

RESEARCH ARTICLE

CCL2 and CXCL10 are associated with poor outcome after intracerebral hemorrhage

Margaret J. Landreneau^{1,a}, Michael T. Mullen^{2,a}, Steven R. Messé², Brett Cucchiara², Kevin N. Sheth^{1,3}, Louise D. McCullough⁴, Scott E. Kasner², Lauren H. Sansing^{1,3} & For the Serum Markers After Spontaneous Cerebral Hemorrhage (SMASCH) Investigators

¹Department of Neurology, Yale University School of Medicine, New Haven, Connecticut

²Department of Neurology, Perelman School of Medicine, University of Pennsylvania, Philadelphia, Pennsylvania

³Center for Neuroepidemiology and Clinical Neurological Research, Yale School of Medicine, New Haven, Connecticut

⁴Department of Neurology, University of Texas Health Sciences Center at Houston, Houston, Texas

Correspondence

Lauren H. Sansing, Department of Neurology, Yale University School of Medicine, 300 George Street, Suite 353, New Haven, CT 06511. Tel: +1 (203) 737 4802; Fax: +1 (203) 737 2704; E-mail: lauren.sansing@yale.edu

Funding Information

Funded by NIH R21NS088972, Hartford Hospital pilot grant awards, University of Connecticut White Coat Gala Fund pilot grant, and Robert E. Leet and Clara Guthrie Patterson Trust Clinical Research Award (all to LHS).

Received: 21 February 2018; Revised: 2 May 2018; Accepted: 22 May 2018

Annals of Clinical and Translational Neurology 2018; 5(8): 962–970

doi: 10.1002/acn3.595

^aAuthors contributed equally.

Introduction

Intracerebral hemorrhage (ICH) accounts for 10–15% of all strokes and is associated with the highest morbidity and mortality of all stroke types.^{1,2} To date, there is no effective medical treatment for ICH. Much of the primary tissue damage in ICH is caused by mechanical injury to tissues adjacent to the hematoma. Further injury follows from the release of blood components into the parenchyma, which can activate resident immune cells, exacerbate blood-brain barrier disruption, worsen edema, and trigger cellular necrosis and apoptosis.^{3–5} This cascade of events is broadly referred to as secondary injury in ICH, and inflammation appears to play an important role.^{6,7}

Abstract

Objective: Intracerebral hemorrhage carries a high mortality and survivors are frequently left with significant disability. Immunological mechanisms may play an important role in hemorrhage-induced brain injury, however, research linking these mechanisms with clinical outcome remains limited. We aim to identify serum inflammatory mediators that are associated with outcome after intracerebral hemorrhage in order to translate data from experimental models to a patient cohort and identify potential targets worthy of reverse translation.

Methods: A prospective cohort study at two comprehensive stroke centers enrolled patients with spontaneous intracerebral hemorrhage. Peripheral blood was collected at 6, 24, and 72 h from onset. Functional outcome was assessed at 90 days using the modified Rankin Scale (mRS). Serum inflammatory mediators were measured using multiplex ELISA. Multivariable modeling identified serum biomarkers independently associated with functional outcome at 90 days.

Results: 115 patients completed the study. At 6 h after onset, patients with elevated CCL2 had worse mRS score at day 90 (OR 4.07, 95% CI 1.27–13.10, $P = 0.02$) after adjusting for age, gender, ICH volume, IVH, infratentorial location and NIHSS score. At 24 and 72 h after onset, elevation in CXCL10 was independently associated with worse 90 days mRS score (24 h: OR 8.08, 95% CI 2.69–24.30, $P < 0.001$; 72 h: OR 3.89, 95% CI 1.12–13.49, $P = 0.03$).

Interpretation: Acute and subacute elevations in specific immune factors are associated with poor outcome, highlighting potential pathways that may contribute to ongoing brain injury in patients with intracerebral hemorrhage.

Inflammation is initiated by numerous factors after ICH. Although the process remains incompletely understood, components of the hematoma—such as heme, clotting factors, and complement—activate resident microglia that then release chemokines and pro-inflammatory cytokines into the parenchyma.⁸ This inflammatory milieu triggers an increase in the permeability of the blood-brain barrier and peripheral leukocyte infiltration. Neutrophils and monocyte-derived macrophages are the first cell types to arrive at the site of injury and are the predominate contributors of early inflammation.^{9,10} These cells secrete additional cytokines and other inflammatory mediators in response to stimuli in the perihematomal

region and can modulate the progression of tissue injury and cell death.^{10–12}

Cytokines regulate local and systemic inflammation, as well as cell growth, proliferation, and differentiation. Chemotactic cytokines—or chemokines—induce the migration of leukocytes throughout the body. In the perihematomal tissue of ICH patients, cytokines, chemokines, and growth factors are some of the most highly expressed gene types.^{13–15} Therefore, we chose to examine the association between elevations of these molecules in peripheral blood and functional outcome after ICH. We measured a broad panel of inflammatory and anti-inflammatory cytokines, chemokines and growth factors at three time points after ICH onset, with the hope of identifying pathways of interest in patients with ICH for both forward and reverse translation.

Methods

Patient enrollment

Patients were prospectively enrolled from the Hospital of the University of Pennsylvania and Hartford Hospital from July of 2008 to June of 2013. All patients aged ≥ 18 years who presented within 24 h of spontaneous ICH were approached for enrollment. Patients with known underlying vascular lesions (AVM, AVF, aneurysm, venous sinus thrombosis), traumatic brain injury, systemic malignancy, immunosuppression, or autoimmune disease were excluded. Patients with significant pre-stroke disability, defined as modified Rankin scale score greater than 2, were excluded from the analysis of functional outcomes. The study was approved by the institutional review boards at both institutions and informed consent was obtained for all subjects. Patients were managed by stroke or neurocritical care specialists according to standard guidelines.¹⁶

Data collection

Baseline demographic information (age, gender, past medical history, medication use), laboratory data (complete blood count, electrolyte panel, and coagulation testing), NIH stroke scale score, Glasgow coma score, ICH volume (measured by ABC/2)¹⁷ and location, and incidence of fever, infections, and surgical interventions, were prospectively collected for each subject.

