1	Flagellar switch inverted repeat impacts flagellar invertibility and varies Clostridioides
2	<i>difficile</i> RT027/MLST1 virulence.
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### 24 SUMMARY

Clostridioides difficile RT027 strains cause infections that vary in severity from 25 asymptomatic to lethal, but the molecular basis for this variability is poorly understood. Through 26 comparative analyses of RT027 clinical isolates, we determined that isolates that exhibit greater 27 variability in their flagellar gene expression exhibit greater virulence in vivo. C. difficile flagellar 28 genes are phase-variably expressed due to the site-specific inversion of the *flgB* 5'UTR region, 29 which reversibly generates ON vs. OFF orientations for the flagellar switch. We found that longer 30 inverted repeat (IR) sequences in this switch region correlate with greater disease severity, with 31 32 RT027 strains carrying 6A/6T IR sequences exhibiting greater phenotypic heterogeneity in flagellar gene expression (60%-75% ON) and causing more severe disease than those with shorter 33 IRs (> 99% ON or OFF). Taken together, our results reveal that phenotypic heterogeneity in 34 flagellar gene expression may contribute to the variable disease severity observed in C. difficile 35 patients. 36

37 KEYWORDS *Clostridioides difficile*, RT027, virulence, flagellar switch, inverted repeats,
 38 recombinase

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# 40 INTRODUCTION

*Clostridioides difficile* (*C. difficile*) is the leading cause of hospital-acquired infection in 41 the U.S., with an estimated incidence of approximately 224,000 cases per year.<sup>1</sup> The incidence of 42 community-acquired C. difficile infection (CDI) is also increasing, with up to 51.2 cases /100,000 43 population.<sup>2</sup> Major risk factors for developing CDI include broad-spectrum antibiotic usage, as 44 45 antibiotics deplete the commensal bacterial species that provide colonization resistance against CDI. However, CDI disease severity in humans ranges from asymptomatic colonization to diarrhea 46 to severe pseudomembranous colitis and even death. Recent studies have revealed that the gut 47 microbiota and host immunity impact CDI pathogenicity,<sup>3</sup> but genetic features of C. difficile likely 48 also regulate disease severity in humans. 49

50 *C. difficile* virulence requires the production of at least one of its glucosylating toxins, 51 TcdA and/or TcdB.<sup>4</sup> These toxins are internalized by epithelial cells via endocytosis<sup>5–7</sup> and 52 released into the cytosol, where they glucosylate and inactivate intracellular GTPases.<sup>8–10</sup> These 53 activities disrupt cell signaling pathways and cytoskeletal structure, leading to cell death.<sup>11</sup> The 54 impact of TcdA and TcdB on disease progression and severity, however, can vary, depending on 55 the toxin titer, the strain of *C. difficile*, and the host's innate and adaptive immune defenses.<sup>12–14</sup>

In addition to toxin expression, flagellar-mediated motility has been suggested to modulate *C. difficile* virulence. Flagellar motility contributes to the virulence of *S. enterica* and *E. coli* by enhancing host cell invasion, adhesion to epithelial cells, and systemic inflammation.<sup>15–17</sup> However, the impact of flagellar motility on *C. difficile* infection *in vivo* remains controversial and is likely strain- and host-dependent.<sup>18–20</sup> Deletion of *fliC*, which encodes flagellin, did not impact the virulence of *C. difficile* R20291 in a germ-free mouse model, yet it reduced its virulence in antibiotic-treated SPF mice.<sup>18,19</sup> In contrast, the deletion of *fliC* in *C. difficile* strain CD630

increased its virulence in a hamster model of CDI.<sup>20</sup> Notably, flagellar genes are heterogeneously 63 expressed in C. difficile due to the inversion of a flagellar switch sequence by the tyrosine 64 recombinase RecV.<sup>21</sup> Inversion of this region in the 5'UTR of *flgB* to the ON orientation allows 65 for expression of a flagellar gene operon that includes the gene encoding the sigma factor, SigD, 66 which directly induces the expression of flagellar gene operons as well as *tcdR*, which encodes 67 another sigma factor that activates toxin gene expression.<sup>22</sup> Thus, flagellar gene expression is 68 coupled with toxin gene expression.<sup>21,23</sup> Despite these insights, the impact of C. difficile flagella 69 and the heterogeneity of the flagellar gene expression on CDI virulence remains unclear. 70

71 In this study, we investigated the relationship between flagellar gene expression and virulence in C. difficile ST1 strains isolated from patients with CDI. Strains of the multi-locus 72 sequence type 1 (ST1), also known as the NAP1/B1/ribotype 027, are highly transmissible, have 73 increased multidrug resistance,<sup>24,25</sup> and were initially reported to be hyper-virulent.<sup>26,27</sup> However, 74 heterogeneity in the virulence<sup>28,29</sup> and toxin production of ST1 strains<sup>30,31</sup> have been reported, 75 revealing that there is considerable variation between individual ST1 trains. By examining 22 ST1 76 clinical isolates in a mouse model of infection, we observed marked differences in virulence. We 77 found that sequence differences in the flagellar switch region, specifically in the inverted repeat 78 79 (IR) region, of these ST1 strains correlated with disease severity. Our data reveal that these sequence differences alter the invertibility of the flagellar switch, with longer IR sequences causing 80 81 greater heterogeneity within the population, i.e., a mixture of flagellar gene ON and OFF, and 82 shortened IR sequences being associated with more fixed populations of either flagellar gene ON or OFF. Furthermore, exchanging a longer IR sequence with a shorter IR sequence in C. difficile 83 84 R20291 significantly reduced its virulence, particularly when combined with the OFF flagellar 85 switch orientation. Our results argue that flagellar switch IR sequences alter the invertibility of the

86 flagellar switch, which contributes to the considerable heterogeneity in virulence observed
87 between *C. difficile* ST1 strains.

