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## **OPEN** Exploring tight junction alteration using double fluorescent probe combination of lanthanide complex with gold nanoclusters

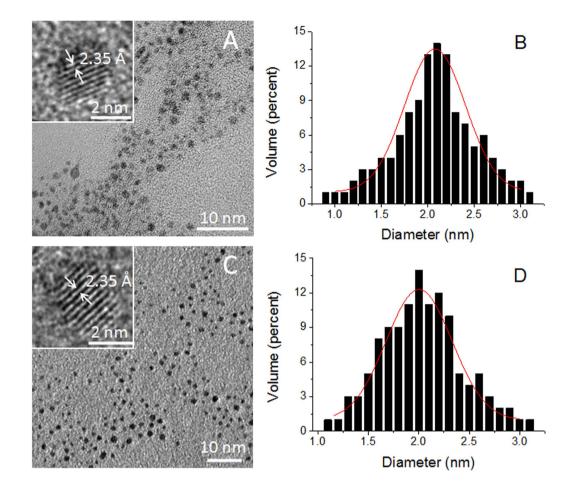
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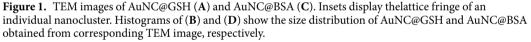
Tight junctions play a key role in restricting or regulating passage of liquids, ions and large solutes through various biological barriers by the paracellular route. Changes in paracellular permeation indicate alteration of the tight junction. However, it is very difficult to obtain the structural change information by measuring paracellular flux based on transepithelial electrical resistance or using fluorescein-labeled dextrans. Here we show that the BSA and GSH stabilized gold nanoclusters exhibit marginal cytotoxicity and pass through the MDCK monolayer exclusively through the paracellular pathway. We propose a double fluorescence probe strategy, the combination of a proven paracellular indicator (europium complex) with fluorescent gold nanoclusters. We calculate changes of structural parameters in tight junctions based on determination of the diffusion coefficients of the probes. Two different types of tight junction openers are used to validate our strategy. Results show that EDTA disrupts tight junction structures and induces large and smooth paracellular pore paths with an average radius of 17 nm, but vanadyl complexes induce paths with the radius of 6 nm. The work suggests that the double fluorescence probe strategy is a useful and convenient approach for in vitro investigation of tight junction structural alternations caused by pharmacological or pathological events.

The tight junction (TJ), located at the apical-most portion of the intercellular junctional complex, composes over a hundred TJ proteins arranged in order and fabricates a complex signaling network involving trans-membrane proteins, cytoskeletal proteins, scaffolding components, regulatory and signaling molecules, etc<sup>1,2</sup>. TJ plays a key role in restricting or regulating passage of liquids, ions, and large solutes through the paracellular pathway<sup>3-5</sup>. TJ structures can be altered under various physiological and/or pathological events, to name a few, the salivary gland and some endothelial cell secretion<sup>6,7</sup>, inflammatory mediator-induced changes in paracellular permeability<sup>8,9</sup> and toxicity of metal ions<sup>10,11</sup>. Moreover, the use of TJ opening reagents<sup>12-17</sup>, e.g. chitosan<sup>18-21</sup>, has been an important biopharmaceutical strategy for the delivery of highly hydrophilic macromolecular drugs (e.g. peptide/protein drugs). Thence, methods that help to characterize the properties of paracellular pathways would be of significance for elucidating the TJ architecture and mechanism of regulation.

The TJ structure can be visualized by electron microscopy<sup>22,23</sup> or fluorescence microscopy with genetically encoded fluorescent proteins<sup>24,25</sup>, however, these approaches are not feasible to study the alteration of the tight junction upon the treatment with drugs and/or stimuli. This TJ alteration is readily indicated by the changes of the trans-epithelial electrical resistance (TEER)<sup>26,27</sup> or the apparent permeability coefficient ( $P_{app}$ ) of a paracellular permeation probe/indicator<sup>28,29</sup>, e.g. manitol<sup>30,31</sup>, inulin<sup>32,33</sup>, cimetidine<sup>34,35</sup> and hydrophilic fluorophores such as Eu-DTPA complexes<sup>36,37</sup>, lucifer yellow<sup>38,39</sup> and different sized fluorescein isothiocyanate-labeled dextrans (MW 3~40 kDa, e.g. *FD4*)<sup>40,41</sup>. However, TEER cannot provide any information about the TJ pore size or charge

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selectivity; while the previous approaches using paracellular probes/markers would either provided very limited information and/or require abundant of work. It is a great challenge to develop new methods that can be easily and conveniently implemented to sense the TJ changes associated with the physiological and/or pathological events.

