SYSTEMATIC REVIEW



REVISED Cost and cost-effectiveness analysis of treatment for

child undernutrition in low- and middle-income countries: A

systematic review [version 2; peer review: 2 approved]

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Abstract

Background: Undernutrition remains highly prevalent in low- and middle-income countries, with sub-Saharan Africa and Southern Asia accounting for majority of the cases. Apart from the health and human capacity impacts on children affected by malnutrition, there are significant economic impacts to households and service providers. The aim of this study was to determine the current state of knowledge on costs and cost-effectiveness of child undernutrition treatment to households, health providers, organizations and governments in low and middle-income countries (LMICs).

Methods: We conducted a systematic review of peer-reviewed studies in LMICs up to September 2019. We searched online databases including PubMed-Medline, Embase, Popline, Econlit and Web of Science. We identified additional articles through bibliographic citation searches. Only articles including costs of child undernutrition treatment were included.

Results: We identified a total of 6436 articles, and only 50 met the eligibility criteria. Most included studies adopted

institutional/program (45%) and health provider (38%) perspectives. The studies varied in the interventions studied and costing methods used with treatment costs reported ranging between US\$0.44 and US\$1344 per child. The main cost drivers were personnel, therapeutic food and productivity loss. We also assessed the cost effectiveness of community-based management of malnutrition programs (CMAM). Cost per disability adjusted life year (DALY) averted for a CMAM program integrated into existing health services in Malawi was \$42. Overall, cost per DALY averted for CMAM ranged between US\$26 and US\$53, which was much lower than facility-based management (US\$1344).

Conclusion: There is a need to assess the burden of direct and indirect costs of child undernutrition to households and communities



Open Peer Review

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in order to plan, identify cost-effective solutions and address issues of cost that may limit delivery, uptake and effectiveness. Standardized methods and reporting in economic evaluations would facilitate interpretation and provide a means for comparing costs and costeffectiveness of interventions.

Keywords

Economic burden, cost, cost effectiveness analysis, undernutrition, malnutrition, community-based, low and middle-income countries



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REVISED Amendments from Version 1

We have revised the manuscript to address the comments and suggestions made by the reviewers.

1. In the Abstract: Background section, we have added costeffectiveness of child undernutrition treatment as one of the main aims of the review.

 We have added a summary of results on cost-effectiveness of child undernutrition treatment in the Abstract: Results section.
 We have included an explanation and justification of why we only included studies assessing treatment interventions in the Introduction section.

4. We have clarified the descriptive analysis approach used to assess the cost drivers in the statistical analysis section.

5. We have reworded our statement explaining the percentage of studies conducted per country and region in the subsection "Studies by region and continent."

6. In the subsection "Economic evaluation by perspective" we have defined and described each perspective analysed and presented.

7. In the subsection "Community volunteers' perspective" we have added information on an article "Puett *et al.* 2013" which also considers costs for community-based management of acute malnutrition (CMAM) delivered by community volunteers. 8. In Table 5 and Table 6, we have added the percentage (%)

total mean cost per direct medical and non-medical costs for the health providers and program perspectives.

9. In the subsection CMAM we have added information on the average cost per child for the CMAM implemented in the community versus facility-based programs.

10. In the subsection "Limitations" we have added information on the challenges experienced comparing or standardizing costs and cost structures across settings and information on the most common principles that studies did not adhere to.

11. In the conclusion section, we have added recommendations on the need for studies to generate cost estimates of integrated programs from government delivered programs and the need to adhere to GHCC guidelines for comprehensive secondary analysis.

Any further responses from the reviewers can be found at the end of the article

Introduction

Malnutrition (undernutrition, overweight and micronutrient deficiencies) is a major underlying factor for mortality, morbidity and poor child development^{1,2}. Undernutrition is associated with lower achievement in education, reduced employment achievement and health status in adulthood and low birthweight in offspring, creating an intergenerational cycle^{2,3}. Worse effects in children are experienced during their first 1000 days, owing to their higher nutritional requirements and fragile nature^{4,5}. Only a small fraction of these deficits is reversible during childhood and adolescence, especially if the children remain in impoverished environments^{5,6}.

Despite efforts by national and international organizations, malnutrition rates remain alarmingly high. Undernutrition is estimated to cause approximately half of all under five deaths, close to 3.1 million deaths annually⁴. Moderate and severe stunting and wasting affected close to 155 million and 17 million under

five children, respectively, by 2016⁷. The highest prevalence of wasting is in low- and middle-income countries (LMICs), with sub-Saharan Africa and South Asia accounting for majority of cases⁴. Poverty, adverse climatic conditions, policies, corruption, social cultural and religious factors are major contributing factors to the high prevalence of child undernutrition in sub-Saharan Africa⁸.

Until recently, all children suffering from severe acute malnutrition (SAM) were treated as inpatients, which was a major limitation due to inaccessibility of health facilities^{1,9}. In 2007, the World Health Organization (WHO) endorsed community-based management of acute malnutrition (CMAM) to treat uncomplicated SAM cases and moderate acute malnutrition (MAM) cases in the community¹⁰. CMAM constitutes community mobilization, treating uncomplicated SAM and MAM cases as outpatients with ready-to-use therapeutic food (RUTF) and antimicrobials to treat infections¹¹. Cases with medical complications are still recommended to be admitted to inpatient units and are discharged to outpatient care once stabilized and feeding adequately, rather than full nutritional rehabilitation being conducted in the inpatient setting.

Economic impact

While there is a lot of research ongoing on the health and human impacts of child undernutrition, there is paucity of information on the economic impacts that necessitate further exploration. The long-term effects of undernutrition on the child's economic potential translate to a reduction in national productivity¹². Studies show that children affected by malnutrition in early life risk losing a significant percentage of their lifetime earnings¹³. For instance, a 1% less attained height is estimated to contribute to a reduction of 2.4% earnings in adulthood¹³.

Malnutrition is responsible for an 11% yearly Gross National Product (GNP) loss in Africa and Asia¹⁴. These economic losses are largely due to provider costs of treating undernutrition and its associated infections, reduced educational performance and lower agricultural activity¹⁵. Thus, undernutrition is a major setback towards poverty eradication and attainment of sustainable development goals (SDGs). Support for nutrition interventions is an investment for the future. For instance, attainment of the 40% stunting reduction target by the World Health Assembly by 2025 could result in a cumulative addition Gross Domestic Product (GDP) of US\$7 billion in Uganda¹³.

Costs incurred by households with undernourished children have largely been ignored although such costs may exceed costs to the government^{15,16}. This is predominantly due to the high expenditure on health care (out-of-pocket costs) during malnutrition treatment and indirect costs, including the opportunity cost of time spent away from normal duties while taking care of the sick children or attending clinics¹⁵. To cover these costs, families may borrow or sell assets and be highly dependent on other family members and the community, majorly affecting their economic productivity.

The aim of this systematic review was to determine the current state of knowledge on the costs and cost-effectiveness of child undernutrition treatment(s) to households, health providers, organizations and governments in LMICs. The findings will inform health researchers, policy makers, non-governmental organisations and the private sector to plan, identify cost-effective solutions and address issues of cost to providers and households that may limit delivery, uptake and effectiveness. We only included studies that assessed the cost of treatment interventions (for children with anthropometrically defined wasting or kwashiorkor). Interventions ranging from supplementary feeding for children with moderate acute malnutrition and therapeutic feeding and other treatments for children with severe acute malnutrition, including during community-based management of severe acute malnutrition (CMAM) as well as facility-based outpatient and inpatient treatment. We excluded prevention interventions, screening and treating micronutrient deficiencies as they are broader topics worthy of their own reviews.

Methods

Information sources

This systematic review followed the Preferred Reporting Items for Systematic reviews and Meta-Analyses (PRISMA) guidelines¹⁷. We conducted a literature search for all studies published in English or French up to September 2019 in the following electronic databases; PubMed-Medline, Embase, Popline, Econlit and Web of Science. We also sought additional published articles through Google Scholar and bibliographic citation searches.

Inclusion and exclusion criteria

We included articles that (1) were published in English or French; (2) involved treatment interventions for anthropometric undernutrition; (3) had children (below 18 years) as the sample in the study; (4) had cost components or involved economic evaluation and; (5) were conducted in low and middle-income countries.

We excluded articles that did not meet our criteria in two stages. At the initial stage (by title and abstracts) if the study involved an adult population, was done in a high-income country, included overweight/obesity or involved micronutrient deficiencies with no anthropometric undernutrition. At the second stage (full article review) if the article was a study protocol, had reported global cost estimates of child undernutrition treatment or was a review article.

Search strategy

We used the National Health Service Centre for Reviews and Dissemination¹⁸ recommendations to develop a search strategy

where the review question was broken down to search terms (Table 1). We also used Medical Subject Headings (MeSH) terms in addition to the main search terms. We combined the search terms using Boolean operators such as "AND" and "OR" as necessary.

Screening of articles

We exported and combined articles retrieved from the different databases in Endnote $X8^{19}$ to remove duplicates. We used the Rayyan web app²⁰ for screening of the articles. Two reviewers screened the titles and abstracts independently. We resolved disagreements by consensus. The process was repeated for full article review until relevant articles were selected.

Data extraction

We collected all relevant information required for analysis using a data extraction template designed in Microsoft Excel 2013. We extracted details on author, year of publication, country, data year, number of children, age range of the children, the study perspective, the time horizon (period between data collection and analysis), type of economic evaluation conducted, analytical approach used, intervention/s studied, comparator/s, cost per DALYs, cost per life years saved, cost per case averted, incremental cost effectiveness ratio (ICER), direct medical costs, direct non-medical costs, indirect costs, total costs, coping strategies and cost drivers.

