

TFF3 and TFF1 expression levels are elevated in colorectal cancer and promote the malignant behavior of colon cancer by activating the EMT process

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Received January 31, 2019; Accepted June 27, 2019

DOI: 10.3892/ijo.2019.4854

Abstract. Reports on the roles of the secreted trefoil factor (TFF)1 and 3 in colorectal cancer (CRC) and their underlying mechanisms of action in tumorigenesis are not common and are controversial. In the present study, the mRNA expression and promoter methylation of TFF1 and TFF3 in cancer and adjacent normal tissues were investigated, and their association with other clinical factors and patient prognosis were evaluated. Moreover, the association between TFF3 and epithelial-mesenchymal transition (EMT) was explored by overexpressing or inhibiting TFF3 expression. The results revealed that the mRNA level of TFF1 and TFF3 in the cancer tissues was significantly higher than that in the matched adjacent normal tissues ($P=0.034$ and $P=0.007$, respectively), and a higher expression of TFF3, but not TFF1, was predominantly associated with clinicopathological factors and a poorer prognosis. No correlation was observed between promoter methylation and the expression of TFF1 or TFF3. The overexpression of TFF3 promoted the proliferation, migration and invasiveness of HT29 cells, and induced an increase in the expression of Twist1, Snail and Vimentin, while causing a decrease in E-cadherin expression. On the contrary, the knockdown of TFF3 resulted in opposite effects in the LoVo cells. On the whole, the findings of this study indicate that TFF3 may be a promising new factor for the estimation of the survival of patients with CRC, and may promote the malignant progression of CRC by activating the EMT process. Therefore, TFF3 may be a future potential therapeutic target for CRC.

Introduction

Colorectal cancer (CRC) is one of the common types of gastrointestinal cancer, with high mortality rates worldwide. It is estimated that 1,361,000 new cases of CRC were diagnosed in 2012 worldwide, and 18.6% (253,000/1,361,000) of these were diagnosed in China, where CRC has already become the third most common malignancy (1). Metastases, particularly liver metastases, are the main cause of mortality (2,3). The screening of populations at high-risk and the identification of new methods with which to prevent metastasis are the most important aspects for improving the patient survival rate.

The trefoil factors (TFFs) are small secretory peptides with three-loop structures that contain a highly conserved motif of cysteine disulfide bonds that maintain the functional stability of the protein (4-7). Even though TFFs have been shown to protect the gastrointestinal tract against mucosal damage (8,9), there is evidence to indicate a pivotal role for TFFs in the oncogenic transformation, growth and metastasis of human solid tumors (10-12). The TFF family is composed of 3 proteins, TFF1 (pS2), TFF2 (SP) and TFF3 (ITF), and TFF1 is predominantly expressed in the stomach and colon, while TFF3 expression is commonly observed in the intestines (13). In addition, a high expression level of TFF1 has been observed in different tumor tissues (colonic, pancreatic and ovarian) compared with their normal counterparts, and it has also been shown to be associated with cell survival, migration, invasiveness and tumor dissemination (14-16). TFF3 has also been reported to function as an oncogene, promoting cell proliferation and invasion, and increasing the oncogenicity of cells from mammary, gastric and prostate carcinoma tissues (17-19). TFF1 and TFF3 have already been used as markers for the detection of metastatic breast cancer cells (20,21) and have been used as prognostic factors for gastric (22), prostate (23) and rectal cancer (24).

Primarily expressed in the colon, it should be of interest to determine whether TFF1 and TFF3 may be used as effective biomarkers for the prognosis of CRC. It would also be of interest to determine whether a correlation exists between the expression of these two genes and their promoter

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Key words: TFF3, TFF1, colorectal cancer, migration, invasion, epithelial-mesenchymal transition

methylation, as well as whether there is a pathway activated by TFF3 that leads to CRC metastasis. To address these questions, in our previous study, the expression of TFF1, TFF3 and Twist1 in different metastatic CRC tissues was evaluated, and different colon cancer cell lines were analyzed to determine the associations between TFF expression and epithelial-mesenchymal transition (EMT), a process required for tumor cell invasion and metastasis in a number of solid tumors. During the EMT process, epithelial cells lose their apico-basal polarity and adherent cell junctions to gain mesenchymal traits, both in morphology and gene expression, becoming more motile and invasive. EMT can be initiated via the expression of various transcription factors, including Twist, Snail, Slug and zinc finger E-box binding homeobox 1 (25-27).

In the present study, the mRNA expression levels and promoter methylation of TFF1 and TFF3 in cancer and adjacent normal tissues were investigated, and their associations with clinicopathological factors and prognosis were determined. The correlation between TFF promoter methylation and mRNA expression was evaluated and discussed. Lastly, the association between TFF3 and EMT was examined by overexpressing or inhibiting TFF3 expression *in vitro*.

Materials and methods

CRC patients and samples. From January, 2011 to January, 2012, 115 patients with CRC who underwent radical resection at the Department of Gastrointestinal Surgery, Tumor Hospital of Xin Jiang Medical University (Ürümqi, China), were enrolled in this study. This study was approved by the Ethics Committee of the Tumor Hospital of Xin Jiang Medical University (approval no. 20110110, 10 January, 2011) and all procedures followed the principles of the Declaration of Helsinki. All subjects provided written informed consent prior to participation. None of the patients had received systemic chemotherapy or radiotherapy prior to surgery. All adjuvant treatments after surgery for all patients were identical. All CRC tissues and their corresponding adjacent normal tissues were collected during surgery, and immediately snap-frozen in liquid nitrogen. Follow-up visits were performed for survival analysis for up to 75 months after surgery. All clinical features were obtained from medical records.

All cell culture media were purchased from HyClone (GE Healthcare Life Sciences). Three human colon cancer cell (CCC) lines with different invasive potentials (HT29, SW620 and LoVo) and an immortalized human epithelial cell line (HIEC) were donated by the National Laboratory of Xi Jing Digestive Disease Hospital (Fourth Military Medical University, Xi'an). All cell lines were maintained in RPMI-1640 growth medium (Thermo Fisher Scientific, Inc.) supplemented with 10% heat-inactivated fetal bovine serum, 1% penicillin and 1% streptomycin (Thermo Fisher Scientific, Inc.). The HIEC cells were also supplemented with human insulin (0.1 U/ml).

Total RNA preparation from tissue or cells. Cancer tissues and normal matched normal tissues (which were 15 cm away from the lesion margin) were obtained during surgery, and stored at -80°C after being snap-frozen. Total RNA was extracted from the tissues and cell lines using TRIzol® reagent (Thermo Fisher

Scientific, Inc.), following the manufacturer's protocol. The concentration and purity of the total RNA were determined by measuring the optical density at 260 and 280 nm. The mRNA extracted from 115 CRC tissue samples and 85 matched normal tissues were included for further analyses.

Reverse transcription-quantitative polymerase chain reaction (RT-qPCR). A total of 1 µg total RNA from the tissue or cell lines was used to synthesize cDNA with the help of the PrimeScript RT reagent kit through reverse transcription. Subsequently, qPCR was performed using Brilliant SYBR-Green QRT-PCR Master Mix as part of a 2-Step kit (Agilent Technologies, Inc.) with the following primers: TFF1 forward, 5'-AATAAGGGCTGCTGTTTCG-3' and reverse, 5'-ACTCCTCTTCTGGAGGGAC-3'; TFF3 forward, 5'-CTGCTGCTTTGACTCCAGGAT-3' and reverse, 5'-CAGCTGGAGGTGCCTCAGAA-3'; Twist1 forward, 5'-CATGTCCGCGTCCCAC TAG-3' and reverse, 5'-TGTCCATTTTCTCCTTCTCTGG-3'; E-cadherin forward, 5'-GAGTGCCAACTGGACCATTCA GTA-3' and reverse, 5'-AGTCACCCACCTCTAAGGCC ATC-3'; Vimentin forward, 5'-CAGGCAAAGCAGGAGTC CAC-3' and reverse, 5'-GCAGCTTCAACGGCAAAGTTC-3'; Snail forward, 5'-CGCGCTCTTCTCCTCGTCA-3' and reverse, 5'-TCCCAGATGAGCATTGGCAG-3; and GAPDH forward, 5'-AGCCTTCTCCATGGTGGTGAA-3' and reverse, 5'-ATC ACCATCTTCCAGGAGCGA-3'. All reactions were performed in triplicate in a 25 µl reaction volume. The PCR amplification program consisted of 30 sec of an initial denaturation at 95°C, followed by 40 cycles of PCR at 95°C, for 5 sec, and then 60°C for 30 sec. The comparative $\Delta\Delta Cq$ method was used to determine the relative levels of gene expression (28). Standard curves were drawn, and the relative amount of target gene mRNA was normalized to that of GAPDH. Specificity was verified via melting curve analysis. All experiments were repeated in triplicate.

