



# Illuminating Relationships Between the Pre- and Post-synapse

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Excitatory synapses in the mammalian cortex are highly diverse, both in terms of their structure and function. However, relationships between synaptic features indicate they are highly coordinated entities. Imaging techniques, that enable physiology at the resolution of individual synapses to be investigated, have allowed the presynaptic activity level of the synapse to be related to postsynaptic function. This approach has revealed that neuronal activity induces the pre- and post-synapse to be functionally correlated and that subsets of synapses are more susceptible to certain forms of synaptic plasticity. As presynaptic function is often examined in isolation from postsynaptic properties, the effect it has on the post-synapse is not fully understood. However, since postsynaptic receptors at excitatory synapses respond to release of glutamate, it follows that they may be differentially regulated depending on the frequency of its release. Therefore, examining postsynaptic properties in the context of presynaptic function may be a useful way to approach a broad range of questions on synaptic physiology. In this review, we focus on how optophysiology tools have been utilized to study relationships between the pre- and the post-synapse. Multiple imaging techniques have revealed correlations in synaptic properties from the submicron to the dendritic level. Optical tools together with advanced imaging techniques are ideally suited to illuminate this area further, due to the spatial resolution and control they allow.

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#### INTRODUCTION

Synapses in the brain are diverse, plastic structures with distinct morphologies (Walmsley et al., 1998; Rollenhagen and Lubke, 2006). Even within one type of synapse, the excitatory cortical synapse, a large degree of structural and functional heterogeneity is observed, which is likely of relevance to the information processing that contributes to memory and cognition (Harris and Stevens, 1989; Schikorski and Stevens, 1999; Matsuzaki et al., 2004; Noguchi et al., 2005; Harvey et al., 2008; Tanaka et al., 2008; Araya et al., 2014). Many experimental techniques have been utilized to understand synaptic physiology (Glasgow et al., 2019); however, light-based imaging techniques are particularly powerful for studying this area.

Ultrastructural studies help illustrate the extent of synaptic variability. They have revealed that spine head volume in the hippocampus can vary by  $\sim$ 180 fold, postsynaptic density (PSD) area by  $\sim$ 70 fold, spine length by  $\sim$ 10 fold, and synaptic vesicle number by  $\sim$ 500 fold (Harris and Stevens, 1989). The richness in synaptic form is likely a consequence of molecular composition.

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For example, overexpression of postsynaptic proteins such as PSD-95 (El-Husseini et al., 2000), Shank (Sala et al., 2001), and GluA2 (Passafaro et al., 2003) can drive the morphological enlargement of spines. Conversely, the specific morphologies may act to influence the molecular composition. For example, mushroom spines with smaller heads and long spine necks slow the diffusion of AMPA receptors (AMPARs) (Ashby et al., 2006), which may make the AMPAR complement in the spine head more stable.

The functionality of synapses is related to their structure and molecular composition. For example, one highly reproduced finding that mirrors the presynaptic structural diversity of synapses is that the probability of neurotransmitter release [P(r)] at central synapses is highly variable. The diversity of P(r) has been measured using a variety of methods including the progressive block by the use-dependent NMDA receptor (NMDAR) antagonist MK-801 (Hessler et al., 1993; Rosenmund et al., 1993), the activity-dependent uptake of styryl dye (Murthy et al., 1997; Sanderson et al., 2018), high affinity calcium indicators like Oregon Green BAPTA-1 (Emptage et al., 1999, 2003; Ward et al., 2006; Enoki et al., 2009; Padamsey et al., 2017, 2019) or the glutamate sensor SF-iGluSnFR (Jensen et al., 2019; Soares et al., 2019). P(r) correlates with structural features of synapses such as the active zone area (Schikorski and Stevens, 1997; Holderith et al., 2012) and also with the readily releasable pool size (Dobrunz and Stevens, 1997) which is thought to consist of those vesicles docked at the active zone (Schikorski and Stevens, 1997; Murthy et al., 2001). These findings suggest P(r) is powerfully influenced by presynaptic structural attributes.

When the post-synapse is studied, a similar correspondence between structure and function is observed. A precise relationship exists between the molecular complement of spines and their geometry. For example, the PSD length and basal AMPAR expression are positively correlated, with functional AMPARs expressed at a similar density across different spines (Takumi et al., 1999; Tanaka et al., 2005). In addition, probing synaptic function by focally uncaging caged glutamate at synapses using two-photon stimulation (Mitchell et al., 2019), has revealed that expression of glutamate receptors is correlated with spine volume (Noguchi et al., 2005) and that long-term potentiation (LTP)-associated changes in volume correlate with changes in conductance (Matsuzaki et al., 2004).

Many factors influence the relationship between postsynaptic structure and function. For example when specific proteins such as PSD-95 are knocked out, there is a resultant increase in silent synapses on mature spines (Beique et al., 2006). Additional contributions, such as astrocytes, play important roles in synapse development and function; however, a more detailed description of how they influence the pre- and post-synapse is beyond the scope of this review. The role of astrocytes in synapse physiology is described in several recent reviews (Allen and Eroglu, 2017; Rose et al., 2017; Dallerac et al., 2018). Here, we summarize some of the findings that suggest both pre- and post-synaptic activity is highly coordinated and discuss functional imaging studies that suggest multiple mechanisms are involved in ensuring the pre- and post-synaptic compartments are functionally aligned.

