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© 2022 Deng, Zhang, Qi, Guo, Liu, Xiao and Li. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms. Safety and efficacy of indocyanine green near-infrared fluorescent imaging-guided lymph nodes dissection during radical gastrectomy for gastric cancer: A systematic review and meta-analysis

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Background: Indocyanine green (ICG) fluorescence imaging has been a new surgical navigation technique for gastric cancer. However, its clinical value should still be evaluated further. In this meta-analysis, we investigated the safety and efficacy of ICG near-infrared fluorescent imaging-guided lymph nodes (LNs) dissection during radical gastrectomy.

Methods: Studies comparing ICG fluorescence imaging with standard care in patients with gastric cancer were systematically searched from PubMed, Embase, Web of Science, and Cochrane Library through August 2021. The current meta-analysis was performed according to the preferred reporting items for systematic review and meta-analysis guidelines. A pooled analysis was performed for the available data regarding the number of LNs dissection, the number of metastatic LNs dissection, other operative outcomes, and postoperative complications. R software version 4.2.0 and Stata 16.0 software were used for the present meta-analysis.

Results: This analysis included 12 studies with a total of 1365 gastric cancer patients (569 in the ICG group and 796 in the non-ICG group). The number of retrieved LNs in the ICG group was significantly higher (weighted mean difference [WMD]=7.67, 95% confidence intervals [CI]: 4.73 to 10.62, P<0.05) compared to the non-ICG group with moderate heterogeneity (P<0.001, $I^2 = 70\%$). The number of metastatic LNs, operative time, and postoperative complications were all comparable and without significant heterogeneity. Additionally, ICG near-infrared fluorescent imaging was associated with reduced intraoperative blood loss (WMD=-10.28, 95% CI: -15.22 to -5.35, P<0.05) with low heterogeneity (P=0.07, I2 = 43%).

Conclusions: ICG near-infrared fluorescent imaging-guided lymphadenectomy was considered to be safe and effective in gastrectomy. ICG was used to increase the number of LNs harvested while reducing intraoperative blood loss without increasing operative time or postoperative complications.

Systematic Review Registration: https://www.crd.york.ac.uk/PROSPERO/, identifier CRD42021291863.

KEYWORDS

indocyanine green, laparoscopic surgery, lymph node, gastric cancer, robotic gastrectomy, meta-analysis

Introduction

Gastric cancer is the fifth most prevalent malignant tumor in the world and the fourth leading cause of cancer mortality (1). Lymph node (LN) metastasis is a major risk factor for recurrence and metastasis of gastric cancer (2–5), and LN dissection is a standard procedure of radical gastrectomy. Owing to the intricacy of the anatomy and the rich blood supply, adequate LN dissection is a substantial challenge during radical gastrectomy (6–9).

Indocyanine green (ICG), an FDA-approved dye for *in vivo* use, offers superior assessment of blood and lymphatic vessels (10). With the simple process of ICG fluorescence imaging, ICG fluorescence imaging is a hot spot revealing its superiority in a variety of oncological surgery (11–17). In a radical gastrectomy, it enables the surgeon to accurately observe the perigastric LNs at a closer distance and under closer physiological conditions, it can also locate the LNs precisely to guide the surgeon during the operation in real-time (18–20). However, since the application of ICG in lymphadenectomy for patients with gastric cancer is still in the preliminary stages, its safety and efficacy remain unclear.

To date, we have only found one meta-analysis evaluating the safety and efficacy of ICG near-infrared fluorescent imagingguided radical gastrectomy (21), it included six articles, two of which were published in Chinese. However, this meta-analysis failed to include eight very important studies that had already been published (22–29). Moreover, no subgroup analysis was performed, and two of them were published in Chinese domestic journals with a relatively low quality of evidence rather than in international journals. Through the analysis of twelve English literature, we performed an updated systematic review and meta-analysis to provide more comprehensive and reliable evidence, with the primary outcome being the total number of LNs retrieved and the secondary outcomes being the number of metastatic LNs, operative time, intraoperative blood loss, and postoperative complications.

Materials and methods

A systematic literature review and meta-analysis were performed according to the PRISMA guidelines (30). The protocol was registered in the PROSPERO register before starting this systematic review and meta-analysis (CRD42021291863).

