# **REVEIW**

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# Prognostic Value of NRAS Gene for Survival of Colorectal Cancer Patients: A Systematic Review and Meta-Analysis

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#### **Abstract**

**Introduction:** NRAS gene is associated with malignant proliferation and metastasis of colorectal cancer (CRC). But its prognostic value on CRC is still unknown. The objective of this study is to perform a meta-analysis to obtain its prognostic value on survival of CRC patients. **Methods:** The systematic review and meta-analysis was designed, undertaken and reported using items from the PRISMA statement. Relevant articles were identified through PubMed (containing Medline), Embase, Web of Science databases and Google scholar search engines from their inception up to October 3, 2016. The articles about NRAS on prognosis of CRC patients were enrolled. The association between NRAS and CRC survival time (including overall survival [OS], progression-free survival [PFS], and disease-free survival [DFS]) was evaluated using hazard ratio (HR) with its corresponding 95% confidence interval (CI). **Results:** A total of fifteen articles were included. High-expression of NRAS was significantly associated with poor OS (HR: 1.36, 95% CI: 1.15–1.61), and poor PFS (HR: 1.75, 95% CI: 1.04–2.94). The combined HR of NRAS on DFS was 0.87 (95% CI: 0.37–2.03). Subgroup analysis showed that NRAS was significantly associated with poor OS for patients from Western countries (HR: 1.38, 95% CI: 1.09–1.73), but not for those from Asian countries. **Conclusions:** This meta-analysis demonstrate that NRAS gene could predict the poor prognosis for the CRC patients. More large-sample cohort studies are needed to further confirm this conclusion.

Keywords: NRAS gene- colorectal cancer- prognosis- meta-analysis

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# Introduction

Colorectal cancer (CRC) is the third most frequently diagnosed cancer in males worldwide, with an estimated 1.4 million cases and 693,900 deaths occurring in 2012 (Torre et al., 2015). Incidence rates are highest in Australia/New Zealand, Europe and Northern America, and low in Africa and South-Central Asia (Torre et al., 2015). Decreasing colorectal cancer mortality rates have been observed in large numbers of countries worldwide, which ascribed reduced prevalence of risk factors and/or improved treatments to CRC screening (Edwards et al., 2010; Bosetti et al., 2011). However, the global burden of CRC is expected to increase under the diverse global CRC patterns and the number of patients with CRC will continue to increase in future decades (Arnold et al., 2017).

Activating RAS (including HRAS, NRAS and KRAS) mutations occurs in about 30% of human cancers (Schubbert et al., 2007). NRAS is one member of RAS gene family of oncoproteins, which is commonly mutated in melanoma

and hematopoietic cancers via mapped on chromosome 1 (Wang et al., 2013; Funck-Brentano et al., 2016). NRAS mediates activation of both mitogen-activated protein kinase (MAPK) and PI3K/AKT/MYC signaling (Whitwam et al., 2007). NRAS induced classical MAPK signaling leads to cyclin D1 expression and cell cycle dysregulation and promotion of prosurvival pathways (Filmus et al., 1994; Boisvert-Adamo and Aplin, 2008). In addition, NRAS effectively prevents Glycogen Synthase Kinase3 (GSK3)-mediated phosphorylation of MYC via PI3K/AKT, which results in enhanced activity of endogenous MYC protein (Whitwam et al., 2007). Mutational NRAS causes Ras-GTP to be in a state of continuous activation, which results in malignant proliferation and metastasis (Mandala et al., 2014).

Many studies have been performed to assess the prognostic value of NRAS in patients with CRC, but the conclusions of these studies were still a matter of intense debate. For example, Schirripa et al., (2015) demonstrated that the NRAS mutations had a relevant incidence in

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patients with metastatic colorectal cancer (mCRC) and it was an independent prognostic factor of the survival time for the CRC patients. However, some studies reported that there was no association between NRAS and survival time for the CRC patients (Gavin et al., 2012; Chang et al., 2016). Therefore, we systematically evaluated the correlation between NRAS and survival time of CRC patients and provided clinical guidance for the treatment of the CRC patients.

