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# **Research** paper Implementing the SCORE system improves the quality of clinical EEG reading

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### ABSTRACT

Objective: To assess whether implementing the freeware version of the SCORE EEG system (Standardized Computer-based Organized Reporting of EEG) leads to improvement in the quality of clinical EEG reading, and whether EEG reports in SCORE EEG are understood and accepted by the referring physicians. Methods: We generated EEG reports in the conventional, free-text style and then using SCORE EEG, in

consecutive patients referred to routine EEG. We used the Georgian translation in the SCORE EEG Free Edition. We pre-defined quality indicators consisting of a list of 24 key features that need to be addressed in EEG reports. We compared these quality indicators in free-text reports with SCORE EEG. In addition, EEG reports in SCORE EEG format were assessed by ten referring physicians, who evaluated their usability on a 7-point Likert scale.

*Results:* We included and evaluated EEG reports from 157 patients (80 female; age: 1–75 years; median: 28 years). Fourteen features were reported exclusively in SCORE EEG, four were reported significantly more often in SCORE EEG than in free-text format, and six features were reported equally often in SCORE EEG and in free-text format. Usability aspects of SCORE EEG were highly rated by the referring physicians (median 6-7 on the 7-point Likert scale).

Conclusions: The structured system of EEG reporting in SCORE EEG helped the experts reading clinical EEG to cover the important aspects and increase the quality of clinical EEG reports.

Significance: Implementing the freeware version of SCORE EEG in underprivileged areas will help improving management of patients with epilepsy.

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#### 1. Introduction

Clinical EEGs are typically reported in free text format. This leads to high variability of the content and style, use of ambiguous / ill-defined terminology and uncertain quality. To circumvent this, a working group of the International Federation of Clinical Neurophysiology (IFCN) and International League Against Epilepsy (ILAE) developed a consensus guideline on common data elements which need to be included into clinical EEG reports (Beniczky et al, 2013; Beniczky et al, 2017). The system is known by the acronym SCORE (Standardized Computer-based Organized Reporting of EEG). Because the standardized features in SCORE are complex and

context-sensitive, a software is needed to manage the database and the report generator. Programming of the software SCORE EEG was done by Holberg-EEG, and they offer a freely available version, available at holbergeeg.com (Fig. 1). SCORE EEG has been translated into 12 languages. The user can choose to score EEGs using any of these languages, and then issue the report in another language, also facilitating data exchange at international level. SCORE EEG has been used in seven centers in Scandinavia (Denmark and Norway) and it is currently under implementation in the UK. More than 50,000 clinical EEG recordings have been successfully reported using the SCORE EEG system.

Numerous research projects and educational databases were completed using the SCORE system (Aanestad et al, 2020; Brogger et al., 2018; Larsen et al., 2021; Beniczky et al, 2020; Beniczky et al., 2018). However, one of the main goals of SCORE,

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SCORE EEG Free Edition		$\times$			
🔅 🕶 Home Admin					
Help Support Normal Delete New finding: Poste EEG Delete Interictal findings dominant	f. rhythm				
←	Finding details				
<ul> <li>– • 1: Intermittent photic stimulation</li> </ul>	Finding summary	*			
2: Hyperventilation     Background activity (1)     Osterior dominant rhythm     Sleep and drowsiness     Interictal findings (1)	Epileptiform interictal activity Morphology: Sharp-and-slow-wave (). Location: Left temporal. (Maximum F9 in addition F7, T7, P7 ).				
<ul> <li>Epileptiform interictal activity</li> </ul>					
Rhythmic and periodic patterns in critical ill patients     Name Morphology Location Time-related features Modulators Source analysis     Finisodes					
Physiologic patterns	Laterality & Region & Sensors & Propagation & Multifocal?	^			
- 🗃 Patterns of uncertain significance	Restored     Not scored     Not scored				
- 🖬 Artefacts	V Left Prontal No No				
— Polygraphic channels	Right Temporal At maximum Yes Yes				
Trend analysis	Midline     Central     T7 (max)     Not possible to determine				
Diagnostic significance (1)	Bilateral Parietal P9 (max)				
▶ ? Unclassified	Diffuse - asynchronous     Occipital     Occipital				
	Show all sensors				
Report (26/04/2022)		Ŧ			

