### OCEANOGRAPHY

## A self-attention-based neural network for threedimensional multivariate modeling and its skillful ENSO predictions

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Large biases and uncertainties remain in real-time predictions of El Niño–Southern Oscillation (ENSO) using process-based dynamical models; recent advances in data-driven deep learning algorithms provide a promising mean to achieve superior skill in the tropical Pacific sea surface temperature (SST) modeling. Here, a specific self-attention–based neural network model is developed for ENSO predictions based on the much sought-after Transformer model, named 3D-Geoformer, which is used to predict three-dimensional (3D) upper-ocean temperature anomalies and wind stress anomalies. This purely data-driven and time-space attention–enhanced model achieves surprisingly high correlation skills for Niño 3.4 SST anomaly predictions made 18 months in advance and initiated beginning in boreal spring. Further, sensitivity experiments demonstrate that the 3D-Geoformer model can depict the evolution of upper-ocean temperature and the coupled ocean-atmosphere dynamics following the Bjerknes feedback mechanism during ENSO cycles. Such successful realizations of the self-attention–based model in ENSO predictions indicate its great potential for multidimensional spatiotemporal modeling in geoscience.

#### INTRODUCTION

Skillful predictions for real-time ocean-atmosphere conditions remain a long-standing challenge in climate research and have lucrative scientific and economic benefits. For example, El Niño–Southern Oscillation (ENSO) is the most dominant ocean-atmosphere phenomenon in the tropical Pacific that occurs on an interannual scale, which is manifested by the basin-wide anomalies of sea surface temperature (SST) and synergetic atmospheric circulation anomalies in the climate system (1-3). A high number of studies have demonstrated its profound influence on the climate system and society through atmospheric and oceanic teleconnections (4, 5). For instance, the occurrence of ENSO induces extreme weather events around the globe and even affects global crop yields in the coming year (6, 7). Therefore, tremendous efforts have been made to understand and predict ENSO over the past several decades (8–10).

With notable advances in observations and process understanding of ENSO, enormous progress has been made in ENSO simulation and prediction (11-13). In particular, physics-based dynamical models have been crucial tools for process understanding and phenomenon predictions. However, biases in current models stemming from inadequate representations of processes hinder realistic simulations of the climate system and long-term ENSO predictions (14, 15). At present, it is still a great challenge to accurately predict ENSO more than 1 year in advance using traditional physics-based dynamic models (10, 16–18). Fortunately, recent advances in deep learning (DL) algorithms and their innovative applications to earth Copyright © 2023 The Authors, some rights reserved; exclusive licensee American Association for the Advancement of Science. No claim to original U.S. Government Works. Distributed under a Creative Commons Attribution NonCommercial License 4.0 (CC BY-NC).

sciences provide a promising way to improve modeling of natural weather and climate phenomena (19–21).

Unlike physics-based modeling approaches, data-driven DL models use neurons to describe intrinsic physical relationships from input predictors to output predictands automatically regardless of explicit physical theories, which greatly improves the accuracy of nonlinear system modeling, including ENSO prediction. For example, the skillful Niño 3.4 SST index [i.e., the area-averaged SST anomaly in the Niño region (170°W to 120°W, 5°S to 5°N)] prediction at lead times of more than 15 months has been achieved using DL models, with the spring predictability barrier (SPB) being substantially alleviated (22-24). In addition, more comprehensive prediction tasks for ENSO-related SST and simultaneous atmospheric anomaly predictions have also been made using DL models (25-27), which generate more reasonable and robust results by considering spatiotemporal dependencies in multiple anomaly fields. Note that these previous predictions are often made in terms of a simple Niño index or a single variable (e.g., SST), which apparently cannot satisfy the need for representing the spatiotemporal evolution of ENSO and understanding its mechanism.

To date, few studies have been conducted using DL models on high-dimensional multivariate modeling in geoscience owing to their limitations in traditional algorithms (28). Conventionally, for example, convolutional neural networks (CNNs) and recurrent neural networks (RNNs) are generally used as the de facto standard for spatiotemporal predictions due to their ability to impose spatial and temporal inductive bias reductions. However, some inherent properties of CNNs and RNNs hinder their applications in high-dimensional multivariate modeling. On one hand, as the resolution increases for the input fields, CNN models need to be stacked in many layers to capture the spatial teleconnections, making the model overly complex, and it consumes a lot of computing resources. On the other hand, the nonparallelizability nature of RNNs and the vanishing gradient problem make it a challenge to learn longrange series dependencies from input data. As DL techniques

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advance, more in-depth innovations for three-dimensional (3D) multivariate predictions of ENSO are desirable to fully illustrate the ocean-atmosphere dynamics underpinning ENSO evolution and enhance model interpretability.

Recently, a self-attention-based architecture named Transformer (29) and its variants have become the standard models in natural language processing (30) and image classification tasks (31) due to their scalability, efficiency, and powerful migration ability. The Transformer architecture eliminates convolution and recurrence operations and replaces them with a self-attention mechanism to establish multivariable relationships in parallel regardless of their spatial and temporal distances. Now, this DL technique has not been widely used in geoscience despite its considerable potential for high-dimensional climate system modeling (32).

In this study, we present an innovative application of a variant model based on the Transformer, named 3D-Geoformer, for spatiotemporal multivariate predictions of ENSO, with the spatiotemporal self-attention mechanism interpreted (see Materials and Methods). Further prediction examples are made to demonstrate its superior and robust modeling skills; this technique is particularly suitable for capturing the nonlocal long-range connections among atmospheric and oceanic anomalies during ENSO evolution. Specifically, three essential oceanic and atmospheric variables are selected to train the 3D-Geoformer model, including sea surface zonal ( $\tau_x$ ) and meridional ( $\tau_y$ ) wind stress, and seven-layer ocean temperature anomalies in the upper 150 m (at 5, 20, 40, 60, 90, 120, and 150 m). These variables consist of physical interactions that participate in the form of the Bjerknes feedback, providing theoretical interpretations for the realization in model predictions.

