Definitions, End Points, and Clinical Trial Designs for Bladder **Cancer: Recommendations From the Society for** Immunotherapy of Cancer and the International Bladder **Cancer Group**

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ABSTRACT

PURPOSE There is a significant unmet need for new and efficacious therapies in urothelial cancer (UC). To provide recommendations on appropriate clinical trial designs across disease settings in UC, the Society for Immunotherapy of Cancer (SITC) and the International Bladder Cancer Group (IBCG) convened a multidisciplinary, international consensus panel.

METHODS Through open communication and scientific debate in small- and whole-group settings, surveying, and responses to clinical questionnaires, the consensus panel developed recommendations on optimal definitions of the disease state, end points, trial design, evaluations, sample size calculations, and pathology considerations for definitive studies in low- and intermediate-risk nonmuscleinvasive bladder cancer (NMIBC), high-risk NMIBC, muscle-invasive bladder cancer in the neoadjuvant and adjuvant settings, and metastatic UC. The expert panel also solicited input on the recommendations through presentations and public discussion during an open session at the 2021 Bladder Cancer Advocacy Network (BCAN) Think Tank (held virtually).

RESULTS The consensus panel developed a set of stage-specific bladder cancer clinical trial design recommendations, which are summarized in the table that accompanies this text.

CONCLUSION These recommendations developed by the SITC-IBCG Bladder Cancer Clinical Trial Design consensus panel will encourage uniformity among studies and facilitate drug development in this disease.

ACCOMPANYING CONTENT

Data Supplement

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INTRODUCTION

A significant unmet need exists for new and effective treatments for urothelial cancers (UCs). To identify optimal treatment options and improve outcomes for patients, trial design is of utmost importance—including rationally selected end points, eligibility criteria, evaluations, statistical analyses, and correlative studies. Standardizing trial design and end points benefits the field by creating more comparable and robust data sets for meta-analyses.

Following up on prior efforts of the International Bladder Cancer Group (IBCG)¹ and the Society for Immunotherapy of

Cancer (SITC),² we present a consensus statement to provide guidance to investigators for rigorous (late phase) clinical trial design, exposing patients to agents with a high likelihood of antitumor efficacy yielding data that best advance the field.

METHODS

See the Data Supplement (online only) for a discussion of the following:

- Consensus panel composition
- Conflict of interest management
- Recommendation development

RESULTS

See the Data Supplement for a discussion of the following:

- Critical value for effect size and sample size considerations
- Relevant histologic subtypes and variants

Generally, clinical trials for novel agents for the treatment of bladder cancer should be designed to demonstrate superiority to the current standards—noninferiority trial designs may be appropriate in some settings but are complicated because the margin for unacceptable loss in efficacy is subjective and demonstrating differences at small margins requires large numbers of patients. A summary of the recommendations for eligibility, design, end points, comparators, assessments, and sample size considerations across bladder cancer disease states is provided in Table 1.

Additional considerations:

- All trials of UC should include objective quality-of-life (QOL) end points,³ with attention to the overall cost of treatment.⁴
- Progression should always be counted as a recurrence event.
- UC frequently displays different histologic features, with several distinct histologic subtypes and patterns of differentiation.⁵

NON-MUSCLE INVASIVE BLADDER CANCER

See the Data Supplement for a discussion of the following:

- Exploratory analyses
- Treatment failure definition
- Recurrence definition
- Additional considerations

NMIBC: LOW- AND INTERMEDIATE-RISK

See the Data Supplement for a discussion of the following:

- Disease state definition
- Statistical and pathology considerations

Research Hypothesis

The objectives for clinical trials of low- and intermediaterisk non-muscle invasive bladder cancer (NMIBC) are to (1) test the antitumor activity and (2) test the ability of the treatments to prevent disease recurrence or progression.

Study Objectives

Two types of trial design should be permitted: ablative (conceptually similar to neoadjuvant) and adjuvant therapy trials.

Study Objectives for Ablative Trials

In ablative trials, the objective is to treat existing tumors by means other than surgical resection (the current standard of care [SOC]). Treatment can be initiated after diagnosis with the tumor(s) left in situ; the baseline tumor may be a marker lesion (approximately 0.5-1 cm in diameter) left behind after all other lesions are resected. These trials provide direct evidence for ablative activity as measured by complete response (CR) rate (in phase II/III studies) of the investigational agent at an early time point.

CR rate, the primary end point for phase II studies, is defined by absence of disease at the treated tumor sites at 3 months as seen on cystoscopy and negative urine cytology, with the option of surgical sampling of the post-treatment scar for histological evaluation. Historical analyses of marker lesion studies demonstrated that biopsy at the site of the marker lesion scar rarely revealed histological presence of tumor (3 of 110 cases). However, the 2022 randomized phase II CALIBER feasibility trial of chemoablation with mitomycin-C (MMC) compared with surgical management in low-risk NMIBC reported disease confirmed on biopsy in 6 of 26 patients with no visible disease after chemoablation. Although 3-month CR rate does not necessarily correspond to durable clinical benefit, historical marker lesion trials observed CR rates of roughly 60% with intravesical chemotherapy.

