

## Protective Effects of the Nuclear Factor Kappa B Inhibitor Pyrrolidine Dithiocarbamate on Experimental Testicular Torsion and Detorsion Injury

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Testicular torsion results with the damage of the testis and it is a surgical emergency. Pyrrolidine dithiocarbamate (PDTC) is a low-molecular-weight antioxidant and potent inhibitor of nuclear factor kappa B (NF- $\kappa$ B) activation. In this study, we aimed to investigate the effects of PDTC to testicular torsion-detorsion (T/D) injury. Forty adult male Sprague-Dawley rats were separated into four groups. A sham operation was performed in group I. In group II, torsion is performed 2 hours by 720 degree extravaginally testis. In group III, 4 h reperfusion of the testis was performed after 2 h of testicular torsion. In group IV, after performing the same surgical procedures as in group III, PDTC (100 mg/kg, intravenous's) was administered before 30 min of detorsion. The testes tissue malondialdehyde (MDA), superoxide dismutase (SOD) catalase (CAT) level was evaluated. Histological evaluations were performed after hematoxylin and eosin staining. Testicular tissue MDA levels were the highest in the T/D groups compared with treatment group. Administration of PDTC prevented a further increase in MDA levels. Significant decrease occurred in CAT and SOD levels in treatment group compared with the control group. The rats in the treatment group had normal testicular architecture. The results suggest that PDTC can be a potential protective agent for preventing the biochemical and histological changes related to oxidative stress in testicular injury caused by testis torsion.

**Key Words:** Antioxidant enzyme, Ischemia-reperfusion, Pyrrolidine dithiocarbamate, Testicular torsion

### INTRODUCTION

Testicular torsion is an urologic emergency that affects newborns, children and adolescents. This condition also requires immediate surgical intervention to prevent testicular damage [1]. Testicular torsion leads to altered hormone production, and subfertility and infertility [2]. Ischemia and reperfusion (I/R) injury leads to the production of excessive reactive oxygen species (ROS), which can initiate lipid peroxidation, and oxidise proteins to inactive states and cause DNA strand breaks [3,4]. It has been known that during ischemia, cells and tissues undergo rapid changes which lead to perturbations in signaling pathways and surface molecule expression. These events are thought to contribute

to the tissue damage during I/R in various organs. The main cause of testicular damage after torsion is ischemia followed by reperfusion, which are known to have deleterious consequences of I/R [5]. The ischemic tissue leads to a complex cascade of events that includes the activation of nuclear factor kappa  $\beta$  (NF- $\kappa$ B), which controls cytokine, chemokines and adhesion molecules [6]. Previously, many preventative pretreatment agents like antioxidants and ROS scavengers were shown in testicular torsion/detorsion (T/D) experimental models. However, the molecular mechanism of antioxidants which control testicular torsion-induced male fertility has not yet been clearly identified [7]. Pyrrolidine dithiocarbamate (PDTC) is a low-molecular weight thiol compound. PDTC has different properties such as, redox state alternation, heavy metal chelation, and enzyme inhibition [8,9]. Studies have suggested that potent inhibitor of NF- $\kappa$ B which used as an antioxidant compound to counteract the toxic effects of free radicals and to interfere with the generation of proinflammatory cytokines [10, 11]. Although studies showed that the protective effects of PDTC might inhibit NF- $\kappa$ B activation, PDTC has a poten-

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**ABBREVIATIONS:** PDTC, pyrrolidine dithiocarbamate; NF- $\kappa$ B, nuclear factor kappa B; T/D, testicular torsion-detorsion; MDA, malondialdehyde; SOD, superoxide dismutase; CAT, catalase; ROS, reactive oxygen species; HO-1, heme oxygenase-1.

tial to activate gene expression of endogenous antioxidants and independent of any effects on NF- $\kappa$ B [12,13]. In addition, some studies suggested that the protective effects of PDTC might inhibit NF- $\kappa$ B activation via stabilization of I $\kappa$ B- $\alpha$  and inhibit of the ubiquitin-proteasome pathway [14,15]. Also, it has been demonstrated that PDTC is one of the most effective inducers of heme oxygenase-1 (HO-1), which also provides cytoprotection against oxidative stress [13,16].

