

ORIGINAL RESEARCH

Analysis of Glaucoma Associated Genes in Response to Inflammation, an Examination of a Public Data Set Derived from Peripheral Blood from Patients with Hepatitis C

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Introduction: Glaucoma is the second leading cause of blindness worldwide and despite its prevalence, there are still many unanswered questions related to its pathogenesis. There is evidence that oxidative stress and inflammation play a major role in disease progression. Glaucoma patients from several studies showed altered gene expression in leukocytes, revealing the possibility of using peripheral biomarkers to diagnose or stage glaucoma. The fact that glaucoma is associated with gene expression changes in tissues distant from the retina underscores the possible involvement of systemic oxidative stress and inflammation as potential contributing or compounding factors in glaucoma.

Methods: We assembled a list of oxidative stress and inflammatory markers related to glaucoma based on a review of the literature. In addition, we utilized publicly available data sets of gene expression values collected from peripheral blood mononuclear cells and macrophages from two patient groups: those chronically infected by the hepatitis C virus and those who have cleared it. Activation of the innate immune response can render cells or tissues more responsive to a second delayed proinflammatory stimulus. Additional gene expression data from these cells after subsequent polyinosinic:polycytidylic acid treatment, used to elicit an acute inflammatory response, allowed for the investigation of the acute inflammatory response in these groups. We used fold-change comparison values between the two patient groups to identify genes of interest.

Results: A comparison analysis identified 17 glaucoma biomarkers that were differentially expressed in response to HCV-mediated inflammation. Of these 17, six had significant p-values in the baseline vs treated values. Expression data of these genes were compared between patients who had cleared the Hepatitis C virus versus those who had not and identified three genes of interest for further study. **Discussion:** These results support our hypothesis that inflammation secondary to Hepatitis C virus infection affects the expression of glaucoma biomarker genes related to the antioxidant response and inflammation. In addition, they provide several potential targets for further research into understanding the relationship between innate responses to viral infection and inflammatory aspects of glaucoma and for potential use as a predictive biomarker or pharmacological intervention in glaucoma.

Keywords: in silico analysis, inflammation, expression analysis, peripheral blood mononuclear cells

Introduction

After cataracts, glaucoma is the second leading cause of blindness worldwide, estimated to have affected 76 million individuals in 2020 and to affect approximately 112 million by 2040.³ Glaucoma comprises a spectrum of progressive optic neuropathies characterized by retinal ganglion cell (RGC) death and optic nerve degeneration with many of its forms associated with elevated intraocular pressure (IOP).⁴ The role of inflammation as a critical factor in the pathogenesis and disease progression of glaucoma is widely known,^{5–9} and some of the treatments for glaucoma

2093

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currently used are anti-inflammatory in nature. 10 Indeed, a recent study investigated the prevalence of autoimmune disease in patients with primary open-angle glaucoma and identified a higher prevalence of autoimmune disease in the POAG population compared to controls (10.1% vs 17.4%). Work on animal models of early-stage ocular hypertension also showed evidence of genes related to neuroinflammation responding in the retina. 12 These data support the idea of an inflammatory-centered genetic screen for early detection of glaucoma. 12

Numerous viral infections, including herpes simplex virus and varicella zoster virus infections affecting ocular tissues and resulting in uveitis, generate predisposing conditions for glaucoma and result in secondary glaucoma for a large fraction of these patient populations. ^{13,14} In addition to herpes simplex virus infection, Epstein-Barr virus infections, ^{15,16} and potentially, based on preclinical data, Zika virus infections, ¹⁷ may play a role in the development of glaucoma resulting from virallyinduced anterior uveitis. Also, an association between autoimmune hepatitis and uveitis was uncovered. 18

Despite these connections, there remain questions as to the mechanism of secondary glaucomas resulting from infection. Specifically, whether the development of secondary glaucoma could be due to the activation of key genetic pathways for disease development. Therefore, we attempted to establish whether genes that have been previously associated with glaucoma pathology are responsive to an inflammatory state caused by an active viral infection. As a first step in this line of questioning, we investigated a publicly available database of gene expression in peripheral blood samples collected from patients infected with Hepatitis C Virus (HCV). HCV causes a blood-borne chronic inflammatory disease of the liver that is estimated to affect >184 million individuals worldwide. 19 Although long-term chronic infection with HCV can be fatal, the disease is highly treatable if detected. However, the infection often remains undetected or undiagnosed, and therefore untreated. Spontaneous clearance of the virus occurs in approximately 25% of cases.²⁰