Previous studies using the freeze-fracture technique and probes of different sizes revealed that the TJ structure had several pore pathways allowing flux of solutes with radii ranging from about 4 Å to 60 Å<sup>42</sup>. This inspires us to postulate that the diffusion of solutes in the paracellular routes could be similar to that in the porous medium. Therefore, it is possible to calculate the pore size (r) and retention parameters of tight junction channels by measuring the diffusion coefficients ( $D_p$ ) of two or more probes of known molecular sizes and following the Fick's law of diffusion and the amended Knudsen equation.

In the present work, we developed a novel method for investigating the dynamic change of the TJ pore size (*r*) and the channel retention property. Two sized fluorescent gold nanoclusters (AuNCs), BSA-templated AuNCs (AuNC@BSA) and GSH-protected AuNCs (AuNC@GSH), were first validated as novel paracellular permeability indicators. Then by combining the proven paracellular indicator, Eu-DTPA complex, with one of the AuNCs, the change of the TJ pore size (*r*) and retention parameters upon treatment of two different TJ openers was calculated.

#### **Results and Discussion**

**Synthesis and characterization of AuNCs.** AuNC@GSH<sup>43</sup> and AuNC@BSA<sup>44</sup> were prepared according to the published procedure. Characterization using UV-Vis, fluorescence, infrared, X-ray photoelectron spectroscopies and DLS (Fig. S1–S5) demonstrated that the synthesis resulted in desired products. TEM measurements indicated that the core size for AuNC@GSH and AuNC@BSA were  $2.07 \pm 0.45$  nm (n = 120) and  $2.04 \pm 0.40$  nm (n = 120), respectively (Fig. 1). Insets in TEM images show lattice plane parameters match the (111) lattice spacing of the face-centered cubic Au<sup>45</sup>. In DMEM cell culture media, AuNC@GSH and AuNC@BSA (Fig. S5) showed the volume weighted hydrodynamic sizes of  $6.0 \pm 1.0$  nm and  $12.1 \pm 0.3$  nm, respectively. Both AuNCs had negative surface charges (Table 1).

**Cytotoxicity of AuNCs on MDCK cells.** The cytotoxicity of AuNCs and Eu-DTPA complexes on MDCK cell was assessed by MTS assays and TEER measurements. Results (Fig. 2) showed that AuNCs or Eu-DTPA

Parameters	Eu-DTPA	AuNC@GSH	AuNC@BSA
MA (g/mol)	560.54	$1.4  imes 10^4$	$7.1 imes10^4$
Particle core diameter (nm) (TEM)	—	$2.1\pm0.5$	$2.0\pm0.4$
Volume weighted hydrodynamic diameter (nm)	0.90 <sup>2</sup>	$6.0\pm1.0^3$	$12.1 \pm 0.3^{3}$
ζ potential (mV)	—	$-1.47 \pm 4.96$	$-7.89 \pm 4.38$
$D_{AB} ({ m m}^2/{ m S})^1$	$3.36 imes10^{-10}$	$1.15 imes10^{-10}$	$6.68  imes 10^{-11}$

**Table 1.** Some physicochemical parameters of Eu-DTPA and AuNC probes. <sup>1</sup>Parameters calculated using the Polson's equation:  $D_{AB} = \frac{9.4 \times 10^{-15} \cdot T}{\mu_B \cdot (M_A)^{1/3}}$  where  $V_A$  is the volume of solute probe;  $\mu_B$  and  $M_B$  are the viscosity and molar mass of the solvent water, respectively; *T* is the absolute temperature. <sup>2</sup>The diameter of Eu-DTPA was calculated using HyperChem software. <sup>3</sup>Data were from DLS measurement (Figure S5).

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complexes or their combination had no significant effects on cell viability in the test concentration ranges. The cell viability greater than 100% upon treatment with high concentrations of AuNC@BSA (Fig. 2A,D) was an artifact caused by the excessive amount of BSA in AuNC@BSA preparation. The alternation of TEER is normally more sensitive than MTT/MTS assessments<sup>10</sup>, however, it was observed that AuNCs or Eu-DTPA did not cause any decline of TEER over 24-h incubation (Fig. 2F). These results indicated that AuNCs or the combination with Eu-DTPA was not toxic to MDCK cells.

