# Visualizing Heterogeneous Protein Conformations with Multi-Tilt Nanoparticle-Aided Cryo-Electron Microscopy Sampling

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🔽 mall proteins, typically with 100 or fewer amino acid residues (or <50 amino acids for prokaryotes and 100-200 amino acids for eukaryotes), play vital roles in critical biological processes such as protein folding, the intracellular trafficking pathway, and signal transduction.<sup>1,2</sup> Small proteins' flexibility and conformational plasticity allow them to effectively search for and bind with larger partner proteins to form macromolecular complexes, which is crucial for catalytic function and biomolecular recognition.<sup>2,3</sup> It is generally not easy to capture heterogeneous conformations of the small protein or protein complex in solution. Commonly known techniques useful for elucidating dynamic structural ensembles of proteins in the solution include nuclear magnetic resonance (NMR),<sup>4</sup> Förster or fluorescence resonance energy transfer (FRET), and smFRET (single-molecule FRET).<sup>5</sup> However, NMR, which measures average heterogeneous states, does not directly reflect individual state populations. In addition, the inherently weak signal requires high concentrations (>300  $\mu$ M), preventing single-molecule measurement.<sup>4</sup> FRET and smFRET can provide structural information by measuring the distance between donor and acceptor fluorophores to probe interactions or movement of molecules. FRET, which extracts the average signal, cannot separate the signals of individual molecules. In contrast, the smFRET technique can characterize the distance between fluorophores of a single molecule in

solution. Nevertheless, the distance at which energy transfer can occur is generally less than 10 nm for typical fluorophores, making it difficult to study domain rearrangement or orientation that undergoes large structural changes in proteins. Moreover, FRET and smFRET measurements are affected by the relative orientation of donor–acceptor pairs and the assumption of isotropic orientation distribution for the fluorophore pairs often employed by both FRET and smFRET<sup>5</sup> undermines the accuracy of the donor–acceptor distances, especially when the proteins are subject to preferred orientations.

As a complementary method to measure the conformational distribution of a protein based on single-object detection, we developed a nanoparticle-aided cryo-electron microscopy sampling (NACS) technique. Although small proteins are generally invisible in cryo-EM images due to low electron densities, NACS can visualize the conformational distribution of a protein via measuring the wide-range distance distribution

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**Figure 1.** Schematic representation of the concept of MT-NACS (multi-tilt nanoparticle-aided cryo-EM sampling). In the MT-NACS method, gold nanoparticles (AuNPs) attached at two specific positions of the protein are measured with high contrast under cryo-EM settings at multiple tilt angles. Three-dimensional interparticle distances between two AuNPs can be directly calculated, and the distribution of instantaneous conformations of the AuNP-labeled protein can be constructed, providing the conformational distributions of proteins upon binding of ligands such as ions and peptides.

(above 10 nm) between two gold nanoparticles (AuNPs) labeled on two specific residues of the protein.<sup>6</sup> In the NACS technique, however, the distance distribution was obtained from images at a single angle, which only provided the projected distances between the nanoparticles. The process of extracting the actual distances required several assumptions, resulting in considerable uncertainties, which is the common limitation shared among analogous studies on other AuNP-labeled biomolecules.<sup>7–10</sup>

To compensate for the shortcomings of the previous studies, we have devised a multi-tilt NACS (MT-NACS) technique, which without any assumptions can directly measure the threedimensional distance distribution between two AuNPs of an AuNP-labeled protein from cryo-EM images acquired at multiple tilt angles. Recently, the result of measuring the conformational distribution of artificial complex proteins labeled with AuNPs by taking cryo-EM images from multi-tilt angles was reported. However, for a large-sized target protein (385 kDa) that can be imaged by cryo-EM even without AuNPs was used, the advantages of using AuNPs were not fully exploited.<sup>11</sup>

