



Implication of epitranscriptomics in trained innate immunity and COVID-19

Paramasivam Arumugam*¹  & Vijayashree Priyadharsini Jayaseelan¹ 

¹ Cellular & Molecular Research Centre, Saveetha Dental College & Hospital, Saveetha Institute of Medical & Technical Sciences (SIMATS), Saveetha University, Chennai, India

*Author for correspondence: Tel.: +91 879 025 0246; paramasivama.sdc@saveetha.com

“Accumulating data strongly suggests that epitranscriptomic mechanisms play important roles in immune cell activation, innate immune regulation and viral infections”

First draft submitted: 13 June 2021; Accepted for publication: 21 June 2021; Published online: 6 July 2021

Keywords: COVID-19 • epitranscriptomics • m⁶A modification • myeloid cells • trained immunity

The most devastating disease condition of the century experienced by individuals throughout the world is caused by SARS-CoV-2. Recent data indicates a total of 173,674,509 cases globally, with mortality of 3,744,408 cases affecting 213 countries [1]. The COVID-19 pandemic ravaging mankind has reiterated the importance of maintaining good health and a good immune system. The response to infections by the host is elicited either through innate or adaptive immunity. The immune system is typically divided into two types of responses: innate and adaptive. The innate immune system is an evolutionarily conserved mechanism with monocytes, macrophages and dendritic cells that provides an early and effective defense against invading pathogens and other potential threats to the host. Innate immunity was once considered to be a non-specific mechanism with a short span of memory. The adaptive immune system produces a more specialized line of defense, developing specific long-lasting memory, which protects the organism against later encounters with the same pathogen. Numerous pieces of evidence have supported the fact that innate immunity could also sustain immunological memory mimicking an adaptive immune response [2,3]. Interestingly, certain vaccination models developed so far in mammals are known to strengthen immunological memory, contributing to protective effects against reinfection, independent of the adaptive mechanisms. In line with this, it has also been indicated that the fungal cell-wall component β -glucan non-specifically induces enhanced secondary responses in mouse and human cells [2,3]. This form of innate immunity is termed as ‘trained innate immunity’. There is a growing body of evidence that indicates the central role of epigenetic mechanisms in the regulation of trained innate immunity against different types of disease [2,3]. However, the exact mechanism of trained innate immunity regulation is not fully understood. Accumulating data strongly suggests that epitranscriptomic mechanisms play important roles in immune cell activation, innate immune regulation and viral infections [4]. Herein, we set out our vision on how epitranscriptomic modification (RNA epigenetics) regulates trained innate immunity and responses to a variety of immunological diseases.

The molecular mechanisms underpinning the induction, maintenance and regulation of innate immune response depend on the complex interplay between many different metabolic pathways and the epigenetic machinery of the cell. Metabolic reprogramming and the epigenetic modification of innate immune cells serve as major pillars in the induction of trained innate immunity. Myeloid cells (including monocytes, macrophages, neutrophils, and dendritic cells) are central players in innate immunity, which destroys invading pathogens and repairs tissues. Epigenetic regulation in myeloid cells is very important for cell differentiation and activation in response to developmental and environmental cues. Epigenetic regulation involves post-translational modification of chromatin or DNA, and which is coupled to upstream signaling pathways and transcription factors. Trained myeloid cells have been described as cells responsible for nonspecific defense against reinfection independently of adaptive immunity, and enhanced production of proinflammatory cytokines is characteristic of trained myeloid cells. It has been recently evidenced that the epigenetic changes of the individuals infected by SARS-CoV-2 affects the degree of COVID-19

severity [5]. Ultimately, the epigenetic state of innate immune genes and the surrounding genomic neighborhood are determining the strength of the immune transcriptional response.

Recent reports have shown that when a pathogen enters the body, a series of metabolic alterations take place, which subsequently modulates the activity of many enzymes associated with epigenetic remodeling in myeloid cells [3]. The alteration in methylation status and histone acetylation results in increased chromatin accessibility, easier transcription of multiple genes vital for the innate immune response and improved cell function [2,3]. However, it is well established that epigenetic changes play important roles in trained innate immunity, more recent studies demonstrated that epitranscriptomics plays essential roles in innate immune response to viral infection. Hence, an elaborate exploration into this field of epitranscriptomics could unravel a new dimension of treatment modality and preventive strategies that can operate with a greater precision in case of infectious diseases including COVID-19.

