

Key Residue for Aggregation of Amyloid- β Peptides

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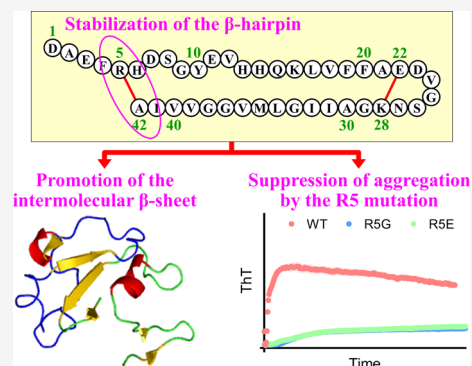
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ABSTRACT: It is known that oligomers of amyloid- β ($A\beta$) peptide are associated with Alzheimer's disease. $A\beta$ has two isoforms: $A\beta_{40}$ and $A\beta_{42}$. Although the difference between $A\beta_{40}$ and $A\beta_{42}$ is only two additional C-terminal residues, $A\beta_{42}$ aggregates much faster than $A\beta_{40}$. It is unknown what role the C-terminal two residues play in accelerating aggregation. Since $A\beta_{42}$ is more toxic than $A\beta_{40}$, its oligomerization process needs to be clarified. Moreover, clarifying the differences between the oligomerization processes of $A\beta_{40}$ and $A\beta_{42}$ is essential to elucidate the key factors of oligomerization. Therefore, to investigate the dimerization process, which is the early oligomerization process, Hamiltonian replica-permutation molecular dynamics simulations were performed for $A\beta_{40}$ and $A\beta_{42}$. We identified a key residue, Arg5, for the $A\beta_{42}$ dimerization. The two additional residues in $A\beta_{42}$ allow the C-terminus to form contact with Arg5 because of the electrostatic attraction between them, and this contact stabilizes the β -hairpin. This β -hairpin promotes dimer formation through the intermolecular β -bridges. Thus, we examined the effects of amino acid substitutions of Arg5, thereby confirming that the mutations remarkably suppressed the aggregation of $A\beta_{42}$. Moreover, the mutations of Arg5 suppressed the $A\beta_{40}$ aggregation. It was found by analyzing the simulations that Arg5 is important for $A\beta_{40}$ to form intermolecular contacts. Thus, it was clarified that the role of Arg5 in the oligomerization process varies due to the two additional C-terminal residues.

KEYWORDS: molecular dynamics simulation, generalized-ensemble algorithm, amyloid- β peptide, protein aggregation



INTRODUCTION

It is known that more than 40 proteins and peptides form aggregates associated with human diseases, such as Alzheimer's disease (AD), Parkinson's disease, and hemodialysis-related amyloidosis.^{1–4} An example of such a peptide is the amyloid- β ($A\beta$) peptide. $A\beta$ s form soluble oligomers and insoluble amyloid fibrils by their aggregation. These aggregates play a vital role in the pathogenesis of AD.^{5,6} Amyloid fibrils of $A\beta$ are known to form cross- β -sheet structures.^{7,8} Additionally, their atomic-level structures have been reported by experiments using solid-state nuclear magnetic resonance (NMR) spectroscopy^{9–12} and cryogenic electron microscopy (cryo-EM).^{13,14} Although it has been shown by NMR experiments that oligomers also form β -sheet structures,^{15,16} their atomic-level structures have yet to be clarified.

$A\beta$ is produced by the proteolytic processing of amyloid precursor protein.¹⁷ Although there are several $A\beta$ s with different numbers of amino acid residues, the main isoforms have 40 ($A\beta_{40}$) and 42 ($A\beta_{42}$) amino acid residues.^{18,19} The only difference between $A\beta_{40}$ and $A\beta_{42}$ is that $A\beta_{42}$ has two additional residues at its C-terminus. However, $A\beta_{42}$ is more toxic than $A\beta_{40}$ ²⁰ and is the major component of early senile plaques in the brains of AD patients.^{21–23} It is also known that in several early-onset familial ADs, the production of $A\beta_{42}$ increases.^{24–27} Additionally, $A\beta_{42}$ forms oligomers and amyloid fibrils more rapidly than $A\beta_{40}$.^{28,29} The two C-terminal residues of $A\beta_{42}$ play essential roles in the rapid

aggregation, but the details have not been elucidated. Elucidating the difference between the oligomerization processes of $A\beta_{40}$ and $A\beta_{42}$ is essential to understand $A\beta$ aggregation and overcome AD.

To investigate $A\beta$ at the atomic level, all-atom molecular dynamics (MD) simulation is essential. Many studies have used MD simulation on aggregation and disaggregation of $A\beta$.^{30–51} For studies on the oligomerization process, most studies have employed $A\beta$ fragments, such as $A\beta(16–22)$,^{52–58} $A\beta(10–35)$,⁵⁹ and $A\beta(29–42)$.^{60–63} Several studies have been reported for the oligomer formation of full-length $A\beta$ s.^{64–69} It has been shown that $A\beta_{40}$ dimers form various secondary structures, such as intramolecular and intermolecular β -sheet structures and α -helix structures.⁶⁴ Similar results were reported for $A\beta_{42}$ dimers.⁶⁵ Because $A\beta$ oligomerization is a slow process for the all-atom MD simulation, most of these studies used the replica-exchange method (REM)^{70,71} to obtain efficient samplings of $A\beta$ structures.⁶⁶

Recently, replica-permutation method (RPM) has been proposed⁷² to enhance sampling efficiency more than REM. In

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this method, similar to REM, copies (replicas) of a target system are prepared. These replicas are assigned different temperatures to perform canonical simulations. During simulations, the assigned temperatures are permuted among more than two replicas, whereas they are exchanged between two replicas in REM. Additionally, instead of the Metropolis algorithm,⁷³ the Suwa–Todo algorithm⁷⁴ is used to minimize the rejection ratio for replica-permutation trials. Then, the Hamiltonian RPM (HRPM) was proposed to generalize RPM.⁷⁵ In HRPM, the same temperature is assigned to all replicas. However, different values of a parameter introduced in the Hamiltonian are assigned and permuted among more than two replicas. The dimer and larger oligomer formation processes of A β fragments have been elucidated using this HRPM.^{62,63}

It is necessary to clarify the difference in oligomerization between A β 40 and A β 42 at the atomic level to elucidate the key factors of the A β aggregation. However, no study has shown the differences in these oligomerization processes at the atomic level. Therefore, in this paper, we investigated the dimerization process, which is the early oligomerization process, for these A β s using MD simulation. We employed the Coulomb RPM (CRPM)⁷⁵ to enhance conformational sampling for A β s in an explicit solvent. CRPM is a form of HRPM. It is a useful method for investigating the aggregation processes of biomolecules. As a result of the CRPM simulation, we identified a key residue in dimerization. We also conducted experiments on A β aggregation to verify whether the residue identified by our simulation is actually important for the aggregation process. Consequently, we obtained that A β aggregation is significantly suppressed by mutating the residue identified in the simulation.