### RESULTS

Our 3D-Geoformer model uses sea surface wind stress ( $\tau_x$  and  $\tau_y$ ) and upper-ocean temperature anomaly fields from Coupled Model Intercomparison Project phase 6 (CMIP6) data over the region of (92°E to 330°E, 20°S to 20°N) for 12 consecutive months as predictors and the same anomaly fields for the following 20 months as predictands. Then, the multivariate prediction skills of the 3D-Geoformer model are comprehensively assessed with data from the Global Ocean Data Assimilation System (GODAS) reanalysis during 1980–2021 in terms of multiple spatiotemporal evolving characteristics using multiple error statistical analyses. It is noted that observed data are not used to fine-tune the 3D-Geoformer model in this study, because the transfer training technique is difficult to ensure a consistent and global optimization for such highdimensional predictands (see the Supplementary Materials for more discussions).

### Assessments of general prediction skills for the 3D-Geoformer model

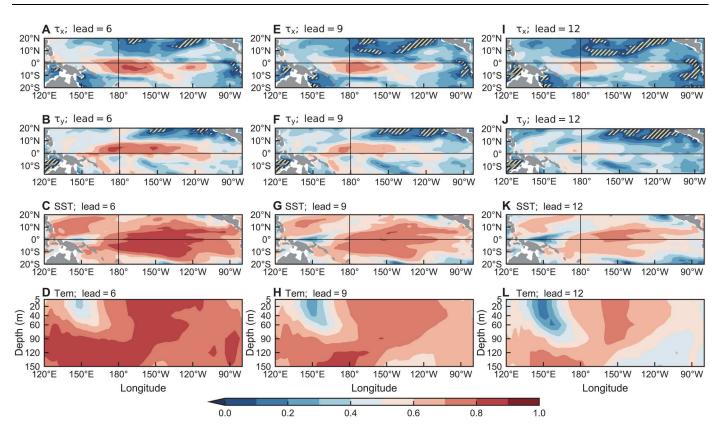
To quantitatively assess the 3D-Geoformer prediction skills, we calculate multivariable correlations for the spatial distribution and Niño indices, as shown in Figs. 1 and 2. First, the anomaly correlation coefficient (ACC) distributions of  $\tau_x$ ,  $\tau_y$ , SST, and equatorial temperature anomalies in the zonal-depth sections reveal the spatial differences in their prediction skills at different lead times. Overall, the highest ACC skill does not occur in the eastern Pacific but is located in the central basin, where large predictable signals exist with much weaker noise (33). As shown, the predictions of upper-ocean temperature are more skillful and robust than those of wind stress. For example, the ACC skill of upper-ocean temperature fields remains larger than 0.5 over most of the tropical Pacific for 12-month lead time predictions, while the wind stress anomalies almost lose their predictability at lead times greater than 9 months.

Notably, there is a low prediction skill region for upper-ocean temperature anomalies in the equatorial western Pacific (Fig. 1, C, G, and K), which tends to extend from the sea surface to the subsurface in the central Pacific (Fig. 1, D, H, and L). This low skill pattern is also represented in the CMIP6 simulations, which can be attributed to the excessive westward extension of the equatorial Pacific cold tongue in climate models [(33-35); it can be further demonstrated by comparing the dominant patterns of observed temperature anomalies (as represented by the leading empirical orthogonal function modes) with those in CMIP6 simulations as displayed in figs. S1 and S2]. Hence, when training the 3D-Geoformer model using the biased CMIP6 data, these systematic biases are also incorrectly learned in our data-driven model, causing the predicted temperature anomalies to extend too far west of the dateline compared to the observations. This prediction bias in the 3D-Geoformer model can be reduced to some extent by implementing the transfer learning strategy during the training process (fig. S3).

To further highlight the reliable ENSO prediction skills, we focus on the performance in terms of Niño index predictions, including the Niño 3.4, Niño 3, and Niño 4 indices [i.e., area-averaged SST anomaly in the Niño 3.4 region, Niño 3 region (150°W to 90°W, 5°S to 5°N), and Niño 4 region (160°E to 150°W, 5°S to 5°N), respectively]. These indices are commonly used to define and categorize ENSO events, such as the different types of ENSO events and their specific features. Accurate predictions of Niño indices are conducive to increasing our ability to predict the intensities and different types of ENSO events. Here, we use three measures to evaluate the Niño index prediction skills relative to observations: Pearson correlation coefficient (PCC), root mean square error (RMSE), and mean absolute error (MAE), respectively.

