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# Electroacupuncture reduces injury to the blood-brain barrier following cerebral ischemia/reperfusion injury<sup>☆</sup>

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## Abstract

This study used electroacupuncture at *Renzhong* (DU26) and *Baihui* (DU20) in a rat model of cerebral ischemia/reperfusion injury. Neurological deficit scores, western blotting, and reverse transcription-PCR results demonstrated that electroacupuncture markedly reduced neurological deficits, decreased corpus striatum aquaporin-4 protein and mRNA expression, and relieved damage to the blood-brain barrier in a rat model of cerebral ischemia/reperfusion injury. These results suggest that electroacupuncture most likely protects the blood-brain barrier by regulating aquaporin-4 expression following cerebral ischemia/reperfusion injury.

## Key Words

electroacupuncture; cerebral ischemia/reperfusion; blood-brain barrier; aquaporin-4; brain edema; rat; *Renzhong* (DU26); *Baihui* (DU20); brain injury; regeneration; neural regeneration

## Research Highlights

- (1) Electroacupuncture at *Renzhong* (DU26) and *Baihui* (DU20) significantly reduced neurological deficits in rats with cerebral ischemia/reperfusion injury.
- (2) Electroacupuncture at *Renzhong* and *Baihui* diminished aquaporin-4 expression in the rat corpus striatum following cerebral ischemia/reperfusion injury.
- (3) Electroacupuncture at *Renzhong* and *Baihui* relieved injury to the blood-brain barrier in rats following cerebral ischemia/reperfusion injury.
- (4) Electroacupuncture most likely protected the blood-brain barrier from cerebral ischemia/reperfusion injury by regulating aquaporin-4 expression.

## Abbreviation

BBB, blood-brain barrier

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## INTRODUCTION

Cerebral ischemia/reperfusion injury causes damage to the blood-brain barrier (BBB), increases vascular permeability and extravasation of plasma proteins from capillaries, increases fluid in the intercellular space, and induces vasogenic brain edema,

resulting in brain injury<sup>[1-2]</sup> and cell death. Aquaporin-4 content is highest in the brain<sup>[3-4]</sup>, and is mainly located on the surface and end-feet of astrocytes surrounding blood vessels, *i.e.*, both sides of the BBB, suggesting that aquaporin-4 plays an important role in maintaining BBB integrity and in the pathophysiological changes of vasogenic brain edema<sup>[5-6]</sup>. An

increase in aquaporin-4 expression may aggravate injury to endothelial cells and tight junctions, promote BBB destruction, and lead to water entering brain tissues, resulting in an increase in brain water content and the formation of brain edema<sup>[7]</sup>. Acupuncture has been shown to reduce brain injury and BBB permeability, to ameliorate microcirculation, and to protect the BBB<sup>[8-9]</sup>. Previous studies have predominantly focused on the morphology and ultrastructure of the BBB following acupuncture, but have not analyzed the protective mechanisms involved. Few studies have focused on how acupuncture exerts its protective effects and its role in regulating aquaporin-4 expression. Therefore, this study established a rat model of focal cerebral ischemia/reperfusion injury and investigated the relationship of BBB permeability and aquaporin-4 expression following acupuncture. We aimed to provide scientific evidence for electroacupuncture in the treatment of brain edema and brain ischemia.

## RESULTS

### Quantitative analysis of experimental animals

Sprague-Dawley rats ( $n = 256$ ) were randomly assigned to control group ( $n = 64$ ), model group ( $n = 96$ ) and electroacupuncture group ( $n = 96$ ). Rat models of cerebral ischemia/reperfusion injury were induced in the model and electroacupuncture groups. Following 5 minutes of ischemia, electroacupuncture was administered at *Renzhong* (DU26) and *Baihui* (DU20) in rats from the electroacupuncture group. Each group was subdivided into five subgroups, and each rat was sacrificed at 6, 12, 24, 48 and 72 hours following reperfusion, with 4–6 rats at each time point. Three rats died during anesthetic administration, and nine rats died from infection or other unknown reasons. Therefore, a total of 244 rats were included in the final analysis, comprising 88 rats in the model group, 92 rats in the electroacupuncture group and 64 rats in the control group.

