



## Oddities

## Guillain-Barre Syndrome After Robotically Assisted Laparoscopic Prostatectomy: First Case Report



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## ABSTRACT

Guillain-Barre Syndrome is a well described acute demyelinating polyradiculoneuropathy with a likely autoimmune basis characterized by progressive ascending muscle paralysis. Classically, GBS is attributed to antecedent upper respiratory and gastrointestinal infections. We present the first case of GBS after Robotically Assisted Laparoscopic Prostatectomy using the daVinci® Surgical System.

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## Introduction

Guillain-Barre Syndrome (GBS) is a well described acute demyelinating polyradiculoneuropathy with a likely autoimmune basis characterized by progressive ascending muscle paralysis. Classically, GBS is attributed to antecedent upper respiratory and gastrointestinal infections. Frequently associated organisms include Campylobacter Jejuni, Epstein-Barr virus, Influenza and Cytomegalovirus.<sup>1</sup>

There have been recent reports of GBS after cardiac, neurosurgical, orthopedic, obstetric and general surgical procedures. To our knowledge there have not been any reports of post-surgical development of GBS following laparoscopic or robotic urological procedures.

We present the first case of GBS after Robotically Assisted Laparoscopic Prostatectomy using the daVinci® Surgical System.

## Patient description

A 70 year old male with clinical stage T1c and Gleason Grade 3 + 4 adenocarcinoma of the prostate underwent a nerve sparing

daVinci® Robotic Assisted Laparoscopic Prostatectomy at our institution without initial post-operative complications. He was discharged home on post-operative day #1 in stable condition. Patient presented to the emergency department on POD#3 with chief complaint of inability to pass stool or flatus since surgery. At the time he did not demonstrate any neurological abnormalities and was pain free. CT scan of abdomen and pelvis revealed findings suspicious for acute postoperative ileus and patient was discharged home on conservative measures.

He returned the following day on POD#4 to the ED with complaint of generalized weakness and inability to get out of bed and marked difficulty ambulating. He was found to be hyponatremic at 126 with a temperature of 100°F. Chest X-ray findings were suspicious but not definitive for pneumonia. He was admitted to the hospital for further evaluation and started on IV antibiotics for suspected healthcare-associated pneumonia as no other cause for his symptoms could initially be elucidated. Respiratory cultures, viral titers, and urinary markers for pneumonia were negative. On POD#6 patient developed dyspnea at rest with increased generalized weakness, flaccid lower extremity paralysis with absent reflexes, and flaccid upper extremity paralysis with intact reflexes. MRI of the cervical spine did not show any acute changes. He was transferred to the intensive care unit and intubated due to respiratory decompensation.

Due to suspicion of GBS IVIG was started on POD#6. Myasthenia gravis antibody panel, Campylobacter Jejuni Antibody, CSF cytology and culture, HSV PCR, West Nile Virus CSF antibody titers, CSF LDH,

*Abbreviations:* POD, Post operative day; GBS, Guillain-Barre Syndrome; ED, Emergency Department; ICU, Intensive Care Unit; IVIG, Intravenous Immunoglobulin; HSV, Herpes Simplex Virus; PCR, Polymerase Chain Reaction; CSF, Cerebrospinal Fluid; RBC, Red Blood Cell; TSH, Thyroid Stimulating Hormone.

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**Table 1**  
Review of post-surgical GBS case reports

