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# TOWARD UNDERSTANDING NON-CODING RNA ROLES IN INTRACRANIAL ANEURYSMS AND SUBARACHNOID HEMORRHAGE

## Abstract

Subarachnoid hemorrhage (SAH) is a common and frequently life-threatening cerebrovascular disease, which is mostly related with a ruptured intracranial aneurysm. Its complications include rebleeding, early brain injury, cerebral vasospasm, delayed cerebral ischemia, chronic hydrocephalus, and also non neurological problems. Non-coding RNAs (ncRNAs), comprising of microRNAs (miRNAs), small interfering RNAs (siRNAs) and long non-coding RNAs (lncRNAs), play an important role in intracranial aneurysms and SAH. Here, we review the non-coding RNAs expression profile and their related mechanisms in intracranial aneurysms and SAH. Moreover, we suggest that these non-coding RNAs function as novel molecular biomarkers to predict intracranial aneurysms and SAH, and may yield new therapies after SAH in the future.

## Keywords

• ncRNAs (non-coding RNAs) • intracranial aneurysms (IAs) • subarachnoid hemorrhage (SAH) • expression profiles • mechanisms

## 1. Introduction

### 1.1 intracranial aneurysms and subarachnoid hemorrhage

Subarachnoid hemorrhage (SAH) is a common and frequently life-threatening cerebrovascular disease that usually occurs at a relatively young age and has an unpredictable onset; in fact, the average age is about 50 years old [1, 2]. It is a devastating condition in which arterial bleeds into the subarachnoid space damaging brain perfusion and function [3]. Although it accounts for only 5% of strokes, its high rates of mortality and disability greatly increase the burden of society and families [4]. Indeed, the mortality rate of SAH ranges from 8.3% to 66.7% [5]. Additionally, the surviving patients suffer neurological injuries that seriously affect the quality of life to the point that productive patients are unable to return to work and likely needing constant care by others [6]. To

date, AHA/ASA experts have consensus on the definition that stroke caused by subarachnoid hemorrhage only includes spontaneous SAH, which is mostly related with a ruptured intracranial aneurysm [1, 2, 7, 8].

The conventional secondary complications of SAH include rebleeding, early brain injury, cerebral vasospasm, delayed cerebral ischemia and chronic hydrocephalus [6, 9-11]. Following SAH, non neurological complications are also present; in fact, SAH patients are vulnerable to multiple extracerebral organ dysfunctions, such as neurocardiogenic injury, neurogenic pulmonary injury, neurogenic renal injury, hyperglycemia, electrolyte imbalance and hematological failure [12]. Despite early surgical and endovascular treatment of ruptured aneurysms has been improved greatly, the clinical outcome remains disappointing and leave SAH still a serious health problem. It leaves patients with psychological and physical damage, and also financial loss [6,

13]. Thus, the pathogenesis and treatment of intracranial aneurysms and SAH need further investigation, in order to better understand this disease and reduce related incidence, morbidity and mortality. This review summarises the non-coding RNAs studies in intracranial aneurysm and SAH.


### 1.2 non-coding RNAs

Non-coding RNAs (ncRNAs) mainly include microRNAs (miRNAs), small interfering RNAs (siRNAs) and long non-coding RNAs (lncRNAs).

#### 1.2.1 miRNAs

miRNAs are a class of endogenous non-coding RNAs with 21-23 bp [14-16]. Most miRNAs are transcribed by RNA polymerase II to pri-miRNAs with characteristic hairpin structures. In the nucleus, the endonuclease Drosha and its partner DGCR8 process the pri-miRNA and release pre-miRNA hairpins. In the cytoplasm,

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the RNase III enzymes Dicer and its partner TRBP cleave the pre-miRNA to produce miRNA/miRNA\* duplexes [17]. These duplexes are transferred to an Argonaute protein that selects a single strand. It is just the specific mature strand that guides RNA silencing complexes (RISC) to targeted mRNAs. Through complementarily base-pairing with the 3'untranslated region (3'UTR) of the targeted mRNA by its seed region, miRNAs can degrade the mRNA transcript and/or suppress the mRNA post-transcriptional translation [18].

Recent studies demonstrate that miRNAs are highly conserved in human and may modulate approximately 30% of all genes in the human genome. miRNAs can regulate diverse biological processes, including cell proliferation, differentiation and apoptosis [19]. miRNAs also exerts critical functions in gene regulatory networks during cellular development and physiology. In particular, miRNA play an important role in neurodevelopment, neuroplasticity and other fundamental neurobiological processes and diseases [16, 20].

### 1.2.2 siRNAs

RNA interference (RNAi) technology to silence gene was first described in *Caenorhabditis Elegans* and expanded to plants, *Drosophila* and fungi. It is processed into short RNA fragments with approximately 21 bp by an RNase type-III enzyme-Dicer. Subsequently, the specific RNA fragments activate an RNA-induced silencing complex (RISC) and degrade complementary mRNA with one strand retrained, after which it is recycled for several rounds [21]. Recently, RNAi-mediated gene depletion in a sequence-specific manner has gained increasingly popularity in mammalian cells by synthetic dsRNA, known as siRNA [22]. This strategy has been used successfully in various cancers and many other diseases, such as autoimmune, dominant genetic and nervous system disorders [23]. Thus, siRNAs offer a new therapeutical strategy for the future control and treatment of diseases.

