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Dysgenesis of Enteroendocrine Cells in Aristaless-Related Homeobox Polyalanine Expansion Mutations

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ABSTRACT

Objectives: Severe congenital diarrhea occurs in approximately half of patients with Aristaless-Related Homeobox (*ARX*) null mutations. The cause of this diarrhea is unknown. In a mouse model of intestinal *Arx* deficiency, the prevalence of a subset of enteroendocrine cells is altered, leading to diarrhea. Because polyalanine expansions within the ARX protein are the most common mutations found in ARX-related disorders, we sought to characterize the enteroendocrine population in human tissue of an $ARX^{(GGC)7}$ mutation and in a mouse model of the corresponding polyalanine expansion ($Arx^{(GCG)7}$).

Methods: Immunohistochemistry and quantitative real-time polymerase chain reaction were the primary modalities used to characterize the enteroendocrine populations. Daily weights were determined for the growth curves, and Oil-Red-O staining on stool and tissue identified neutral fats.

Results: An expansion of 7 alanines in the first polyalanine tract of both human ARX and mouse Arx altered enteroendocrine differentiation. In human tissue, cholecystokinin, glucagon-like peptide 1, and somatostatin populations were reduced, whereas the chromogranin A population was unchanged. In the mouse model, cholecystokinin and glucagon-like peptide 1 populations were also lost, although the somatostatin-expressing population was increased. The ARX^{(GGC)7} protein was present in human tissue, whereas the Arx^{(GCG)7} protein was degraded in the mouse intestine. **Conclusions:** ARX/Arx is required for the specification of a subset of enteroendocrine cells in both humans and mice. Owing to protein degradation, the Arx^{(GCG)7} mouse recapitulates findings of the intestinal

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Arx null model, but is not able to further the study of the differential effects of the $ARX^{(GCG)7}$ protein on its transcriptional targets in the intestine.

Key Words: Arx, enteroendocrine dysgenesis, polyalanine

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oss of enteroendocrine cells (enteric anendocrinosis) related to *NEUROGENIN3 (NEUROG3)* mutations is a recognized cause of congenital malabsorptive diarrhea (1). The intestinal endocrine system secretes more than a dozen different hormones that are involved in digestion, absorption, and motility of the bowel (reviewed in (2)). Mouse models of *Neurog3* mutations first demonstrated the loss of enteroendocrine cells, although the mechanism of the malabsorptive diarrhea is not completely understood (3–5). At present, no treatments are available for this rare disorder.

Autoimmune-polyendocrine-candidiasis-ectodermal-dystrophy (APECED) syndrome includes malabsorptive diarrhea related to autoimmune destruction of enteroendocrine cells (6,7). Both APECED and *NEUROG3* mutations lead to the loss of the majority of enteroendocrine cells, whereas proprotein convertase 1/3 (PC1/3) deficiency causes early congenital diarrhea with normal chromogranin A staining (8). Although PC1/3 is expressed in the majority of enteroendocrine cells, the full extent of hormonal populations that are affected by PC1/3 processing, beyond glucagon-like peptide (GLP)-1 and GLP-2, is unclear (9–11). Furthermore, changes in enteroendocrine cell function are involved in other chronic diarrheal cases (12), although they may be overlooked because histologic features are frequently normal and enteroendocrine staining is not necessarily part of the routine pathologic assessment.

Several transcription factors have been identified in mice that specify distinct lineages of the intestinal endocrine population (2). ARX (Aristaless-Related Homeobox) is a paired domain transcription factor on the X chromosome associated with neurologic disease (13), loss of pancreatic α cells (14), and early-onset, severe diarrhea (15). Approximately half of patients with missense or nonsense mutations present with congenital diarrhea that leads to early mortality. The mouse model of endodermal Arx deficiency recapitulates this intestinal phenotype, with diarrhea and failure to thrive as a result of a loss of enteroendocrine subpopulations (16,17). Although the chromogranin A cell number is unchanged, GLP-1, glucose-dependent insulinotropic peptide, cholecystokinin (CCK), secretin, and gastrin-producing cells are reduced, and somatostatin (SST)-expressing cells are increased in this model. Interestingly, both Arx null and Neurog3 null mice die within a few days of birth, compared with PC1/3 null mice that have reduced survival and growth impairment similar to mice with endodermal Arx deficiency (14,18,19). The effects of these genes on multiple tissues, however, make the contribution of intestinal disease to early mortality difficult to determine. Thus far, human intestinal tissue from patients with ARX loss-of-function mutations has not been examined.