The all-season correlation skills of the Niño indices assessed during 1983-2021 in Figs. 2 (A to C) indicate that the ENSO prediction performances of the 3D-Geoformer model outperforms the current state-of-the-art climate models (see figs. S4 to S7 for more comparison analyses). Specifically, it can create a valid Niño 3.4 index prediction for a lead time of up to 18 months (i.e., PCC > 0.5); the valid prediction lead time for both the Niño 3 and Niño 4 indices is more than 16 months, while the prediction errors (as indicated by RMSE and MAE) are acceptable. The corresponding seasonal skill analyses of the Niño index predictions are further verified (Fig. 2, D to F), indicating the superior prediction skills in the 3D-Geoformer model. Here, a noteworthy feature is that the ENSO prediction skill is particularly enhanced to more than 16 months for predictions made through the boreal springtime (i.e., PCC > 0.5; figs. S5 and S6), which is the most challenging season to predict. These quantitative analyses fully demonstrate the impressive realization using the spatiotemporal self-attentionbased model to make 3D multivariate evolution predictions of ENSO for long lead time. Moreover, detailed comparisons of prediction skills from this 3D-Geoformer model are made with various other model and products in figs. S4 to S7, including the CNN model developed by Ham et al. (22), the Climate Prediction Center/National Oceanic and Atmospheric Administration

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**Fig. 1. Distributions of ACCs calculated between analyzed and predicted fields during 1983–2021.** (A to L) The results assessed at 6-, 9-, and 12-month lead times (the first, second, and third columns) are displayed:  $\tau_{xr}$ ,  $\tau_{yr}$  and SST in the horizontal sections (the first three rows) and upper-ocean temperature anomalies in the zonal-depth sections on the equator (the last row), respectively. The shading indicates the region where ACCs are below 95% confidence level based on Student's *t* test.

(NOAA) and International Research Institute for Climate and Society prediction results (36), and the North American Multi-Model Ensemble hindcast products (37).

# Skillful multivariate predictions: A case analysis for the 2015–2016 El Niño

To elaborate the covarying dynamics more clearly, we select the 2015–2016 El Niño event as an example to demonstrate the superiority of the 3D-Geoformer model in terms of 3D upper-ocean temperature predictions, and more quantitative statistical results are also presented in this subsection.

The 2015–2016 El Niño is one of the strongest ENSO events ever recorded, and large uncertainties still exist in predicting its onset when using traditional dynamical models to start predictions from spring 2015 as an initial condition (*38*). It is a suitable example to evaluate the effectiveness of the 3D-Geoformer model for predicting this extreme ENSO event. The model can accurately depict the upper-ocean temperature evolution and its interactions with SST and wind stress in the tropical Pacific Ocean.

Examples for the predicted Niño 3.4 SST anomalies initiated from February to June 2015 are shown in Fig. 3A, together with the corresponding observed anomalies. In general, the temporal evolution of the predicted Niño 3.4 index closely resembles the observations, despite a weaker amplitude. For example, the predictions initiated in February and March generate moderate Niño 3.4 SST anomalies of approximately 1.5°C in winter; the observed anomalies reach approximately 3°C. The underestimation prediction bias during the springtime is due to SPB, which can be substantially ameliorated in the 3D-Geoformer model, although it cannot be eliminated completely. In contrast, starting from April, predictions can accurately capture the strong SST anomalies similar to observations.

Furthermore, we highlight the 3D upper-ocean temperature anomaly evolution in association with the surface wind stress that is captured in the 3D-Geoformer modeling (Fig. 3); as evident, ENSO prediction skills are enhanced with the multivariate synergic ocean-atmosphere dynamics represented: The 3D-Geoformer model can accurately depict the position and amplitude of covarying anomalies for more than 12 months in advance and distinguish among different types of central Pacific and eastern Pacific El Niño at lead times of more than 6 months (figs. S8 and S9).

These effective and accurate predictions using the 3D-Geoformer model can be partly attributed to adequate representations of the ocean-atmosphere system in a coupled manner, which is in accordance with the Bjerknes feedback mechanism. During El Niño, for example, large warm SST anomalies in the eastern equatorial Pacific and covarying positive temperature anomalies in the subsurface are accompanied by westerly wind anomalies over the central equatorial Pacific around the date line (fig. S10). As shown in Fig. 3 (B to M), for a 1-year multivariate prediction initiated in April 2015, the 3D temperature evolution and its relationship with wind stress are clearly demonstrated. For instance, warm ocean temperature condition is observed to be sustained in the central Pacific from 2014 on, which provides a preconditioning as a starting point for the 2015 El

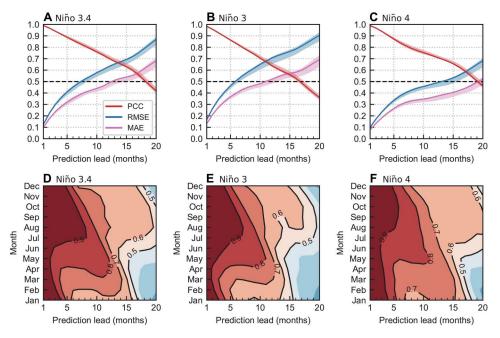


Fig. 2. The prediction skill of 3-month-averaged Niño indices assessed during 1983–2021 for the 3D-Geoformer model. (A to C) All-season PCC (red), RMSE (blue), and MAE (pink) as a function of prediction lead months for the Niño 3.4 index, Niño 3 index, and Niño 4 index, respectively. (D to F) The seasonality of correlation skills is further assessed as a function of lead time and calendar month for the Niño 3.4 index, Niño 3 index, and Niño 4 index, with contours of correlation skills exceeding the highlighted 0.5 value. The shading around the lines in (A) to (C) indicates the 95% confidence interval obtained by the bootstrap method; the correlation skill is shown in (D) to (F) only for that over the 95% confidence level based on Student's *t* test.

Niño event to occur, allowing for early warming up and continual strengthening; the event reaches the mature stage in December 2015 (fig. S10). Correspondingly, the 3D-Geoformer predictions reliably reproduce the observed evolution of 3D temperature anomalies and the corresponding surface wind variability: Pronounced subsurface warm temperature anomalies in the western equatorial Pacific propagate eastward along the equator from the spring of 2015, which is accompanied by persistent westerly wind anomalies over the western-central Pacific; when these subsurface anomalies arrive in the eastern basin, large positive SST anomalies are occurring in the eastern Pacific. These 3D multivariate synergies reflect the Bjerknes positive feedback mechanism well and are entirely comparable with those made by the state-of-the-art dynamic models (*39*).