As a model system for demonstrating the capabilities of MT-NACS, we selected calmodulin (CaM), which is too small (16 kDa) to be imaged by cryo-EM. CaM, a  $Ca^{2+}$ -binding protein, is a major mediator of calcium-regulated signal transduction pathways of eukaryotes.<sup>12</sup> MT-NACS was used to track the

structural change of CaM in the absence and presence of Ca<sup>2+</sup>. As CaM undergoes structural redistribution through specific binding motifs in CaM-binding proteins in various cellular processes, 13-15 we also used MT-NACS to investigate the structural change of CaM upon association with amyloid  $\beta$ peptide  $(A\beta)$ , a CaM-binding peptide. CaM binds with neurotoxic A $\beta$  (A $\beta$ 1-42 and A $\beta$ 25-35) with high affinity and retards the rate of A $\beta$  fibrillation.<sup>16–18</sup> Although the interaction between CaM and A $\beta$  has been reported, the structural changes associated with the interaction have never been clarified through experiments. A $\beta$  becomes larger aggregates through self-association over time, which makes it difficult to track the interaction between CaM and  $A\beta$  for a long observation. Since MT-NACS detects the frozen single molecules, it has the advantage of preventing aggregation against the long-term duration measurement. Using MT-NACS, we overcame these difficulties and succeeded experimentally in revealing the conformational distribution of apo-CaM and holo-CaM bound with  $A\beta 25-35$ .

The overall process of the MT-NACS method is depicted in Figure 1. To study the conformational distribution of CaM (our target protein) using MT-NACS, the proteins should be properly labeled. First, two AuNPs were bound one by one to two specific residues of the target protein. To attach AuNPs at the target sites, the two sites were mutated with cysteine having a sulfhydryl group (Supporting Method S1). A 1.4 nm

monomaleimido AuNP solution was used as a labeling reagent, so that AuNPs could be selectively attached through maleimide-reactive free thiol conjugation.<sup>19</sup> The monomaleimide ligand of AuNP prevents direct conjugation between CaM and AuNPs and minimizes the influence of AuNPs on CaM, thereby facilitating the measurement of conformational changes of CaM<sup>19</sup> (Supporting Method S2). To keep the AuNP-labeled protein in a native state in solution, a typical vitrification process used for cryo-EM measurements was performed (Supporting Method S4). After that, cryo-EM images were taken at multi-tilt angles for the AuNP-labeled protein sample. Representative images taken from three different angles (0, 30, and  $-30^{\circ}$ ) are shown in Figure 2.



**Figure 2.** (a–c) Examples of cryo-EM images of CaM labeled with two AuNPs taken at three different tilt angles. Representative images of tilt angle series acquired at (a) 0°, (b) 30°, and (c)  $-30^{\circ}$ . Scale bar: 30 nm. (d–f) Cropped images from the 0° image (a) near the area marked with dashed circles. (g–i) Cropped images from the 30° image (b). (j–l) Cropped images from the  $-30^{\circ}$  image (c). Note that the same AuNP pairs at different tilt angles are indicated with the same color. Scale bar: 10 nm.

When an object at a reference angle (e.g.,  $0^{\circ}$ ) is rotated to another angle (e.g.,  $30 \text{ or } -30^{\circ}$ ), the position projected on the x-y plane can be expressed using a rotation transformation equation. The two-dimensional projected positions of the AuNPs can be obtained from each tilt image, and the threedimensional position of the AuNPs embedded in the ice was calculated by applying the rotational transformation equation (Supporting Method S5). Using the obtained three-dimensional positions of the AuNPs, the interparticle distance, which is the distance between the two AuNPs bound to the protein, was calculated. By repeating this process for multiple AuNPlabeled proteins, the interparticle distance distribution can be obtained.

According to the reported structural information, it is known that the distance between CaM's N-terminus and C-terminus changes depending on the binding of  $Ca^{2+}$  and peptide.<sup>20–31</sup> Therefore, we selected the D2 position of the N-terminus and the T117 position of the C-terminus (denoted as 2-117) as the

target residue sites for AuNPs binding, because they are located on the CaM surface and their inter-residue distance is directly related to the distance between the N-terminus and C-terminus (Figure 3g).

We conducted MT-NACS measurements on CaM under various sample conditions, including the presence and absence of Ca<sup>2+</sup>, the salt concentration, and the presence and absence of A $\beta$ 25-35. The statistics of tracked AuNP-labeled proteins under various experimental conditions are summarized in Table S1.