Outcome assessment

The modified Rankin Scale (mRS) was assessed by a certified member of the research team at 90 days either at an outpatient follow-up visit or by a structured telephone

interview.¹⁸ All clinical data, including outcome, were assessed blinded to serum cytokine/chemokine results.

Blood collection

The time periods for sample collection were predefined. Peripheral venipuncture was performed for blood collection at 6 ± 6 h, 24 ± 12 h and 72 ± 12 h after symptom onset. When the onset of symptoms was uncertain, the time the patient was last known normal was used. Blood was collected into BD vacutainer serum separator tubes, inverted five times, allowed to clot for 20 min, and then centrifuged at 1000 g for 10 min for serum collection. Serum was frozen at -80°C in 500 μL aliquots until analysis.

Cytokine/chemokine analysis

Serum was analyzed using a multiplex human cytokine panel (human cytokine magnetic kit, Millipore, Billerica, MA) for IL-1 β , IL-1ra, IL-4, IL-6, IL-8, IL-10, CX3CL1 (fractalkine), G-CSF, GM-CSF, CXCL10 (IP10), CCL2 (MCP1), CCL7 (MCP3), CCL22 (MDC), and TNF, allowing for multiple simultaneous cytokine analyses and decreasing sample processing time. All samples were analyzed in a single batch according to manufacturers instructions and read on a Luminex 200 instrument in a clinical and translational research core facility by dedicated laboratory staff. Samples were analyzed in duplicate and any sample with greater than 20% coefficient of variation within an analyte was excluded. No samples exceeded this threshold.

Statistics

Univariate descriptive statistics were performed on the clinical characteristics of the cohort and each serum factor. Each serum factor was analyzed for overall distribution, changes over time, and associations with age, gender, prehospital functional status (mRS), ICH volume, intraventricular hemorrhage (IVH), infratentorial location, National Institutes of Health Stroke Scale (NIHSS) score, Glasgow Coma Scale (GCS) score, external ventricular drain (EVD) placement, surgical evacuation, infections, and functional outcome (mRS at 90 days). The full scale for the NIHSS, GCS, and mRS scores was used in all analyses. Serum cytokine/chemokine levels were not normally distributed and most did not become normally distributed after logarithmic transformation. Thus, the upper quartile was defined as elevated for analyses and compared to the lower three quartiles in analyses. Multivariable analyses were conducted using ordinal logistic regression to determine the clinical variables that were

independently associated with poor outcome across the entire mRS scale in our cohort. Each serum cytokine/chemokine level was then added to the multivariable model to determine its independent contribution to outcome. We did not adjust for multiple comparisons, consistent with the recommendations of statistical experts,¹⁹ in order to not inflate the likelihood of Type II errors in this exploratory study. Rather we provided *P* values to facilitate interpretation of the strength of the association and the likelihood of Type I errors (false positives). The proportional odds assumption was upheld. Statistics were performed using Stata/IC v11 (StataCorp, College Station, TX).

Results

The study enrolled 128 subjects, including 59 at the Hospital of the University of Pennsylvania and 69 at Hartford Hospital. There were no differences in clinical characteristics, outcome or inflammatory mediator expression of the patients from the two hospitals. Of the 128 subjects, 13 were lost to follow up and were excluded from the analysis (Fig. S1). Subjects that were lost to follow-up had significantly lower pre-ICH mRS ($P = 0.004$), lower NIHSS scores ($P = 0.025$), and fewer infections ($P = 0.026$), but no difference in serum cytokine levels at any time point. The final study population consisted of 115 subjects with complete outcome data. The characteristics of the study cohort are shown in Table 1.

Seventy-six subjects presented to the hospital within 12 h and had samples drawn during the earliest time window (median 5.8 h [interquartile range (IQR) 3.6–9.1] from onset), of which 36 had samples collected at all three time points, 24 had samples collected in the first two time points, 2 had samples collected in the first and

last time points, and 14 had a sample collected during the first time point only. The most common reasons for missing later sample collections were death and discharge.

Fifty subjects were enrolled in the second time window (median 22.5 h, (IQR) 19.5–23.8] from onset), of which 25 had samples collected in the second and third time window and 25 had a sample collected during the second time window only. Two subjects were enrolled in the third time window (median 68.5 h from onset).

As the numbers of subjects in each time window differed, associations between clinical factors, cytokine levels, and the subset of subjects enrolled in each set of time points were explored for possible bias. Subjects that had only a 12-h sample collected did have significantly higher in-hospital mortality than other groups ($P < 0.001$), however these subjects accounted for fewer than 20% of all samples collected at the 12 h time point. There were no significant differences in other clinical factors or cytokine expression among groups of subjects contributing data at each time point.

Summary statistics for each inflammatory mediator at each time point are shown in Table 2, and the threshold considered elevated is defined by the upper quartile. The thresholds established for defining elevation of each cytokine/chemokine were higher than reported for healthy subjects.²⁰ Scatterplots of the distributions of each factor at each time point are presented in Figs. S2–S15.

Univariate analyses were performed to detect associations of elevations in each inflammatory mediator with these clinical variables. These results are shown in Table 3.