ARX-related neurologic disorders comprise a spectrum of phenotypes of X-linked lissencephaly with abnormal genitalia (XLAG; OMIM #300215; (20,21)), X-linked infantile spasms (ISSX; OMIM 308350; (22)), and X-linked intellectual disability (XLID; (23,24)). The loss of function, missense, and protein truncation mutations have been identified. Interestingly, approximately half of the identified disease-causing mutations are expansions of the polyalanine tract within the ARX protein, of which ARX/Arx has 4 (25,26). Polyalanine expansions have become increasingly recognized as disease-causing mutations in a variety of diseases (reviewed in (27)). For example, a small expansion of a polyalanine tract in PHOX2B can cause central hypoventilation syndrome with Hirschsprung disease (28).

Here, we report a case of enteroendocrine dysgenesis in a patient with an ARX polyalanine expansion. The chromogranin A population was unchanged. Duodenal biopsies, however, revealed a reduction in CCK, SST, and GLP-1 cell number. In the mouse model with the corresponding polyalanine insertion, the enteroendocrine changes mimicked those of the intestinal loss-of-function model, that is, loss of CCK and GLP-1 cells, but an increase in the SST-expressing population. Thus, ARX/Arx is required for the enteroendocrine development in mice and humans.

METHODS

Mice and Tissue Preparation

The mice used for these experiments were a kind gift from Kunio Kitamura (29). Seven (GCG) triplets were placed into the first polyalanine tract at residue 330, resulting in $Arx^{(GCG)7}$ mice. Hemizygous mice ($Arx^{(GCG)7/Y}$) were obtained by crossing heterozygous females ($Arx^{(GCG)7/+}$) with C57BL/6J wild-type males. All mice were cared and handled according to The Children's Hospital of Philadelphia's institutional animal care and use committee– approved.

All dissections were performed in cold $1 \times$ phosphate-buffered saline, and tail snips were used for determining genotypes. Genotyping primers were as follows: 5'-AAAGGCGAAAAGGAC-GAGGAAAGG-3' and 5'-TGTTCAATGGCCGATCCCAT-3' and 5'-CTTTAGCTCCCCTTCCTGGCACAC-3', resulting in a wildtype band of 500 base pairs (bp) and a mutant product of 236 bp. Following dissection, tissues were fixed in fresh 4% paraformaldehyde overnight at 4°C, embedded in paraffin or optimal cutting temperature freezing medium, and sectioned at 8 μ m.

Human Slides

The genetic analysis for the patient was performed at Genetic Services Laboratories at University of Chicago. In the ARX gene, all 5 coding exons were polymerase chain reaction (PCR) amplified and sequenced. An insertion of 21 bp, 335-336ins(GGC)7, was detected in exon 2 of the ARX gene. The insertion is in-frame, resulting in the insertion of 7 alanine residues at amino acid position 112. Of note, the triplet repeat GCG codes for alanine; although the insertion in human ARX is termed (GGC)7, it is the same sequence shifted by 1 bp. Duodenal tissue was obtained during upper endoscopy for the evaluation of his pseudo-obstruction. For this article, additional slides were obtained from paraffin blocks in storage in our pathology department. Control slides were obtained from agematched controls viewed to be histologically normal and without a diagnosis of celiac, eosinophilic, or inflammatory bowel disease. The *P*-values were obtained by comparing the 2 temporally distinct biopsies of the patient with the $ARX^{(GGC)7}$ mutation and 3 to 4 agematched controls.