RESULTS AND DISCUSSION

Comparison of A β 42 and A β 40 Dimerizations. To investigate the dimerization process of A β 40 and A β 42, we applied the Coulomb replica-permutation MD (CRPMD) method⁷⁵ to two A β 40 molecules and two A β 42 molecules. The initial conformations for these MD simulations are shown in Figure S1. We first calculated probabilities of dimer formation for A β 42 and A β 40 to see whether there is a difference in dimer formation. Here, the reweighting techniques^{76,77} were employed to calculate the physical quantities at the original parameter ($\lambda = 1.00$ for CRPMD). Figure 1 shows distributions of oligomer sizes. Here, when two A β s formed more than one intermolecular β -bridge, it was regarded as these A β s formed a dimer. The defined secondary structure of protein (DSSP) criteria⁷⁸ were used to determine the secondary structures. As shown in the figure, A β 42 has a slightly higher probability of dimer formation than A β 40.

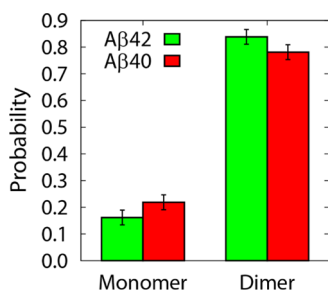


Figure 1. Dimerization propensities of A β 42 (green) and A β 40 (red).

Conversely, A β 40 tends to be in a monomer state compared to A β 42. This tendency and probabilities of the monomer states are consistent with experimental results that showed oligomer size distributions for A β 42 and A β 40.⁷⁹

Next, we calculated the intermolecular contact probabilities of C α atoms to see the dimer structure. Figure 2a,b shows the intermolecular contact probability for A β 42 and A β 40, respectively. Here, when the distance between a pair of C α atoms was less than 6.5 Å, it was regarded as a contact. In the A β 42 dimer, the β 1 and β 2 regions tended to form an intermolecular antiparallel β -sheet, as shown by the magenta ellipse in Figure 2a. Here, the β 1 and β 2 regions consist of residues 17–21 and C-terminal residues after residue 29, respectively. In Figure S1, the β 1 and β 2 regions in the initial conformations are represented by cyan and purple, respectively. These regions have hydrophobic cores, and these hydrophobic cores have been reported to form β -sheets in amyloid fibrils.^{9–14} An intermolecular parallel β -sheet was also formed moderately between the β 1 regions (the black ellipse). In the A β 40 dimer, an intermolecular antiparallel β -sheet was mainly formed between the β 1 and β 2 regions, as shown in Figure 2b (the magenta ellipse).

To investigate the lengths of β -strands composing the intermolecular β -sheet and identify residues in the β -strands, we calculated the probabilities of intermolecular β -bridge formation of residues at each length of the β -strand. Here, the β -strand length is the number of consecutive residues that form the β -strand. Figure 2c,d shows the probabilities for A β 42 and A β 40, respectively. As shown by the magenta ellipse in Figure 2c, the β -strand length with the highest probability was 3. As shown in Figure 2a,c, in the A β 42 dimer, the intermolecular antiparallel β -sheet between the β 1 and β 2 regions was composed of the β -strands consisting of three residues. In contrast, in the A β 40 dimer, the intermolecular antiparallel β -sheet had only one β -bridge (i.e., length of the β -strand is 1), as shown in Figure 2b,d. This means that the A β 42 dimer had a more stable intermolecular β -sheet than the A β 40 dimer because the formation of longer β -strands stabilizes the intermolecular β -sheet.

There were differences not only in the intermolecular structures but also in the intramolecular structures between A β 42 and A β 40. Figure 3a,b shows the intramolecular contact probabilities of C α atoms. A β 42 formed a β -hairpin between the β 1 and β 2 regions, as shown by the magenta ellipse in Figure 3a. However, in A β 40, such β -hairpin was rarely formed (Figure 3b). This difference in β -hairpin formation affects the difference in intermolecular β -sheet formation between A β 42 and A β 40. This is because two of the authors (S.G.I. and H.O.) reported that a β -hairpin of an A β fragment readily formed intermolecular β -sheets with other A β fragments.⁶² In our simulation of full-length A β s, we also observed that the β -hairpin formed intermolecular β -sheets with the other A β , as seen in the movies. In these movies, two A β 42s that are spatially separated approach each other (Movie S1), and one A β 42 forms the β -hairpin (Movie S2) and then forms the intermolecular β -sheet with the other A β (Movie S3). It is worth noting that the value of λ varies throughout the movies since these movies are the trajectory in one replica in the CRPMD simulation. Additionally, not only our works but also several experimental and computational works have shown that the β -hairpins accelerate the intermolecular β -sheet formation.^{80–82}

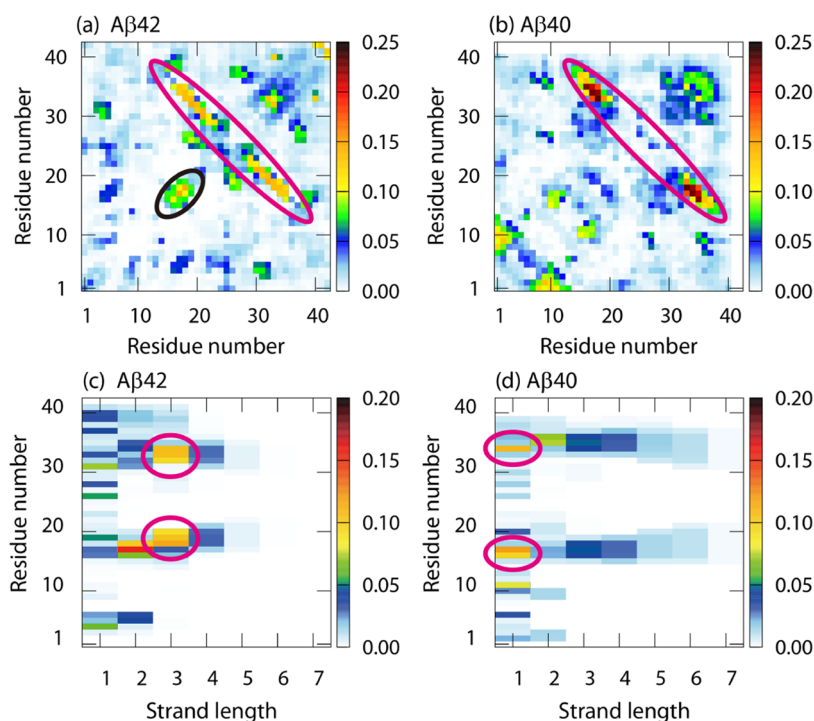


Figure 2. Intermolecular contact probabilities of C_{α} atoms for (a) $A\beta_{42}$ and (b) $A\beta_{40}$. Probabilities with which the residues in (c) $A\beta_{42}$ and (d) $A\beta_{40}$ form β -strands with the corresponding length.