### Electroacupuncture markedly improved neurological function in rats following cerebral ischemia/reperfusion injury

With prolonged ischemia/reperfusion times, neurological deficit scores were gradually aggravated and were worst at 72 hours after reperfusion, which was consistent with the symptoms of acute brain ischemia<sup>[10]</sup>. However, electroacupuncture markedly reduced neurological deficits and brain edema in rats following cerebral ischemia/reperfusion injury (Table 1).

Table 1 Effects of electroacupuncture on neurological function in rats with cerebral ischemia/reperfusion injury

Group	Post-reperfusion (hour)				
	6	12	24	48	72
Model	1.2±0.2	2.3±0.2	4.8±0.3	5.5±0.2	6.2±0.3
Electroacupuncture	0.2±0.2	0.2±0.2	1.2±0.2 <sup>a</sup>	1.0±0.1 <sup>b</sup>	0.8±0.2 <sup>b</sup>

Scores 0–7 represent eight grades of neurological deficits from mild to severe. Neurological deficit score was 0 in the control group. Data are expressed as mean ± SEM. Four rats in the control group, six rats in the model group and six rats in the electroacupuncture group at each time point. Intergroup comparisons were conducted using the rank-sum test. <sup>a</sup> $P < 0.05$ , <sup>b</sup> $P < 0.01$ , vs. model group.

### Electroacupuncture improved cerebral hemisphere swelling in rats following cerebral ischemia/reperfusion injury

The cerebral hemisphere swelled at 6 hours following reperfusion. Swelling gradually became more severe and peaked at 72 hours. Cerebral hemisphere swelling significantly reduced on the ischemic side following electroacupuncture treatment ( $P < 0.05$ ; Table 2, supplementary Figure 1 online).

Table 2 Effects of electroacupuncture on cerebral hemisphere swelling rate (%) in rats with cerebral ischemia/reperfusion injury

Group	Post-reperfusion (hour)		
	6	12	24
Model	1.21±0.14	7.13±0.17	10.87±0.21
Electroacupuncture	0.90±0.24	5.71±0.31	6.23±0.39 <sup>a</sup>

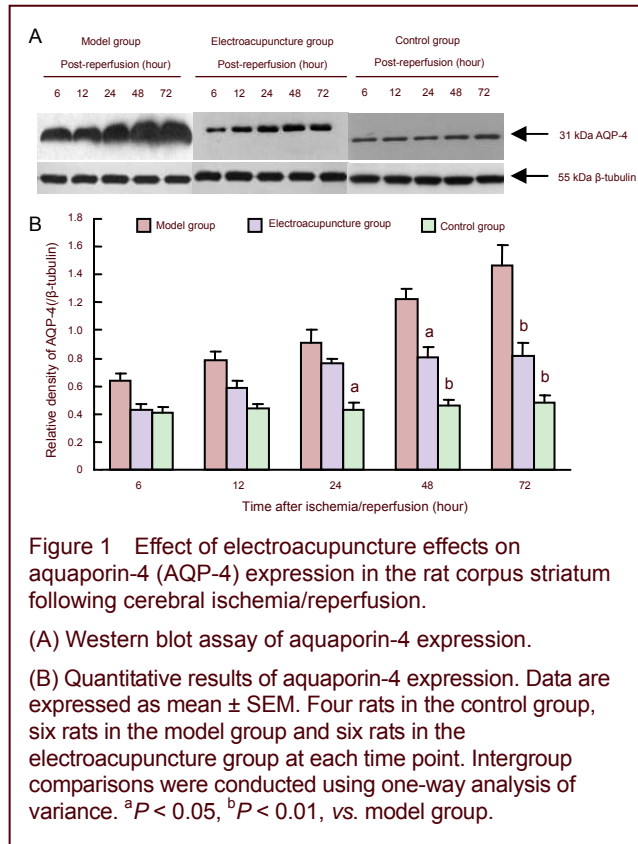
Group	Post-reperfusion (hour)	
	48	72
Model	13.53±0.68	15.23±0.84
Electroacupuncture	7.22±0.54 <sup>b</sup>	8.13±0.73 <sup>b</sup>

Swelling percentage = (volume on the ischemic side – volume on the corresponding side)/volume on the corresponding side × 100%. Cerebral hemisphere swelling rate was 0 in the control group. Data are expressed as mean ± SEM. Four rats in the control group, six rats in the model group and six rats in the electroacupuncture group at each time point. Intergroup comparisons were conducted using one-way analysis of variance. <sup>a</sup> $P < 0.05$ , <sup>b</sup> $P < 0.01$ , vs. model group.

