

RESEARCH ARTICLE

REVISED HIV index partner testing services in urban Lusaka: a retrospective review of medical records [version 3; peer review: 2 approved, 1 approved with reservations]

Previous title: HIV index testing services in urban Lusaka: a review of medical records

Cibangu Katamba 🗓

Lusaka Provincial Health Office, Lusaka, Zambia

V3 First published: 30 Sep 2020, 9:1184

https://doi.org/10.12688/f1000research.26372.1

Second version: 12 Nov 2021, 9:1184

https://doi.org/10.12688/f1000research.26372.2

Latest published: 24 Mar 2022, 9:1184

https://doi.org/10.12688/f1000research.26372.3

Abstract

Background: As the proportions of people living with HIV (PLHIV) who do not know their HIV infection status decrease, reaching the remaining few who are asymptomatic and not in contact with the health care system becomes a critical challenge. Therefore, reaching the first 90 of the UNAIDS 90-90-90 targets will require effective and efficient HIV testing approaches. The number of PLHIV who know their HIV status and who receive antiretroviral therapy could increase by the expansion of index testing services.

Methods: This project was a retrospective study looking at medical records of HIV positive clients who were elicited for index testing between October and December 2019. It was conducted in three high volume health facilities in Matero Urban sub-district 3 in Lusaka. Zambia.

Results: The HIV test outcomes for index contacts were as follows: 452 index contacts (53.5%) tested HIV negative, 113 index contacts (13.4%) tested HIV positive, 108 index contacts (12.8%) were known HIV positive, and 172 index contacts (20.4%) were not yet tested for HIV. Of the 113 contacts who tested HIV positive, 90 index contacts started anti-retroviral therapy within 7 days (79.6%).

The total number of 845 contacts were elicited from 604 index clients, giving a low elicitation ratio of 1:1.4. There was not much difference between gender for elicited contacts (423 men and 422 women). A total number of 565 index contacts were eligible for HIV test. 113 of them tested HIV positive, representing a positivity yield of 20%. Pearson Chi-Square test value was 6.376 and the p value was 0.012. This result is statistically significant since p value (0.481) is smaller than the designated alpha level (0.05).

Conclusions: HIV programs need to explore and address barriers to HIV partner testing services to avoid over-testing and maximize HIV



case identification (thus, improving HIV testing positivity yield).

Keywords

HIV, Index Testing, Services, Lusaka

Amalachukwu Ukaere, Society for Family Health (SFH), Abuja, Nigeria

Any reports and responses or comments on the article can be found at the end of the article.

Corresponding author: Cibangu Katamba (patrickkatamba@gmail.com)

Author roles: Katamba C: Conceptualization, Data Curation, Formal Analysis, Funding Acquisition, Investigation, Methodology, Project Administration, Resources, Software, Supervision, Validation, Visualization, Writing – Original Draft Preparation, Writing – Review & Editing

Competing interests: No competing interests were disclosed.

Grant information: The author(s) declared that no grants were involved in supporting this work.

Copyright: © 2022 Katamba C. This is an open access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

How to cite this article: Katamba C. HIV index partner testing services in urban Lusaka: a retrospective review of medical records [version 3; peer review: 2 approved, 1 approved with reservations] F1000Research 2022, 9:1184 https://doi.org/10.12688/f1000research.26372.3

First published: 30 Sep 2020, 9:1184 https://doi.org/10.12688/f1000research.26372.1

REVISED Amendments from Version 2

We changed the title to "HIV index partner testing services in urban Lusaka: a retrospective review of medical records"; because the biological children of index clients were excluded from the study. The main outcome of interest is to review the success of index testing to improve HIV case finding across gender and the different age bands. This was shown in Table 3 as the cross-tabulation compared HIV status and gender/age bands. We added index clients that accepted index testing services but did not elicit a contact on the exclusion list. For the tables, we brought them back all with merging of some tables together, including percentages and narratives. We also included a table for socio-demographic characteristics such as age, marital status etc. The discussion and conclusion were reviewed based on findings from the new cross-tabulations.

Any further responses from the reviewers can be found at the end of the article

Introduction

According to the 2018 UNAIDS Global AIDS Update¹, there are an estimated 36.9 million people living with HIV (PLHIV). Recently, marked progress on HIV test and treat strategy has been achieved by countries' commitment to achieve the UNAIDS 90-90-90 targets by 2020¹. As of December 2017, three out of every four PLHIV knew their HIV status globally; 90% of HIV-infected individuals are expected to know their HIV status by 2020¹.