A multivariable model was created to determine clinical factors independently associated with outcome in the cohort. Components of the ICH score, including age, ICH volume, presence of intraventricular hemorrhage, infratentorial location, and Glasgow Coma Scale score, as well as gender, site of enrollment, and NIHSS score were initially included. In our cohort, age, gender, ICH volume, IVH, infratentorial location, and NIHSS score were associated with outcome. These variables were therefore included in the multivariable analyses of each serum inflammatory mediator and outcome. The results of the multivariable analyses are shown in Table 4. Elevated CCL2 levels at 6 h and elevated CXCL10 levels at 24 and 72 h were independently associated with poor outcome at 90 days. No other inflammatory mediators had an association with outcome after adjusting for these clinical predictors of outcome (Tables S1–S3).

The temporal pattern of expression of each biomarker was identified for subjects with data from all 3 collection times ($n = 36$). The pattern assignments are shown in Figure 1. The temporal pattern variable was added to the multivariate model to explore associations between

Table 1. Characteristics of the cohort.

Age (years)	67.5 [57.5–78.0]
Male	60.9%
Pre-ICH functional status (mRS)	0 [0–0]
ICH volume (mL)	16.8 [5.6–40.0]
Initial NIHSS score	15 [5–24]
Initial GCS score	14 [9–15]
Infratentorial location	12.2%
Intraventricular hemorrhage	45.2%
EVD placed	17.9%
Surgical evacuation	17.0%
Length of hospitalization (days)	7.2 [3.6–19.3]
In-hospital mortality	23.5%
Functional outcome at 90 days (mRS)	4 [2–6]
Poor outcome (mRS 4–6) at 90 days	54.8%

Data are presented as median [interquartile range] or percent. $n = 115$.

Table 2. Levels of each inflammatory mediator by time point.

	6 h	24 h	72 h
CCL2	444 [317.5–654]	326 [236–525]	344 [233–512]
G-CSF	29.1 [16.4–53.6]	51.0 [24.4–93.8]	36.4 [18.6–90.4]
GM-CSF	1.9 [1.6–4.2]	2.1 [1.6–6.4]	2.0 [1.6–4.2]
CX3CL1	7.8 [4.0–39.4]	7.8 [4.0–61.6]	6.0 [4.0–33.3]
IL-10	6.5 [1.7–25.1]	3.1 [1.9–15.9]	4.3 [1.7–13.8]
CCL7	3.1 [2.8–9.4]	4.2 [2.8–13.7]	3.3 [2.8–19.1]
CCL22	1074 [813–1376]	862 [677–1177]	712 [550–1152]
IL-1ra	3.1 [1.8–31.2]	9.5 [1.9–47.8]	7.0 [2.5–81.0]
IL-1 β	1.2 [1.0–1.4]	1.3 [1.0–1.5]	1.3 [1.0–1.5]
IL-4	1.4 [1.0–3.2]	1.5 [1.0–3.9]	1.3 [0.9–3.7]
IL-6	5.0 [1.4–20.6]	10.3 [3.5–35.9]	16.6 [2.8–47.1]
IL-8	21.2 [10.3–36.6]	16.4 [10.9–33.4]	17.5 [10.5–43.2]
CXCL10	147 [90.5–255]	117 [90.5–208]	147 [116–242]
TNF	6.3 [4.5–12.2]	5.4 [3.4–9.5]	6.5 [4.4–9.9]

Data are presented as median [IQR]. All values are expressed as pg/mL.

temporal changes in biomarker expression and outcome. Two patterns of expression of CCL2 were associated with outcome at 90 days after adjusting for clinical predictors of outcome (Table 5). Early elevation in CCL2 with decreasing levels over time was associated with poor outcome, while increasing levels of CCL2 over time was associated with improved outcome.

Discussion

The main objective of our study was to identify innate immune factors that are independently associated with clinical outcome in ICH. We adopted a relatively unbiased approach and surveyed a broad panel of cytokines, chemokines, and growth factors at 6, 24, and 72 h after ICH. We also collected a comprehensive set of clinical data from the subjects in our study and determined that in our cohort, age, gender, ICH volume, IVH, infratentorial location, and NIHSS score were associated with functional outcome at day 90, consistent with previous work.^{21–26} We then included these variables in our multivariable analyses assessing for independent contributions of inflammatory markers to poor functional outcome.

After controlling for these factors, we found that very early elevation in serum CCL2 was associated with worse functional outcome at 90 days. CCL2 is a potent chemokine for circulating monocytes as well as memory T-cells and dendritic cells.^{27–30} By binding to its receptor CCR2, CCL2 induces the migration of these cell types to sites of injury and infection.^{31,32} It is primarily produced by monocytes and macrophages in response to LPS, IFN- γ , IL-4, IL-10, and IL-13.^{33,34} The CCL2-CCR2 interaction is necessary for inflammatory monocytes to exit the bone marrow and enter circulation. Mice lacking either this chemokine or its receptor are also unable to recruit

macrophages during inflammation.^{35,36} In addition to its chemotactic role, CCL2 increases the permeability of the blood-brain-barrier.^{37,38}

Previous human studies have indicated an association between CCL2 expression and outcome after stroke. In one ischemic stroke study, elevated CCL2 plasma expression 7 days after onset was associated with a higher mRS score at 90 days post stroke in patients with a National Institute of Health Stroke Scale (NIHSS) score greater than 12.³⁹ Another ischemic stroke study found that elevated expression of CCL2 in the serum at 24, 48, and 72 h after onset was associated with worse outcome after 28 days.⁴⁰ An earlier analysis of this cohort found a similar association between CCL2 levels at 24 h after ICH onset and outcome at day 7,⁹ but long-term outcome was not assessed. Consistent with our CCL2 findings, others have reported that early elevations in monocyte counts are associated with fatality after ICH.^{41,42}

In murine models of ICH, results have indicated that suppression of CCL2, or its receptor CCR2, has time-dependent effects on outcome. In one study, CCL2^{-/-} and CCR2^{-/-} mice demonstrated delayed hematoma expansion and clearance,²⁸ supporting the proposed function of this cytokine-receptor axis as a mediator of vascular integrity in the brain. Another study confirmed that CCR2^{-/-} mice, as well as wild-type mice that have been monocyte depleted, exhibit better motor functioning during the first few days after ICH compared to wild-type controls.⁹ Together these experimental studies support a deleterious role for the CCR2-CCL2 axis early after ICH, which is consistent with our results in humans.