### Electroacupuncture effectively suppressed aquaporin-4 expression in the rat corpus striatum following cerebral ischemia/reperfusion injury

At 6–72 hours following ischemia/reperfusion, aquaporin-4 expression increased in the rat corpus striatum on the cerebral ischemia/reperfusion side when compared with the control group. Moreover, aquaporin-4 expression increased with prolonged reperfusion times ( $P < 0.05$  or  $P < 0.01$ ). Electroacupuncture reduced aquaporin-4 expression in the rat corpus striatum following cerebral ischemia/reperfusion ( $P < 0.05$  or

$P < 0.01$ ). Electroacupuncture effectively suppressed aquaporin-4 protein expression (Figure 1).



**Electroacupuncture effectively inhibited aquaporin-4 mRNA expression in the rat corpus striatum following cerebral ischemia/reperfusion injury**

Aquaporin-4 mRNA expression was altered in the rat right corpus striatum depending on the reperfusion time. Intergroup differences were identical to western blotting experiments (Figure 2).

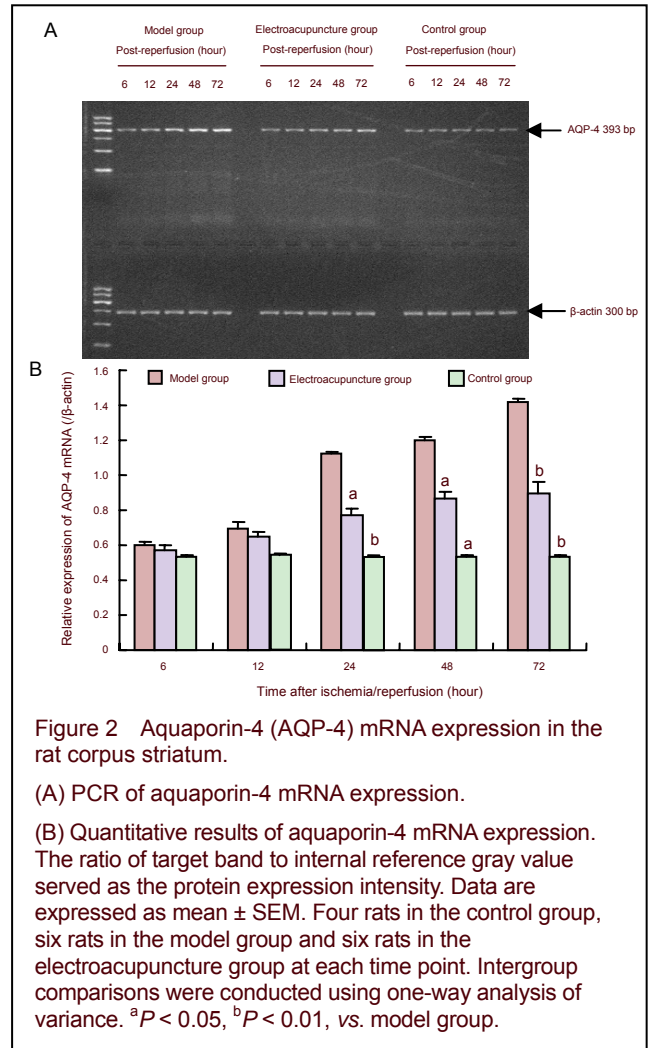
**Aquaporin-4 expression in astrocytes in the rat corpus striatum**

Laser confocal microscopy revealed that aquaporin-4 and glial fibrillary acidic protein expression were detectable in the rat right corpus striatum. Glial fibrillary acidic protein served as a specific marker of astrocytes<sup>[11]</sup>. Aquaporin-4 expression was visible on the end-feet of astrocytes (Figure 3).

**DISCUSSION**

Numerous studies have confirmed that aquaporin-4 is strongly associated with the BBB<sup>[12-14]</sup>. The BBB is composed of astrocyte foot processes, tight junctions and endothelial cells. Blood capillaries are surrounded by glial cell foot processes forming a glial limiting

membrane, which accounts for 85–99% of the capillary surface area<sup>[15-17]</sup>. Aquaporin-4 was densely distributed on glial cell foot processes, and played an important role in edema formation and cellular swelling<sup>[18]</sup>. Taniguchi *et al*<sup>[19]</sup> found that aquaporin-4 mRNA expression increased at 1 day following focal cerebral ischemia/ reperfusion, was most obvious at 3 days, and then gradually reduced at 7 days, which showed a parallel relationship to edema formation and extinction, which are identical to this study.