#### **Materials and Methods**

Search strategy

The systematic review and meta-analysis was designed, undertaken and reported using items from the PRISMA statement. A comprehensive literature search was performed in PubMed (containing Medline), Embase, Web of Science databases and Google scholar search engines. These databases were searched from their inception up to October 3, 2016. The following key words were used: colorectal cancer (including colon cancer, and rectal cancer), NRAS (including N-RAS, ALPS4, CMNS, NCMS1 and NS6), and prognosis. The detailed search strategy is presented in Appendix 1 (Supplementary material). References from any other relevant studies were also scanned to identify the eligible studies. Only English publications were included.

#### Selection criteria

Articles were included if they met the following criteria: (1) colorectal cancer, colon cancer, or rectal cancer; (2) NRAS gene; (3) the outcomes: such as overall survival (OS), disease-free survival (DFS), progression-free survival (PFS); Hazard ratio (HR) with corresponding 95% confidence interval (CI) were reported. The studies which reported sufficient data to calculate HR with corresponding 95% CI were also included. The articles were excluded if they contained insufficient information for data extraction, repeated or overlapped publications, review articles or comments.

#### Data collection

The following data were extracted from the eligible study: the name of the first author, year of publication, countries where the study was carried out, study period, age and gender of the patients, treatment time, treatment method, sample size, and follow-up time. HRs with their corresponding 95% CI for OS, PFS and DFS were also collected. Information from the studies was extracted independently by two of three authors (J.Q.L, Q.G.H and L.H.L). If there were discrepancies between reviewers, they discussed and resolved with fourth author (Y.H).

#### Statistical Analysis

Statistical analyses were carried out with STATA version 12.0. All statistical tests were two-sided. P value  $\leq 0.05$  was considered to be statistically significant. The primary outcomes of interest were OS, PFS and DFS. The HR and its 95% CI were used to measure the prognostic effect of NRAS on survival time. If the HR and its 95% CI were given explicitly in the studies, the crude values

were used. If these indexes were indeterminate, they were calculated from the available numerical data or survival curve (Kaplan-Meier curves) using the methods reported by Tierney (Tierney et al., 2007). Statistical heterogeneity among studies was assessed by Cochran's Q test and inconsistency index (I²) statistic. When the studies were homogenous, fixed-effects model was applied for HR estimation. When the studies were heterogeneous, random-effects model was chosen. An observed HR > 1 implied a worse prognosis for high-expression of NRAS in comparison to low expression.

If the eligible articles were adequate (for example 5 studies in any of the subgroups), subgroup analysis according to study countries (Asian, Western countries) was carried out. Publication bias was investigated using Begg's test and Egger's test. Sensitivity analysis was performed by removing each study in the meta-analysis at a time to determine its influence on pooled HR.

#### **Results**

Study characteristics

The literature review using the search criteria produced 756 articles from PubMed, Embase, Web of Science databases and Google scholar search engines. After screening the titles, abstracts and removal of duplicates, 46 full text articles were considered. Eventually, a total of 15 articles met our inclusion criteria and were used to perform this meta-analysis (Figure 1).

The study characteristics were shown in detail in Table 1. A total of 12,135 patients were included in our study. The age of the patient ranged from 25 to 108 years old. The median follow-up time ranged from 8.5 to 100.7 months. Among the fifteen studies, three studies reported both OS and PFS (De Roock et al., 2010; Takahashi et al., 2014; Modest et al., 2016), and one article reported OS and DFS (Chang et al., 2016). At last, ten studies

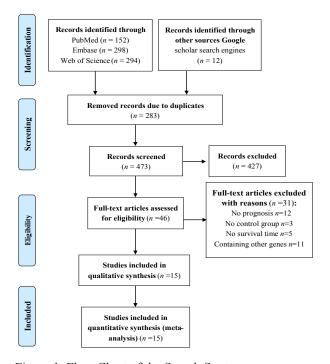


Figure 1. Flow Chart of the Search Strategy

Australia Japan

2002-2004

64.7 70.6

2,299 822

Colon cancer CRC

> $\mathbb{R}$ R NR

mCRC mCRC

100

Japan USA

2008-2011 NR

> 129 786

Italy

2009-2012

Gleeson 2015 Igarashi 2015 Maroudov 2013 Gavin 2012 Takahashi 2014

2002-2011 1997-2013

102 102

69.9 (NR) 60.4 (NR) 64.2 (NR) NR (NR) NR (NR)