AuNP-Labeled CaM with and without Ca<sup>2+</sup> Binding. To investigate Ca<sup>2+</sup>-induced structural changes of CaM, we measured the interparticle distance distribution before and after Ca<sup>2+</sup> binding of CaM using MT-NACS under pH 6.5 and 150 mM NaCl conditions (Figure 3a,b and Table 1). Prior to MT-NACS measurements, we confirmed that CaM and AuNP-labeled CaM have similar secondary structures using circular dichroism (CD) (Supporting Method S3 and Figure S1a,b), indicating that the structure of CaM is not affected by the attachment of AuNPs. Figure 3a shows the interparticle distance distributions of AuNP-labeled CaM before and after Ca<sup>2+</sup> binding obtained by MT-NACS. The distributions are asymmetric and have a long tail toward larger distance. To properly represent the asymmetricity, we used a skewed Gaussian function to fit the distribution and obtained the average and width for quantitative analysis of the distribution (Supporting Method S6). The average and width of the interparticle distance distribution for CaM before Ca<sup>2+</sup> binding (apo-CaM) are 3.92 and 1.58 nm, respectively (Figure 3b and Table 1). After Ca<sup>2+</sup> binding (holo-CaM), the average value decreases from 3.92 to 3.41 nm, showing that Ca<sup>2+</sup> binding shortens the distance between the N-terminus and C-terminus domains. The width also decreases from 1.58 to 0.82 nm, indicating that the CaM becomes less flexible after Ca<sup>2+</sup> binding (Figure 3b and Table 1).

The structural changes of CaM before and after Ca<sup>2+</sup> binding measured by MT-NACS suggest that Ca<sup>2+</sup> binding globally affects the structural distribution, leading to a larger population of the conformations with a shorter distance between the N-terminus and C-terminus. Various techniques, such as FRET,<sup>20–24</sup> smFRET,<sup>25–30</sup> steady-state fluorescence spectroscopy,<sup>31</sup> X-ray crystallography,<sup>32–39</sup> NMR,<sup>40–43</sup> and SAXS,<sup>44–46</sup> have been utilized to study the structural alterations of CaM upon Ca2+ binding. Table 1 summarizes the structural parameters obtained from these techniques for comparison with those from MT-NACS. The results from these studies are not entirely consistent.<sup>24,25,28,31,44-46</sup> As a result, the pattern of changes in interparticle distance distributions observed via MT-NACS aligns only with a subset of the reported outcomes. Several FRET studies<sup>20-23</sup> have reported a decrease in inter-fluorophore distance between the two globular domains (N-terminus and C-terminus) upon Ca<sup>2+</sup> binding, although not all studies have observed the same phenomenon<sup>24</sup> (Table 1). The decrease was also observed in a number of smFRET studies, 26,27,29,30 while some smFRET studies report the opposite behavior.<sup>25,28</sup> These FRET and smFRET data suggest that the distance between the two globular domains decreases after Ca<sup>2+</sup> binding, supporting the credibility of the MT-NACS method. However, we also find some inconsistencies between our results and some of the available data. For example, even the smFRET results supporting our average distance behavior show either an increase or no change in the width of the distance distribution



**Figure 3.** Structural change of CaM due to  $Ca^{2+}$  binding under two different salt concentrations probed by MT-NACS. (a, b) Interparticle distance distributions (a) and their averages and widths (b) for apo-CaM (red) and holo-CaM (blue) under 150 mM NaCl condition. (c, d) Interparticle distance distributions (c) and their averages and widths (d) of apo-CaM under 150 mM NaCl (red) and 50 mM NaCl (purple) conditions. (e, f) Interparticle distance distributions (e) and their averages and widths (f) of holo-CaM with 150 mM NaCl (blue) and 50 mM NaCl (black) conditions. The bar histograms and fitted curves using skewed Gaussian functions (shown as solid lines) are plotted together in (a, c, e), and the averages and widths in (b, d, f) were obtained from the fitting results. (g) Schematic diagram showing the structural change of CaM induced by  $Ca^{2+}$  binding. The positions of residues labeled with AuNPs are indicated by yellow (D2C) and green (T117C) circles.

upon the Ca<sup>2+</sup> binding.<sup>25–30</sup> This is in contrast to the MT-NACS results. The structures from X-ray crystallography<sup>32–39</sup> and NMR<sup>40–43</sup> also appear to contradict the MT-NACS data; the crystal structures suggest a longer 2-117 inter-residue distance upon Ca<sup>2+</sup> binding, and the inter-residue distance distributions of holo-CaM determined with NMR<sup>40–43</sup> are broader than those of apo-CaM (Table 1 and Figure S3). These discrepancies may be partially attributed to the sample preparation conditions used for the measurements<sup>47–50</sup> (Table 1), as detailed in Supporting Note S1.

