REVIEW

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Evidence for the existence and potential roles of intra-islet glucagon-like peptide-1

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ABSTRACT

Glucagon-Like Peptide-1 (GLP-1) is an important peptide hormone secreted by L-cells in the gastrointestinal tract in response to nutrients. It is produced by the differential cleavage of the proglucagon peptide. GLP-1 elicits a wide variety of physiological responses in many tissues that contribute to metabolic homeostasis. For these reasons, therapies designed to either increase endogenous GLP-1 levels or introduce exogenous peptide mimetics are now widely used in the management of diabetes. In addition to GLP-1 production from L-cells, recent reports suggest that pancreatic islet alpha cells may also synthesize and secrete GLP-1. Intra-islet GLP-1 may therefore play an unappreciated role in islet health and glucose regulation, suggesting a potential functional paracrine role for islet-derived GLP-1. In this review, we assess the current literature from an islet-centric point-of-view to better understand the production, degradation, and actions of GLP-1 within the endocrine pancreas in rodents and humans. The relevance of intra-islet GLP-1 in human physiology is discussed regarding the potential role of intra-islet GLP-1 in islet health and dysfunction.

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Introduction

The proglucagon gene GCG is expressed in pancreatic alpha cells, intestinal L-cells, and neurons in the nucleus tractus solitarus.¹ Differential processing of proglucagon by Prohormone Convertase 2 (PC2, encoded by the PCSK2 gene) yields glucagon, whereas PC1/3 (encoded by the PCSK1 gene) yields GLP-1 and GLP-2.^{2,3} It is generally accepted that glucagon production and secretion are largely restricted to the alpha cells within pancreatic islets, whereas GLP-1 production and secretion are confined to the enteroendocrine L-cells and the central nervous system. However, as early as 1985, GLP-1 expression was predicted in both the gastrointestinal tract and pancreas.⁴ Moreover, GLP-1 expression was documented in human pancreatic extracts and proglucagon-producing pancreatic tumors,⁵ and early HPLC analysis of human and porcine alpha cell extracts identified glucagon and small quantities of N-terminally extended GLP-1.6 Subsequent papers have identified GLP-1 in the human pancreas where it is co-packaged within the glucagon secretory granules of an alpha cell subpopulation.^{7–9} Conversely, recent evidence suggests that L-cells can secrete glucagon.¹⁰ This relatively unexpected pancreatic source of GLP-1 suggests a potential paracrine role for alpha cell-derived GLP-1 and suggests plasticity in the differential processing of the proglucagon peptide in both alpha cells and L-cells.

The incretin effect is characterized by the glucosedependent insulinotropic action of gut-derived peptides.¹¹ These peptides include GLP-1 and Glucose-dependent Insulinotropic Polypeptide (GIP), hormones that are released upon nutrient sensing in the gastrointestinal tract.^{11–13} In the classical incretin model, oral nutrient intake initiates the release of GLP-1 and GIP from L- and K-cells in the gut, respectively. These incretin hormones pass through the portal circulation and reach their respective canonical receptors in the pancreas and other target organ systems. With respect to the pancreas, GLP-1 potentiates insulin secretion in a glucosedependent manner via its receptors on beta cells.^{14,15} GIP similarly potentiates beta cell insulin secretion,

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but GIP also enhances glucagon secretion from alpha cells during hypoglycemia.¹⁶ Recent research has led to further refinements of the existing incretin model and these findings now indicate that GLP-1 can act locally in the enteric afferent nervous system, signaling directly to the central nervous system. Central signals are then relayed to the pancreas through the efferent autonomic nervous system, indirectly inducing insulin secretion in response to gastric stimuli.¹⁷ Currently, the relative incretin contributions of the recently-described gut-brain-axis versus the well-established gut-portal-pancreas axis are still unclear and are under active investigation.

The importance of the incretin effect on glucose homeostasis has been elegantly demonstrated by the use of double incretin receptor knockout "DIRKO" mice. Mice lacking both GLP-1 and GIP receptors (GLP-1R and GIPR, respectively) have impaired oral glucose tolerance but intact intraperitoneal glucose tolerance.¹⁸⁻²⁰ This confirms that incretin hormones and their receptor-activation are vital for coordinated insulin release in feeding. In addition to potentiating insulin secretion, GLP-1 also plays a crucial role in islet health, with basal GLP-1R activation contributing to maintaining beta cell function and survival, especially under conditions of islet stress and dysfunction.²¹ Interestingly, GIP's effects are dampened in metabolic disease, whereas GLP-1 signaling remains intact.¹ This has resulted in GLP-1 becoming an effective therapeutic target for managing obesity and Type 2 Diabetes (T2D). In vitro, GLP-1 and GLP-1R agonists protect alpha and beta cell lines from apoptosis.²²⁻²⁴ Drugs that increase the actions of endogenous GLP-1 are also known to promote beta cell survival in isolated human and rodent islets.^{14,22,25-27} These drugs include synthetic GLP-1 mimetics and inhibitors of GLP-1's enzymatic breakdown by Dipeptidyl Peptidase 4 (DPP4).

The enzymatic degradation of GLP-1 also plays a significant role in regulating glucose metabolism. In a seminal paper, Kieffer *et al.*²⁸ demonstrated that DPP4 is the enzyme responsible for inactivating GLP-1 and GIP *in vivo*. Other groups extended this finding to human serum and consequently laid a foundation for early clinical trials with DPP4 inhibitors.^{29,30} To use these therapies to their maximum potential, we must also consider the expression of islet-derived GLP-1 and DPP4 in the context of human health and disease.

The mechanisms controlling GLP-1 and GIP secretion from L-cells and K-cells, respectively, and their systemic effects and target organs have been studied and reviewed extensively.^{31–35} In contrast, the existence and potential physiological roles of intra-islet GLP-1 have only recently begun to be examined more comprehensively. This potentially important aspect of GLP-1 pharmacology has received less attention, perhaps due to the conflict-ing evidence in the literature.

Herein, we aim to provide a comprehensive review of the evidence for the existence of isletderived GLP-1 and consider the expression, degradation, and paracrine actions of this localized source of GLP-1 within pancreatic islets. Specifically, we review the literature on the existence of intra-islet GLP-1 in animal models and humans and then discuss the potential underlying signaling pathways that may regulate the processing and secretion of GLP-1 from islet alpha cells. Finally, we consider the role of the GLP-1R on alpha, beta, and delta cells, and GLP-1's potential contribution as a paracrine signaling factor in the islet.