Rectal cancer

100

100 100 100

> 63.9  $\mathbb{N}_{\mathbb{R}}$ 100 NR

58.5

48

mCRC

Table 1. Characteristics and HR Results of the Included Studies

Country

Study period

Sample size

Male (%)

Mean age (range)

Patients

Stage I+II (%)

Surgical therapy\* (%) NR

Chemotherapy\*
(%)

Radiotherapy\*
(%)

59.2  $^{
m NR}$  $\mathbb{N}_{\mathbb{R}}$ 

NR (25-88)

Schirripa 2015

First Author, year of publication

Luc 2016   USA   2011-2013   179   NR   NR (NR)   mCRC   41.3   NR   NR   NR     Hau 2016   Taiwan   2010-2014   13.0   65.8   72 (27-108)   CRC   6.0   NR   NR   NR     Chang 2016   Japan   2010-2014   13.2   54.6   65 (NR)   mCRC   8.14   100   NR   NR     Chang 2016   Japan   2010-2013   13.2   54.6   65 (NR)   mCRC   2.2   100   NR   NR     Chang 2016   Japan   2010-2013   13.2   54.6   65 (NR)   mCRC   2.2   100   NR   NR     Chang 2016   Japan   2010-2018   1.129   54.6   65 (NR)   mCRC   NR   NR   0.0   0.0     De Bock 2010   Japan   2010-2018   1.129   54.6   65 (NR)   mCRC   NR   NR   0.0   0.0     De Bock 2010   Japan   2000-2019   1.129   54.4   64 (25-83)   mCRC   NR   NR   0.0   0.0     De Bock 2010   Japan   2000-2019   1.129   65.4   64 (25-83)   mCRC   NR   NR   0.0   0.0     Septima 2011   Japan   2000-2013   1.239   65.4   64 (25-83)   mCRC   NR   NR   0.0   0.0     Septima 2011   Japan   2000-2013   1.239   65.4   Ambite method   Outcome   OS     Septima 2011   Japan   2000-2013   1.239   MCR   Multivariate   OS   NR   0.0   0.0   0.0     Septima 2011   Japan   2000-2013   Japan   DNA   HIC   Univariate   OS   NR   0.0   0.0   0.0     Machaet 2016   Tissue   DNA   MR   DNA   Multivariate   DNS   NR   NR   NR   0.0   0.0     Liganshi 2014   Tissue   DNA   PCR   Multivariate   DNS   NR   NR   NR   0.0   0.0   0.2     Liganshi 2014   Tissue   DNA   PCR   Multivariate   DNS   NR   NR   0.0   0.0   0.0   0.0     Liganshi 2016   Tissue   DNA   PCR   Multivariate   DNS   1.29   0.0   0.0   0.0   0.0   0.0     Chang 2016   Tissue   DNA   PCR   Multivariate   DNS   1.29   0.0   0.0   0.0   0.0   0.0     Chang 2016   Tissue   DNA   PCR   Multivariate   OS   NS   1.29   0.0   0.0   0.0   0.0   0.0   0.0   0.0     Chang 2016   Tissue   DNA   PCR   Multivariate   OS   0.0																						Pro	gno	sis	of $\Lambda$	/RA
USA         2010-2013         1.79         NR         NR (NR)         mCRC         41.3         NR         100         NR         NR         100         100         NR         NR         NR         100         NR         NR         NR         100         NR	Seymour 2013	Modest 2016	Ogura 2014	De Roock 2010	Chang 2016	Osumi 2016	Chang 2016	Hsu 2016	Lee 2016	Gleeson 2015	Igarashi 2015	Maroudov 2013	Gavin 2012	Takahashi 2014	Schirripa 2015		First Author, year of publication	Seymour 2013	Modest 2016	Ogura 2014	De Roock 2010	Chang 2016	Osumi 2016	Chang 2016	Hsu 2016	Lee 2016
RC     41.3     NR     NR       RC     NR     NR     100       RC     62.1     100     80.3       RC     51.4     100     0       RC     NR     NR     63.5       C     NR     NR     4.3       C     NR     NR     100       S     1.13-2.72     NR     NR       S     1.13-2.72     NR     NR       S     0.89-8.10     4.51     1.80-11.32       S     0.89-8.10     4.51     1.80-11.32       S     0.89-6.16     NR     NR       S     NR     NR     NR       S     0.89-6.16     0.89-6.16       NR     2.27     1.25-4.13       NR     NR     NR       S     NR     NR       NR     NR     NR <td>tissue</td> <td>tissue</td> <td>tissue</td> <td>tissue</td> <td>Tissue, Plasma</td> <td>Tissue</td> <td></td> <td>Test sample</td> <td>UK</td> <td>Germany</td> <td>Japan</td> <td>Europe&amp;</td> <td>Taiwan</td> <td>Japan</td> <td>Taiwan</td> <td>Taiwan</td> <td>USA</td>	tissue	tissue	tissue	tissue	Tissue, Plasma	Tissue	Tissue	Tissue	Tissue	Tissue	Tissue	Tissue	Tissue	Tissue	Tissue		Test sample	UK	Germany	Japan	Europe&	Taiwan	Japan	Taiwan	Taiwan	USA