The aim of the study is to evaluate the effects of PDTC on testicular ischemia reperfusion injury, by determining biochemical parameters and evaluating histological examinations.

## METHODS

### Animals

The experimental protocol was approved by the institutional animal ethics committee. Forty adult male Sprague-Dawley rats weighting 220 to 250 g were obtained from Medical and Surgical Experimental Research Center (Eskisehir-Turkey). Rats were housed in polycarbonate cages in a room with controlled temperature (22 $\pm$ 2°C), humidity (50 $\pm$ 5%), and a 12 h. cycle of light and dark and were fed laboratory pellet chows and water was given water ad libitum. The experiment was performed after a stabilization period in the laboratory for five days.

### Experimental protocol

The surgical procedures were done under general anesthesia induced by intraperitoneal injection of ketamine HCl (50 mg/kg) and chlorpromazine (25 mg/kg). The skin of the scrotal area was shaved and prepared with 10% povidone iodine solution. A mid-scrotal vertical incision was performed for access to both testes. Torsion was created by twisting the right testis 720° in a counterclockwise direction and maintained by fixing the testis to the scrotum with a 5-0 nylon suture passing through the tunica albuginea and dartos. After 2 hour of ischemia, the suture was removed, and the right testis was untwisted and replaced in the scrotum for 4 hours of reperfusion. During the sham operation, the right testis was brought through the incision and then replaced without twisting, and a nylon suture was placed through the tunica albuginea. After each surgical intervention, the incision was closed. The animals were decapitated at the end of the experiment. Bilateral orchietomies were performed for histologic examination and measurement of tissue malondialdehyde (MDA), superoxide dismutase (SOD), and catalase (CAT) levels.

### Groups

The rats were randomly separated into four equal groups (10 animals each). Group I (sham-operated control group) underwent a sham operation to determine basal values for biochemical and histopathological evaluation. The testes were brought through the incision and then replaced with a fixation to the scrotum with no additional intervention. Group II (torsion) was designed to study the effects of testicular torsion. In this group, torsion is performed for 2 hours by 720 degree extravaginally testis. Group III (torsion/detorsion) was designed to study the effect of detorsion

after testicular torsion. In this group, 4 h reperfusion of the testis was performed after 2 h of testicular torsion. Group IV (torsion – PDTC treatment – detorsion) was designed to determine the effect of PDTC after torsion. After performing the same surgical procedures as in group III, PDTC (100 mg/kg, intravenous's) (Dithiocarbamate; Sigma-Aldrich, Steinheim, Germany) was administered before 30 min of detorsion.

### Histopathological evaluation

At the end of the surgical procedure, testicular specimens were individually immersed in Bouin's fixative (7.5 ml of saturated picric acid, 2.65 ml of glacial acetic acid and 2.5 ml of 7% formaldehyde) and they were dehydrated in alcohol and embedded in paraffin. Five micrometer sections were obtained, deparaffinized and stained with haematoxylin and eosin (H&E). The testicular tissue was evaluated in random order with standard light microscopy (NIKON, Japan) by an observer unaware of which group the rat had belonged. Three slides prepared from the upper, lower and midportions of the testes were evaluated completely for each testis.

### Biochemical analysis

#### 1. Homogenate preparation

After sacrificing the animals, testes were quickly removed and perfused immediately with ice-cold normal saline, and homogenized in chilled potassium chloride (1.17%). The homogenate was centrifuged at 800 $\times$ g for 5 min at 4°C to separate the nuclear debris. The supernatant so obtained was centrifuged at 10,500 $\times$ g for 20 min at 4°C to get the homogenate which was used to assay MDA, CAT, and SOD activity.