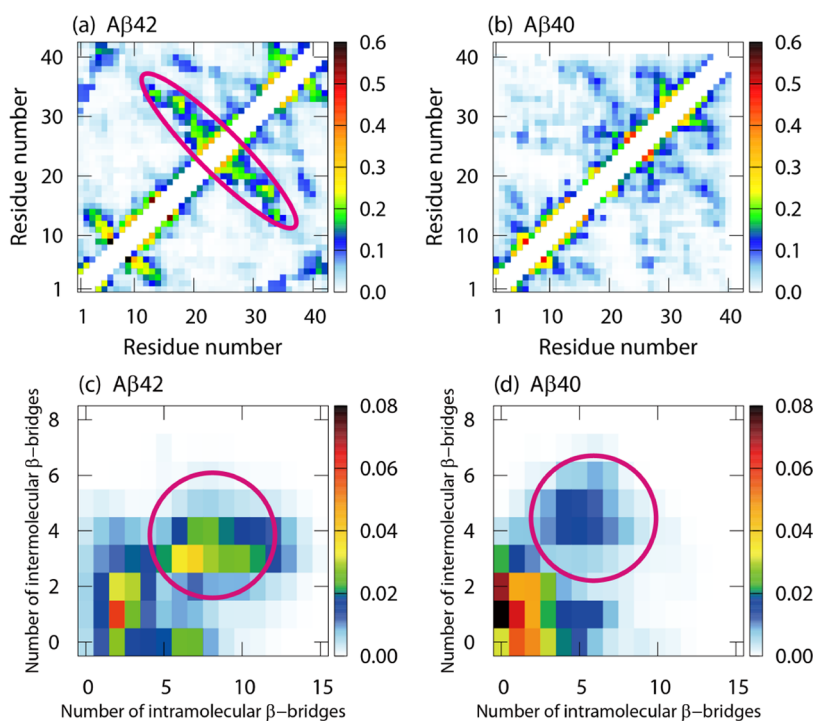


Figure 3. Intramolecular contact probabilities of C_{α} atoms for (a) $A\beta_{42}$ and (b) $A\beta_{40}$. Probability distributions with respect to the number of intramolecular and intermolecular β -bridges for (c) $A\beta_{42}$ and (d) $A\beta_{40}$.

To investigate the relationship between intramolecular and intermolecular β -bridges, we calculated the probability distributions with respect to the number of intramolecular and intermolecular β -bridges. Figure 3c,d shows the probability distributions for $A\beta_{42}$ and $A\beta_{40}$, respectively. In both systems, the probability of forming more intermolecular β -bridges is higher when more intramolecular β -bridges are formed, as

shown by magenta circles. This indicates that an intermolecular β -sheet is readily formed in the presence of a β -hairpin. In other words, the β -hairpin stabilizes the intermolecular β -sheet. Therefore, the reason why $A\beta_{42}$ forms a more stable intermolecular β -sheet is that $A\beta_{42}$ tends to form the β -hairpin in comparison with $A\beta_{40}$.

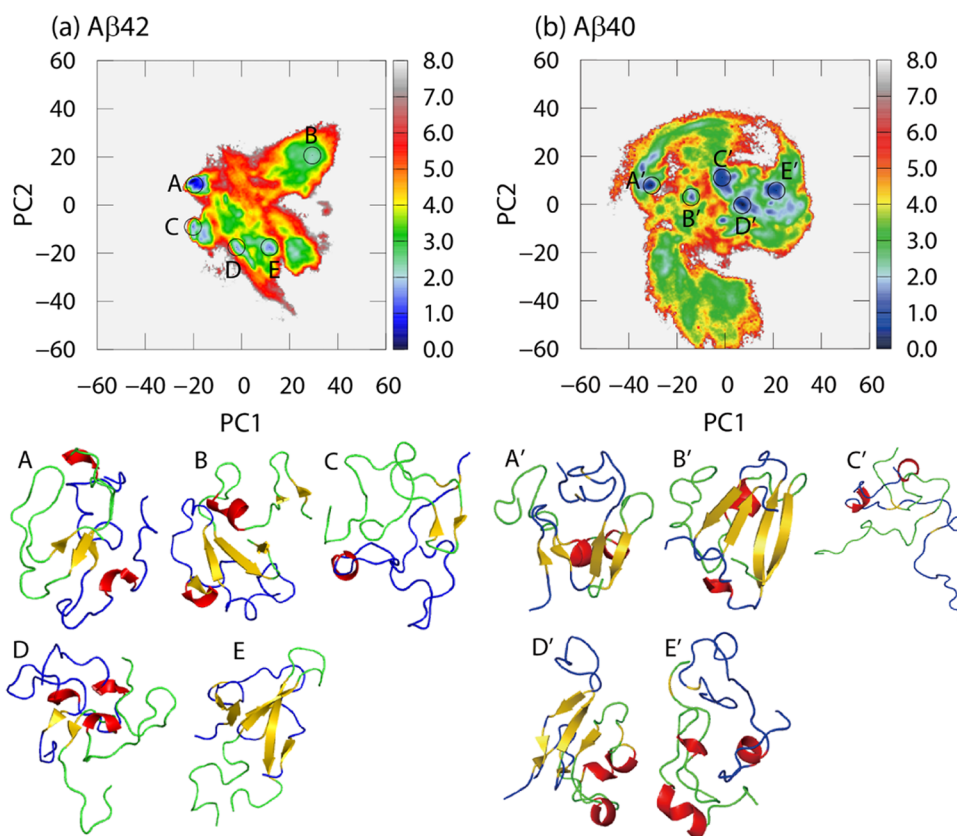


Figure 4. Free-energy landscapes for (a) $A\beta_{42}$ and (b) $A\beta_{40}$ with respect to the corresponding first and second principal components (PC1 and PC2). The local-minimum free-energy states are labeled as (a) states A–E for $A\beta_{42}$ and (b) states A'–E' for $A\beta_{40}$. The units of the free-energy landscapes are kcal/mol. Representative dimer structures in (a) states A–E and (b) states A'–E' are also shown.

The mechanism by which the β -hairpin promotes the formation of the intermolecular β -sheet structure is as follows. The formation of the β -hairpin maintains the extended structures in the β_1 and β_2 regions and leaves their hydrophobic side chains exposed in the aqueous solution. These exposed hydrophobic side chains attract the hydrophobic side chains in the β_1 and β_2 regions of the other $A\beta$. Since the two $A\beta$ s are close and $A\beta$ that forms the β -hairpin has the extended structures in the β_1 and β_2 regions, an intermolecular β -sheet is quickly formed when $A\beta$ that does not form the β -hairpin forms an extended structure in the β_1 or β_2 regions.