Secondary end points should include recurrence-free survival (RFS) in complete responders and progression-free survival (PFS) as defined by the time to progression to high-grade (HG)/stage disease. Additionally, an event that precludes further assessment of recurrence/progression (ie, nonbladder cancer-related death or radical cystectomy) will be a competing risk and necessitates that time to event curves are estimated using cumulative incidence functions.

Study Objectives for Adjuvant Therapy Trials

The primary end point in adjuvant therapy trials of drugs used after transurethral resection of bladder tumor (TURBT) should be time to first recurrence compared by the log-rank test. Recurrence of NMIBC or disease progression constitutes recurrence events. Secondary end points may include PFS, disease-specific survival, overall survival (OS), and safety.

Study Design

Ablative and adjuvant therapy differ in the need for random assignment and other characteristics.

Study Design for Ablative Trials

Ablative therapy trials should be conducted using phase I, single-armed designs or randomized between different agents or different doses of the same agent to assess safety. To assess activity, a phase II/III design should be used. Dose escalation is allowed. Once the recommended phase II dose is determined, the investigational agent should be evaluated in expanded phase II studies to further assess CR and other end points. Although single-arm studies are permitted in phase II, assessment of activity end points is more meaningful in randomized controlled trials comparing the ablative activity

 TABLE 1. Summary of Recommendations for Trial Design in Bladder Cancer

Trial Design Element	NMIBC: Low- and Intermediate-Risk	NMIBC: High Risk	MIBC ^a : TMT	MIBC ^a : Neoadjuvant	MIBC ^a : Adjuvant	Advanced mUC (includes locally advanced)
Eligibilityb	Primary, solitary, low-grade Ta and T1 tumors ^c	BCG-naïve: High-grade Ta and T1 tumors and CIS BCG-exposed: High-grade papillary (Ta or T1) tumors or CIS which do not meet the criteria for BCG-unresponsive disease BCG-unresponsive: Persistent or recurrent CIS alone or with recurrent Ta/T1 disease within 12 months of completion of adequate BCG therapy—defined as at least induction and one maintenance course (additional maintenance courses count toward the time point) Recurrent high-grade Ta/T1 disease within 6 months of completion of adequate BCG therapy T1 high-grade disease at the first evaluation after an induction BCG course	High-grade, histologically confirmed cT2-4aN0-1M0 urothelial carcinoma	High-grade, histologically confirmed cT2-4aN0-1M0 urothelial carcinoma ^d	High-grade pT3-4 and/or pN+ urothelial carcinoma in the radical cystectomy specimen	Locally advanced disease (eg, T4b and/or N2-3) that is not amenable to curative-intent therapy or metastatic disease (M1)
Study design	Ablative trials: Single-arm, nonrandomized Adjuvant trials: Randomized, controlled	BCG naïve and BCG exposed: Randomized, controlled BCG unresponsive: Single arm	Randomized, controlled	Randomized, controlled	Randomized, controlled	First, second, and third lines: Randomized, controlled Subsequent line: Single arm
Control arm	Ablative trials: NA Adjuvant trials: Active surveillance or intravesical chemotherapy	BCG naïve: BCG BCG exposed: Additional BCG BCG unresponsive: NA	Guideline-informed standard-of-care concurrent chemoradiation (with or without neoadjuvant platinum-based chemotherapy)	Guideline-informed standard of care ^e	Cisplatin eligible, no prior NAC: Adjuvant platinum-based chemotherapy Cisplatin eligible with prior NAC and all cisplatin ineligible: Adjuvant nivolumab	First line (platinum eligible): Cisplatin-based combination chemotherapy ^d followed by maintenance avelumab in patients who respond or have stable disease to chemotherapy First line (platinum ineligible): Pembrolizumab Second line: Enfotumab vedotin Third line: Sacituzumab govetecan or erdafitinib
Primary end point	Ablative trials: CR rate Adjuvant trials: Time to first recurrence	BCG-naïve/exposed/unresponsive CIS ± Ta/T1: CR rate at 3 and/or 6 months Ta/T1 only: RFS	BIEFS (histologically proven presence of muscle-invasive bladder cancer, clinical evidence of regional soft tissue, nodal or metastatic disease, radical cystectomy, or death due to any cause)	pCR rate and EFS cCR rate or BIEFS rate (concurrent chemoradiation trials)	DFS and OS	First line: PFS and OSf Subsequent line: ORR, OS
Secondary end point(s)	PFS, DSS, OS translational/ biological correlatives, PROs, QALYs, objective measures of therapeutic burden, and the total cost of treatment	BCG-naïve and BCG-exposed CIS: Duration of CR, toxicity, OS, PFS, cystectomy-free survival, toxicity, QOL BCG-unresponsive: EFS, toxicity, PFS, cystectomy-free survival, toxicity, QOL, cost	OS, DSS, metastasis-free survival, cCR, toxicity, QOL, cystectomy-free survival, rates of NMIBC, MIBC recurrences, pelvic recurrences, correlative studies, cost effectiveness	OS, toxicity, QOL, cystectomy-free survival, delay in cystectomy because of AEs, rates of NMIBC, MIBC recurrences, pelvic recurrences, correlative studies, DSS, metastasis-free survival, cost effectiveness	dMFS, urothelial tract-specific RFS, safety, treatment discontinuation rates, PROs, cost	Toxicity, QOL, PROs, cost
Primary end point assessment	Ablative trials: Cystoscopy with photographic documentation and urine cytology at 3 months after treatment	Cystoscopy and urine cytology at 3-month intervals and CT or MRI urography at 6-12 months of intervals	Cystoscopy and urine cytology to assess for CR every 3 months for 2 years (with mandatory biopsy at initial post-treatment cystoscopy 8-12 weeks after completion of RT). Thereafter, every 6 months up to 5 years, and then yearly for lifelong surveillance (continued on following page	cytology to assess for CR at 3 or 6 months followed by every 3-4 months for 2 years. Thereafter, every 6 months up to 5 years and then yearly for lifelong surveillance Scans every 3-6 months for the	Scans every 3-6 months for the first 2 years and then yearly scans for up to 5 years followed by scans as clinically indicated for lifelong surveillance	Scans every 2-3 months for 2 years and then every 6 months for up to 5 years

