



Cohort Study

## Gender specific survival rates after deceased donor liver transplantation: A retrospective cohort

Uri Gabbay<sup>a,b,1,\*</sup>, Assaf Issachar<sup>c,d,1</sup>, Michal Cohen-Naftaly<sup>c,d</sup>, Marius Brown<sup>c,d</sup>,  
Eviatar Neshet<sup>e,f</sup>

<sup>a</sup> Department of Epidemiology and Preventive Medicine, School of Public Health, Sackler Faculty of Medicine, Tel-Aviv University, Tel Aviv, Israel

<sup>b</sup> Quality Unit, Rabin Medical Center, Beilinson Hospital, Petach Tikva, Israel

<sup>c</sup> Department of Internal Medicine, Sackler Faculty of Medicine, Tel-Aviv University, Tel Aviv, Israel

<sup>d</sup> Liver Institute, Rabin Medical Center, Beilinson Hospital, Petach Tikva, Israel

<sup>e</sup> Department of Surgery, Sackler Faculty of Medicine, Tel-Aviv University, Tel Aviv, Israel

<sup>f</sup> Organ Transplantation Ward, Rabin Medical Center, Beilinson Hospital, Petach Tikva, Israel



### ARTICLE INFO

#### Keywords:

Deceased donor  
Gender  
Liver transplantation (LT)  
Outcome  
sex

### ABSTRACT

**Background:** According to the literature, there are sex allocation inequalities in liver transplantation (LT). Sex disparities in outcomes after LT have been debated. This study aimed to evaluate sex-specific outcomes after LT, specifically short-term mortality and long-term survival rates.

**Methods:** A retrospective cohort of the entire LT series from 2010–2019 in a single center in which the inclusion criteria were adults  $\geq 18$  YO age who underwent primary deceased donor LT. Mortality rate was evaluated within 30 days and 6 months. Survival rate was evaluated at 1,3 and 5 years of age.

**Results:** A total of 240 primary and deceased donor LTs (153 men and 87 women) were included. Mean age 55.2Y men and 51.6Y women ( $p = 0.02$ ). Hepatocellular carcinoma (HCC) was the direct indication in 32.7% of the men and only 17.4% of the women. The leading primary liver morbidities were viral hepatitis (B, C, and D) in 38.3% ( $N = 92$ ) and nonalcoholic steatohepatitis (NASH) in 20.8% ( $N = 50$ ) of patients. Thirty-day mortality was 14%, which was significantly higher in men (18%) than in women (8%). Survival rates after 5 years were 64.9% and 78.3%, respectively. Multivariate analysis through logistic regression that included age, direct indication, MELD, and primary liver morbidity revealed statistically significant female to male Odds-Ratio of 0.4 in 30 days, 6 m mortality and a statistically significant higher long-term survival.

**Conclusions:** Our observations revealed better female outcomes, namely, lower short-term mortality and higher long-term survival. Given the consistency after stratification and given the multivariate analysis, this is unlikely to be attributable to confounders. Such findings suggesting consistently better female outcomes have not been previously reported; hence, multi center study is encouraged.

### 1. Introduction

Despite significant advancements in the treatment of liver diseases, liver transplantation (LT) remains a significant treatment option (sometimes the only alternative) for patients with end-stage liver disease (ESLD), acute fulminant liver failure, or hepatocellular carcinoma [1]. However, the availability of organ donors is limited.

In the last few decades, there has been major improvement in post-LT survival. The implementation of the Model for End-stage Liver Disease

(MELD) score for prioritizing allocating organs for patients on the waiting list improved accessibility for LT, as well as waiting list mortality [2,3]. The implementation of the MELD scoring system has also successfully addressed a significant portion of racial disparities, but remains controversial regarding gender disparities in LT [4,5].

The data on sex differences mostly pertain to waiting list mortality and accessibility for LT. Possible confounders for sex disparity may include age, direct indication for LT, primary liver disease, and its severity. Previous researches also suggested differences in creatinine and body size, and the higher odds for women to become “too sick” for

\* Corresponding author. Department of Epidemiology and Preventive Medicine, The School of Public Health, Sackler Faculty of Medicine, Tel Aviv University, Ramat Aviv, Tel-Aviv, 997801, Israel.

E-mail address: [ugabai@tauex.tau.ac.il](mailto:ugabai@tauex.tau.ac.il) (U. Gabbay).

<sup>1</sup> Both authors share equal contribution as first co-authors.

<https://doi.org/10.1016/j.amsu.2022.103933>

Received 8 May 2022; Received in revised form 30 May 2022; Accepted 2 June 2022

Available online 5 June 2022

2049-0801/© 2022 The Authors. Published by Elsevier Ltd on behalf of IJS Publishing Group Ltd. This is an open access article under the CC BY license (<http://creativecommons.org/licenses/by/4.0/>).

**Abbreviation**

|      |  |
|------|--|
| AIH  | Autoimmune hepatitis                         |
| ELTR | Europe Liver Transplantation Registry        |
| ESLD | End-stage liver diseases                     |
| FHF  | Fulminant hepatic failure                    |
| HBV  | Viral hepatitis B                            |
| HCC  | Hepatic cell carcinoma                       |
| HCV  | iral hepatitis C                             |
| LT   | Liver transplantation                        |
| MELD | Model for End-Stage Liver Disease            |
| NASH | Nonalcoholic steatohepatitis                 |
| OLD  | Other liver diseases                         |
| PBC  | Primary biliary cholangitis                  |
| PSC  | Primary sclerosing cholangitis               |
| SRTR | Scientific Registry of Transplant Recipients |

transplantation [6–8].