Fig. 1. Graphical User Interface of SCORE EEG. The navigation window to the left contains the lists of EEG features (normal and abnormal). After selecting one of these items, the observed EEG features are described by clicking on the pre-defined items in the scoring window on the right. In this example, an epileptiform interictal activity is scored.

namely improvement in quality of clinical EEG reading in underprivileged areas has not been investigated yet. Our goal was to assess this aspect in an EEG laboratory in Georgia. We compared the quality indicators in free-text reports with the SCORE EEG system, and we investigated whether the referring physicians find SCORE EEG reports understandable and useful in the clinical context.

### 2. Methods

Consecutive patients referred to routine EEG either diagnosed with epilepsy or having clinical suspicion of epilepsy or a seizure, in the period March-December 2020, at the Institute for Neurology and Neuropsychology (INN), Tbilisi, Georgia, were included. All patients had standard (routine) EEG recordings of 20 min duration. The clinical EEG was recorded using the standardized electrode array of the International Federation of Clinical Neurophysiology (Seeck et al., 2017).

EEG reports were written in both free-text format and the SCORE EEG format. The SCORE EEG Free Edition software (translated into Georgian) was used to generate EEG reports in the SCORE EEG format (Beniczky et al, 2013; Beniczky et al, 2017). We used a version of SCORE EEG which is freely available at holbergeeg.com. The content of the reports was then evaluated for the presence/absence of a list of key features, important for describing the EEG, which were used as quality indicators in this study. Table 1 shows the list of evaluated key features (quality indicators).

We used McNemar test to compare how often the key features listed in the Table 1 were reported in SCORE EEG vs free text format.

In addition, EEG reports written in the SCORE EEG format were given to referring physicians for evaluation by the 7 point Likert scale. They were asked to define if and in what extent they agree with the following statements: 1. SCORE EEG reporting is informative, 2. SCORE EEG reporting is easy to understand, 3. SCORE EEG reporting is useful, 4. Compared to the free text, SCORE EEG reporting is more refined (i.e. of higher granularity and precision). For this purpose, out of 157 EEG reports written in the SCORE EEG format, 20 were selected containing description of diverse EEG features as well as having different diagnostic significance (e.g., normal awake and sleep recordings, normal awake recordings without PDR or with artifacts, no definite abnormality, focal CNS dysfunction, Focal Epilepsy, Generalized Epilepsy).

## Table 1 The evaluated key features

ne evaluated key features.
Indication for EEG
Information about the recording electrode array
Quality of hyperventilation procedure
Frequency of the Posterior Dominant Rhythm (PDR)
Symmetry of the PDR
The cause of non-identifiable PDR specified (when PDR was absent)
PDR classified as normal vs abnormal
Beta activity – defining if this is normal or not
Normal drowsiness and sleep activity during the recording - indicating that
sleep recording is normal or not
Normal variants and patterns of uncertain significance
Implications of the artifacts on the quality of the assessment
Detailed location (at electrode-level) of abnormal slowing
Pattern-type (single discharge or runs) of abnormal focal slowing
Duration of the runs of abnormal focal slow activity
Frequency of the abnormal focal slow activity
Modulatory effect of hyperventilation on the abnormal slowing
Morphology of the Interictal Epileptiform Discharges (IEDs)
Pattern-type (single discharge or runs) of the IEDs
Duration of the runs of the IEDs
Modulatory effect of hyperventilation on IEDs
Separate estimation of single discharges and trains/ bursts in the same
location
Abundance of IEDs
Detailed location (at electrode-level) of IEDs
Diagnostic significance

#### 3. Results

Fig. 2 shows an example of an EEG report in SCORE EEG: the original report in Georgian language and the automatically translated report in English.

EEG recordings in both free text and SCORE EEG formats of 157 patients (80 female patients) were investigated. The age of the patients was between one and 75 years (median 28 years). Indication for EEG was: clinical suspicion of Epilepsy or a seizure (88 patients), monitoring the effect of medication (66 patients), follow-up EEG (2 patients), part of a multinational research study (1 patient).

