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B-Cell Activating Factor Belonging to the Tumor Necrosis Factor Family and Interferon-γ-Inducible Protein-10 in Autoimmune Hepatitis

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Abstract: The aims of the present study were to examine the relationship between serum B-cell activating factor belonging to the tumor necrosis factor family (BAFF) levels and serum interferon- γ -inducible protein-10 (IP-10) levels in patients with autoimmune hepatitis (AIH).

A total of 80 corticosteroid therapy naive AIH patients were analyzed in this analysis. First, we examined the relationship between pretreatment serum BAFF and IP-10 levels and liver histological findings. Next, we investigated the relationship of pretreatment serum BAFF and IP-10 levels and aspartate aminotransferase value (AST), alanine aminotransferase value, and serum IgG level as serum liver inflammation markers.

Our study included 14 men and 66 women with the median (range) age of 64 (21–83) years. The serum BAFF levels ranged from 122.5 to 7696.0 pg/mL (median value, 1417.8 pg/mL), whereas the serum IP-10 levels ranged from 142.0 to 4198.7 pg/mL (median value, 640.1 pg/mL). The serum BAFF levels were significantly stratified in each 2 liver inflammation stage. Similarly, the serum IP-10 levels were significantly stratified in each 2 liver inflammation stage. Among 3 serum inflammation markers, AST value had the highest r_s value in terms of the relationship with BAFF level ($r_s = 0.511$, P < 0.001) and IP-10 level ($r_s = 0.626$, P < 0.001). In addition, the serum BAFF level significantly correlated with serum IP-10 level ($r_s = 0.658$, P < 0.001), whereas in patients with advanced fibrosis, the serum BAFF level significantly correlated with serum IP-10 level ($r_s = 0.658$, P < 0.001), whereas in patients with advanced fibrosis, the serum BAFF level significantly correlated with serum IP-10 level ($r_s = 0.542$, P < 0.001).

In conclusion, both BAFF and IP-10 are useful for predicting the degree of liver inflammation activity in AIH. BAFF and IP-10 may have the common clinical implication for liver inflammation activity for AIH patients.

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Abbreviations: AIH = autoimmune hepatitis, ALT = alanine aminotransferase, AST = aspartate aminotransferase, BAFF = B-cell activating factor belonging to the tumor necrosis factor family, CHC = chronic hepatitis C, HBV = hepatitis B virus, HCV = hepatitis C virus, IP-10 = interferon- γ -inducible protein-10, PBC = primary biliary cirrhosis.

INTRODUCTION

A utoimmune hepatitis (AIH) is a chronic inflammatory immunodependent disease of the liver mainly occurring in women.¹⁻⁴ Corticosteroids alone or in combination with immunosuppressant drugs are the mainstay therapies for patients with AIH.³⁻⁶ These therapies mostly respond well, leading to biochemical remission, which is widely considered a satisfactory treatment end point for AIH patients, although there exist nonresponders for treatments.³⁻⁶

Serum cytokines are thought to be linked to the pathogenesis in AIH via immune dysregulation. The B-cell activating factor belonging to the tumor necrosis factor family (BAFF), which is a cytokine critical for development and proper selection of B-cells, is expressed by T-cells and dendritic cells." Particularly, the BAFF/BAFF-receptor pathway is crucial to the survival and growth of mature B-cells.8 In patients with systemic lupus erythematosus or systemic sclerosis, it has been demonstrated that serum BAFF levels were associated with disease severity.9,10 In chronic liver diseases, serum BAFF levels are reported to increase in patients with autoimmune liver diseases and hepatitis virus-related chronic liver disease.¹¹⁻¹⁶ In addition, a previous study reported that corticosteroid therapy resulted in marked reduction in serum BAFF levels in AIH patients and BAFF contributes to liver injury and disease development for AIH patients.¹² BAFF has been also implicated as a key player in the pathophysiology of hemato-logic malignancies.^{8,17–19}