Whether sex also affects post-transplant survival remains controversial. In a study from Heidelberg, Germany, female sex was associated with higher 90-day mortality in high MELD (>20) but not in low MELD (<20) [9]. In the U.S. Scientific Registry of Transplant Recipients (SRTR) study, women had greater odds of receiving a low-quality graft than men, but there was no difference in graft survival [10]. Europe Liver Transplantation Registry (ELTR) study showed a statistically significant higher 10-year survival rate in women (66% vs. 59%,  $P < 0.0001$ ) [11]. Another German study showed better long-term survival (up to 20 years) in women undergoing LT [12]. There were also sex differences in primary liver disease and indications for LT, as well as comorbidities that may affect post-LT mortality risk [13].

Our center is a tertiary adult care hospital that has pioneered the Israel national transplantations program and is still a considerable performer in the diversity of transplantations (i.e., heart, lung, kidney, and liver transplantations). On an average, 35 liver transplantations (deceased and live donors) were performed annually.

The aim of this study was to compare sex-specific outcomes after primary deceased donor LTs, namely short-term mortality and long-term survival.

## 2. Materials and methods

Retrospective cohort of the entire series of consecutive transplantations at a single liver transplantation center, between 2010 and 2019. Inclusion criteria were patients  $\geq 18$  YO (adults), who underwent primary, deceased donor LT. Excluded were re-transplantations and multi-organ transplantations (e.g., liver kidney). Entry was at liver transplantation day. The end of follow-up was either death or survival at the end of the study, on 30th June 30, 2020. Mortality rate was evaluated within 30 days and 6 months. Survival rate was evaluated at 1,3 and 5 years of age.

The primary endpoint of our study was sex-specific post LT survival. Secondary targets were sex-specific survival stratified by age group, direct indication for LT, MELD, and primary liver morbidity.

The study protocol was approved by the institutional review board (Helsinki Committee), which waived the need for written informed consent.

The study was registered in the Research Registry, UIN: researchregistry7515 (<https://www.researchregistry.com/browse-the-registry/#home/registrationdetails/61d7555849b193001ef9e366/>).

### 2.1. Definitions and outcomes

The duration of follow-up for patients who died (during follow-up)

was the period between the LT and death date. Accordingly, the duration of follow-up of patient who survived until the end of follow-up was calculated as the difference between the LT date and June 30, 2020 (end of the study follow-up).

### 2.2. Data collection

The retrieved data included demographics, anthropometrics, basic clinical characteristics, direct indication for LT, primary liver disease, clinical features of liver disease such as ascites and hepatic encephalopathy, MELD (registration for LT and prior to LT), laboratory data, date of transplantation, and outcome.

### 2.3. Stratification

Age was stratified into three groups: 18-49Y, 50-64Y, and  $\geq 65$  years. Direct indication for transplantation was defined as either malignancy (HCC) or ESLD alone (HCC excluded). The MELD score was divided into two groups: low (<20) and high ( $\geq 20$ ). Six primary liver disease groups were defined: viral hepatitis (HBV + HCV), nonalcoholic steatohepatitis (NASH), autoimmune hepatitis (AIH), cholangitis-related diseases ((primary sclerosing cholangitis (PSC) + primary biliary cholangitis (PBC)), fulminant hepatic failure (FHF), and other liver diseases (that were not specifically mentioned) (OLD).

### 2.4. Analysis

We evaluated short-term outcome as 30d mortality, and 6 m mortality. The long-term outcomes were 1,3 and 5 years survival rate. We calculated post LT gender specific survival for the entire series by direct indication for LT (with and without HCC), MELD severity, age group, and primary liver disease.

Statistical analyses were performed using SPSS version 25 (IBM Ltd., US, 2018). Continuous variables are presented as mean  $\pm$  SD and evaluated by Student's t-test and analysis of variance (ANOVA). Frequencies were analyzed using Fisher's exact test and chi-square test for the comparison of discrete variables. Multivariate analysis was performed using a logistic regression analysis. Multivariate survival was analyzed using Kaplan-Meier and Cox regression analyses to compare long-term survival. Differences were considered statistically significant when the  $P \leq 0.05$ . The work has been reported in line with the STROCSS criteria [14].

## 3. Results

During 2010–2019, 261 LTs from deceased donors were performed at our center. Excluded were 21, which left after exclusions 240 primary, deceased donor LT.

### 3.1. Patient baseline characteristics

The baseline patient characteristics are summarized in Table 1. The mean age was slightly and statistically significantly younger in women than men by 3.5 years. Mean height and weight were significantly lower in women as expected, nevertheless, BMI was nearly identical by sex.

The mean MELD at listing was 17.7, at listing and 19.8 at LT, which was significantly higher in women than in men. There was a longer waiting time for LT in women, but the difference was not statistically significant.