Comparison of reporting the key features in the free text and SCORE EEG formats is presented in Table 2. Most of the key features were reported either exclusively in the SCORE EEG format (14 features) or significantly more often in the SCORE EEG format than in the free-text report (four features). Six features only were reported as frequently in SCORE EEG as in free-text (no significant difference), while none was reported only in free text.

The last element of the SCORE EEG reports is the diagnostic significance (Table 1), containing the overall interpretation of the recording and automatically generating a report. This was specified as normal recording in 53 patients, no definite abnormality in 6



patients, focal CNS dysfunction in 28 patients, focal epilepsy and focal CNS dysfunction in 2 patients, focal epilepsy in 57 patients, generalized epilepsy in 9 patients, and epilepsy of unknown type in 2 patients.

Twenty EEG reports written in the SCORE EEG format were given to referring physicians for evaluation by the 7 point Likert scale. Data were collected from 10 referring physicians. From those, four were epileptologists, four pediatric neurologists and two adult neurologists. Evaluation by referring physicians according to Likert scale is shown in the Table 3.

All responders found the standardized SCORE EEG format informative, easy to understand and useful as well as more refined than the free text format, which suggests great acceptability by referring physicians.

### 4. Discussion

We have evaluated and compared the quality indicators in the SCORE EEG system and in free-text reports in an EEG laboratory in Georgia. We found that the majority of the key features were reported either in the SCORE EEG format only or significantly more often in the SCORE EEG format than in the free-text report (14 and four features, respectively). Six features were reported equally

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Institution	Institute of	н	osoital number	576 b
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	Neuropsychology	G	ender	Female
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	Ave.			
STUDY INFORM	ATION			
Study Id 198 Start 21/	12/2020 11:58 Stop 21/12	/2020 12:18		
EEG type		Standard EEG		
Indication for EEG	1	Monitoring the	effect of medication	n
Sensor group		10-20 and inferi	or row	
<b>MODULATORS/</b>	PROCEDURES			
1: Intermitte	nt photic stimulat	ion		
2: Hypervent	ilation			
Droperties: G	and effort			
Properties. Of	Jou enore			
FINDINGS				
Background	activity			
Posterior	dominant rhythm			
Properti	es: 12 Hz. Medium amplit	ude (20-70µV).	Symmetrical amplit	tude. Reactive to eye opening. Norma
organiza	tion. Normal activity.			
Sleep and dr	owsiness			
Drowsine	55			
Properti	es: Normal activity.			
Interictal fin	dinas			
Enilentif	rm interictal activ	vity		
Morehol	an Share and dow way			
Location	: Left temporal (Maximu	e. m F9 in addition	F7 T7)	
Time-re	ated features: Single disch	arges - Occasio	nal (1 per 5 min -1	per min)
Modulat	ors: Unmodified during h	perventilation.		
CONCLUSION				
SUMMARY OF THE	FINDINGS			
Left temporal sharp-an	d-slow-wave complexes			
DIAGNOSTIC SIGN	FICANCE			
Abnormal reco	a patient is supporting: Foc	(400 mc)		
Comment (in	ne patient is treated - Coz	. 400 mg/.		
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Fig. 2. Example of an EEG report in SCORE EEG: to the left, the original report in Georgian language and to the right, the automatically translated report in English. An English translation of the free text report format is available in Supplementary Document 1.

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#### Table 2

Comparison of reporting of different variables in the free text and SCORE EEG formats.

