



# Sympatholytic and Anti-Inflammatory Effects of Ropivacaine and Bupivacaine After Infraclavicular Block in Arterio Venous Fistula Surgery

Faranak Behnaz <sup>1</sup>, Pardis Soltanpoor <sup>2</sup>, Houman Teymourian <sup>1</sup>, Niki Tadayon <sup>3</sup>, Gholam Reza Mohseni <sup>1</sup> and Mahshid Ghasemi <sup>4,\*</sup>

<sup>1</sup>Anesthesiology Research Center, Shohade-e-Tajrish Hospital, Shahid Beheshti University of Medical Sciences, Tehran, Iran

<sup>2</sup>Shohade-e-Tajrish Hospital, Shahid Beheshti University of Medical Sciences, Tehran, Iran

<sup>3</sup>Vascular and Endovascular Surgery, Shohade-e-Tajrish Hospital, Shahid Beheshti University of Medical Sciences, Tehran, Iran

<sup>4</sup>Anesthesiology Research Center, Taleghani Hospital, Shahid Beheshti University of Medical Sciences, Tehran, Iran

\*Corresponding author: Assistant Professor, Anesthesiology Research Center, Taleghani Hospital, Shahid Beheshti University of Medical Sciences, Tehran, Iran. Email: mahshidghasemi@sbmu.ac.ir

Received 2018 October 24; Revised 2019 January 09; Accepted 2019 January 15.

## Abstract

**Background:** Various mechanisms have been suggested for analgesic effects of drugs used in infra-clavicular block and each has contributed to pain relief.

**Objectives:** The aim of this study was to compare the degree of sympathetic block and measure tumor necrosis factor (TNF)-alpha, interleukin (IL)-6, and IL-1 levels before and after infra-clavicular block with ropivacaine and bupivacaine in patients undergoing arterio venous fistula (AVF) surgery.

**Methods:** Forty-eight patients undergoing AVF surgery were randomly divided to two groups, undergoing infra-clavicular block with ropivacaine and bupivacaine. The bupivacaine group was blocked with 30 mL of 0.5% bupivacaine and in the ropivacaine group, the blockage was done with 30 mL of 0.5% ropivacaine. Infra-clavicular block was carried out by ultrasound in a vertical manner. Blood samples were taken before the block and one hour after the block to measure IL-1, IL-6, and TNF-alpha. Data were analyzed by covariance analysis and correlation *t*-test.

**Results:** T-correlation analysis showed that in both ropivacaine and bupivacaine groups, the TNF-alpha, IL-6, and IL-1 levels decreased after the block. Also, the increase in arterial diameter was significantly greater in ropivacaine group.

**Conclusions:** The present study showed that peripheral block with any single drug could reduce pre-inflammatory factors. On the other hand, ropivacaine significantly increased the diameter of the artery compared to the bupivacaine group.

**Keywords:** Infraclavicular Block, Anti-Inflammatory Effect, Sympatholytic, AVF Surgery

## 1. Background

The brachial plexus block is the method of choice of anesthesia for creating an arterio venous fistula (AVF) in patients with end-stage renal disease (1). In addition to preventing the risks of general anesthesia, it causes peripheral vasodilatation due to sympathetic block, resulting in a better clinical outcome (2, 3). Depending on the location of the surgery, four approaches for brachial plexus block could be used, including interscalene, supraclavicular, infraclavicular and axillary block (4). Many variants of infraclavicular block have also been reported by other researchers (5, 6). Infraclavicular block has been modified by Wilson (7), Kilka (8), and Bourget (9). These alternative approaches have a very low risk for pneumotho-

rax or Phrenic nerve palsy, and make hand and distal upper limb surgeries possible. Furthermore, AVF has a high premature failure rate, which appears to be due to radial artery spasms in response to increased sympathetic activity (10, 11). The use of brachialis plexus block improves blood flow through the fistula by creating vasodilation of the arteries with regional sympathetic block, while providing minimal fluctuation blood pressure and heart rate (12, 13). With the aid of ultrasound, the infraclavicular brachial plexus block has a low risk of complications and a high success rate (14). Measuring the concentration of pre-inflammatory cytokines (interleukin (IL)-6, IL-1, IL-2, IL10 and tumor necrosis factor (TNF)-alpha) in plasma can help quantifying the postoperative systemic inflammatory re-

response. Specifically, IL-6 has been associated with surgical severity (15) and can be a predictor of postoperative recovery (16). Various mechanisms have been suggested for the analgesic effects of the drugs used in infraclavicular block, each of them has contributed extensively to pain relief. The direct suppression and production transmission of neuronal impulses as a result of the interaction of complex ions with ionic axonal channels and receptors, topical release of enkephalin-like substances, reduction of inflammatory mediators and an increase in anti-inflammatory cytokines are among these mechanisms.

