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# Texture Analysis of Gray-Scale Ultrasound Images for Staging of Hepatic Fibrosis

# 간 섬유화 단계 평가를 위한 회색조 초음파 영상 기반 텍스처 분석

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**Purpose** To evaluate the feasibility of texture analysis of gray-scale ultrasound (US) images for staging of hepatic fibrosis.

**Materials and Methods** Altogether, 167 patients who had undergone routine US and laboratory tests for a fibrosis-4 (FIB-4) index were included. Texture parameters were measured using a dedicated in-house software. Regions of interest were placed in five different segments (3, 5, 6, 7, 8) for each patient. The FIB-4 index was used as the reference standard for hepatic fibrosis grade. Comparisons of the texture parameters between different fibrosis groups were performed with the Student's *t*-test or Mann-Whitney U-test. Diagnostic performance was evaluated by receiver operating curve analysis.

**Results** The study population comprised of patients with no fibrosis (FIB-4 < 1.45, n = 50), mild fibrosis (1.45  $\leq$  FIB-4  $\leq$  2.35, n = 37), moderate fibrosis (2.35 < FIB-4  $\leq$  3.25, n = 27), and severe fibrosis (FIB-4 > 3.25, n = 53). Skewness in hepatic segment 5 showed a difference between patients with no fibrosis and mild fibrosis (0.2392  $\pm$  0.3361, 0.4134  $\pm$  0.3004, respectively, p = 0.0109). The area under the curve of skewness for discriminating patients with no fibrosis from those with mild fibrosis was 0.660 (95% confidence interval, 0.551–0.758), with an estimated accuracy, sensitivity, specificity of 64%, 87%, 48%, respectively.

**Conclusion** A significant difference was observed regarding skewness in segment 5 between patients with no fibrosis and patients with mild fibrosis.

Index terms Liver; Fibrosis; Ultrasound; Liver Disease; Computer; Software; Diagnosis

# **INTRODUCTION**

Hepatitis B and C are the leading causes of chronic liver fibrosis in East Asia (1-4). Chronic liver fibrosis has the potential to develop into liver cirrhosis, which is a leading



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This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (https://creativecommons.org/ licenses/by-nc/4.0) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

### ORCID iDs

Eun Joo Park https:// orcid.org/0000-0003-2450-9365 Seung Ho Kim https:// orcid.org/0000-0002-9402-9642 Sang Joon Park https:// orcid.org/0000-0003-1013-681X Tae Wook Baek https:// orcid.org/0000-0001-8743-022X risk factor of hepatocellular carcinoma (HCC) (1, 4, 5). Several studies have demonstrated that early antiviral treatment of viral hepatitis at the incipient stage is highly effective in improving and reversing hepatic fibrosis and liver cirrhosis (6, 7). Therefore, detection and staging of early liver fibrosis is crucial to the success of early treatment and prognosis.

The gold standard for staging of liver fibrosis is histopathologic diagnosis by biopsy (8). However, biopsy is problematic, due to its invasiveness and post procedural complications (9). Gray-scale ultrasound (US), by contrast, is superior for its high accessibility and non-invasiveness. However, the operator dependency of the examination remains a major demerit of diagnosing and staging of liver fibrosis by US. Moreover, US-based evaluation of liver parenchymal echogenicity is frequently discordant between operators, not only between expert and novice practitioners, but sometimes even between experts. In this regard, inter-observer variability can be a problem (10-12). Overall, US examination for detection and staging of liver fibrosis has the intrinsic limitation of being based on subjective assessment.

Fibroscan or US elastography represent quantitative methods for evaluation of liver fibrosis (13-19). However, these examinations incur additional expense by requiring specific devices or software programs. On the other hand, gray-scale US is readily available and less expensive.

Texture analysis is an emerging image analysis technique that has been showing promising results as a potential imaging biomarker based on CT and MR images (20-24). Texture analysis based on US images, though, has been relatively rarely studied. Quantitative studies on liver fibrosis grading by means of texture analysis, furthermore, are few (25, 26).