### 1.2.3 lncRNAs

Another great achievement of the past decade has been the discovery of lncRNAs. lncRNAs

are defined as transcripts greater than 200 bp in length. They are similar to protein coding transcripts in many ways; as in processing steps, histone-modification profiles, splicing signals and exon/intron lengths, however they lack of significant coding sequences [24]. lncRNAs are quite heterogeneous in several aspects, such as genomic context, size, life cycles and mechanisms of regulation. They may be stand-alone transcription units or transcribed from antisense to other genes with different degrees of overlap from enhancers, promoters, introns of other genes or pseudogenes [25]. Indeed, lncRNAs can be divided into five biotypes according to their proximity to protein-coding genes: sense, antisense, bidirectional, intronic and intergenic [26, 27]. Increasing evidence indicated that lncRNAs play a crucial role in various biological and pathological processes, such as neural differentiation, cell fate decisions, synaptic plasticity, behavior and neuroprotection [25, 28]. Indeed, a number of lncRNAs contribute to central nervous system disorders, including stroke, neuro-immunological, neuro-developmental, neuro-degenerative, neuro-oncological and psychiatric diseases [29, 30].

## 2. ncRNAs in intracranial aneurysms and subarachnoid hemorrhage

In recent years, increasing studies have focused on non-coding RNAs as regulators of post-transcriptional gene expression and in response to SAH.

### 2.1 miRNAs

It is well known that miRNAs have served as novel biomarkers and crucial regulators of pathological mechanisms for vascular diseases [31].

In experimentally Sprague-Dawley rats, microarray and qRT-PCR techniques demonstrated that 14 miRNAs were upregulated and 6 downregulated in late age (3 months) of the intracranial aneurysm tissues [32]. Among these dysregulated miRNAs, 3 upregulated miRNAs (miR-21, miR-22, and miR-24) and 1 downregulated miRNA (miR-181d) suppress apoptosis and promote cell proliferation in the vascular smooth muscle

cells of intracranial aneurysms [32-34]. Of note, rabbit aneurysm models were recently investigated using RNA-sequencing and RT-qPCR analysis, demonstrating that 3 miRNAs (miR-1, miR-9-5p, and miR-204-5p) were downregulated and 5 upregulated (miR-10a-5p, miR-21-5p, miR-34a-5p, miR-146a-5p, and miR-223-3p) [35].

In peripheral blood of SAH patients, a microarray study indicated that 86 miRNAs were significantly dysregulated. The authors further examined the different phases of the intracranial aneurysms, showing that in daughter aneurysms group (group A), 68 miRNAs were overexpressed and none silenced. Moreover,

in unruptured aneurysms group (group B), 4 miRNAs were overexpressed and 9 downregulated, while in ruptured aneurysms group (group C), 2 miRNAs were upregulated and 13 downregulated [36]. Interestingly, some miRNAs showed differential expression within the groups; 4 miRNAs (miRNA-21, miRNA-22 miRNA-720 and miRNA-3665) were upregulated in both group A and B, miRNA-3679-5p was upregulated in both group A and C, while 5 miRNAs (miR-1471, miR-3945, miR-4253, miR-4314, and miR-574-5p) were downregulated in both group B and C [36]. Microarray analysis, using the peripheral plasma of SAH patients, revealed that 119 miRNAs were greatly altered in unruptured aneurysms group and 23 in ruptured aneurysms group, with 20 miRNAs unanimously changed in both groups. 99 miRNAs (69 upregulated and 30 downregulated) were specifically validated by separate microarrays. Furthermore, 6 miRNAs (miR-16, miR-25, miR-let-7g, miR-1183, miR-1825, and miR-188-5p) were confirmed by RT-qPCR, with miR-16 and miR-25 significantly upregulated. The latest 2 miRNAs were then identified by logistic regression analysis as potential biomarkers in intracranial aneurysms [37, 38]. Comparison of the two above papers of peripheral blood, demonstrated that approximately one third of the screened miRNAs were repeated and we summarised the data in Table 1.