TABLE 1. Summary of Recommendations for Trial Design in Bladder Cancer (continued)

Trial Design Element	NMIBC: Low- and Intermediate-Risk	NMIBC: High Risk	MIBC ^a : TMT	MIBC ^a : Neoadjuvant	MIBC ^a : Adjuvant	Advanced mUC (includes locally advanced)
			Scans every 3 months for 1-2 years and every 6 months thereafter for up to 5 years, followed by yearly scans for lifelong surveillance	first 2 years and yearly for up to 5 years followed by scans as clinically indicated for lifelong surveillance		
Critical value for effect size or response rate threshold	Ablative trials: CR rate > 60% Adjuvant trials: 10% increase in RFS	BCG-naïve CIS: CR rate of 70% BCG-exposed CIS: CR rate of 60% BCG-unresponsive CIS: CR rate of 50% BCG-naïve and BCG-exposed Ta/T1: 10% increase in 2-year RFS rate BCG-unresponsive Ta/T1: 1-year RFS rate of 30%	10% increase in BIEFS	10% increase in EFS	10% increase in DFS	First line: 15% increase in OS Subsequent line: 3-month OS improvement compared with control
Sample size considerations	Assuming 2-year RFS of 75% in the control arm, 102 recurrences are required in the experimental arm (HR = 0.57 alpha = .05 and beta = .20) Example calculation: Assuming an average follow-up of 2 years, then an accrual of 512 patients is required	alpha = .05 and beta = .20) Example calculations: Assuming an average follow-up of 2 years, an accrual of 600 patients is required If the true CR rate is 50%, 25 patients	Assuming a 3-year BIEFS rate of 50% on the control arm, 344 events are required (HR = 0.74 alpha = .05 and beta = .20) Example calculation: Assuming an average follow-up of 3 years, an accrual of 766 patients is required	Assuming a 3-year EFS rate of 50% on the control arm, 344 events are required (HR = 0.74 alpha = .05 and beta = .20) Example calculation: Assuming an average follow-up of 3 years, an accrual of 766 patients is required	Assuming a 5-year event-free rate of 50% on the control arm, 344 events are required (HR = 0.74, median ratio = 1.36) Example calculation: Assuming an average follow-up of 5 years, an accrual of 766 patients is required	Assuming a 2-year OS rate of 45% on the control arm, 164 events are required (hazard ratio = 0.64 alpha = .05 and beta = .20) Example calculation: Assuming an average follow-up of 2 years, an accrual of 346 patients is required

Abbreviations: AE, adverse event; BCG, Bacillus Calmette—Guérin; BIEFS, bladder intact EFS; cCR, clinical CR; CIS, carcinoma in situ; CR, complete response; CT, computed tomography; CTCAE, Common Terminology Criteria for Adverse Events; DFS, disease-free survival; dMFS, distant metastasis-free survival; DSS, disease-specific survival; EFS, event-free survival; FDA, US Food and Drug Administration; HR, hazard ratio; MIBC, muscle-invasive bladder cancer; MRI, magnetic resonance imaging; mUC, metastatic urothelial carcinoma; NA, not available; NAC, neoadjuvant chemotherapy; NMIBC, nonmuscle-invasive bladder cancer; ORR, objective response rate; OS, overall survival; pCR, pathologic CR; PFS, progression-free survival; PROs, patient-reported outcomes; QALYs, quality-adjusted life years; QOL, quality of life; RFS, recurrence-free survival; RT, radiation therapy; SOC, standard of care; T1, tumor stage 1; Ta, tumor stage a; TMT, trimodality therapy.