# POSTSYNAPTIC MANIPULATIONS INFLUENCE THE PRESYNAPSE

Ultrastructural studies suggest that numerous features of the pre- and post-synapse are correlated. These include relationships between the PSD size and the active zone size, and between the postsynaptic spine head volume and the number of vesicles in the presynaptic varicosity (Figures 1A,B) (Harris and Stevens, 1989; Schikorski and Stevens, 1997, 1999). These interrelations in structural composition indicate there are mechanisms to ensure that as synapses are modified, for example, over development or due to synaptic plasticity, the pre- and post-synapse remain proportional to one another. In addition to driving an increase in spine size as mentioned above, overexpressing postsynaptic proteins results in enhanced miniature excitatory postsynaptic current (mEPSC) frequency, often interpreted as reflecting an increase in P(r), as well as a range of other measures of presynaptic function (El-Husseini et al., 2000; Sala et al., 2001). The presynaptic effect is indicative of a functional increase in synaptic activity that may be in proportion to the increase in postsynaptic spine size. Due to the similar density of functional AMPAR expression (Takumi et al., 1999; Tanaka et al., 2005), this would also be proportional to postsynaptic function.

Conversely, knocking down AMPARs reduces presynaptic functionality, suggested by reduced mEPSC frequency and reduced uptake of antibody directed against the vesicular protein synaptotagmin. When other measures of presynaptic activity were examined, by measuring paired pulse facilitation and MK-801 block, there was no difference detected. This led the authors to conclude that a subset of synapses had become inactive, leaving the remaining synapses with unaltered P(r) (Tracy et al., 2011). Two types of release have been identified, one responsible for mEPSCs, which does not require presynaptic action potentials, the other involved in evoked release, which does (Kavalali, 2015). Presynaptic NMDARs regulate these two forms of release differentially, for example, they may act to regulate mEPSC release via c-Jun N terminal Kinase, whereas they may regulate evoked release via Rab3-interacting molecule (RIM) 1 (Abrahamsson et al., 2017). A possible alternative interpretation of the constellation of presynaptic changes that accompany postsynaptic AMPAR knockdown (Tracy et al., 2011) is that they indicate a deficit in neurotransmitter release that does not require presynaptic action potentials.

#### PRE- AND POST-SYNAPTIC PROTEINS ARE ALIGNED AT THE SUBMICRON LEVEL

The ability to image synaptic proteins using super resolution imaging has resulted in the discovery of subsynaptic domains. These are  $\sim$ 70–80 nm domains enriched with PSD-95, Homer, and AMPARs at the post-synapse of excitatory synapses (Fukata et al., 2013; MacGillavry et al., 2013; Nair et al., 2013; Tang et al., 2016; Hruska et al., 2018). These domains are of uniform size and



**FIGURE 1** Multiple pre- and post-synaptic features are correlated. Analysis of electron micrographs indicates that **(A)** the postsynaptic density (PSD) size correlates with the presynaptic active zone size, scale bar in image on left is 0.5 μm [Schikorski and Stevens, 1997, copyright (1997) Society for Neuroscience]; and **(B)** the postsynaptic spine head volume correlates with the number of vesicles in the presynaptic varicosity [Harris and Stevens, 1989, copyright (1989) Society for Neuroscience]. **(C)** FM4-64 is a red styryl dye that allows simultaneous imaging with green fluorescent proteins. It is an amphipathic molecule that is taken into lipid membranes due to a lipophilic portion but does not fully cross due to a polar head. It can be loaded and unloaded in an activity-dependent way. Scheme based on that in Betz et al., 1992 [copyright (1992) Society for Neuroscience]. **(D)** In dissociated cultured neurons, no functional relationship is observed in control conditions when P(r) is measured using loading of FM dye and postsynaptic strength by immunofluorescence imaging against GluA2. However, if activity is elevated by application of potassium chloride and bicuculline, a correlation is observed due to the down regulation of surface GluA2 at low P(r) synapses [Tokuoka and Goda, 2008, copyright (2008) National Academy of Sciences]. **(E)** Application of the group I mGluR agonist DHPG results in downregulation of AMPARs at low P(r) synapses. P(r) estimated by FM4-64 loading (red) and postsynaptic strength indicate by SEP-GluA2 fluorescence (green). Example of FM4-64 loading and SEP-GluA2 fluorescence in images on left, scale bar represents 2 μm. Arrows indicate FM4-64 puncta used to estimate P(r). Circles indicate a SEP-GluA2 punctum at the synapse opposed to the FM4-64 labeling. Reproduced from Sanderson et al. (2018) under CC BY-NC-ND license.

are regulated by palmitoylation and by interactions with stargazin (Fukata et al., 2013; Nair et al., 2013).