Evidence for GLP-1 expression in rodent islets

Islet-derived GLP-1 has been documented in several rodent islet models where alpha cells begin to differentially process proglucagon and secrete GLP-1 in response to beta cell destruction.³⁶ Moreover, GLP-1 is produced from alpha cells in rats after several injections of streptozotocin (STZ; 50 mg/kg per day for five days), and its production partially protects the islet from further beta cell loss.³⁷ The sand rat rodent model "Psammomys obesus" develops obesity and insulin-resistance when placed on a regular laboratory rodent chow diet. In these rodents, intra-islet GLP-1 production begins during the development of T2D symptoms and persists with fasting hyperglycemia.³⁸ GLP-1 and PC1/3 expression are elevated during the progression of T2D and hyperglycemia in the db/db mouse model.³⁹ All three rodent models experience cellular stress and beta cell damage



Figure 1. Alpha cell differential proglucagon processing to glucagon or GLP-1 and the signaling pathways that may regulate this process via PC2 and PC1/3 expression.

before the detection of GLP-1. In a study using non-diabetic C57BL/6 J mice, researchers identified a subpopulation of GLP-1 expressing alpha cells in dispersed islets.⁴⁰

As these studies used isolated primary islet samples, it has been suggested that islet-isolation and culturing may cause sufficient islet stress to induce GLP-1. This stress-induced GLP-1 production may be a potential mechanism to prevent further islet cell damage. While this type of experimental nonphysiological stress may well induce GLP-1 processing from proglucagon, recent studies using genetic mouse models that alter intra-islet GLP-1 production in vivo demonstrate that islet-derived GLP-1 may play an important role in glucose homeostasis in the whole animal.^{8,41} Therefore, the available evidence indicates that rodent islet alpha cells can process proglucagon to produce and secrete GLP-1. Whether or not this occurs in vivo in nongenetically modified mice remains to be determined conclusively.

Evidence for GLP-1 expression in human islets

For obvious reasons, the existence and roles of intra-islet GLP-1 have been more extensively

studied in rodents, although several studies have confirmed that human alpha cells are capable of processing and secreting GLP-1 through the use of isolated, intact human islets.42-44 In this regard, our group reported that isolated human islets secrete ~50-fold more active GLP-1 than mouse islets in culture, despite only possessing approximately 3-4-fold more alpha cells than mouse islets.⁴⁴ These studies confirm that intact human islets can both synthesize and secrete significant amounts of GLP-1. It should be mentioned that isolated islets may not behave like islets in situ and the possibility remains that the presence of intraislet GLP-1 may represent an artifact resulting from islet stress induced by their isolation and subsequent culturing. However, our group recently analyzed living-donor biopsy sections that provides direct evidence for GLP-1 production existing in human islets in the absence of cadaveric islet isolation and subsequent islet culturing. Although the biopsy-donors in this study had underlying pancreatic cancer or pancreatitis, the islet sections also contained a substantial subpopulation of GLP-1 positive alpha cells.⁴⁵ Therefore, it is important to determine whether intra-islet GLP-1 production is a consequence of islet stress or if it is constitutively secreted and plays a physiological role in the healthy adult human pancreas. Future research using a perfused whole human pancreas model from donors without diabetes or pancreatic disease is therefore warranted to help definitively answer this important question. Whether or not alpha cell GLP-1 is secreted in normal human physiology, there is compelling evidence to suggest that human alpha cells are capable of producing and releasing GLP-1 and that its production is elevated in disease-states like diabetes.

Regulation of alpha cell proglucagon processing and GLP-1 secretion

Although induction of the GCG gene is critical for proglucagon production, the subsequent processing of proglucagon into glucagon or glucagonrelated peptides (such as GLP-1 and GLP-2) is critically dependent on the relative expression levels of PC2 and PC1/3 (Figure 1). Greater PC1/3 expression favors GLP-1 production, whereas greater PC2 expression favors glucagon production (Figure 1). In this regard, PC1/3 is highly expressed in juvenile human islets, although its expression is decreased in adult alpha cells. Instead, mature islets preferentially express the nonfunctional "longnoncoding" PC1/3 gene *lncPCSK1*.⁴⁶ Despite its decreased expression in aging, alpha cell PC1/3 expression is still well-documented in adult alpha cells where it correlates positively with BMI.47 Indeed, PC1/3 expression is detectable in FACSsorted alpha cells from the adult, non-diabetic human pancreas and alpha cell PC1/3 expression is elevated in T2D alpha cells.^{44,48} This is supported by our own recent research that demonstrates that islets from T2D donors contain a higher proportion of GLP-1 positive alpha cells than islets from nondiabetic donors.⁴⁴ While there is substantial evidence that the adult human endocrine pancreas can express intra-islet GLP-1, the precise signaling pathways regulating alpha cell PC1/3 expression is an active research area and several potential pathways that regulate alpha cell PC1/3 expression have been identified and are described below.

Interleukin-6 (IL-6)

IL-6 is a cytokine with both pro- and antiinflammatory properties that is released during exercise and low-grade inflammation and has been identified as an important driver of PC1/3 expression in islets.^{49–51} Systemic IL-6 production is also chronically elevated in the context of obesity and T2D;⁴⁹ instances where levels of intra-islet GLP-1 are also found to be elevated.⁴⁴ IL-6 receptors (IL-6 R) are highly expressed on endocrine cells of the gastrointestinal tract and pancreas. In islets, IL-6 R expression is elevated in alpha cells compared to beta or delta cells.^{49,51} IL-6 R blockade decreases plasma GLP-1 levels in both mice and humans,⁵¹ and IL-6 R KO decreases the amount of GLP-1 r eleased from cultured mouse islets.⁵²

Taken together, this evidence reinforces the relevance of IL-6 R signaling to the production and secretion of GLP-1 from intestinal sources, as we would expect the gut to be the most substantial source of circulating GLP-1. However, the contribution of IL-6 signaling in the production of pancreatic GLP-1 is less clear, although the reduction of GLP-1 secretion from isolated islets in the presence of an IL-6 R blockade indicates a strong regulatory role for IL-6 in pancreatic GLP-1 processing. However, IL-6 receptor signaling is not required for normal islet function and development,⁴⁹ suggesting that this pathway may be activated only under specific physiological or pathophysiological conditions.

