



Outcomes for localized treatment of large cell neuroendocrine carcinoma of the lung in the United States

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Background: Treatment paradigms for large cell neuroendocrine carcinoma (LCNEC) of the lung are based largely upon small retrospective studies and smaller prospective trials. It is unclear if these tumors behave like non-small cell lung cancer (NSCLC) or small cell lung cancer (SCLC). Data are lacking with regard to the role of radiotherapy (RT). U. S. guidelines recommend that LCNEC be treated as a NSCLC. We sought to perform a cross-sectional study of LCNEC cases to understand treatment paradigms and outcomes in this disease.

Methods: The Surveillance, Epidemiology and End Results database was queried for cases of stage I–III pulmonary LCNEC diagnosed 2004–2013. Treatment groups were defined as no surgery, RT alone, surgery alone, and surgery + RT. The Cox-proportional hazards regression model was used to compare overall survival and cause-specific survival (OS/CSS), stratified by AJCC 6th Staging. Factors that were significant on univariable analysis were included in multivariable analysis.

Results: We identified 1,523 cases of LCNEC, with 748, 177, and 598 cases of stage I, II, and III disease, respectively. In stage I and II disease, RT was associated with improved survival for non-surgical patients, but not for those who underwent surgery. In stage I disease, the adjusted hazard ratios for OS for RT alone, surgery, and surgery + RT were 0.39, 0.21, and 0.22, respectively ($P < 0.001$). In stage II disease, the adjusted hazard ratios for RT alone, surgery, and surgery + RT were 0.51 ($P = 0.15$), 0.39 ($P = 0.004$), and 0.38 ($P = 0.01$), respectively. For patients with stage III disease, RT was associated with improved survival in surgical and non-surgical patients. The adjusted hazard ratios for RT alone, surgery, and surgery + RT were 0.49, 0.43, and 0.36, respectively ($P < 0.001$).

Conclusions: Our findings indicate that non-metastatic LCNEC may be treated as a NSCLC with respect to RT. Prospective studies are necessary to increase our understanding of optimal treatment regimens.

Keywords: Large cell neuroendocrine carcinoma of the lung (LCNEC of the lung); neuroendocrine carcinoma; lung cancer treatment; SEER database

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Introduction

Large cell neuroendocrine carcinoma (LCNEC) comprises approximately 3% of lung malignancies in the United States. The annual age-adjusted incidence is 0.34 cases per 100,000 persons and is rising (1). About 55% of LCNEC is metastatic at time of diagnosis. Like small cell lung cancer (SCLC), LCNEC is a high-grade neuroendocrine tumor with poor prognosis and higher incidence in smokers (2). However, because of its rarity, treatment paradigms are much better established for SCLC than for LCNEC. Until recently, treatment for LCNEC had been based on extrapolation from treatment of SCLC and non-small cell lung cancer (NSCLC) or from small retrospective trials, which generally indicated some benefit from treatment with platinum-based chemotherapy (3-7).

Based on expert opinion and practice experience, for patients with early-stage disease, surgery is recommended as initial treatment (8). Two large, recent retrospective reviews indicate a benefit to adjuvant chemotherapy in patients with early stage, particularly stage IB, LCNEC (8,9). However, neither of these studies established the optimal regimen for such therapy nor the role of RT in treatment.

A number of recent prospective trials have evaluated the effectiveness of chemotherapy regimens traditionally used in NSCLC and SCLC in stage III–IV LCNEC. Platinum-based combination therapy, frequently involving podophyllotoxins such as etoposide or camptothecins such as irinotecan, is standard of care for patients with advanced SCLC. Two multicenter prospective studies with 44 and 49 patients with stage III or IV LCNEC evaluated the efficacy cisplatin and etoposide or irinotecan in advanced LCNEC. Both studies had poor outcomes, similar to or inferior to those seen with SCLC (10,11). A recent retrospective study from the Netherlands compared platinum-etoposide chemotherapy to traditional NSCLC regimens of platinum compounds with gemcitabine, docetaxel, paclitaxel or vinorelbine. This study found a significantly increased median survival of patients receiving NSCLC platinum based regimens (8.5 months), when compared with patients receiving SCLC platinum based regimens (6.7 months) (12).