Examining synapses using 3D stochastic optical reconstruction microscopy (3D-STORM) (Huang et al., 2008) has revealed that the subsynaptic domains at the post-synapse are related to the presynapse in trans-synaptic nanocolumns. These consist of enriched areas of PSD-95 and AMPARs that are located directly opposite the presynaptic release machinery characterized as containing RIM (Tang et al., 2016). Presynaptic

vesicle fusion was detected preferentially at areas of RIM enrichment, suggesting that this nanoscale architecture is relevant for synaptic function. That the presynaptic release machinery relates so precisely to the postsynaptic receptors that detect release is predicted to affect the efficiency of synaptic transmission (Nair et al., 2013). For example, this organization is estimated to enhance synaptic strength by 20 % compared to if pre- and post-synaptic proteins were organized uniformly (Tang et al., 2016).

Stimulated emission depletion (STED) microscopy (Willig et al., 2006) has revealed that since trans-synaptic nanocolumns are of remarkably similar size, this means that large synapses that contain more synaptic proteins do not have larger transsynaptic nanocolumns, but have a greater number of similarly sized domains. When structural plasticity is induced, the modular addition of new trans-synaptic nanocolumns is particularly apparent at later time points (> 2 h after induction). The pre- and post-synaptic elements of trans-synaptic nanocolumns remain aligned even though they are mobile when undergoing structural plasticity (Hruska et al., 2018).

#### MEASUREMENT OF P(r) USING FM DYES

In order to study pre-synapse function, imaging techniques have proved invaluable. Styryl dyes such as FM1-43 or FM4-64 have proved useful as they offer the benefits of being amenable to measuring P(r) of evoked neurotransmission directly, and can be used in semi-intact (e.g., slice) preparations. FM dyes were used originally to study vesicle recycling at the frog neuromuscular junction (Betz and Bewick, 1992; Betz et al., 1992) and the hippocampus (Ryan et al., 1993), enabling multiple presynaptic boutons to be studied simultaneously in response to direct electrical stimulation.

These amphipathic dyes are incorporated into biological lipid membranes due to their short hydrophobic tail, but do not pass all the way through the membrane due to the highly charged hydrophilic group at the opposite end of the molecule (Figure 1C) (Betz et al., 1992). When applied to biological preparations these dyes therefore stain all external membranes. Following release of neurotransmitter through fusion of a vesicle with the presynaptic membrane, the vesicular membrane and associated proteins are recycled via clathrin-dependent endocytosis (Brodin et al., 2000; Watanabe et al., 2013). If external membranes have been stained with FM dye, this recycling process results in newly recycled vesicles that are also stained with dye. Dye in external membranes can then be washed out, leaving only those internalized vesicles that can be visualized as puncta by confocal or multiphoton microscopy and when photo converted can be visualized in synaptic vesicles by electron microscopy (Harata et al., 2001; Branco et al., 2008). The development of agents that reduce background FM staining (Kay et al., 1999; Pyle et al., 1999) have enabled the use of this technique in brain slice preparations (Johnstone and Raymond, 2013; Sanderson et al., 2018) as well as facilitating their use in dissociated culture (Tokuoka and Goda, 2008).

FM dye uptake has been used in two ways to assess presynaptic activity. The first involves loading FM dye into presynaptic vesicles using a low number of electrical stimulations, a protocol that results in individual peaks in the fluorescence intensity frequency histogram that likely represent the fluorescence from individual vesicles (Murthy et al., 1997). With reference to the number of stimulations used to load the presynaptic boutons with dye, and the fluorescence value ascribed to a single vesicle, this staining procedure allows the P(r) to be estimated (Murthy et al., 1997; Tokuoka and Goda, 2008; Sanderson et al., 2018). When loaded in a hippocampal slice using a stimulating electrode the dye reveals very sparse labeling. If care is taken to ensure that the stimulation strength is similar to that used in slice electrophysiology experiments, the labeled synapses can be related to those studied using electrophysiology (Sanderson et al., 2018). In addition, FM dyes can be loaded into dissociated cultured neurons using a high concentration of potassium. This depolarizes the cells causing release followed by loading of the entire recycling pool of vesicles. Since the size of the recycling pool is correlated with P(r) (Rosenmund and Stevens, 1996; Dobrunz and Stevens, 1997; Murthy et al., 1997), this method has also been used to assess presynaptic activity levels (Kay et al., 2011).

#### THE DEVELOPMENT OF FUNCTIONALLY CORRELATED PRE- AND POST-SYNAPTIC COMPARTMENTS

A functional correlation between pre- and post-synaptic activity has been observed under a variety of conditions. An initial connection was observed by relating the intensity of GluA1 immunofluorescence staining in dissociated culture to the uptake of antibody directed against the vesicular protein synaptotagmin (Thiagarajan et al., 2005). However, using FM dyes it was found that this functional correlation is only seen if the neuronal network exhibits sufficient activity. In dissociated cultured neurons, using loading of FM1-43 to measure P(r), and an antibody against the AMPAR subunit GluA2 as a measure of postsynaptic strength, a functional correlation emerged when neuronal activity was elevated pharmacologically (Figure 1D) (Tokuoka and Goda, 2008). Furthermore, where postsynaptic function has been assessed using focal uncaging of caged glutamate, a correlation between P(r) emerged over development, in a manner that depended on neuronal activity (Kay et al., 2011). These observations have revealed that an activity-dependent correlation between pre- and post-synaptic function emerges during development. This leads to the question as to the underlying mechanisms?