Study objective

In this meta-analysis, the primary endpoint was the total number of retrieved LNs, and the secondary endpoints were the number of metastatic LNs, operative time, intraoperative blood loss, and postoperative complications. The effectiveness of ICG near-infrared fluorescent imaging-guided LNs dissection was assessed by the total number of retrieved LNs and the number of metastatic LNs, while safety was assessed by operative time, intraoperative blood loss, and postoperative complications.

Search strategy

Through November 2021, all relevant studies from Embase, Web of Science, PubMed, and the Cochrane Library were systematically reviewed. The search strategy contained two core components, which were linked using the AND operator: 1) stomach neoplasms (e.g., neoplasm, stomach, stomach neoplasm, neoplasms, stomach, gastric neoplasms, gastric neoplasm, neoplasm, gastric, neoplasms, gastric, stomach cancers, cancer of stomach, gastric cancer, cancer, gastric, cancers, gastric, gastric cancers, stomach cancer, cancers, stomach, cancer, stomach, cancer of the stomach, gastric cancer, familial diffuse), 2) indocyanine green (e.g., green, indocyanine, wofaverdin, vophaverdin, ujoveridin, vofaverdin, cardio-green, cardio green, cardiogreen. For each of the two core components, controlled vocabulary (i.e. Medical Subject Headings terms) and title/abstract were identified. The search was developed initially for PubMed and then adapted for each of the other three databases by mapping the search terms to additional controlled vocabulary and subject heading terminology. The search was carried out separately by two authors (DC and ZZ) with no language or date restrictions (Supporting References 1).

Study selection

The studies that were included met the following criteria: (1) patients were diagnosed with gastric cancer; (2) the study included patients with and without ICG tracer-guided radical gastrectomy; (3) the article with the most complete data for studies with duplicated data; and (4) retrospective and prospective research as well as randomized controlled trials (RCTs).

The following were the criteria for exclusion: (1) case studies, reviews, comments, correspondence, and animal studies; (2) studies with insufficient data for analysis; and (3) repeated studies by the same author.

Data extraction and study quality

For the eligible studies, two authors (DC and ZZ) independently extracted the data and any disagreements were resolved through quality control discussions with another author (HQ) whenever necessary. The following information was recorded: the first author, publication year, nation, study design, time period of this study, number of patients in ICG group and non-ICG group, operative approach, the number of retrieved LNs, the number of metastatic LNs, operative time, intraoperative blood loss, and postoperative complications.

The RCT's quality was determined using the Cochrane risk assessment tool (31). Studies with a score of 4 points were considered high-quality studies, with a maximum score of 6 points. The quality of nonrandomized controlled studies was defined by Newcastle–Ottawa Quality Assessment Scale (NOS) (32). Studies with scores of 6 points or higher were considered high-quality studies. Two researchers independently evaluated the quality of each study.

Statistical analysis

The odds ratio (OR) and weighted mean difference (WMD) with their corresponding 95% confidence intervals (CI) were used to analyze dichotomous and continuous variables. For studies that only offered median and range, data were converted to mean and standard deviation (SD) using the method described by Wan et al (33). The Chi-square and I^2

tests were used to assess statistical heterogeneity. P<0.10 was used as the significance level for heterogeneity. Heterogeneity was deemed acceptable when P>0.10 and I²<50%. It was then tested using a fixed-effects model. A random-effects model was applied if I2>50%. I²<50% was regarded to represent low heterogeneity, while 50% to 75% and≥75% indicated moderate and high heterogeneity, respectively. For the source of heterogeneity, a sensitivity analysis of each study and subgroup analysis were used for secondary analysis. The Egger's and Begg's tests were used to evaluate publication bias. P<0.05 was regarded as significant. All of the statistical analyses were performed by R software version 4.2.0 (R Foundation, Vienna, Austria) and Stata 16.0 software (StataCorp, College Station, TX, USA).

Results

Characteristics of studies

A total of 12 English papers were included in the metaanalysis after a literature search and selection based on the inclusion criteria (15, 22–29, 34–36). The details of the selection procedures were shown in accordance with the PRISMA flowchart (Figure 1). Table 1 summarizes the general information from the studies that were included. A total of 1365 patients with stomach cancer were included in this metaanalysis (569 in the ICG group and 796 in the Non-ICG group). All of the research were published between 2017 and 2021 and came from three different nations (Korea, Italy, and China). The sample size ranged from 20 to 290 patients.

