

## Influence of Type I Interferons in Gammaherpesvirus-68 and Its Influence on EAE Enhancement

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#### **OPEN ACCESS**

#### Edited by:

Andrew J. Steelman, University of Illinois at Urbana-Champaign, United States

#### Reviewed by:

Trevor Owens, University of Southern Denmark, Denmark Thais F. C. Fraga-Silva, University of São Paulo, Brazil

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#### Specialty section:

This article was submitted to Multiple Sclerosis and Neuroimmunology, a section of the journal Frontiers in Immunology

Received: 20 January 2022 Accepted: 14 June 2022 Published: 07 July 2022

#### Citation:

Márquez AC, Croft C, Shanina I and Horwitz MS (2022) Influence of Type I Interferons in Gammaherpesvirus-68 and Its Influence on EAE Enhancement. Front. Immunol. 13:858583. doi: 10.3389/fimmu.2022.858583 Epstein-Barr virus (EBV) has been identified as a putative trigger of multiple sclerosis (MS). Previously, we reported that mice latently infected with murine gammaherpesvirus 68 ( $\gamma$ HV-68), the murine homolog to EBV, and induced for experimental autoimmune encephalomyelitis (EAE), developed an enhanced disease more reminiscent of MS. These prior results showed that expression of CD40 on CD11b<sup>+</sup>CD11c<sup>+</sup> cells in latently infected mice was required to prime the strong Th1 response driving disease as well as decreasing Treg frequencies in the periphery and CNS. Subsequent work demonstrated that transfer of B cells from latently infected mice was sufficient to enhance disease. Herein, we show that B cells from infected mice do not need type I IFN signaling to drive a strong Th1 response, yet are important in driving infiltration of the CNS by CD8<sup>+</sup> T cells. Given the importance of type I IFNs in MS, we used IFNARko mice in order to determine if type I IFN signaling was important in the enhancement of EAE in latently infected mice. We found that while type I IFNs are important for the control of  $\gamma$ HV-68 infection and maintenance of latency, they do not have a direct effect in the development of enhanced EAE.

Keywords: multiple sclerosis, type I interferons, Epstein-Barr virus, Experimental Autoimmune Encephalomyelitis (EAE), environmental factors

## INTRODUCTION

Multiple Sclerosis (MS) is a chronic inflammatory disease of the Central Nervous System (1). Considered an autoimmune disease, its causes have not been clearly elucidated. Nonetheless, it is widely accepted that the development of MS requires the combination of both genetic and environmental factors (2). One of the environmental factors with the strongest association to the

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development of MS is previous infection with Epstein Barr Virus (EBV), the agent causing infectious mononucleosis (3, 4). The exact mechanism describing how EBV is able to alter the immune response of the body, even years after primary infection, still needs to be determined. Previously, we described an animal model where C57Bl/6 mice infected with yHV68, a murine homologue of EBV (5), enhances the symptoms of Experimental Autoimmune Encephalomyelitis (EAE) (6). In this model mice show higher EAE scores as well as an enhanced Th1 response driven by CD11b<sup>+</sup>CD11c<sup>+</sup> cells that leads to important infiltration of CD8<sup>+</sup> T cells into the CNS, as well as higher production of IFN $\gamma$  by CD4<sup>+</sup> and CD8<sup>+</sup> T cells, and downregulation of IL-17 and T regulatory cells (Tregs) (6, 7). In order to see EAE enhancement, it is indispensable that the virus is latent (7). Viral latency leads to the increase of phosphorylation of STAT1 and CD40 in CD11b<sup>+</sup>CD11c<sup>+</sup> cells even before EAE induction (7). STAT1 phosphorylation plays a decisive role in the early stages of the activation of the IFN $\alpha$ receptor (IFNAR) (8). Although many other cytokines activate STAT1, it has been described that activation through IFNAR promotes antigen presentation and activation of T lymphocytes (8). Importantly, type 1 IFN production is necessary during yHV-68 infection in order to control reactivation and maintenance of latency (9). Interferon-beta has been widely used in the treatment of relapsing remitting-MS and has shown to be effective in reducing relapses in MS patients (10). Although interferon beta-1b treatment has limited success when used alone, it has a better effect when combined with other MS therapies (11).

