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Targeting TMPRSS2 in SARS-CoV-2 Infection



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Abstract

Severe acute respiratory syndrome-coronavirus 2 (SARS-CoV-2) has rapidly caused a global pandemic associated with a novel respiratory infection: coronavirus disease-19 (COVID-19). Angiotensin-converting enzyme-2 (ACE2) is necessary to facilitate SARS-CoV-2 infection, but—owing to its essential metabolic roles—it may be difficult to target it in therapies. Transmembrane protease serine 2 (TMPRSS2), which interacts with ACE2, may be a better candidate for targeted therapies. Using publicly available expression data, we show that both ACE2 and TMPRSS2 are expressed in many host tissues, including lung. The highest expression of ACE2 is found in the testes, whereas the prostate displays the highest expression of TMPRSS2. Given the increased severity of disease among older men with SARS-CoV-2 infection, we address the potential roles of ACE2 and TMPRSS2 in their contribution to the sex differences in severity of disease. We show that expression levels of ACE2 and TMPRSS2 are overall comparable between men and women in multiple tissues, suggesting that differences in the expression levels of TMPRSS2 and ACE2 in the lung and other non—sex-specific tissues may not explain the gender disparities in severity of SARS CoV-2. However, given their instrumental roles for SARS-CoV-2 infection and their pleiotropic expression, targeting the activity and expression levels of TMPRSS2 is a rational approach to treat COVID-19.

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In December 2019, a novel member of the *Coronaviridae* family, severe acute respiratory syndrome (SARS)-coronavirus 2 (SARS-CoV-2), has spread rapidly throughout the world, probably from Wuhan, Hubei province, China, resulting in an infectious respiratory infection: coronavirus disease-19 (COVID-19).¹⁻³ As of May 1, 2020, more than 3.2 million persons are confirmed to have contracted SARS-CoV-2, and nearly 250,000 have died from this global pandemic.⁴ This global public health emergency requires a rapid and effective response to mitigate COVID-19—related morbidity and mortality.² Elucidating the mechanism of SARS-CoV-2 infection is necessary for the rational design of therapeutics, the use of novel or repurposed therapeutics, development of an effective vaccine, and understanding the clinical course of COVID-19.

Infections by the SARS coronaviruses—SARS-CoV and SARS-CoV-2—are

dependent on host proteins angiotensin-converting enzyme 2 (ACE2) receptor, which has been the subject of multiple investigations in the literature.^{5,6} However, viral entry requires not only binding to the ACE2 receptor but also priming of the virus's spike (S) protein by the transmembrane protease serine 2 (TMPRSS2) by cleavage of the S proteins at the S1/S2 and S2 sites. This cleavage step is necessary for the virus-host cell membrane fusion and cell entry.^{6,7} One striking observation made across most countries is the increased severity of disease among older men with SARS-CoV-2 infection,⁸ although there might also be differences in infectivity. Although early data of 140 patients with SARS-CoV-2 from Wuhan, China, demonstrated a nearly equal male to female ratio for infection,⁹ subsequent studies of hospitalized and deceased patients have identified an increased male prevalence from approximately 55% to 85% in



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China,^{1,10-16} to 82% in Italy,¹⁷ and approximately 63% in New York City of hospitalized patients.¹⁸ It is interesting that this skewed sex difference in disease severity was also reported in studies of respiratory infections caused by related coronaviruses, SARS-CoV and Middle East respiratory syndrome (MERS)-CoV, suggesting a potentially shared underlying mechanism responsible for the high disease severity among infected men.¹⁹⁻²² Host susceptibility to severe COVID-19 disease is also associated with older age, hypertension, heart failure, chronic kidney disease, diabetes, obesity, and the use of ACE inhibitors.²²⁻²⁴ Although gender can be associated with these additional comorbidities, male sex remains an independent variable associated with severe COVID-19 infection in multiple studies.^{22,23} It is possible that expression differences in ACE2 and TMPRSS2 explain the increased severity of disease among men. ACE2 is located at Xp22.2, within the nonpseudautosomal portion of the X chromosome (15,561,033-15,602,069, GRCh38). It displays incomplete X-chromosome inactivation and shows a male-biased expression pattern in several tissues.²⁵ TMPRSS2 is located at 21q22.3, within chromosome 21 (41,464,305-41,508,158, GRCh38), and its expression is modulated by androgen signaling via multiple androgen receptor elements upstream of the gene's transcriptional start site.^{26,27} In this study, we evaluate the expression levels of both ACE2 and TMPRSS2 in many host tissues, including lung. Given the increased severity of disease among older men with SARS-CoV-2 infection, we also address the potential roles of ACE2 and TMPRSS2 in their contribution to the sex differences in severity of disease.