Despite these advances, data on the use of radiotherapy in LCNEC is severely lacking. Unlike in SCLC, prophylactic cranial irradiation is generally not recommended in LCNEC due to limited data on its efficacy (13,14). However, recent studies suggest that both stereotactic and whole brain irradiation have significant efficacy in patients with LCNEC metastatic to brain (15,16). Rare

malignancies, such as LCNEC, are often best studied using large scale population-based databases with long term follow up such as the National Cancer Institute's Surveillance, Epidemiology, and End Results (SEER) database. In this study, we used SEER data to evaluate the efficacy of surgery and RT in stage I-III LCNEC. We present the following article in accordance with the STROBE reporting checklist (available at <http://dx.doi.org/10.21037/tlcr-20-374>).

Methods

Data source

The SEER Program is the National Cancer Institute's authoritative source for population-based cancer incidence and survival (17) and is considered the gold standard for cancer data collection internationally (18). It is populated with data from national cancer registries and encompasses approximately 34.6% of the United States population (17). The SEER Program is updated annually for follow-up on vital status and routinely undergoes quality-control checks. The study was conformed to the provisions of the Declaration of Helsinki (as revised in 2013). Ethical approval was waived as all research was conducted under and in accordance with the Data-Use Agreement for the 1975–2013 SEER Research Data File (SEER ID 13907, Nov 2015). Informed consent was not necessary as no identifiable data was accessed. Data were collected and analyzed as described in previous reports (19-27).

Sample selection and coding

We queried the SEER database (November, 2015 submission 1973–2013 and November, 2015 submission 1973–2015) (28) to identify all malignant cases of LCNEC [International Classification of Diseases- (ICD-) O-3 code 8013] within the lung and bronchus (ICD-O-3 codes C34.0-C34.3 and C34.8-C34.9), American Joint Committee on Cancer (AJCC) Stages I–III, diagnosed between January 1, 2004 and December 31, 2013. Cases diagnosed at autopsy or that could have 0 days of follow-up (n=1) and cases with unknown treatment (n=28) were excluded.

The following variables were collected and coded: age at diagnosis, sex, race, marital status, insurance status, ICD-0-3 histology, primary site, AJCC 6th Edition Staging, AJCC 6th Edition T, N, M staging, surgery at primary site, and radiation. In SEER, all cancer-directed treatment is recorded only if it is given as part of the initial course of treatment to destroy, modify, control, or remove

cancer tissue.

Statistical analysis

All statistical analyses were carried out using the IBM SPSS Statistics software package (International Business Machines Corporation, Armonk, New York). Associations between treatment and other variables were determined using the Pearson's chi-square test. Because our predictors of interest may be closely related to each other, we tested for and found no evidence of multicollinearity (Table S1). Univariable and multivariable analyses of both overall survival (OS) and cause-specific survival (CSS) was conducted using the Cox Proportional Hazards Ratios (HR) model. 95% confidence intervals are expressed next to corresponding hazard ratios. Tests with two-tailed P values <0.05 were considered statistically significant.

Results

Patient selection and demographics

The SEER query identified 1,523 cases of LCNEC, with 748, 177, and 598 cases of stage I, II, and III disease, respectively. The majority of the cases were in males, including 50.3% of patients with stage I disease, 55.4% of patients with stage II disease and 57.0% of patients with stage 3 disease. 85% of cases of LCNEC identified occurred in white patients, 11% occurred in black patients and 3% occurred in Asian patients. Further demographic information is listed in Table 1.

Treatment

In patients with stage I disease, surgery without radiotherapy was used in 83.8% of patients, radiotherapy was added to surgery in 5.2% of patients and radiotherapy was used alone in 6.4% of patients. In stage II disease, radiotherapy was used as adjuvant treatment more frequently (20.9%) and the percent of patients receiving radiotherapy (5.1%) or surgery (63.8%) as sole treatment declined. In stage III disease, surgery was used less often (30.8%) and most patients received radiotherapy without surgery (39.5%) or did not receive surgery or radiotherapy (29.8%) (Table 1). Chemotherapy use data are not included in the SEER database and thus was not analyzed in this study.

In our multivariable analysis of patients with stage I

disease, surgery was the intervention most associated with favorable outcomes, with a HR of 0.21 for surgery alone (95% CI: 0.13–0.32) and 0.22 for surgery and radiation therapy (95% CI: 0.12–0.41) when compared with no intervention. Radiation alone provided significant benefit over no treatment but was inferior to surgery alone (HR 0.23, 95% CI: 0.39–0.66).