The study by Qian et al contains baseline (mock) and simulated viral infection (treatment) gene expression datasets from heparinized blood taken from individuals exposed to hepatitis C.²¹ The patient population was divided into two groups: those with chronic hepatitis C infection (VL+) and those who have cleared the virus (VL-). The study participants consisted of 32 VL+ and 37 VL- individuals that were recruited through Yale University School of Medicine and the South Central Rehabilitation Center in New Haven, CT, USA. Ages in the study group ranged from 23 to 63, the racial background of the study group was mixed, consisting of white, black, and Hispanic groups, and the study was moderately balanced between males and females (38.4% female). Only 10 samples from each group were chosen at random for use in microarray analysis due to limitations in sample size.²¹

To assess the innate immune portion of the inflammatory response of the individuals, samples were treated with either synthetic double-stranded RNA or polyinosinic-polycytidylic acid (poly(I:C)) to mimic viral infection, or a control.²¹ Poly(I:C) treatment is a commonly used method to simulate viral infections²² in blood samples. RNA samples were collected from both mock and treated samples for transcriptional analysis using an Illumina HumanHT-12 v4 Beadchip whole human genome expression array. Fold-changes between mock and treated samples were then calculated to identify inflammatory response genes.²¹

The results of our meta-analysis indicated that there is indeed a shortlist of glaucoma-associated genes that respond to viral infection and inflammation. In addition, the study population we used has the potential to provide unique insights into not only how the inflammatory response may affect gene expression in glaucoma-associated genes but also how that expression might be influenced by the presence of chronic inflammation. The presence of a VL+ and a VL- group provides a useful comparison for the differential effects of chronic inflammation, as well as a control for the effects specific to the previous infection with HCV.

This study provides a first step towards determining whether there is a genetic component in secondary glaucoma due to viral infection, opening the door for future studies in both human and animal models as to whether a genetic component exists in the development of secondary glaucoma and whether there exist actionable targets for medical intervention. In addition, a clinical study could be conceived to test whether genetic changes in leukocytes present in the blood could be used to confirm or possibly predict the development of a diagnosis of glaucoma, allowing for earlier intervention and better medical outcomes.

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Materials and Methods

Biomarker Catalog Construction

A literature review was conducted to populate a catalog of potential biomarkers for glaucoma in humans. Glaucoma of any type was considered for the purpose of this search. The search for scientific literature was conducted using both the Google ScholarTM academic search engine and the PubMed[®] database. Search parameters were narrowed to exclude any results not published within the past 17 years (prior to 2005), with the earliest study used dating from 2007. Search terms used included "glaucoma" and "biomarker" or "biomarkers", with corresponding Boolean operators used as stated. Fifty unique potential genetic biomarkers were identified from seven original studies and two review articles. To avoid discrepancies resulting from varying nomenclature between studies, a list of all abbreviated gene symbol aliases reported for each gene was compiled using the GeneCards[®] database, resulting in a total of 372 unique gene symbol identifiers for use in cross-referencing. A list of 50 genes was then compiled along with relevant information regarding each gene from each study, including whether differential expression was observed, whether a genetic variant was identified, and whether a gene was an autoantibody target, as this would relate to the immune response. The biological source of each sample was also listed.

Fold-Change Analysis

Tables S1 and S2 in the supplemental file 1 of the work by Qian et al²¹ contain a list of log₂ fold-changes for differentially expressed poly(I:C) responsive genes in macrophages and peripheral blood mononuclear cells (PBMCs), for both the VL- and VL+ groups. These values were filtered using the biomarker alias list described above to identify 17 unique glaucoma biomarker genes that were differentially expressed in response to exposure to an inflammatory stimulus. Fold-changes for the VL- group were then isolated and assembled into a new table, and fold-changes ≥ 1.5 or ≤ -1.5 were used to classify glaucoma-related peripheral inflammatory response genes. Differences between the fold-changes for the VL- and VL+ groups for these 17 genes were then assessed and filtered for statistical significance ($P \le 0.05$), leaving 6 genetic biomarkers corresponding to 5 unique genes. These data were then isolated and assembled into a new table.