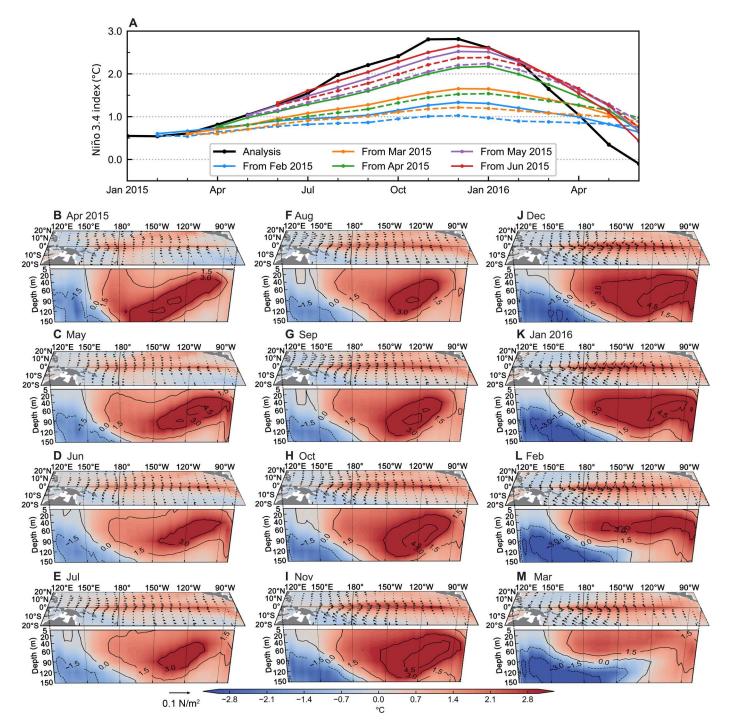
### Sensitivity experiments performed for interpretability

As noted above, the skillful realization of 3D-Geoformer modeling emphasizes the critical role of multivariate coupling dynamics as represented in the model configuration, including the synergies among wind stress, SST, and upper-ocean temperature in the tropical Pacific, as well as the effects of off-equatorial processes (1, 40, 41). In particular, the interactions among upper-ocean temperature, SST, and wind stress are implicitly characterized in our model in a monthly roll-coupled manner, enabling superior representations of their coupling. In addition, the equatorward intrusions of temperature anomalies along the Pacific North Equatorial Countercurrent pathway are also depicted in our model (fig. S11).

In this subsection, we perform sensitivity experiments to reveal the fundamental processes represented in the 3D-Geoformer. In the control experiment presented above, wind stress and upper-ocean temperature anomaly fields are all used as predictors. Then, several sensitivity experiments are performed using testing sets to investigate how the model skill is related to different anomaly fields as predictors and their effects, which is meant to represent an attempt to improve the physical interpretability for our model. Here, four test experiments are considered for wind stress removal and one experiment for off-equatorial temperature removal; wind stress sensitivity experiments are designed to explore its effects in coupled modeling, and temperature sensitivity experiments are used to examine the contributions of off-equatorial processes to ENSO prediction. All sensitivity analyses for the prediction experiments are ensemble-averaged results from seven calculations, with only the initialization parameters used in training process being different.

### Wind stress effects on ENSO predictions

Wind stress is an important component in the Bjerknes feedback for ENSO evolution. For example, it is widely accepted that westerly wind anomalies over the central-western equatorial Pacific have a substantial contribution to the development of El Niño events (8, 42, 43), which can provide key information for short-term ENSO predictions. By contrast, the wind anomalies over the eastern Pacific contribute relatively less in ENSO evolution. To understand the specific effect of wind stress on 3D-Geoformer ENSO predictions, four experiments are performed in which the effects of wind stress anomalies over the entire tropical Pacific (120°E to 80°W, 20°S to 20°N), western Pacific (120°E to 150°E, 20°S to 20°N;  $\tau_{CP}$ ), and eastern Pacific (150°W to 80°W, 20°S to 20°N;  $\tau_{CP}$ ) are purposely removed from the input predictors, which are denoted as the  $\tau_{P_rem}$ ,  $\tau_{WP_rem}$ ,  $\tau_{CP_rem}$ , and  $\tau_{EP_rem}$  experiments, respectively.

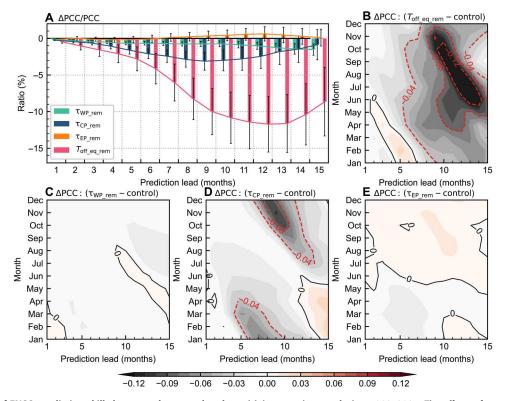


**Fig. 3. Prediction examples made for the 2015–2016 super El Niño event.** (**A**) Analyzed (black line) and 3D-Geoformer model predicted (colored lines) Niño 3.4 SST anomalies. Different colored lines indicate the predictions initiated from February to June 2015. Two types of experiments are compared with each other: Solid colored lines are for the cases in which the testing input predictors include all  $\tau_{xr}$ ,  $\tau_{yr}$  and upper-ocean temperature anomaly fields; the dotted colored lines are for the other sensitivity cases in which the testing input predictors include the upper-ocean temperature only with wind stress anomaly effects being removed. (**B** to **M**) One-year prediction example for spatiotemporal evolutions initiated from April 2015: wind stress (vectors) and SST (shading) in the horizontal sections and synergetic upper-ocean temperature anomalies in the vertical-zonal sections on the equator (shading and contours), respectively.