Moreover, the results derived from SAXS<sup>44–46</sup> also differ from the MT-NACS results. The reported radius of gyration  $(R_g)$  values for holo-CaM are larger than those of apo-CaM, suggesting structural expansion upon Ca<sup>2+</sup> binding.<sup>44–46</sup> This observation may seem contradictory to the decrease of the inter-residue distance observed in some FRET and smFRET measurements as well as MT-NACS. On the other hand, the data from ion mobility mass spectrometry (IMMS) show Ca<sup>2+</sup>induced structural shrinkage,<sup>51</sup> contrary to the SAXS data. The inconsistency prompted us to analyze the relationship between different inter-residue distances and  $R_g$  based on previously reported NMR structures<sup>40,42</sup> (Supporting Method S9). We also investigated the relationship among different inter-residue distances. Our analysis indicated that (i) positive correlations exist among different inter-residue distances (Figure S9) and (ii)  $R_g$  values are also positively correlated with the interresidue distances in general (Figure S10). However, there are instances where an increase in  $R_{g}$  value accompanies a decrease in inter-residue distance or distances between different residue pairs show substantial discrepancies, especially for holo-CaM. The degrees of correlation vary depending on specific pairs of inter-residue distances and the state of Ca<sup>2+</sup> binding (Figure S9). Studies also suggest that simply connecting the behavior of specific inter-residue distances with overall volume can be misleading; while a FRET study shows a decrease in the interresidue distance, rotational dynamics measurement using fluorescence anisotropy predicts increased protein volume.<sup>20,21</sup> These considerations confirm that relying on a single interparticle distance may not be sufficient to discern complex structural changes in a protein. The MT-NACS technique, in principle, has the potential to provide multiple interparticle distances if suitable samples labeled with AuNPs can be prepared. This could offer complementary information to other available techniques, underscoring the potential impact of MT-NACS.

A model for the structural change from apo-CaM to holo-CaM can still be constructed by integrating information from various measurements regarding the structural change upon Ca<sup>2+</sup> binding. In Figure 3g, we illustrate the proposed model, which reflects the increase in protein volume and size upon Ca<sup>2+</sup> binding (from SAXS<sup>44-46</sup> and fluorescence anisotropy measurements<sup>20,21</sup>) and the shortening of the distance between the N-terminus and C-terminus (from MT-NACS, FRET, and smFRET). pubs.acs.org/NanoLett

# Table 1. Averages and Widths of Distance Distributions of CaM before and after Ca<sup>2+</sup> Binding under Various Sample Preparation Conditions