Sample processing and DNA extraction for promoter methylation. A total of 21 CRC samples and 10 adjacent normal samples were used to evaluate the methylation levels of TFF1 and TFF3 promoter regions. Fresh tumor tissues were snap-frozen in liquid nitrogen instantly after surgical resection and stored at -80°C. All tumor specimens were carefully micro-dissected, ensuring that the final tissue samples consisted of at least 85% tumorous cells. Tissue processing and DNA extraction were performed using the QIAamp DNA Mini kit (Qiagen GmbH), according to the manufacturer's protocol.

In vitro transcription and T-cleavage (RNase A digestion) assay. Genomic DNA was treated with bisulfite using an EpiTect Bisulfite kit (Qiagen AB) and then amplified using PCR Accessory Set (Sequenom). *In vitro* transcription and T-cleavage were performed with Shrimp alkaline phosphatase (Mass CLEAVE kit, Sequenom) before the acquisition of a purified resin-treated product.

Mass spectrometry. The entire RNase A and clean resin treated product were automatically dispensed onto silicon matrix preloaded chips (SpectroCHIP; Sequenom), and the mass spectra were obtained using a Mass ARRAY Compact

matrix assisted laser desorption ionization-time of flight mass spectrometry (MALDI-TOF-MS) analyzer (Sequenom). The mass spectrometry methylation ratios were generated using EpiTYPER (ver. 4.0; Sequenom).

Western blot analysis. The colon cancer cell lines were harvested separately in ice-cold PBS. Total protein was extracted employing RIPA lysis and extraction buffer (Thermo Fisher Scientific) and quantified by measuring the integrated optical density (IOD) using the BCA Protein Assay kit (25 μ l per lane), and separated by 15% SDS-PAGE gel electrophoresis, and transferred onto PVDF membranes. The membranes were subsequently blocked with 5% (w/v) dried skimmed milk powder in Tris-buffered saline (blocking solution) for 1 h at room temperature. Subsequently, the membranes were probed with primary antibodies against TFF1 (1:500, ab92377) TFF3 (1:300, ab108599) and Twist1 (1:500, ab50581), E-cadherin (1:500, ab40772), Vimentin (1:500, ab92547), Snail (1:500, ab53519), β -actin (1:2,500, ab8226) (all from Abcam) in blocking solution overnight at 4°C. Following a TBS-Tween wash, the membranes were incubated with goat anti-rabbit secondary antibody (HRP; 1:10,000, ab6721) or rabbit anti-goat secondary antibody (HRP; 1:5,000, ab6741) (both from Abcam) in blocking solution for 1 h at room temperature. Immunoreactive proteins were detected using enhanced chemiluminescence kit (Thermo Scientific Pierce ECL Substrate). The intensity of the bands on western blot was evaluated by Quantity One[®] 1-D analysis software (version 4.62, Bio-Rad).

Plasmid construction and cell transfection. The TFF3 expression plasmid was built by cloning TFF3 cDNA into a pIRES2-enhanced green fluorescent protein vector (no. 6029-1, Clontech). The transfection of TFF3 expression or empty vector plasmids (pIRES2-EGFP) into the HT29 cells was performed using Lipofectamine 3000 transfection reagent (Thermo Fisher Scientific, Inc.), according to the manufacturer's protocol. The cells were incubated at 37°C in 5% CO₂ incubator for 48 h, and fluorescence photography following transfection was then carried out to evaluate the efficiency of transfection.

Gene knockdown assay. The short hairpin RNA (shRNA) sequences against TFF3 and control shRNA were purchased from Thermo Fisher Scientific, Inc. LoVo cells were transfected with 30 nM shRNAs using Lipofectamine 3000 transfection reagent (Thermo Fisher Scientific, Inc.), according to the manufacturer's protocol. Following incubation at 37°C with 5% CO₂ for 48 h, the knockdown of TFF3 was confirmed by both RT-qPCR and western blot analysis.

Cell proliferation assay. Cell proliferation rates were measured by CCK-8 cell proliferation assay. The prepared cell suspension (100 μ l/well) in a 96-well plate was pre-incubated at 37°C in 5% CO₂ and 10 μ l of the CCK-8 (Alpha CP8 Cell Proliferation Assay kit, no. A32001-500T, Alpha Applied Bioscience) solution were added to each well, and incubation was maintained in an incubator for 1-4 h before measuring the absorbance at 450 nm using a microplate reader (Varioskan LUX, Thermo Fisher Scientific).

Cell migration and invasion assays. Scratch-wound healing and Transwell assays were performed to evaluate cell migration and invasion. CCCs were grown to 90% confluence before an ~0.6 mm wide wound was created with the help of an insert. The wounds were subsequently imaged at 0, 24 and 48 h to assess the level of motility. The cell migratory ability was quantified by calculating the area between the two leading edges of cells using ImageJ software (version 1.52e, Broken Symmetry Software).

For the Transwell assays, 24-well Transwell units with 8 μ m pore-size filters (Corning, Inc.) were precoated with 40 μ l Matrigel (for invasion assay) or without Matrigel (for migration assay). A total of 200 μ l of a cell suspension containing 5x10⁴ cells/ml in serum-free medium were inserted into the upper chamber. In the lower chamber, 300 μ l Dulbecco's modified Eagle's medium containing 20% fetal calf serum were added. Following a 24-h incubation at 37°C with 5% CO₂, the cells in the upper chamber were removed with a cotton swab and the traversed cells in the lower chamber were fixed with 4% paraformaldehyde, stained with 0.5% crystal violet (no. 32675, Sigma-Aldrich) at room temperature for 10 min and counted in 5 randomly chosen fields under a light microscope (SFC-100 Series, Motic Europe).

Ultrastructure observation by transmission electron microscopy (TEM). The cells were collected and fixed using 2.5% TEM-specific glutaric dialdehyde solution at 48 h following transfection. The cells were then centrifugated at a speed of 2,504 x g at room temperature and fixed in 1% osmium tetroxide at 4°C for 15-30 min before dehydrating in acetone solutions of 50, 70, 90 and 100%. The cells were subsequently embedded in epoxy resin (EPON812), sliced into 50-70 nm ultrathin sections after being fixed on metal mesh and stained with sodium acetate at room temperature for 5-30 min, and observed under a transmission electron microscope (JEM-ARM200F NEOARM). Moreover, cell morphology was photographed under an optical microscope (SFC-100 Series, Motic Europe) to observe the changes in cell morphology following the overexpression or silencing of TFF3.

Statistical analysis. The continuous data are presented as the means \pm standard deviation, and compared using a unpaired Student's t-test (as comparison of mRNA levels of TFF3 or TFF1) or Mann Whitney U test (due to the unpaired, non-normal distribution of methylation level of TFF3 or TFF1). One way analysis of variance (ANOVA) with an LSD post hoc test was used to compare the group data. The clinicopathological features were analyzed between the high TFF3 and low TFF3 expression groups using a Pearson χ^2 test or χ^2 test with Yates' correction. Pearson's correlation analysis was performed to evaluate the correlation between relevant factors. The cumulative survival rates were determined using the Kaplan-Meier method and compared with the log-rank test. The Cox proportional hazards test was used for univariate and multivariate survival analysis. All statistical analyses were performed using GraphPad Prism 5 software (GraphPad Software, Inc.) or SPSS 18.0 (SPSS, Inc.). P<0.05 was considered to indicate a statistically significant difference.