- 88
- 89 **RESULTS**

# 90 The flagellar expression associates with the virulence of clinical *C. difficile* RT027 isolates

91 We previously showed that the *in vivo* virulence of *C. difficile* ST1 isolates in C57BL/6 mice varies widely, ranging from mortality to the absence of any weight loss or diarrhea.<sup>31</sup> While 92 we showed that the avirulence of 2 ST1 strains was due to a small internal deletion in the *cdtR* 93 gene, the remaining ST1 strains did not exhibit any genetic variability in their pathogenicity and 94 CDT loci, which encode the TcdA and TcdB glucosylating toxins and the binary toxin CDT, 95 respectively<sup>31</sup> (Figure S1A). In accordance, the virulence differences (% weight loss) observed 96 between these strains did not correlate with the fecal toxin levels measured using a cell-based 97 toxicity assay (Figures S1B-C). In addition, no correlation in the colonization (CFU) levels on 98 day 1 post-infection and virulence of the strains was observed (Figure S1B-S1D). To identify 99 additional mechanisms for variable virulence among ST1 strains, we selected two isolates that 100 induced >10% weight loss (ST1-12 and ST1-53) and two isolates that resulted in < 10% weight 101 102 loss (ST1-6 and ST1-27) for further study (Fig. S1). Here, we refer them as high-virulence and low-virulence isolates. 103

We first compared the transcriptional profile of the four isolates during infection of antibiotic-treated mice by harvesting cecal contents one-day post-infection and conducting RNAseq profiling of the isolates (**Figure 1A**). The transcriptomic profile revealed that flagellarrelated genes are over-expressed in high-virulence isolates relative to low-virulence isolates (**Figure 1B**). These differences in flagellar gene expression were also observed when RT-qPCR

was used to compare the expression of two flagellar genes, *fliE* and *fliS1*, between the strains using 109 the same cecal content samples (Figure S2A). High-virulence isolates also exhibited greater 110 flagellation and spread further on swim plates 24-hours after inoculation (Fig. 1C-1D). In contrast, 111 the low-virulence isolates were aflagellate and exhibited delayed spreading on the swim plates 112 (Fig. 1C-1D). Notably, the RNA-Seq analyses confirmed that toxin genes, including *tcd* genes and 113 114 *cdt* genes, were expressed at similar levels between the four strains during murine infection (Fig. 1B), consistent with the similar levels of fecal toxins detected during infection in mice. While ST1-115 27 appeared to colonize mice at higher levels compared to the other three isolates (Fig. S2B-S2C), 116 117 the growth of these 4 isolates did not differ from each other in broth culture (Fig. S2D). Interestingly, according to the RT-qPCR results performed with the same cecal content samples, 118 the high-virulence strain ST1-12 expressed significantly higher *tcdA* and *tcdB* relative to the other 119 three strains, including the other high-virulence strain ST1-53. Though it did not fully reproduce 120 the RNAseq observation, it suggests again that toxin production differences cannot fully explain 121 the variation in virulence observed among ST1 isolates (Figure S2A). 122

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### 124 Variation in the flagellar switch inverted repeats of RT027/ST1 clinical isolates.

The difference in flagellar gene expression between high-virulence and low-virulence isolates led us to compare their flagellar genomic regions. While the flagellar genes were identical between the isolates, we identified variation in the flagellar switch region, which plays an important role in regulating the expression of the flagellar operons.<sup>21</sup> The flagellar switch region comprises a central region flanked by a left-inverted repeat (LIR) and a right-inverted repeat (RIR) (**Figure 2A**). The inverted repeats are recognized by the tyrosine recombinase RecV, which inverts the central region. This leads to the switch region exhibiting either an ON or OFF orientation,

which allows or inhibits flagellar gene expression, respectively <sup>21</sup>. When we expanded the analysis 132 of the flagellar switch region to all 68 ST1 isolates in our collection, we found that 65 of the isolates 133 have a flagellar switch central sequence identical to the reference RT027/ST1 strain, R20291, and 134 thus carried for further analyses. Most notably, we found variability in the sequence of the left and 135 right IRs that flank the central flagellar switch region. Specifically, while most isolates have IRs 136 137 identical to the reference strain C. difficile R20291, 40% of isolates have at least one less A or T in either the left or right IRs (Figure 2A and Table S1). In total, four types of IR flanking regions 138 were identified in our strain collection; we named them: Common1 (C1-59.38% 6A/6T), 139 Common2 (C2-32.81%, 6A/5T-ON or 5A/6T-OFF), Rare1 (R1-6.25%, 5A/6T-ON or 6A/5T-140 OFF), and Rare2 (R2-1.56%, 5A/5T). The C1 switch region, the most common sequence, is 141 identical to that observed in C. difficile R20291, with 6 A's on the left IR (LIR) and 6 T's on the 142 right IR (RIR). When C1 inverts between the OFF vs. ON orientation, the number of A's and T's 143 in both IRs remains the same. In contrast, the composition of the Common 2 (C2) region differs 144 depending on the orientation of the switch region: in the OFF orientation, the LIR consists of 5 145 A's and the RIR consists of 6 T's (C2-OFF); in the ON orientation, the LIR consists of 6 A's and 146 the RIR consists of 5 T's (C2-ON). The Rare 1 region (R1) also has an asymmetric distribution 147 148 depending on the switch orientation except that in the OFF orientation, the LIR consists of 6 A's and the RIR consists of 5 T's (R1-OFF). The Rare 2 region (R2) IRs remain the same regardless 149 150 of the switch orientation, with the LIR consisting of 5 A's and the RIR consisting of 5 T's. 151 However, the R2 is only observed in one strain, ST1-67, where it is in the OFF orientation. Notably, Sanger sequencing of the flagellar switch region confirmed the HiSeq whole genome 152 153 sequencing analyses (Table S1).

To assess the conservation of the IR types observed, we screened 1,359 RT027/ST1 isolates 154 whose whole-genome sequences were available from NCBI BioSamples. These isolates derive 155 from the CDC HAI-Seq C. difficile collection (PRJNA629351)<sup>32</sup> and Texas and Michigan medical 156 centers (PRJNA595724, PRJNA561087).<sup>33</sup> While isolates from more recent publications were also 157 included,<sup>34–37</sup> all *C. difficile* isolates were collected from 1988 to 2020. Most isolates (1318/1359) 158 159 derive from Continental Europe, UK, Ireland, and the U.S., with a small number (20/1359) of isolates from East Asia and Australia. Most C. difficile ST1 isolates carry the flagellar switch IR 160 type C1, representing 96.5% (1311/1359) of isolates analyzed. Type C2 was observed in only 2.4% 161 162 (33/1359) of isolates, of which most (27/33) were obtained in the U.S between 2007 and 2020. The other IR types were detected at even lower frequencies, representing only 0.66% of isolates 163 (Figure 2B). 164

When more recent CDC HAI-Seq collection strains were analyzed, which were predominantly submitted between 2009 and 2020, the IR type C1 remained dominant, but the C2 represented 30% (19/63) isolates, similar to our collection (32.8%). Interestingly, the proportion of C2 increased in isolates collected in 2020, accounting for 53% (9/17) of isolates collected in 2020 (**Figure 2C**). Thus, our data suggest that variability in *C. difficile* flagellar IR regions has increased over time, although their impact on *C. difficile* virulence remains unclear.