Quality assessment of the studies

We assessed the quality of the included studies using the Global Health Cost Consortium (GHCC) guidelines²¹. The GHCC guidelines consist of 17 items within four main sections designed to evaluate costing studies: 1) study design and scope, 2) service and resource use measurement, 3) valuation and pricing, 4) analyzing and presenting results. Each item was rated by the extent of reporting in the following categories: "1=satisfied" or "0=not satisfied" and "X=not applicable". For each reviewed study, the "not applicable" rating was acceptable for three items in the GHCC guidelines: "Amortization of capital costs", "Discounting and inflation" and "use of shadow prices". This was because amortization of capital costs, discounting and inflation only applies for studies reporting costs over a period of more than one year while use of shadow prices applies for studies valuing inputs without market prices. The total number of articles reporting by each item was then summed up.

Cost and cost-effectiveness analysis

We classified the extracted cost data into direct medical, direct non-medical and indirect costs. The direct medical costs included expenditure on medication (drugs and diagnostic

Table 1. Search terms as included in the databases.

(cost OR "financial burden" OR "economic burden" OR "financial cost" OR "economic cost" OR expens* OR expend* OR spending) AND

(malnutrition OR undernutrition OR undernourish* OR malnourish* OR wasting OR "wasted" OR SAM OR MAM OR "Severe Acute Malnutrition" OR "Moderate Acute Malnutrition" OR kwashiorkor OR "nutritional oedema" OR "nutritional edema") AND (child OR children OR baby OR babies OR infant OR infants)

tests), supplementary feeds (therapeutic food), capital (buildings, equipment and supplies), personnel (staff salaries) and administrative costs (training, monitoring and supervision of activities and consultation fees). Direct non-medical costs included travel, food expenses for caregivers and any other person accompanying them and costs incurred to cover household chores usually done by the families. Indirect costs included the opportunity cost of time the guardians or caregivers spent away from their daily productive routine. We also reviewed data on the cost-effectiveness of CMAM compared to facility based management of malnutrition. We extracted data on cost per DALY gained/averted, cost per life year saved and cost per child treated/recovered from the included studies.

Statistical analysis

We used R version 3.4.1²² for all statistical analyses. We converted all costs to US dollars using a currency converter²³ for each data year reported. We reported the means, medians and ranges of the direct and indirect costs according to the perspectives adopted by the included studies. The mean and median costs reported were used to assess the main cost drivers for each perspective. We also reviewed coping strategies reported by the included articles. A comprehensive meta-analysis for comparison of costs across the included studies was not done due to hetereogeneity in the costing methods and the interventions assessed.

Results

Search results

The literature search yielded 6436 articles: 6424 titles and abstracts through database searching and an additional 12 records through bibliographic citation searches. A total of 4399 articles (excluding duplicates) were selected for title and abstract evaluation. Full-text articles were then obtained for the 159 articles considered potentially eligible for inclusion and full-text articles were obtained; 50 of which met the inclusion criteria (Table 2). We excluded 109 articles after full article review, mostly with no anthopometric undernutrition or no cost components. Figure 1 shows the flow of selection and inclusion of the studies.

Year of publication

The included articles were published between 1972 and 2019, with majority (66%) published from 2009. Of those published from 2009, 17 assessed the cost of supplementary feeds administered to children with MAM, while twelve studies assessed costs of implementation of CMAM programs in different regions, four of which compared CMAM to facility-based care of children with SAM. Studies published between 1972 and 1997 mainly focused on nutritional rehabilitation programs involving administration of supplementary feeds or special diets to children, parental counselling and monitoring. Two of these studies assessed the cost of inpatient treatment for children with malnutrition.

Studies by region and continent

Overall, most studies were carried out in Africa (56%) and Asia (34%), while others were done in the Caribbean and

South America (Figure 2). With reference to the World Bank classification of countries²⁴, more than 75% of these studies were conducted in either low-income or lower middle economies (with Gross National Income per capita of less than \$3996).

Perspective of the analysis

Perspective in economic evaluation describes the viewpoint adopted when deciding the scope of costs and benefits to be included²¹. Studies in this review mostly adopted an institutional/program perspective (44%) or health provider perspective (38%) (Figure 3). Nine studies reported costs from the government's perspective, three of which modelled the costs of scaling up nutrition interventions to reduce stunting. Only ten studies included in this review assessed costs incurred during treatment of child undernutrition from more than one perspective (Table 2).

Type of economic evaluation and analytical approach

Studies included were cost analyses (n=33), cost-effectiveness studies (n=15) and cost benefit analyses (n=2). The cost analysis approach only measures costs without considering outcomes. The cost-effectiveness technique measures relative cost against effectiveness of the intervention, while cost-benefit analysis compares cost of intervention against benefits gained from the intervention. Eight of the cost-effectiveness analysis studies assessed the standard CMAM program compared to alternative treatment. The two cost-benefit analysis studies reported cost benefit ratios of interventions aimed at reducing stunting^{25,26}.

The majority (22%) of these studies adopted the bottom-up approach to costing, while program experience and price times quantity approaches (6%) were the least used (Figure 4). The bottom-up approach estimates total costs through the multiplication of unit costs by the quantities used²⁷. The programme experience approach utilizes cost data for each intervention from actual programs in operation while considering the delivery channels²⁸. Activity-based costing involves assignment of costs to departments or activities then to various services²¹.

Economic evaluation by perspective

Government perspective. We defined this as costs incurred by the government for treatment of child undernutrition. We identified nine studies reporting these costs. Five of these studies modelled the economic consequences of undernutrition and the cost of scaling up stunting interventions in African and Asian countries. Among these, two studies explored the economic losses in Cambodia associated with 14 nutrition indicators of malnutrition including stunting, underweight and wasting^{29,30}. The studies used a consequence model to estimate the value of economic losses due to increased child mortality, depressed future productivity, and excess healthcare expenditures attributable to malnutrition. On average, losses due to malnutrition accounted for more than 260 million USD annually; equivalent to approximately 1.5% of the Cambodian GDP. Notably, average annual losses due to stunting was higher (US\$124 million) compared to underweight (US\$17 million) and

	Economic Outcome	Cost per child: \$805.36	Cost of supplements;; a) \$0.28 for 92g b) \$0.22 for 127g c) \$0.21 for 125 g d) LMF =\$0.18 for 129 g.	Total cost per child for rehabilitation: \$34.31 100g of high density diet cost \$0.22	a) \$159 b) \$63.8 c) \$38.8	Mean cost per child was \$203 CTC cost \$53 per DALY gained and \$ 1760 per life vear saved
	Age (months)	6 to 59	6 to 35	15.5 ± 8.5	12 to 60	<60
	Sample size(n)	40	a)344; b)349; c)307; d)284;	123	437	2523
	Intervention	Community-based management of SAM	Supplementary feeds (community-based) a) RUSF b) CSB++ c) Locally processed, fortified flour (Misola) d) LMF	Nutritional rehabilitation (home based-high density diet, parental counselling & monitoring)	a) Inpatient management b) Day care c) Domiciliary	Community-based therapeutic care (CTC) vs hypothetical no treatment
	Activity- ased costing		Х	Bottom-up approach	Modelling approach	
	Perspective of study	Societal	Provider	Program	Institutional & parental	Healthcare care providers
	Study designType of economic evaluationRetrospective cross-sectional studyCost analysisCluster randomized trialCost analysis		Cost analysis	Cost- effectiveness	Cost- effectiveness	
			Retrospective cohort	Longitudinal, prospective and controlled trial	Decision analytical modelling	
	Country	Ghana	Mali	Pakistan	Bangladesh	Zambia
	Year	2014	2015	2016	1997	2009
Author Abdul-Latif <i>et al.</i> ³¹		Abdul-Latif <i>et al.</i> ³¹	Ackatia <i>et al.</i> ³²	Akram <i>et al.</i> ³³	Ashworth <i>et al.</i> ³⁴	Bachmann ³⁵
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Table 2. Characteristics of the included studies in the review.

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Economic Outcome	Hospital costs Rs. 525 Parent costs = Rs. 100–150	Economic losses due to; Wasting = \$18.8 Underweight = \$22.3 Stunting = \$128	Medication cost US\$14 per child for every six months Milk and fat food cost US\$2	a) Hospital= 760 FCFA/patient/day b) Ambulatory = 720 FCFA/patient/ day The mean cost for; a) Hospital rehabilitation = 22881 FCFA b) Ambulatory = 10387 FCFA	The cost per child (MAM) = \$66.56 The cost per child (SAM) = \$211.04	The overall cost of the intervention was€13,448
Age (months)	<60	1	< 36	5 to 28	6 to 168	51.6
Sample size(n)	25		36	100	Total= 113 MAM (88) SAM (25)	2642
Intervention	Domiciliary management of PEM (special diet)		Community based approach to treatment of SAM (dietary advice, antibotics, anthelminthics & vitamin supplements)	Hospital vs ambulatory nutitional rehabilitation	WHO Nutritional care plans a) NCP-B for MAM b) NCP-C + NCP-B for SAM	Outpatient treatment + locally produced food
Analytical approach	X	Modelling approach	X	Bottom-up approach	Bottom-up approach	NR
Perspective of study	Hospital and families	Government	Healthcare care providers	Healthcare care providers	Program	Health care provider
Type of economic evaluation	Cost analysis		Cost analysis	Cost analysis	Cost analysis	Cost analysis
Study design	Prospective cohort	Model study of economic losses due to malnutrition	Prospective cohort	Randomized clinical trial	Retrospective cohort	Prospective cohort
Country	India	Cambodia	Jamaica	Niger	South Africa	Guinea Bissau
Year	1972	2014	1994	1994	2013	2008
o Author	Bai ³⁶	Bagriansky <i>et al.</i> 29	Bredow <i>et al.</i> ³⁷	Chapko <i>et al.</i> ³⁸	Cobb <i>et al.</i> ³⁹	Colombatti <i>et al.</i> ⁴⁰
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Economic Outcome	The average cost per patient was \$4	Cost per child = \$21	Average cost per child was \$140	Research costs per child: RUTF-C = \$227 RUTF-L = \$229 A-HPF = \$238 Government costs: RUTF-C = \$53 RUTF-L = \$54 A-HPF = \$61	Cost per child per year was US\$20.5	Cost per child was \$144.48 Cost per DALY gained was \$36.27
Age (months)	1 to >60	1 to 36	6 to 59	6 to 59	24 to 60	1
Sample size(n)	111	54	161	a) 124 b) 124 c) 123 c) 123	974	36907
Intervention	Treatment using drugs	Nutrition rehabilitation (education & child diet)	Nutritional rehabilitation	Supplementary feeding: a) Centrally produced RUTF (RUTF-C) b) Locally produced RUTF (RUTF-L) c) Augmented, energy dense, home prepared food (A-HPF)	Nutrition rehabilitation (nutrition education and diet)	Treatment with therapeutic feed
Analytical approach	Bottom-up	Bottom-up	Bottom-up	Price times quantity approach	Top-down approach	Modelling approach
Perspective of study		Program	Program	Research & government		Program
Type of economic evaluation	Cost analysis	Cost analysis	Cost analysis	Cost analysis	Cost analysis	Cost- effectiveness
Study design	Prospective cohort study	Observational	Cross sectional	Randomized clinical trial	Longitudinal, prospective	Analytical modelling
Country	India	Peru	Bangladesh	India	Egypt	Uganda
Year	2010	1991	1993	2018	2004	2013
Author	Daga et al. ⁴¹	Fernandez <i>et al.</i> ⁴²	Fronczak <i>et al.</i> ⁴³	Garg et al. ⁴⁴	Ghoneim <i>et al.</i> ⁴⁵	Glenn P Jenkins ⁴⁶
°S	12	.	4	1	16	1