## SEP-TAGGED RECEPTORS REVEAL AMPAR TRAFFICKING IS INFLUENCED BY P(r)

Live cell imaging aimed at understanding the AMPAR trafficking that contributes to the expression of hippocampal synaptic plasticity has helped shed light on the activity-dependent mechanisms that may underlie the correspondence between pre- and post-synaptic properties. One imaging method involves using super ecliptic pHluorin (SEP), a pH-sensitive variant of Green Fluorescent Protein that yields greater fluorescence at neutral pH compared to acidic pH. SEP expression allows the preferential imaging of GluA2 at the cell surface where pH is  $\sim$ 7, rather than in the endocytic pathway where pH is  $\sim$ 5. Versions of this fluorophore were initially developed, and have been used

extensively, to study presynaptic secretion (Miesenbock et al., 1998; Sankaranarayanan et al., 2000; Voglmaier et al., 2006; Lindskog et al., 2010; Henry et al., 2012). This methodology was then adopted for the study of postsynaptic receptor trafficking, where AMPARs were shown to rapidly internalize in response to activation of NMDARs (Ashby et al., 2004). This approach has since been used extensively to study various aspects of AMPAR receptor trafficking (Ashby et al., 2004, 2006; Kopec et al., 2006, 2007; Lin and Huganir, 2007; Yudowski et al., 2007; Heine et al., 2008; Lin et al., 2009; Araki et al., 2010, 2015; Patterson et al., 2010; Thorsen et al., 2011; Sanderson et al., 2011, 2018; Zhang et al., 2011, 2015).

We have recently combined the use of SEP-GluA2 and FM4-64 to investigate the relationship between postsynaptic AMPAR trafficking and P(r) at individual hippocampal synapses (Sanderson et al., 2018). In particular, we studied a form of synaptic plasticity that is induced by a brief application of the group 1 mGluR agonist dihydroxyphenylglycine (DHPG), termed DHPG-long term depression (DHPG-LTD) (Palmer et al., 1997). The dual probes validated the notion that AMPAR trafficking contributes to the expression of DHPG-LTD (Snyder et al., 2001; Moult et al., 2006; Casimiro et al., 2011) and may occur only at a subset of synapses (Xiao et al., 2001; Sanderson et al., 2011). More interestingly, the optical approach also revealed that the DHPG-induced SEP-GluA2 trafficking is correlated with P(r), such that reductions in AMPARs occur predominantly at low P(r) synapses (Figure 1E).

Where manipulations have been performed that modulate P(r), for example, changing the calcium to magnesium ratio, the magnitude of DHPG-LTD and the extent of AMPAR trafficking is altered in a way that is consistent with this mechanism. For example, increasing the calcium to magnesium ratio results in higher P(r) and DHPG-LTD and SEP-GluA2 trafficking are both reduced; if the ratio is decreased to lower P(r) then LTD and GluA2 trafficking are both increased (Oliet et al., 1997; Watabe et al., 2002; Sanderson et al., 2018).

## MECHANISMS OF P(r)-DEPENDENT mGluR ACTIVATION

does DHPG-induced AMPAR trafficking occur Why predominantly at low P(r) synapses? DHPG-LTD can be triggered by either mGluR1 or mGluR5 (Gladding et al., 2009b; Sanderson et al., 2016). The trigger for DHPG-LTD in organotypic slices is mGluR1 (Nadif Kasri et al., 2011; Sanderson et al., 2018) and using a similar imaging approach mGluR1 was tagged with SEP in order to compare its expression and trafficking with P(r). The approach revealed that specifically at *high* P(r)synapses theta burst stimulation (TBS) induces downregulation of mGluR1 resulting in lower basal mGluR1 levels (Figure 2A) (Sanderson et al., 2018). Therefore, DHPG-induced AMPAR trafficking occurs predominantly at low P(r) synapses because this is where the trigger, mGluR1, is expressed most highly. As theta burst activity develops over the course of development (Charlesworth et al., 2015; Kim et al., 2016), this mechanism may contribute to the emergence of a correlation between

P(r) and postsynaptic function at later developmental stages (Kay et al., 2011).

Inhibition of excitatory amino acid transporters (EAATs) was found to enhance the trafficking of SEP-mGluR1 suggesting that the selective effect of theta bursts at high P(r) synapses is likely because the greater frequency of glutamate release at these synapses results in more spillover of glutamate to peri-synaptic areas where mGluRs are expressed (Sanderson et al., 2018). Consistent with this hypothesis, STED imaging has revealed that LTP causes the withdrawal of astroglial processes from synapses, and in so doing facilitates the spillover of glutamate (Henneberger et al., 2018). Consequently, released glutamate would gain access to peri-synaptically expressed receptors such as mGluR1 and so may be necessary for the theta burst-induced mGluR1 trafficking detailed above. Whether this modulation of astroglia occurs more readily at high P(r) synapses remains to be investigated.

## POSSIBLE FUNCTIONAL CONSEQUENCES OF P(r) INFLUENCED AMPAR TRAFFICKING

What are the possible functional consequences of a relationship between P(r) and AMPAR trafficking? Here we put forward a few suggestions.