The fraction of HCCs as direct indications for LT was significantly lower (nearly half) in women than in men. MELD was not significantly different by sex when HCC was the direct indication, but was significantly different by sex when HCC excluded. The distribution of primary liver disease was not identical between sexes, but was not statistically significant. There were no significant differences in clinical disease complication rates between women and men. There were no statistically

**Table 1**  
Overall and gender specific baseline characteristics at LT.

| Characteristic  | All (240) | Men (153) | Women (87) | P-value |
|---|-----------|-----------|------------|---------|
| Mean age (years)  | 53.9      | 55.2      | 51.6       | 0.02    |
| Mean MELD score at listing  | 17.7      | 17.0      | 19.1       | 0.03    |
| Mean MELD score at listing when primary indication for LT is ESLD         | 19.5      | 19.0      | 20.3       | 0.20    |
| Mean MELD score at listing when primary indication for LT is HCC          | 13.2      | 12.9      | 14.0       | 0.54    |
| Mean MELD score on transplantation  | 19.8      | 18.8      | 21.5       | 0.02    |
| Mean MELD score on transplantation when primary indication for LT is ESLD | 22.3      | 21.4      | 23.5       | 0.09    |
| Mean waiting time from listing (days)                                     | 344       | 327       | 374        | 0.56    |
| Mean Height (centimeters)   | 169       | 174       | 160        | <0.001  |
| Mean Weight (kilogram)  | 78.8      | 83.3      | 70.7       | <0.001  |
| Mean BMI (kg/m <sup>2</sup> )   | 27.7      | 27.6      | 28.0       | 0.7     |
| Mean Creatinine   | 1.2       | 1.0       | 1.6        | 0.36    |
| Mean INR  | 1.7       | 1.6       | 1.9        | 0.01    |
| Mean Bilirubin  | 5.6       | 4.7       | 7.3        | 0.005   |
| Donor age (years)   | 52.5      | 53.2      | 51.2       | 0.45    |
| Donor age over 50YO   | 59%       | 59.5%     | 57.5%      | 0.76    |
| Hospital stay (days)  | 19.5      | 17.1      | 23.9       | 0.09    |
| Average follow up (days)  | 1359      | 1234      | 1581       | 0.02    |
| Time until death (those who die) (days)                                   | 98        | 111       | 75         | 0.5     |
| Primary liver disease (N) in percentages                                  |           |           |            |         |
| Viral hepatitis (all types) (92)  | 38.3      | 41.8      | 32.2       | 0.17    |
| NASH (50)   | 20.8      | 21.6      | 19.5       |         |
| Autoimmune hepatitis (13)   | 5.4       | 3.3       | 9.2        |         |
| Fulminant hepatic failure (7)   | 2.9       | 3.9       | 1.1        |         |
| PSC + PBC (35)  | 14.6      | 13.1      | 17.2       |         |
| All other (43)  | 17.9      | 16.3      | 20.7       |         |
| HCC as primary indication for LT (65)                                     | 27.2      | 32.7      | 17.4       | 0.007   |
| Ascites % (167)   | 69.6      | 70.6      | 67.8       | 0.38    |
| HRS % (17)  | 7.1       | 6.5       | 8.0        | 0.42    |
| Esophageal varices % (117)  | 48.8      | 52.3      | 42.5       | 0.09    |
| Hepatic encephalopathy % (105)  | 43.8      | 45.8      | 40.2       | 0.24    |
| Cholangitis % (12)  | 5.0       | 3.9       | 6.9        | 0.24    |
| TIPS % (5)  | 2.1       | 2.6       | 1.1        | 0.40    |

significant differences in donor age or rate of donor above 50 years of age.

### 3.2. Outcome by gender

Sex-specific outcomes are presented in Table 2 and Fig. 1A. Statistically significant differences were observed in the 30-day mortality (8% in women vs. 17.6% in men,  $P = 0.03$ ) and 6-month mortality (11.5% vs. 23.5%,  $P = 0.02$ ). The survival curve presented in Fig. 1A revealed better female survival. 1-, 3-, and 5- year survival rate (83.3%, 83.4%, and 78.3% in women vs. 72.8%, 69%, and 64.9% in men respectively,  $P = 0.004$ ).

**Table 2**  
Gender specific outcome by primary indication for LT.

|                   | All indications |                 |                |         | HCC as primary indication for LT |                |                |         | Solely ESLD as primary indication for LT (HCC excluded) |                 |                |         |
|-------------------|-----------------|-----------------|----------------|---------|----------------------------------|----------------|----------------|---------|---|-----------------|----------------|---------|
|                   | All (240) (%)   | Males (153) (%) | Women (87) (%) | P-value | All (65) (%)                     | Males (50) (%) | Women (15) (%) | P-value | All (175) (%)   | Males (103) (%) | Women (72) (%) | P-value |
| 30-day mortality  | 14.2            | 17.6            | 8.0            | 0.03    | 9.2                              | 10             | 6.7            | 0.58    | 16.1  | 21.4            | 8.5            | 0.017   |
| 6-month mortality | 19.2            | 23.5            | 11.5           | 0.02    | 12.3                             | 12.0           | 13.3           | 0.60    | 21.8  | 29.1            | 11.3           | 0.004   |
| 1-year survival   | 77.7            | 72.8            | 86.3           | 0.004   | 87.7                             | 88.0           | 86.7           | 0.61    | 74.2  | 66.2            | 86.1           | 0.002   |
| 3-year survival   | 74.3            | 69.0            | 83.4           |         | 82.7                             | 83.7           | 78.8           |         | 71.3  | 62.4            | 84.2           |         |
| 5-year survival   | 69.8            | 64.9            | 78.3           |         | 76.4                             | 75.5           | 78.8           |         | 66.4  | 60.6            | 77.8           |         |

### 3.3. Outcome by direct indication for LT

The outcomes of direct indications for LT are presented in Table 2. HCC; Gender-specific survival curves were similar and not significantly different between sexes when HCC was the direct indication for LT.