The purpose of the present study, therefore, was to investigate the feasibility of texture parameters of gray-scale US images for classification of liver fibrosis.

# **MATERIAL AND METHODS**

This study was approved by the Institutional Review Board, which waived informed consent from patients (IRB No. 2018-12-013-001).

# PATIENTS AND SELECTION CRITERIA

We searched the picture archiving and communication system (PACS) database records between November 2017 and September 2018 for patients with a history of viral hepatitis or chronic liver disease. Among 1962 patients, 437 satisfying the following inclusion criteria were initially enrolled: 1) underwent gray-scale US; 2) underwent laboratory blood tests including aspartate aminotransferase (AST), alanine aminotransferase (ALT), and platelet counts that were needed for calculation of the fibrosis-4 (FIB-4) index, which served as the reference standard for liver fibrosis grading (27-30). Among those 437 patients, 270 were excluded based on the following criteria: 1) underlying malignancy (n = 3); 2) underwent hepatectomy or segmentectomy (n = 29); 3) long time interval (> 30 days) between US and laboratory blood tests (n = 185); 4) US images of poor quality or that did not include all hepatic segments (n = 53). Therefore, 167 patients (66 men, 101 women; mean age, 59 years; range, 20–86) finally were included in the study.



Fig. 1. Screen capture of the workspace for measurements of texture parameters for the selected regions of interest shaded in green.

Automatically calculated texture parameters are displayed in the right column.



# **US EXAMINATION**

US examinations were performed by three abdominal radiologist with 25, 20 and 14 years of clinical experience of abdominal US, respectively. The examination was done in conventional gray-scale US with a fundamental mode using the iU22 scanner (Philips Ultrasound, Bothell, WA, USA). C5-1 convex probes were utilized with a frequency setting of 4.0 MHz. The standard US protocol calls for imaging of both hemilivers. The left hemiliver images were obtained through the substernal and subcostal windows; the right hemiliver images were obtained through the subcostal and intercostal windows.

# **US TEXTURE ANALYSIS**

The texture analysis was performed by one radiologist with three years of experience using an in-house software [Medical Imaging Solution for Segmentation and Texture Analysis (MISSTA), Seoul, Korea] with fully automated quantification of the texture features by dedicated C++ languages (Microsoft Foundation Classes; Microsoft, Redmond, WA, USA) (20-22). A circular region of interest (ROI) was placed in each of the five hepatic segments (three, five, six, seven and eight), taking care to avoid large vessels, focal hepatic lesions, and artifacts. To maintain consistency, the ROI contained 20 pixels (26). After placement of the ROI in each hepatic segment, the texture features were automatically calculated. The measurement was repeated in order to obtain intra-observer agreement. To evaluate inter-observer agreement, another radiologist with three years of experience performed the task with the same manner. Both radiologists were blinded to the results of each other. Fig. 1 shows the dedicated software workspace with the selected ROIs and calculated parameters. The texture parameters included first-order features based on gray-level histogram and second-order parameters based on gray-level co-occurrence matrix (GLCM). The first-order features consisted of the

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following statistics: mean, standard deviation (SD), skewness, kurtosis, entropy and homogeneity. The second-order features included moment, angular second moment (ASM), inverse difference moment (IDM), contrast, and entropy (31).

# **REFERENCE STANDARD**

The FIB-4 index was used as the reference standard because it can be non-invasively obtained and has been validated as having a good correlation to METAVIR score, not only in patients with hepatitis C, but also in those with hepatitis B or alcoholic liver disease (27-30, 32, 33). The FIB-4 index formula was as follows: age (years) × AST (U/L)/ [platelets (10<sup>o</sup>/L) × ALT (U/L)]<sup>1/2</sup>. The FIB-4 index's score of < 1.45 had a negative predictive value (NPV) for exclusion of fibrosis of 92% ( $\leq$  METAVIR F2), and a score of > 3.25 had a positive predictive value (PPV) for confirmation of fibrosis of 76% ( $\geq$  METAVIR F3) (27).