Economic Outcome	Cost per child was \$27.11 Cost per death averted was \$12360 Cost per DALY averted was \$23	The low-cost porridge supplement (€2640/year/100 children)	 a) DRC = 3.8 b) Madagascar e).8 c) Ethiopia = 10.6 d) Uganda = 13 e) Tanzania = 14.6 f) Kenya = 15.2 g) Sudan = 23 h) Nigeria = 24.4 i) Yemen = 28.6 j) Nepal = 12.9 k) Bangladesh = 17.9 k) Bangladesh = 17.9 k) Bangladesh = 17.9 k) Bangladesh = 17.9 i) Vietnam = 35.3 o) Philippines = 43.8 p) Indonesia = 47.7 	Food= \$6.1 Medicines= \$8.5 Total(US\$ 14.6 per child
Age (months)	0 to 36	6 to 72		23.5± 15.3
Sample size(n)	12362	250-300		171
Intervention	Aahar acute malnutrition programme vs standard care	Supplementary feeding (locally available Ingredients)	Reducing stunting based on Bhutta <i>et al.</i> 2013 interventions	WHO recommendation(acute phase & nutritional rehab phase)
Analytical approach	oosting	Bottom-up approach	approach	Bottom-up approach
Perspective of study	Program & household	Program	Government	Hospital and program
Type of economic evaluation	Cost- effectiveness	Cost analysis	Benefit cost ratios	Cost analysis
Study design	Cohort	Cohort	Model study	Cohort
Country	India	Uganda	 a) DRC b) Madagascar c) Ethiopia d) Uganda e) Tanzania f) Kenya g) Sudan h) Nigeria j) Nepal k) Bangladesh h) India n) Vietnam o) Philippines p) Indonesia 	Bangladesh
Year	2018	2006	2013	2009
o Author	Goudet <i>et al.</i> ⁴⁷	Greco <i>et al.</i> ⁴⁸	Hoddinott <i>et al.</i> ²⁵	Hossain <i>et al.</i> ⁴⁹
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Economic Outcome	Overall cost of the CMAM program = €148.86 per child a) Outpatient treatment cost = €75.50/child b) Inpatient treatment cost = €134.57/child c) Management administration costs were €40.38/child	Cost per child: a) \$17.25 b) \$8.10 c) \$7.85 d) \$8.50 e) 165Cost per DALY averted a) \$347 b) \$446 c) \$490 d) \$446 c) \$490 d) \$630 e) 142Cost per death averted a) \$6321 b) \$12435 c) \$13146 d) \$17486 e) \$17486 e) \$17486 e) \$17486 e) \$17486 e] \$174866 e] \$174866 e] \$174866 e] \$174866 e] \$1748666 e] \$1748666666666666666666666666666666666666
Age (months)	0 29	6 to 35
Sample size(n)	16084	1264
Intervention	Community-based treatment of SAM (CMAM, integrated)	Supplementary feeds: a) RUTF b) CSB++ c) Misola d) Locally milled flour vse) Treatment of SAM only
Analytical approach	Activity-based costing and Ingredients approach	Activity-based costing
Perspective of study	Provider	Provider
Type of economic evaluation	Cost analysis	Cost- effectiveness
Study design	Retrospective cohort	Cluster- randomized trial
Country	Niger	Mali
Year	2016	2019
Author	Isanaka <i>et al.</i> ⁵⁰	Isanaka <i>et al.</i> s
Š	22	23

Economic Outcome	Total service costs per child: a) NUT = \$23 b) MC villages = \$9 c) NUT + MC = \$21 d) Control villages = \$8 Cost per death averted: a) NUT = \$76 b) MC = \$135 c) NUT + MC = \$21	Total annual cost for the center = \$4155 Cost per child is \$10	Total hospital expenditures for: a) Stunted children = ϵ 524.05 b) Wasted = ϵ 576.08 c) Stunted and wasted = ϵ 1175.58	Cost per child treated was \$5.39	The cost of the three foods was as follows: US\$0.03 for CSB++, US\$0.04 for soy RUSF, and US\$0.07 for soy/ whey RUSF per whey RUSF per 100 kcal (418 kJ)
Age (months)	× 36		1 to 59 Mean age (26.8 ± 1.8)	6 to 59	6 to 59
Sample size(n)	2900		ß	2417	a) 948 b) 964 c) 978
Intervention	a) Nutritional care (NUT) b) Medical care (MC) c) NUT + MC d) Control	Centers for prevention and therapy for SAM	Hospitalization	Ready-to-use supplemental food	a) Fortified blended flour (CSB++) b) Locally produced soy RUSF c) Imported soy/whey RUSF
Analytical approach	Activity-based costing		Bottom-up approach		Bottom-up
Perspective of study	Program	Program	Hospital		Provider
Type of economic evaluation	Cost- effectiveness	Cost analysis	Cost analysis	Cost analysis	Cost analysis
Study design	Longitudinal and cross-sectional		Prospective cohort	Prospective, observational	Prospective, randomized, investigator blinded, controlled non- inferiority trial
Country	India	Haiti	Thailand	Malawi	Malawi
Year	1978	1978	2016	2010	2011
Author	Kielman <i>et al.</i> ⁵²	King <i>et al.</i> ³³	Kittisakmontri <i>et al.</i> ⁵⁴	Lagrone <i>et al.</i> ⁵⁵	Lagrone <i>et al.</i> ⁵⁶
No.	24	25	26	27	28

Economic Outcome	Total costs: a) Mild, moderate and severe malnutrition = \$1034510 b) Moderate and severe malnutrition = \$888659 Costs per death averted: a) Mild, moderate and severe malnutrition = \$144.1 b) Moderate and severe = \$257.2	a) Energy dense RTU = $\mathbf{\epsilon}$ 12.51 per day b) PIF + sunflower= $\mathbf{\epsilon}$ 16.92 c) PIF + MCT oil = $\mathbf{\epsilon}$ 19.61	The cost of the foods: Milk/peanut FS = US\$0.16/1000 kJ Soy/peanut FS = US\$ 0.08/1000 kJ CSB = US\$0.04/1000 kJ	Cost to treat a child with: CSB+ = €3.48 RUSF = € 3.52
Age (months)	6 to 59	<12 months	6–60	25-59
Sample size(n)	a) Mild, moderate and severe malnutrition = 2,358,824 b) Moderate and severe = 398,450	2652		8
Intervention	Vitamin A supplementation	Energy dense ready-to- use (RTU) infant feed vs fortified infant formula (PIF)	Locally manufactured milk/peanut fortified spreads (FS) Soy/peanut FS Corn/soy blended flour (CSB)	Ready-to-use supplemental food (RUSF) Corn-soya blend (CSB+)
Analytical approach	Bottom-up approach	Bottom-up approach	Bottom-up approach	Bottom-up approach
Perspective of study	Government	Hospital	Provider	Provider
Type of economic evaluation	Cost effectiveness	Cost analysis	Cost analysis	Cost analysis
Study design	Prospective study	Retrospective cohort	Randomized clinical effectiveness trial	Comparative efficacy trial
Country	Philippines	South Africa	Malawi	Cameroon
Year	1997	2013	2009	2016
Author	Loevinsohn <i>et al.⁵⁷</i>	Marino <i>et al.</i> ⁵⁸	Matilsky <i>et al.</i> ⁵⁹	Medoua <i>et al.</i> ⁶⁰
°2	5	00	10 10	32

Economic Outcome	Estimated cost per child was \$200	Total cost of the program in the two years was \$2740. The total cost per child was \$31.1	Economic losses due to: Wasting = \$7.4 Underweight = \$12.3 Stunting = \$120.3	Cost per child \$33	Total costs: Therapeutic feeding = \$12549660 Community based management of MAM = \$28213620
Age (months)		< 36	1	12 to 60	1
Sample size(n)		88		93	
Intervention	Community based management of SAM	Growth monitoring Community volunteer program	1	RUTF	Therapeutic feed and community-based treatment of MAM
Analytical approach	Program experience approach	Bottom-up approach	Modelling approach	Bottom-up approach	Ingredients approach
Perspective of study	Program	Program	Government	Provider	Provider perspective
Type of economic evaluation	Cost analysis	Cost analysis	Cost analysis	Cost analysis	Cost analysis
Study design	Model study	Retrospective cohort	Model study of economic losses due to malnutrition	Randomized controlled trial	Model study
Country	India	Jamaica	Cambodia	Malawi	South Africa
Year	2016	1995	2016	2005	2017
Author	Menon <i>et al.</i> ⁶¹	Melville et al. ⁶²	Moench- Pfanner ³⁰	Ndekha <i>et al.</i> ⁶³	Nkonki <i>et al.</i> ⁶⁴
Ň	33	34	35	36	37