Finally, we have shown that latently infected B cells are necessary in the development of enhanced symptoms of EAE and that they are most likely doing so by increased antigen presentation by B cells and by signaling to other antigen presenting cells (12). For these reasons, we propose that type I IFNs are important players in the communication between latently infected B cells and CD11b<sup>+</sup>CD11c<sup>+</sup> cells that direct EAE enhancement. This suggests that EBV infection in humans can contribute to the upregulation of type I IFNs, helping on the development of MS. In this paper we explore the role of type I IFNs in the enhancement of EAE in mice latently infected with  $\gamma$ HV-68.

Our results show that while type I IFNs are important for the control of  $\gamma$ HV-68 infection and for the maintenance of latency of the virus, they do not affect EAE enhancement. Although type I IFNs might play an important role in the immune regulation of EAE and in the control of  $\gamma$ HV-68, it is not indispensable for the enhancement of EAE symptoms in our model.

#### MATERIALS AND METHODS

#### **Mice and Ethics Statement**

C57Bl/6 mice from the Jackson Laboratory and C57Bl/6 IFNARko were kindly donated by Dan Campell and were bred and maintained in the animal facility at the University of British Columbia. All animal work was performed in accordance with

the regulation of the Canadian Council for Animal Care. The protocol was approved by the Animal Care Committee (ACC) of the University of British Columbia (Protocols A17- 0105, A17-018)

#### Infections and EAE induction

Female and male mice between 8-10 weeks of age were infected intranasally (i.n.) with 100 pfu of  $\gamma$ HV-68 WUMS strain (purchased from ATCC, propagated on BHK cells) or 15 µl of PBS as a control. EAE was induced at 5- 6 weeks post infection by injecting 100µl of emulsified Complete Freund's Adjuvant (DIFCO) with 200µg of MOG <sub>35-55</sub> (GenScript) and 400µg of desiccated Mycobacterium tuberculosis H37ra (DIFCO) subcutaneously. Mice also received two doses of 200ng of pertussis toxin (List Biologicals) *via* i.p. at the time of immunization and then again 48 hours later. EAE was assessed on a score from 0 to 5 as follows: 0, no clinical symptoms, 0.5 partially limp tail; 1, paralyzed tail; 2, loss of coordination; 2.5, one hind limb paralyzed; 3, both hind limbs paralyzed; 3.5, both hind limbs paralyzed (humane endpoint); 5, moribund or dead.

### **Viral Quantification**

qPCR analysis of DNA samples was performed using 2x Quantitect Probe Mastermix (Qiagen, USA) on the Bio-Rad CFX96 Touch<sup>TM</sup> Real Time PCR Detection system. Primers, probes and gBlocks<sup>®</sup> were obtained from Integrated DNA Technologies. Quantification of copies of mouse genome was done on 10ng of DNA by using primers and probe for a region of the mouse PTGER2 gene (Forward Primer: 5' - TACCTTCA GCTGTACGCCAC - 3'; Reverse Primer: 5' - GCCAGGAG AATGAGGTGGTC - 3'; Probe: 5' -/56-FAM/CCTGCTGCT/ ZEN/TATCGTGGCTG/3IABkFQ/- 3') and absolutely quantified by use of a standard curve using concentrations from  $5x10^7$  copies/ul to  $5x10^1$  copies/ul. Quantification of copies of the γ-HV68 genome was done on 100ng of DNA by using primers and probe for a region of ORF50 (Forward Primer: 5' -TGGAC TTTGACAGCCCAGTA - 3'; Reverse Primer: 5' - TCCCT TGAGGCAAATGATTC - 3'; Probe: 5' -/56-FAM/ TGACAGTGC/ZEN/CTATGGCCAAGTCTTG/3IABkFQ/- 3') and absolutely quantified by use of a separate standard curve using concentrations from  $2x10^4$  copies/ul to 2 copies/ul. Samples were run using a minimum of two technical replicates and all standard curves had an R<sup>2</sup> greater than 0.95. The protocol was as follows: 95°C for 15 minutes, 95°C for 15s, 60°C for 1 min, repeated 50 times. Quantification of copy number was done using the CFX manager software. The ratio of virus genome copy number to mouse genome copy number was obtained using the following equation:  $\frac{\# copies of ORF50}{\# copies of PTGER} \times \frac{2 \ copies \ PTGER2/genome}{1 \ copy ORF50/genome}$ (simplified to  $\frac{\text{#copies of ORF50}}{\text{#copies of PTGER}} \times 2$ )