RC         41.3         NR         NR           RC         NR         100         NR           RC         62.1         100         80.3           RC         51.4         100         0           RC         NR         NR         4.3           RC         NR         NR         4.3           RC         NR         NR         100           S         95%CI         HR         95%CI           S         1.13-2.72         NR         NR           S         1.13-2.72         NR         NR           NR         NR         NR         NR           NR	DNA	DNA	DNA	DNA	DNA	DNA	DNA	DNA	RNA	DNA	DNA/RNA	DNA	DNA	DNA	Protein		Test content	2006-2010	2000-2013	1999-2008	2001-2008	2000-2009	2012-2013	2000-2010	2010-2014	2010-2013
RC         41.3         NR         NR           RC         NR         100         NR           RC         62.1         100         80.3           RC         51.4         100         0           RC         NR         NR         4.3           RC         NR         NR         4.3           RC         NR         NR         100           S         95%CI         HR         95%CI           S         1.13-2.72         NR         NR           S         1.13-2.72         NR         NR           NR         NR         NR         NR           NR	Pyrosequence	RT- $qPCR$	HRM	PCR	PCR	Luminex xMAP	PCR	PCR	PCR	PCR	PCR	Sanger sequencing	IHC	IHC	PCR		Test method	1,198	1,239	1,304	1,022	1,519	132	1,249	53	179
mCRC         41.3         NR         NR           mCRC         NR         NR         100           MCRC         62.1         100         80.3           mCRC         51.4         100         0           mCRC         NR         NR         63.5           mCRC         NR         NR         4.3           mCRC         NR         NR         4.3           mCRC         NR         NR         100           mCRC         NR         NR         4.3           mCRC         NR         NR         4.3           mCRC         NR         NR         NR           MR         NR         NR         100           HR         95%CI         HR         95%CI           HR         95%CI         NR         NR           NR         NR         NR         NR	Multivariate	Multivariate	Multivariate	Multivariate	Multivariate	Univariate	Multivariate	Univariate	Multivariate	Multivariate	Univariate	Multivariate	Univariate	Multivariate	Multivariate		Analytic method	26.5	65.4	59.8	36.9	34.3	54.6	65.8	64.2	NR
41.3 NR NR NR NR NR NR 100 62.1 100 NR 222 100 80.3 51.4 100 0  NR 100 95%CI HR 95%CI HR 95%CI 1.13–2.72 NR N	SO	OS, PFS	SO	OS, PFS	OS, DFS	os	os	PFS	PFS	DFS	PFS	DFS	os	OS, PFS	OS		Outcome	63 (56–70)	64 (25–83)	63.8 (NR)	61 (22–86)	72 (50–93)	63 (NR)	72 (27–108)	63.5 (28–93)	NR (NR)
NR NR  NR 100  NR  100 NR  100 80.3  100 0  NR  100 NR  NR  NR  NR  NR  4.3  NR  NR  NR  NR  NR  NR  NR  NR  NR  N	1.15	1.01	0.53	1.82	1.39	3.99	1.59	NR	NR	NR	NR	NR	1.25	2.69	1.75	HR	OS	CRC	mCRC	CRC	mCRC	CRC	mCRC	CRC	mCRC	mCRC
NR 100 NR 80.3 0 63.5 NR 4.3 100  95%CI NR 1.80-11.32 NR 0.89-6.16 NR 1.25-4.13 NR 1.25-4.13 NR 1.25-4.13 NR NR 0.19-2.23 NR	0.60-2.21	0.60-1.72	0.27-1.03	1.01-3.30	0.97-1.99	0.50-31.2	1.06-2.38	NR	NR	NR	NR	NR	0.80 - 1.95	0.89-8.10	1.13-2.72	95% CI		NR	NR	50.2	NR	51.4	22	62.1	NR	41.3
	NR	0.9	NR	1.79	NR	NR	NR	0.66	2.27	NR	2.61	NR	NR	4.51	NR	HR	PFS	NR	NR	100	NR	100	100	100	NR	NR
100 NR	NR	0.58-1.39	NR	1.00-3.20	NR	NR	NR	0.19-2.23	1.25-4.13	NR	0.89-6.16	NR	NR	1.80-11.32	NR	95% CI		100	4.3	NR	63.5	0	80.3	NR	100	NR
	NR	NR	NR	NR	1.71	NR	NR	NR	NR	0.42	NR	0.82	NR	NR	NR	HR	DFS	10.6	NR	NR	NR	0	NR	NR	100	NR