Economic Outcome	Cost per death averted: a) CMAM = \$869 b) Inpatient = \$4568 Cost per DALY averted: a) CMAM = \$26 b) Inpatient = \$1344 Cost per child treated: a) CMAM = \$165 b) Inpatient = \$1344 cost per child treated: a) CMAM = \$165 b) Inpatient = \$1344 cost per child treated: a) CMAM = \$180 b) Inpatient = \$1344 cost per child treated: b) Inpatient = \$1346 cost per child treated: b) Inpatient = \$1365 cost per child treated: b] cost per child treat	Institutional costs (per child): a) Daily program = \$234.3 \pm 156.9 b) Weekly program = \$257.1 \pm 152.3 Total social costs (volunteer & caregivers time) per child: a) Daily = \$141.9 \pm 103.7) b) Weekly = \$74.7 \pm 54.8)
Age (months)	13 to 16	Daily program (30.9 ± 12.9) Weekly program (31.6 ± 13.9)
Sample size(n)	1357	204
Intervention	Community-based management of SAM delivered by community health workers (CMAM) vs inpatient treatment inpatient treatment	Community-based daily program (semi urban area) vs weekly program (rural area)
Analytical approach	Activity-based costing	Bottom-up approach
Perspective of study	Societal	Institutional/ program
Type of economic evaluation	Cost- effectiveness	Cost analysis
Study design	Cross-sectional	Prospective cohort
Country	Bangladesh	Indonesia
Year	2013	2012
Author	Puett <i>et al.</i> ⁶⁵	Purwestri <i>et al.</i> ⁶⁶
°2	α M	6 Ƙ

Economic Outcome	Total program cost is \$114.8 million Cost per child = \$ 18 Cost benefit ratio is 2.8	Cost per child: a) 244 b) 442	Cost per child: a) 291 b) 301	Cost per child treated: a) 256 b) 239 c) 290 d) 369 cost per child recovered: a) 482 b) 318 c) 416 d) 522 ICER (Aquatabs vs SAM treatment only) = \$24
Age (months)		6 to 59	6 to 59	6 to 59
Sample size(n)	306518	a) 617 b) 212	a) 425 b) 393	106
Intervention	Foetal and maternal growth monitoring, micronutrient supplements & immunizations (<i>Pyosandu</i>) and block grants (<i>Generasi</i>)	 a) CHW: screening in the community + referral to outpatient clinics b) CHW: outpatient clinics only 	a) LHW: screening in the community + referral to outpatient clinics b) LHW: outpatient clinics only	a) SAM treatment only b) SAM treatment + Aquatabs c) SAM treatment + flocculent disinfection d) SAM treatment + ceramic filters
Analytical approach	Modelling approach	Activity-based costing	Activity-based costing	Z
Perspective of study	Program	Societal	Societal	Institutional
Type of economic evaluation	Cost-benefit analysis	Cost and cost effectiveness	Cost and cost effectiveness	Cost and cost effectiveness
Study design	Modelling study	Clinical cohort trial	Clinical cohort trial	controlled trial
Country	Indonesia	Mali	Pakistan	Pakistan
Year	2013	2018	2019	2019
Author	Qureshy et al. ²⁶	Rogers et al. ⁶⁷	Rogers et al. ⁶⁸	Rogers et al. ⁶⁹
å	40	4	42	43

Economic Outcome	Cost per child: a) \$22 b) \$55	Cost per child: a) 154.8 b) 121.05	Cost per DALY averted: DRC = \$143 Mali = \$178 Nigeria = \$141 Togo = \$127 Cost per lífe year cost per lífe year Saved: DRC = \$226 Mali = \$344 Nigeria = \$292 Togo = \$238	The total cost per child treated: a) CTC = \$134.88 b) TFC = \$284.56 Total institutional costs per child: a) TFC = \$262.62 b) CTC = \$128.58 b) CTC = \$128.58 Caretakers cost per child: a) CTC = \$6.29 b) TFC = \$21.93
Age (months)	12 to 60	a) 17.4 b) 15.2		CTC (41.42 ± 20.58) ± 47.8)
Sample size(n)	260	a) 845 b) 1122		90e
Intervention	a) RUTF (local) b) RUTF (imported)	a) SC+ b) LNS	Cost of scaling up 10 Lancet interventions (Bhutta 2013)	Community-based therapeutic care (CTC) vs therapeutic feeding (TFC)
Analytical approach	Bottom-up approach	Bottom-up approach	Program experience approach	Bottom-up approach
Perspective of study	Provider	Provider	Government	Societal perspective
Type of economic evaluation	Cost analysis	Cost analysis	Cost effectiveness	Cost- effectiveness
Study design	Randomized controlled trial	Prospective cohort	Modelling study	Retrospective cohort
Country	Malawi	Niger	DRC, Mali, Nigeria and Togo	Ethiopia
Year	2004	2015	2016	2012
Author	Sandige <i>et al.</i> ⁷⁰	Sayyad-Neerkorn et al.71	Shekar <i>et al.</i> ²⁸	Tekeste <i>et al.</i> ⁷²
°Z	4	45	40	47

nomic tcome	t per child: 15.37 0.46 t per case tred 138.50 t per death tred 1952	al costs = 7759 erall cost per d/attendance= 42 AM = R194 AM = R73	tt per DALY rted IAM) = US\$42 tt per life ed (CMAM) = \$1365 s1365 al cost for viding: (),703 don-CMAM t was \$23,394	djusted life year; Democratic onal supplement;
Age months) Ou) to 18 Cos a) \$ b) \$ b) \$ cos ave = \$ cos cos = \$ = \$	D to 84 Tott R25 COS R2.4 1 COS 0 S 0 S 0 D D	 560 ave ave ave ave ave ave ave ave ave ave	DALY, disability-a. bared food; DRC, ipid-based nutriti
Sample size(n)	187	42	2780	herapeutic care; tanse, home prel per Cereal; LNS, fectiveness ratio
Intervention	Nutrition education programme	Philani Nutrition day center for rehabilitation of undernourished children (SAM and MAM)	CMAM integrated into existing health services (CMAM) vs non-CMAM	urrs; CTC, community-based t ; A-HPF, augmented, energy o vdered infant formula; SC, Su vdery, ICER, incremental cost-ef iter; ICER, incremental cost-ef
Analytical approach	Activity-based costing	Modelling approach	Approach	IF, locally milled flc e therapeutic food dical care; PIF, pov dical care; cen C, therapeutic cen
Perspective of study	a) Provider b) Household	Program	Program & government	orn-Soy Blend; LM RUTF, ready-to-us; onal care; MC, me Health Worker; TF Health Worker; TF
Type of economic evaluation	Cost effectiveness	Cost analysis	Cost- effectiveness	antary food; CSB, C cute malnutrition; F trition; NUT, nutriti Vorker, LHW, Lady Vorker, LHW, Lady
Study design	Prospective	Retrospective cohort	Decision analytical modelling	, ready-to-use suppleme plan; MAM, moderate ar gement of acute malnut 1W, Community Health V 1
Country	Peru	South Africa	Malawi	not reported; RUSF 2P, nutritional care nunity-based mana ain triglyceride; CH ain triglyceride; CH
Year	2006	1985	2011	ion; NR, I rition; NR M, comm :dium-ch
Author	Waters <i>et al.</i> ⁷³	Whittaker <i>et al.</i> ⁷⁴	Wilford <i>et al.</i> ⁷⁵	severe acute malnutrit protein energy malnut olic of the Congo, CMA olic face spread; MCT, me rtified spread; MCT, me
Š	48	49	20	W W Page 17 of 39



Figure 1. Flowchart showing the search, selection and inclusion of studies.

wasting (US\$13 million). This was due to the high prevalence of stunted children in the country.

A study published in 2013 assessed the cost benefit analysis of interventions aimed at reducing stunting for 17 high burden countries²⁵. The benefit cost ratio for all the countries was greater than one and ranged between 3.5 (Democratic Republic of the Congo, DRC) to 48 (Indonesia), meaning that an equivalent of \$US3.5 and \$US48 in economic returns could be generated in DRC and Indonesia, respectively, for every dollar invested in programmes aimed at reducing stunting.

Cost-effectiveness analyses of nutrition-specific interventions was conducted using data from four African countries²⁸. The cost per DALY averted ranged between (US\$127–US\$178), which was below the established willingness to pay threshold in these countries, suggesting that scaling up these interventions was cost effective.

One study explored costs borne by the government during the implementation and integration of a CMAM program into existing health services⁷⁵. Findings from this study showed that the government covered only 10% of the total costs. These included administrative costs, inpatient costs for children who were referred to inpatient treatment and labor costs by the clinic staff and supervisors. The main driver of these costs were labor costs (US\$12 per child).

Community volunteers perspective. We defined this as the direct and indirect costs incurred by community volunteers during the implementation of CMAM. The review identified five studies assessing these costs^{31,65–68}. Two studies conducted in Mali and Pakistan compared the cost effectiveness of treatment of uncomplicated SAM by community health workers (CHWs) to outpatient facility based programs^{67,68}. The study in Mali reported that delivery of treatment by CHWs (\$259 per child recovered) was more cost-effective compared



Regions as defined by WB classification (GNI per capita); Low Income (\$1025 or less); Lower Middle Income (\$1026-\$3995); Upper Middle Income (\$3996-\$12375)

Figure 2. Number of articles by World Bank classification regions WB, World Bank; GNI, gross national income.