METHODS

ACE2 and TMPRSS2 Gene Expression Analyses

ACE2 and TMPRSS2 expression data were obtained directly from the genotype-tissue expression (GTEx) project (<https://gtexportal.org>) or from the Human Protein Atlas GTEx data (RNAseq based on

RSEMv1.2.22 (v7). Expression from all tissue samples available were plotted using the box plots available from the GTExPortal website with plots shown as median and 25th and 75th percentiles and dots displayed as outliers if they are above or below 1.5 times the interquartile range. Comparison of ACE2 and TMPRSS2 expression was performed using GTEx tool multiGeneQueryPage.

Statistical Analyses

From the Human Protein Atlas GTEx data (RNAseq based on RSEMv1.2.22 (v7), box plots were created using SPSS Software (SPSS Statistics, IBM, Chicago, Illinois) and extreme outliers in each type of sample were identified (data not shown). If extreme outliers were present in the sample population, the significance of the difference was calculated using the Mood's median test. For all other samples without extreme outliers, Kruskal–Wallis was used to calculate the significance.

TMPRSS2 Allele Frequencies

Allele frequency of 2 missense variants rs75603675 and rs12329760 in TMPRSS2 gene were calculated using the Geography of Genetic Variants Browser.²⁸

RESULTS

Expression of ACE2 and TMPRSS2 in Multiple Tissues

Given the necessity of ACE2 and TMPRSS2 genes for SARS CoV-2 infection, we evaluated their expression in human tissues using data from the GTEx project (<https://gtexportal.org>). Expression of ACE2 and TMPRSS2 was detectable in multiple tissues. As the common symptoms of COVID-19 involve cough, sore throat, gastrointestinal issues, anosmia, and dysgeusia,^{14,29} we analyzed the levels of ACE2 and TMPRSS2 in tissues associated with these sequelae. Both ACE2 and TMPRSS2 were expressed in the lung, with expression levels of TMPRSS2 higher than ACE2 (Figure 1). Tissues associated with the gastrointestinal system with elevated ACE2 expression include