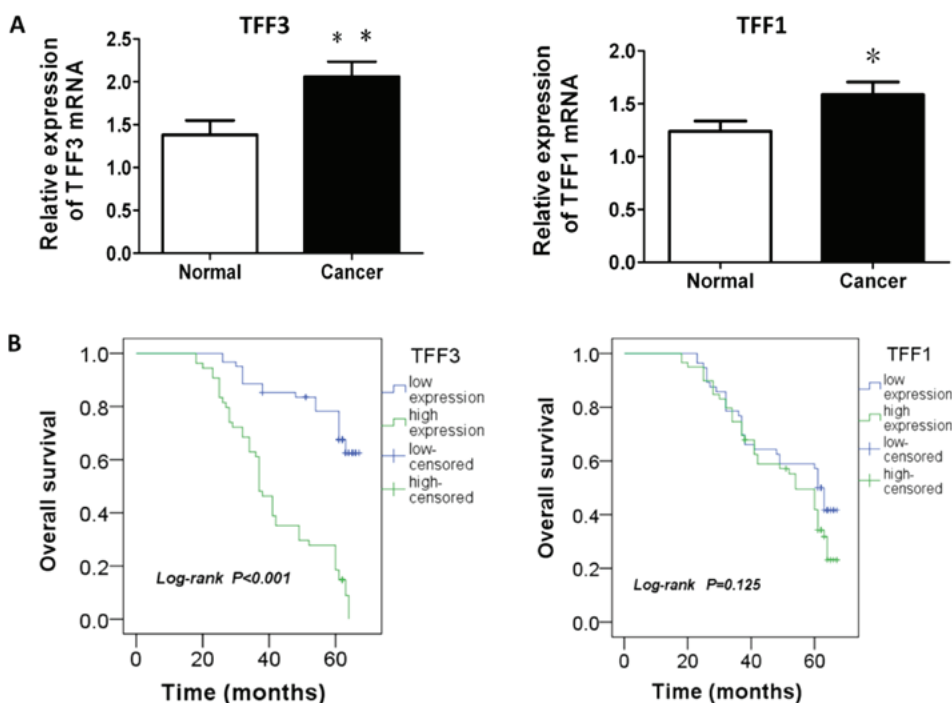


Figure 1. mRNA expression of TFF1 and TFF3 in cancer and normal tissues and the association with survival. (A) mRNA expression of TFF1 or TFF3 in cancer tissues was higher than that in normal tissues ($P=0.034$ or $P=0.007$). (B) Survival analysis revealed that a higher expression of TFF3 was associated with a worse overall survival, while TFF1 expression demonstrated no association with patient survival ($P<0.001$ and $P=0.125$). * $P<0.05$ and ** $P<0.01$ vs. normal group. TFF, trefoil factor.

Table I. Comparison of TFF1 and TFF3 mRNA in normal and cancer tissue.

Gene	Relative expression of mRNA (means \pm SD)		P-value
	Normal (n=85)	Cancer (n=115)	
TFF1	1.228 \pm 0.097	1.635 \pm 0.117	0.034
TFF3	1.383 \pm 0.166	2.060 \pm 0.175	0.007

A value of $P<0.05$ was considered to indicate a statistically significant difference (unpaired Student's t-test). TFF, trefoil factor.

Results

mRNA expression of TFF1 and TFF3 and correlation with clinicopathological factors. The results from the analysis of the mRNA expression of TFF1 or TFF3 in the CRC tissues and matched adjacent normal tissues are presented in Table I and Fig. 1A. The average mRNA levels of TFF1 or TFF3 in the cancer tissue were significantly higher than those in the matched adjacent normal tissue ($P=0.034$ and $P=0.007$, respectively). The analysis of correlation between the mRNA expression of TFF1 and TFF3 indicated the existence of a positive association between TFF1 and TFF3 mRNA expression in patients with CRC ($r=0.219$, $P=0.019$; Table II).

The association between the expression of two TFF genes and the clinicopathological characteristics of the patients with CRC was further analyzed. The higher expression of TFF3 was significantly associated with histological type, invasion

Table II. Correlation between mRNA expression of TFF1 and TFF3 in patients with CRC.

Gene	TFF1		r	P-value
	Low n	High n		
TFF3				
Low	36	25	0.219	0.019 ^a
High	20	34		

^a $P<0.05$ was considered to indicate a statistically significant difference (Pearson's correlation test).

depth (T), lymph node number (N), metastasis at diagnosis (M), overall TNM staging and recurrence or metastasis following treatment. Only the circumferential resection margin (CRM), metastasis at diagnosis and TNM staging were associated with a higher expression of TFF1 (Table III).

TFF3 expression is visibly increased in CRC tissue and is associated with a poor prognosis. The 115 patients with CRC were divided into the high or low expression group according to the X-tile algorithm (29), which generated optimal cut-off values for the TFF3 and TFF1 mRNA levels in the CRC samples. The 1-, 3- and 5-year survival rates of the patients in the high TFF3 expression group were 91, 55.9 and 21.1%, respectively, and in the low TFF3 in the low TFF3 group, they were 100, 85.2 and 53.9%, respectively (data not shown). Survival analysis revealed that a higher expression of TFF3

Table III. Association between TFF1 or TFF3 mRNA expression and patient clinicopathological factors.

Clinicopathological factors (n=115)	TFF1		P-value	TFF3		P-value
	Low n	High n		Low n	High n	
Age (years)			0.710			0.266
≤60	26	25		24	27	
>60	30	34		37	27	
Sex			0.519			0.560
Male	33	34		34	33	
Female	23	25		27	21	
Race			0.874			0.668
Han	42	45		45	42	
Uyghur	14	14		16	12	
Blood type			0.869			0.135
A	15	18		17	16	
B	22	25		30	17	
AB	3	2		3	2	
O	16	14		11	19	
Histological type			0.348			0.006 ^a
Adenocarcinoma	47	53		58	42	
Mucinous or signet ring cell	9	6		3	12	
Differentiation			0.111			0.167
Well	13	20		15	18	
Moderate	29	32		35	26	
Poor	9	2		8	3	
None	5	5		3	7	
Location			0.549			0.335
Colon	22	20		25	17	
Rectum	34	39		36	37	
Tumor size			0.140			0.565
≤5 cm	37	31		36	32	
>5 cm	19	28		25	22	
Gross type			0.414			0.670
Massive	24	22		24	22	
Ulcerous	29	36		34	31	
Infiltrative	3	1		3	1	
CRM			0.044 ^a			0.084
Negative	53	48		57	44	
Positive	3	11		4	10	
Vascular invasion			0.178			0.075
Negative	49	46		54	41	
Positive	7	13		7	13	
Perineural invasion			0.095			0.436
Negative	54	51		3	3	
Positive	2	8		26	30	
Invasion depth			0.428			0.001 ^a
T1+2	11	10		13	8	
T3	26	22		16	32	
T4	19	27		32	14	
Lymph node number			0.783			0.001 ^a
None	11	9		15	5	
<4	24	25		31	18	
≥4	21	25		15	31	

Table III. Continued.

Clinicopathological factors (n=115)	TFF1		P-value	TFF3		P-value
	Low n	High n		Low n	High n	
Metastasis at diagnosis			0.001 ^a			0.027 ^a
No	51	37		52	36	
Yes	5	22		9	18	
TNM staging			0.020 ^a			0.017 ^a
I+II	11	9		15	5	
III	40	28		37	31	
IV	5	22		9	18	
Recurrence or metastasis after surgery			0.192			0.001 ^a
No	33	27		47	13	
Yes	23	32		14	41	

^aP<0.05 was considered to indicate a statistically significant difference (Pearson's Chi-square test or Chi-square with Yates' correction). CRM, circumferential resection margin; TFF, trefoil factor.

Table IV. Significant predictive factors (univariate and multivariate) for overall survival in Cox proportional-hazard analysis.