#### Theta-Burst Stimulation (TBS)

We found that TBS induces SEP-GluA2 trafficking in synapses of intermediate P(r) via a mechanism that requires mGluR1 activation (Figure 2B) (Sanderson et al., 2018). That theta bursts have this effect may indicate that mGluR-induced AMPAR trafficking can sculpt neuronal networks in an input specific way. The recruitment of this mechanism only at synapses of intermediate P(r) is likely because a balance exists between mGluR1 expression levels and sufficient release of glutamate to activate them. High P(r) synapses may be protected from the effects of mGluR1 activation due to their downregulation, and mGluRs at low P(r) synapses may not be appropriately activated due to insufficient release of glutamate. According to this hypothesis, intermediate P(r) synapses are in a "Goldilocks zone" in which the glutamate released by theta burst stimulation is sufficient to activate mGluRs to induce AMPAR trafficking, but not enough to cause the internalization of mGluRs themselves.

# Synaptic Down-Scaling

An additional potential mechanism involves mGluR activation via non glutamatergic signaling and the immediate early gene (IEG) Homer 1a (**Figure 2C**) (Brakeman et al., 1997; Ango et al., 2001). An increase in excitability as a result of *in vitro* application of a GABA<sub>A</sub> antagonist such as bicuculline results in decreased synaptic transmission due to the cell wide downregulation of surface AMPARs, a form of homeostatic plasticity termed synaptic scaling-down (Turrigiano, 2008). The expression of Homer 1a is also driven by increases in neuronal excitability, and when expressed it activates group I mGluRs in an agonistindependent way by disrupting crosslinking of constitutively



**FIGURE 2** | Mechanisms that may contribute to differential AMPAR trafficking. Multiphoton images in (**A**) and (**B**) show examples of SEP fluorescence (green) and FM4-64 staining (red) to estimate P(r), scale 2  $\mu$ m. (**A**) Theta burst activity induces trafficking of SEP-mGluR1 in organotypic slices such that decreases are seen at high P(r) synapses. P(r) estimated by loading of FM4-64. (**B**) Theta burst activity engages mGluR1 at intermediate P(r) synapses, defined as 0.2 < P(r) < 0.4, to induce SEP-GluA2 trafficking (lower left images). P(r) estimated by loading of FM4-64, YM indicates the mGluR1 specific antagonist YM 298198 at 2  $\mu$ m (lower right images). \*\* indicates p < 0.01. (**A**) and (**B**) reproduced from Sanderson et al. (2018) under CC BY-NC-ND license. (**C**) Scheme compares physiological responses to presynaptic activity at three synapses that are of low, medium and high P(r). Inset spikes are action potentials generated upon nerve stimulation (square) with relative amount of glutamate neurotransmitter released from vesicles. Pre- and post-synaptic structural features are correlated, as are functional measures, such as AMPAR expression and P(r). High P(r) synapses (Sanderson et al., 2018). Arc is expressed at less active synapses where its expression correlates with AMPAR trafficking at a subset of medium P(r) synapses (Sanderson et al., 2018). Arc is expressed at less active synapses (Okuno et al., 2012). Homer1 a is able to induce AMPAR trafficking by triggering group I mGluRs in an agonist-independent way (Hu et al., 2010). Homer1a may therefore be an effective trigger for group I mGluRs at less active synapses.

expressed versions of Homer (Brakeman et al., 1997; Ango et al., 2001; Hu et al., 2010). Homer 1a-mGluR signaling is the trigger for the AMPAR trafficking in synaptic scaling-down and overexpression of Homer 1a is able to drive AMPAR trafficking in an mGluR1/5-dependent way (Figure 2C) (Hu et al., 2010). As mGluR1 is enriched at low P(r) synapses (Sanderson et al., 2018), it is possible that AMPAR trafficking induced by Homer1a-mGluR1 signaling would be more likely to occur at low P(r) synapses. Therefore, synaptic scalingdown may also act to ensure functional registration between the pre- and post-synapse via this mechanism. Where it was found that elevated neuronal activity is needed for a correlation in pre- and post-synaptic function to emerge, a very similar protocol to that which induces synaptic scalingdown was used and the alterations in AMPAR expression were exclusively at low P(r) synapses (Figure 1D) (Tokuoka

and Goda, 2008). Putting these results together presents a plausible case for mGluR-triggered AMPAR trafficking that is engaged by elevated neuronal activity and that acts at low P(r) synapses to ensure a functional correlation between the preand post-synapse.

As direct pharmacological activation of group I mGluRs using DHPG also results in AMPAR downregulation primarily at low P(r) synapses (Sanderson et al., 2018), it could be that synaptic scaling-down and mGluR-LTD are two manifestations of the similar underlying mechanisms? Indeed, there are other points of similarity between these forms of plasticity. For example, in some conditions, glutamate release is enhanced in mGluR-LTD (Xu et al., 2013), the AMPAR trafficking in synaptic scaling-down occludes that induced by DHPG (Hu et al., 2010) and some molecular mechanisms are utilized in both forms of plasticity, notably tyrosine dephosphorylation (Moult et al., 2006; Hu

et al., 2010). However, it is worth noting that not all molecular mechanisms are necessarily shared. For example, no role for Homer 1a has been found in mGluR-LTD (Hu et al., 2010). Also, other forms of synaptic scaling alter the induction of synaptic plasticity by altering the properties of neurotransmitter release (Soares et al., 2017) demonstrating that links between different forms of plasticity may be complex. In summary, it is perhaps reasonable to conclude that some but not all mechanisms may be shared between mGluR-LTD and synaptic scaling-down.