The METAVIR score conventionally represents the hepatic fibrosis grade. It consists of the degree of histological inflammatory activity (A0 = no activity, A1 = mild activity, A2 = moderate activity, A3 = severe activity) and the extent of fibrosis (F0 = no fibrosis, F1 = portal fibrosis without septa, F2 = portal fibrosis with few septa, F3 = numerous septa without cirrhosis, F4 = cirrhosis) (34). As earlier noted though, it requires an invasive liver biopsy, which incurs the risk of bleeding and sampling error. Nonetheless, it is still considered to be the hallmark of liver fibrosis on a histopathological basis.

# STATISTICAL ANALYSIS

The texture parameters were compared between any two of the four fibrosis groups using the *t*-test or Mann-Whitney U test. When statistically significant parameters were found, accuracy, sensitivity, specificity, PPV and NPV were estimated by a receiver operating characteristic curve (ROC) analysis. The area under the ROC curve (AUC) was considered as the main indicator of diagnostic performance. Intra- and inter-observer agreements were calculated by the intraclass correlation coefficients (ICCs). The values were classified as poor (0.00– 0.20), fair (0.21–0.40), moderate (0.41–0.60), good (0.61–0.80), and excellent (0.81–1.00). Med-Calc software for Windows (MedCalc Software version 19.1.7, Mariakerke, Belgium) was used. A p value less than 0.0125 was considered a statistically significant difference after Bonferroni's correction for multiple comparisons.

# RESULTS

The study population consisted of groups with no fibrosis (METAVIR F0, FIB-4 < 1.45, n = 50), mild fibrosis (F1, 1.45  $\leq$  FIB-4  $\leq$  2.35, n = 37), moderate fibrosis (F2, 2.35 < FIB-4  $\leq$  3.25, n = 27), and severe fibrosis (F3 + F4, FIB-4 > 3.25, n = 53) (Fig. 2). The demographics on the study population are summarized in Table 1.

Among the texture parameters, skewness in hepatic segment 5 showed statistically significant differences between no fibrosis and mild fibrosis (F0, 0.2392  $\pm$  0.3361; F1, 0.4134  $\pm$  0.3004, p = 0.0109) as well as moderate fibrosis (0.4292  $\pm$  0.4542, p = 0.0104). Both kurtosis (F0, -0.2126  $\pm$  0.5625; F3 + F4, 0.2686  $\pm$  1.0251, p = 0.0042) and skewness (F0, 0.2362  $\pm$  0.3361; F3 + F4, 0.4670  $\pm$  0.4707, p = 0.0053) showed significant differences between no fibro-

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Fig. 2. Gray-scale ultrasound images for each fibrosis group.

A-D. F0 (no fibrosis), FIB-4 index < 1.0 (A), F1 (mild fibrosis),  $1 \le$  FIB-4 index < 1.45 (B), F2 (moderate fibrosis), 1.45  $\le$  FIB-4 index  $\le$  3.25 (C), and F3 + F4 (severe fibrosis), FIB-4 index > 3.25 (D). FIB-4 = fibrosis 4



sis and severe fibrosis. In addition, SD showed a significant difference between mild fibrosis and severe fibrosis in segment 5 (F1, 8.2162  $\pm$  2.1562; F3 + F4, 9.6086  $\pm$  2.9597, *p* = 0.0110). The detailed results are summarized in Table 2. The other texture parameters, on the other hand, showed no significant differences in any of the five segments (*p* > 0.0125).

The AUC of skewness in segment 5 between no fibrosis and mild fibrosis was 0.660 (95% CI, 0.551–0.758); that of no fibrosis and moderate fibrosis was 0.616 (95% CI, 0.498–0.725). The estimated accuracy, sensitivity, specificity, PPV and NPV of skewness between no fibrosis and mild fibrosis were 64%, 87%, 48%, 55% and 83%, respectively; those of no fibrosis and moderate fibrosis were 57%, 74%, 48%, 43% and 77%, respectively. The AUCs between skewness and kurtosis discriminating no fibrosis and severe fibrosis showed no significant differences (p = 0.9663). The AUC of SD between mild fibrosis and severe fibrosis was 0.634 [95% confidence interval (CI), 0.527–0.733]. The detailed diagnostic predictive values are summarized in Table 3.