*Any American Joint Committee on Cancer stage Illa tumor is considered MIBC.

beligibility criteria assume no contraindications to the investigational agent being evaluated. Individuals known to be HIV positive should not be arbitrarily excluded from participation in clinical cancer treatment trials. With effective antiretroviral therapy, individuals with undetectable HIV viral loads by standard clinical assays should generally be considered eligible for a study should they meet all the other eligibility criteria of the trial. For trials involving immunotherapy, treated hepatitis B or C infections and well-controlled or remote (>2 year) autoimmune conditions should be allowed to enroll. Patients with active autoimmune conditions should be excluded from trials evaluating immunotherapy.

cat the time of manuscript publication, the classification of T1G1 tumors was controversial, with some data suggesting that primary T1G1 bladder cancers should be managed with more aggressive treatment and more frequent follow-up than for low-risk bladder cancer. The consensus of the group, however, was that these tumors should be considered as low risk for the purposes of trial design. dClisplatin eligibility should be defined by the Galsky criteria (ie, creatinine clearance of ≥50-60 mL/min calculated with the Cockgroft Gault formula, ECOG PS <2, no CTCAE grade ≥2 neuropathy, no heart failure, and no CTCAE grade ≥2 hearing loss).

eAt the time of manuscript publication, concurrent chemoradiation or platinum-based chemotherapy followed by cystectomy was the SOC for cisplatin-eligible patients. In cisplatin-ineligible patients, the SOC was cystectomy or concurrent chemoradiation alone. After cystectomy, adjuvant nivolumab is FDA-approved.

PFS is not an adequate end point for randomized trials evaluating immune checkpoint inhibitors as monotherapies.

of the agent with TURBT and the ability of the investigational agent to prevent tumor recurrence.

Study Design for Adjuvant Therapy Trials

Adjuvant therapy trials should be randomized.9 Until the current Bacillus Calmette-Guérin (BCG) shortage is resolved, there is consensus that intravesical BCG should be reserved for patients with high-risk NMIBC.10-12 Patients enrolled into the comparator arm of adjuvant therapy trials for low-risk NMIBC should either be actively surveilled or treated with standardized intravesical chemotherapy.9 For intermediate-risk patients, the SOC comparator depends on the number of risk factors, including multifocal tumors, early recurrence (<1 year), frequent recurrences (>1 per year), large tumors (≥3 cm), and failure of prior intravesical treatment. Per IBCG consensus recommendations, one dose of postoperative intravesical chemotherapy is appropriate for patients with no risk factors. Additional adjuvant induction intravesical chemotherapy (or BCG if prior chemotherapy has been used) should be offered to patients with ≥ 1 risk factor(s).

Complete transurethral resection should be performed before study enrollment. Single-course postoperative intravesical chemotherapy is allowed, but not mandatory. Specifying which patients received postoperative treatment is essential. Analysis should be stratified by postoperative intravesical chemotherapy to account for this as a confounding factor and by institution in multicenter studies.

Evaluation and Follow-Up

Baseline evaluation for NMIBC studies should include bladder cancer history detailing the date of initial diagnosis, grade, stage, multiplicity, tumor size, number of prior recurrences, previous treatment history, and detailed cystoscopic findings including tumor appearance with accompanying cystoscopic photographs, tumor location, multiplicity, and estimated size. For assessment, if advanced cystoscopic techniques such as blue light are used, they should be used consistently at baseline and on-treatment, and their use should be documented. Urine cytology may be used to rule out occult HG disease. Evaluation of urinary biomarkers may help; however, these assays lack validation in large cohorts, and the potential for false positives should be taken into account. 13 Additionally, contrast-enhanced cross-sectional imaging obtained to rule out concomitant upper tract urothelial carcinoma, lymphadenopathy, and associated metastatic disease should be noted.

After treatment completion in ablative trials, assessment of the index tumor/scar using cystoscopy and urine cytology is required at 3 months to document therapeutic activity while biopsy of the index tumor/scar is optional for translational/biologic correlative studies. For ablative therapy trials, if residual tumor is present after therapy, SOC treatment should be instituted. Maintenance therapy using

the investigational agent should be allowed in patients without recurrence. Alternatively, if any residual tumor can be completely resected or if no residual tumor is found, the patient may be enrolled in an adjuvant therapy trial using the same investigational agent depending on its mechanism of action. Surveillance cystoscopy evaluation and urine cytology should be conducted at 3-4 months of intervals for the first year and every 6 months thereafter for 2 years. 14,15 These time points are also convenient for urine collection and analysis.

NMIBC: HIGH RISK

See the Data Supplement for a discussion of the following:

- Disease state definition
- Statistical and pathology considerations

Research Hypothesis

Further augmentation of the antitumor immune response for patients with high-risk NMIBC with the investigational agent in addition to BCG, new strain of BCG, or alternative to BCG (in BCG-naïve and BCG-exposed NMIBC) or after BCG (in BCG-unresponsive NMIBC) will more effectively eradicate cancer cells compared with treatment with BCG alone (in BCG-naïve and BCG-exposed NMIBC) or historic controls. In BCG-unresponsive carcinoma in situ (CIS), a randomized trial is recommended for papillary disease, thereby inducing a durable CR for CIS or CR or prolonging event-free survival (EFS) for Ta and T1 tumors.