Monitoring of cerebral blood flow using transcranial Doppler sonography confirmed successful establishment of the rat cerebral ischemia/reperfusion model. Brain edema, measured using cresyl violet staining instead of the dry/wet weight method, and reverse transcription-PCR revealed that aquaporin-4 mRNA expression gradually increased over time, and that vasogenic brain edema, damage to the BBB and increased permeability occurred in the model group. The present study observed that electroacupuncture reduced aquaporin-4 expression and astrocyte foot process swelling inhibited BBB permeability, and relieved injury to the BBB.

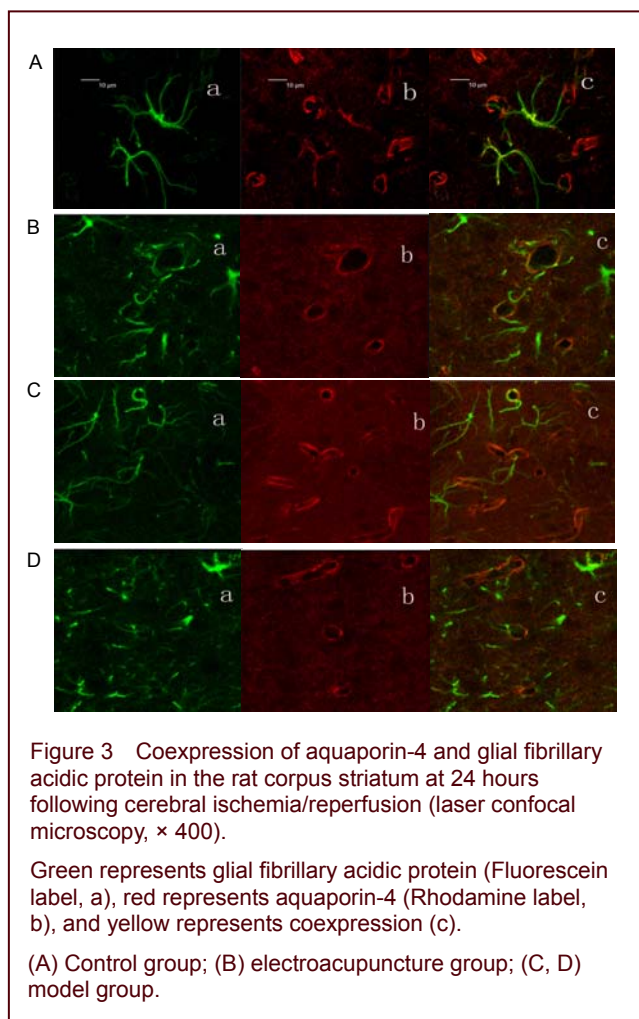


Figure 3 Coexpression of aquaporin-4 and glial fibrillary acidic protein in the rat corpus striatum at 24 hours following cerebral ischemia/reperfusion (laser confocal microscopy,  $\times 400$ ).

Green represents glial fibrillary acidic protein (Fluorescein label, a), red represents aquaporin-4 (Rhodamine label, b), and yellow represents coexpression (c).

(A) Control group; (B) electroacupuncture group; (C, D) model group.

Because astrocyte foot processes are a part of the BBB<sup>[20]</sup> and aquaporin-4 was extensively distributed on glial cell end-feet, electroacupuncture reduced the swelling of astrocyte foot processes by suppressing aquaporin-4 expression, resulting in the protection of the BBB and a reduction in brain edema. Changes in aquaporin-4 levels markedly affected the structure and function of the BBB. Regulation of aquaporin-4 levels under these pathological conditions may provide a new target for the prevention and treatment of BBB injury<sup>[21]</sup>.

In summary, early use of electroacupuncture for the treatment of cerebral ischemia/reperfusion injury can regulate water balance and reduce injury to the BBB by suppressing aquaporin-4 expression. Therefore, electroacupuncture results in a reduction in brain injury, and the prevention and treatment of brain edema.

## MATERIALS AND METHODS

### Design

A randomized controlled animal study.

### Time and setting

Experiments were performed in the Affiliated Hospital of Nanjing University of Chinese Medicine and School of Basic Medical Sciences, Fudan University in China from March 2006 to January 2012.