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# 172 Flagellar invertibility has a strong association with virulence of RT027/ST1

To analyze the impact of inverted repeat types on RT027/ST1 virulence, we correlated the weight loss in mice caused by *C. difficile* infection with different IR types. We found a strong correlation between IR type C1 and more severe weight loss in infected mice (p = 3.2e-05) (**Figure 2A and 3A**). Since a small deletion in the RIR and surrounding region greatly reduces the

invertibility of C. difficile flagellar switch, essentially locking it in one orientation,<sup>23</sup> we tested 177 whether the different IR types impact the invertibility of the flagellar switch region. Using 178 orientation-specific qPCR analyses to quantify the fraction of ON and OFF cells in C. difficile 179 population from liquid culture (Figure 3B),<sup>21</sup> we found a weak correlation between greater weight 180 loss and strains with a higher proportion of ON cells in a population by linear regression ( $R^2 =$ 181 0.39). However, the most virulent isolates had  $\sim$ 70 % of cells in the ON orientation and consisted 182 of the C1 IR type (Figure 3C, green circles). Furthermore, isolates with the other IR types 183 exhibited lower virulence than the C1 isolates and were either nearly 100% ON or 100% OFF 184 (Figure 3C). Thus, our results suggest that IR type governs the flexibility of the flagellar switch 185 region and that IR types that lead to more heterogeneous flagellar gene expression, i.e. the C1 IR 186 type, enhance the virulence of C. difficile strains. 187

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# 189 The Inverted repeat type correlates with the invertibility of the flagellar switch.

To further investigate whether different IR types impact the flagellar switch invertibility, 190 analyzed the flagellar orientation of our 64 ST1 isolates across 3-4 biological replicates per isolate. 191 We cultured individual isolates in broth to exponential growth and prepared the genomic DNA for 192 193 orientation-specific qPCR analyses. When calculating the proportion of C1 cultures in the ON orientation, we found that the C1 IR type is slightly biased toward the ON orientation, with 194 approximately 73% (55-99%) in the ON orientation (Figure 4A). In contrast, the biased-OFF 195 196 isolates, including C2-OFF, R1-OFF and R2-OFF, have 95.6% (88.7-100.0) of their population in the OFF orientation, whereas the biased-ON isolates, including C2-ON and R2-ON, have 96.7% 197 198 (92.6-100.0) of their population in the ON orientation (Figure 4A). Such a strong correlation

between IR types and biased-flagellar orientations indicates that mutations in the IR regions greatlyimpact the switching invertibility.

To test if the biased IR types also restrict the invertibility of C. difficile isolates in vivo, we 201 infected mice with C. difficile R20291 and clinical isolates with different IR types and monitored 202 the ON and OFF cell fractions in fecal or cecal contents over the course of eight days. On day 1 203 204 post-infection, we found that C. difficile isolates with the C1 IR type had about  $\sim$ 75% of their population with the ON orientation (Figure 4B), similar to our broth culture analyses (Figure 4A). 205 Interestingly, the proportion of C1 IR type strains in the ON vs. OFF cells exhibited greater 206 207 variability over the course of the infection compared to the isolates with IR types C2, R1, and R2. These latter three IR type strains maintained their flagellar switch region in a biased orientation 208 over the eight-day infection course (Figure 4B and S3). These data further highlight the strong 209 correlation between IR type and flagellar switch invertibility. Specifically, the C1 IR type (6A/6T)210 exhibits greater invertibility in its flagellar switch region, while the other IR types appear to "lock" 211 the flagellar switch in either the ON or OFF orientation. 212

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### 214 *C. difficile* flagellar IR type impacts RecV-mediated DNA inversion.

Since IR types correlate with the invertibility of ST1 isolates (**Figure 4**), we wondered if the IR types specifically affect RecV-mediated DNA inversion. To test this possibility, we assessed the invertibility of IR types in a heterologous host using an *E. coli*-based colorimetric assay.<sup>38</sup> *E. coli* were co-transformed with plasmids encoding *C. difficile recV* and a second plasmid containing a promoter flanked by either the C1, C2 or R2 IR type. Depending on the orientation of the promoter within the switch region flanked by the IR variants, it will drive the expression of either *gfp* or *rfp*. Thus, two variations of the reporter plasmid were transformed into *E. coli* for each IR

type variant: One with the promoter initially driving gfp (left panel), and the second with the 222 promoter driving *rfp* (right panel). RecV-mediated DNA inversion of the reporter plasmid results 223 in a switch from red to green (or green to red) (Figure 5A). When the reporter plasmid carried the 224 C1 IR type, a high percentage of dual plasmid-transformed colonies exhibited a color switch 225 (Figure 5B). In contrast, when the reporter plasmid carried the C2 IR type, only 1-2 colonies 226 227 exhibited a color switch, whereas no colonies were observed to have color-switched when the reporter plasmid carried the R2 IR type (Figure 5B). These results align with our qPCR analyses 228 of the switch region, strongly suggesting that the IR sequence controls the invertibility of the 229 230 flagellar switch region.

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# 232 IR determines the flexibility of flagellar switch in *C. difficile* and impacts *in vivo* virulence.

To directly test the ability of the flagellar IR type to alter the virulence of C. difficile in 233 mice, we determined the impact of mutating the IR switch region of the reference RT027/ST1 234 strain, R20291, on its virulence using CRISPR.<sup>39</sup> To this end, we deleted ~200 bp of the region 235 upstream of the R20291 *flgB* operon first and then knocked in the wild-type C1 IR (6A/6T), as 236 well as the variants including R2 variants 5A/5T-ON (R2-ON) and 5A/5T-OFF (R2-OFF). It was 237 238 necessary to generate the R2-ON and R2-OFF variants because our data suggested that the R2 IR sequence greatly reduces the inversion of the flagellar switch region (Figures 4, 5). Consistent 239 240 with our prior data, we observed that the R2-ON resulted in almost all cells in the population 241 carrying the ON orientation (99.9%), while almost all cells in the R2-OFF population carrying the OFF orientation (0.02%) (Figure S4A). Furthermore, the R20291 R2-ON (5A/5T-ON) variant 242 243 exhibited spread using flagellar motility to similar levels as the parental R20291 strain, while the 244 R20291 R2-OFF (5A/5T-OFF) was largely non-motile (Figure S4B).