Epitranscriptomics is an emerging field dedicated to the studies on RNA modifications. More exploration into this domain will aid us in resolving complex biological problems with more precise solutions. Although around 170 different chemical modifications have been reported to date in RNAs [4], N⁶-methyladenosine (m⁶A) is found to be the more abundant internal and reversible methylation modification in coding and non-coding RNAs, which control several pathways of gene expression, including splicing, export, translational efficiency, stability and miRNA biogenesis. The m⁶A-mediated RNA modification is regulated by a 'hub of vital proteins' commonly referred to as the 'writers', 'erasers' and 'readers' denoting methyltransferases, demethylases and m⁶A-binding proteins, respectively [6–12]. It has been shown that RNA-type viruses, including SARS-CoV, showed strong associations with RNA modifications. For example, m⁶A and N⁶, 2'-O-dimethyladenosine (m⁶Am) modifications have been identified to play crucial roles in the viral life cycle. Especially, which can affect the replication of the virus and the host's innate immunity. A recent study has found that the host m⁶A modification complex interacted with SARS-CoV-2 proteins to modulate SARS-CoV-2 replication [13]. m⁶A epitranscriptome of Kaposi sarcoma-associated herpesvirus (KSHV) was recently mapped. Tan and colleagues demonstrated that m⁶A modification of mRNA mediates diverse cellular functions via examining the viral and cellular m⁶A epitranscriptomes during KSHV latent and lytic infection. They also showed that KSHV lytic replication induces a dynamic reprogramming of the viral epitranscriptome itself and suggested that KSHV, m⁶A and the reader protein YTHDF2 acts as an antiviral mechanism during viral lytic replication [14].

The m⁶A modification is known to promote immune cells activation, maturation, function and innate immune responses [7,12]. Transcriptome-wide investigation of m⁶A modification has been adequately supported by the advent of high-throughput sequencing technologies in recent years. Novel findings reiterate the potential role of m⁶A modification in enhancing gene expression associated with the regulation of innate immune response [6]. Histone modification is a dynamic process with vital roles in the differentiation and activation of myeloid cells. These key epigenetic marks control chromatin structure and gene expression patterns, thereby impacting on various important cellular phenotypes. The induction of trained immunity in innate immune cells is associated with histone modification, which influences the expression of proinflammatory cytokines and intracellular signaling molecules by attracting transcription factors and other proteins [2,15].

More recent studies have demonstrated that m⁶A methylation and its regulators control histone modifications [12,15–19]. Furthermore, this m⁶A modification destabilizes transcripts encoding histone-modifying enzymes and enhances the expression of proinflammatory cytokines [15,16]. The functions of histone and non-histone proteins are highly regulated by post-transcriptional modification such as lysine methylation. The acquisition of H3K27ac and the consolidation of H3K4me₃ are two key epigenetic marks associated with the expression of genes associated with innate immune response in immune cells and trained innate immunity [2]. Despite this evidence, questions arise as to how H3K27ac and H3K4me₃ histone marks are associated with active transcription and trained innate immunity. Recent findings have demonstrated that both m⁶A methylation and histone modifications including H3K27ac and H3K4me₃ to be essential for cell state transition [15,17,18]. Also, the KDMs are potent modulators of innate immunity, which is controlled by m⁶A regulators in an m⁶A-dependent manner [15,18].

The trained immunity is postulated to be driven by epigenetic marks, transcriptomic tags and functional reprogramming of hematopoietic stem cells of bone marrow or mature macrophages, that largely relies on the CCAAT/C/EBP β , a potential transcription factor [3]. Studies have also reported that m⁶A modification regulates a network of genes required for human bone marrow mesenchymal stem cells differentiation [6], maturation and differentiation of myeloid cells, as well as adipogenesis by activating C/EBP β [20]. These findings add onto the existing knowledge on the regulation of gene expression that involves crosstalk between RNA methylation and histone modification associated with innate immunity.

Bacillus Calmette–Guérin (BCG) is a live attenuated vaccine, used in the prophylaxis for tuberculosis. Recent research findings have proposed that BCG vaccine can induce trained immunity and offer protection against multiple viral infections [2,3]. It has been shown that pro-inflammatory cytokines, such as IL-1 β , IL-6 and tumor necrosis factor production are enhanced in the BCG-vaccinated individuals. Further epigenetic changes induce innate immune cells to retain the memory which expresses as antiviral response [2,3]. Accumulating evidence has supported the fact that BCG vaccine could induce trained immunity offering a significant protection against respiratory tract infections including viral infections [21]. The rapid dissemination of COVID-19 and its key variants underscores the need for more specific methods of prophylaxis, diagnosis and treatment. Clinical trials initiated by several countries have tested the capacity of BCG against COVID-19 [3,21]. We, therefore, hypothesize that the external stimuli including BCG vaccine can induce trained innate immunity through epitranscriptomics modifications of histones rendering significant protection against viral infections including COVID-19.

Taken together, we set out our vision to probe into mechanisms of targeting innate immune cells and modify trained innate immunity via, epitranscriptome modifications to accomplish long-term and broad-spectrum benefits across a range of immunological disorders. The present editorial review throws light on the multiple means by which m⁶A modification regulates innate immune systems leading to trained immunity. More research into the field of epitranscriptomics related to trained innate immunity is sure to bring in a revolution in the prophylaxis and redesigning new therapeutic methods.

Financial & competing interests disclosure

This study was supported by Indian Council of Medical Research (DHR-GIA, 2020-9530 to A. Paramasivam), Government of India. The authors have no other relevant affiliations or financial involvement with any organization or entity with a financial interest in or financial conflict with the subject matter or materials discussed in the manuscript apart from those disclosed.