In terms of intra-observer agreement, ICCs for skewness, mean, SD, kurtosis, entropy and homogeneity, respectively were 0.83 (95% CI, 0.76–0.87), 0.93 (95% CI, 0.90–0.95), 0.66 (95%

Fibrosis Grades							
Parameters	No Fibrosis	Mild Fibrosis	Moderate Fibrosis	Severe Fibrosis	Total		
	(F0, <i>n</i> = 50)	(F1, <i>n</i> = 37)	(F2, <i>n</i> = 27)	(F3 + F4, <i>n</i> = 53)	( <i>n</i> = 167)		
Age (years)	$48.98 \pm 13.77$	$58.14\pm10.10$	$66.63 \pm 11.09$	$65.04 \pm 11.59$	$58.94 \pm 13.78$		
Sex distribution (M:F)	18:32	14:23	9:18	25:28	66:101		
AST (U/L)	$23.72 \pm 11.39$	$29.14 \pm 12.46$	$29.85 \pm 8.36$	$45.68 \pm 24.42$	$32.88 \pm 18.76$		
ALT (U/L)	$26.22 \pm 21.70$	$28.03 \pm 17.99$	$25.15\pm11.64$	$36.11 \pm 33.15$	$29.59 \pm 24.40$		
Platelet count	$251.36 \pm 68.94$	$172.62 \pm 46.36$	$147.41 \pm 43.45$	$95.87 \pm 39.52$	$167.76 \pm 80.51$		
FIB-4 index	$0.99 \pm 0.32$	$1.91\pm0.26$	$2.79\pm0.32$	$5.99 \pm 2.75$	$3.06 \pm 2.61$		
HCV positive	3	11	7	13	33		
HBV positive	16	18	16	13	64		
Alcoholic	0	1	0	12	13		
Unknown	31	7	4	15	57		

### Table 1. Demographic Data According to Fibrosis Grade

ALT = alanine aminotransferase, AST = aspartate aminotransferase, FIB-4 = fibrosis-4, HBV = hepatitis B virus, HCV = hepatitis C virus

CI, 0.54–0.75), 0.72 (95% CI, 0.62–0.79), 0.74 (95% CI, 0.65–0.81) and 0.87 (95% CI 0.83–0.91), respectively.

As for inter-observer agreement, ICCs for the above-mentioned features with the same order were 0.77 (95% CI, 0.68–0.83), 0.99 (0.95% CI, 0.98–0.99), 0.85 (95% CI, 0.79–0.89), 0.74 (95% CI, 0.65–0.81), 0.90 (95% CI, 0.87–0.93) and 0.97 (95% CI, 0.95–0.98), respectively. All features showed good or excellent agreements.

# DISCUSSION

From the viewpoint of clinical implementation, it is very important to identify a mild fibrosis group that can be treated to reverse progression of hepatic fibrosis. Therefore, our finding that skewness showed an estimated accuracy of 64% in differentiating no fibrosis from mild fibrosis is noteworthy.

A previous study on hepatic fibrosis grade classification through quantification of US images showed promising results (25). Kvostikov et al. (25) reported that the diagnostic accuracy of a texture analysis of US images for classification of hepatic fibrosis grade was 73% using the best predictive classifier, namely k-nearest neighbors (KNN). Out of the training set, which consisted of F0 (n = 7), F1 (n = 34), F2 (n = 8), F3 (n = 2) and F4 (n = 6), they selected 22 parameters from 720 extracted ones and tested the data with machine-learning algorithms. The discrepancy in accuracy between the previous study and ours might be due to the usage of the best predictive algorithm, which can be considered to be a kind of radiomics approach. Therefore, we believe that additional and quantitative analyses of other parameters, such as liver edge or surface nodularity, have the potential to achieve improvement in the diagnosis and classification of liver fibrosis. However, the previous study's test set included only 7 cases (only one for each stage, except four cases for F1); thus, their observations should be verified in a larger cohort (25).