To explore if these R20291 flagellar IR variants have differential virulence in a mouse 245 model, we infected antibiotic-treated mice with the mutant strains and monitored their weight loss 246 (Figure 6A). All mutant strains colonized mice to similar levels as the parental R20291 strain, 247 although more variability in colonization levels was observed in strains carrying the flagellar 248 switch in the ON orientation (R20291, Figure 6B). Interestingly, fecal CFU levels were below the 249 limit of detection for 4 out of 10 mice infected with R20291 R2-OFF (5A/5T-OFF) and 3 out of 250 20 mice infected with R20291 R2-ON (5A/5T-ON), implying that the ability to invert the flagellar 251 switch region enhances the initial colonization of C. difficile (Figure 6B). To focus on the impact 252 of the IR variants on the infection dynamics of C. difficile, we excluded these 7 mice from the 253 downstream analyses in mice. All colonized strains maintained high levels of C. difficile 254 colonization and shedding up to 14 days post-infection (Figure 6C and S4C). Mice infected with 255 the parental R20291 strain exhibited severe weight loss on day 2 post-infection, while the clinical 256 isolate ST1-67, which carries the R2-OFF variant (5A/5T-OFF) did not induce weight loss, 257 consistent with our previous observations(Figure 6D).<sup>31</sup> Mice infected with the "restored" C1 258 variant, R20291 C1 (6A/6T) phenocopied the weight loss of the parental R20291 strain (Figure 259 6D and 6E), while the R20291 variant carrying R2-OFF, R20291 R2-OFF (5A/5T-OFF), caused 260 261 minimal weight-loss, essentially phenocopying the avirulence of the ST1-67 strain, which carries the flagellar switch in the R2-OFF orientation (5A/5T-OFF) (Figure 6D and 6E). 262

Since orientation-specific qPCR revealed that *C. difficile* strains carrying the R2 IR (5A/5T) IRs remained skewed to either ~100% ON or ~100% OFF throughout the infection time course (**Figure 6F**), these data confirm that the R2 IR type largely prevents the flagellar switch from inverting. Notably, since the R20291\_R2-OFF variant caused only mild disease, and the only change between the R20291\_R2-OFF variant and the parental R20291 strain is a single nucleotide

in each of its flagellar switch IR sequences, these data demonstrate that the loss of flagellar gene 268 expression at the population level reduces C. difficile's virulence. In contrast, the R20291 R2-ON 269 (5A/5T-ON) variant exhibited a virulence phenotype in comparison to R20291 R2-OFF (5A/5T-270 OFF) (Figure 6D and 6E), strongly suggesting that flagellar gene expression during infection 271 enhances C. difficile's virulence. However, it should be noted that a majority of mice (11/16, 69%) 272 273 infected with R20291 R2-ON showed a low-virulence phenotype, causing less than 10% weight loss (which we defined as "low-virulence" for the clinical isolates, Figure S1), whereas only 6/17 274 (35%) of mice infected with the parental R20291 or R20291 C1 variant exhibited less than 10% 275 276 weight loss. Additionally, pooling the R20291 strains tested by their IR types revealed that C. difficile strains carrying the C1 IR type (6A/6T) are significantly more virulent than their 277 counterparts carrying the R2 IR type (5A/5T), regardless of the orientation of the flagellar switch 278 (Figure 6G). This is consistent with our finding that clinical isolates carrying the C1 IR type are 279 associated with greater virulence (Figure 3A). Taken together, these data demonstrate that the IR 280 types impact the invertibility of C. difficile flagellar switch during mouse infection, contributing 281 to heterogeneity in flagellar gene expression at the population level. This heterogeneity appears to 282 promote more severe disease because greatly reducing the invertibility of the flagellar switch 283 284 region by introducing the R2 IR type variant reduces disease severity in the R20291 strain background, particularly when the R2 IR variant is fixed in the OFF orientation (Figure 6). 285

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### 287 DISCUSSION

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*C. difficile* infection induces a wide range of disease severity in patients, yet the molecular
basis for the variation is poorly understood. Here, we applied a mouse model to study how genetic

variation between C. difficile isolates impacts their virulence. Using a collection of more than 60 291 ST1/RT027 clinical isolates, we discovered that variation in the inverted repeat (IR) regions 292 flanking C. difficile's flagellar switch region regulates the invertibility of this switch by the RecV 293 recombinase. Our data indicate that the most common variant found in ST1 strains, C1 (6A/6T), 294 results in greater heterogeneity in flagellar gene expression within a population, with  $\sim 70\%$  of the 295 296 population carrying the flagellar switch in the ON orientation (Figures 4, 6). We further showed that the C1 variant leads to greater disease severity relative to strains with shorter IR variants 297 (Figure 3, 6G). The shorter IR variant types - C2 (6A/5T), R1 (5A/6T), and R2 (5A/5T) - restrict 298 299 the RecV-mediated invertibility of the flagellar switch, effectively "locking" the flagellar switch region into either the ON or OFF orientation (Figure 4 and 5). Notably, the decreased invertibility 300 of the flagellar switch region was associated with decreased virulence in ST1 clinical isolates 301 (Figure 3) as well as in CRISPR-engineered R20291 strains (Figure 6), especially when the 302 engineered R2 switch was in the OFF orientation. Since the IR sequences are sufficient to regulate 303 the inversion of promoter regions in E. coli (Figure 5) and C. difficile R20291 (Figure 6), our data 304 reveal that flagellar switch regions IR types control the inversion frequency of this locus (i.e., 305 phase variation), which impacts the virulence of C. difficile ST1 strains. In demonstrating that 306 307 "fixing" the flagellar switch region in the OFF orientation can render ST1 strains avirulent (Figure 6), our study reveals another mechanism by which RT027 strains can cause disease of varying 308 309 severity, which may help explain the wide range of disease outcomes observed in CDI patients.

