

# Effects of flurbiprofen on serum level of interleukin-6, prostacyclin and corticosteroid A2 in patients with bone metastases of cancer

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**Abstract.** The present study aimed to investigate the effects of flurbiprofen on serum level of interleukin-6 (IL-6), prostacyclin (PGI2) and corticosteroid A2 (TXA2) in patients with bone metastases of cancer. A total of 210 patients with bone metastasis of cancer were randomly divided into two groups: Flurbiprofen axetil analgesia group (group A) and dezocine analgesia group (group B), 105 cases in each group. The analgesic effect was evaluated using visual analogue scale (VAS) scoring system at 1, 12, 24 and 48 h after treatment. Serum levels of IL-6, PGI2 and TXA2 at 12 and 24 h after treatment were detected using double-antibody sandwich enzyme-linked immunosorbent assay. No significant differences in VAS scores were found between the two groups at 1, 12, 24 and 48 h after treatment, and no gastrointestinal adverse events and abnormal bleeding were observed. No significant differences in the serum levels of IL-6 were found between the two groups at 12 and 24 h after treatment. Significantly lower serum levels of TXA2 and PGI2 were found in group A compared to group B at 12 and 24 h after treatment ( $P < 0.05$ ). Serum level of PGI2 was positively correlated with serum level of TXA2 ( $r = 0.7212$ ,  $P < 0.05$ ) and VAS score ( $r = 0.7159$ ,  $P < 0.05$ ). Serum level of IL-6 was positively correlated with VAS score ( $r = 0.7997$ ,  $P < 0.05$ ). The results show that flurbiprofen axetil can effectively relieve pain in patients with bone metastases of cancer, can inhibit platelet activation, adhesion and aggregation, and reduce the formation of deep vein thrombosis, and can inhibit stress response and inflammatory response in the body.

## Introduction

Bone metastasis is the most common type of tumor metastasis in patients with advanced malignant tumors, and approximately

1.5 million patients were diagnosed with bone metastases of cancer each year (1). Cytokines secreted by tumor cells can disturb the dynamic balance between bone formation and bone dissolution, and can increase the bone dissolution rate, which in turn leads the occurrence of bone pain, bone marrow infiltration and other bone-related pathological changes in patients (2,3), affecting the quality of life and prognosis of patients.

Flurbiprofen axetil cannot only induce preemptive analgesia (4), but also can reduce inflammatory response during extubation. As an analgesic carrier, flurbiprofen axetil has the features of a non-selective and non-steroidal drug (5) and achieves a targeted effect. Analgesia can be easily induced and the analgesic effect can last for a long period of time. Flurbiprofen axetil achieves its analgesic effect by inhibiting epoxidase and reducing the uptake of prostaglandins by prostaglandin synthesis cells (6,7). Side effects of flurbiprofen axetil, such as central inhibition and gastrointestinal bleeding are relatively rare (8). As a defensive behavior of the body, stress response achieves its biological roles by regulating immune function and coagulation. Levels of stress hormones and immune factors are commonly used to assess the degree of stress response (9). The dynamic balance between inflammatory and anti-inflammatory factors plays a major role in postoperative inflammation. Postoperative complications are closely correlated with changes in immune function caused by surgical trauma and other stimuli (10).

Therefore, this study aimed to investigate the effects of flurbiprofen axetil on the serum levels of interleukin-6 (IL-6), prostacyclin (PGI2) and corticosteroid A2 (TXA2) in patients with malignant tumors with the expectation of identifying a novel method to reduce postoperative inflammatory and stress responses (11).

## Materials and methods

**Clinical data.** A total of 210 patients with lung cancer were selected in The Affiliated Hospital of Qingdao University (Shandong, China) from January 2016 to December 2016. Patients were randomly divided into flurbiprofen axetil and dezocine group, 105 cases in each group.