Such a mechanism of β -sheet formation has been reported for other molecules, such as a designed peptide that forms α -helix and β -hairpin in equal proportions.^{83–86} This peptide was designed by adding seven residues to a fully helical peptide.⁸³ The region consisting of the additional seven residues was hydrophobic and formed an extended structure. As the extended region approaches the helix region, the hairpin is formed when the helix region forms the extended structure.^{84–86} Consequently, this designed peptide can have both α -helix and β -hairpin.

Tertiary Structures of $A\beta_{42}$ and $A\beta_{40}$ Dimers. Principal component analysis (PCA)⁸⁷ was used to observe the tertiary structures of $A\beta_{42}$ and $A\beta_{40}$. Here, to focus on the dimer structure, the conformations (snapshots obtained from our MD simulations) in which two $A\beta$ s formed more than one intermolecular β -bridge were employed for PCA. Additionally, only the coordinates of C_α atoms in the β_1 and β_2 regions were considered to perform PCA. More details of PCA are

presented in the [Supporting Information](#). [Figure 4a](#) shows the free-energy landscape for $A\beta_{42}$ with respect to the first and second principal components. The representative tertiary structures in five local-minimum free-energy states (states A–E) are also shown in the figure.

Each representative structure is as follows (we focus on β -sheet structures of the β_1 and β_2 regions in two $A\beta$ s): (state A) the green $A\beta_{42}$ forms a β -hairpin with intramolecular antiparallel β -bridges between the β_1 and β_2 regions. Intermolecular parallel β -bridges are also formed between the β_1 region of this $A\beta_{42}$ and that of the other $A\beta_{42}$. (State B) The blue $A\beta_{42}$ has a β -hairpin structure in which the β_1 and β_2 regions form intramolecular antiparallel β -bridges. A β -hairpin is also seen in the β_2 region in the green $A\beta_{42}$. These two β -hairpins have a β -sheet structure with intermolecular β -bridges between the β_1 region in the blue $A\beta_{42}$ and the β_2 region in the green $A\beta_{42}$. (State C) An intermolecular parallel β -bridge is formed between the β_1 region in the green $A\beta_{42}$ and the β_2 region in the blue $A\beta_{42}$. (State D) The two β_2 regions in $A\beta_{42}$ s form intermolecular parallel β -bridges. (State E) The green $A\beta_{42}$ has a β -hairpin with β -bridges between the β_1 and β_2 regions. An intermolecular parallel β -bridges between the two β_2 regions are formed. A β -hairpin in the N-terminal region in the blue $A\beta_{42}$ also forms intermolecular parallel β -bridges with the β_1 region in the green $A\beta_{42}$.

[Figure 4b](#) shows the free-energy landscape for $A\beta_{40}$ with respect to the first and second principal components. The representative tertiary structure in five local-minimum free-energy states (states A'–E') is also shown in this figure. The representative structures are as follows: (state A') intermo-

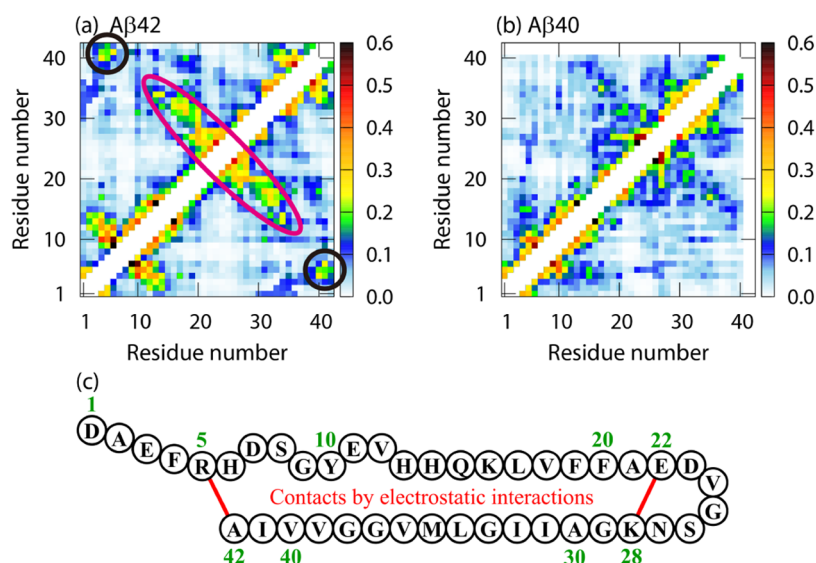


Figure 5. Intramolecular contact probabilities between residues for (a) $A\beta_{42}$ and (b) $A\beta_{40}$. Here, all atoms, including the side-chain atoms, except the hydrogen atoms, are considered in calculating the contact probabilities. (c) Schematic illustration where the β -hairpin of $A\beta_{42}$ is stabilized by the contacts between the C-terminus and Arg5 and between E22 and K28.

lecular antiparallel β -bridges are formed between the β_1 region in the blue $A\beta_{42}$ and the β_2 region in the green $A\beta_{42}$. (State B') There are three β -strands in the β_1 and β_2 regions in the blue $A\beta_{42}$. The β_2 region in the green $A\beta_{42}$ forms an intermolecular antiparallel β -sheet with the β_1 region in the blue $A\beta_{42}$. (State C') An intermolecular β -bridge is formed between the β_2 region in the green $A\beta_{42}$ and the β_1 region in the blue $A\beta_{42}$. (State D') The blue $A\beta_{42}$ has a β -hairpin with intramolecular β -bridges between the β_1 and β_2 regions. The β_2 region in the green $A\beta_{42}$ forms intermolecular antiparallel β -bridges with the β_1 region in the blue $A\beta_{42}$. (State E') An intermolecular β -bridge is formed between the two β_2 regions.

From these representative tertiary structures, in $A\beta_{42}$ and $A\beta_{40}$ dimers, longer β -strand with intermolecular β -bridges tends to be formed when at least one $A\beta$ has stable intramolecular β -bridges (i.e., β -hairpin or intramolecular β -sheet). This tendency is consistent with Figure 3c,d. Thus, the intramolecular β -bridges play an essential role in the formation of the intermolecular β -bridges.

Key Residue for the β -Hairpin of $A\beta_{42}$. To investigate why $A\beta_{42}$ forms more β -hairpins, we calculated the probability of intramolecular contacts, including side-chain atoms. Here, when the shortest distance between atoms included in two different residues was less than 5.0 Å, it was regarded as a contact between the two residues. Hydrogen atoms were not considered in calculating the contact probability. Figure 5a,b shows the contact probabilities. The contact patterns are almost the same as the intramolecular contacts between C_α atoms in Figure 3. However, as shown in Figure 5a, the contact peaks between the C-terminus and vicinity of residue 5 (Arg5) are more obvious in $A\beta_{42}$, as indicated by the black circles. This is because these contacts were maintained by the electrostatic interaction between the negative charge of the carboxyl group (COO^-) in the C-terminus and the positive charge of the guanidinium group in Arg5. Moreover, the positions of the peaks indicated by the black circles are located on the extension of the major axis of the magenta ellipse corresponding to the β -hairpin. Therefore, the contact between the C-terminus and Arg5 contributes to the stabilization of the

β -hairpin. Conversely, no peak corresponds to the contact between the C-terminus and Arg5 in $A\beta_{40}$ (Figure 5b).