	Reported only in SCORE EEG, never in the free-text report:				
	Indication for EEG (n = 157)				
	Information about the recording electrode array $(n = 157)$				
	Quality of hyperventilation procedure (n = 131)				
	The cause of non-identifiable PDR specified $(n = 4)$				
	Beta activity – defining if this is normal or not $(n = 4)$				
Normal drowsiness and sleep activity during the recording - indicating that					
	sleep recording is normal or not $(n = 38)$				
	Separate estimation of single discharges and trains/ bursts in the same				
	location $(n = 9)$				
	Abundance of IEDs (n = 9)				
	Detailed location of IEDs $(n = 75)$				
	Detailed location of abnormal slowing $(n = 71)$				
	Pattern-type (single discharge or runs) of abnormal focal slowing (n = 67)				
	Duration of the runs of abnormal focal slow activity $(n = 62)$				
	Frequency of the abnormal focal slow activity $(n = 63)$				
Modulatory effect of hyperventilation on the abnormal slowing $(n = 63)$					
Reported significantly more often in SCORE EEG than in the free-text					
	report:				
	Symmetry of the PDR (120 vs 24, p < 0.0001)				
	Normal variants and patterns of uncertain significance (5 vs 2, $p = 0.0026$ )				
	Implications of the artifacts on the quality of the assessment (32 vs 9,				
	p < 0.0001)				
	Diagnostic significance (157 vs 2, $p < 0.0001$ )				
	difference)				
	unterence j				
	PDD classified as normal us abnormal (145 us 144)				
	PDR classified as notfilial VS abiliofilial (145 VS 144) Morphology of the IEDe (75 ye 75)				
	Morphology of the IEDS (75 vs 75) Pattern type (cingle discharge or runs) of the IEDs (75 vs 75)				
	Participal conditions of the IEDs (15 vs 11)				
	Modulatory effect of hyperventilation on IEDs (45 yr 27)				
	wouldatory effect of hyperventilation on IEDS (45 VS 37)				

often in the SCORE and in free-text formats, and none was reported exclusively in free text. The key features, important for describing EEGs are included into the recommendations on EEG reporting (Tatum et al., 2016). Our results suggest a clear improvement in quality of clinical EEG reading in the SCORE format compared with the free text report, based on a better coverage of these items in the reports, when the user is guided by the SCORE system. As far as we know, this is the first study investigating improvement in quality of clinical EEG reading in underprivileged areas.

In addition, we investigated whether the referring physicians find SCORE EEG reports informative, understandable, useful, as well as more refined compared to the free text. The mentioned usability aspects were highly rated by the referring physicians (median 6–7 on the 7-point Likert scale) indicating great acceptability. This is in agreement with previously reported results of Guerrero-Aranda et al. (2022), the first study to assess the acceptability of a structured (standardized) EEG report format by referring physicians.

Reading EEG requires extensive training and experience, which is not available in all areas of the world. The SCORE EEG system guides the clinicians through the logical steps of EEG assessment, lists the clinically important features for the EEGs in a contextsensitive way, and uses standardized terminology. EEG features in SCORE EEG are provided with a definition. A systematic application of the standardized EEG assessment method in SCORE EEG has the potential of improving the quality of EEG assessment and the quality of the reports. A previously published study demonstrated

#### Table 3

SCORE EEG – evaluation by referring physicians according to Likert scale. Median scores and interquartile ranges in parenthesis.

SCORE EEG	SCORE EEG	SCORE EEG	Compared to the free
reporting is	reporting is easy	reporting is	text, SCORE EEG
informative	to understand	useful	reporting is more refined
7 (7–7)	7 (6-7)	6 (6-7)	6.5 (6-7)

Note: 7 means strongly agree, 6 - agree.

that review and reporting times using the SCORE EEG system were reasonable in clinical practice (Brogger et al., 2018). Well-written free-text reports that follow all the recommendations of ACNS guideline-7 may be comparable to SCORE reports, although this was not formally assessed in this paper). The principal advantages of the SCORE system over free text reports are that it guides the user to include all these features into the report, leading to a better quality of the report, reduces the variability inherent in free text reports and may be especially useful in places where extensive EEG training is not available, such as in underprivileged areas.

In conclusion, the results of our study show definite benefits of using the SCORE EEG system in underprivileged areas. In particular, the standardized EEG reporting help clinical neurophysiologists to evaluate the key features important for describing the EEG increasing thus the quality of clinical EEG reports. This will result in improving management of patients with epilepsy.

#### **Declaration of Competing Interest**

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: Harald Aurlien is Chief Medical Officer and minority shareholder in Holberg EEG.

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#### Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.cnp.2022.07.004.

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