**Inclusion criteria.** Inclusion criteria for the study were: i) Patients diagnosed with bone metastasis of lung cancer;

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Table I. Comparison of basic information between the two groups.

| Variables                | Flurbiprofenaxetil group n=105 | Dezocine group n=105 | P-value |
|--------------------------|--------------------------------|----------------------|---------|
| Age (years)              | 60±5.3                         | 56±4.7               | >0.05   |
| Sex (male/female)        | 53/52                          | 49/56                | >0.05   |
| Temperature              | 37.62±0.57                     | 37.82±0.63           | >0.05   |
| Alanine aminotransferase | 36.12±26.89                    | 36.25±27.13          | >0.05   |
| Creatinine               | 24.39±6.79                     | 22.33±6.31           | >0.05   |
| White blood cell count   | 9.59±3.71                      | 9.88±3.99            | >0.05   |
| Platelet count           | 133±10.32                      | 152±11.49            | >0.05   |

Table II. Comparison of VAS scores between the two groups.

| Time | Group A | Group B | t-value | P-value |
|------|---------|---------|---------|---------|
| 1 h  | 5.3±0.4 | 6.1±0.5 | 4.13    | >0.05   |
| 12 h | 5.1±0.6 | 5.9±0.4 | 3.79    | >0.05   |
| 24 h | 4.8±0.4 | 5.4±0.5 | 4.21    | >0.05   |
| 48 h | 4.4±0.8 | 4.9±0.3 | 4.89    | >0.05   |

VAS, visual analogue scale.

Table III. Comparison of serum levels of IL-6, TXA2 and PGI2 between the two groups.

| Variables | Groups     |            | t-value | P-value |
|-----------|------------|------------|---------|---------|
|           | A          | B          |         |         |
| IL-6      |            |            |         |         |
| 12 h      | 73.92±7.21 | 78.81±9.24 | 0.16    | >0.05   |
| 24 h      | 68.83±6.93 | 72.56±8.39 | 0.24    | >0.05   |
| TXA2      |            |            |         |         |
| 12 h      | 52.82±7.31 | 88.52±8.72 | 5.27    | <0.05   |
| 24 h      | 44.43±6.8  | 78.64±7.98 | 5.39    | <0.05   |
| PGI2      |            |            |         |         |
| 12 h      | 47.15±6.68 | 79.24±5.87 | 6.03    | <0.05   |
| 24 h      | 40.26±5.79 | 75.41±6.03 | 6.11    | <0.05   |

PGI2, prostacyclin; IL-6, interleukin-6; TXA2, corticosteroid A2.

Table IV. Correlation between VAS score and serum levels of IL-6, TXA2 and PGI2 (r-value).

| r-value   | VAS score | IL-6     | TXA2   | PGI2   |
|-----------|-----------|----------|--------|--------|
| VAS score | -         | r=0.7997 | 0.2145 | 0.7159 |
| IL-6      | 0.7997    | -        | 0.1978 | 0.2239 |
| TXA2      | 0.2145    | 0.1978   | -      | 0.7212 |
| PGI2      | 0.7159    | 0.2239   | 0.7212 | -      |

VAS, visual analogue scale; IL-6, interleukin-6; TXA2, corticosteroid A2; PGI2, prostacyclin.

ii) ASA (12) (American Association of Anesthesiologists) grade from I to II; iii) patients without liver, kidney and other organ dysfunction before surgery; iv) patients without abnormal bleeding or abnormal coagulation; v) patients who did not receive radiotherapy and chemotherapy before surgery; and vi) patients or their family members who signed informed consent.

**Exclusion criteria.** Exclusion criteria for the study were: i) Patients allergic to non-steroidal drug; ii) patients with a history of gastrointestinal ulcers or gastrointestinal bleeding; and iii) pregnant women or lactating women.

**Intravenous infusion of flurbiprofen axetil or dezocine.** Analgesia for patients in group A (flurbiprofen axetil group) was performed by intravenous infusion of flurbiprofen axetil (0.05 g), while intravenous infusion of dezocine (0.05 g) was performed for patients in group B (dezocine group).

**Observation indicators.** Visual analogue scale (VAS) scores at 1, 12, 24 and 48 h after surgery were recorded. Double-antibody sandwich enzyme-linked immunosorbent assay was used to detect serum levels of IL-6, PGI2 and TXA2 at 12 and 24 h after treatment.

**Statistical analysis.** SPSS 19 software (SPSS, Inc., Chicago, IL, USA) was used. Imitating normal distribution was performed by Student's t-test.  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**Basic information.** No significant differences in age, sex and temperature were found between the two groups of patients ( $P > 0.05$ ). Liver, renal and coagulation dysfunction were not found in patients. All the patients were found to be with normal levels of white blood cells (Table I). The patients were diagnosed with bone metastasis of lung cancer (Table I).