HCC excluded; Gender-specific survival curves were considerably and statistically significantly better in women when the direct indication for LT was solely ESLD.

### 3.4. Outcome by MELD at registration

The outcomes of MELD at registration are presented in Table 3. When solely ESLD was the direct indication for LT (HCC excluded), 5 year survival rates were 52.4% in men and 78.1% in women when MELD was <20 ( $p = 0.014$ ) and 64.1% in men and 87.1% in women when MELD was  $\geq 20$  ( $p = 0.05$ ), both of which in favor of woman outcome.

### 3.5. Outcome by age groups

The outcomes by age group are presented in Fig. 1B,C, and D. Short- and long-term outcomes were better in women than in men, but not statistically significant in the 18-49Y group (Fig. 1B) and the 65+ YO group (Fig. 1D). For the 50-65 YO group (Fig. 1C), the 6-month mortality rate was considerably and statistically significantly lower in women than in men (12.8% vs. 30.7%, respectively,  $P = 0.016$ ). As shown in Fig. 1C, survival rates in the 50-65Y group after 1, 3, and 5 years were significantly higher for women than for men (88%, 83%, and 79% vs. 64%, 60%, and 55%, respectively,  $P = 0.005$ ).

### 3.6. Outcome by primary liver disease

Outcome by gender and by primary liver disease classification is presented in Table 4.

Viral hepatitis patients had significantly lower mortality rates after 30d and 6 m in women than in men (7.1% vs. 23.4%,  $P = 0.05$ , and 10.7% vs. 29.7%,  $P = 0.04$ , respectively). Women had significantly better survival than men after 1, 3, and 5 years (84%, 83%, and 82% vs. 80%, 74%, and 51%,  $P = 0.043$ , respectively).

NASH and OLD patients had considerably better survival in women than in men, but the differences were not statistically significant.

Patients with AIH had no documented mortality within 30d in both sex. Women had considerably lower mortality rates after 6 m but the difference was not statistically significant. There were considerably better survival rates in women after 1,3 and 5 years, but borderline statistically significant ( $P = 0.058$ ).

Patients with cholangitis-related diseases patients (PSC + PBC) of both sexes had very similar survival rates.

#### 3.6.1. Multivariate analysis

The results of multivariate logistic regression analysis for short-term mortality (30 days and 6 m) are presented in Table 5. The results

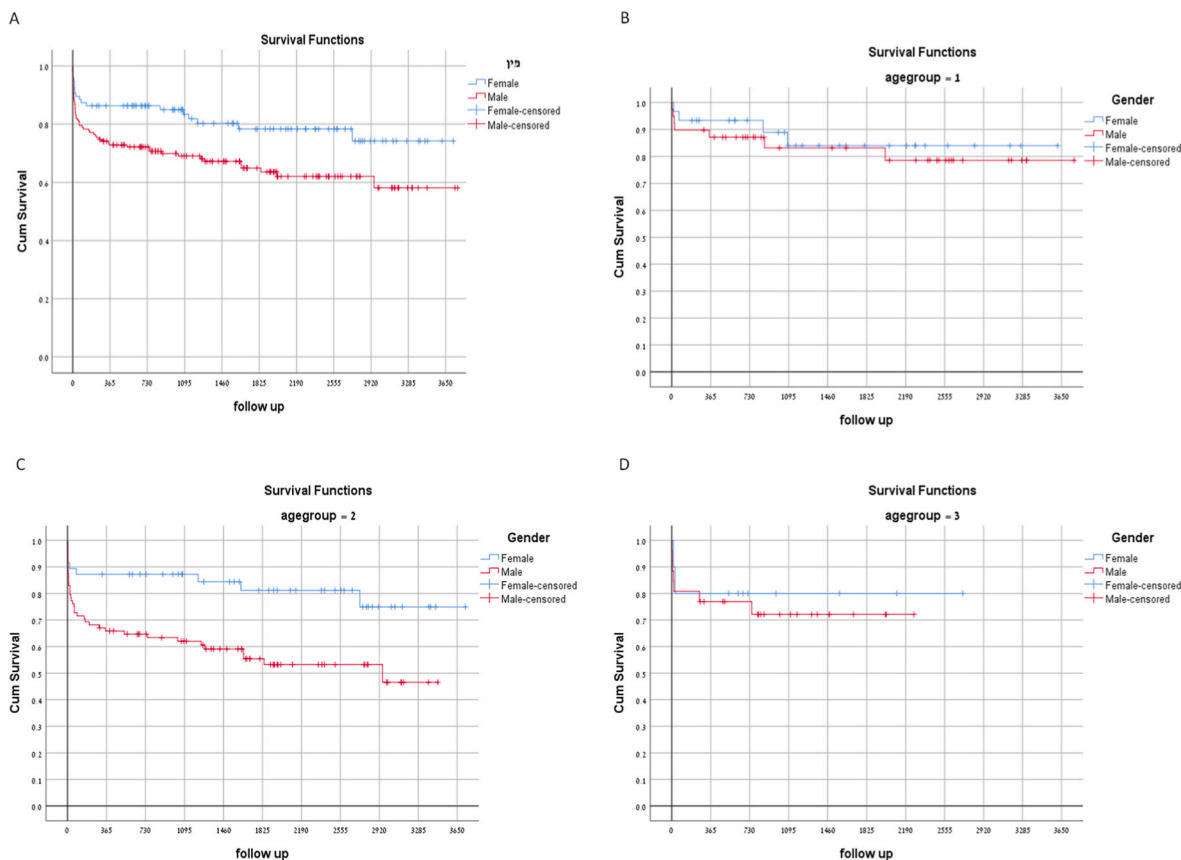


Fig. 1. Gender specific survival curves (A), and by age group:(B) 18-49y, (C) 50-65y, and (D) 65+.

