

In-depth time-dependent analysis of the benefit of allo-HSCT for elderly patients with CR1 AML: a FILO study

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Key Point

- allo-HSCT improves outcome of patients aged >60 years with ELN IR and UR AML in CR1.

The benefit of allogeneic hematopoietic stem cell transplantation (allo-HSCT) for patients with acute myeloid leukemia (AML) aged >60 years remains a matter of debate, notably when performed in first complete remission (CR1). To clarify this issue, the French Innovative Leukemia Organization (FILO) performed a 10-year real-world time-dependent analysis. The study enrolled patients between 60 and 70 years of age with AML in CR1 after intensive chemotherapy with intermediate (IR) or unfavorable (UR) risk according to the European LeukemiaNet (ELN) 2010 classification. The impact of allo-HSCT was analyzed through three models: (1) time-dependent Cox; (2) multistate for dynamic prediction; and (3) super landmark. The study enrolled 369 (73%) IR and 138 (27%) UR patients with AML, 203 of whom received an allo-HSCT. Classical multivariate analysis showed that allo-HSCT significantly improved relapse-free survival (RFS; hazard ratio [HR] [95% confidence interval (CI)], 0.47 [0.35-0.62]; $P < .001$) and overall survival (OS; HR [95% CI], 0.56 [0.42-0.76]; $P < .001$), independently of the ELN risk group. With the multistate model, the predicted 5-year probability for IR and UR patients to remain in CR1 without allo-HSCT was 8% and 1%, respectively. Dynamic predictions confirmed that patients without allo-HSCT continue to relapse over time. Finally, the super landmark model showed that allo-HSCT significantly improved RFS (HR [95% CI], 0.47 [0.36-0.62]; $P < .001$) and OS (HR [95% CI], 0.54 [0.40-0.72]; $P < .001$). allo-HSCT in CR1 is reported here as significantly improving the outcome of fit older patients with AML. Long-term RFS without allo-HSCT is very low (<10%), supporting allo-HSCT as being the best curative option for these patients.

Introduction

Allogeneic hematopoietic stem cell transplantation (allo-HSCT) is a curative option for patients with acute myeloid leukemia (AML) but is limited by treatment-related toxicity and donor availability, notably in older patients. However, since the early 2000s, major improvements in transplantation procedures (eg, conditioning regimens, graft-versus-host disease prophylaxis, alternative donors) have remarkably extended

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Requests for data sharing may be submitted to the corresponding author (R. Devillier; e-mail: devillier@ipc.unicancer.fr).

The full-text version of this article contains a data supplement.

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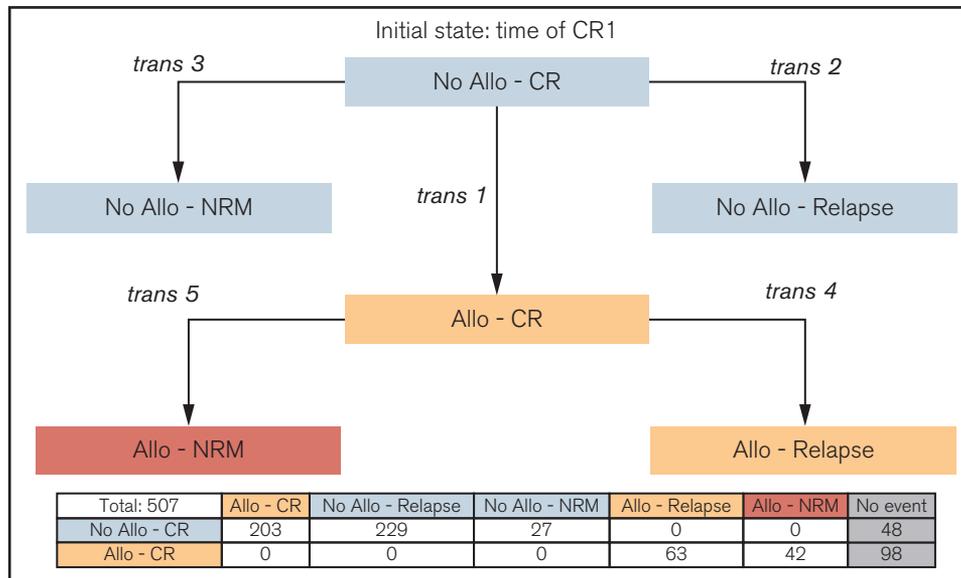


Figure 1. Description of states and transitions in the multistate model. All patients start at the time of CR1 in the initial state “No allo-CR.” From that initial state, transition 1 occurs at the time of allo-SCT to the “allo-CR” state. Alternatively, transition 2 (to “No allo-Relapse” state) and transition 3 (to “No allo-NRM”) occur at the time of relapse or NRM without transplantation, respectively. Once transplanted (ie, in “allo-CR” state), transitions 4 and 5 to “allo-relapse” and “allo-NRM” absorbing states, respectively, occur at the time of relapse or NRM. Numbers of patients in the state transition matrix are provided below the transition diagram.