Of significant interest is whether the mechanisms revealed by making these experimental manipulations are engaged in endogenous physiological processes. One exciting possibility is that Homer 1a-induced synaptic scaling-down is engaged during sleep. Synaptic Homer1a is upregulated during sleep where it orchestrates synaptic downregulation as a result of group I mGluR-induced AMPAR trafficking and dephosphorylation (Diering et al., 2017). These findings are consistent with the synapse homeostasis hypothesis that suggests that information is encoded during waking hours via LTP-induced increases in synapse strength, followed by synapse weakening during sleep (Tononi and Cirelli, 2014). Ultrastructural studies suggest that large synapses are spared when synapses undergo weakening during sleep (de Vivo et al., 2017). As structural features of synapses are correlated with their function, e.g., PSD size is correlated with active zone size, which correlates with the number of docked vesicles and P(r) (Dobrunz and Stevens, 1997; Schikorski and Stevens, 1997; Murthy et al., 2001; Holderith et al., 2012), the identity of the stable synapses that are resistant to weakening during sleep may correspond to high P(r) synapses that exhibit lower levels of mGluR1 due to theta burst activity (Sanderson et al., 2018). If so, this would be consistent with Homer1a-mGluR signaling during sleep selectively downregulating low P(r) synapses that express higher levels of mGluR1. In the context of the sleep-wake cycle, the access Homer1a has to the synapse may be gated by noradrenergic and adenosine signaling (Diering et al., 2017), and so these additional regulatory mechanisms will also determine the extent of mGluR activation and consequent weakening of synapses.

#### **Heterosynaptic Plasticity**

An additional potential mechanism by which mGluRs could be activated in a way that depends on P(r) is an input non-specific way through heterosynaptic signaling. If LTP is induced at a cluster of synapses, as has been observed to occur in vivo in response to sensory experience (Makino and Malinow, 2011), neighboring non-conditioned synapses become downregulated due to mGluR activity (Oh et al., 2015; Winnubst et al., 2015). This downregulation involves removal of AMPARs from synapses, suggested by SEP-GluA2 imaging, and also spine shrinkage. The location of the mGluR trigger for the heterosynaptic signaling has not been defined and may be at the conditioned synapses, and a diffusible signaling molecule may diffuse to neighboring non-conditioned synapses. Alternatively, the group I mGluR may be located at the non-conditioned synapse and be activated via nonglutamatergic signaling, for example, the IEG Homer 1a.

The second scenario is consistent with low P(r) synapses that express higher levels of group I mGluRs but that are activated less often, being more susceptible to downregulation via heterosynaptic signaling.

Interestingly, using inducible presynaptic expression of tetanus toxin light chain to suppress transmitter release, the IEG Arc was found to be trafficked specifically to synapses with reduced activity, in a process termed inverse synaptic tagging (Okuno et al., 2012). The trafficking occurred via an interaction with CAMKII $\beta$  and the extent of the Arc enrichment correlated with AMPAR removal occurring at those synapses. As Arc is also involved in mGluR-LTD (Waung et al., 2008), it raises the possibility that low activity synapses are specialized for downregulation via mGluR-LTD. To test this hypothesis, the expression levels and activation of other signaling molecules involved in mGluR-LTD (Gladding et al., 2009b; Sanderson et al., 2016) could be investigated with respect to synaptic activity levels.

## ROLE OF RETROGRADE MESSENGERS IN COORDINATING THE PRE- AND POST-SYNAPSE

In addition to the mechanisms detailed above, signals that involve retrograde messengers may coordinate the pre- and post-synapse. For example, these may be of relevance to the increase in presynaptic activity induced by overexpression of postsynaptic scaffolding proteins (El-Husseini et al., 2000; Sala et al., 2001). In particular, the role of retrograde messengers in coordinating the pre- and post-synapse has been studied with reference to the increase in synaptic strength that can be induced by pharmacological blockade of postsynapse function, a manipulation that may be of relevance to sensory impairment or neural damage for example as a result of stroke (Thiagarajan et al., 2005). These studies have found that brain derived neurotrophic factor (BDNF) may act as a retrograde messenger, synthesized at the post-synapse in response to phospholipase D and mammalian target of rapamycin complex 1 (mTORC1) signaling (Jakawich et al., 2010; Lindskog et al., 2010; Henry et al., 2012, 2018) (Figure 3A). These presynaptic changes occur simultaneously with increases in postsynaptic AMPAR number via mTORC-independent protein synthesis.