Real-Time PCR Analysis

Total RNA was extracted with TRIZOL (Invitrogen, Grand Island, NY) using the RNeasy kit (Qiagen, Valencia, CA). Oligo-dT, SuperScript, and other reagents were used to synthesize complementary DNA. Brilliant SYBR Green PCR Master Mix (Sigma, St Louis, MO) was used to set up PCR reactions in the Stratagene MX3005P (La Jolla, CA) real-time PCR machine. Primer sequences are available upon request. All reactions were performed in triplicate with reference dye normalization. Each primer set was normalized to a housekeeping gene, either glyceraldehyde 3-phosphate dehydrogenase or hypoxanthine-guanine phosphoribosyltransferase. Fold change relative to control values and standard deviation were calculated and then plotted on a bar graph. The *P*-values were obtained using Student *t* test.

Immunohistochemistry and Histology

Slides were subjected to microwave antigen retrieval in 10 mmol/L sodium citrate buffer (pH 6.0). Endogenous peroxidase activity was quenched with 3% H₂O₂ in phosphate-buffered saline for 15 minutes. Sections were then blocked with avidin block, biotin block, and CAS Block reagent (Invitrogen). The sections were incubated with primary antibodies overnight at 4°C and biotinylated secondary antibodies for 40 minutes at 37°C. Immunohistochemical detection was performed with the VECTASTAIN ABC kit (Vector Laboratories, Burlingame, CA) and diaminobenzidine tetrahydrochloride as the substrate. For immunofluorescence, secondary antibodies were directly conjugated to Cy3 or Cy2 and incubated for 4 hours at room temperature.

The primary antibodies used were as follows: anti-SST (1:3000; Santa Cruz sc-7819 [Santa Cruz Laboratories, Santa Cruz, CA]), anti-ghrelin (1:200; Santa Cruz sc-10368), anti-5-hydroxy-tryptophan (5-HT/Serotonin; 1:50,000; ImmunoStar 20080 [Hudson, WI]); anti-chromogranin A (1:3,000; DiaSorin 20085 [Stillwater, MN]), anti-GLP-1 (1:500; Abcam ab26278 [Cambridge, UK]), and anti-CCK (1:100; Santa Cruz sc-21617). Rabbit anti-ARX polyclonal antibody (1:500) was a gift from Dr Kanako Miyabayashi (Kyushu University, (21)). Sections were stained with hematoxylin and eosin (H&E) or Oil-Red-O according to standard protocols. Oil-Red-O staining was performed using frozen sections.

Hormone-positive cells from different regions of the intestine were counted and normalized to the respective epithelial area of the same or adjacent sections yielding cell numbers per square millimeter tissue area. Epithelial area was measured with an Aperio Image Analysis System (Leica, Germany). At least 3 control and 3 mutant animals were used for each hormone analysis in the intestine. *P*-values were obtained using a Student *t* test.

RESULTS

ARX Polyalanine Expansion Related to Pseudo-Obstruction

To determine the intestinal consequence of an ARX polyalanine expansion, we identified a patient with a $335-336ins(GGC)_7$ mutation in ARX who presented with infantile spasms, hypotonia, and severe intellectual disability, and was also diagnosed with chronic intestinal pseudo-obstruction. This expansion in the first polyalanine tract is one of the more common in the ARX gene (25). For most of his life, this patient had feeding intolerance manifesting as abdominal pain and vomiting. He had multiple abdominal surgeries to place feeding tubes and had a Nissen fundoplication that was repeated 3 times. At the age of 8, his inability to tolerate enteral feeds and weight loss became so severe that he required total parenteral nutrition, which has been his maintenance nutrition for the past 5 years. No mechanical obstruction was ever identified. Antroduodenal manometry revealed a diagnosis of neuropathic intestinal dysmotility based on antral hypomotility, abnormal phase 3 migrating motility complexes during fasting, and cluster contractions in the duodenum. In the process of his evaluation, 2 upper endoscopies with biopsies were performed before initiation of total parenteral nutrition. No pathologic diagnosis was identified in the esophagus, antrum, or duodenum by H&E staining.

Because *Arx* regulates enteroendocrine development in mice (17,30), we analyzed the enteroendocrine populations in the duodenum from the patient biopsies (Fig. 1). Immunohistochemistry from 2 temporally distinct biopsies for this patient were compared with 3 or 4 age-matched control patients (no diagnosis of celiac, eosinophilic, or inflammatory bowel disease). Of note, the CCK and GLP-1 populations were dramatically reduced in the ARX^{(GGC)7} patient biopsies; only 4 CCK cells and 2 GLP-1 cells were detected (Fig. 1B, C). The SST population was also significantly reduced (Fig. 1D). The chromogranin A population was unchanged (Fig. 1A).