In stage II disease radiation therapy alone did not statistically improve survival over no treatment (HR 0.51, 95% CI: 0.20–1.27). Surgery alone (HR 0.39, 95% CI: 0.2–0.74) and radiation therapy in addition to surgery (HR 0.38, 95% CI: 0.18–0.79) again yielded results that were superior to no treatment but not clearly superior to surgery alone.

For patients with stage III disease, surgery combined with radiation therapy trended towards providing the best outcomes when compared with no treatment (HR 0.36, 95% CI: 0.25–0.53). Surgery alone (HR 0.43, 95% CI: 0.31–0.58) and radiation therapy alone (HR 0.49, 95% CI: 0.39–0.61) also provided significant mortality improvements over no treatment (Table 2, Figure 1). Covariables associated with treatment and survival outcomes are listed in Tables S2–S7. Regression models comparing overall and cause-specific survival (OS/CSS) yielded similar results (Table S8).

Discussion

Implications for Treatment

Our results indicate that surgery remains the mainstay of therapy in stage I and II LCNEC. In patients who are not candidates for surgery or prefer nonoperative management, radiation therapy offers significant benefit in stage I disease and possibly in stage II disease. In patients with stage I and II disease who did receive surgical treatment, adding radiation therapy does not appear to confer any additional survival benefit.

Similarly, in stage I and II NSCLC radiation therapy is generally not indicated after surgical resection, except in cases of positive margins and local recurrence where it has shown some benefit (29,30). In nonsurgical candidates, radiation therapy is clearly beneficial for local treatment in NSCLC and is standard of care, with local control rates as high as 90% (31,32).

Radiation therapy has a much more established role in the treatment of limited stage SCLC with large prospective trials and meta-analyses showing significant benefits to radiation as definitive treatment in these patients (33,34). SCLC is so aggressive and radiation-responsive that

Table 1 Demographical and clinical characteristics

Characteristics	Stage I		Stage II		Stage III	
	Count	Percentage, %	Count	Percentage, %	Count	Percentage, %
Age (years), median		68		65		67
Sex						
Female	372	49.7	79	44.6	257	43.0
Male	376	50.3	98	55.4	341	57.0
Race						
American Indian/Alaska Native	3	0.4	1	0.6	1	0.2
Asian or Pacific Islander	26	3.5	7	4.0	19	3.2
Black	92	12.3	15	8.5	68	11.4
White	626	83.7	153	86.4	509	85.1
Unknown	1	0.1	1	0.6	1	0.2
Marital status						
Married/partner	400	53.5	100	56.5	327	54.7
Divorced/separated	116	15.5	23	13.0	84	14.0
Single (never married)	72	9.6	21	11.9	73	12.2
Widowed	125	16.7	22	12.4	97	16.2
Unknown	35	4.7	11	6.2	17	2.8
Insurance status						
Uninsured	13	1.7	3	1.7	10	1.7
Insured	483	64.6	110	62.1	369	61.7
Medicaid	56	7.5	17	9.6	63	10.5
Unknown	196	26.2	47	26.6	156	26.1
T stage						
T1	404	54.0	53	29.9	77	12.9
T2	344	46.0	76	42.9	128	21.4
T3	0	0.0	48	27.1	44	7.4
T4	0	0.0	0	0.0	297	49.7
TX	0	0.0	0	0.0	44	7.4
N stage						
N0	748	100.0	48	27.1	89	14.9
N1	0	0.0	129	72.9	36	6.0
N2	0	0.0	0	0.0	368	61.5
N3	0	0.0	0	0.0	92	15.4
NX	0	0.0	0	0.0	13	2.2

Table 1 (continued)

Table 1 (continued)

Characteristics	Stage I		Stage II		Stage III	
	Count	Percentage, %	Count	Percentage, %	Count	Percentage, %
Treatment						
No surgery or RT	34	4.5	18	10.2	178	29.8
RT alone	48	6.4	9	5.1	236	39.5
Surgery alone	627	83.8	113	63.8	119	19.9
Surgery + RT	39	5.2	37	20.9	65	10.9

RT, radiotherapy.