According to the ZAMPHIA 2016 fact sheet², only 67.3% of PLHIV (ages 15 – 49) knew their HIV status. In 2017, Zambia had 1.1 million PLHIV and 48,000 new HIV infections³. Without HIV testing services interventions targeted to key populations, including sexual partners of index clients infected with HIV, it will be hard to end the HIV epidemic by 2030⁴.

The cornerstone for achieving the UNAIDS 90-90-90 targets by 2020 begins with PLHIV knowing their status. As the proportions of those living with HIV who do not know their HIV infection status decrease, reaching the remaining few who are asymptomatic and not in contact with the health care system becomes a critical challenge. Therefore, reaching the first 90 goal will require effective and efficient HIV testing approaches. In Zambia, about 25% of adult men living with HIV didn't know their HIV status in 2018. A study conducted in Zambia revealed that index testing and targeted community-based HTS are effective strategies to identify men living with HIV5. Men and young people have shown limited uptake of HIV testing services under standard facility-and community-based services. Approaches such as HIV self-testing delivered at scale using several different models reached a high proportion of men, young people and first-time testers in Malawi, Zambia and Zimbabwe⁶.

The number of PLHIV who know their HIV status and who receive antiretroviral therapy (ART) could increase by the expansion of index testing services. This will result in the

reduction of the number of people who can transmit the virus, and subsequently in reduced new HIV infections. In another qualitative study conducted in Malawi and Zambia, most participants considered different approaches to partner HIV testing to be acceptable. However, there are concerns about each and implementation challenges need to be addressed⁷.

The objective of this study was to review existing medical files and registers in Matero subdistrict of Zambia in order to describe existing information on index testing and propose better ways to improve HIV index testing positivity yield.

Methods

Study design

This was a retrospective study looking at index registers of clients who tested HIV positive and were elicited for index testing between October and December 2019. The study was conducted between January and February 2020 in three high volume health facilities in Matero sub-district 3 of Lusaka district in Zambia. The study facilities included Matero First Level Hospital, Matero Main Clinic, and George Health Centre. The overview results of the study, which looked at the effectiveness of HIV index testing, were described. The analysis examined index clients' identification, elicitations of index contacts, and testing of index contacts. The main quantitative outcome of interest for this analysis was the success of index testing to improve yield for HIV Testing Services (HTS) among female and male, and across ages among index clients; and secondly ART initiation for positive index contacts.

Sampling

This retrospective study used a total sample enumeration technique.

The study population comprised all index clients (males and females at the study facilities) who had been diagnosed with HIV, gave informed consent and were elicited for HIV index contact testing during the study period.

Inclusion criteria:

HIV positive clients (index clients or index cases) and their sexual contacts (sexual partners of index clients who have been elicited and offered HIV index testing services). The study participants included:

- HIV positive clients identified through either voluntary counseling and testing (VCT) or provider-initiated counseling and testing (PICT)
- Being documented in HIV index registers
- Having elicited at least one sexual partner

Exclusion criteria:

- Index clients identified through other service entry points other than VCT and PICT (such as MCH and VMMC)
- Index clients that accepted index testing services but did not elicit a contact

- Clients not documented in index testing registers
- Contacts listed as biological children of index clients

Data sources, variables and collection

Data on the index clients (cases) characteristics (age, gender, contacts, ART status), and the contacts' HIV test outcome (tested positive, tested negative, known positive, not tested, initiation status) were extracted from the HIV index testing registers into a structured pro forma. The HIV testing positivity yield was calculated (tested positive over total tested). The index testing cascade variables included: cases accepting index testing, elicitation ration, and contacts reached with testing services (disaggregated by HIV testing outcome).

Data management and analysis

Data entry and analysis was performed using Statistics Package for Social Science software (SPSS version 16.0). Descriptive statistics were performed to describe the background characteristics of index clients and successful testing of index contacts. Analysis entailed simple frequencies of the main study outcomes and cross-tabulations. The association of index contacts' gender with the HIV test outcome of the index contacts was examined using the Chi Square test. An additional analytical framework on index testing cascade was provided.

Ethical considerations

Ethical clearance was sought and obtained from the ERES Converge Zambian Institutional Review Board (IRB) (approval number: Ref. No. 2019-Nov-009), and authority to conduct research was obtained from the National Health Research Authority (approved on 29th January 2020) before the commencement of the study. Informed written consent for this study was waived by the IRB and National Health Research Authority due to the retrospective nature of the study. Index testing services are offered as part of the recommended national

HIV testing services. Clients' confidentiality was observed by assigning a serial number to each participant that was known only to the health care provider. Only the client's initials and serial number appeared on the data collection forms.