The adaptations in response to postsynaptic receptor blockade typically occur over the time frame of hours (Thiagarajan et al., 2005; Jakawich et al., 2010; Lindskog et al., 2010; Henry et al., 2012). However, molecular alterations that could underlie the functional correlation between the pre- and post-synapse occur much more rapidly. Retrograde messengers were first proposed as a means by which LTP, thought to be triggered by the activation of postsynaptic NMDARs, may result in a persistent increase in neurotransmitter release. NO is thought to act as a retrograde messenger in LTP (Zhuo et al., 1993) and its fast diffusion time may allow activity-dependent increases in function at the pre- and the post-synapse to



FIGURE 5 Thetrograde messengers may cooldinate prevail post-synaptic function. (A) Blockade of postsynaptic AMPARs results in mTORC-dependent protein translation of BDNF that acts as a retrograde messenger to enhance presynaptic release. Additionally, mTORC-independent protein translation results in increased postsynaptic AMPAR expression (Thiagarajan et al., 2005; Jakawich et al., 2010; Lindskog et al., 2010; Henry et al., 2012, 2018).
(B) During LTP induction, calcium influx through NMDARs activates neuronal nitric oxide synthase (nNOS), which catalyzes the production of nitric oxide (NO). NO diffuses to the pre- and post-synaptic compartments where it activates the guanylate cyclase (GC), cGMP, cGMP-dependent protein kinase (cGK) signaling cascade, resulting in enhanced presynaptic synaptophysin puncta and post-synaptic AMPAR puncta (Antonova et al., 2001; Wang et al., 2005). At both the pre- and post-synapse cGK activates VASP, a protein that plays a role in actin modification. Additionally, cGK phosphorylates the AMPAR subunit GluA1 driving enhanced surface expression (Serulle et al., 2007).

be coordinated. For example, immunofluorescence imaging has revealed that NMDAR-dependent chemical LTP induces NO signaling that results in increased expression of synaptic markers simultaneously at both the pre- and the post-synapse leading to increased levels of co-localization between them (Antonova et al., 2001; Wang et al., 2005). These effects were found to be mediated via the guanosine 3',5' cyclic monophosphate (cGMP)-dependent signaling pathway leading to phosphorylation of the actin regulator VASP. As these and other cGMP-dependent effects are observed at both the pre- and post-synapse (Wang et al., 2005; Sanderson and Sher, 2013), NO-induced cGMP signaling could occur in both compartments to bring about coordinated changes (Figure 3B). Actin-dependent modification of spine structure may undergo bidirectional modulation via cAMP and cGMP signals (see review by Borovac et al., 2018) and so possibly these mechanisms could contribute to modifying spine structure, as well as modifying the expression of synaptic proteins, to ensure that the pre- and post-synapse are matched. Numerous other signaling molecules and potentially even ions such as potassium act as retrograde messengers in LTP (Bliss and Collingridge, 1993; Regehr et al., 2009) and may therefore also coordinate changes in pre- and post-synaptic function.

There is evidence that mGluR-LTD is expressed via both pre- and post-synaptic changes (Fitzjohn et al., 2001; Snyder et al., 2001; Xiao et al., 2001; Rouach and Nicoll, 2003; Tan et al., 2003; Huang et al., 2004; Moult et al., 2006; Gladding et al., 2009a; Casimiro et al., 2011; Sanderson et al., 2011, 2018; Eales et al., 2014), with pre-synaptic changes triggered via activation of post-synaptically expressed mGluRs and release of retrograde messengers such as 12-lipoxygenase metabolites of arachidonic acid (Watabe et al., 2002; Feinmark et al., 2003). In this form of plasticity, it is possible that pre- and post-synaptic changes may be coordinated which may result in the two compartments remaining functionally matched. mGluRs also induce structural changes at spines (Kamikubo et al., 2006; Shinoda et al., 2010; Hasegawa et al., 2015) possibly by regulating the actin cytoskeleton via a mechanism that involves an interaction between GluA2 and N-cadherin leading to the actin regulator cofilin (Zhou et al., 2011). Therefore, mGluR function may also be involved in triggering changes to the structure of synapses as well as their molecular composition, and so may play a role in ensuring these two aspects of synapse physiology are in step.

In addition to diffusible signaling molecules, precise coordination between the pre- and post-synapse occurs via direct physical interactions. The matching of AMPARs with the presynaptic release machinery in trans-synaptic molecular "nanocolumns" (Tang et al., 2016) depends on the C-terminal region of Neuroligin-1 and if its function is perturbed, then synaptic transmission is diminished (Haas et al., 2018). This is proposed to be due to Neuroligin-1 performing a linking role between presynaptic neurexins, which it binds via its extracellular N-terminal region, and PSD-95-anchored AMPAR nanodomains, which it binds via its intracellular C-terminal domain.

In summary, there appear to be multiple signaling mechanisms and dedicated molecular machinery that could

result in coordination between changes at the pre- and post-synapse.