Research on the safety effects of anesthesia has been done in laboratory studies, since human clinical studies are more complex and variables, such as the type and duration of surgery and the underlying diseases can affect the results. Although it is difficult to differentiate the contribution of the patient's stress levels to perioperative inflammatory cytokine levels, anesthesiologists should not overlook the anti-inflammatory effects of anesthetic drugs (17). Ropivacaine is a long-acting local anesthetic. Its efficacy is similar to bupivacaine, while less cardiovascular and central nervous system complications may occur, after its use (18).

Liu et al. concluded that ropivacaine injection significantly reduced the levels of IL-1, IL-6, TNF-alpha in patient with severe trauma, while no significant differences in IL-4 and IL-10 between the treatment and control groups were observed (19).

## 2. Objectives

Given that a few studies have been conducted regarding the effects of ropivacaine and bupivacaine in patients undergoing AVF surgery, the aim of this study was to compare sympathetic block and TNF-alpha, IL-6 and IL-1 levels before and after the infraclavicular block with ropivacaine and bupivacaine in these patients.

## 3. Methods

The sample size was calculated considering 95% confidence interval, statistical power of 0.8 and standard error/standard deviation. The study had two groups with 24 patients in each group. The study was conducted descriptively and approved by the Ethics Committee of Shahid Beheshti University of Medical Sciences with code No: IR.SBMU.RETECH.REC.1396.1364.

Inclusion criteria in present study were as followed: ASA class two to three patients scheduled for AVF surgery, and age of 13 to 61 years. The exclusion criteria were as

follows: Injection site infection, local anesthetic sensitivity, coagulation disorders, neuromuscular diseases, obesity, children, mentally retarded people, failed infraclavicular block, history of respiratory illnesses, uncontrolled diabetes, uncontrolled HTN, severe cardiovascular disease, and peripheral neuropathy.

The procedure was explained to the patients and informed consent was obtained from all participants. Patients were randomly divided to bupivacaine and ropivacaine groups. In the first group, the block was conducted with 30 mL of 0.5% bupivacaine while in the second group it was done with 30 mL of 0.5% ropivacaine. Infraclavicular block was performed in a vertical manner using ultrasound guide.

Patients were positioned in the supine position and their head was rotated towards the opposite side to the block. The arm was abducted 90 degrees while the forearm was flexed. The linear 8 - 14 MHZ ultrasound probe was placed in parasagittal plane medial to coracoid process under the clavicle to provide the best cross sectional view of the axillary artery. After sterilizing the skin, the block site was numbed with 2 mL of 2% lidocaine. A 22 gauge Vigon Sono Visible needle with 85 mm length was used to perform the block. Aspiration was done to detect possible intravascular injection and then a test dose was injected, observing the U-shaped drug diffusion (Cephalad, Caudal, and Cavity) around the axillary artery under ultrasonic guide (13, 20). After one minute, if there were no complications, the injection of the whole dose with the above-mentioned dosage was done. During the operation, ECG monitoring, blood pressure, and oxygen saturation level measuring was performed. Sensory block was assessed with pinprick test and motor block was assessed using the modified Bromage scale (0 without paralysis, 1 loose wrist, 2 loose elbows, and 3 complete block). The adequacy of anesthesia was assessed with the need for sedation. The brachial artery diameter was measured at antecubital fossa with ultrasonography before and after the infraclavicular block by the same vascular surgeon in all cases. Blood samples were drawn before the block and one hour after the block to measure IL-1, IL-6, and TNF-alpha.

In analyzing the data, the means, standard deviations, frequency, tables, and charts were used to categorize and summarize the collected data. In the study of statistical assumptions, considering the number of observations in each distribution, the Kolmogorov-Smirnov test was used to verify the normal distribution of the data. Regarding the confirmation of statistical assumptions, covariance analysis test at 95% confidence level and the SPSS software version 22 were used.