In the ruptured intracranial aneurysms of SAH patients, 18 miRNAs were identified to be dysregulated using microarray and qRT-

PCR analysis [39]. By post-transcriptional mechanism, miR-29 manipulated aneurysm formation, progression and rupture rate through suppressing protein expression, such as fibrins, elastins, collagens and metalloproteinase-2 [40]. Additionally, in another experiment of ruptured intracranial aneurysms in SAH patients, microarray assays showed that 157 miRNAs were differentially expressed (72 upregulated and 85 downregulated). Of these, few miRNAs were randomly selected for RT-qPCR validation (miR-99b\*, miR-340\*, miR-493, miR-1208 and miR-648) and their alteration exhibited consistency with the microarray assay analysis [41]. In line with the above report [39], miR-29b and miR-133 were also showed to be dysregulated in intracranial aneurysms in this study. Furthermore, ruptured saccular intracranial aneurysms in SAH patients were also studied by Chen *et al.* This study revealed that miR-661, miR-1207-5p and miR-1915-3p were predicted to be activated, while miR-33a-5p, miR-659-3p and miR-524-5p were predicted to be inactivated using Sylamer method [42]. Among these results, miR-524-5p, a brain-specific miRNA, suppressed cell proliferation and invasion by directly targeting Jagged-1 and Hes-1 [43].

Some above screened miRNAs were used for bioinformatics and functional analysis. Jin H *et al.*, employed TargetScan Human to predict target genes and Gene Ontology (GO) analysis to identify functional classification of target genes. 9 target genes were found to be associated with the pathogenesis of aneurysms, such as TRIB1, SSX3, ARFIP2, BCL6B, EP300, EDN1, CHAF1A, PDCD6 and FMN2 [36]. In this latest report integrated database (including miRecords, Tarbase and TargetScan Human), Ingenuity Pathway Analysis (IPA), constructed functional analysis and miRNA-mRNA networks were used to predict target genes. They found that the selected 18 miRNAs were observed to potentially target 681 genes screened from mRNA microarrays, in which 11 miRNAs and 54 genes were involved in the top 12 predicted functions, including migration of phagocytes, proliferation of mononuclear leukocytes, cell movement of mononuclear leukocytes, cell movement of smooth muscle cells, differentiation of macrophages, stimulation of T lymphocytes, cell death

**Table 1** Repeated miRNAs screened from peripheral blood

MIRNA	R	P A	FC A	P B	FC B
has-miR-939	Up	0.004	14.7	0.011	14.1
has-miR-1207-5p	Up	0.005	12.8	0.006	10.0
has-hsa-miR-22	Up	0.003	11.8	0.003	8.3
hsa-miR-1275	Up	0.021	9.5	0.005	10.2
hsa-miR-762	Up	0.027	7.4	0.006	11.8
hsa-miR-144	Up	0.025	8.0	0.018	10.3
hsa-miR-638	Up	0.007	10.2	0.010	9.8
hsa-miR-30d	Up	0.007	14.4	0.006	8.5
hsa-miR-1202	Up	0.007	12.1	0.008	8.2
hsa-miR-1915	Up	0.004	11.1	0.015	6.3
hsa-miR-423-5p	Up	0.010	11.9	0.005	14.5
hsa-let-7i	Up	0.019	11.2	0.006	24.8
hsa-miR-483-5p	Up	0.018	10.1	0.013	4.4
hsa-miR-197	Up	0.011	7.52	0.015	3.4
hsa-let-7b	Up	0.022	10.0	0.015	40.8
hsa-let-7d*	Up	0.016	8.4	0.004	10.0
hsa-miR-19b	Up	0.017	5.1	0.004	14.2
hsa-miR-301a	Up	0.001	2.2	0.003	10.2
hsa-miR-134	Up	0.007	11.2	0.005	14.8
hsa-miR-106b	Up	0.008	10.6	0.005	13.3
hsa-miR-320c	Up	0.023	8.3	0.005	11.2
hsa-miR-21	Up	0.009	7.4	0.007	9.2
hsa-miR-93	Up	0.014	8.1	0.005	18.2
hsa-miR-575	Up	0.003	18.9	0.005	19.9
hsa-miR-630	Up	0.005	14.8	0.005	15.0
hsa-miR-601	Up	0.045	7.2	0.011	9.4
hsa-miR-92a	Up	0.008	12.4	0.004	19.1
hsa-miR-25	Up	0.013	6.8	0.005	27.5
hsa-miR-1225-5p	Up	0.010	10.2	0.006	7.0
hsa-miR-1268	Up	0.011	9.9	0.011	7.2
hsa-miR-151-3p	Up	0.043	7.0	0.049	5.2
hsa-miR-486-5p	Up	0.005	16.8	0.004	25.0
hsa-miR-320d	Up	0.005	14.4	0.005	13.8

R: Up or down regulation.

P A: P value in reference 67.

FC A: Fold change in reference 67.

P B: P value in reference 68.

FC B: Fold change in reference 68.

of vascular endothelial cells, migration of endothelial cells, cell movement of endothelial cells, apoptosis of vascular endothelial cells, proliferation of smooth muscle cells and proliferation of endothelial cells [39]. Additionally, Liu D *et al.*, retrieved miRNA target genes from miRecords, TarBase and Ingenuity Knowledge Base, applied DAVID Bioinformatics Resources or the IPA software to create gene functional annotations and used the Cytoscape platform to establish miRNA-mRNA interaction networks. The results indicated that several biological processes, including programmed cell death, extracellular matrix

organization, response to oxidative stress, TGF-beta signalling pathway, smooth muscle cell proliferation, and aortic dissection were related to these miRNAs and their target genes [41]. All these pathways may be potentially associated with the mechanisms of intracranial aneurysms and SAH.