In the intestinal null mouse model, the chromogranin A population is also unchanged, with a significant decrease in CCK and GLP-1 cells. In the mouse model, SST cells are, however, significantly upregulated (16,17). To explore whether these phenotypic differences were caused by null versus polyalanine expansion mutations or interspecies differences, we next analyzed the corresponding polyalanine expansion mouse model (Arx^{(GCG)7}, (29)).

Arx Polyalanine Expansion Mice Have Failure to Thrive and Fat Malabsorption

First, we determined the growth characteristics of the male Arx^{(GCG)7} mice compared with male littermate controls. Starting at P5, the mutant Arx^{(GCG)7} mice are significantly smaller than their littermate controls (Fig. 2A). This difference persists into adulthood (Fig. 2B). The adult animals have a seizure disorder as previously

described, and die between 2 and 3 months of age ((29), Eric Marsh, personal communication). The tissue histology is normal by H&E staining (supplemental Fig. 1, *http://links.lww.com/MPG/A370*).

Because fat malabsorption has been described in mice lacking enteroendocrine cells as a result of *Neurog3* mutations (5), we analyzed stool and tissue by Oil-Red-O. Before weaning, when the neonatal mice are on a high-fat diet while nursing, there was excess fat in the stool smear by qualitative analysis (Fig. 2C,G) correlating with poor weight gain. Furthermore, when investigating tissue morphology, we found a large amount of Oil-Red-O staining in the ileum and colon of mutant Arx^{(GCG)7} mice, whereas the control littermates had minimal lipid present in those areas (Fig. 2D–F, H–J). Once mice were weaned onto a standard low-fat diet, the stool smears were comparable between control and mutant Arx^{(GCG)7} littermates (Fig. 2K,L).

Arx Polyalanine Tract Expansion Impairs Enteroendocrine Development

Arx is expressed specifically in subpopulations of enteroendocrine cells (30,31). To determine the changes in enteroendocrine populations as a consequence of the Arx polyalanine expansion, we determined the messenger RNA (mRNA) and protein expression of the intestinal endocrine subpopulations at several time points: postnatal days 0-1 (P0), postnatal day 14 (P14), and adult (5–7 weeks of age).

At birth, the Arx^{(GCG)7} mutants had significantly reduced numbers of CCK and GLP-1 containing cells in the duodenum (Fig. 3I–P). This change corresponded to reduced mRNA expression of CCK and preproglucagon, the precursor to GLP-1. SST expression was significantly increased by mRNA and the number of hormone-positive cells (Fig. 3Q–T). Both chromogranin A and serotonin (5-HT) cell number and mRNA levels were unchanged (Fig. 3A–H).

In the P14 duodenum (supplemental Fig. 2, *http://links.lww. com/MPG/A370*), the polyalanine expansion mice demonstrated



FIGURE 1. Enteroendocrine dysgenesis in a patient with an $ARX^{(GGC)7}$ mutation. Control human tissue is represented in A–D and patient tissue (ARX^{GGC7}) in E–H. Hormones stained were CgA in A and F; CCK in B and G; GLP-1 in C and H; and SST in D and I. The cell counts are listed below each panel, with the *P* value for each hormone. ARX = aristaless-related homeobox; CCK = cholecystokinin; CgA = chromogranin A; GLP = glucagon-like peptide; SST = somatostatin.



FIGURE 2. Arx(GCG)7 mice have poor postnatal growth and lipid malabsorption. A, Growth curves for P0-21. B, Growth curves for postnatal weeks 3–6. Oil-Red-O stains of stool (C, G, K, L) and intestinal tissue (D–F and H–J). Samples from P5 control are in C–F and P5 Arx^{GCG7} in G–J, whereas 4-week-old control is K and Arx^{GCG7} is L. ARX = aristaless-related homeobox.

continued depletion of CCK and GLP-1-producing cells (Fig. S2I– P). SST was significantly upregulated (Fig. S2Q–T). Although chromogranin A expression was unchanged (Fig. S2A–D), there was a significant, though mild, increase in 5-HT-expressing cells (Fig. S2E–H).