Table 2 Multivariable analysis of overall survival based on stage and treatment

Variable	Reference	Stage I			Stage II			Stage III		
		P	HR	95% CI	P	HR	95% CI	P	HR	95% CI
Surgery status	No surgery	<0.001*			0.03*			<0.001*		
RT alone	–	<0.001*	0.39	0.23–0.66	0.15	0.51	0.20–1.27	<0.001*	0.49	0.39–0.61
Surgery alone	–	<0.001*	0.21	0.13–0.32	0.004*	0.39	0.20–0.74	<0.001*	0.43	0.31–0.58
Surgery + RT	–	<0.001*	0.22	0.12–0.41	0.01*	0.38	0.18–0.79	<0.001*	0.36	0.25–0.53

P<0.05 indicated that the difference was statistically significant. *, statistically significant. RT, radiotherapy.

prophylactic cranial irradiation is a cornerstone of treatment in many patients with SCLC (35).

Our data indicate that LCNEC outcomes with regards to surgical and radiation therapy more closely mirror those of patients with NSCLC, and NSCLC treatment paradigms with regards to RT may have utility in the treatment of LCNEC. This correlates with recent studies showing that chemotherapy regimens effective in NSCLC have considerable efficacy in LCNEC despite its neuroendocrine origins (12).

In patients with stage III disease, surgery and radiation therapy were not used in 30% of patients. However, both of these treatment modalities conferred significant benefit. Treatment with both radiation and surgery trended towards the best survival outcomes, despite being used in only 11% of patients.

Limitations

Many clinical factors that influence management decisions and survival in patients with LCNEC are not included in the SEER database, and therefore could not be controlled for in our univariable and multivariable analyses. Notable

variables which could not be controlled for include patient comorbidities and treatment adequacy of radiation and surgery. This may have led to significant bias in our outcomes analyses. In particular, patients with better anticipated prognosis will often receive more aggressive treatments, including radiation and surgery, and have superior ultimate outcomes. This may lead to systemic bias that could not be adjusted for.

The decision to pursue surgery in stage III LCNEC also involves many clinical judgments such as burden of metastatic disease and tumor size and location, which were not fully reflected in the data available through SEER.

Another significant limitation is that the lack of chemotherapy data present within the SEER database. This limited our understanding of the treatment that these patients received as well as the comparisons that we were able to make. SEER also does not include data on whether patients received stereotactic body radiation therapy or conventionally fractionated radiation therapy. Finally, the overall concordance of documented radiation treatment between SEER and SEER-Medicare is 91% (36). However, the underreporting of radiation treatment in SEER would likely bias our results towards the null hypothesis, rather