Because the microarray results show greater variation compared to RT-qPCR data, [44], here, we summarised RT-qPCR confirmed miRNA information to date (Table 2). Moreover, the screened dysregulated miRNAs together with their target genes and functional analysis are listed in Table 3.

Table 2 RT-qPCR confirmed miRNAs and related information

miRNA	Resource	R	Functional Analysis	Literature
hsa-mir-1	IA domes	Down	Target CCL2, CXCL6, CXCR4, involved in the SMC proliferation and differentiation, and et al	[35], [39]
hsa-mir-7-1-3p	IA domes	Down	/	[39]
hsa-mir-23b-3p	IA domes	Down	/	[39]
hsa-mir-23b-5p	IA domes	Down	/	[39]
hsa-mir-24-1-5p	IA domes	Down	/	[39]
hsa-mir-28-3p	IA domes	Down	Involved in proliferation of mononuclear leukocytes, cell movement of mononuclear leukocytes, stimulation of T lymphocytes	[39]
hsa-mir-28-5p	IA domes	Down	Involved in migration of phagocytes, proliferation of mononuclear leukocytes, cell movement of smooth muscle cells, and et al	[39]
hsa-mir-29b-2-5p	IA domes	Down	Repressed the expression of extracellular matrix proteins, targeted several extracellular matrix genes, and et al	[39, 40]
hsa-mir-29c-3p	IA domes	Down		
hsa-mir-29c-5p	IA domes	Down		
hsa-mir-133b	IA domes	Down	Associated with the development of intracranial aneurysms, inhibited the PDGF-induced switch towards a synthetic SMC phenotype, and et al	[39]
hsa-mir-133a	IA domes	Down		
hsa-mir-140-3p	IA domes	Down	/	[39]
hsa-mir-143-3p	IA domes	Down	Involved in apoptosis and tumor formation, targeted several genes, and et al	[39]
hsa-mir-143-5p	IA domes	Down		
hsa-mir-145-3p	IA domes	Down	Involved in modulation of vascular smooth muscle cell phenotype	[39]
hsa-mir-145-5p	IA domes	Down		
hsa-mir-455-5p	IA domes	Down	Involved in migration of phagocytes, cell movement of mononuclear leukocytes, and proliferation of SMC	[39]
hsa-mir-99b*	IA walls	Up	/	[41]
hsa-mir-340*	IA walls	Down	/	
hsa-mir-493	IA walls	Up	/	
hsa-mir-16	plasma	Up	Involved in regulating the angiogenic functions of the endothelial cell	[36-38]
hsa-mir-25	plasma	Up	Might reflect pathological alterations in the vascular tissue	[36-38]
hsa-let-7g	plasma	Up	Involved in modulating important endothelial cell functions such as angiogenesis	[37]
rno-miR-147	IA	Up	/	[32]
rno-miR-101b	IA	Up	/	[32]
rno-miR-21	IA	Up	Served as an endogenous response to pathological aortic dilatation	[32-34]
rno-miR-22-5p	IA	Up	Served as an integrator of Ca <sup>++</sup> homeostasis and myobrililar protein content during stress in heart	[32-34]]
rno-miR-24-1-5p	IA	Up	Negatively controlled the TGF $\beta$ signaling pathway and induced myogenic activity by the regulation of VSMC phenotype switch	[32-34]
rno-miR-26b	IA	Up	/	[32]
rno-miR-29a	IA	Up	Related to protein metabolism and the miR-29a was related to immune function	[32]
rno-miR-29b	IA	Up		
rno-miR-29c	IA	Up		
rno-miR-140	IA	Up	/	[32]
rno-miR-1	IA	Up	Reduced PAR-1 mediated cardiomyocyte dysfunction and improved cardiac function	[32]
rno-miR-181c	IA	Up		
rno-miR-223	IA	Up	Might play a protective role to vascular homeostasis and inflammation.	[32]
rno-miR-451	IA	Up	/	[32]
rno-miR-92b	IA	Down	/	[32]
rno-miR-138	IA	Down	/	[32]
rno-miR-181d	IA	Down	Suppressed the apoptosis and promoted the cell proliferation	[32]
rno-miR-433	IA	Down	/	[32]
rno-miR-489	IA	Down	Promoted the transient proliferative expansion of myogenic progenitors	[32]
rno-miR-551b	IA	Down	/	[32]

R: Up or down regulation.

IA: intracranial aneurysm, VSMC: vascular smooth muscle cell, SAH: subarachnoid hemorrhage.