		apo-CaM				holo-CaM				
measurement method	average (nm)	width (nm)	salt concn (mM)	pН	temp (°C)	average (nm)	width (nm)	salt concn (mM)	pН	temp (°C)
MT-NACS	$3.92 \pm 0.16$	$1.58 \pm 0.29$	150	6.5	25	$3.41 \pm 0.06$	$0.82\pm0.10$	150	6.5	25
	$4.25 \pm 0.22$	$1.79 \pm 0.35$	50	6.5	25	$3.45 \pm 0.18$	0.98 ± 0.30	50	6.5	25
ensemble FRET	$2.83 (2.56)^{20,a}$		100	7.5	25	$2.24 (1.92)^{20,a}$		100	7.5	25
	$4.07 \times 10^4 (\text{\AA}^3)^{20,b}$		100	7.5	25	$5.04 \times 10^4 (\text{\AA}^3)^{20,b}$		100	7.5	25
	$3.80^{21,c}$		100	7.5	20	3.10 <sup>21,c</sup>		100	7.5	20
	$3.60^{21,c}$		100	6.3	20	3.10 <sup>21,c</sup>		100	6.3	20
	$2.61^{21,c}$		100	5.0	20	$2.67^{21,c}$		100	5.0	20
	$4.00^{21,c}$		0	7.5	20	3.30 <sup>21,c</sup>		0	7.5	20
	$3.89^{22,d}$		100	7.5	21	$3.70^{22,d}$		100	7.5	21
	6.66 <sup>23,e</sup>		160	7.5	25	5.82 <sup>23,e</sup>		160	7.5	25
	7.94 <sup>23,e</sup>		40	7.5	25	$6.02^{23,e}$		40	7.5	25
	$4.50 (5.10)^{24} f$			7.5	25	6.90 (7.14) <sup>24,f</sup>			7.5	25
smFRET	5.10 <sup>25,g</sup>	$0.20^{25,g}$	100	7.4		5.44 <sup>25,g</sup>	0.21 <sup>25,g</sup>	100	7.4	
	4.94 <sup>25,g</sup>	$0.15^{25,g}$	100	7.4		5.15 <sup>25,g</sup>	$0.24^{25g}$	100	7.4	
	3.64 <sup>26,h</sup>	$0.39^{26,h}$	100	7.4		$3.58^{26,h}$	$0.44^{26,h}$	100	7.4	
	5.32 <sup>26,h</sup>	$0.72^{26,h}$	100	7.4		5.16 <sup>26,h</sup>	$0.86^{26,h}$	100	7.4	
	3.84 <sup>27,h</sup>	0.43 <sup>27,h</sup>	100	7.4	25	3.41 <sup>27,h</sup>	0.48 <sup>27,h</sup>	100	7.4	25
	5.58 <sup>27,h</sup>	0.58 <sup>27,h</sup>	100	7.4	25	5.66 <sup>27,h</sup>	0.57 <sup>27,h</sup>	100	7.4	25
	3.11 <sup>27,h</sup>	0.38 <sup>27,h</sup>	100	5.0	25	3.09 <sup>27,h</sup>	0.33 <sup>27,h</sup>	100	5.0	25
	5.95 <sup>27,h</sup>	0.53 <sup>27,h</sup>	100	5.0	25	5.98 <sup>27,h</sup>	$0.61^{27,h}$	100	5.0	25
	3.64 <sup>27,h</sup>	0.88 <sup>27,h</sup>	0	7.4	25					
	5.58 <sup>27,h</sup>	$0.62^{27,h}$	0	7.4	25					
	$4.69^{28,i}$	$0.30^{28,i}$	100	7.4		$5.27^{28,i}$	$0.24^{28,i}$	100	7.4 7.4	
	4.05 <sup>29,j</sup>	0.45 <sup>29,j</sup>	100	74	25	$2.00^{29,j}$	$0.46^{29,j}$	100	7.4	25
	$2.00^{29,j}$	$0.42^{29,j}$	100	7. <del>4</del>	25	2.00	0.40	100	7.4	23
	$5 4 4^{30,k}$	$0.41^{30,k}$	100	7.4	25	3 04 <sup>30,k</sup>	$0.63^{30,k}$	0		25
	3.11	0.41	Ū		23	4.87 <sup>30,k</sup>	$0.57^{30,k}$	0		25
X-ray	3.13 <sup>32</sup>		50	6.5		2.89 <sup>33</sup>		10	5.6	23
crystallography <sup>1</sup>						4.79 <sup>34</sup>			5.6	25
						4.79 <sup>35</sup>		5	4.0	18
						4.79 <sup>36</sup>		10	5.0	3.85
						4.79 <sup>37</sup>		55	5.0	
						4.79 <sup>38</sup>		5	5.0	4
						3.56 <sup>39</sup>		5	5.0	4
NMR <sup>m</sup>	2.16 <sup>40</sup>		100	6.3	23	5.33 <sup>42</sup>	1.22	0	6.5	37
	2.22 <sup>40</sup>	0.46	100	6.3	23	3.24 <sup>43</sup>	1.98	100	7.0	32
	2.79 <sup>41</sup>	0.72	100	7.5	25					
SAXS	$1.55-1.95 (R_g)^{44,n}$		100	7.4	20	$1.91-2.10 (R_g)^{44,n}$		100	7.4	20
	1.96 $(R_{\rm g})^{45,o}$		100	7.4	23	2.13 $(R_{\rm g})^{45,o}$ 100		100	7.4	23
	2.22 $(R_g)^{46,o}$		150	7.5		2.39 $(\vec{R_g})^{46,o}$		150	6.5	