Prognostic factor	Univariate HR (95% CI)	P-value	Multivariate HR (95% CI)	P-value
Age	0.723 (0.454-1.151)	0.171	1.436 (0.600-3.435)	0.416
Sex	1.147 (0.715-1.838)	0.570	1.414 (0.566-3.535)	0.458
Race	1.182 (0.704-1.984)	0.527	1.580 (0.624-4.000)	0.334
Blood type	0.910 (0.686-1.208)	0.514	1.518 (0.887-2.597)	0.128
Location	0.782 (0.473-1.292)	0.338	0.730 (0.297-1.793)	0.493
Histological type	0.974 (0.484-1.960)	0.942	0.380 (0.080-1.809)	0.224
Differentiation	0.753 (0.561-1.010)	0.059	0.717 (0.415-1.239)	0.234
Gross type	1.080 (0.718-1.626)	0.712	1.327 (0.590-2.980)	0.494
CRM	2.259 (1.198-4.260)	0.012 ^a	2.997 (0.412-21.822)	0.278
Perineural invasion	1.869 (0.891-3.918)	0.098	0.196 (0.023-1.690)	0.138
Vascular invasion	2.269 (1.323-3.890)	0.003 ^a	1.210 (0.317-4.612)	0.780
T	0.987 (0.722-1.350)	0.936	3.100 (1.159-8.292)	0.024 ^a
N	1.476 (1.080-2.019)	0.015 ^a	1.125 (0.480-2.639)	0.786
M	2.103 (1.264-3.496)	0.004 ^a	0.048 (0.004-0.635)	0.021 ^a
Staging	1.979 (1.380-2.840)	0.001 ^a	8.141 (1.076-61.563)	0.042 ^a
Recurrence or metastasis	6.844 (4.018-11.656)	0.001 ^a	12.048 (3.310-3.852)	0.001 ^a
TFF1	1.427 (0.894-2.277)	0.137	1.311 (0.392-4.381)	0.660
TFF3	5.645 (3.342-9.533)	0.000 ^a	3.432 (1.056-11.155)	0.040 ^a
Tumor size	0.975 (0.611-1.557)	0.917	0.321 (0.107-0.964)	0.043 ^a

^aP<0.05 was considered to indicate a statistically significant difference.

was associated with a worse overall survival, while TFF1 expression demonstrated no association with patient survival (P<0.001 and P=0.125, respectively; Fig. 1B). Furthermore, predictive factors of patient survival were calculated using a Cox proportional-hazard model. CRM, vascular invasion, lymph node number (N), metastasis at diagnosis (M),

TNM staging, recurrence or metastasis following treatment and TFF3 were associated with patient survival by univariate analysis, while invasion depth (T), metastasis at diagnosis (M), TNM staging, recurrence or metastasis following treatment, tumor size and TFF3 were found to be the predictive factors of patient survival by multivariate analysis (Table IV).

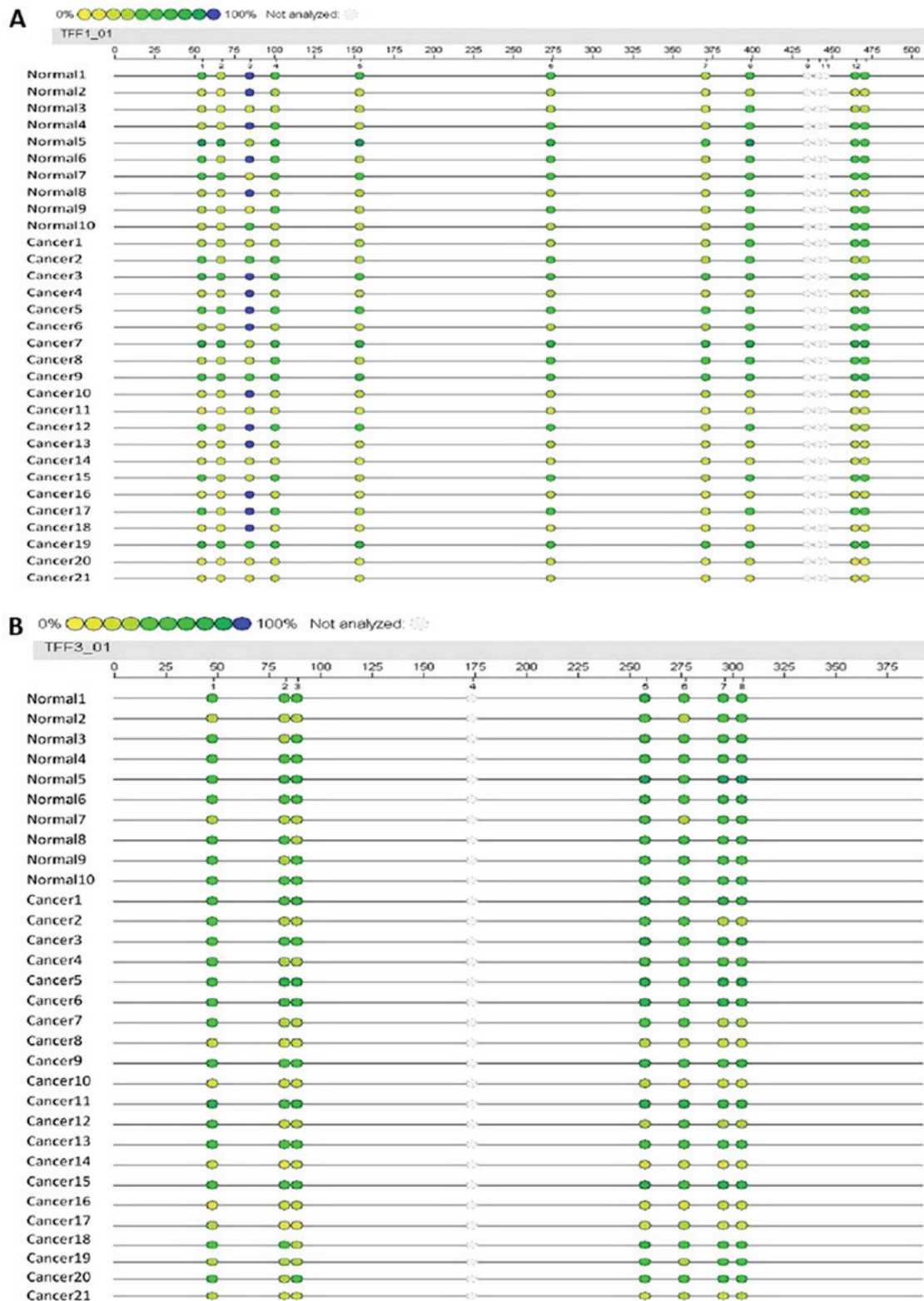


Figure 2. Promoter methylation sites and levels of the TFF1 and TFF3 genes in cancer and normal tissues. (A) The length of promoter region of the TFF1 gene for detection was 489 bp, 13 units of CpG sites could be found and 10 units were measured successfully. (B) The length of 372 bp was detected for the TFF3 gene and 7 out of 8 units were analyzed favorably. The different colors represent the relative methylation changes in 10% increments (yellow, 0%; blue, 100% methylated). TFF, trefoil factor.

Promoter methylation level of TFF1 and TFF3 and respective gene expression. To evaluate the potential association between the level of promoter methylation and respective gene expression, the promoter methylation patterns of TFF1 and TFF3 in 21 CRC samples and 10 adjacent normal samples were

evaluated using MALDI-TOF-MS. A total of 527 CpG sites were observed and 465 sites (88.2%) were analyzed. A total of 10 promoter region units of TFF1 and 7 units of TFF3 were successfully detected (Fig. 2). The average methylation levels of the TFF1 or TFF3 promoter region in the CRC group were

Table V. Comparison of average methylation levels in different CpG sites of TFF1 between normal and cancer groups.

CpG	Average methylation levels (means \pm SD)		P-value
	Colorectal cancer	Normal	
TFF1_01_CpG_1	0.368 \pm 0.179	0.422 \pm 0.164	0.416
TFF1_01_CpG_2	0.312 \pm 0.156	0.347 \pm 0.152	0.564
TFF1_01_CpG_3	0.637 \pm 0.363	0.644 \pm 0.386	0.960
TFF1_01_CpG_4	0.392 \pm 0.130	0.436 \pm 0.099	0.312
TFF1_01_CpG_5	0.350 \pm 0.177	0.410 \pm 0.168	0.377
TFF1_01_CpG_6	0.392 \pm 0.130	0.436 \pm 0.099	0.312
TFF1_01_CpG_7	0.333 \pm 0.141	0.350 \pm 0.063	0.642
TFF1_01_CpG_8	0.432 \pm 0.170	0.501 \pm 0.132	0.228
TFF1_01_CpG_12.13	0.394 \pm 0.163	0.421 \pm 0.061	0.506

P<0.05 was considered to indicate a statistically significant difference (Mann Whitney U test). TFF, trefoil factor.

Table VI. Comparison of average methylation levels in different CpG sites of TFF3 between normal and cancer groups.