Inflammation in the liver is also regulated by chemokines, which regulate the activities and migration of Kupffer cells, hepatocytes, endothelial cells, hepatic stellate cells, and circulating immune cells.²⁰ Interferon- γ -inducible protein-10 (IP-10) is a T-cell-specific CXC chemokine of 77 amino acids in its mature form and it targets the CXCR3 receptor and attracts monocytes, natural killer cells, and T lymphocytes.^{21,22} Intrahepatic and serum IP-10 levels have been reproducibly linked to the extent of hepatitis C virus (HCV)-related liver inflammation and fibrosis.^{23,24} On the other hand, a previous study demonstrated that

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serum IP-10 may help to recruit T-cells to the hepatic lesions in autoimmune liver diseases as well as in chronic viral hepatitis.²⁵ Chemokines are considered to be requisites for directing, mobilizing, and positioning the effector cells in immune-mediated liver injury and feasible therapeutic targets in autoimmune liver diseases.²⁶

However, to the best of our knowledge, there have been no reports investigating the relationship between serum BAFF levels and serum IP-10 levels for patients with AIH. The synergic effect or interaction of BAFF and IP-10 in AIH patients is unclear. The aims of this study were to examine the relationship between BAFF levels and serum IP-10 levels in patients with AIH.

PATIENTS AND METHODS

Subjects and AIH Diagnosis

Between April 2005 and April 2015, a total of 84 corticosteroid therapy naïve subjects with AIH were admitted at the Division of Hepatobiliary and Pancreatic disease, Department of Internal Medicine, Hyogo College of Medicine, Hyogo, Japan. Of these, data for both serum BAFF level and serum IP-10 level were available in 80 patients, who were analyzed in the present study. The BAFF level and IP-10 level were tested using stored sera. For all analyzed subjects, percutaneous liver needle biopsy under ultrasonographic guidance was performed. A diagnosis of AIH was made according to the revised scoring system for the diagnosis of autoimmune hepatitis reported by International Autoimmune Hepatitis Group.²⁷ Our present study included patients with pretreatment AIH diagnostic score of 10 or more (probable AIH or definite AIH).²⁷ For all analyzed subjects, there was no clear evidence of alcoholic or druginduced liver disease and no evidence of concurrent hepatitis B virus (HBV) or HCV infection. First, we examined the relationship of pretreatment serum BAFF and IP-10 levels and liver histological findings. Next, we investigated the relationship of pretreatment serum BAFF and IP-10 levels and aspartate aminotransferase (AST) value, alanine aminotransferase (ALT) value, and serum IgG level as liver inflammation markers. Antinuclear antibody was tested by the indirect fluorescent antibody technique.4

The ethics committee of Hyogo college of medicine approved the present study protocol and this protocol complied with all of the provisions of the Declaration of Helsinki.

Liver Histological Findings

As for evaluation of liver histological findings, wellexperienced pathologists in our hospital assessed liver biopsy samples. Liver inflammation activity stages were graded as A1 (mild degree of liver inflammation), A2 (moderate degree of liver inflammation), and A3 (severe degree of liver inflammation). Liver fibrosis stages were graded on a degree of F0–F4 (F0, no fibrosis; F1, portal fibrosis without septa; F2, portal fibrosis with rare septa; F3, numerous septa without cirrhosis; F4, liver cirrhosis). In the present study, advanced fibrosis was defined as F3 or more.

Quantification of Serum BAFF Levels and Serum IP-10 Levels

The BAFF level was quantified using a human BAFF Quantikine ELISA (R&D Systems). The Serum IP-10 level was measured using commercially available Quantikine human CXCL10/IP-10 immunoassay kits (R and D systems, Minneapolis, MN).

Statistical Analysis

In continuous variables, the statistical analysis among groups was performed using the Kruskal–Wallis test, Mann–Whitney Utest, or Spearman's rank correlation coefficient r_s as appropriate. Data are expressed as the median value (range). Values of P < 0.05were considered to be statistically significant. Statistical analysis was performed with the JMP 11 (SAS Institute Inc, Cary, NC).