0.19-0.94 NR NR NR

0.98-2.97

0.36-1.85

NR NR

95% CI NR

25.4

NR

NR

Italy, Spain and Denmark) ce, Cyprus, France, hain reaction; PFS,

Follow-up (median,

17.1 62

69.6

100.7

84.1

Table 2. Meta-Analysis Results of NRAS Gene and Colorectal Cancer Risk

	Number of studies	Patients	HR (95% CI)	Heterogeneity				
				$I^2$	$\chi^2$	P		
Overall survival			,		,			
All	10	10,877	1.36 (1.15–1.61)	38.30%	14.6	0.103		
Asian countries	5	4,333	1.34 (0.83-2.16)*	63.00%	10.82	0.029		
Western countries	5	6,544	1.38 (1.09–1.73)	0.00%	3.76	0.44		
Progression-free survival								
All	6	2,724	1.75 (1.04–2.94) *	69.30%	16.31	0.006		
Disease-free survival								
All	3	2,443	0.87 (0.37–2.03) *	75.90%	8.28	0.016		

<sup>\*</sup>Results were based on a random-effects model

Table 3. The Results of Begg's and Egger's Tests

	Number of studies	Begg	s test	Egger's test		
		Z value	P	t value	P	
Overall survival	10	0.09	0.929	0.72	0.494	
Progression-free survival	6	0.94	0.348	-0.33	0.756	
Disease-free survival	3	-0.52	0.602	2.08	0.286	

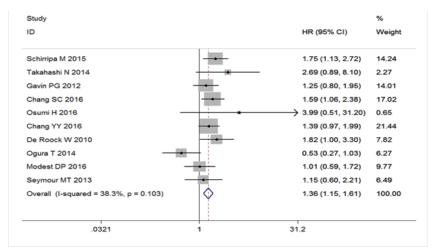


Figure 2. Forest Plot Evaluating the Combined HRs between NRAS and OS

reported OS, six articles presented PFS, and three articles presented DFS.