#### 4. Results

In this study, 48 patients were randomly divided to two equal groups for infraclavicular block with ropivacaine and bupivacaine drugs. There were no conflicts of interest

The mean age of the ropivacaine group was  $44.3 \pm 8.8$  years while it was  $43.74 \pm 2.9$  years in the bupivacaine group, which was not significantly different ( $P > 0.05$ ). Twenty-two patients were male and the rest were female, yet there was no significant difference between the two groups in terms of gender ( $P > 0.05$ ) due to synchronization.

The results of Kolmogorov's test showed that data distribution was normal ( $P > 0.05$ ). To analyze the data, covariance analysis was used. Table 1 shows the results of covariance analysis comparing the levels of IL-1, IL-6, and TNF-alpha before and after infraclavicular block with ropivacaine and bupivacaine.

Based on the data in Table 1, after controlling the effect of pre-test ( $\eta^2 = 0.014$ ,  $P = 0.421$ ,  $F(1, 45) = 0.66$ ), the effect of the group on the IL-6 scale was not statistically significant ( $\eta^2 = 0.004$ ,  $P = 0.685$ ,  $F(1, 45) = 0.66$ ). After controlling the pre-test effect ( $\eta^2 = 0.006$ ,  $P = 0.613$ ,  $F(1, 45) = 0.259$ ), the effect of the group on TNF-alpha was not statistically significant ( $\eta^2 = 0.035$ ,  $P = 0.2$ ,  $F(1, 45) = 1.638$ ). After controlling the pre-test effect ( $\eta^2 = 0.054$ ,  $P = 0.117$ ,  $F(1, 45) = 2.557$ ), the effect of the group on IL-1 scale was not statistically significant ( $\eta^2 = 0.002$ ,  $P = 0.765$ ,  $F(1, 45) = 0.091$ ). After controlling the pre-test effect ( $\eta^2 = 0.24$ ,  $P = 0.005$ ,  $F(1, 45) = 59.765$ ), the effect of the group on the diameter of the arteries was statistically significant ( $\eta^2 = 0.473$ ,  $P = 0.00$ ,  $F(1, 45) = 40.421$ ). It can be concluded that there was no significant difference between IL-1, IL-6, and TNF-alpha post-test levels in ropivacaine and bupivacaine groups, while the diameter of the arteries was different among the two groups (Figures 1 - 4).

To compare the effect of ropivacaine and bupivacaine, the *t*-test was used. The results are presented in Table 2. In the ropivacaine group, mean IL-6 in the post-test data was 0.024 lower than its mean in the pretest data, which was statistically significant ( $P = 0.001$ ,  $t(23) = 23.684$ ). The mean TNF-alpha levels in the post test data was 0.132 lower than the mean in the pretest results. This difference was statistically significant ( $P < 0.001$ ,  $t = 17.1$ ). The mean IL-1 levels in the post-test results was 0.011 lower than its mean in the pre-test data, which was statistically significant ( $P = 0.018$ ,  $t(23) = 2.543$ ). The mean arterial diameter in the post-test results was 2.7 times greater compared to the pre-test data, which was statistically significant ( $P = 0.01$ ,  $t(23) = 2.7$ ).

In bupivacaine group, the mean IL-6 in the post-test data was 0.018 lower than its mean in the pre-test results, which was statistically significant ( $P = 0.00$ ,  $t(23) = 20.7$ ). The mean TNF-alpha in the post test data was 0.054 lower

