsiongelation method with polysaccharide bases such as alginate,

pectin and starch. The aerogels were studied for the release of the drug ketoprofen and benzoic acid. The drug loading varied depending on the aerogel structure and composition. The loading was 1.0×10^{-3} and 1.7×10^{-3} g m⁻² for ketoprofen and benzoic acid, respectively, in the starch-silica microspheres.⁶²

7.4 Aerogels for insulation

Aerogel materials offer significant potential towards improved energy efficiency through their use in high performance insulation boards. Table III shows the cost of different aerogels used

Fig. 10 Schematic diagram of the synthesis of AEP composites.⁷¹

for building insulation. The cost of the starting material is the major factor influencing the manufacture of insulation boards.¹⁰⁰ In addition to cost benefits, sodium silicate-based insulation boards have the added advantage of non-toxicity and are environmentally friendly.

The heat transfer mechanism of porous materials depends on five parameters, *i.e.*, solid, gaseous, radial, convective and

coupling of solid and gaseous thermal conductivities, which are represented as λ_s , λ_g , λ_r , λ_c and $\lambda_{\text{coupling}}$, respectively. Aerogels have very low thermal conductivity (λ_{total}) owing to their low λ_{s} due to their complicated three-dimensional nanonetworks, low $\lambda_{\rm g}$ due to the Knudsen effect caused by their mesoporous nature and low λ_r due to their transparent nature in the infrared spectral range. The factor λ_c is neglected for a pore size less than 1 mm at ambient pressure.^{71,101} With an increase in temperature, the thermal conductivity of aerogels increase.⁴⁵

Aerogel-expanded perlite (AEP) composites were studied by different researchers. In the work done by Wang et al. in 2011, AEP composites were produced with a thermal conductivity of $0.077 \text{ W m}^{-1} \text{ K}^{-1}$.¹⁰² Later in 2017, Jia *et al.* prepared AEP composites by absorbing the silica hydrosol in to the porous structure of expanded perlite (EP) (Fig. 10). EP had a very low surface area of up to 3.3 m^2 g⁻¹ and thermal conductivity of 0.044-0.047 W $m^{-1} K^{-1}$. Compared to EP, for AEP composites, the BET surface area increased by 50-150 times (up to 250 m² g^{-1}) and the thermal conductivity decreased by 14.7–31.8% $(0.030 - 0.038 \text{ W m}^{-1} \text{ K}^{-1})$.⁷¹

Encapsulating silica aerogel particles with flexible polymers improves their mechanical properties. In a recent study done by Halim et al. in 2018, hydrophobic silica aerogel particles were coated with polyvinyl alcohol via the fluidized bed coating method. The thermal conductivity of the materials decreased by 14% from 0.041 W m^{-1} K⁻¹ to 0.035 W m^{-1} K⁻¹ with PVA coating, which was explained by the decrease in thermal diffusivity by 16% after coating.⁴⁶ When the thermal diffusivity was

Fig. 11 Picture and SEM image of aerogel–glass fiber composites aged under (a and c) acidic and (b and d) basic conditions.⁶³

Fig. 12 (a) Reaction scheme for the adsorption of CO_2 on amine-modified silica aerogel and (b) CO_2 adsorption capacity at 75 °C.⁶⁰

low, the heat transfer from the hot end to the inside pores of the aerogel can be reduced further, lowering the thermal conductivity.

Composites of unsaturated polyester (UP) resin and silica aerogel were prepared by Halim et al. in 2018 by mixing 70 vol% UP resin with 30 vol% silica aerogel. The prepared aerogels had a bulk density of 0.08 g cm $^{-3}$, surface area of 773 $\mathrm{m}^2\ \mathrm{g}^{-1}$ and pore size in the range of 11–18 nm. For the UP/SA composites, the density increased to 1.21 $\rm{g\,cm}^{-3}.$ The addition of 30 vol% SA decreased the thermal conductivity of the composite by 55% from 0.46 W $\mathrm{m^{-1}}$ K $^{-1}$ to 0.2 W $\mathrm{m^{-1}}$ K $^{-1}$. It was suggested that the complex open pores of SA restricted the heat diffusion and heat transfer through the UP matrix.²⁷