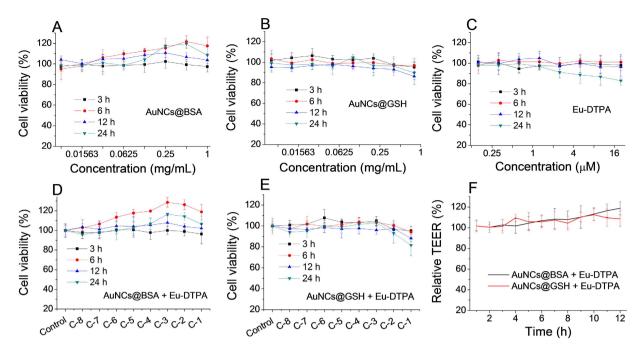
**Mechanism of AuNCs permeation through MDCK monolayer.** For calculation of TJ parameter changes, two different size paracellular pathway probes are needed. The Eu-DTPA complex is selected as the small size probe due to good biocompatibility and correlation of  $P_{\rm app}$  with TEER<sup>46,47</sup>. In addition, the long life fluorescence of Eu<sup>3+</sup> allows the use of time-resolved fluorescence measurements to achieve a high sensitivity with the interference-free background without separation from the second fluorescent probe. The gold nanoclusters (AuNCs) are considered as the large size probes due to their tunable particle size, excellent biocompatibility and desirable photostability<sup>44,48,49</sup>. In addition, if successful, it may open new opportunities for biological application of fluorescent nanomaterials.

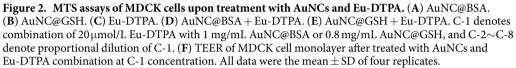
The criteria determining the mechanism of membrane permeation of a solute include the value of the apparent permeability coefficient ( $P_{app}$ )(less than 10<sup>-6</sup> cm/s for paracellular diffusion)<sup>50</sup> and the rate of cellular accumulation. The  $P_{app}$  of AuNC@BSA and AuNC@GSH were determined to be  $1.99 \times 10^{-7}$  cm/s and  $3.66 \times 10^{-7}$  cm/s, respectively. ICP-MS assays indicated (Fig. 3) that cellular accumulation of both AuNCs (<0.5%) were marginal. Moreover, under the confocal fluorescence microscope, AuNCs were only observed in the intercellular space (Fig. 4) upon opening TJ with EDTA. All the evidence indicated the transport of AuNC@BSA across MDCK monolayer exclusively through the paracellular pathway.

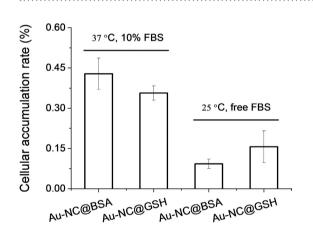
**Changes of**  $P_{app}$  **of the Eu-DTPA-AUNCs double probes upon TJ opening.** The paracellular permeability changes upon TJ opening in response to a variety of physiological and/or toxicological factors, e.g. cytokines, stress factors, dextrans, metal ions and metal chelators. Herein, we tested the effect of two different TJ openers, EDTA and vandylacetylacetonate (VO(acac)<sub>2</sub>). EDTA causes reversible TJ opening by depleting Ca<sup>2+</sup> and Mg<sup>2+</sup> that maintains the structure and conformation of TJ proteins<sup>51,52</sup>; while, vanadium complexes can increase paracellular permeability through induction of oxidative stress, which was regarded as one of the major mechanism for the toxicity of these anti-diabetic agents<sup>10</sup>.

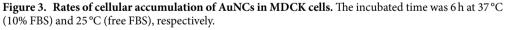
As shown in Fig. 5, upon addition of EDTA (0.5 mmol/L), the paracellular permeability of the probes increased significantly. Upon treatment with vanadyl complexes(80 µmol/L, Fig. 6), the permeability of Eu-DTPA and AuNC@GSH increased rapidly in the first hour and then gradually decreased, suggesting partial recovery of the TJ structure in the later hours. Treatment with vanadyl complexes did not elevate the permeability of AuNC@BSA. These results indicated that EDTA and vanadyl complexes caused different patterns of TJ alternation in both the extent of opening and the TJ architecture.