STROBE cross sectional guidelines

We used the STROBE cross sectional reporting guidelines to ensure the study meets international standards for peer reviewed articles. A checklist was completed by entering the page numbers from the manuscript where readers can easily find each of the listed items. Where the article didn't currently address all the items on the checklist, the text was modified to include the missing information. Where certain that an item does not apply, we wrote "n/a" and provided a short explanation.

Results

The total number of index clients included in the study was 604. Matero First Level Hospital leads the participation per facility with 292 participants, followed by George Health Centre and Matero Main Clinic with 164 and 148 participants, respectively. The total number of female participants was 314 (representing 52%) and male participants was 290 (representing 48%) (Table 1).

The number of contacts elicited per index client were as follows: 413 clients (68.4%) elicited 1 sexual contact each, 146 clients (24.2%) elicited 2 sexual contacts each, 40 clients (6.6%) elicited 3 sexual contacts each, and 5 clients (0.8%) elicited 4 sexual contacts each.

The age of participating index clients ranged from 16 to 78 years, with mean age calculated at 34 years (SD = 9.1). Out of the total number of 604 participants, 514 clients (85.1%) were married, 85 clients (14.1%) were unmarried, 3 clients were widowed, and 2 clients were divorced as shown in Table 2.

Table 1. Participants and their listed sexual contacts by gender, month, and facility.

	Matero Main Clinic Male Female		Matero First Level Hospital		George Health Center		Total			
			Male Female		Male Female		Male Female			
Number of participants (index cases) by gender, month, and facility										
October 2019	20	26	57	56	26	28	103	110		
November 2019	26	28	37	25	26	28	89	81		
December 2019	23	25	49	68	26	30	98	123		
Total (%)	69 (46.6%)	79 (53.4%)	143 (49%)	149 (51%)	78 (47.6%)	86 (52.4%)	290 (48%)	314 (52%)		
Grand total	148		292		164		604			
Number of elicited contacts by gender, month, and facility										
October 2019	30	25	113	110	35	34	178	169		
November 2019	35	39	45	65	35	27	115	131		
December 2019	36	35	52	55	42	32	130	122		
Total (%)	101 (50.5%)	99 (49.5%)	210 (47.7%)	230 (52.3%)	112 (54.6%)	93 (45.4%)	423 (50.1%)	422 (49.9%)		
Grand total	200		440		205		845			

Table 2. Socio-demographic characteristics of index clients and other characteristics of their referred sexual partners, Matero, Zambia, October to December 2019.

Demographic factors	Index clier (n=604)	nts	Elicited sexual partners (n=845)			
	Number	%	Number	%		
Age bands 16 to 24 25 to 34 35 to 44 45 and above	103 237 189 75	17.1 39.2 31.3 12.4	131 381 227 106	15.5 45.1 26.9 12.5		
Gender Male Female	290 314	48 52	423 422	50.1 49.9		
Marital status Single Married Divorced Widowed	85 514 3 2	14.1 85.1 0.5 0.3	138 704 2 1	16.3 83.3 0.2 0.1		
client	Primary or main sexual partner Additional sexual partners					
Testing point PITC VCT	460 144	76 24	-	-		
Contacts testing status Tested negative Tested positive Known positive Not yet tested	-	-	452 113 108 172	53.5 13.4 12.8 20.4		
HIV outcome status (n=565)						
Time spent from contact elicitation to HIV testing Within 7 days Within 2 weeks Within 1 month After 1 month	- - -	-	294 76 77 118	52 13.5 13.6 20.9		
Tested positive Tested negative			113 452	20 80		
Time spent from HIV testing to ART initiation (n = 113) Within 7 days Within 2 weeks Within 1 month After 1 month Not yet linked	-	-	89 1 0 0 23	78.8 0.8 - - 20.4		

Table 3. HIV statuses cross tabulation by gender and age bands.