Characteristics of ICG injection

The characteristics of ICG injection are displayed in Table 2. Most studies used endoscopy for submucosal injection, which was performed intraoperatively or one day before surgery. There were no ICG-related complications reported in any of these studies.

The main objective

The number of retrieved LNs

The primary outcome of this study was to assess ICG nearinfrared fluorescent imaging on the number of retrieved LNs after radical gastrectomy. Ultimately, 12 studies (1365 patients) were included in our meta-analysis. Among these patients, the number of retrieved LNs in the ICG group was higher compared to the non-ICG group. This meta-analysis found that ICG



fluorescent imaging had a positive effect on increasing the number of retrieved LNs (WMD=7.67, 95% CI: 4.73 to 10.62, P<0.05) with moderate heterogeneity (P<0.001, $I^2 = 70\%$) as shown in Figure 2A.

The secondary objectives

The number of metastatic LNs

A fixed-effects model was adopted since there was no evidence of heterogeneity (P=0.81; I2 = 0%). The analysis included four studies (534 patients) (Figure 2B). In both groups, there was no significant difference in the number of metastatic LNs (WMD=0.12, 95% CI: -0.75 to 0.99, P=0.79).

Operative time

Twelve studies reported the operative time. Meta-analysis showed no difference in operative time between the two groups

(WMD=-3.97, 95% CI: -14.47 to 6.53, P=0.46) with moderate heterogeneity (P<0.001, $I^2 = 72\%$), as shown in Figure 2C.

Intraoperative blood loss

Ten studies reported intraoperative blood loss, and all of the studies demonstrated a statistically significant reduction in the ICG group compared with the Non-ICG group. The metaanalysis demonstrated that the patients in the ICG group had a mean reduction of 10.28 ml in intraoperative blood loss compared to the patients in the non-ICG group (WMD=-10.28, 95% CI: -15.22 to -5.35, P<0.05) with low heterogeneity (P=0.07, I² = 43%) as shown in Figure 2D.

Postoperative complications

The postoperative complication rate was reported in nine studies (975 patients). No significant difference was observed

First author	Year	Country	Study interval	Study design	Sample size (I:C)	Operation method	The way of ICG injection	The time of injection	NOS	Cochrancescore
Liu (22)	2020	China	2017- 2019	S; R	61:75	laparoscopic gastrectomy	Endoscopy (submucosa)	Intraoperatively	7	-
Tian (29)	2021	China	2019- 2020	S; R	27:32	robotic gastrectomy	Endoscopy (submucosally)	1 day before surgery	8	-
Lan (36)	2017	China	2011- 2016	S; R	14:65	robotic gastrectomy	Endoscopy (submucosal) Chiba needle (subserosal)	Intraoperative or1 day before surgry	7	-
Ma (28)	2020	China	2018- 2019	S; R	31:34	laparoscopic gastrectomy	Endoscopy(unclear)	within 12 h before surgery	8	-
Roh (27)	2020	Korea	2014- 2017	S; R	98:192	laparoscopic or robotic gastrectomy	Endoscopy (submucosa)	1 day before surgery	8	-
Lee (26)	2021	Korea	2013- 2018	S; R	74:94	laparoscopic or robotic gastrectomy	Endoscopy (submucosal)	1 day before surgery	8	-
Park (25)	2020	Korea	2017- 2018	S; R	20:60	laparoscopic gastrectomy	Endoscopy (submucosal)	Intraoperatively	8	-
Cianch (35)	2019	Italy	2014- 2018	S; R	37:37	robotic gastrectomy	Endoscopy (submucosa)	1 day before surgery	7	-
Kwon (34)	2018	Korea	2012- 2014	S; P	40:40	robotic gastrectomy	Endoscopy (submucosal)	1 day before surgery	8	-
Romanzi (24)	2020	Italy	2017- 2019	S; P	10:10	Robotic Gastrectomy	Endoscopy (submucosal)	18h before surgery	7	-
Lu (23)	2021	China	2015- 2019	S; R	28:28	laparoscopic gastrectomy	Endoscopy(unclear)	Intraoperatively	8	-
Chen (15)	2020	China	2018- 2019	RCT	129:129	laparoscopic gastrectomy	Endoscopy (submucosa)	1 day before surgery	-	5

TABLE 1 Study characteristics.