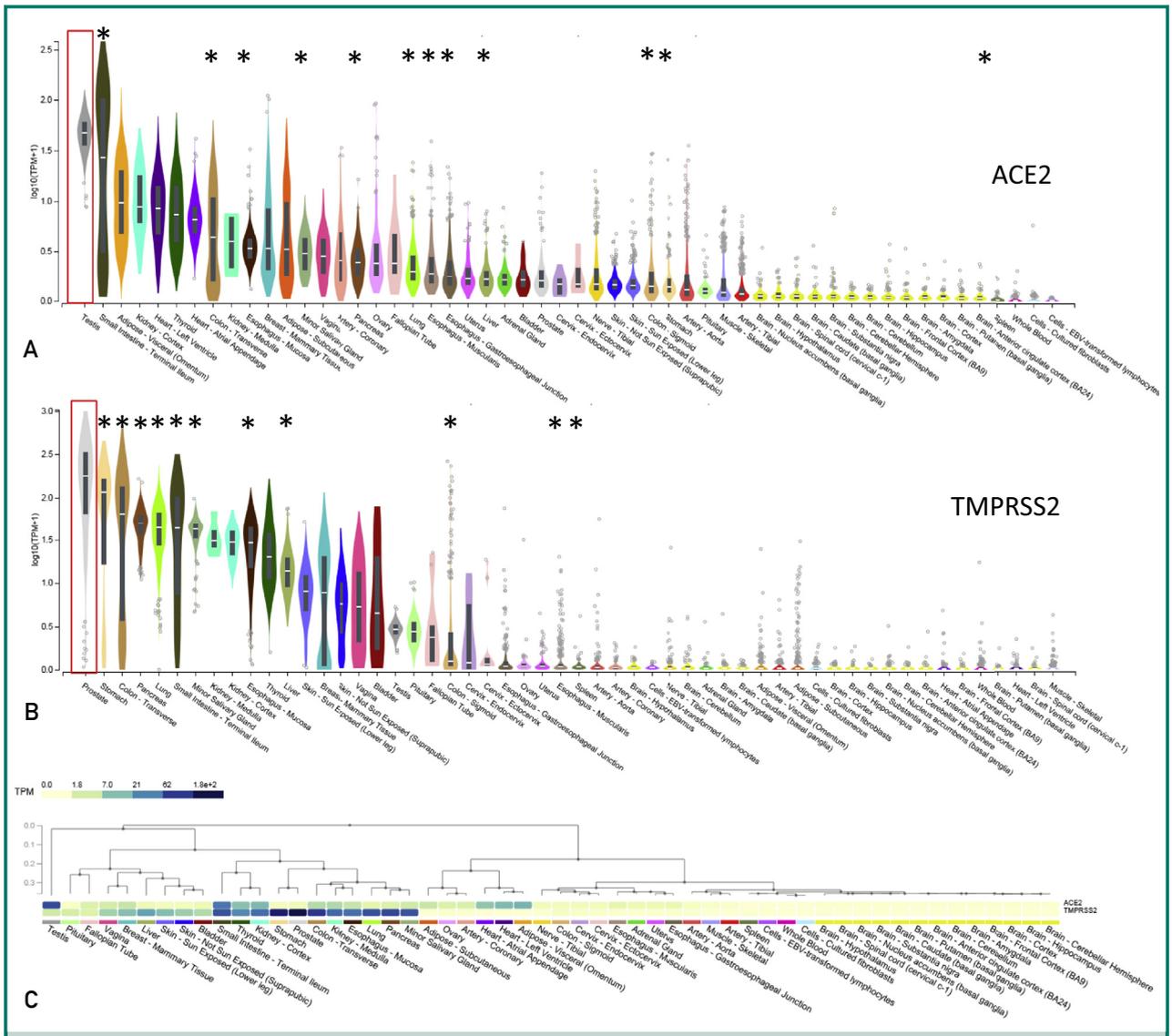


FIGURE 1. ACE2 and TMPRSS2 gene expression data. The data were obtained directly from the Genotype-Tissue Expression (GTEx) Project (<https://gtexportal.org>). Samples were sorted based on the median expression on a log scale using transcripts per million (TPM) unit. ACE2 (**A**) and TMPRSS2 (**B**) expression from all tissue samples available were plotted using the box plots available from the GTExPortal website with plots shown as median and 25th and 75th percentiles and dots displayed as outliers if they are above or below 1.5 times the interquartile range. Red boxes show the testes and prostate expression of ACE2 and TMPRSS2, respectively. Tissues associated with common COVID-19 symptoms are marked with an asterisk*. In (**C**), a comparison of ACE2 and TMPRSS2 expression using GTEx tool multiGeneQueryPage.

small intestine (terminal ileum), colon (transverse), esophagus (mucosa), minor salivary gland and pancreas, esophagus, liver, colon (sigmoid) and stomach (Figure 1A). TMPRSS2 expression was also detected in gastrointestinal tissues including stomach, colon (transverse), pancreas, small intestine (terminal ileum), minor salivary

gland, esophagus (mucosa), liver, and colon (sigmoid) (Figure 1B). Some patients with COVID-19 experience anosmia and dysgeusia, findings that may be a result of olfactory nerve abnormalities.²⁹ Although GTEx does not have expression data specifically from olfactory tissues, the overall expression levels of both ACE2 and TMPRSS2 appear low in

TABLE 1. Sex Disaggregated Information From 32 Countries With 982, 274 Total Cases As Of May 2, 2020

Country	Total cases	Total cases		Cases		Total deaths		Deaths		Deaths		Deaths confirmed+	
		(M)	(F)	(% M)	(% F)	(M)	(F)	(% M)	(% F)	confirmed + (% M)	confirmed + (% F)	(M:F ratio)	
The Netherlands	38,365	14,579	23,786	38	62	4566	2603	1963	57	43	17.9	8.3	2.2
Finland	4740	2275	2465	48	52	145	75	70	52	48	3.3	2.8	1.2
Denmark	8851	3717	5134	42	58	434	247	187	57	43	6.7	3.6	1.8
Greece	2324	1278	1046	55	45	132	100	32	76	24	7.8	3.0	2.6
Italy	176,716	86,591	90,125	49	51	23,164	14,593	8571	63	37	16.9	9.5	1.8
Republic of Ireland	19,666	8260	11,406	42	58	903	479	424	53	47	5.8	3.7	1.6
Spain	204,856	90,137	114,719	44	56	15,853	9195	6658	58	42	10.2	5.8	1.8
Switzerland	29,376	13,513	15,863	46	54	1408	817	591	58	42	6.0	3.7	1.6
Belgium	47,682	17,642	30,040	37	63	5286	2696	2590	51	49	15.3	8.6	1.8
Germany	156,337	75,042	81,295	48	52	5908	3368	2540	57	43	4.5	3.1	1.4
Portugal	24,322	9972	14,350	41	59	948	465	483	49	51	4.7	3.4	1.4
Austria	15,314	7504	7810	49	51	550	308	242	56	44	4.1	3.1	1.3
Sweden	19,621	8829	10,792	45	55	2355	1342	1013	57	43	15.2	9.4	1.6
Northern Ireland	2724	1117	1607	41	59	206	115	91	56	44	10.3	5.6	1.8
Norway	7605	3726	3879	49	51	195	107	88	55	45	2.9	2.3	1.3
Romania	11,313	5091	6222	45	55	619	396	223	64	36	7.8	3.6	2.2
Ukraine	9410	4140	5270	44	56	239	131	108	55	45	3.2	2.0	1.6
Luxembourg	3741	1908	1833	51	49	89	50	39	56	44	2.6	2.1	1.2
Europe	782,963	355,322	427,641	45	55	63,000	37,087	25,913	59	41	10.4	6.1	1.7
Dominican Republic	6293	3398	2895	54	46	282	220	62	78	22	6.5	2.1	3.0
Peru	28,699	17,793	10,906	62	38	782	555	227	71	29	3.1	2.1	1.5
Mexico	15,529	9007	6522	58	42	1434	975	459	68	32	10.8	7.0	1.5
Colombia	5597	2910	2687	52	48	253	157	96	62	38	5.4	3.6	1.5
Ecuador	15,728	8650	7078	55	45	871	592	279	68	32	6.8	3.9	1.7
Canada	26,638	11,721	14,917	44	56	1067	534	534	50	50	4.6	3.6	1.3
Argentina	3892	1946	1946	50	50	192	125	67	65	35	6.4	3.5	1.9
Americas	102,376	55,426	46,950	54	46	4881	3158	1723	65	35	5.7	3.7	1.6
China	55,924	28,521	27,403	51	49	2114	1353	761	64	36	4.7	2.8	1.7
South Korea	10,752	4301	6451	40	60	244	127	117	52	48	3.0	1.8	1.6
Australia	6713	3357	3357	50	50	84	51	33	61	39	1.5	1.0	1.6
Philippines	7955	4296	3659	54	46	530	350	180	66	34	8.1	4.9	1.7

