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Profile of Candidemia in a national level HAI Surveillance Network of India

Sharad Srivastav, Mamta Puraswani, Prachi Tewari, Purva Mathur AIIMS Jai Prakash Narayan Apex Trauma Center, New Delhi, New Delhi, India

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Background: Candida is responsible for roughly 96% of all opportunistic mycoses and is a major cause of bloodstream infections (BSIs). The potential for nosocomial spread of Candidemia infections is a new concern concurrent with the rapid expansion of intensive care facilities for COVID-19 patients. With the pandemic of COVID-19 now moving into 2022, it is understood that critically ill COVID-infected patients in the ICUs are commonly infected with highly resistant bacterial and fungal infections.

Objective: To estimate the incidence rates and compare the epidemiology of candidemia in COVID infected and non-infected patients requiring ICU care.

Methodology: In this 2-year retrospective multicentric study, we present the findings on candidemia from the Healthcare-Associated Infections (HAI) surveillance network which includes 40 hospitals across India and with special emphasis on differences in the epidemiology of Candidemia in COVID infected and non-infected patients in the pre-COVID (April 2019 to April 2020) and COVID times (April 2020 to April 2021) across this network. We compared the incidence of candidemia between COVID infected and non-infected patients using Poisson regression analysis. Chi-squared (χ 2) test was used to test for differences in variables such as gender and 14-day mortality between the patients and Wikoxon rank-sum (Mann-Whitney) test was used to compare median between the patients.

Results: A total of 628 patients with candidemia were screened from HAI Surveillance Database where 68 patients are COVID infected and 560 non-infected patients from both pre-COVID and COVID periods. Incidence of Candida-associated BSI increased significantly from 147 (95% CI, 1.35-1.60) to 3.08 (95% CI, 2.38-3.92) in non-infected and COVID-infected patients respectively, while in CLABSI the rates increased from 2.62 (95% CI, 2.34-2.92) in non-infected to 5.99 (95% CI, 4.30-8.12) in COVID-infected patients. COVID infected patients in the age group (>60 years) were significantly more prone to candidemia compared to non-infected patients. During the COVID period, the maximum time for candidemia to develop (from the time of ICU admission) in COVID-infected patients was shorter (<65 days) than in non-infected patients (>90 days).

Conclusion: We observed an increased incidence of candidemia in hospitalized patients during the COVID period compared with the same during the pre-COVID period.

Table 1, Incidence of Candidemia in COVID Infected and Non-Infected patients in the HAI Network during the Pre-COVID and COVID Periods.

| 3 | | Total Patients | Non-COVID Patients | COVID Patients | p-value" | IRR |
|-------------------------------------|--|----------------------------|---|----------------------------|----------|----------------|
| | | (April-2019 to April-2021) | (April-2019 to April-2021) | (April-2020 to April-2021) | | |
| Denominators | | ****** | | | | |
| | Patient Days | 401601 | 380162 | 21439 | | |
| > | Central Line days | 126051 | 119202 | 6849 | | |
| Number of Cases | | | | | | |
| 7 | BSI* | 626 | 560 | 66 | | Š. |
| | CLABSI* | 353 | 312 | 41 | | 9 |
| Rates per 1000 patients | | | | | | |
| | BSI rate [95% CI] | 1.56[1.44-1.69] | 1.47[1.35-1.60] | 3.17[2.46-4.02] | < 0.001 | 2.09[1.62-2.70 |
| | CLABSI rate [95% CI] | 2.81[2.52-3.12] | 2.62[2.34-2.92] | 6.13[4.42-8.29] | < 0.001 | 2.29[1.65-3.17 |
| *Number of CLABSI and BSI cases for | Candida Organism, # Poisson Regression , I | RR = Incidence Rate Ratio | 100000000000000000000000000000000000000 | | | |

Table 2. Demographic data of patients having BSI due to Candida spp (N = 557)

| Total Patients | Non-COVID Patients | COVID Patients | p-value* |
|----------------------------|--|---|--|
| (April-2020 to April-2021) | (April-2019 to April-2021) | (April-2020 to April-2021) | |
| 557 | 503 | 54 | |
| | | | |
| 188(33.7) | 175(34.8) | 13(24.1) | 0.113a |
| 369(66.3) | 328(65.2) | 41(75.9) | 80,000,000 |
| | | | |
| 35(5 - 59) | 30(2 - 56) | 62.5(53 - 67) | <0.001 ^b |
| (0 - 92) | (0 - 92) | (21 - 82) | |
| | | | |
| 20(11 - 35) | 22(11 - 38) | 16(11 - 21) | 0.010 ^b |
| (2 - 339) | (2 - 339) | (3 - 68) | |
| mission and Date of event | | | |
| 11(6 - 20) | 11(6 - 20) | 10(7 - 16) | 0.368 ^b |
| (2 - 425) | (2 - 425) | (2 - 39) | -503 (53) |
| ality | | | |
| 349 (62.7) | 329(65.4) | 20(37.0) | <0.001a |
| 208(37.3) | 174(34.6) | 34(62.9) | 0.208ª |
| | (April-2020 to April-2021) 557 188(33.7) 369(66.3) 35(5 - 59) (0 - 92) 20(11 - 35) (2 - 339) mission and Date of event 11(6 - 20) (2 - 425) ality 349 (62.7) | (April-2020 to April-2021) (April-2019 to April-2021) 557 503 188(33.7) 175(34.8) 369(66.3) 328(65.2) 35(5 - 59) 30(2 - 56) (0 - 92) (0 - 92) 20(11 - 35) 22(11 - 38) (2 - 339) (2 - 339) mission and Date of event 11(6 - 20) 11(6 - 20) (2 - 425) (2 - 425) ality 349 (62.7) 329(65.4) | (April-2020 to April-2021) (April-2019 to April-2021) (April-2020 to April-2021) 557 503 54 188(33.7) 175(34.8) 13(24.1) 369(66.3) 328(65.2) 41(75.9) 35(5 · 59) 30(2 · 56) 62.5(53 · 67) (0 · 92) (0 · 92) (21 · 82) 20(11 · 35) 22(11 · 38) 16(11 · 21) (2 · 339) (2 · 339) (3 · 68) mission and Date of event 11(6 · 20) 11(6 · 20) 10(7 · 16) (2 · 425) (2 · 425) (2 · 39) ality |

Note: Data are presented as n (%) unless noted otherwise.

a Chi-square test for Independence

b Wilcoxon-Mann-Whitney test

*Significance at 95% Confidence level

#IQR = Interquartile range (25% and 75%)