<sup>a</sup>The reported values for distances between the fluorophores labeled at the 27th and 139th residues. The width information is not available. The value in parentheses is for a different donor fluorophore. <sup>b</sup>Hydrated volume obtained from fluorescence anisotropy measurement. <sup>c</sup>The reported values for distances between the fluorophores labeled at the 69th and 99th residues. The width information is not available. <sup>d</sup>The reported values for distances between the fluorophores labeled at the 34th and 110th residues. The width information is not available. Holo-CaM showed two different distances between the fluorophores with different probabilities: 4.00 nm (75%) and 2.80 nm (25%). <sup>e</sup>The reported values for distances between the fluorophores labeled at the 17th and 117th residues. The width information is not available. <sup>f</sup>The reported values for distances between the fluorophores labeled at the 34th and 117th residues measured by time-resolved FRET. The width information is not available. The value in the parentheses is for a different pair of donor and acceptor fluorophores. <sup>g</sup>The distribution of distances between the fluorophores labeled at the 34th and 117th residues measured by time-resolved FRET. The width information is not available. The value in the parentheses is for a different pair of donor and acceptor fluorophores. <sup>g</sup>The distribution of distances between the fluorophores labeled at the 34th and 117th residues measured by time-resolved FRET. The width information is not available at the 34th and 110th residues were estimated from the reported FRET efficiency distribution using eq S7. Two different values are available because two different acceptor fluorophores were used. <sup>h</sup>The reported distribution of distances between the fluorophores labeled at the 34th and 110th residues. Both apo-CaM and holo-CaM showed two peaks. <sup>i</sup>The distribution of distances between the fluorophores labeled at the 44th and 117th residues were estimated from the reported FRET efficiency distribution using eq S7. Holo-CaM sh

# Table 1. continued

showed one peak. <sup>*j*</sup>The distribution of distances between the fluorophores labeled at the 66th and 110th residues were estimated from the reported FRET efficiencies distribution using eq S7. Apo-CaM showed two peaks whereas holo-CaM showed one peak. <sup>*k*</sup>The distances between the fluorophores labeled at the 34th and 110th residues were estimated from the reported FRET efficiencies using eq S7. Holo-CaM showed two peaks whereas apo-CaM showed one peak. <sup>*k*</sup>The distances between the residues 2 and 117 calculated from the reported X-ray crystal structures are shown for averages. The width information is not available. <sup>*m*</sup>The averages and widths of inter-residue distance distributions (distances between residues 2 and 117) were extracted from the reported NMR ensemble structures. <sup>*n*</sup>Radius of gyration measured for various CaM concentrations. <sup>*o*</sup>Radius of gyration.



**Figure 4.** Structural change of CaM due to  $A\beta 25$ -35 binding. (a, b) Interparticle distance distributions (a) and their averages and widths (b) for apo-CaM (red) and apo-CaM with  $A\beta 25$ -35 (brown). (c, d) Interparticle distance distributions (c) and their averages and widths (d) for holo-CaM (blue) and holo-CaM with  $A\beta 25$ -35 (green). (e, f) Interparticle distance distributions (e) and their averages and widths (f) for apo-CaM with  $A\beta 25$ -35 (green). In (f), the averages and widths of apo-CaM and holo-CaM without  $A\beta 25$ -35 were also plotted together to show that the values are similar after  $A\beta 25$ -35 binding. The bar histograms and fitted curves using skewed Gaussian functions (shown as solid lines) are plotted together in (a, c, e), and the averages and widths in (b, d, f) were obtained from the fitting results. The NaCl concentration used in these measurements was 150 mM. (g) Schematic diagram showing the structural change of apo-CaM and holo-CaM upon  $A\beta$  binding unveiled via MT-NACS.

AuNP-Labeled CaM in Various Salt Concentrations. The conformation of CaM is also known to be strongly influenced by the ionic strength of the solution.<sup>21,23,52</sup> To check whether MT-NACS can also discern the effect of the ionic strength of the solution on the CaM structures, we performed MT-NACS measurements using a lower salt concentration (50 mM NaCl) to obtain the interparticle distance distribution of apo-CaM and holo-CaM (Figure 3c-f

and Table 1). For apo-CaM, the reduced salt concentration resulted in a larger average distance (increased from 3.92 to 4.25 nm; 0.33 nm difference) compared to the 150 mM NaCl result discussed in the previous section (Figure 3c,d and Table 1). Holo-CaM does not show much dependence (increased from 3.41 to 3.45 nm; 0.04 nm difference) (Figure 3e,f and Table 1).

		apo-	CaM	holo-CaM		
method		average (nm)	width (nm)	average (nm)	width (nm)	
MT-NACS	no peptide	$3.92 \pm 0.16$	$1.58 \pm 0.29$	$3.41 \pm 0.06$	$0.82 \pm 0.10$	
	with $A\beta 25-35$	$3.52 \pm 0.08$	$1.10 \pm 0.13$	$3.46 \pm 0.08$	$0.93 \pm 0.13$	
MD simulation	no peptide	3.03	1.86	2.87	0.73	
	with $A\beta 25-35$	2.60	0.82	2.84	0.64	