# Immune Cells Isolation and Flow Cytometry

Mice were euthanized two weeks post EAE induction. They were perfused with 30cc of PBS, and brains, spinal cords, and spleens were isolated. A single cell suspension was generated from each organ. Immune cells from the CNS were isolated using a 30% Percoll gradient. For intracellular staining, CNS mononuclear cells, were stimulated for 4 hours in DMEM (Gibco) containing 10% FBS (Gibco), GolgiPlug (BD Biosciences), 10ng/ml PMA, and 500ng/ml ionomycin. Antibodies for the cell surface markers were added to the cells in PBS with 2% FBS for 30 min on ice. After washing, cells were resuspended in Fix/Perm buffer (eBiosciences) for 30-45 minutes on ice, washed twice, and incubated with Abs for intracellular antigens (cytokines and transcription factors) in Perm buffer (30 min, on ice). Fluorescently conjugated antibodies directed against CD4 (clone RM4-5), CD8 (clone 53-6.7), CD3 (clone eBio500A2), IFN-γ (clone XMG1.2), Foxp3 (clone FJK-16s), and IL-17 (eBio17B7) were all purchased from eBiosciences. Samples were acquired using a FACS LSR II (BD Biosciences) and analyzed with FlowJo software (Tree Star, Inc.).

#### Adoptive Transfer

Spleens from IFNARko mice were isolated and a single cell suspension was obtained. Memory B cell enrichment was performed using a custom kit from STEMCELL that contained a combination of monoclonal antibodies, including IgD, as negative selection antibodies. After enrichment, cells were washed in blank DMEM and were adjusted to a concentration of  $1-1.5 \times 10^6$  cells/200µl. Cells were injected IP into WT mice and, the following day, EAE was induced.

#### **Statistical Analysis**

Results are reported as mean + standard error of the mean (SEM). Two-way ANOVA followed by Bonferroni's correction for multiple comparisons was employed to compare EAE scores. Unpaired Student's t-test was used for all other analyses (GraphPad Prism). A p Value of <0.05 was considered statistically significant ns > 0.05, \*  $\leq$  0.05, \*\*  $\leq$  0.01, \*\*\*  $\leq$  0.001, \*\*\*\*  $\leq$  0.0001.

#### RESULTS

# $\gamma \text{HV68}$ Establishes Latency at a Similar Rate in IFNARko and WT Mice

Both INF $\alpha$  and  $\beta$  signal through the receptor for IFN $\alpha/\beta$  (8). To study the effect of type I IFNs in the enhancement of EAE in mice

latently infected with YHV-68, IFNARko mice, which lack the IFN $\alpha$   $\beta$  receptor, are a useful tool. It has previously been described that IFNARko mice are able to control yHV-68 infection and successfully establish a latent infection in a similar proportion as WT mice (9). However, due to the lack of type I IFN response, the virus quickly overwhelms the mouse's immune response and, at high doses, has a higher mortality rate during acute infection, not allowing the establishment of latency (9). Prior work by Barton et al. demonstrated that a 100pfu dose of yHV-68 given intranasally reduced mortality in IFNARko mice. We found that this regimen resulted in a survival rate of 75% (Figure 1A) and allowed the immune system to control the acute infection while still letting the virus establish latent infection. Quantification of latency with this low dose shows a slightly lower number of copies in IFNARko mice compared to WT, however this difference was not statistically significant (Figure 1B). These results are similar to what has been previously described by Barton (9).