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TABLE 1. Continued

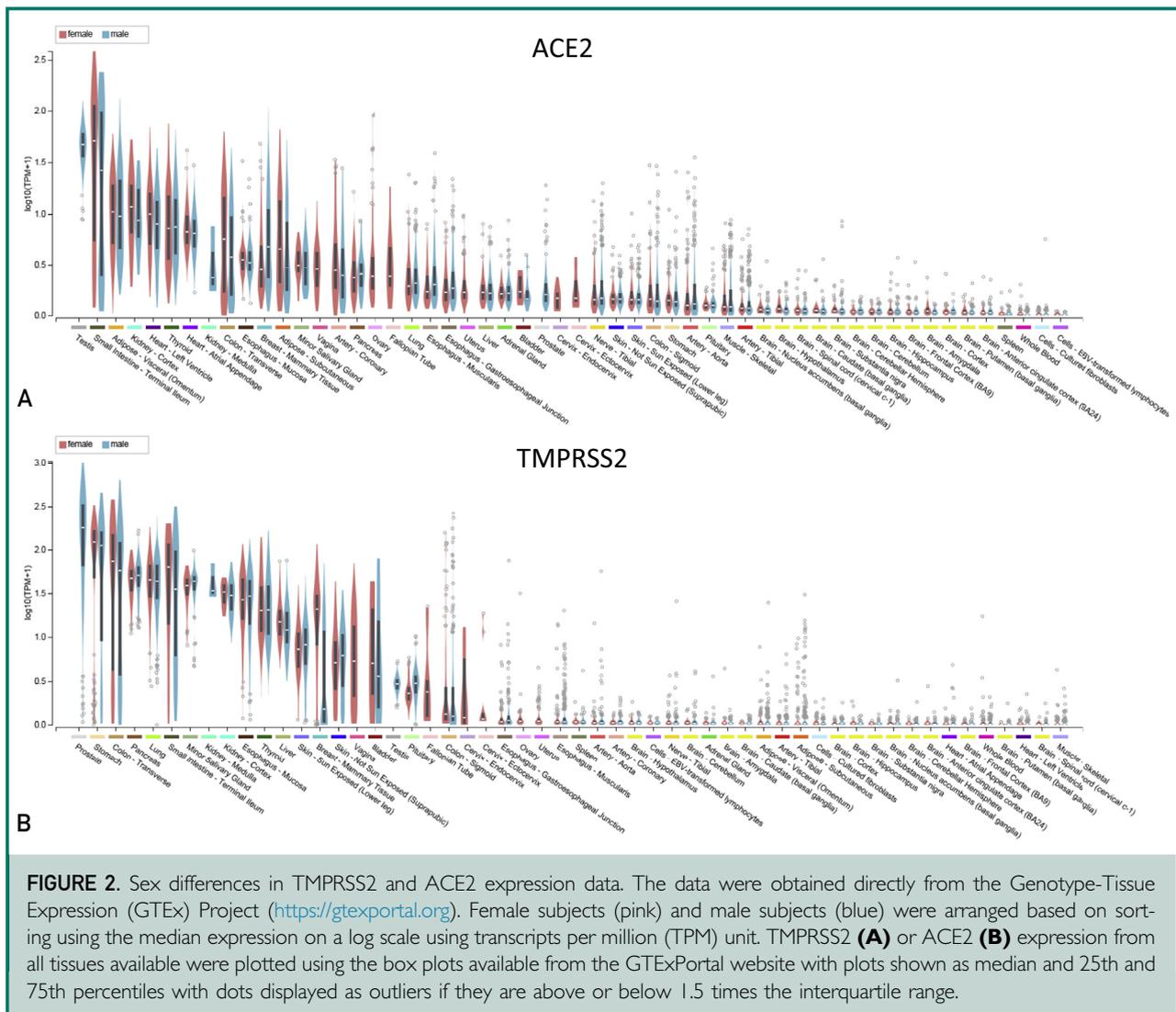
Country	Total cases		Cases (% M)		Total deaths		Deaths (% M)		Deaths confirmed + (% M)		Deaths confirmed + (M:F ratio)	
	(M)	(F)	(% M)	(% F)	(M)	(F)	(% M)	(% F)	confirmed + (% M)	confirmed + (% F)	(M:F ratio)	(M:F ratio)
Indonesia	9511	3900	59	41	526	247	68	32	94	63	1.5	1.5
Thailand	2938	1322	55	45	40	12	77	23	25	0.9	2.7	2.7
Asia	93,793	46,091	51	49	2447	1350	64	36	5.1	2.9	1.8	1.8
South Africa	3142	1728	45	55	24	19	56	44	1.7	1.1	1.6	1.6
Total	982,274	459,863	47	53	71,721	29,005	60	40	9.3	5.6	1.7	1.7