RESULTS

Baseline Characteristics

The baseline characteristics of the analyzed subjects (n = 80) are shown in Table 1. There were 14 men and 66 women with the median (range) age of 64 (21–83) years. Using the revised scoring system for AIH (pretreatment), 53 patients had >15 points (definite AIH) and the remaining 27 patients had 10 points or more and 15 points or less (probable AIH).²⁷ As for histological findings, in terms of degree of inflammation activity, A3 was observed in 28 patients, A2 in 38 and A1 in 14 and in terms of degree of liver fibrosis, F4 was observed in 17 patients, F3 in 22, F2 in 23, and F1 in 18. The serum BAFF levels ranged from 122.5 to 7696.0 pg/mL (median value, 1417.8 pg/mL), whereas the serum IP-10 levels ranged from 142.0 to 4198.7 pg/mL (median value, 640.1 pg/mL).

Serum BAFF and IP-10 Levels According to the Degree of Liver Inflammation Activity

The median BAFF levels (range) in each liver inflammation stage (A1–A3) are: 892.3 pg/mL (435.0–2760.0 pg/mL)

TABLE 1.	Baseline	Characteristics	(n=80)
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Variables	N = 80
Age (y)	64 (21-83)
Gender, male/female	14 / 66
AST (IU/L)	53.5 (19-558)
ALT (IU/L)	55.5 (14-761)
ALP (IU/L)	373.5 (105-2763)
GGT (IU/L)	98 (13-922)
Serum albumin (g/dL)	3.7 (2.4-4.4)
Total bilirubin (mg/dL)	0.9 (0.3-10.1)
Prothrombin time (%)	84.4 (51.6-124.3)
Platelets ($\times 10^4$ /mm ³)	17.5 (3.9-47)
Total cholesterol (mg/dL)	165 (78-307)
Triglyceride (mg/dL)	92.5 (35-337)
Histological findings	
Degree of liver fibrosis, F4/3/2/1	17/22/23/18
Degree of activity, A3/2/1	28/38/14
AIH score (pretreatment)	
10 < AIH score <15 (probable AIH)	27
AIH score >15 (definite AIH)	53
IgG (mg/dL)	2150 (1009-5021)
ANA	· · · · ·
>1:80/1:80/1:40/<1:40	66/11/3/0
BAFF level (pg/mL)	1417.8 (122.5-7696.0)
IP-10 level (pg/mL)	640.1 (142.0-4198.7)

Data are expressed as median value (range).

AIH = autoimmune hepatitis; ALP = alkaline phosphatase; ALT = alanine aminotransferase; ANA = antinuclear antibody; AST = aspartate aminotransferase; BAFF = B-cell activating factor belonging to the tumor necrosis factor family; GGT = gamma glutamyl transpeptidase; IP-10 = interferon- γ -inducible protein-10.



FIGURE 1. Serum BAFF and IP-10 levels according to the degree of liver inflammation activity. The median BAFF levels (range) in each liver inflammation stage (A1–A3) are: 892.3 pg/mL (435.0–2760.0 pg/mL) in A1, 1376.8 pg/mL (339.0–4864.5 pg/mL) in A2, and 1985.0 pg/mL (122.5–7696.0 pg/mL) in A3 (A1 vs A2, P=0.01; A2 vs A3, P=0.01; A1 vs A3, P<0.01; overall significance, P<0.001). BAFF = B-cell activating factor belonging to the tumor necrosis factor family, IP-10= interferon- γ -inducible protein-10.

in A1, 1376.8 pg/mL (339.0-4864.5 pg/mL) in A2, and 1985.0 pg/mL (122.5-7696.0 pg/mL) in A3 (A1 vs A2, P = 0.01; A2 vs A3, P = 0.01; A1 vs A3, P < 0.01; overall significance, P < 0.001) (Figure 1).

The median IP-10 levels (range) in each liver inflammation stage (A1–A3) are: 374.4 g/mL (142.0–884.0 pg/mL) in A1, 603.9 pg/mL (195.1–1835.9 pg/mL) in A2 and 1466.6 pg/mL (312.6–4198.7 pg/mL) in A3 (A1 vs A2, P = 0.02; A2 vs A3, P < 0.01; A1 vs A3, P < 0.01; overall significance, P < 0.001) (Figure 2).