Table 2. Averages and Widths of Distance Distributions of CaM before and after A $\beta$ 25-35 Binding Obtained from the MT-NACS Method and MD Simulations

The tendency of structural changes of CaM under different salt concentrations measured by MT-NACS is also consistent with the results measured by FRET<sup>23</sup> (Table 1). The FRET results show increased inter-fluorophore distances for both apo-CaM and holo-CaM as the KCl concentration decreases, and the difference is more pronounced for the apo-CaM case. The salt concentration dependence of the inter-domain distance can be explained in terms of the charge screening effect, as detailed in Supporting Note 2.

Since MT-NACS provides the full 3D distance distributions, the structural flexibility of a protein can also be obtained from the widths of the distance distributions. As shown in Figure 3 and Table 1, the distribution width increases for both apo-CaM (increased from 1.58 to 1.79 nm; 0.21 nm difference) and holo-CaM (increased from 0.82 to 0.98 nm; 0.16 nm difference) as the salt concentration decreases, suggesting that the structural flexibility of CaM is affected by the salt concentration of the environment.

AuNP-Labeled CaM with  $A\beta$ 25-35 Binding. After the proof-of-principle verification of the MT-NACS method based on the structural changes of CaM under Ca<sup>2+</sup> binding in different ionic strengths, we investigated the structural changes of CaM before and after the  $A\beta$ 25-35 binding. Before actual MT-NACS measurements, we checked their binding characteristics under our experimental conditions (Supporting Note S3).

Figure 4 and Table 2 show the interparticle distance distributions of apo-CaM and holo-CaM before and after the peptide binding. When apo-CaM binds with  $A\beta$ 25-35, there is a noticeable decrease in the average distance (3.92 to 3.52 nm; 0.4 nm difference) and width (1.58 to 1.10 nm; 0.48 nm difference). In contrast, holo-CaM does not exhibit significant changes in the average distance (3.41 to 3.46 nm; 0.05 nm difference) and width (0.82 to 0.93 nm; 0.11 nm difference) upon binding with  $A\beta$ 25-35. The change in the average and width is more pronounced for apo-CaM compared to that of holo-CaM (Figure 4a-d and Table 2).

Since this is the first experimental observation for the conformational changes of CaM induced by  $A\beta 25$ -35 binding, we performed molecular dynamics (MD) simulations to corroborate our findings (Supporting Method S7). We calculated the 2-117 inter-residue distance distributions of CaM before and after  $A\beta 25$ -35 binding based on the MD snapshots (Figure 5 and Table 2). The tendency of structural change for CaM before and after the  $A\beta 25$ -35 binding agrees with the experiment; the 2-117 inter-residue distance distribution of apo-CaM becomes narrower (the width changes from 1.86 to 0.82 nm; 1.04 nm difference) and shifts toward a shorter distance (the average changes from 3.03 to 2.60 nm; 0.43 nm difference) after the peptide binding. Holo-CaM shows no significant changes in their distribution (the width



**Figure 5.** Comparison of distance distributions of CaM before and after A $\beta$ 25-35 binding obtained from MT-NACS and MD simulations. (a, b) Distance distributions of apo-CaM before (red) and after A $\beta$ 25-35 binding (brown) obtained from MT-NACS (a) and MD simulations (b). (c, d) Distance distributions of holo-CaM before (blue) and after A $\beta$ 25-35 binding (green) obtained from MT-NACS (c) and MD simulations (d). The bar histograms and fitted curves using skewed Gaussian functions (shown as solid lines) are plotted together. The distributions from the MT-NACS experiment and MD simulations show consistent behavior.

changes from 0.73 to 0.64 nm; 0.09 nm difference, the average changes from 2.87 to 2.84 nm; 0.03 nm difference).