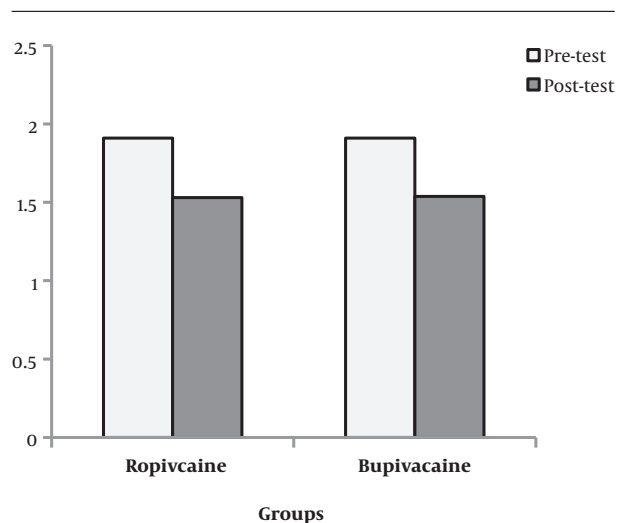


Figure 1. Comparison of IL-6 in two groups

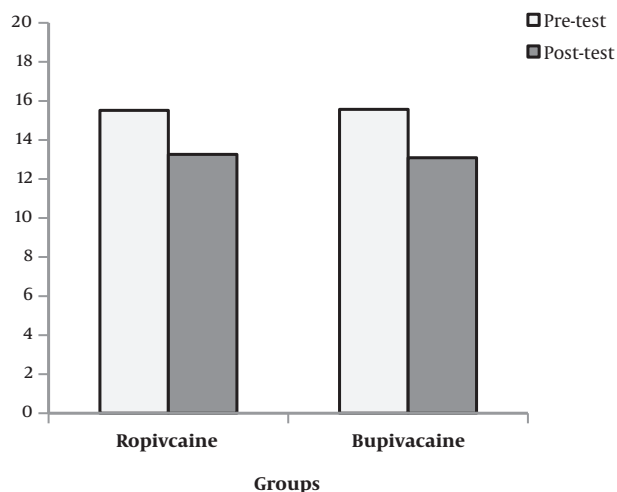


Figure 2. Comparison of TNF in two groups

than its mean in the pretest results, which was statistically significant ( $P = 0.00$ ,  $t(23) = 45.228$ ). The mean IL-1 in the post test results was 0.01 lower than its mean in the pretest data, which was statistically significant ( $P = 0.001$ ,  $t(23) = 3.995$ ). The mean arterial diameter in the post test results was 0.06 greater than the mean in the pretest data, which was statistically significant ( $P = 0.00$ ,  $t(23) = 9.996$ ).

#### 5. Discussion

The aim of this study was to compare sympathetic block and measure the levels of TNF-alpha, IL-6, and IL-1 before and after the infraclavicular block with ropivacaine

**Table 1.** The Results of Covariance Analysis to Compare the Dependent Variables with the Control of the Initial Levels in the Post-Test

Dependent Variable	Source of Change	SS	df	MS	F	P Value	$\eta^2$
<b>IL-6</b>							
	Pre-test	0.004	1	0.004	0.66	0.421	0.014
	Group	0.001	1	0.001	0.167	0.685	0.004
	Error	0.291	45	0.006			
	Modified total	0.297	47				
<b>TNF</b>							
	Pre-test	0.057	1	0.057	259.0	6130	0.006
	Group	0.363	1	0.363	1.638	0.2	0.035
	Error	9.979	45	0.222			
	Modified total	10.373	47				
<b>IL-1</b>							
	Pre-test	0.005	1	0.005	2.557	0.117	0.059
	Group	0.001	1	0.001	0.091	0.765	0.022
	Error	0.09	45	0.002			
	Modified total	0.097	47				
<b>Arterial diameter</b>							
	Pre-test	4.26	1	4.26	59.765	0.00	0.24
	Group	2.881	1	2.881	40.421	0.00	0.473
	Error	3.207	45	0.071			
	Modified total	11.119	47				

Abbreviations: IL, interleukin; TNF, tumor necrosis factor.

**Table 2.** Descriptive Statistics of the Groups

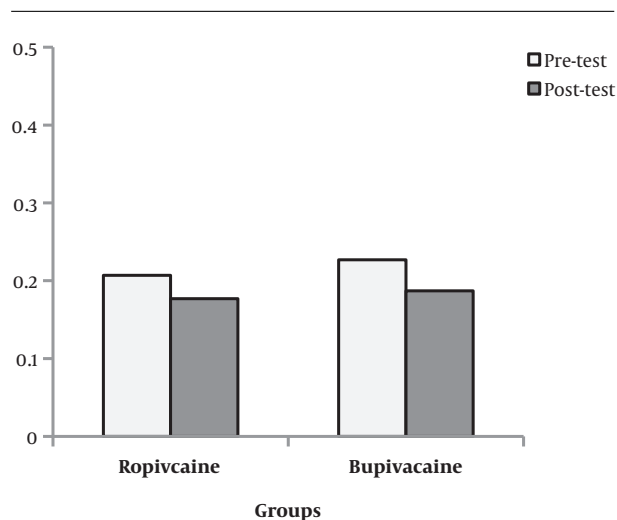
Group	Variable	Mean	SE	Difference of the Means	t	df	P Value
<b>Rupivacaine</b>							
	IL-6	3820	0.119	0.024	15.64	23	0.00
	TNF	2.262	0.64	0.132	17.1	23	0.00
	IL-1	0.03	0.057	0.011	2.543	23	0.018
	Arterial diameter	-0.0125	0.22	0.044	-2.7	23	0.02
<b>Bupivacaine</b>							
	IL-6	0.37	0.089	0.018	-2.7	23	0.00
	TNF	2.473	0.267	0.054	45.228	23	0.00
	IL-1	0.041	0.05	0.01	3.995	23	0.001
	Arterial diameter	-0.61	0.3	0.06	-9.996	23	0.00