Study Objectives

In scenarios where patients with CIS (with or without papillary disease) and papillary-only disease are evaluated separately, CR rate at 6 months and RFS, respectively, are appropriate primary end points. RFS in this setting includes death as an event and not a competing risk, distinct from low- and intermediate-risk NMIBC. Because CIS is not expected to be fully resected, treatment response is the primary efficacy measure. In single-arm studies, a primary end point of CR rate at 6 months¹⁶ and a secondary end point of duration of CR (defined as the time from first response to disease progression or death) are recommended in trials evaluating novel agents in the BCG-unresponsive CIS setting. In patients with papillary-only disease, tumors are required to be fully resected before study entry. Therefore, treatment is administered in the adjuvant setting to prevent recurrence. Given the inherent difficulty in measuring benefit in this population, BCG-naïve papillary-only disease trials require random assignment and a control arm to measure benefit of novel therapeutics.

Study Design

Because untreated high-risk NMIBC has a high likelihood of disease progression, comparison with a placebo would be unethical. For untreated BCG-naïve high-risk NMIBC,

the SITC-IBCG panel recommends randomly assigning patients to the investigational agent versus a control protocol including standard BCG induction followed by once per week for 3 weeks (ie, Southwest Oncology Group [SWOG] schedule) maintenance treatments administered at 3 months, 6 months, and then every 6 months for at least 1 year.¹⁷

In the BCG-exposed setting, comparison of experimental therapies with a control arm receiving a placebo in combination with BCG if the treatment arm includes BCG plus a study drug is recommended.¹⁸

Importantly, the ongoing BCG shortage¹⁰⁻¹² may affect the feasibility of following this optimal study design, and therefore, one-third dose BCG or an alternate SOC agent may be an acceptable comparator arm.

In the BCG-unresponsive setting, radical cystectomy is considered the most effective definitive treatment, 16 yet many patients are reluctant to consider this option or are not surgical candidates.¹⁹ Random assignment in this setting may be less acceptable to patients/providers, and single-arm trial designs have been permitted by the US Food and Drug Administration (FDA).20 For populations with CIS, CR rate and duration are clinically meaningful end points. Per FDA guidance, CR rate and duration should be benchmarked against historical agents or modern options (eg, valrubicin, pembrolizumab, gemcitabine and docetaxel, or nadofaragene firadenovec).21 For patients with BCG-unresponsive CIS, who have recurrence of CIS at 3 months, one additional course of treatment is allowed as historically, 60% of patients with persistent CIS after initial induction BCG will convert to CR after a reinduction or first BCG maintenance course. 17,22,23 Patients with papillary-only disease in the BCG-unresponsive setting require random assignment to observation or an accepted community standard (eg, intravesical gemcitabine and docetaxel).24,25 Stratification criteria should include key prognostic factors.

Study Population

Patients with prostatic urethral involvement have been excluded in most trials; however, the SITC-IBCG panel recommends that these patients be included but stratified for random assignment. While regulatory agencies prefer separating patients with CIS and papillary-only disease, the SITC-IBCG panel recommends randomized studies with pooling of mixed populations of patients with CIS (with or without papillary disease) and papillary-only disease where a composite end point of EFS can be used to evaluate the treatment effect of a novel therapy. Histologic subtypes should be allowed, and a stratification factor for the presence of >50% histologic variation should be considered. Events should include persistence of CIS at 6 months, development of any HG Ta/CIS/T1 within the bladder or remaining urinary tract, or development of muscle-invasive/advanced bladder cancer or death due to any cause. As most of the events will be NMIBC, especially in the BCG-naïve setting, permitting treatment beyond persistence/recurrence in the absence of stage progression should be considered. In the era of checkpoint inhibitors, delayed and atypical responses have been observed in advanced disease, albeit infrequently.²⁶ Treatment and response kinetics unique to certain therapies should be considered on the timing of treatment failure assessment.

Evaluation and Follow-Up

Regardless of the primary end point, cystoscopy and urine cytology at 3-month intervals and computed tomography (CT) or magnetic resonance imaging (MRI) urography at 6-12 months of intervals should be used for efficacy evaluation. If used, advanced cystoscopy techniques such as blue light cystoscopy²⁷ should be performed and documented consistently at baseline and on-treatment. Random or bladder-mapping biopsies at fixed time points are not performed as usual SOC in either the BCG-naïve or unresponsive setting²⁸ and were not required in the 2018 FDA guidance for BCG unresponsive disease.²⁹ This panel, however, recommends random 12-month bladder biopsies as an option for high-risk NMIBC trials.

Given the natural history of high-risk NMIBC, the majority of recurrence or progression events will occur within the first 2 years from start of treatment,³⁰ with fewer events in subsequent years. Thus, an adequate study duration should be at least 2 years, which will also permit adequate evaluation of key response end points, with longer follow-up for survival end points.