Through temporal exploration of biomarker expression patterns, we found additional evidence to support this time-dependent effect of CCL2. Interestingly, in our cohort, two patterns of CCL2 expression were associated

Table 3. Univariate associations between clinical factors and elevations in inflammatory mediators.

Inflammatory mediator	Clinical factor	Odds ratio	Confidence interval	P
6 h				
IL-10	Initial GCS, per point	0.87	0.76–0.99	0.04
IL-10	Gender (Male)	0.31	0.10–0.96	0.04
IL-10	IVH	4.42	1.50–12.98	<0.01
IL-1 β	ICH volume, per mL	0.97	0.94–1.00	0.03
IL-4	Age, per year	0.93	0.88–0.99	0.02
TNF	NIHSS, per point	1.05	1.00–1.11	0.05
TNF	Initial GCS, per point	0.87	0.76–0.99	0.04
24 h				
CCL2	Initial GCS, per point	0.88	0.79–0.99	0.04
G-CSF	ICH volume, per mL	1.02	1.00–1.04	0.02
G-CSF	NIHSS, per point	1.05	1.01–1.10	0.03
G-CSF	Initial GCS, per point	0.87	0.78–0.98	0.02
G-CSF	Evacuation	3.11	1.07–9.02	0.04
IL-6	Initial GCS, per point	0.87	0.77–0.97	0.02
IL-6	Evacuation	4.50	1.54–13.13	0.01
IL-8	Initial GCS, per point	0.86	0.76–0.97	0.01
IL-8	IVH	2.75	1.07–7.02	0.04
IL-8	Evacuation	3.11	1.07–9.02	0.04
IL-10	Evacuation	5.63	1.92–16.50	0.01
72 h				
IL-10	IVH	4.38	1.18–16.18	0.03
G-CSF	EVD	9.40	1.86–47.23	0.01
CCL22	Age, per year	0.92	0.87–0.98	0.01
IL-1 β	NIHSS, per point	0.92	0.85–1.00	0.04
IL-1 β	Gender (Male)	0.24	0.08–0.72	0.01
IL-4	NIHSS, per point	0.89	0.80–1.00	0.04
IL-4	Gender (Male)	0.20	0.05–0.80	0.02
IL-6	EVD	5.70	1.19–27.35	0.03
IL-8	EVD	6.36	1.31–30.83	0.02
IL-8	Age, per year	0.95	0.90–1.00	0.05

The Odds Ratios for an elevated inflammatory mediator for each presenting clinical factor are listed.

with outcome. Subjects with an acute elevation in CCL2 after ICH that then decreased by 72 h after ICH had worse outcomes at 90 days. Conversely, those with low early CCL2 that then increased by 72 h after ICH had better outcomes at 90 days. Preclinical work has identified important contributions of macrophages to recovery in ICH,⁴³ ischemic stroke,⁴⁴ and mild traumatic brain injury⁴⁵ through mechanisms such as phagocytosis of cellular debris, promotion of angiogenesis, and secretion of growth factors. These temporal patterns are consistent with the 6 h data and also provide clinical evidence for potential later beneficial effects of monocyte-macrophage recruitment in patients. No other temporal biomarker patterns were associated with outcome.

The second major finding of this work is that subacute elevations in serum CXCL10 are independently associated with worse long-term clinical outcome. CXCL10 is a

chemokine that is secreted by a variety of immune and non-immune cell types in response to IFN- γ ,^{46,47} as well as Toll-like receptor ligands, TNF, and other inflammatory stimuli.⁴⁸ It functions as a chemoattractant for activated T cells, B cells, macrophages and NK cells.^{49,50} CXCL10 and its cognate receptor CXCR3 facilitate the migration of lymphocytes into target tissues.^{50,51} In non-immune cells, the CXCL10-CXCR3 axis appears to play an important role in angiostasis,^{52,53} wound repair and tissue remodeling,⁵⁴ and cellular apoptosis.^{55,56}

Numerous murine ischemic stroke studies have noted that CXCL10 is significantly upregulated within the ischemic region after both transient and permanent middle cerebral artery occlusion.^{57–62} In one of these studies, inhibition of IFN- γ signaling prior to middle cerebral artery occlusion blocked induction of CXCL10 and reduced infarct volume, T-cell infiltration, and neurodegeneration.⁵⁹ One experimental hemorrhagic stroke study found elevated levels of CXCL10 in the ipsilateral hemisphere 12 h after ICH,⁶³ but associations between expression of this chemokine and outcome after ICH were not explored. Interestingly, CXCL10 release has been demonstrated in response to thrombin⁶⁴ and fibrinogen,⁶⁵ confirming the relevance of this cytokine to ICH pathology.