# $\gamma \text{HV-68}$ Latently Infected IFNARko Mice Develop Enhanced T Cell Infiltration Into the CNS

The presence of Type I IFNs has been associated with a protective effect in MS patients. One of the first lines of treatment for MS is IFN-beta. However, as many as 30-50% of patients do not respond to the treatment (13). The mechanism for why this happens has not been described yet. Here, we explored whether the absence of type I IFN receptor had any effect on the ability of  $\gamma$ HV-68 to drive the infiltration of immune cells into the CNS when IFNARko mice were latently infected with  $\gamma$ HV-68.

Previously, we reported that latent  $\gamma$ HV-68 leads to a strong infiltration of CD4<sup>+</sup> and CD8<sup>+</sup> T cells in the CNS during EAE, and this T cell response is heavily skewed towards a Th1 phenotype (6). We infected IFNARko mice with  $\gamma$ HV-68 and waited 5 weeks to allow for the establishment of latency. After this time, EAE was induced. As expected from previous reports (14), IFNARko mice demonstrated a slightly clinically enhanced EAE compared to WT uninfected mice although the difference is not significant. However, IFNARko mice showed a higher clinical score when they are infected with  $\gamma$ HV-68 and there is a significant difference in score compared to WT uninfected mice (**Figure 2 and Supplementary** 







**Figure 1**). Uninfected IFNARko mice show limited infiltration of T cells to the brain, and most of these cells are CD4<sup>+</sup>. On the contrary, IFNARko mice latently infected with  $\gamma$ HV-68 show high levels of T cells infiltrating the brain (**Figures 3A, B**) and spinal cord (not shown), in particular CD8<sup>+</sup> T lymphocytes. Remarkably, the amount of T cell infiltration in the CNS of  $\gamma$ HV-68 IFNARko mice equals the one from  $\gamma$ HV-68 WT mice.

This is accompanied by a strong production of IFN $\gamma$  and a downregulation of IL-17 (**Figures 3C, D**). This T cell infiltration and cytokine profile is comparable to what we had previously observed in WT mice latently infected with  $\gamma$ HV-68, which suggests that T cell infiltration and/or cellular enhanced infiltration into the CNS does not depend on the presence of Type I IFNs.





# Treg Proportion Is Affected by Type 1 IFNs During $\gamma$ HV-68 Latent Infection

Both our lab and others (Gasper-Smith 2006, Casiraghi 2015) have described that latent infection of  $\gamma$ HV-68 leads to the downregulation of Tregs in the CNS and in the periphery. This downregulation is sustained after EAE induction. It has also been shown that depletion of Tregs during EAE exacerbates symptoms by facilitating an upregulation of cytokine production by T cells (15). We observed a marked downregulation in the number of Tregs in the periphery of IFNARko during  $\gamma$ HV-68 latency (**Figure 4 and Supplementary Figure 2**); interestingly, although downregulation of Tregs is sustained after EAE induction in latently infected mice, Tregs are also downregulated in uninfected IFNARko mice (**Figure 4**).

# B Cells Infected With $\gamma$ HV-68 Require Type I IFNs to Direct CD8 T Cell Infiltration in the CNS

Finally, we tested whether type I IFN signaling was necessary to transfer disease into WT mice. Previously we showed that enriched CD19<sup>+</sup> IgD<sup>-</sup> B cells from  $\gamma$ HV-68 mice, which are the main reservoir of  $\gamma$ HV-68 during latency, are able to transfer EAE enhancement into naïve mice (12). When we transfer the CD19<sup>+</sup>IgD<sup>-</sup> B cells from infected IFNARko mice into WT mice, we find that B cells from IFNARko mice infected with  $\gamma$ HV-68 do not drive a strong infiltration of CD8<sup>+</sup> T cells into the CNS (**Figures 5B, C**). Interestingly, B cells from  $\gamma$ HV68 mice have a slight effect in the production of IFN $\gamma$  and downregulation of IL-17 (**Figure 5D, E**). This suggests that while type I IFNs are directly responsible of skewing a strong

Th1 response they might have a role in the infiltration of CD8 T cells into the CNS.