the feasibility of allo-HSCT. As a result, this procedure is now an option for older patients up to 70 years or more.¹⁻⁴ Concomitantly, pretransplantation therapy has also improved over the years, extending the use of intensive treatment to older patients fit enough to receive such a regimen.⁵⁻⁸ Thus, AML patients aged >60 years are now routinely referred to allo-HSCT in first complete remission (CR1) based on indications defined in the setting of younger patients (ie, in the absence of a favorable risk profile).⁹⁻¹² However, prospective studies evaluating the efficacy of allo-HSCT in this age group are lacking, and its benefits overall and in specific cytogenetic/molecular subgroups remain a matter of debate.

A large retrospective study was thus conducted, and is reported here, of patients with AML aged >60 years treated in 7 centers of the French Innovative Leukemia Organization (PHYLLO) who were in CR1 after intensive chemotherapy. Several multistate models were used to compare outcomes, based on whether the patients received an allo-ASCT.

Patients and methods

Selection criteria

Patients were retrospectively enrolled according to the following selection criteria: (1) age between 60 and 70 years old; (2) diagnosis of AML between 2007 and 2017; (3) CR1 after 1 or 2 courses of intensive chemotherapy; and (4) intermediate or unfavorable risk according to the European LeukemiaNet (ELN) 2010 classification.¹³ These are consensual indications to consider allo-HSCT across PHYLLO centers for patients aged <60 years. For older patients, the PHYLLO group recommended either to apply allo-HSCT indications from younger patients or to provide consolidation therapy solely based on nonintensive chemotherapy, according to physician decision. Patients diagnosed before the publication of the ELN 2010 classification were retrospectively classified according to cytogenetic and

molecular data obtained at the time of diagnosis. Patients with missing cytogenetic and/or mutational data precluding their stratification according to the ELN 2010 classification were not included. Patients with primary induction failure (ie, failure after 2 cycles of chemotherapy) were not included. The study was conducted in accordance with the Declaration of Helsinki.

Treatments

Induction chemotherapy was prescribed according to PHYLLO recommendations for patients aged >60 years.⁵ Briefly, they received anthracycline-based (daunorubicin or idarubicin) and cytarabine-based (100 or 200 mg/m² per d for 7 days) regimens, with or without lomustine. Consolidation chemotherapy was based on anthracycline and low-dose subcutaneous cytarabine (50 mg/m² per 12 hours for 5 days). allo-HSCT modalities were based on local institutional guidelines.

Statistical analysis

All time-to-event analyses were calculated from the time of CR1. Relapses or deaths from any cause were considered events for relapse-free survival (RFS), whereas only death was considered for overall survival (OS). AML relapse and nonrelapse mortality (NRM) were considered as competing events. Patients without event were censored at last contact. Follow-up was computed by using the reverse Kaplan-Meier method. To investigate the impact of allo-HSCT on outcome after CR1, three statistical methods were used to deal with the guarantee-time issue (ie, survival time from CR1 to allo-HSCT favoring time-to-event duration of patients who actually underwent allo-HSCT).

The first method was a time-dependent analysis considering allo-HSCT as a categorical time-dependent variable switching at the time of allo-HSCT.¹⁴ RFS and OS curves were plotted by using Simon-Makuch plots.¹⁵ Univariate and multivariate comparisons were

Table 1. Patient characteristics

Characteristics	All patients (N = 507)	allo-HSCT (n = 203)	No allo-HSCT (n = 304)	P
Age, median [range], y	65 [60-70]	63 [60-70]	66 [60-70]	<.001
ELN 2010 classification				
Intermediate risk	369 (73%)	135 (67%)	234 (77%)	.013
Abnormal karyotype	136 (27%)	49 (24%)	136 (45%)	
Normal karyotype with NPM1-mut and FLT3-ITD	60 (12%)	19 (9%)	60 (20%)	
Normal karyotype with NPM1-wt and FLT3-wt	156 (31%)	55 (27%)	156 (51%)	
Normal karyotype with NPM1-wt and FLT3-ITD	17 (3%)	12 (6%)	17 (6%)	
Adverse risk	138 (27%)	68 (33%)	70 (23%)	
Induction therapy				
1 course	472 (93%)	179 (88%)	293 (96%)	<.001
2 courses	35 (7%)	24 (12%)	11 (4%)	
HCT-CI				
<3			102 (56%)	
≥3			80 (44%)	
Missing			21	
Conditioning regimen				
NMAC			25 (12%)	
RIC			153 (75%)	
MAC			25 (12%)	
Donor type				
Matched sibling			58 (29%)	
Unrelated donor			113 (56%)	
Cord blood			9 (4%)	
Haploidentical			23 (11%)	
Follow-up from CR1, median [95% CI], mo	52 [45-59]	51 [45-62]	54 [45-61]	.900