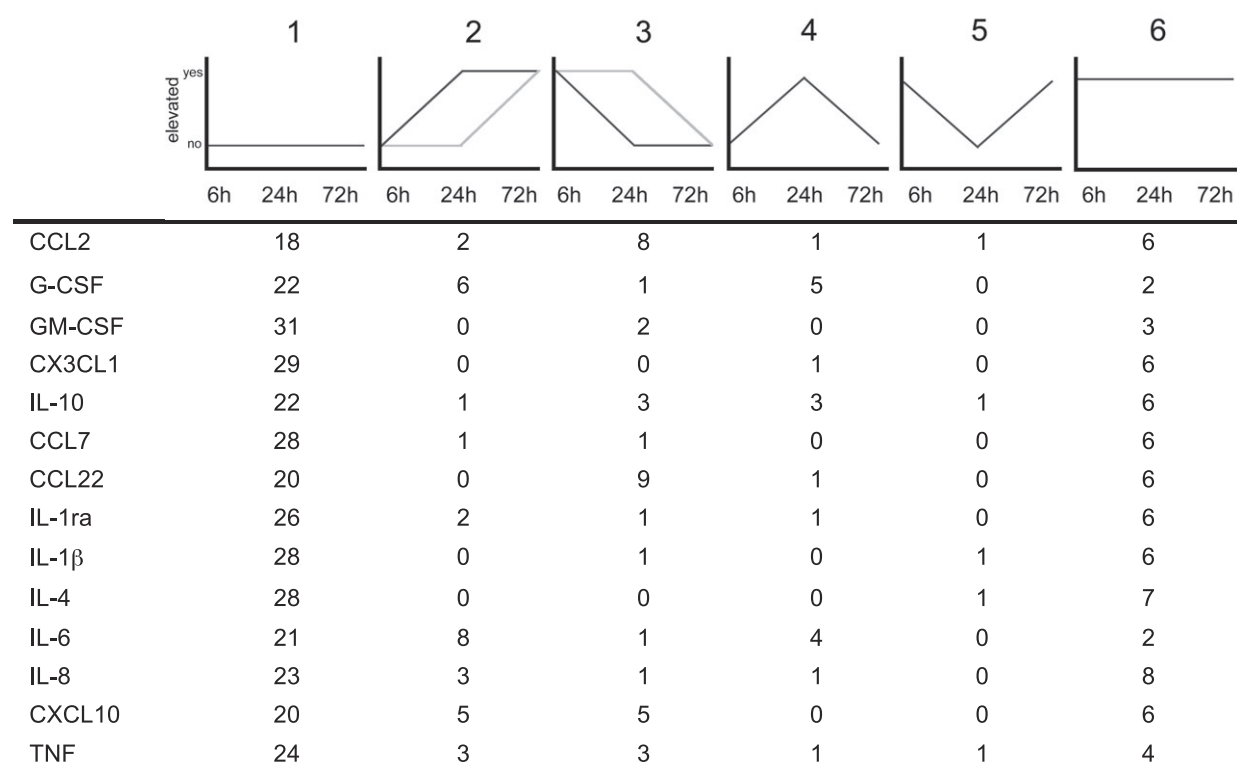
In humans, CXCL10 was found to be similarly upregulated after ischemic stroke⁶⁶ and significantly more NK cells were observed in the ischemic hemisphere than the nonischemic hemisphere.⁵⁷ Interestingly, the PRIME study demonstrated an association between elevated systemic CXCL10 and risk of ischemic stroke in asymptomatic males.⁶⁷ While studies have shown the deleterious effect of CXCL10 in various systemic inflammatory diseases,^{68–72} to our knowledge, no human hemorrhagic stroke studies have examined an association between CXCL10 and clinical outcome.

Of the fourteen biomarkers examined in our cohort, no other immune factor at any time point demonstrated an association with outcome 90 days after ICH once we controlled for age, gender, ICH volume, IVH, infratentorial location, and NIHSS score. In fact, the majority of factors we attempted to measure were below the limit of detection of our assay in most patients. The distributions of most factors were remarkably skewed, with only a subset of patients showing elevations at any time point. Though it remains unclear whether the concentration of cytokines and chemokines in the serum is correlated with that in the CNS after ICH, these results have important implications for future studies, including trials that aim to explore biomarkers as either patient selection tools or intermediate endpoints for immunomodulatory agents. Given the burgeoning interest in immune biomarkers after ICH, we provide the distributions for all analytes at all time points to inform the planning of future studies.

Table 4. Inflammatory mediators significantly associated with poor functional outcome at 90 days after multivariable analyses.

Factor	Unadjusted odds ratio	95% CI	<i>P</i>	Adjusted odds ratio ¹	95% CI	<i>P</i>
6 h						
CCL2	1.62	0.67–3.90	0.28	4.07	1.27–13.10	0.02
24 h						
CXCL10	2.17	0.89–5.29	0.09	8.08	2.69–24.30	<0.001
72 h						
CXCL10	0.80	0.30–2.15	0.66	3.89	1.12–13.49	0.03

¹Odds ratios adjusted for age, gender, ICH volume, NIHSS score, infratentorial location, and IVH.

**Figure 1.** Number of subjects exhibiting each temporal biomarker pattern.**Table 5.** Temporal biomarker patterns significantly associated with poor functional outcome at 90 days after multivariable analyses.

Inflammatory mediator	Pattern	Odds ratio ¹	Confidence interval	<i>P</i>
CCL2	2 (increasing over time)	0.007	0.000–0.604	0.029
CCL2	3 (decreasing over time)	62.58	4.39–891.37	0.002

¹Odds ratios adjusted for age, gender, ICH volume, NIHSS score, infratentorial location, and IVH.

Although the findings could be due to chance due to multiple testing in this exploratory analysis, the effect size was large with these two factors (and nonexistent for the

others), there is biologic plausibility for these factors in the pathophysiology of the inflammatory response, and both CCL2 and CXCL10 elevations are consistent with preclinical studies. However, given the multiple factors tested in our cohort, the results would be enhanced by replication in other cohorts with highly sensitive assays.