ICG, indocyanine green; I ICG, S, single centre; R, retrospective study; P, prospective; NOS, Newcastle-Ottawa.

between the ICG group (22.2%; n =98/441) and the non-ICG group (25.7%; n =137/534) regarding this outcome (OR 0.94, 95% CI 0.43 to 2.06, P=0.88) with no heterogeneity (P=0.92, I2 = 0%) (Figure 2E).

Sensitivity analysis

To assess the impact of single studies and analyze the effects of heterogeneity on the pooled WMDs of the number of retrieved LNs, we performed sensitivity analysis by sequentially removing one study from the overall pooled analysis. When we excluded any study, the pooled WMDs and their corresponding 95% CIs were similar, according to the results of this sensitivity analysis. Hence, our findings were relatively consistent and reliable (Supporting References 2).

Subgroup analysis

Subgroup analysis was used to explore the heterogeneity (Table 3 and Supporting References 3). The following parameters of each study were included: operation type (robotic surgery versus

laparoscopic surgery versus laparoscopic or robotic surgery), nation (China versus Korea versus Italy), and study design (retrospective study versus RCT versus prospective study). Subgroup analysis based on "operation type" suggested that ICG near-infrared fluorescent imaging had a positive effect on increasing the number of retrieved LNs in all kinds of operations (robotic surgery: WMD=8.80, 95% CI: 4.37 to 13.23, P<0.05; laparoscopic surgery: WMD=5.69, 95% CI: 1.03 to 10.35, P<0.05; laparoscopic or robotic surgery: WMD=11.18, 95% CI: 1.85 to 20.52, P<0.05). Interstudy heterogeneity was high and significant in the other three groups ($I^2 = 53\%$, 80%, and 78%, respectively). In terms of "nation", ICG tracer-guided lymphadenectomy was significantly associated with the increasing number of retrieved LNs in China (WMD=6.32, 95% CI: 4.61 to 8.02, P<0.05) with low heterogeneity ($I^2 = 43\%$, P=0.12), Korea (WMD=8.41, 95% CI: 0.20 to 16.61, P<0.05) with significant heterogeneity ($I^2 = 88\%$, P<0.01), and Italy (WMD=11.76, 95% CI: 4.88 to 18.64, P<0.05) with no significant heterogeneity (I2 = 0.0%, P=0.74). We found that ICG near-infrared fluorescent imaging could increase the number of LN harvested in the retrospective study (WMD=6.56, 95% CI: 3.14 to 9.99, P<0.05) with moderate heterogeneity ($I^2 = 70\%$, P<0.01) and the prospective study (WMD=13.56, 95% CI: 8.57 to 18.55, P<0.05) with no significant heterogeneity ($I^2 = 0.0\%$, P=0.92).

TABLE 2 Characteristics of ICG injection.