**Table 3**  
Gender specific outcome by MELD category on registration.

| Direct indication for LT   | Outcome measure   | MELD < 20 |           |           |         | MELD ≥ 20 |           |           |         |
|----------------------------|-------------------|-----------|-----------|-----------|---------|-----------|-----------|-----------|---------|
|                            |                   | All (%)   | Males (%) | Women (%) | p-value | All (%)   | Males (%) | Women (%) | p-value |
| HCC as direct indication   | 30-day mortality  | 13.2      | 15.7      | 8.8       | 0.9     | 16.0      | 21.6      | 6.7       | 0.5     |
|                            | 6-month mortality | 17.6      | 19.6      | 14.0      | 0.4     | 22.2      | 31.4      | 6.7       | 0.34    |
|                            | 1-year survival   | 80.5      | 77.5      | 86.0      | 0.6     | 75.1      | 64.6      | 93.3      | 0.91    |
|                            | 3-year survival   | 76.6      | 71.3      | 86.0      |         | 71.7      | 64.6      | 83.9      |         |
|                            | 5-year survival   | 70.3      | 62.4      | 80.3      |         | 71.7      | 60.3      | 83.9      |         |
| Solely ESLD (HCC excluded) | 30-day mortality  | 16.3      | 21.3      | 9.3       | 0.1     | 15.7      | 21.4      | 7.1       | 0.1     |
|                            | 6-month mortality | 22.1      | 27.9      | 14.0      | 0.09    | 21.4      | 31.0      | 7.1       | 0.02    |
|                            | 1-year survival   | 75.0      | 67.2      | 86.0      | 0.014   | 75.4      | 64.1      | 92.9      | 0.05    |
|                            | 3-year survival   | 70.9      | 59.9      | 86.0      |         | 73.1      | 64.1      | 87.1      |         |
|                            | 5-year survival   | 65.4      | 52.4      | 78.1      |         | 73.1      | 64.1      | 87.1      |         |

revealed that age and sex were statistically significant variables ( $p < 0.05$ ), but neither HCC nor MELD, (at transplantation) or primary liver disease was a primary indication.

### 3.6.2. Long-term survival

The Cox regression for 5 years survival multivariate analysis is presented in Table 5. The results revealed that age and female sex were statistically significant variables ( $p < 0.05$ ), but neither HCC was a primary indication nor MELD score at transplantation or primary liver disease.

## 4. Discussion

Our study pointed towards better women survival after deceased donor liver transplantation. Whenever considerable sex-specific survival differences are detected, potential confounders should be excluded. A better outcome was evident when the direct indication for LT was solely

ESLD (HCC excluded). When the direct indication for LT was HCC, survival was similar for both sexes. Women's better outcomes were evident independent of the MELD category (above or below 20). Better women outcomes were considerable and statistically significant for the 50-65Y group. A better outcome was evident in most primary liver disease groups (excluding combined cholangitis PSC + PBC, in which sex-specific survival was similar). However, a statistically significant difference was noted only when the underlying liver disease was viral hepatitis.

Women were slightly younger on average, which is a positive prognostic factor, but other female characteristics were negative prognostic factors such as higher average MELDs both at registration and LT, longer waiting period before LT, and lower fraction of HCC as a direct indication for LT (HCC is associated with better prognosis).

Multivariate analysis of short- and long-term outcomes (including age, direct indication for LT, Meld, and primary liver morbidity) revealed that sex (female) is an independent protective prognostic factor