Table 3 Information of miRNAs dysregulated in at least two literatures

miRNA	Resource	Target genes and functional analysis	Literature
hsa-mir-1	rabbits and IAs	Target CCL2, CXCL6, CXCR4, involved in the SMC proliferation and differentiation	[35], [39]
Has-let-7a	Plasma and IAs	Programmed cell death, Response to oxidative stress, Smooth muscle cell proliferation	[37], [41]
hsa-mir-133	IAs	Modulate SMC proliferation, maintain the skeletal muscle homeostasis	[39], [41]
hsa-mir-29b	IAs	Manipulated aneurysm formation, progression and rupture rate	[39], [41]
hsa-mir-25	Serum and plasma	serve as potential biomarkers in intracranial aneurysms	[36], [37]
hsa-miR-223	Serum and rabbit	Associated with vascular remodeling, inflammation and homeostasis	[35], [36]

Interestingly, another study found that miRNAs nucleotide polymorphisms were also involved in the intracranial aneurysms pathogenesis. The miR-34b/c rs4938723CC genotype could potentially decrease the risk of intracranial aneurysms when compared to the TT genotype. In details, the interaction between the miR-34b/c rs4938723CC genotype and TP53 Arg72Pro CG/CC/GG had a significant decreased risk of intracranial aneurysms compared to those carrying the combined genotypes of miR-34b/c rs4938723 CT/TT and TP53 Arg72Pro CG/CC/GG [45]. The findings suggested that miR-34b/c rs4938723CC and TP53 Arg72Pro polymorphisms might play an important role in the formation, development and rupture of intracranial aneurysms.

## 2.2 siRNAs

Early brain injury (EBI) suffering from SAH was the most considerable reason of disability and mortality [46]. In general, EBI is caused by blood brain barrier (BBB) disruption, inflammation, oxidative stress, brain edema and neural cell apoptosis. Subsequently, neurological deterioration emerges. Thus, decreasing the occurrence of these events may provide beneficial effects [10].

One of the primary pathogenesis of EBI is BBB breakdown (Figure 1). The BBB stability of SAH is mainly investigated by Evans Blue Assay in bilateral cerebral hemisphere, cerebellum and brain-stem of Sprague-Dawley rats. Using siRNA technology specifically blocking the endogenous osteopontin, Suzuki H *et al.*, showed that osteopontin could restore BBB via partly increasing mitogen-activated

protein kinase (MAPK) phosphatase-1 (MKP-1) in the brain, suggesting a potential role for osteopontin as protective factor against BBB disruption [47]. In addition, PUMA and CHOP (C/EBP homologous protein) siRNA significantly reduced the amount of Evans blue extravasations, revealing that PUMA and CHOP siRNA could decrease BBB permeability. Notably, PUMA siRNA could reduce mortality and neurobehavioral deficits after SAH injury [48, 49]. Norrin was proved essential to BBB formation mediated by the Frizzled-4 receptor activation [50]. Extraneous recombinant Norrin showed to protect BBB integrity and improve neurological deficits in bilateral cerebral hemispheres after SAH, while Frizzled-4 siRNA pre treatment could reverse the protective effects. Therefore, it has been suggested that Norrin exerted its action mediated by Frizzled-4 receptor activation [51]. Taken together, it must be noted that siRNA-based therapy might be a promising option for BBB protection after SAH.

Brain edema is observed post-SAH by the electronic analytical balance (Figure 1). As previously proposed, several siRNAs, such as those targeting PUMA, Cryopyrin/P2X7R and CHOP reduce brain edema after SAH injury [48, 49, 52, 53].

Neuroinflammation also contributes to the pathogenesis of early brain injury after SAH (Figure 1). Cryopyrin and P2X7R siRNA administration decreased cryopyrin and P2X7R protein expression, respectively, significantly abolishing caspase-1 activation and mature IL-1 $\beta$ /IL-18 secretion following SAH. Additionally, cryopyrin/P2X7R siRNA could improve neurobehavioral functions

in both hemispheres, such as ameliorated sensorimotor deficits. Thus, the P2X7R/cryopyrin inflammasome axis might contribute to neuroinflammation and their specific siRNAs exerted potentially anti-inflammatory effects following SAH injury [52]. In bilateral cerebral hemispheres, brain stem and cerebellum of SAH rats, administration of recombinant human Milk fat globule-EGF factor-8 (rhMFGE8) increased heme oxygenase-1 (HO-1), while integrin  $\beta$ 3 siRNA robustly blocked the upregulation of HO-1 [54, 55]. Taken together, siRNA treatment might be promising for neuroinflammation control post SAH.

Neuronal apoptosis usually occurs in EBI after SAH (Figure 1) [56]. P2X7R stimulation activates p38 mitogen-activated protein kinase (p38 MAPK) and involved in neuronal apoptosis [57]. In the left hemisphere post SAH, P2X7R siRNA robustly reduced p38 MAPK production and cleaved caspase-3, suggesting that P2X7R siRNA could prevent neuronal apoptosis via inhibiting p38 MAPK [58]. In the left hemisphere of another model post SAH by TUNEL assay, JWH133 (CB2R agonist) remarkably increased activated cAMP response element-binding protein (CREB) and Bcl-2 levels while decreased cleaved caspase-3. However, all these effects were reversed by CREB siRNA [59]. Moreover, CHOP siRNA significantly reduced numbers of TUNEL positive cells in the subcortical region and hippocampus, and the effect in hippocampus was also observed with PUMA siRNA treatment [48, 49].