Gender of contact * HIV status Cross tabulation						Age bands *HIV status Cross tabulation					
		Contact HIV status		Total				Contact HIV status		Total	
		Negative	Positive					Negative	Positive		
Gender of contact	Male	Count	232	43	275		16 – 24	Count	82	17	99
								Expected Count	79.2	19.8	99.0
		Expected Count	220.0	55.0	275.0		25 – 34	Count	199	53	252
								Expected Count	201.6	50.4	252.0
	Female	Count	220	70	290		35 – 44	Count	112	32	144
								Expected Count	115.2	28.8	144.0
		Expected :	232.0	58.0	290.0		45≤	Count	59	11	70
								Expected Count	56.0	14.0	70.0
Total		Count	452	113	565	Total		Count	452	113	565
		Expected Count	452.0	113.0	565.0			Expected Count	452.0	113.0	565.0

The mean age of elicited contacts was calculated at 33 years (range, 17-80 years SD = 9.4). From the total number of 845 elicited contacts, 604 contacts were main partners of index cases, 238 contacts were additional partners of index cases, and 3 contacts were casual.

Concerning the time spent from HIV test to the initiation of ART for index cases: 595 index clients started ART within 7 days (98.5%), 1 index client started ART within a month (0.2%), 1 index client started ART after 1 month (0.2%), and there was no evidence of starting ART for 7 clients (1.2%).

The time spent from elicitation to HIV testing of index contacts varied across participants: 294 index contacts were tested within 7 days (52%), 76 index contacts were tested within 14 days (13.5%), 77 index contacts were tested within a month (13.6%), 118 index contacts were tested after 1 month (20.9%). The total numbers of 565 index contacts were tested for HIV and 280 index contacts were not tested, including 108 known positive and 172 yet to be tested for HIV (Table 2).

The HIV test outcomes for index contacts were as follows: 452 index contacts (53.5%) tested HIV negative, 113 index contacts (13.4%) tested HIV positive, 108 index contacts (12.8%) were known HIV positive, and 172 index contacts (20.4%) were not yet tested for HIV. Of the 113 contacts who tested HIV positive, 90 index contacts started ART within 7 days (79.6%). There was no documented evidence of starting ART for 23 HIV positive contacts (20.4%).

The total numbers of 565 index contacts were tested for HIV. Of whom 113 tested positive and 452 tested negative (232 male and 220 female). Of the 113 people who tested positive for HIV, 43 were male and 70 female as shown in Table 3. The Pearson Chi-Square test value for the variables HIV status and gender was calculated at 6.376 (df =1) and the p value was 0. 012. The calculated Chi-Square test value for HIV status and age of index contact was 1.911 (df = 3) and the p value was 0.591.

The overall index testing cascade is represented in Figure 1 below.

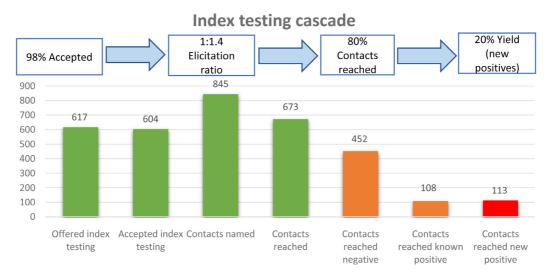


Figure 1. Index testing cascade.

The total number of HIV positive cases reported during the study period were 617, out of whom 13 did not accept index testing (had no recorded elicitation). All contacts reached accepted index testing services. Those who were already known positive were not retested for HIV. We excluded 57 cases because of elicitation of children or siblings only as contacts (without any sexual partner elicited).

Discussion

The overall key findings of our study are shown in the result section. The 98 percent acceptability rate for index testing services in Lusaka is at an agreeable level. Though, continuous efforts are needed to cover everyone who is eligible for the service. The index cases to index contacts elicitation ratio of 1 to 1.4 is below the documented ratio of 1 to 1.8 in Zambia⁵. There was not much difference between gender for elicited contacts (423 males and 422 females). A total number of 565 index contacts were eligible for HIV test. 113 of them tested HIV positive, representing a positivity yield of 20%. This index testing positivity yield is below the expected yield of above 25% as reported by several other studies⁹⁻¹⁷. It is not in keeping with many studies that have shown that index partner testing has the potential to increase HIV testing services (HTS) uptake; identify and diagnose HIV infected partners (yield ranging from 35% to 62% without reported intimate partner violence (IPV)⁹. The current study has also revealed that only 80 percent of named contacts were reached with index testing services. Limitations to index testing such as relationship conflict have been documented7. For partner notification, additional barriers included women losing letters, being fearful to give partners letters, being unable to read and men refusing to come to the clinic, lack of privacy or confidentiality and stigma⁷. Other implementation challenges in personnel, resources or space have also been noted⁷. Specific barriers to index testing in Zambia need to be explored and addressed for optimal index testing positivity yield. The current linkage rate for positive contacts is 79.6%. Most index clients (98.5%) had

documented evidence of starting ART within 7 days of HIV diagnosis. This demonstrates strongly that the test and start strategy is being implemented to scale in Matero urban sub-district of Lusaka. The calculated Chi-Square test value was 6.376 and the p value was 0.012; so, there was significant association between gender and HIV status. For the variables HIV status and age, the calculated Chi-Square test value for HIV status and age of index contact was 1.911 (df = 3) and the p value was 0.591; so, there was not significant association between age of contact and HIV status.