The experimental and simulation results together suggest that the flexible apo-CaM structure is strongly influenced by the  $A\beta 25$ -35 binding, being transformed into substantially compact forms (Figures 4a,b and 5a,b and Table 2). In contrast, the compact holo-CaM structure is relatively unaffected by the  $A\beta 25$ -35 binding (Figures 4c,d and 5c,d and Table 2) showing relatively little difference after  $A\beta 25$ -35 binding. Consequently, apo-CaM and holo-CaM become similar compact conformations after  $A\beta 25$ -35 binding, regardless of the initial structure, as evidenced in our quantitative analysis of the distributions: their averages and widths show only 0.06 and 0.17 nm differences, respectively (Figure 4e,f and Table 2).

Previous studies suggest that the structural properties (i.e., conformations) of CaM after peptide binding are highly related to the CaM-peptide interaction, strongly influencing their dissociation constants. The conformations of higher flexibility (more relaxed structures) result in relatively higher dissociation constants (a few hundred nanometers),<sup>53–57</sup> indicating weak interactions between CaM and peptides. In contrast,

lower dissociation constants (a few tens of nanometers)<sup>58–61</sup> were observed for the peptide-bound-CaM of compact forms, which implies stronger interactions. In the case of CaM binding with  $A\beta$ , relatively low dissociation constants (i.e., strong interaction between them) were reported for both apoand holo-CaM (apo-CaM, 22 nM; holo-CaM, <1 nM),<sup>16</sup> supporting our results of both apo- and holo-CaM exhibiting compact structures after  $A\beta$  binding (Figure 4g).

In this study, we developed a new technique named MT-NACS, which can directly quantify the conformational changes of small-sized proteins by multi-tilt cryo-EM measurements on the individual AuNP-labeled proteins. Our method is validated by measuring the 3D distance distributions between the Nterminus and C-terminus domain of CaM, before and after Ca<sup>2+</sup> binding under different salt concentrations, which are in accordance with the results reported via other established techniques. We further elucidated the structural changes of CaM before and after A $\beta$ 25-35 binding, which has been difficult to achieve due to the limitations of conventional approaches. We note that the MT-NACS technique has several limitations (Supporting Note S4). Nevertheless, MT-NACS method has the potential to be a powerful tool to investigate the conformational heterogeneity and structural dynamics of biomolecules, including molecular assembly or even small flexible proteins such as aggregation-prone proteins and intrinsically disordered proteins.

# ASSOCIATED CONTENT

### **9** Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.nanolett.3c00313.

Supporting Notes for a discussion on the discrepancy between the MT-NACS data and those from X-ray crystallography and NMR, charge screening effect to explain the salt concentration dependence of the interdomain distance, binding characteristics of CaM and A $\beta$ 25-35, and limitations of the MT-NACS technique, Supporting Methods for CaM expression and purification, AuNPs labeling of CaM, characterization of CaM and AuNP-labeled CaM with and without  $Ca^{2+}$  and  $A\beta$ , cryo-EM experiment, calculating the interparticle distances of AuNP-labeled proteins, fitting interparticle distance distribution using a skewed Gaussian function, extracting the inter-residue distance distribution from the MD-generated structures, extraction of the interfluorophore distance from FRET and smFRET data, and extracting the radii of gyration and inter-residue distances from NMR structures, a Supporting Table for numbers of successfully tracked AuNP pairs found for various experimental conditions, Supporting Figures for results of CD measurement, characterization of holo-CaM and A $\beta$ 25-35 (ThT aggregation assay, isothermal titration calorimetry), inter-residue distance distributions of CaM based on reported NMR structures, SEC result of AuNP-labeled CaM, schematic diagram of calculating the interparticle distances of AuNP-labeled proteins, example of the particle locating process, excluding artifacts due to crystal ice, representative cropped images of AuNP-labeled apo-CaM under the 150 mM NaCl condition, correlations between various inter-residue distances observed in reported NMR structures, and correlations between various interresidue distances and  $R_{\rm g}$  observed in reported NMR structures (PDF)

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# Author Contributions

H.I. conceived the idea. H.I. and Y.Y. supervised the project. H.I., Y.Y., C.K., and Y.K. designed the experiment. C.K., S.R.Y., and S.O.K. prepared the sample. Y.Y., Y.K., and H.I. developed the data analysis strategy. C.K., and Y.K. performed the experiments. Y.K. analyzed the data. C.K., S.J.L., and S.R.Y. performed MD simulations. C.K., Y.K., S.J.L., J.C., Y.Y., and H.I. wrote the manuscript, and all authors commented on the manuscript. C.K. and Y.K. contributed equally.

# Notes

The authors declare no competing financial interest.

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