IL-6 enhances the induction of the PCSK1, PCSK2, and GCG gene transcription in both alpha cells and L-cells via the IL-6 R/JAK/STAT3 pathway (Figure 1). ^{24,50,52,53} Although levels of PC1/3 and PC2 are both increased by IL-6, there is no acute increase in glucagon secretion in cultured human and rodent islets. Instead, IL-6 treatment increases proglucagon and GLP-1 levels in acute exposure, while glucagon levels only increase after chronic (24 hours) IL-6 exposure.^{49,50} Acute increases in islet-derived GLP-1 are thought to play a protective role in beta cells. This protective effect is two-fold as IL-6 directly improves beta cell survival by potentiating autophagic flux,⁵⁴ and IL-6 promotes beta cell health via intra-islet GLP-1 production.⁵⁰ IL-6 also protects alpha cells from lipo- and gluco-toxicity, contributing to alpha cell expansion in murine high-fat diet models.⁴⁹

In addition to its release from active immune cells, IL-6 can also be produced from exercising skeletal muscle, adipocytes, and endocrine tissues.^{42,51,55} Furthermore, IL-6 is basally expressed in smooth muscle tissue, and the presence of soluble DPP4 can increase its production.⁵⁶ This may be especially relevant in the islet vasculature, where endothelial cell-derived soluble DPP4 and IL-6 are both readily expressed. Adipose tissue is a primary source of the cytokines IL-6 and IL-1beta in obesity and T2D.⁵⁰ However, the concomitant increase in adiposederived IL-1beta may limit IL-6's beneficial effects and favor a more pro-inflammatory environment. While IL-1beta pretreatment does not impair IL-6 dependent GLP-1 production in cultured islets, IL-1beta treatment alone inhibits GLP-1 secretion.^{50,52} GLP-1's sister incretin hormone GIP stimulates IL-6 production in alpha cells and decreases IL-6 production in beta cells,⁵² leading to an increase in measurable GLP-1 and insulin release from cultured islets.

Taken together, the available evidence strongly supports a key role for IL-6 signaling in the control of proglucagon processing and GLP-1 production from alpha cells. As IL-6 is produced from exercising skeletal muscle,^{42,49–51} it is tempting to speculate that exercise-derived IL-6 may promote islet health and function through this IL-6/GLP-1 axis. In this regard, Ellingsgaard *et al.*⁵⁰ confirm that exercise acutely elevates both plasma IL-6 and GLP-1, although the effects of regular exercise on intra-islet IL-6 and GLP-1 production have yet to be examined.

Metabolite G-Protein Coupled Receptors (GPCRs)

GPCRs that recognize specific metabolites have also been implicated in increasing PC1/3 expression via activation of the pro-survival kinase Akt. Moreover, many GPCRs that induce PC1/3 expression in intestinal L-cells are also present on alpha cells. For example, GPR120 is a candidate for triggering GLP-1 secretion from both alpha and L-cells. This receptor is a member of the rhodopsin-like family of GPCRs that senses oleate, palmitate, and other structurally-similar fatty acid metabolites.²⁴ GPR120 agonists can activate the *PCSK1* promoter region in both alpha and L-cell lines, favoring PC1/3 and subsequent GLP-1 production(Figure 1).⁴³

Amino acids are also a potent stimulant of glucagon secretion from alpha cells, and are candidates for triggering alpha cell hyperplasia.⁵⁷ Another rhodopsin-like GPCR, GPR142, functions as an L-tryptophan sensor. GPR142 signaling increases Akt activation, ultimately increasing PC1/3 expression in both alpha and L-cells (Figure 1).²² GPR142 agonism augments insulin secretion in a GLP-1R dependent manner,^{22,58,59} but it is not required for basal GLP-1 secretion. Indeed, GPR142 KO and control littermates have no apparent differences in glucose tolerance and exhibit similar insulin secretion profiles in response to intraperitoneal and oral glucose.⁵⁹ This latter finding argues against a major physiological role for GPR142 alone, although this receptor may act in concert with other GPCRs to fine-tune islet cell function. While it is not explicitly shown to regulate PC1/3 expression, GPR119, a monoacylglycerol sensing GPCR, can potentiate glucagon granule release from alpha cells in hypoglycemia,⁶⁰ and its activation elevates intracellular cAMP.⁶¹ When considering the co-packaging of glucagon and GLP-1 in secretory granules, it is plausible that GPR119 activation may regulate GLP-1 secretion.

The ligands for these GPCRs are all nutrient metabolites that are readily available in the gut, but they may come from the bloodstream or more localized sources in the islet. For example, aromatic amino acids sensed by GPR142 may be produced by the autophagy of nearby cells, while monoacylglycerols and long-chain fatty acids are released from localized lipolysis.⁶¹ Taken together, these findings indicate that proglucagon synthesis and its differential processing and secretion may be under the control of certain nutrients in the local islet microenvironment. Furthermore, the reported effects of GPR119 and 120 agonism on PC1/3 expression and GLP-1 processing in L-cells may complement the increased demand for GLP-1 secretion that is also observed when these GPCRs are activated,⁶² and the same may be true for islet alpha cells, although this remains to be tested experimentally.

Stromal cell-derived factor-1 alpha (SDF-1a)

The chemokine SDF-1a augments PC1/3 expression in alpha cells in response to beta cell stress or

injury (Figure 1). In the healthy adult rodent islet, SDF-1a is restricted to vascular endothelial and stromal cells and is not expressed in the beta cells.⁶³ However, beta cell injury is proposed to activate the SDF-1a/CXCR4 axis and initiate tissue regeneration.⁶³ Using MIN6 and INS-1 beta cell lines, Liu et al.63 show that cellular stressors such as cytokines, thapsigargin, and STZ can induce SDF-1a expression. These findings demonstrate that inflammation, ER stress, and beta-cell toxins activate the SDF-1a/CXCR4 axis.⁶³ Furthermore, SDF-1a treatment of the alpha cell line aTC1 and mouse islets induced GLP-1 production and secretion. GLP-1 and SDF-1a are proposed to act synergistically to increase beta cell survival and are thought to protect beta cells from further injury.⁶⁴

The expression of SDF-1a in the beta cells of adult islets appears to be an initiation of a fetal developmental program.⁶⁵ In support of this concept, Kayali et al.^{65,66} found that SDF-1a and CXCR4 are expressed in the fetal pancreas, and that inhibition of the CXCR4 receptor in islet-like clusters with the CXCR4 inhibitor AMD3100 inhibits islet development. As adult alpha and beta cells express the CXCR4 receptor, the proposed model for SDF-1a induced GLP-1 secretion in islets involves activation of the CXCR4 receptor on both cell types. SDF-1a can activate the CXCR4 receptor on beta cells in an autocrine manner to increase expression of SDF-1a. The increase in SDF-1a may also induce PC1/3 expression in the nearby alpha cells via paracrine signaling. Upon binding the CXCR4 receptor on the alpha cell, SDF-1a can initiate signaling through the JAK/ STAT pathway, eventually activating Akt to induce PC1/3 expression and the subsequent processing and secretion of GLP-1.63,67