#### 2. Determination of lipid peroxidation

MDA production was an end product of lipid peroxidation reacts with thiobarbituric acid to form a red colored complex. 0.1 ml of homogenate, 3 ml of 1% phosphoric acid, 0.5 ml of distilled water and 1.0 ml of 0.6% 2-thiobarbituric acid were added. The mixture was boiled in water bath for 45 min, followed by cooling in an ice, and addition of 4.0 ml of n-butanol to extract the cold thiobarbituric acid reactants. The optical density of the n-butanol layer was determined at 532 nm after centrifugation at 1,000 g for five minutes and expressed as nmol MDA/g of wet tissue [17].

#### 3. Assay of SOD activity

SOD activity was spectrophotometrically assayed with commercial kits (Fluka SOD kit USA). It is an indirect assay method based on xanthine oxidase and a novel color reagent. SOD activity in the homogenate was determined by inhibition of Formosan dye (450 nm) employing the xanthin-xanthin oxidase enzymatic method to generate superoxide radicals and calculated the active SOD concentration according to inhibition curve graphic expressed as U/g of wet tissue.

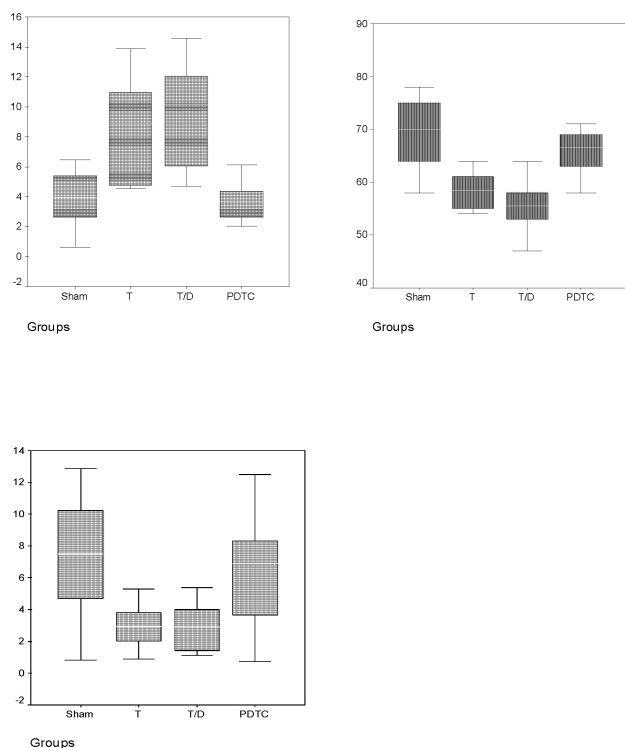
#### 4. Assay of CAT activity

One unit (1U) of CAT equals the enzyme activity that recognized 1  $\mu$  mol of hydrogen peroxide in 60 s at 37°C. CAT activity was measured with determination of absorbance of three blank samples at 405 nm. CAT activity (kU/L)

**Table 1.** Antioxidant enzyme levels in testes

Group	Group number	MDA (nmol/mg Hb)	SOD (Inh %)	CAT (kU/L)
Group I (Sham)	GI	4.24±2.69	68.90±6.90	7.03±3.93
Group II (Torsion)	GII	8.30±3.39	58.20±3.39	2.93±1.27
Group III (Torsion/Detorsion)	GIII	9.60±3.32	56.30±6.39	3.008±1.54
Group IV (PDTC)	GIV	3.82±1.35	65.70±4.02	6.46±3.44
p values and Multiple comparison of the groups	GI-GII	.013	.000	.012
	GI-GIII	.001	.000	.014
	GI-GIV	.987	.552	.968
	GII-GIII	.734	.859	1.000
	GII-GIV	.006	.018	.038
	GIII-GIV	.000	.002	.043

All of the data were expressed as means±SD. Differences between groups were evaluated by one-way analysis of variance (ANOVA) followed by Tukey's multiple comparison test. The significance was tested as n.s  $p > 0.05$ ,  $p < 0.05$ ,  $p < 0.01$  and  $p < 0.001$ .