| Author             | Age/sex | Procedure  | POD until Symptom Onset | Notable labs              | Treatment   | Outcome  |
|--------------------|---------|--|-------------------------|---------------------------|---|--|
| Jones, et al       | 9/F     | Laparotomy, Appendectomy   | POD1                    | -CSF protein 50 mg/dL     | IVIG  | D/C on POD14 and complete recovery by 2 months                     |
| Jones, et al       | 6/M     | Femur fracture repair  | POD7                    | -CSF protein not reported | Supportive care   | Full recovery  |
| Kuok, et al        | 51/F    | Exploratory laparotomy for polycystic liver disease                            | POD3                    | -CSF protein 54 mg/dL     | Plasmapheresis  | Full recovery at 2 months  |
| Beskonakli, et al  | 41/M    | L5-S1 discectomy and foraminotomy  | POD14                   | -CSF protein 91.5 mg/dL   | Supportive care   | Able to walk without support at 2 months                           |
| Algahtani, et al   | 71/F    | Elective Coronary artery bypass  | POD4                    | -CSF protein 88 mg/dL     | Plasmapheresis  | D/C after 2½ months for rehab                                      |
| Algahtani, et al   | 77/M    | Cardiac Catheterization followed by emergency aortic valve replacement         | POD3                    | -CSF protein 55 mg/dL     | IVIG  | D/C POD21 with mild improvement for rehab                          |
| Rosenberg, et al   | 58/M    | Bronchoscopy, esophagoscopy, transabdominal nissen fundoplication, thoracotomy | POD9                    | -CSF protein 350 mg/dL    | Plasmapheresis<br>Methylprednisolone                          | D/C 1 month post-op to rehab facility                              |
| Gregory, et al     | 62/F    | Lumbar decompression   | POD3                    | -CSF protein 317 mg/dL    | High dose steroid<br>IVIG<br>Plasmapheresis<br>Plasmapheresis | Near full recovery within 6 months                                 |
| Hogan, et al       | 60/M    | Aortic and Mitral valve replacement  | POD15                   | -CSF protein not reported | Plasmapheresis<br>Plasmapheresis                              | Able to stand on POD27 without assistance and transferred to rehab |
| Hogan, et al       | 53/M    | Coronary artery surgery  | POD14                   | -CSF protein 102 mg/dL    | Plasmapheresis  | Full recovery POD40  |
| Shuert, et al      | 61/M    | Closed reduction of mandibular condylar fracture                               | POD10                   | -CSF protein 70 mg/dL     | Steroids<br>Antibiotics<br>Supportive care                    | Patient died POD8 due to acute respiratory failure                 |
| Arnason, et al     | 55/F    | Pneumonectomy  | POD14                   | -CSF protein 810 mg/dL    | Conservative measures   | Able to walk with walker by 3 months                               |
| Arnason, et al     | 36/F    | C-section & hysterectomy   | POD7                    | -CSF protein 58 mg/dL     | Conservative measures   | Ambulatory by 8 months   |
| Arnason, et al     | 70/M    | Transverse colostomy   | POD30                   | -CSF protein 144 mg/dL    | Steroids  | Ambulatory by 2½ months  |
| Shakuri-Rad, et al | 70/M    | Robotically Assisted Laparoscopic Prostatectomy                                | POD#4                   | -CSF protein 10 mg/dL     | IVIG<br>Plasmapheresis  | D/C POD#25 to rehab facility                                       |

CSF glucose, CSF RBC, and TSH were ordered and were negative. CSF protein was elevated at 55 mg/dL. General surgery was consulted on POD#10 for placement of tracheostomy and percutaneous gastrostomy tube. Plasmapheresis protocol was initiated on POD#14 due to lack of improvement following IVIG. Patient showed very slow but steady improvement in his symptoms but remained non-ambulatory. Patient was discharge on POD#25 to an inpatient rehabilitation facility for further care. Patient deceased from cardiovascular complication at outlying facility. Detailed records were not available for our review.

## Discussion

GBS is an uncommon disease with a reported incident of approximately 3 per 100,000 person-years across all age groups favoring men slightly more than females with a suggested 20% increase in average GBS rate for every 10-year increase in age.<sup>2</sup> The syndrome is characterized by an acute or sub-acute onset with varying degrees of weakness, decreased or absent deep tendon reflexes, and characteristic CSF and electromyogram profiles. The pathophysiology of this disease is not completely understood but it is believed to involve an autoimmune etiology due to reactions that are based on molecular mimicry models.

Several factors have been described as contributory including viral and bacterial infections, vaccination, and surgery. Infectious etiologies are believed to comprise over 2/3 of cases with the most common organisms including *Campylobacter jejuni*, Cytomegalovirus, *Mycoplasma*, and Epstein-Barr virus.<sup>1</sup> There have been limited sporadic reports of GBS after surgical procedures. Arnason and Asbury reported the first series of patients who developed post-surgical GBS in 1968. Limited case reports and series describing acute onset GBS after both spinal and general anesthesia have since been reported.<sup>3</sup> Gensicke et al reported the attributable risk for post-surgical GBS as 4 per 100,000 surgeries.<sup>4</sup>

In our review of 14 cases of GBS presenting shortly after open surgical procedures with general anesthesia there were no infectious etiologies discovered by the authors (Table 1). Of note there seems to be a trend of symptom development with a mean time of onset of 9.5 days post operatively. Mangar et al reviewed eight cases of GBS after surgical procedures using spinal anesthesia with a mean time between epidural and onset of first neurological

symptom of 6.5 days. They entertained a hypothesis based on local trauma from epidural injection as a probable pathogenic mechanism, although no definitive link has been established.<sup>5</sup>

## Conclusion

To our knowledge this is the first case of GBS after a robotic assisted laparoscopic procedure under general anesthesia. Our patient's time to symptom onset, symptomology, diagnostic studies, and outcome are in line with previously reported cases. This case contributes to the small aggregate of case reports of GBS after general anesthesia and demonstrates that minimally invasive procedures are not immune from the development of this disease process. It has been proposed that surgical procedures predispose patients to a compromised immune state which may be a factor in an inflammatory immune mediated model of GBS in surgical cases.<sup>2</sup> Administration of anesthetic agents cannot be excluded as a predisposing factor although there seems to be no difference between direct spinal vs general anesthesia.

Patient's undergoing minimally invasive robotically assisted laparoscopic procedures do not seem to be protected from the rare complication of post-operative GBS. The surgical team should be aware of this rare complication as early intervention often leads to favorable outcomes.

## Conflict of interest

There are no conflicts of interest to be reported by any of the authors.

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