CpG	Average methylation levels (means \pm SD)		P-value
	Colorectal cancer	Normal	
TFF3_01_CpG_1	0.435 \pm 0.145	0.469 \pm 0.075	0.394
TFF3_01_CpG_2	0.386 \pm 0.161	0.432 \pm 0.088	0.314
TFF3_01_CpG_3	0.400 \pm 0.151	0.439 \pm 0.088	0.379
TFF3_01_CpG_4	NA	NA	NA
TFF3_01_CpG_6	0.435 \pm 0.145	0.469 \pm 0.075	0.394
TFF3_01_CpG_7	0.471 \pm 0.188	0.571 \pm 0.101	0.066
TFF3_01_CpG_8	0.474 \pm 0.181	0.571 \pm 0.097	0.062

P<0.05 was considered to indicate a statistically significant difference (Mann Whitney U test). TFF, trefoil factor. NA, not assessed.

Table VII. Comparison of average methylation level of TFF1 and TFF3 between normal and cancer groups.

CpG	Average methylation levels (means \pm SD)		P-value
	Colorectal cancer	Normal	
TFF1_01	0.401 \pm 0.143	0.441 \pm 0.097	0.374
TFF3_01	0.444 \pm 0.157	0.508 \pm 0.082	0.145

P<0.05 was considered to indicate a statistically significant difference (Mann Whitney U test). TFF, trefoil factor.

observed to be lower than those in normal group, although these differences were not statistically significantly (P=0.374 and P=0.145, respectively; Table VII). The methylation levels of each promoter unit of TFF1 or TFF3 did not markedly differ between the CRC group and normal group (Tables V and VI). Two-way hierarchical cluster analysis also revealed that less-dominant clustering was found in the cancer or normal tissues. The hierarchical cluster algorithm could not separate the colon cancer samples from the normal tissue samples (Fig. 3). In addition, following correlation analysis, no

correlation was observed between the promoter methylation and expression of TFF1 or TFF3 (Tables VIII and IX, and Fig. 4).

TFF3 enhances the proliferation, migration and invasion of CCCs. TFF3 expression in 3 human CCC lines (HT29, SW620 and LoVo) and an immortalized human epithelial cell line (HIEC) was examined by both RT-qPCR and western blot analysis. As illustrated in Fig. 5A, TFF3 expression in the HT29 cells was the lowest among the 4 cell lines, while the

Table VIII. Correlation between the methylation level and mRNA expression of TFF3.

Continuous variable	No.	Means \pm SD	Pearson's correlation	P-value
TFF3 methylation level	21	0.441 \pm 0.097	0.231	0.315
TFF3 mRNA	21	2.612 \pm 1.631		

P<0.05 was considered to indicate a statistically significant difference (Pearson's correlation). TFF, trefoil factor.

Table IX. Correlation between methylation level and mRNA expression for TFF1.

Continuous variable	No.	Means \pm SD	Pearson's correlation	P-value
TFF1 methylation level	21	0.441 \pm 0.097	0.126	0.587
TFF1 mRNA	21	2.101 \pm 1.802		

P<0.05 was considered to indicate a statistically significant difference (Pearson's correlation). TFF, trefoil factor.

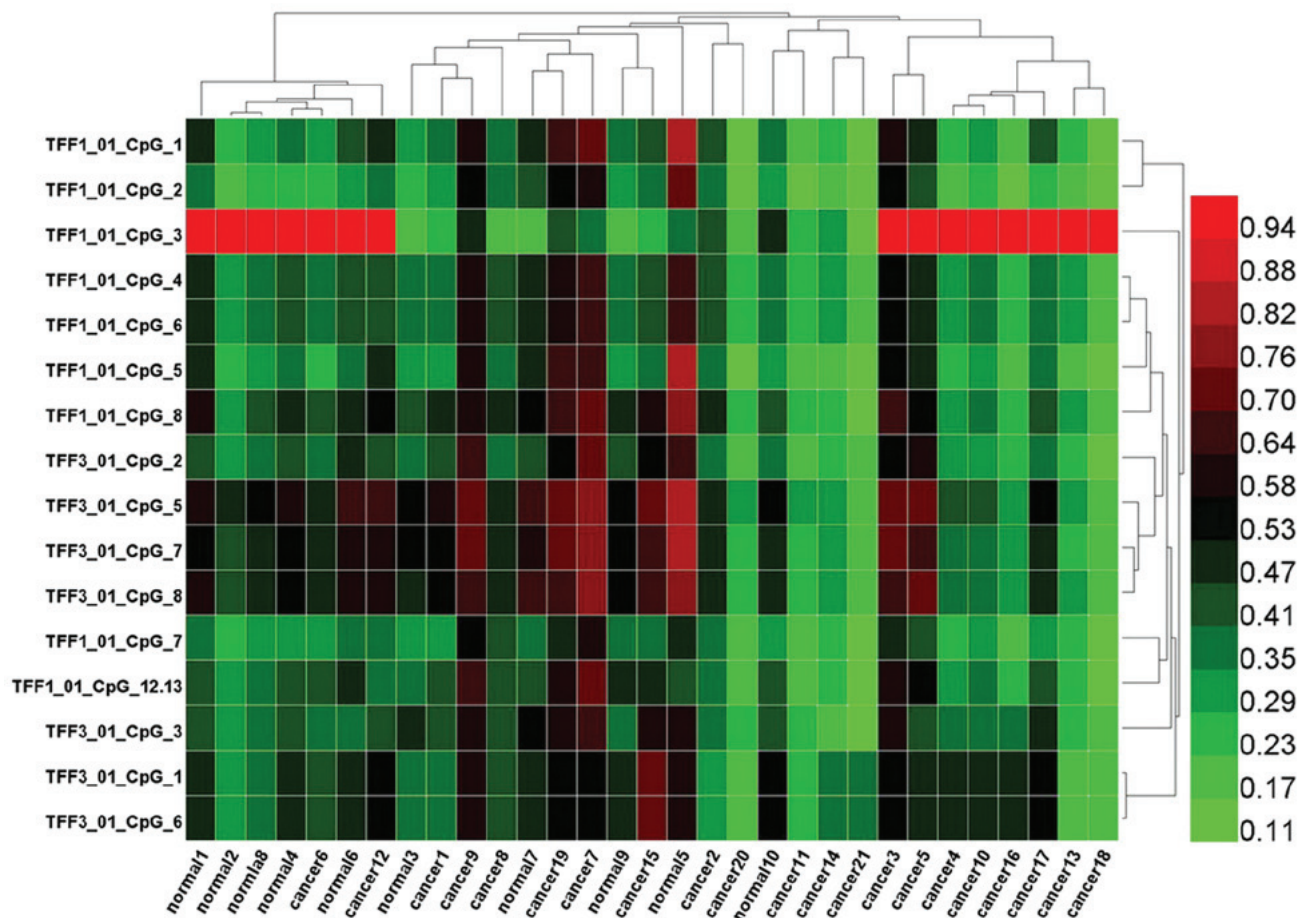


Figure 3. Two-way hierarchical cluster analysis of 21 cancer tissue and 10 normal tissue samples (columns) and DNA-methylation of CpG Units in promoter regions (rows). DNA-methylation levels are depicted in this heatmap on a continuous scale from light green (unmethylated) to light red (100% methylated). Poor quality data is shown in black. Less-dominant clustering was found in cancer or normal tissues. The hierarchical cluster algorithm could not separate colon cancer samples from normal tissue samples.

highest expression of TFF3 was observed in the LoVo cells. Both RT-qPCR and western blot analysis demonstrated that transfection with a TFF3 expression plasmid resulted in an

enhanced expression of TFF3 in the HT29 cells (Fig. 5B). The Cell Counting kit-8 (CCK-8) assay revealed an apparently higher proliferation in the pIRES2-TFF3-transfected cells than

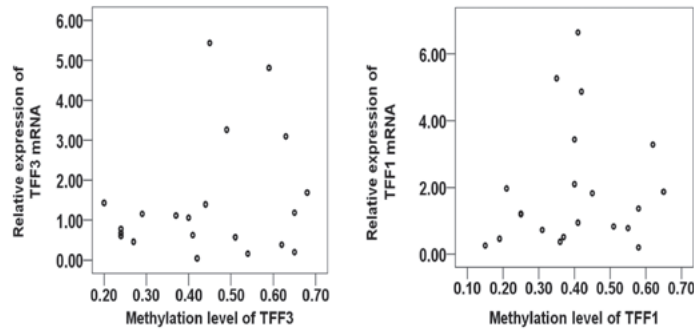


Figure 4. Correlation analysis between the promoter methylation level and mRNA expression of TFF1 or TFF3. No apparent variation trends were observed from the scatter diagrams for TFF1 or TFF3. TFF, trefoil factor.