Other factors that may mediate alpha cell PC1/3 expression

There is evidence that PC1/3 expression in alpha cells may be induced by conditions and cellular mechanisms in addition to IL-6, metabolite sensing GPCRs, and SDF-1a. For example, hyperglycemia induces PC1/3 expression in alpha cells,²⁴ although the precise mechanisms underlying this effect are unclear. Furthermore, increased PC1/3 and GLP-1 expression is associated with hyperglycemia in rats treated with multiple low dose STZ (Figure 1).³⁷ Indeed, individuals suffering from chronic hyperglycemia express elevated PC1/3 in alpha cells compared to non-diabetic alpha cells.⁴⁸ The expression of PC1/3 in alpha cells can be experimentally induced through the sustained elevation of cAMP with forskolin and IBMX (Figure 1).⁴³ Therefore, signaling pathways that involve cAMP also have the potential to induce PC1/3 expression, and additional undiscovered cAMP-mediated pathways may exist in alpha cells.

Our group has recently examined biopsies from donors with pancreatitis or pancreatic cancer for GLP-1 expression and has identified a large subpopulation of GLP-1 expression alpha cells.⁴⁴ It may be the case in these donor samples that sustained chronic low-grade inflammation results in the local production and release of IL-6 and SDF-1 α , thereby enhancing alpha cell PC1/ 3 expression. Tissue damage, local lipolysis, and cellular autophagy may also be enhanced in these disease-states, in turn, activating key metabolite GPCRs that are also implicated in alpha cell PC1/ 3 expression.

In summary, the production of GLP-1 is dependent on the induction of the PCSK1 gene and subsequent PC1/3 expression in islet alpha cells. Factors that increase PC1/3 expression commonly function through the downstream activation of Akt. Examples include activation of the JAK/STAT pathway by IL-6 or SDF-1a and activation of Akt by Rhodopsin-like GPCRs. The signaling molecules that can promote PC1/3 expression via receptor-mediated signaling are diverse and include cytokines (e.g., IL-6, SDF-1), fatty acids (e.g., palmitate, oleate), and amino acids (e.g., L-tryptophan). Therefore, it is likely that these molecules act in concert to control the glucagon/GLP-1 secretory phenotype of alpha cells depending on factors such as the nutrient or inflammatory state of the localized islet environment (Figure 1). The resulting increase in GLP-1 secretion may protect islet cells by promoting survival under stress and maintaining insulin secretion in the face of increased insulin resistance.

Degradation of incretins by intra-islet dipeptidyl peptidase 4 (DPP4)

DPP4 is a serine exopeptidase that cleaves the two N-terminal residues from GLP-1, GIP, SDF-1a, and other various peptide hormones and cytokines.^{25,29,30} It is generally accepted that the resultant truncated peptides are largely inactive at their respective canonical receptors and DPP4 functions to regulate the actions of GLP-1 in the blood, contributing to its short circulating half-life. Indeed, DPP4 inactivates considerable amounts of GLP-1 within 1–2 minutes of its release.¹ One of the primary challenges to the classical incretin model is that the short half-life and low circulating concentrations of GLP-1 (<10 pM) may limit its effectiveness to activate GLP-1Rs on beta cells. This is further complicated by the wide-spread expression of DPP4 throughout the body.

Significant sources of DPP4 include endothelial cells, haematopoietically derived Tei2+ cells, enterocytes, and hepatocytes, although DPP4 expression is ubiquitous.^{56,68} DPP4 can exist in soluble and membrane-bound forms, and, depending on its origin, DPP4 shows substrate preference. In the presence of denosumab, a human monoclonal antibody used in the treatment of osteoporosis, levels of circulating DPP4 are reduced, whereas levels of GLP-1 are increased.⁶⁹ This indicates that osteoclasts represent a large pool of DPP4-producing cells and may substantially impact glucoregulation. By creating tissue-specific DPP4 KO models, researchers have identified hematopoietic cellderived DPP4 as vital for GIP inactivation, while endothelial cell-derived DPP4 is vital for the glucoregulatory effects of DPP4 inhibitors.¹⁹

Endothelial cell-derived DPP4 is involved in modulating cytokine levels and immune cell activity. DPP4 inhibition by sitagliptin significantly alters plasma cytokine levels yet favors an antiinflammatory environment.⁶⁸ Interestingly, the modulation of immune cells by DPP4 may be both catalytically dependent and independent, while its effects on existing cytokines may be strictly enzymatic. This is confirmed by experiments outlining that hematopoietic cell-derived DPP4 can still reduce levels of pro-inflammatory cytokines in the presence of a DPP4 inhibitor. Indeed, DPP4 can interact with the extracellular matrix proteins of various cell types to induce downstream signaling, independent of its peptidase function.⁶⁹ This is a likely mechanism for the reduction of proinflammatory cytokines with the use of sitagliptin.

Within the human endocrine pancreas, DPP4 expression seems to be highly enriched in alpha cells. Consequently, DPP4 expression in human islets has been used as a surface marker to sort for enriched alpha cell populations by FACS, while DPP4 gene expression has been considered a signature gene to identify alpha cells in transcriptomic studies.⁷⁰ Indeed, DPP4 is found in human alpha cell multivesicular bodies,^{46,55,71–73} and these compartments are distinct from glucagoncontaining secretory granules.²⁰ DPP4 is also derived from endothelial cells, therefore, a local source of soluble DPP4 produced in the islet vasculature.74,75 This local source of DPP4 may act to further inactivate any incretin peptides that reach the pancreas after passing through hepatic portal circulation.¹ In rodents islets, the available evidence suggests that DPP4 expression is limited mainly to beta cells rather than alpha cells.²⁰ This observation was made using histochemical techniques, and it would be worthwhile confirming these interesting results with other techniques, such as using flow cytometry to analyze dissociated islets, or identifying enriched DPP4 gene expression in rodent islet transcriptomic studies. At this point, the role of this species-specific difference in islet cell DPP4 expression remains unclear.