Alternations of TJ pore size and retention capacity upon TJ opening. By using the  $P_{app}$  data in Figs 5 and 6, the pore size (r) and retention capacity values ( $\varepsilon/\tau$ ) of the tight junction of MDCK cell monolayer upon treatment with EDTA or VO(acac)<sub>2</sub> were estimated accordingly (Fig. 7). Several important conclusions can be drawn from the results. First, the EDTA treatment (Fig. 7) caused two major changes: the TJ pore size (r)significantly increased to  $\sim 16$  nm while the TJ retention capacity ( $\varepsilon/\tau$ ) decreased monotonously. This suggests that depletion of Ca<sup>2+</sup> by EDTA induced large and smooth pores in the intercellular space possibly by directly disrupting the TJ protein connection. The calculation using two sets of probes fundamentally gave a similar result. Second, as the permeability of AuNC@BSA did not change for the vanadyl complex treatment, the calculation was achieved on the Eu-DTPA -AuNC@GSH probe set. Results (Fig. 7E,F) indicated that the vanadium treatment increased TJ pore size (r) up to  $\sim$ 6 nm while the retention capacity ( $\varepsilon/\tau$ ) was observed to rapidly decrease at first but then recovered partially in the following hour of incubation, which agrees with the change of the permeability of Eu-DTPA probe (Fig. 6A,C). Overall, the results suggested that vanadium may alter the TJ structure possibly by re-arranging the TJ architecture, leading to domination of the large pore path ( $\sim$ 60 Å)<sup>42</sup> in the intercellular space. Nevertheless, the details of the mechanism need to be further investigated by biological and structural methods. Third, it is noted that the  $\varepsilon/\tau$  response of AuNC@BSA upon EDTA treatment showed an interrupt point at  $\sim$ 40 min and the increase of pore size was suspended afterward at  $\sim$ 12 nm (Fig. 7A,B). While AuNC@BSA assay









(Fig. 7C,D) showed a continual increase of pore size up to 17 nm until 180 min of treatment. We postulated that AuNC@BSA, due to the interaction of the template albumin with the pathway molecules, might stay somewhere in the paracellular path and thus restrict further increase of TJ pore. Probably for the same reason, the  $P_{app}$  of AuNC@BSA did not response to the vanadium treatment (Fig. 6B). The present results were consistent with our previous observation that a BSA-Eu-DTPA complex did not show  $P_{app}$  correlation to the treatment of vanadyl complexes<sup>53</sup>. Therefore, AuNC@GSH may better reflect alteration of the TJ structure than AuNC@BSA. In addition, these results may suggest that albumin might play a role in repairing TJ damage and as well address the role of protein corona on regulating the biological properties of nanoparticles<sup>54,55</sup>. Additionally, although TEER assays indicate <20% change in TJ upon the treatment of Caco-2 or MDCK cells with vanadium compounds herein and in our previous studies, the pore size caused by vanadium compounds was found up to 6 nm, which should allow flux of most biological substances. Therefore, more attention should be paid to the metal toxicity on TJ of biological barriers in further toxicological studies of vanadium compounds.

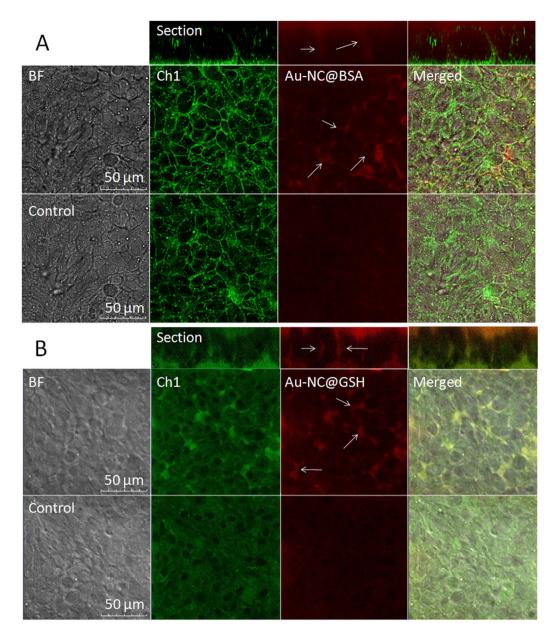


Figure 4. Confocal images of AuNCs in TJs of MDCK layers after EDTA treatment (0.5 mmol/L) for 30 min at 25 °C. The concentrations of AuNCs were 1 mg/mL for AuNC@BSA (A) and 0.8 mg/mL for AuNC@GSH (B). Ch1 denote cell autofluorescence with  $\lambda_{\text{Ex/Em}}$  of 488/520 nm.