Results

Glaucoma Biomarker Catalog

To date, a disease-causing gene or genes have not been definitively identified for glaucoma, but oxidative stress and inflammation are known contributors. Numerous candidate genes related to oxidative stress have been identified in recent years that are thought to contribute to the development and progression of this debilitating condition. Studies have determined that primary open-angle glaucoma (POAG) patients had reduced blood total antioxidant status and higher aqueous humor levels of superoxide dismutase, glutathione peroxidase 1 (GPX1), and catalase genes.²³ Studies have identified SNPs in GPX1 and other antioxidant enzymes associated with POAG.²⁴ Elevated reactive oxygen species (ROS) generated by nicotinamide adenine dinucleotide phosphate (NADPH) oxidase and inflammation are associated with glaucoma and retinopathies and depletion of superoxide dismutase and GPX1 in the eyes of hypertensive animals.²⁵

Furthermore, chronic inflammation is thought to play a key role in the progression of glaucomatous damage and vision loss. Single nucleotide polymorphisms (SNPs) in genes encoding innate immune response proteins have been associated with some forms of glaucoma in certain populations. For example, SNPs in the IL-10 gene are associated with an increase in the risk of POAG in the Chinese Han population.²⁷ Similarly, SNPs in the toll-like receptor 4 (TLR4) gene confer a slightly elevated risk for POAG in northern Chinese. 28 Serum alterations of TH1 and TH2 cytokines are associated with glaucoma, suggesting that inflammation may contribute to POAG.²⁹ A T-helper cytokine imbalance may modulate the immune microenvironment in glaucomatous eyes and thus influence optic neuropathy.^{30,31}

We conducted a literature review to identify 50 glaucoma biomarker genes identified in clinical studies of patients with glaucoma that could be contributing to oxidative stress and inflammation. A list of these genes, the reference where they were found, and the type of cells or tissue the genetic material was collected from are presented in Table 1. As blood is the most common source of biological material for these types of studies, the majority of cell and tissue type listed is derived from blood products. In addition, we have also indicated the type of finding related to the gene identified in each

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Table I Glaucoma Biomarker Gene Catalogue

Biomarker Gene	Literature Reference	Change in Expression (↑↓)/Seq. Variant (*)/Autoantibody Target (#)	Cell/Tissue Type Blood, aqueous humor	
ABCI	Golubnitschaja & Flammer 2007 ⁷⁰	1		
AIF	Tezel et al, 2012 ⁴⁰	↑, #	Retina	
ANP	Nath et al, 2017 ⁷¹	1	Leukocytes	
ANXI	Tezel et al, 2012 ⁴⁰	#	Serum	
AP2TF	Golubnitschaja & Flammer, 2007 ⁷⁰	↑	Leukocytes	
АТОН7	Bhattacharya et al, 2013 ⁷²	*	Review	
BDNF	Ghaffariyeh et al, 2011 ⁷³	↓	Serum	
BIRC6	Tezel et al, 2012 ⁴⁰	#	Serum	
CALDI	Beutgen et al, 2019 ³³	↓	Serum	
CAT	Nath et al, 2017 ⁷¹	↓	Plasma	
CAVI	Bhattacharya et al, 2013 ⁷²	*	Review	
CAV2	Bhattacharya et al, 2013 ⁷²	*	Review	
СВР	Tezel et al, 2012 ⁴⁰	↑, #	Serum	
CD23	Golubnitschaja & Flammer, 2007 ⁷⁰	1	Leukocytes	
CDKN2BAS	Bhattacharya et al, 2013 ⁷²	*	Blood	
CDRI	Schmelter et al, 2017 ⁷⁴	*	Blood	
CDR2	Schmelter et al, 2017 ⁷⁴	*	Blood	
CDR3	Schmelter et al, 2017 ⁷⁴	*	Blood	
CYP46AI	Fourgeux et al, 2009 ⁷⁵	*	Blood	
DHCI	Tezel et al, 2012 ⁴⁰	#	Serum	
EFNA I	Tezel et al, 2012 ⁴⁰	↑,#	Serum	
ENOI	Beutgen et al, 2019 ³³	#	Serum	
EPO	Sun et al, 2020 ⁷⁶	↑	Aqueous humor	
ETI	Nath et al, 2017 ⁷¹	1	Plasma	
GAS7	Bhattacharya et al, 2013 ⁷²	*	Review	
GPX	Nath et al, 2017 ⁷¹	↓	Aqueous humor, Serum	
HSPAIB	Beutgen et al, 2019 ³³	#	Serum	
HSPD I	Beutgen et al, 2019 ³³	#	Serum	
НТТ	Tezel et al, 2012 ⁴⁰	#	Serum	
IL2	Nath et al, 2017 ⁷¹	↑	Blood	
ITK	Golubnitschaja & Flammer, 2007 ⁷⁰	↑	Leukocytes	
LOXI	Bhattacharya et al, 2013 ⁷²	*	Review	
	1	<u> </u>	1	