Here, the 2015-2016 El Niño prediction examples are made in the  $\tau_{\rm P \ rem}$  experiments to demonstrate the essential role played by wind stress in the extreme event prediction (the colored dotted lines in Fig. 3A show the experimental results). Obviously, the Niño 3.4 SST prediction skill in  $\tau_{P \text{ rem}}$  drops significantly compared to the control experiment, in which all wind stress and upper-ocean temperature anomalies are kept in predictors. The disparity between the two experiments is clearly magnified in the springtime-initiated predictions. For example, the  $\tau_{P\_rem}$  prediction made when initiated in February 2015 completely fails to predict the warming trend in the autumn and winter of 2015. Similarly, the predicted intensities of the Niño 3.4 SST anomalies initiated in March and April are also greatly underestimated compared to the observed values. These results indicate that persistent westerly wind anomalies over the western Pacific during 2014-2015 are critically important to the development of the 2015-2016 El Niño event. Thus, it is necessary to fully consider the effects of surface wind forcing to accurately predict extreme El Niño events (44, 45).

More detailed consequences of the wind stress anomaly effects over the western, central, and eastern tropical Pacific on ENSO predictions are separately examined in the  $\tau_{WP\_rem}$ ,  $\tau_{CP\_rem}$ , and  $\tau_{EP\_rem}$  experiments. As shown in Fig. 4A, we measure the difference ratio of the Niño 3.4 prediction skill (as indicated by PCC) in the sensitivity experiments compared with the control run, i.e., Ratio =  $(PCC_{sen} - PCC_{control})/PCC_{control}$ ; here,  $PCC_{sen}$  and  $PCC_{control}$  represent PCC skills of Niño 3.4 predictions in the sensitivity and control experiments, respectively.

Obviously, the  $\tau_{CP}$  effect makes a more important contribution to the ENSO prediction skill than  $\tau_{WP}$  and  $\tau_{EP}$  do at lead times less than 1 year. Notably, the  $\tau_{\text{EP}}$  effect tends to worsen predictions slightly at lead times more than 6 months in the all-seasonal assessment, suggesting that the  $\tau_{EP}$  effect acts as a noisy predictor component and provides little predictable information for long-term ENSO predictions in our model. These characteristics are also reflected in the seasonal variation of the PCC difference between the sensitivity and control experiments (Fig. 4, C to E), in which  $\tau_{WP}$  has limited effects on ENSO predictions while the  $\tau_{CP}$  effect has an obvious seasonal dependence. For example, the  $\tau_{CP}$  effect greatly enhances the ENSO predictions for the boreal summer and autumn seasons (Fig. 4D), which are the target seasons with low prediction skills in the 3D-Geoformer model (Fig. 2D). In some sense, the significant alleviation of the SPB problem in the 3D-Geoformer model can be partly attributed to the effect of wind stress (especially  $\tau_{CP}$ ) in the modeling.



**Fig. 4. Comparisons of ENSO prediction skills between the control and sensitivity experiments during 1983–2021.** The effects of anomaly fields in the input predictors for the sensitivity experiments are purposely removed in some specific regions when testing the 3D-Geoformer model: the  $\tau_{WP\_rem}$ ,  $\tau_{CP\_rem}$ , and  $\tau_{EP\_rem}$  experiments indicate that the effects of wind stress anomalies are removed from the testing predictor variables over the western (120°E to 150°E, 20°S), central (150°E to 150°W, 20°S to 20°N), and eastern (120°E to 80°W, 20°S to 20°N) Pacific, respectively; the  $T_{off\_eq\_rem}$  experiment indicates that the effects of upper-ocean temperature anomalies are removed off the equator (120°E to 80°W, 5°S to 20°S) to 20°N). (A) Quantitative analyses (defined as  $\Delta$ PCC/PCC) of subregional anomaly effects in the  $\tau_{WP\_rem}$  (green),  $\tau_{CP\_rem}$  (blue),  $\tau_{EP\_rem}$  (orange), and  $T_{off\_eq\_rem}$  (red) experiments as a function of different lead times. Here, PCC is the prediction skill in the control run and  $\Delta$ PCC is the prediction skill difference between the sensitivity and control experiments. The error bar on the histogram denotes the 95% confidence interval calculated using the bootstrap method. In addition, the differences in terms of Niño 3.4 prediction PCC skills are further assessed for (B)  $T_{off\_eq\_rem}$  (C)  $\tau_{WP\_rem}$ , and the red shadings indicate better skills.

In addition to emphasizing the roles of the wind stress anomalies over the central-western Pacific in ENSO predictions, the seasonality of  $\tau_{EP}$  effects merits additional investigation. Be aware that the effect of  $\tau_{EP}$  on ENSO predictions (Fig. 4E) is seasonally dependent and is positive when they are initiated from springtime, especially at 6-month leads. This results are consistent with recent studies about the  $\tau_{EP}$  effects on ENSO evolution (46, 47), which highlight the importance of  $\tau_{EP}$  in the ENSO intensity and the temporal evolution of SST anomalies in the tropical Pacific during the decay phase of ENSO (typically occurs in boreal spring and summer). Otherwise, our sensitivity studies also demonstrate the nonnegligible role of  $\tau_{EP}$ in ameliorating the SPB problem, whereas the role of  $\tau_{EP}$  in ENSO predictions is currently receiving less attention. These experiments conducted on the 3D-Geoformer model reveal the potential application of data-driven DL models in process understanding.