Study	The way of ICG injection	The time of ICG injection	ICG injection site	ICG injection concentration	ICG injection dose	Complications related to ICG
Liu 2020 (22)	Endoscopy	Intraoperative	Four points (proximal, distal, and bilateral to the tumor region), submucosal injection.	0.625 mg/mL	0.5 ml for each point, 2 ml in total.	None
Tian 2021 (29)	Endoscopy	1 day before surgery	4 points around the primary tumor, submucosal injection.	Not indicated	0.5 ml for each point, 2 ml in total.	None
Lan 2017 (36)	Endoscopy or Chiba needle (18 gauge)	Intraoperative or1 day before surgry	4 points around the primary tumor, Chiba needle (18 gauge) for subserosal injection, endoscopic injection for submucosal injection.	2.5 mg/mL	0.6 ml for each point, 2.4 ml in total.	None
Ma 2020 (28)	Endoscopy	within 12 h before surgery	3 points in lesser curvature, 4 points in greater curvature, Spaced from adoral to aboral sites as equally as possible.	1.25 mg/ml	0.5ml each point, 3.5 ml in total.	None
Roh 2020 (27)	Endoscopy	1 day before surgery	4 points around the ESD scar, submucosal injection.	1.25 mg/ ml→0.625 mg/ml	0.6 ml for each point, 2.4 ml in total.	None
Lee 2021 (26)	Endoscopy	1 day before surgery	4 points around the primary tumor, submucosal injection.	1.25 mg/ ml→0.625 mg/ml	0.6 ml for each point, 2.4 ml in total.	None
Park 2020 (25)	injection needle (23- gauge)	Intraoperative	five locations (on the lesser curva- ture side—low body and antrum; on the greater curvature side—mid body, low body and antrum), submucosal injection.	0.1 mg/mL	1 ml for each point, 5 ml in total.	None
Cianch 2019 (35)	Endoscopy	1 day before surgery	4 points around the primary tumor, submucosal injection.	1.25 mg/ml	0.5 ml for each point, 2 ml in total.	None
Kwon 2018 (34)	Endoscopy	1 day before surgery	4 points around the primary tumor, submucosal injection.	1.25 mg/mL	0.6 ml for each point, 2.4 ml in total.	None
Romanzi 2020 (24)	Endoscopy	18h before surgery	4 points around the primary tumor, submucosal injection.	1.25mg/ml	0.6 ml for each point, 2.4 ml in total.	None
Lu 2021 (23)	Endoscopy	Intraoperative	proximal and distal submucosa of the tumor.	2.5mg/ml	0.5ml at a time, didn't reported the total dose	None
Chen 2020 (15)	Endoscopy	1 day before surgery	4 points around the primary tumor, submucosal injection.	1.25 mg/mL	0.5 ml for each point, 2 ml in total.	None

Complications related to ICG: ICG-induced nausea, fever, allergy and shock symptoms.

Publication bias

The Egger's and Begg's tests were used to analyze the publication bias of our meta-analysis. There was no evidence of publication bias in the number of retrieved LNs (Egger P=0.141; Begg P=0.150) (Figure 3).

Discussion

In recent years, ICG near-infrared fluorescent imaging-guided radical gastrectomy has become a new direction of exploration because it has better tissue penetration and better identification of LNs (37, 38). The results of our meta-analysis showed that ICG- guided radical gastrectomy can obtain more LNs and reduce intraoperative blood loss; it also has a similar operative time and postoperative complication rate as traditional radical gastrectomy, which indicates the safety and efficacy of ICG near-infrared fluorescent imaging.

ICG injection is essential for efficient intraoperative LNs imaging (39). Most studies (15, 22–24, 26–29, 34, 35) used endoscopy for submucosal injection, which was performed around the primary tumor one day before surgery. The results of these studies showed that it could increase the overall number of recovered LNs without increasing surgery-related complications. Some researchers hold a different opinion wherein intraoperative sub serosal injection by needle would be more convenient and can achieve comparable outcomes (25, 39) Compared with