MUSCLE-INVASIVE BLADDER CANCER: NEOADJUVANT

See the Data Supplement for a discussion of the following:

- Disease state definition
- Baseline staging and stratification
- Statistical and pathology considerations

Research Hypothesis

Systemic treatment before cystectomy may be better tolerated or more feasible and offers earlier treatment of micrometastatic disease and measurement of pathological response of the primary tumor as an intermediate measure of treatment benefit. Neoadjuvant cisplatin-based chemotherapy has demonstrated improved survival in patients with muscle-invasive bladder cancer (MIBC).^{31,32} However, rates of metastatic recurrence remain relatively high, and a large subset of patients are ineligible to receive cisplatin-based chemotherapy.

Study Objectives

The primary objective of neoadjuvant therapy is to eradicate micrometastases and decrease primary tumor burden before

consolidative local therapy. Pathologic CR (pCR) after chemotherapy (ypToNo) is associated with improved OS.³¹ Patients who achieve ypTcisNo similarly experience excellent outcomes.^{33,34} However, using pCR as a trial-level surrogate for OS has not been established in MIBC, particularly in trials evaluating neoadjuvant immunotherapy. The SITC-IBCG panel recommends that pCR as a primary end point in a phase III trial be accompanied by a coprimary end point, such as EFS. Trials of concurrent chemoradiation may use clinical CR (cCR) as an intermediate end point, although bladder intact EFS (BIEFS) is considered the primary end point of choice by this panel.

The treatment-associated adverse event (AE) rate should be a secondary end point, including the percentage of patients precluded from cystectomy or completion of planned chemoradiation because of toxicity, rates of immune-related AEs, delay to cystectomy because of AEs, and rates of post-cystectomy or postradiation complications. Other important secondary end points recommended by this panel include overall survival, metastasis-free survival, cystectomy-free survival, preservation of bladder function, and NMIBC or MIBC recurrences for bladder-preserving strategies.

Study Design

Neoadjuvant studies of MIBC should be randomized phase III trials comparing current SOC with the experimental therapy. Generally, neoadjuvant therapy is followed by radical cystectomy with pelvic lymph node dissection. However, trimodality therapy (TMT), incorporating maximal TURBT followed by chemoradiation, is increasingly recognized as SOC for MIBC.³⁵ Trials may allow for both radical cystectomy and bladder-preserving strategies with radiation-based therapy, as was done in the BA06 30894 trial.³²

Patients with MIBC are classified into four broad groups on the basis of cisplatin and cystectomy eligibility, with implications for comparator arm design. For cisplatin-eligible patients, either concurrent chemoradiation or cisplatin-based neo-adjuvant chemotherapy (NAC) followed by cystectomy should be used as the SOC comparator. It is standard to give four cycles of NAC (cycle length of approximately 3 weeks). For cisplatin-ineligible patients, cystectomy alone followed by adjuvant anti-PD-1 or concurrent chemoradiation should be used as the SOC comparator. Current phase III trials include studies of patients who are cisplatin-eligible and cystectomy-eligible, cisplatin-ineligible and cystectomy-eligible, and those enrolling to bladder-sparing protocols including chemoradiation or intravesical chemotherapy combined with systemic checkpoint blockade.³⁶

Approximately half of patients with MIBC are not eligible to receive cisplatin.³⁷ The current SOC at the time of manuscript publication for these patients was immediate radical cystectomy, followed by adjuvant nivolumab or TMT without neoadjuvant therapy.

Study Population

Cisplatin eligibility can be delineated using the Galsky criteria (with flexibility as related to the AE profile of the experimental regimen being investigated), including a creatinine clearance of ≥50-60 mL/min (Cockcroft Gault); Eastern Cooperative Oncology Group performance status (ECOG PS) <2; and an absence of ≥grade 2 neuropathy, NYHA III/IV heart failure, or ≥grade 2-3 hearing loss.³⁸ Some investigators support using alternative methods of calculating renal function (eg, Modification of Diet in Renal Disease formula, CKD Epidemiology Collaboration equation adjusting for body surface area) and changing the threshold to include patients with a GFR ≥50 mL/min.³⁷ Immune checkpoint inhibitor (ICI) therapy adds limited additional risk to patients with wellcontrolled HIV infection, treated hepatitis B or C infections, and well-controlled or remote autoimmune conditions, so these patients should not be excluded from trials.^{39,40} For radiotherapy eligibility, patients must not have had prior pelvic radiation and must not have any contraindications to radiation.35

Evaluation and Follow-Up

All patients should receive a baseline CT of the chest with or without contrast. Staging MRI of the pelvis or CT urogram is preferred before TURBT to minimize the risks of overstaging disease because of TURBT-related inflammation, which can appear similar to locally advanced MIBC. Patients who had staging after TURBT should not be excluded from clinical trials, however. An interim cystoscopy before radical cystectomy is an option, but not recommended by the SITC-IBCG panel. Given the challenging nature of clinical bladder cancer staging, this panel recommends harmonizing staging examinations and documentation in prospective trials.

Recurrence events should be confirmed by independent review. The definition of pCR to neoadjuvant therapy for MIBC should not include persistent CIS after completion of NAC. For all neoadjuvant therapy trials, patients should be followed for a minimum of 3 years with consideration of decreasing scan frequency after the first 2 years.