In general, these experimental results are consistent with the physical understanding: Wind stress is an indispensable component of the ocean-atmosphere coupled system, which assures the physical representations of the dynamic principles within our model, providing short-term (less than 1 year) predictable information for ENSO predictions.

# Contributions of off-equatorial temperature to ENSO predictions

As understood, long-term ENSO predictions are more dependent on subsurface temperature anomalies, including their anomaly propagation along the equatorial thermocline and the effects of off-equatorial processes. One of the advantages of the 3D-Geoformer model is its representation of upper-ocean temperature anomalies with their coherent interactions with SST and wind stress in the modeling. Here, we further demonstrate the effects of 3D upperocean temperature anomalies on ENSO predictions and validate the dynamic rationality of the 3D-Geoformer model.

In this section, a sensitivity experiment is performed in which the effects of off-equatorial temperature anomalies ( $T_{off\_eq}$ ) are removed (denoted as  $T_{off\_eq\_rem}$ ) by assigning the temperature anomalies in the region (120°E to 80°W, 5°S to 20°S, and 5°N to 20°N) to zero when the temperature fields are fed into the model as predictor; then, the ENSO prediction skills are assessed relative to the control run. Figure 4 (A and B) indicates that the  $T_{off\_eq}$  effect is critical in long-term ENSO predictions, which evidently improves the prediction skills when the model is initiated in the summer and autumn seasons with lead times of more than 10 months. For example, when comparing the prediction skills between the  $T_{off\_eq\_rem}$  and control experiments, a significant difference emerges, with more than 0.12 for the predictions aimed at the July to September season.

In addition, it is noted that the  $T_{off\_eq\_rem}$  predictions, when initiated from January to June with lead times of less than 6 months, outperform those in the control experiment (Fig. 4B), implying that the short-term ENSO predictions using the 3D-Geoformer model rely more on the  $\tau_{CP}$  and equatorial temperature anomalies than those on the off-equatorial processes.

### Relative effects of wind stress and 3D temperature fields

The intrinsic properties and fundamental coupling in the ocean-atmosphere system with differently time scale-dependent effects provide predictable information for ENSO predictions at different lead times. The wind stress anomaly information in predictors would contribute more to the predictions at lead times of less than 1 year, whereas subsurface temperature and off-equatorial processes can provide interannual oceanic memory for long-term ENSO predictions (4). Then, we perform further sensitivity experiments to consistently demonstrate these inferences using the 3D-Geoformer model. Specifically, it is illustrated that  $\tau_{CP}$  is more critical than  $\tau_{WP}$  and  $\tau_{EP}$  for predictions targeting summer and autumn seasons, and also plays a great role in mitigating the SPB problem due to stronger ocean-atmospheric interactions in the central-western Pacific. The low-frequency ocean memory contained in the  $T_{off_{eq}}$  effects contributes to ENSO predictions longer than 1 year in advance due to the delayed propagation of temperature anomalies along the shallow off-equatorial pathway.

All these sensitivity experiments confirm the physical rationality of inherent ocean-atmosphere coupling in the 3D-Geoformer model, providing more robust dynamic support for model prediction effectiveness. In other words, the excellent ENSO prediction performance using the 3D-Geoformer model benefits from the multivariate modeling strategy, which physically guarantees the dynamic relationships among the upper-ocean temperature, SST, and wind stress to be represented in a coupled way and thus improves the physical interpretability of the modeling success.

### DISCUSSION

At present, real-time ENSO predictions mainly rely on physicalbased dynamical models, and large biases and uncertainties still exist, which greatly hinder long-term ENSO predictions. Recent advances in data-driven DL-based models provide a promising way for nonlinear system modeling and multiyear ENSO predictions. However, limited by the model scale and inherent properties of traditional convolution and recurrence algorithms, accurate predictions of multidimensional ENSO evolution using DL-based models remain to be improved adequately.

Inspired by recently successful applications of the sought-after Transformer model in computer vision, we have developed a purely self-attention-based neural network, known as 3D-Geoformer, for ENSO multivariate modeling by inserting spatiotemporal attention modules into the encoder-decoder architecture. The unique properties of the self-attention mechanism in our model reinforce the long-range modeling ability to establish multivariate interconnections by performing attention analyses on the temporal and spatial axes separately. The effectiveness and superiority of the 3D-Geoformer model are demonstrated for ENSO predictions, which can depict the interactions between anomalies of 3D upperocean temperature and wind stress during ENSO evolution.

Specifically, the 3D-Geoformer model can predict the upperocean temperature anomalies in the tropical Pacific with a lead time of longer than 1 year, as represented by the ENSO-designated Niño 3.4 index prediction up to almost a year and a half. In particular, the case analysis in 2015–2016 extreme El Niño predictions fully demonstrates the impressive performance of the 3D-Geoformer model in representing the coupled ocean-atmosphere interactions. Furthermore, sensitivity experiments are conducted to corroborate the physical interpretation of our model and highlight the effectiveness of the self-attention–based modeling strategy in alleviating the SPB problem, including extreme ENSO predictions.