Number of reviewed articles by perspective of the analysis

Perspective of the analysis

Figure 3. Number of articles by perspective of the analysis.



29 articles did not report analytical approach



to the outpatient facility care (\$501 per child). The study in Pakistan, however, reported considerable uncertainity as to which method was more cost-effective as results of the sensitivity analyses showed small differences in costs and recovery rates between the two arms (Table 3). In addition, a paper done in Bangladesh assessing the cost-effectiveness of CMAM delivered by CHWs found out that this was more cost-effective (US\$26 per DALY averted) than inpatient treatment (US\$1344 per DALY averted). Each CHWs was paid a monthly stipend of US\$11.80 during this study⁶⁵

The other two studies conducted in Ghana³¹ and Indonesia⁶⁶ reported indirect and transport costs incurred by community volunteers while implementing the CMAM program. The average costs were US\$61 and \$0.2 per child for indirect costs and transport costs, respectively.

Household perspective. We defined this as the direct and indirect costs incurred by families of children with undernutrition. Ten studies conducted between 1997 and 2019 reported costs from the household's perspective. Nine studies considered interventions for children under the age of five years with SAM. The average cost per child to households ranged widely from US\$0.5 in Peru⁷³ to US\$82 in Bangladesh⁶⁵. The least costly study in Peru (2006) involved a nutritional education programme in which the households only incurred transportation and consultation costs; all other costs were incurred by the health facilities

delivering the program. The Bangladesh study (2016) compared costs incurred during CMAM and inpatient treatment, with the latter being more costly to the households (US\$82) per child treated.

Overall, the least costly treatments to households were those involving outpatient management, day care or CMAM programs, costing US\$0.5–US\$69 per child compared to traditional inpatient management (US\$3.1–US\$538). Among the direct medical costs, supplementary feeds was the highest cost driver (\$14 per child) to the households, as reported by a study conducted in Ghana during the implementation of a CMAM program³¹. Productivity loss was also higher in inpatient care than outpatient care due to the longer periods spent in health care facilities with their children during treatment (Table 4). Overall, direct non-medical costs such as food (US\$22) and indirect costs (US\$21) were the main cost drivers to households.

Health providers' perspective. We defined this as the direct medical and direct non-medical costs incurred by institutions offering health services. Of the included studies, 19 reported costs from the health provider's perspective. These studies assessed costs incurred due to provision of supplementary feeds for children with MAM, cost of outpatient treatment (CMAM, daycare management and domiciliary management) and costs of inpatient care. Costs borne by the providers included both direct medical and direct non-medical costs

	Author; year	Country	Sample size (n)	Intervention	Outcome	Cost per child (USD)	Cost per DALY averted/ gained (USD)	Cost per life year saved (USD)	Cost per death averted (USD)
1.	Abdul-Latif 2014 ³¹	Ghana	40	CMAM	NR	805	NR	NR	NR
2.	Bachmann 2009 ³⁵	Zambia	2523	a) CMAM b) Hypothetical no treatment	Mortality: a) 9.2% b) 20.8%	203	53 (DALY gained)	1760	NR
3.	Goudet <i>et al.</i> 2018 ⁴⁷	India	12362	a) Aahar acute malnutrition program b) Standard of care	Cured	27	23		12360
4.	Isanaka <i>et al.</i> 2016 ⁵⁰	Niger	16084	CMAM	NR	196	NR	NR	NR
5.	Isanaka <i>et al.</i> 2019 ⁵¹	Mali	1264	Treatment of MAM: a) RUTF b) CSB++ c) Misola d) Locally milled flour Treatment of SAM only	Reduced risk of death: a) 15.4% b) 12.7% c) 11.9% d) 10.3% SAM: NR	a) 17.25 b) 8.10 c) 7.85 d) 8.50 SAM: 165	a) 347 b) 446 c) 490 d) 630 SAM: 142	NR	a) 9821 b) 12435 c) 13146 d) 17486 SAM: 3974
6.	Puett <i>et al.</i> 2013 ⁶⁵	Bangladesh	1357	a) CMAM b) Inpatient treatment ("standard of care")	Recovery rates: a) 91.9% b) 1.4%	a) 165 b) 1344	a) 26 b) 1344		a) 869 b) 45688
7.	Purwestry et al. 2012 ⁶⁶	Indonesia	a) 103 b) 101	a) CMAM (daily supervision) b) CMAM (weekly supervision)	Weight gain: a) 3.7g/kg/day b) 2.2g/kg/day	a) 376 b) 331	NR	NR	NR
8.	Rogers et al. 2018 ⁶⁷	Mali	a) 617 b) 212	a) CHW: screening/ treatment in community + referral to outpatient clinics b) CHW: outpatient clinics only	Recovery rates: a) 94.17% b) 88.21%	Cost per child treated a) 244 b) 442 Cost per child recovered: a) 259 b) 501	NR	NR	NR
9.	Rogers <i>et al.</i> 2019 ⁶⁸	Pakistan	a) 425 b) 393	a) LHW: screening/ treatment in community + referral to outpatient clinics b) LHW: outpatient clinics only	Recovery rates: a) 76% b) 82.3%	Cost per child treated: a) 291 b) 301 Cost per child recovered: a) 382 b) 383 ICER (control): 146	NR	NR	NR

 Table 3. Costs and cost-effectiveness of community-based management of severe acute malnutrition (CMAM integrated programs).

	Author; year	Country	Sample size (n)	Intervention	Outcome	Cost per child (USD)	Cost per DALY averted/ gained (USD)	Cost per life year saved (USD)	Cost per death averted (USD)
10	Rogers et al. 2019 ⁶⁹	Pakistan	901	a) SAM treatment only b) SAM treatment + Aquatabs c) SAM treatment + flocculent disinfection d) SAM treatment + ceramic filters	Recovery rates a) 53.1% b) 75.2% c) 69.7% d) 70.7%	Cost per child treated: a) 256 b) 239 c) 290 d) 369 Cost per child recovered: a) 482 b) 318 c) 416 d) 522 ICER (Aquatabs) = \$24			
11	Tekeste <i>et al.</i> 2012 ⁷²	Ethiopia	306	a) CMAM b) Facility-based therapeutic care	Cure rates a) 94.3 % b) 95.36%	a) 135 b) 285	NR	NR	NR
12	Wilford <i>et al.</i> 2011 ⁷⁵	Malawi	2780	a) CMAM integrated into existing health servicesb) Existing health services (inpatient care)	Mortality a) 11.9% b)17.1%	a) 165 b) 16.7	a) 42	a) 1365	NR

DALY, disability-adjusted life year; USD, United States Dollars; NR: not reported; CMAM, community-based management of malnutrition; LHW, Lady Health Worker; CHW, Community Health Worker; RUTF, ready-to-use therapeutic feeding; SAM, severe acute malnutrition; CSB, corn soy blend; ICER, incremental cost-effectiveness ratio.

	Outpatient (CMAM, day care, domiciliary care)		Inpatient management				
Cost categories	Mean (SD)	Median [IQR]	N*	Mean (SD)	Median [IQR]	N*	
Direct medical costs							
Medication costs	-	-		7.6	7.6	1	
Supplementary feeding	14.4	14.4	1	-	-	-	
Administrative costs	0.4	0.4	1	-	-	-	
Direct non-medical costs							
Transport costs	1.9 (1.6)	2.0 [0.7,2.4]	4	2.9 (3.8)	0.9 [0.7-4.1]	3	
Food (non-medical)	6.6 (7.5)	4.0 [3,6]	4	32.1	32.1	1	
Indirect costs (loss of income)	18.9 (24.5)	10.2 [3,22]	6	16.6 (12.4)	21.0 [11-23]	3	

Table 4. Cost per child per treatment in USD incurred by households.

USD, United States Dollars; CMAM, community management of acute malnutrition; SD, standard deviation; IQR, interquartile range; N^* , number of articles included.

(Table 5). The average cost per child per treatment ranged widely between the studies (US\$4-US\$811.31). The main driver of costs for the health providers were personnel costs (personnel wages and salaries).

Program perspective. We defined this as the direct medical and direct non-medical costs incurred by non-health care organisations and institutions implementing programs aimed at managing child undernutrition. In total, 22 articles reported these costs.

Cost categories	Mean (SD)	Percentage of total mean costs	Median [IQR]	N*
Direct medical costs				
Personnel costs	117 (226)	50	35 [8-99]	6
Medication costs	42 (65)	18	20 [9-41]	6
Capital costs	18 (13)	7	19 [8-28]	3
Administrative costs	18 (25)	7	2 [1-34]	3
Supplementary feeding	29 (36)	12	16 [8-34]	14
Direct non-medical costs				
Transport costs	9 (16)	3	0.6 [0.3-14]	3

Table 5. Cost per child per treatment in USD incurred by health providers.

USD, United States Dollars; SD, standard deviation; IQR, interquartile range; N*, number of articles included.

These programs included community-based management of malnutrition and nutrition rehabilitation centers set up for children with malnutrition. Costs incurred by these organizations included direct medical and direct non-medical costs (Table 6). The costs incurred ranged from US\$0.15 to US\$449.56. The main drivers were personnel costs (personnel wages and salaries) and administrative costs (training costs, monitoring and mobilization costs).

CMAM

The costs and cost-effectiveness of CMAM integrated programs for treatment of children under five with SAM were assessed in 12 studies published after 2009; seven of these were implemented in African countries and five in Asian countries. These costs included; personnel, supplementary feeding, transport and opportunity costs to households and community volunteers. The costs ranged from \$135 in Ethiopia to \$850 per child in Ghana. The main drivers of costs incurred were personnel costs, which were as high as \$200 per child in Indonesia, and supplementary feeds, which ranged from \$13 to \$87 per child, the least costly feeds being made from locally available materials.