Our study results have nonetheless provided descriptive data on the current state of index testing services in selected health facilities in Lusaka. One other strength of this study is that it can be easily reproduced elsewhere as it follows the international STROBE cross sectional study guidelines. The limitation of study lies in its retrospective nature using programmatic data.

Conclusion

HIV index testing services can be an effective way to improve HIV case identification. It has yielded a positivity rate of 20% in Matero Urban area of Lusaka. HIV positive status was not independent from gender. Further studies are needed to understand specific challenges to index testing for optimized testing yield in the context of Zambia. Our recommendation is that HIV programs need to explore and address barriers to HIV partner testing services to maximize targeted HIV case finding, minimize un-necessary testing, and ultimately improve HIV testing positivity yield.

Data availability

Underlying data

Harvard Dataverse: Cibangu, Katamba, 2020, "Replication Data for: , "HIV INDEX TESTING SERVICES IN URBAN LUSAKA: a review of medical records", https://doi.org/10.7910/DVN/QOQM3K¹⁸.

Extended data

Harvard Dataverse: Replication Data for: HIV index testing services in urban Lusaka: a review of medical records, https://doi.org/10.7910/DVN/FSHCQ6¹⁹.

This project contains the following underlying data:

· Data collection tool

Harvard Dataverse: STROBE Checklist for HIV index testing services in urban Lusaka study, https://doi.org/10.7910/DVN/SOLPBO²⁰

This project contains the following underlying data:

 STROBE-cross-sectional_checklist_Cibangu_Katamba_ Index_Testing.docx

Data are available under the terms of the Creative Commons Zero "No rights reserved" data waiver (CC0 1.0 Public domain dedication).

Acknowledgments

I am highly appreciative of the CDC for the opportunity given to me to serve as Medical Mentor in the CDC/LPHO cooperative agreement and mentorship program. I am also thankful to the Lusaka Provincial Health Office for availing me with the unforgettable and life-changing opportunity which saw me lead the HIV/TB project in Matero Sub-district of Lusaka, the Lusaka District Health Office leadership, the Matero Health Management team for their guidance and support. My most honest and sincere gratitude goes to Dr. Monde Muyoyeta for taking me through the process of research protocol development and for her supervisory support throughout this project. Finally, I am grateful to all my fellow mentors, Healthcare providers, volunteers, community health workers, and to the many recipients of care who, through the Lusaka Provincial Health Office/Matero Sub-district & all HIV program implementing partners, accepted to participate in this research for their hard work.

References

- UNAIDS, Joint United Nations Programme on HIV/AIDS, GLOBAL AIDS UPDATE: Miles to go: closing gaps; breaking barriers; righting injustices. 2018. Reference Source
- ZAMBIA POPULATION-BASED HIV IMPACT ASSESSMENT ZAMPHIA 2015–2016.
 - Reference Source
- https://www.avert.org/professionals/hiv-around-world/sub-saharanafrica/zambia.
- Katbi M, Adegboye A, Adedoyin A, et al.: Effect of clients Strategic Index Case
 Testing on community-based detection of HIV infections (STRICT study).
 Int J Infect Dis.2018; 74: 54-60.
 PubMed Abstract | Publisher Full Text
- Mwango LK, Stafford KA, Blanco NC, et al.: Index and targeted communitybased testing to optimize HIV case finding and ART linkage among men in Zambia. J Int AIDS Soc. 2020; 23 Suppl 2(Suppl 2): e25520.
 PubMed Abstract | Publisher Full Text | Free Full Text
- Hatzold K, Gudukeya S, Mutseta MN, et al.: HIV self-testing: breaking the barriers to uptake of testing among men and adolescents in sub-Saharan Africa, experiences from STAR demonstration projects in Malawi, Zambia and Zimbabwe. J Int AIDS Soc. 2019; 22 Suppl 1(Suppl Suppl 1): e25244.
 PubMed Abstract | Publisher Full Text | Free Full Text
- Hershow RB, Zimba CC, Mweemba O, et al.: Perspectives on HIV partner notification, partner HIV self-testing and partner home-based HIV testing by pregnant and postpartum women in antenatal settings: a qualitative analysis in Malawi and Zambia. J Int AIDS Soc. 2019; 22 Suppl 3(Suppl Suppl 3): e25293.
 - PubMed Abstract | Publisher Full Text | Free Full Text
- von Elm E, Altman DG, Egger M, et al.: The Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) Statement: guidelines for reporting observational studies.
- Partner and Family based Index case testing. A Standard Operating
 Procedure (SOP).