HCT-CI, hematopoietic stem cell comorbidity index; FLT3-ITD, FMS-like tyrosine kinase 3–internal tandem duplication; MAC, myeloablative conditioning; NMAC, non-myeloablative conditioning; RIC, reduced intensity conditioning.

performed by using a time-dependent Cox model, also producing cause-specific hazard ratios (HRs) for calculation of the risk of relapse and of NRM that were considered competing events.^{16,17} A multivariate time-dependent Cox model was performed to adjust HRs of allo-HSCT according to age (as continuous variable), ELN risk group (categorical, intermediate vs unfavorable), treatment period (categorical, 2007-2010 vs 2011-2013 vs 2014-2017), and numbers of induction courses to achieve CR1 (categorical, one vs two).

The second approach was a multistate model¹⁸ in which the initial state for all patients was “No allo-CR” (ie, not transplanted, still in CR1) with time 0 at the time of CR1 (description in Figure 1). From this initial state, patients can move (transition 1) to the “allo-CR” state (ie, transplanted, still in CR1) at the time of allo-HSCT, or to either the “No allo-relapse” (ie, relapse without previous allo-HSCT, transition 2) or the “No allo-NRM” (ie, NRM without allo-HSCT, transition 3) states. Similarly, once transplanted (ie, from the “allo-CR” state on), patients can move to the “allo-relapse” (ie, relapse after allo-HSCT, transition 4) or “allo-NRM” (ie, NRM after allo-HSCT, transition 5) states at the time of post–allo-HSCT relapse or NRM, respectively. The risks of transition between different states were computed by using a stratified Cox model including age and ELN risk as covariates. This model was used to calculate the predicted probabilities of being in a specific state at a certain time after CR1. In addition, dynamic predictions¹⁹ were obtained by considering different landmark starting times (0, 3,

6, 9, and 12 months after CR1). For that specific analysis, predicted probabilities were given separately for patients in the “No allo-CR” and “allo-CR” states at the specific landmark starting time (except for landmark time 0, at which point all patients were in the “No allo-CR” state). The *mstate* package²⁰ of the R-project software was used for these predictions.

Finally, a dynamic landmarking analysis^{21,22} was performed. For each landmark time (one per month between the time of CR1 and 5 years’ post-CR1), data sets for landmark analyses were generated and pooled together as a super landmark data set. Then, a Cox model stratified on the landmark time was used to assess the impact on post-CR1 outcome of the same covariates as in the first model.

Results

Patient characteristics and transplantation rates

A total of 507 consecutive patients, with a median age of 65 years (range, 60-70 years) met selection criteria (Table 1). allo-HSCT was performed for 203 (40%) of these patients: 135 (36%) of 369 and 68 (49%) of 138 in the ELN intermediate (intermediate-1, 86 of 233 [37%]; intermediate-2, 49 of 136 [36%]) and unfavorable risk groups, respectively. Of note, transplantation rates increased over time for patients aged >65 years (before 2011, 11%; 2011-2013, 26%; after 2013, 35%) while they remained stable in younger patients (before

Table 2. Impact of allo-HSCT on RFS and OS in univariate analyses for all patients and across ELN risk and age subgroups

Subgroup analyses	N	allo-HSCT	RFS			OS		
			3-y %	95% CI	P*	3-y %	95% CI	P*
All patients	507	No	19	(15-25)	<.001	35	(29-41)	<.001
		Yes	51	(44-58)		56	(49-64)	
ELN subgroup								
Intermediate	369	No	21	(16-27)	<.001	38	(32-46)	<.001
		Yes	54	(46-64)		60	(52-70)	
Unfavorable	138	No	14	(6-30)	.001	24	(15-38)	<.001
		Yes	44	(33-58)		47	(37-62)	
Age subgroup								
60-64 years old	234	No	19	(12-30)	<.001	32	(24-44)	.001
		Yes	51	(43-61)		57	(49-66)	
65-70 years old	273	No	19	(14-26)	<.001	36	(30-44)	.002
		Yes	50	(39-63)		54	(43-68)	

3-y %, survival probability at 3 years.

*Univariate time-dependent Cox model considering allo-HSCT as a time-dependent variable.

2011, 51%; 2011-2013, 52%; after 2013, 62%). Patients undergoing transplant were significantly younger (median age, 63 vs 66 years; $P < .001$), more frequently needed 2 induction treatments to achieve CR1 (12% vs 4%; $P < .001$), and were more frequently of ELN unfavorable cytogenetic risk (33% vs 23%; $P = .013$). Among the 203 patients undergoing transplant, 25 (12%), 153 (75%), and 25 (12%), respectively, received non-myeloablative (based on 2-Gy total body irradiation), reduced-intensity (based on 2-day equivalent busulfan dose), and myeloablative (based on 3- or 4-day equivalent busulfan dose) conditioning regimens.