No writing assistance was utilized in the production of this manuscript.

References

Papers of special note have been highlighted as: ● of interest; ●● of considerable interest

1. World Health Organization (2021). www.who.int/emergencies/diseases/novel-coronavirus-2019
2. Netea MG, Domínguez-Andrés J, Barreiro LB *et al.* Defining trained immunity and its role in health and disease. *Nat. Rev. Immunol.* 20(6), 375–388 (2020).
- **Discusses the role of trained immunity in health and disease.**
3. Mantovani A, Netea MG. Trained innate immunity, epigenetics, and Covid-19. *N. Engl. J. Med.* 383(11), 1078–1080 (2020).
- **Highlights the role of epigenetics in trained innate immunity and COVID-19.**
4. Paramasivam A, Meena AK, Venkatapathi C *et al.* Novel biallelic NSUN3 variants cause early-onset mitochondrial encephalomyopathy and seizures. *J. Mol. Neurosci.* 70(12), 1962–1965 (2020).
5. Castro de Moura M, Davalos V, Planas-Serra L *et al.* Epigenome-wide association study of COVID-19 severity with respiratory failure. *EBioMedicine* 66, 103339 (2021).
6. Shulman Z, Stern-Ginossar N. The RNA modification N6-methyladenosine as a novel regulator of the immune system. *Nat. Immunol.* 21(5), 501–512 (2020).
- **Highlight m⁶A modification is a novel regulator of the immune system.**
7. Paramasivam A, Priyadharsini JV, Raghunandhakumar S. Implications of m⁶A modification in autoimmune disorders. *Cell. Mol. Immunol.* 17(5), 550–551 (2020).
8. Paramasivam A, Priyadharsini JV. Novel insights into m⁶A modification in circular RNA and implications for immunity. *Cell. Mol. Immunol.* 17(6), 668–669 (2020).
9. Paramasivam A, Priyadharsini JV, Raghunandhakumar S. N6-adenosine methylation (m⁶A): a promising new molecular target in hypertension and cardiovascular diseases. *Hypertens. Res.* 43(2), 153–154 (2020).
10. Anitha R, Paramasivam A, Vijayashree Priyadharsini J *et al.* The m⁶A readers YTHDF1 and YTHDF3 aberrations associated with metastasis and predict poor prognosis in breast cancer patients. *Am. J. Cancer Res.* 10(8), 2546–2554 (2020).
11. Paramasivam A, Priyadharsini JV. Epigenetic modifications of RNA and their implications in antiviral immunity. *Epigenomics* 12(19), 1673–1675 (2020).
12. Wang H, Hu X, Huang M *et al.* Mettl3-mediated mRNA m⁶A methylation promotes dendritic cell activation. *Nat. Commun.* 10(1), 1898 (2019).
- **Highlight m⁶A modification implicated in dendritic cell activation.**

13. Zhang X, Hao H, Ma L *et al.* Methyltransferase-like 3 modulates severe acute respiratory syndrome coronavirus-2 RNA N6-methyladenosine modification and replication. *bioRxiv* doi:10.1101/2020.10.14.338558 (2020).
 14. Atlante S, Mongelli A, Barbi V *et al.* The epigenetic implication in coronavirus infection and therapy. *Clin. Epigenetics* 12(1), 156 (2020).
 15. Wu C, Chen W, He J *et al.* Interplay of m⁶A and H3K27 trimethylation restrains inflammation during bacterial infection. *Sci. Adv.* 6(34) doi: 10.1126/sciadv.aba0647 (2020).
 16. Huang H, Weng H, Zhou K *et al.* Histone H3 trimethylation at lysine 36 guides m⁶A RNA modification co-transcriptionally. *Nature* 567(7748), 414–419 (2019).
 17. Liu J, Dou X, Chen C *et al.* N⁶-methyladenosine of chromosome-associated regulatory RNA regulates chromatin state and transcription. *Science* 367(6477), 580–586 (2020).
 18. Li Y, Xia L, Tan K *et al.* N⁶-Methyladenosine co-transcriptionally directs the demethylation of histone H3K9me₂. *Nat. Genet.* 52(9), 870–877 (2020).
 19. Xu W, Li J, He C *et al.* Methyl3 regulates heterochromatin in mouse embryonic stem cells. *Nature* 591(7849), 317–321 (2021).
 20. Yao Y, Bi Z, Wu R *et al.* Methyl3 inhibits BMSC adipogenic differentiation by targeting the JAK1/STAT5/C/EBPβ pathway an mA-YTHDF2-dependent manner. *FASEB J.* 33(6), 7529–7544 (2019).
 21. Netea MG, Giamarellos-Bourboulis EJ, Domínguez-Andrés J *et al.* Trained immunity: a tool for reducing susceptibility to and the severity of SARS-CoV-2 infection. *Cell* 181(5), 969–977 (2020).
- Establishes a link between trained immunity and SARS-CoV-2 infection.