**Table 4**  
Overall and gender specific outcome by primary liver disease.

|                                    |                      | Both genders | Males | Women | P-value |
|------------------------------------|----------------------|--------------|-------|-------|---------|
| <b>NASH</b>                        | <b>N</b>             | 50           | 33    | 17    |         |
|                                    | 30 days mortality    | 10.0%        | 12.1% | 5.9%  | 0.44    |
|                                    | 6 month mortality    | 16.0%        | 18.2% | 11.8% | 0.44    |
|                                    | One year survival    | 79%          | 73%   | 85%   | 0.30    |
|                                    | Three years survival | 70%          | 65%   | 85%   |         |
|                                    | Five years survival  | 66%          | 60%   | 75%   |         |
| <b>Autoimmune hepatitis</b>        | <b>N</b>             | 13           | 5     | 8     |         |
|                                    | 30 days mortality    | 0%           | 0%    | 0%    | –       |
|                                    | 6 month mortality    | 15.4%        | 40%   | 0%    | 0.13    |
|                                    | One year survival    | 79%          | 33%   | 93%   | 0.058   |
|                                    | Three years survival | 70%          | 50%   | 87%   |         |
|                                    | Five years survival  | 66%          | 35%   | 75%   |         |
| <b>PSC + PBC</b>                   | <b>N</b>             | 35           | 20    | 15    |         |
|                                    | 30 days mortality    | 17.1%        | 20.0% | 13.3% | 0.48    |
|                                    | 6 month mortality    | 22.9%        | 25.0% | 20.0% | 0.53    |
|                                    | One year survival    | 84%          | 79%   | 81%   | 0.83    |
|                                    | Three years survival | 67%          | 79%   | 81%   |         |
|                                    | Five years survival  | 64%          | 60%   | 63%   |         |
| <b>Viral hepatitis (all types)</b> | <b>N</b>             | 92           | 64    | 28    |         |
|                                    | 30 days mortality    | 18.5%        | 23.4% | 7.1%  | 0.05    |
|                                    | 6 month mortality    | 23.9%        | 29.7% | 10.7% | 0.04    |
|                                    | One year survival    | 74%          | 80%   | 84%   | 0.043   |
|                                    | Three years survival | 70%          | 74%   | 83%   |         |
|                                    | Five years survival  | 66%          | 51%   | 82%   |         |
| <b>Fulminant hepatic failure</b>   | <b>N</b>             | 7            | 6     | 1     |         |
|                                    | 30 days mortality    | 0%           | 0%    | 0%    | –       |
|                                    | 6 month mortality    | 0%           | 0%    | 0%    | –       |
|                                    | One year survival    | 100%         | 100%  | 100%  | –       |
|                                    | Three years survival | 100%         | 100%  | 100%  |         |
|                                    | Five years survival  | 100%         | 100%  | 100%  |         |
| <b>All Other ESLD</b>              | <b>N</b>             | 43           | 25    | 18    |         |
|                                    | 30 days mortality    | 14.0%        | 16.0% | 11.1% | 0.50    |
|                                    | 6 month mortality    | 14.0%        | 16.0% | 11.1% | 0.50    |
|                                    | One year survival    | 81%          | 78%   | 85%   | 0.25    |
|                                    | Three years survival | 81%          | 74%   | 85%   |         |
|                                    | Five years survival  | 81%          | 74%   | 85%   |         |

for survival. The question of whether sex affects post-transplant survival has been controversial in previous studies. Our results differ from those of studies that showed that female sex is associated with worse outcomes for patients with hepatitis C undergoing LT [15,16].

Recent studies support our findings. A study from Heidelberg, Germany, Bruns et-al. Showed that being female was a positive predictor of postoperative 90-day and 1-year mortality in the MELD>20 group [9]. In a recent study from the European Liver Transplant Registry (ELTR), Germani et al. showed that in a group of 46,334 LT patients, women had a significantly better survival rate up to 10 years after LT [11]. Schoening et-al demonstrated a better survival rate in women for up to 20 years after LT (P = 0.017) in 313 patients [12].

There are several possible factors that have associated post LT outcomes differently by sex. In a U.S. Scientific Registry of Transplant Recipients (SRTR) study, Mathur et al. showed that in a large group of 19,249 liver transplant recipients, women had greater odds of receiving a low-quality graft than men; however, there was no difference in graft survival [10]. Menopause is associated with higher rates of weight gain and increases in central fat mass, both risk factors for developing NASH and metabolic syndrome [17]. However, several studies have shown that male sex is a risk factor for new-onset diabetes [18,19] and post LT obesity [20]. men have also a higher long-term risk of post LT cardiovascular disease [21,22]. In recent years, many studies have demonstrated the influence of sarcopenia on mortality before and after LT. Male sex is an independent predictor of sarcopenia [23], and low muscle mass was also associated with worse post LT survival in men but not in women [24]. In a study from the US SRTR, Bhat et al.. Showed that the male sex is an independent predictor of post LT de novo malignancy [25]. Finally, male sex was associated with poorer survival in patients aged >65 YO of age undergoing LT, but not in women [26]. Estrogen can also be involved in better outcomes for women, as demonstrated in a study showing that E2/ERA signaling increase in bilirubin metabolism might contribute to better post-LDLT surgery outcomes and hepatocyte function recovery during the liver regeneration process [27].

Our study has several limitations, including its modest volume and single-center series over several years. Nevertheless, the indication for LT and the percentage of these indications are in concordance with other LT centers in Europe and the US. Our center is a prominent referral center for LT in Israel. Moreover, the allocation of deceased donor organs to the patient and transplantation center is determined independently by the Israeli National Center of Transplantation.

We became aware of the apparently sex outcome disparities following quality assurance outcome evaluation. We had review the literature and found debated findings. We are aware that we present a modest single center experience. However, there is also an advantage as confounding effect can be eliminated in regard with staff (same staff), protocols (same protocols), organ preparation (identical organ’s preparation), surgical technique (same surgical technique) or post operative care (same post operative care). The advantages of a single center also include similar pre-transplantation care, same proceedings, and the same liver institute that evaluate and follow transplanted patients in the long term.

We are not claiming our findings represent universal phenomenon but we wish to share our findings to the scientific and professional community to raise their concern and encourage discussion whether a multicenter evaluation is justified.

The consistencies of the findings by stratification and through multivariate analysis strongly decrease concern that the differences in outcome between genders were due to random effect (“chance”). Better female outcomes were consistent even when statistical significance was not reached, which also strengthened the likelihood of phenomenon validity. The modest group size may have prevented statistical significance.