Donors were HLA-matched relatives for 58 patients (29%), matched unrelated for 113 (56%), cord blood for 9 (4%), and haploidentical for 23 (11%). The hematopoietic stem cell comorbidity index was ≥ 3 in 44% of the patients. Among the 304 patients who did not receive allo-HSCT in CR1, the majority were not referred for allo-HSCT by physician choice ($n = 142$ [47%]), whereas contraindication for allo-HSCT ($n = 57$ [19%]), the absence of donor ($n = 50$ [16%]), early relapse ($n = 39$ [13%]), and patient decision ($n = 13$ [4%]) were the other causes for not proceeding to allo-HSCT (missing data, $n = 3$ [1%]). Supplemental Figure 1 shows how transplantation rates and causes for not undergoing allo-HSCT evolved over years.

allo-HSCT as a time-dependent variable: univariate and multivariate analyses

For the whole cohort, allo-HSCT as a time-dependent variable was significantly associated with better 3-year RFS (No allo vs allo, 19% vs 51%; $P < .001$) and OS (No allo vs allo, 35% vs 56%; $P < .001$) (Table 2; Figure 2). This was observed both in intermediate and unfavorable ELN risk subgroups as well as in both age groups (ie, aged ≤ 65 years or > 65 years). There was no significant difference in 3-year RFS according to patients with ELN intermediate-1 and intermediate-2 risk (33% vs 33%; $P = .864$), and allo-HSCT had a similar impact across these 2 groups (intermediate-1: No allo vs allo, 22% vs 53% [$P < .001$]; intermediate-2: No allo vs allo, 19% vs 58% [$P < .001$]) (supplemental Figure 2).

The multivariate time-dependent Cox model showed that allo-HSCT was associated with a significantly lower risk of relapse (73% risk reduction; HR [95% confidence interval (CI)], 0.27 [0.19-0.38]; $P < .001$) but an increased risk of NRM (threefold risk increase; HR [95% CI], 3.03 [1.57-5.84]; $P < .001$). This nevertheless translates into a significantly reduced risk of RFS (53% risk reduction; HR [95% CI], 0.47 [0.35-0.62]; $P < .001$) and OS (44% risk reduction; HR [95% CI], 0.56 [0.42-0.76]; $P < .001$) after allo-HSCT. The ELN risk group but not age was an independent adverse risk factor for relapse, translating into worse RFS and OS (Table 3).

Although a time-dependent model was used, the selection process before allo-HSCT results in an unavoidable selection bias. To deal in part with this issue, we performed 2 additional time-dependent analyses. First, after exclusion of patients who did not undergo transplant because of clinical contraindication or early relapse, we still observed a significantly higher 3-year RFS after allo-HSCT, independently of the ELN risk group (intermediate: No allo 22% vs allo 54% [$P < .001$]; unfavorable: No allo vs allo, 21% vs 44% [$P = .038$]) (supplemental Figure 3). The second approach was based on a landmark analysis. We chose a late landmark time (6 months' post-CR1 achievement) to assess patients with early relapse and/or early death after CR1, which precludes performing allo-HSCT. Thus, 385 AML-free patients were included in this 6-month landmark analysis. Among them, 202 did not undergo transplant, whereas 183 patients underwent allo-HSCT (including 14 with late transplant [ie, after the landmark time of 6 months' post-CR1]). For this cohort, the causes for not proceeding to allo-HSCT were as follows: not referred (52%), contraindication (17%), no donor (22%), early relapse (2%), and patient refusal (6%). Time-dependent analysis revealed that 3-year RFS (58% vs 25%; $P < .001$) and OS (63% vs 47%; $P < .001$) were significantly higher after allo-HSCT (supplemental Figure 4).

Predicted probabilities using a multistate model

The multistate model and the number of patients entering the state transition matrix are described in Figure 1. Censoring distribution and