(Continued)

Table I (Continued).

Biomarker Gene	Literature Reference	Change in Expression (↑↓)/Seq. Variant (*)/Autoantibody Target (#)	Cell/Tissue Type	
MDA	Nath et al, 2017 ⁷¹	1	Plasma	
ММР9	Golubnitschaja & Flammer, 2007 ⁷⁰	1	Leukocytes	
MTIMMP	Golubnitschaja & Flammer, 2007 ⁷⁰	1	Leukocytes	
NCAMI	Tezel et al, 2012 ⁴⁰	#	Serum	
NFRKB	Tezel et al, 2012 ⁴⁰	#	Serum	
NLRP2	Tezel et al, 2012 ⁴⁰	#	Serum	
P53	Golubnitschaja & Flammer, 2007 ⁷⁰	1	Leukocytes	
PGAM I	Beutgen et al, 2019 ³³	↑,#	Serum	
SIXI	Bhattacharya et al, 2013 ⁷²	*	Review	
SOD	Nath et al, 2017 ⁷¹	↓	Aqueous humor, Serum	
TAC	Nath et al, 2017 ⁷¹	↓	Serum	
TIGR	Golubnitschaja & Flammer, 2007 ⁷⁰	-	Leukocytes	
TMCOI	Bhattacharya et al, 2013 ⁷²	*	n/a	
VDAC2	Beutgen et al, 2019 ³³	#	Serum	
VEGFA	Sun et al, 2020 ⁷⁶	1	Aqueous humor	
VIM	Beutgen et al, 2019 ³³	#	Serum	
XAPC7	Golubnitschaja & Flammer, 2007 ⁷⁰	1	Leukocytes	
XPGC	Golubnitschaja & Flammer, 2007 ⁷⁰	↓	Leukocytes	

Notes: Two reviews and 9 original research articles were used to identify potential glaucoma biomarkers. Column two indicates the reference for each gene identified in a study of human glaucoma patients. Column three indicates additional information from the study as follows: upregulated with glaucoma (1), downregulated with glaucoma (1), presence of a sequence variant (*), targeted by autoantibodies (#). Column four indicates the type of sample collected for each study or if the reference was from a review article. Please note that the majority of these samples were not collected from eye tissue.

study. Information in this column includes changes in expression versus control patients, sequence variants, and whether the gene is an autoantibody target as that would be especially relevant for our study.

Glaucoma-Associated Biomarker Genes in Poly(I:C) Stimulated Macrophage and PBMCs

Studies have determined that activation of the innate immune response can render cells or tissues more responsive to a second delayed proinflammatory stimulus. To determine what effect innate immune receptor stimulation of macrophages from HCV cleared patients had on the expression of glaucoma-associated biomarker genes, we filtered the list of poly(I:C) responsive genes in the VL- group using the glaucoma biomarker gene list from Table 1. Of the 17 differentially expressed genes in the VL- group we identified, only two were from macrophage samples, with the rest coming from PBMC samples. Among these 17, only three had \log_2 fold-changes ≥ 1.5 or ≤ -1.5 . All three of the genes with greater or less than a 1.5 \log_2 fold-change were from the PBMC group (Table 2).