### Materials

Clean, healthy, male Sprague-Dawley rats ( $n = 256$ ) aged 2 months and weighing 215–230 g were supplied by the Shanghai Experimental Animal Center, Chinese Academy of Sciences (license No. SCXK (Hu) 2007-0005). All rats were housed at 22–25°C in a 12-hour light/dark cycle and were allowed free access to food and water. The protocols were conducted in accordance with the *Guidance Suggestions for the Care and Use of Laboratory Animals*, formulated by the Ministry of Science and Technology of China<sup>[22]</sup>.

### Methods

#### **Establishment of focal cerebral ischemia/reperfusion injury model**

In accordance with a previously published method<sup>[23]</sup>, following 8 hours of preoperative fasting, the rats were intraperitoneally anesthetized with 10% (v/v) chloral hydrate (0.36 mL/100 g). A median incision was made on the neck. The right external carotid artery, common carotid artery, internal carotid artery and pterygopalatine artery were occluded by an arteriole clamp. A small cut was made on the right external carotid artery, and a 0.18 mm-diameter 4/0 nylon thread was inserted into the internal carotid artery through the external carotid artery, and then moved into the initial part of the middle cerebral artery. When resistance was felt and cerebral blood flow decreased to 20% of the basal value, model establishment was deemed successful. Cerebral blood flow was monitored using transcranial Doppler sonography (Perimed Co., Jarfalla, Sweden). Following 1 hour of ischemia, the nylon thread was withdrawn to the external carotid artery, *i.e.*, the beginning of reperfusion.

#### **Electroacupuncture stimulation**

Using a G6805-II electroacupuncture apparatus (Shanghai Medical Electronic Machine Co., Ltd., Shanghai, China), electroacupuncture was administered at *Renzhong* (1 mm below the nasal tip, in the middle of the nasolabial fold) and *Baihui* (in the middle of parietal bone) in rats following 5 minutes of ischemia, with sparse waves at 3.85 Hz, for 1.28 seconds, and dense waves at 6.25 Hz for 2.08 seconds. The strength was 0.8–1.0 mA for 30 minutes.

#### **Neurological deficit scores in rats with brain injury**

Neurological deficits were scored in a single-blind design

at 6, 12, 24, 48 and 72 hours following reperfusion. There were eight grades (0–7 scores). Scoring criteria: a score of 0, no asymmetrical activities; a score of 1, left forepaw cannot completely extend when lifting tail; a score of 2, left forepaw disability; a score of 3, left forepaw tightly closed to the chest wall; a score of 4, turning left when free running; a score of 5, left forepaw makes an action of pushing back; a score of 6, rotation surrounding original point (supplementary Video 1 online); a score of 7, the left limb cannot support the body<sup>[24]</sup>.

#### **Brain specimen perfusion fixation and tissue section preparation**

At 6, 12, 24, 48 and 72 hours following reperfusion, saline and 4% (w/v) paraformaldehyde were perfused through the left ventricle. The brain tissues were obtained by decapitation, fixed in sucrose and sliced into 30  $\mu$ m-thick coronal sections using a freezing microtome (Leica, Solms, Germany), and then stored at  $-20^{\circ}\text{C}$ .

#### **Cresyl violet staining for measuring brain edema**

Following 6, 12, 24, 48 and 72 hours of reperfusion, cresyl violet staining was performed<sup>[25]</sup>. One brain section was selected out of every 13 sections from each rat; in total 18 sections were obtained. Areas from the ischemic side and corresponding side of each section were measured using an image analysis and management system (Q5701W, Leica) and its software. Brain edema was measured in accordance with the trapezoid formula as follows:

$$V = 1/2(S_1 + S_2 + S_2 + \dots + S_{n-1} + S_{n-1} + S_n) \times 30 \times \text{number of interval sections } (n = 18).$$

( $V_{\text{ischemia side}} - V_{\text{corresponding side}}$ ) /  $V_{\text{corresponding side}} \times 100\%$  refers to the percentage of brain hemisphere swelling on the ischemic side induced by brain edema.