Kow et al. extracted silica from bamboo leaves and used it for the preparation of sodium silicate, and subsequently the synthesis of aerogels. The activated carbon obtained from the same source was used to opacify the aerogel and reduce the thermal conductivity. The thermal conductivity was determined to be 0.0324 W $m^{-1} K^{-1}$ for the bamboo leaf aerogel.³⁴ Aerogels from recycled coal gangue could produce the thermal insulation of 26.5 \times 10⁻³ W m⁻¹ K⁻¹.⁸⁴

Silica aerogel-glass fiber composites were studied for fire shielding of steel frame structures by Motahari et al. in 2015. Surface modification was carried out using $TMCS/n$ -hexane/ methanol solution having a volume ratio of 3/30/1 for 24 h. The optimum fire resistance was obtained for the sample with 89.7% porosity prepared at pH 4 with an aging time of 24 h. The aerogels prepared under basic conditions poorly covered the glass fibers. The fire resistance increased with an increase in % porosity and decrease in shrinkage. When the shrinkage was more, cracks developed in the aerogel and the hot gases could pass through the crazes and directly hit the glass fibers, reducing the fire retardance (Fig. 11).⁶³ Aerogel microgranules were used as fillers in PET nanofibers to improve the dyeing rate and thermal insulation of the composites. A decreasing heat transfer trend from 21% to 8.3% was observed for the pure nanofibers vs. 4 wt% aerogel-PET composites.⁶⁵ Fiber-reinforced

silica aerogel monoliths functionalised with MTES and TMCS could produce composites with thermal conductivities in the range of 0.021–0.031 W m^{-1} K⁻¹ and the average modulus of 323-535 kPa.⁶⁹

Recently, thermal insulating aerogel powders modified with TMCS and HMDS with a thermal conductivity of 0.022 W m^{-1} K⁻¹ were reported by Pooter *et al.* in 2018.⁷⁰

Technically and economically viable forms of silica aerogels have been successfully commercialized by Aspen Aerogels, Inc. USA for over a decade. They offer high performance aerogel insulation blankets comprised of synthetic amorphous silica (SAS) over a wide range of products such as Pyrogel®, Cryogel® and Spaceloft® aerogel blanket insulation. The process integrates aerogels into a fiber-batting reinforcement to form flexible, resilient and durable blankets, which have applications in the industrial and building insulation markets.⁹⁵

7.5 Aerogels for separation processes

The absorption of organic liquids with super hydrophobic aerogels (water contact angle $> 161^{\circ}$) was studied by He et al. in 2015.⁵⁶ The aerogels were modified with TMCS to make them hydrophobic. The TMCS to pore water molar ratio was fixed at 0.0233 to avoid the excess use of TMCS. N, N -Dimethylformamide (DMF) was added as a drying control chemical additive before the hydrolysis of the sol. Excess DMF made the condensation rate higher and there was no improvement in properties. When the molar ratio of Si to DMF was 2.23, the obtained aerogels had better properties. Specifically, 1 cm^3 of aerogel could absorb around 0.9 mL of organic liquids nhexane, ethanol and gasoline.

Hydrophobic silica aerogels were prepared from industrial micro silica via modification with TMCS and their oil adsorbing properties were studied by Fei Shi et al. in 2013. The aerogels prepared with an NaOH/microsilica weight ratio of $R = 1$ achieved an adsorption rate of 1105% after 60 min.⁷⁷

Pouretedal et al. studied the adsorption of metal ions by silica aerogels and the optimum was noted to be 90.1, 181.8,

Fig. 13 $CO₂$ absorption flux of silica aerogel membrane.⁸⁶

and 250.0 mg g^{-1} for Cu²⁺, Cd²⁺, and Pb²⁺ ions, respectively. The adsorption capacity improved with an increase in pH, contact time and adsorbent dose and decreased with an increase in initial concentration.⁶¹

