



# Efficacy of Stiripentol in Dravet Syndrome with or without *SCN1A* Mutations

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**Background and Purpose** The aim of this study was to determine the effectiveness of stiripentol (STP) add-on therapy to valproate and clobazam in patients with Dravet syndrome (DS) according to the presence of mutations in the sodium channel alpha-1 subunit gene (*SCN1A*).

**Methods** We performed direct sequencing to analyze *SCN1A* mutations in 32 patients with clinically confirmed with DS, and classified them into mutation (pathogenic or likely pathogenic) and nonmutation groups based on American College of Medical Genetics and Genomics guidelines. We compared the efficacy of STP in reducing the seizure frequency between the two groups.

**Results** The 32 patients comprised 15 patients in the mutation group (with definite *SCN1A* mutations) and 17 patients in the nonmutation group with variants of unknown significance or benign variants. The clinical profile did not differ significantly between the mutation and nonmutation groups. The seizure frequency relative to baseline reduced by  $72.53 \pm 23.00\%$  (mean  $\pm$  SD) in the mutation group versus  $50.58 \pm 40.14\%$  in the nonmutation group ( $p = 0.004$ ). The efficacy of STP was better in DS patients with missense mutations than in those with truncation mutations, and was not favorable in patients with mutations at linkers between domains (DII–DIII), linkers between segments of domain I (DI S1–S2), or splice sites, although the small number of patients prevented statistical analyses.

**Conclusions** The efficacy of STP was significantly better in DS patients with definite *SCN1A* mutations than in those without mutations.

**Key Words** Dravet syndrome, *SCN1A*, sodium channel alpha-1 subunit, stiripentol.

## INTRODUCTION

Dravet syndrome (DS) is one of the most intractable epileptic encephalopathies, and it is characterized by febrile seizures beginning in the first year of life, multiple seizure types, and psychomotor function regression.<sup>1,2</sup> About 70% of DS patients are known to carry mutations in the sodium channel alpha-1 subunit gene (*SCN1A*).<sup>3-5</sup> It has been revealed that malfunction of inhibitory neurons underlies the brain hyperexcitability evident in epilepsy patients with *SCN1A* mutations.<sup>6</sup>

Stiripentol (STP) at clinically relevant concentrations enhances central GABA neurotransmission by increasing the duration of GABA-A receptor channel opening and interferes with GABA reuptake and metabolism.<sup>7-9</sup> STP was approved for DS as an orphan drug throughout Europe and other countries in the early 2000s, and it is still the only drug specifically indicated for DS in combination with valproate and clobazam.<sup>10</sup> Previous studies have found that this combination shows short-term efficacy in reducing the frequency and duration of seizures.

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However, the etiology of DS remains unknown in about 20% of DS patients, and additional genes including *GABRG2* and *SCN1B* are probably implicated.<sup>11</sup> In the present study, we therefore aimed to determine the efficacy of STP in controlling seizures according to the presence of definite *SCN1A* mutations in patients with DS.

## METHODS

### Patients and stiripentol efficacy assessments

In total, 32 unrelated pediatric patients were clinically diagnosed with typical DS at Severance Children's Hospital from January 2007 to May 2015. All of these patients met the following criteria:<sup>1,2</sup> 1) prolonged febrile and nonfebrile seizures within the first year of a life, 2) many different seizure types including myoclonic seizures, 3) frequent seizures when ill or having a fever during childhood, and 4) normal development in the early years followed by progressive developmental delay.

In accordance with known guidelines,<sup>9,10</sup> STP was introduced at a dosage of 25 mg/kg/day, with an ultimate target dosage of 100 mg/kg/day over 4 weeks. When a side effect occurred, the STP dosage was increased more slowly or adjusted in some other way so as to minimize the side effect. The occurrence of any drug interactions resulted in the maximum dosages of valproate and clobazam being decreased to 20 and 0.5 mg/kg/day, respectively.

Thirty-two patients were classified into a mutation group with pathogenic/likely pathogenic variants ( $n=15$ ) and a nonmutation group with variants of unknown significance (VOUS) or benign variants ( $n=17$ ). All patients were followed up on a monthly basis, with information obtained using medical records and seizure diaries, and missing data collected by telephone calls. The baseline seizure frequency was obtained from the total number of all clinical seizures that occurred during the 12-week period preceding STP medication. The efficacy was assessed by comparing the baseline seizure frequency with that observed during the final 12 weeks before the last visit. The efficacy of STP in seizure control was compared between the two groups using the mean percentage reduction from the baseline seizure frequency as an exploratory efficacy variable. We also examined the efficacy of STP in patients according to the type of mutation (truncation or missense) and the protein location of the mutation.