The invertibility of the flagellar switch likely confers an evolutionary advantage, as more than 95% of isolates worldwide harbor C1 (6A/6T) IR type. Interestingly, in both our strain collection and in the CDC HAI-Seq *C. difficile* strain collection, we found that the C2 (6A/5T)-OFF IR variant accounts for approximately 30% of isolates. This could be due to rigorous testing

and C. difficile cultivation in the U.S.,<sup>40,41</sup> as C2-OFF isolates are mostly non-flagellated and are 314 associated with reduced virulence. Since flagellar synthesis and motility is costly<sup>42</sup> and flagella are 315 targeted by mucosal innate immune response,<sup>19,43</sup> reducing flagellar motility could be energetically 316 favorable and allow C. difficile to evade the immune system as a strategy to increase the persistence 317 of C. difficile. However, the ability to switch between flagellar ON and OFF (and vice versa) could 318 319 enhance C. difficile's fitness during infection by allowing sub-populations of C. difficile expressing flagellar genes to inhabit different locations within the gut or function at different stages during 320 the infection process. For example, flagellar motility may help bring C. difficile cells closer to the 321 322 host epithelium to improve toxin binding to its target cells, which could explain why C1 (6A/6T) isolates, which have the most flexible flagellar switch, exhibit the highest virulence among the 323 ST1 strains tested. Future investigations could focus on examining the relative locations of 324 flagellar-ON vs. flagellar-OFF cells for C. difficile with various IRs to gain mechanistic insight 325 into the relationship between flagellar heterogeneity and in vivo virulence. 326

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Bacteria apply phase variation to reach population phenotypical heterogeneity to promote 328 adaptation to various environmental conditions. Such heterogeneity may increase motility, 329 antibiotic resistance and pathogenic potentials.<sup>44,45</sup> Notably in *C. difficile*, RecV regulates multiple 330 phase variable regions including flagella as well as a cell wall protein CwpV.<sup>46,47</sup> CwpV deposited 331 on a proteinaceous layer on the cell surface of C. difficile promotes bacterial aggregation in 332 vitro and potentially promotes intestinal colonization.<sup>48</sup> Moreover, C. difficile regulates it surface 333 motility via regulation by CmrRST system, which induces cell chaining phenotype on surfaces 334 and contributes to disease development in hamsters.<sup>49,50</sup> Here, we observed the heterogeneity of 335 336 C. difficile flagella upon infection in mice and the flagellar heterogeneity is important for C.

*difficile* virulence. Together, we and others underscore the importance of phenotypical
 heterogeneity in bacterial survival and virulence and encourage more studies on such phase
 variable traits of otherwise genetically identical strains.

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C. difficile flagellar expression has been also linked to toxin production. Turning on the 341 342 expression of flagellar operon increases the expression of SigD, which is a sigma factor that not only further regulates flagellar synthesis and motility but also positively regulates *tcdR* for toxin 343 production.<sup>22</sup> Thus, whether flagellar expression contributes to virulence beyond regulating toxin 344 levels is unclear. Here, we demonstrated that the engineered R20291 mutant with a biased ON 345 flagellar orientation is significantly more virulent than its counterpart with a biased OFF flagellar 346 orientation, supporting the role of flagella in C. difficile virulence. However, the increase of 347 virulence by tuning ON flagella did not surpass the virulence of C. difficile with heterogeneous 348 flagellar orientations, as for both clinical isolates and CRISPR-engineered R20291 mutants. 349 Moreover, we did not find an association between toxin levels in fecal samples and the degree of 350 virulence on a panel of 22 isolates. These suggest that the expression of flagellar (and with coupled 351 toxin expression) provides a relatively minor contribution to virulence and is likely to be strain-352 353 dependent, while the invertibility of the flagellar switch may provide major fitness and impact on C. difficile virulence (i.e. via impacting the locations of toxin production). 354

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The flagellar phase variation is regulated by DNA recombinase RecV.<sup>21,51</sup> RecV reversibly inverts the flagellar switch between ON and OFF orientations, and the proportion of ON vs. OFF in the resulting population is likely selected by the residing environments.<sup>52</sup> Thus, the flexible switch leads to more variable ON and OFF compositions spanning different conditions (from

vegetative broth culture and prepared spores to mouse infection), while the less flexible switches 360 result in their highly biased orientation all the time, regardless of the conditions. Using a 361 heterogenous E. coli strain, we demonstrated that the flagellar IR type variants reduce RecV-362 mediated DNA inversion. This is further confirmed with CRIPSR-engineered mutants as R20291 363 with R2-5A/5T IRs demonstrated highly biased flagellar orientations. RecV targets IRs for 364 inversion, and the potential recombination sites were speculated to be at the borders of these IRs.<sup>51</sup> 365 Notably, deleting the 1<sup>st</sup> T and its adjacent nucleotides ( $\Delta$ 3) also "locked" the flagellar orientation 366 into ON or OFF.<sup>23</sup> Together with our observation, lacking one T in the 6T track in Right IR is 367 likely impacting the efficiency of RecV function. Further experiments should dissect out at what 368 steps that the IR variants impact RecV, such as sequence-specific DNA binding, DNA cleavage, 369 370 strand exchange, or religation.

In summary, our study identifies the flagellar switch IR as a determinant of the heterogeneity *C. difficile* flagellar phase variation, which also introduces variable virulence outcomes within a single RT027 strain type. Since the invertibility of the flagellar switch is highly associated with the virulence of clinical isolates, we highlight the potential of using flagellar switch inverted repeats as an easily accessible genetic trait to predict pathogen virulence. Further research on the flagellar switch regions of clinical non-ST1 strains may provide additional insights into the wide range of disease severities in patients infected with *C. difficile*.

378

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R20291 strain. We thank Dr. Femi Olorunniji for providing the recombinase-switch plasmid. We 383 thank the animal facilities of the University of Chicago and Tufts University for their help with 384 mouse experiments. We thank the Pamer lab members and Shen lab members for helpful 385 discussions. This work was supported by National Institutes of Health R01 AI095706 (to E.G.P), 386 R21 AI168849 (to A.S), R35 GM149586 (to P.A.R), the Duchossois Family Institute of the 387 388 University of Chicago, and a Burroughs Wellcome Fund Investigators in the Pathogenesis of Disease Award to A.S. The funders had no role in study design, data collection, and interpretation, 389 or the decision to submit the work for publication. The graphical schematics were created with 390 391 BioRender. com.

### **392** Author contributions

N.T.Q.N, Q.D., A.S. and E.G.P. conceived the project. N.T.Q.N, Q.D., H.L. and P.A.R. analyzed
the data. N.T.Q.N., Q.D., Y.P., J.K.S., and P.K., performed experiments. M.K. isolated *C. difficile*isolates. V.B.Y. and E.S.S. sequenced clinical isolates. N.T.Q.N., Q.D., A.S., P.A.R. and E.G.P.
interpreted the results and wrote the manuscript.

397

### **398 Declaration of interests**

399 None.

400

# 401 Declaration of generative AI and AI-assisted technologies in the writing process

- 402 During the preparation of this work, the author(s) used Grammarly in order to proofread the
- 403 manuscript. After using this tool/service, the author(s) reviewed and edited the content as needed
- 404 and take(s) full responsibility for the content of the publication.