The black-box nature of DL-based models is a major barrier to their explainability in ENSO-related predictions. Here, we developed a 3D DL model (i.e., 3D-Geoformer model) that can capture the 3D state of ENSO, including upper-ocean temperature from the surface to 150 m and surface winds. In terms of explainability, although most ENSO process-related results have already been reported in previous papers in a dynamical modeling context, few analyses to date have been applied to the mechanism understanding of ENSO predictions within a DL context. Here, we designed and performed sensitivity tests to nicely show where signals in predictors are important for ENSO prediction. In particular, we show how this DL method captures the critical precursors to ENSO evolution. Hence, these sensitivity experiments that are designed and demonstrated are vital to provide an advanced understanding of ENSOrelated coupled dynamics and validate the dynamic soundness in a DL model. For example, the  $\tau_{EP}$  experiment is designed to reveal something innovative in ENSO-related coupled dynamics of ENSO. As shown using our 3D-Geoformer, the effects of  $\tau_{EP}$ on ENSO predictions are seasonally dependent and are helpful in improving spring time prediction, especially at the 6-month lead. These results are consistent with recent analyses of Peng et al. (46) and Zhao and Karamperidou (47), who demonstrated the nonnegligible role of EP wind stress in ENSO evolution. Note that the effects of  $\tau_{EP}$  on ENSO predictions and the underlying dynamics have been less studied and thus need to be better understood. Therefore, our DL-based experiments can not only offer a method for digging up coupled dynamics of ENSO but also provide an insight into some of fundamental factors affecting ENSO predictions.

There is a clear need for further improvements in some aspects of the 3D-Geoformer configuration we present in this study. On one hand, to improve computational efficiency, attention calculations in the 3D-Geoformer are performed among the fixed-size cubic patches rather than individual grid points. Hence, the effective resolution of input fields is reduced, and the attention calculations within cubic patches are lost. This calculation scheme ignores the local effects associated with vertical interactions inside one cubic patch and weakens the representation capability for multiscale processes. A more physically reasonable solution is to slice each layer of input fields separately with flexible-size windows [similar to Liu *et al.* (48)] and then calculate attention weights among these 2D patches.

On the other hand, the DL-based model performance is critically dependent on the quality and quantity of training data. The biases with the simulation data in the training set can greatly influence the model performance. A typical example from the 3D-Geoformer predictions of upper-ocean temperature is the low skill region in the equatorial western Pacific, which can be attributed to the systematic tropical bias in the CMIP6 simulations; this problem may be partially alleviated by implementing transfer training based on observational data. Although it may weaken the prediction abilities of other variables or regions when adopting our current transfer scheme (see the Supplementary Materials), we cannot deny the role of transfer learning approaches in enhancing the prediction performance of the 3D-Geoformer model. Theoretically, selecting appropriate transfer learning algorithms for specific application scenarios is still one of potential methods to improve our model's prediction skills. For example, the model-based transfer approach with shallow layer parameters frozen during the fine-tune process (49) and combined with an optimized loss function is worthy of further investigation in our DL-based modeling. At present, developing effective transfer learning approaches for such a high-

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dimensional spatiotemporal prediction task is such challenging and is one of our further efforts.

In general, the successful realizations and robust performance of ENSO-related 3D multivariate predictions using the self-attention– based model indicate its conspicuous potential for high-dimensional climate modeling. The related variant networks can be directly applied to other weather and climate prediction tasks and are promising for becoming the de facto standard DL model in geoscience.

### MATERIALS AND METHODS

### Datasets

ENSO occurs due to its ocean-atmosphere feedback processes, which are primarily characterized by the interactions between sea surface wind stress, SST, and subsurface thermal anomalies in the tropical Pacific (1). To realistically represent these physical couplings in our study, relevant variables are adequately selected to establish the multivariate prediction model, including  $\tau_x$ ,  $\tau_y$ , and seven-layer upper-ocean temperature anomalies.

All data need to be uniformly preprocessed before being fed into the model as an input. The detailed processing procedures are outlined as follows. First, the monthly anomaly fields are calculated by removing the long-term trend and seasonally varying climatological state. Then, the anomalies in the region (92°E to 30°W, 20°S to 20°N) are interpolated to regular grids with a resolution in the zonal direction of 2° and in the meridional direction of 0.5° (1°) (out of) 5°S to 5°N, and all land grids and missing values are assigned to a value of zero. Furthermore, the wind stress and temperature anomalies are normalized with space-averaged SD values to eliminate the influence of magnitude differences during model training. Last, all normalized fields are connected along the layer axis to construct datasets with a total of nine layers to feed into our model.

The performance of DL models is critically dependent on the quantity and quality of training data. Therefore, observational geoscience data with real-world physical processes are the optimal selection for model training, but the observational period is generally too short to meet the needs for adequate sampling. One possible option to greatly increase the quantity of training data is to use model simulation data. Thus, we also use simulation data from 23 CMIP6 climate models during 1850–2014 to train our model (table S1). In addition, the reanalysis datasets from Simple Ocean Data Assimilation (SODA) products during 1871–1979 and Ocean Reanalysis System 5 (ORAS5) products during 1958–1979 are used as validation sets to evaluate and select the model with minimal prediction biases. Last, the testing set consisting of GODAS reanalysis data during 1980–2021 is used to assess model performance and conduct sensitivity experiments.

# 3D-Geoformer: The multivariate prediction model and its application to geoscience

Inspired by the spatiotemporal prediction applications using the variant Transformer models (31, 50-52) and considering the unique ENSO-related ocean-atmosphere coupling, a computational efficiency spatiotemporal attention—based neural network model, known as 3D-Geoformer, has been established for 3D multivariate predictions. Similar to most competitive transduction models, the 3D-Geoformer model is also established on an encoder-decoder scheme with associated modules, including two data preprocessing

modules, encoder and decoder components, and an output layer (Fig. 5).