Figure 5c shows a schematic illustration in which the β -hairpin of $A\beta_{42}$ is stabilized by the contact between the C-terminus and Arg5. Here, a contact between residue 22 (E22) and residue 28 (K28) is also shown. This contact is formed with a high probability due to the electrostatic interaction between their side chains (i.e., a salt bridge) as in the contact between the C-terminus and Arg5. The intramolecular contact probabilities between E22 and K28 were calculated with and without the salt bridge between their side chains. Here, the DSSP criteria were employed for the hydrogen bond formation between the E22 and K28 side chains. The contact probability with and without the salt bridge was 0.37 and 0.12, respectively. It means that the salt bridge promotes the contact formation between E22 and K28. As long as the contacts between the C-terminus and Arg5 and between E22 and K28 are maintained, the distance between β_1 and β_2 regions is inevitably shortened. Additionally, because the number of residues between Arg5 and E22 and between K28 and A42 (C-terminus) are almost equal, both β_1 and β_2 regions can have extended structures simultaneously, as seen in Figure 5c. The β -hairpin is formed when the two extended regions are at a short distance. This is the mechanism of stabilizing the β -hairpin of $A\beta_{42}$ by the contact between the C-terminus and Arg5. Regarding $A\beta_{40}$, since the number of residues between K28 and V40 (C-terminus) is less than that between Arg5 and E22, these two regions cannot have extended structures simultaneously. Consequently, $A\beta_{40}$ hardly forms the β -hairpin.

MD Simulations of $A\beta_{42}$ Monomer. To investigate the effects of Arg5 on the stabilization of the β -hairpin, we performed MD simulations of an $A\beta_{42}$ monomer and its mutants. We used R5G and R5E as the mutants. As mentioned in the previous subsection, the electrostatic interaction between Arg5 and C-terminus is expected to be essential to stabilize the β -hairpin. To decrease attractive electrostatic forces between residue 5 and C-terminus, we chose neutral and negatively charged residues, Gly and Glu. Figure 6a shows a

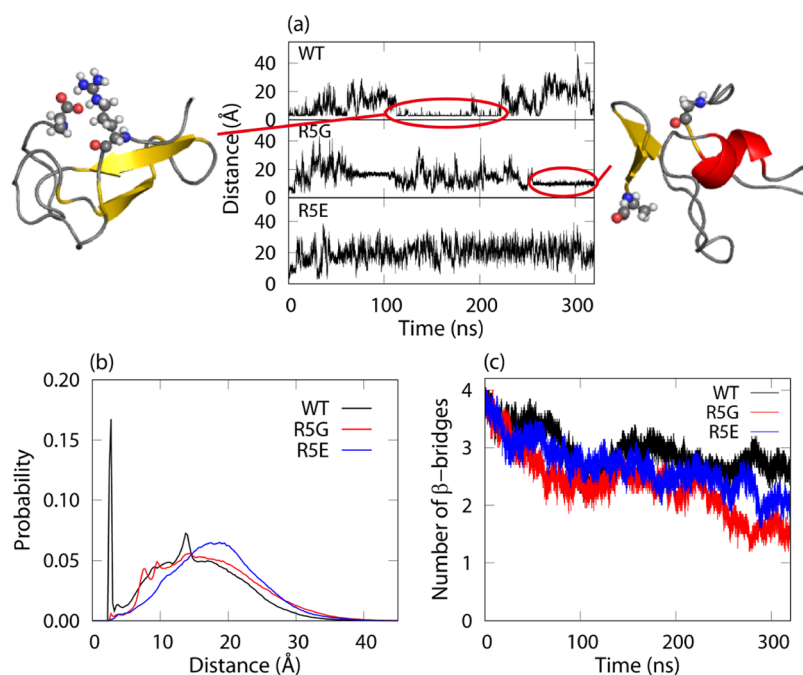


Figure 6. (a) Time series of distances between residue 5 and C-terminal residue for the wild type and mutants. Representative structures for the time periods indicated by red circles are also shown. Residues 5 and 42 are shown in the ball-and-stick model. (b) Probability distributions of distances between residue 5 and C-terminal residue for the wild type and mutants. (c) Time series of the average numbers of β -bridges between the $\beta 1$ and $\beta 2$ regions calculated from 20 MD simulations for each system.

typical time series of the shortest distance between residue 5 and C-terminal residue atoms for each $A\beta$ monomer system, obtained from one of the MD simulations. In the wild type, the shortest distance tended to get trapped in the vicinity of 3 Å. This means that the C-terminus is often bound to Arg5, as in the structure shown on the left in Figure 6a. This structure is representative of the time indicated by the red circle. During this time, the β -hairpin was maintained while the side chain of Arg5 and C-terminus kept a short distance forming the salt bridge. In contrast, such bindings were not seen in the mutants. For R5G, however, we found that the distance between residue 5 and the C-terminus was maintained at about 10 Å during the last 60 ns. The structure at this distance is shown on the right side of Figure 6a. In this structure, the β -hairpin collapsed, forming a globular structure. Figure 6b shows the probability distribution of the shortest distance between residue 5 and C-terminal residue for each system. This distribution was calculated by averaging over 20 MD simulations. Here, for each MD simulation, the last 220 ns of the 320 ns trajectory data was used for this analysis. The distributions show that the binding between Arg5 and C-terminus was frequently formed in the wild type; however, no such binding was formed in the mutants.

To investigate the stability of the β -hairpin, the number of β -bridges between the $\beta 1$ and $\beta 2$ regions was counted at each MD step. Figure 6c shows the time series of the average numbers of β -bridges calculated from 20 MD simulations. In the wild type, the number of β -bridges decreased more slowly than in the mutants. This means that the β -bridges between the $\beta 1$ and $\beta 2$ regions were maintained in the wild type but were gradually broken in the mutants. Furthermore, the intramolecular contacts between C_α atoms were calculated to investigate whether the hairpin structures are maintained. Figure 7a–c shows the contact probabilities obtained from 20 MD simulations. Here, for each MD simulation, the last 220 ns

of the 320 ns trajectory data was used for these analyses. As shown in these figures, the contact patterns corresponding to the hairpin structures in the mutants had lower probabilities than those in the wild type. It means that the hairpin structures of the mutants were gradually broken as the number of β -bridges decreased due to the lack of stable binding between residue 5 and C-terminus. Therefore, the interaction between Arg5 and C-terminus plays an essential role in the formation of the β -hairpin in $A\beta 42$. Note that several computational studies reported that Arg5 tends to form intramolecular salt bridges with other negatively charged residues by performing MD simulations of an $A\beta$ monomer or $A\beta$ fragment.^{88–90} However, our study is the first to show that the intramolecular salt bridge between Arg5 and C-terminus is essential for β -hairpin formation.