Additionally, four studies assessed the cost-effectiveness of the CMAM program^{35,65,72,75}. Cost per disability adjusted life year (DALY) for the CMAM program ranged between US\$26 and US\$53, which was much lower compared to facility-based management (US\$1344 per DALY averted) (Table 3). Further, a study carried out in Malawi reveals that integration of a community-based program into existing health services is cost-effective⁷⁵. The study used a decision tree model to compare costs and effects of existing health services with CMAM and existing health services without CMAM. In this study, there were 342 less deaths in the CMAM implemented scenario compared to the non-implemented scenario. The resulting cost per DALY averted for adding CMAM in to existing health services was US\$42, which was highly cost-effective.

Overall, cost per child for the CMAM programs implemented by community volunteers was \$216 while CMAM implemented in traditional facility-based programs was \$300 per child (Table 3).

Productivity loss and coping strategies

In addition to direct health care costs such as drug costs and transport costs incurred by households due to malnutrition, families spend a lot of time away from their normal duties to seek treatment. Findings from one retrospective study done in rural Ghana to assess the costs of CMAM revealed that high costs were incurred by families to ensure normal running of household's activities while seeking treatment³¹. More than a third of the total household costs constituted the cost of employing people to take care of what the caregivers would have been doing if they were not seeking care. This was equivalent to US\$16 per child treated in the program.

In addition, the huge financial burden to households leads to different coping mechanisms being adopted to mitigate necessary payment for healthcare for their children. A study done in Bangladesh reported that some of the households received food as gifts from their relatives and neighbours in order to meet the prescribed dietary requirements for their children after treatment³⁴.

Quality assessment of the studies

Among the 17 items in the GHCC guidelines (Table 7), only nine items were either partially or fully met by more than 60% of the included studies. For instance, of the 50 studies, less than half stated the costing methods used and perspective of the analysis, which are important components in economic

Cost categories	Mean (SD)	Percentage of total mean costs	Median [IQR]	N*
Direct medical costs				
Personnel costs	120 (139)	35	107 [23-160]	12
Medication costs	33 (65)	9	4 [2-20]	5
Capital costs	28 (40)	8	15 [4-18]	9
Administrative costs	79 (138)	23	20 [12-35]	5
Supplementary feeding	45 (50)	13	42 [5-64]	15
Direct non-medical costs				
Transport costs	31 (44)	9	24 [2-29]	4
Food (non-medical)	6 (4)	1	5 [2-10]	2

Table 6. Costs per child per treatment in USD incurred by institutions/programs.

USD, United States Dollars; SD, standard deviation; IQR, interquartile range; N*, number of articles included.

Table 7. Qualit	y assessment of studies as	highlighted in Glob	bal Health Cost Co	nsortium (GHCC).
				· · · · ·

		Number of articles (%)				
	Principle	1=Satisfied	0=Not satisfied	Not applicable*		
	Study design and scope					
1	Purpose, population & intervention	50 (100)	0 (0)	0 (0)		
2	Perspective	22 (44)	28 (56)	0 (0)		
3	Type of cost	29 (58)	21 (42)	0 (0)		
4	Unit costs	46 (92)	4 (8)	0 (0)		
5	Time (Data year/Time horizon)	50 (100)	0 (0)	0 (0)		
	Service use and resource use measurement					
6	Scope of inputs	41 (82)	9 (18)	0 (0)		
7	Costing method (costing approach)	21 (42)	29 (58)	0 (0)		
8	Sampling strategy	50 (100)	0 (0)	0 (0)		
9	Selection of data source	35 (70)	15 (30)	0 (0)		
10	Timing of data selection (prospective/retrospective)	41 (82)	9 (18)	0 (0)		
	Valuation and	l pricing				
11	Sources of price data	34 (68)	16 (32)	0 (0)		
12	Amortization of capital costs	11 (11)	21 (30)	17(59)		
13	Discounting, inflation (where relevant)	10 (20)	23 (46)	17 (34)		
14	Use of shadow prices	9 (18)	6(12)	35 (70)		
	Analyzing and pres	enting resul	ts			
15	Heterogeneity	22 (44)	28 (56)	0 (0)		
16	Sensitivity analysis	18 (36)	32 (64)	0 (0)		

evaluations according to the guidelines. Further, only 18 studies conducted sensitivity analysis to characterize any uncertainity in the reported cost estimates.

Discussion

This review gives a breakdown of direct and indirect costs borne by households, health providers, the community, institutions/programs and the government. The studies varied in the interventions studied and costing methods used, with studies reporting treatment costs between US\$0.44 and US\$1344 per child. The majority of the included studies were done in Africa and Asia. This could be explained by the high burden of child undernutrition in these regions7, leading to numerous efforts to manage its cost and health implications. In line with the WHO recommendations on management of child undernutrition⁷⁶, included studies assessed interventions such as supplementary feeding for children with moderate acute malnutrition, nutritional rehabilitation and community management of severe acute malnutrition. Most included studies adopted the institutional/program (44%) and health provider (38%) perspectives, while only four adopted the community volunteers' perspective.

Integration of outpatient and inpatient care for children with undernutrition was recommended after endorsement of CMAM in 2007. However, most of the studies reviewed compared cost outcomes of outpatient and inpatient care separately. This review identified only one study conducted in Malawi⁷⁵ assessing the costs of integrating CMAM into existing health services, concluding that it is cost-effective (US\$42 per DALY averted). For generalizability and strengthening of this evidence to inform policy, there is need to conduct similar studies from a range of settings to assess cost-effectiveness of integrating CMAM into primary healthcare.

According to this review, substantial costs for health providers and programs were due to personnel, medication and therapeutic feeds. The costs of therapeutic feeds were high mainly because they were imported. This suggests that production of feeds using local ingredients could potentially reduce costs. Studies reporting from these perspectives mainly assessed the costs of implementing the CMAM program, whose key components are administration of supplementary feeds and involvement of CHWs for community mobilization¹¹ to ensure high coverage and timely detection of children with malnutrition.

Despite a major role played by CHWs during the implementation of CMAM, only two studies included in this review assessed the costs they incurred. This included transport costs (\$0.2 per child) and indirect costs, which were as high as US\$60 per child^{31,66}. In these studies, compensation to the volunteers was done by the funding organisations only in form of food and household goods. These findings imply that to ensure effective and efficient implementation of the CMAM program in future, there is a need to consider more structured and better compensation methods for CHWs. This is in support of findings from a study conducted in Mali assessing the cost-effectiveness of treatment of uncomplicated SAM using CHWs and outpatient facilities. In this study, treatment using CHWs was cost-effective⁶⁷.

In addition to the out of pockets costs incurred by families with children affected by malnutrition, this review reveals that indirect costs were the main driver of costs, especially for those admitted to hospital. This could be explained by the longer duration of time spent away from normal duties to take care of children, resulting in lost income. This highlights the need for adoption of the CMAM program in more countries, which would contribute to early identification and treatment of malnutrition cases to avoid worsening of illness and prolonged inpatient hospital stays. In addition, medication costs incurred by families were also high, especially for children with SAM. This was mainly due to co-infections associated with acute malnutrition⁷⁷. Supplementary feeds and transport costs were also significant costs incurred by families due to undernutrition. Although feeds were mostly provided by organizations, the cost of preparing them fell on the caregivers. For instance, a third of total household costs in a study conducted in Ghana constituted the cost of preparing these feeds³¹.

These costs highlight the huge financial implications to households attributable to undernutrition. For poor households, especially in low-income settings, this could be catastrophic as they are less equipped to endure the adverse impact on their income⁷⁸. This may result to borrowing from friends and family members, selling of assets and reliance on well-wishers as coping strategies towards these costs. Interviews conducted in households in rural Ghana indicated that families of children with malnutrition resulted in; cheaper treatment options for their sick children other than professional healthcare, reliance on other family members to pay medical costs and reliance on non-profit organizations for both food and medication. This was mainly due to lack of reliable sources of income for the parents⁷⁹. This highlights the need to identify affordable interventions for prevention and treatment of malnutrition in children, especially in these settings.

Additional findings from this review support previous findings that governments incur huge costs due to malnutrition⁸⁰. However, a study included in this review shows that investing in a set of nutritional interventions to reduce stunting is beneficial²⁵. The study showed that investing at least one dollar to reduce stunting could generate an average of US\$18 worth of benefits in LMICs. This is consistent with findings from a previous review providing evidence of a reduction of 15% mortality due to stunting in children under five years if interventions were accessible at 90% coverage.

Limitations

This review had certain limitations. First, heterogeneity in the costing methods, interventions assessed and reporting of costs precluded a comprehensive comparison of costs and therefore, meta-analysis was inappropriate. A limitation inherent in the available data was that there was a wide range of cost outcomes and unit measurements for some of the outcomes, cost categories for similar cost centres varied a lot among the studies. Thus, meta-analysis was inappropriate.

Thirdly, from our quality assessment of the included studies, less than half of the items on the GHCC guidelines were either partially or fully met by the included studies. For instance, most articles did not mention the perspective, costing approach used and did not conduct sensitivity analysis to characterise uncertainties in the reported costs outcomes Lastly, full texts that were neither in English nor French were not included in the review. Therefore, some relevant evidence might have been missed.

Conclusions

Integration of outpatient and inpatient care for children with undernutrition through the CMAM program has been recommended as it is more effective and cost-effective compared to traditional programs characterised by prolonged inpatient duration. However, this review reveals that many countries have not adopted the integrated CMAM program, hence studies still report cost outcomes of inpatient and outpatient care separately. This highlights the need for more countries to adopt the CMAM program to reduce cost implications. Further, cost studies need to shift towards evaluating integrated programs to provide insight into different and more costeffective ways of delivering the CMAM program through primary healthcare.