The 3D-Geoformer model takes the gridded data of multivariate anomalies for 12 consecutive months as input predictors (denoted as  $X_{T_{\text{in}} \times C \times N_{\text{lat}} \times N_{\text{lon}}}^{\text{in}}$ ), consisting of  $\tau_{xo} \tau_{yo}$  and upper-ocean temperature anomaly fields (so the channel axis is set to C = 9) with a dimension of  $T_{\text{in}} \times C \times N_{\text{lat}} \times N_{\text{lon}} = 12 \times 9 \times 51 \times 120$ , in which  $N_{\text{lat}} \times N_{\text{lon}}$  is the space grid point numbers of the original fields. The fields for the following 20 months with dimensions of  $T_{\text{out}} \times C \times N_{\text{lat}} \times N_{\text{lon}} = 20 \times 9 \times 51 \times 120$  are the targeted predictands (denoted as  $X_{T_{\text{out}} \times C \times N_{\text{lat}} \times N_{\text{lon}}$ ).

As shown in Fig. 5A, before the encoder, the preprocessing module takes the predictors  $X_{T_{in} \times C \times N_{lat} \times N_{lon}}$  as inputs. Then, each month's predictors are split into a series of fixed-size nonoverlapping patches of size  $C \times h_0 \times w_0 = 9 \times 3 \times 4$  over the channel dimension and mapped to a specified dimensional symbolic representation with spatiotemporal information embedded (Fig. 5B). The symbolic representation is then fed into the following encoder, which is stacked by  $n_1 = 4$  identical encoding blocks, with each block consisting of a multiheaded spatiotemporal attention layer (here, the head numbers are set to 4; Fig. 5C) and a fully connected network. The encoder component compresses the symbolic representation for 12 consecutive months. Next, the encoder feature map is sent to the decoder and analyzed in the following  $n_2 = 4$  decoding blocks for predictions, in which three sublayers are

contained in each block. Last, all predictions are mapped to the anomaly fields  $X_{T_{\text{out}} \times C \times N_{\text{lat}} \times N_{\text{lon}}}^{\text{out}}$  with the same spatial resolutions as predictors in the output layer. More detailed descriptions of the model configuration can be seen in section S5.

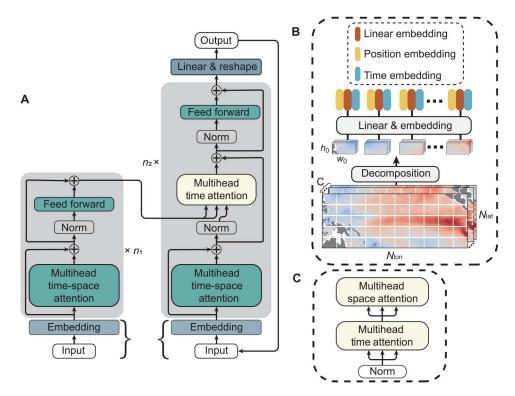
#### Model training strategy

The self-attention—based 3D-Geoformer model takes batches of variables (batch size = 8) with a length of 12 consecutive months as input predictors and the output fields for the following 20 months as targeted predictands to train the model with a rolling prediction strategy (fig. S12). That is, for each step, 1 month in the prediction, the model autoregressively generates the next prediction fields by consuming those predictions at the early prediction stages as the way in which dynamic models are used for prediction.

To quantify the multivariable fields while enhancing ENSO predictions, we combine the RMSE of multivariate fields and the Niño 3.4 index together as a loss function to measure the deviation between predictions and the target predictand

$$Loss = \frac{1}{T_{out}} \sum_{t=1}^{T_{out}} \left[ \sqrt{\frac{1}{N_{lat} \times N_{lon} \times C}} \sum_{i=1}^{N_{lan}} \sum_{j=1}^{N_{lat}} \sum_{k=1}^{C} (X_{t.k.j.i}^{out} - X_{t,k.j.i}^{tg})^{2} + \sqrt{(Ni\tilde{n}o34_{t}^{out} - Ni\tilde{n}o34_{t}^{tg})^{2}} \right]$$

where X<sup>tg</sup> is the target predictand field and Niño 3.4<sup>out</sup> and Niño



**Fig. 5.** Architecture of the 3D-Geoformer model for ENSO-related multivariate predictions. (A) The 3D-Geoformer model consists of two preprocessing modules at the bottoms of encoder and decoder stacks (in parentheses), an encoder-decoder structure (left and right gray boxes) based on a multiheaded spatiotemporal attention mechanism, and finally one output layer at the end of the decoder. The input predictors include  $\tau_x$  and  $\tau_y$  wind stress components and seven-layer upper-ocean temperature anomaly fields for 12 consecutive months in the region (92°E to 30°W, 20°S to 20°N); the anomaly fields in the following 20 months are used as the predictands for supervised training. (**B**) Detailed structure of the preprocessing module, which contains a field decomposition and a patch embedding process. (**C**) Detailed structure of the multihead spatiotemporal attention module. The data used for predictors and predictands are all normalized.

 $3.4^{tg}$  are the output and target Niño 3.4 SST indices, which are calculated from normalized sea temperature anomalies at 5 m depth, respectively. Then, an Adam optimization algorithm (53) is selected to optimize the 3D-Geoformer model under constraint by a learning rate warm-up trick with an initial learning rate of  $1.5 \times 10^{-4}$ .

After each training epoch, we evaluate the RMSE skill of the model predictions based on the validation set and save the model parameters with the minimum prediction biases. Furthermore, to reduce the prediction uncertainty in individual calculations, seven identical models are all trained in the same way but with different initialization parameters so that an ensemble prediction can be realized.

### **Supplementary Materials**

This PDF file includes: Supplementary Text Figs. S1 to S12 Table S1

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