### 405 Supplemental information titles and legends

- 406 Document S1: Supplemental figures and legends
- 407 Table S1: Sanger sequencing on flagellar inverted repeats
- 408 Table S2: Oligos used for CRISPR
- 409 Table S3: List of plasmids used in the study
- 410

# 411 Figure titles and legends

# 412 Figure 1: High virulence isolates make more flagella.

- 413 (A) The schematic of the mouse infection. (B) Heat map of RNA sequencing results from the
- 414 cecal contents of mice infected with the four ST1 isolates shown. The heat map is generated
- based on the number of transcripts per sample after normalization. RNA was extracted from the
- 416 cecal contents of mice one-day post-infection (n=5 mice per isolate). (C) Transmission electron
- 417 micrographs of the four isolates. (D) Swim plates results of four isolates after 24 hours
- 418 incubation (n = 3 replicates per isolate). High-virulence isolates: pink. Low-virulence isolates:
- 419 black. Statistical significance was calculated by One-way ANOVA, \* p < 0.05.
- 420

## 421 Figure 2: Variations in flagellar inverted repeat types observed among ST1 isolates.

- 422 (A) Schematic of the flagellar switch and the alignment of the flagellar switch regions from
- 423 representative isolates. In Illumina sequencing the flagellar switch region of the Common 1 IR
- 424 type (C1, 6A/6T) is observed in the ON orientation. The Common 2 IR type (C2, 6A/5T) is
- 425 observed in isolates with the flagellar switch region being both in the ON and OFF orientations.

426 Rare 1 (R1-5A/6T) was observed in isolates with the flagellar switch being ON and OFF. The

427 Rare 2 IR type (R2, 5A/5T) was observed only in one isolate with the flagellar switch region

428 being in the OFF orientation. Full list is in Table S1. (B) IR types of isolates collected from

around the world. (C) IR types of isolates collected in the US and by the CDC.

430

### 431 Figure 3: High virulence isolates exhibit more heterogeneous flagellar gene expression.

(A) %maximum weight loss graphed by IR types. (B) Schematic of the qPCR strategy to measure
the proportion of flagella - ON vs. OFF cells in the population. (C) Correlation between %
maximum weight loss and % flagella – ON cells. DNA was extracted from bacterial cultures during
logarithmic growth.

436

# Figure 4: Flagellar inverted repeat types are associated with flagellar switch invertibility in culture and in mice.

(A) Proportion of the population with the flagellar switch region in the ON orientation during logarithmic growth in broth culture and (B) during infection over time as determined by qPCR. The results reflect samples obtained from the feces (day1-7) and cecum (day 8) of *C. difficile*infected mice. Statistical significance was calculated by One-way ANOVA, \*\* p < 0.01, \*\*\* p < 0.001, \*\*\*\* p < 0.0001.

444

# 445 Figure 5: Flagellar inverted repeat (IR) types determine the flagellar switch invertibility.

446 (A) Schematic of the color switch assay in *E. coli*. Two plasmids were transformed into *E. coli*.

447 One plasmid encodes *C. difficile* RecV. The other plasmid contains an invertible sequence where

the promoter is flanked by the inverted repeat (IR) variants. Depending on the orientation of the

promoter, either *gfp or rfp* will be expressed, and color switch from red to green (or green to red) is expected upon RecV acting on flexible switches. (B) Color switching assay when different types of flagellar inverted repeats flank the invertible region. The switch frequency of the Common 1 (C1-6A/6T), Common 2 (C2-5A/6T), Rare 2 (R2-5A/5T) IR variants was visualized. White arrows point to colonies that underwent a promoter inversion (i.e. switched colors). Two dilutions of the cultures were plated (left = lower dilution).

455

# 456 Figure 6. The flagellar repeat variants and flagellar switch orientation impact the virulence 457 of *C. difficile* R20291.

(A) Schematic of the experimental procedure. Wild-type C57BL/6 mice (n = 8-20 per group) were 458 treated with Metronidazole, Neomycin and Vancomycin (MNV, 0.25 g/L for each) in drinking 459 water for 3 days, followed by one intraperitoneal injection of Clindamycin (200 mg/mouse), 460 indicated as C in the schematic, 2 days after antibiotic recess. Then, mice were inoculated with 461 200 indicated C. difficile spores via oral gavage. Daily body weight was monitored for 7 days post-462 infection. (B-C) Fecal colony-forming units were measured by plating on selective agar on 1 day 463 (B) and 14 days (C) post-infection. (D) % Weight loss relative to the baseline of mice infected with 464 465 the indicated strains up to 7 days post-infection. (E) % Maximum weight loss relative to the baseline of mice infected with indicated strains up to 7 days post-infection. (F) % Flagellar ON vs 466 OFF cells in spore inoculum and in fecal pellets by qPCR. (G) % Maximum weight loss relative 467 468 to the baseline of mice infected with strains (R20291 background only) grouped by IR types. Statistical significance was calculated by unpaired t-test and One-way ANOVA, \* p < 0.05, \*\* p 469 < 0.01, \*\*\* p < 0.001, \*\*\*\* p < 0.0001. 470

471

### 472 Methods

# 473 Clinical *C. difficile* isolates collection

- 474 Clinical C. difficile isolates were collected from 2013 to 2017 at Memorial Sloan Kettering
- 475 Cancer Center (MSKCC) from patients receiving bone marrow transplants and cancer
- 476 chemotherapy.<sup>40</sup> The isolates were sequenced whole genome in an Illumina Hiseq platform<sup>33</sup> and
- 477 circularized at Duchossois Family Institute by MinION Nanopore sequencing (Oxford Nanopore
- 478 Technologies). Whole genome sequences are available at National Center for Biotechnology
- 479 Information, BioProject PRJNA595724.
- 480

# 481 Bacterial growth and spore collection

Frozen stock of C. difficile was struck onto Brain heart infusion (BHI) agar plus 0.1% (w/v) sodium 482 taurocholate hydrate (Cat. 86339, Sigma-Aldrich). A single colony was picked and sub-cultured 483 in BHI medium (BD, 237500) with yeast extract and 0.1% L-Cysteine (BHIS) at 37°C in anaerobic 484 chamber (Coy lab). To prepare spores for the mouse infections, C. difficile was either incubated in 485 BHIS broth for approximately two months or on 70:30 agar for 4-5 days to encourage 486 sporulation.<sup>53</sup> Next, spores were separated from cell debris by gradient centrifugation using a 487 488 20%/50% (wt/vol) HistoDenz (D2158, Sigma-Aldrich) or 50% (wt/vol) sucrose gradient, then washed five times in sterile water at 14,000 x g for 5 minutes.<sup>53</sup> The spore solution was further 489 incubated at 65°C for 20 minutes to kill vegetative cells. Spore purity was confirmed by the 490 491 absence of vegetative cell growth on BHIS plates or by microscopy.