### Conclusions

In summary, we have demonstrated that a double fluorescent probe strategy can be used to study the alteration of TJ structure. Our work first confirms that AuNCs pass through the MDCK monolayer exclusively through the paracellular pathway. Then, we successfully investigated the kinetic properties of TJ structure changes for the first time by employing the double fluorescence probes of Eu-DTPA and AuNCs following treatment with two different TJ openers. The calculation suggests that EDTA treatment induces large and smooth pore path with the pore size of  $\sim$ 17 nm, while vanadyl complexes cause TJ structure re-arrangement and induce TJ pores with pore size of  $\sim$ 6 nm. Overall, our work indicates that combination of Eu-DTPA and AuNCs probes may provide new and convenient tools to investigate TJ structural alternations *in vitro* in pharmacological and/or pathological processes.

#### Methods

**Synthesis of gold nanoclusters (AuNCs).** GSH-protected gold nanoclusters (denoted as AuNC@ GSH) were synthesized according to the previous method<sup>43</sup>. Briefly, 10 mL of HAuCl<sub>4</sub> solution (4 mmol/L) was mixed with 10 mL of glutathione solution (6 mmol/L) under vigorously stirring. Then the mixture was heated up to 70 °C and incubated for 24 h under continuous gentle stirring. The excessive amounts of glutathione and

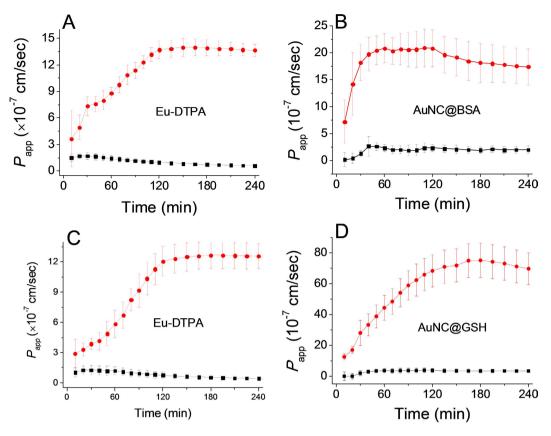


Figure 5. The time course of membrane permeation of double fluorescent probes in absence (black line) and presence (red line) of EDTA treatment (0.5 mmol/L). A and B are the permeability of Eu-DTPA (A) and AuNC@BSA (B) in the Eu-DTPA (20 $\mu$ mol/L)-AuNC@BSA (1 mg/mL) probe system, respectively; C and D are the permeability of Eu-DTPA (C) and AuNC@GSH (D) in the Eu-DTPA (20 $\mu$ mol/L)-AuNC@GSH (0.8 mg/mL) probe system, respectively. Data were the mean  $\pm$  SD of three replicates.

unreacted-HAuCl<sub>4</sub> were removed by dialysis and the concentration of product AuNC@GSH was quantified using ICP-MS(NexION 300X, Perkin Elmer, USA).

BSA-stabilized AuNCs (denoted as AuNC@BSA) were prepared according to the previously reported procedure<sup>44</sup>. Briefly, a solution of HAuCl<sub>4</sub> (10 mmol/L) was added to an equal volume of BSA solution (50 mg/mL). The mixture was vigorously stirred for 2 min, followed by adding 1/10 volume of 1 M NaOH. The resulting mixture was incubated at 37 °C under nitrogen purging and continuous gentle stirring (ca. 200 rpm) for 12 h. The concentration of AuNC@BSA solution was quantified using ICP-MS (NexION 300X, Perkin Elmer, USA) after purification by dialysis and stored at 4 °C.

**Preparation of Eu-DTPA probe.** Eu-DTPA complexes were prepared using the previous method<sup>56</sup>. Briefly, 0.01 mol/L EuCl<sub>3</sub> solution (prepared by dissolving 0.2760 g Eu<sub>2</sub>O<sub>3</sub> in 5 mL of 3 mol/L HCl and diluting to 100 mL with double-distilled H<sub>2</sub>O) was added dropwise into 0.01 mol/L DTPA solution in Hank's balanced salt solution (HBSS; pH 7.0) until the appearance of a white cloudy sediment, then the supernatant (Eu-DTPA) was collected after centrifuge (3 min, 10000×g).