Computer-assisted imaging analyses currently are in the spotlight due to the increased at-

# Table 2. Comparison of Texture Parameters Among Different Fibrosis Grades

					_	Parameters					
Fibrosis			First-Order	Statistics				econd-Order S	tatistics (GLC	M-Based)	
Grades	Mean (HU)	SD (HU)	Entropy	Homogeneity	Kurtosis	Skewness	ASM	Contrast	Entropy	IDM	Moments
No fibrosis (F0)	$51.91 \pm 18.03$	8.46 土 2.38	3.33 ± 0.28	$0.025 \pm 0.011$	$-0.21 \pm 0.56$	0.24 土 0.34	$0.0056 \pm 0.0030$	$20.23 \pm 9.50$	$2.46 \pm 0.19$	$0.29 \pm 0.066$	$0.27 \pm 0.19$
Mild fibrosis (F1)	$45.14 \pm 14.40$	8.21 ± 2.16	3.30 土 2.45	$0.03 \pm 0.01$	0.02 ± 0.68	0.41 ± 0.30	$0.0055 \pm 0.0022$	$18.94 \pm 8.90$	2.44 ± 0.15	0.30 ± 0.052	$0.20 \pm 0.13$
Moderate fibrosis (F2)	49.70 土 16.86	8.88 土 2.41	3.38 土 0.24	$0.026 \pm 0.012$	$0.25 \pm 1.32$	0.43 ± 0.45	$0.0052 \pm 0.0024$	21.38 ± 9.45	$2.48 \pm 0.16$	0.29 ± 0.059	$0.24 \pm 0.18$
Severe fibrosis (F3 + F4)	48.78 ± 17.70	9.61 ± 2.96	3.41 ± 0.28	$0.027 \pm 0.013$	$0.28 \pm 1.04$	0.46 土 0.48	0.0054 土 0.0025	$21.73 \pm 10.26$	2.48 ± 0.17	$0.29 \pm 0.061$	$0.24 \pm 0.19$
p*	0.0536	0.6236	0.6680	0.0842	0.0626	0.0109	0.4334	0.4688	0.6461	0.5342	0.0888
p <sup>+</sup>	0.5936	0.4636	0.4250	0.5643	0.0896	0.0104	0.7087	0.6144	0.5757	0.9886	0.6084
p <sup>‡</sup>	0.3757	0.0324	0.1773	0.3013	0.0037	0.0069	0.8023	0.4494	0.6110	0.9923	0.5137
p§	0.2600	0.2494	0.2361	0.3378	0.7696	0.6604	0.2991	0.2750	0.2207	0.5711	0.2930
h	0.2836	0.0110	0.0455	0.5677	0.3106	0.4788	0.4738	0.1790	0.2432	0.4336	0.4163
p"	0.6289	0.2419	0.5152	0.6361	0.9506	0.4363	0.8364	0.7949	0.9069	0.9318	0.6728
*Comparison b +Comparison b #Comparison b 5Comparison b	etween no fibrosis ietween no fibrosis ietween no fibrosis etween mild fibros etween mild fibros	group (F0) and e group (F0) and group (F0) and sis group (F1) ar is group (F1) an	mild fibrosis g moderate fibr severe fibrosi nd moderate fi d severe fibro	group (F1). osis group (F2). s group (F3 + F4) brosis group (F3 + F1 sis group (F3 + F1)	. (						

<sup>4</sup> Comparison between moderate fibrosis group (F2) and severe fibrosis group (F3 + F4). ASM = angular second moment, GLCM = gray-level co-occurrence matrix, HU = Hounsfield unit, IDM = inverse difference moment, SD = standard deviation

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# Table 3. Diagnostic Predictive Values of Statistically Significant Texture Parameters