MIBC TRIALS IN THE ADJUVANT SETTING

See the Data Supplement for a discussion of the following:

- Disease state definition
- · Statistical and pathology considerations

Research Hypothesis

Adjuvant systemic therapy allows treatment decisions to be based on more precise pathological rather than clinical staging. Adjuvant systemic therapy can also be used in patients with adverse pathological findings in the cystectomy specimen despite prior NAC, a situation associated with a

very high risk of metastatic recurrence. A goal of perioperative systemic therapy is to eradicate micrometastases, with the rationale that systemic therapy may improve patient survival with an acceptable QOL.

Study Objectives

The SITC-IBCG panel considers disease-free survival (DFS) and OS as the most meaningful primary end points for trials of adjuvant therapy for MIBC. In Europe, cause-specific survival (CSS) is a common primary end point; however, it is important to capture all-cause mortality including deaths due to treatment-related toxicity in the primary analysis.

Secondary end points that should be considered for adjuvant MIBC trials include both distant metastasis-free survival (DMFS, defined as recurrence outside the urothelial tract) and urothelial tract—specific RFS, patient—reported outcomes (PRO), and quality—adjusted life years (QALYs). Discontinuation rates for reasons other than recurrence should also be noted.

Study Design

Adjuvant MIBC trials should be prospective, randomized, and controlled, generally following radical cystectomy, with allowance for treatment options following other initial management therapies such as TMT. For patients who are cisplatin-eligible and have not received NAC, cisplatin-based adjuvant therapy is considered a standard approach, although definitive recommendations are tempered by studies that were underpowered or closed early because of poor accrual. For patients who are cisplatin-ineligible or who have received prior NAC, adjuvant nivolumab is considered a treatment standard on the basis of a significant improvement in DFS.⁴¹

Plasma circulating tumor DNA (ctDNA) may stratify patients by micrometastatic disease presence after adjuvant treatment⁴² and should be an integral, integrated, or exploratory biomarker to inform future trial design (see the Data Supplement [Box 1] for definitions of these biomarkers, online only).

Study Population

Eligible patients must be fit for systemic therapy and have an ECOG PS of 0-1. Adequate tumor tissue must be available for biomarker analysis. Trial populations include patients who completed SOC treatment (ie, radical cystectomy). Extent of lymph node dissection may be used as a stratification factor. Prior neoadjuvant therapy (chemotherapy or immunotherapy) should be allowed but noted with sequencing of these agents. By panel consensus and SITC definitions of resistance, ⁴³ prior anti-PD-(L)1 therapy should have been administered at least 6-12 months before trial inclusion if nivolumab is the comparator to avoid enrolling patients with immunotherapy-unresponsive UC onto trials of immunotherapy agents. Patients with

involved surgical margins should be allowed at the discretion of the trial planning group, but if included may be capped at 20%-25% enrollment and analyzed as a subgroup. The presence of histologic subtypes >50% should be considered a stratification factor.

Evaluation and Follow-Up

In addition to the above end points, the evaluation of clinical recurrence includes physical examination, crosssectional imaging of the chest, abdomen, and pelvis, and consideration of other staging studies including imaging and biomarker analysis (eg, ctDNA and others44,45). The definition of recurrence has previously been discussed in detail.46 Standard radiological imaging such as CT and MRI are required, but other modalities, such as fluorodeoxyglucose (FDG) positron emission tomography (PET)/CT, could be considered as the SOC and may change in the future.47 The same imaging modality should be used throughout a patient's trial participation. Scans should be obtained every 3-6 months for the first 2 years, annually for the next 3 years, and as clinically indicated at 5 years and beyond. Patients should be followed for a minimum of 5 years. Distant metastasis-free survival and urothelial tract-specific RFS may be analyzed at 12 and possibly 24 months.

METASTATIC UROTHELIAL CARCINOMA

See the Data Supplement for a discussion of the following:

- Disease state definition
- Statistical and pathology considerations
- Duration of therapy and study
- Biomarkers

Research Hypothesis

The hypothesis for clinical trials evaluating novel agents or combinations for the treatment of metastatic UC (mUC) is that an investigational regimen will prolong survival or improve objective response rates (ORRs) compared with SOC platinum-based chemotherapy.

Study Objectives

In patients with treatment-naïve advanced UC, primary end points should include PFS and/or OS for randomized clinical trials. Although PFS does not have good correlation with OS for trials evaluating ICIs as monotherapies, ⁴⁸ it may be considered in randomized phase II immunotherapy-based combination trials. Secondary end points should include ORR (on the basis of RECIST), durability of response, safety/toxicity, biomarkers, and QOL assessment.

For patients with progressive disease after SOC treatment, single-arm phase II trials may be conducted using RECIST

v1.1 ORR for signal finding. ORR as a primary end point often excludes patients with evaluable but non-RECIST v1.1—measurable disease, particularly in patients with bone-only disease, malignant effusions, and peritoneal carcinomatosis. Alternative standard radiologic or biomarker assessment for these patients is an area of active research. Prognostic estimates to define benchmarks for estimated PFS on the basis of the specific trial population baseline characteristics may be exploratory but should be avoided as the primary end point in single-arm trials because of uncertainty, selection and confounding factors, and patient heterogeneity.

