BRIEF REPORT

Successful treatment with endoscopic transpapillary drainage for gallbladder perforation associated with steroid treatment for interstitial pneumonia (with video)

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Key words

a high-risk surgical patient, acute cholecystitis, endoscopic gallbladder stenting, endoscopic transpapillary drainage, gallbladder perforation.

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A 74-year-old woman who had been treated with prednisolone for interstitial pneumonia was referred to our department because of complaints of severe abdominal pain and high fever. Physical examination revealed tenderness in the right upper quadrant with positive Murphy's sign. Blood tests showed elevated white blood cell count and C-reactive protein level. Computed tomography (CT) revealed an enlarged gallbladder with pericholecystic inflammation (Fig. 1a); therefore, she was diagnosed with acute cholecystitis (AC). Because she was a high-risk surgical patient, we started antibiotics treatment. On day 2 of hospitalization, physical examination revealed peritoneal irritation without Murphy's sign. CT showed the appearance of ascites with the reduction of gallbladder swelling (Fig. 1b). Physical examination and imaging findings suggested gallbladder perforation. We emergently performed endoscopic retrograde cholangiopancreatography (ERCP) (Video Clip S1, Supporting information), demonstrating leakage of the contrast medium from the wall of the gallbladder fundus (Fig. 1c). Endoscopic biliary stenting and endoscopic nasobiliary drainage (ENBD) were performed to decompress the pressure of the biliary tract together with endoscopic pancreatic stenting to prevent post-ERCP pancreatitis (Fig. 1d). After these procedures, her symptoms dramatically improved. On day 12 of hospitalization, we confirmed no leakage from the gallbladder into the abdominal cavity (Fig. 1e). We removed the ENBD tube and performed endoscopic gallbladder stenting to prevent AC recurrence

(Fig. 1f). She had no AC recurrence under treatment with oral prednisolone.

The standard treatment for perforated cholecystitis is emergent cholecystectomy.¹ However, several reports indicated that cholecystectomy was occasionally difficult in high-risk elderly patients with any comorbidities.^{2,3} The usefulness of endoscopic transpapillary gallbladder drainage in high-risk surgical patients with AC has not been established.^{4,5} In the difficult cases of emergent surgery, such as we experienced, endoscopic transpapillary drainage could be a promising method to manage gallbladder perforation and AC recurrence.

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swelling (arrowhead). (c) Endoscopic retrograde cholangiopancreatography demonstrated leakage of the contrast medium from the wall of the gallbladder fundus (arrowhead). (d) A 7-Fr plastic stent (PS) was placed in the right intrahepatic bile duct, and a 5-Fr endoscopic nasobiliary drainage catheter was placed in the left intrahepatic bile duct. A 5-Fr PS was placed in the main pancre-(a) Computed tomography (CT) revealed the enlarged gallbladder with pericholecystic inflammation (arrow). (b) CT showed the appearance of ascites with the reduction of gallbladder (e) Fluoroscopic image revealed no leakage from the gallbladder into the abdominal cavity (arrowhead). (f) A 5-Fr single pigtail stent with thread (Billary stent with thread; CX-T stent; Gadelius Medical, Tokyo, Japan) was placed in the gallbladder. Figure 1 atic duct.

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Supporting information

Additional supporting information may be found in the online version of this article at the publisher's website:

Video Clip S1 Successful treatment with endoscopic transpapillary drainage for gallbladder perforation.