Stimulation of macrophage or PBMCs from VL- patients with the TLR3 agonist, poly(I:C), led to a decrease in GPX1, GAS7, MMP9, ABCA1, GPX4, GPX3, and CAT. Since many of these genes encode proteins involved in the antioxidant response, it is possible that this may represent an increase in oxidative stress in these cells. Stimulation of

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Table 2 (VL-) Log2 Fold-Changes in Poly I:C-Responsive Glaucoma Biomarker Genes

Gene Symbol	Protein	Cell Population	FDR	Avg VL- Log ₂ FC
GPX I	Glutathione peroxidase I	PBMC	3.54E-17	-2.32
GAS7	Growth arrest-specific protein 7	РВМС	6.53E-21	-2.08
ММР9	Matrix metalloproteinase-9	РВМС	9.35E-04	-1.66
ABCA I	Phospholipid-transporting ATPase ABCA1	РВМС	1.45E-03	-1.34
GPX4	Phospholipid hydroperoxide glutathione peroxidase	РВМС	1.61E-12	-1.17
GPX3	Glutathione peroxidase 3	РВМС	2.79E-13	-1.08
GPX4	Phospholipid hydroperoxide glutathione peroxidase	РВМС	8.93E-13	-1.05
GAS7	Growth arrest-specific protein 7	Macrophage	1.77E-05	-0.74
CAT	Catalase	РВМС	2.49E-11	-0.66
CAT	Catalase	РВМС	2.05E-07	-0.54
NCAMI	Neural cell adhesion molecule I	PBMC	4.14E-08	0.48
NFKAPPABI	Nuclear factor NF-kappa-B p105 subunit	PBMC	7.18E-11	0.55
ITK	Tyrosine-protein kinase ITK/TSK	РВМС	1.69E-06	0.76
HSPAIB	Heat shock 70 kDa protein 1B	PBMC	5.71E-07	0.78
HSPD I	60 kDa heat shock protein, mitochondrial	РВМС	1.57E-09	0.88
EDNI	Endothelin-I	РВМС	3.10E-10	1.13
HSPAIB	Heat shock 70 kDa protein 1B	Macrophage	6.21E-10	1.29

Notes: List of genes identified as having a significant (<0.05) P-value in the (VL-) and (VL+) groups. Criteria for selection included being present on the list of genes from Table I and having a P-value < 0.05.

Abbreviation: PBMC, peripheral blood mononuclear cells.

macrophages or PBMCs from VL- patients with poly(I:C) led to an increase in NCAM, ITK, NFκB1, HSPA1B, HSPD1, and EDN1, suggesting a potential increase in the immune response in these cells (Table 2).

Comparison of Poly(I:C) Response Genes Between Active and Cleared HCV Infections

Comparison of the fold-changes before and after poly(I:C) treatment from the VL- and VL+ groups yielded 6 genes with statistically significant differences in expression (Table 3). Of these 6, all were from PBMC samples, with only GPX1 from both the VL- and VL+ groups and EDN1 from the VL+ group reporting a significant fold change (≥ 1.5 or ≤ -1.5). These results suggest that HCV clearance led to a partial reversal in gene expression changes for EDN1, CAT, and NCAM, but not a complete reversal. HCV clearance increased the gene expression level for ABCA1 and GPX1 (Table 3).

With genes identified as glaucoma biomarkers in the literature and evidence of glaucoma-associated immune response genes in peripheral blood samples, the next step is to investigate whether these genes respond in the eyes of a glaucoma disease model. There are several key areas of the eye in glaucoma that are likely to be directly affected by the differential expression of each of the genes identified in Table 2, and these areas and their corresponding genes have been identified below (see Figure 1). Although the expression levels of these genes and their corresponding proteins in these locations may differ significantly from those in PBMC samples, this provides a useful point of departure for further research seeking to better understand the relationship between glaucoma and inflammation.

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Table 3 Comparison of the Fold-Changes from the (VL-) and (VL+) Groups

Gene Symbol	Protein	Cell Population	Avg VL- Log ₂ FC	Avg VL+ Log ₂ FC	Δ Log ₂	P-value
EDNI	Endothelin-I	РВМС	1.13	1.98	-0.86	0.0009
CAT	Catalase	РВМС	-0.66	-I.3	0.64	0.001
ABCAI	Phospholipid-transporting ATPase ABCAI	PBMC	−I.34	-0.5	-0.85	0.0276
CAT	Catalase	PBMC	-0.54	-0.85	0.31	0.0307
NCAMI	Neural cell adhesion molecule I	PBMC	0.48	0.79	-0.31	0.0329
GPXI	Glutathione peroxidase I	PBMC	-2.32	-2	-0.32	0.0377

Notes: List of genes identified as having a significant difference in expression between the (VL-) and (VL+) groups. Criteria for selection included being present on the list of genes from Table I and having a P-value < 0.05.