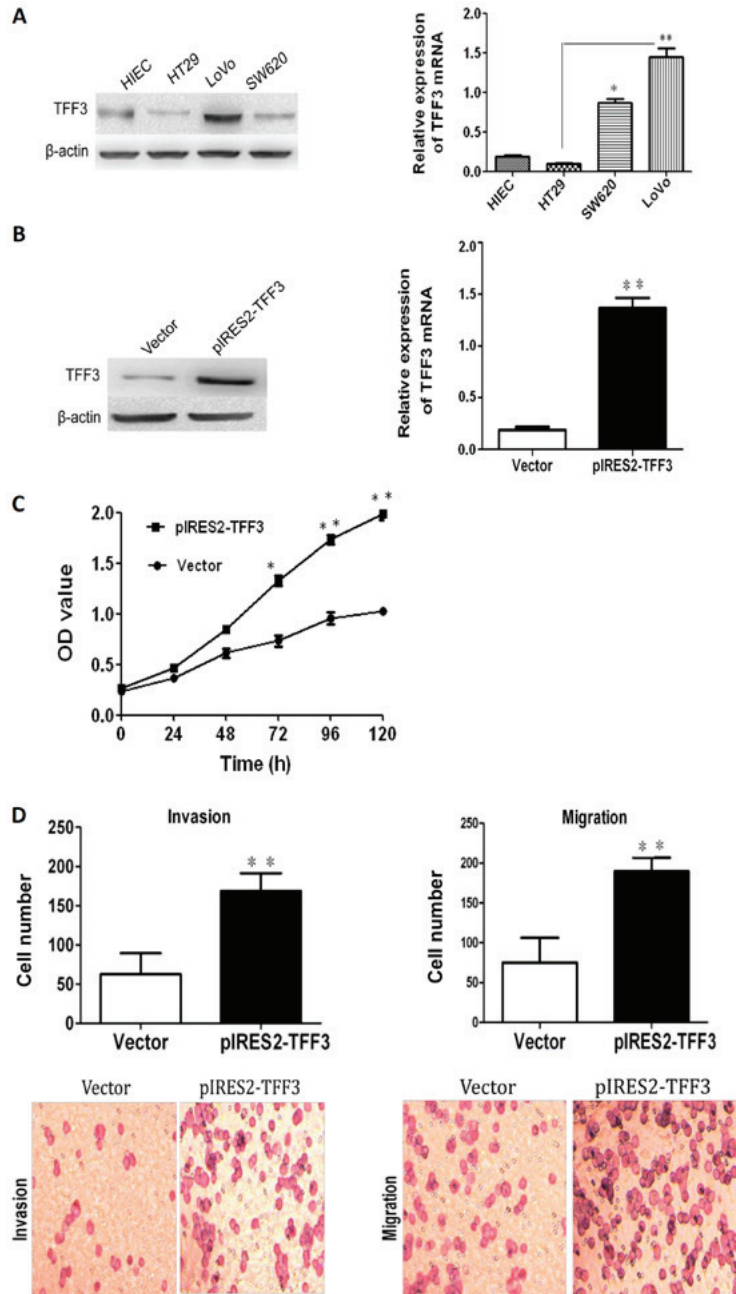


Figure 5. The overexpression of TFF3 promotes the proliferation, migration and invasion capacities of the HT29 cells. (A) Both western blot analysis and RT-qPCR revealed that TFF3 expression in the HT29 and LoVo cells were the lowest and highest, respectively. (B) TFF3 expression was found to be enhanced significantly at the mRNA and protein level following transfection with the TFF3 expression plasmid. (C) CCK-8 assay revealed that the overexpression of TFF3 markedly increased the proliferation of the HT29 cells. (D) Transwell chamber assay displayed that the migration and invasion of the HT29 cells was markedly enhanced following the overexpression of TFF3.

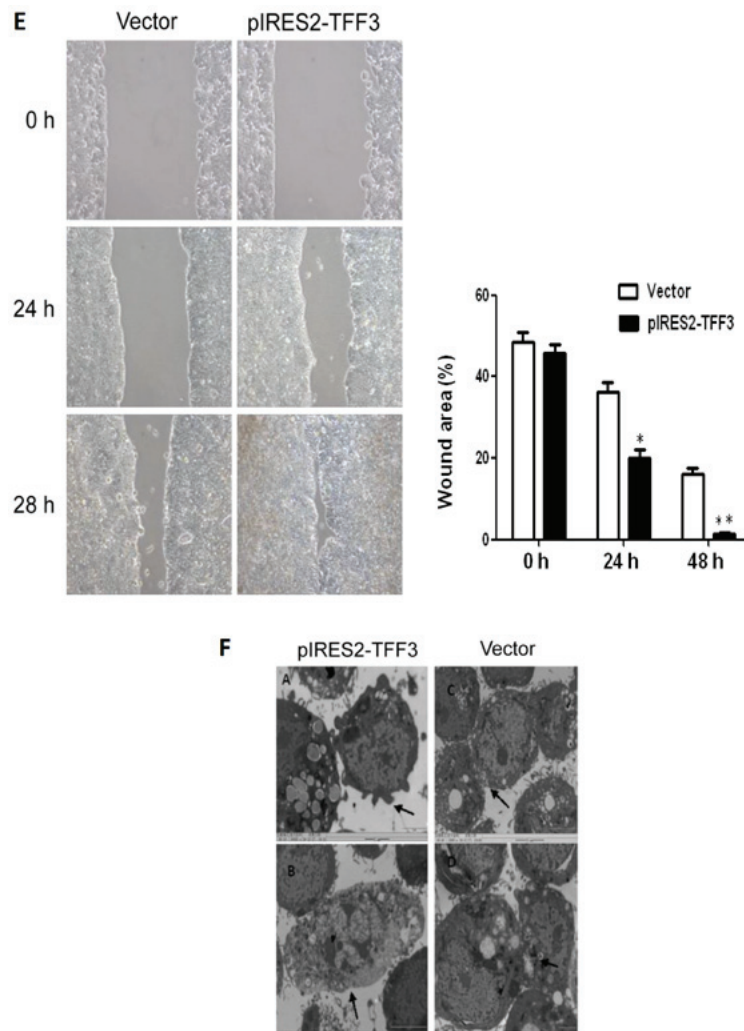


Figure 5. Continued. (E) The migration of the HT29 cells was also markedly increased according to wound healing assay. (F) Compared with the control group, the pIRES2-TFF3-transfected cells exhibited less pseudopodia (A), a reduced number of villi (B) and fewer intercellular junctions (C and D). An increased number of polygonal or spindle-like shaped cells in the TFF3 overexpression group was also observed (B). * $P < 0.05$ and ** $P < 0.01$ vs. control (HIEC) group or the empty vector (Vector). TFF, trefoil factor.

in the empty vector-transfected controls (Fig. 5C). An elevated expression of TFF3 was also found to have increased the invasive and migratory ability of the pIRES2-TFF3-transfected cells (Fig. 5D). Furthermore, wound healing assay revealed that the pIRES2-TFF3-transfected cells migrated at a more rapid rate (as shown by the wound closure speed) than the empty vector-transfected cells (Fig. 5E). Lastly, compared with the control group, the pIRES2-TFF3-transfected cells exhibited fewer intercellular junctions and a reduced number of villi and less pseudopodia. An increased number of polygonal or spindle cells in the TFF3 overexpression group was also observed (Fig. 5F).