Abbreviations: IL, interleukin; TNF, tumor necrosis factor.

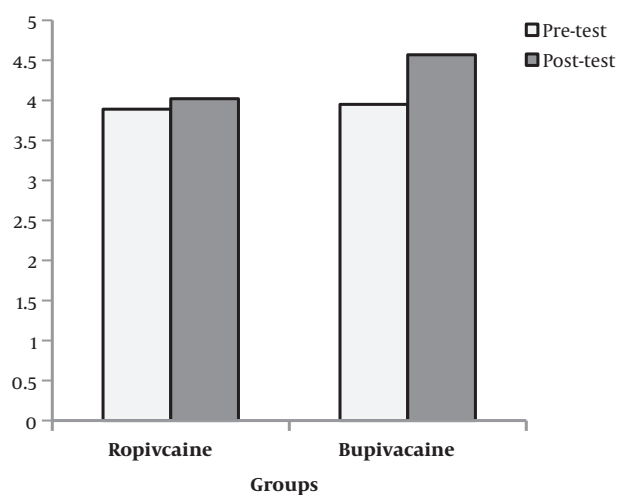
and bupivacaine in patients undergoing AVF surgery. The findings showed that the two drugs had similar effects on inflammatory factors. The results of t-correlation analysis showed that in both ropivacaine and bupivacaine groups, the TNF-alpha, IL-6, and IL-1 levels decreased after the block while ropivacaine significantly increased the diameter of

the artery compared to the bupivacaine group.

This finding suggested that both drugs were effective in reducing inflammatory factors. Rathod et al. compared brachial plexus block with 0.5% ropivacaine and bupivacaine. They concluded that the quality of anesthesia was similar in the two groups, however, the duration of mo-



**Figure 3.** Comparison of IL-1 in two groups



**Figure 4.** Comparison of arterial diameter in two groups

tor block using bupivacaine was significantly longer (21). Raeder et al. showed that using 0.75% ropivacaine for axillary block provided better anesthetic effects in comparison with the same volume of 0.5% bupivacaine, although the onset and duration of the block were similar in both groups (22). Findings of this study were not consistent with the results of Pongraweevan et al. (23). They showed that adding 2% lidocaine to 0.5% bupivacaine in the brachial plexus block (BPB) did not increase the duration of the sensory block while increasing the satisfaction of the patient and the surgeon (23). Sahin et al. concluded that Infraclavicular block of brachial plexus increased the radial artery flow at primary and late stages compared with

local anesthetic infiltration, resulting in a remarkable vasodilation resulting from the sympathectomy (24).

Anti-inflammatory effects of local anesthetics directly affect the function of the polymorphonuclear leukocytes (PMNS), macrophages, and monocytes. In laboratory studies using ropivacaine and lidocaine (100 to 300 mM), local anesthetics decreased TNF-alpha levels by increasing the levels of CD11b/CD18 (25). Therefore, it could be concluded that local anesthesia can reduce the adhesion, migration, and accumulation of PMNs at the inflammation site. Furthermore, local anesthesia is well known for inhibiting excessive inflammatory responses without significant impairment in the immunity of the host (26).

### 5.1. Limitation

The major limitation of the current research was the low sample size. Further researches are recommended with a larger sample size in future studies.

### 5.2. Conclusions

In general, the present study showed that each of the drugs alone could reduce the pre-inflammatory factors. Ropivacaine significantly increased the arterial diameter compared to the bupivacaine group.

### Acknowledgments

The authors are very much thankful of the Anesthesiology Research Center Shahid Beheshti University of Medical Sciences, Tehran, Iran.