**Fig. 1.** Mean MDA, SOD, CAT activities of all groups.

was calculated as  $[(\text{Absblank}_1 - \text{Absblank}_{\text{sample}}) / (\text{Absblank}_2 - \text{Absblank}_3)] \times 271$  [18].

### Statistical analysis

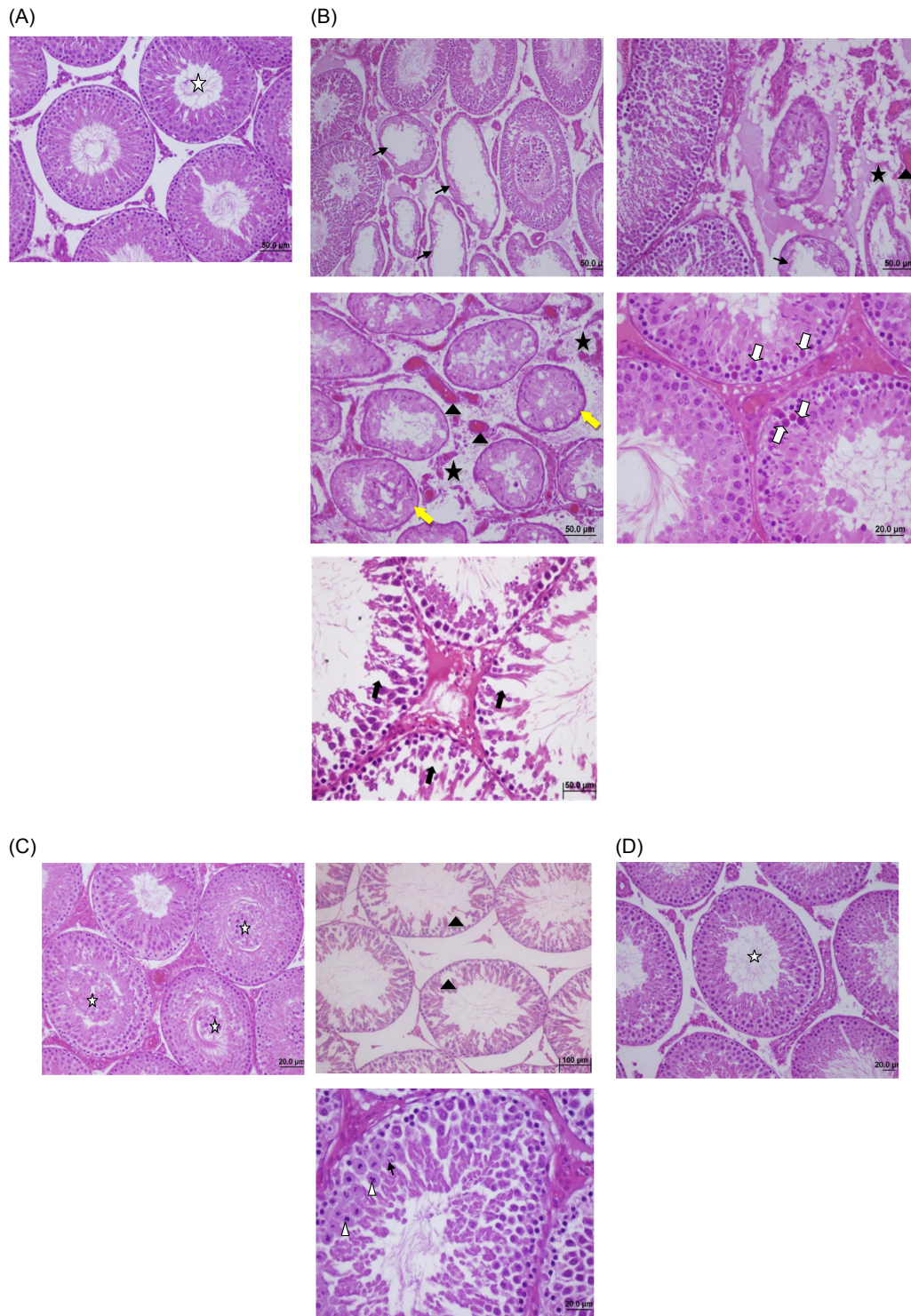
All statistical analysis was performed with the computer program "SPSS for Windows" (SPSS Inc; Release 11.5; Sep 6, 2002). All of the data were expressed as means±SD. Differences between groups were evaluated by one-way analysis of variance (ANOVA) followed by Tukey's multiple comparison tests. The significance was tested at  $p > 0.05$ ,  $p < 0.05$ ,  $p < 0.01$  and  $p < 0.001$ .