Additionally, current cost estimates on integrated programs include substantial support from international organisations which may represent higher costs. Therefore, there is need for more studies to generate cost estimates of integrated programs from government delivered programs to represent the actual situation.

This review also reveals the paucity of data on the economic burden of undernutrition to households and communities. More

studies are needed to assess this burden in order to assist in planning, identifying cost-effective solutions and addressing issues of cost that may limit delivery, uptake and effectiveness of interventions.

We also recommend that for easy and comprehensive secondary analysis all items as listed in the GHCC guidelines including explicitly stating the perspective of the analysis, costing methods used, conducting sensitivity analysis should be adhered to by authors. Further, for comprehensive comparison of the cost and cost-effectiveness of interventions or treatments used in studies, this review recommends a standardization of methods used and cost categories reported in economic evaluations as per the GHCC guidelines.

Data availability

Underlying data

Figshare: Cost and cost effectiveness analysis of treatment for child undernutrition in low and middle income countries: A systematic review-Dataset https://doi.org/10.6084/ m9.figshare.11985873.v2⁸¹

This project contains the following underlying data:

- Dataset in CSV format
- Data code book in PDF format

Reporting guidelines

Figshare: Cost and Cost effectiveness Analysis of Treatment for Child Undernutrition in Low and Middle Income Countries: A Systematic Review-PRISMA Checklist https://doi.org/ 10.6084/m9.figshare.11961153.v2⁸²

Data are available under the terms of the Creative Commons Attribution 4.0 International license (CC-BY 4.0).

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Chloe Puett 匝

Stony Brook University, New York City, USA

The authors have adequately addressed all of my comments and the revised version of the manuscript is acceptable to me.

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Economic analysis of nutrition interventions

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 1

Reviewer Report 07 May 2020

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? Chloe Puett 匝

Stony Brook University, New York City, USA

This manuscript presents a systematic review of the under-researched area of economic analysis of nutrition interventions in LMICs, addressing an important gap in the scientific literature. The authors give special attention to costs incurred by households during treatment, which is an

often-ignored aspect of economic analysis for nutrition with real implications for intervention coverage, adherence and, ultimately, effectiveness. The review appears to have been well-conducted and the analytical approach is described in detail. However there are a few points of clarification needed that would help position this article's contributions more specifically relative to the evidence that it presents.

The objective of the analysis in the introduction is stated as "[determining] the current state of knowledge on costs of child undernutrition treatment to households, health providers, organizations and governments in low and middle-income countries (LMICs)." In the methods section, the inclusion/exclusion criteria section simply states that articles were included that "involved undernutrition or interventions related to undernutrition" and that articles were included that "reported global cost estimates of child undernutrition *treatment*", and goes on later to specify that this focused on anthropometry outcomes and excluded micronutrient deficiencies. The exact inclusion criteria (and preferably the justification for this focus) should be clarified in the introduction. As part of this, the authors should specify what is meant by "treatment" and clearly describe what interventions were/were not under consideration, again with justification if possible. It would be interesting and informative, for example, to know why the authors did not include costs of prevention in the search.

Given that the introduction refers to stunting outcomes, one wonders why the keywords for stunting (and underweight) and related terms (height-for-age (HAZ), weight-for-age (WAZ), stuntedness, etc) were not included in the search terms listed in Table 1. The included terms would seem to position the paper to be more of a review on economic analysis of acute malnutrition than undernutrition more generally, including chronic undernutrition.

Perhaps due to this oversight in search terms (if my understanding is correct), at least one potentially relevant study does not appear to be included in the review: Alderman H *et al.* (2017). Big numbers about small children: Estimating the economic benefits of addressing undernutrition. *The World Bank Research Observer*, 32(1), 107-125¹.

p. 18: For the approaches to costing, it should be clarified which of these approaches use institutional accounting data (instead of using unit costs and quantities alone via an 'ingredients' approach).

p. 18: In addition to the point above, I would recommend that in the sub-section "economic evaluation by perspective" that the authors first define and describe each perspective analyzed and presented. For example it is currently unclear what is the difference between the health providers and institution/program perspective. And when the authors describe the "community volunteer perspective" are they referring to studies which include direct and indirect costs incurred by community volunteers during implementation (which would seem to be more an aspect of a general societal perspective), or is this a broader analytical perspective?

p. 18: Puett *et al* 2013 also considers costs for CMAM delivered by community volunteers, and includes the indirect costs of their time allocation in the analysis

pp 20-21: Would it be possible for the authors to break down costs of CMAM by programs implementing traditional facility-based CMAM versus programs delivered by community volunteers (i.e. a community case management approach)?

p. 22: Tables 5 & 6: Would the authors be able to provide information (average and SD/range) on the % of total costs per study for the various cost centers? This can be a useful metric in understanding relative resource use across programs, particularly when considering % of costs for personnel and therapeutic foods.

p. 22: Regarding the need for more evidence on costs of integrating CMAM into primary healthcare, I would add that it would be particularly useful to generate cost estimates from government-delivered programs. The available evidence (which includes references 64 and 65 by Rogers *et al* in Pakistan and Mali) includes substantial support from international nongovernmental organizations and therefore likely represents a higher cost than that of a fully integrated program.

The authors mention that due to several methodological aspects of the included studies, a metaanalysis was inappropriate, and I would agree. Do the authors have any specific recommendations to improve cost estimates for future studies (i.e. more transparency in reporting or a standard set of cost categories to include)? Could the authors perhaps expound on the specific difficulties of comparing or standardizing costs and cost structures across settings, based on their experience in reading and comparing the reviewed analyses?

It is appropriate that the GHCC guidelines were used to address quality of evidence. Given that this data was collected and an analysis conducted around trends and gaps in study quality, do the authors have any insights they can share in the discussion as to the most common principles that studies did not adhere to and why that might be the case? This could be useful information to inform and improve future cost analyses in nutrition.

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Are the rationale for, and objectives of, the Systematic Review clearly stated?

Partly

Are sufficient details of the methods and analysis provided to allow replication by others? $\ensuremath{\mathsf{Yes}}$

Is the statistical analysis and its interpretation appropriate?

Not applicable

Are the conclusions drawn adequately supported by the results presented in the review? Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Economic analysis of nutrition interventions

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 11 Sep 2020

Rebecca Njuguna, KEMRI-Wellcome Trust Research Programme, Kilifi, Kenya

Authors Response

Reviewer 2: Chloe Puett

1. This manuscript presents a systematic review of the under-researched area of economic analysis of nutrition interventions in LMICs, addressing an important gap in the scientific literature. The authors give special attention to costs incurred by households during treatment, which is an often-ignored aspect of economic analysis for nutrition with real implications for intervention coverage, adherence and, ultimately, effectiveness. The review appears to have been well-conducted and the analytical approach is described in detail. However, there are a few points of clarification needed that would help position this article's contributions more specifically relative to the evidence that it presents.

Thank you for taking your time to review our work and for the helpful comments and suggestions that will help improve our article.

2. The objective of the analysis in the introduction is stated as "[determining] the current state of knowledge on costs of child undernutrition treatment to households, health providers, organizations and governments in low and middle-income countries (LMICs)." In the methods section, the inclusion/exclusion criteria section simply states that articles were included that "involved undernutrition or interventions related to undernutrition" and that articles were included that "reported global cost estimates of child undernutrition *treatment* ", and goes on later to specify that this focused on anthropometry outcomes and excluded micronutrient deficiencies. The exact inclusion criteria (and preferably the justification for this focus) should be clarified in the introduction. As part of this, the authors should specify what is meant by "treatment" and clearly describe what interventions were/were not under consideration, again with justification if possible. It would be interesting and informative, for example, to know why the authors did not include costs of prevention in the search. **Thank you for this comment.**

We specifically aimed to examine treatment. We considered that prevention, including screening and treating micronutrient deficiencies are themselves broad topics worthy of their own reviews with different considerations in terms of costs and cost-effectiveness.

This has been clarified in the introduction section to read:

"We only included studies that assessed the cost of treatment interventions (for children with anthropometrically defined wasting or kwashiorkor). Interventions

ranging from supplementary feeding for children with moderate acute malnutrition and therapeutic feeding and other treatments for children with severe acute malnutrition, including during community-based management of severe acute malnutrition (CMAM) as well as facility-based outpatient and inpatient treatment. We excluded prevention interventions, screening and treating micronutrient deficiencies as they are broader topics worthy of their own reviews"

3. Given that the introduction refers to stunting outcomes, one wonders why the keywords for stunting (and underweight) and related terms (height-for-age (HAZ), weight-for-age (WAZ), stuntedness, etc) were not included in the search terms listed in Table 1. The included terms would seem to position the paper to be more of a review on economic analysis of acute malnutrition than undernutrition more generally, including chronic undernutrition.

Thank you for this comment.

Having broader terms such as undernutrition and malnutrition which encompass stunting and underweight, our search term was also able to capture many studies assessing stunting interventions which were included in the review.

3. Perhaps due to this oversight in search terms (if my understanding is correct), at least one potentially relevant study does not appear to be included in the review: Alderman H *et al.* (2017). Big numbers about small children: Estimating the economic benefits of addressing undernutrition. *The World Bank Research Observer*, 32(1), 107-125¹.

Thank you for this comment.

This paper appeared in the search but was excluded as it was primarily methodological which was outside the scope of our review.

4. p. 18: For the approaches to costing, it should be clarified which of these approaches use institutional accounting data (instead of using unit costs and quantities alone via an 'ingredients' approach).

Thank you for this comment.

This is included in the Results: Type of economic evaluation and analytical approach section in the second paragraph and in figure 4.

5. p. 18: In addition to the point above, I would recommend that in the sub-section "economic evaluation by perspective" that the authors first define and describe each perspective analyzed and presented. For example it is currently unclear what is the difference between the health providers and institution/program perspective. And when the authors describe the "community volunteer perspective" are they referring to studies which include direct and indirect costs incurred by community volunteers during implementation (which would seem to be more an aspect of a general societal perspective), or is this a broader analytical perspective?