Serum BAFF and IP-10 Levels in Patients With or Without Advanced Fibrosis (F3 or More)

The median BAFF levels (range) in patients with or without advanced fibrosis (F3 or more) are: 1657.5 pg/mL (359.0– 7696.0 pg/mL) in patients with advanced fibrosis and 1276.0 pg/ mL (122.5–5681.5 pg/mL) in patients without advanced fibrosis (P = 0.039) (Figure 3A).

The median IP-10 levels (range) in patients with or without advanced fibrosis (F3 or more) are: 722.3 pg/mL



FIGURE 2. Serum IP-10 levels according to the degree of liver inflammation activity. The median IP-10 levels (range) in each liver inflammation stage (A1–A3) are: 374.4 g/mL (142.0–884.0 pg/mL) in A1, 603.9 pg/mL (195.1–1835.9 pg/mL) in A2, and 1466.6 pg/mL (312.6–4198.7 pg/mL) in A3 (A1 vs A2, P = 0.02; A2 vs A3, P < 0.01; A1 vs A3, P < 0.01; overall significance, P < 0.001). IP-10= interferon- γ -inducible protein-10.

(172.7-2317.4 pg/mL) in patients with advanced fibrosis and 614.3 pg/mL (142.0-4198.7 pg/mL) in patients without advanced fibrosis (P = 0.551) (Figure 3B).

Relationship Between BAFF Level and Liver Inflammation Markers

Among 3 variables of AST value, ALT value, and IgG level, AST value had the highest r_s value in terms of the relationship with BAFF level ($r_s = 0.511$, P < 0.001) (Table 2).

Relationship Between IP-10 Level and Liver Inflammation Markers

Among 3 variables of AST value, ALT value, and IgG level, the AST value had the highest r_s value in terms of the relationship with serum IP-10 level ($r_s = 0.626$, P < 0.001) (Table 2).

Relationship Between BAFF level and IP-10 Level

The serum BAFF level significantly correlated with serum IP-10 level ($r_s = 0.561$, P < 0.001) (Figure 4).



FIGURE 3. Serum BAFF and IP-10 levels in patients with or without advanced fibrosis (F3 or more). (A) The median BAFF levels (range) in patients with or without advanced fibrosis (F3 or more) are: 1657.5 pg/mL (359.0–7696.0 pg/mL) in patients with advanced fibrosis and 1276.0 pg/mL (122.5–5681.5 pg/mL) in patients without advanced fibrosis (P = 0.039). (B) The median IP-10 levels (range) in patients with or without advanced fibrosis (F3 or more) are: 722.3 pg/mL (172.7–2317.4 pg/mL) in patients with advanced fibrosis and 614.3 pg/mL (142.0–4198.7 pg/mL) in patients without advanced fibrosis (P = 0.551). BAFF = B-cell activating factor belonging to the tumor necrosis factor family, IP-10 = interferon- γ -inducible protein-10.

TABLE 2.	Correlation	Between	Liver	Inflammation	Markers
and Serum BAFF Level and Serum IP-10 Level					

	AST		ALT		IgG	
	<i>r</i> s	<i>P</i>	<i>r</i> s	<i>P</i>	<i>r_s</i>	<i>P</i>
	Value	Value	Value	Value	Value	Value
BAFF	0.511	0.001	0.241	0.030	0.408	0.001
IP-10	0.626	0.001	0.540	0.001	0.202	0.073

AST = aspartate aminotransferase; ALT = alanine aminotransferase; BAFF = B-cell activating factor belonging to the tumor necrosis factor family; IP-10 = interferon- γ -inducible protein-10.



IP-10 level (pg/ml)

FIGURE 4. Relationship between BAFF level and IP-10 level. The Serum BAFF level significantly correlated with serum IP-10 level ($r_s = 0.561$, P < 0.001). BAFF = B-cell activating factor belonging to the tumor necrosis factor family, IP-10 = interferon- γ -inducible protein-10.