In statistical analyses, independent *t*-tests were used to compare data between the mutation group (pathogenic and likely pathogenic) and the nonmutation group (VOUS and benign). Two-sided Fisher exact tests and Pearson's chi-square tests were also applied. PASW statistics software (version 18.0, SPSS Inc., Chicago, IL, USA) was used to implement

the statistical analyses, and *p* values <0.05 were considered statistically significant.

### SCN1A analysis and interpretation of variants

Direct sequencing of all coding exons and flanking intron sequences of *SCN1A* was performed using primer pairs designed by the authors. Sequence variations were analyzed by comparison with the corresponding wild-type sequence. When pathogenic or likely pathogenic variants were consistent with the patient's phenotype, final validation using another type of confirmatory assay and a parental study was planned. The variants were interpreted in accordance with the five-tier classification system recommended by the American College of Medical Genetics and Genomics/Association for Molecular Pathology (ACMG/AMP) using a step-by-step approach. VOUS (and especially missense variants) were prioritized according to population frequency, ACMG/AMP score, and the patient's clinical phenotype.<sup>12</sup> Parental studies were scheduled to detect *de novo* occurrence. For patients without mutations, the presence of copy-number variations including large exon deletions and duplications was confirmed by multiplex ligation-dependent probe amplification (MLPA) using the SALSA MLPA P245 Microdeletion Syndrome kit for *SCN1A* (MRC Holland, Amsterdam, the Netherlands).

The study protocol was approved by the Institutional Review Board of Yonsei National University Hospital (IRB No. 4-2016-0921). Written informed consent was obtained from the parents of all enrolled patients.

## RESULTS

### Patient demographics

The 32 patients enrolled in this study comprised 13 males and 19 females with an age at seizure onset of  $7.08 \pm 6.84$  months (mean  $\pm$  SD; range 3.0–15.0 months). Their age at the initiation of STP medication was  $73.08 \pm 51.48$  months (range 12.0–192.0 months), their STP dosage was  $42.73 \pm 17.06$  mg/kg/day, and their medication duration was  $34.44 \pm 14.0$  months (range 3.0–81.0 months). We also compared the baseline characteristics between the mutation group (pathogenic or likely pathogenic variants) and nonmutation group. The STP dose did not differ significantly between the mutation group ( $44.80 \pm 16.20$  mg/kg/day) and nonmutation group ( $40.91 \pm 18.08$  mg/kg/day) ( $p=0.527$ ), nor did any of the other clinical characteristics. The clinical and demographic profiles of the patients are summarized in Table 1.

### SCN1A mutations

*SCN1A* analysis revealed pathogenic or likely pathogenic

variants in 15 patients, comprising 10 truncations (5 nonsense mutations and 5 frameshift mutations), 4 missense mutations, and 1 splice-site mutation. The detailed genotypes are presented in Table 2. VOUS were present in eight patients, while nine patients had benign variants (Table 3). The locations of pathogenic and likely pathogenic variants were defined using a website (<http://www.uniprot.org>) showing gene locations (Table 2 and Fig. 1). Mutations were present at S1–S2 loop segments in three patients, at S5–S6 pore-loop segments in two patients, at linkers between domains in two patients, at the C-terminal in two patients, at the fourth transmembrane segment (S4) in two patients, and at other transmembrane segments in four patients.

**Response to stiripentol according to *SCN1A* mutations**

The seizure frequency reduced by 72.53±23.00% in the mutation group versus 50.58±40.14% in the nonmutation group ( $p=0.004$ ) (Fig. 2). The efficacy of STP could unfortunately not be analyzed statistically according to mutation type or site in DS patients with mutations due to the small number of patients in each group (Table 2). Nonetheless, we did find the following characteristic tendencies: The seizure frequency reduced by 70.50±22.32% in 10 patients with truncation mutations and by 87.50±11.90% in 4 patients with missense mutations. In addition, according to the mutation site, STP was intriguingly 100% effective for two mutations in the voltage sensor segment (S4) and another segment (S3), while it did not exhibit favorable efficacy in three patients with mutations located at linkers between domains (DII–DIII),

**Table 1.** Patient characteristics according to the presence of *SCN1A* mutations

	Mutation	No mutation	<i>p</i>
Gender (female/male)	11/4	8/9	0.131
Age at seizure onset (years)	0.44±0.19	0.72±0.75	0.166
Age when diagnosed with DS (years)	4.00±3.76	4.11±4.02	0.933
Age at STP medication initiation (years)	6.06±3.88	6.11±4.74	0.974
Dose of STP (mg/kg/day)	44.80±16.20	40.91±18.08	0.527

Data are *n* or mean±SD values.