**Preparation of non-fluorescence DMEM medium (NF-DMEM).** To prevent the interference of auto-fluorescence background in DMEM media, some amino acids (tryptophan, Tyrosine, and Phenylalanine) and vitamins (folic acid, pyridoxine hydrochloride, and riboflavin etc.) were excluded referring to GIBCO<sup>TM</sup> catalogue media formulations when preparing the non-fluorescence DMEM media (NF-DMEM). The fluorescence-free DMEM media did not show any influences on MDCK cell viability or tight junction formation of MDCK cell monolayer.

**MDCK cell culture.** MDCK cells were cultured in high glucose DMEM supplied with 10% FBS and penicillin-streptomycin (100  $\mu$ g/mL) and maintained in a humidified atmosphere containing 5% CO<sub>2</sub> at 37 °C in 25 cm<sup>2</sup> plastic flasks. The medium was refreshed every 2 days. Cells were passaged at 70–90% confluency using 0.25% (w/v) trypsin-0.02% (w/v) ethylenediaminetetraacetic acid (EDTA) solution. The MDCK cells used in this study were under passage 50.

**Cytotoxicity assay.** Toxicity of AuNCs on MDCK cells was estimated by MTS assay using a Cell Titer 96<sup>®</sup> A Queous One Solution Cell Proliferation Assay kit (Promega Inc., Madison, WI). In brief, MDCK cells

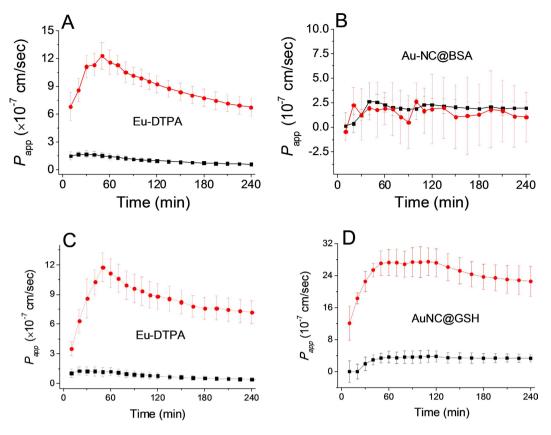


Figure 6. The time course of membrane permeation of double fluorescent probes in absence (black line) and presence (red line) of vanadyl complexes (80  $\mu$ mol/L). A and B are the permeability of Eu-DTPA (A) and AuNC@BSA (B) in the Eu-DTPA (20 $\mu$ mol/L)-AuNC@BSA (1 mg/mL) probe system, respectively; C and D are the permeability of Eu-DTPA (C) and AulNC@GSH (D) in the Eu-DTPA (20 $\mu$ mol/L)-AuNC@ GSH (0.8 mg/mL) probe system, respectively. Data were the mean  $\pm$  SD of three replicates.

 $(3\sim5\times10^3$  cells/mL) were seeded in 96-well plates (200  $\mu$ L per well). After attaching on the wall of plates, the cells were incubated with various concentrations of AuNCs in DMEM for 3, 6, 12, and 24 h. Then the cells were rinsed with DMEM and incubated with MTS solution for another 3 h at 37 °C. The absorbance of the color development in AuNCs-treated and -untreated cells was measured in a Bio-Rad Microplate reader.

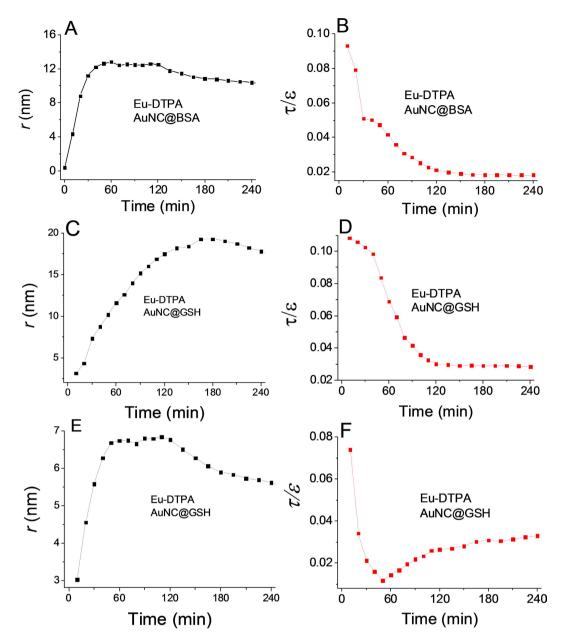
**Transport experiment and**  $P_{app}$  **calculation.** Cells were seeded onto Transwell filters (aperture, 3 µm; diameter, 12 mm) at a density of  $1 \times 10^5$  cells per well and were allowed to grow and differentiate for about 7 days. Cell monolayers were used when the net trans-epithelial electrical resistance (TEER) exceeded 200  $\Omega$ -cm<sup>2</sup>.