Cerebral vasospasm (CV) is another major complication that leading to poor prognosis of SAH (Figure 2). Cerebral vasospasm means the

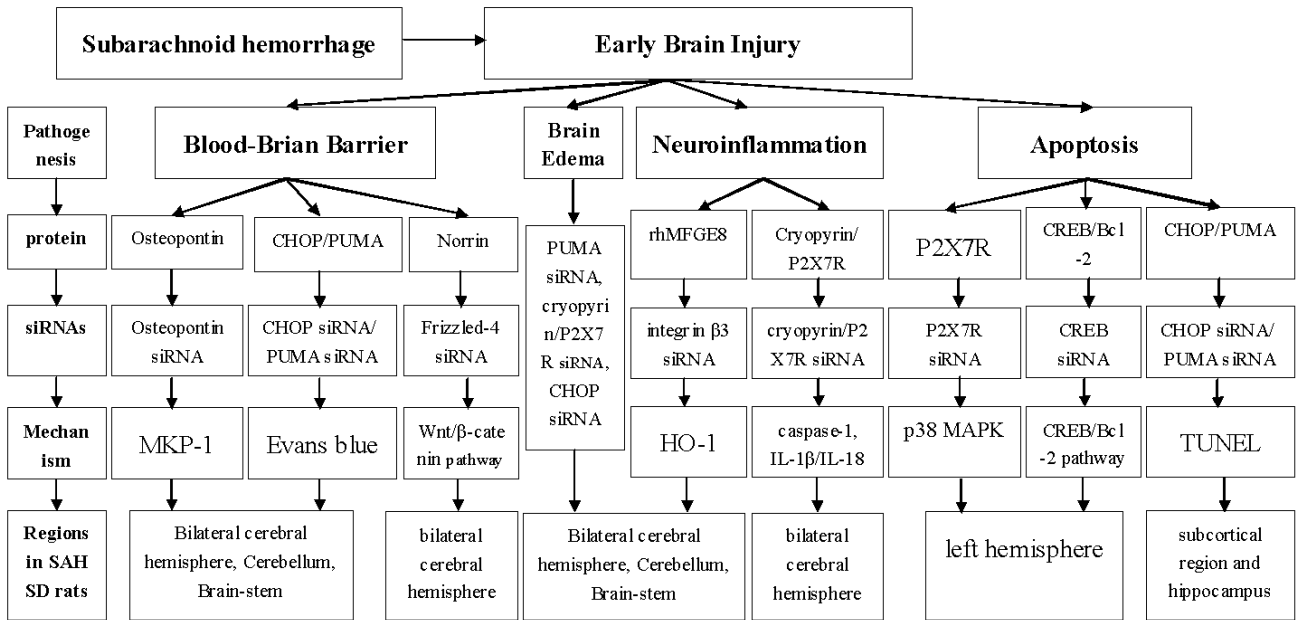


Figure 1

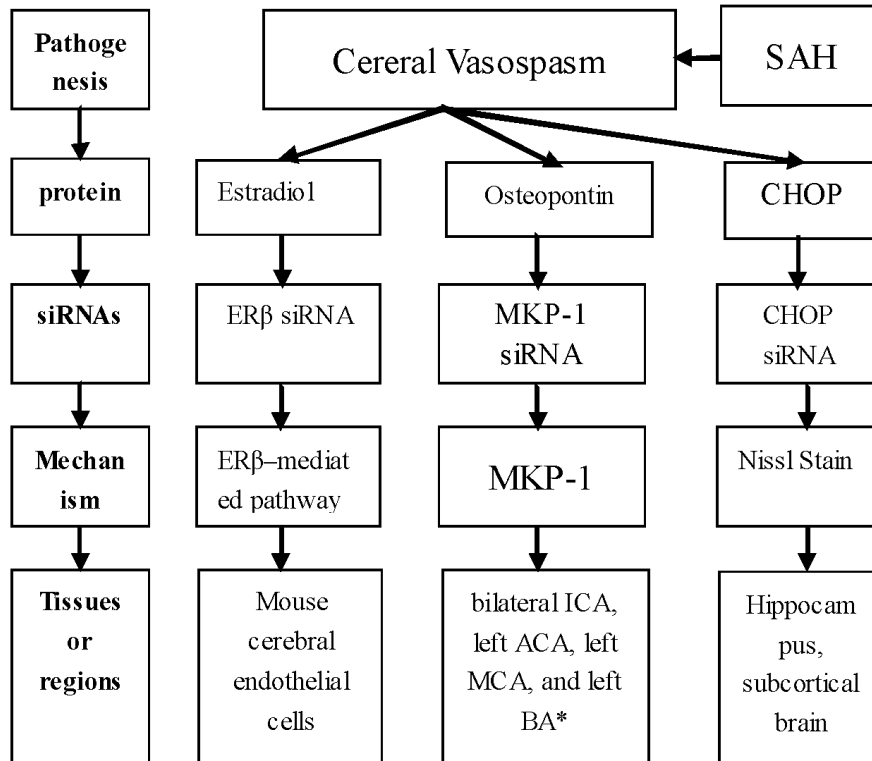


Figure 2



constriction of smooth muscle in blood vessels, which results in reductions of blood flow in downstream brain. Cerebral vasospasm usually occurs on day 3 after SAH, peaks at days 6 and 8, and lasts for 2-3 weeks [60]. Estradiol treatment prevented cerebral vasospasm after SAH by reducing the nitric oxidasesynthase 2 (NOS2) mRNA and protein levels, the NF- $\kappa$ B (Nuclear Factor Kappa B) nuclear translocation and NF- $\kappa$ B binding onto the NOS2 promoter. However, all of these effects could be abolished by Estrogen receptor  $\beta$  (ER $\beta$ ) siRNA administration [61]. Notably, Suzuki H *et al.*, clarified that osteopontin prevented cerebral vasospasm and remarkably induced MKP-1 (mitogen-activated protein kinase phosphatase-1) in the spastic arteries, including bilateral ICA, left ACA, left MCA and left BA. Nevertheless, the MKP-1 up-regulation could be significantly inhibited by MKP-1 siRNA, which then resulted in worse cerebral vasospasm [62]. By Nissl Stain, CHOP siRNA was considered to ameliorate cerebral vasospasm at 24h after SAH, accompanying with reduced neuronal injury in the hippocampus and subcortical brain [53].

### 2.3 lncRNAs

In total, 64 upregulated lncRNAs and 144 downregulated lncRNAs were detected by microarray hybridisation in the brain of adult male wistar rats following SAH. Of note, the lncRNA MRAK038897, with the most obvious alternation, was involved in ankyrin repeat and suppressor of cytokines signaling box 3, which was found to regulate the neuronal inflammatory process of EBI. Thus, it was considered that lncRNA MRAK038897 might play a critical role in the regulation of EBI [63]. The data was confirmed by RT-qPCR assays by randomly selecting 2 upregulated lncRNAs (BC092207, MRuc008hvl) and 3 downregulated lncRNAs (XR\_006756, MRAK038897 and MRAK017168), which were consistent with the microarray results [63].