**Comparison of VAS scores and serum levels of IL-6, TXA2 and PGI2 between the two groups.** The VAS score was determined as previously established (13). No significant differences in VAS score were found between the two groups at 1, 12, 24 and 48 h after surgery ( $P > 0.05$ ) (Table II).

There was no significant difference in the serum level of IL-6 between the two groups at 12 and 24 h after surgery

( $P>0.05$ ). Compared with the dezocine group, serum levels of PGI2 and TXA2 were significantly decreased in the flurbiprofen axetil group ( $P<0.05$ ) (Table III).

There was a positive correlation between the serum level of IL-6 and VAS score ( $r=0.7997$ ,  $P<0.05$ ). The serum level of PGI2 was positively correlated with the serum level of TXA2 ( $r=0.7212$ ,  $P<0.05$ ) and VAS score ( $r=0.7159$ ,  $P<0.05$ ) (Table IV).

## Discussion

Bone metastasis of cancer can disrupt the dynamic balance between bone formation and osteolysis, thus increasing the bone dissolution rate and affecting bone structure, which in turn induces bone pain, bone marrow infiltration and other bone-related pathological changes, leading to severe effects on the quality of life and prognosis of patients.

Flurbiprofen axetil is a non-selective and non-steroidal drug as an analgesic (14) that can achieve a targeting effect (15). Flurbiprofen axetil can be accumulated at the sites of injury and inflammation to inhibit the activity of cyclooxygenase (COX), which in turn achieves analgesic effect (16). In addition, flurbiprofen axetil can be absorbed by M $\phi$  and Neu and other periglomerular (PG) cells to inhibit the synthesis and release of PG, thereby reducing tissue edema and inflammatory response caused by surgical trauma (17,18). Flurbiprofen axetil can inhibit stress response and reduce the pain caused by extubation after surgery (17,18).

PG can cause inflammatory response, promote vasodilation, increase permeability of the vascular wall and induce swelling and other clinical features (19). TXA2 is mainly secreted by platelet (PLT). TXA2 plays an essential role in PLT aggregation and vasoconstriction, and is a specific marker of PLT activation in the body. Flurbiprofen axetil can inhibit the activity of COX and promote the synthesis and release of IL-6 (20). This in turn, reduces stress response and enhances the analgesic effect of flurbiprofen axetil. Both pro- and anti-inflammatory factors are involved in the inflammatory response. Pro-inflammatory factors can induce inflammatory response, while anti-inflammatory factors can affect immune function.

Continuous intravenous infusion of non-selective cyclooxygenase inhibitors may inhibit platelet function, leading to postoperative bleeding in patients (21). Therefore, monitoring of coagulation function should be performed.

In the present study, no significant differences in VAS scores were found between the two groups at 1, 12, 24 and 48 h after surgery, indicating that flurbiprofen and dezocine have similar efficiencies in analgesia.

No significant differences in serum levels of IL-6 were found between the two groups at 12 and 24 h after surgery, indicating that flurbiprofen axetil has no specific effect on stress response. However, flurbiprofen axetil can still reduce stress response to a certain extent, which is inconsistent with the findings reported by Zhang *et al* (22). Zhang *et al* found no significant changes in PG after flurbiprofen axetil treatment, which may be explained by the different sample size and detection method (22). Serum levels of TXA2 and PGI2 were significantly lower in the flurbiprofen than in the dezocine group, indicating that flurbiprofen axetil can

significantly affect the inflammatory response and blood coagulation. This finding is consistent with the results reported by Jiang *et al*, who found that flurbiprofen axetil can reduce the level of TXA2 (23). IL-6 level was positively correlated with VAS scores. PGI2 level in serum was positively correlated with serum level of TXA2 and VAS score. Clinicians can roughly estimate levels of IL-6 and PGI2 in patients according to VAS scores. In patients with bone metastases of lung cancer, there is a link between stress and inflammatory responses (24).

In conclusion, Flurbiprofen axetil can effectively relieve the pain of patients with bone metastases of lung cancer, can prevent thrombosis and promote blood flow, and can inhibit stress and inflammatory responses in the body.

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