492

### 493 Mouse experiment

C57BL/6 female mice from six- to eight-week-old were purchased from Jackson laboratory and 494 housed in the specific-pathogen-free (SPF) facility at University of Chicago or the Tufts University 495 School of Medicine. Mice were randomized and administered ad libitum with a cocktail of 496 metronidazole (0.25g/l), neomycin (0.25g/l), and vancomycin (0.25g/l) for three days. Two days 497 after antibiotics removal, mice were intraperitoneally injected with 200µg/mouse clindamycin. 498 499 After 24 hours, mice were oral gavage with approximately 200 spores of C. difficile. All mice infected with C. difficile were single-housed then monitored for weight loss and clinical sign of 500 disease for seven days. CFU/g feces counting, and toxin titer measurement was done from fecal 501 pellet collected one day after infection as described elsewhere.<sup>31</sup> 502

503

### 504 **RNA sequencing**

Mice were infected with spores from the four selected isolates (ST1-6, ST1-12, ST1-27, and ST1-505 53). After 24 hours, mice were sacrificed to collect cecal content for RNA extraction (Qiagen 506 RNeasy PowerMicrobiome kit). Total RNA was sent to Genewiz for rRNA removal and library 507 preparation before sequencing. Adapters were trimmed off from the raw reads, and their quality 508 was assessed and controlled using Trimmomatic (v.0.39),<sup>54</sup> then human genome was identified 509 and removed by kneaddata (v0.7.10, https://github.com/biobakery/kneaddata), while ribosomal 510 RNA was removed by aligned the clean non-host reads to silva database (138.1 SSURef).<sup>55–57</sup> The 511 remaining reads from each sample were mapped to their corresponding circularized genome using 512 bowtie2,58 and reads counts of each gene were obtained by running featureCounts from Subread 513 (v2.0.1),<sup>59</sup> and the core gene counts were normalized by DESeq2.<sup>60</sup> 514

515

### 516 Sequencing the inverted-repeat sequences

517 64 isolates with the flagellar switch sequence resembling that of *C. difficile* R20291 were 518 submitted for Sanger sequencing. Firstly, the ON and OFF sequence of each isolate was amplified 519 using the primer pairs as designed by.<sup>21</sup> The PCR product was purified using QIAquick PCR 520 purification kit (Cat. 28104, Qiagen). Purified products were sent to University of Chicago DNA 521 Sequencing facility and sequenced using the same primer pairs for PCR reaction.

522

### 523 Swim plates

524 *C. difficile* was grown in BHIS broth to late-log phase then diluted to  $OD_{600nm} \sim 0.5$ . To ensure a 525 small number of *C. difficile* cells was added for testing, we submerged a 10 µL pipette tip into 526 diluted *C. difficile* culture without drawing any liquid. The pipette tip carrying *C. difficile* cells on 527 it was then stabbed into 0.3% agarose buffered with BHIS, pH 7.0. The swim plates were then 528 incubated at 37°C. After 24 hours, the swim zone size was measured and compared between 529 isolates.

530

### 531 Growth curve

To ensure that only live cells were used for growth curve, we prepared a fresh culture from overnight culture at the ratio 1:100. When the back-diluted culture reached log phase, we subculture it into fresh BHI broth at a 1:100 dilution. The culture was then loaded into a 96-well plate for  $OD_{600}$  measurements. The incubation time is 24 hours with OD measurements every 10 minutes at 37°C with shaking.

537

### 538 Transmission electron microscope (TEM)

539 *C. difficile* was inoculated from frozen stocks onto a BHIS agar plate and incubated overnight. To540 collect cells for TEM, 10µl of distilled water was dropped onto a colony. After two minutes, a541 copper grid (CF400-Cu, EMS) was placed on top of the soaked colony so that vegetative cells542 were passively transferred to the grid. To stain the cells, one drop of uranyl acetate 1% was added543 to the grid and incubate for 30 seconds. TEM pictures of the stained cells were then taken at544 2900X1.4 or 5900X1.4 using FEI Tecnai F30 microscope at University of Chicago Advanced545 Electron Microscopy Facility.

546

# 547 Quantitative PCR of the flagellar switch

C. difficile was grown in BHIS broth to late log phase ( $OD_{600nm} \sim 0.5$ ) with three to four 548 replicates per isolate. C. difficile DNA was extracted by Qiamp PowerFecal Pro DNA kit (Cat. 549 51804). Fecal samples were harvested from infected mice and fecal DNA was extracted either 550 using QIAamp PowerFecal Pro DNA Kit or as previously described.<sup>23</sup> Quantitative real-time 551 PCR was done using 20-30 ng template and flagellar switch primers.<sup>21</sup> C. difficile R20291 552 mutated strains with flagellar switch locked ON and OFF were used as the control.<sup>23</sup> Adenosine 553 kinase (*adk*) gene is used as a reference gene. qPCR was set up using PowerUp<sup>™</sup> SYBR<sup>™</sup> 554 555 Green Master Mix (Cat. A25742) and run by QuantStudio Real-Time PCR Systems or NEB Luna qPCR Master Mix and run by Applied Biosystems StepOnePlus system. The switch 556 direction percentage was calculated using the  $\Delta\Delta$ Ct method as previously reported,<sup>23</sup> while 557 558 integrating the primers' amplification efficiencies.

559

# 560 Generation of *C. difficile* mutants using CRISPR

CRISPR editing on C. difficile strains R20291 was performed as described previously.<sup>39</sup> Briefly, 561 donor regions for homology were generated by separately amplifying regions ~500 bp upstream 562 and ~500 bp downstream of the target of interest. The resulting regions were cloned into pCE677 563 between NotI and XhoI sites by Gibson Assembly. Geneious Prime (v11) was used to design 564 sgRNAs targeting each deleted target. sgRNA fragments were then amplified by PCR from 565 566 pCE677, using an upstream primer that introduces the altered guide and inserted at the MscI and MluI sites of the pCE677-derivative with the appropriate homology region. The regions of 567 plasmids constructed using PCR were verified by Sanger sequencing. Plasmids were then passaged 568 569 through NEBturbo E. coli strain before transformation into Bacillus subtilis strain BS49. The CRISPR-Cas9 deletion plasmids which harbor the oriT (Tn916) origin of transfer, were then 570 introduced into C. difficile strains by conjugation.<sup>61</sup> C. difficile colonies were then screened for 571 proper mutations in the genomes by PCR and Sanger sequencing. To generate C. difficile IR 572 repeats mutants, two rounds of CRISPR editing were conducted. The first round was to delete 573 ~200 bp region containing the flagellar switch and IRs while introducing an RFP landing pad 574 (GGCGCCCAGACCGCTAAACTGAAAGTT) into the place. The second round gRNA targeted 575 the *RFP* landing pad, with the mutant IR variant flagellar switch region (either in the ON or OFF 576 577 orientation) template supplemented for repair. Primers used for CRISPR editing were included in Table S2. 578