Overall levels of DPP4 are not impacted by circulating insulin, incretins, or DPP4 inhibitors.^{8,55} However, DPP4 levels are elevated in obese and high-fat diet rodent models.^{68,69,71} Indeed, there are well-documented increases in plasma DPP4 documented in high-fat diet rat models, resulting in decreased circulating GLP-1 when compared to rats on a control diet.⁶⁹ In humans, levels of isletderived DPP4 are enhanced in obesity²⁰ and chronic hyperglycemia,⁷⁶ but islet-DPP4 activity is compromised.^{14,20} Despite decreased islet-specific DPP4 activity, peripheral DPP4 levels and activity is enhanced in chronic hyperglycemia and plasma DPP4 activity is correlated positively with both HbA1c and fasting glycemia.⁶⁹ These results suggest that intra-islet GLP-1 inactivation may be compromised in T2D, and this may contribute to maintaining islet health and insulin secretion in disease. However, separating the relative effects of L-cell versus alpha cell-derived GLP-1 in humans is experimentally problematic, and this concept is difficult to test directly.

DPP4 inhibition has an array of beneficial antidiabetic effects on islets as both islet-derived DPP4⁷² and endothelial-cell derived DPP4¹⁹ are sensitive to DPP4 inhibitors. Since soluble, endothelial cell-derived DPP4 has a greater contribution to systemic inflammation in obesity and chronic hyperglycemia,^{19,56,68,76} its inhibition may reduce local islet inflammation and promote beta cell survival.²⁶ The DPP4 inhibitor sitagliptin stabilizes active GLP-1 and augments insulin secretion.^{20,26} Beta cells are also protected against cytokine-induced toxicity; however, this effect is independent of GLP-1 and likely due to DPP4's actions on other peptide hormones.^{14,77} Overall, the use of DPP4 inhibitors in the management of T2D improves beta cell health, function, and survival via the anti-inflammatory and incretogenic effects of this widely-used clinical drug class.

DPP4 inhibitors and intra-islet substrates

DPP4 inhibition protects beta cells from lipo- and glucotoxicity,^{14,26,78} and improves islet survival in culture.^{26,78} Intra-islet DPP4, whether endothelial or endocrine cell-derived, may reduce GLP-1 concentrations, limiting the GLP-1 mediated protection of beta cells. As discussed above, DPP4 inhibitors have the potential to increase active GLP-1 concentrations in the local islet microenvironment. This may represent an under-recognized mechanism underlying the therapeutic efficacy of DPP4 inhibitors for the treatment of T2D. Furthermore, there is an increased opportunity to enhance GLP-1-mediated paracrine signaling between human alpha and beta cells through islet DPP4 inhibition due to the difference in human versus rodent islet morphology as alpha cells are greater in number and interspersed throughout the human islet when compared to rodent islets.⁷⁹⁻⁸¹

DPP4 inhibition in islets likely alters paracrine signaling of other islet peptides that are DPP4 substrates, with the potential to increase insulin secretion and islet survival. For example, SDF-1a is another known DPP4 substrate, and it is secreted by islets in beta cell injury.²⁵ SDF-1a may be induced in human islets from donors with diabetes due to chronic beta cell stressors such as low-grade inflammation, hyperglycemia, and lipotoxicity. As such, DPP4 inhibition in the islet microenvironment has the potential to maintain active forms of SDF-1 α and promote increases in PC1/3-mediated GLP-1 processing and secretion.

The therapeutic potential of DPP4 inhibitors may also reach beyond the treatment of overt T2D. If intra-islet GLP-1 is relevant to human glucose homeostasis, then the use of DPP4 inhibitors may provide clinical benefit in obesity and prediabetes by increasing intra-islet GLP-1 levels as the islets adapt to metabolic stress. While direct clinical evidence for such an effect is sparse, we have recently demonstrated that patients with T2D who receive the DPP4 inhibitor with metformin at first diagnosis have improved HbA1c levels and are less likely to require insulin therapy when compared to those receiving metformin alone or when a DPP4 inhibitor is prescribed later on in the progression of T2D.82 In their recent review, Trzaskalski et al.⁶⁹ hypothesize that concomitant treatment with sitagliptin and metformin robustly improves HbA1c levels through 1) stabilizing active incretin peptides and 2) increasing the expression of GLP-1R and GIPR on beta cells. In summary, these findings indicate that there may be a clinical benefit to the use of DPP4 inhibitors at the time of T2D diagnosis. Furthermore, patients with prediabetes might even benefit from DPP4 inhibition.

Concerning autoimmune Type 1 Diabetes (T1D), DPP4 inhibitors may possess clinical utility in islet transplantation to preserve or increase beta cell mass in culture before transplant. Our group treated human islet cultures with sitagliptin and measured an increase in intra-islet GLP-1 levels. Interestingly, higher levels of active GLP-1 in culture correlated with less cell death in these human islet preparations. This finding suggests that sitagliptin, and other DPP4 inhibitors, may preserve healthy beta cell mass during the pre-transplant culture period and increase beta cell survival immediately post-transplant.⁷⁸ Finally, DPP4 inhibitors may increase GLP-1 secretion from the remaining alpha cells in T1D, as many T1D patients are identified with residual functional beta cell mass.83 These patients may benefit from increased active GLP-1 levels local to the beta cell, with potentially less need for exogenous insulin and a reduced risk

of hypoglycemia. Although it remains unclear whether the islet-DPP4 axis contributes to wholebody glucose regulation, there is evidence that DPP4 inhibition improves local beta cell function.⁶⁹ The increased intra-islet GLP-1 as a result of DPP4 inhibition may protect remaining beta cells, even potentially induce *de novo* beta cell proliferation. As DPP4 inhibitors possess an excellent safety profile, they are perhaps ideal for targeting additional patient populations with prediabetes and even T1D.