Study	iotal Mean SD	iotal Mean SD	Mean Difference	мр 95%-CI (common) (random)
Tian 2021 Lan 2017	27 39.19 8.9700 14 35.80 11.4000	32 35.28 9.0000 65 30.00 11.8000		3.91 [-0.69; 8.51] 9.1% 9.4% 5.80 [-0.82: 12.42] 4.4% 7.5%
Liu 2020	61 33.72 9.0600	75 29.36 8.7600		4.36 [1.34; 7.38] 21.2% 10.8%
Ma 2020 Rob 2020	31 49.60 13.3000	34 36.40 13.3000		13.20 [6.73; 19.67] 4.6% 7.7% 7.00 [3.03: 10.97] 12.2% 10.0%
Lee 2021	74 74.58 30.4600	94 57.97 18.1200		- 16.61 [8.76; 24.46] 3.1% 6.5%
Park 2020	20 30.15 9.2700	60 32.55 10.0300		-2.40 [-7.19; 2.39] 8.4% 9.2%
Clanch 2019 Chen 2020	37 50.80 17.1000	37 40.10 23.0000		10.70 [1.47; 19.93] 2.3% 5.5% 8.50 [5.23: 11.77] 18.0% 10.6%
Kwon 2018	40 48.90 14.6000	40 35.20 11.2000		13.70 [8.00; 19.40] 5.9% 8.4%
Lu 2021 Romanzi 2020	28 27.50 10.6000 10 38.13 14.5500	28 21.79 6.7300 10 25.04 8.0800		5.71 [1.06; 10.36] 8.9% 9.4% - 13.09 [2.77; 23.41] 1.8% 4.9%
Common effect model	569	796	*	6.65 [5.26; 8.04] 100.0%
Random effects model Heterogeneity: $l^2 = 70\% \pi^2$	$^{2} = 18.4716 \text{ n} \le 0.01$			7.67 [4.73; 10.62] 100.0%
neterogeneity. 7 = 70%, t	- 10.1110, p = 0.01	-20	-10 0 10 20	
B	ICG group	Non-ICG group	Moon Difference	Weight Weight
Liu 2020	61 1 56 2 2100	75 1 44 2 6600		
Ma 2020	31 9.00 11.2000	34 6.80 6.9000		- 2.20 [-2.37; 6.77] 3.6% 3.6%
Cianch 2019	37 4.00 5.4000	37 4.40 6.8000		-0.40 [-3.20; 2.40] 9.6% 9.6%
Chen 2020	129 5.60 11.2000	129 5.70 8.9000		-0.10 [-2.57; 2.37] 12.4% 12.4%
Common effect model Random effects model	258 I	275	<u> </u>	0.12 [-0.75; 0.99] 100.0% 0.12 [-0.75; 0.99] 100.0%
Heterogeneity: $I^2 = 0\%$, τ^2	= 0, <i>p</i> = 0.81	-6	-4 -2 0 2 4 6	
С	ICG group	Non-ICG group		Weight Weigh
Study	Total Mean SD	Total Mean SD	Mean Difference	MD 95%-CI (common) (random
Tian 2021	27 230.52 20.7100	32 238.78 34.4400		-8.26 [-22.52; 6.00] 13.1% 10.8%
Lan 2017 Liu 2020	14 327.00 79.7000 61 207.21 33.6300	05 349.80 120.9000		-22.80 [-73.86; 28.26] 1.0% 3.2% -32.04 [-45.13: -18.95] 15.5% 11.1%
Ma 2020	31 176.20 47.4000	34 172.50 34.5000		3.70 [-16.62; 24.02] 6.4% 8.9%
Roh 2020	98 173.70 47.1000	192 169.30 60.8000	1	4.40 [-8.29; 17.09] 16.5% 11.2%
Park 2020	20 228 85 33 1700	60 213 87 38 4800	1	19.20 [-1.14, 39.54] 0.4% 8.9%
Cianch 2019	37 293.10 61.0000	37 321.20 77.8000		-28.10 [-59.96; 3.76] 2.6% 6.0%
Chen 2020	129 196.10 47.8000	129 190.40 47.6000		5.70 [-5.94; 17.34] 19.6% 11.5%
Lu 2021	28 260 18 46 7000	40 209.00 55.3000 28 277.86 69 1500		-17.68 [-48.59: 13.23] 2.8% 6.2%
Romanzi 2020	10 319.55 54.9600	10 294.35 53.3400		25.20 [-22.27; 72.67] 1.2% 3.6%
Common effect model	569	796	4	-3.68 [-8.84; 1.48] 100.0% -
Heterogeneity: $I^2 = 72\%$, τ^2	$^{2} = 213.6427, p < 0.01$			
D		-	00 -40 -20 0 20 40	00
Study	ICG grou Total Mean S	p Non-ICG group D Total Mean SD	Mean Difference	Weight Weig MD 95%-Cl (common) (rando
Tian 2021	27 40.19 18.210	0 32 44.69 13.7300	. 	-4.50 [-12.86; 3.86] 34.9% 20.7
Lan 2017	14 75.70 96.700	0 65 78.30 79.8000		-2.60 [-56.84; 51.64] 0.8% 2.4
Ma 2020	31 71 40 41 200	0 34 76 80 39 2000		-540 [-24.99: 14.19] 6.3% 11.3
Roh 2020	98 65.40 80.300	0 192 92.50 103.7000		-27.10 [-48.73; -5.47] 5.2% 10.1
Lee 2021	74 73.67 56.710	0 94 117.60 112.9400		-43.93 [-70.16; -17.70] 3.5% 7.9
Park 2020 Chen 2020	20 82.65 57.880	0 60 124.02 82.1500		-41.37 [-74.17; -8.57] 2.3% 5.7 -2.80 [-34.37: 28.77] 2.4% 6.0
Kwon 2018	40 46.80 35.300	0 40 47.90 42.1000	<u>.</u>	-1.10 [-18.13; 15.93] 8.4% 13.1
Lu 2021	28 144.64 83.150	0 28 167.50 141.2300 -		-22.86 [-83.56; 37.84] 0.7% 2.0
Common effect model Random effects mode	522 I	749		-10.28 [-15.22; -5.35] 100.0% -13.36 [-22.24: -4.47] 100 [
Heterogeneity: $I^2 = 43\%$, τ	$t^2 = 81.3417, p = 0.07$		-50 0 50	
-				
E Study	ICG group Non- Events Total Eve	ICG group	Odds Ratio OR	Weight Weight 95%-Cl (common) (random)
Tian 2021	2 27	3 32	0.77	[0 12: 5 00] 19 6% 18 2%
Lan 2017	1 14	8 65	0.55	[0.06; 4.77] 20.3% 13.5%
Cianch 2019	5 37	5 37	1.00	[0.26; 3.79] 33.3% 35.7%
KW00 2018	5 40	4 40 —	1.29	[U.32, J. 19] 20.9% 32.0%
Common effect model Random effects mode	l 118	174 -	0.94	[0.43; 2.06] 100.0% [0.43; 2.12] 100.0%
Heterogeneity: $I^2 = 0\%$, τ^2	$p^2 = 0, p = 0.92$	ſ		