Several SNPs were showed to have significant association with intracranial aneurysms in both European and Japanese individuals, including rs1429412 (Allele G; chr2q), rs700651 (Allele G; chr2q), rs10958409 (Allele A; chr8q), rs9298506 (Allele A; chr8q) and rs1333040 (Allele T; chr9p). Among these

SNPs, the strongest associated SNP, rs1333040, lied 74 kb from the 5' end of CDKN2B and 88 kb from CDKN2A, with the lncRNA ANRIL also lied within this interval [64]. Coincidentally, the robust association of the SNP rs1333040 with intracranial aneurysms was also found by meta-analysis [65]. Furthermore, genome-wide association studies (GWAS) had surprisingly identified lncRNA ANRIL (NR\_003529, in chromosome 9p21; also called CDKN2BAS) as a genetic susceptibility locus related with intracranial aneurysms [66, 67]. Of note, in the specific lncRNA ANRIL, forouf T provided evidence that a SNP (CDKN2BAS; rs6475606) was associated with intracranial aneurysms [68]. Moreover, previous studies reported many other SNPs in this region were also related with intracranial aneurysms. The SNP, rs10757278 (Allele G), was the first common sequence variant that confers rapid progression risk of intracranial aneurysms in European individuals [69]. Another two SNPs, rs10757278 (Allele G) and rs1333045 (Allele A) were demonstrated to have extraordinary associations with intracranial aneurysms. Additionally, the association of rs10757278 (Allele G) remained significant after adjustment for hypertension as well as smoking, while rs1333045 (allele A) did not. Altogether, approximately 24% of the samples were homozygous for the rs10757278 G allele, in line with previous studies [69, 70].

## 3 Concluding remarks and perspective

As described above, non-coding RNAs (such as miRNAs, siRNAs and lncRNAs) have been recently demonstrated to play an increasingly critical role in the neurodevelopment, neuroplasticity, neural differentiation and neuroprotection [15, 16, 21, 28]. The growing non-coding RNAs studies have drastically increased our understanding on the pathogenesis of intracranial aneurysms and SAH. This review aimed to comprehensively summarise the current knowledge on the role of non-coding RNAs in intracranial aneurysms and SAH, and to effectively offer important insights for further research.