Downregulation of TFF3 inhibits CCC proliferation, migration and invasion. TFF3 was silenced in the LoVo cells, which expressed the highest levels of TFF3, via shRNA transfection in order to further assess the effects of TFF3 on cancer progression. As shown in Fig. 6A, both RT-qPCR and western blot analysis revealed that TFF3 expression was markedly reduced following transfection with the shRNA sequences. The downregulation of TFF3 notably reduced the

proliferation of the LoVo cells, as indicated by the results of CCK-8 assay (Fig. 6B). The invasive and migratory abilities of the LoVo cells were also found to be markedly reduced following the knockdown of TFF3, as shown by the Transwell assay results (Fig. 6C). Lastly, the wound healing assay also demonstrated that the migratory capacity of the LoVo cells was impaired by the silencing of TFF3 (Fig. 6D).

TFF3 accelerates the EMT process of CCCs. The expression of EMT markers was examined by both western blot analysis and RT-qPCR to confirm whether TFF3 promotes cancer progression through EMT. As illustrated in Fig. 7A and C, the elevated expression of TFF3 in the HT29 cells resulted in the downregulation of E-cadherin, a well-established epithelial marker, at both the protein and mRNA level. TFF3 expression also promoted an increase in the mRNA and protein levels of the mesenchymal markers, Twist1, Snail and Vimentin. Furthermore, the shRNA-mediated knockdown of TFF3 upregulated E-cadherin expression, and suppressed the expression of Twist1, Snail and Vimentin in the LoVo cells at both the protein and mRNA level (Fig. 7B and C).

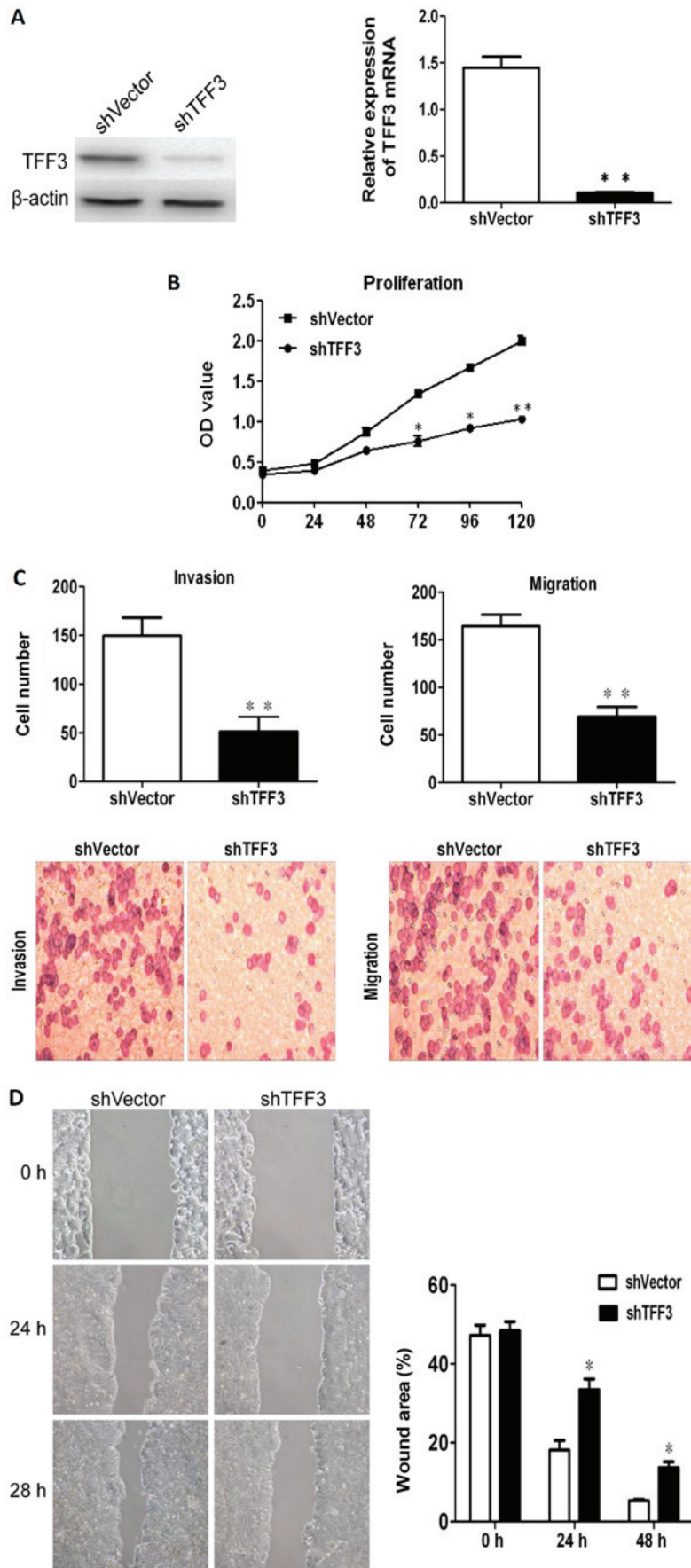


Figure 6. Knockdown of TFF3 notably reduces the proliferation, migration and invasion of LoVo cells. (A) TFF3 expression was suppressed by shRNA transfection, as shown by both western blot analysis and RT-qPCR. (B) CCK-8 assay revealed that the silencing of TFF3 significantly decreased the proliferation of the LoVo cells. (C) The migration and invasion of LoVo cells were markedly suppressed following the silencing of TFF3, as shown by Transwell chamber assay. (D) Scratch wound healing assay demonstrated that the migration of the LoVo cells was markedly reduced by the silencing of TFF3. * $P < 0.05$ and ** $P < 0.01$ vs. shvector. TFF, trefoil factor.