These hormone changes were also present in the ileum, with increased SST and decreased GLP-1 at P0 and P14 by cell counts and qRT-PCR (supplemental Fig. 3, *http://links.lww.com/MPG/A370*). We also assayed mRNA expression in the duodenum of older animals (5–7 weeks) to find the same downregulation of *preproglucagon* and *CCK* and upregulation of *SST* mRNAs without a change in *chromogranin A* (Fig. 4).

Arx Protein is Lost in Polyalanine Expansion Mouse Mutants

The hormone changes in the polyalanine expansion mouse mutants phenocopy the Arx loss of function in the intestine (16,17). To determine whether the similarity is because of changes in expression of *Arx*, we first tested whether *Arx* was transcribed in the polyalanine expansion mutants (Fig. 5A). At P0 and P14, the mRNA levels were the same as control littermates. In adult mutant $Arx^{(GCG)7}$ animals, *Arx* mRNA was, however, significantly downregulated. Next, we tested protein expression in control and mutant littermates. The Arx antibody used recognizes both wild-type and $Arx^{(GCG)7}$ protein, as previously reported (29,32). We did not detect any Arx-positive cells in the P0 or adult duodenum of $Arx^{(GCG)7}$

mutants (Fig. 5B–G), suggesting that the $Arx^{(GCG)7}$ mouse model approaches an intestinal null situation. To determine whether this loss of ARX protein was also found in human tissue, we stained the patient slides. In the human $ARX^{(GGC)7}$ tissue, ARX protein was present at the same levels as in control tissue, despite the polyalanine expansion (Fig. 5H, I).

DISCUSSION

With recognition of the neurologic phenotype of ARXrelated disorders, it was also noted that approximately 50% of patients with XLAG with ARX loss-of-function mutations have a severe congenital enteropathy that is fatal in some cases (15). The case highlighted here demonstrates changes in the enteroendocrine population with a polyalanine expansion of the ARX protein, the more common type of mutation (25,26). In the presence of the ARX^{(GGC)7} protein, the CCK, SST, and GLP-1 lineages are not specified, although the chromogranin A population is present at normal density. The role of ARX was previously tested in human intestinal organoids derived from embryonic stem cells, using small hairpin RNA-mediated intestinal loss of function (16). With 60% to 80% knockdown of ARX, the preproglucagon and CCK populations were lost and the SST population was unchanged. Thus, the influence of ARX on the SST population appears to differ in human tissue compared with the Arx loss-of-function mouse model, wherein the SST population is increased (16,17).

Arx protein acts as both a transcriptional activator and transcriptional repressor (33). In the mouse brain, complete loss



FIGURE 3. Enteroendocrine population changes in the P0 duodenum of $Arx^{(GCG)7}$ mice. Hormone staining is pictured for ChrA (A, B), S-HT (E, F), CCK (I, J), GLP-1 (M, N), and SST (Q, R). Control tissue is in the left panel (A, E, I, M, Q) and Arx^{GCG7} tissue in the left-middle panel (B, F, J, N, R). Expression for mRNA was quantified by RT-PCR for the right-middle panels (C, G, K, O, S) and cell counts for protein expression on the far right panel (D, H, L, P, T) for each respective hormone: ChrA (C, D), S-HT/Tph1 (G, H), CCK (K, L), GLP-1/preproglucagon (O, P), and SST (S, T). The dark bars designate controls, whereas the open bars designate Arx^{GCG7} . ***Designated *P* value is <0.05. ARX = aristaless-related homeobox; CCK = cholecystokinin; ChrA = chromogranin A; GLP = glucagon-like peptide; mRNA = messenger RNA; RT-PCR = real-time polymerase chain reaction; SST = somatostatin.