Summary and Conclusions

In conclusion, after controlling for clinical variables known to influence outcome, elevated serum CCL2 concentration 6 h after ICH and elevated serum CXCL10 concentration 24 and 72 h after ICH were associated with worse functional outcome at 90 days after ICH onset.

These results suggest that serum concentrations of both CCL2 and CXCL10 may be useful prognostic indicators at certain time points after ICH and may play a direct role in the progression of secondary injury. Further research is needed to explore the possible mechanisms underlying the described associations and to discern whether there is therapeutic potential in altering the expression of these proteins at specific time points after ICH.

Acknowledgments

The authors thank the patients and families who graciously participated in the study. We also thank the SMASCH physicians and research team members who collected and processed samples at all hours of the day and night and interviewed subjects for outcomes—without their help SMASCH could not have been possible.

Conflicts of Interest

The authors report no conflicts of interest.

References

- Bamford J, Sandercock P, Dennis M, et al. A prospective study of acute cerebrovascular disease in the community: the Oxfordshire Community Stroke Project—1981–86. 2. Incidence, case fatality rates and overall outcome at one year of cerebral infarction, primary intracerebral and subarachnoid haemorrhage. *J Neurol Neurosurg Psychiatry* 1990;53:16–22.
- Benjamin EJ, Blaha MJ, Chiuve SE, et al. Heart disease and stroke statistics-2017 update: a report from the American Heart Association. *Circulation* 2017;135:e146–e603.
- Keep RF, Hua Y, Xi G. Intracerebral haemorrhage: mechanisms of injury and therapeutic targets. *Lancet Neurol* 2012;11:720–731.
- Xi G, Keep RF, Hoff JT. Mechanisms of brain injury after intracerebral haemorrhage. *Lancet Neurol* 2006;5:53–63.
- Lee KR, Kawai N, Kim S, et al. Mechanisms of edema formation after intracerebral hemorrhage: effects of thrombin on cerebral blood flow, blood-brain barrier permeability, and cell survival in a rat model. *J Neurosurg* 1997;86:272–278.
- Castillo J, Davalos A, Alvarez-Sabin J, et al. Molecular signatures of brain injury after intracerebral hemorrhage. *Neurology* 2002;58:624–629.
- Barone FC, Feuerstein GZ. Inflammatory mediators and stroke: new opportunities for novel therapeutics. *J Cereb Blood Flow Metab* 1999;19:819–834.
- Zhou Y, Wang Y, Wang J, et al. Inflammation in intracerebral hemorrhage: from mechanisms to clinical translation. *Prog Neurobiol* 2014;115:25–44.
- Hammond MD, Taylor RA, Mullen MT, et al. CCR2+ Ly6C(hi) inflammatory monocyte recruitment exacerbates acute disability following intracerebral hemorrhage. *J Neurosci* 2014;34:3901–3909.
- Moxon-Emre I, Schlichter LC. Neutrophil depletion reduces blood-brain barrier breakdown, axon injury, and inflammation after intracerebral hemorrhage. *J Neuropathol Exp Neurol* 2011;70:218–235.
- Xue M, Del Bigio MR. Intracerebral injection of autologous whole blood in rats: time course of inflammation and cell death. *Neurosci Lett* 2000;283:230–232.
- Gong C, Hoff JT, Keep RF. Acute inflammatory reaction following experimental intracerebral hemorrhage in rat. *Brain Res* 2000;871:57–65.
- Rosell A, Vilalta A, Garcia-Berrococo T, et al. Brain perihematoma genomic profile following spontaneous human intracerebral hemorrhage. *PLoS ONE* 2011;6:e16750.
- Lu A, Tang Y, Ran R, et al. Brain genomics of intracerebral hemorrhage. *J Cereb Blood Flow Metab* 2006;26:230–252.
- Carmichael ST, Vespa PM, Saver JL, et al. Genomic profiles of damage and protection in human intracerebral hemorrhage. *J Cereb Blood Flow Metab* 2008;28:1860–1875.
- Morgenstern LB, Hemphill JC, Anderson C, et al. ; on behalf of the American Heart Association Stroke Council and Council on Cardiovascular Nursing. Guidelines for the management of spontaneous intracerebral hemorrhage: a guideline for healthcare professionals from the American Heart Association/American Stroke Association. *Stroke* 2010;41:2108–2129.
- Kothari RU, Brott T, Broderick JP, et al. The ABCs of measuring intracerebral hemorrhage volumes. *Stroke* 1996;27:1304–1305.
- Janssen PM, Visser NA, Dorhout Mees SM, et al. Comparison of telephone and face-to-face assessment of the modified Rankin Scale. *Cerebrovasc Dis* 2010;29:137–139.
- Perneger TV. What's wrong with Bonferroni adjustments. *BMJ* 1998;316:1236–1238.
- Biancotto A, Feng X, Langweiler M, et al. Effect of anticoagulants on multiplexed measurement of cytokine/chemokines in healthy subjects. *Cytokine* 2012;60:438–446.
- Vaartjes I, Reitsma JB, Berger-van Sijl M, Bots ML. Gender differences in mortality after hospital admission for stroke. *Cerebrovasc Dis* 2009;28:564–571.
- Roquer J, Campello AR, Gomis M. Sex differences in first-ever acute stroke. *Stroke* 2003;34:1581–1585.
- Andersen MN, Andersen KK, Kammersgaard LP, Olsen TS. Sex differences in stroke survival: 10-year follow-up of the Copenhagen stroke study cohort. *J Stroke Cerebrovasc Dis* 2005;14:215–220.