For the trans-epithelial transport experiments<sup>10</sup>, the MDCK monolayers in the transwells insert were rinsed twice with pre-warmed NF-DMEM media. Then different concentrations of Eu-DTPA and/or AuNCs in NF-DMEM media were added to the apical chamber and samples were withdrawn from the basolateral chamber at different time intervals. The apparent permeability coefficients ( $P_{app}$ ) of Eu-DTPA/AuNCs were calculated by the formula  $P_{app} = (\Delta Q/\Delta t)/(AC_0)$ , where A is the surface area of the cell monolayers (1.13 cm<sup>2</sup> in this study),  $C_0$  is the initial concentration of AuNCs (mg/mL) in the apical chamber.

The concentration of Eu-DTPA was determined by a time-resolved fluorescence assay. Briefly, the sample were mixed with two volumes of fluorescence enhancement solution containing 30  $\mu$ mol/L  $\beta$ -NTA, 10 mmol/L TOPO, 0.2% Triton X-100, and 0.1 mol/L potassium hydrogen phthalate buffer (pH 3.0). After the mixture was sit for 1 h at room temperature, the fluorescence intensity was measured on a *Flexstation 3* microplate reader with  $\lambda_{Ex/Em}$  of 340/616 nm and a measurement window from 600 to 1000 ms.

The concentration of AuNCs was determined by fluorescence assays. The fluorescence spectroscopy of AuNCs was obtained with a Hitachi F4600 spectrophotometer (Hitachi, Japan). The fluorescent intensity of AuNC samples from the basolateral chamber were detected on a *Flexstation 3* microplate reader with  $\lambda_{\text{Ex/Em}}$  of 488/630 nm for AuNC@GSH.

**Treatment of MDCK monolayers with EDTA or vanadium complexes.** For the paracellular diffusion, permeability of solutes would be greatly improved when the TJ structure was opened or destroyed. EDTA could disrupt TJ proteins by depleting  $Ca^{2+}$  and  $Mg^{2+}$  ions<sup>57,58</sup> and vanadium complexes can damage TJ through inducing oxidative stress<sup>10,59,60</sup>. Hereby, the influence of EDTA and vanadium complexes on the permeability of AuNCs and Eu-DTPA across MDCK cell monolayer were investigated by including 0.5 mmol/L of EDTA or 80  $\mu$ mol/L of VO(acac)<sub>2</sub> in the Ca<sup>2+</sup> and Mg<sup>2+</sup> free NF-DMEM in the transport experiments described above.



**Figure 7.** Alteration of tight junction pore size, *r* (left column) and retention capacity,  $\varepsilon/\tau$  (right column) calculated by use of Eu-DTPA/AuNC@BSA probes (**A**,**B**) and Eu-DTPA/AuNC@GSH (**C**,**D**) probes upon EDTA treatment, and Eu-DTPA/AuNC@GSH (**E**,**F**) probe upon vanadium treatment.

**Calculation of the pore size and the retention capacity of tight junction upon TJ opening.** Given that the diffusion of the probes in tight junction channels is similar to that in porous medium and there is no specific interaction among the solutes, solvents and tight junction channels, diffusion of the probes could be described by the amended Knudsen equation:

$$D_{\rm p} = \left(\frac{1}{D_{\rm AB_{\rm p}}} + \frac{1}{D_{\rm kp}}\right)^{-1} \tag{1}$$

in which

$$D_{AB_p} = D_{AB} \frac{\varepsilon}{\tau}, \ D_{Kp} = k \cdot r \cdot \left(\frac{T}{M_A}\right)^{1/2}$$
 (2)

where  $D_{AB}$  is the diffusion coefficient of probes in solvent B;  $\varepsilon$  and  $\tau$  represent porosity and tortuosity of the porous medium, respectively; r is the radius of the pore;  $M_A$  is the molecular mass of the solute. The diffusion

coefficient of solutes  $(D_p)$  in the paracellular pore pathways can be estimated through the  $P_{app}$  values (see Supplementary Materials). The  $\varepsilon/\tau$  is in overall reflecting the retention capacity of the porous medium on the solutes. Considering the size exclusion effect,  $\varepsilon/\tau$  is thus different among the Eu-DTPA and AuNCs, we assume that the large AuNC probes only pass through the large pores and their  $\varepsilon/\tau$  is assigned as the intrinsic one. Therefore, the  $\varepsilon/\tau$  factor for Eu-DTPA would be described by