GLP-1 receptor signaling in the endocrine pancreas

Researchers have identified a compelling role for islet-derived GLP-1 in postprandial glucose regulation using an alpha cell-specific GCG KO mouse model.⁴¹ In these animals, tissue-specific reactivation of GCG results in a variable glucoregulatory phenotype. L-cell GCG reactivation improves oral but not intraperitoneal glucose tolerance.⁴¹ This is consistent with the well-characterized incretin effect. Interestingly, while exendin-9 causes glucose intolerance in control mice, mice with intestinal GCG reactivation were not significantly influenced by exendin-9. Instead, alpha cell GCG reactivation made mice sensitive to the negative glucoregulatory influence of exendin-9. Chambers et al.41 concluded that pancreatic but not intestinal GLP-1 expression is vital for proper glucoregulation. The administration of exendin-9 to intact cultured mouse⁴¹ and human⁴⁴ islets results in impaired glucose-stimulated insulin secretion (GSIS), confirming that GLP-1R signaling is critical in maintaining regular insulin dynamics. Isolated GCG KO islets also exhibit markedly decreased glucose and amino acid-stimulated insulin secretion from lost alpha-to-beta cell communication.¹²

As glucagon and GLP-1 are both derived from GCG, these effects may be explained by the loss of glucagon production and secretion from these animal models, although the phenotype of GCG null versus GCGR null mice is significantly different with respect to insulin signaling.⁴¹ Indeed, GCGR null mice have reduced fasting blood-glucose with no increased risk of hypoglycemia, whereas GCG null mice had a comparable metabolic phenotype to GCGR/GLP-1R double KO mice,^{41,57} where both

GCG null and *GCGR/GLP-1R* double KO mice exhibit mild fasting hyperglycemia and increases in insulin secretion.^{40,41} In order to assess the specific effects of GLP-1 production in alpha cells, researchers have used genetic and pharmacological approaches to target *PCSK1* and the GLP-1R.

Traub et al.⁸⁴ demonstrated the importance of islet-derived GLP-1 in adapting to metabolic stress by developing alpha cell PCSK1 KO mice. Mice lacking the ability to produce alpha cell PC1/3 exhibit impaired glucose tolerance in metabolic stress.⁸⁴ Wideman *et al.*⁸⁵ used a different approach to elegantly outline the protective effects of isletderived GLP-1 in vivo. The xenotransplant of PC1/ 3 expressing alpha cells into STZ-treated mice partially restores glucose tolerance and preserves existing beta cell mass, whereas PC2 expressing alpha cells have no beneficial effect and promote mild fasting hyperglycemia.⁸⁵ The protective effect of the PC1/3 expressing alpha cell xenotransplant was attenuated in GLP1R KO mice, confirming that increases in GLP-1 production and signaling play a vital role in this mouse model.⁸⁵ Taken together, these animal models confirm that proglucagon processing into GLP-1 has a beneficial glucoregulatory effect in mice, and that changes in alpha cell PC1/3 expression can modulate these effects. Presumptively, changes of PC1/3 expression primarily influences proglucagon processing into GLP-1, although the alternative effects of PC1/3 expression in alpha cells have yet to be examined.

GLP-1Rs have been identified on alpha, beta, and delta cells.47,86-88 Interestingly, GLP-1Rs are only detected in a subpopulation of alpha cells, and their relevance to normal physiology remains unclear.^{88,89} The GLP-1R belongs to the Family B Gas GPCRs, where ligand binding results in the activation of adenylyl cyclase and elevation of cAMP.¹² GLP-1R agonists reduce islet inflammation, while the genetic ablation of GLP-1R results in mild fasting hyperglycemia and defective GSIS.⁹⁰ GLP-1 acts at multiple receptors: the canonical GLP-1R and the glucagon receptor (GCGR). Using a chimeric GCGR/GLP-1R, researchers identified each receptor's N-terminal domain as critical for ligand selectivity.⁹¹ These findings indicate that the GLP-1R is relatively promiscuous with respect to ligand selectivity, such that it can bind multiple proglucagon-related peptides. These peptides include GLP-1(7–36), GLP-1(9-36), and glucagon.^{12,92-94} Similarly, the GCGR can bind and interact with both GLP-1 and glucagon, although GLP-1's precise signaling pathway via this receptor is not well-characterized.⁹⁵ While glucagon's actions at the GLP-1R in vivo have noteworthy effects on glycemic control, the effect of GLP-1 at the GCGR may be less significant in vivo due to its lower affinity at this receptor compared to the GLP-1R.⁵⁷ This aspect of GLP-1R pharmacology has significant implications regarding the biological function of proglucagon-derived peptides, as all of these peptide-ligands are present within the localized islet environment.

GLP-1(7-36)amide is considered the active form of human GLP-1 and has the most welldocumented biological actions in beta cells where its signaling augments GSIS.^{94,96} GLP-1R activation results in elevated levels of cAMP that can interact with CREB elements in the beta cell. This protects beta cells from cytokine-induced apoptosis.⁵⁴ Furthermore, GLP-1R signaling also includes the Wnt/beta-catenin cascade that promotes beta cell proliferation.⁵³ In rodent islets, GLP-1R activation increases the availability of betacellulin, an EGFR agonist, and activates PI3K to induce beta cell proliferation and insulin biogenesis.⁹⁷ GLP-1R activation can also induce beta cell autophagy in high glucose conditions through modulation of AMPK.²³ Both GLP-1(7–36) and GLP-1(9–36) administration increases the release of insulin and c-peptide in vivo. Upon its binding, GLP-1(9-36) stimulates proinsulin production via PKA signaling, whereas canonical GLP-1(7-36)-induced insulin secretion is mediated by the GTPase exchange factor EPAC (Exchange Protein Activated by cAMP).⁹⁸ In summary, the GLP-1R orchestrates multiple intracellular signaling cascades, some of which are preferentially activated by different ligands.

Alpha cell signaling

GLP-1Rs have only been detected in a subpopulation of alpha cells.^{88,89,99} Despite this, alpha cell-specific GLP-1R ablation results in impaired intraperitoneal glucose tolerance.¹⁰⁰ Although the GLP-1R may only be present in a subpopulation of alpha cells, its role is significant in coordinating the dynamics of glucagon release. Canonical signaling of GLP-1(7–36) at its receptor results in PKA-dependent inhibition of P/Q-type voltage-gated Ca2+ channels, inhibiting glucagon granule release.¹⁰¹ In hyperglycemia, GLP-1R activation is glucagonostatic, whereas alpha cell granule secretion is stimulated in hypoglycemia.¹⁰⁰ Interestingly, isolated alpha cells tend to secrete glucagon in response to elevated glucose levels, implying some sort of paracrine inhibition of glucagon secretion at high glucose *in vivo*.⁵⁷ However, in this model, GLP-1 secretion was not assessed. The inhibition of alpha cell granule release is wellcharacterized; however, its potentiation in hypoglycemia is so-far poorly characterized.