Thank you for this comment.

We have clarified the definitions in the Results: Economic evaluation by perspective section in article.

6. p. 18: Puett *et al* 2013 also considers costs for CMAM delivered by community volunteers, and includes the indirect costs of their time allocation in the analysis

Thank you for this comment.

This has been added in the article in the "Results: Community volunteers perspective" subsection to read:

In addition, a paper done in Bangladesh assessing the cost-effectiveness of CMAM delivered by CHWs found out that this was more cost-effective (US\$26 per DALY averted)than inpatient treatment (US\$1344 per DALY averted). Each CHWs was paid a monthly stipend of US\$11.80 during this study.

7. pp 20-21: Would it be possible for the authors to break down costs of CMAM by programs implementing traditional facility-based CMAM versus programs delivered by community volunteers (i.e. a community case management approach)?

Thank you for this comment.

This has been added in the "CMAM" section to read:

"On average cost per child for the CMAM programs implemented by community volunteers was \$216 while CMAM implemented in traditional facility-based programs was \$300 per child"

8. p. 22: Tables 5 & 6: Would the authors be able to provide information (average and SD/range) on the % of total costs per study for the various cost centres? This can be a useful metric in understanding relative resource use across programs, particularly when considering % of costs for personnel and therapeutic foods. **Thank you for this comment.**

This has been added in both table 5 & 6

In addition, the data extraction excel sheet containing the cost data per study has been shared in the underlying data section in the article.

9. p. 22: Regarding the need for more evidence on costs of integrating CMAM into primary healthcare, I would add that it would be particularly useful to generate cost estimates from government-delivered programs. The available evidence (which includes references 64 and 65 by Rogers *et al* in Pakistan and Mali) includes substantial support from international non-governmental organizations and therefore likely represents a higher cost than that of a fully integrated program.

Thank you for this comment and addition.

We agree that understanding costs in integrated government-delivered programmes is key.

This has been added in the conclusion section to read:

"Additionally, current cost estimates on integrated programs include substantial support from international organisations which may represent higher costs. Therefore, there is need for more studies to generate cost estimates of integrated programs from government delivered programs to represent the actual situation".

10. The authors mention that due to several methodological aspects of the included studies, a meta-analysis was inappropriate, and I would agree. Do the authors have any specific recommendations to improve cost estimates for future studies (i.e. more transparency in reporting or a standard set of cost categories to include)? **Could the authors perhaps expound on the specific difficulties of comparing or standardizing costs and cost structures** across settings, based on their experience in reading and comparing the reviewed analyses?

Thank you for this comment.

This has been added in the article in the "Limitations" section to read:

"A limitation inherent in the available data was that there was a wide range of cost outcomes and unit measurements for some of the outcomes, cost categories for similar cost centres varied a lot among the studies. Thus, meta-analysis was inappropriate".

11. It is appropriate that the GHCC guidelines were used to address quality of evidence. Given that this data was collected, and an analysis conducted around trends and gaps in study quality, do the authors have any insights they can share in the discussion as to the most common principles that studies did not adhere to and why that might be the case? This could be useful information to inform and improve future cost analyses in nutrition. **Thank you for this comment.**

This has been added in the article in section "Limitations" to read:

"For instance, most articles did not mention the perspective, costing approach used and did not conduct sensitivity analysis to characterise uncertainties in the reported costs outcomes".

This has also been added in the "conclusion" section to read;

"We also recommend that for easy and comprehensive secondary analysis all items as listed in the GHCC guidelines including explicitly stating the perspective of the analysis, costing methods used, conducting sensitivity analysis should be adhered to by authors".

Competing Interests: No competing interests

Reviewer Report 15 April 2020

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Max Oscar Bachmann

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This is an excellent systematic review of evidence about an important subject that will be of value to a wide range of readers and organisations involved in under nutrition in low and middle income countries. The methods are appropriate and clearly set out. The results are clearly presented. One of the main findings is the variety of methods and heterogeneity of results, which make it inappropriate to pool and summarise the results quantitatively, as the article points out. However, as the authors discuss too, some general findings are apparent, especially the lower cost of CMAM compared to hospital inpatient care, and the importance of personnel costs.

A possible limitation of the article is that there is little methodological discussion about which of the diverse methods reviewed provide the most robust and useful results, and what methods would should be best for future research. However, as the aim of the study was not methodological but was simply to review existing evidence, that is understandable and acceptable.

I have only a few suggestions for minor amendments:

- Abstract, Background. Change "....knowledge on costs of child undernutrition" to "....knowledge on costs <u>and cost-effectiveness</u> of child undernutrition" (to match the title).
- Abstract, Results: Consider adding a sentence or two about cost-effectiveness, such as range of costs per life saved and per DALY gained, because these are important for decisions about resource allocation and priorities.
- Methods, Statistical Analysis: The sentence beginning "We also assessed the main cost drivers..." implies that statistical analysis was used to identify the main cost drivers and coping strategies, which left me wondering what kinds of analysis that was. The results (Tables 5 and 6) show that this simply entailed reporting the mean (SD) and median costs reported for each type of cost. I suggest editing that sentence to make the descriptive method clearer, as in the preceding sentence.
- Results, page 16, Studies by region and continent: "... more than 75% of countries...". Should that be "... more than 75% <u>of studies were in</u> countries...", because in Figure 2 the unit of analysis is articles, not countries?
- Table 3, study 2 (Bachmann). Cost per death averted was USD1760; cost per life year saved was not reported (this was correctly reported in Table 2).

Are the rationale for, and objectives of, the Systematic Review clearly stated?

Yes

Are sufficient details of the methods and analysis provided to allow replication by others? $\ensuremath{\mathsf{Yes}}$

Is the statistical analysis and its interpretation appropriate?

Yes

Are the conclusions drawn adequately supported by the results presented in the review? $\ensuremath{\mathsf{Yes}}$

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Author Response 11 Sep 2020

Rebecca Njuguna, KEMRI-Wellcome Trust Research Programme, Kilifi, Kenya

Cost and cost-effectiveness analysis of treatment for child undernutrition in low- and middle-income countries: A systematic review [version 1; peer review: 1 approved, 1 approved with reservations]

Authors response

#Reviewer 1: Max Oscar Bachmann: Approved

1. This is an excellent systematic review of evidence about an important subject that will be of value to a wide range of readers and organisations involved in under nutrition in low and middle-income countries. The methods are appropriate and clearly set out. The results are clearly presented. One of the main findings is the variety of methods and heterogeneity of results, which make it inappropriate to pool and summarise the results quantitatively, as the article points out. However, as the authors discuss too, some general findings are apparent, especially the lower cost of CMAM compared to hospital inpatient care, and the importance of personnel costs.

Thank you for taking your time to review our work and for the helpful comments and suggestions that will help improve our article.

2. A possible limitation of the article is that there is little methodological discussion about which of the diverse methods reviewed provide the most robust and useful results, and what methods would should be best for future research. However, as the aim of the study was not methodological but was simply to review existing evidence, that is understandable and acceptable.

Thank you for this comment.

We used the Global Health Cost Consortium guidelines to assess the quality of the articles included and noted the heterogeneity of costing methods used. This is mentioned on the methods section "Quality assessment of studies". The results according to the assessment by the GHCC guidelines are on Table 7.

However, we did not assess and analyse the articles' diverse methods as this was outside the scope of our study.

3. Abstract, Background. Change "....knowledge on costs of child undernutrition" to "....knowledge on costs and cost-effectiveness of child undernutrition" (to match the title). **Thank you for this comment. This has been changed in the article (Abstract: Background) to read:**

"The aim of this study was to determine the current state of knowledge on costs and cost-effectiveness of child undernutrition treatment to households, health providers, organizations and governments in low and middle-income countries (LMICs)".

4. Abstract, Results: Consider adding a sentence or two about cost-effectiveness, such as range of costs per life saved and per DALY gained, because these are important for decisions about resource allocation and priorities.

Thank you for this comment. This has been changed in the article (Abstract: results) to read:

We also assessed the cost effectiveness of community-based management of malnutrition programs (CMAM). Cost per disability adjusted life year (DALY) averted for a CMAM program integrated into existing health services in Malawi was \$42. Overall, cost per DALY averted for CMAM ranged between US\$26 and US\$53, which was much lower than facility-based management (US\$1344)"

5. Methods, Statistical Analysis: The sentence beginning "We also assessed the main cost drivers..." implies that statistical analysis was used to identify the main cost drivers and coping strategies, which left me wondering what kinds of analysis that was. The results (Tables 5 and 6) show that this simply entailed reporting the mean (SD) and median costs reported for each type of cost. I suggest editing that sentence to make the descriptive method clearer, as in the preceding sentence.

Thank you for this comment. This has been changed in the article in the Methods:Statistical analysis section to read:

"We reported the means, medians and ranges of the direct and indirect costs according to the perspectives adopted by the included studies. The mean and median costs reported were used to identify the main cost drivers for each perspective. We also reviewed coping strategies reported by the included articles."

6. Results, page 16, Studies by region and continent: "... more than 75% of countries...". Should that be "... more than 75% of studies were in countries...", because in Figure 2 the unit of analysis is articles, not countries?

Thank you for this comment.

This has been changed in the article in the Results section:Studies by region and continent to read;

"With reference to the World Bank classification of countries, more than 75% of these studies were conducted in either low income or lower middle economies (with GNI per capita of less than \$3,996)."

7. Table 3, study 2 (Bachmann). Cost per death averted was USD1760; cost per life year saved was not reported (this was correctly reported in Table 2).

Thank you for this comment. "Table 2 reports : Mean cost per child was \$203 CTC cost, \$53 per DALY gained and \$1760 per life saved. Table 3 reports: \$53 per DALY gained, \$1760 per life year saved."

Competing Interests: No competing interests were disclosed.