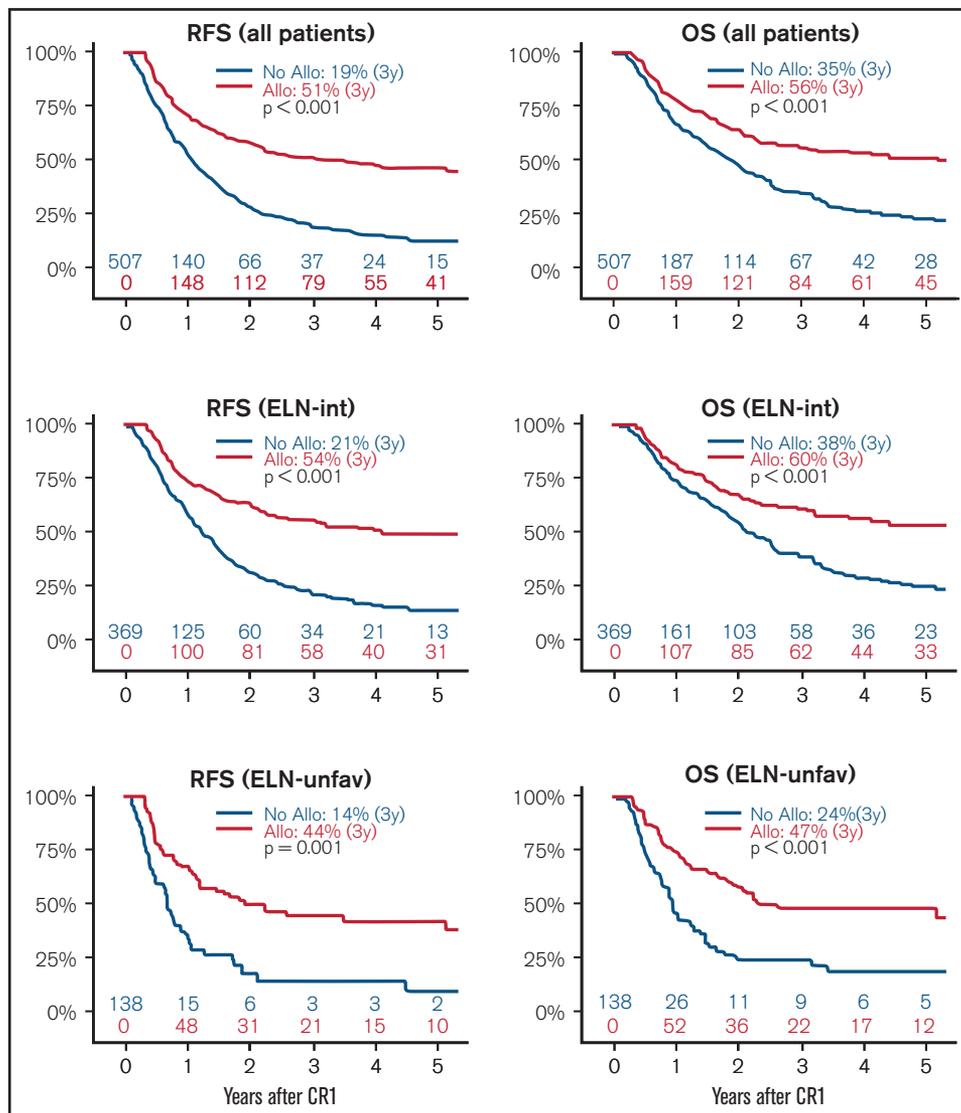


Figure 2. Simon-Makuch plots with allo-HSCT as a time-dependent variable. Survival curves for RFS (left panels) and OS (right panels) in the whole cohort (upper panels, N = 507), intermediate (ELN-int; middle panels, n = 369), and unfavorable (ELN-unfav; n = 138) ELN risk groups. P values are provided by an univariate time-dependent Cox model.

predicted cumulative hazard plots are provided in supplemental Figures 5 and 6, respectively. In the intermediate ELN risk group, the 5-year predicted probabilities for being in the “No allo-CR,” “No allo-Relapse,” “No allo-NRM,” “allo-CR,” “allo-Relapse,” and “allo-NRM” groups were 8%, 49%, 6%, 21%, 10%, and 6%, respectively. For the unfavorable ELN risk group, these values were 1%, 44%, 5%, 19%, 18%, and 12% (supplemental Table 1). Thus, the predicted probabilities for being in CR1 (“No allo-CR” + “allo-CR”) at 5 years were 29% and 20% for the intermediate and unfavorable risk groups (Figure 3A).

When considering event-free patients 1 year after CR1 (“allo-CR” or “No allo-CR”), the 5-year predicted probability of relapse after allo-HSCT was 19%, most patients (79%) still being in “allo-CR” (Figure 3B, left panel). In contrast, patients who did not receive a transplant had a 66% predicted probability to relapse within the next 4 years (Figure 3B, right panel). The detailed predicted probabilities of state

occupancy at 2, 3, 4, and 5 years from CR1 and from different landmark times (3, 6, 9, and 12 months) are presented in supplemental Table 1 in relation to ELN risk groups.