579

# 580 Flagella switch alignment and IR type survey in public databases

*C. difficile* isolates (N=131) from BioProject PRJNA595724 and PRJEB2318 (N=1198) were downloaded from NCBI and assembled into contigs using SPAdes.<sup>62</sup> Eleven of those isolates did not pass the assembling process. In addition, a collection of 66 *C. difficile* genomes from Patric (date: Mar. 15 2022, <u>https://www.bv-brc.org/</u> were also downloaded. MLST was determined on

those contigs by mlst (Seemann T, mlst Github <u>https://github.com/tseemann/mlst</u>).<sup>63</sup> Flagellar switch region and 50 bp upstream and downstream of 68 isolates in our collection of both the ON and OFF sequences were used as query to BLAST<sup>64</sup> against the assembled contigs, and hits with at least 85% identity and 85% coverage of the query are considered a valid match.

589

# 590 *E. coli* colorimetric assay

Plasmids for the E. coli experiments (see Table S3) were ordered from Twist Bioscience and were based on backbone vectors kindly onboarded with Twist by Dr. Femi Olorunniji (Liverpool John Moores University). Plasmids were checked by full-plasmid sequencing (Plasmidsaurus). pQD1 is a pBAD derivative for tightly controlled arabinose-inducible expression of RecV. Test plasmids pQD2-7 are based on p $\phi$ C31-invPB described previously,<sup>38</sup> with IRs from the flagellar switch replacing the att site for  $\phi$ C31 integrase.

Assays were performed as described previously with minor variations.<sup>65</sup> E. coli DS941<sup>66</sup> 597 was co-transformed with pQD1 plus one of the test plasmids, then after recovery grown overnight 598 at 37C in 10ml LB supplemented with 0.2% glucose (to enhance repression of RecV), kanamycin 599 (50  $\mu$ g/ml; to maintain the test plasmid) and chloramphenicol (30  $\mu$ g/ml; to maintain pQD1). In 600 the morning, the  $OD_{600}$  was ~2. 200 µl of that culture was diluted into 10ml LB plus 0.2% glucose, 601 kanamycin (50 µg/ml) and chloramphenicol (30 µg/ml) and grown at 37C until the OD<sub>600</sub> reached 602  $\sim 0.5$ . They were then switched to arabinose to induce RecV expression by pelleting the cells, 603 removing the supernatant, and resuspending in 10ml LB plus 0.2% arabinose, kanamycin (50 604 µg/ml) and chloramphenicol (30 µg/ml), and growing at 37C for 4 hours. When cultures were 605 plated immediately after the RecV induction period the colonies for experiments with pQD1 plus 606 test plasmids containing the 6A/6T IRs (pQD2 or pQD3) were mostly yellow due to mixed 607

populations of substrate and product plasmid within each founder cell (the test plasmid replicatesto high copy number within each host cell).

610 To be separated from one another the test plasmids needed to be recovered then 611 retransformed. After the 4 hours of RecV expression in arabinose, the cultures were switched back to glucose for overnight growth: 1 ml was removed, pelleted, and resuspended in 1 ml LB 612 613 supplemented with 0.2% glucose and kanamycin (50 µg/ml), then 50ul of that was used to inoculate 5 ml of LB supplemented with 0.2% glucose and kanamycin (50 µg/ml), which was 614 615 grown overnight. Plasmids were recovered by miniprep. 1ul of each plasmid was used to transform competent DS941 E. coli, then two different volumes were plated on LB plus kanamycin. Colony 616 617 color was visualized using a ChemiDoc imager (BioRad). The red and green channel images are overlaid in Figure 5. 618

Full-plasmid sequencing (Plasmidsaurus) was used to verify the recombination products. Plasmids recovered from a green colony resulting from the pQD1 + pQD2 (6A/6T - OFF /red) experiment were identical to pQD3 (6A/6T - ON /green), confirming the expected inversion. To isolate products from the experiments using pQD4 (5A/6T - OFF /red) and pQD5 (5A/6T - ON/green), the 1 or 2 product-color colonies seen in Figure 5 were picked, then restreaked to ensure separation from their substrate-containing neighbors. Sequencing confirmed that product plasmids from the pQD4 experiment matched the sequence of pQD5, and vice versa.

### 626 **RNA extraction, reverse transcription and RT-qPCR**

627 Cecal RNA was extracted using Rneasy PowerMicrobiome Kit (Qiagen) according to the 628 manufacturer's instructions. Complementary DNA was generated using the QuantiTect reverse 629 transcriptase kit (Qiagen) according to the manufacturer's instructions. Quantitative PCR was 630 performed on complementary DNA using primers with PowerTrack SYBR Green Master Mix

631	(Thermo Fisher). Reactions were run on a QuantStudio 6 pro	o (Thermo Fisher). Relative abund	lance
632	was normalized by $\Delta\Delta Ct$ . TcdA_qFor 5'-GTATGGATAG	GTGGAGAAGTCA-3'; TcdA_	qRev
633	5'-CTCTTCCTCTAGTAGCTGTAATGC-3'67;	TcdB_qFor	5'-
634	AGCAGTTGAATATAGTGGTTTAGTTAGAGTTG-3';	TcdB_qRev	5'-
635	CATGCTTTTTTAGTTTCTGGATTGAA-3'68;	FliS1_qFor	5'-
636	TGCAGGACAATGGGCAAAGG-3';	FliS1_qRev	5'-
637	CAGGCAACACATTATCTATTACCTGG-3';	FliE_qFor	5'-
638	AGGCGAAGATGTTTCTATGCA-3';	FliE_qRev	5'-
639	ACCTTATTCATTTCTTGATATGCATCA-3'		

640

# 641 Statistical analysis

Kruskal-Wallis, T-tests and One-way ANOVA tests was performed to test the difference in maximum weight loss, swim plate, and RT-qPCR results. Statistical significance was determined by using a P value of <0.05. Linear regression analysis was used to estimate the correlation between IR type and weight loss.

646

647

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Fig 2





Yea

USA Canada UK\_Ireland Australia Europe East Asia Unknown





# Fig 5