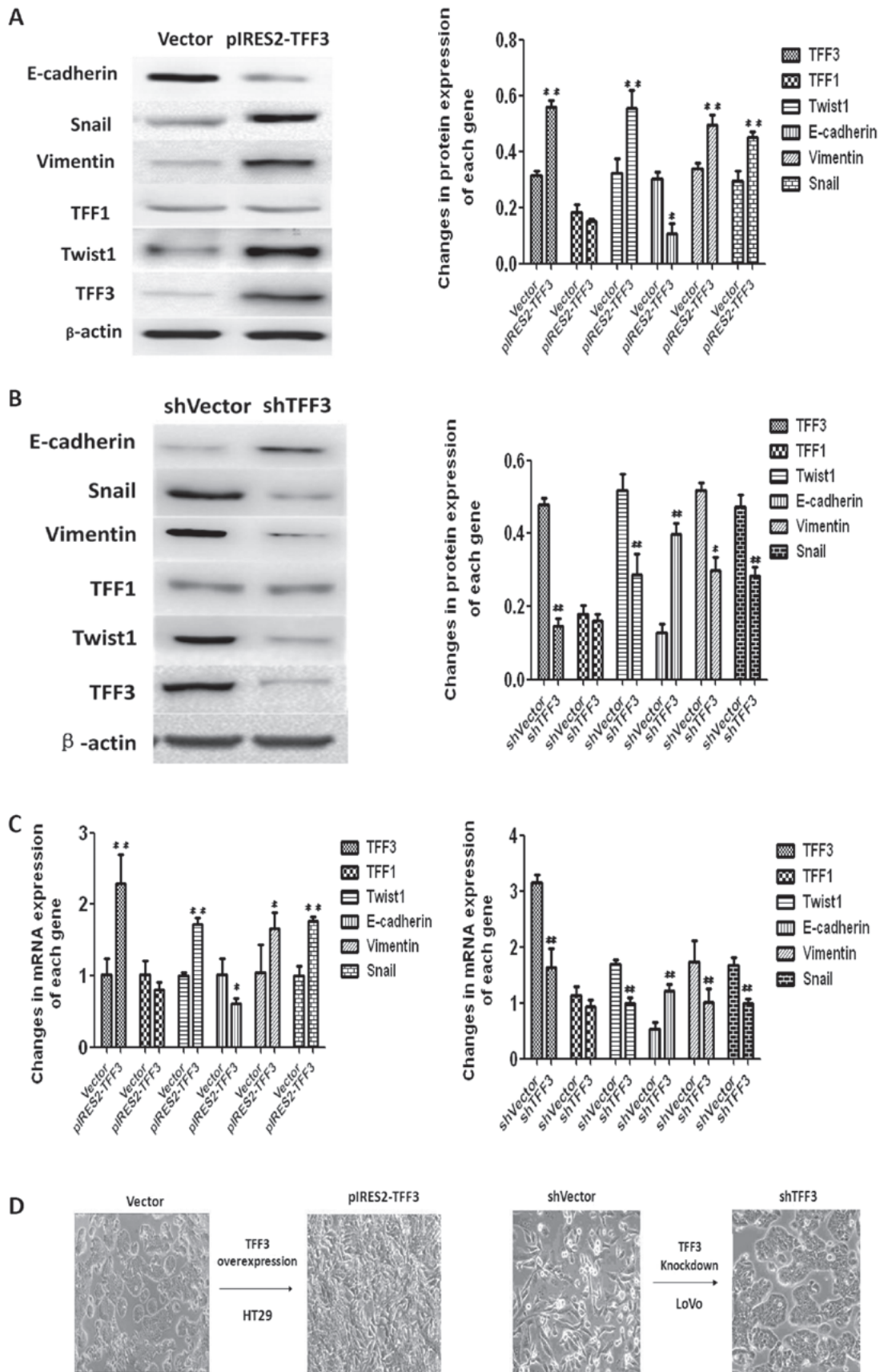


Figure 7. TFF3 induces the EMT process in colorectal cancer cells. (A) Western blot analysis demonstrated that the enforced expression of TFF3 in HT29 cells increased the protein expression of Twist1, Snail and Vimentin, while it suppressed E-cadherin expression. (B) The downregulation of TFF3 expression in the LoVo cells decreased the protein expression of Twist1, Snail and Vimentin, while it enhanced E-cadherin expression. (C) The same results were observed at the mRNA level when TFF3 was overexpressed or silenced. (D) EMT-like morphological changes in cells following the overexpression or silencing of TFF3. The morphology of the HT29 cells changed from a round or volmer-weber mode into a triangular or spindle form following the overexpression of TFF3. LoVo cells displayed a reversed morphological change from the scattered cord-like form to the round, rectangular or clustered pattern after the silencing of TFF3. *P<0.05 and **P<0.01vs. empty vector (Vector) or shVector. TFF, trefoil factor.

The EMT-like morphological changes in the cells were also observed under an optical microscope. The shape of the HT29 cells changed from a round or volmer-weber mode into a triangular or spindle form following the overexpression of TFF3. LoVo cells displayed a reversed morphological changes from the scattered cord-like forms to the round, rectangular or clustered patterns following the silencing of TFF3 (Fig.7D).

Discussion

Studies have indicated that TFF expression may produce undesirable outcomes if overexpressed in tumor tissues, although these proteins have a number of beneficial cytoprotective effects. As a secreted protein, the serum or tissue levels of TFF3 or both TFF1 and TFF3 have been reported to be biomarkers for several malignancies (30-37). Huang *et al* (38) reported that TFF3 mRNA expression was upregulated in CRC, although not significantly, when compared with paired normal colonic mucosa. TFF3 mRNA is also elevated in CRCs with lymph node metastasis when compared with that of non-metastatic cancer. Our previous study observed higher protein levels of TFF1 and decreased levels of TFF3 in cancer tissue than in adjacent normal tissue via immunohistochemistry, and revealed that a higher expression of TFF3 was associated with lymph node metastasis, TNM stage and a poor prognosis (39). In the present study, a higher number of samples were used to confirm the mRNA expression levels of both TFF1 and TFF3 and verify previous results. The results of the present study confirmed the elevated expression levels of both TFF1 and 3 in neoplastic tissues compared with adjacent normal tissues. Moreover, a higher TFF1 mRNA expression was associated with metastasis prior to treatment, TNM staging and CRM, but was not associated with survival. On the other hand, a higher expression of TFF3 was associated with histological type, invasion depth, lymph node number, metastasis prior to treatment, TNM staging, recurrence or metastasis after surgery and poor survival, indicating that higher expression of TFF3 is predominantly associated with cancer malignancy. Thus, TFF3 expression in CRC tissues may be a novel prognostic factor.

Changes in DNA methylation of certain tumor suppressor genes and consecutive changes in mRNA expression are one of the earliest events in the development of CRC, often occurring prior to the appearance of mutations in well-known genes, including the adenomatous polyposis coli gene (40-42). TFF3 overexpression associated with specific promoter CpG hypomethylation has been identified in mouse and human hepatocellular carcinoma tissues, and promoter CpG hypomethylation of TFF3 has been posited to be a potential mechanism of TFF3 overexpression in hepatocellular cancer (43). Vestergaard *et al* (44) reported the hypomethylation of TFF1 and TFF3 promoter regions in prostate cancer (PC) cell lines, with significantly increased TFF expression compared with both benign immortalized prostate cell lines and PC cell lines not expressing TFF. In clinical samples, methylation of the TFF1 and TFF3 promoter regions has been observed to be significantly lower in PC samples compared with benign prostatic hyperplastic samples. Moreover, the hypomethylation of CpG sites has also been reported in mouse small intestine tissue overexpressing TFF3 (45) and in human

pancreatic ductal carcinomas (46). Based on these data, the present study also evaluated the levels of promoter methylation of TFF1 and TFF3 in CRC samples in order to determine whether their expression levels at the transcriptional level are regulated by their promoter methylation patterns. The results revealed that there was no apparent difference in methylation levels between neoplastic and normal tissue. In addition, no correlation between methylation level and mRNA expression of TFF1 or TFF3 in CRC samples was observed ($P>0.05$), which may indicate that the mRNA expression of the two genes in CRC tissues is not determined by promoter methylation. However, this may have been influenced by the insufficient number of samples, and further research is required to confirm these results.

Although TFF3 is associated with malignancy in a number of types of cancer, its underlying signaling pathway is not yet well understood. TFF3 may promote the development of malignant tumors by acting both directly on malignant cells and indirectly on the vasculature (29). TFF3 has also been reported to participate in the metastasis of breast cancer through the repression of cadherin 1 via STAT3 (19). TFF3 was also first associated with Twist-mediated cell migration in gastric cancer cells (47). However, controversial reports have emerged, raising doubts regarding the exact role of TFF3 in cancer progression. Uchino *et al* (48) reported that TFF3 inhibited the growth of CRC cells. It was also shown that TFF3 overexpression markedly decreased the proliferation of the SW837 and LoVo CCC lines (49). TFF3 has also been reported to promote the migration and invasiveness of rat fibroblasts (50), the migration of gastric mucosal epithelial cells (51), and the proliferation, viability and survival of breast cancer (17) and prostate carcinoma cells (52,53).

The present study performed a number of functional tests on the role of TFF3 to explore its involvement in colon cancer progression. The results revealed that the overexpression of TFF3 intensified proliferation, migration and invasion capacities of HT29 cells, and induced an increase in Twist1, Snail Vimentin levels while causing a decrease in the levels of E-cadherin expressions at both the protein and mRNA levels, indicating that cells were potentially undergoing EMT. On the contrary, the knockdown of TFF3 resulted in opposite effects in the LoVo cells. Moreover, the EMT-like morphological changes in cells were observed following the overexpression or silencing of TFF3. The HT29 cells lost the epithelial forms gradually and obtained mesenchymal patterns following the overexpression of TFF3, while the LoVo cells demonstrated a reversed morphological changes after the silencing of TFF3. Therefore, these results suggest that TFF3 may promote colon cancer progression via EMT.

In conclusion, the results of the present study suggest that TFF3 may be a novel biomarker for survival estimates of patients with colon cancer, and may promote the malignant progression of CCCs by activating the EMT process. In addition, the present study also provided preclinical proof that TFF3 may be a potential target for the treatment of CRC.

Acknowledgements

Not applicable.

Funding

This study was supported by the Natural Science Fund of the Xin Jiang Uyghur Autonomous Region (grant no. 2019D01C253).

Availability of data and materials

All data generated or analyzed during this study are included in this published article or are available from the corresponding author on reasonable request.

Authors' contributions

AY and HW conceived and designed the study. AY wrote the first draft of the manuscript. PS and RT assisted with the collection of the clinicopathological materials and the overall statistics and analysis of the data. CF and FW assisted in performing experiments, such as transfection, proliferation, invasion, migration, RT-qPCR and western blot analysis. All authors have read and approved the final manuscript.

Ethics approval and consent to participate

This study was approved by the Ethics Committee of the Tumor Hospital of Xin Jiang Medical University (approval no. 20110110, 10 January, 2011) and all procedures followed the principles of the Declaration of Helsinki. All subjects provided written informed consent prior to participation.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests

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