(C) operative time, (D) Intraoperative blood loss and (E) postoperative complications.

intraoperative sub serosal injection, preoperative submucosal injections increase patient discomfort and endoscopist workload, which greatly limits the application of this technique (39). In addition, the concentration of ICG solution was also important. Lee et al. (26) and Roh et al. (27) reduced the concentration of ICG

from 1.25 mg/mL to 0.625 mg/mL in 2015 because fluorescence signals were too high to perform LN dissection.

The primary results in our analysis indicated that ICG nearinfrared fluorescent imaging was significantly associated with a larger number of harvested LNs (WMD=7.59, 95% CI: 4.86 to

Categories	No. of studies	No. of patients (I:C)	Meta-analysis				
			H (P, I ²)	WMD	95%CI	P-value	
Operation							
robotic surgery	5	312 (128:184)	P=0.07 I ^{2 =} 53%	8.80	4.37 to 13.23	<0.001	
laparoscopic surgery	5	595 (269:326)	P < 0.01 $I^2 = 80\%$	5.69	1.03 to 10.35	0.012	
laparoscopic or robotic surgery	2	458 (172:286)	P=0.03 $I^2 = 78\%$	11.18	1.85 to 20.52	0.019	
Nation							
China	6	653 (290:363)	P=0.12 I ^{2 =} 43%	6.32	4.61 to 8.02	<0.001	
Korea	4	618 (232:386)	P<0.01 I ^{2 =} 88%	8.41	0.20 to 16.61	0.036	
Italy	2	94 (47:47)	P=0.74 $I^2 = 0\%$	11.76	4.88 to 18.64	0.001	
Study design							
retrospective study	9	1007 (390:617)	P<0.01 I ^{2 =} 70%	6.56	3.14 to 9.99	<0.001	
RCT	1	258 (129:129)	-	8.50	5.23 to 11.77	< 0.001	
prospective study	2	100 (50:50)	P=0.92 I ² = 0%	13.56	8.57 to 18.55	<0.001	

TABLE 3 Subgroup analysis of pooled WMD for the number of lymph node dissection.

NO. Number; I ICG group; C control group.