24. Hemphill JC 3rd, Bonovich DC, Besmertis L, et al. The ICH score: a simple, reliable grading scale for intracerebral hemorrhage. *Stroke* 2001;32:891–897.
25. Cheung RT, Zou LY. Use of the original, modified, or new intracerebral hemorrhage score to predict mortality and morbidity after intracerebral hemorrhage. *Stroke* 2003;34:1717–1722.
26. Ruiz-Sandoval JL, Chiquete E, Romero-Vargas S, et al. Grading scale for prediction of outcome in primary intracerebral hemorrhages. *Stroke* 2007;38:1641–1644.
27. Yao Y, Tsirka SE. Monocyte chemoattractant protein-1 and the blood-brain barrier. *CMLS* 2014;71:683–697.
28. Yao Y, Tsirka SE. The CCL2-CCR2 system affects the progression and clearance of intracerebral hemorrhage. *Glia* 2012;60:908–918.
29. Carr MW, Roth SJ, Luther E, et al. Monocyte chemoattractant protein 1 acts as a T-lymphocyte chemoattractant. *Proc Natl Acad Sci USA* 1994;91:3652–3656.
30. Xu LL, Warren MK, Rose WL, et al. Human recombinant monocyte chemotactic protein and other C-C chemokines bind and induce directional migration of dendritic cells in vitro. *J Leukoc Biol* 1996;60:365–371.
31. Babcock AA, Kuziel WA, Rivest S, Owens T. Chemokine expression by glial cells directs leukocytes to sites of axonal injury in the CNS. *J Neurosci* 2003;23:7922–7930.
32. Si Y, Tsou CL, Croft K, Charo IF. CCR2 mediates hematopoietic stem and progenitor cell trafficking to sites of inflammation in mice. *J Clin Invest* 2010;120:1192–1203.
33. Sheikine Y, Hansson GK. Chemokines and atherosclerosis. *Ann Med* 2004;36:98–118.
34. Yoshimura T, Yuhki N, Moore SK, et al. Human monocyte chemoattractant protein-1 (MCP-1). Full-length cDNA cloning, expression in mitogen-stimulated blood mononuclear leukocytes, and sequence similarity to mouse competence gene JE. *FEBS Lett* 1989;244:487–493.
35. Kurihara T, Warr G, Loy J, Bravo R. Defects in macrophage recruitment and host defense in mice lacking the CCR2 chemokine receptor. *J Exp Med* 1997;186:1757–1762.
36. Kuziel WA, Morgan SJ, Dawson TC, et al. Severe reduction in leukocyte adhesion and monocyte extravasation in mice deficient in CC chemokine receptor 2. *Proc Natl Acad Sci USA* 1997;94:12053–12058.
37. Stamatovic SM, Keep RF, Kunkel SL, Andjelkovic AV. Potential role of MCP-1 in endothelial cell tight junction ‘opening’: signaling via Rho and Rho kinase. *J Cell Sci* 2003;116:4615–4628.
38. Strecker JK, Minnerup J, Schutte-Nutgen K, et al. Monocyte chemoattractant protein-1-deficiency results in altered blood-brain barrier breakdown after experimental stroke. *Stroke* 2013;44:2536–2544.
39. Bonifacic D, Toplak A, Benjak I, et al. Monocytes and monocyte chemoattractant protein 1 (MCP-1) as early predictors of disease outcome in patients with cerebral ischemic stroke. *Wien Klin Wochenschr* 2016;128:20–27.
40. Zaremba J, Ilkowski J, Losy J. Serial measurements of levels of the chemokines CCL2, CCL3 and CCL5 in serum of patients with acute ischaemic stroke. *Folia Neuropathol* 2006;44:282–289.
41. Walsh KB, Sekar P, Langefeld CD, et al. Monocyte count and 30-day case fatality in intracerebral hemorrhage. *Stroke* 2015;46:2302–2304.
42. Adeoye O, Walsh K, Woo JG, et al. Peripheral monocyte count is associated with case fatality after intracerebral hemorrhage. *J Stroke Cerebrovasc Dis* 2014;23:e107–e111.
43. Chang CF, Goods BA, Askenase MH, et al. Erythrocyte efferocytosis modulates macrophages towards recovery after intracerebral hemorrhage. *J Clin Invest* 2018;128:607–624.
44. Wattananit S, Tornero D, Graubardt N, et al. Monocyte-derived macrophages contribute to spontaneous long-term functional recovery after stroke in mice. *J Neurosci* 2016;36:4182–4195.
45. Russo MV, Latour LL, McGavern DB. Distinct myeloid cell subsets promote meningeal remodeling and vascular repair after mild traumatic brain injury. *Nat Immunol* 2018;19:442–452.
46. Neville LF, Mathiak G, Bagasra O. The immunobiology of interferon-gamma inducible protein 10 kD (IP-10): a novel, pleiotropic member of the C-X-C chemokine superfamily. *Cytokine Growth Factor Rev* 1997;8:207–219.
47. Luster AD, Ravetch JV. Biochemical characterization of a gamma interferon-inducible cytokine (IP-10). *J Exp Med* 1987;166:1084–1097.
48. Groom JR, Luster AD. CXCR3 ligands: redundant, collaborative and antagonistic functions. *Immunol Cell Biol* 2011;89:207–215.
49. Loetscher M, Loetscher P, Brass N, et al. Lymphocyte-specific chemokine receptor CXCR3: regulation, chemokine binding and gene localization. *Eur J Immunol* 1998;28:3696–3705.
50. Qin S, Rottman JB, Myers P, et al. The chemokine receptors CXCR3 and CCR5 mark subsets of T cells associated with certain inflammatory reactions. *J Clin Invest* 1998;101:746–754.
51. Sallusto F, Kremmer E, Palermo B, et al. Switch in chemokine receptor expression upon TCR stimulation reveals novel homing potential for recently activated T cells. *Eur J Immunol* 1999;29:2037–2045.
52. Lu XL, Jiang XB, Liu RE, Zhang SM. The enhanced anti-angiogenic and antitumor effects of combining flk1-based DNA vaccine and IP-10. *Vaccine* 2008;26:5352–5357.
53. Taylor KL, Leaman DW, Grane R, et al. Identification of interferon-beta-stimulated genes that inhibit angiogenesis in vitro. *J Interf Cytok Res* 2008;28:733–740.