The data were obtained from the Global Health 5050³² (<http://globalhealth5050.org/covid19>) tracker. Data from Iran, India, and Pakistan are not indicated in table. Regions were color-coded as follows: Europe (purple), Americas (green), Asia (orange), and Africa (blue).
Confirmed + = confirmed positive

other nervous system tissues. The highest expression of ACE2 was observed in the testes, and the prostate displayed the highest expression of TMPRSS2 (Figure 1). Although the overall expression of ACE2 and TMPRSS2 varied in each tissue, multiple tissues expressed both ACE2 and TMPRSS2 (Figure 1C). However, some tissues—such as adipose, heart, artery, and ovary—had high ACE2 and low TMPRSS2 expression, whereas the prostate, stomach, bladder, skin, liver, and pituitary had high TMPRSS2 and low ACE2 expression (Figure 1C). Although the pathophysiology of SARS-CoV-2 is not completely understood, and these data alone cannot establish causality between infection and ACE2 or TMPRSS2 expression, they do suggest that additional tissues other than the lung—including, but not limited to, kidney, testes, and skin—may also be infected by SARS-CoV-2. This observation may explain the pleiotropic effects of SARS-CoV-2 infection but should be confirmed *in vitro* and *in vivo*.³⁰⁻³²

Expression of ACE2 and TMPRSS2 is Similar in Men and Women

Although the frequency of men and women testing positive for SARS-CoV-2 may be similar, men are more likely to die (60% men vs 40% women) following the infection compared with women, an observation that does not appear to be geographically specific (Table 1). To evaluate whether ACE2 or TMPRSS2 contribute to the sex disparity in severity of disease, we analyzed their sex differential gene expression using the GTEx data that were available directly through the GTEx portal and also through the Human Protein Atlas (<https://proteinatlas.org>) (Figure 2 and Table 2). Focusing on the tissues with the highest expression of ACE2 and TMPRSS2, only the subcutaneous adipose tissue showed a significant difference between sex, with men displaying lower median ACE2 expression compared with women (Table 2) (men 1.3 transcripts per million [TPM] vs women 2.2 TPM, P value <0.0001). In some tissues, a higher numerical median expression of ACE2 (lung: men 0.7 vs women 0.6; thyroid gland: men 4.4 vs women



3.4; heart atrial appendage: men 3.6 vs 3.4 women; and visceral adipose: men 5.5 vs women 5.4 TPM) and TMPRSS2 (colon transverse: men 104.1 vs women 90.8; pancreas: men 52.7 vs women 51.0; salivary gland: men 46.3 vs women 42.5; and esophagus: men 32.7 vs women 28.8 TPM) was observed (Table 2); however, these findings were not considered significant. No significant differences in ACE2 or TMPRSS2 expression were observed in lung tissue (Table 2).