# Meta-analysis of OS

Ten studies investigated the association between NRAS gene and OS for CRC patients (De Roock et al., 2010; Gavin et al., 2012; Seymour et al., 2013; Ogura et al., 2014; Takahashi et al., 2014; Schirripa et al., 2015; Chang et al., 2016; Chang et al., 2016; Modest et al., 2016; Osumi et al., 2016). The pooled HR of OS in ten studies was 1.36 (95% CI: 1.15–1.61) according to fixed-effects model ( $I^2 = 38.3\%$ , P = 0.103) (Table 2, Figure 2).

Ten studies were included for OS, therefore subgroup analysis according to study countries (Asian, Western countries) was performed. There was a significant association between OS and NRAS gene in Western studies (HR = 1.38; 95% CI: 1.09–1.73, Table 2). There was not a significant association between OS and NRAS gene in Asian studies (HR = 1.34; 95% CI: 0.83–2.16,

Table 2).

# Meta-analysis of PFS and DFS

Six studies reported the association between NRAS gene and PFS for CRC patients (De Roock et al., 2010; Takahashi et al., 2014; Igarashi et al., 2015; Hsu et al., 2016; Lee et al., 2016; Modest et al., 2016). The summary HR was 1.75 (95% CI: 1.04–2.94, Figure 3), which were from random-effects model.

Three studies reported the association between NRAS gene and DFS for CRC patients (Mouradov et al., 2013; Gleeson et al., 2015; Chang et al., 2016). The pooled HR of DFS in three studies was 0.87 (95% CI: 0.37-2.03) basing on the result of random-effects model due to heterogeneity ( $I^2 = 75.9$  %, P = 0.016, Figure 4).

#### Risk of bias

Begg's funnel plot and Egger's tests were used to assess the publication bias. No obvious publication bias was found in included studies, suggesting there is low

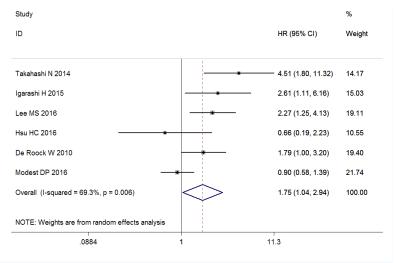


Figure 3. Forest Plot Evaluating the Combined HRs between NRAS and PFS

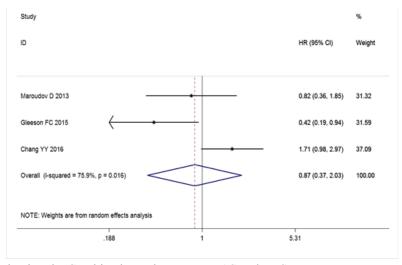


Figure 4. Forest Plot Evaluating the Combined HRs between NRAS and DFS

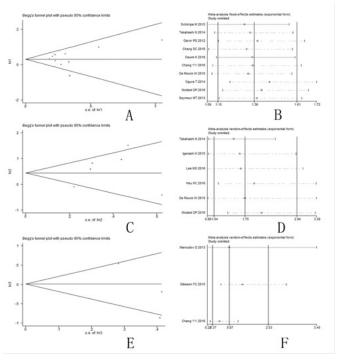


Figure 5. Begg's Funnel and Sensitivity Analysis Plot (A, Begg's funnel for OS; B, sensitivity analysis for OS; C, Begg's funnel for PFS; D, sensitivity analysis for PFS; E, Begg's funnel for DFS; F, sensitivity analysis for DFS)

publication bias (Table 3, Figure 5). The stability of the results was assessed by sensitivity analysis (Figure 5).

### **Discussion**

The results of our meta-analysis provided supportive evidence that NRAS gene could be a prognostic indicator for CRC. With regard to OS (PFS), the mortality risk of patients with high-expression of NRAS was 1.36 (1.75) times higher than those with low-expression of NRAS. Similar results were also found in patients with lung cancer (Ohashi et al., 2013), gastric cancer (Takahashi et al., 2014), melanoma (Jakob et al., 2012; Birkeland et al., 2013), and autoimmune lymphoproliferative syndrome (Oliveira et al., 2007). For example, Birkeland et al., (2013) reported that NRAS expression levels influenced the prognosis in patients with advanced melanoma.