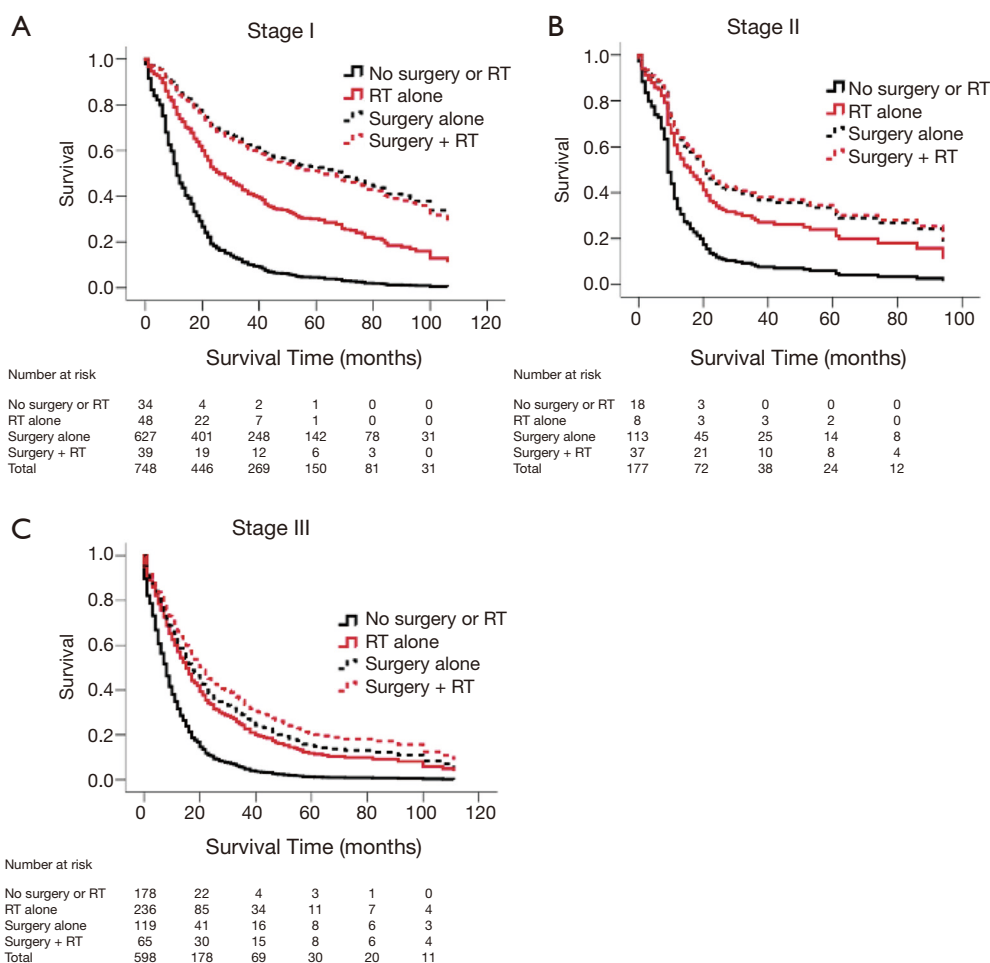


Figure 1 Cox-regression multivariable analysis of overall survival according to stage for RT, surgery, RT and surgery or neither surgery nor RT (A,B,C). Variables included in the model are displayed in [Tables S5-S7](#). RT, radiotherapy.

than exaggerate the effects size of our findings (37).

Pathologic diagnosis can be difficult to establish in patients with LCNEC, especially in those for whom only cytology or small biopsy specimens are available. We could not confirm the pathologic diagnoses recorded in the SEER database. Additionally, the co-existence of LCNEC with other subtypes of lung cancer, including SCLC and other NSCLC, is unknown. These limitations may have led to the inclusion of patients who did not have LCNEC, possibly limiting the external validity of the findings.

Directions for further study

The most important direction for future study of the efficacy of these modalities in the treatment of LCNEC are further prospective data comparing patient outcomes

based on treatment approach. While our study leaves little doubt that surgery is beneficial to survival, especially in patients with early stage disease, a randomized control trial comparing surgery alone to radiation plus surgery in patients with LCNEC has the potential to be useful and ethical. This would be an especially useful question to answer in patients with positive margins or local recurrence after resection, and would allow for standardization of radiation approach across patients.

Conclusions

Due to the rarity of the disease, treatment paradigms for LCNEC are controversial and based largely upon small retrospective studies and smaller prospective trials. Our results indicate that that non-metastatic LCNEC may be

treated as a NSCLC with respect to radiation. Prospective studies are necessary to increase our understanding of optimal treatment regimens for LCNEC and would be especially useful in defining the role of radiation in patients with positive margins or local recurrence after surgery.

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Footnote

Reporting Checklist: The authors have completed the STROBE reporting checklist. Available at <http://dx.doi.org/10.21037/tlcr-20-374>

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <http://dx.doi.org/10.21037/tlcr-20-374>). CAS receipt of personal fees from Genentech, personal fees from AstraZeneca, personal fees from Boehringer Ingelheim, outside the submitted work. TJCW reports personal fees and non-financial support from AbbVie, personal fees from AstraZeneca, personal fees from Cancer Panels, personal fees from Doximity, personal fees and non-financial support from Elekta, personal fees and non-financial support from Merck, personal fees and non-financial support from Novocure, personal fees and non-financial support from RTOG Foundation, personal fees from Rutgers, personal fees from University of Iowa, personal fees from Wolters Kluwer, grants and non-financial support from Genentech, outside the submitted work. SKC reports personal fees and non-financial support from AbbVie and Sanofi, outside of the submitted work. The authors have no other conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was

conformed to the provisions of the Declaration of Helsinki (as revised in 2013). Ethical approval was waived as all research was conducted under and in accordance with the Data-Use Agreement for the 1975-2013 SEER Research Data File (SEER ID 13907-Nov 2015). Informed consent was not necessary as no identifiable data was accessed.

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