## RESULTS

The values of MDA, SOD and CAT measurements for the different groups are shown in Table 1 and Fig. 1. The MDA levels of group II and III in testes tissue were significantly higher than group I and group IV. PDTC administration had significantly decreased MDA levels in group IV when compared with group II and III ( $p < 0.05$ ). But, there was no significant difference between the group II and group III ( $p > 0.05$ ). The SOD and CAT levels were significantly decreased in group II and III when compared with group I and IV, but after PDTC administration SOD and CAT levels increased and there weren't any difference between group I and IV ( $p > 0.05$ ). Also these results suggested that PDTC may be effective in preventing oxidative injury. The findings of the histopathological evaluation for each group were shown in Fig. 2. The testes of rats in sham-operated control group showed the presence of normal testicular architecture and regular seminiferous tubular morphology with normal spermatogenesis (Fig. 2A). In Group II (ischemia) severe tubular degeneration was observed, many tubule of spermatogenic cell lines completely disappeared, also thickening of the basal laminae of tubules, interstitial edema and vascular congestions in the area were seen, and some of the tubules necrotic (pyknotic nuclei and eosinophilic cytoplasm) cells spermatocytes, which was more pronounced with detorsion (Fig. 2B). In addition, in the T/D group we observed closed tubule lumen with many cellular desquamation, degeneration of germ cells, severe tubular degeneration necrotic cells and eosinophilic accumulation of fluid in the interstitial space and vascular congestions (Fig. 2C). The PDTC-treated group showed maturation up to the level of spermatozoa, with preservation of tubular morphology (Fig. 2D). Administration of PDTC caused significant rescue of testicular function by preserving the intact seminiferous tubular morphology.

## DISCUSSION

Testicular torsion and detorsion leads to biochemical and morphologic changes caused by ischemia-reperfusion (IR) injury in the testicular tissue [19]. Various pathogenic mechanisms have been reported to explain the tissue damage that occurs during testicular torsion and detorsion such



**Fig. 2.** (A) Sham group shows normal testicular architecture and regular seminiferous tubular morphology with normal spermatogenesis (star) (H&E, 50 $\times$ ). (B) Torsion group shows severe tubular degeneration, many of the tubules of spermatogenic cell lines completely disappeared (black arrows), thickening of the basal laminae of tubules (yellow arrows), Interstitial edema (stars) and vascular congestions, hemorrhage (black arrowhead) in the area, some of the tubules has necrotic (pyknotic nuclei and eosinophilic cytoplasm) cells spermatocytes (white arrows) (H&E, 20 $\times$ , 50 $\times$ ). (C) Torsion/Detorsion group shows tubule lumen is filled with many cellular desquamation, degeneration of germ cells (stars), severe tubular degeneration (black arrowhead), necrotic cells (white arrowhead) and eosinophilic accumulation of fluid in the interstitial space and vascular congestions (black arrows) (H&E, 20 $\times$ , 100 $\times$ ). (D) The PDTC- treated group shows maturation up to the level of spermatozoa, with preservation of tubular morphology (H&E, 20 $\times$ ).