Super landmark Cox model

As an alternative to the standard time-dependent Cox model, this super landmark Cox model evaluated the impact of allo-HSCT on outcomes every month for 60 months after CR1. For patients still at risk of event at the beginning of each interval, the allo-HSCT variable was set to “yes” or “no” depending on whether the patient had previously undergone transplant. Once stratified on landmark times, this model provides adjusted HRs for each included covariate over the whole 5-year period. The distribution of current values of the variable allo-HSCT is presented in supplemental Figure 7.

This model confirmed that allo-HSCT was significantly associated with a decreased risk of relapse (71% risk reduction: HR [95% CI],

Table 3. Time-dependent Cox model

Covariates	Relapse			NRM		
	HR*	95% CI	P	HR*	95% CI	P
allo-HSCT†						
No	1					
Yes	0.27	(0.19-0.38)	<.001	3.03	(1.57-5.84)	.001
Age	1.04	(0.99-1.08)	.098	1.00	(0.91-1.09)	.988
ELN risk						
Intermediate	1			1		
Unfavorable	1.78	(1.36-2.34)	<.001	1.16	(0.67-2.01)	.600
No. of induction courses						
One	1			1		
Two	1.24	(0.78-1.98)	.366	0.39	(0.12-1.31)	.126
Treatment period						
2007-2010	1			1		
2011-2013	1.10	(0.81-1.48)	.552	0.64	(0.32-1.29)	.214
2014-2017	0.90	(0.67-1.22)	.502	1.05	(0.56-1.98)	.883
	RFS			OS		
	HR	95% CI	P	HR	95% CI	P
allo-HSCT†						
No	1			1		
Yes	0.47	(0.35-0.62)	<.001	0.56	(0.42-0.76)	<.001
Age	1.03	(0.99-1.07)	.135	1.03	(0.99-1.08)	.105
ELN risk						
Intermediate	1			1		
Unfavorable	1.61	(1.26-2.05)	<.001	1.59	(1.23-2.06)	<.001
No. of induction courses						
One	1			1		
Two	1.02	(0.66-1.57)	.932	1.17	(0.74-1.86)	.493
Treatment period						
2007-2010	1			1		
2011-2013	0.99	(0.75-1.30)	.918	1.00	(0.74-1.35)	.989
2014-2017	0.94	(0.71-1.23)	.629	0.98	(0.73-1.32)	.899

*Cause-specific HR.

†allo-HSCT was included in the model as a time-dependent covariate.

0.29 [0.21-0.41]; $P < .001$) and an increased risk of NRM (2.36-fold; HR [95% CI], 2.36 [1.26-4.45]; $P < .001$). Finally, the risks of both RFS (53% risk reduction; HR [95% CI], 0.47 [0.36-0.62]; $P < .001$) and OS (46% risk reduction; HR [95% CI], 0.54 [0.40-0.72]; $P < .001$) were confirmed to be significantly decreased after allo-HSCT.

Discussion

This study used sophisticated time-dependent methodologies to analyze the impact of allo-HSCT on the outcomes of CR1 AML patients aged between 60 and 70 years. Previously, when the use of standard myeloablative regimens prevailed, patients aged >60 years were de facto ineligible for allo-HSCT because of an unacceptably high risk of NRM. Since the early 2000s, the feasibility of allo-HSCT for older patients has greatly improved because of the development of reduced-intensity regimens.^{1,2,23} However, the benefit of performing allo-HSCT in CR1 was not shown in patients aged >60 years.

Indeed, although it is established that young patients with non-favorable risk AML should undergo transplant in CR1,¹¹ it can be argued that in older patients, the expected higher NRM after allo-HSCT may counterbalance its potential benefit, notably in the setting of intermediate-risk AML. To answer this question in the absence of prospective randomized trials, retrospective analyses might be methodologically challenging. Indeed, a retrospective front-to-front comparison of patients with or without allo-HSCT is not fair because of the presence of an immortality bias that highly favors patients who actually underwent allo-HSCT. Methods considering allo-HSCT as a time-dependent variable (Mantel-Byar calculation and Simon Makuch plots^{14,15}) can be used to deal with this immortality bias. Using this type of strategy in 3 different models, we show here that allo-HSCT is indeed associated with a lower risk of relapse (HR, 0.27) and better RFS (HR, 0.47) and OS (HR, 0.56), although NRM (HR, 3.03) is significantly increased after allo-HSCT. Interestingly, this was true in both the intermediate and unfavorable ELN risk groups. These results confirm, with 3 different approaches, previous reports from several groups. Indeed, Versluis et al²⁴ reported a retrospective time-dependent analysis showing that allo-HSCT significantly improved both RFS and OS in older patients with intermediate or unfavorable risk AML included in 4 prospective HOVON-SAKK (Dutch-Belgian Hemato-Oncology Cooperative Group and Swiss Group for Clinical Cancer Research) clinical trials. In a collaborative study (CIBMTR/Alliance/CALGB [Cancer and Leukemia Group B]/ECOG-ACRIN [Eastern Cooperative Oncology Group–American College of Radiology Imaging Network]/SWOG [Southwest Oncology Group]), Ustun et al²⁵ showed that allo-HSCT significantly decreased the risk of relapse while increasing the risk of early death. Despite a worse OS early after allo-HSCT, long-term RFS and OS were significantly better in the allo-HSCT group, although with curves crossing at 12 months' post-CR1.