Texture Parameters	Skewness			Kurtosis	SD
Comparisons	F0 and F1	F0 and F2	F0 and F3 + F4	F0 and F3 + F4	F1 and F3 + F4
Diagnostic Predictive Values					
AUC	0.660 (0.551–0.758)	0.616 (0.498-0.725)	0.662 (0.562–0.752)	0.664 (0.564–0.754)	0.634 (0.527–0.733)
Estimated accuracy (%)	64	57	64	66	58
Sensitivity (%)	87 (71.9–95.6)	74 (53.7–88.9)	78 (64.0-88.5)	56 (41.3–70.0)	30 (18.3–44.3)
Specificity (%)	48 (33.7–62.6)	48 (33.7–62.6)	51 (35.5–64.5)	76 (61.8–86.9)	94 (82.3–99.4)
PPV (%)	55	43	71	71	89
NPV (%)	83	77	60	61	49

Data in parenthesis are 95% confidence intervals.

AUC = area under the receiver operating characteristic curve, NPV = negative predictive value, PPV = positive predictive value, SD = standard deviation

tention paid to artificial intelligence (AI) in the area of radiology. AI including deep-learning systems creates algorithms based on self-learning and self-grouping of given information. There have been trials on the development and application of deep-learning systems for staging of liver fibrosis using CT images (35). Choi et al. (35) stated that their deep-learning system based on CT images for diagnosis of hepatic fibrosis had an accuracy of 79% and AUCs of 0.96, 0.97, and 0.95 for staging of significant fibrosis ( $\geq$  F2,  $\geq$  F3, and F4, respectively). Wu et al. (26), though they did not apply any deep-learning system, demonstrated that texture analysis in liver MR images can reflect fibrotic stages and necro-inflammatory activity grades. Their misclassification rates were 28%, 36%, and 20% for staging of fibrosis grade on T2-weighted, T1-weighted, and gadolinium-enhanced hepatocyte phase images, respectively. Lubner et al. (36) showed that texture parameters based on liver CT images could distinguish hepatic fibrosis grades; the AUCs for mean Hounsfield unit, skewness and kurtosis were 0.72, 0.86 and 0.87, respectively. Notably, skewness showed a sensitivity of 84% and a specificity of 75%.

In our study, the average SD of the severe fibrosis group was higher than that of the mild fibrosis group, in addition, the estimated maximum accuracy for differentiating between them was 58%. Similarly to our result, Lee et al. (37) observed that the average SD of chronic liver disease group (14.21  $\pm$  2.32) was higher than those with normal liver group (11.0  $\pm$  0.91) and suggested that SD could be used for distinguishing normal liver and chronic liver disease. However, they did not provide an optimal cut-off value or corresponding diagnostic predictive values to discriminate chronic liver disease from the control group.

As skewness and kurtosis increase, the difference between their pixel values increases, which reflects increased heterogeneity in the selected ROI (38). In our present study, as fibrosis progressed, increased skewness was observed, and in the severe fibrosis group relative to no fibrosis, increased kurtosis also was seen, which indicated increased heterogeneity of the liver parenchyma. Furthermore, higher SD reflected increased variation of intensity values, which in turn reflected increased heterogeneity of selected ROI.

Intriguingly, in contrast to the results from segment 5, the texture parameters obtained from the other hepatic segments (3, 6, 7 and 8) showed no statistical differences between the groups. This discrepancy could be explained by several factors. Gray-scale US of the liver is vulnerable to many artifacts dependent on scan depth, breathing or cardiac movement of



the patient, particularly in the left hemiliver. Not only in conventional US but also in liver elastography, liver fibrosis evaluation results are more reproducible and reliable in the right hemiliver than in the left (39). Therefore, we think that segment 5 is the optimal location for the US probe in texture analysis.