### Footnotes

**Authors' Contribution:** Mahshid Ghasemi, original methodologist/researcher (15%); Faranak Behnaz, research designer (35%); Pardis Soltanpoor, data collection and writing the manuscript (30%); Houman Teymourian, research data analysis (10%); Niki Tadayon, research consultant (5%) and Gholam Reza Mohseni, research consultant (5%).

**Conflict of Interests:** No conflict of interest.

**Ethical Considerations:** The study was conducted descriptively and was approved by the Ethics Committee of Shahid Beheshti University of Medical Sciences with code No: IR.SBMU.RETECH.REC.1396.1364.

**Financial Disclosure:** There was no financial disclosure.

**Funding/Support:** We had no funding support.

## References

- Elsharawy MA, Al-Metwalli R. Does regional anesthesia influence early outcome of upper arm arteriovenous fistula? *Saudi J Kidney Dis Transpl.* 2010;**21**(6):1048–52. [PubMed: 21060172].
- Ismail A, Abushouk AI, Bekhet AH, Abunar O, Hassan O, Khamis AA, et al. Regional versus local anesthesia for arteriovenous fistula creation in end-stage renal disease: A systematic review and meta-analysis. *J Vasc Access.* 2017;**18**(3):177–84. doi: 10.5301/jva.5000683. [PubMed: 28478618].
- Preiser JC, Ichai C, Groeneveld ABJ. Successive phases of the metabolic response to stress. *The stress response of critical illness: Metabolic and hormonal aspects.* Springer, Cham; 2016. p. 5–18. doi: 10.1007/978-3-319-27687-8\_2.
- Sidawy AN, Gray R, Besarab A, Henry M, Ascher E, Silva M Jr, et al. Recommended standards for reports dealing with arteriovenous hemodialysis accesses. *J Vasc Surg.* 2002;**35**(3):603–10. doi: 10.1067/mva.2002.122025. [PubMed: 11877717].
- Huijbregts HJ, Bots ML, Moll FL, Blankestijn PJ, Cimino members. Hospital specific aspects predominantly determine primary failure of hemodialysis arteriovenous fistulas. *J Vasc Surg.* 2007;**45**(5):962–7. doi: 10.1016/j.jvs.2007.01.014. [PubMed: 17466788].
- Lehtipalo S, Winso O, Koskinen LO, Johansson G, Biber B. Cutaneous sympathetic vasoconstrictor reflexes for the evaluation of interscalene brachial plexus block. *Acta Anaesthesiol Scand.* 2000;**44**(8):946–52. doi: 10.1034/j.1399-6576.2000.440809.x. [PubMed: 10981571].
- Shemesh D, Olsha O, Orkin D, Raveh D, Goldin I, Reichenstein Y, et al. Sympathectomy-like effects of brachial plexus block in arteriovenous access surgery. *Ultrasound Med Biol.* 2006;**32**(6):817–22. doi: 10.1016/j.ultrasmedbio.2006.02.1420. [PubMed: 16785004].
- Malinzak EB, Gan TJ. Regional anesthesia for vascular access surgery. *Anesth Analg.* 2009;**109**(3):976–80. doi: 10.1213/ane.0b013e31818adc208. [PubMed: 19690276].
- Capdevila X, Biboulet P, Morau D, Mannion S, Choquet O. How and why to use ultrasound for regional blockade. *Acta Anaesthesiol Belg.* 2008;**59**(3):147–54. [PubMed: 19051446].
- K/DOQI Workgroup. K/DOQI clinical practice guidelines for cardiovascular disease in dialysis patients. *Am J Kidney Dis.* 2005;**45**(4 Suppl 3):S1–153. [PubMed: 15806502].
- He GW, Taggart DP. Antispastic management in arterial grafts in coronary artery bypass grafting surgery. *Ann Thorac Surg.* 2016;**102**(2):659–68. doi: 10.1016/j.athoracsur.2016.03.017. [PubMed: 27319987].
- Rodriguez J, Quintela O, Lopez-Rivadulla M, Barcena M, Diz C, Alvarez J. High doses of mepivacaine for brachial plexus block in patients with end-stage chronic renal failure. A pilot study. *Eur J Anaesthesiol.* 2001;**18**(3):171–6. doi: 10.1046/j.0265-0215.2000.00806.x. [PubMed: 11298176].