Products of DPP4-mediated breakdown of GLP-1 also exhibit pharmacological activity in alpha cells. GLP-1(9-36) is bioactive at the GLP-1R and inhibits glucagon secretion. Unlike the glucagonostatic effects of GLP-1(7-36), GLP-1(9-36) does not require PKA signaling to inhibit glucagon release.⁹⁵ The dipeptide fragment released from the N-terminal of GLP-1(7-36) breakdown can potentiate glucagon secretion. This effect is dosedependent, although the receptor and mechanism of action have not yet been identified.¹⁰² In summary, GLP-1(7-36), GLP-1(9-36), and dipeptide fragments have pharmacological action in alpha cells. When considering alpha cell-derived GLP-1, these findings are indicative of an autocrine signaling network within alpha cells. Indeed, GLP-1, DPP4, and metabolites of DPP4-mediated GLP-1 breakdown can modulate the secretion of both glucagon and GLP-1.

It is unclear whether GLP-1Rs are only expressed on a subpopulation of alpha cells or if currentlyavailable detection methods have failed to identify its presence consistently. A recent investigation by Gray *et al.*¹⁰³ utilized scRNAseq and validated GLP-1R antibody staining to discern that adult mouse islets do not express *Glp1r* mRNA or the GLP-1R protein. Researchers also confirmed that the *GLP1R* promoter is inactive in wild-type murine alpha cells.¹⁰³ In the absence of a GLP-1R, alpha cells can still respond to the downstream effects of GLP-1 signaling within the islet. So far, the literature suggests that the glucagonostatic effect of GLP-1 can occur directly via the GLP-1R on alpha cells and indirectly via GLP-1-mediated somatostatin secretion at delta cells as well as insulin secretion from beta cells.^{89,101} Both autocrine and paracrine inputs may be relevant to the coordination of alpha cell hormone release and overall islet function, however, interspecies differences in GLP-1R expression between human and rodent islets may complicate the investigation of these inputs.

Beta cell signaling

Proglucagon-derived hormones are vital for normal beta cell function. In the absence of alpha cell GCG expression, beta cells exhibit markedly decreased glucose and amino acid-stimulated insulin release.¹² Indeed, modulation of intracellular cAMP by glucagon and GLP-1(7-36) alters the beta cell's ability to secrete insulin.^{12,92-94} Classically, glucagon acts on its canonical receptor on beta cells to potentiate insulin secretion; however, there is strong evidence that glucagon's binding to the GLP-1R potentiates insulin release.^{12,57,92} In beta cell-specific GCGR KO mice, the infusion of glucagon can still elicit insulin secretion, but this effect requires an intact GLP-1R.¹⁰⁴⁻¹⁰⁶ Glucagon signaling via the GLP-1R on beta cells may have a more meaningful contribution to insulin dynamics than glucagon's signaling through its canonical receptor. Interestingly, these mice have comparable glycemic excursions and glucose clearance when compared to their control littermates.¹² This raises the important question: is GLP-1 required for normal beta cell function, or is GLP-1R activation by an alternate ligand sufficient? Future studies must assess the contribution of glucagon signaling at the GLP-1R in different celltypes, including alpha and delta cells, to determine the relevance or redundancy of endogenous alpha cell GLP-1 production.

The potentiation of insulin release by GLP-1 has several downstream paracrine effects in other islet cell types. Indeed, insulin receptors on alpha cells are vital for glucose tolerance and glucagon dynamics. Alpha cell-specific insulin receptor KO mice exhibit hyperglucagonemia, hyperglycemia, and glucose intolerance.¹⁰⁷ These findings indicate that islet-derived GLP-1 has the potential to limit its own release through the downstream effects of insulin release. Insulin release can indirectly inhibit alpha cell hormone release via stimulation of somatostatin secretion from delta cells. Insulin's effects on delta cells were investigated using a 'somatostatin-secreting delta cell insulin receptor knockout' (SIRKO) mice; these mice experience impaired insulin-stimulated somatostatin release and impaired insulin sensitivity.¹⁰⁸ Taken together, proglucagon-related peptides can interact with beta cells to induce insulin secretion. Insulin interacts with its receptors on adjacent alpha and delta cells to modulate the islet's hormonal profile.

Delta cell signaling

In recent years, GLP-1Rs have been characterized in delta cells, where receptor activation potentiates glucose-dependent somatostatin release.^{89,99} Upon its secretion, somatostatin inhibits insulin and glucagon release via its interactions with the somatostatin receptor SSTR2.^{87–89} SSTR2 activation results in adenylyl cyclase inhibition and the opening of G-protein coupled K+ channels, ultimately maintaining the alpha or beta cell in a negativelypolarized non-excitable state and suppressing hormone secretion.⁶⁰ While GLP-1 potentiates insulin and somatostatin release, somatostatin inhibits insulin release.⁶⁰ Therefore, depending on somatostatin availability, GLP-1 can indirectly inhibit insulin rather than potentiate its release.

Somatostatin may also inhibit the secretion of alpha cell-derived GLP-1, as glucagon and GLP-1 are co-packaged in secretory granules.⁹ In the absence of somatostatin input, alpha cells release excessive quantities of glucagon.⁸⁷ This speaks to the critical role of somatostatin dynamics in regulating islet-hormone release. Of relevance to this somatostatin pathway, intra-islet GLP-1 may activate GLP-1Rs on delta cells in a paracrine manner, thus potentiating somatostatin release and indirectly inhibiting glucagon and GLP-1 secretion via SSTR2 signaling. This concept has been tested and confirmed through the use of SSTR2-specific antagonists in perfused rodent pancreas models, although only glucagon levels were investigated.⁸⁷⁻⁸⁹ Co-infusion of GLP-1 and a selective SSTR2 antagonist partially attenuate GLP-1 mediated inhibition of glucagon secretion in cultured rat islets.⁹⁸ This confirms that somatostatin is important in inhibiting glucagon release, and GLP-1 has a direct and indirect inhibitory effect in alpha cells. The contribution of isletderived GLP-1 in somatostatin dynamics must be further studied to understand the complexities of this possible paracrine network.

Paracrine networks between islet endocrine cells

Alpha cell-derived peptides potentiate insulin release from beta cells and somatostatin release from delta cells. This occurs primarily via GLP-1 and glucagon signaling at the GLP-1R, and the relevance of beta cell GCGR activation by GLP-1 is unclear due to GLP-1's relative potency at this receptor. GLP-1 has a bidirectional effect on alpha cells, whereby receptor activation in hyperglycemia inhibits alpha cell hormone release, and GLP-1 potentiates hormone release in hypoglycemia. So far, the GLP-1R has only been identified in a subpopulation of alpha cells. Insulin released from beta cells inhibits alpha cell hormone release and potentiates somatostatin release from delta cells. SSTR2 activation on both alpha and beta cells inhibits further hormone secretion by hyperpolarizing cells into a less-excitable state.