$$(\varepsilon/\tau)_{\rm Eu-DTPA} = (\varepsilon/\tau) \cdot 10^{t_{\rm r}(\rm Eu-DTPA)/t_{\rm r}(\rm AuNCs)}$$
(3)

where the retention time ( $t_r$ ) of the probes was measured on a size exclusion gel column (e.g. Sephadex G25, see Fig. S6). Then, the Knudsen equations for the three fluorescent probes were obtained as:

$$\frac{1}{D_{\rm p}}({\rm Eu}-{\rm DTPA}) = 8.16 \times 10^{10} \cdot \frac{\tau}{\varepsilon} + 3.42 \times 10^9 \cdot \frac{1}{k}$$
(4)

$$\frac{1}{D_{\rm p}}({\rm Au}@{\rm GSH}) = 8.69 \times 10^9 \cdot \frac{\tau}{\varepsilon} + 1.72 \times 10^{10} \cdot \frac{1}{k}$$
(5)

$$\frac{1}{D_{\rm p}}({\rm Au}@{\rm BSA}) = 1.50 \times 10^{10} \cdot \frac{\tau}{\varepsilon} + 3.87 \times 10^{10} \cdot \frac{1}{k}$$
(6)

By assigning the size ( $r \sim 4$  Å) of primary TJ pores<sup>42</sup> as the average size of TJ pores, the calibration constant was calculated to be 0.088 ± 0.008. Then, the change of pore size (r) and retention capacity ( $\varepsilon/\tau$ ) could be calculated using the following two sets of equations:

When using Eu-DTPA + AuNC@GSH:

$$\frac{1}{D_{\rm p}}({\rm Eu}-{\rm DTPA}) = 8.16 \times 10^{10} \cdot \frac{\tau}{\varepsilon} + 15.74 \cdot \frac{1}{r}$$
<sup>(7)</sup>

$$\frac{1}{D_{\rm p}}({\rm Au}@{\rm GSH}) = 8.69 \times 10^9 \cdot \frac{\tau}{\varepsilon} + 79.09 \cdot \frac{1}{r}$$
(8)

• When using Eu-DTPA + AuNC@BSA:

$$\frac{1}{D_{\rm p}}({\rm Eu} - {\rm DTPA}) = 8.16 \times 10^{10} \cdot \frac{\tau}{\varepsilon} + 15.74 \cdot \frac{1}{r}$$
(9)

$$\frac{1}{D_{\rm p}}({\rm Au}@{\rm BSA}) = 1.50 \times 10^{10} \cdot \frac{\tau}{\varepsilon} + 178.1 \cdot \frac{1}{r}$$
(10)

**Confocal Imaging of Transport of AuNCs by the Paracellular Pathway.** Briefly, MDCK cells cultured on the glass bottom cell culture dish were rinsed three times and incubated three hours with NF-DMEM media before assay. The detection began after addition of AuNC probes and the TJ opener, EDTA (0.5 mmol/L), in NF-DMEM. The fluorescence was observed with a Zeiss LSM 760 laser scanning confocal microscope (Zeiss, Germany).

**ICP-MS quantifying cellular uptake.** When the cell growth reached nearly 90% confluence (in the 6-well microplate), the Eu-DTPA and AuNC probe solution was added into the cultivation media at the desired concentrations at 37 °C (10% FBS) or 25 °C (free FBS). After 6 hours of incubation, the cells were washed, trypsinized and collected. The samples were treated with aqua regia overnight to dissolve the cells and the Au particles. Then the samples were analyzed on an ICP-MS (NexION 300X, PerkinElmer, USA) to measure the amount of gold atoms per cell.

**Statistics.** All the experiments were repeated at least three times. Results are expressed as the means  $\pm$  SD. All results were analyzed by *t*-test or one-way analysis of variance (ANOVA). A *P*-value less than 0.05 was considered as statistically significant.

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#### Author Contributions

X.W. and N.W. carried out most of the experiments and completed the manuscript writing. X.W. and N.W. contributed equally to this work. L.Y. provided guidance and assistance with the confocal images. N. L. contributed to the preparation of gold nanoclusters. J.W. gave some suggestion on project planning. X.Y. supervised the whole project as the academic advisor.

#### Additional Information

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