Effects of Amino Acid Substitutions of Arg5 on $A\beta$ Aggregation. From our MD simulations, Arg5 is expected to promote the $A\beta 42$ aggregation. Conversely, in the mutations of Arg5 to Gly or Glu, their aggregations are expected to be suppressed. To confirm this prediction from our MD simulations, we conducted experiments on the aggregations of the wild type and mutants. Figure 8a–c shows the aggregation of these $A\beta 42$ s monitored by thioflavin T (ThT) fluorescence. As expected from the MD simulations, the $A\beta 42$ aggregation is suppressed by the mutations of Arg5 to Gly or Glu. The effect of the mutations is remarkable. Thus, in the experiments, it was confirmed that Arg5 plays an essential role in the $A\beta 42$ aggregation. To the best of our knowledge, no fibril model with the salt bridge between Arg5 and C-terminus has been reported so far. This suggests that this intramolecular salt bridge might be transient in the early stages of amyloidogenesis.

Additionally, we investigated whether Arg5 affects the $A\beta 40$ aggregation. Figure 8d–f shows the experimental results on the aggregation of the $A\beta 40$ wild type and mutants using ThT

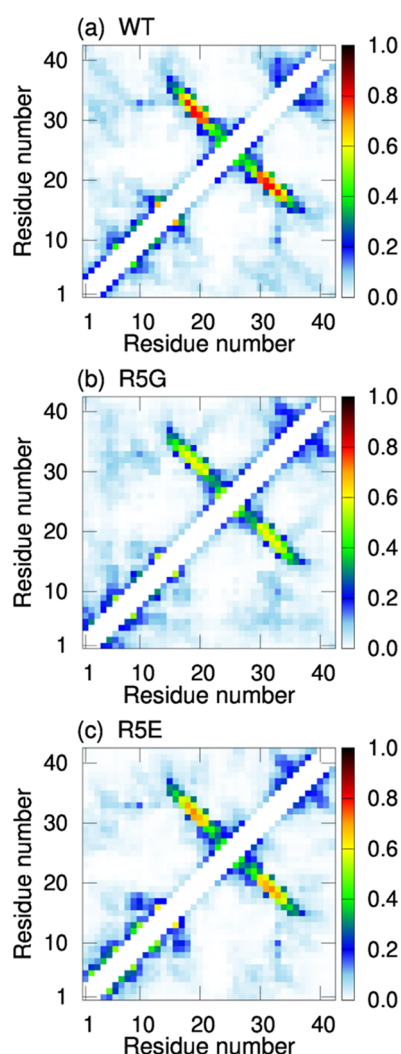


Figure 7. Intramolecular contact probabilities of C_{α} atoms in the three $A\beta_{42}$ monomers: (a) the wild type, (b) R5G, and (c) R5E.

assay. Interestingly, mutations of Arg5 also affect the $A\beta_{40}$ aggregation. However, the effect of suppressing aggregation seems to be weaker than that of $A\beta_{42}$. For instance, for R5G of $A\beta_{40}$, although the start of aggregation is delayed, the aggregation is not suppressed much. Therefore, the role of Arg5 in the $A\beta_{40}$ aggregation may be different from that in the $A\beta_{42}$ aggregation. In fact, in our MD simulations for $A\beta_{40}$, the contact between Arg5 and C-terminus seen in $A\beta_{42}$ is hardly formed (Figure 5b).

To investigate the role of Arg5 in the $A\beta_{40}$ aggregation, we calculated the probability of intermolecular contacts, including side-chain atoms, from our MD simulations. For comparison, we also calculated those for $A\beta_{42}$. Figure 9 shows the contact probabilities for both $A\beta$ s. In both $A\beta$ s, as with the intramolecular contacts, the contact patterns are similar to the intermolecular contacts between C_{α} atoms in Figure 2a,b. In $A\beta_{42}$, there is a contact peak between the C-terminus and Arg5 residues, as seen in the intramolecular contacts in Figure 5a. However, this contact probability is lower than that of the intramolecular contacts in Figure 5a. This indicates that the intramolecular contact between Arg5 and the C-terminus is more dominant than the intermolecular contact between them. For $A\beta_{40}$, Arg5 has intermolecular contacts with residues in the N-terminal regions, as shown in Figure 9b (the magenta

ellipse). The reason why Arg5 and N-terminal residues form contacts is that there are several negatively charged residues in the N-terminal region, such as Asp1, Glu3, Asp7, and Glu11. In contrast, Arg5 is the only positively charged residue in the N-terminal region, except for the N-terminus (NH_3^+). This contact between Arg5 and N-terminal region plays an essential role in the dimer formation of $A\beta_{40}$. This is because when there is such a contact, the distance between the two $A\beta_{40}$ s is shorter, thereby forming a dimer.

From these simulation results, the experimental results of $A\beta_{40}$ in Figure 8 can be explained as follows. The total negative charge in the N-terminal region increases by mutating Arg5 to a neutral or negatively charged residue. The larger the total negative charge, the less the N-terminal regions form contacts with each other. Consequently, the $A\beta_{40}$ aggregation is suppressed.

Known Mutations in the Vicinity of Residue 5. Several $A\beta$ mutants, where the vicinity of residue 5 is mutated, are known in association with AD. For example, rodent $A\beta$ has three mutations (R5G, Y10T, and H13R) in the N-terminal region, and it has been shown that age-associated amyloid plaques do not accumulate in rodents.⁹¹ It was reported that this mutant aggregates more slowly than human $A\beta$.^{92,93} However, it was reported that single mutations for Y10 and H13 promote $A\beta$ aggregation.^{92,94} Therefore, the mutation of Arg5 is important in suppressing $A\beta$ aggregation, as shown in our study. Additionally, the English (H6R) and Tottori (D7N) mutations are associated with familial AD. They are known as mutations that accelerate the $A\beta$ aggregation. Since these mutations increase the positive charges or decrease the negative charges in the region near residue 5, a β -hairpin is considered to be more readily formed in $A\beta_{42}$ (Figure 5c). For $A\beta_{40}$, $A\beta_{40}$ molecules may easily form intermolecular contacts due to an increase in the positive charge in the N-terminal region. As mentioned in the previous subsection, such intermolecular contacts in the N-terminal region are essential for $A\beta$ oligomerization.

CONCLUSIONS

It is known that $A\beta_{42}$ forms oligomers more rapidly than $A\beta_{40}$. To investigate the role of the two additional C-terminal residues of $A\beta_{42}$ in accelerating the oligomer formation, we performed the Coulomb replica-permutation molecular dynamics (CRPMD) simulation for two $A\beta_{42}$ molecules in explicit water. We also conducted the CRPMD simulation for two $A\beta_{40}$ molecules to clarify the difference in oligomerization processes between $A\beta_{42}$ and $A\beta_{40}$.