 Programs Source
- Plotkin M, Kahabuka C, Christensen A, et al.: Outcomes and Experiences of Men and Women with Partner Notification for HIV Testing in Tanzania:

- Results from a Mixed Method Study. AIDS Behav. 2018; 22(1): 102–116.

 PubMed Abstract | Publisher Full Text | Free Full Text
- Gari S, Malungo JRS, Martin-Hilber A, et al.: HIV testing and tolerance to gender based violence: a cross-sectional study in Zambia. PLoS One. 2013; 8(8): e71922.
 PubMed Abstract | Publisher Full Text | Free Full Text
- World Health Organization: HIV status disclosure to sexual partners: rates, barriers, and outcomes for women. Geneva; 2003.
 Reference Source
- Obermeyer CM, Osborn M: The utilization of testing and counseling for HIV: a review of the social and behavioral evidence. Am J Public Health. 2007; 97(10): 1762–1774.
 PubMed Abstract | Publisher Full Text | Free Full Text
- Selvaraj K, Kumar AMV, Chawla S, et al.: Are partners of HIV-infected people being tested for HIV? A mixed-methods research from Gujarat, India. Public Health Action. 2017; 7(1): 46–54.
 PubMed Abstract | Publisher Full Text | Free Full Text
- 5. Skovdal M, Campbell C, Madanhire C, et al.: Masculinity as a barrier to men's
- use of HIV services in Zimbabwe. Global Health. 2011; **7**: 13.

 PubMed Abstract | Publisher Full Text | Free Full Text
- Obermeyer CM, Sankara A, Bastien V, et al.: Gender and HIV testing in Burkina Faso: an exploratory study. Soc Sci Med. 2009; 69(6): 877-884. PubMed Abstract | Publisher Full Text | Free Full Text
- Brown LB, Miller WC, Kamanga G, et al.: HIV partner notification is effective and feasible in sub-Saharan Africa: opportunities for HIV treatment and prevention. J Acquir Immune Defic Syndr. 2011; 56(5): 437–442.
 PubMed Abstract | Publisher Full Text | Free Full Text
- Katamba C: HIV INDEX TESTING SERVICES IN URBAN LUSAKA: a review of medical records. Harvard Dataverse, V1, UNF:6:gUfvE+twn9Om3xSJZ99B8Q == [fileUNF], 2020. http://www.doi.org/10.7910/DVN/QOQM3K
- Katamba C: Replication Data for: HIV index testing services in urban Lusaka: a review of medical records. Harvard Dataverse, V1, 2020. http://www.doi.org/10.7910/DVN/FSHCQ6
- 20. Katamba C: **STROBE Checklist for HIV index testing services in urban Lusaka study.** Harvard Dataverse, V1. 2021.

Open Peer Review

Current Peer Review Status:







Reviewer Report 25 April 2022

https://doi.org/10.5256/f1000research.122591.r128724

© **2022 Tafuma T.** This is an open access peer review report distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.



Taurayi A. Tafuma 🗓



The article has significantly improved. There are minor edits the author should attend to.

- 1. Please cite this sentence which is in your introduction:
 "In Zambia, about 25% of adult men living with HIV didn't know their HIV status in 2018."
- 2. Results section:
 - a) suggest you cancel as you are referring us to the table and this is the binary description... " and male participants was 290 (representing 48%)"
 - b) as the above suggests deleting... "3 clients were widowed, and 2 clients were divorced" is that you are referring us to the table and these are small figures
 - c) Revise this sentence. "The total numbers of 565 index contacts were tested for HIV and 280 index contacts were not tested, including 108 known positive and 172 yet to be tested for HIV (Table 2)."
 - d) Second last paragraph of the Results section: the first and second sentences can be deleted as it is a repetition.
- 3. Discussion:
 - a) Please rephrase this sentence as it is not clear what you mean by being agreeable. On whose basis?
 - The 98 percent acceptability rate for index testing services in Lusaka is at an agreeable level.
 - b) Remove this as you are repeating the results "There was not much difference between gender for elicited contacts (423 males and 422 females). A total number of 565 index contacts were eligible for HIV test. 113 of them tested HIV positive, representing a positivity yield of 20%." You can add the 20% in your next sentence on this and it will still relay the message you are