Only considering insulin, somatostatin, and proglucagon-derived peptides, there are multiple possible network interactions. For example, alpha cellderived GLP-1 can potentiate GSIS, insulin can stimulate delta-cell hormone release, and somatostatin can inhibit both GLP-1 and insulin release from alpha and beta cells, respectively. The effects of glucose and other metabolites further modulate these complex network interactions, as described below. The paracrine action between alpha, beta, and delta cells is essential for the coordination of insulin release in vivo and in the presence of pharmacological agents. Indeed, GLP-1R and GCGR agonists lose their effectiveness in controlling plasma-glucose levels in the absence of intact beta cells, as seen in many STZ treated T1D mouse models.57

Glucose is an essential regulator of islet hormone secretion. Both beta and delta cells rely on glucosestimulated secretion pathways, where hyperglycemia favors the release of insulin and somatostatin from the islet. In beta and delta cells, glucose entry and metabolism results in the closure of K_{ATP} channels, membrane depolarization, elevated intracellular calcium, and hormone secretion. This pathway in delta cells is more dependent on calcium-induced Ca²⁺ release, whereas beta cells depend on the activation of voltage-gated Ca2+ channels.⁶⁰ The sodium-glucose transporter SGLT2 is expressed in 33–58% of human delta cells, and its current contributes to insulin-induced somatostatin secretion.¹⁰⁸ In the presence of SGLT2 inhibitors like dapagliflozin, insulin-stimulated somatostatin secretion is mod-estly suppressed.^{108,109} As previously stated, the actions of GLP-1 in alpha cells are also glucose-dependent. In hyperglycemia, GLP-1R activation inhibits alpha cell hormone release, while receptor activation in hypoglycemia potentiates hormone secretion.¹⁰⁰

GPR120, a metabolite sensing receptor that can potentiate PC1/3 expression alpha cells, is also expressed in delta cells.⁶¹ In the presence of fatty acids, including oleate and palmitate, GPR120 activation can inhibit somatostatin secretion by up to 50%.⁶⁰ In the presence of localized lipolysis, the availability of GPR120 ligands may favor GLP-1 production and limit somatostatin release. Omega-3 fatty acids and palmitate can activate GPR40 expressed in beta cells,⁶¹ and GPR40 activation can potentiate glucose-stimulated insulin release.⁶⁰ Therefore, the transient elevation of palmitate levels in the islet can increase GLP-1 production, potentiate GSIS and inhibit glucosedependent somatostatin secretion. In the presence of palmitate, the islet's local hormonal profile could shift toward a net insulin-secreting profile due to elevated GLP-1 production and decreased somatostatin release.

Summary

This review has summarized and discussed the experimental evidence that GLP-1 can be expressed and secreted from human and rodent alpha cells, and that GLP-1Rs are widespread throughout the endocrine pancreas. The expression of alpha cell PC1/3, and therefore proglucagon processing to GLP-1, can be induced by various cytokines and metabolites, many of which are elevated in T2D and obesity. Intra-islet GLP-1 and DPP4 have functional roles in glucose homeostasis, although their contribution to the clinical effectiveness of DPP4 inhibitors has yet to be investigated. Finally, GLP-1 has been demonstrated to possess significant

pharmacological activity in the islet, modulating insulin, glucagon, and somatostatin secretion. Similarly, the hormonal microenvironment of the islet can modulate alpha cell glucagon and GLP-1 release. Taken together, islet-derived GLP-1 has the potential for paracrine and autocrine roles in the endocrine pancreas, where its secretion and metabolism can alter the specific hormonal secretory phenotype in the islet.

Future perspectives

Future studies are therefore warranted to further investigate the paracrine effects of glucagonderived peptides in human islets. To this end, a concerted effort to accurately identify the GLP-1R in alpha, beta, and delta cells would help immensely to establish the functional role of intraislet GLP-1 in the pancreas. The nonspecific nature of many commercially available GLP-1R antibodies is well documented and an over-reliance on antibodies for identification of the GLP-1R has fueled controversy over the expression of the receptor in different islet cell types.¹⁰⁹ However, new validated specific monoclonal antibodies for the GLP-1R have been developed and should bring a greater level of certainty to detection of GLP-1R protein.¹¹⁰ The use of transcriptomics to study GLP-1R expression promises to aid in the identification of the receptor, and yet researchers should proceed with caution as this technique may not consistently or accurately measure transcripts from genes with low expression.¹¹¹

The clear and proper identification of proglucagon-derived peptides has also been controversial, largely again because of the reliance of antibodies for identification. The use of mass spectrometry to identify proglucagon-derived peptides would complement antibody-based identification and increase certainty around the detection of important peptides such as active GLP-1. In addition, the recent development of protocols that combine mass spectrometry with imaging for mouse and human pancreatic tissue allows for in situ detection of proteins.¹¹² This exciting alternative to immunohistochemical methods affords great promise and would help to identify and confirm heterogeneity of alpha cell proglucagon-derived peptide expression in the islet.

Given that GLP-1 secretion from human alpha cells is potentially important for islet function, the advent of a method for creating human stem-cell derived alpha cells is exciting for the field.¹¹³ Currently, there is no human alpha cell line available to study GLP-1 secretion, and this potentially limitless source of human alpha cells would be amenable to genetic manipulation. For example, CRSPR-Cas9 could be used to knockout or mutate the prohormone convertases with the goal of studying the effect on GLP-1 expression. Furthermore, the signaling pathways for GLP-1 expression and secretion could be examined in this human alpha cell model. From a translational perspective, gene editing technologies may also be employed to generate stem cell derived alpha cells with an enhanced GLP-1 secretory phenotype that could be cotransplanted with beta cells to enhance postgraft cellular survival and function.

The key questions remaining to be answered are whether or not GLP-1 is constitutively expressed in the healthy adult pancreas and what role it may play in vivo rather than in isolated cellular systems? The role of intra-islet GLP-1 in the metabolically stressed islet must also be further characterized in order to provide a more complete understanding of this potential signaling axis in disease states. Several of the most effective recently developed therapeutic strategies for obesity, T1D and T2D target the GLP-1 pathway and it is important that the relevance of intra-islet GLP-1 be determined in order to optimize the effectiveness of these pharmacological agents used in treating these diseases.

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