54. Huen AC, Wells A. The beginning of the end: CXCR3 signaling in late-stage wound healing. *Adv Wound Care* 2012;1:244–248.
55. Dickinson-Copeland CM, Wilson NO, Liu M, et al. Heme-mediated induction of CXCL10 and depletion of CD34+ progenitor cells is toll-like receptor 4 dependent. *PLoS ONE* 2015;10:e0142328.
56. Sahin H, Borkham-Kamphorst E, do ON, et al. Proapoptotic effects of the chemokine, CXCL 10 are mediated by the noncognate receptor TLR4 in hepatocytes. *Hepatology* 2013;57:797–805.
57. Zhang Y, Gao Z, Wang D, et al. Accumulation of natural killer cells in ischemic brain tissues and the chemotactic effect of IP-10. *J Neuroinflamm* 2014;17:79.
58. Kuboyama K, Harada H, Tozaki-Saitoh H, et al. Astrocytic P2Y(1) receptor is involved in the regulation of cytokine/chemokine transcription and cerebral damage in a rat model of cerebral ischemia. *J Cereb Blood Flow Metab* 2011;31:1930–1941.
59. Seifert HA, Collier LA, Chapman CB, et al. Pro-inflammatory interferon gamma signaling is directly associated with stroke induced neurodegeneration. *J Neuroimmune Pharmacol* 2014;9:679–689.
60. Fujiwara N, Som AT, Pham LD, et al. A free radical scavenger edaravone suppresses systemic inflammatory responses in a rat transient focal ischemia model. *Neurosci Lett* 2016;28:7–13.
61. Quan Z, Quan Y, Wei B, et al. Protein-protein interaction network and mechanism analysis in ischemic stroke. *Mol Med Rep* 2015;11:29–36.
62. Wang X, Li X, Schmidt DB, et al. Identification and molecular characterization of rat CXCR3: receptor expression and interferon-inducible protein-10 binding are increased in focal stroke. *Mol Pharmacol* 2000;57:1190–1198.
63. Hammond MD, Ai Y, Sansing LH. Gr1+ macrophages and dendritic cells dominate the inflammatory infiltrate 12 hours after experimental intracerebral hemorrhage. *Transl Stroke Res* 2012;3:s125–s131.
64. Simmons S, Lee RV, Moller T, Weinstein JR. Thrombin induces release of proinflammatory chemokines interleukin-8 and interferon-gamma-induced protein-10 from cultured human fetal astrocytes. *NeuroReport* 2013;24:36–40.
65. Ryu JK, Petersen MA, Murray SG, et al. Blood coagulation protein fibrinogen promotes autoimmunity and demyelination via chemokine release and antigen presentation. *Nat Commun* 2015;10:8164.
66. Amin M, Vakilian A, Mahmoodi MH, et al. Circulatory levels of C-X-C motif chemokine ligands 1, 9, and 10 are elevated in patients with ischemic stroke. *Eurasian J Med* 2017;49:92–96.
67. Canoui-Poitrine F, Luc G, Mallat Z, et al. Systemic chemokine levels, coronary heart disease, and ischemic stroke events: the PRIME study. *Neurology* 2011;77:1165–1173.
68. Shimizu F, Nishihara H, Sano Y, et al. Markedly increased IP-10 production by blood-brain barrier in neuromyelitis optica. *PLoS ONE* 2015;10:e0122000.
69. Liu Y, Chen L, Zou Z, et al. Hepatitis C virus infection induces elevation of CXCL10 in human brain microvascular endothelial cells. *J Med Virol* 2016;88:1596–1603.
70. Mirones I, de Prada I, Gomez AM, et al. A role for the CXCR3/CXCL10 axis in Rasmussen encephalitis. *Pediatr Neurol* 2013;49: 451–7.e1.
71. Subileau EA, Rezaie P, Davies HA, et al. Expression of chemokines and their receptors by human brain endothelium: implications for multiple sclerosis. *J Neuropathol Exp Neurol* 2009;68:227–240.
72. Sui Y, Potula R, Dhillon N, et al. Neuronal apoptosis is mediated by CXCL10 overexpression in simian human immunodeficiency virus encephalitis. *Am J Pathol* 2004;164:1557–1566.

Supporting Information

Additional supporting information may be found online in the Supporting Information section at the end of the article

Figure S1. Enrollment flow chart by time point of entry into the study.

Figure S2. CCL2 levels by time point.

Figure S3. G-CSF levels by time point.

Figure S4. GM-CSF levels by time point.

Figure S5. CX3CL1 levels by time point.

Figure S6. IL-10 levels by time point.

Figure S7. CCL7 levels by time point.

Figure S8. CCL22 levels by time point.

Figure S9. IL-1ra levels by time point.

Figure S10. IL-1 β levels by time point.

Figure S11. IL-4 levels by time point.

Figure S12. IL-6 levels by time point.

Figure S13. IL-8 levels by time point.

Figure S14. CXCL10 levels by time point.

Figure S15. TNF levels by time point.

Table S1. Association of serum levels of each inflammatory mediator at 6 h with poor functional outcome at 90 days.

Table S2. Association of serum levels of each inflammatory mediator at 24 h with poor functional outcome at 90 days.

Table S3. Association of serum levels of each inflammatory mediator at 72 h with poor functional outcome at 90 days.