The study was a retrospective cohort based of existing database. We had not identified differences that may confound gender disparities in both short and long term outcomes. However our retrospective cohort



**Table 5**

Multivariate analysis for short and long term outcome post LT.

| 30 days mortality logistic regression model           |       |           |   |       |         |
|---|-------|-----------|---|-------|---------|
| Variable  | OR    | OR 95% CI |   |       | P value |
| Age   | 1.040 | 1.002     | , | 1.079 | 0.044   |
| Female gender   | 0.377 | 0.152     | , | 0.934 | 0.035   |
| HCC as primary indication                             | 0.379 | 0.131     | , | 1.098 | 0.074   |
| MELD at transplantation                               | 1.012 | 0.962     | , | 1.065 | 0.65    |
| Primary liver disease                                 | 1.168 | 0.926     | , | 1.476 | 0.19    |
| 6 months mortality logistic regression model          |       |           |   |       |         |
| Variable  | OR    | OR 95% CI |   |       | P value |
| Age   | 1.038 | 1.005     | , | 1.074 | 0.028   |
| Female gender   | 0.388 | 0.177     | , | 0.850 | 0.018   |
| HCC as primary indication                             | 0.40  | 0.156     | , | 1.019 | 0.055   |
| MELD at transplantation                               | 1.017 | 0.972     | , | 1.064 | 0.47    |
| Primary liver disease                                 | 1.038 | 0.846     | , | 1.272 | 0.72    |
| Multivariate Cox-regression 5 years survival analysis |       |           |   |       |         |
| Variable  | OR    | OR 95% CI |   |       | P value |
| Age   | 1.028 | 1.004     | , | 1.053 | 0.023   |
| Female gender   | 0.417 | 0.232     | , | 0.748 | 0.003   |
| HCC as primary indication                             | 0.596 | 0.313     | , | 1.133 | 0.114   |
| MELD at transplantation                               | 1.012 | 0.979     | , | 1.046 | 0.49    |
| Primary liver disease                                 | 0.998 | 0.865     | , | 1.152 | 0.98    |

Variable(s) entered on step 1: age, Gender, HCC as primary indication, MELD at transplantation, primary liver disease.

was limited to the available documented data.

## 5. Conclusions

We demonstrated a better female outcome after liver transplantation in the short and long term. Given the consistency of the results by the underlying liver disease and the multivariate analysis, this is unlikely to be attributable to known and available confounders. Consistently better female outcomes have not been previously reported. We are not claiming this is universal phenomenon but we wish to share our findings with the scientific and professional community to raise their concern. We suggest that a multicenter evaluation targeting outcome sex disparities should be considered.

## Ethical approval

Helsinki Committee, Rabin Medical Centre No:649-2021-RMC, November 21, 2021.

## Source of funding

None.

## Author contribution

**Uri Gabbay** - had initiated and designed the study, performed the data analysis, interpreted the findings and co-draft the manuscript. **Assaf Issachar** - had design the study, review the literature, contributed to the data capture, interpreted the findings and co-draft the manuscript. **Michal Cohen-Naftaly** - had reviewed the literature, interpreted the findings, review and revised the manuscript. **Marius Brown** - had reviewed the literature, evaluated the data capture, interpreted the findings, review and revised the manuscript. **Eviatar Nesher** had initiated and designed the study, contributed to the data capture, interpreted the findings, reviewed the literature, review and revised the manuscript. All authors confirm the final manuscript.

## Trial registry number

1. Name of the registry: Research Registry
2. UIN: researchregistry7515

3. [https://www.researchregistry.com/browse-the-registry#home/?view\\_2\\_search=7515&view\\_2\\_page=1](https://www.researchregistry.com/browse-the-registry#home/?view_2_search=7515&view_2_page=1)

## Guarantor

Uri Gabbay.

## Data availability statement

Data is not available publicly.

## Provenance and peer review

Not commissioned, externally peer-reviewed.

## Declaration of competing interest

None.

## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.amsu.2022.103933>.

## References

- [1] C.C. Jadlowiec, T. Taner, Liver transplantation: current status and challenges, *World J. Gastroenterol.* 22 (2016) 4438–4445.
- [2] P. Dutkowsky, M. Linecker, M.L. DeOliveira, B. Müllhaupt, P.A. Clavien, Challenges to liver transplantation and strategies to improve outcomes, *Gastroenterology* 148 (2015) 307–323.
- [3] R.B. Freeman Jr., R.H. Wiesner, A. Harper, S.V. McDiarmid, J. Lake, E. Edwards, et al., UNOS/OPTN liver disease severity score, UNOS/OPTN liver and intestine, and UNOS/OPTN pediatric transplantation committees. The new liver allocation system: moving toward evidence-based transplantation policy, *Liver Transplant.* 8 (2002) 851–858.
- [4] A.K. Mathur, D.E. Schaubel, Q. Gong, M.K. Guidinger, R.M. Merion, Racial and ethnic disparities in access to liver transplantation, *Liver Transplant.* 16 (2010) 1033–1040.
- [5] E. Cholongitas, M. Thomas, M. Senzolo, A.K. Burroughs, Gender disparity and MELD in liver transplantation, *J. Hepatol.* 55 (2011) 500–501.
- [6] A.M. Allen, J.K. Heimbach, J.J. Larson, K.C. Mara, W.R. Kim, P.S. Kamath, et al., Reduced access to liver transplantation in females: role of height, meld exception scores, and renal function underestimation, *Transplantation* 102 (2018) 1710–1716.