- Imani F, Hemati K, Rahimzadeh P, Kazemi MR, Hejazian K. Effectiveness of stellate ganglion block under fuoroscopy or ultrasound guidance in upper extremity CRPS. *J Clin Diagn Res.* 2016;**10**(1):UC09–12. doi: 10.7860/JCDR/2016/14476.7035. [PubMed: 26894152]. [PubMed Central: PMC4740680].
- Gurkan Y, Hosten T, Solak M, Toker K. Lateral sagittal infraclavicular block: Clinical experience in 380 patients. *Acta Anaesthesiol Scand.* 2008;**52**(2):262–6. doi: 10.1111/j.1399-6576.2007.01504.x. [PubMed: 17999712].
- Hall GM, Peerbhoy D, Shenkin A, Parker CJ, Salmon P. Relationship of the functional recovery after hip arthroplasty to the neuroendocrine and inflammatory responses. *Br J Anaesth.* 2001;**87**(4):537–42. doi: 10.1093/bja/87.4.537. [PubMed: 11878721].
- Ghasemi M, Behnaz F, Nouri H, Hashemi M, Shekari R. IL-6, TNF- $\alpha$  and incidence of delirium after femur fracture in diabetes patients. *Int J Pharm Phytopharmacol Res.* 2018;**8**(3):59–63.
- Kurosawa S, Kato M. Anesthetics, immune cells, and immune responses. *J Anesth.* 2008;**22**(3):263–77. doi: 10.1007/s00540-008-0626-2. [PubMed: 18685933].
- McClellan KJ, Faulds D. Ropivacaine: an update of its use in regional anaesthesia. *Drugs.* 2000;**60**(5):1065–93. doi: 10.2165/00003495-200060050-00007. [PubMed: 11129123].
- Liu MH, Tian J, Su YP, Wang T, Xiang Q, Wen L. Cervical sympathetic block regulates early systemic inflammatory response in severe trauma patients. *Med Sci Monit.* 2013;**19**:194–201. doi: 10.12659/MSM.883833. [PubMed: 23492458]. [PubMed Central: PMC3628790].
- Kooloth RA, Patel SN, Mehta MK. A comparison of 0.5% Ropivacaine and 0.5% Bupivacaine in supraclavicular brachial plexus block. *Natl J Med Res.* 2015;**5**(1):67–70.
- Rathod H, Parikh H, Upadhyaya RM. Comparative study of 0.375% bupivacaine and 0.375% ropivacaine in brachial plexus block via supraclavicular approach. *Int J Biomed Res.* 2015;**6**(2):77. doi: 10.7439/ijbr.v6i2.1601.
- Raeder JC, Drosdahl S, Klaastad O, Kvalsvik O, Isaksen B, Stromskag KE, et al. Axillary brachial plexus block with ropivacaine 7.5 mg/ml. A comparative study with bupivacaine 5 mg/ml. *Acta Anaesthesiol Scand.* 1999;**43**(8):794–8. doi: 10.1034/j.1399-6576.1999.430802.x. [PubMed: 10492405].
- Pongraweevan O, Inchua N, Kitsiripant C, Kongmuang B, Tiwirach W. Onset time of 2% lidocaine and 0.5% bupivacaine mixture versus 0.5% bupivacaine alone using ultrasound and double nerve stimulation for infraclavicular brachial plexus anesthesia in ESRD patients undergoing arteriovenous fistula creation. *J Med Assoc Thai.* 2016;**99**(5):589–95. [PubMed: 27501616].
- Sahin L, Gul R, Mizrak A, Deniz H, Sahin M, Koruk S, et al. Ultrasound-guided infraclavicular brachial plexus block enhances postoperative blood flow in arteriovenous fistulas. *J Vasc Surg.* 2011;**54**(3):749–53. doi: 10.1016/j.jvs.2010.12.045. [PubMed: 21367563].
- Cassuto J, Sinclair R, Bonderovic M. Anti-inflammatory properties of local anesthetics and their present and potential clinical implications. *Acta Anaesthesiol Scand.* 2006;**50**(3):265–82. doi: 10.1111/j.1399-6576.2006.00936.x. [PubMed: 16480459].
- Cruz FF, Rocco PR, Pelosi P. Anti-inflammatory properties of anesthetic agents. *Crit Care.* 2017;**21**(1):67. doi: 10.1186/s13054-017-1645-x. [PubMed: 28320449]. [PubMed Central: PMC5359894].