planning to portray e.g. The index testing positivity yield **of 20%** is below the expected yield of above 25% as reported by several other studies^{9–17}

c) Rephrase this. You do not need to repeat the results in this section and also check for grammatical errors. "The calculated Chi-Square test value was 6.376 and the p-value was 0.012; so, there was a significant association between gender and HIV status. For the variables HIV status and age, the calculated Chi-Square test value for HIV status and age of index contact was 1.911 (df = 3) and the p-value was 0.591; so, there was no significant association between age of contact and HIV status."

If these revisions are addressed I think it will be good to proceed with indexing it.

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: HIV, MNCH, GBV, Health Emergencies

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 2

Reviewer Report 23 February 2022

https://doi.org/10.5256/f1000research.79223.r115749

© **2022 Katbi M et al.** This is an open access peer review report distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

? Moses Katbi

U S Agency for International Development, Abuja, Nigeria

Adeoye Adegboye

U S Agency for International Development, Abuja, Nigeria

Amalachukwu Ukaere

Society for Family Health (SFH), Abuja, Nigeria

Safe and ethical index testing remains one of the key strategies for improving HIV case finding particularly in low prevalence communities and countries. Therefore, the study is of significant public health importance.

The introduction is good.

The main outcome of interest is to review the success of index testing to improve HIV case finding across gender and the different age bands. This was not shown in table 3 as the cross-tabulation compared gender and testing and not HIV status as wrongly labeled on table 3. This should be

corrected. There should be a table for sociodemographic characteristics e.g., age, marital status etc. There was no age disaggregation and no cross-tabulation to compare age band and HIV status. This should be done.

One of the inclusion criteria is having elicited at least one sexual partner, what of the index clients that accepted but did not elicit a contact, are we excluding them? If yes, include them in the exclusion list.

The exclusion criteria includes contacts listed as biological children of index clients. Why are we excluding this group? Are we changing the title to sexual contact of index clients? If it is contact of index clients, we need to include them.

For the tables, let us also have the percentages, you should not be quoting numbers on the tables with the narrative talking in percentages.

There is a need to bring back all the tables with merging of some tables together. The narrative for each table should be under each table.

Figure 1 did not talk of contact reached that refuse testing. Are there no contacts reached that refused to test?

There is a need to review the discussion and conclusion based on findings from the new cross-tabulations and the addition of biological children if the title is to be retained.

Is the work clearly and accurately presented and does it cite the current literature? Yes

Is the study design appropriate and is the work technically sound? Yes

Are sufficient details of methods and analysis provided to allow replication by others? Yes

If applicable, is the statistical analysis and its interpretation appropriate? Partly

Are all the source data underlying the results available to ensure full reproducibility? Yes

Are the conclusions drawn adequately supported by the results? $\forall e \varsigma$

Competing Interests: No competing interests were disclosed.

We confirm that we have read this submission and believe that we have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however we have significant reservations, as outlined above.

Reviewer Report 22 November 2021

https://doi.org/10.5256/f1000research.79223.r100077

© **2021 Mahalingam S.** This is an open access peer review report distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.



Soundarya Mahalingam 🔟



The revised version has been reviewed. No further changes required. Accepted for indexing.

Is the work clearly and accurately presented and does it cite the current literature? Yes

Is the study design appropriate and is the work technically sound? Yes

Are sufficient details of methods and analysis provided to allow replication by others? Yes

If applicable, is the statistical analysis and its interpretation appropriate? Yes

Are all the source data underlying the results available to ensure full reproducibility? $_{\mbox{\scriptsize Yes}}$

Are the conclusions drawn adequately supported by the results? $_{\mbox{\scriptsize Yes}}$

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Medical Education, HIV and pediatric HIV, Pediatric Allergy

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 1

Reviewer Report 27 October 2021

https://doi.org/10.5256/f1000research.29114.r95883

© 2021 Tafuma T. This is an open access peer review report distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.



Taurayi A. Tafuma 🗓



Zimbabwe Health Interventions, Harare, Zimbabwe

This area of study is very important at this moment where it is difficult to identify HIV positive Clients who do not know their status. However, the author needs to do a lot of literature review so that, as per the aim of this study, they can make recommendations. At this moment, the aim of the study is not in line with the findings and the analysis done. I also recommend that the title be reviewed and be improved to be in line with the narrative.