DISCUSSION

The rapid development of novel approaches or repurposing of existing therapies is

critical in mitigating the coronavirus pandemic. Because of the centrality of ACE2 and TMPRSS2 as host-expressing genes necessary for SARS-CoV-2 infection and subsequent immune reactions³⁴ (Figure 3), it is reasonable to develop agents that target their proteins or inhibit their activity.³⁵ Therapies that target ACE2 received some focus in the literature,³⁶ and the use of decoy ACE2 receptors could have promise.³⁷ However, directly antagonizing human ACE2 may be challenging owing to the essential regulatory role of ACE2 in heart function, as demonstrated by the severe cardiac defects observed in ACE2 knockout

TABLE 2. Median ACE2 and TMPRSS2 TPM Expression Values.

TMPRSS2	Male median TPM	Female median TPM	P value
Stomach	109.4	132.5	0.309
Colon-transverse	104.1	90.8	0.460
Small intestine	63.6	86.1	0.186
Lung	48.2	49.5	0.244
Pancreas	52.7	51.0	0.436
Salivary gland	46.3	42.5	0.228
Esophagus	32.7	28.8	0.649
Kidney	31.6	31.1	0.876
Thyroid	21.6	21.1	0.921
Liver	12.2	14.6	0.284
ACE2	Male median TPM	Female median TPM	P value
Small intestine	38.0	50.7	0.385
Adipose tissue subcutaneous	1.3	2.2	<0.0001
Adipose tissue visceral	5.5	5.4	0.971
Thyroid gland	4.4	3.4	0.059
Kidney	4.7	8.8	0.104
Heart atrial appendage	3.6	3.4	0.563
Heart left ventricle	4.7	5.7	0.104
Colon-sigmoid	0.2	0.2	0.769
Colon-transverse	3.3	4.0	0.460
Lung	0.7	0.6	0.574
Salivary gland	1.5	1.6	0.636

The data were obtained from The Human Protein Atlas GTEx data (RNAseq based on RSEMv1.2.22 [v7]) and sorted from the highest expressing tissues from male and female patients (all age groups included). Box plots were created using SPSS Software (IBM, Chicago, Illinois), and extreme outliers in each type of sample were identified. If extreme outliers were present in the sample population, the significance of the difference was calculated using the Mood's median test. For all other samples without extreme outliers, Kruskal–Wallis was used to calculate the significance.

TPM = transcripts per million.

(KO) mice.³⁸ Furthermore, there are potentially beneficial effects of ACE2 that occur because of the degradation of angiotensin I and angiotensin II by ACE2. By contrast, TMPRSS2 KO mice lack an observable phenotype and appear healthy, suggesting that TMPRSS2 is nonessential for mouse reproduction, development, and growth.³⁹ Further, TMPRSS2 KO mice had reduced infection and virus spread within the airway and less severe immune response due to SARS-CoV and the related MERS-CoV viruses, demonstrating the critical role of TMPRSS2 in coronavirus infection.⁴⁰

Inhibition of TMPRSS2 activity using camostat mesylate in human lung cells *in vitro* has a demonstrated efficacy against

SARS-CoV-2 infection.⁶ Therefore, this agent appears to be a logical therapeutic approach, as it is already used in Japan to treat pancreatitis.⁴¹ Given the strong preclinical support of repurposing camostat mesylate for SARS-CoV infection, clinical trials evaluating camostat mesylate alone or in combination with hydroxychloroquine have begun in Europe (<https://clinicaltrials.gov/ct2/show/NCT04321096> and <https://clinicaltrials.gov/ct2/show/NCT04338906>), and we are actively pursuing them in the United States. In addition, another TMPRSS2 inhibitor—nafamostat—may also have clinical utility against SARS-CoV-2 infection.⁴²