We showed that the probability of the dimer formation for $A\beta_{42}$ was slightly higher than that of $A\beta_{40}$. In the dimer structures for both $A\beta$ systems, the β_1 and β_2 regions tended to form the intermolecular antiparallel β -sheets. Additionally, we observed that the $A\beta_{42}$ dimer forms a stable intermolecular β -sheet with longer β -strands than the $A\beta_{40}$ dimer. For the intramolecular structures, $A\beta_{42}$ formed the β -hairpin with a higher probability than $A\beta_{40}$. The β -hairpin formation is essential in forming a stable intermolecular β -sheet. In fact, more intermolecular β -bridges were formed with more intramolecular β -bridges in both $A\beta$ s.

$A\beta_{42}$ forms more β -hairpins because of the following reasons. The contacts between the C-terminus and Arg5 and between E22 and K28 are maintained by their electrostatic interactions in $A\beta_{42}$. Due to these contacts, the distance between the β_1 and β_2 regions is inevitably shortened. The

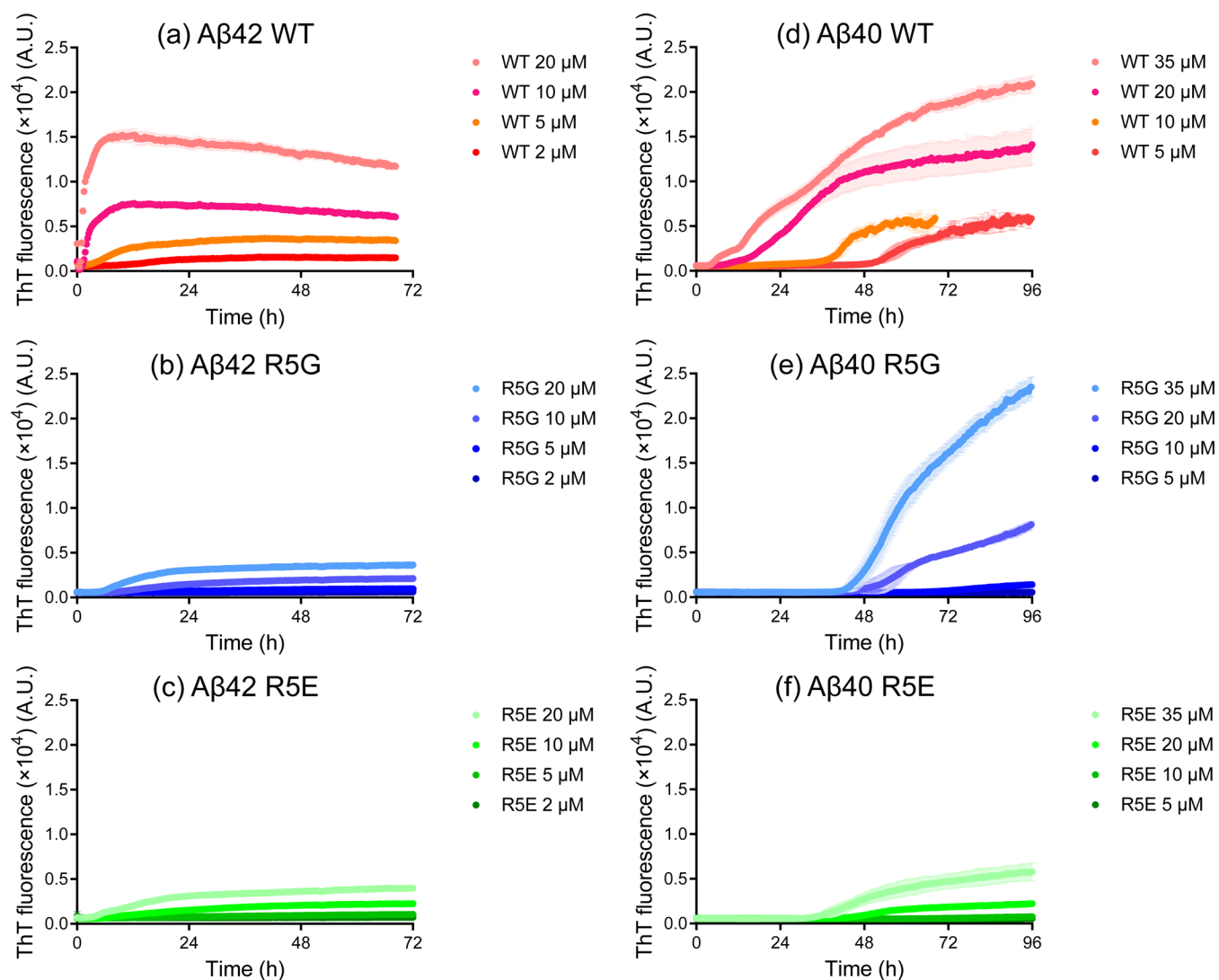


Figure 8. Aggregation of (a) the wild type, (b) R5G, and (c) R5E of A β 42s monitored by ThT assay in 20 mM sodium phosphate buffer, pH 7.4. Aggregation of (d) the wild type, (e) R5G, and (f) R5E of A β 40s monitored by ThT assay in 20 mM sodium phosphate buffer, pH 7.4.

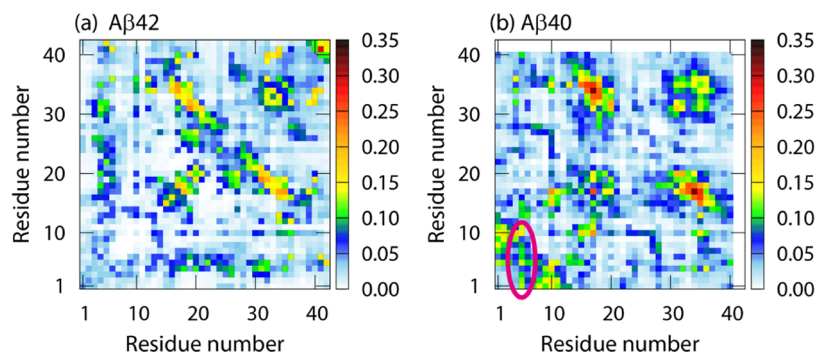


Figure 9. Intermolecular contact probabilities between residues for (a) A β 42 and (b) A β 40. Here, all atoms, including the side-chain atoms, except the hydrogen atoms, are considered in calculating the contact probabilities.

region from Arg5 to E22 and that from K28 to A42 have almost the same number of residues. These regions can have extended structures simultaneously. The β -hairpin can easily be formed between these close extended structures. To see whether Arg5 is needed to stabilize the β -hairpin, we performed additional molecular dynamics (MD) simulations of the wild type and mutants (R5G and R5E). Consequently,

the β -hairpin was maintained in the wild type; however, it was gradually broken in the mutants.