Abbreviations: FC, fold change; PBMC, peripheral blood mononuclear cells.

Discussion

The results support the hypothesis that inflammation affects the expression of glaucoma biomarker genes in PBMCs, and to a much lesser extent, in macrophages. This adds to a growing body of work suggesting that, in some cases, inflammation may play an important role in glaucoma pathogenesis and/or pathology. Some local and systemic infections, and the drugs that treat them, have caused reversible forms of glaucoma. It is currently unclear how glaucoma can affect gene expression in distant tissues such as leukocytes, but studies have shown that glaucoma is associated with increases in the level of blood metabolites (citrate), oxidized serum proteins, circulating micro RNAs, and circulating proteins such as autoantibodies. ^{26,32–40} It is conceivable that some of these factors may be responsible for the gene expression changes observed in leukocytes from glaucoma patients, but research in this area is limited.

Ciliary epithelium/aqueous generation

- Growth arrest-specific protein 7 (hypothetical) 52
- Glutathione peroxidase 3 53°
- Endothelin-1 54



Tyrosine-protein kinase ITK/TSK 55

Optic nerve head/optic nerve

- Growth arrest-specific protein 7 (hypothetical) 52
- Glutathione peroxidase 1 ²¹
- Matrix metalloproteinase-9 56
- Phospholipid-transporting ATPase ABCA1 58,57
- Endothelin-1 59

Trabecular meshwork/outflow

- Growth arrest-specific protein 7 (hypothetical) 52,60
- Matrix metalloproteinase-9 49
- Phospholipid-transporting ATPase ABCA1 57,58
- Glutathione peroxidase 3 61
- Catalase 62
- Neural cell adhesion molecule 1 63
- Nuclear factor NF-kappa-B p105 subunit 64
- 60 kDa heat shock protein, mitochondrial 65
- Endothelin-1 ²⁵

Retina

- Growth arrest-specific protein 7 (hypothetical) 52
- Glutathione peroxidase 1 ⁶⁶
- Phospholipid-transporting ATPase ABCA1 57,58
- Phospholipid hydroperoxide glutathione peroxidase ⁶⁷
- Catalase 62
- Nuclear factor NF-kappa-B p105 subunit 64
- Heat shock 70 kDa protein 1B 68
- Endothelin-1 59

Figure I Regions of the eye expressing glaucoma biomarker genes found to be responsive to Poly(I:C) challenge in peripheral blood samples. Regions of the eye are listed along with the encoded proteins likely to affect them from the differentially expressed genes identified in Table 2. Differentially expressed genes were detected using microarray analysis of PBMCs taken from human blood samples of patients infected with HCV and then challenged with poly(I:C). Red indicates decreased PBMC gene expression compared to baseline in response to poly(I:C) challenge, while green indicates increased expression compared to baseline. Please note that the expression levels were not found in the regions indicated in the figure and do not represent them. That is beyond the scope of the current study. The regional classifications demonstrate areas where glaucoma-related immune response genes/proteins may be investigated in future studies.

Additionally, our results indicate that although glaucoma biomarker genes are similarly expressed in response to an inflammatory stimulus for both VL- and VL+ groups, the levels of expression may be modulated by the presence of chronic inflammation, which may provide interesting avenues for future research.

Oxidative stress is closely linked to inflammation and has been reported to play a role in glaucoma-associated progressive optic nerve damage^{23,41} and RGC death. ⁴² GPX1, GPX3, GPX4, and CAT all encode proteins that can reduce oxidative stress, and all were downregulated in response to poly(I:C) stimulation, although the degree of this downregulation varied in significance. In the VL+ group, CAT downregulation was nearly double that of the VL- group in PBMCs, which may indicate that it could pose a particular risk to those with chronic inflammation. However, the relationships between these genes and glaucoma, while interesting, require further investigation to fully understand.

GPX1, for example, which had a significant log₂ fold-change, has been shown previously to be down-regulated in glaucomatous PBMC samples, but was also shown to be elevated in the aqueous humor in the same study.^{23,41} GPX1 was also upregulated in RGCs in a rat model of glaucoma in another study.²³ The fact that it was differentially expressed in response to biological stress in all samples and tissues, but in different ways, is further evidence of its utility as a glaucoma biomarker and the need to better understand its role.