DS: Dravet syndrome, *SCN1A*: sodium channel alpha-1 subunit gene, STP: stiripentol.

**Table 2.** *SCN1A* mutational analysis in the mutation group

Patient no.	Nucleotide change	Amino acid change	ACMG/AMP classification	Mutation type	Protein location	STP response (%)*
Truncation mutations						
1	c.3733C>T	p.R1245X	P	Nonsense	DIII S1–S2	75
2	c.3633T>A	p.C1211X	LP	Nonsense	DII–DIII	33
3	c.4933C>T	p.R1645X	LP	Nonsense	DIV S4	100
4	c.4219C>T	p.R1407X	P	Nonsense	DIII S5–S6	75
5	c.459G>A	p.W153X	LP	Nonsense	DI S1–S2	80
6	c.3576_3580delTCAAA	p.I1194CfsX21	LP	Frameshift	DII–DIII	70
7	c.5536_5539del	p.K1846SfsX11	P	Frameshift	C-terminal	84
8	c.596_602+3delCATTGCGTA	p.T199SfsX15	LP	Frameshift	DI S1–S2	38
9	c.5390delC	p.A1797EfsX4	LP	Frameshift	C-terminal	95
10	c.408delinsGA	p.C136WfsX14	LP	Frameshift	DI S1	55
Missense mutations						
11	c.580G>A	p.D194N	LP	Missense	DI S3	100
12	c.580G>A	p.D194N	LP	Missense	DI S3	95
13	c.5341T>C	p.Y1781H	LP	Missense	DIV S6	75
14	c.4261G>T	p.Gly1421Trp	LP	Missense	DIII S5–S6	80
Splice-site mutation						
15	c.2415+1G>A		LP	Splice site		33

\*Mean percentage reduction relative to the baseline seizure frequency.

ACMG/AMP: American College of Medical Genetics and Genomics/Association for Molecular Pathology, D: domain, LP: likely pathogenic, P: pathogenic, S: segment, *SCN1A*: sodium channel alpha-1 subunit gene, STP: stiripentol.

**Table 3.** *SCN1A* mutational analysis of the nonmutation group

Patient no.	Nucleotide change	Amino acid change	ACMG/AMP classification	Protein location	STP response (%)*
16	c.4168G>A	p.V1390M	VOUS	DIII S5-S6	0
17	c.1279G>A	p.G427L	VOUS	DI-DII54	0
	c.3515A>C	p.E1172A	VOUS	DII-DIII	0
18	c.1279G>A	p.G427L	VOUS	DI-DII	97
19	c.1279G>A	p.G427L	VOUS	DI-DII	0
	c.3515A>C	p.E1172A	VOUS	DII-DIII	0
20	c.4778T>A	p.I1593N	VOUS	DIV S2	66
21	c.818T>A	p.L273Q	VOUS	DI S5	50
22	c.1069A>T	p.N357Y	VOUS	DI S5-S6	95
23	c.4133A>C	p.N1378T	VOUS	DIII S5-S6	100
24	c.383+66T>C		Benign		30
	c.965-21C>T		Benign		30
	c.1028+21T>C		Benign		30
	c.1029-68C>T		Benign		30
	c.1377+52G>A		Benign		30
	c.1663-47T>G		Benign		30
	c.2292T>C	p.V764=	Benign	DII S1	30
	c.3199A>G	p.A1067T	Benign	DII-DIII	30
25	c.383+64A>G		Benign		86
	c.1170+75C>A		Benign		86
	c.1028+21T>C		Benign		86
	c.1212A>G	p.V404=	Benign	DI S6	86
26	c.1028+21T>C		Benign		60
	c.1029-47T>G		Benign		60
	c.1212A>G	p.V404=	Benign	DI S6	60
	c.2292T>C	p.V764=	Benign	DII S1	60
27	c.1212A>G	p.V404=	Benign	DI S6	95
	c.2292T>C	p.V764=	Benign	DII S1	95
28	c.1170+75C>A		Benign		0
29	c.1028+21T>C		Benign		25
	c.1170+75C>A		Benign		25
30	c.1170+75C>A		Benign		0
31	c.1170+75C>A		Benign		90
32	c.1028+21T>C		Benign		66
	c.1170+75C>A		Benign		66

\*Mean percentage reduction relative to the baseline seizure frequency.

