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Case Report

Large isolated major aortopulmonary collateral artery causing dilated left ventricle *,**

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ABSTRACT

Isolated major aortopulmonary collateral artery (MAPCA), in the absence of evidence of structural heart disease, is a very rare observation. This anomaly usually appears in preterm newborns. In the majority of babies, isolated MAPCAs cause no symptoms and regress spontaneously after birth and their conservative management is usually sufficient. We report a case of an asymptomatic full-term 5-month-old infant presenting with heart murmur as the only sign during clinical evaluation. Echocardiography revealed a dilated left ventricle, with no pulmonary hypertension. Computed tomography angiogram showed a large MAPCA arising from the descending thoracic aorta and supplying blood to the left lower lobe. The condition was managed successfully by percutaneous obliteration with Amplatzer vascular plugs. Isolated MAPCA is usually a benign anomaly, presenting no clinical finding and requiring no specific treatment. However, in a small minority of infants, this congenital disorder may progress, with detrimental impacts on cardiac structure before clinical symptoms appear. Early intervention may be required to prevent irreversible sequelae.

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Introduction

Major aortopulmonary collateral arteries (MAPCAs) are anomalous blood vessels that develop from the aorta or its main branches and are connected to pulmonary arteries. They are commonly seen in congenital heart disease with reduced pulmonary blood flow, such as tetralogy of Fallot or pulmonary atresia [1].

In rare cases, MAPCAs may present with no evidence of congenital heart disease, especially in preterm neonates; they are usually small and rarely symptomatic and often regress on their own [2]. Symptomatic isolated MAPCAs have been

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Fig. 1 – Echocardiography showing the dilated left ventricle.



Fig. 2 – Abnormal artery originating from the aorta.

described as having features of left-to-right shunt and present as recurrent respiratory tract infections, pulmonary hypertension, congestive cardiac failure, bronchopulmonary dysplasia, or hemoptysis [3–7]. Very few isolated MAPCAs have been recorded in full-term babies, and even fewer have been reported to need intervention [8].

We discuss the case of an infant presenting with heart murmur as the only clinical finding, but on echocardiographic examination showing a dilated left ventricle secondary to an isolated MAPCA. Embolization procedure was performed successfully by inserting 2 Amplatzer vascular plugs.

Case report

A 5-month-old infant, weighing 6.4 kg, was found to have a heart murmur at birth. She was delivered at full term, with



Fig. 3 – Computed tomography angiogram showing a MAPCA, arising from the aorta and connected to the left lower lobe (arrow). MAPCA, major aortopulmonary collateral artery.



Fig. 4 - MAPCA supplying blood to the left lower lobe. MAPCA, major aortopulmonary collateral artery.

a birth weight of 2.7 kg and no noticeable perinatal complications. The baby showed normal mental and physical development. At the age of 4 months, the parents brought her to a clinic because she had fever. No serious infection was recorded, but the heart murmur was consistent; therefore, she was transferred to our hospital, which specializes in heart diseases. There was no abnormal finding at presentation, except for a left sternal continuous III/VI murmur on clinical examination. Chest X-ray showed cardiomegaly with pulmonary plethora, mainly in the left lower lobe, but no evidence of pulmonary sequestration. Echocardiography revealed left ventricular dilation with no pulmonary hypertension or hypokinesis (Fig. 1). Abdominal aortic Doppler showed pan-diastolic flow reversal. An abnormal artery, 6 mm in diameter, was found arising from the descending aorta and coursing tortuously, likely toward the left lung (Fig. 2). No other structural abnormality was seen.

A computed tomography angiogram showed a large MAPCA, originating from the D7 to D8 vertebral levels of the descending aorta and supplying blood to the left lower lobe (Fig. 3).

Cardiac catheterization was performed under general anesthesia. Angiography of the descending aorta and subsequent selective anterior-posterior and lateral angiography revealed a large MAPCA (6 mm in diameter) supplying the



Fig. 5 - The left lower lobe is supplied with the pulmonary artery.



Fig. 6 – Angiogram of the MAPCA after the procedure, showing a small residual flow. MAPCA, major aortopulmonary collateral artery.

left lower lobe, with the levophase showing pulmonary venous return to the left atrium (Fig. 4). Pulmonary angiography showed a normal branching pattern, with native arteries supplying blood to the left lower lobe (Fig. 5). The levophase of the pulmonary angiogram showed pulmonary venous drainage to the left atrium, which ruled out lobal sequestration. Two Amplatzer vascular plugs, one 6 mm and the other 8 mm in size, were deployed sequentially and significantly reduced circulation through the MAPCA (Fig. 6). Post-embolization pulmonary angiogram showed remarkably improved flow to the left lower lobe (Fig. 7). No complication was recorded on follow-up after 3 days, and the baby was discharged with a prescription for low-dose furosemide. After 1 month, echocardiography showed only a small residual flow (2 mm in diameter), with reduced left ventricle size.

Discussion

MAPCAs are very rare abnormal phenomena, mostly recorded in neonates with congenital heart disease, especially in cases of insufficient pulmonary perfusion [1]. They may be congenital variations of embryologic development, representing persisting fetal aortopulmonary anastomosis [9] or incomplete regression of pulmonary-bronchial artery connections [10]. They may also be a response to a stimulus, such as lung parenchymal hypoperfusion or hypoxia [11,12]. MAPCAs can arise directly from the aorta or branches of the aortic arch or as connections between pulmonary and bronchial arteries [13,14]. Although MAPCAs are usually related to congenital heart disease, they may occur in isolation with no underlying



Fig. 7 - Increased flow through native pulmonary arteries to the left lower lobe after the procedure.

abnormality in some newborns, especially premature babies [2]. In most cases, they are asymptomatic and close spontaneously and require no specific treatment. In a minority of newborns, isolated MAPCAs can cause symptoms of cardiac failure, hemoptysis, or recurrent pneumonia, which require intervention. Echocardiogram is the best initial modality for investigation [13], while the gold standard for diagnosis of MAPCAs is computed tomography, magnetic resonance imaging, or cardiac catheterization [15]. The main treatment option is closure, either by endovascular means or cardiac surgery. More recently, coil or device occlusion has become the preferred treatment method, with reports of successful outcomes [16,17].

Most published cases of isolated MAPCAs needed intervention after examination for clinical symptoms of heart failure or recurrent respiratory tract infections. Our case is unique as the isolated MAPCA in a full-term baby did not lead to a serious clinical finding, except for a heart murmur, while the echocardiogram revealed a significantly dilated left ventricle. Percutaneous intervention with deployment of Amplatzer vascular plugs was necessary to prevent further harmful sequelae.

Conclusion

Although isolated MAPCAs in asymptomatic infants, especially full-term babies, may be benign variants requiring no specific treatment [8], there is still a slight chance that they could progress and lead to a harmful effect. Early intervention with percutaneous embolization or surgery may be required to avert potential detrimental impacts on heart function.

Author's contributions

Le XH and Le KT contributed equally to this article as cofirst authors. Le XH and Le KT: Case file retrieval and case summary preparation. Le XH and Nguyen MD: preparation of manuscript and editing. All authors read and approved the final manuscript.

CARE Checklist (2016) statement

The authors have read the CARE Checklist (2016), and the manuscript was prepared and revised according to the CARE Checklist (2016).

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Country/Territory of origin

Vietnam.

Availability of data and materials

Data and materials used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Ethics approval and consent to participate

Our institution does not require ethical approval for reporting individual cases or case series.

Consent for publication

Not applicable.

Patient consent

Informed consent for patient information to be published in this article was obtained.

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