One limitation of time-dependent analyses is that although they provide unbiased HR (with respect to the immortality bias), they do not take into account the fact that some patients initially intended to receive allo-HSCT ultimately could not undergo transplant because of early relapse and/or poor medical condition. In addition, the clinical interpretation of outcomes in such groups as allo-HSCT and No allo-HSCT, which are not defined at time of origin and change over time, is difficult. To overcome this issue, we used a multistate model that allowed computation of predicted transition state probabilities. In this setting, the allo-HSCT and No allo-HSCT groups are not previously defined, and the probabilities of state transition and occupancy are alternatively provided. This model also allows inclusion of covariates for prediction adjustment and generate dynamic predictions by setting multiple landmark times.^{18,19} This latter point is of importance for evaluating how the risk of state transition evolves when the time origin moves over time. Using this model, it was possible to show that the probability of remaining in CR without allo-HSCT at 5 years after CR1 is very low (8% and 1% for the intermediate and unfavorable ELN risk groups, respectively). The predicted probabilities of state occupancy at 5 years also revealed that prolonged CR is mostly observed after allo-HSCT. In addition, the outcome of event-free patients at different landmark times after CR1 was analyzed, with the aim of avoiding the issue of early events (ie, death or relapse) making patients ineligible for allo-HSCT. By providing predicted probabilities of late events, it was shown that patients without allo-HSCT continued to relapse over time, 66% of them being likely to relapse within 4 years, although still in CR after 1 year. By contrast, 79% of