10.32, P<0.05). A previous meta-analysis also showed that the ICG group had a substantially larger number of dissected LNs (WMD= 7.69, 95% CI: 5.64 to 9.74, P<0.00001) (21). The higher number of harvested LNs in the ICG group might be attributed to two reasons: one, ICG near-infrared fluorescent imaging allowed surgeons to perform complete lymphadenectomy by distinguishing LNs from perigastric blood vessels, fat, pancreatic tissue, and other tissue (15,

40), and two, the increase in the number of retrieved LNs could be due to a more thorough retrieval of the LNs (27, 33). Even tiny LNs can be recognized due to the excellent sensitivity of ICG nearinfrared fluorescence imaging (34, 41). Previous studies (21, 42–44) have shown that a larger number of LNs dissections was associated with better long-term survival of patients with gastric cancer. Therefore, ICG-guided radical gastrectomy may have a better



prognosis. Certainly, it needs to be confirmed further by higherquality evidence regarding long-term survival.

Theoretically, an increased total number of harvested LNs means a greater possibility of getting a higher number of metastatic LNs. Previous studies have shown that in colorectal cancer, ICG fluorescence imaging can guide the extent of LN dissection and obtain more positive LNs (45-47). However, our meta-analysis showed that the number of metastatic LNs in the ICG group was not meaningfully higher than the number in the non-ICG group. ICG is not a cancer-specific tracer and has a limited diagnostic value for metastatic LNs (48, 49), which is the biggest drawback of indocyanine green fluorescence imaging and the focus of the current research. Shao et al. (50) developed an RGD-modified distearyl acylphosphatidyl ethanolamine-polyethylene glycol micelle (DSPE-PEG-RGD) to encapsulate indocyanine green (ICG) and found that it had an improved accumulation in tumors and a longer circulation time. It is believed that better tracers will emerge in the future to guide the implementation of more precise radical gastrectomy.

Intraoperative blood loss, operative time, and postoperative complications were important factors in assessing the safety of surgery. Our analysis showed a significant reduction in intraoperative blood loss in the ICG group. Park et al. (25) found that near-infrared ICG fluorescence-guided lymphadenectomy can reduce the incidence of bleeding, especially for infrapyloric LNs dissection. This was most likely because surgeons found it easier to identify the avascular plane and distinguish the blood vessels from the surrounding lymphatic structures, lowering the danger of blood vessel injury (11, 25). However, it should be pointed out that the 10.28 ml reduction in bleeding volume is not clinically significant.

In our meta-analysis, we found no significant differences in operative time and postoperative complications between the ICG and non-ICG groups, which is similar to the meta-analysis of Yang et al. (21) ICG fluorescence imaging can assist in distinguishing lymphatic tissue, adipose tissue, and pancreatic tissue, which may not be discernible in some patients with advanced gastric cancer to the naked eye of the surgeon. Thus, it could assist surgeons to perform lymphadenectomy safely and effectively by preventing injuries (11, 19, 20).

Based on the above analysis results, the use of ICG during radical gastrectomy can extract more lymph nodes, minimize intraoperative blood loss, and have similar short-term effectiveness as a traditional radical gastrectomy. Since the use of ICG in lymph node dissection in patients with gastric cancer is in its preliminary stage, we found only one study reporting long-term outcomes in patients undergoing ICG-guided gastrectomy (23). The mean follow-up time in this study was 21.25 and 26.29 months in the ICG and non-ICG groups, respectively, and the long-term impact was similar in both groups (23). More and higher quality studies are needed to assess long-term survival, assess long-term outcomes, particularly recurrence-free survival and cumulative survival rates.

The following are some of the limitations of this study: (1) clinical heterogeneity: Due to the inherent weaknesses of

retrospective studies, the homogeneity test for continuous variables revealed moderate heterogeneity; and (2) geographical disparity: The bulk of the papers considered were from East Asia, which has the greatest occurrence of stomach cancer, whereas gastric cancer is relatively uncommon in Western countries (51, 52). When evaluating the findings of our study, the foregoing limitations must be kept in mind.

Conclusion

This meta-analysis showed that ICG near-infrared fluorescent imaging-guided gastrectomy is safe and effective. Nevertheless, high-quality studies with long-term follow-up are necessary to confirm this conclusion.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material, Further inquiries can be directed to the corresponding author.

Author contributions

CD and XL made substantial contributions to conception and design for this work. CD, ZZ and HQ collected all the data. CD and ZG was the major contributor in writing the manuscript. YL and HX performed critical revision for this manuscript. All authors contributed to the article and approved the submitted version.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary Material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/ fonc.2022.917541/full#supplementary-material

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