miRNAs are a novel class of endogenous non-coding RNAs with 21-23 bp. Recently, many studies focused on the miRNA expression detection and identified them as novel diagnostic and prognostic biomarkers in intracranial aneurysms and SAH. In general, the researches consisted of rat and rabbit models, peripheral blood of SAH patients and human intracranial aneurysms. All results revealed that miRNAs expression was significantly altered post SAH, and the authors also highlighted the usefulness and potential roles of the dysregulated miRNAs. In peripheral blood of SAH patients, data showed the presence of several repetitive dysregulated miRNAs in two different researches (Table 1). It was indeed suggested that miRNAs were association with SAH pathogenesis and may be used as molecular biomarkers for further investigation. Surprisingly, 20 miRNAs were unanimously changed in both ruptured and unruptured cases in human peripheral blood, regardless the status of intracranial aneurysms. As the samples consisted of unruptured cases, it was suggested that the circulating miRNAs alternation was primordial rather than a secondary complication of aneurysms (such as rupture of aneurysms and neural damages) or the result of clinical treatments (either pharmacological or surgical treatments). Therefore, these circulating miRNAs may play a vital role in the regulation of intracranial aneurysm formation and development, and may be used as novel biological markers to predict the occurrence of intracranial aneurysms rupture [36]. In intracranial aneurysms, miR-29b and miR-133 were also showed dysregulated in both studies, confirming yet again that the changes of miRNA expression were repeatable [39, 41].

Nevertheless, several limitations still existed in miRNAs investigation on intracranial aneurysm and SAH. First, cerebrospinal fluid represents the main alternation of body fluids in SAH patients. However, previous researchers only focused on the peripheral blood without performing synchronous comparison with cerebrospinal fluid. Perhaps, obtaining cerebrospinal fluid immediately after aneurysm rupture is complicated, as lumbar puncture is usually carried out after aneurysm repair [71]. In addition, miRNAs may degrade rapidly, leading

to difficult measurement for the low miRNAs levels after surgery. Moreover, studies could focus only at the end-stage of the intracranial aneurysms, either ruptured that has already caused serious injury or large enough that needed surgical intervention. Hence, we could not predict miRNAs expression changes at early stage of intracranial aneurysms. Finally, only several studies conducted the preliminary functional analysis and none, so far, further investigated the intracranial aneurysms or SAH-related pathogenesis, implying that further elucidation is needed.

siRNA were able to suppress deleterious gene expression by targeting specific genes. This strategy has become increasingly popular and successfully employed in killing cancer cells *in vitro* and *in vivo* [72]. In intracranial aneurysms and SAH, siRNAs studies have already reached a mature stage and mainly focused on the pathogenesis and pathophysiology. As described above, siRNAs targeting osteopontin, PUMA, CHOP, Frizzled-4, cryopyrin, P2X7R, integrin  $\beta$ 3 and CREB were involved in early brain injury (Figure 1), while those against Estrogen receptor  $\beta$ , MKP-1 and CHOP were involved in cerebral vasospasm after SAH (Figure 2). Almost all siRNAs exerted their functions through combining with target genes. Indeed, siRNAs have been proved to be irreplaceable in various regulatory mechanisms in many diseases, and might become novel promising therapeutic targets for future clinical treatment. However, because of their potential off-target effects,

siRNAs-based targeting requires further validation of their efficacy, [73], especially in the humans.

As described above, lncRNAs are transcripts greater than 200 bp in length. Evidences indicated that abundant lncRNAs are dysregulated expressed in the brain and played a crucial role in neural differentiation, synaptic plasticity, behaviour and neuroprotection. In adult rats of ischemia stroke, 359 lncRNAs were upregulated and 84 lncRNAs were downregulated, with 62 lncRNAs showed > 90% sequence homology with exons of protein-coding genes [74]. Another rats study showed that 177 increased lncRNAs were associated with either coREST or Sin3A after ischemia stroke. Among these lncRNAs, 11 lncRNAs enriched with coREST and 26 lncRNAs enriched with Sin3A were upregulated following ischemia stroke [75]. However, lncRNAs expression profiles were only investigated in SAH rats, and no studies focused on the SAH patients, either in body fluids (peripheral blood and cerebrospinal fluid) or intracranial aneurysm tissues. In addition, although the specific lncRNA ANRIL and its SNPs were reported, there was no study focused on whether lncRNAs modulated SAH pathogenesis and pathophysiology, leaving the topic still unclear. The lncRNAs stability resulted better than other small non coding RNAs and, perhaps, lncRNAs modulation of intracranial aneurysms and SAH would need a better understanding.

However, some other limitations exist in this review. Most studies are observational results

carried out by microarray and RT-qPCR analysis, demonstrating the dysregulated expression of non-coding RNAs in intracranial aneurysms and SAH. Experiments that explore SAH mechanism of non-coding RNAs are still partially lacking and only few studies have been validated. As such, it is still unclear whether these alterations are causative, prognostic or merely associated with intracranial aneurysms and SAH.

In conclusion, we reviewed several non-coding RNAs expression profiles and related mechanisms in intracranial aneurysms and SAH, and found that these non-coding RNAs play important roles. We suggested that non-coding RNAs would function as novel molecular biomarkers to predict the intracranial aneurysms and SAH, and may yield new therapies in the future.

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