as testicular lipid peroxidation, vascular leukocyte margination and apoptosis, which in turn leads to membrane damage [4]. The detorsion involves the production of toxic reactive oxygen species (ROS) with the return of blood flow following ischemia [5]. Testicular torsion and detorsion injury decrease also frees radical scavengers (SOD and CAT), as shown in our study. Thus, defining the activities of free radical scavenger enzymes in testicular tissue provides some important clues about free radical formation. Excessive amounts of oxygen free radicals cause membrane lipid peroxidation which can be measured by tissue MDA levels and it is a well-known parameter for determining the raised free radical formation in reperfused tissue [17]. In our study, the level of MDA significantly increased in the T/D group when compared to the sham group. Treatment with PDTC significantly decreased MDA levels. Histologically, I/R induced tubular degeneration, congestion, interstitial oedema and hemorrhage in the rat testis. These findings show that PDTC-treated group had preserved normal testicular architecture and regular seminiferous tubular morphology with normal spermatogenesis.

Recent studies have shown that ROS activate the NF- $\kappa$ B family of transcription factors, which controls the formation of proinflammatory cytokines (e.g., tumor necrosis factor- $\alpha$ , interleukin-1 $\beta$ , interleukin-6, or interleukin-8), the expression on endothelium and neutrophils of adhesion molecules (e.g. vascular cell adhesion molecule-1, intercellular adhesion molecule-1), and the overproduction of vasoactive mediators (e.g., NO by inducible nitric oxide synthase (iNOS) or eicosanoids via cyclo-oxygenase-2). This complex cascade plays important role for the pathophysiology of reperfusion injury [6,20,21]. Previous studies have demonstrated the role of NF- $\kappa$ B in injuries of organs such as the kidney, liver pancreas and nerve injury [21-25]. PDTC is also a chelator of heavy metals and this capacity probably prevents formation of OH<sup>-</sup> radicals produced through the Haber-Weiss reaction. Several investigators reported the reduction in both renal and testicular lipid peroxidation in animals treated with dithiocarbamates following challenge with a variety of heavy metals [26,27]. Generally, antioxidants have been shown their effects via a direct toxic action on target cells. In gene induction, it is thought that oxidants may play a contributory role. Low levels of ROS activate NF- $\kappa$ B, while antioxidants inhibit NF- $\kappa$ B which is a pleiotropic transcription factor [28]. PDTC which is thought as a potent inhibitor of NF- $\kappa$ B can be used as an antioxidant against the toxic effects of free radicals and generation of proinflammatory cytokines [10,29,30]. It is suggested that PDTC has a potential to activate gene expression of endogenous antioxidants, such as superoxide dismutase [12,13]. PDTC has been shown to increase the cytotoxicity of the chemotherapeutic agent 5- fluorouracil in animal models of colorectal cancer [31]. PDTC has also been representing to induce proapoptotic and antiproliferative effects in prostate cancer, renal cancer and leukemia [32-34]. Moreover, PDTC has been demonstrated to induce apoptosis in tumor cells by inhibiting the proteasomal activity [35]. Chae et al demonstrated that PDTC has an inhibitory effect on TNF- $\alpha$ -mediated activation of JNK/SAPK, AP-1, cytochrome c release and subsequent caspase-3, because of its effect of the inhibition of apoptosis. They suggested that it may be a theuropatic option for the TNF- $\alpha$ -associated immune and inflammatory diseases such as rheumatoid arthritis and periodontal diseases [36]. Zhang et al showed that PDTC potent anticancer activity

against cisplatin-resistant neuroblastoma cells [37]. Recently, it has been demonstrated in an animal model that PDTC markedly ameliorated renal, brain, intestinal, mesenteric, colonic, liver, lung and gastric I-R injury [38-45]. PDTC has been shown to potent protective effect against the testicular damage of cisplatin-induced testicular toxicity and demonstrate that blockade of NF- $\kappa$ B activation by an antioxidant could be an effective strategy for prophylaxis of cisplatin-induced testicular damage [46].

In conclusion, the present study demonstrates that PDTC prevents testicular T/D injury induced biochemical and histologic changes testicular tissues in the rat. The clinical implications of these results merits further experimental and clinical studies to be performed.

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