Study Design

For randomized trials, the primary end point should be OS, defined as time from the date of random assignment to the date of death due to any cause. Patients who are still alive are censored at the last date known to be alive. OS should be estimated using the Kaplan-Meier technique.

Patients with mUC should be categorized into two groups: chemotherapy-naïve and platinum-based chemotherapytreated (including those with completion of neoadjuvant or adjuvant chemotherapy within 12 months from the time of recurrence). The appropriate control arm in randomized first-line trials was platinum-based chemotherapy combinations (gemcitabine with carboplatin [GC], dose-dense methotrexate, vinblastine, doxorubicin, and cisplatin [ddMVAC], gemcitabine with carboplatin [GCarbo]), followed by switch maintenance avelumab at the time of manuscript publication.⁴⁹ Enfortumab vedotin (EV) in combination with pembrolizumab is approved as a first-line treatment for cisplatin-ineligible patients, which also may be an appropriate comparator pending the results of a definitive phase III trial comparing EV plus pembrolizumab with platinum-based chemotherapy. However, the panel acknowledges that the SOC in first-line mUC is rapidly evolving and several first-line phase III trials have yet to be reported.

For patients who progress after ICI, EV is SOC for most patients and is an appropriate control arm in trials exploring therapies in patients progressing despite prior platinumbased chemotherapy and ICI in settings where EV was not previously administered. At the time of drafting this guidance, the SITC-IBCG panel considered single-agent sacituzumab govitecan or erdafitinib (in selected patients) or taxane or vinflunine as an adequate control group in randomized trials testing novel agents after progression on EV.

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Study Population

Chemotherapy-naïve patients are categorized as cisplatineligible versus cisplatin-ineligible. Robust randomized clinical trial data to compare cisplatin and carboplatin are not available but available data strongly suggest that cisplatin is preferred for eligible patients.^{38,50}

Receipt of and time from prior platinum—based chemotherapy until the time of recurrence need to be considered. If the time from completion of prior platinum—based chemotherapy and metastatic diagnosis exceeds approximately 1 year, patients may be rechallenged. Consideration of rechallenge also depends on the pathologic response to prior NAC at the time of radical surgery, tolerance/toxicity of the regimen, PS, medical comorbidities, organ function, availability of other therapies, and clinical trials.

Patients with active autoimmune conditions requiring systemic immunosuppression should be excluded from trials evaluating ICIs. Patients with a remote (eg, >2 years) history of such conditions may be eligible depending on the type and severity of the condition.

Stratification factors in the first-line setting may include the presence of visceral metastasis and ECOG PS and/or prognostic factors/models,⁵¹ ideally validated in first-line trials. Albumin⁵² and neutrophil-to-lymphocyte ratio (NLR)⁵³ may also be considered on the basis of sample sizes. Additionally, maintenance trials should stratify patients on the basis of response to induction platinum-based chemotherapy.

The rate of tumor growth is variable among patients with mUC. By convention, routine surveillance scans include CT of the chest, abdomen, and pelvis with IV and oral contrast, or if IV contrast is contraindicated, MRI of the abdomen and pelvis (ideally with gadolinium) and a noncontrast CT of the chest obtained at routine intervals. Initial and follow-up imaging should be the same modality. FDG-PET/CT could be a valuable adjunct⁵⁴ but should not be used as the primary mode of response assessment. Baseline staging should be obtained within 4 weeks before starting a new therapy to ensure accurate radiologic assessment of tumor burden.

In conclusion, after decades without regulatory approval of new UC treatments, multiple novel therapies have been introduced. Optimal use of these approaches, from earlier integration to optimal treatment sequencing, requires well-designed prospective clinical trials.

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AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

Definitions, End Points, and Clinical Trial Designs for Bladder Cancer: Recommendations From the Society for Immunotherapy of Cancer and the International Bladder Cancer Group

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Expert Testimony: Ferring

Other Relationship: Photocure, Alessa Therapeutics

Gary D. Steinberg

Stock and Other Ownership Interests: Epivax Therapeutics, CG Oncology, enGene

Honoraria: Photocure, CG Oncology, Roche/Genentech, Merck, Fidia Farmaceutici S. p. A, MDxHealth, Ferring, Janssen Oncology, AstraZeneca, Urogen pharma, Epivax Oncology, Sesen Bio, FKD Therapies, Bristol Myers Squibb, Seagen, Pfizer, fergene, enGene, Aduro Biotech

Consulting or Advisory Role: Taris BioMedical, photocure, CG Oncology, Heat Biologics, Roche/Genentech, MDxHealth, Fidia Farmaceutici S. p. A, Merck, Boston Scientific, Natera, Verity Pharmaceuticals, Nonagen Bioscience, NanOlogy, Imvax

Richard Sylvester

Consulting or Advisory Role: Arquer Diagnostics

J. Alfred Witjes

Honoraria: Astellas Pharma, Janssen, MSD, Bristol Myers Squibb/ Pfizer, Nucleix, Phoocure

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Matthew D. Galsky

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