D: domain, S: segment, *SCN1A*: sodium channel alpha-1 subunit gene, STP: stiripentol, VOUS: variants of unknown significance.

linkers between segments of domain I (DI S1-S2), or splice sites. Moreover, the efficacy of STP was similar regardless of the mutation site of *SCN1A*.

With regard to side effects of STP, two patients reported feeling sedated even after the STP dosages had been adjusted, and one patient experienced loss of appetite. No major side effects or adverse events were observed.

## DISCUSSION

We have compared the efficacy of STP between patients with pathogenic or likely pathogenic variants of *SCN1A* and those with VOUS or benign variants of *SCN1A*. STP combined with valproate and clobazam significantly reduced the seizure frequency in patients with DS due to definite *SCN1A* mutations.

DS provokes a devastating epileptic encephalopathy, and affected patients present with cognitive impairment, autistic

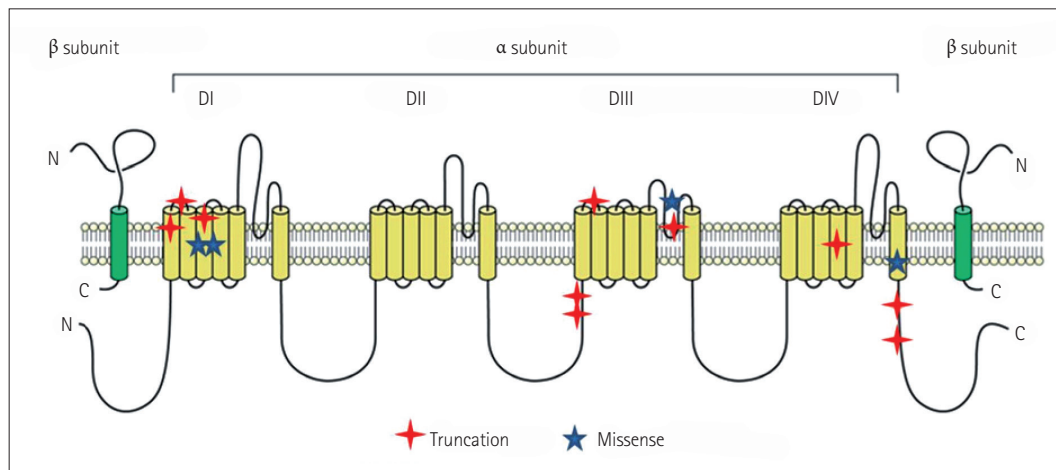


Fig. 1. Protein locations of sodium channel alpha-1 subunit gene (*SCN1A*) mutations.

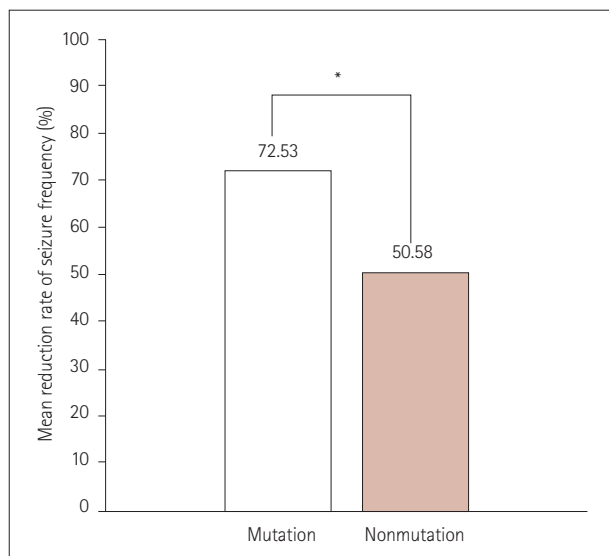


Fig. 2. Efficacy of stiripentol according to the presence of *SCN1A* mutations. \* $p=0.004$ . *SCN1A*: sodium channel alpha-1 subunit gene.