- [7] R.P. Myers, A.A. Shaheen, A.I. Aspinall, R.R. Quinn, K.W. Burak, Gender, renal function, and outcomes on the liver transplant waiting list: assessment of revised MELD including estimated glomerular filtration rate, *J. Hepatol.* 54 (2011) 462–470.
- [8] G. Cullaro, M. Sarkar, J.C. Lai, Sex-based disparities in delisting for being "too sick" for liver transplantation, *Am. J. Transplant.* 18 (2018) 1214–1219.
- [9] H. Bruns, V.J. Lozanovski, D. Schultze, N. Hillebrand, U. Hinz, M.W. Büchler, et al., Prediction of postoperative mortality in liver transplantation in the era of MELD-based liver allocation: a multivariate analysis, *PLoS One* 9 (2014), e98782.
- [10] A.K. Mathur, D.E. Schaubel, H. Zhang, M.K. Guidinger, R.M. Merion, Disparities in liver transplantation: the association between donor quality and recipient race/ethnicity and sex, *Transplantation* 97 (2014) 862–869.
- [11] G. Germani, N. Zeni, A. Zanetto, R. Adam, V. Karam, L.S. Belli, et al., European Liver, Intestine Transplant Association (ELITA). Influence of donor and recipient gender on liver transplantation outcomes in Europe, *Liver Int.* 40 (2020) 1961–1971.
- [12] W.N. Schoening, N. Buescher, S. Rademacher, A. Andreou, S. Kuehn, R. Neuhaus, et al., Twenty-year longitudinal follow-up after orthotopic liver transplantation: a single-center experience of 313 consecutive cases, *Am. J. Transplant.* 13 (2013) 2384–2394.
- [13] M. Sarkar, K.D. Watt, N. Terrault, M. Berenguer, Outcomes in liver transplantation: does sex matter? *J. Hepatol.* 62 (2015) 946–955.
- [14] G. Mathew, R. Agha, for the STROCCS Group, STROCCS 2021: strengthening the Reporting of cohort, cross-sectional and case-control studies in Surgery, *Int. J. Surg.* 96 (2021), 106165.
- [15] L.S. Belli, R. Romagnoli, A. Nardi, T. Marianelli, F. Donato, S.G. Corradini, et al., Liver Match Investigators. Recipient female gender is a risk factor for graft loss after liver transplantation for chronic hepatitis C: evidence from the prospective Liver Match cohort, *Dig. Liver Dis.* 47 (2015) 689–694.
- [16] G. Dultz, B.I. Graubard, P. Martin, M.W. Welker, J. Vermehren, S. Zeuzem, et al., Liver transplantation for chronic hepatitis C virus infection in the United States 2002–2014: an analysis of the UNOS/OPTN registry, *PLoS One* 12 (2017), e0186898.
- [17] H.N. Polotsky, A.J. Polotsky, Metabolic implications of menopause, *Semin. Reprod. Med.* 28 (2010) 426–434.
- [18] J. Parekh, D.A. Corley, S. Feng, Diabetes, hypertension and hyperlipidemia: prevalence over time and impact on long-term survival after liver transplantation, *Am. J. Transplant.* 12 (2012) 2181–2187.
- [19] A.D. Aravinthan, W. Fateen, A.C. Doyle, S.V. Venkatachalapathy, A. Issachar, Z. Galvin, et al., The impact of preexisting and post-transplant diabetes mellitus on outcomes following liver transplantation, *Transplantation* 103 (2019) 2523–2530.
- [20] S. Beckmann, K. Denhaerynck, S. Stampf, N. Saigi-Morgui, I. Binet, M. Koller, et al., Psychosocial interest group; Swiss transplant cohort study. New-onset obesity after liver transplantation-outcomes and risk factors: the Swiss transplant cohort study, *Transpl. Int.* 31 (2018) 1254–1267.
- [21] L.B. VanWagner, B. Lapin, A.I. Skaro, D.M. Lloyd-Jones, M.E. Rinella, Impact of renal impairment on cardiovascular disease mortality after liver transplantation for nonalcoholic steatohepatitis cirrhosis, *Liver Int.* 35 (2015) 2575–2583.
- [22] L. Sastre, R. García, J.G. Gándara, P. Ruiz, J. Lombardo, J. Colmenero, et al., Incidence, predictors, and impact on survival of long-term cardiovascular events after liver transplantation, *Transplantation* 104 (2020) 317–325.
- [23] P. Tandon, M. Ney, I. Irwin, M.M. Ma, L. Gramlich, V.G. Bain, et al., Severe muscle depletion in patients on the liver transplant wait list: its prevalence and independent prognostic value, *Liver Transplant.* 18 (2012) 1209–1216.
- [24] A. DiMartini, R.J. Cruz Jr., M.A. Dew, L. Myaskovsky, B. Goodpaster, K. Fox, et al., Muscle mass predicts outcomes following liver transplantation, *Liver Transplant.* 19 (2013) 1172–1180.
- [25] M. Bhat, K. Mara, R. Dierkhising, K.D. Watt, Gender, race and disease etiology predict de novo malignancy risk after liver transplantation: insights for future individualized cancer screening guidance, *Transplantation* 103 (2019) 91–100.
- [26] E. Slattery, J.E. Hegarty, P.A. McCormick, It's a man's world: does orthotopic liver transplantation in the elderly male confer an additional risk on survival? *Can. J. Gastroenterol.* 26 (2012) 697–700.
- [27] T.L. Kao, Y.L. Chen, Y.P. Kuan, W.C. Chang, Y.C. Ho, S. Yeh, et al., Estrogen-receptor  $\alpha$  signaling facilitates bilirubin metabolism in regenerating liver through regulating cytochrome P450 2A6 expression, *Cell Transplant.* 26 (2017) 1822–1829.