Irregular immune activity has also been increasingly recognized as being associated with disease progression in glaucoma patients. 43 Several different studies have cited notable changes in the immune system that have occurred in the eyes of glaucoma patients, many of which are consistent with or similar to those found in autoimmune disorders. 44 ITK, NCAM1, and NFkappaB1 expression are all tied directly to the immune response. NCAM1 is well known for its role in the expansion of T and B lymphocytes and natural killer cells, and ITK is known to play an important role in T-cell proliferation and differentiation. NFkappaB1 encodes a transcription regulator that is responsive to a variety of different immunologically important insults, and irregular NFkappaB1 activity has also been associated with inflammation, autoimmunity, and a variety of immunodeficiencies. 45 Expression of each of these three genes was upregulated, and although no individual fold-changes were ≥ 1.5 or ≤ -1.5 , taken together, their altered expression suggests that dysregulation of the immune system could play an interesting pathological role in glaucoma that merits further investigation.

Glaucoma is most commonly associated with elevated IOP, which leads to optic nerve cupping and RGC death, ultimately resulting in visual impairment. This build-up of pressure typically results when aqueous humor generation or inflow exceeds aqueous outflow via the trabecular meshwork (TM) and uveoscleral outflow pathway. The TM consists of a dynamic series of tissues with different pore sizes, with the smallest measuring at 1-2 µm, 46 and is responsible for ~75% of the resistance to aqueous humor outflow.⁴⁷

ABCA1 works as a pump in the cellular lipid removal pathway, and recent studies have made a strong case for its interaction with annexin A1 as its primary pathogenic role in glaucoma. 48,49 Interestingly, ABCA1 was differentially expressed less than half-as-much in the VL+ group than in the VL- group. MMP9 has been shown to be active in the TM⁵⁰ and functions as a secreted proteinase that specializes in the breakdown of the extracellular matrix. The observed downregulation of MMP9 could potentially contribute in part to decreased TM maintenance and a gradual rise in IOP.

EDN1 activity has perhaps some of the most substantive connections to glaucoma. It has been shown in several studies to not only be associated with glaucoma but also directly cause RGC death after injection in animal models, and to have protective effects when blocked as a therapeutic target. 51,52 EDN1 was also more heavily expressed in the VL+ group, again indicating a possible unique risk for those suffering from chronic inflammation.

Considered together, the possible risks associated with all these glaucoma biomarker genes strongly support the stance that glaucoma is a highly multifactorial disease and that studies of its pathology and of possible therapeutic interventions should not limit themselves to the TM alone. Differential expression of these genes in response to an inflammatory stimulus also provides additional evidence that inflammation should be considered a possible risk factor for glaucoma through a variety of pathways.⁵³⁻⁶⁹ Future work should focus on using these identified genes to investigate the role of inflammation as a possible multi-hit contributor³⁵ to glaucoma pathology/pathogenesis, as well as on the comorbidity of glaucoma in those experiencing chronic inflammation.

Clinical Ophthalmology 2022:16 2100

Abbreviations

RGC, retinal ganglion cell; IOP, intraocular pressure; HCV, Hepatitis C Virus; VL+, patients with chronic HCV infection; VL-, patients who have cleared HCV infection; Poly(I:C), polyinosinic-polycytidylic acid; PBMC, Peripheral blood mononuclear cells; POAG, Primary open-angle glaucoma; GPX1, glutathione peroxidase 1; ROS, reactive oxygen species; NADPH, nicotinamide adenine dinucleotide phosphate; SNP, single nucleotide polymorphism; TLR4, Toll-like receptor 4; TM, Trabecular meshwork; TLR3, Toll-like receptor 3; GAS7, Growth Arrest-Specific Protein 7; MMP9, Matrix Metallopeptidase 9; ABCA1, ATP Binding Cassette Subfamily A member 1; GPX4, glutathione peroxidase 1; GPX3, glutathione peroxidase 3; CAT, Catalase; NCAM, Neural Cell adhesion molecule 1; ITK, IL2 Inducible T Cell Kinase; NFκB1, Nuclear Factor Kappa B Subunit 1; HSPA1B, Heat Shock Protein Family A (Hsp70) Member 1B; HSPD1, Heat Shock Protein Family D (Hsp60) Member 1; EDN1, Endothelin 1.

Disclosure

The authors report no conflicts of interest in relation to this work and declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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