### DISCUSSION

Type I IFNs have been identified as an important therapeutic target because of their protective role in MS and EAE development (16–19). IFN- $\alpha$  has also shown effectiveness in reducing MS relapses, although it is less effective than  $\beta$ -IFN (20). This suggests that while type I IFNs can modify MS, other factors are involved in the modification of the disease. Infection with pathogenic agents that otherwise would be innocuous to the organism might override the protective effect of type I IFNs and could lead to the development of MS relapses.

This paper explores the potential role of type I IFNs in mice infected with a homolog of EBV -  $\gamma$ HV-68. Using the model we previously developed (6), we showed that despite the importance of type I IFN signaling in the control and latency of the virus, there is still a strong Th1 response in IFNARko mice that leads to an EAE enhancement similar to the one observed in γHV-68 WT mice (Figures 1, 2). This suggests that type I IFNs are dispensable for the enhancement of EAE symptoms. It is very possible that even if type I IFNs are helping to lead EAE enhancement, other factors are involved that require the combination of different cytokines and chemokines produced by the B cell in order to activate the CD11b<sup>+</sup>CD11c<sup>+</sup> cells. This activation directs a strong Th1 response that ultimately will develop EAE enhancement and immune cell infiltration into the CNS independent of Type I IFNs.



CD3<sup>+</sup>CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> in the spleen. n= 8-10/group 2 separate experiments. Data analyzed with Student's t-test: \*\*\*\*p<0. 0001.





Type I IFN upregulation during viral infection has been associated with an inhibition of Treg activation and proliferation (21). IFNARko mice have a downregulation in Tregs, which could help to explain why these mice show enhanced EAE symptoms. Contrary to what was expected, Tregs remain at low levels during latent infection with  $\gamma$ HV-68.

Finally, adoptive transfers suggest, that even though B cells from infected mice do not need type I IFN signaling to drive a strong Th1 response, they do seem to be important in directing  $CD8^+$  T cell infiltration in the CNS. It has been suggested that type I IFNs can provide the "third signal" that is necessary for the activation and clonal expansion of CD8 T cells (22). It is possible that IFNs delivered directly by B cells are important in the activation of cells that will infiltrate the CNS, although more experiments need to be done to confirm this.

Overall, this paper demonstrates that despite the importance of type I IFN in regulating the immune response during acute viral infection and the development of EAE, it does not have an effect in the enhancement of EAE symptoms caused by latent infection with  $\gamma$ HV-68, highlighting a type I IFN independent pathway. These results can help to understand why the effectiveness of interferon beta-1b can be so unpredictable in MS patients and suggests that EBV status might be important in the predicting the effectiveness of treatment. Additional experiments need to be done to explore the role of  $\gamma$ HV-68/EBV latency in EAE and MS, in particular, the role of memory cells, the main reservoir of virus during latency.

### DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**. Further inquiries can be directed to the corresponding author.

#### ETHICS STATEMENT

The animal study was reviewed and approved by Animal Care Committee (ACC) of the University of British Columbia (Protocols A17- 0105, A17-018).

### **AUTHOR CONTRIBUTIONS**

ACM and MH conceived and designed the experiments. ACM, CC, and IS conducted the experiments. ACM and MH analyzed

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the results and wrote the manuscript. All authors contributed to the article and approved the submitted version.

#### FUNDING

This work was supported by a grant from the MS Society of Canada to MH and ACM received a PhD fellowship from the MS Society of Canada and Consejo Nacional de Ciencia y Tecnología (CONACyT).

### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fimmu.2022.858583/full#supplementary-material

 $\label{eq:superscription} \begin{array}{c} \textbf{Supplementary Figure 1} \ | \ \text{Representative plots of T cell infiltration into the CNS} \\ \text{in IFNARko mice.} \end{array}$ 

Supplementary Figure 2 | Gating strategy for immune cell infiltrates to the central nervous system.

Supplementary Figure 3 | Gating strategy for Treg cells in the spleen

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