FIGURE 4. Enteroendocrine hormone expression changes in adult mouse duodenum. Expression of mRNA was quantified by RT-PCR for chromogranin A (A), SST (B), preproglucagon (C), and CCK (D). The dark bars designate controls, whereas the open bars designate Arx^{GCG7} . ***Designated *P* value is <0.05. ARX = aristaless-related homeobox; CCK = cholecystokinin; mRNA = messenger RNA; RT-PCR = real-time polymerase chain reaction; SST = somatostatin.

of Arx results in impaired tangential and radial migration of GABAergic interneurons. Only tangential migration is, however, impaired in the Arx^{(GCG)7} mouse model, which could explain the less severe phenotype (29). Several downstream targets have been identified that are differentially affected by the Arx^{(GCG)7} protein as opposed to an Arx null in the mouse brain (34). In the pancreas, Arx activates the α cell program while repressing the β cell program (35,36). In the Arx^{(GCG)7} mouse model, all α cells are still lost, but without any increase in β cells, suggesting that the Arx^{(GCG)7} protein in early development is still capable of repression of β cells, but not activation of the α cell program (35).

Unfortunately, the mouse model of the corresponding Arx first tract polyalanine expansion does not fully recapitulate the human disease because the Arx^{(GCG)7} protein is degraded in the mouse intestine. In contrast, the ARX^{(GGC)7} protein is still present in human tissue, although it is not fully functional. The hormone changes in the $Arx^{(GCG)7}$ mouse model are similar to those found in the Arx intestinal null model, consistent with the fact that all Arx^{(GCG)7} protein is lost (16,17). The reduced levels of the Arx^{(GCG)7} protein have also been described in the brain of the mouse model (29,32), although some Arx^{(GCG)7} protein is still present.

The patient described here demonstrates a unique phenotype of pseudo-obstruction without congenital diarrhea, compared with patients with ARX loss-of-function mutations. At this time, we are not able to determine whether the enteroendocrine population changes are directly responsible for the motility disorder. The role of various enteroendocrine subpopulations in gut motility is, however, well-recognized through exogenous agonist and antagonist studies (37). Many of the intestinal hormones inhibit gastric or small bowel motility. The relation is, however, often complex and dynamic. For example, in pediatric patients, exogenous octreotide (an SST analogue) inhibits gastric motility and promotes small intestine migrating motility complexes (38).

Motility studies on mouse models with alterations in the enteroendocrine cells are necessary to further understand the contribution of these cells in regulation of how the bowel moves in fasting and fed states. Although expression of Arx by cross-sectional analysis in the bowel is limited to the enteroendocrine cells (16,17), it is possible that a small subset of enteric nervous system cells expresses ARX/Arx and contributes to the phenotype, or, alternatively, exerts direct or indirect effects in the muscular layers of the bowel. Another confounding variable for this case is the history of abdominal surgeries; it is difficult to determine whether his bowel disorder led to the multiple surgeries or what dysfunction was attributable to multiple surgeries. Finally, his long-standing seizure disorder and medications could also contribute to the phenotype.

Enteroendocrine dysgenesis is becoming increasingly recognized for its role in congenital diarrhea, irritable bowel syndrome,



FIGURE 5. Expression of ARX/Arx mRNA and protein. mRNA expression is depicted in (A), with the dark bars for control samples and the open bars for Arx^{GCG7} mouse model. Staining for Arx protein in the control mouse duodenal tissue (B–D) and Arx^{GCG7} mouse model (E–G) at E15.5 (B, E), P0 (C, F), and P42 (D,G). Staining for Arx protein in control human duodenal tissue (H) and patient Arx^{GGC7} tissue (I). ** Designated *P* value is <0.05. ARX = aristaless-related homeobox; mRNA = messenger RNA.

and inflammatory bowel disease (39). With *NEUROG3* mutations (1) or *AIRE* mutations associated with APECED (6,7) almost all enteroendocrine cells are lost, leading to congenital diarrhea. Unique to *Arx* loss of function in the mouse intestine (16,17) and *PC1/3* mutations in humans, loss of only a subset of hormone

producing cells can lead to congenital diarrhea (9) despite normal chromogranin A and serotonin/5-HT staining. The determination of which enteroendocrine subsets are responsible for the malabsorptive or motility phenotype in enteroendocrine dysgenesis will provide an excellent step forward in identifying therapeutic targets.

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