There are several limitations to our study. First of all, it was confined to an analysis of parenchymal echotexture. In conventional US, chronic liver disease is diagnosed based not only on parenchymal echotexture but also other features such as surface nodularity, liver volume, and liver edge. In fact, Choong et al. (40) reported that surface nodularity is the most sensitive sonographic feature for detection of significant hepatic fibrosis. Second, the FIB-4 index used as our reference standard did not reflect the exact histological fibrosis stage, as it can show only the range of calculated scores corresponding to the estimated grade of fibrosis. MR elastography might work as an alternative non-invasive global reference standard; however, problems involving additional cost and availability would be incurred. Therefore, the FIB-4 index was the second best option that we could choose as a non-invasive reference standard. In addition, it should also be emphasized that although we made an effort to correlate the FIB-4 index to the METAVIR score based on previous validation articles (27-30, 32, 33), the overlap of FIB-4 values between the different fibrosis groups (F0, F1, and F2) was inevitable because the cut-off values were arbitrarily chosen to maximize PPV or NPV. Therefore, misclassification bias might be incurred. Another issue might be raised in terms of adopting the same cut-off values of FIB-4 index to patients with Hepatitis B virus (HBV) and alcoholic liver disease. Though the cut-off values were established in patients with Hepatitis C virus (HCV), the overall diagnostic accuracy of FIB-4 index was not very high, but moderate in patients with HBV and alcoholic liver disease, which might negatively affect our results.

In conclusion, skewness showed a significant difference between the no fibrosis and mild fibrosis groups in segment 5.

# **Author Contributions**

Conceptualization, K.S.H.; data curation, K.S.H., P.E.J.; formal analysis, K.S.H., P.E.J.; investigation, K.S.H., P.E.J.; methodology, K.S.H., P.E.J.; project administration, K.S.H.; resources, all authors; software, P.S.J.; supervision, K.S.H.; validation, all authors; visualization, P.E.J., K.S.H.; writing—original draft, all authors; and writing—review & editing, all authors.

## **Conflicts of Interest**

The authors have no potential conflicts of interest to disclose.

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# 간 섬유화 단계 평가를 위한 회색조 초음파 영상 기반 텍스처 분석

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**목적** 간 섬유화 단계 평가를 위한 회색조 초음파 영상 기반 텍스처 분석 측정 변수들의 진단 적 유용성에 대해 평가한다.

대상과 방법 간 회색조 초음파 검사를 시행한 총 167명의 환자를 대상으로 하였다. 텍스처 분 석은 한 명의 의사가 전용 소프트웨어를 이용하여 시행하였으며 3, 5, 6, 7, 8번 간 분절에 20 픽셀에 해당하는 원형 관심 영역을 지정하여 측정하였다. 간 섬유화 정도에 대한 표준 품으 로는 fibrosis-4 (이하 FIB-4 index)를 사용하였다. 산출된 텍스처 변수들과 간의 섬유화 정도 의 비교는 *t*-검정과 Mann-Whitney U 검정을 사용하였으며, 진단적으로 유의한 변수들에 대 하여 수신자 운영 특성 곡선의 곡선 하 면적(area under the receiver operating characteristic curve)으로 진단능을 평가하였다.

**결과** 연구에 포함된 환자는 정상군(FIB-4 < 1.45, *n* = 50), 경도(1.45 ≤ FIB-4 ≤ 2.35, *n* = 37), 중등도(2.35 < FIB-4 ≤ 3.25, *n* = 27)와 중증 간 섬유화군(FIB-4 > 3.25, *n* = 53)으로 구분되었 다. 간의 5번 분절에서 왜도는 정상군과 경도군 사이에서 통계적으로 유의한 차이를 보였다 (각각 0.2392 ± 0.3361, 0.4134 ± 0.3004, *p* = 0.0109). 정상군과 경도군을 구별하기 위한 왜 도의 곡선 하 면적은 0.660 (95% confidence interval, 0.551-0.758) 이었으며, 추정 정확도, 민감도, 특이도는 각각 64%, 87%, 48%로 산출되었다.

결론 왜도는 5번 간 분절에서 정상군과 경도 섬유화군을 구분하는 데 유의한 차이를 보였다.

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