Normanno et al., (2015) reported that NRAS mutations were usually present in the majority of neoplastic cells.

NRAS was a prognostic indicator for the CRC patients, the following signaling pathway might explain the reasons. (1) The over-expression of NRAS contributed to survival time in CRC patients via the targeting of MAPK. The MAPK pathway was involved in apoptosis related to growth factors and cyclo-oxygenase 2 in CRC (Fang and Richardson, 2005). The MAPK pathway was associated with a poor prognosis in cancer (Hendrickx et al., 2003). (2) The second signaling pathway was related to MYC. MYC was an oncogenic transcription factor and could either activate or repress transcription (Walz et al., 2014). Further-more, MYC was deregulated in most types of cancer, and it controlled many cellular processes, including cell growth, metabolism, proliferation, differentiation and apoptosis (Amati et al., 2001; Dang, 2013; McMahon, 2014; Bretones et al., 2015). Recent evidences showed that MYC promoted proliferation and invasion of colon and gastric cancer cells (Yang et al., 2013; He et al., 2014; He et al., 2014).

NRAS-targeted therapy should be considered since the over-expression of NRAS was associated with poor prognosis in CRC. NRAS mutations in colorectal cancer play a critical role in clinical studies for treatment of metastatic CRC with anti-EGFR antibodies. In recent past years, epidermal growth factor receptor (EGFR) of depending pathway has been largely exploited for personalized therapies, and EGFR has become a key target of specific inhibitors to treat metastatic CRC (Therkildsen et al., 2014; Bronte et al., 2015; Ciardiello et al., 2016; Liu et al., 2016). One study demonstrated that EGFR expression has prognostic value for patients with metachronous mCRC (Huang et al., 2013). NRAS have been recently hypothesized to have involvement in resistance to anti-EGFR agents in CRC (Troiani et al., 2013; Ciardiello et al., 2014). Two studies reported that wild-type KRAS patients carrying NRAS mutations, had lower response rates for anti-EGFR therapy compared with those with dual wild-type genes (Andre et al., 2013; Di Bartolomeo et al., 2014). Peeters et al., (2013) reported that treatment with panitumumab resulted in improved PFS in patients with wild-type KRAS/NRAS rather than those with wild-type KRAS/mutational NRAS in randomized

Phase III study. A poor prognostic effect was observed in patients with NRAS mutations in a randomized phase 3 metastatic CRC COIN trial (Maughan et al., 2011).

However, for DFS, the results indicated the prognostic value of NRAS gene was not associated with colorectal cancer (HR = 0.87, 95% CI: 0.37–2.03). The main reasons maybe contain: (1) Only three studies about DFS were included in our meta-analysis. The less the included studies, the more difficult it was to get statistically significant results. (2) The heterogeneity between the three studies was observed, which had an effect on the results. The reasons for the heterogeneity were as following: different follow-up time (One study follow-up time was twice longer than other two studies), and different characteristics of the patients.

Our study had several limitations. (1) The detection methods of NRAS were different from each other, such as PCR and IHC. However, the homogeneity among these studies was obtained. Thus, the confounding effects of different detection methods would not be substantial. (2) The methods of therapy also affected the survival time of CRC patients. Some studies chose surgery and chemotherapy (or/and radiotherapy), and some only surgery. Due to the lack of relevant information, we did not analyze their effects on survival time. (3) There was significant heterogeneity among DFS studies. Although we investigated the reasons of the heterogeneity and conducted subgroup analyses according to geographical regions, the heterogeneity remained significant.

In summary, the results from this meta-analysis showed that NRAS gene could be a prognostic indicator (including poor OS and PFS) for the patients with CRC. In this case, NRAS may be a promising, new therapeutic target for CRC and may enable clinical practitioners to better predict patient prognosis through the detection of NRAS levels in patients. However, well-designed randomized controlled trials will be needed to determine whether NRAS is a useful biomarker for predicting CRC into clinical decision-making in the future.

Conflict of interest

The authors declare no conflict of interest.

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