#### **Western blotting for aquaporin-4 protein expression in the rat corpus striatum**

The right corpus striatum was obtained<sup>[25]</sup>, treated with protein lysate and protease inhibitor, kept in an ice bath, homogenized by ultrasound, and centrifuged at a high speed. The supernatant was boiled at  $100^{\circ}\text{C}$  for 3–5 minutes. Protein content was measured using the Bradford method. Protein was electrophoresed on a 10% (w/v) SDS-polyacrylamide gel, transferred to a polyvinylidene fluoride membrane, and blocked in phosphate buffered saline containing 5% (w/v) skim milk powder at  $4^{\circ}\text{C}$  overnight. The specimens were incubated in rabbit anti-aquaporin-4 polyclonal antibody (1: 2 000; Chemicon, Temecula, CA, USA) and mouse anti- $\beta$ -tubulin antibody (Invitrogen, Carlsbad, CA, USA) at room temperature for 2 hours. Membranes were then incubated

in horseradish peroxidase goat anti-rabbit secondary antibody (1: 4 000; Santa Cruz Biotechnology, Santa Cruz, CA, USA) and horseradish peroxidase goat anti-mouse secondary antibody (1: 2 000; Invitrogen) at room temperature for 1 hour, followed by development using the enhanced chemiluminescence fluorescence system (Amersham, Buckinghamshire, UK). The gray value was measured using gel analysis software (Amersham). Protein sample expression was determined by calculating the gray value ratio of the target band to the internal reference.

#### **Reverse transcription-PCR of aquaporin-4 mRNA expression in the rat corpus striatum**

Total RNA was extracted from the corpus striatum using TRIzol Reagent (Invitrogen) according to the manufacturer's instructions. The aquaporin-4 primer sequence was synthesized by the Invitrogen Company: upstream: 5'-TCA GCA TCG CCAAGT CTG TC-3', downstream: 5'-GCG CCT ATG ATT GGT CCAAC-3', with a fragment length of 393 bp. In accordance with the Promega AMV reverse transcription kit (Promega, Madison, WI, USA), reverse transcribed cDNA species were amplified by PCR, at an annealing temperature of  $58^{\circ}\text{C}$ , 22 cycles. PCR products were measured by electrophoresis on a 2.5% (w/v) agarose gel. The gray value was determined using the Syngene SYDR-1990 system (Amersham). The gray value ratio of the target band to  $\beta$ -actin served as target mRNA expression.

#### **Laser confocal microscopy of aquaporin-4 and glial fibrillary acidic protein in the rat corpus striatum**

The rat corpus striatum was sliced into sections, washed, blocked, and then incubated in rabbit anti-aquaporin-4 polyclonal antibody (1:100) and mouse anti-rat glial fibrillary acidic protein antibody (1:200; Chemicon) diluted in PBS containing 1% (v/v) goat serum and 0.5% (v/v) Triton X-100 at  $37^{\circ}\text{C}$  for 1 hour, and then at  $4^{\circ}\text{C}$  overnight. Subsequently, the above-mentioned specimens were incubated in Rhodamine-labeled donkey anti-rabbit IgG (1:500; Rockland, ME, USA) and Fluorescein-labeled goat anti-mouse IgG (1:500; Rockland) IgG diluents at  $37^{\circ}\text{C}$  for 1 hour (this procedure and the following processes were performed in the dark). After washing, sections were blocked with glycerol, stored at  $4^{\circ}\text{C}$ , wrapped with aluminum foil in the dark, and then observed using a laser confocal microscope (Leica).

#### **Statistical analysis**

Data were analyzed using SPSS 11.5 software (SPSS, Chicago, IL, USA) and expressed as mean  $\pm$  SEM. Intergroup comparisons were conducted using one-way

analysis of variance or the rank-sum test. A value of  $P < 0.05$  was considered statistically significant.

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**Author contributions:** Yongjun Peng obtained the funding, participated in study design and concept, study operation, and manuscript writing. Hesheng Wang and Li Chen provided the data, ensured the integrity of the data, and participated in data analysis and statistical analysis. Jianhua Sun worked as a principal investigator. Meijuan Xu and Jihong Chu performed the experiments. All authors approved the final manuscript.

**Conflicts of interest:** None declared.

**Ethical approval:** This study was approved by the Animal Ethics Committee, Nanjing University of Chinese Medicine, China.

**Author statements:** The manuscript is original, has not been submitted to or is not under consideration by another publication, has not been previously published in any language or any form, including electronic, and contains no disclosure of confidential information or authorship/patent application/funding source disputations.

**Supplementary information:** Supplementary data associated with this article can be found, in the online version, by visiting [www.nrronline.org](http://www.nrronline.org).

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