behavior, and psychiatric disorders.<sup>1,2</sup> *De novo* heterozygous mutations in *SCN1A*, which encodes a subunit of the neuronal voltage-gated sodium channel Nav1.1, result in faulty sodium channels in more than 70% of DS patients. *SCN1A* is a widely investigated gene due to its involvement in epilepsy and other neuronal disorders, and its expression in specific types of neurons and its role in the generation of action potentials have been studied intensively. The effects of *SCN1A* mutations on epilepsy have been revealed using *SCN1A*-specific knock-out or knock-in mice and a DS-specific reprogramming stem cell model, with the results indicating that the malfunction of inhibitory neurons is related to brain hyperexcitability.<sup>6</sup>

Based on the pathogenesis of DS, certain antiepileptic drugs (AEDs) including carbamazepine, oxcarbazepine, la-

motrigine, and phenytoin should be avoided since they can aggravate seizures.<sup>13,14</sup> Conversely, drugs that enhance GABAergic neuron function including valproate, clobazam, and STP hold promise in controlling intractable seizures in patients with DS. Combining STP with valproate and clobazam may therefore be particularly effective in reducing the seizure frequency.

STP is a new-generation AED that enhances GABAergic transmission, and was first used to treat DS in the early 2000s.<sup>14</sup> STP augments GABAergic activity by extending the mean open time of GABA-A receptors and increases GABA levels by interfering with its reuptake by acting as a positive allosteric modulator of these receptors. STP also inhibits lactate dehydrogenase, an enzyme that increases neuron activity by stimulating ATP-sensitive potassium channels. In addition, STP increases the concentration and duration of an AED by inhibiting cytochrome P450 enzymes.<sup>7-9</sup> Many previous studies found that the seizure frequency was significantly lower for STP than in placebos.<sup>14-22</sup> Inoue et al.<sup>15-17</sup> conducted an open-label multicenter study and found that STP was an effective add-on therapy to reduce the seizure frequency in Japanese patients with DS. Chiron et al.<sup>18</sup> conducted a randomized, double-blinded, placebo-controlled trial of add-on STP therapy in 41 patients with DS, and found 71% responders in the STP group compared to 5% responders in the placebo group. De Liso et al.<sup>22</sup> investigated the efficacy of the STP in a cross-sectional study, and found that STP add-on therapy reduced the seizure frequency and severity in DS. However, none of these studies classified the effect of STP according to *SCN1A* mutation, since all patients with DS were included irrespective of whether or not they had a mutation. In contrast, the present study compared the efficacy of STP in the presence or absence of *SCN1A* mutations in patients with DS, with the results showing that STP was more effective in patients with

definite *SCN1A* mutations.

*SCN1A* consists of four domains (DI–DIV), six transmembrane segments (S1–S6) including voltage sensor (S4) and pore-loop (S5–S6) regions, and connecting cytoplasmic loops or linkers.<sup>4,5</sup> Ishii et al.<sup>23</sup> reported that truncation mutations were distributed throughout the *SCN1A* protein in Japanese DS patients with mutations affecting particular regions within the channel, with half of missense mutations being in the pore region. We also demonstrated that truncation mutations are distributed more randomly in specific areas of the sodium channel. Ishii et al.<sup>23</sup> also examined the response to AEDs as an add-on therapy according to the *SCN1A* mutation type (truncation or missense variants), and found that the most effective AEDs in patients with truncation mutations were STP, topiramate, and bromide (in decreasing order of efficacy), whereas the most effective AEDs in patients carrying missense mutations were clonazepam, bromide, and topiramate (also in decreasing order of efficacy). In contrast to a previous report,<sup>23</sup> we found that efficacy of STP was somewhat better in patients with missense mutations than in those with truncation mutations; however, the small number of patients with missense mutations meant that statistical analysis could unfortunately not be performed. Nonetheless, we can suggest that STP is effective even in missense mutations if these mutations cause changes in the structure of sodium channels that contribute to pathogenesis. We also investigated whether STP was more effective in patients with mutations at specific locations, but failed to find any significant differences. One particularly notable finding was that seizures were poorly controlled in patients with *SCN1A* mutations at linkers between segments or domains other than in the pore-forming region. These results might be related to pathomechanisms of inhibitory neurons, but further research is required to elucidate the underlying electrophysiologic mechanisms in detail.

This study was subject to some limitations, including the relative smallness of the sample and it being designed as a retrospective review of clinical data. Nonetheless, we were able to demonstrate that STP has better efficacy in DS patients with definite *SCN1A* mutations than in DS patients with VOUS and benign *SCN1A* mutations. Further comparative prospective studies with larger samples are needed to determine the efficacy of STP according to the presence of *SCN1A* mutations.

#### Conflicts of Interest

The authors have no financial conflicts of interest.

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