Relationship Between BAFF Level and IP-10 Level in Patients With or Without Advanced Fibrosis (F3 or More)

We also performed subgroup analysis in patients with or without advanced fibrosis. In patients without advanced fibrosis, the serum BAFF level significantly correlated with serum IP-10 level ($r_s = 0.658$, P < 0.001) (Figure 5A), whereas in patients with advanced fibrosis, the serum BAFF level significantly correlated with serum IP-10 level ($r_s = 0.542$, P < 0.001) (Figure 5B).

DISCUSSION

To the best of our knowledge, this is the first study for examining the relationship between serum BAFF levels and serum IP-10 levels in patients with AIH. These investigations can lead to the better understanding for the development of AIH. Furthermore, both BAFF and IP-10 have attracted much attention as liver inflammation markers among hepatologists.^{11–15,23–25,29} However, the synergic effect or interaction of BAFF and IP-10 in AIH patients remains unclear and thus there is urgent need for clarifying these issues. Thus, we conducted the current analysis.

In our results, BAFF levels and IP-10 levels were significantly stratified based on disease severity of inflammation, which are in line with previous studies.^{12,25} On the other hand, the mean value of BAFF level in our data was 1795.4 pg/mL, which is higher than that in patients with primary biliary cirrhosis (PBC) (722.8 pg/mL) and chronic hepatitis C (CHC) patients (871.0 pg/mL) in data of a previous study, whereas the median value of IP-10 in our data was 604.1 pg/mL, which is higher than that in PBC patients (571.5 pg/mL) and that in CHC patients (461.83 pg/mL) in our previous studies.^{12,29,30} The reason for the differences of BAFF level and IP-10 level in each liver disease etiology is unknown; however, individual cutoff values for each stage of liver inflammation activity should be determined for all chronic liver diseases.

It is of note that serum BAFF levels significantly correlated with serum IP-10 levels in the current analysis for all cases $(r_s = 0.561, P < 0.001)$ and for patients with $(r_s = 0.542, P < 0.001)$ and without $(r_s = 0.658, P < 0.001)$ advanced fibrosis. These results may shed some lights on the understanding for the development of AIH. BAFF is expressed by T-cells and dendritic cells and is related to the survival and maturation of Bcells and is also indicated to augment both T-cell and B-cell



FIGURE 5. Relationship between BAFF level and IP-10 level in patients with or without advanced fibrosis (F3 or more). (A) In patients without advanced fibrosis, the serum BAFF level significantly correlated with serum IP-10 level ($r_s = 0.658$, P < 0.001). (B) In patients with advanced fibrosis, the serum BAFF level significantly correlated with serum IP-10 level ($r_s = 0.542$, P < 0.001). (B) In patients with advanced fibrosis the serum BAFF level significantly correlated with serum IP-10 level ($r_s = 0.542$, P < 0.001). BAFF = B-cell activating factor belonging to the tumor necrosis factor family, IP-10 = interferon- γ -inducible protein-10.

responses, particularly Th1-type responses, whereas serum IP-10 can recruit T-cells to the hepatic lesions in autoimmune liver diseases.^{7,25,31} The synergic effect or the interaction of BAFF and IP-10 may be associated with the development of AIH. However, further examinations will be needed to confirm these results as other cytokines or chemokines than BAFF or IP-10 can be correlated with liver inflammation.^{26,32–34}

BAFF levels in patients with advanced fibrosis were significantly higher than those without advanced fibrosis in our analysis (P = 0.039). Yang et al reported that in patients with HBV-related liver disease, serum BAFF levels in liver cirrhosis were significantly higher than those in chronic hepatitis, which are consistent with our current results.¹⁶ One possible for these results is that in our analysis, the proportion of patients with A2 or A3 in patients with advanced fibrosis (87.2%, 34/39) was higher than that in patients without advanced fibrosis (78.0%, 32/41), whereas IP-10 levels in patients with advanced fibrosis (P = 0.551). In our previous study in CHC patients, we demonstrated that serum IP-10 levels significantly correlated with the degree of liver fibrosis.²⁹ Differences of etiologies of liver diseases may be associated with these results.

Although our study had the limitation of small sample size, our current results indicate that both BAFF and IP-10 are useful for predicting the degree of liver inflammation activity in AIH and these markers have the common clinical implication for liver inflammation activity for AIH patients.

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