Hydrophobic silica aerogels via the co-precursor method employing silylating agents TMCS, TEOS and HMDS were prepared for oil adsorption studies in another study. The silica aerogels modified with HMDS had the highest surface area of 936 m^2 g⁻¹ and could remove 96% oil from oily waste water.⁷⁸

The adsorption of naphthalene from aqueous solution was evaluated by adopting the central composite design approach, which indicated that contact time and adsorbent dose were important parameters. A second-order model was proposed for adsorption. The hydrophobic aerogel could adsorb around

25 mg L^{-1} adsorbate at the optimum conditions of 120 min, 4 pH and 4 g L^{-1} adsorbent dose.⁸⁰

In one of our studies, amine-modified silica aerogels were used for $CO₂$ adsorption studies at different temperatures with a maximum adsorption capacity of 3.26 mmol g^{-1} at 75 °C. CO₂ reacts with amines following a zwitterion mechanism. The colour of the aerogel turned from translucent to yellow upon amine functionalization (Fig. 12). It was observed that primary amines improved the adsorption capacity and secondary amines enhanced the kinetics of adsorption.⁶⁰

Lin *et al.* used silica aerogel membranes for $CO₂$ capture, that exhibited a high CO₂ absorption flux of 1.5 mmol m⁻² s⁻¹. The high contact angle (158°) prevented membrane swelling during absorption (Fig. 13).⁸⁶

7.6 Aerogels for photocatalysis

The photocatalytic activity of hydrophobic $TiO₂-SiO₂$ aerogels has been explored by different research groups.^{73,103} The catalytic performance is influenced by the hydrophobicity, porous and amorphous nature of the aerogels. To improve the photocatalytic activity, W-doped $TiO₂$ was used for the preparation of $SiO₂$ aerogel/W_xTiO₂ composites. With an increase in $SiO₂$ content, the specific surface area and pore volume of the composites improved. The sample 0.9STW-1:3 exhibited 97% removal efficiency for Rhodamine B from water.⁹³

7.7 Other applications

Silica aerogel membranes were designed with low thermal conductivity and high air conductance for miniaturized thermomolecular air pump applications (Fig. 2(vii)). The optimum pumping performance was found for the membranes having a density of 0.062 $\rm g$ cm⁻³ and pore size of 142 nm.⁷

Fig. 14 Optical images of (a) dusty surface of aerogel coating, (b) self-cleaned surface and (c) effect of sand paper abrasion cycle on contact angle.⁹²

Table 4 Summary of sodium silicate-derived aerogels for various industrial applications

Table 4 (Contd.)

Super hydrophobic (WCA \sim 169°) semi-transparent silica aerogels having multifunctional properties such as scratch and heat resistance and self-cleaning were proposed by Zhao et al. in 2018. The nanoparticles after silylation were wrapped with PDMS to make them super hydrophobic. The coatings remained super hydrophobic even after four rounds of abrasion with sand paper under more than 2000 Pa (Fig. 14). 92

The applications of different aerogels are summarized in Table IV.

8. Summary and outlook

During the past few years, numerous aerogel products have penetrated the commercial market. The starting material used plays an important role in deciding the final properties and total production cost. Sodium silicate-based aerogels have found wide applications owing to their cheap raw material cost. The ambient pressure dried aerogels provide the same properties as their analogues, which are organosilane-derived and super critically dried aerogels. Tailoring the important parameters such as molar ratio, sol pH, gelation time, aging, washing, solvent exchange, and silylating agents used can alter the physico-chemical characteristics of aerogels, offering distinct properties depending upon the specific applications. The ambient pressure drying method used can make the industrial production more economical. Also, silica aerogels have some added advantages such as non-toxicity and environmentally friendly nature compared to the other organic precursorderived aerogels in the market. Considering that sol–gel derived silica can be cast into any shape and size at room temperature, they serve as a perfect host for organic molecules, polymers and fibers, and therefore can find more advanced applications such as insulation, membrane separation, sensing and other niche market areas.

Conflicts of interest

There are no conflicts of interest to declare.

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