An alternative strategy is to inhibit the androgen receptor (AR). The TMPRSS2

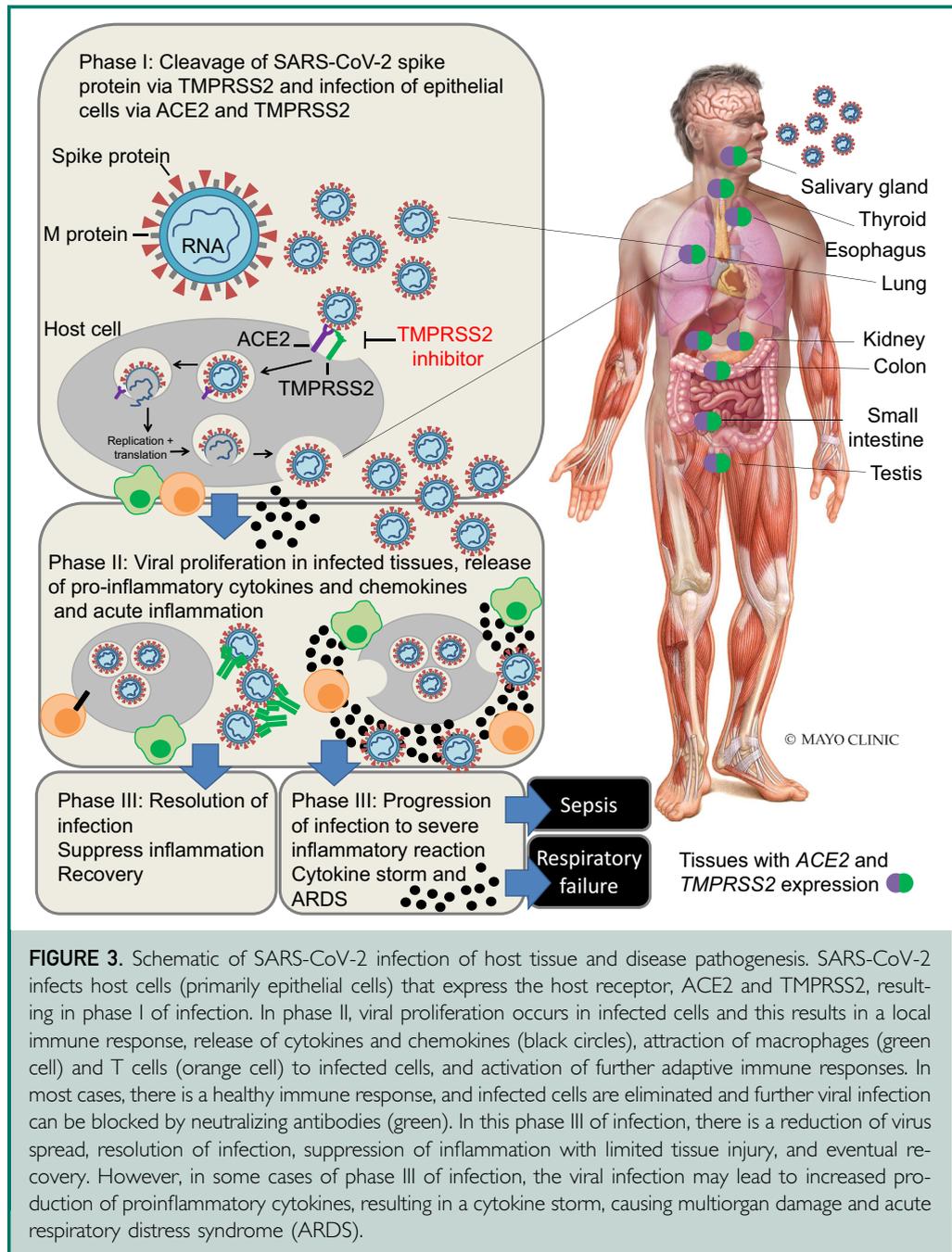
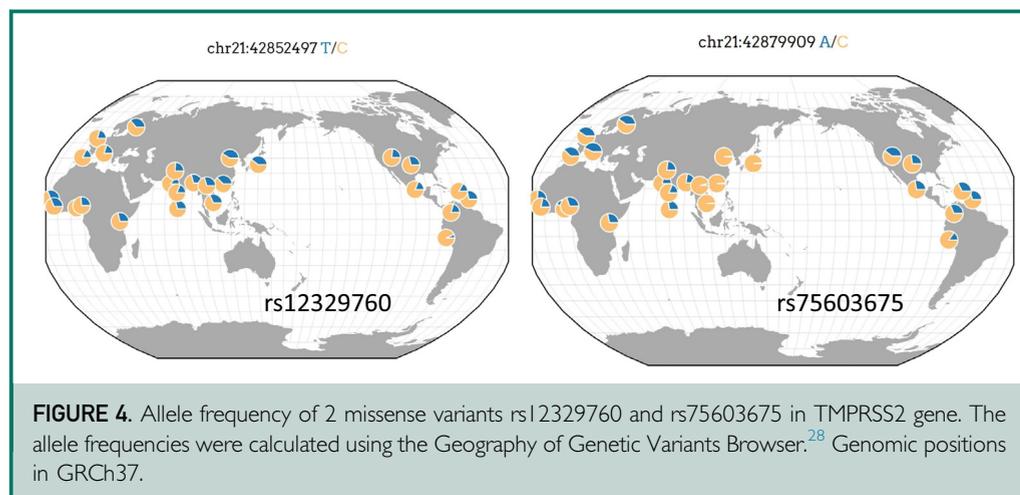