Introduction and Method:

- This study did not have phases so delete term phase under-sampling.
- The study population is non-specific when do we consider someone to be a man or woman vs a boy or a girl? Best to use age categories, as this study reached out to 16-year-olds who are girls and boys.
- Clarify the exclusion criteria used, especially non-consideration of PICT and VCT index cases.
- Review the sentence on Data sources "...the contacts' HIV test outcome (yield, ...)". Is yield an outcome or do you want HIV status? Please clarify.
- The variables tracked will not provide the best ways to improve index case testing. The approach is disjointed with what the study aim is like.

Results section:

- Being that we have a table with the results, the writer is expected to summarise the results in the narrative rather than repeat them as they are in the table.
- Generally, the author should rework this result section for a better presentation.
- Good paragraph on time spent from elicitation to HIV testing.
- The statistical powering is not clear and not sure if it is adding any value to the paper.

Discussion:

- The discussion is not elaborate enough.
- The writer also started discussing the test and start strategy how linked is this to index case testing?
- There is no extrapolation on the findings, and this limits the assessment of these results.

Conclusion

 This is not supported by the results. Also, there seem to be no proposed ways to improve index case testing, and this could have been derived from the results. However, from the results provided so far, this paper is not in a position to provide ways to improve index case testing.

General:

- The writer needs to perform a detailed literature review for the introduction and discussion.
- There is so much literature on index case testing and this author should redo this paper

Is the work clearly and accurately presented and does it cite the current literature? Partly

Is the study design appropriate and is the work technically sound? Partly

Are sufficient details of methods and analysis provided to allow replication by others? $\ensuremath{\mathsf{No}}$

If applicable, is the statistical analysis and its interpretation appropriate? No

Are all the source data underlying the results available to ensure full reproducibility? Partly

Are the conclusions drawn adequately supported by the results? $\ensuremath{\mathsf{No}}$

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: HIV, MNCH, GBV, Health Emergencies

I confirm that I have read this submission and believe that I have an appropriate level of expertise to state that I do not consider it to be of an acceptable scientific standard, for reasons outlined above.

Reviewer Report 03 August 2021

https://doi.org/10.5256/f1000research.29114.r90213

© **2021 Mahalingam S et al.** This is an open access peer review report distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

?

Soundarya Mahalingam 🗓

Department of Pediatrics, Kasturba Medical College and Hospital, Manipal Academy of Higher Education, Mangalore, Karnataka, India

Basavaprabhu Achappa

Department of Medicine, Kasturba Medical College and Hospital, Manipal Academy of Higher Education, Mangalore, Karnataka, India

- 1. The article is a well thought out study and focuses upon the importance of contact tracing and testing in PLHIV.
- 2. The article needs to mention details of informed consent taken from the PLHIV while approaching their contacts for testing for HIV.
- 3. The study design, methods, and data collection is appropriate.
- 4. The details of sampling, sample size calculation, and the details of contact tracing in cases where the partners were not the only contacts needs to be elaborated upon.
- 5. Statistics needs to be detailed. Here the null hypothesis and the Chi square does not correlate with the aim of the study. Further statistics to assess the number of new cases identified by contact tracing and its statistical significance needs to be done.
- 6. Discussion needs to be rewritten. No recent references have been alluded to or compared with.
- 7. Conclusions mention 'HIV index testing services are an effective way for improved HIV case identification'. This statement needs to be proven appropriately with statistics.

Is the work clearly and accurately presented and does it cite the current literature? Partly

Is the study design appropriate and is the work technically sound? $\ensuremath{\text{Yes}}$

Are sufficient details of methods and analysis provided to allow replication by others? Yes

If applicable, is the statistical analysis and its interpretation appropriate? Yes

Are all the source data underlying the results available to ensure full reproducibility? $\ensuremath{\text{No}}$

Are the conclusions drawn adequately supported by the results? Partly

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Medical Education, HIV and pediatric HIV, Pediatric Allergy

We confirm that we have read this submission and believe that we have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however we have significant reservations, as outlined above.

The benefits of publishing with F1000Research:

- Your article is published within days, with no editorial bias
- You can publish traditional articles, null/negative results, case reports, data notes and more
- The peer review process is transparent and collaborative
- Your article is indexed in PubMed after passing peer review
- Dedicated customer support at every stage

For pre-submission enquiries, contact research@f1000.com