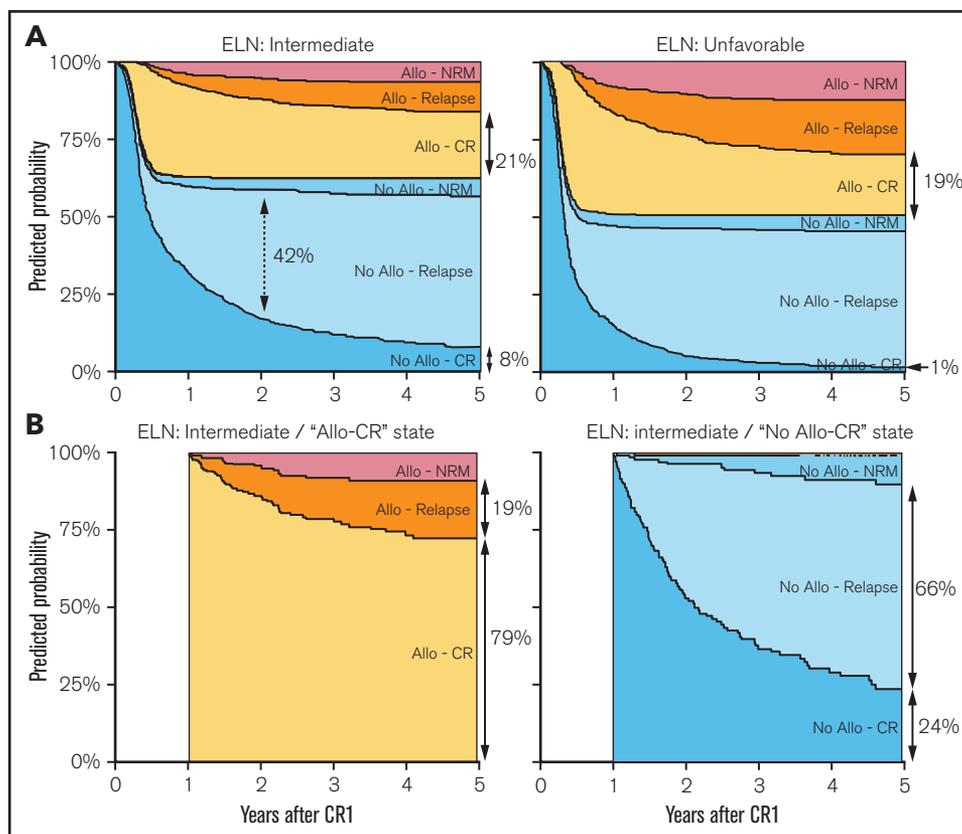


Figure 3. Predicted probabilities from the multistate model. Predicted probabilities to be in a specific state (according to area and color) over time. (A) Evolution over 5 years of state probabilities from the time of CR1 (ie, 100% of patients in the “No allo-CR” state) for a representative patient with AML 65 years of age with intermediate (left panel) or unfavorable (right panel) ELN risk. The length of arrows represent the predicted probabilities at specific time points according to the x-axis (eg, the dotted double arrow shows a predicted probability of 42% for being in the “No allo-relapse” state 2 years after CR1 for a patient with intermediate ELN risk). Full double arrows show the predicted probabilities to be in the “allo-CR” or “No allo-CR” state at 5 years’ post-CR1. (B) Evolution of state probabilities from a 1-year post-CR1 landmark time to 5 years’ post-CR1, in a virtual representative patient with AML aged 65 years with intermediate ELN risk according to transplantation status at the landmark time (ie, from the “allo-CR” [left panel] and “No allo-CR” [right panel] states regardless of transplant, respectively). Full predicted probabilities at 2, 3, 4, and 5 years’ post-CR1 from landmark times of 0, 3, 6, 9, and 12 months’ post-CR1 are provided in supplemental Table 1.

transplanted patients event-free 1 year after CR1 will remain in CR during these 4 years. Similar results were obtained using other landmark times, suggesting that long-term cure without allo-HSCT is unlikely for elderly patients with intermediate ELN risk, and even virtually nonexistent for those with unfavorable ELN risk. These results are in line with a recent publication of the CALGB/Alliance groups showing that there are very few long-term AML survivors without allo-HSCT in CR1, notably in older patients (2.4%).²⁶ However, one limitation of the current study is that, due to the enrollment period (2007-2017), it was not possible to categorize the patients according to the ELN 2017 classification. Indeed, Gardin et al,²⁷ on behalf of the ALFA (Acute Leukemia French Association) group, recently showed that extensive mutational analysis could add prognostic value. In this study, elderly patients with intermediate ELN risk who harbored secondary AML-like gene mutations as defined by Lindsley et al²⁸ benefited from allo-HSCT in CR1, both in terms of RFS and OS. Conversely, only RFS was favorably affected by allo-HSCT for intermediate-risk patients without such mutations.²⁷ However, it is important to note that different statistical methods were used in this work compared with ours. The major difference is that the impact of allo-HSCT on OS was not calculated from the time

of CR1 but at a 113-day landmark time, corresponding to the median duration between CR1 and allo-HSCT. In addition, as observed in the collaborative study of Ustun et al,²⁵ the fact that OS curves are crossing possibly contradicts the proportional hazard assumption.^{29,30} A statistical test producing *P* values at specific time points is more appropriate for evaluations of the long-term benefit on OS, avoiding the issue of early mortality after allo-HSCT. The multistate and super landmark models that we used in fact precisely dealt with this issue, showing that patients without allo-HSCT continue to relapse even a long time after reaching CR1. Finally, in the ALFA study, only 9 patients without allo-HSCT were still alive at 4 years, and it is unknown whether they were still in CR. Taken together, although presented differently, the results from the ALFA group also show that there are few long-term survivors without allo-HSCT in this context of older patients with CR1 AML.

The results presented here support that allo-HSCT should be performed in CR1 for nonfavorable risk AML patients aged between 60 and 69 years, with long-term RFS being very unlikely without allo-HSCT. Strategies focusing on increasing the transplantation rate should thus improve the overall outcome of this group of patients. In this perspective, we and others previously reported that the absence

of an HLA-matched donor should no longer be considered as an allo-HSCT contraindication for these patients, especially when a haploidentical donor is available.³¹⁻³⁴ In addition, the recent development of new drugs has strongly modified the landscape of AML therapeutic strategies.^{35,36} It is not yet known whether these new therapies will increase the proportion of cured patients, but they significantly improve the rate, quality, and duration of response while potentially sparing patients from the toxicity of standard-induction high-dose chemotherapy.^{7,37} This is of importance because these improvements, such as venetoclax-based low-intensity regimens, may improve both the feasibility and the efficacy of allo-HSCT.^{6,38} Moreover, new drugs such as anti-FMS-like tyrosine kinase 3³⁹⁻⁴¹ or, more recently, anti-isocitrate dehydrogenase and epidrugs,^{42,43} also offer powerful tools for maintenance therapy after allo-HSCT, thus contributing to the overall improvement of survival in older patients with AML.

In conclusion, allo-HSCT for CR1 AML patients aged >60 years, known to be routinely feasible, significantly improves outcomes in both intermediate and unfavorable ELN risk groups. Less than 10% of patients display long-term RFS and OS without allo-HSCT, even in the

intermediate-risk group, supporting the fact that allo-HSCT remains the first curative option for these patients.

Authorship

Contribution: R.D., A.H., N.V., and C.R. contributed to study design; and R.D., M.C.B., A.H., N.V., C.R., and A.P. wrote the manuscript. All authors provided clinical or biological data, and all authors reviewed and approved the manuscript.

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