FIGURE 3. Schematic of SARS-CoV-2 infection of host tissue and disease pathogenesis. SARS-CoV-2 infects host cells (primarily epithelial cells) that express the host receptor, ACE2 and TMPRSS2, resulting in phase I of infection. In phase II, viral proliferation occurs in infected cells and this results in a local immune response, release of cytokines and chemokines (black circles), attraction of macrophages (green cell) and T cells (orange cell) to infected cells, and activation of further adaptive immune responses. In most cases, there is a healthy immune response, and infected cells are eliminated and further viral infection can be blocked by neutralizing antibodies (green). In this phase III of infection, there is a reduction of virus spread, resolution of infection, suppression of inflammation with limited tissue injury, and eventual recovery. However, in some cases of phase III of infection, the viral infection may lead to increased production of proinflammatory cytokines, resulting in a cytokine storm, causing multiorgan damage and acute respiratory distress syndrome (ARDS).

expression is modulated by androgen signaling via multiple androgen receptor elements upstream of the gene's transcriptional start site.^{26,27} As shown in Figure 1B, and by others, TMPRSS2 is highly expressed in prostate epithelium.²⁶ Consistent with this, an aberrant fusion of TMPRSS2 with ERG or with other partner oncogenes (ETV1,

ETV4, ETV5) is a common feature in prostate cancer.⁴³ As it is well documented that TMPRSS2 is an androgen-responsive gene, a novel approach to SARS-CoV-2 infection may be to reduce the expression of TMPRSS2 by inhibition of AR signaling through the use of androgen deprivation therapy (ADT) or antiandrogens, which are



standard treatments for prostate cancer.⁴⁴ Although preclinical studies are necessary to evaluate this novel approach to SARS-CoV-2 infection, it has the benefit that the use and low toxicity profile of AR-directed therapies have been well established in prostate cancer studies.⁴⁴ Targeting TMPRSS2 protease activity through protease inhibitors or indirectly through ADT requires an understanding of the functional polymorphisms present in the gene. Of the 13 common markers (minor allele frequency 0.5) within TMPRSS2, there are 2 missense variants (rs75603675; c.23G>T p.Gly8Val and rs12329760; c.589G>A p.Val197Met) whose frequencies vary by ancestry and geography (Figure 4). Targeting TMPRSS2 protease activity through protease inhibitors or indirectly through ADT will require additional studies to determine the role of rs75603675 and rs12329760 on TMPRSS2 expression, protease activity, and in response to protease inhibition.

Our observations are consistent with previous studies evaluating TMPRSS2 expression in lung tissue using GTEx data,⁴⁵ although—owing to the limitation of the data—they do not consider age, menopausal status, or ancestry. Although a very slight increase in TMPRSS2 expression was observed in the bronchial epithelial cells of male patients compared with female patients, using GSE66499 microarray data,⁴⁵ it is unclear whether this small

increase in TMPRSS2 expression explains the increase in severity of disease in men. Our results are also consistent with previous studies supporting no significant differences in ACE2 expression in lung tissue in association with age (>60 and <60 years), race (white and Asian), and sex using RNA-seq, microarray, and GTEx datasets.⁴⁶ Combined, these findings suggest that differences in the expression levels of TMPRSS2 and ACE2 in the lung and other non—sex-specific tissues likely do not explain the gender disparities in severity of SARS CoV-2. However, the observation of high ACE2 expression in the testes is an intriguing observation, and a recent study hypothesized that the testes could serve as a reservoir for SARS-CoV-2.³⁰ However, the expression of genes in the testes has been associated with “leaky expression,” without evidence of a functional consequence of the expressed genes.⁴⁷ Therefore, the expression of ACE2 in the testes warrants additional investigation, including demonstration of SARS-CoV-2 in semen. Additional studies are also needed to evaluate whether androgens (or even estrogens) contribute to sex-associated severity of disease independently of ACE2 or TMPRSS2 functions.

CONCLUSION

SARS-CoV-2 has rapidly caused a global pandemic. Both ACE2 and TMPRSS2 are

expressed in many host tissues, but the expression levels of ACE2 and TMPRSS2 are overall comparable between men and women in multiple tissues. This suggests that expression differences of TMPRSS2 and ACE2 in the lung and other non–sex-specific tissues may not explain the gender disparities in severity of SARS CoV-2. However, targeting the activity and expression levels of TMPRSS2 is a rational approach to treat COVID-19 and should be explored further.

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Abbreviations and Acronyms: ACE2 = angiotensin-converting enzyme 2; COVID-19 = coronavirus disease-19; GTEx = genotype-tissue expression; SARS-CoV-2 = severe acute respiratory syndrome-coronavirus 2; TMPRSS2 = transmembrane protease serine 2

Potential Competing Interests: Dr Fonseca has served as a consultant for Amgen, BMS, Celgene, Takeda, Bayer, Janssen, Novartis, Pharmacyclics, Sanofi, Merck, Juno, Kite, Aduro, OncoTracker, GSK, and AbbVie. He has served on scientific advisory boards for Adaptive Biotechnologies and OncoTracker. Dr Elhaik has served as a consultant for DNA Diagnostics Center. The remaining authors report no competing interests.

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