These simulation results show that Arg5 plays an essential role in the A β 42 aggregation. We conducted experiments on A β aggregations to confirm the accuracy of the prediction from the simulation. The experimental results show that the mutation of Arg5 suppresses the A β 42 aggregation. We also

obtained that the Arg5 mutation suppresses not only the A β 42 aggregation but also the A β 40 aggregation. The MD simulations elucidated that Arg5 is essential for the intramolecular contact in A β 42, whereas it is essential for the intermolecular contact in A β 40.

In this study, we have successfully identified the key residue, Arg5, for the A β 42 and A β 40 oligomerizations. For the A β 42 oligomerization, we predicted this key residue prior to the experiments using the Hamiltonian replica-permutation method. This shows that the MD simulation with efficient conformational sampling is useful for elucidating oligomerization processes of proteins. By performing the MD simulations and experiments, we obtained that the key residue plays different roles in the A β 42 and A β 40 oligomerizations. Such a collaborative approach between simulation and experiments is essential in understanding protein oligomerization. Through the simulations, we investigated dimerization, which is the smallest unit of oligomerization. Consequently, we observed that there is a difference between A β 42 and A β 40. The fact that we could predict the experimental results from the simulation results means that the differences seen in the formation of dimers make a difference in the formation of much larger aggregates, such as amyloid fibrils observed in experiments. Thus, it is essential to elucidate the process of small oligomer formation to fully understand the A β aggregation.

MATERIALS AND METHODS

CRPMD Simulations of Two A β Molecules. CRPMD was applied to a system of two A β 40 molecules and that of two A β 42 molecules. The N-termini and C-termini were left uncapped for these A β s. The two A β molecules were put in a cubic unit cell with explicit water molecules and counterions. The side lengths of the cubic unit cells were 101.7 Å in both A β systems (i.e., a system containing two A β 40 molecules and that containing two A β 42 molecules). Periodic boundary conditions were utilized. The Amber parm99SB force field⁹⁵ and TIP3P rigid-body model⁹⁶ were employed for the A β and water molecules, respectively. The SHAKE algorithm was used to constrain bond lengths with the hydrogen atoms of A β and fix the water molecule structures during the simulations. The cutoff distance for the Lennard-Jones potential energy was 12.0 Å. The electrostatic potential energy was calculated using the particle mesh Ewald method.⁹⁷ The temperature was controlled by the Nosé–Hoover thermostat.^{98–101} The multiple time-step method¹⁰² was employed, and the time steps were taken to be 4.0 fs for interactions between the water molecules and 1.0 fs for other interactions. Initial conformations for these CRPMD simulations were the same for all replicas; they are prepared as presented in the Supporting Information. The number of replicas was 18. The values of the parameter λ for the CRPM were set as 0.82, 0.84, 0.86, 0.88, 0.90, 0.92, 0.94, 0.96, 0.98, 1.00, 1.01, 1.02, 1.03, 1.04, 1.05, 1.06, 1.07, and 1.08. Here, we employed λ only for the intermolecular electrostatic interactions between the A β atoms. The values of λ less than 1 result in weaker electrostatic interactions between A β s, and the values greater than 1 result in stronger electrostatic interactions between them. Therefore, the dimerization of A β s is inhibited or promoted by changing the value of λ to be smaller or larger than 1. The details of CRPM are described in the Supporting Information. The 18 replicas were divided into three subsets, and each subset had six replicas and six parameter values (see ref 72 for more details). Each CRPMD simulation was performed for 1.12 μ s at 350 K per replica, including an equilibration run performed for 100 ns. The production run of each A β system was conducted for 18.36 μ s in total. The trajectory data were stored every 2.0 ps, and trials of replica permutations were performed every 4.0 ps.

We employed the reweighting techniques^{76,77} to obtain the physical quantities at the original parameter ($\lambda = 1.00$) in the Results

and Discussion section. The errors were estimated using the jackknife method.¹⁰³ The number of bins for the jackknife method was 20.

MD Simulations of the A β 42 Monomer. We performed MD simulations of the A β 42 monomer. We employed two different β -hairpins as the initial structures, as shown in Figure S2. The A β 42 molecule was put in a cubic unit cell. The side length of the cubic unit cell was 64.2 Å. Ten different initial velocities were employed for each initial structure, meaning that we employed 20 different initial conditions. For each initial condition, an MD simulation was performed for 320 ns. The other simulation conditions were the same as in the previous subsection. For comparison, we performed MD simulations of two A β 42 mutants: R5G and R5E. Two initial structures were also employed for each mutant, and their structures were the same as those for the wild type, except for the side chain of residue 5. For each initial structure, 10 different initial velocities were also employed. In other words, 20 MD simulations for 320 ns were commonly performed for WT and the mutants. The other simulation conditions were the same as for the wild type.

Aggregation Assays. The synthetic wild-type A β 42 and A β 40 peptides were purchased from Toray Research Center, Inc. The synthetic A β 42 and A β 40 peptides with a substitution of Arg5 to Gly (R5G) or Glu (R5E) were purchased from Abclonal. The peptides were dissolved in 6 M guanidine hydrochloride and purified using a Superdex 75 Increase 10/300 column (Cytiva) at a 0.4 mL/min flow rate with 20 mM sodium phosphate buffer, a pH of 7.4, to remove from potential aggregated species. The obtained monomer was diluted with 20 mM sodium phosphate buffer, a pH of 7.4, to the desired concentration and supplemented with 0.1 mM ThT from a 2 mM stock solution. Then, each sample was pipetted into multiple wells of a 96-well half-area, low-binding polyethylene glycol coating plate with a clear bottom (Corning 3881) at 0.1 mL per well. Aggregation assays were initiated by placing the 96-well plate at 37 °C under quiescent conditions in a plate reader (Infinite 200Pro, TECAN). The ThT fluorescence was measured through the bottom of the plate with a 430 nm excitation filter and a 485 nm emission filter. The ThT fluorescence was followed for three repeats of each sample.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acscchemneuro.2c00358>.

Description of CRPM, preparation of the initial conformations for the CRPMD simulations and for the MD simulations of the A β monomers, and details of PCA (PDF)

Two A β 42s that are spatially separated approach each other (Movie S1) (AVI)

One A β 42 forms the β -hairpin (Movie S2) (AVI)

An intermolecular β -sheet is formed with the other A β (Movie S3) (AVI)

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Author Contributions

S.G.I. and H.O. designed the research. S.G.I. modeled the initial conformations, performed simulations, and analyzed the simulation results. M.Y.-U. and K.K. prepared samples and conducted experiments. S.G.I. and M.Y.-U. wrote the paper. All authors discussed the results and revised the paper.

Notes

The authors declare no competing financial interest.

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