#### PATTERNING OF SYNAPTIC CONNECTIONS

Above we have summarized data indicating that the pre- and the post-synapse are structurally and functionally correlated, that multiple mechanisms may bring this about including mGluR signaling, and that the expression of mGluRs may play a role in patterning the modulation of synapse strength in several physiological situations. It is not clear how synapses with certain physiological characteristics, including P(r), are arranged on the dendritic trees of excitatory neurons. Are dendrites structured such that synapses with certain properties are located in specific locations? A range of studies have addressed this question and found that synapses diminish in size toward the ends of basal and apical oblique dendrites (Katz et al., 2009; Grillo et al., 2018), while increasing along the somato apicaldendritic axis (Magee and Cook, 2000). The arrangement of synaptic properties may have implications for the integration of synaptic inputs at proximal and distal locations. For example, at proximal locations inputs require strict temporal coincidence in order to sum linearly, whereas at distal locations inputs are amplified more strongly without the need for precise coincidence (Branco and Hausser, 2011). This could lead to proximal and distal dendrites processing different streams of information: Temporally coded information at proximal dendrites and rate based information at distal dendrites (Branco and Hausser, 2011). These synaptic integration properties may be influenced by differential calcium responses at different dendritic locations (Walker et al., 2017).

The properties of neighboring synapses have been examined using similar imaging techniques to those used to investigate intra-synaptic properties. For example, measurement of P(r) using FM dyes has been used to reveal that neighboring synapses on the same dendritic branch have very similar P(r) and that the P(r) is set by the local activity level (Branco et al., 2008). This results in a negative correlation between the density of synaptic contacts and their P(r) and that directly modulating dendritic depolarization can influence P(r), both locally and globally. Neighboring synaptic inputs have been observed to exhibit correlated activity over a range of developmental time points when examined both in vitro and in vivo (Kleindienst et al., 2011; Takahashi et al., 2012; Winnubst et al., 2015; Wilson et al., 2016; Iacaruso et al., 2017; Scholl et al., 2017). It is therefore plausible that similar P(r) at neighboring synapses may be induced by similar endogenous activity at neighboring co-active synapses.

At the post-synapse, mechanisms also exist that may result in neighboring synapses having similar characteristics. One such mechanism may be calcium-induced calcium release, as in developing synapses this can result in enhanced potentiation at coincidentally active neighboring spines, resulting in clustered synapse maturation (Lee et al., 2016). Conversely, synapses that neighbor a group of co-active synapses, but that are not coincidentally active themselves, are weakened (Oh et al., 2015; Winnubst et al., 2015). Mechanisms such as these may contribute to the clustered postsynaptic enhancement of synapses *in vivo* that occurs in response to sensory experience (Makino and Malinow, 2011).

Astrocytes may also play a role in regulating synaptic P(r), since when astrocytic function is perturbed the P(r) of heterosynaptic inputs become less divergent, implying that astrocytes play a role in maintaining heterogeneity of P(r) over the entire cell (Letellier et al., 2016). The investigation on the role of astrocytes on P(r) utilized two heterosynaptic inputs, which would be unlikely to make synapses that neighbor each other. Therefore presumably the role astrocytes play in maintaining heterogeneity of P(r) is not "local" and is therefore distinct from the mechanisms that ensures similarity of P(r) of neighboring synapses (Branco et al., 2008).

## FUTURE DIRECTIONS AND PROSPECTS

A major area of neuroscience research is aimed at understanding the processes involved in synaptic plasticity, the most extensively studied of which is NMDAR-dependent LTP (Bliss and Collingridge, 1993). Although it is well established that this form of LTP involves both pre- and post-synaptic alterations, including changes in P(r) as well as AMPAR number and properties (Bliss and Collingridge, 2013), these pre- and postsynaptic processes are usually studied in isolation. Our recent finding that P(r) can affect the re-distribution of AMPARs adds an extra layer of complexity to the understanding of plastic events at the level of the single synapse. The induction of LTP by TBS triggers an initial short-term potentiation (STP) component that is mediated by an increase in P(r). It would be predicted that this would result in an internalization of some of the mGluR1 that may be present at the synapse and thereby protect the synapse from postsynaptic weakening mediated by this receptor. This is turn would help stabilize AMPARs that are inserted during LTP. In contrast, in the absence of STP the AMPARs that are inserted during LTP could be more labile since they would be more susceptible to mGluR1-mediated synaptic weakening. At CA3-CA1 principal synapses, mGluR1 is expressed predominantly early in development where it may contribute the refinement of hippocampal synaptic connectivity. Indeed, early in development at these synapses, LTP is predominantly mediated by an increase in P(r) (Palmer et al., 2004), though this changes to a postsynaptically dominated LTP mechanism via a switch triggered by presynaptic kainate receptors (Lauri et al., 2006).

At certain other synapses, such as the parallel synapses between granule cells and Purkinje cells, mGluR1 is the trigger for LTD in adult tissue (Aiba et al., 1994; Conquet et al., 1994) and postsynaptic mechanisms appear to dominate (Wang and Linden, 2000). Whether similar mechanisms to rapidly coordinate pre- and post-synaptic functionality operate at these cerebellar synapses and elsewhere in the CNS remains to be determined.

In summary, rapidly coordinated changes in pre- and postsynaptic activity, mediated by the actions of the neurotransmitter itself, are likely to impact on many facets of synaptic transmission and plasticity in health and disease. These are areas ripe for future investigation.

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#### **AUTHOR CONTRIBUTIONS**

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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